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THE MAGAZINE OF *WESTERN LIVING*

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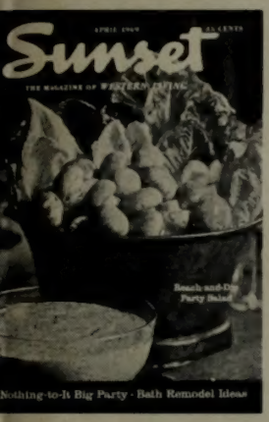

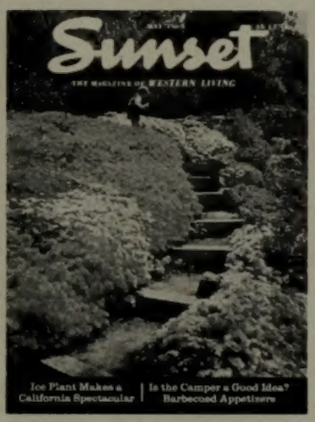

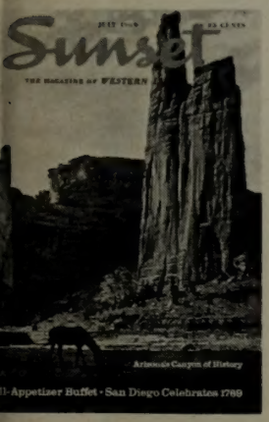

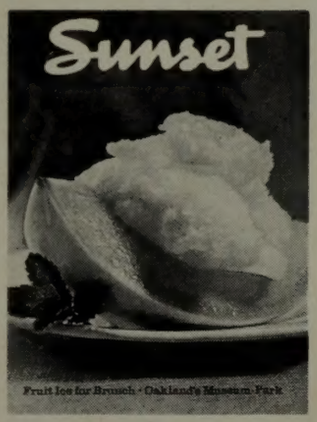

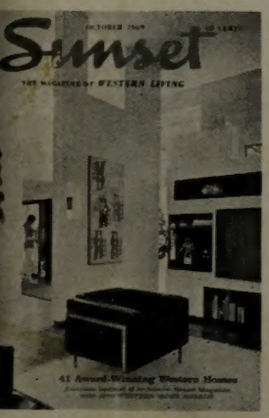

Western Gardening and Landscaping

- Monthly garden guides
- Flowers, shrubs, trees
- Lawns and lawn care
- Landscape planning
- Container gardening
- Patios, fences, pools
- Gardening techniques

Western Cooking and Entertaining

- Meal planning ideas
- Menus • Entertaining
- Foreign cookery
- Barbecuing • Baking
- Young people's cooking
- Seasonal foods
- Hundreds of recipes

Western Building and Remodeling

- Houses and house plans
- Remodeling ideas
- Cabins, vacation houses
- Woodworking
- Handicraft projects
- Christmas ideas
- Home management

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- Western vacations
- Weekend trips
- Boating • Skiing
- Fishing • Camping
- National parks
- Foreign travel
- Trip planning

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THE MAGAZINE OF WESTERN LIVING

INDEX TO ALL EDITIONS • JANUARY 1969 TO DECEMBER 1969

HOW TO USE THIS INDEX

SUNSET *is published each month in four editions:* Northwest edition for Washington, Oregon, Idaho, and Alaska; Central edition for northern and central California, Nevada, and Utah; Southwest edition for coastal Southern California and Hawaii; Desert edition for southeastern California, southern Nevada, and Arizona. Because of the climate and other differences, many SUNSET articles run in only one or two of the four editions.

You can tell which edition of SUNSET *you read* by looking on the index page of the magazine. At the upper left corner of the page you will see the name of the edition: Pacific Northwest, Central, Southern California and Hawaii, or Desert. The edition can also be found in small print at the bottom of the index page.

In the index listings, N denotes Northwest edition; C, Central edition; S, Southwest edition; and D, the Desert edition. The word "all" tells you that an article has appeared the same month and page in all four editions. Index listings are written as follows: May 76 N, C (May, page 76, Northwest and Central editions).

INDEX TO THESE PAGES

TRAVEL 3
BUILDING AND REMODELING 9
OUTDOOR BUILDING 10
WORKSHOP AND CRAFTS 11
HOME MANAGEMENT 12
CHRISTMAS IDEAS 12
FOOD AND ENTERTAINING 13
GARDENING AND LANDSCAPING 22

249595

TRAVEL

ALASKA

Arctic winter tour, Feb 28 all
Fairbanks musk ox farm, May 46 all
Inside Passage by ferry, Apr 53 all
Palmer State Fair, Aug 38 N
Sightseeing by plane, Oct 34 all
Sitka, Apr 38 all
Stikine River Cruise, May 54 C, S, D

ARIZONA

Canyon de Chelly, Nat. Mon., feature article, July 52 all
Caves, exploring, July 3 D
Chiricahua National Monument, May 3 D; Oct 41 N, C, S
Coconino National Forest, Blue Ridge Reservoir, Sept 4 D
Flagstaff
  Museum of N. Ariz., piki bread demonstration, July 47 all
  Museum of N. Ariz., craft-art exhibit, Aug 6 D
Fort Yuma on the Colorado River, book review, Feb 6 D
Grand Canyon Perspectives, book review, Dec 6 D
Kofa Game Refuge, desert bighorn sheep, Apr 3 D
Kofa Mountains, native palms, Apr 3 D
Lake Mohave, Nev.-Ariz. border, fishing, Jan 24 S, D
Lake Powell, Aug 3 D
Mogollon Ring, Zane Grey cabin, Nov 4 D
Montezuma Castle National Monument, Aug 26 all
Phoenix
  A to Z National Horse Show, Feb 3 D
  Blacksmith shop, J. E. Hawley's, Oct 4 D
  Christmas tableau, Calle del Paisano, Dec 86 all
  Colonial house tour, Jan 4 D
  Dons Club, January events, Jan 4 D
  Horseback riding, Jan 3 D
  Indian Fair, Heard Museum, Mar 4 D
  Taliesin West, Feb 70 all
  Western home awards exhibit, Nov 6 D
Picacho Peak State Park, northwest of Tucson, Feb 4 D
Pioneer Arizona, living history museum, north of Phoenix, Oct 3 D
Prescott
  Frontier Days, July 6 D
  Smoki Ceremonials, Aug 6 D
Prescott National Forest, Horsethief Basin, Sept 3 D
Southern Arizona, saguaro cactus, May 4 D
Superior, Boyce Thompson Southwestern Arboretum, Jan 4 D
Sycamore Canyon Primitive Area, Sycamore Point overlook, June 3 D
Tonto National Forest, Pinal Peak, campgrounds, June 6 D
Tuba City, dinosaur tracks, Nov 52 all
Tubac historic buildings, Dec 4 D

ARIZONA (Cont.)

Tucson
  Arizona-Sonora Desert Museum, Mar 3 D
  Arizona State Museum, print exhibit, Mar 4 D
  Blacksmith shop, Tom Bredlow's, Oct 6 D
  Floor tile craftsman, Albert Montiel, Dec 8 S, D
  Old Tucson, Tucson Mountain Park, Nov 3 D
Tumacacori National Monument, Dec 3 D
Yarnell Hill, near Congress, desert view, Sept 3 D

BEACHES AND COASTS

Baja California, La Paz to the Cape, feature article, Mar 76 all
Catalina Island, So. Calif.
  Fall visit, feature article, Sept 80 S, D
  Sea, air transportation, Sept 22 all
  University of Southern California Marine Science Center, Sept 4 S
Eureka, Calif., Gunther Island, July 3 C
French Polynesia, raft outings, Oct 42 N, S, D
Los Angeles Area
  Clamming, Jan 4 S
  Dory racing, Aug 64 S
  Surfing, May 86 S
  Weather conditions, summer, Aug 4 S
Netarts, Ore., Beachcombers Fair, Mar 4 N
Newport Bay, Orange County, Calif., wildlife, Feb 3 S
Newport Beach, surfing "The Wedge," Aug 4 S
New Zealand's North Island, Ninety Mile Beach, Feb 52 all
Oahu, Hawaii, surfing competitions, Dec 32 all
Olympic National Park, Wash., Olympic Strip, feature article, June 64 all
Pacific Grove, Calif., Point Pinos Lighthouse, Mar 43 all
Palos Verdes Peninsula, So. Calif., view drive, Nov 3 S
Point Grenville, Wash., sea otters, Sept 6 N
Point Mugu State Recreation Area, So. Calif., sand skiing, May 32 all
Point Mugu to Point Dume, Calif. coast, wildflowers, Feb 4 S
Prairie Creek Redwoods State Park, No. Calif., Sept 45 all
San Diego, Calif., Mission Bay Park, new facilities, Apr 56 all
San Franciso Bay, striped bass fishing, June 4 C
Santa Cruz, surfing, May 86 C
Sausalito, Calif., Pacific herring runs, Dec 24 C
Tahiti beach party, Nov 62 all
Tidepooling, Apr 3 C

BOATING

Boat, loading into station wagon, May 142 all

BOATING (Cont.)

Boats, carrying two on car top, Apr 126 S, D; May 152 N, C
Boat tie down, auto seat belts, May 150 N
Boat trailer maintenance, May 132 all
Brownlee Dam, near Huntington, Ore., Mar 6 N
Colorado River Cruise, for outboards, Blythe, Calif., Sept 36 S, D
Cooking afloat, July 108 N, C; Aug 86 S, D
Gift ideas from ship chandlery, Dec 26 all
Lake Hemet, So. Calif., Aug 21 C, 22 S, D
Life preservers, July 58 all
Navigational aids, charts available by mail, Mar 46 all
Oroville Reservoir, No. Calif., Aug 4 C
Pole, Paddle & Portage, book review, Oct 4 N
Salton Sea, State Recr. Area, Feb 3 D
San Francisco, Master Mariners Regatta, May 38 all
Shuswap Lake, British Columbia, houseboating, May 3 N
Vail Lake, Butterfield Country, Riverside County, Calif., Sept 3 S

BOOK REVIEWS

Beautiful California, a *Sunset* book, May 60 all
Biking Atlas, North American, July 44 all
California Byways II, Exploring, Jan 4 S
California historical books, Mar 66 all
California National Parks, a *Sunset* book, Mar 57 all
Caribbean, Including the Bahamas, Fielding's Guide to the, June 50 all
Caribbean Here and Now, June 50 all
Craft Courses, Directory of, Apr 32 all
Earthquake Country, a *Sunset* book, June 4 D
Fort Yuma on the Colorado River, Feb 6 D
Grand Canyon Perspectives, Dec 6 D
Grapes of Canaan: Hawaii 1820, Dec 30 all
Hawaii, a *Sunset* book, Oct 61 all; Dec 32 all
Hawaii: A Pictorial History, Dec 30 all
Hong Kong, a *Sunset* book, Oct 61 all
Idaho, Travel Guide to, a *Sunset* book, June 56 all
Indians of Early Southern California, Dec 24 S, D
Kauai and the Park Country of Hawaii, Dec 30 all
Mexico City, John Wilhelm's Guide to, Jan 8 S, D
Mexico City Then and Now, A Guide to, Jan 8 S, D
Missionary Album (Hawaii), Dec 30 all
Navigational aids, charts available by mail, Mar 46 all
North Cascades National Park, The, Oct 6 N
North Cascades National Park and Associated Recreational Complex, A Pocket Guide to Selected Trails of the, Feb 4 N

***BOOK REVIEWS** (Cont.)*

Old Honolulu: A Guide to Oahu's Historic Buildings, Dec 30 all
Oregon Hiking Trails, 100, May 4 N
Paradise Below Zero, Feb 3 N
Pole, Paddle & Portage, Oct 4 N
Redwood Country, a *Sunset* book, May 91 all
Rock Drawings of the Coso Range, Oct 108 all
San Francisco, a *Sunset* book, Oct 114 all
Shoal of Time, Dec 30 all
Thousand Acres of Nothing, A, Feb 6 D
Trees, Big, Social Register of, Feb 6 N
University of California, Berkeley, Photographic Guide to the, June 4 C
Western Campsite Directory, a *Sunset* book, Mar 57 all
Where Washingtonians Lived, Nov 4 N

CALIFORNIA

Armstrong Redwoods State Reserve, winter camping, Mar 3 C
Bakersfield, Tule Elk Reserve State Park, July 40 all
Beautiful California, a *Sunset* book, May 60 all
Beegum Creek, fishing, July 34 N, C
Berkeley: *Photographic Guide to the University of California, Berkeley*, book review, June 4 C
Big Basin Redwoods State Park
  Trail to Castle Rock State Park, Sept 58 all
  Winter camping, Mar 3 C
Bodie State Historic Park, Mar 75 all
Boonville
  Wildflower display, May 4 C
  Woolgrowers' meet, July 32 C
Butano State Park, Oct 3 C
Calico
  Horseback ride, Nov 36 N, S, D
  Train to Calico, Oct 3 S
California historical books, Mar 66 all
California National Parks, a *Sunset* book, Mar 57 all
Carlsbad, painting bee, Aug 3 S
Catalina Island
  Fall visit, feature article, Sept 80 S, D
  Sea, air transportation, Sept 22 all
  Univ. of Southern California, Marine Science Center, Sept 4 S
China Lake, wildflower festival, Apr 6 S, D
Colorado River, cruise, outboards, Sept 36 S, D
Coronado
  Hotel Del Coronado, Jan 25 N
  Hotel Del Coronado boathouse, restaurant, Mar 4 S
Corte Madera, Fourth of July celebration, July 6 C
Crescent City to Winnemucca, Nev., via State Hwy. 140, Oct 52 all
Daly City, circus arrival, Aug 3 C
Death Valley National Monument
  A Thousand Acres of Nothing, book review, Feb 6 D
  Amargosa Opera House, Feb 4 D
  Feature article, Nov 78 all
Del Norte Coast Redwoods State Park, winter camping, Feb 41 all
Earthquake Country, a *Sunset* book, May 4 N, C, S; June 4 D
Encinitas, Quail Gardens, Dec 3 S

***CALIFORNIA** (Cont.)*

Eureka
  Fort Humboldt State Historical Monument, logging exhibit, Oct 4 C
  Gunther Island, July 3 C
Felton, hayride at Roaring Camp, Sept 6 C
Fresno, wildflower display, May 4 C
Gold Country, inns on highway 49, Nov 30 N, C
Gridley, Gray Lodge Wildlife Area, waterfowl, Nov 68 all
Hat Creek, No. Calif., trout fishing, June 60 all
Indians of Early Southern California, book review, Dec 24 S, D
Jedediah Smith Redwoods State Park, Nickerson Ranch Trail, Nov 50 all
Julian
  Gold mines, June 3 S
  Wildflower Show, Apr 6 S
Klamath County loop trip, Aug 28 all
Laguna Beach, art shows, Aug 3 S
Lake Hemet, State Hwy. 74, Aug 21 C, 22 S, D
Lake Mendocino, near Ukiah, Apr 66 all
Lake Tahoe
  Beach, new, City of South Lake Tahoe, Sept 26 all
  Vikingsholm, Emerald Bay State Park, July 50 N; Aug 20 S, D
  Visitor Center, wildflower walks, July 9 C
Lancaster, Wildflower Center, Apr 4 S
Larkspur, Fourth of July celebration, July 6 C
Lassen Volcanic National Park, Rainbow Lake, fishing, Oct 67 all
Laws, Owens Valley railroad station, July 26 all
Lewiston Reservoir, west of Redding, trout fishing, May 6 C
Lomita, railroad park, May 3 S, 9 D
Lompoc, flower festival, flower touring, June 52 all
Long Beach
  Domingues Hill Air Show, Sept 4 S
  Jogging trails, Aug 4 S
  Nature center, El Dorado Park, Aug 38 C, S, D
  Tour, London double-decker bus, July 6 S
Los Angeles
  Antique furniture district, Western Ave., Apr 54 N, S, D
  California Museum of Science and Industry, Exposition Park, Aug 42 S; Sept 30 N
  California Wildflowers in Art and Bloom, County Museum of Natural History, Apr 6 S
  Exploring California Byways II, book review, Jan 4 S
  Fort Moore Pioneer Memorial, June 3 S
  Japanese art exhibit, U.C.L.A, May 4 S
  La Brea Tar Pits, fossil dig, Oct 58 all
  Los Angeles Photography Center, Camera Day, Mar 3 S
  Old Los Angeles, walking tour, June 40 N, C, 38B S, D
  Old town, conducted walking tours, July 4 S
  Rare woods, where to find, Dec 23 S, D
  Sculpture you can touch, June 3 S
  Surfing school, Playa del Rey, May 86 C, S
  Visiting passenger ships, Mar 30 all
Los Gatos, Sept 36 C

***CALIFORNIA** (Cont.)*

Los Padres National Forest, winter camping, Mar 4 C
Marshall, Marin County, Nov 36 C
Martinez, John Muir House, Oct 50 all
Miramar, Scripps ranch, July 3 S; Oct 41 D
Mission San Miguel, Dec 6 C
Modoc National Forest, Devil's Garden, fishing, May 69 all
Mojave Desert
  Indian rock pitcures, Oct 108 all
  Train to Kelso, Oct 3 S
Monterey
  Historic adobes, tour, Apr 11 C
  Horse show, July 6 C
  New plazas, Nov 4 C
Morongo Valley, Big Morongo oasis, June 30 S, D
Nevada City, tours and craft sale, Oct 4 C
Newport Bay
  Model gliders, radio-controlled, Sept 52 S, D
  Surfing "The Wedge," Aug 4 S
  Wildlife, Feb 3 S
Newark, Biological-Sonar Laboratory, Coyote Hills Regional Park, May 3 C
Oakland
  Childrens Fairyland, Dec 6 C
  Circus arrival, Aug 3 C
  Oakland Museum, feature article, Sept 72 all
  Port of Oakland, tours, Mar 4 C
Oroville Reservoir, recreation areas, Aug 4 C
Pacific Grove
  Christmas lighting, Dec 6 C
  Point Pinos Lighthouse, Mar 43 all
Palo Alto, 75th anniversary, Apr 3 C
Palos Verdes, community art fair, Oct 4 S
Palos Verdes Peninsula
  Marineland, new attractions, Nov 30 S, D
  View drive, Nov 3 S
Pasadena
  Old Town, Jan 26 S, D
  Rose Bowl Swap Meet and Flea Market, Dec 4 S
  Rose Parade, tickets, Nov 3 S
Plymouth, D'Agostini Winery, Nov 34 all
Point Mugu State Recreation Area, sand skiing, May 32 all
Point Mugu to Point Dume, wildflowers, Feb 4 S
Point Reyes National Seashore, San Andreas Earthquake Fault, Feb 4 C
Portola Valley, Casa de Tableta state historical landmark, Sept 4 C
Prairie Creek Redwoods State Park, back road adventure, Sept 45 all
Red Bluff
  Kelly-Griggs House Museum, Sept 52 N, C
  William B. Ide Adobe State Historical Monument, Oct 76 N, C, 46 S
Redwood Country, a *Sunset* book, May 91 all
Redwood National Park, May 90 all
Rio Vista, Calif. Railway Museum, Apr 31 N, S, D, 54 C
Riverside
  Municipal Museum, May 31 S, D
  University of California at Riverside, campus tours, Oct 3 S
Riverside County
  Butterfield Country resort, Sept 3 S
  Maze Stone Park, Indian petroglyphs, Nov 8 N, S, D, 38 C

CALIFORNIA (Cont.)

Rough and Ready, Nov 60 all
Sacramento
Capitol Park, Mar 54 all
State Fair, Sept 3 C
Salinas first mayor's home, Nov 4 C
Salton Sea State Recreation Area, fishing, Feb 3 D
San Benito County, Blossom Valley Beagle Club field trial, Mar 68 all
San Bernardino County, Glen Helen Park, Oct 44 S
San Diego
E. W. Scripps home, July 3 S; Oct 41 D
Mission Bay Park, new facilities, Apr 56 all
Mission San Diego de Alcalá, Nov 4 S
Old Town, Calif. bicentennial fiesta, July 66 all
Tourist information, July 28 all
Visitor information center, Nov 23 S, D
San Diego to Ensenada yacht cruise, July 4 S
San Francisco
Children's Christmas party, M. H. de Young Museum, Dec 3 C
Chinese Historical Museum, Jan 36 all
Grant Avenue street fair, June 30 C, 38A S, D
Japanese Cultural and Trade Center, Dec 44 all
Kong Chow Temple, Mar 40 all
Master Mariners Regatta, May 38 all
Museé de Noel, Nov 4 C
San Francisco, a *Sunset* book, Oct 114 all
"Star of Wonder" program, Morrison Planetarium, Dec 6 C
Tours, rent-a-tape, Oct 21 N, 8 C, S, D
Visiting passenger ships, Mar 30 all
San Francisco Bay
Discovery site, Sweeney Ridge, Nov 3 C
Tours, Save-the-Bay Association, July 4 C
Working model, Delta addition, Sausalito, Feb 6 C
San Francisco Bay Area
Bay Area Rapid Transit preview, Alameda County, June 45 C
Christmas Tree farms, Dec 4 C
Event calendar for children, Dec 4 C
Snow fun, Jan 3 C
San Gabriel Wilderness, So. Calif., feature article, Feb 42 all; July 32 S, D
San Juan Bautista, flea market, Aug 4 C
San Pedro, Ports of Call village, Mar 4 S
San Simeon, Hearst San Simeon State Historical Monument, winter visit, Jan 4 C
Santa Barbara
Casa Tour, July 4 S
Museum of Natural History, telescope, Jan 3 S
Sabado y Domingo Art Festival, June 34 all
Visitor information desk, Aug 4 S
Santa Cruz, surfing instruction, May 89 C
Santa Lucia Mountains, Marble Peak Trail, Ventana Wilderness, Nov 24 all
Santa Rosa, Howarth Memorial Park, Oct 42 C
Santa Ysabel, Pratt bakery, June 3 S
Sausalito
Pacific herring runs, Dec 24 C
San Francisco Bay model, Delta addition, Feb 6 C
Sierra, new ski facilities, Jan 24 C

CALIFORNIA (Cont.)

Sonora Pass, State Hwy. 108, snow activities, Feb 3 C
Southern Calif.
Clamming, Jan 4 S
Dory racing, Aug 64 S
Ski areas, improvements, Feb 4 S
Sun dials, Apr 3 S
Stanford summer festival, June 9 C, 10 S, D
State parks
Campsites, reserving, Jan 6 C, 4 S
Horse facilities, June 59 all
Stinson Beach
Audubon Canyon Ranch, heron, egret watching, Mar 4 C
Wildflower displays, May 4 C
Sugarloaf Ridge State Park, Sonoma Valley, Oct 62 C
Tuolumne, West Side & Cherry Valley Railway, Mar 28 N, S, D; Apr 4 C
Weaverville, June 45 N; July 36 C, S, D
Windsor, Mount Weske Stable, June 3 C
Yosemite National Park
High Sierra Camps, Feb 56 all
New developments, May 34 all
Winter holiday, Dec 58 C, S, D
Yuba City, shad fishing, Feather River, May 42 C, S, D
Yuba River, South Fork, Trail, near Nevada City, Oct 44 N, C, D

CAMPING

Bumping River, U.S. Hwy. 401, Wash., May 77 all
Butano State Park, No. Calif., Oct 3 C
Camper vehicles, feature article, May 78 all
California state parks
Horse facilities, June 59 all
Reservations, Jan 6 C, 4 S
Winter Camping, Mar 3 C
Cibola Nat. Forest, New Mexico, Fourth of July Campgrounds, Oct 76 S, D
Coconino Nat. Forest, Arizona, Blue Ridge Reservoir, Sept 4 D
Columbia Gorge, Ore., May 86 N
Del Norte Coast Redwoods State Park, No. Calif., winter visit, Feb 41 all
Klamath County, No. Calif., Aug 28 all
Lake Hemet, So. Calif., Aug 21 C, 22 S, D
Lake Mendocino, near Ukiah, Calif., Apr 66 all
Paradise Below Zero, book review, Feb 3 N
Picacho Peak State Park, northwest of Tucson, Ariz., Feb 4 D
Prairie Creek Redwoods State Park, No. Calif., Sept 45 all
Prescott National Forest, Ariz., Horsethief Basin, Sept 3 D
Riverside County, Calif., Butterfield Country, Vehicle campers, Sept 3 S
San Diego, Calif., Mission Bay Park, Apr 56 all
Shower, portable, Apr 107 all
Sierra Club family outings, Calif., Apr 44 all
Sonoma Valley, Sugarloaf Ridge State Park, Oct 62 C
Tonto National Forest, Ariz., Pinal Peak, June 6 D
Tumwater Canyon, U.S. Hwy. 2, Wash., Oct 62 N
Ventana Wilderness, Santa Lucia Mtns., Marble Peak Trail, Nov 24 all

CAMPING (Cont.)

Western Campsite Directory, a *Sunset* book, Mar 57 all
Wilderness trips, Mar 64 all

CANADA

Adams River, sockeye salmon run, Oct 4 N
Banff, ski tours out of, Jan 4 N
British Columbia, Cariboo country, Sept 38 N
Edmonton, things to see and do, July 49 all
Kamloops-Merritt region, Kamloops trout, May 54 N
Plants, importing to U.S., Apr 232 all
Shuswap Lake
Houseboating, May 3 N
Sockeye salmon run, Oct 4 N
Stikine River cruise, Wrangell, Alaska, to Glenora Landing, May 54 C, S, D
Vancouver
Stanley Park, feature article, Aug 42 N, C, D
Train trip, three-day loop, Sept 4 N; Oct 22 S, D
Vancouver to Lund via B.C. 101, "Sunshine Coast," Aug 24 all
Vancouver to Nanaimo via hovercraft, Nov 3 N
Victoria, ferry from Seattle, taking bike along, June 3 N
Whistler Mountain, north of Vancouver
Ski camp, summer, May 42 N
Skiing, Thanksgiving weekend, Nov 74 N

CENTRAL AND SOUTH AMERICA

Peru: Cuzco, Sacsahuaman ruins, Nov 72 all

CRUISES

Alaska's Inside Passage by ferry, Apr 53 all
Catalina Island from So. Calif., feature article, Sept 22 all
Colorado River Cruise, for outboards, Blythe, Calif., Sept 36 S, D
Danube River, Vienna, Austria, Apr 36 all
England, touring via canals, Apr 42 all
Ensenada to San Diego by yacht, July 4 S
Mexico West Coast ports, Oct 24 all
Pacific Northwest charter boats, Mar 9 N, S, D; May 41 C
Rogue River, Ore., July 4 N
Seattle to Victoria, taking bike along, June 3 N
Stikine River, Wrangell, Alaska, to Glenora Landing, B.C., May 54 C, S, D
Visiting passenger line on sailing day, Mar 30 all
West Coast ports, cruise schedule, Mar 48 all

DESERT

Cactus, saguaro, drives to view bloom, May 4 D
Calico, Calif., horseback rides, Nov 36 N, S, D
Chalcedony roses, Mar 59 all
Chinle, Ariz., Canyon de Chelly, July 52 all
Death Valley National Monument, Calif.
Amargosa Opera House, Feb 4 D
Feature article, Nov 78 all
Kofa Game Range, Ariz., bighorn sheep, Apr 3 D
Kofa Mountains, Ariz., native palms, Apr 3 D

***DESERT** (Cont.)*

Las Vegas, Nev.
Desert National Wildlife Range, Mar 28 C; May 9 N, S
Red Rock Canyon Recreation Lands, Jan 8 N, C; Feb 51 S, D
Mojave Desert, Indian rock pictures, Oct 108 all
Morongo Valley, Calif., Big Morongo oasis, June 30 S, D
Picacho Peak State Park, Ariz., Feb 4 D
Thousand Acres of Nothing, A, book review, Feb 6 D
Tuba City, Ariz., dinosaur footprints, Nov 52 all
Tucson, Ariz., Arizona-Sonora Desert Museum, Mar 3 D
Superior, Ariz., Boyce Thompson Southwestern Arboretum, Jan 4 D
Yarnell Hill, Ariz., desert view, Sept 3 D

EUROPE

Austria
Vienna, Danube River cruise, Apr 36 all
England
Canal cruises, Apr 42 all
London: Roof gardens, Royal Borough of Kensington, May 229 all
France
French Riviera, one-artist museums, Sept 34 all
Honfleur, Oct 8 N, 21 S, D
Paris, Parc des Chaumont, Nov 66 all
Germany
Königssee, lake near Berchtesgaden, Apr 65 all
Ireland
Horseback tours, Mar 36 all
Maps, where to obtain, Dec 41 all
Netherlands
Amsterdam, Rembrandt exhibition, Sept 51 all
Scandinavia
Lifeseeing program, off-season visits, Feb 34 all
Spain
Madrid, El Rastro flea market, May 53 all
Student programs for travel abroad, Feb 26 all
Switzerland
Gandria, Nov 76 all
Lucerne to Mount Pilatus summit, Mar 71 all
Schaffhausen, Rheinfall, Feb 61 all

FISHING

Abalone, May 193 C, S
Bass, Lake Hemet, So. Calif., Aug 21 C, 22 S, D
Bass, Lake Mendocino near Ukiah, Calif., Apr 66 all
Bass, Lake Mohave, Nev.-Ariz. border, Jan 24 S, D
Bass, striped, No. Calif., June 4 C
Bass, trout, Devil's Garden, Modoc National Forest, No. Calif., May 69 all
Bass, Vail Lake, Butterfield Country, Riverside County, Calif., Sept 3 S
Clamming, So. Calif., Jan 4 S
Corbina, Salton Sea State Recreation Area, So. Calif., Feb 3 D
Frog hunting, Mar 6 C
Herring, Pacific, Sausalito, Calif., Dec 24 C
Ocean, southern Baja California, Mar 76 all

***FISHING** (Cont.)*

Salmon, Atlantic, Hosmer Lake, west of Bend, Ore., July 4 N
Salmon, sockeye, run, Adams River, B.C., Oct 4 N
Shad, Feather River, near Yuba City, Calif., May 42 C, S, D
Trout, Beegum Creek, south of Beegum, Calif., July 34 N, C
Trout, Blue Ridge Reservoir, Coconino National Forest, Ariz., Sept 4 D
Trout, Bumping River, U.S. Hwy. 401, Wash., May 77 all
Trout, Hat Creek, No. Calif., June 60 all
Trout, Kamloops, Kamloops-Merritt region, B.C., May 54 N
Trout, Lake Mohave, Nev.-Ariz. border, Jan 24 S, D
Trout, Lewiston Reservoir, west of Redding, Calif., May 6 C
Trout, Olympic National Park, Wash., June 64 all
Trout, Rainbow Lake, Lassen National Park, Calif., Oct 67 all
Trout, South Yuba Trail, No. Calif., Oct 44 N, C, D
Whitefish, Mar 3 N

HAWAII

Fruits, flowers, bringing to mainland, Jan 41 all
Grapes of Canaan: Hawaii 1820, book review, Dec 30 all
Hawaii, a *Sunset* book, Oct 61 all; Dec 32 all
Hawaii: A Pictorial History, book review, Dec 30 all
Hawaii
Exploring the Big Island, feature article, Jan 42 all
Sailplanes, sightseeing, Mar 39 all
Honolulu
Flag Day festival, Apr 35 all
Old Honolulu: A Guide to Oahu's Historic Buildings, book review, Dec 30 all
Queen Liliuokalani Quilt Show, Sept 8 N
Heeia: Ulu Mau Village
Quilt-making, Sept 8 N
Tours, Nov 29 all
Kauai
Garden touring, Oct 62 S, D
Kalalau Trail, July 50 S, D
Waipahee Falls, natural rock slide, Sept 30 S, D; Dec 24 N
Kauai and the Park Country of Hawaii, book review, Dec 30 all
Laie: Polynesian Cultural Center, June 10 N
Missionary Album, book review, Dec 30 all
Oahu
Sailplane sightseeing, Mar 39 all
Surfing competitions, Dec 32 all
Shoal of Time, book review, Dec 30 all

HIKING

Alta ski complex area, Utah, July 42 all
Big Basin Redwoods State Park to Castle Rock State Park, No. Calif., Sept 58 all
Bumping River area, U.S. Hwy. 401, Wash., May 77 all
Butano State Park, No. Calif., Oct 3 C
Chiricahua National Monument, Ariz., May 3 D
Columbia Gorge, Ore., May 86 N
Crater Lake National Park, Ore., Aug 36 all

***HIKING** (Cont.)*

Gifford Pinchot National Forest, Wash., Indian race track, May 3 N
Kauai, Hawaii, Kalalau Trail, July 50 S, D
Jedediah Smith Redwoods State Park, No. Calif., Nickerson Ranch Trail, Nov 50 all
Olympic National Park, Wash., feature article, June 64 all
Oregon Hiking Trails, 100, book review, May 4 N
Pocket Guide to Selected Trails of the North Cascades, booklet review, Feb 4 N
Point Reyes National Seashore, No. Calif., San Andreas Earthquake Fault, Feb 4 C
Prairie Creek Redwoods State Park, No. Calif., Sept 45 all
Prescott Nat. Forest, Horsethief Basin, Sept 3 D
San Gabriel Wilderness, So. Calif., Feb 42 all; July 32 S, D
Sierra Club family outing, Calif., Apr 44 all
Ventana Wilderness, Santa Lucia Mtns., Marble Peak Trail, Nov 24 all
Wilderness Society trips, Mar 64 all
Yosemite Nat. Park, High Sierra Camps, Feb 56 all
Yuba River, South Fork, Trail, No. Calif., Oct 44 N, C, D

IDAHO

Crater Rings, north of Mountain Home, Aug 4 N
Kellogg, Jackass Ski Bowl, Dec 6 N
McCall, Winter Carnival, Jan 34 all
Travel Guide to Idaho, a *Sunset* book, June 56 all

INDIA

North India, Delhi, Nov 41 all

INDIANS

Cuzco, Peru, Sacsahuaman ruins, Nov 72 all
Flagstaff, Ariz., Museum of Northern Arizona, piki bread demonstration, July 47 all
Gifford Pinchot National Forest, Wash., Indian race track, May 3 N
Indians of Early Southern California, book review, Dec 24 S, D
Mojave Desert, Calif., Rock Pictures Renegade Canyon, Oct 108 all
Phoenix, Ariz., Heard Museum, Indian Fair, Mar 4 D
Prescott, Ariz., Smoki Ceremonials, Aug 6 D
Riverside County, Calif., Petroglyphs, Maze Stone Park, Nov 8 N, S, D, 38 C
Rock Drawings of the Coso Range, book review, Oct 108 all
San Juan Teotihaucán, Mexico, pyramids, Jan 28 N, C; Apr 68 S, D
Soap Lake, Wash., Indian encampment, July 32 N

MEXICO

Baja California, La Paz to the Cape, feature article, Mar 76 all
Cruises to West Coast ports, Oct 24 all
Ensenada to San Diego yacht cruise, July 4 S
Guadalajara
Glass factories, Jan 30 all
Parque Agua Azul, Dec 29 all

***MEXICO** (Cont.)*

Mexico City
Guide to Mexico City Then and Now, A, book review, Jan 8 S, D
John Wilhelm's Guide to Mexico City, book review, Jan 8 S, D
La Merced produce market, May 66 all
Morelia to Pátzcuaro via train, Nov 48 all
San Juan Teotihaucán pyramids, Jan 28 N, C; Apr 68 S, D
San Miguel de Allende, autumn fiesta, Sept 40 N
Tonalá, pottery center, Oct 79 all
Yelapa from Puerto Vallarta by boat, Nov 70 all

MISCELLANEOUS

Airline circle, triangle, extension trips, May 50 all
Beachcombing at reservoirs, Oct 30 all
Camper vehicles, feature article, May 78 all
Cars, campers, high country driving, July 8 S, D; Aug 22 N, C
Department of Defense retail sales stores, Nov 64 all
Dogs, traveling with, Mar 62 all; Apr 6 N, S, D, 4 C
Gifts for travelers, Dec 43 all
Life preservers, July 58 all
Litter, cleaning up picnic spots, June 130 C, S, D
Luggage, precautions against loss, Apr 71 all
Museum art classes for children, Oct 106 N, 100 C, S, D
Student programs for travel abroad, Feb 26 all
Tire chains, putting on, Jan 72 N
Travel clubs, Aug 35 all

NATIONAL PARKS, MONUMENTS

(Abbreviations: N.H.M.: National Historic Monument; N.H.S.: National Historic Site; N.M.: National Monument; N.P.: National Park; N.R.S.: National Recreation Area)
California National Parks, a *Sunset* book, Mar 57 all
Canyon de Chelly N.M., Ariz., feature article, July 52 all
Chiricahua N.M., Ariz., May 3 D; Oct 41 N, C, S
Crater Lake N.P., Ore., side trips around, Aug 36 all
Death Valley N.M., Calif.
Amargosa Opera House, Feb 4 D
Feature article, Nov 78 all
Thousand Acres of Nothing, A, Feb 6 D
Golden Spike N. H. M., Promontory, Utah, May 44 C, S, D
Gran Quivira N.M., N. Mex., May 41 S, D; Oct 22 N, C
Grand Canyon N.P., Ariz., *Grand Canyon Perspectives*, book review, Dec 6 D
Lake Mead N. R. A., Nev., Boulder Beach Visitor Center, July 6 D
Lassen Volcanic N.P., Calif., Rainbow Lake, fishing, Oct 67 all
Montezuma Castle N.M., Ariz., Aug 26 all
North Cascades N.P., Wash.
North Cascades National Park, The, book review, Oct 6 N
Pocket Guide to Selected Trails of the North Cascades, booklet review, Feb 4 N

***NAT. PARKS, MONUMENTS** (Cont.)*

Olympic N.P., Wash., feature article, June 64 all
Powell Expedition N.H.S., Green River, Wyo., May 64 all
Redwood N.P., No. Calif., May 90 all
Tumacacori N.M., Ariz., Dec 3 D
Yosemite N.P., Calif.
High Sierra Camps, Feb 56 all
New developments, May 34 all
Winter holiday, Dec 58 C, S, D

NATURE

Arboretum, Boyce Thompson Southwestern, Superior, Ariz., Jan 4 D
Arboretum, University of Wash., Seattle, waterfront trail, Mar 102 N
Beachcombing at reservoirs, Oct 30 all
Biological-Sonar Laboratory, Coyote Hills Regional Park, Newark, Calif., May 3 C
Bird-watching, Gunther Island, Eureka, Calif., July 3 C
Cactus, saguaro, drives to view bloom, May 4 D
Cave exploring, Ariz., July 3 D
Caves, near Lake Lenore, Lower Grand Coulee, Wash., Nov 3 N
Chalcedony roses, Mar 59 all
Cobra Lilies, Darlingtonia Botanical Wayside, Ore., June 49 N, S, D
Cranes, sandhill, Bitter Lake National Wildlife Refuge, New Mexico, Oct 48 all
Crater Rings, southeast Idaho, Aug 4 N
Desert Museum, Arizona-Sonora, near Tucson, Ariz., Mar 3 D
Dinosaur footprints, near Tuba City, Ariz., Nov 52 all
Earthquake Country, a *Sunset* book, May 4 N, C, S; June 4 D
Earthquake Fault, San Andreas, trail loop, Point Reyes National Seashore, No. Calif., Feb 4 C
Elk, Tule, Reserve State Park, west of Bakersfield, Calif., July 40 all
Flower touring, Lompoc, Calif., June 52 all
Fossil dig, Rancho La Brea tar pits, Los Angeles, Oct 58 all
Garden park, Quail Gardens, Encinitas, Calif., Dec 3 S
Geological map, Ariz., Aug 6 D
Geology maps, Calif., Nev., Oct 38 all
Herons, egrets, Audubon Canyon Ranch, Stinson Beach, Calif., Mar 4 C
Marine Science Center, University of Southern California, Santa Catalina Island, Sept 4 S
Marineland, Palos Verdes Peninsula, So. Calif., new attractions, Nov 30 S, D
Musk oxen, near Fairbanks, Alaska, May 46 all
Nature center, El Dorado Park, Long Beach, Calif., Aug 38 C, S, D
Oasis, Big Morongo, Morongo Valley, Calif., June 30 S, D
Otters, sea, Point Grenville, Wash., Sept 6 N
Palms, native, Kofa Mts., Ariz., Apr 3 D
Rain forests, Olympic National Park, Wash., June 64 all
Rockhounding, Dry Creek, south of Harper, Ore., June 39 N, C
Sea World, San Diego, Calif., Apr 58 all
Sheep, desert bighorn, Desert National Wildlife Range, near Las Vegas, Nev., Mar 28 C; May 9 N, S

***NATURE** (Cont.)*

Sheep, desert bighorn, Kofa Game Refuge, Ariz., Apr 3 D
Telescope, gift idea, Dec 66 all
Telescope, Museum of National History, Santa Barbara, Calif., Jan 3 S
Tidepooling, Apr 3 C
Trees, Big, Social Register of, booklet review, Feb 6 N
Waterfowl, Gray Lodge Wildlife Area, Gridley, Calif., Nov 68 all
Weather station equipment, Dec 34 all
Wildflowers
Walks at Lake Tahoe Visitor Center, Calif., July 9 C
Tacoma and Yelm, Wash. area, Apr 250 N
Point Mugu to Point Dume, Calif. coast, Feb 4 S
So. Calif., Apr 4 S
Collections, May 4 C
Wildlife, Upper Newport Bay, Orange County, Calif., Feb 3 S

NEVADA

Candelaria, ghost town, off U.S. Hwy. 95, Nov 56 all
Lake Mead National Recreation Area, Boulder Beach Visitor Center, July 6 D
Lake Mohave, Nev.-Ariz. border, fishing, Jan 24 S, D
Las Vegas
Desert National Wildlife Refuge, Mar 28 C; May 9 N, S
Red Rock Canyon Recreation Land, Jan 8 N, C; Feb 51 S, D
Winnemucca to Crescent City, Calif., via State Hwy. 140, Oct 52 all

OREGON

Cascade Mountains, Sahalie and Koosah Falls, U.S. Hwy. 126, June 6 N
Columbia Gorge, exploring, May 86 N
Crater Lake National Park, side trips around, Aug 36 all
Darlingtonia Botanical Wayside, north of Florence, June 49 N, S, D
Eugene, flea market, Feb 6 N
Farwell Bend State Park, exploring the Snake, Mar 6 N
Glide to Lake of the Woods, forest tour, guide-yourself, Oct 4 N
Harper to Fields, June 39 N, C
Hiking Trails, 100 Oregon, May 4 N
Hood River Valley, scenic drive, Oct 3 N
Hosmer Lake, Atlantic salmon, July 4 N
McDonald, John Day ford, Oregon Trail, July 8 N; Sept 30 C
Mount Hood, summer ski racing school, May 42 N
Mount Hood Meadows Ski Area, Jan 6 N
Netarts, Beachcombing Fair, Mar 4 N
Portland
Joffrey Ballet, July 3 N
Old church, Nov 3 N
Sailboat races, Nov 6 N
Rogue River, river trips, July 4 N
Salem
Art Association festival, July 3 N
Christmas floral shows, Dec 182 N
Salmon, Atlantic, fishing, Hosmer Lake, west of Bend, July 4 N
Santiam Pass, Hoodoo Bowl ski area, Jan 6 N
Shaniko, Apr 48 all
Silver Falls State Park, fall color, Sept 3 N

***OREGON** (Cont.)*

Troy, roads to, Mar 3 N
Willamette Valley, back roads, exploring, May 70 all

PACIFIC AREA

Australia
Sydney, Opera House tours, Sept 56 all
Hong Kong, a *Sunset* book, Oct 61 all
Japan
Osaka, Expo '70, Oct 72 all
New Zealand
North Island, Ninety Mile Beach, Feb 52 all
Tahiti
New developments, June 30 N; July 50 C
Raft outings, Oct 42 N, S, D
Tuu upea, beach party, Nov 62 all
Tonga, July 36 N

SKIING

Canadian ski tours, Jan 4 N
Colorado's major areas, feature article, Feb 62 all
Dodge Ridge, State Hwy. 108, Calif., Feb 3 C
Equipment, how airlines handle, Feb 30 all
Gorgoza, Utah, Dec 48 all
Hoodoo Bowl, Santiam Pass, Ore., Jan 6 N
Jackass Ski Bowl, south of Kellogg, Idaho, Dec 6 N
Los Angeles area resorts, new facilities, Feb 4 S
Mount Baker, Wash., summer ski schools, May 41 N
Mount Hood Meadows Ski Area, Ore., Jan 6 N
Mount Hood, Ore., summer ski schools, May 42 N
Park City West, Utah, Dec 48 all
Racing Camp, Wyo., summer ski schools, May 43 N
Rail ski tours, Dec 4 S
Red Lodge, Mont., summer ski schools, May 43 N
Sand skiing, Point Mugu State Recreation Area, So. Calif., May 32 all
Sierra resorts, new facilities, Jan 24 C
Skiing reports, Northwest cities, Dec 4 N
Sundance, northwest of Provo, Utah, Dec 48 all
Whistler Mountain
November skiing, Nov 74 N
Summer ski schools, May 42 N
Whitefish, Mont., Big Mountain ski area, Feb 3 N

SPORTS

Beagle Club, Blossom Valley field trial, near Hollister, Calif., Mar 68 all
Biking Atlas, North American, book review, July 44 all
Boat races, Sammamish Slough, Wash., Apr 4 N
Crew racing, University of Wash., Seattle, Apr 3 N
Dory racing, So. Calif., Aug 64 S
Gliders, model, radio-controlled, Sept 52 S, D
Horseback riding
Calif. State Parks, June 59 all
Phoenix area, Jan 3 D

***SPORTS** (Cont.)*

Jogging trails, Long Beach, Calif., Aug 4 S
Sailboat races, Pacific Northwest, Nov 6 N
Sailboat regatta, San Francisco, May 38 all
Sand skiing, Point Mugu State Recreation Area, So. Calif., May 32 all
Snow play, ideas, Jan 3 N
Snowmobiling, Feb 46 N, C
Spelunking, Ariz., July 3 D
Surfing competitions, Oahu, Hawaii, Dec 32 all
Surfing schools, May 86 C, S
Volleyball league, how to run, Oct 168 N
Winter carnival, McCall, Idaho, Jan 34 all
Winter sports, Yosemite National Park, Calif., Dec 58 C, S, D

STATES OTHER THAN EIGHT WESTERN

Colorado
Ski areas, feature article, Feb 62 all
Montana
Ghost towns, western Montana, Apr 10 N
Red Lodge, summer ski racing camp, May 43 N
Rimini, old mining area, Apr 10 N
Whitefish, Big Mountain Ski Area, Feb 3 N
New Mexico
Albuquerque, arts and crafts fair, Aug 4 D
Bitter Lake National Wildlife Refuge, Sandhill cranes, Oct 48 all
Cibola National Forest, Fourth of July Campground, Oct 76 S, D
Gran Quivira National Monument, May 41 S, D; Oct 22 N, C
Quarai Ruins State Monument, near Mountainair, May 41 S, D; Oct 22 N, C
Santa Fe
Fiesta, Sept 6 D
Religious art, Museum of New Mexico, July 4 D
Scholle, Abo State Monument, May 41 S, D; Oct 22 N, C
New York
Rochester, George Eastman House of Photography, Sept 29 all
Wyoming
Green River, Powell Expedition National Historic Site, May 64 all
Jackson Hole, summer ski camp, May 43 N

UTAH

Alta ski complex area, hiking, July 42 all
Corinne, railroad museum, Oct 56 all
Fairfield, Camp Floyd State Historical Park, Aug 41 all
Goblin Valley, off State Hwy. 24, Oct 36 all
Kanab, moviemaking location, Apr 68 C
Lake Powell
Bullfrog Basin Marina, bass fishing, Oct 74 all
Recreation facilities, Aug 3 D
Promontory, Golden Spike National Historic Monument, May 44 C, S, D
Salt Lake City area
Rail ski tours, Dec 4 S
Ski complexes, new, Dec 48 all

WASHINGTON

Bellingham, Whatcom Museum of History and Art, Dec 3 N
Bremerton, Nutcracker Ballet, Dec 6 N

***WASHINGTON** (Cont.)*

Bumping River area, off U.S. Hwy. 401, May 77 all
Cedar Creek Grist Mill, north of Woodland, June 29 N
Christmas shows, displays, Dec 182 N
Columbia River, Wanapum Dam, near Vantage, June 4 N
Enumclaw, King County Fair, Aug 3 N
Gifford Pinchot National Forest, Indian race track, May 3 N
Kirkland, sailboat races, Nov 6 N
Leavenworth, Bavarian theme, Autumn Leaf Festival, Sept 3 N
Lower Grand Coulee, caves, east of Lake Lenore, Nov 3 N
Mount Adams area
Randle to Troutdale drive, Sept 36 N
Takhlakh Plateau, Aug 4 N
Mount Baker, summer ski camp, May 41 N
North Cascades National Park
North Cascades National Park, The, book review, Oct 6 N
Pocket Guide to Selected Trails of the North Cascades, booklet review, Feb 4 N
Olympic National Park, feature article, June 64 all
Point Grenville, sea otters, Sept 6 N
Puget Sound, boats, Mar 9 N, S, D; May 41 C
Redmond, golden retriever trials, Oct 6 N
Renton, annual art show, Aug 4 N
Sammamish Slough, boat races, Apr 4 N
Scenic, Cascade Scenic Highway, reopened, June 4 N
Seattle
Art exhibits, Mar 6 N
Boat show, Jan 4 N
Chamber music, July 4 N
Crew racing, University of Wash., Apr 3 N
Concours d'Elegance, Apr 6 N
Joffrey Ballet, July 3 N
Sailboat races, Nov 6 N
Shopping, Dec 56 N
Soul Food Recipe Contest, Apr 6 N
University of Wash. Arboretum, waterfront trail, Mar 102 N
Visiting passenger ships, Mar 30 all
Seattle to Victoria cruise, taking bike along, June 3 N
Skykomish River, waterfalls, May 6 N
Snoqualmie Pass, highway construction in area, Dec 4 N
Soap Lake, Indian encampment, July 32 N
Spokane, Madonna Festival, Immaculate Heart Retreat House, May 4 N
Takhlakh Plateau, northwest of Mount Adams, Aug 4 N
Tumwater Canyon, U.S. Hwy. 2, Oct 62 N
Where Washingtonians Lived, book review, Nov 4 N
Wildflowers, between Tacoma and Yelm, Apr 250 N

WEST INDIES

Caribbean Here and Now, book review, June 50 all
Fielding's Guide to the Caribbean, including the Bahamas, book review, June 50 all

BUILDING AND REMODELING

BATHROOMS

Bathtub, raised, May 110 all
Ceiling, luminous, with vent fan, Mar 104 N, 102 C, S, D
Garden behind the mirrors, Jan 85 S, D; Feb 92 N, C
Ideas, bathing, grooming, health facilities, Apr 92 all
Light with exhaust fan, Oct 118 all
Planning and Remodeling Bathrooms, a *Sunset* book, Nov 138 all
Remodel, oak and tile accents, Nov 136 all
Remodel, roomy, partitioned, Feb 103 N
Shower, spacious, Oct 130 N, C
Tub fixture, multipurpose, June 92 all
Wood walls, natural, moisture protection, Apr 107 all

BEDROOMS

Boys', upstairs addition, Mar 118 S, D
Bunk beds, folding, Feb 116 all
Coat rack for boy's room, Oct 118 all
Doors, wardrobe closet, mirrored, Apr 107 all
Extension over car hood, July 83 all
Headboard, macramé, Sept 106 N; Oct 126 C
Headboard with cabinet-tables, Sept 96 all
Screened balcony for ventilation, Mar 114 all
Serving, eating area in master bedroom, Feb 84 all
Toy storage, Mar 112 all

BOOK REVIEWS

Bathrooms, Planning and Remodeling, a *Sunset* book, Nov 138 all
Furniture Finishing and Refinishing, a *Sunset* book, Oct 162 all
Remodeling Your Home, a *Sunset* book, Nov 115 all

CABINS AND VACATION HOUSES

Beach house, June 126 N
Floating compound, two-family, July 62 all
Giant window cabin, Feb 80 all
Mountain cabin, compact, Jan 56 all

FURNITURE

Baby cabinet becomes desk, May 114 C, S, D; Aug 82 N
Book shelf desk, July 98 all
Bunk beds, folding, Feb 116 all
Cabinets, refacing kit, Mar 104 N, 102 C, S, D
Desk drawer, place for small items, Mar 121 N, 122 S, D
Furniture Finishing and Refinishing, a *Sunset* book, Oct 162 all
Headboard with cabinet-tables, Sept 96 all
Pune'e and hikie'e, Oct 153 N
Table, coffee, angle iron, walnut, May 140 all
Table, maple, Mar 127 all
Table-sunbathing pad, Aug 70 all

HOME MATERIALS AND EQUIPMENT

Bathroom light with exhaust fan, Oct 118 all
Bathtub fixture, multipurpose, June 92 all
Broiler, countertop, vertical, Nov 209 all
Carpeting, non-static, May 110 all
Ceiling panels, acoustic, Oct 118 all
Ceiling panels, reversible, Aug 102 N, C
Cleaners, ultrasonic, for kitchen, shop, May 175 all
Clothes closet, new hardware, Mar 104 N, 102 C, S, D
Doors, sliding, closers, Feb 120 all
Doors, wardrobe closet, mirrored, Apr 107 all
Drainage pans for washers, water heaters, May 110 all
Electrical switches, timed, Apr 107 all
Exhaust fan hood, ductless, Nov 209 all
Fan, wall, flush-mounted, Oct 210 all
Fire alarm, small, Oct 118 all
Flooring, cushioned vinyl, do-it-yourself, Jan 64 all
Freezer, manual defrost or automatic, Apr 165 all
Heater, portable baseboard, warm-water, Jan 64 all
Heater, supplementary, inconspicuous, Feb 84 all
Ice cube bin, semi-automatic, Oct 210 all
Kitchen countertop, wooden, Apr 138 all
Light fixture-attic access opening, Sept 88 all
Light tubes, fluorescent, incandescent, May 110 all
Locksets, door, Sept 88 all
Ovens, new developments, Feb 165 all
Paneling, plywood, invisible "nailing," Mar 104 N, 102 C, S, D
Paneling, pressed cedar, Feb 84 all
Plywood, textured, Jan 64 all
Range, instant hot water faucet, June 182 all
Refrigerator for outdoor entertaining, Sept 150 all
Refrigerator-freezer, outside water-ice dispenser, June 182 all
Roof, aluminum shake, June 92 all
Roof tiles, concrete, Sept 88 all
Stairway kit, circular, May 110 all
Subfloors, glued, Oct 118 all
Tiles, self-adhesive vinyl, wall, Sept 150 all
Water purifier, compact, Mar 145 all
Window, new replacement, Mar 104 N, 102 C, S, D

HOUSES

American Institute of Architects - *Sunset Magazine* Western Home Awards:
- Announcement of 1969 winners, Oct 84 all
- House with privacy from street, neighbors, Oct 100 N
- Townhouses, Nov 102 all

Desert

Site, house blended together, May 88 D

HOUSES (Cont.)

General

Subdivision changes for more privacy, usable land, Apr 72 all
View from major rooms, Jan 70 all

Hillside

Pavilion house cantilevered out from hill, Sept 110 C
View from major rooms, Jan 70 all

Ideas (Misc.) and Special Rooms

Art collection, light box over, Mar 116 N, C
Book shelf desk, July 98 all
Book walls, Apr 126 N, C
Carpeting, non-static, May 110 all
Closet, perforated hardboard lining, Oct 118 all
Coat rack from strips and dowels, Oct 118 all
Counters, flip-up, for dining area, Feb 90 all
Dining room addition enclosed by glass, Mar 106 N, C, 107 S, D
Dining room storage wall, two-way, Feb 119 all
Door, entry, from wine tank, June 92 all
Door, hand-carved panels, July 84 all
Door, handcrafted tile, Mar 118 N, 121 S, D; Nov 120 C
Electrical, plumbing system snapshots for future reference, July 94 S, D
File cases, disguised, Feb 87 all
Fireplace, wall, spark catcher for, Oct 168 C, S, D
Fireplace tools, hanging, Dec 90 all
Intercom system, front door, Jan 72 C, S, D; Feb 101 N
"Kitchen" in bedroom, Feb 84 all
Movie screen, concealed, Feb 106 all
Mud room ideas, Mar 100 N, C; Nov 119 all
Multipurpose room, storage wall for, May 116 S, D
Office, home, fold-out from wall, June 114 N, 102 S, D
Offices, home, two ideas, Oct 134 all
Screens, sliding, along two sides of room, May 144 all
Sewing center in breakfast area, July 88 S, D; Aug 82 C
Stair risers, vinyl tile, Jan 64 all
Stairway kit, circular, May 110 all
Study space, children's recreation room, Mar 112 all
Traveler's trophies, displaying, Mar 138 all
Ventilation, improving, May 98 all
Window screens, filigreed plywood, Feb 88 all
Windows, difficult, panels for, Mar 128 all
Wine bottles, closet for, July 78 all

Remodeling

Additions on both ends of two-story house, Nov 128 N
Bathroom, oak and tile accents, Nov 136 all
Bathroom, roomy, Feb 103 N
Bathroom facilities, ideas, Apr 92 all
Bathrooms, Planning and Remodeling, a *Sunset* book, Nov 138 all

REMODELING HOUSES (Cont.)

Bedroom, boys', upstairs addition, Mar 118 S, D
Bedroom extended over car hood, July 83 all
Dining room addition enclosed by glass, Mar 106 N, C, 107 S, D
Garage converted into house, Dec 84 S, D
Kitchen, family room, Mar 118 C
Kitchen, for new appliances, June 112 N
Kitchen, long counter, view, Feb 108 all
Kitchen, one-wall plan for two cooks, June 88 all
Kitchen built along one wall, Jan 85 N, C; May 151 S, D
New rooms wrapped vertically around old, Aug 66 N
1920 house, garden, Jan 62 all
Old house for children, new addition for parents, May 114 N
Remodeling Your Home, a *Sunset* book, Nov 115 all
Ventilation, improving, May 98 all

KITCHENS

Appliance garages, Aug 76 all
Breadboards, multi-purpose, June 182 all
Broiler, countertop, vertical, Nov 209 all
Cabinet, two-way, in divider wall, Apr 165 all
Cabinet becomes a cooler, Apr 165 all
Cabinet space, stretching, Mar 145 all
Cabinets, corner, revolving shelves, Nov 108 all
Cabinets, refacing kit, Mar 104 N, 102 C, S, D
Cart, mobile, for food, dishes, Mar 145 all
Ceiling panels, reversible, Aug 102 N, C
Cereals, dry, storing, Sept 106 C, S, D; Oct 147 N
Cleaners, ultrasonic, May 175 all
Containers, air-tight, for crisp relishes, Nov 209 all
Cook books, library case for, Apr 165 all
Countertop inserts, useful, Oct 147 C, S, D
Countertops, wooden, Apr 138 all
Cutting board in counter, May 175 all
Cutting board to fit over sink, May 152 S, D
Divider-island, Feb 95 all
Dog's retreat, Jan 97 all
Drawers behind cabinet doors, Mar 145 all
Eating counter, pull-out under kitchen island, Feb 165 all
Eating counter, slide out under pass-through, Oct 124 all
Exhaust fan hood, ductless, Nov 209 all
Fan, wall, flush-mounted, Oct 210 all
Food storage, plastic pouches, May 175 all
Freezer, manual defrost or automatic, Apr 165 all

KITCHENS (Cont.)

Ice cube bin, semi-automatic, Oct 210 all
Ideas from *Sunset's* test kitchens, Feb 165 all
Island, circular, Oct 210 all
Knife care, storage, Aug 102 N, C
Lettuce, drip-dry, Sept 150 all
Lighting ideas, May 128 all
Message center, Oct 210 all
Mobile units for extra working space, Nov 141 all
Ovens, new developments, Feb 165 all
Pans, hot, place for on counter, May 175 all
Pantry shelves, pull out, Apr 165 all
Planning centers, four ideas, Nov 133 all
Range, instant hot water faucet, June 182 all
Refrigerator-freezer, outside water-ice dispenser, June 182 all
Remodel, built along one wall, Jan 85 N, C; May 151 S, D
Remodel, family room, kitchen, Mar 118 C
Remodel, one-wall plan for two cooks, June 88 all
Remodel, with long counter, view, Feb 108 all
Remodeled, for new appliances, June 112 N
Serving carts, disappearing, Nov 130 all
Shelves on end of counter, Sept 150 all
Sink, modern, improving, Nov 111 all
Sink, second, Dec 109 all
Spice rack, swing-down, Oct 157 C, S, D
Spice rack - light well under cabinets, Sept 98 all
Steps, pull-out, to reach high shelves, Feb 98 S, D
Storage, baking pan, vertical, May 175 all
Storage, four ideas, Jan 97 all
Storage cabinet, sliding panels, Nov 209 all
Storage cabinet, tall, slim, Oct 121 all
Storage on top, bottom, back of counter, Sept 150 all
Storage under pitched roof, Feb 165 all
Tiled wall to protect from oven spatter, Oct 210 all
Tiles, self-adhesive vinyl, wall, Sept 150 all
Towel rack, pull-out, Aug 102 N, C
Trash disposer arrangements, June 182 all
Utensil storage, sliding bin, Nov 209 all
Utensils, small, magnetic rack for, May 175 all
Water purifier, Mar 145 all
Windowless, with eating area opening into garden, Sept 86 all

LAUNDRIES

Drainage pans for washers, water heaters, May 110 all
Drip-dry cabinet, July 96 all
Laundry traffic, self-help, Jan 76 all

LIGHTING

Electrical switches, timed, Apr 107 all
Fluorescent tubes, incandescent, May 110 all
Kitchen, ideas for, May 128 all
Lamp, mushroom, Dec 84 N, C
Lamps, movable, on drop cords, Aug 81 all
Light box over art collection, Mar 116 N, C
Light fixture-attic access opening, Sept 88 all
Lights hidden under cabinets, Feb 114 all
Spice rack-light well under kitchen cabinets, Sept 98 all
Window screens, filigreed plywood, Feb 88 all

STORAGE

Baking pans, vertical, May 175 all
Book walls, Apr 126 N, C
Cabinet, two-way, in divider wall, Apr 165 all
Cereals, dry, Sept 106 C, S, D; Oct 147 N
Closet, perforated hardboard lining, Oct 118 all
Clothes closet, new hardware, Mar 104 N, 102 C, S, D
Cook books, library case for, Apr 165 all
Dining room storage wall, two-way, Feb 119 all
Drawers behind cabinet doors, Mar 145 all
Kitchen, four ideas, Jan 97 all
Kitchen, under pitched roof, Feb 165 all
Kitchen appliance garages, Aug 76 all
Kitchen cabinet, sliding panels, Nov 209 all
Kitchen cabinet, tall, slim, Oct 121 all
Kitchen cabinet space, stretching, Mar 145 all
Kitchen corner cabinets, revolving shelves, Nov 108 all
Kitchen counter, shelves on end, Sept 150 all
Kitchen counter, top, bottom, and back, Sept 150 all
Kitchen utensils, sliding bin, Nov 209 all
Knives, Aug 102 N, C
Pantry shelves, pull-out, Apr 165 all
Spice rack, swing-down, Oct 157 C, S, D
Storage wall, multipurpose room, May 116 S, D
Toy display, storage, Mar 112 all
Toy drawers, rolling, Oct 157 N, 153 C, S, D
Wine bottles, closet for, July 78 all
Wine storage in garage, Mar 111 all

OUTDOOR BUILDING

BENCHES

Patio, over dryer vent, June 124 all
Garden, overhead protection, Sept 93 all

BOOK REVIEWS

Garden and Patio Building Book, a *Sunset* book, Apr 116 all
Outdoor Lighting, a *Sunset* book, Apr 150 all; Dec 164 N

CHILDREN'S PLAY AREAS

Dragon and stockade, Nov 142 all
Indian Trail park, Spokane, Wash., June 90 all
Nursery school play yard, Sept 76 all
Playhouse, A-frame, Mar 94 all; Aug 52 all
Sandbox, disappearing, Mar 137 all

CHILDREN'S PLAY AREAS (Cont.)

Sandbox-sun deck, Sept 108 all
Swing, hanging on irregular tree branches, July 163 N; Sept 185 C, 202 S, D
Toys, giant, from plywood triangles, Dec 58 N, 56 C, S, D
Tree house, floating, June 126 C

FENCES, GATES, SCREENS

Fence for roadside privacy, Oct 266 N; Nov 248 S, D; Dec 188 C
Fence, pool, to keep view, July 90 N, C
Fences, trees incorporated into, Sept 190 all
Gate, unclimbable, July 76 all
Screen, entry, is garden wall, Sept 104 all
Screen, privacy, beside front door, June 227 S, D
Screen fence for entrance, Feb 168 N
Screen for patio, plant shelter, Feb 176 C, S, D
Screen for pool to stop wind, children, June 108 all
Stile, May 146 all
Subdivision changes for more privacy, usable land, Apr 72 all

GREENHOUSES, PLANT SHELTERS

Greenhouse, portable patio, June 189 N
Greenhouse remodel, Apr 234 all
Home nursery, Mar 222 N

MISCELLANEOUS

Aviaries, birds for, Sept 62 all
Aviary screen, 12 types, Sept 113 all
Bird feeder, giant, Oct 142 N, C, 130 S, D
Birds, feeding, Aug 120 D
Barbecue storage unit, Oct 165 all
Bird feeder, giant, Oct 142 N, C, 130 S, D
Boat garage, May 113 C, S, D
Buffet, outdoor, roll-away, May 126 N, C
Carpet, outdoor, padded, July 76 all
Dryer vent, bench over, June 124 all
Entry-car shelter, Mar 134 all
Entry walk, doors, new, May 154 N, C; June 114 S, D
Garden and Patio Building Book, a *Sunset* book, Apr 116 all
Garden work center, Strybing Arboretum - *Sunset Magazine* Demonstration Home Gardens, San Francisco, Nov 94 all
Horse stable, plastic windows, Oct 158 all
Horses' loafing shed, July 94 N, C; Oct 142 S, D
Mailbox, sod-roof, Apr 224 S

MISCELLANEOUS (Cont.)

Mailbox, street number at driveway, June 98 all
Mailbox is sculpture base, May 113 N; June 114 C, 126 S, D
Neighborhood entryway, June 102 N, C; Nov 120 S, D
Planter boxes, bottomless, for new trees, Apr 247 all
Railroad ties, landscaping with, Sept 196 N; Oct 110 C, S, D
Railroad ties, where to find, Oct 262 C, S, D
Shower, portable, Apr 107 all
Shuffleboard court, July 100 N, C, 91 S, D
Smoke oven, built-in, Apr 132 all
Stable for desert climate, Feb 110 all
"Stage" for container plants, Apr 104 all
Stile, May 146 all
Summer-fall garden contest, *Sunset's*, winners, Apr 86 all
Summer-fall youngster's garden contest, *Sunset's*, winners, Apr 100 all
Trash cans, streetside enclosure, June 116 all

OUTDOOR LIGHTING

Automatic lights, Feb 84 all
Lights from trees to mark driveway, June 98 all
Outdoor Lighting, a *Sunset* book, Apr 150 all; Dec 164 N

PATIOS AND DECKS

Deck, at stair landing, Aug 66 C
Deck, enlarged, connected to play yard, Apr 125 N, C
Deck, glass doors for wind protection, Apr 145 all
Deck, sheltered, on sunny side of house, Sept 95 N, C
Deck, trellis addition at entry, Feb 103 C, S, D
Decks, engawa added to hillside house, Oct 122 N
Decks, hillside garden, Oct 126 S, D
Decks, wooden, at poolside, Sept 78 all
Garden house, screened, Aug 56 all
Patio, pivoting glass screens, July 103 C; Sept 110 N
Patio built around tree, Aug 82 S, D

PATIOS AND DECKS (Cont.)

Patio heater, gas, July 76 all
Patios, two, off living areas, Sept 82 N, C
Refrigerator for outdoor entertaining, Sept 150 all
Screen for privacy, plant shelter, Feb 176 C, S, D
Sun shade structures, May 118 all
Terrace, glass wall to control wind, Feb 98 N, C
Terrace-deck combination, hillside garden, Nov 122 N, C
Trees on terrace, water basin, June 120 all

PAVING

(*See* Gardening and Landscaping section)

STEPS AND STAIRS

Entry, uphill, Aug 74 all
Garden steps to beach, Nov 122 N, C
Steps, railroad tie, two ideas, Feb 100 all

SWIMMING POOLS, SHELTERS

Decks, wooden, at poolside, Sept 78 all
Heating, solar, May 131 all
Pool, desert garden, Aug 62 all
Pool, hillside garden, Oct 126 S, D
Pool, multifamily, Nov 127 C, S, D
Pool alarm, Sept 88 all
Pool fenced to keep view, July 90 N, C
Pool pole, light, buoyant, Oct 160 all
Pool wrapped around house, July 74 all
Screen to stop wind, children, June 108 all
Shower-foot wash, June 119 all
Waterfall for pool, Sept 88 all

WEATHER CONTROLS

Deck, heat, glare screened out, Sept 95 N, C
Glass wall for terrace to control wind, Feb 98 N, C
Screens, hinged, for sun control, privacy, Oct 132 all
Sun shade structures, May 118 all
Weather station, Dec 34 all
Wind, stopped by glass doors on deck, Apr 145 all
Wind screen, pivoting glass, July 103 C; Sept 110 N
Wind screen for pool, June 108 all

WORKSHOP AND CRAFT PROJECTS

BOOK REVIEWS

Furniture Finishing and Refinishing, a *Sunset* book, Oct 162 all

CRAFTS, Misc.

Barbecue skewers, Australian, June 136 all
Candles, making at beach, June 104 N, C
Candles, castle dough, Dec 99 all
Caning, easy, for chair seats, June 94 all
Christmas decorations and craft ideas: see *Christmas Ideas*
Craft Courses, Directory of, Apr 32 all
Curtain, bamboo, June 129 C, S, D
Dolls, kachina, May 157 all
Door, handcrafted tile, Mar 118 N, 121 S, D; Nov 120 C

CRAFTS (Cont.)

Easter eggs, dip and dye, Apr 131 all
Fern frond designs, concrete floors, Mar 130 all
Flower heads using dried materials, Apr 114 N, C, 137 S, D
Flowers from wood shavings, Oct 139 all
Headboard, macramé, Sept 106 N; Oct 126 C
Lamp, mushroom, Dec 84 N, C
Place cards, holly, Dec 100 all
Rickshaw for children, Aug 46 all
Shade cloth, iron-on, Apr 108 all
Spider webs, catching, mounting, Sept 207 N, 185 S, D
Sunshade, portable, Aug 54 all

SEWING

Apron, French chef's, Dec 68 all
Bean bag frog, Apr 148 all
Dog, patchwork, Dec 102 all
Hemming tape, iron-on, June 182 all
Pillow, giant, Dec 77 all
Smock-apron, child's, June 130 N
Sunglass cases, Dec 106 all
Sunshade, portable, Aug 54 all
Tote bag, burlap, June 123 all
Window shade, fabric, iron-on, April 108 all

WOODWORKING

Baby cabinet becomes desk, May 114 C, S, D; Aug 82 N

***WOODWORKING** (Cont.)*

Birdhouse, high-rise, Apr 137 N, C
Birdhouses, Mar 204 N, 222 C
Birdhouses, entrance sizes, Apr 224 C
Chess set, patio, May 139 all
Coat rack from strips and dowels, Oct 118 all
Cutting board to fit over sink, May 152 S, D
Desk drawer, place for small items, Mar 121 N, 122 S, D
Doll house, Habitat, Nov 98 all
Door from wine tank, June 92 all
Door, hand-carved panels, July 84 all
Dragon, stockade for children's play area, Nov 142 all

***WOODWORKING** (Cont.)*

Furniture Finishing and Refinishing, a *Sunset* book, Oct 162 all
Gift-wrapping kit, Nov 120 N
Headboard with cabinet-tables, Sept 96 all
Kayak, simple plywood, Aug 64 N C
Lambs, wooden, Dec 78 N
Light box for color slides, Jan 69 all
Ping-pong table, folding, rolling, Apr 135 C
Planter, rolling pedestal, Oct 140 all
Rare woods, where to find in Los Angeles, Dec 23 S, D
Rat cage, two-story, Mar 132 all
Rickshaw for children, Aug 46 all
Spice rack-light well for under kitchen cabinets, Sept 98 all

***WOODWORKING** (Cont.)*

Stile, May 146 all
Table, coffee, angle iron, walnut, May 140 all
Table, maple, Mar 127 all
Table-sunbathing pad, Aug 70 all
Tool rack for garden cart, June 107 all
Toy, counting device, Dec 92 all
Toy storage drawers, rolling, Oct 157 N, 153 C, S, D
Toy truck with catapult, Dec 80 all
Toys, giant, from plywood triangles, Dec 58 N, 56 C, S, D
Toys from scrap blocks, Nov 127 N
Wheelbarrow, wooden, Mar 104 C, S, D; May 222 N

HOME MANAGEMENT

COMMUNITY PROJECTS

Christmas tableau, front yards, Dec 86 all
Flood-irrigation system, Salt River Valley, Ariz., June 190 D
Indian Trail Park, Spokane, Wash., June 90 all
Neighborhood entryway, June 102 N, C; Nov 120 S, D
News kiosk, Orinda, Calif., May 148 all
Nursery school play yard, Millbrae, Calif., Sept 76 all
Pool, multifamily, Nov 127 C, S, D
Roadside Clean-Up Day, Bainbridge Island, Wash., May 104 all
Student garden project, University of California, Santa Cruz, Mar 96 N, C, 222 S, D
Trail building, 16 miles in a weekend, Sept 58 all
Volleyball league, how to run, Oct 168 N

COUNTRY LIVING

Horse stable, plastic windows, Oct 158 all
Loafing shed for horses, July 94 N, C; Oct 142 S, D
Rural land, ridding of undesirable plants, Sept 200 C, 197 S, D

***COUNTRY LIVING** (Cont.)*

Stable for desert climate, Feb 110 all
Vegetable garden, deer, water problems, May 224 all
Water system from spring, June 129 N; Nov 122 S, D

MAINTENANCE

Boat trailer maintenance, May 132 all
Garage doors, sticking, sagging, repairing, Oct 148 all
Garden tools, repairing broken, Apr 118 all
Moss, removing from paving, Mar 116 S, D; Apr 135 N; May 116 C

MISCELLANEOUS

Air conditioners, room, July 92 S, D; Aug 78 N, C
Aviaries, birds for, Sept 62 all
Aviary screen, 12 types, Sept 113 all
Boat, loading into station wagon, May 142 all
Boat tie-down, auto seat belts, May 150 N
Boats, carrying two on car top, Apr 126 S, D; May 152 N, C
Carpet, outdoor, padded, July 76 all
Clothesline, chain, for hangers, July 76 all

***MISCELLANEOUS** (Cont.)*

"Cold rooms," improving heat, Jan 80 all
Dishwashing in small space, July 105 all
Doors, small, in garage door, June 92 all
Electrical, plumbing system snapshots for future reference, July 94 S, D
Garage doors, sticking, sagging, repairing, Oct 148 all
Instructions, reading carefully, Feb 165 all
Laundry traffic, self-help, Jan 76 all
Refrigerator for outdoor entertaining, Sept 150 all
Rope, synthetic, cutting, Aug 69 all
Tire chains, putting on, Jan 72 N
Tools, vinyl handles for, July 76 all
Workshop concealed by folding doors, Feb 92 S, D

PAINTING

Tips from professionals, Nov 115 all
Wood stains, foam-on, June 92 all
Wood walls, natural, moisture protection, Apr 107 all

POOLS

(see Outdoor Building, Swimming Pools)

CHRISTMAS IDEAS

CHRISTMAS TREES

Living trees, Dec 72 all
Outdoor lights in tall tree, Dec 168 all
Outdoor tree for birds, Dec 173 all
Pine cone tree, Dec 163 N
Preventive medicine for, Dec 163 C
Tree farms, Dec 4 C

CRAFTS AND DECORATIONS

Candy house, Dec 78 C
Castles of dough hold candles, Dec 99 all

***CRAFTS, DECORATIONS** (Cont.)*

Centerpiece, holly and ivy, Dec 164 C
Christmas cards, bold cutouts, Dec 89 all
Decorated front yards, Phoenix, Ariz., neighborhood project, Dec 86 all
Greenery, mailing deadlines, Dec 163 N
Lambs, wooden, Dec 78 N
Mobile, Christmas card, Dec 82 all
Ornaments, baked candy, Dec 64 all
Ornaments, wood shaving, Dec 104 all
Outdoor lighting ideas, Dec 163 C
Outdoor lights in tall tree, Dec 168 all

***CRAFTS, DECORATIONS** (Cont.)*

Paper, decorating with, Dec 50 all
Place cards, holly, Dec 100 all
Swag for front door, Dec 163 N
Tree, pine cones, seed pods, Dec 163 N

FOOD AND ENTERTAINING

Almonds and cashews, candied, Dec 158 all
Bread, Christmas (pandoro di verona), Dec 54 all
Brunch, holiday, Dec 114 all

***FOOD AND ENTERTAINMENT** (Cont.)*

Cakes, Christmas tree, baked in funnel, Dec 144 N, C
Cheese ball, holiday, Dec 110 all
Christmas logs, individual, Dec 131 all
Cookies, lace, Norwegian, Dec 150 all
Dinner, Christmas, Dec 117 all
Fruitcake, almond white, Dec 144 N, C
Fruitcake, spicy dark, Dec 144 N, C
Jellies, wine, five recipes, Nov 200 all
Make-ahead dishes, Dec 147 all
Marzipan, modeling, Dec 70 all
Smörgåsbord, Western, Dec 120 all
Spritz, Swedish, Dec 150 all
Toffee, sesame seed, Dec 157 all
Toffee, sunflower seed, Dec 157 all
Walnuts and pecans, sugared, Dec 158 all

GIFT IDEAS

Almonds and cashews, candied, Dec 158 all
Apron, French chef's, Dec 68 all
Bonsai, instant, Nov 216 all
Bonsai pot, Dec 180 all
Brushes, unusual, Dec 97 all
Cooks, stocking stuffers for, Nov 164 N, 180 C; Dec 144 S, D
Discovery shopping in Seattle, Dec 56 N
Dog, patchwork, Dec 102 all
Garden, miniature, in glass container, Dec 170 all
Garden gift ideas, Dec 163 C
Glassware, chemical, Dec 62 all
Herb vinegar, June 197 all
Herb seed packets, Dec 163 N
Herbs, dried, June 197 all
Jellies, wine, five recipes, Nov 200 all

***GIFT IDEAS** (Cont.)*

Kitchen scales, Dec 141 N, 78 S, D
Kitchen utensils, wooden, Dec 142 all
Pillow, giant, Dec 77 all
Ship chandlery, gift ideas from, Dec 26 all
Sunflower seeds, June 197 all
Sunglass cases, Dec 106 all
Telescopes, Dec 66 all
Toffee, two recipes, Dec 157 all
Toy, counting device, Dec 92 all
Toy truck with catapult, Dec 80 all
Toys, giant, from plywood triangles, Dec 58 N, 56 C, S, D
Travel gifts, Dec 43 all
Tropical plants, Dec 60 N
Walnuts and pecans, sugared, Dec 158 all
Weather forecasting instruments, Dec 34 all
Wine books, Dec 128 all

FOOD AND ENTERTAINING

APPETIZERS

All-appetizer party, July 72 all
Antipasto platter, assorted, Aug 109 all
Cheese ball, holiday, Dec 110 all
Cheese-filled diamonds (bourekakia), July 72 all
Cheese plate, trio, Sept 131 all
Clams, pop-open barbecue, May 93 all
Clams, stuffed (kidonia yemista), July 72 all
Clams in half shells, snail butter, Dec 161 N, S, D
Corned beef appetizer tray, July 106 all
Cream cheese spread, tangy, Nov 152 all
Daikon tomato appetizers, May 108 all
Dolmathes, olives, eggplant, skewered, July 72 all
Garbanzo sesame spread (humus tahini), July 72 all
Grapefruit with Rosé, Oct 189 N, S, D
Green beans, marinated, Sept 142 all
Ham appetizers, July 113 all
Herring, Danish, and caviar rolls, Mar 150 N
Mandarins with Sherry, Oct 189 N, S, D
Meatballs in spicy sauce, Jan 86 all
Meatballs oregano (keftethakia), July 72 all
Meatballs with snail butter, Dec 161 N, S, D
Melon with Traminer, Oct 189 N, S, D
Mushroom appetizers, July 113 all
Mushroom caps, snail butter, Dec 161 N, S, D
Pancakes, crab and chive filling, Feb 150 all
Salmon, barbecued, with biscuits, May 93 all
Sausage, grilled Italian-style, and cheese, May 93 all
Shellfish in snail shells, Dec 161 N, S, D
Shrimp and artichokes, marinated, July 72 all
Shrimp appetizer spread, Nov 146 all
Shrimp with Chablis, Oct 189 N, S, D
Snails, in French manner, Dec 161 N, S, D
Snails in mushroom caps, Jan 109 C, S, D; Feb 126 N
Snails in herb butter, Jan 109 C, S, D; Feb 126 N
Soufflé roulade, Nov 156 all
Zucchini, garlic-buttered, Dec 161 N, S, D

BAKING

Breads

Quick Breads
flour tortilla cracker, Jan 61 all
lefse, Dec 153 all
muffins, bacon corn, Oct 174 S, D
muffins, lemon, upside-down, Oct 174 S, D
muffins, Mexican corn, Apr 184 all
muffins, whole wheat banana, June 142 all
oatmeal coffee, Mar 140 all
toast, carmelized, June 153 S, D
toast, cinnamon, deluxe, June 152 S, D
whole wheat, banana Apr 155 all

Yeast Breads
black peasants', Mar 169 S, D
buns, thousand-layer, quick, Mar 166 all
Christmas (pandoro di verona), Dec 54 all
croissants, quick butter, Mar 150 S, D
doughnuts, orange, baked, Feb 162 all
doughnuts, refrigerator yeast, Oct 204 all
julekage, Christmas bread, Dec 114 all
muffins, English, quick sourdough, Oct 208 all
rye, sour, Oct 224 N, S, D, 225 C
St. Basil's (vasilopeta), Jan 102 N
wheat, sour, Jan 109 N; Apr 170 C, S, D
wheat, whole, Feb 142 all

Cakes

Almond cream layer, July 132 N, D
Almond sponge, July 132 N, D
Apple, spiced, Nov 147 all
Baba-rin, fresh orange, Feb 140 all
Caramel crunch, Feb 131 all
Cheesecake, apple, Mar 173 all
Cheesecake, cherry, June 156 all
Cheesecake, Danish two-way, Mar 142 all
Cheesecake, double chocolate, Aug 101 N; Sept 169 S, D; Nov 194 C
Cheesecake, fluffy lemon, Jan 87 all
Cherry, Mar 141 all
Chocolate ribbon, May 187 N, C
Christmas logs, individual, Dec 131 all
Devil's food pecan, spicy, May 206 N, C; June 172 S, D

***BAKING** (Cont.)*

***Cakes** (Cont.)*

Filbert, toasted, chocolate, Feb 124 all
Fruitcake, almond white, Dec 144 N, C
Fruitcake, spicy dark, Dec 144 N, C
Pound, almond, May 206 N, C; June 172 S, D
Pound fingers, toasted, Mar 173 all
Rocky road ring, May 206 N, C; June 172 S, D
Roll, peaches and cream, Aug 104 all
Rose geranium, Sept 164 S, D
Savarin, Aug 88 N, C
Sour cream-chocolate bit, Apr 167 all
Torta, almond and pine nut, Feb 125 all
Torte, pecan zwieback, Feb 125 all
Trifle, rum cream, Oct 178 all

Coffee Cakes

Almond ring, Danish, Feb 161 N, C
Bear claw pastries, quick, Mar 154 C
Caramel-topped, Sept 117 all
Coffee bread, apricot-filled, Mar 169 N; Apr 156 C, S, D
Coffee bread, Easter swirl, Apr 181 all
Coffee bread, nut crumb, Nov 146 all
Coffee bread, oatmeal, Mar 140 all
Coffee spiral, Danish, Nov 148 all
Coffee twists, Swedish, Mar 180 all
Crescents, sweet-nut, Nov 152 all
Filbert buns, Swedish, Feb 161 N, C
Honey bee cake, German (bienenstich), Feb 161 N, C
Kuchen, apple, Garmisch, Nov 163 N
Orange marmalade, Mar 174 all
Streusel, chocolate, July 119 all

Cookies

Almond rounds, Dec 150 all
Apple, Oct 203 all
Apricot-coconut bars, May 188 C
Butter fingers, June 164 all
Carnival, Oct 220 all
Cheese squares, June 164 all
Chocolate layer, June 165 all
Chocolate pinwheel, Sept 117 all
Chocolate sprinkle rounds, May 186 N, C
Cinnamon crisps, May 186 N, C

BAKING (Cont.)

Cookies (Cont.)

Coconut oatmeal crinkles, Oct 203 all
Date pinwheels, June 177 all
Easter egg, Apr 215 all
Ginger thins, crisp, Apr 155 all
Lace, Norwegian, Dec 150 all
Lemon toffee bars, June 165 all
Refrigerator, orange, June 165 all
Sesame bars, spicy, May 188 C
Shortbread, cherry, Feb 123 all
Shortbreads, two-flavor, Apr 206 all
Spritz, Swedish, Dec 150 all

Pancakes and Waffles

Pancakes
Altadena (sourdough), Feb 154 all
cabbage, toasted, Nov 185 all
crêpes, ham and mushroom, Apr 205 S, D; Oct 174 C
crêpes, strawberry ice cream, Apr 205 N
egg, chafing dish, Feb 122 all
filled, appetizer, Feb 150 all
oyster, Oct 170 all
Sloppy Joe stack, June 153 S, D
Waffles
chocolate, May 196 N, D; Aug 101 C
cinnamon, Jan 93 all
yogurt, May 196 N, D; Aug 101 C

Pies and Pastries

Desserts
apple pie, Golden Delicious, Feb 77 all
apple streusel pie, Nov 163 N
blueberry-marshmallow pie, July 107 all
cantaloupe pie, glazed fresh, June 154 all
clafouti, cherry, June 158 all
coconut pie, toasted, Nov 183 all
custard pastries, Turkish (bouyatsa), Mar 159 all
Danish pastry, apricot and cheese, quick, Nov 192 all
Danish pastry, date, pecan, Nov 192 all
Danish pastry, prune and almond, quick, Nov 190 all
date-orange pie, Feb 123 all
ice cream pie, cantaloupe, June 154 all
ice cream pie, fruit ripple, Nov 196 all
ice cream pie, huckleberry-swirl, Aug 113 N
ice cream pie, peanut cream, Nov 198 all
ice cream pie, pumpkin sundae, Nov 198 all
ice cream pie, spiced jewel cream, Nov 198 all
plum custard pie, Sept 133 all
plum pie, butter sauce, Sept 133 all
pumpkin cheese pie, Oct 171 all
strawberry French cream pie, June 172 C
strawberry pie, sparkling, May 176 all
strudel, Austrian cheese (toflenstrudel), Mar 160 all
strudel, German apple, Mar 159 all
strudel, Hungarian almond, Mar 156 all
tart, apple-cheese, Aug 102 S, D; Sept 169 N
tart, apricot, cheese-latticed, June 77 all
tart, lemon custard cantaloupe, June 154 all
tarts, apple-mincemeat, Nov 93 all
tarts, huckleberry cream cheese, Aug 112 N
tarts, pumpkin, Nov 93 all
tarts, sugar plum, Sept 134 all

BAKING (Cont.)

Pies and Pastries (Cont.)

Entrées
beef-vegetable pie, Apr 218 all
calzone, filled pastry, June 178 all
hare deep dish pie, Oct 196 all
onion pie (tarte à l'oignon), Jan 99 all
oyster pie, Myers's, Oct 184 all
quiche, leek and mushroom, Jan 104 all
quiche, pepper ring, Jan 104 all
salmon and cheese pie, Aug 84 all
spinach shrimp tart, Apr 163 all
turnovers, beef and sausage, May 158 all

BARBECUING

Abalone, May 194 C, S
Beef brisket, Sept 161 all
Beef short ribs, spicy, May 165 all
Beef steak, July 120 all
Chicken, sweet-sour, May 165 all
Chicken in blue cheese sauce, May 158 all
Clams, pop-open, May 93 all
Eggplant, three recipes, Oct 230 all
Lamb, breast of (pecho de cordero valerio, Feb 156 all
Lamb, leg of, Yucatán style, Apr 174 all
Lamb chops, Chihuahua style, Apr 172 all
Lamb kebabs krishna, May 185 all
Lamb shanks, smoky, Sept 162 all
Onions, sweet, plus, May 159 all
Pastrami, how to make, Feb 138 all
Pork kebabs with marinated vegetables, July 131 all
Pork ribs, country-style, chile-glazed, July 131 all
Rib bones, Oct 184 all
Salmon with biscuits, May 93 all
Sausage, grilled, and cheese, May 93 all
Skewers, Australian, June 136 all
Spareribs, spicy, July 107 all
Steak, rolled, Hawaiian, Aug 94 all

BEVERAGES

Cider, hot buttered, Dec 141 C, 140 S, D
Cranberry cup, hot buttered, Dec 141 C, 140 S, D
Espresso, orange, Mar 147 all
Fizz, ice cream, rich, July 126 all
Juice, clam-and-tomato, hot, Aug 108 all
Punch, ginger grapefruit, June 174 all
Punch, lemon champagne, June 174 all
Punch, milk, cajeta style, Sept 140 all
Punch, milk, hot buttered, Dec 141 C, 140 S, D
Tea, rose geranium, Sept 164 S, D

BOOK REVIEWS

California Wine Country, a *Sunset* book, Dec 128 all
Guide to California Wines, Dec 128 all
Menu Cook Book, a *Sunset* book, Nov 178 all
Mexican Cook Book, a *Sunset* book, June 166 all
Sunset Cook Book of Favorite Recipes, a *Sunset* book, Dec 136 all
Wine . . . Wisdom . . . & Whimsy, Dec 128 all

CANDIES

Almonds and cashews, candied, Dec 158 all
Marzipan, modeling, Dec 70 all
Toffee, sesame seed, Dec 157 all
Toffee, sunflower seed, Dec 157 all
Walnuts and pecans, sugared, Dec 158 all

CASSEROLES

Artichokes, Jerusalem, scalloped, Feb 145 all
Barley and pine nut, June 134 all
Beale's special, Sept 154 all
Beans, baked, with beef, Mar 140 all
Beans, picnic, Apr 184 all
Beef and cheese tortilla, Sept 116 all
Cassoulet, country, Dec 135 all
Cassoulet, Western, Dec 135 all
Cassoulet in brief, June 77 all
Chicken, Tijuana, with brassy rice, May 170 all
Chicken and artichokes, Mar 155 N
Chicken breasts, baked, with sour cream, Apr 186 all
Chicken-ham Marsala, Apr 196 all
Chicken in cream, French, Mar 155 N
Chiles rellenos puff, Apr 154 all
Crab, Florentine, Feb 122 all
Crab Huntington, deviled, Dec 110 all
Eggplant with mozzarella cheese, Sept 136 all
Enchilada, Apr 176 all
Fisherman's, Jan 86 all
Green beans in Swiss cheese sauce, Apr 155 all
Hasenpfeffer, Apr 213 all
Lamb, Luigi, Oct 186 all
Lasagne, chicken, with hunter's sauce, Feb 153 all
Macaroni and cheese casa rosa, Feb 158 all
Moussakas, individual, Nov 164 C
Mushrooms, much-more-than, Apr 196 all
Mushrooms au gratin, June 134 all
Okra with beef, Feb 134 all
Paella, Western, Dec 112 all
Rice, Assyrian, Apr 198 C
Rice, brown and white, July 120 all
Rice, chicken-flavored, Apr 186 all
Rice, green, Aug 98 all
Rice, Javanese, Aug 99 N, C, 98 S, D
Sole, fillet of, Florentine au gratin, June 144 all
Squash, summer, gratinée, Sept 158 all
Stew, beef, oven-simmered, Dec 111 all
Tomatoes, curry-glazed, with rice, Sept 158 all
Turkey, sliced, and gravy, Dec 161 C
Turkey Divan, Dec 161 C
Zucchini-rice, Feb 123 all

CEREALS AND MACARONI

Barley
casserole, barley and pine nut, June 134 all
tabouli, salad cone, Aug 108 all
Cornmeal
muffins, bacon corn, Oct 174 S, D
Macaroni and cheese casa rosa, Feb 158 all
Noodles
egg, homemade, Jan 90 all
egg noodles with butter, cheese (fettuccine al burro), Jan 91 all
with short ribs, Mar 140 all
Oatmeal
cereal, Swiss-style, May 162 all
coconut oatmeal crinkles, Oct 203 all

***CEREALS, MACARONI** (Cont.)*

Rice
- and baked halibut, Apr 154 all
- Assyrian, Apr 198 C
- brassy, with Tijuana chicken, May 170 all
- Brazilian, Aug 98 all
- casserole, brown and white, July 120 all
- casserole, zucchini-rice, Feb 123 all
- chicken-flavored, Apr 186 all
- chorizo, Mar 189 all
- curry, squid, Grosso's, July 114 all
- fried, and eggs, June 153 S, D
- golden, May 185 all
- green, Aug 98 all
- Javanese, Aug 99 N, C, 98 S, D
- liver and baconed, Oct 170 all
- pilaf, golden onion, Jan 61 all
- pilaf, peanut, Aug 99 N, C, 98 S, D
- pilaf, rice and vermicelli, Feb 134 all
- pilaf-stuffed tomatoes, Sept 156 all
- saffron, easy, Aug 99 N, C, 98 S, D
- shrimp and scallops, sweet-and-sour, Nov 188 all
- singing fried, Nov 187 all
- soup, mushroom, mandarin, Nov 188 all
- wild, with pine nuts, Nov 169 all
- with almond chicken, Nov 176 all
- with curry-glazed tomatoes, Sept 158 all

Spaghetti
- Beauregard, July 116 all
- Coquilles for George, July 116 all
- stir-up, Aug 84 all

Spätzle, four serving ideas, Oct 198 all

DAIRY PRODUCTS AND EGGS

Butter

Honey, whipped, Jan 93 all
Jalapeño, July 113 all
Parsley, May 204 all
Serving ideas, Mar 179 all
Snail (beurre d'escargots), Dec 161 N, S, D

Cheese

Camembert, fried, on toast with jelly, Mar 197 all
Cheese, gingered, with pears, Sept 131 all
Cheese, green herb, Sept 131 all
Cheese, mint, with fruit, Sept 131 all
Cheese, toasted onion, Sept 131 all
Cheese ball holiday, Dec 110 all
Cheese plate, trio, Sept 131 all
Cheese squares, June 164 all
Cheesecake, apple, Mar 173 all
Cheesecake, cherry, June 156 all
Cheesecake, Danish two-way, Mar 142 all
Cheesecake, double chocolate, Aug 101 N; Sept 169 S, D; Nov 194 C
Cheesecake, fluffy lemon, Jan 87 all
Ramekins, Swiss custard, Sept 144 all
Sandwich, cream cheese and asparagus, Sept 128 N, C
Sandwich, Havarti cheese and radishes, Sept 128 N, C
Spread, cream cheese, tangy, Nov 152 all
To serve with Bartlett pears, Aug 48 all
To serve with green salads, 16 special, Mar 154 S, D
With rosemary, Nov 207 all

Cream

Sour cream mayonnaise, Jan 95 all
Sour cream mint chutney, Jan 61 all

***DAIRY PRODUCTS** (Cont.)*

Eggs

And asparagus, Amandine, Mar 141 all
And corned beef hash, June 152 S, D
And fried rice, June 153 S, D
Avocado-stuffed, Apr 184 all
Baked, with cheese, July 122 all
Egg, asparagus, salmon, May 182 all
Egg and avocado on rye, Apr 169 all
Hangtown fry, Oct 183 all
Omelet, Mexican oven, June 163 all
Pancakes, chafing dish egg, Feb 122 all
Ramona, Sept 116 all
Rancheros, July 111 N, C; Aug 88 S, D
Sandwich, pickled herring and egg yolk, Sept 128 N, C
Scramble, crab-egg, creamy, Nov 152 all
Scrambled, shipboard, July 111 N, C; Aug 88 S, D
Scrambled, Swiss, Aug 109 all
Soup, lettuce and egg, Oct 171 all
Spätzle supper eggs, Oct 198 all
With beef jerky sauce (machacada con huevos), Sept 138 all
With onions, peppers, June 142 all

Yogurt

Chutney, banana yogurt, Jan 61 all
Chutney, zucchini yogurt, Jan 61 all
Fruit whip, tangy, Aug 85 all
Parfait, raspberry yogurt, Mar 147 all
Sauce for eggplant, Oct 228 all
Waffles, May 196 N, D; Aug 101 C

DESSERTS
(Also see listings under Baking)

Ambrosia, fig-orange, Sept 120 all
Apples, Golden Delicious, and cheese, Feb 77 all
Babas angelia, May 191 S
Bananas Jamaica, hot, Feb 137 C
Champagne melange, June 153 N
Chaudeau, July 125 all
Cheese, gingered, with pears, Sept 131 all
Cheese, mint, with fruit, Sept 131 all
Cheese with rosemary, Nov 207 all
Chocolate whip, Nov 204 all
Compote, fruit, Swedish, Dec 111 all
Compote, golden, Feb 126 C, 160 S, D
Crêpes, strawberry ice cream, Apr 205 N
Espresso, orange, Mar 147 all
Freeze, crème de menthe, Aug 111 all
Fromage, chocolate, Oct 217 all
Fromage, citrus, Oct 217 all
Fruit platter with strawberry ice cream, Aug 108 all
Fruit whip, tangy, Aug 85 all
Grapefruit with Rosé gelatin, Oct 189 N, S, D

Ice cream
- chocolate surprise, Apr 216 all
- lemon cream with strawberries, June 187 all
- peaches mocha, June 187 all
- pie, cantaloupe, June 154 all
- pie, fruit ripple, Nov 196 all
- pie, huckleberry-swirl, Aug 113 N
- pie, peanut cream, Nov 198 all
- pie, pumpkin sundae, Nov 198 all
- pie, spiced jewel cream, Nov 198 all
- strawberry, with fruit platter, Aug 108 all
- sundae, Brazil nut, hot, Jan 95 all
- sundae, coffee crunch, Aug 111 all
- sundae, kiwi, gingered, June 170 all
- sundae, strawberry, gingered, May 182 all

***DESSERTS** (Cont.)*

Ice Cream (Cont.)
- tortoni, macaroon, with raspberries, Sept 166 S, D
- trial and error, May 172 all
- with rum-flavored figs, Sept 120 all

Ice, lemon, Mar 147 all
Ices, fruits, feature story, Sept 84 all
Kiwi fruit medley with custard sauce, June 170 all
Lemon cream, frozen Danish, July 111 S, D
Macadamia tortoni, June 144 all
Mandarin orange cheese cream, Mar 146 all
Mandarins with Sherry gelatin, Oct 189 N, S, D
Melon with Traminer gelatin, Oct 189 N, S, D
Mocha igloo cups, July 128 all
Mousse, chocolate mallow, Jan 95 all
Mousse, fig, frozen, Sept 120 all
Parfait, raspberry yogurt, Mar 147 all
Peaches, Babcock, and cheese, July 132 C, S
Peaches, Babcock, wine-poached, July 132 C, S
Peaches and rum babas, Aug 104 all
Peaches fire and ice, Sept 124 all
Pears, Bartlett, with cheeses, Aug 48 all
Pears, cinnamon, in wine, Feb 137 C
Pears, Comice with chocolate whipped cream, Dec 119 all
Pears Rosé, glazed, Mar 147 all
Pineapple and praline diamonds, Mar 147 all

Puddings
- plum, holiday, Nov 155 all
- rhubarb, crunch-top, May 159 all

Raspberries and buttered macaroons, Sept 166 S, D
Raspberry babas, May 185 all
Sauce, lemon whipped cream, Apr 156 N; May 186 S, D
Sauce, macaroon cream, Apr 156 N; May 186 S, D

Soufflés
- apricot, chilled, Mar 146 all
- chocolate mocha, Apr 199 N
- lemon Cointreau, Apr 199 N
- rum praline, Apr 199 N
- sour cream apple, Mar 177 all

Soup, peach champagne, June 152 N
Strawberries fire and ice, Sept 124 all
Strawberries in champagne, Mar 147 all
Strawberry champagne bowl, June 153 N
Syllabub, June 150 all

Tortes
- apple, Aug 100 S, D; Sept 169 N
- chocolate ladyfinger, Apr 221 all
- cinnamon-chocolate, Jan 106 all
- huckleberry-pecan crunch, Aug 112 N
- lemon, Aug 94 all
- lemon, frozen, July 108 S, D
- nut crunch, June 135 all
- strawberry lemon cream, May 160 all
- strawberry zabaglione, May 160 all

Wine gelatins, Oct 189 N, S, D

FISH AND SHELLFISH

Abalone
- and crab hollandaise, May 194 C, S
- barbecued, May 194 C, S
- gathering, storing, and trimming, May 193 C, S
- soup, cream, May 196 C, S
- with mushroom sauce, May 194 C, S

Anchovy and garlic dressing, Sept 138 all
Bass, sea, piquant, chilled, June 172 N

***FISH AND SHELLFISH** (Cont.)*

Bouillabaise Antibes, Apr 208 all
Caviar
  Danish herring and caviar rolls, Mar 150 N
  roulade, soufflé, caviar and cream cheese filling, Nov 158 all
  sandwich, roast beef and caviar, Sept 128 N, C
Clams
  chowder Beauregard, Mar 189 all
  in half shells, snail butter, Dec 161 N, S, D
  juice, clam-and-tomato, hot, Aug 108 all
  pop-open barbecue, May 93 all
  soup, creamy, Nov 92 all
  stuffed (kidonia yemista), July 72 all
Crab
  and abalone hollandaise, May 194 C, S
  appetizer pancakes, crab and chive filling, Feb 150 all
  casserole, fisherman's, Jan 86 all
  casserole, Florentine, Feb 122 all
  casserole, paella, Western, Dec 112 all
  chiles rellenos, crab and cheese filling, Sept 74 N, S, D, 169 C
  crab-egg scramble, creamy, Nov 152 all
  deviled, Huntington, Dec 110 all
  salad, Green Goddess, Dungeness crab and cantaloupe, Aug 61 all
  salad, grapefruit and crab, Jan 95 all
  salad, piquant, Apr 198 S, D
Fish soup Piraeus, lemon, Apr 210 all
Halibut, baked, and rice, Apr 154 all
Herring
  Danish, and caviar rolls, Mar 150 N
  kippered, sandwiches, four different, Mar 149 C, S, D
  pickled, Belgian-style, Mar 149 N
  salad, sliced potato and herring, Aug 96 all
  sandwich, pickled herring and egg yolk, Sept 128 N, C
  sandwich supper, open-faced, Mar 150 N
  senfherring, Mar 150 N
Lingcod
  fish in a fish, Oct 104 all
  piquant, chilled, June 172 N
  stockpot, classic fish, Nov 150 all
Lobster and papaya Green Goddess salad, Aug 61 all
Oysters
  gingered, with onion, June 153 C
  Hangtown fry, Oct 183 all
  pancakes, Oct 170 all
  pie, Myers's, Oct 184 all
  salad, smoked, Dec 119 all
Rockfish
  fish española, Jan 100 all
Sablefish, poached, Oriental, June 173 N
Salmon
  barbecued, with biscuits, May 93 all
  buns, salmon onion, Aug 114 all
  cured, piquant, Sept 127 N, S, D
  fish in a fish, Oct 104 all
  pie, salmon and cheese, Aug 84 all
  platter, egg, asparagus, and salmon, May 182 all
  sandwich, smoked salmon and cucumber, Sept 128 N, C
  steaks, butter-broiled, July 106 all
Sashimi, Apr 200 all

***FISH AND SHELLFISH** (Cont.)*

Scallops
  and shrimp, sweet-and-sour, Nov 188 all
  Coquilles for George, July 116 all
Seafood potpourri, Nov 147 all
Shellfish, kettle picnic, June 82 all
Shellfish in snail shells, Dec 161 N, S, D
Shrimp
  and artichokes, marinated, July 72 all
  and scallops, sweet-and-sour, Nov 188 all
  appetizer spread, Nov 146 all
  casserole, fisherman's, Jan 86 all
  casserole, paella, Western, Dec 112 all
  roulade, soufflé, cheese and shrimp filling, Nov 158 all
  salad, Green Goddess, shrimp and pineapple, Aug 61 all
  tart, spinach shrimp, Apr 163 all
  with Chablis (gelatin), Oct 189 N, S, D
Snails, see listing under *Meat*
Sole
  cooking, boning fresh whole sole, Oct 112 all
  fillet of sole Florentine au gratin, June 144 all
  sizzling, Oct 112 all
Soups, Mediterranean, two recipes, Apr 208 all
Squid curry, Grosso's, July 114 all
Tuna rolls, capered, Aug 114 all

FOREIGN COOKERY

Armenian

Moussakas, individual, Nov 164 C

Basque

Chicken, Aug 117 N, C; Nov 194 S, D

Belgian

Herring, pickled, Mar 149 N

Chinese

Appetizers, daikon tomato, May 108 all
Beans, yard-long, in browned butter, May 108 all
Beef, two-onion, June 153 C
Broccoli, ginger garlic, May 108 all
Buns, thousand-layer, quick, Mar 166 all
Chicken, walnut, Dec 124 all
Duck, Peking, Western-style, Mar 164 all
Lamb, Mongolian, with spring onions, June 153 C
Lamb with cabbage, May 189 N; June 160 S, D; Oct 176 C
Meatball dinner, Oriental, June 181 all
Okra, golden crusty, May 107 all
Oysters, gingered, with onion, June 153 C
Pork loin, plum-basted, Mar 186 all
Pork with cabbage, May 189 N; June 160 S, D; Oct 176 C
Rice, singing fried, Nov 187 all
Shrimp and scallops, sweet-and-sour, Nov 188 all
Snow peas, skillet, with celery, May 108 all
Soup, chicken, pungent, May 107 all
Soup, mushroom, mandarin, Nov 188 all

Czechoslovakian

Cikansky gulas (gypsy goulash), Dec 126 all

Egyptian

Chicken, tomato glazed, Feb 134 all
Okra with beef, Feb 134 all
Pilaf, rice and vermicelli, Feb 134 all
Soup, chicken noodle, Feb 134 all

***FOREIGN COOKERY** (Cont.)*

English

Onion pie, Jan 99 all

French

Beurre d'escargots (snail butter), Dec 161 N, S, D
Bouillabaise Antibes, Apr 208 all
Cassoulets, two Western recipes, Dec 135 all
Chicken in cream, Mar 155 N
Clafouti, cherry, June 158 all
Croissants, quick butter, Mar 150 S, D
Lamb, leg of, Port Saint Germain style, May 204 all
Navarin à la Printanière (lamb, vegetable stew), Oct 177 S, D
Petite marmite soup, Mar 89 all
Snails, French manner, Dec 161 N, S, D
Steak au poivre (pepper steak), Oct 190 all
Tarte à l'oignon (onion pie), Jan 99 all

German, Austrian, Swiss

Bienenstich (honey bee cake), Feb 161 N, C
Cereal, Swiss style, May 162 all
Chaudeau, July 125 all
Cookies, carnival, Oct 220 all
Erdöpfel suppe (Swiss potato soup), May 201 N, C, 200 S, D
Hasenpfeffer, Apr 213 all
Kuchen, apple, Garmisch, Nov 163 N
Ochsenschwanzsuppe (oxtail soup), Jan 88 all
Senfherring, Mar 150 N
Strudel, apple, Mar 159 all
Toflenstrudel (cheese strudel), Mar 160 all
Torte, apple, German-style, Aug 100 S, D; Sept 169 N

Greek

Bourekakia (cheese-filled diamonds), July 72 all
Buffet, Aegean, July 71 all
Dolmathes, olives, eggplant, skewered, July 72 all
Garides me anginares marinata (marinated shrimp and artichokes), July 72 all
Giouvarlakia (meatball soup), Sept 147 all
Humus tahini (garbanzo sesame spread), July 72 all
Keftethakia (meatballs oregano), July 72 all
Kidonia yemista (stuffed clams), July 72 all
Soup, lemon fish Piraeus, Apr 210 all
Vasilopeta (St. Basil's bread), Jan 102 N

Hungarian

Cabbage, toasted, Nov 185 all
Spätzle with Hungarian sauce, Oct 198 all
Strudel, almond, Mar 156 all

Italian

Calzone (filled pastry), June 178 all
Fettuccine al burro (egg noodles with butter, cheese), Jan 91 all
Lasagne, chicken, with hunter's sauce, Feb 153 all
Maritata (soup), Mar 89 all
Melanzane con mozzarella (eggplant with mozzarella cheese), Sept 136 all
Pandoro di verona (Christmas bread), Dec 54 all
Pasta with peas, Aug 117 S, D; Oct 174 N, 189 C
Salsa cacciatora (hunter's sauce), Feb 153 all

***FOREIGN COOKERY** (Cont.)*

Italian (Cont.)

Salsa marinara (seaman's sauce), Feb 152 all
Sauce, tomato, for pastas, Feb 152 all
Scaloppine, red, Apr 160 all
Scaloppine, white, Apr 158 all
Stracciatella (soup), Mar 89 all
Syllabub, June 150 all

Japanese

Mizutaki (meat and vegetables in broth), May 167 all
Sashimi (raw fish), Apr 200 all

Malaysian

Chicken, Feb 156 all

Mexican

Caldo xochilt (soup), Mar 89 all
Carne seca (dried meat), Feb 137 S, D
Casuela (soup), Feb 137 S, D
Chiles rellenos, Sept 74 N, S, D, 166 C
Chimichangas (tacos), Feb 137 S, D
Enchilada casserole, Apr 176 all
Lamb, leg of, Yucatán style, Apr 174 all
Lamb chops, Chihuahua style, Apr 172 all
Machacada con huevos (beef jerky sauce with eggs), Sept 138 all
Mexican Cook Book, a *Sunset* book, June 166 all
Omelet, oven, June 163 all
Picadillo (tortilla filling), June 140 all
Pie, coconut, toasted, Nov 183 all
Punch, milk, cajeta style, Sept 140 all
Sauce, carne seca, Feb 137 S, D
Tortillas, corn, warm, June 140 all

Middle Eastern

Artichokes, savory, May 193 N, D
Beans, Italian, in a mist, May 194 N, D
Cauliflower roma, May 194 N, D
Dressing, oil-lemon, Apr 198 C
Khuroosh (lamb stew), Apr 198 C
Peas with pimiento, May 194 N, D
Prunes, glazed, Apr 198 C
Rice, Assyrian, Apr 198 C
Zucchini, Mediterranean style, May 194 N, D

Pakistani

Peas pulao, Sept 159 all

Scandinavian

Almond ring, Danish, Feb 161 N, C
Breakfast, Danish meat, Feb 132 all
Cake, sour cream apple, Swedish, Nov 163 N
Camembert, fried, on toast with jelly, Mar 197 all
Cheesecake, two-way, Danish, Mar 142 all
Coffee spiral, Danish, Nov 148 all
Coffee twists, Mar 180 all
Cookies, lace, Norwegian, Dec 150 all
Cooky rounds, almond, Dec 150 all
Copenhagen special, Feb 126 S, D
Cucumbers in dill, Dec 149 all
Danish pastry, quick, three variations, Nov 190 all
Filbert buns, Swedish, Feb 161 N, C
Frikadeller (beef entrée), Sept 140 all
Fromage, chocolate, Oct 217 all
Fromage, citrus, Oct 217 all
Fruit compote, Swedish, Dec 111 all
Herring, Danish, and caviar rolls, Mar 150 N
Julekage (Christmas bread), Dec 114 all

***FOREIGN COOKERY** (Cont.)*

Scandinavian (Cont.)

Lefse (Norwegian flat bread), Dec 153 all
Meatballs, Gig Harbor, Dec 147 all
Pork roll, spiced, May 191 N; Sept 128 S, D
Sandwich, Danish shooting star, Mar 193 N
Smörgåsbord, Western, Dec 120 all
Smørrebrød (open-faced sandwiches), Sept 128 N, C
Spritz, Swedish (cooky), Dec 150 all

Syrian

Tabouli, Aug 108 all

Tahitian

Buffet, Mar 170 all

Thai

Oranges, Siamese stuffed (galloping tigers à la Grace Kelly), Aug 92 all

Turkish

Bouyatsa (custard pastries), Mar 159 all

FRUIT
(See also Fruit, Dried)

Apples
- cake, spiced, Nov 147 all
- cake, Swedish sour cream, Nov 163 N
- cheesecake, Mar 173 all
- cider, hot buttered, Dec 141 C, 140 S, D
- coleslaw, Dec 149 all
- cookies, Oct 203 all
- Golden Delicious, and cheese, Feb 77 all
- kuchen, Garmisch, Nov 163 N
- pie, Golden Delicious, Feb 77 all
- pie, streusel, Nov 163 N
- pork chops with apple slices, Mar 174 all
- rings, glazed, with Canadian bacon, Dec 114 all
- salad, Golden Delicious apple-onion, Feb 76 all
- sauce, Golden Delicious, Feb 75 all
- sautéed Golden Delicious, Feb 75 all
- soufflé, sour cream apple, Mar 177 all
- strudel, German apple, Mar 159 all
- tart, apple-cheese, Aug 102 S, D; Sept 169 N
- tarts, apple-mincemeat, Nov 93 all
- torte, German-style, Aug 100 S, D; Sept 169 N
- with baked chicken, Oct 195 all

Apricots
- glaze, Aug 88 N, C
- sauce, with wild duck, Oct 214 all
- tart, cheese-latticed, June 77 all

Avocados
- egg and avocado on rye, Apr 169 all
- eggs, avocado-stuffed, Apr 184 all
- muffins, pastrami and avocado, Apr 169 all
- salad, avocado-pineapple, Jan 87 all
- salad, green, celery and avocado, June 135 all
- salad, persimmon, grapefruit, and avocado, Dec 117 all
- sauce, mushroom and avocado, May 185 all
- with gazpacho, May 159 all

Bananas
- bread, whole wheat banana, Apr 155 all
- chutney, banana yogurt, Jan 61 all
- hot, Jamaica, Feb 137 C
- muffins, whole wheat banana, June 142 all

***FRUIT** (Cont.)*

Berries
- blueberry-marshmallow pie, July 107 all
- cranberries
  - cranberry cup, hot buttered, Dec 141 C, 140 S, D
  - salad ring, cranberry borscht, Nov 147 all
- huckleberries
  - pie, ice cream, huckleberry swirl, Aug 113 N
  - sauce, basic, Aug 112 N
  - tarts, huckleberry cream cheese, Aug 112 N
  - torte, huckleberry-pecan crunch, Aug 112 N
- raspberries
  - and buttered macaroons, Sept 166 S, D
  - babas with whipped cream, May 185 all
  - champagne melange, June 153 N
  - ice, Sept 85 all
  - parfait, raspberry yogurt, Mar 147 all
  - with macaroon tortoni, Sept 166 S, D
- strawberries
  - champagne bowl, June 153 N
  - champagne melange, June 153 N
  - crêpes, strawberry ice cream, Apr 205 N
  - fire and ice, Sept 124 all
  - huller, Nov 164 N, 180 C; Dec 144 S, D
  - ice, Sept 85 all
  - in champagne, Mar 147 all
  - jam, sunshine, June 77 all
  - pie, French cream, June 172 C
  - pie, sparkling, May 176 all
  - salad, strawberry chicken, Mar 182 all
  - sundaes, gingered, May 182 all
  - torte, strawberry lemon cream, May 160 all
  - torte, zabaglione, May 160 all
  - whole, with sugar cones, May 186 N, C
  - with lemon cream, June 187 all

Cherries
- cake, pie cherry, Mar 141 all
- cheesecake, June 156 all
- chicken, cherry-glazed, Mar 155 N
- clafouti, June 158 all

Citrus salad, Mar 173 all

Coconut
- apricot-coconut bars, May 188 C
- coconut chicken with fresh fruit, Mar 170 all
- coconut oatmeal crinkles, Oct 203 all
- pie, toasted coconut, Nov 183 all

Figs
- ambrosia, fig-orange, Sept 120 all
- mousse, frozen, Sept 120 all
- rum-flavored, with ice cream, Sept 120 all

Fruit compote, Swedish, Dec 111 all

Fruit platter with strawberry ice cream, Aug 108 all

Grapefruit
- salad, grapefruit and crab, Jan 95 all
- salad, persimmon, grapefruit, and avocado, Dec 117 all
- with Rosé, Oct 189 N, S, D

Kiwi
- fruit medley with custard sauce, June 170 all
- salad plate, kiwi chicken, June 169 all
- sundae, gingered, June 170 all

FRUIT (Cont.)
Kumquats
compote, golden, Feb 126 C, 160 S, D
preserved, Feb 126 C, 160 S, D
salad, touch of gold, Feb 126 C, 160 S, D
sundae sauce, Oriental, Feb 126 C, 160 S, D
Lemons
bars, lemon toffee, June 165 all
cheesecake, fluffy lemon, Jan 87 all
dressing, oil-lemon, Apr 198 C
ice, Mar 147 all; Sept 85 all
lemon cream, frozen Danish, July 111 S, D
muffins, upside-down, Oct 174 S, D
tart, lemon custard cantaloupe, June 154 all
torte, Aug 94 all
torte, frozen, July 108 S, D
torte, strawberry lemon cream, May 160 all
Limes
dressing a la Melinda, June 149 all
ice, Sept 85 all
Melons
cantaloupe
pie, glazed fresh, June 154 all
pie, ice cream, June 154 all
salad, Green Goddess, cantaloupe and Dungeness crab, Aug 61 all
tart, lemon custard, June 154 all
crenshaw ice, Sept 85 all
with creamed chicken, Aug 84 all
with Traminer, Oct 189 N, S, D
Nectarines, fruit whip, tangy, Aug 85 all
Olives
skewered dolmathes, olives, eggplant, July 72 all
veal roll, olive-stuffed, Aug 87 N, C
Oranges
ambrosia, fig-orange, Sept 120 all
baba-rin, fresh orange, Feb 140 all
cookies, refrigerator, June 165 all
galloping tigers a la Grace Kelly (Siamese stuffed oranges), Aug 92 all
ice, Sept 85 all
mandarin orange cheese cream, Mar 146 all
mandarins with Sherry, Oct 189 N, S, D
pie, date-orange, Feb 123 all
salad mold, orange buffet, Dec 110 all
Papayas
fruit plate, Aug 109 all
ice, Sept 85 all
salad, Green Goddess, papaya and lobster, Aug 61 all
Peaches
and rum babas, Aug 104 all
Babcock, and cheese, July 132 C, S
Babcock, wine-poached, July 132 C, S
cake roll, peaches, Aug 104 all
fire and ice, Sept 124 all
fruit whip, tangy, Aug 85 all
jam, freezer, Aug 85 all
mocha, June 187 all
soup, peach champagne, June 152 N
with glazed corned beef, Oct 222 all
Pears
Bartletts, with meat, cheese, feature article, Aug 48 all
cinnamon pears in wine, Feb 137 C
Comice, with chocolate whipped cream, Dec 119 all
pears Rosé, glazed, Mar 147 all
with gingered cheese, Sept 131 all

FRUIT (Cont.)
Persimmons
drying, Nov 172 all
salad, persimmon, grapefruit, and avocado, Dec 117 all
Pineapple
and praline diamonds, Mar 147 all
ice, Sept 85 all
jelly, white wine, with pineapple crescents, Nov 202 all
salad, avocado-pineapple, Jan 87 all
salad, Green Goddess, pineapple and shrimp, Aug 61 all
with chicken livers, June 135 all
Plums
pie, butter sauce plum, Sept 133 all
pie, plum custard, Sept 133 all
sauce, for pork, Mar 186 all
tarts, sugar plum, Sept 134 all
Rhubarb pudding, crunch-top, May 159 all

FRUIT, DRIED
Apricots
bars, apricot-coconut, May 188 C
coffee bread, apricot-filled, Mar 169 N; Apr 156 C, S, D
Danish pastry, apricot and cheese, quick, Nov 192 all
soufflé, chilled, Mar 146 all
Dates
Danish pastry, date and pecan, quick, Nov 192 all
pie, date-orange, Feb 123 all
pinwheels, June 177 all
Fruitcakes, two recipes, Dec 144 N, C
Persimmons, drying, Nov 172 all
Prunes
Danish pastry, prune and almond, quick, Nov 190 all
glazed, Apr 198 C
with pot-roasted pork, Nov 146 all
Raisins
plum pudding, holiday, Nov 155 all

MEAT
Bacon
burgers, Oct 176 N
Canadian, and glazed apple rings, Dec 114 all
muffins, bacon corn, Oct 174 S, D
rice, liver and baconed, Oct 170 all
salad, spinach and bacon, Mar 141 all
sandwich, liverwurst and bacon, Sept 128 N, C
Beef
beef jerky sauce with eggs (machacada con huevos), Sept 138 all
beef platter, parsley sauce, Aug 87 N, C
brisket, barbecued, Sept 161 all
carne seca (dried meat), Feb 137 S, D
corned beef, glazed, with peaches, Oct 222 all
corned beef, tonight and tomorrow night, May 168 all
corned beef appetizer tray, July 106 all
corned beef hash and eggs, June 152 S, D
corned beef salads, individual, Apr 198 S, D
corned beef with Bartlett pear fans, Aug 48 all
cubes, capered, Nov 194 N
fillets in flaky pastry, June 160 N, C
goulash, gypsy (cikansky gulas), Dec 126 all
mizutaki, May 167 all

MEAT (Cont.)
Beef (Cont.)
oxtail stews, three recipes, Jan 88 all
pastrami, how to make, serve, Feb 138 all
pastrami and avocado muffins, Apr 169 all
pastrami sandwich supper party, Apr 85 all
pastrami with Bartlett pears, Aug 48 all
pie, beef-vegetable, Apr 218 all
prime ribs with Madeira sauce, Dec 117 all
rib bones, barbecued, Oct 184 all
roast, pot, Flemish, Jan 95 all
roast, with peppers, Oct 105 all
roast beef party, nothing-to-it, Apr 80 all
salad, capered, June 185 all
sandwich, roast beef and caviar, Sept 128 N, C
shanks' mayor, Mar 190 all
short ribs, spicy barbecued, May 165 all
short ribs with noodles, Mar 140 all
soup, beef and lentil, Oct 200 all
steak, barbecued, July 120 all
steak, bottom round, braised, rich brown, Nov 181 N
steak, eye of round, in caper sauce, Nov 181 N
steak, flank, braised stuffed, Feb 137 N; May 191 D
steak, flank, grilled, June 153 S, D
steak, flanked to the center, July 116 all
steak, pepper (steak au poivre), Oct 190 all
steak, rolled, Hawaiian, Aug 94 all
steak, sirloin tip, Mexican-style, Nov 181 N
steak, top round, broiled or grilled, Nov 181 N
steak Italiano, Sept 152 all
steak strips with carrots, May 158 all
steak with mustard cream, June 160 N, C
steaks, pan, lemon-caraway, Mar 173 all
stew, oven-simmered, Dec 111 all
stew, sweet and sour, Sept 116 all
two-onion (Chinese dish), June 153 C
Beef, Ground
and beans; baked, Mar 140 all
and beans, Mexican, July 111 N, C; Aug 88 S, D
and cabbage, sweet-sour, Oct 170 all
burgers, bacon, Oct 176 N
casserole, beef and cheese tortilla, Sept 116 all
casserole, enchilada, Apr 176 all
frikadeller, Sept 140 all
hamburger, burgundy-glazed, May 210 all
hamburgers, oven-baked bun, May 210 all
meat loaf, four-way, Oct 176 N
meat loaf, pizza-topped, June 134 all
meat roll, mushroom-stuffed, Oct 177 N
meatball dinner, Oriental, June 181 all
meatballs, appetizer, in spicy sauce, Jan 86 all
meatballs, appetizer, with snail butter, Dec 161 N, S, D
meatballs, Gig Harbor, Dec 147 all
meatballs and Italian beans, Oct 177 N
meatballs oregano (keftethakia), July 72 all
picadillo (tortilla filling), June 140 all
pie, beef and onion, Oct 177 N
sandwiches, baked waffle, Apr 186 all
Sloppy Joe stack, June 153 S, D
soup, Greek meatball (giouvarlakia), Sept 147 all

MEAT (Cont.)

Beef Ground (Cont.)
Spätzle with loose beef, Oct 198 all
turnovers, beef and sausage, May 158 all
with okra, Feb 134 all
Frankfurters
spaghetti stir-up, Aug 84 all
Ham
chicken-ham Marsala, Apr 196 all
crêpes, ham and mushroom, Apr 205 S, D; Oct 174 C
dinner party, walk-around, Apr 85 all
Flemish-style, Apr 154 all
prosciutto with Bartlett pears, Aug 48 all
roll capers, Nov 152 all
rolls, with asparagus, Mar 193 N
salad, molded ham and potato, Apr 184 all
sandwich, tortilla, July 135 all
steak, glazed, with buttermilk-mustard sauce, Oct 195 all
with cheese and Bartlett pears, Aug 48 all
Lamb
breast of, pecho de cordero valerio, Feb 156 all
breast, stuffed, of lamb Siegfried, Jan 100 all
casserole Luigi, Oct 186 all
cassoulet in brief, June 77 all
chops, Chihuahua style, Apr 172 all
chops, fruited, Sept 166 N
chops, orange-glazed, Sept 165 N
chops flambé, Sept 165 N
fondue party, Jan 60 all
kebabs krishna, May 185 all
leg, Port Saint Germain style, May 204 all
leg, Yucatán style, Apr 174 all
Mongolian, with spring onions, June 153 C
roast, with rosemary, Oct 105 all
shanks, smoky, Sept 162 all
shanks with caraway sauce, Oct 105 all
stew (khuroosh), Apr 198 C
stew, lamb and vegetable (Navarin à la Printanière), Oct 177 S, D
with cabbage, Chinese-style, May 189 N; June 160 S, D; Oct 176 C
Liver
and baconed rice, Oct 170 all
Copenhagen special, Feb 126 S, D
in green onion sauce, Jan 86 all
Liverwurst and bacon sandwich, Sept 128 N, C
Meat platter, cold, Aug 108 all
Pork
chops with apple slices, Mar 174 all
Copenhagen special, Feb 126 S, D
frikadeller, Sept 140 all
galloping tigers a la Grace Kelly (Siamese stuffed oranges), Aug 92 all
goulash, gypsy (cikansky gulas), Dec 126 all
kebabs with marinated vegetables, July 130 C, 131 N, S, D
loin, plum-basted, Mar 186 all
loin with chutney glaze, Feb 137 C
meatball dinner, Oriental, June 181 all
pepper pork, sweet-sour, Aug 90 all
pot-roasted, with prunes, Nov 146 all
ribs, country-style, chile-glazed, July 131 all
roast, Pinay style, Jan 101 all
roll, spiced, May 191 N; Sept 128 S, D
spareribs, Bavarian, Feb 129 all

MEAT (Cont.)

Pork (Cont.)
spareribs, Hawaiian, Feb 129 all
spareribs, spicy barbecued, July 107 all
with cabbage, Oriental, May 189 N; June 160 S, D; Oct 176 C
Rabbit
hasenpfeffer, Apr 213 all
pie, hare, deep dish, Oct 196 all
Salami with Bartlett pears, Aug 48 all
Sausage
calzone, June 178 all
cassoulet in brief, June 77 all
chorizo rice, Mar 189 all
garlic sausage sauerkraut rolls, Oct 195 all
Italian-style, grilled, and cheese, May 93 all
smoked, and beans, June 153 S, D
turnovers, beef and sausage, May 158 all
Snails
in French manner, Dec 161 N, S, D
in mushroom caps, Jan 109 C, S, D; Feb 126 N
with herb butter, Jan 109 C, S, D; Feb 126 N
Tongue
consommé, beautiful, June 146 all
roast, June 149 all
smoked, in Madeira, Mar 184 all
Veal
Florentine, May 208 all
goulash, gypsy (cikansky gulas), Dec 126 all
piccatta, Dec 119 all
roll, olive-stuffed, Aug 87 N, C
scaloppine, red, Apr 160 all
scaloppine, white, Apr 158 all
stew with green pepper strips, May 178 all
stew with roasted potatoes, May 178 all
strips with mushrooms, Nov 194 N
veal rolls in Madeira, Feb 146 all
veal zucchini, Dec 122 all
Venison
butchering, choices of cuts, Oct 233 all
stew, Nov 166 all

MENUS

Breakfasts

Meat, Danish, Feb 132 all
Muffin, hot, June 142 all
Snow country, Jan 93 all
Weekend, Mar 173 all
Weekend guest, Nov 152 all

Brunches

Buffet, serve-anywhere, Nov 152 all
Guadalajara, Sept 138 all
Ham steak, hearty, Oct 195 all
Holiday, Dec 114 all
House guest, July 122 all
Summer Sunday, Aug 109 all
Sunday patio, May 182 all

Buffets

Aegean, July 71 all
Brunch, serve-anywhere, Nov 152 all
Smörgåsbord, Western, Dec 120 all
Tahitian, Mar 170 all

Dinners

Barbecue, company, May 182 all
Chicken, autumn, Oct 193 all

MENUS (Cont.)

Dinners (Cont.)

Chicken, Egyptian, Feb 132 all
Christmas, Dec 117 all
Cook-ahead, Jan 95 all
Duck, Peking, Western-style, Mar 164 all
Elegant, June 142 all
Family pork chop, Mar 174 all
Family steak, Mar 173 all
Fish, company, Nov 150 all
Make-ahead, Roman fashion, Sept 136 all
Oven, for four, Apr 184 all
Thanksgiving, nothing-to-it, Nov 90 all

Lunches

Basket, May 181 all
Quick, Apr 186 all
Salad, crab, Jan 95 all
Sandwich, German-style, Oct 195 all
Spring, Apr 184 all

Parties

Fondue, lamb, Jan 60 all
Nothing-to-it party, four menus, Apr 80 all
Tea, for mothers, May 186 N, C

Picnics

Antipasto, Aug 109 all
Family, Apr 182 all
Kettle, shellfish, June 82 all
Knapsack lunches, Feb 79 all
Lunch in a basket, May 181 all
Snow, two-family, Feb 79 all
Taco, June 140 all

Suppers

Barbecue, steak, for six, July 120 all
Family, Danish, Sept 140 all
Fireside, for two, Dec 119 all
Quick, Apr 186 all
Salad, company, Aug 107 all
Salad, summer, July 122 all
Spring, Apr 184 all
Summer, June 142 all

MISCELLANEOUS

Camp cooking, plain and fancy, June 152 S, D
Citrus peeler, Nov 164 N, 180 C; Dec 144 S, D
Containers, airtight, for crisp relishes, Nov 209 all
Cooking afloat, July 108 N, C; Aug 86 S, D
Glasses, name tags for, Apr 160 all
Glassware, chemical, Dec 62 all
Hot pot cookery, Oct 102 all
Kitchen utensils, wooden, Dec 142 all
Marrow spoon, Nov 164 N, 180 C; Dec 144 S, D
Measuring, helpful ideas, Oct 172 all
Napkin fold, simple, Sept 166 N
Napkins folded to hold flatware, Feb 158 all
Roasting rack, V-shaped, Nov 209 all
Scales, Dec 141 N, 78 S, D
Strawberry huller, Nov 164 N, 180 C; Dec 144 S, D
Universal key, Nov 164 N, 180 C; Dec 144 S, D

NUTS

Almonds
almond chicken with rice, Nov 176 all
and cashews, candied, Dec 158 all
cake, pound, May 206 N, C; June 172 S, D
cake, sponge, July 132 N, D

NUTS (Cont.)
Almonds (Cont.)
cooky rounds, Dec 150 all
crescents, sweet-nut, Nov 152 all
Danish pastry, prune and almond, quick, Nov 190 all
mayonnaise, Aug 87 N, C
pineapple and praline diamonds, Mar 147 all
strudel, Hungarian almond, Mar 156 all
Brazil nuts
rice, Brazilian, Aug 98 all
sundaes, hot, Jan 95 all
Cashews
and almonds, candied, Dec 158 all
nutty mushroom medley, Sept 159 all
Coconut, see listing under Fruit
Filbert cake, toasted, and chocolate cream, Feb 124 all
Macadamia tortoni, June 144 all
Nut crumb coffee cake, Nov 146 all
Nut crunch torte, June 135 all
Peanuts
pie, peanut cream, Nov 198 all
pilaf, Aug 99 N, C, 98 S, D
Pecans
and walnuts, sugared, Dec 158 all
cake, devil's food pecan, spicy, May 206 N, C; June 172 S, D
Danish pastry, date and pecan, quick, Nov 192 all
torte, huckleberry-pecan crunch, Aug 112 N
torte, pecan zwieback, Feb 125 all
Pine nuts
casserole, barley and pine nut, June 134 all
torta, almond and pine nut, Feb 125 all
with wild rice, Nov 169 all
Pistachio mayonnaise, Aug 87 N, C
Walnuts and pecans, sugared, Dec 158 all

POULTRY
Chicken
almond chicken with rice, Nov 176 all
and artichokes, Mar 155 N
and vegetables, Oct 206 all
baked, honey-glazed, Dec 111 all
baked, with apple, Oct 195 all
Basque, Aug 117 N, C; Nov 194 S, D
breasts, baked, with sour cream, Apr 186 all
breasts skordalia, Aug 87 N, C
broth, sherried, Nov 92 all
casserole, paella, Western, Dec 112 all
cherry-glazed, Mar 155 N
chicken-ham Marsala, Apr 196 all
Chicken Jerusalem, Feb 145 all
chicken laurel, Apr 192 all
coconut chicken with fresh fruit, Mar 170 all
creamed, with melon, Aug 84 all
French, in cream, Mar 155 N
in a pot, Oct 103 all
in blue cheese sauce, May 158 all
lasagne, chicken, with hunter's sauce, Feb 153 all
livers alla romana, May 172 all
livers with pineapple, June 135 all
Malaysian, Feb 156 all
mizutaki, May 167 all
oven-fried, spicy, Oct 207 all
pâté, mushroom and liver, Sept 119 all
pâté-stuffed, Sept 119 all
roast, Golden Gate, Feb 148 all
roast, orange-glazed, Feb 137 C

POULTRY (Cont.)
Chicken (Cont.)
salad, asparagus chicken, Mar 182 all
salad, sailor, July 111 N, C; Aug 88 S, D
salad, strawberry chicken, Mar 182 all
salad, summer squash, chicken-stuffed, July 122 all
salad plate, kiwi chicken, June 169 all
saltimbocca, Sept 118 all
sandwich, tortilla, July 135 all
sauté, Oct 206 all
schnitzel, Oct 212 all
soup, chicken noodle, Feb 134 all
sweet-sour, barbecued, May 165 all
Tijuana, with brassy rice, May 170 all
tomato glazed, Feb 134 all
walnut, Dec 124 all
with mushrooms, Sept 119 all
with Serbian sauce, Oct 207 all
with soy-ginger glaze, Feb 122 all
Duck
and kraut Borrill, Nov 169 all
cassoulet, Western, Dec 135 all
Peking, Western-style, Mar 164 all
wild, with apricot sauce, Oct 214 all
Pheasant
curried, Nov 164 S, D
in sour cream sauce, Nov 163 S, D
in wine, Nov 169 all
roast, whole, Nov 163 S, D
Pigeon, band-tailed, with wine sauce, Oct 180 all
Turkey
casserole, sliced turkey and gravy, Dec 161 C
dinner, nothing-to-it, Apr 85 all
Divan, Dec 161 C
simmering, Dec 161 C
soup, turkey vegetable, Dec 161 C
Thanksgiving, new method, Nov 92 all

PRESERVING

Conserves, Jams, Jellies, Preserves, Butters
Champagne jelly, Nov 204 all
Peach jam, freezer, Aug 85 all
Port jelly, two-toned, Nov 202 all
Rose geranium jelly, Sept 164 S, D
Sangría jelly, Nov 202 all
Strawberry jam, sunshine, June 77 all
Wine, white, jelly with pineapple crescents, Nov 202 all
Wine jelly, Nov 200 all

Freezing
Chiles, fresh, Sept 74 N, S, D
Ices, fruit, Sept 84 all
Peach jam, Aug 85 all

Relishes
Chutney, banana yogurt, Jan 61 all
Chutney, mustard dill, Jan 61 all
Chutney, sour cream mint, Jan 61 all
Chutney, tomato lemon, Jan 61 all
Chutney, zucchini yogurt, Jan 61 all

SALAD DRESSINGS
Anchovy and garlic, Sept 138 all
Curry, for green salad, Mar 173 all
Green Goddess, Apr 83 all; Aug 60 all
Lime, a la Melinda, June 149 all
Oil-lemon, Apr 198 C

SALADS
Apple-onion, Golden Delicious, Feb 76 all
Asparagus chicken, Mar 182 all
Asparagus plate with mustard-caper dressing, Mar 193 N
Avocado-pineapple, Jan 87 all
Avocado with gazpacho, May 159 all
Beef, capered, June 185 all
Cabbage with mustard dressing, Apr 198 S, D
Chicken, sailor, July 111 N, C; Aug 88 S, D
Citrus, Mar 173 all
Coleslaw, apple, Dec 149 all
Corned beef, individual, Apr 198 S, D
Crab, piquant, Apr 198 S, D
Cranberry borscht ring, Nov 147 all
Cucumber, diced, July 107 all
Cucumbers in dill, Dec 149 all
Dill pickle cabbage, Mar 199 all
Eggplant with peppers, Aug 85 all
Giovanni's, Mar 189 all
Goddess, cantaloupe and Dungeness crab, Aug 61 all
Goddess, papaya and lobster, Aug 61 all
Goddess, pineapple and shrimp, Aug 61 all
Grapefruit and crab, Jan 95 all
Green, celery and avocado, June 135 all
Green, curry-dressed, Mar 173 all
Green, mixed, Italian-style, Oct 171 all
Greens, three, with cheeses, Mar 154 S, D
Ham and potato, molded, Apr 184 all
Kiwi chicken salad plate, June 169 all
Lettuce, butter, May 185 all
Mushroom and watercress, Jan 95 all
Orange buffet mold, Dec 110 all
Oyster, smoked, Dec 119 all
Papaya fruit plate, Aug 109 all
Persimmon, grapefruit, and avocado, Dec 117 all
Potato, Flemish, Aug 96 all
Potato, sliced, and herring, Aug 96 all
Shallot and greens, with cheeses, Mar 154 S, D
Slaw, bacon-curry, Mar 199 all
Slaw, sweet-sour, Mar 199 all
Spinach and bacon, Mar 141 all
Squash, summer, chicken-stuffed, July 122 all
Strawberry chicken, Mar 182 all
Tabouli, Aug 108 all
Tomato, sliced, Sept 117 all
Tomato and sweet onion platter, July 122 all
Touch of gold, Feb 126 C, 160 S, D

SANDWICHES
Beef, roast, and caviar, Sept 128 N, C
Cheese, Havarti, Sept 128 N, C
Cheese and meat, loaf, May 182 all
Coates's Dandies, cheese and onion, Sept 154 all
Cream cheese with asparagus, Sept 128 N, C
Egg and avocado on rye, Apr 169 all
Green chile cheese, July 113 all
Hamburger, burgundy-glazed, May 210 all
Hamburgers, over-baked bun, May 210 all
Herring, kippered, four different, Mar 149 C, S, D
Herring, open-faced supper, Mar 150 N
Herring, pickled, and egg yolk, Sept 128 N, C
Liverwurst and bacon, Sept 128 N, C
Pastrami, Feb 139 all
Pastrami and avocado muffins, Apr 169 all
Ramekins, Swiss custard, Sept 144 all

***SANDWICHES** (Cont.)*

Salmon, smoked, and cucumber, Sept 128 N, C
Salmon onion buns, Aug 114 all
Sausage, garlic, sauerkraut rolls, Oct 195 all
Shooting star, Danish, Mar 193 N
Spread, cheese, green herb, Sept 131 all
Spread, cheese, radish-shallot, Sept 131 all
Spread, cheese, toasted onion, Sept 131 all
Spread, corned beef, July 106 all
Taco picnic, June 140 all
Tortilla, July 135 all
Tuna rolls, capered, Aug 114 all
Waffle, baked, Apr 186 all

SAUCES AND SYRUPS

Apricot glaze, Aug 88 N, C
Béarnaise cream, June 160 N, C
Carne seca, Feb 137 S, D
Custard, Aug 88 N, C
Hollandaise, whole egg, May 196 C, S
Huckleberry, basic, Aug 112 N
Hunter's (salsa cacciatora), Feb 153 all
Lemon whipped cream, Apr 156 N; May 186 S, D
Macaroon cream, Apr 156 N; May 186 S, D
Maple syrup, Jan 93 all
Mayonnaise, almond, Aug 87 N, C
Mayonnaise, green, May 191 N; Sept 128 S, D
Mayonnaise, pistachio, Aug 87 N, C
Mushroom, May 194 C, S
Mushroom, for fish, Nov 152 all
Mushroom and avocado, May 185 all
Mushroom steak, Ken's, Apr 194 all
Parsley, Aug 87 N, C
Plum, for pork, Mar 186 all
Seaman's (salsa marinara), Feb 152 all
Sour cream mayonnaise, Jan 95 all
Sour cream or yogurt for eggplant, Oct 228 all
Spaghetti Beauregard, July 116 all
Sundae, Oriental, Feb 126 C, 160 S, D
Tomato, for pastas, Feb 152 all

SOUPS

Abalone cream, May 196 C, S
Bean, baby lima, Oct 200 all
Beef and lentil, Oct 200 all
Bisque, cucumber, chilled, Aug 113 C, S, D
Bouillabaise Antibes, Apr 208 all
Broth, chicken, sherried, Nov 92 all
Broth, vegetable, quick, July 108 N, C; Aug 86 S, D
Caldo xochilt, Mar 89 all
Casuela, Feb 137 S, D
Chicken, pungent, May 107 all
Chicken noodle, Feb 134 all
Chowder, clam, Beauregard, Mar 189 all
Clam, creamy, Nov 92 all
Consommé, beautiful, June 146 all
Consommé, vintners', Jan 95 all
Cress, cream of, Aug 113 C, S, D
Fish stockpot, Nov 150 all
Greens, spring, Apr 179 all
Leek potage, Oct 218 all
Lemon fish, Piraeus, Apr 210 all
Lettuce and egg, Oct 171 all
Maritata, Mar 89 all
Meatball, Greek (giouvarlakia), Sept 147 all
Minestrone, tonight and tommorrow night, May 168 all
Mushroom, mandarin, Nov 188 all

***SOUPS** (Cont.)*

Mushroom, Nancy, curried fresh, Aug 92 all
Onion, soup à l'oignon Stephens, Sept 154 all
Pea, green, curried, quick, July 108 N, C; Aug 86 S, D
Petite marmite, Mar 89 all
Potato, Swiss (erdöpfel suppe), May 201 N, C, 200 S, D
Seafood potpourri, Nov 147 all
Sherry tomato, quick, July 108 N, C; Aug 86 S, D
Stew, oxtail, three recipes, Jan 88 all
Stew, venison, Nov 166 all
Stock, brown, Mar 88 all
Stracciatella, Mar 89 all
Turkey vegetable, Dec 161 C

VEGETABLES

Artichokes
  and chicken, Mar 155 N
  and shrimp, marinated, July 72 all
  savory, May 193 N, D
Asparagus
  and eggs, Amandine, Mar 141 all
  platter, egg, asparagus, and salmon, May 182 all
  salad, asparagus chicken, Mar 182 all
  salad plate, with mustard-caper dressing, Mar 193 N
  sandwich, cream cheese and asparagus, Sept 128 N, C
  sandwich, Danish shooting star, Mar 193 N
  with ham rolls, Mar 193 N
Beans
  and beef, Mexican, July 111 N, C; Aug 88 S, D
  and smoked sausage, June 153 S, D
  baked, with beef, Mar 140 all
  cassoulets, two recipes, Dec 135 all
  Chinese long, in browned butter, May 108 all
  garbanzo sesame spread (humus tahini), July 72 all
  green, in Swiss cheese sauce, Apr 155 all
  green, marinated, Sept 142 all
  Italian, in a mist, May 194 N, D
  Italian, with meatballs, Oct 177 N
  lima, baby, soup, Oct 200 all
  picnic, Apr 184 all
  Tenaya, June 153 S, D
Beets
  salad ring, cranberry borscht, Nov 147 all
Broccoli
  Chinese, ginger garlic, May 108 all
  with cheese topping, Jan 87 all
Cabbage
  and beef, sweet-sour, Oct 170 all
  coleslaw, apple, Dec 149 all
  creamy, with peas, Sept 159 all
  kraut and duck Borrill, Nov 169 all
  salad, dill pickle cabbage, Mar 199 all
  salad, with mustard dressing, Apr 198 S, D
  sauerkraut, garlic sausage rolls, Oct 195 all
  slaw, bacon-curry, Mar 199 all
  slaw, sweet-sour, Mar 199 all
  toasted, Hungarian style, Nov 185 all
  toasted, pancakes, Nov 185 all
  with lamb, Chinese-style, May 189 N; June 160 S, D; Oct 176 C
  with pork, Oriental, May 189 N; June 160 S, D; Oct 176 C

***VEGETABLES** (Cont.)*

Carrots with steak strips, May 158 all
Cauliflower
  à la polonaise, Sept 158 all
  Roma, May 194 N, D
Celery, avocado green salad, June 135 all
Chicory
  soup, spring greens, Apr 179 all
Corn, Beale's special, Sept 154 all
Cucumbers
  bisque, chilled, Aug 113 C, S, D
  in dill, Dec 149 all
  salad, diced, July 107 all
  sandwich, smoked salmon, Sept 128 N, C
Daikon tomato appetizers, May 108 all
Eggplant
  broiled or barbecued, Oct 230 all
  fried, sauces for, Oct 228 all
  moussakas, individual, Nov 164 C
  oven-fried, Oct 228 all
  pan-fried, Oct 228 all
  sauté, three recipes, Oct 226 all
  skewered dolmathes, olives, July 72 all
  with mozzarella cheese, Sept 136 all
  with peppers, Aug 85 all
Hominy, Oriental, Nov 170 all
Jerusalem artichokes
  butter-steamed, Feb 145 all
  chicken Jerusalem, Feb 145 all
  scalloped, Feb 145 all
Leeks
  potage, Oct 218 all
  quiche, leek and mushroom, Jan 104 all
Lentil and beef soup, Oct 200 all
Lettuce
  salad, butter lettuce, May 185 all
  salad, Italian-style, Oct 171 all
  soup, lettuce and egg, Oct 171 all
Mushrooms
  abalone with mushroom sauce, May 194 C, S
  appetizer pancakes, Feb 150 all
  au gratin, June 134 all
  caps, snails in, Jan 109 C, S, D; Feb 126 N
  caps, with snail butter, Dec 161 N, S, D
  crêpes, ham, Apr 205 S, D; Oct 174 C
  meat roll, mushroom-stuffed, Oct 177 N
  much-more-than, Apr 196 all
  Mushrooms Modesto, Apr 194 all
  nutty, medley, Sept 159 all
  pâté, mushroom and liver, Sept 119 all
  quiche, leek and mushroom, Jan 104 all
  salad, mushroom and watercress, Jan 95 all
  sauce, for fish, Nov 152 all
  sauce, mushroom, avocado, May 185 all
  sauce, steak, Ken's, Apr 194 all
  soup, mandarin, Nov 188 all
  soup Nancy, curried fresh, Aug 92 all
  with chicken, Sept 119 all
  with veal strips, Nov 194 N
Mustard greens
  soup, pungent chicken, May 107 all
  soup, spring greens, Apr 179 all
Okra, Chinese, golden crusty, May 107 all
Okra with beef, Feb 134 all
Onions
  beef, two-onion, June 153 C
  buns, salmon onion, Aug 114 all
  eggs with onions, peppers, June 142 all
  liver in green onion sauce, Jan 86 all
  pie, beef and onion, Oct 177 N
  salad, Golden Delicious apple-onion, Feb 76 all

VEGETABLES (Cont.)
Onions (Cont.)
soupe à l'oignon, Strasbourg, Sept 154 all
spread, toasted onion cheese, Sept 131 all
spring, with Mongolian lamb, June 153 C
sweet, and tomato platter, July 122 all
sweet, plus, May 159 all
tarte à l'oignon, Jan 99 all
with gingered oysters, June 153 C
Parsley sauce, Aug 87 N, C
Peas
pea pods piper, Apr 190 all
pulao, Sept 159 all
snow peas, with celery, May 108 all
soup, curried green pea, quick, July 108 N, C
with creamy cabbage, Sept 159 all
with pasta, Aug 117 S, D; Oct 174 N, 189 C
with pimiento, May 194 N, D
Peppers
chiles rellenos, Sept 74 N, S, D, 166 C
chiles rellenos puff, Apr 154 all
eggs with onions, peppers, June 142 all
green chile cheese, July 113 all
jalapeño butter, July 113 all
quiche, pepper ring, Jan 104 all
with eggplant, Aug 85 all
with roast beef, Oct 105 all
Potatoes
nests, Nov 194 N
puff balls, Nov 180 S, D
salad, Flemish, Aug 96 all
salad, molded ham and potato, Apr 184 all
salad, sliced potato, herring, Aug 96 all

VEGETABLES (Cont.)
Potatoes (Cont.)
soup, Swiss (erdöpfel suppe), May 201 N, C, 200 S, D
Radishes
sandwich, Havarti cheese and radishes, Sept 128 N, C
spread, shallot cheese, Sept 131 all
Shallots
and greens salad, Mar 154 S, D
radish cheese spread, Sept 131 all
Spinach
appetizer pancakes, Gruyère and spinach filling, Feb 150 all
cream and cheese, May 202 all
fillet of sole Florentine, June 144 all
ranch house, hearty, May 202 all
rice, green, Aug 98 all
roll, stuffed, Mar 193 C, S, D; Apr 170 N
roulade, soufflé, spinach and cheese filling, Nov 158 all
salad, spinach and bacon, Mar 141 all
skillet, quick, May 202 all
soup, spring greens, Apr 179 all
tart, spinach shrimp, Apr 163 all
Veal Florentine, May 208 all
Squash
pumpkin cheese pie, Oct 171 all
pumpkin sundae pie, Nov 198 all
pumpkin tarts, Nov 93 all
summer, gratinée, Sept 158 all
summer, salad, chicken-stuffed, July 122 all
zucchini, almond-topped, July 106 all
zucchini, garlic buttered, Dec 161 N, S, D
zucchini, Mediterranean, May 194 N, D

VEGETABLES (Cont.)
Squash (Cont.)
zucchini, veal, Dec 122 all
zucchini-rice casserole, Feb 123 all
zucchini yogurt chutney, Jan 61 all
Tomatoes
and sweet onion platter, July 122 all
appetizers, daikon tomato, May 108 all
chutney, tomato lemon, Jan 61 all
curry-glazed, with rice, Sept 158 all
juice, clam-and-tomato, hot, Aug 108 all
pilaf-stuffed, Sept 156 all
salad, sliced tomato, Sept 117 all
sauces, Italian, three recipes, Feb 152 all
soup, Sherry tomato, quick, July 108 N, C; Aug 86 S, D
with eggplant sauté, Oct 226 all
Watercress
cream of cress soup, Aug 113 C, S, D
salad, mushroom, watercress, Jan 95 all
soup, spring greens, Apr 179 all

YOUNG PEOPLE'S COOKING
Cakes, chocolate ribbon, May 187 N, C
Candy house, Dec 78 C
Cassoulet in brief, June 77 all
Chocolate sprinkle rounds, May 186 N, C
Cinnamon crisps, May 186 N, C
Coffee spiral, Danish, Nov 148 all
Ice cream fizz, rich, July 126 all
Jam, strawberry, sunshine, June 77 all
Measuring, helpful ideas, tools, Oct 172 all
Snow cones, Feb 79 all
Strawberries, May 186 N, C
Tart, apricot, cheese-latticed, June 77 all
Tea party for mothers, May 186 N, C

GARDENING AND LANDSCAPING

ANNUALS
Aster, China *(Callistephus chinensis)*, May 254 C, 264 S, D
Baby's breath *(Gypsophila)*, June 191 N
Bloom, summer-fall, June 189 C
Border, filling in with annuals, Aug 119 C
Busy Lizzie *(Impatiens walleriana)*, Apr 223 N
Calceolaria, May 216 N
Calendulas, Sept 190 C, S, D
Candytuft, hyacinth-flowered, Oct 235 D
Cornflower 'Snowball' *(Centaurea cyanus)*, Mar 90 all
Daisy, African *(Dimorphotheca sinuata)*, Nov 100 S, D
Daisy, gloriosa, in containers, Apr 223 S
Flowers right away, Mar 201 S
Marigold, signet *(Tagetes tenuifolia)*, Mar 203 C
Marigolds, Apr 225 D
Marigolds, Nugget Series, May 216 S
Nasturtiums, Mar 201 C
Nasturtiums in pots, Apr 223 N
1969 All-American Selections, Mar 90 all
Pansies, planting, Mar 203 S
Pansies, planting single color, Nov 214 S
Periwinkle, Madagascar *(Catharanthus roseus)*, Mar 202 D
Periwinkle, Madagascar dwarf *(Catharanthus roseus)* 'Polka Dot,' Mar 90 all
Petunias, fall planting, Nov 214 S
Phlox, dwarf, Oct 235 D

ANNUALS (Cont.)
Plant combinations, Oct 235 D
Planting, fall, Sept 171 D
Planting, fall, *Sunset* readers' report on favorites, Sept 174 C, S, D
Planting, June, June 190 N
Portulaca, Mar 201 D; May 263 N, 215 C
Rain, plants which withstand, Sept 172 S
Seed for fall open-ground sowing, Nov 230 all
Snapdragons, rust on, Oct 235 S
Snow-on-the-mountain *(Euphorbia marginata)*, Mar 243 N
Starting from seed, Apr 223 C
Sunflower seeds, June 197 all
Sunflowers, May 215 S
Sweet peas, fall planting, Sept 192 N, C, 194 S, D
Sweet peas, planting, Mar 202 N
Winter, preparing soil for, Sept 171 C
Zinnias, June 189 C
Zinnias, 1969 All-America Selections, Mar 90 all

ARRANGEMENTS
Centerpiece, holly and ivy, Dec 164 C
Cut flowers, making last, July 138 C; Aug 120 N
Dried material, gathering, June 189 C
Flower heads using dried materials, Apr 114 N, C, 137 S, D
Green flowers, Mar 218 all

BOOK REVIEWS
Chrysanthemums, Hardy, for Idaho, Apr 225 N
Ficus: The Exotic Species, Aug 119 C
Flowering Plants for Year-Round Color in Southern California, Apr 224 S
Garden and Patio Building Book, a *Sunset* book, Apr 116 all
Landscape Guide for Homeowners, Practical, Dec 163 S
Native Shrubs of the San Francisco Bay Region, Feb 167 C
Pesticide Information and Safety Manual, The, June 189 C
Pruning Landscape Trees, Oct 236 C
Rhododendrons and Azaleas, Dec 176 all
Roses, 1969 Handbook for Selecting, Mar 201 N
Spray Schedule for Home Orchards, Jan 112 N
Tree Finder, A California, May 217 C
Trees, Staking Landscape, Nov 212 S, D
Trees of Central California, Introduced, July 137 C
Vascular Plants of the Pacific Northwest, Sept 171 N

BULBS AND BULBLIKE PLANTS
Agapanthus, June 189 C
Agapanthus 'Queen Anne,' Aug 123 S, D
Anemone, Japanese *(A. hupehensis japonica)*, Nov 100 N, C

BULBS (Cont.)

Angel's tears *(Narcissus triandrus)*, Oct 237 C
At nurseries in late August, Aug 119 C
Begonias, tuberous, Apr 228 C, S
Begonias, tuberous, warnings, June 189 C
Begonias, tuberous, winterizing, Oct 237 N
Bloom, narrow flower bed, Oct 264 N, C
Buttercup, Bermuda *(Oxalis pes-caprae)*, Feb 168 C
Chionodoxa sardensis, Mar 226 N
Colchicum, Aug 120 N
Crocus chrysanthus 'Blue Pearl,' Mar 227 N
Cutting back after bloom, Apr 223 C
Cyclamen *(C. persicum)*, for winter color, Oct 268 D
Daffodils, previewing varieties, Mar 201 N
Daylilies *(Hemerocallis)*, Nov 100 N, C
Daylilies, planting, Sept 171 N
Freesias, Oct 235 C
Gladiolus, fall bloom, Apr 225 D
Gladiolus, 1969 All-America, Jan 111 D
Gladiolus, pest control, May 216 N
Gladiolus, planting, July 137 N
Gladiolus, storing, Sept 173 N
Hyacinth *(Galtonia candicans)*, Apr 225 N
In containers for indoor bloom, Oct 260 all
In containers for quick color, Nov 212 C
Iris, bearded, dividing, Aug 120 C
Iris, Japanese *(I. kaempferi)*, Mar 241 S, D; Nov 239 C
Iris reticulata, Oct 273 N
Lilies, growing, Nov 224 all
Lily, fortnight *(Moraea iridioides)*, Apr 225 S
Lily, Kaffir *(Clivia miniata)*, Apr 223 D
Lily, spear *(Doryanthes palmeri)*, May 217 C
Lily-of-the-Nile *(Agapanthus africanus)*, Nov 100 N, C
Naturalize, how to, Oct 242 all
Ornithogalum arabicum, Sept 172 C
Planting hints, Sept 171 C
Planting ideas, spring bulbs, Oct 236 C
Planting in June, June 190 N
Planting spring bulbs, Sept 178 N
Ranunculus, Nov 211 C, S, D
Scilla tubergeniana, Mar 226 N
Star of Persia *(Allium albopilosum)*, July 137 N
Storage, old refrigerator, Oct 235 N
Tigridias, Feb 173 C, S, D
Tulips, December planting, Dec 163 S
Tulips, species, Oct 252 all

CONTAINER GARDENING

Asparagus, fern *(A. sprengeri)*, May 215 D
Azaleas, hanging, Mar 208 S
Bonsai, the art of, Nov 236 all
Bonsai, instant, Nov 216 all
Bonsai pot, gift idea, Dec 180 all
Buckeye, California *(Aesculus californica)*, as bonsai, Dec 195 C
Bulbs, for indoor bloom, Oct 260 all
Bulbs, for quick color, Nov 212 C
Chrysanthemum tree, Mar 202 S
Chrysanthemums for quick color, Dec 164 D
Citrus, Nov 211 C
Color, portable, Apr 223 C
Color, summer-to-fall, May 215 D
Containers, Mexican clay, Aug 119 S
Containers, preparing, Apr 225 N
Daisy, gloriosa, Apr 223 S
Euonymus, evergreen *(E. japonica)*, May 252 D

CONTAINER GARDENING (Cont.)

Exhibiting, stage for, Apr 104 all
Gift plants, care, Jan 111 D
Hanging baskets, plants for, June 194 all
Hanging baskets for coast, Feb 167 S
Hanging baskets, quick color, July 138 N
Hanging baskets, 17 plants for, May 94 all
Hanging plant in high window, June 190 S
Hanging plants, all-green, June 208 S, D
Harry Lauder's walking stick *(Corylus avellana* 'Contorta'), Feb 178 N
Herbs, six, in half strawberry jar, Oct 236 S
Hot weather care, June 189 D
Hydrangea macrophylla, Feb 167 N
Nasturtiums, Apr 223 N
Palm, lady *(Rhapis excelsa)*, May 253 D
Palm, sago *(Cycas revoluta)*, May 253 D
Pine, longleaf *(Pinus palustris)*, May 253 D
Planters, pedestals, flue tile, Sept 190 N; Oct 258 S, D
Plectranthus australis, Apr 256 S
Plumeria rubra, May 217 S
Podocarpus, Nov 211 C
Podocarpus nagi, Nov 233 C, S, D
Pomegranate, Nov 211 C
Roses, Jan 127 C, S, D
Shadow box for fence, wall, Apr 279 N
Spruce seedlings, freezing in Alaska, Nov 211 N
Trees, shrubs, small flowering, Feb 174 all

ESPALIERING

Pyracanthas, Nov 240 N
Ready-made, Oct 237 S

FERNS

Sword *(Polystichum)*, cuttings, Sept 172 N

FRUITS

Apples, dwarf, Feb 194 N
Birds, net to protect fruit, June 189 N
Blueberries, summer care, July 137 N
Cherry, ground *(Physalis pruinosa)*, May 226 all
Citrus, aphids on, Feb 167 S
Citrus, fall pests, Sept 171 S, 172 D
Citrus, growing in tub, Nov 211 C
Citrus, summer care, July 150 C, S, D
Combination fruit trees, Dec 189 N
Crabapple, Japanese *(Malus floribunda)*, Mar 203 C
Fig 'Brown Turkey', Aug 134 D
Filbert, European *(Corylus avellana)*, Jan 111 N
Grape arbors, Feb 198 N
Grapes, protecting, Aug 120 D
Lingonberry *(Vaccinium vitis-idaea)*, Nov 211 N
Nectarines, dwarf, Feb 194 C, 192 S, D
Olives, preventing fruit crop, May 215 S, 217 D
Olives, shaping, Nov 214 D
Orange 'Chinotto,' Aug 134 D
Peaches, dwarf, Feb 194 C, 192 S, D
Persimmons, fruit drop, July 137 C
Pomegranate, growing in tub, Nov 211 C
Pomegranate 'Wonderful,' June 189 D; Aug 134 D
Raspberries, red, Feb 201 N
Spray Schedule for Home Orchards, pamphlet review, Jan 112 N
Strawberries, raised bed for, Feb 167 C
Strawberries, speeding growth, Feb 168 S
Strawberries as landscape plant, Mar 214 C; May 248 S, D

GARDEN STRUCTURES, GREENHOUSES, PLANT SHELTERS

Bench, rhododendrons, Nov 255 N, S, D
Garden and Patio Building Book, a *Sunset* book, Apr 116 all
Greenhouse, portable patio, June 189 N
Greenhouse remodel, Apr 234 all
Home nursery, Mar 222 N
Raised beds, retaining walls, Oct 238 N, C, D
Storage shed, Sept 103 all
Work center, June 222 C, S, D
Work center, Strybing Arboretum - *Sunset Magazine* Demonstration Home Gardens, San Francisco, Nov 94 all

GARDEN TECHNIQUES AND MAINTENANCE

Bare-root, balled and burlapped plants, care until planting, Nov 211 C
Bonsai, the art of, Nov 236 all
Bulb storage, old refrigerator, Oct 235 N
Bulbs, cutting back after bloom, Apr 223 C
Caliche, how to deal with, Oct 236 D
Chores, end of summer, Alaska, Oct 237 N
Clean look for garden, July 137 D
Cleaning, grooming house plants, Dec 164 N
Composting, Oct 235 N
Containers, preparing, Apr 225 N
Crust on soil, preventing, July 137 N
Cuttings, tent for rooting, May 215 C
Desert gardening, summer, Aug 119 D
Desert gardening chores, Sept 172 D
Disbudding camellias, Feb 167 N
Dormant spraying, Nov 211 C
Drainage, check during rainfall, Feb 167 C
Fertilizers, liquid, hose proportioner, Aug 120 C
Fertilizing camellias, Apr 224 C
Fertilizing trees, June 189 S
Flowers, faded, picking off, July 137 C
Frost, readying in Alaska, Sept 171 N
Frost damage, Jan 111 D; Mar 241 N, 201 S
Frost protection, flowering shrubs, Mar 203 N
Frost protection, tender plants, Dec 163 S, D
Gardening chores, early morning, Aug 119 N
Grafting, easy method, Jan 114 all
Greenhouse, poor man's, Sept 172 C
Greenhouse gardening in Alaska, Apr 224 N
Ground covers, cutting back, May 216 D
Hydro-mulching slopes, Oct 238 S
June gardening, No. Calif., June 190 C
Lawn mowing, Apr 223 C
Lawn planting preparation, Mar 202 D
Lawn renovating, Mar 201 N
Lawn reseeding, Sept 172 D
Maintenance, easier, planting for, Apr 223 N
May gardening chores, Alaska, May 217 N
Mulch, pine needle, Oct 237 C
Mulch, plastic, June 190 N
Mulching, May 215 C; Aug 119 N
Neglected plants, first aid for, Sept 171 D
Peat pots, planting tips, June 189 D
Pesticide use, pollution problems, Apr 225 C
Pinching plants back, Apr 224 C; May 216 D
Plant labels, Apr 224 N
Planting, fall, Sept 173 N, 171 S
Planting, winter bloom, Oct 106 C, S, D
Planting, hot weather, July 138 D
Planting, transplanting broad-leafed evergreens, Sept 172 N
Planting, after frost, Jan 111 S
Planting a slope, Oct 235 S

***GARDEN TECHNIQUES, MAINTENANCE** (Cont.)*

Planting preparation, Nov 211 D
Planting, ground cover, Sept 172 C
Planting spring bulbs, Sept 178 N
Polyethylene sheets, uses for, Nov 212 C
Pots, sterilizing, Feb 167 D
Readying new lot for gardening, Oct 236 N
Reflected heat, protecting plants, Aug 120 D
Replacing old plants, shrubs, Oct 235 C
Root ball, size of, Jan 111 N
Root pruning, Feb 167 N
Roots, greedy, stopping, Aug 119 N
Runoff, dry stream bed for, Jan 78 all
Rural land, ridding of undesirable plants, Sept 200 C, 197 S, D
Sealing cuts after pruning roses, Feb 167 S
Seed collecting in your garden, Oct 236 N
Seedlings, transplanting, May 216 N
Seeds, avoiding waste, Apr 223 N
Soil, preparing, Mar 214 S, D; May 248 C
Soil mixing area, Oct 237 D
Sprays, aerosol, Aug 119 N
Staking perennials, June 190 N
Suckers, June 192 C
Sunburn protection, parasols for young trees, Aug 119 D
Ties for trees, Nov 212 S, D
Transplanting azaleas, rhododendrons, Feb 190 N, C
Transplanting, beware of pests, Apr 225 C
Transplanting cactus, Mar 201 D
Transplanting shrubs, Mar 202 N
Transplanting tips, Apr 223 D
Transplanting trees, shrubs, fall, Oct 235 N
Transplanting wildflowers, Jan 111 S
Trees, preventing toppling, Nov 214 S
Trees, protecting trunk from bulldozer, Sept 192 S, D; Nov 243 N
Weeding while mowing lawn, July 137 C
Williwaw, prevent winter kill, Feb 167 N
Wilting, newly set plants, Aug 119 C
Wind, fall, preparing for, Sept 172 N
Wind damage, minimizing, Feb 167 D
Wind protection for trees, Oct 237 S
Winds, Santa Ana, protection, Sept 171 S

GROUND COVERS

(See Lawns, Ground Covers)

HERBS

Beginner's garden, Apr 225 N
Borage *(Borago officinalis)*, Oct 235 N
Gift ideas, June 197 all
Parsley, May 215 N
Seed packets as gifts, Dec 163 N
Six kinds in half strawberry jar, Oct 236 S

HOUSE PLANTS

Alaskan indoor garden, Jan 116 N
Bromeliads, July 167 S, D; Nov 248 N
Cleaning and grooming, Dec 164 N
Croton *(Codiaeum variegatum)*, Feb 173 N
Gift plants, care, Jan 111 D
Indoor plants, Tucson, Ariz., Feb 198 D
January care, Jan 111 N
Kalanchoe blossfeldiana, Dec 184 N, 174 C, 188 S, D
Kitchen window garden, Oct 235 C
Miniature garden in glass container, Dec 170 all
Palm, sago, Nov 211 N
Planter, rolling pedestal, Oct 140 all
Tropical garden indoors, Jan 58 N; Feb 201 S, D

***HOUSE PLANTS** (Cont.)*

Vacation care, July 138 C, S
Watering indoor gardens, Feb 168 N
Window garden, Oct 235 C

LANDSCAPING

Aviaries in garden, Sept 62 all
Aviaries, integrating into garden, Sept 174 N
Bloom, narrow flower bed, Oct 264 N, C
Border, colorful all year, Oct 269 C
Bulbs, spring, planting ideas, Oct 236 C
Color, fall, shrubs for, Nov 211 S
Color, fall, trees for, Sept 173 N; Oct 237 C; Oct 240 all
Color, for coastal gardens, Jan 111 S
Color, instant, from nursery, July 137 C
Color, portable, Apr 223 C
Color, spring, for desert garden, Oct 235 D
Color, summer-to-fall, containers, May 215 D
Cottonwoods, June 208 N, 190B S, D
Dark places, Sept 194 N, C; Oct 266 S, D
Desert garden, Apr 264 D
Desert garden, all green, Aug 120 D
Desert garden attracts wildlife, May 86 D
Desert washes, May 230 D
Dry stream bed for runoff, Jan 78 all; Oct 250 N, 258 C
Entry gardens, three adjoining, Sept 80 N, C
Flower garden, planning, May 216 C
Flowering Plants for Year-Round Color in Southern California, Apr 224 S
Flowers, vegetables together, Apr 240 all
Flowers right away, Mar 201 S
Garden in six months, July 144 N, C
Garden in mesquite grove, Apr 250 D
Ground covers, walk-on, Mar 238 N
Hillside garden with house, Oct 126 S, D
Hillside garden beside beach, Nov 122 N, C
Ideas, Fashion Square shopping centers, So. Calif., Mar 96 S, D
Irrigation bridge of building blocks, May 234 all
Lakeside garden, low-maintenance, Aug 122 N
Landscape Guide for Homeowners, Practical, Dec 163 S
Lawn substitute, planting combination, Nov 239 N, D
Maintenance, reducing with leaves, wood, stone, Apr 272 C, 279 S, D
Narrow spaces, skinny plants for, Sept 171 S
Overhead protection, Sept 93 all
Pathways, ideas from Japan, June 84 all
Perennials, where to grow, June 192 N
Plant combination, woodsy, July 137 S
Plant combinations, annuals, Oct 235 D
Plants surrounded by concrete, Nov 228 C, S, D; Dec 195 N
Practical Landscape Guide for Homeowners, book review, Dec 163 S
Pre-spring bloom, fall planting, Oct 106 C, S, D
Privacy on 50-foot lot, July 102 N
Putting green, hybrid Bermuda, June 190D S, D
Railroad ties, Sept 196 N; Oct 110 C, S, D
Raised beds, retaining walls, Oct 238 N, C, D
Remodeled garden, privacy, June 78 all
Remodeled garden, spring-flowering, Oct 258 N
Rock garden, color ideas, Apr 242 all
Rock gardens, colorful shrubs for, Nov 233 N

***LANDSCAPING** (Cont.)*

Rocks, dug-up, ideas for use, Oct 245 N, 266 C
Roof gardens, London's Royal Borough of Kensington, May 229 all
Side yard vegetable garden, children's retreat, Apr 238 all
Slope, raised beds on, May 216 N
Stone mosaic under tree, July 137 C
Streetside garden, two-faced, May 256 C
Trees, protecting trunk from bulldozer, Sept 192 S, D
Trees, small, for patio plantings, Feb 167 N
Waterfalls, July 148 N; Aug 122 C
Waterside plants, Mar 243 S, D
Winter-flowering shrubs, Jan 111 C; Dec 163 N
Winter-flowering trees, Dec 163 N

LAWNS, GROUND COVERS

Aaron's beard *(Hypericum calycinum)*, Mar 202 C; July 160 N
Bellflower, Serbian *(Campanula poscharskyana)*, Mar 202 N
Bermuda, hybrid, planting, June 206 S, D
Bermuda, hybrid, putting green, June 190D S, D
Birdsfoot trefoil, Apr 256 D
Bishop's weed *(Aegopodium podograria variegatum)*, May 258 N, 232 C, 254 D
Cape weed *(Arctotheca calendula)*, Aug 123 S, D
Cotoneaster microphylla cochleata, Dec 163 N
Daisy, African, trailing *(Osteospermum fruticosum)*, Aug 123 S, D
Dichondra, effect of frost, Jan 111 S
Dichondra, low patches, Sept 171 C
Dichondra, planting, Apr 223 D
Dichondra, when to water, Aug 119 S
Fescue, blue, Aug 119 N; Oct 236 C
Gazanias, Nov 211 C
Ground cover planting preparation, Sept 172 C
Ground covers, cutting back, May 216 D
Ground covers, fall planting, Nov 211 D
Heather (*Erica carnea* 'Springwood'), Feb 181 N
Hydro-mulching slopes, Oct 238 S
Ice plant, keeping weeds out, Mar 203 S
Ice plants, May 44 N, 218 C, S, D
Ivy, trimming, Mar 201 S
Juniper, Andorra *(Juniperus horizontalis)*, May 217 N
Korean grass *(Zoysia tenuifolia)*, removing bumps from, May 215 S
Lantana, May 215 D
Lawn, dry spots, July 137 S
Lawn, dry spots, wetting agent for, Sept 171 N
Lawn, fall care, Oct 236 S
Lawn, fall planting, Sept 171 N; Oct 235 C
Lawn, keeping healthy, June 191 C
Lawn, mowing, Apr 223 C
Lawn, nitrogen deficiency, Apr 225 S
Lawn, power tools to rent, Sept 172 S
Lawn, preparing to plant, Mar 202 D; Sept 171 C
Lawn, renovating, Mar 201 N
Lawn, reseeding, Sept 172 D
Lawn products, application, Oct 235 S
Lawn substitute, Nov 239 N, D
Morning glory, ground *(Convolvulus mauritanicous)*, Aug 134 D
Native ground covers: See Natives

***LAWNS, GROUND COVERS** (Cont.)*

Periwinkle, Madagascar *(Catharanthus roseus)*, July 137 D
Periwinkle, Madagascar, dwarf *(Catharanthus roseus)* 'Polka Dot,' Mar 90 all
Plectranthus australis, Apr 256 S
Pyracantha, Jan 116 C, S, D
Rupturewort *(Herniaria glabra)*, Mar 238 N
St. Augustine grass, June 219 S, D; July 163 C
Santolina chamaecyparissus, *S. virens*, May 256 N
Sod-roof mailbox, Apr 224 S
Strawberry, Apr 223 D
Thyme, creeping *(T. serpyllum)*, Mar 238 N
Thyme, woolly *(T. lanuginosus)*, Mar 238 N
Vincas, new varieties, June 190 S

MISCELLANEOUS

Botanical names, how to read, Mar 214 N; Apr 260 C, S, D
Child gardeners, encouraging, June 200 all
Christmas greens, Dec 163 N
Gift ideas for gardeners, Dec 163 C
Importing plants from Canada, Apr 232 all
Mail-order hucksters, June 189 C
Mother's Day plant gift, May 215 N
Nursery data, computerized, Oct 235 N
Nursery sales, September, Sept 172 C
Plants by telephone, Mar 201 C; May 217 S
Seed catalogs, Jan 111 N
Summer-fall garden contest, *Sunset's*, 1970, May 248 N, 263 C, 232 S, D
Summer-fall garden contest, *Sunset's*, winners, Apr 86 all
Summer-fall youngsters' garden contest, *Sunset's*, 1970, June 201 all
Summer-fall youngsters' garden contest, *Sunset's*, winners, Apr 100 all
Sunflower contest, giant, May 216 S
Watson, Max, obituary, Jan 111 C, S

NATIVES

Buckeye, California *(Aesculus californica)*, as bonsai, Dec 195 C
California Tree Finder, A, May 217 C
Currant, red flowering *(Ribes sanguineum)*, Apr 228 N
Fairy slipper *(Calypso bulbosa)*, Apr 272 N
Fern, licorice *(Polypodium vulgare)*, Mar 201 N
Fritillary, yellow, or yellow bells *(Fritillaria pudica)*, Apr 272 N
Iris, arctic *(I. setosa)*, June 190 N
Kinnikinnick *(Arctostaphylos uva-ursi)*, Jan 122 N
Mahonia, long leaf *(M. nervosa)*, Nov 233 N
Manzanitas *(Arctostaphylos)*, Nov 240 C, S, D
Mesquite, catching dripping sap, Mar 233 D
Native Shrubs of the San Francisco Bay Region, book review, Feb 167 C
Oak, live *(Quercus agrifolia)*, Oct 236 C
Oak, valley (*Quercus lobata*), Oct 236 C
Oregon grape *(Mahonia aquifolium)*, Jan 112 N
Oregon grape, from seed, July 138 N
Plant collecting regulations, national forests, Oct 235 N
Poppies, California, ridding flower bed of, Oct 235 S
Poppy, Matilija *(Romneya coulteri)*, Feb 188 C, S, D
Poppy, prickly, July 152 all
Trilliums, Mar 206 N, C

***NATIVES** (Cont.)*

Wildflowers in Washington, Apr 250 N
Wildflowers, transplanting, Jan 111 S
Wintergreen, (*Pyrola uniflora*), Apr 272 N
Yellow-eyed grass *(Sisyrinchium californicum)*, Nov 222 all

PAVING

Concrete walk, redwood frames, July 89 N, C, 100 S, D
Exposed aggregate pads, July 92 N, C
Gravel, renewing, Dec 164 N
Irrigation bridge building blocks, May 234 all
Moss, removing from paving, Mar 116 S, D; Apr 135 N; May 116 C
Parking strip, three ideas, Jan 125 N
Pathways, ideas from Japan, June 84 all
Plants surrounded by concrete, Nov 228 C, S, D; Dec 195 N
Rocks, ideas for use, Oct 245 N, 266 C
Walkway, mosaic, Apr 272 S; May 266 N, C; Sept 182 D
Wooden floors, steps, Feb 100 all

PERENNIALS

Artichoke, ornamental, Feb 192 N
Aster, Stokes *(Stokesia laevis)*, Aug 139 N
Aster 'Wonder of Stafa' *(A. frikartii)*, Nov 100 N, C
Astilbe, Nov 100 N, C
Baby's breath *(Gypsophila)*, June 191 N
Begonias, fibrous, Sept 172 C
Bellflower, Serbian *(Campanula poscharskyana)*, Mar 202 N
Bloom, second-time, June 191 C
Candytuft, evergreen *(Iberis sempervirens)*, Feb 167 S; Mar 202 C
Canterbury bells, Oct 236 D
Catharanthus roseus (Vinca rosea), Apr 236 C, S, D
Centaurea cineraria, Mar 213 all
Chicory *(Chichorium intybus)*, Aug 143 N, 128 S, D
Chrysanthemum tree, Mar 202 S
Chrysanthemums, Sept 171 D; Nov 212 C
Chrysanthemums, cushion, Oct 236 N Nov 100 N, C
Chrysanthemums, Hardy, for Idaho, booklet review, Apr 225 N
Chrysanthemums, quick color, Oct 237 D
Chrysanthemums for quick color, Dec 164 D
Coleus, growing from seed, Feb 168 C
Coleus 'Pegasus,' Aug 123 S, D
Daisy, Michaelmas, Aug 132 C, 137 S, D
Daisy, Shasta, Nov 100 N, C; Apr 230 N, 249 C, S, D
Daisy, Transvaal, dividing, Mar 202 C
Delphiniums, Oct 264 D
Dianthus 'Kit Carson,' May 216 C
Dusty miller, Mar 213 all
Edelweiss *(Leontopodium alpinum)*, May 217 C
Euphorbia myrsinites, May 215 N
Felicia 'Santa Anita,' Aug 123 S, D
For rock gradens, Apr 242 all
Fountain grass (*Pennisetum setaceum*), Aug 119 D; Dec 163 D
Gazanias, Sept 172 D
Geraniums, carefree, Apr 268 C, S, D
Geraniums, taking cuttings, Sept 173 N
Hellebores, Nov 100 N, C
Hepatica americana, Mar 227 N
Hollyhocks, Nov 212 C
Landscaping with, June 192 N
Lupines, Russell, Apr 236 N

***PERENNIALS** (Cont.)*

Marguerite 'Palos Verdes,' Aug 123 S, D
Phlox, Aug 120 N
Planting, Nov 212 C, 211 S
Planting in June, June 190 N
Poppies, Oriental, July 138 N
Poppy, Iceland, 'Champagne Bubbles,' Nov 214 D
Primrose, Polyanthus, Apr 256 N, C
Salvia farinacea, Apr 225 D
Santolina chamaecyparissus, Feb 167 D; May 256 N; Sept 196 C
Santolina virens, May 256 N
Senecio cineraria, Mar 213 all
Senecio leucostachys, Mar 213 all
Staking, June 190 N
Violas, Feb 182 N
Violets, sweet, Feb 168 D

PESTS, INSECTS, DISEASES

Anthracnose, sycamores, Mar 208 N
Aphids, birds attracted by, June 189 S
Aphids on camellias, Jan 111 S
Aphids on citrus, Feb 167 S
Birds, net to protect fruit, June 189 N
Birds, wasps, protection from, Aug 120 D
Citrus, fall pests, Sept 171 S, 172 D
Control, May chores, May 215 N
DDT, insecticides instead of, Aug 58 all
Damping off, preventing, Nov 211 N
Dormant spraying, Nov 211 C
Gladiolus, pest control, May 216 N
Iron chlorosis, May 215 S
Lacewing larvae, control by, July 142 all
Lawn products, care in applying, Oct 235 S
Leaf miners, Mar 236 all
Mosquitoes, July 157 N, 148 C, 163 S, D
Pesticide Information and Safety Manual, The, booklet review, June 189 C
Pesticide shelf life, May 215 C
Pesticide use, pollution problems, Apr 225 C
Pine, Aleppo, insect damage, Mar 203 D
Powdery mildew, June 191 C; Nov 211 N
Privet weevil, Feb 168 D
Rust on snapdragons, Oct 235 S
Scale insects, Feb 188 N
Sciarid fly, May 215 C; Aug 120 N
Snails, Feb 181 C, S, D
Snails, slugs, granular controls, Apr 223 C, S
Snails, summer control, Aug 120 S
Spittlebugs, Aug 119 S
Spray Schedule for Home Orchards, pamphlet review, Jan 112 N
Tree transplants, beware of pests, Apr 225 C
Vegetables, insecticides for, June 199 all
Wasps, *Trichogramma*, July 142 all
Woolly aphid, Jan 112 C
Yellow jackets, eradicating, June 202 all

PROPAGATION

Air-layering, Jan 59 N; Feb 203 S, D
Annuals, sowing seed, June 189 S
Annuals, starting from seed, Apr 223 C
Beans, scarlet runner, from seed, Mar 228 all
Cabbage, Chinese, from seed, July 137 N
Coleus, from seed, Feb 168 C
Cuttings, growing plants from, July 141 all
Cuttings, tent for rooting, May 215 C
Dichondra, planting from seed, Apr 223 D
Fern, sword (*Polystichum*), Sept 172 N
Fuchsias, rooting, easy, Aug 124 C, 132 S
Geraniums, taking cuttings, Sept 173 N
Grafting, easy method, Jan 114 all
Greenhouse, poor man's, Sept 172 C
Lawns, fall planting, Sept 171 N

PROPAGATION (Cont.)

Orchids, cymbidium, divisions, Apr 262, C, S, D
Oregon grape, July 138 N
Parsley, May 215 N
Seed collecting in your garden, Oct 236 N
Seed fall open-ground sowing, Nov 230 all
Seeds, avoiding waste, Apr 223 N
Seeds, sowing, Feb 167 D
Shrubs, cuttings, Oct 237 N
Spring flowers, sowing seeds, July 137 C
Succulents from cuttings, Mar 201 D
Sunflowers, May 215 S
Sweet peas, from seed, Mar 202 N; Sept 192 N, C, 194 S, D
Violas, growing from seed, Feb 182 N

PRUNING

Azaleas, June 189 N
Azaleas, rhododendrons, Apr 224 C
Character pruning, Apr 223 D
Eucalyptus (*E. lehmannii*), as tall tree, July 157 C, S, D
Hibiscus, Mar 201 D
Ivy ground cover, trimming, Mar 201 S
Olives, shaping, Nov 214 D
Pines, Feb 167 D
Poinsettias, Feb 167 S
Pollarding, Nov 218 all
Pruning Landscape Trees, Oct 236 C
Roses, in desert areas, Feb 167 D
Roses, sealing cuts, Feb 167 S
Roses, tree, Feb 198 C
Shrub, transforming into tree, Apr 225 C
Sickle, hand, July 137 S
Suckers, Jan 131 N, S, D
Vines, unruly, Mar 202 D
Wisteria, Dec 163 C

REGIONAL GARDENS AND GARDENING

Alaskan
- Frost, readying garden for, Sept 171 N
- Greenhouse gardening, Apr 224 N
- Indoor garden, Jan 116 N
- May gardening chores, May 217 N

Desert
- Flood-irrigation system, Salt River Valley, Ariz., June 190 D
- Frank Lloyd Wright's Taliesin West, Phoenix, Feb 70 all
- Garden, true desert feeling, Apr 264 D
- Garden in mesquite grove, Apr 250 D
- Garden attracts desert wildlife, May 86 D
- Prescott, Ariz., garden tours, July 137 D
- September gardening chores, Sept 172 D
- Spring color in Tucson, Oct 235 D
- Walker Conservatory, Tucson, Feb 168 D
- Washes, landscaping ideas, May 230 D

Hawaiian
- Garden touring, Kauai, Oct 62 S, D

Northern California
- Entry gardens, three adjoining, San Francisco, Sept 80 N, C
- Flower seed fields, Mar 90 all
- Jennie B. Zellerbach Garden, Golden Gate Park, San Francisco, May 230 C
- June gardening, coastal and inland areas, June 190 C
- San Francisco County Fair-Flower Show, Golden Gate Park, Aug 136 C
- San Francisco spring garden, Oct 258 N
- Student garden project, University of California, Santa Cruz, Mar 96 N, C, 222 S, D

REGIONAL GARDENING (Cont.)

Northern California (Cont.)
- Terrace landscaping, Oakland Museum, Sept 186 all
- Tree walk, California State Polytechnic College, San Luis Obispo, Sept 182 C, S

Northwest
- Lakeside garden, low-maintenance, Aug 122 N
- Nursery data, Northwest Nursery Distributors, Inc., Boring, Ore., Oct 235 N
- Remodeled garden, privacy from street, June 78 all
- Tree seedlings from state for Washington residents, Jan 111 N

Southern California
- Coastal gardens, vegetables, Apr 223 S
- Festival of Flowers, Los Angeles, May 254 S
- *Flowering Plants for Year-Round Color in Southern California*, book review, Apr 224 S
- Japanese garden, U.C.L.A. restoration fund, July 138 S
- June gardening, June 190A S
- Landscaping ideas, Fashion Square shopping centers, Mar 96 S, D
- Los Angeles State and County Arboretum plant introductions, Aug 122 S, D
- Plants for hanging baskets, Feb 167 S
- Southern California Horticultural Institute garden show, Oct 268 S
- Tree-moving companies, Feb 190 S, D

SHRUBS

Allspice bush, Carolina (*Calycanthus floridus*), Oct 246 N
Azaleas, evergreen, Feb 186 N, C
Azaleas, fall watering, Oct 236 S
Azaleas, problems answered, Oct 248 all
Azaleas, in hanging baskets, Mar 203 S
Azaleas, light pruning, June 189 N
Azaleas, planting, Mar 201 C, S
Azaleas, pruning for cut flowers, Apr 224 C
Azaleas, transplanting, Feb 190 N, C
Bamboo, weeping (*Arthrostylidium longifolium*), Aug 124 S, D
Bamboos, as screens, hedges, Oct 110 N
Berberis thunbergii 'Crimson Pygmy', Nov 233 N
Bird of paradise, Mar 203 D
Boronia, brown (*B. megastigma*), Feb 200 C
Bottlebrush, lemon (*Callistemon citrinus*), Aug 132 D
Bottlebrush, weeping (*Callistemon viminalis*), Aug 132 D
Boxwood (*Buxus*), Oct 270 N
Broom, Spanish (*Spartium junceum*), Aug 137 N
Butterfly bush (*Buddleia davidii*), Aug 137 N
Camellia hedge, Jan 131 C, 122 S, D Mar 201 N
Camellia hybrids, new, Dec 195 S, D
Camellias, aphids on, Jan 111 S
Camellias, disbudding, Feb 167 N
Camellias, fertilizing, Apr 224 C
Camellias, sasanqua, Oct 235 C
Ceanothus delilianus 'Gloire de Versailles', June 219 N
Cocculus laurifolius, tree, July 137 D
Cotoneaster, bearberry (*C. dammeri*), Nov 234 N
Cotoneaster, cranberry (*C. apiculata*), hedge, Mar 203 N

SHRUBS (Cont.)

Cotoneaster, rock, low-growing (*C. horizontalis*), Nov 234 N
Cotoneaster microphylla cochleata, Dec 163 N
Cuttings, Oct 237 N
Cypress, Sawara false (*Chamaecyparis pisifera*), Sept 176 N
Dwarf, flowering, in containers, Feb 174 all
Erica carnea 'Springwood' ('Springwood White'), Nov 234 N
Espaliers, ready-made, Oct 237 S
Euonymus, evergreen (*E. japonica*), in container, May 252 D
Evergreen, fall planting, Oct 235 C
Evergreens, broad-leafed, plant, Sept 172 N
Fall color, shrubs for, Nov 211 S
Forsythias, Mar 203 N
Frost protection, Mar 203 N
Fuchsias, border plants, June 189 N
Fuchsias, new introductions, May 216 C
Fuchsias, rooting, easy, Aug 124 C, 132 S
Gardenias, three shapes, June 214 D
Genista hirsutus decumbens, Nov 233 N
Germander, bush (*Teucrium fruticans*), Oct 279 C
Grape, Oregon (*Mahonia aquifolium*), Nov 211 S
Grevillea lanigera, Aug 125 S, D
Grevillea noellii, Sept 171 D; Nov 211 S
Harry Lauder's walking stick (*Corylus avellana* 'Contorta'), Feb 178 N
Heath, Cornish (*Erica vagans*), Aug 134 N
Heaths (*Erica*), Nov 214 C
Heather (*Erica carnea* 'Springwood'), Feb 181 N
Hebes, Sept 185 N
Hibiscus, Chinese, Aug 126 S, D
Hibiscus (*H. moscheutos*), July 137 D
Hibiscus, pruning, Mar 201 D
Hibiscus huegelii, Aug 126 S, D
Hollies for desert areas, Dec 163 D
Hollies for So. Calif., Dec 164 S
Holly, shopping for, Dec 174 N
Hydrangea, oakleaf (*H. quercifolia*), Nov 211 S
Hydrangea macrophylla, Feb 167 N
Hydrangeas, May 230 N
Lantana, May 215 D
Lantana, trained to tree shape, July 137 S
Laurel cherry, Carolina (*Prunus caroliniana* 'Bright n' Tight'), Aug 134 D
Lavender, English (*Lavandula spica*), Aug 137 N; Nov 233 N
Leptospermum scoparium 'Snow White,' Jan 112 S
Lilacs, Apr 224 D; Aug 126 S, D
Lilacs, coaxing bloom, Sept 171 S
Melaleuca, Aug 126 S, D
Mickey Mouse plant (*Ochna serrulata*), Aug 134 D
Myrtle, crape (*Lagerstroemia*), Sept 173 C
Myrtle, crape (*Lagerstroemia indica*), Mar 203 D
Myrtle, crape, suckers, July 137 S
Nandina, Nov 211 S
Nandina (*N. domestica*), Feb 167 D; Dec 166 N, C, 174 S, D
Native shrubs: See Natives
Oleander, Mar 203 D
Oleander (*Thevetia peruviana*), Aug 134 D
Oleander 'Hawaii,' May 216 D; Aug 119 S
Oleander 'Mrs. Roeding,' Aug 119 S
Peonies, tree, Mar 209 all; Nov 214 N
Pimelea coarctata, Nov 233 N

***SHRUBS** (Cont.)*

Pittosporum napaulense, Aug 126 S, D
Planting in June, June 190 N
Plum, Natal *(Carissa grandiflora)*, Apr 224 D
Podocarpus, growing in tub, Nov 211 C
Poinsettias, pruning, Feb 167 S
Proteas, Apr 250 C, S
Pyracantha, ground cover, Jan 116 C, S, D
Pyracanthas, landscaping uses, Nov 240 N
Raphiolepis indica, Apr 223 S
Replacing when overgrown, Sept 172 N
Rhododendron 'Cilpinense,' Apr 223 N
Rhododendron bench, Nov 255 N, S, D
Rhododendron 'P.J.M.,' Mar 201 C
Rhododendron show, easy, May 254 N
Rhododendrons for east of Cascades, May 260 N
Rhododendrons, growing problems answered, Oct 248 all
Rhododendrons, planting, Mar 201 C
Rhododendrons, planting ideas, May 218 N
Rhododendrons, pruning, Apr 224 C
Rhododendrons, transplanting, Feb 190 N, C
Rhododendrons and Azaleas, a *Sunset* book, Dec 176 all
Rock gardens, color for, Nov 233 N
Rockroses, June 212 C, S, D
Rose of Sharon *(Hibiscus syriacus)*, July 137 D
Roses, adding new varieties, Nov 211 C
Roses, buying in bloom, Apr 224 D
Roses, fall care, Sept 171 D
Roses in containers, Jan 127 C, S, D
Roses in plantable boxes, Dec 164 C, 163 S
Roses, 1969 All-America Selections, Jan 120 all
Roses, 1969 Handbook for Selecting, book review, Mar 201 N
Roses, planting location, Jan 112 D
Roses, pruning in desert areas, Feb 167 D
Roses, sealing cuts after pruning, Feb 167 S
Roses, tree, pruning, Feb 198 C
Santolina, green *(S. virens)*, Sept 173 D
Silverberry bush *(Elaeagnus pungens)*, Christmas door swag, Dec 163 N
Small flowering, in containers, Feb 174 all
Snake bush *(Calothamus validus)*, Aug 124 S, D
Snow-on-the-mountain *(Euphorbia marginata)*, Apr 230 C, S, D
Snowball, Chinese *(Viburnum macrocephalum* 'Sterile'), Aug 126 S, D
Spiraea 'Lemoinei Alpestris,' Nov 234 N
Starflower, lavender *(Grewia caffra)*, Aug 134 D
Suckers, June 192 C
Texas ranger *(Leucophyllum frutescens)*, Sept 172 D
Transforming into tree, Apr 225 C
Transplanting, Mar 202 N
Transplanting, fall, Oct 235 N
Viburnum, doublefile *(V. plicatum tomentosum)*, Nov 211 S
Winter-flowering, Jan 111 C; Dec 163 N
Xanthorrhea quadrangulata, Aug 127 S, D
Xylosma, Sept 178 C, S, D

SOILS

Caliche, how to deal with, Oct 236 D
Improving, June 190 N
Preparing for planting, Mar 214 S, D; May 248 C
Tomatoes, preparing soil, May 216 N

STAKES, SUPPORTS

Stake storage, Apr 279 N
Staking Landscape Trees, Nov 212 S, D
Trees, preventing toppling, Nov 214 S
Trees, ties for, Nov 212 S, D
Vegetables, vining plants, June 210 all

SUCCULENTS AND CACTUS

Aloe, Barbados *(A. vera)*, Mar 201 D
Cactus, transplanting, Mar 201 D
Century plant *(Agave americana)*, May 215 D
Century plant *(Agave victoriae reginae)*, Aug 120 C
Crown of thorns *(Euphorbia milii)*, Dec 163 D
From cuttings, Mar 201 D
Kalanchoe blossfeldiana, Dec 184 N, 174 C, 188 S, D

TOOLS

Adz, May 230 S; June 208 C
Broken tools, repairing, Apr 118 all
Lawn mowers, care with, June 189 D
Lawn power tools to rent, Sept 172 S
Sickle, hand, for pruning, July 137 S
Sprayers for trees, Mar 217 N, 233 C; Apr 125 S, D
Tool rack for garden cart, June 107 all
Wheelbarrow, Mar 104 C, S, D; May 222 N

TREES

Acacia, sweet *(A. farnesiana)*, Apr 228 D
Acacia cardiophylla, Aug 124 S, D
Apricot, flowering *(Prunus mume)*, Jan 111 C
Bark, interesting, trees with, Aug 132 N
Box elder, variegated *(Acer negundo* 'Variegatum'), Sept 182 N
California Tree Finder, A, May 217 C
Cedars, needle drop, Sept 171 N
Chaste tree *(Vitex agnus-castus)*, July 137 D
Christmas trees, living, Dec 72 all
Color, fall, trees for, Sept 173 N; Oct 237 C, 240 all
Cottonwoods, old, living with, June 208 N, 190B S, D
Cypress, Sawara false *(Chamaecyparis pisifera)*, Sept 176 N
Dogwood, Eastern *(Cornus florida)*, May 220 N
Dogwood, flowering *(Cornus florida)*, Apr 225 C
Dwarf, flowering, in containers, Feb 174 all
Eucalyptus *(E. lehmannii)*, pruned to tall tree, July 157 C, S, D
Eucalyptus calophylla, Aug 125 S, D
Evergreens, broad-leafed, planting, transplanting, Sept 172 N
Fertilizing, June 189 S
Ficus: The Exotic Species, Aug 119 C
Fir, China *(Cunninghamia lanceolata)*, Nov 234 C, S, D
Fruit, flowering, purchasing, Jan 111 C
Golden trumpet tree *(Tabebuia chrysotricha)*, Aug 126 S, D
Harpullia arborea, Aug 125 S, D
Jacaranda, white, Aug 126 S, D
Katsura *(Cercidiphyllum japonicum)*, Oct 262 N
Koelreuteria integrifoliola, Aug 126 S, D
Locust 'Sunburst' *(Gleditsia triacanthos inermis)*, Feb 207 all
Magnolia, saucer *(M. soulangiana)*, Feb 178 C, S, D
Magnolia, Yulan *(M. denudata)*, Feb 167 C

***TREES** (Cont.)*

Oaks, for autumn color, Oct 240 all
Orchid tree *(Bauhinia variegata)*, May 217 D
Pear (*Pyrus kawakamii*), Jan 58 C, S, D
Pine, Aleppo, Mar 203 D; Dec 167 S, 166 D
Pine, Canary Island, Dec 166 S, 167 D
Pine, Japanese black, Dec 167 S, D
Pine, longleaf (*Pinus palustris*), May 253 D
Pines, mulching, Oct 235 S
Pines, needle drop, Sept 171 N
Pines, shaping, Feb 167 D
Pines, smog damage, Sept 173 S
Pistache (*Pistacia chinensis*), Oct 240 all
Planter boxes, bottomless, Apr 247 all
Planting, barren, windy hillside, Oct 257 all
Planting, fall, Oct 235 C
Planting, June, June 190 N
Podocarpus nagi, Nov 233 C, S, D
Poplar, Lombardy, Jan 111 D
Protecting trunk from bulldozer, Sept 192 S, D; Nov 243 N
Pruning Landscape Trees, Oct 236 C
Redbud, eastern *(Cercis canadensis* 'Alba'), Feb 167 C
Redwood, dawn *(Metasequoia glyptostroboides)*, Nov 233 C, S, D
Roots, stopping, May 215 C, D; Aug 119 N
Seedlings for Washingtonians, Jan 111 N
Selecting best buy, Feb 186 S, D; Mar 224 C
Silver bell (*Halesia monticola*), Apr 262 N
Small, for patio plantings, Feb 167 N
Snow gum *(Eucalyptus niphophila)*, July 167 N
Snowdrop or silver bell *(Halesia carolina, H. tetraptera)*, Apr 262 N
Spruce seedlings, in containers, Nov 211 N
Staking Landscape Trees, Nov 212 S, D
Stone mosaic under tree, July 137 C
Suckers, June 192 C
Sunburn protection, parasols, Aug 119 D
Sweetshade *(Hymenosporum flavum)*, June 216 C
Sycamore, anthracnose, Mar 203 N
Tallow tree, Chinese, Oct 240 all
Ties for, Nov 212 S, D
Toppling, preventing, Nov 214 S
Transplanting, fall, Oct 235 N
Transplants, beware of pests, Apr 225 C
Tree Finder, A California, May 217 C
Tree-moving companies, Feb 190 S, D
Trees, Staking Landscape, Nov 212 S, D
Tulip tree *(Liriodendron tulipifera)*, Oct 240 all
Water basin, terrace trees, June 120 all
Willow, fishtail *(Salix sachalinensis* 'Sekka'), Mar 203 C
Wind protection, staking, Oct 237 S
Winter blooming, Dec 163 N
Xylosma, Sept 178 C, S, D
Zelkova, sawleaf *(Z. serrata)*, Oct 240 all

TROPICALS AND SUBTROPICALS

Cassia, Aug 124 S, D
Castor bean *(Ricinus communis)*, Feb 176 N
Copper leaf *(Acalypha wilkesiana)*, May 215 S
Croton *(Codiaeum variegatum)*, Feb 173 N
Indoor tropical garden, Jan 58 N
Orchids, cheap way to buy, Jan 111 S
Orchids, cymbidium, Mar 201, 226 C; Apr 262 C, S, D
Palm, lady *(Rhapis excelsa)*, May 253 D
Palm, pigmy date *(Phoenix roebelenii)*, Aug 134 D

TROPICALS, SUBTROPICALS (Cont.)

Palm, sago (*Cycas revoluta*), in container, May 253 D
Palm, windmill (*Trachycarpus fortunei*), Apr 249 N
Palms, care, Nov 211 D
Plumeria rubra, May 217 S
Tropical plant gifts, Dec 60 N

VEGETABLES

All-America winners, Apr 225 C
Artichoke, Jerusalem, Nov 227 all
Artichoke, ornamental, Feb 192 N
Beans, scarlet runner, Mar 228 all
Beans, yard-long, May 107 all
Cabbage, Chinese, May 106 all; July 137 N
Cardoon, Nov 227 all
Comfrey, Nov 227 all
Cucumbers, May 271 N, S, D; June 227 C
Daikon, May 107 all
Gardening, So. Calif. coast, Apr 223 S
Growing with flowers, Apr 240 all
Harvest, timing to vacation, June 189 N
Horseradish, Nov 227 all
Insecticides for, June 199 all
Leeks, Nov 227 all
Mustard greens, Chinese, May 106 all
Okra, Chinese, May 106 all
Peanuts, Apr 252 all
Peas, edible pod, May 107 all
Planting in June, June 190 N
Popcorn, June 227 N
Pumpkin Contest, Big, May 216 S
Pumpkins, how to grow giant, May 244 all
Pumpkins, June planting, June 189 S
Rhubarb, Jan 125 C, S, D
Side yard garden, children's, Apr 238 all
Spinach, New Zealand (*Tetragona expansa*), Nov 226 all
Squash, zucchini, in rockery, June 216 N

VEGETABLES (Cont.)

Squash, for small garden, May 215 C
Tomato, tree (*Cyphomandra betacea*), Feb 170 all
Tomatoes, growing earliest, Mar 204 C, S, D
Tomatoes, preparing soil, May 216 N
Vegetable gardens, Apr 226 all

VINES

Asparagus fern (*A. sprengeri*), May 215 D
Blueberry creeper (*Ampelopsis brevipedunculata*), Sept 207 S, D
Bougainvillea, planting, May 258 C, S, D
Bougainvilleas, hardy, May 215 S
Clematis, evergreen (*C. armandii*), Apr 260 N
Clematis, making bloom again, July 137 C
Clematis 'Nelly Moser,' June 206 N, C
Gourds, May 236 all
Gourds, preserving, Sept 172 N
Grape arbors, Feb 198 N
Ivy, Boston (*Parthenocissus tricuspidata*), Apr 268 N
Ivy, English, trees, shrubs, May 216 D
Jasmine, winter (*Jasminum nudiflorum*), Nov 212 N
Morning glory, screen, Apr 224 N
Pruning, Mar 202 D
Trumpet creeper, common (*Campsis radicans*), Feb 184 N
Wisteria, pruning, Dec 163 C

WATER PLANTS, WATERFALLS AND POOLS

Horsetail (*Equisetum hyemale*), Mar 243 S, D; Apr 275 N, 279 C
Lilies, water, planting, Apr 223 C
Pool, how to drain, May 121 all
Sedges, Mar 243 S, D; Apr 275 N, 279 C
Waterfalls, July 148 N; Aug 122 C

WATERING

Aerators, hose-end, Aug 119 S
Azaleas, fall watering, Oct 236 S
Dichondra, when to water, Aug 119 S
Drainage during rainfall, Feb 167 C
Efficient, tips for, May 215 N
Flood-irrigation system, June 190 D
Hose guide, hand-carved bird, Sept 171 N
Hydra-hydrant, May 242 all
Indoor gardens, Feb 168 N
June watering, June 190 N
Lawns, dry spots, Sept 171 N
Nozzle, mist spray, Aug 119 D
September watering, Sept 171 C
Sprinkler heads, trim around, May 215 D
Trees on terrace, water basin, June 120 all
Vacation time, July 138 C
Vacation water boys, Aug 128 N, C, 64 D
Water saver, Aug 120 C
Winter watering, Jan 111 D
Wood basin for water, July 137 S

WEEDS AND WEED KILLERS

Grass, Bermuda, July 138 S
Hemlock, poison (*Conium maculatum*), June 222 N; July 144 S, D; Aug 126 C
Ice plant, keeping weeds out, Mar 203 S
Weed control, early, Jan 112 D
Weed control suggestions, June 191 C
Weeding, May 217 C; Aug 120 N
Weeds, late summer, removing, Sept 171 D

WILDLIFE

Aviaries in garden, Sept 62 all
Bird feeder, giant, Oct 142 N, C, 130 S, D
Birds, Christmas tree for, Dec 173 all
Birds, feeding, Aug 120 D
Birds, net to protect fruit from, June 189 N
Birds, winter feast for, Dec 163 D
Birds, winter feeding, Jan 111 N

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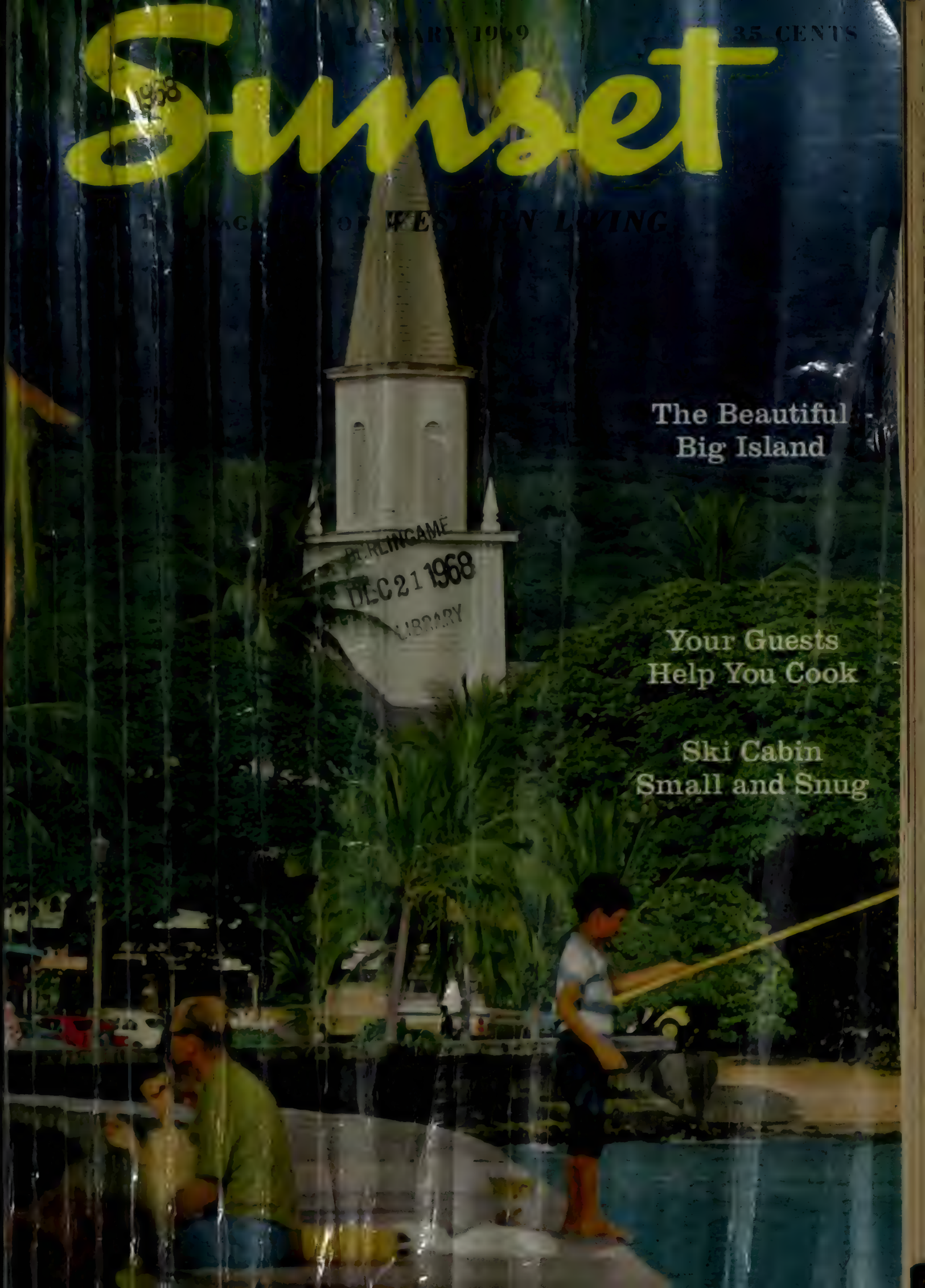
THE MAGAZINE OF WESTERN LIVING

1968



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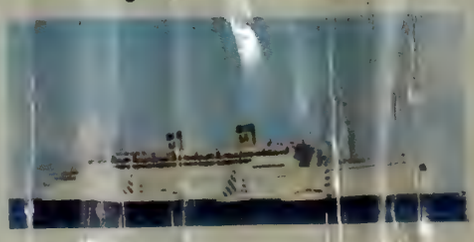

Sunset*

THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

Feature articles for January 1969

CENTRAL EDITION

PAGE

January snow shenanigans in Idaho 34
Hawaii—the beautiful Big Island 42
Little Utah cabin sleeps seven 56
It's June in January—sometimes 58
Lamb fondue—each guest is his own cook 60
Behind their front wall the surprises begin 62
Cook's adventure: Making your own noodles 90
An easy and different approach to grafting 114
1969's new roses include surprises 120

ravel

PAGE

nuary travel—in and beyond the West 3
ist 30 miles from the Las Vegas Strip is Redrock Canyon 8
hanges in the skiers' Sierra 24
ay or evening at City of the Gods in Mexico 28
lass shopping in Guadalajara 30
now shenanigans in Idaho on January's last weekend 34
n San Francisco—a Chinese history museum 36
ringing in fruit from the islands 41
awaii—the beautiful Big Island 42

uilding and Remodeling

ittle Utah cabin sleeps seven—and it cost just $7,500 56
ehind their front wall the surprises begin 62
he Changing Western Home† 64
o edit your color slides 69
ll major rooms get the view 70
he intercom is unobtrusive 72
way to handle laundry traffic 76
his stream bed takes the runoff 78
hat to do about "cold rooms" 80
ll on one wall—it's unorthodox, it works 85
he Western Kitchen 97

ood and Entertaining

amb fondue—each guest is his own cook 60
unset's Kitchen Cabinet* 86
hree knife-and-fork stews all made with oxtails 88
ook's adventure: Making your own noodles 90
anuary menus 93
he Western Kitchen 97
t's made with twice-cooked onions 99
hefs of the West* 100
uiche with pepper rings—with leeks and mushrooms 104
innamon spices this torte 106
or a smashing appetizer 109

Letter from *Sunset:* Two reader services 132

Gardening

PAGE

Not every year, but every few years—it's like June in January with evergreen pear 58
January in your garden 110
An easy and different approach to grafting 114
Pyracanthas right on the ground 116
The new roses for 1969 include some surprises 120
You can eat rhubarb or just admire it 125
Roses thrive in pots and tubs 127
Why not a camellia hedge? 131

Home Management

The Changing Western Home† 64
A way to handle laundry traffic 76
What to do about "cold rooms" 80
All on one wall—it's unorthodox, it works 85
The Western Kitchen 97

Landscaping and Outdoor Building

This stream bed takes the runoff 78
Roses thrive in pots and tubs 127
Why not a camellia hedge? 131

The Cover Story

The beautiful church you see on Sunset's cover is Hawaii's oldest, Mokuaikaua, in the little village of Kailua. The young fisherman stands on the breakwater wall on Kailua's Alii Drive. Glenn Christiansen made the color photograph.

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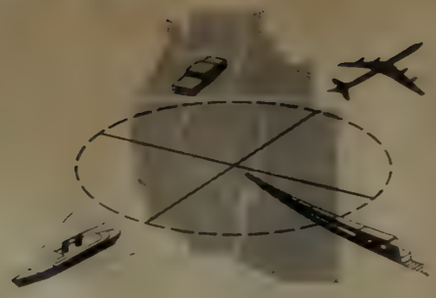

DARROW M. WATT

ow around the Bay

w falls on the shores of San Francisco only four or five times in a lifetime. s such a phenomenon that events of entire year are likely to be referred to r as having occurred during "the year nowed."

only a few miles away, on the moun- s surrounding the Bay, snow is an ost yearly event. Although it doesn't in great quantity, most years one or storms bring enough that you can e a snowman, get your feet cold and , and take home a bumper-load for a ghborhood snowball fight.

an early start, for snow on Bay Area ghts doesn't last long. Don't bother h snow chains; when the driving gets slippery, the authorities simply close road. And don't expect to find special lities or rental snow play equipment in areas mentioned here:

unt Diablo, elevation 3,849 feet, has eral snowstorms most years. Sometimes fall is as much as 7 or 8 inches, and three or four days at a time this Bay a landmark is capped with white. unt Diablo State Park officials have a der ready to keep the road open to the , where there is parking for several dred cars. If you would like to check snow conditions before setting out, call

mily *rolls snowman's lower half of snow l grass after one of last winter's storms*

RONALD C. WATT

Ski report *on this Bay Area slope: two inches of powder with plenty of exposed rocks*

Sunset

THE MAGAZINE OF WESTERN LIVING

January 1969

Peace Corps worker *gives visitors a walking tour of jungle training camp in Hawaii's beautiful, remote Waipio Valley*

First Hawaii . . . then Southeast Asia

Starting on page 42 of this *Sunset* is an essay on Hawaii, the 50th state's "Big Island."

To make our report, several *Sunset* editors from the mainland and *Sunset's* Honolulu-based Hawaii editor drove every mile of improved road on the Big Island and most miles of the jeep roads, hiked the trails, re-explored all the prominent places like Kailua and Hilo and dozens of obscure places.

One of the most interesting of these is Waipio Valley, pictured in color on pages 52 and 53. The only way into this valley is on foot, on horseback, or by four-wheel drive.

Once in, you can visit a primitive Peace Corps camp with an unusual mission—to expose Peace Corps trainees headed for Southeast Asia to tropical jungle living conditions.

As our photograph shows, those visitors who reach the camp are made welcome by the Peace Corps.

L. W. LANE, JR. *Publisher*

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the park at (415) 837-2525.

Approaching from the south, leave I state Highway 680 at Danville. It miles to the summit, and a more g climb than the road from Walnut C

The northern approach leaves Inter 680 at the Ygnacio Valley Road ex Walnut Creek. Turn right on Walnut nue; it turns into North Gate Road, w continues to the summit—a 17-mile from Walnut Creek.

Robert Louis Stevenson Memorial Park, between Calistoga in Napa Co and Middletown in Lake County, undeveloped state facility at about feet. It lies on the slope of Moun Helena, and most years snow whiten park's sugar pines, Douglas firs, and

Look for a small parking lot at the e tual site of park headquarters, abo miles up the Calistoga Grade (State H way 29) from the town of Calistoga eighth of a mile beyond, leading off to left, is a fire road closed to automobile makes a fine, wintry trail, and if you going for about 6 miles, you'll end up 4,344-foot Mount St. Helena.

Mount Tamalpais at 2,586 feet receive casional snow. When the steep, twis road to the summit turns snowy, offi close it until the storm passes. Par is limited, and on weekend mornings t is apt to be congestion. If you are on when the skies clear, the view of Francisco and the Bay is unexcelled.

Skyline Boulevard (State Highway 3 a major north-south route down mountain spine of the San Francisco ninsula. Its highest point is about 2 feet, at the junction with State 9 we Saratoga. Normally it is night when s comes to Skyline, and by the follow noon it has melted. So the earlier go, the better; by midmorning, especi on weekends, traffic is heavy.

Mount Hamilton rises to 4,209 feet. I ited parking (about 30 spaces at Observatory), the narrow two-lane and an occasionally snowbound sum make for limited access to the top— prepared to turn back. When the closes, traffic is stopped at Smith Cr a station of the State Division of estry; at such times you're likely to snow there. There's room at the sta for about 25 cars to park off the road.

A winter visit to Hearst Cast

Whatever the weather, there won't crowds at Hearst Castle this month.

If it is raining when you arrive, clo will hide the castle from State Highw 1. Later, when you finally see the spi of the Casa Grande from the bus on way up the hill, their appearance thro the gloom heightens the feeling that ornamental buildings and their treasu are unreal.

If you arrive between storms, when

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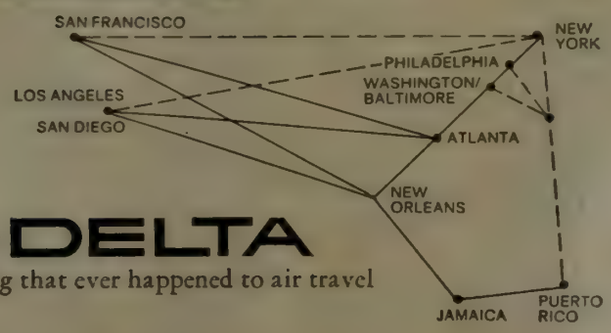

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air is chilly and fresh, the castle stands scrubbed and sparkling against the blue sky and the newly green hillsides.

Recently a third tour was added at Hearst San Simeon State Historical Monument. It passes through the castle's "recreation wing"—a succession of guest bedrooms, sitting rooms, and bathrooms.

In place of a guide, visitors on Tour 3 are loaned orange telephone-like devices that pick up a recorded commentary along the tour route. You can spend as long as you like poking through the new wing, but if you walk directly from recording to recording it will take about an hour and a half. Tour 3 costs $2 for adults, $1 for children 6 through 12. It costs a dollar more if you make an advance reservation (by writing to Hearst Reservation Office, Department of Parks and Recreation, Box 2390, Sacramento 95811).

Since you can vary its length, it is best to take Tour 3 last if you plan to take one or both other tours. But to combine all three in one day would amount to a marathon round of sightseeing: walking 1¼ miles, climbing 750 stairs, and touring altogether about 9 hours. You must start each tour at the bottom of the hill and go up by bus.

Advance reservations are not normally necessary between New Year's Day and the spring school holidays, except for Lincoln's and Washington's birthdays. The first to sell out is Tour 2, since space groups in Hearst's upstairs living quart is limited. Departures for each of three tours are scheduled at least t an hour, and if attendance warrants, t are increased to as many as six an h

Reserving space for California park camping

A reservation plan for campsites in C fornia state parks, inaugurated last y will continue in 1969. You can rese space for any time of year, but your ap cation must be sent between January and June 30. The application forms available at state parks and state of buildings in major California cities; you can write to the State Department Parks and Recreation, Box 2390, Sac mento 95811.

When you fill out the form, it is wise give second-choice dates. From March to June 30, you can contact the park rectly for reservations. In addition to camping fee, there is a charge of $1 for reservation. In case of cancellation, funds except $2 (the cost of process the application) are refunded.

Reservations will not be accepted in th parks where either space is available at times or the administration of reservatio is difficult. Such parks in the Bay Ar are Mount Diablo, Mount Tamalpais, a Sugarloaf Ridge.

For travel planners, a January check list

Mexico by rail. A 16-day tour of Mexico by rail and bus leaves San Francisco and Los Angeles on February 22, returns on March 9. Itinerary will include Aguascalientes, Cuernavaca, Taxco, Oaxaca, Puebla, Mexico City, and Monterrey. Tour prices begin at $555 (upper berth) from San Francisco, $525 from Los Angeles, and include all transportation, Pullman accommodations, all meals, and special bus tours. For reservations, write to Wampler Tours, Box 45, Berkeley 94701.

To the South Pacific. A 64-day tour of the South Pacific planned especially for photographers will leave Los Angeles on March 23. Itinerary will include New Zealand, Australia, Papua, New Guinea, Fiji, Tahiti, Moorea, Raiatea, and Bora Bora. Tour cost of $4,227 per person (based on two persons sharing accommodations) includes round-trip economy-class air fares from Los Angeles, all accommodations, all meals except 8 luncheons and 15 dinners in Australia, excursions and photographic expeditions, and the services of the tour escort. For information or reservations, see a travel agent or write to Thru The Lens Tours, Inc., 5301 Laurel Canyon Blvd., North Hollywood, California 91607.

Guide to the Middle States. A new 160-page guidebook entitled *The Magic of Frontierland*, by Robert Scharff (Grosset & Dunlap, Boston, 1968), describes vacation attractions in the Rocky Mountains and Great Plains regions. The guidebook can be purchased in bookstores at $1 a copy or ordered from Frontier Airlines, 2420 Delaware St., Denver, Colorado 80207.

Mardi Gras tour. New Orleans will be the destination of a six-day Mardi Gras tour leaving Seattle and Portland on Saturday, February 15. The program will include five days in New Orleans at the peak of the carnival, tours of the Vieux Carré, a boat cruise on the Mississippi, and a dinner at Antoine's and breakfast at Brennan's. Tour cost of $505.90 per person (from Seattle) includes round-trip air fare, accommodations, all sightseeing, and the services of a guide. For information, see your travel agent or write to Kneisel Travel, 1014 S.W Sixth Ave., Portland 97204.

Australian safaris. Photographic safaris into Australia's aborigine country can be arranged by writing to Don McGregor's Safari, Patonga Box 110, Darwin, Northern Territory, Australia. Safari prices average about $25 a day per person.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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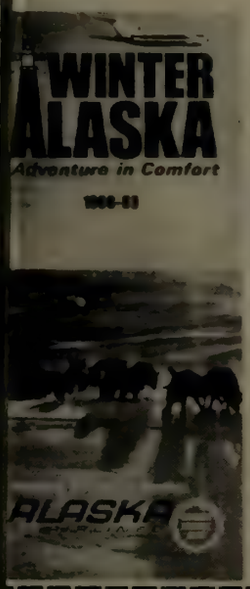

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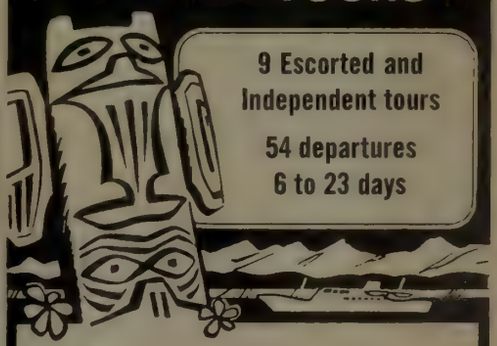

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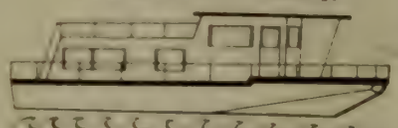

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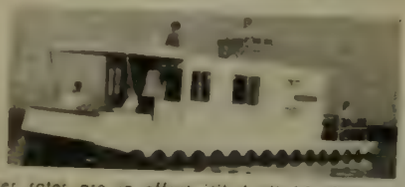

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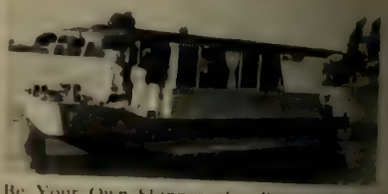

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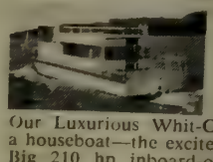

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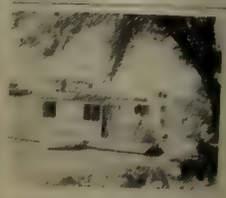

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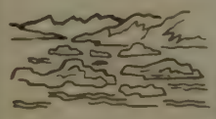

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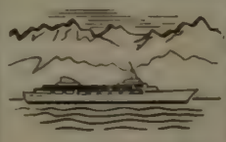

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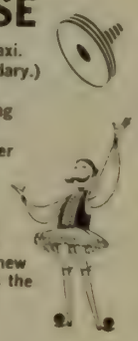

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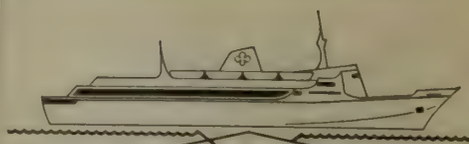

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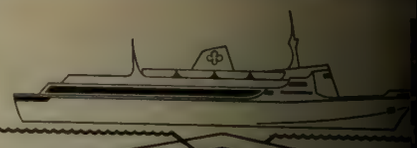

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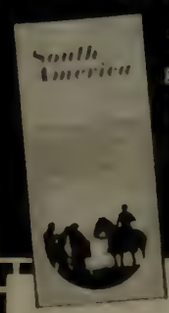

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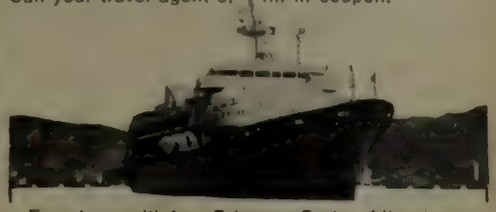

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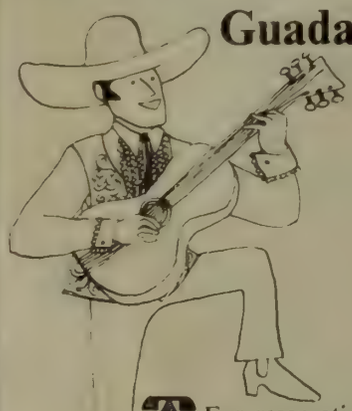

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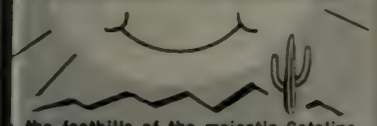

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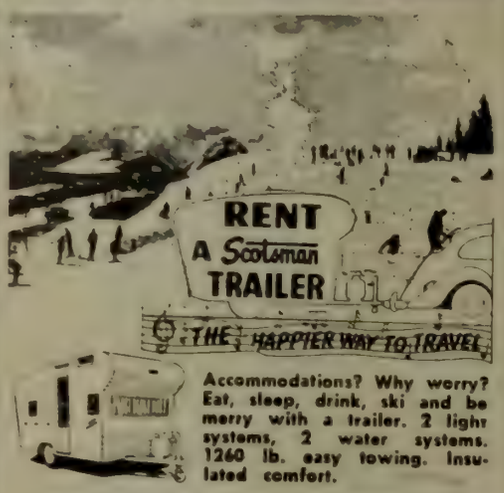

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Alpine Meadows (6 miles northwe Tahoe City). A new lodge has incre the size of the ski shop and made in the old lodge for a snack bar.

Boreal Ridge (Donner Summit). N skiing will extend activities on the s until 10 P.M. Thursdays through Sund The lighted area is between the lodge the ridge. Four rope tows are also ne

Dodge Ridge (near Pinecrest, off S 108). A new 1,700-foot-long double lift serves the beginners' slope. It ramp is in front of the partially compl day lodge which will provide cafe sun decks, and ski locker room.

Heavenly Valley (Bijou, south of Tahoe). Extensive development o Nevada side of this California reso now complete. Among the features 7-mile intermediate route that is prob the longest downhill ski run in the A thousand-car parking area, food se and sanitary facilities are located the Kingsbury Grade in Nevada.

Sierra Ski Ranch (3 miles west of Summit). With the rerouting of U. S this resort had to move and rebuil was relocated a mile to the east and higher elevation. New are a day chair lift, Pomalift, and rope tow.

Sugar Bowl (Norden, off Interstate A beginners' chair lift, Nob Hill, is feet long with 250 feet of vertical There will be night skiing on the Disney slope from 7 to 10 P.M. Tuesd Thursdays, and Saturdays. Young 11 years old and younger can ski fre all times on the little rope tow.

Squaw Valley (7 miles northwest of T City). This already gigantic comple chair lifts has added three more total of 18. From the lodge you can these new beginners' lifts on the abou be-completed 120-passenger tram.

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Visitors *pause to rest part way up Pyramid of Sun; smaller Pyramid of Moon at re*

Day or evening at City of the Gods

A visit to the Pyramids of San Juan Teotihuacán is one of Mexico's most interesting excursions, and you have the option of viewing them by day, by night, or both. The site is only 35 miles from Mexico City by way of a good toll road (autos, 6 pesos), and there is frequent bus service. Entrance fee to the site is 3 pesos per person; parking costs 2 pesos.

When the Aztecs discovered and named Teotihuacán (City of the Gods), it had been deserted for perhaps 500 years. Some authorities believe the pyramids were built before the birth of Christ. Judging from relics and ruins found within the 2-mile radius already excavated, the pyramids were at the center of a once very large city.

To orient yourself on arrival, visit the museum (open 9 A.M. to 5 P.M. daily; admission, 2 pesos). Upstairs is a restaurant with a good view of the excavations, where you can have lunch for about 30 pesos.

The Street of the Dead is a broad avenue lined with temples extending a half-mile between the two largest structures—the Pyramid of the Sun (closest to the museum) and the Pyramid of the Moon.

After dark the pyramids are focal points of a dramatic light and sound show, presented twice nightly from October to May (the English version starts at 7 P.M.). A 45-minute narrative with music relates legends about the ancient city while ever-changing lights play over the pyramids. Tickets (25 pesos) can be purchased in advance in Mexico City; attendance is limited to 500 persons per performance.

Recently unearthed, *the grotesque snak heads are found at rear of the Ciudad*

Buses for the evening show leave Mex City from the northwest corner of t Monument de la Revolución at 5:30 P. (round trip, 12½ pesos). Dress warm Ponchos can be rented and *ponche c liente* (hot punch) or hot tea is sold.

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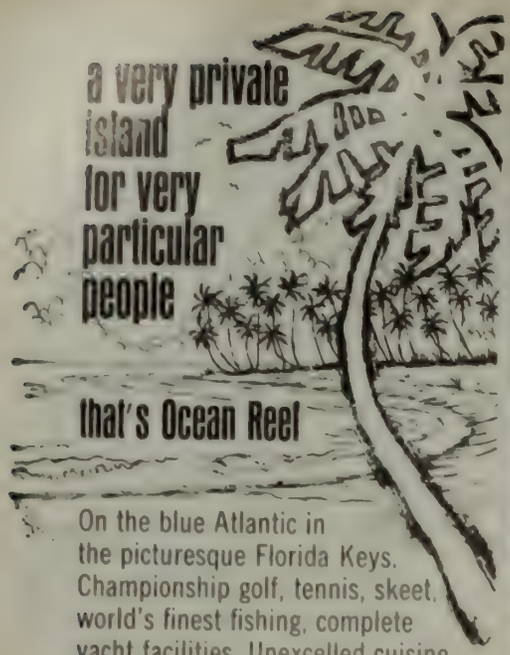

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Colorful raw material *for Guadalajara glass is not raw at all, but is reclaimed from canded containers. Youth at left has a boy's dream job: He's paid to break bo*

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ut in the nearby showroom), see it and finished while you wait, and— n as it has cooled—take it with you ouvenir.

a Guadalajara street map, you can *Tlaquepaque* easily. If you're touring the with a guide, the plant is likely on ual itinerary. Admission is free.

step *in making a large fruit bowl blow a globe into steel cage to add es that will remain in finished bowl*

h cage removed, *globe has been blown r, is returned to fire for reheating*

estro takes over, *cuts bottom from be, spins blowpipe to flare cut edge. n is scalloped by pumping pipe up and n. Spiral form is result of quick stop*

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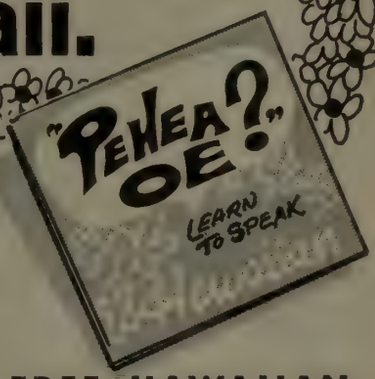

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Some excellent *snow sculpture decorates McCall during the annual Winter Carnival*

Drivers *in snowmobile races display their own kind of derring-do as they com around a mile-long oval course at the McCall airport (the airport is closed in wi*

Snow shenanigans in Idaho on January's last weekend

Patiently *waiting, sculptured fisherman is typical of the figures decorating town streets*

DON NORMARK

Temperatures *of 20° or colder are common and chill the ears quickly, but the air is dry and invigorating*

ou like snowmen, you'll love McCall, ho, during the town's annual Winter nival, January 24, 25, and 26. Among many attractions over these three s are 80 or more snow sculptures. npeting for prizes, the resident-sculp- display uncommon imagination and in rendering larger-than-life statu- from snow and ice.

ice sculpture is just one of many gs of interest in McCall during the n's tribute to winter.

most unusual events are the snow- bile races, noisy and spirited contests which drivers race around a mile of l track. Snowmobiles are put to other during the carnival, too. They replace sos in parades, and you can even ride snowmobile-drawn sleigh. You might nder if snowmobiles will eventually re- e automobiles in McCall, at least in ter.

Friday evening a torchlight parade formally open the carnival, and the en will be crowned.

Saturday morning there will be a nd parade down the main street. The wmobile races will take place Saturday rnoon, starting with the Mayor's In- tional. That evening, a variety show and a drawing for prizes will conclude the day's activities.

On Sunday, carnival activities will shift to Payette Lakes and Brundage Mountain ski areas, where skiing and ski-jumping demonstrations are scheduled.

Another winter attraction in and near McCall is swimming in heated pools. Among them (at New Meadows, 13 miles away) is a pool fed by natural hot springs.

Brundage Mountain Ski Area is only 7 miles from McCall. Facilities include a 5,355-foot double chair lift for advanced skiers and an 1,800-foot platter lift for beginning and intermediate skiers. A day lodge near the base of the lifts has a cafeteria and ski rental shop.

McCall is about 110 miles north of Boise on State Highway 55. To reach it from the north, take U.S. 95 to New Meadows, then go east on State 55.

There is daily bus service from Boise, which is served by air and rail.

Hotel and motel units, as well as lakeside resort accommodations, are available in McCall and at Shore Lodge Resort, a mile west of the business district. For a list of accommodations and a carnival program, write to the Chamber of Commerce, Box D, McCall 83638.

ndage Mountain Ski Area *is deservedly popular for powder snow, excellent runs, comfortable facilities*

You can swim *in heated pools in McCall next to snow. Hotel pool shown is open to public*

Museum volunteer *demonstrates herb chopper. Youngsters at right look through window from rear garden*

GAIL SOKO

In San Francisco . . . a Chinese history museum

For a new adventure on your next visit to San Francisco's Chinatown, look in on the Chinese Historical Museum on Adler Place, an alley half a block south of Broadway off Grant Avenue.

The museum is an informative, noncommercial enterprise in bustling Chinatown. The brick, wood, and stucco interior of the small two-story building exhibits memorabilia of a century of Chinese life in America. Included are photographs of the ladies on San Francisco's old Chinese telephone switchboard; a carefully plaited, waist-length queue; a hand cart built ingeniously of wood and wire. Volunteers comprise the museum staff, and one will be on hand to speak to any large group of visitors if you write in advance (address: 17 Adler Place, San Francisco 94133).

The architectural firm of Campbell and Wong designed the building, and architect Philip P. Choy supervised interior construction.

The museum is open daily except Mondays from 1 to 5 P.M. Admission is free. The best place to park in this congested part of the city is Portsmouth Plaza Garage, on Kearny Street near Clay.

Shake the container—*the stick sliding out farthest bears your fortune*

Chinese and English *signs identify m seum, help visitors find tiny Adler Pl*

SUNS

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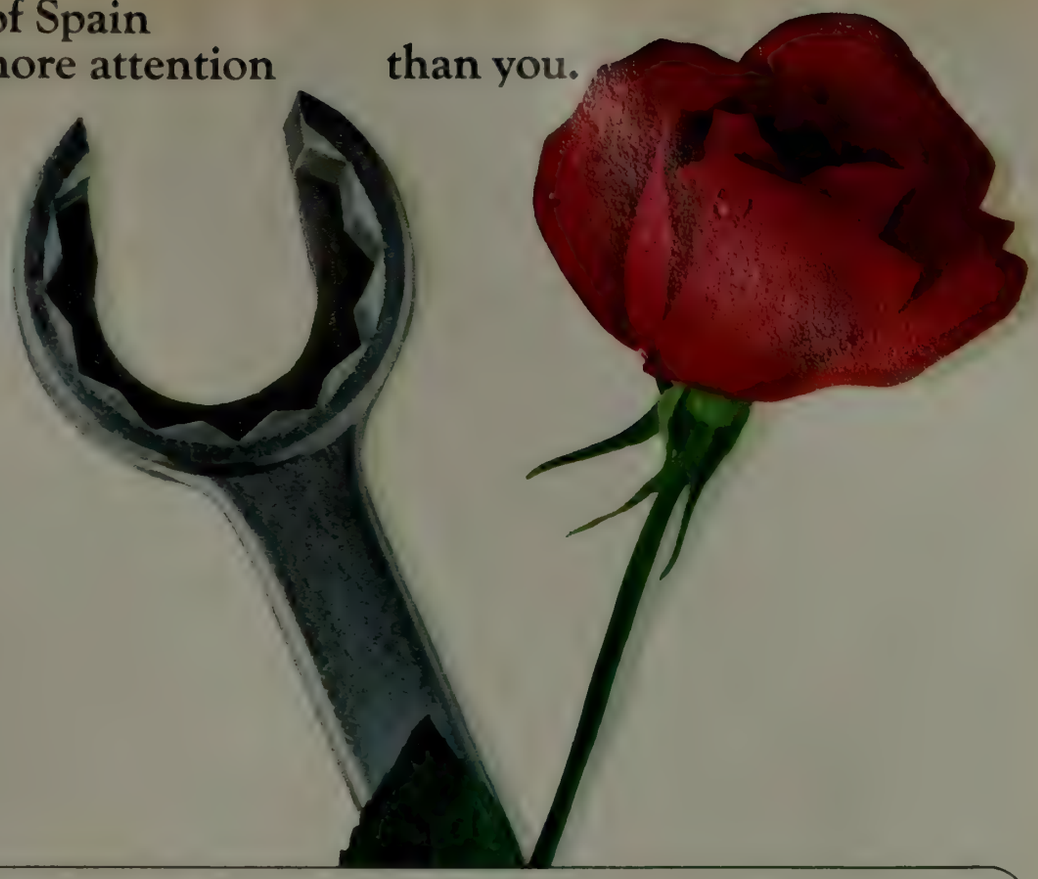
y the plane gets more attention than you.



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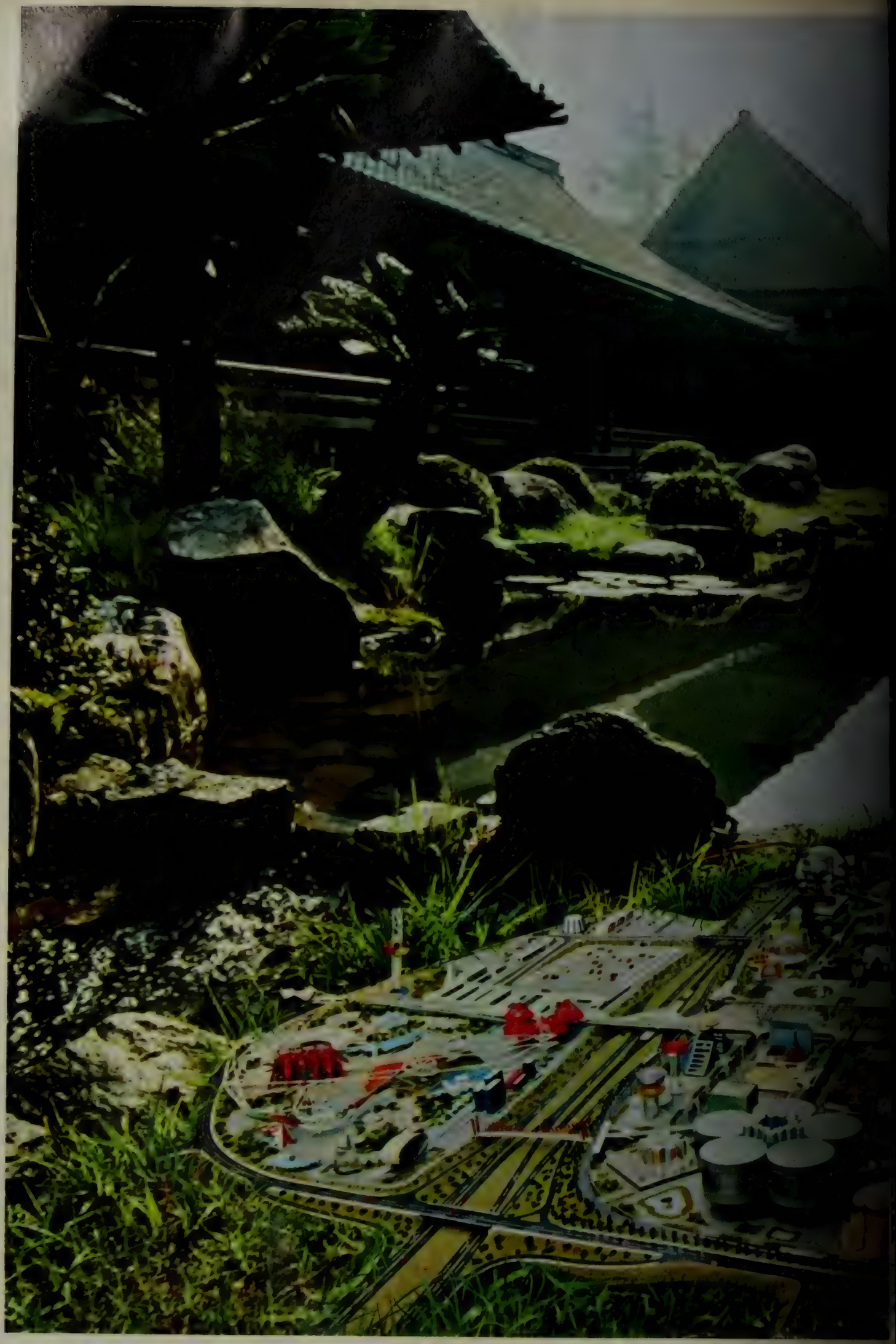

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damia. Same as above, but husk d be dry.

ya, lichee. Fumigation required. Take before 10:30 A.M. to the State Plant antine Station at 663 Ilalo St. in lulu and pick it up after 1:30 P.M.; tation is open 7:30 A.M. to 4:30 P.M. day through Friday. There is a slight ge for fumigation service.

na. Same as above, but bananas are gated only on Tuesdays and Thurs- and are held an additional 24 hours ring.

ado. Fumigation required. Avocados fumigated only on Tuesdays and sdays, by appointment, with a charge .50 regardless of quantity. Some avo- varieties turn black in the process.

go. Must be pitted and frozen solid, oked and preserved.

E: *You can buy some fruits already gated at the airport, in Waikiki shops, from certain fruit and vegetable panies.*

ers. The only ones you cannot mail rry home are gardenias, jade flowers, na-loa flowers, and flowers of any ber of the pea family. Any other of cut flower or blossom in lei form go. You can take plants potted in a medium and bare-root plants, prop- packed and inspected by the State artment of Agriculture, if there is no ibition on the plant species itself. nerous flower shops and garden cen- carry a line of preinspected potted ids. But all plants growing in soil are ibited.

further information, write to the U.S. artment of Agriculture, Plant Quar- ne Division, Box 340, Honolulu 96809, elephone (808) 856-903.

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Paniolo, Hawaiian cowboy, *leads party on morning ride out over grasslands near Kamuela Airport on vast (quarter of a*

The Big Island gives you a look at yesterday's Hawaii and also a look at Hawaii tomorrow. This in-between year of 1969 is a great time to go

White Sands *is Kona body surfin*

Sunset
THE MAGAZINE OF WESTERN LIVING
JANUARY 1969

The Big Island

GLENN CHRISTIANSEN

(s) Parker Ranch. Air is crisp at 2,500 feet, still two miles beneath dome of lofty Mauna Kea, just showing here above clouds

aii's Big Island — the one named aii—is finally getting the attention it rves as the island with the greatest ety of terrain, climate, scenery, and gs to do.

Big Island is the most sparsely deped of the seven inhabited Hawaiian nds, but it won't be for much longer. ming are manmade changes in its scape more explosive than its volbes. A revolution in Hawaiian travel n a year ago with the opening of t jet service from the mainland to Big Island. United, Pan American, and Northwest Airlines round-trip ticketholders can now reach Hilo without setting foot in Honolulu. By using both gateway cities, they can travel to all the islands for only an extra $5 per stop. The first year some 180,000 used the Hilo terminal (and overwhelmed its rather primitive facilities). This count will multiply. By 1975 the island will have tripled its 1969 hotel capacity (which is almost triple the 1965 capacity).

The Big Island is the southernmost point of the United States. Although mostly lava wasteland, it is the world's largest orchid-grower. It has the nation's only coffee industry. It is the state's biggest producer of sugar, papayas, avocados, macadamia nuts, anthuriums, Christmas trees, vegetables, and beef (but grows none of its pineapple).

Its two mountain masses are probably the tallest on earth. Mauna Kea, which peaks at 13,796 feet above sea level, and 13,677-foot Mauna Loa, the world's largest active volcano, rise more than 30,000 feet from the ocean floor. And the Big Island, in Hawaiian terms, is *big*—almost twice as large as the other islands combined.

Halemaumau, *Kilauea's main firepit, was hot lava lake half of last year; its floor rose to within 175 feet of rim. Mauna Loa*

The volcanoes are the famous Big Island attraction. Kilauea acted up during most of 1968

The Big Island is the one place in the United States where you are likely to see volcano action. Although Mauna Loa has not erupted since 1950, Kilauea may spout off any time.

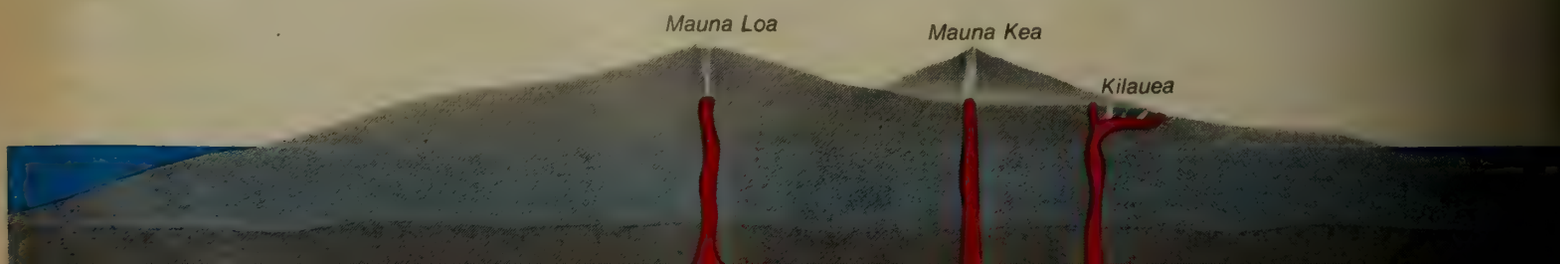
Hawaii's domes are shield volcanoes whose very hot, fast flowing lavas burst out relatively gently. Most eruptions take place within Hawaii Volcanoes National Park. Its 344 square miles include Mauna Loa's summit and northeast flank (reached only by trail) as well as Kilauea. You could keep busy here several days, but you can get a fair sampling in a few hours on a 90-mile loop trip from Hilo, or traveling between Hilo and the Kona Coast.

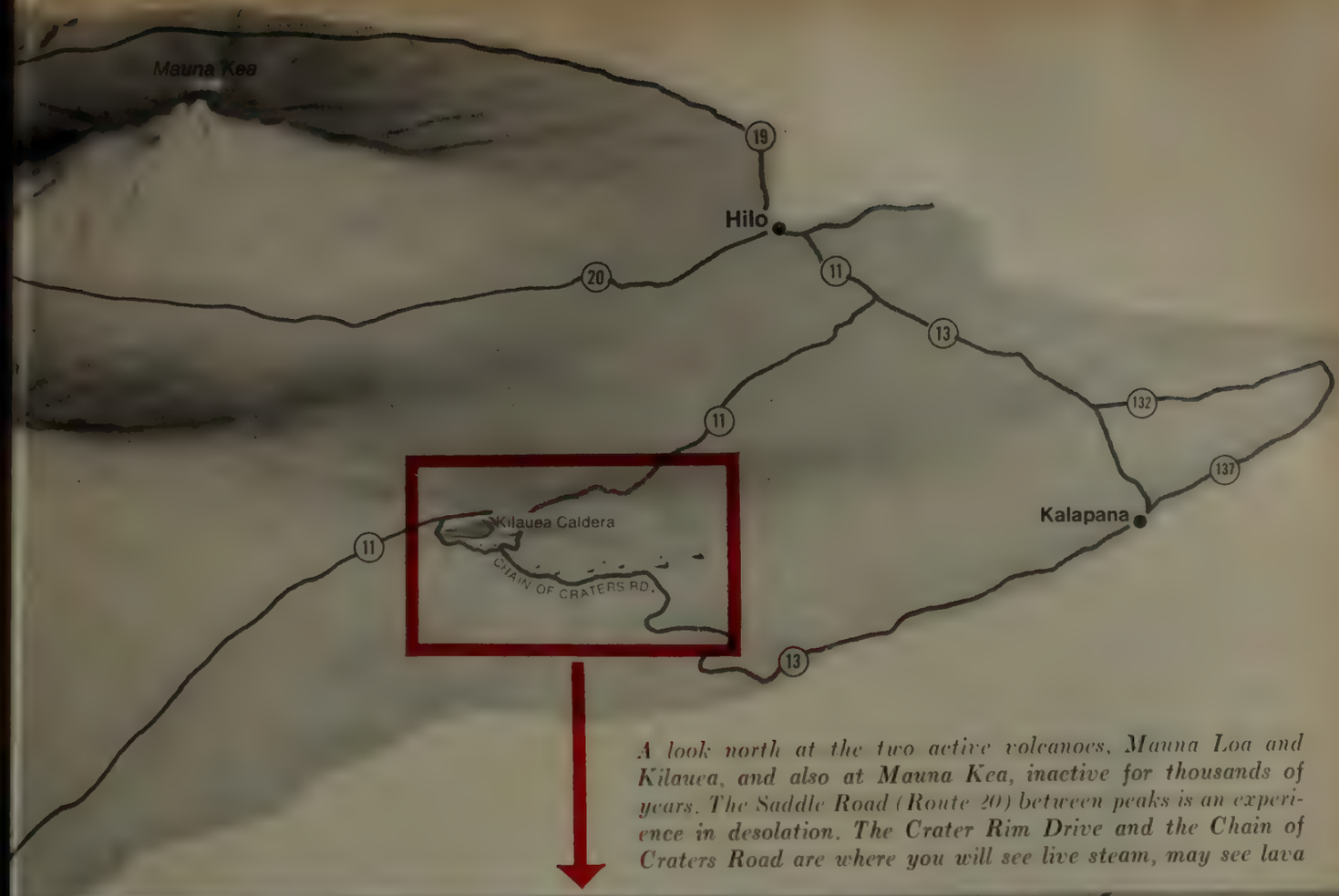
Kilauea Visitor Center has exhibits and programs that explain volcano action. Displays at a new Wahaula Center (Kalapana entrance) opening in March will depict early Hawaiian life along the coast—Hawaii's oldest pre-Christian temple is next door.

The 11-mile Crater Rim Drive takes you from Kilauea Center around and into the summit caldera, across both rift zones, through lush forests of native *'ohi'a* and giant tree ferns over bleak desert. You can walk short trails through a tunnel, a *kipuka* (oasis) left by a Mauna Loa flow that and (atop a boardwalk over cinders) the ghostly forest wr by the violence in Kilauea Iki Crater in 1959.

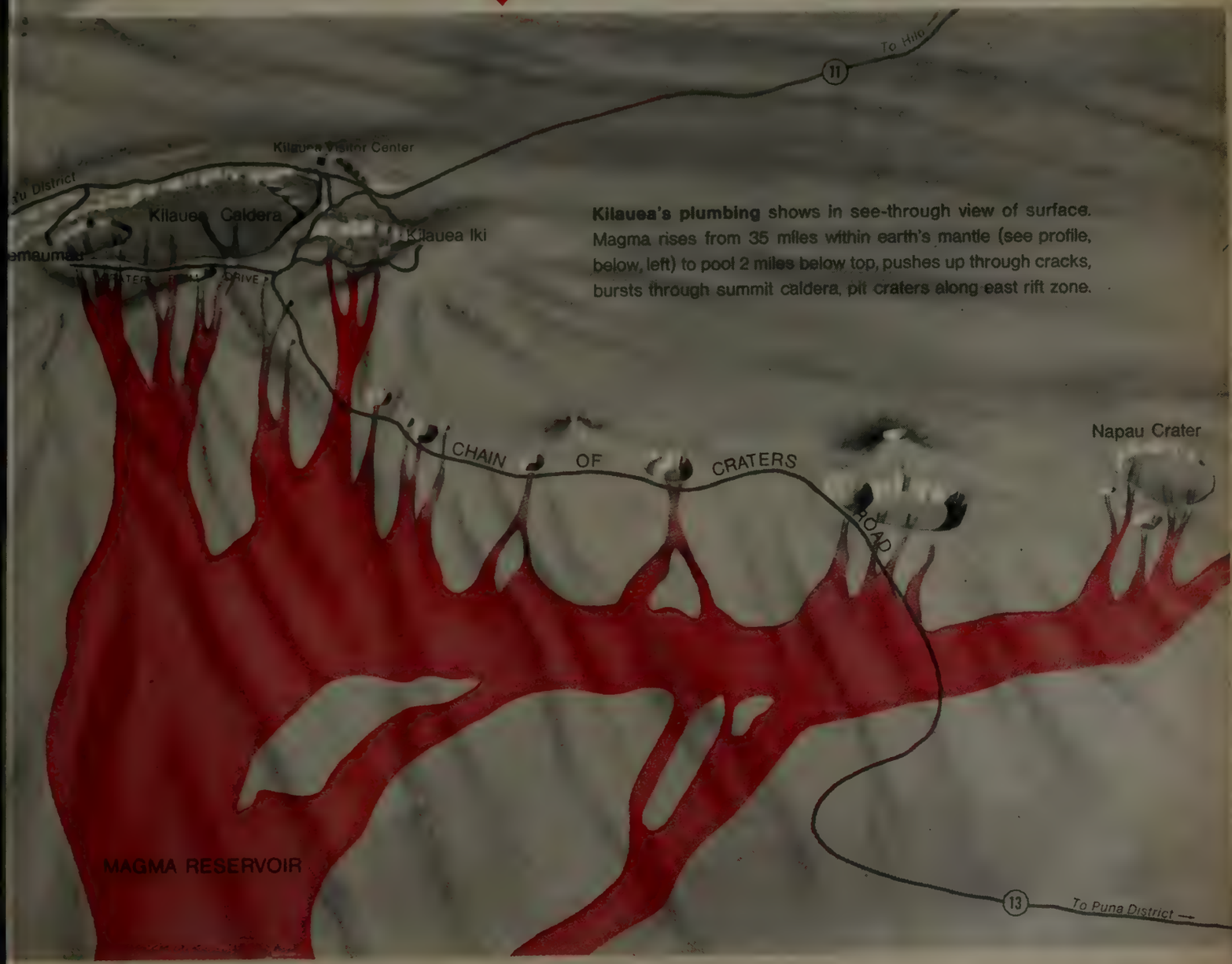
Boys are engulfed *by steam from deep cracks in Kilauea g*

Chain of Craters Road passes recent firepits in old c formed by collapse—when lava underneath drained away





A look north at the two active volcanoes, Mauna Loa and Kilauea, and also at Mauna Kea, inactive for thousands of years. The Saddle Road (Route 20) between peaks is an experience in desolation. The Crater Rim Drive and the Chain of Craters Road are where you will see live steam, may see lava



Kilauea's plumbing shows in see-through view of surface. Magma rises from 35 miles within earth's mantle (see profile, below, left) to pool 2 miles below top, pushes up through cracks, bursts through summit caldera, pit craters along east rift zone.

HAWAII TODAY: You sleep in Hil in Kohala, in the National Park, or on the Kona Coast

To explore the Big Island, you should stay in at least two widely separated places. Kailua, the historic town and resort village, has more than 1,000 rooms—in oceanfront layouts such as the 40-year-old Kona Inn or the year-old Kona Hilton (a new wing due to open this month will make it the largest hotel on the island) where rates run from $21 to $33 a day for two, or small hotel apartments with accommodations at $85 a week. Hilo has 900 rooms, mostly on Waiakea Peninsula near the airport topped by the 10-story Naniloa ($22–$30 a day for two).

Two alternate or additional bases are South Kohala (in Waimea or near Kawaihae), a 1 to 1½-hour drive from Kailua; and Hawaii Volcanoes National Park, 45 minutes from Hilo. Through 1969 space will remain limited. The stunning 256-room Mauna Kea Beach Hotel ($55–$70 a day for two with breakfast, dinner) is worth a sightseeing stop if you're not staying there, and the buffet lunch is an experience. Up in Waimea are just the Mauna Kea's tasteful Ranch House—merly the Parker Ranch manager's home ($26–$35 a da two with breakfast), and a small apartment hotel. The 40- Waimea Village Inn will open in the fall. And in the nat park there's the venerable Volcano House with 37 rooms (day for two). All these hotel bases have golf courses.

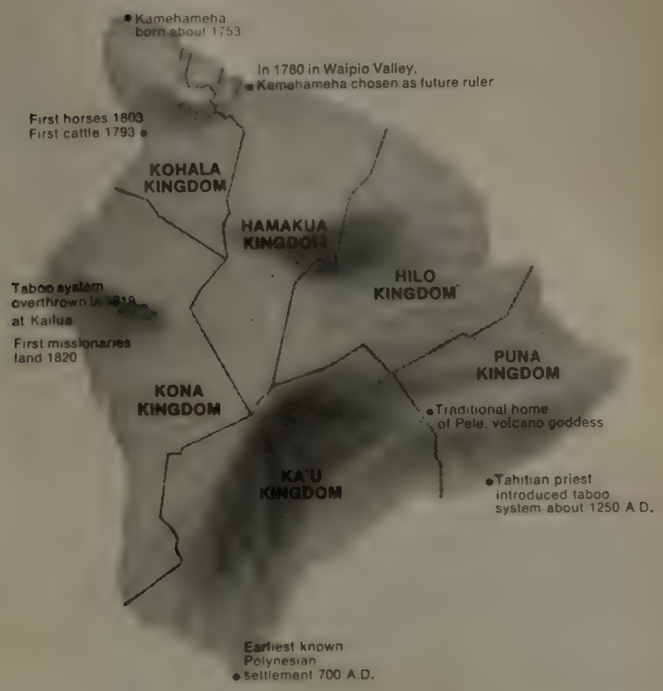
In the national park and just outside, and in Mauna State Park, are furnished cabins that rent for $2.75 to $ person a night. Spaced about the island are shoreline upland parks where you can pitch a tent or park a ca The map shows you the parks; symbols indicate can places—and golf courses and hiking trails.

Inter-island jets connect the Big Island with Honolulu Maui many times a day from Kona, Kamuela, and Hil taxis use these fields plus Upolu and Kona Village airst

GLENN CHRISTIANSEN

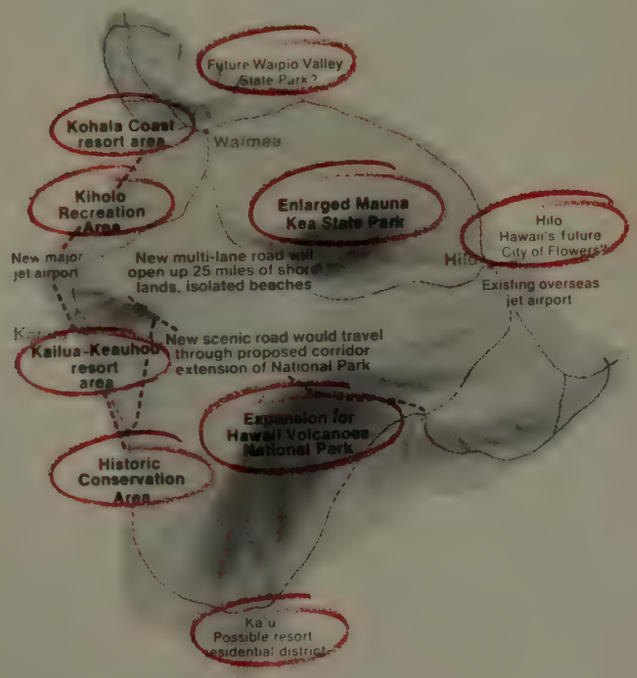
irst marlin. *George Hawes of Los Angeles stands with Pacific marlin caught last July 19 after 2-hour fight. The tag shows ight—661 pounds. Kailua Wharf is base for International Bill- Tournament. Kona waters have yielded record 1,100-pounder*

HAWAII YESTERDAY:
This is the history island



Capsule history. This is the island you associate with Hawaii's famous historic and legendary personalities. For five centuries, today's districts were kingdoms.

HAWAII TOMORROW:
Immense change is coming



Resort and residential projects now on paper are overwhelming; but imaginative land-use plans also on paper give hope that the coming huge developments will respect each district's heritage. The warm, dry West Coast will see complexes of hotels, beach parks, apartments, hill parks, golf courses, shopping and restaurant centers expand from Kawaihae to Anaehoomalu Bay, and from Kailua north to a new jet airport at Keahole and south beyond Keauhou Bay. The national park may be connected by a scenic drive to the top of Hualalai and down to the City of Refuge. Hilo is making its seismic wave - desolated waterfront a vast park.

City of Refuge visitor *greets temple sentries —reproductions of ancient wooden images*

On the Big Island you can just relax at a good hotel, eat soak up sun, play golf. Or you can be an active to explorer, or outdoorsman.

Most tours of all the islands stop one or two nights on H and cover part of it fast by bus or "stretchout" limo If you're not limited by a prepaid tour schedule, plan at four days just to sightsee all districts. Travel agents sel Island all-inclusive tours of any length or will arrange fl hotel space, delivery of a rental car. You can strike o your own, armed with maps and folders and a detailed such as Sunset's *Hawaii* (Lane Books, $1.95). Rentals avai range from foreign compacts at $5 a day plus 5 cents a to four-wheel-drives for $15 plus 12–15 cents a mile.

Sightseeing flights are a good way to see sections of the i if time is short. You can charter a Royal Hawaiian passenger Cessna for $30 an hour, five-passenger for $45.

Boy meets carp *at the Mauna Kea Beach Hotel, which is almost a Polynesian-Oriental art museum*

The package tours are good fun . . . but on your own you ca see more, set your own pace

As you tour the Big Island you'll notice startling differe in weather, landscape, agriculture, and lava flows.

Hilo. Here the green growth is heavy and you should e some rain. A visit to one of the orchid and anthurium gro and packing places is informative and Hilo is a fine pla buy flowers to take home. Also worth stops: the Orchida with prize flower displays, the Tree Nursery, with some tropical specimens, and Lyman House Memorial Museu missionary home with Hawaiiana collection.

Ride a sampan bus or hire one for touring. Explore the p at opposite ends of the business district: Wailoa, with a p boats, and fishing, within a government and shopping ce being developed well beyond any seismic wave's reach; Wailuku River, especially its Rainbow Falls and Boiling a few miles inland. Visit the sampan harbor before break fish auctions are at 7:30 A.M. Mauna Kea Sugar Mill on town's north bluff has tours weekdays at 10 A.M. and 2

Hamakua District. On the cane field highway between Hilo Honokaa, you should detour occasionally: for the tree-l drive between Papaikou and Onomea; for the parks at A Falls, Kolekole, and Waikaumalo in stream-eroded gul Laupahoehoe, a peninsula viewpoint but once a seismic w swept village; and Kalopa, a forest with giant *'ohi'a;* and classic plantation towns like Paauilo and Honokaa. The b tiful drive from Honokaa to Waimea takes you through for truck farms, pastures, frequent mist.

Kohala District. The wonder of this vast region is its trasts. In Waimea you're on high, windswept plateau stre ing to Mauna Kea and backed by turf-carpeted Kohala The little Parker Ranch town has nineteenth-century gi bread houses mixed with new shops, markets, and eating pl

On the 15-minute drive downhill from cool Waimea to port of Kawaihae, the temperature rises one degree per ute. An immense hotel-resort-apartment-park comple planned for this sun-baked slope.

South of Kawaihae stands an impressive national landma Pu'ukohola Heiau, the last sacrificial temple. Kameha built it to insure completing his conquests.

A new road (11.4 miles) from Kawaihae to Mahukona leta loop North Kohala, from raw coast to cattle ranch, sugar c

Signs on steps *in Hilo are reminder that Japanese are largest ethnic group in this plantation town now grown to 28,000*

GLENN CHRISTIANSEN

Haili Church in Hilo

Hiloans turn out in muumuus and lauhala hats, or Sunday best, for Hawaiian-English service in 1859 missionary-built church. Half of outstanding choir is from one family

GLENN CHRIST

Kailua's Alii Drive *is where everybody walks. Here you can snack, rent a bike, shop, just people-watch from a seat on the sea*

high pastures. See Mookini Heiau in the cane, churches in Hawi and Kapaau, the famous Kamehameha statue in Kapaau.

Kona District. Tourist Kona is Kailua village and thereabouts, but up on Mauna Loa's and Hualalai's western slopes are several other Kona worlds. The around-the-island highway tr north-south at 1,000-1,500 feet (through tin-roofed farm to swooping down to sea only at Kailua. Shore roads co Kailua with Keauhou, Napoopoo with the City of Refug

Up above is coffee country, cooler and greener, with a de able cloud cover for part of most days

South, at Kahaluu Bay, call at tiny St. Peter's Ca church, built on a *heiau* site to surmount superstition. On way down from Route 11 to the City of Refuge watch f side road to Honaunau's St. Benedict's Church (called Painted Church"). Its murals, which give the little c a cathedral effect, are a folk art masterpiece.

You will stroll Alii Drive, see Akaka Falls, the City of Refuge

a Falls *drops 420 feet into jungle gorge amid Hamakua cane fields north of Hilo. Easy trail loops through 66-acre tropical park*

nearby City of Refuge was once the most sacred place in Hawaii and is now a National Historical Park. Until 1819 ancient ways were abandoned, taboo breakers, defeated iors, noncombatants were safe here.

Kailua you shop, try the eating and night spots, cool off in , mix with other visitors. Make time to visit gracious hee Palace, built in 1837–38 by a royal governor, once Kalakaua's summer home, and now a museum; and the h on our cover, Mokuaikaua, the Islands' oldest, built he first missionaries who landed close by. Be on the wharf te afternoon to welcome the fishing boats.

District. Along the highway you see miles of old lava; green Manuka State Park; the elegant small church at Waiohinu; the nation's southernmost town, Naalehu. On a short detour visit Punaluu's black beach settlement. On a longer one, drive to isolated South Point and hunt for olivines (green sand), lava tubes, ancient canoe-mooring holes.

Puna District. Puna has few people but lots of signs foretelling subdivisions to come, papayas, anthuriums, and freakish evidences of Kilauea's fiery behavior in 1955 and 1960. You cover one leg of its triangle of roads traveling between Hilo and the Kalapana end of Hawaii Volcanoes National Park. It crosses 1955 flows already sprouting lichen. On the shore road and Route 132 you see 1960 lava formations, pass buried villages.

Picnic party *stands, looks through roof as four-wheel-drive creeps down 26 per cent grade. Same road is left center in color photograph*

GLENN CHRISTIANSEN

Waipio explorers *picnic below 965-foot "come and go" waterfall fed by irrigation ditch above. Same waterfall is in color photograph at left*

One of the most beautiful coasts in all the islands is the windward face of the Big Island's oldest volcano, the mile-high Kohala Mountains. Unfortunately, it is not too accessible.

You can visit the beautiful valley pictured here, but the only road into it calls for a four-wheel-drive vehicle, which you can rent. Or you can take an all-day tour with Hawaii Trails (Kamuela) for $22 per person in a party of five.

In a passenger car you can go as far as the lookout park, on Waipio's east rim, where the steep descent begins. Below you, a stream lazes along Waipio Valley, carpeted with taro patches, 6 miles long and bounded by 2,000-foot-high walls. The switchback trail up the opposite bluff goes on to even more isolated Waimanu Valley, a day and a half's hike away.

It's a steep mile down into the valley; the grade reaches 26 per cent. Once down, you follow dirt roads and wheel tracks, splashing through mud and across streams. A fork to the beach lands you close to the mouth of the main stream, where you can dip (ocean swimming here is dangerous). You can visit a Peace Corps camp where recruits bound for Southeast Asia live in native huts, learn languages, grow rice and taro, tend a water buffalo. You'll meet taro growers—a few still live in Waipio—and see waterfalls large and small, some with swimming holes.

Hawaii Trails will also take you on a half-day jaunt (for $8) from Waimea up onto the summit bog of the Kohala Mountains—a foggy world of strange native plants—for a look-down to Waipio through a rear canyon.

Another way to see Kohala's splendid *pali* coast is on an air-taxi flight from Kamuela airport. Or you can drive to Pololu Lookout; then it's only a 15-minute walk down to Pololu beach. You also can hike on through gorges as far as Honopue on the Kohala Ditch Trails, which give access to the ditches and tunnels that carry water to cane fields. To hike for a day, or to hike a two-to-three-day loop using free cabins, ask at the Kohala Sugar Company office in Hawi.

A day to remember . . . down into beautiful, remote Waipio Valley for a picnic under a waterfall

Sampan bus *is Hilo landmark. Other cars are "stretch-outs," 11-passenger tourist limousines. In distance is Rainbow Falls*

There is good swimming and surfing on the Big Island, but you have to know where to go. The island is geologically so young that few coral reefs have built up to create surfable waves and be eroded into sand. Some of the best beaches are in the beach parks (shown on our map). These remain undiscovered by almost all tourist visitors, who often as not have their only swims in their hotel's pool. Island residents, of course, use the beach parks to camp, picnic, swim, and fish. If you join them, you'll be welcome.

Look first to the South Kohala-North Kona Coast. Hapuna State Beach Park has perhaps the finest beach on the island —generous white sand, body surfing. And it isn't crowded. On one weekday quite recently, four children and one fisherman shared the beach. Weekends, you may see 50 or so local people swimming or picnicking, few or no tourists. The Mauna Kea Beach Hotel's beach and its cove at Hapuna are superb, too. There's skin-diving at nearby Spencer Park and in shallow, sandy coves north of Kawaihae and south of Hapuna.

The rocky Kona Coast has interruptions. You can swim in shallow Kahaluu Bay, body surf at famed "disappearing" White Sands, and do both at Hookena. The sandy coves at Kailua, Keei, and Milolii bays are good for children, and Kealakekua and Keauhou bays have protected deep water. Banyans and Lyman's are popular, year-round surfing spots a couple of miles south of Kailua.

Ka'u's Whittington Park has tidal pools and Punaluu has black sand. In Puna, swim off Isaac Hale and Harry K. Brown parks when the sea is calm, and any time in the latter's brackish and fresh-water ponds or at nearby Queen's Bath, a volcanic crack with cold ground water.

At Hilo, Reeds Bay has sand and fresh-water inlets to keep it free of the sharks that like the rest of the harbor. These don't discourage surfers when exciting waves come up at Bayfront, right off downtown. Just two miles north is Honolii, blessed with swells from the north or south and the island's best all-year surfing. Parks east of town have tidal pools.

Don't tempt fate along the wave-lashed north coast. But Kohala's Keokea and Kapaa parks front a sea generally free of storm swells in summer and promising for skin-divers, and Mahukona Bay is crystal clear and always sheltered—youngsters like diving off the old landing.

Fishing center is Kailua. Only minutes away from Kailua Wharf, fishermen troll smooth seas for all the big game fish common to tropical waters. Charter boat rates are $130 a day or $78 a half day for a party of four. Two boats, with similar rates, go out from Kawaihae.

Kona Activities Center in Kailua is the place to a cruises to the Captain Cook monument ($7.50); glass b boat trips ($2.50–$3); skin-diving charters (starting at $ person); an outrigger picnic cruise ($15.50).

In Hilo, at the Naniloa Hotel Activities Desk, you ca up for a catamaran sail ($4.50) or glass bottom boat ri in Hilo Bay, rent a Sunfish ($5 an hour), or a speed b water skiing ($8 a half hour).

Seven golf courses: Golfers have a choice of two famous pionship layouts, the Mauna Kea and Keauhou-Kona c and five others: both 18 and 9-hole courses at Hilo; the Volcano course; and 9-hole courses at Honokaa and

You can rent bicycles at the Naniloa in Hilo, at the 'n Paddle in Kailua.

Exploring the open spaces: On the Big Island it's easy to the take-it-easy resort life. You can hike, ride, hunt, even ski. A special sport is four-wheel driving through and primitive country, much of it high and cool.

To tackle such activities on your own, call at the State D ment of Land and Natural Resources, 1665 Kamehameh nue, Hilo. Here you get licenses and permits for hunti fresh-water fishing, reserve a state-owned cabin, get a park camping permit (permits are unnecessary at c parks), borrow gate keys for restricted roads, and ge information.

You can rent a pickup truck camper from Holo Holo Ca (Box 11, Hilo); Barefoot Campers, Ltd. (194 Kuikahi S Hilo); Mauna Kea Motors (Box 638, Kamuela); Camper als Hawaii, Inc. (170 North Kainalu Drive, Kailua, C Rates start at about $20 a day or $120 a week.

Guided trips by four-wheel drive are simply organized a

Last day on the Island . . . on a black sa beach that's yours al

tures. Hawaii Trails (Box 638, Kamuela) and Hawaii T Safaris (Box 11, Hilo) are the adventure specialists. You c across private ranch and wild lands to the crater-pocked mit of 8,271-foot Hualalai; climb from the Saddle Road (H 20) to more than 10,000 feet on Mauna Loa (to a weath servatory) or Mauna Kea (to a camp and lookout).

Mauna Kea's high slopes usually have fast, wind-packed snow this month and temperatures can drop from 50° t Resident skiers try runs 1,000 yards to five miles long, b sport isn't yet easy for visitors. There are no rental ski boots; the summit road is open only Sundays, by permit

Hunters look to Hawaii Trails and Slim Holt Hawaii 1938, Hilo) for all-expense, guided safaris for birds (in th and a half-month season that ends January 19) or goats, a and boar the year round.

On horseback from Parker Ranch Livery Stables in Wa you can ride nearby range or head for the flanks of di Kohala and Mauna Kea with a guide ($3 an hour).

Hikers can consider some ultimate challenges (to lungs a as legs): scaling lava-encrusted Mauna Loa on the Nat Park trail, or climbing up through cinders from Kiko Lookout in Mauna Kea State Park to the very top o island. The National Park has 28 miles of trails of va length and difficulty. Along many shores are sections o Hawaiian foot or horse trails.

GLENN CHRISTIANSEN

aimu black sand beach

Girl prepares to dunk in the foam that washes Kaimu crescent and laps the trunks of fringing palms. Black sand of the beach is lava exploded into bits, ground by waves

Little Utah cabin sleeps seven . . . and it cost just $7,500

Spacious entry *has room for putting on, taking off, ha outdoor gear. High windows are main source of da*

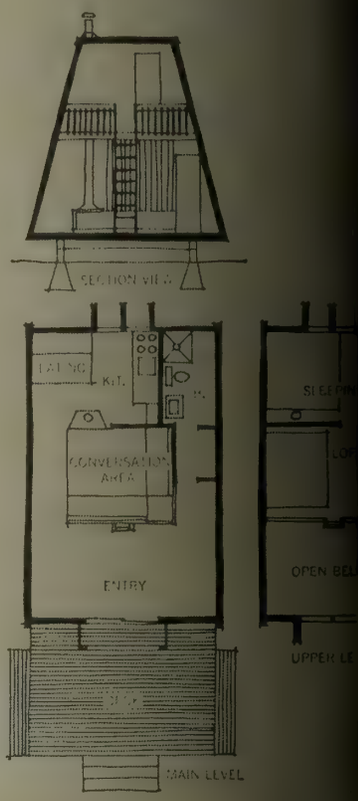
Ski storage *is built into projecting "fins" on both sides of entry*

This compact mountain cabin in Park City, Utah, measures only 16 feet wide by 24 feet long, yet it seems unusually spacious. Its modified or "pulled-out" A-frame design permits greater utilization of the interior space than a standard A-frame does.

On the main level there's a living-eating area, partly concealed kitchen, and bath. The upper level is a sleeping loft. Half of it is partitioned off to function as a private bedroom, and the other half opens to a two-story-high entry hall to give the cabin its spacious effect and provide daylight to both levels. The cabin accommodates seven without crowding—two sleep on the built-in couches on the main level, five more in the loft.

Cost of the cabin (including appliances but not land) was about $7,500. To keep costs down, all materials were precut and prestained.

It was designed by architect Ron Molen for Vern C. Hardman, Jr.



Sunken conversation area *(see plan) is out of the flow of traffic to eating area and kitchen around corner*

Sleeping loft *is reached by permanent ladder from entry. Beds are built into floor*

FRANK JENSEN

ke projections *in front (also around windows ck) serve as weather shields, reduce flow d air over glass. Doors could be added to fold s the fins when the cabin is not in use*

Not every year, but every few years . . . it's like June in January

It's January. *Birch at left is still bare, but white blooms cover the Robert P. Schoolers' 15-year-old evergreen pear in*

WILLIA

ite, inch-wide flowers bloom along with leaves (leaves may drop first)

Espaliers *wired to a wall. Design: Jocelyn Domela*

ong flowering trees, evergreen pear is ıething of an unpredictable genius.

st years its flowers come in respectable scattered spatters. But every few ters—like last January and February n these photographs were taken—at masses of pure white, sweet-smelling ssoms completely cover the trees a ıth or two before most other deciduous nts leaf out.

ather, most likely, accounts for the atic blooming. Ideal conditions seem be a cold spell early in winter followed a warm period. January temperatures Los Angeles average about 10° warmer n in the San Francisco Bay Area, ich may explain why evergreen pears oom earlier and more profusely in thern California. Trees in Southern lifornia also grow faster.

t even if it never bloomed, evergreen ar would still rate high as a landscape nt. Its leaves are clean and shiny. It's sy to grow in almost any soil. It takes all California and Arizona climates ex-pt the cold foothills, mountains, and gher deserts. And the way it accommo-tes pruning makes it one of our most rsatile plants as shrub, espalier, street ee, lawn tree, or even container plant.

'S A REAL PEAR BUT . . .

vergreen pear *(Pyrus kawakamii)* ac-ally is a species of pear (the fruit you t comes from *Pyrus communis),* but its fruit is inedible and not much bigger than a pea. Unlike fruiting pear, evergreen pear holds its leaves all year, except in colder winters. Leaves may fall at bloom time.

Unfortunately, family ties bind it to the scourge of almost all pears—fireblight. This highly contagious bacterial infection spreads from blossoms down into twigs and branches, making them scorched-looking. You can keep the disease from spreading by cutting off infected parts. After each cut, sterilize your shears with alcohol or household disinfectant. Insects may carry the disease, so spray aphids immediately.

SHRUB, TREE, ESPALIER

Nurseries sell evergreen pears in their natural shape—as many-stemmed shrubs—and trained as single-trunked trees.

The shrubby ones will eventually grow into big bushes or 15 to 20-foot-high multi-trunked trees. For a thick screen, space plants 10 feet apart.

Long, limber branches make natural espaliers of shrubby evergreen pears. Just bend the branches where you want them to go, thin out excess growth, and shorten long stems. Continuous pruning can keep a plant small enough for a trellis or in a formal candelabra shape, but may curtail or prevent flowering. You can train a plant to grow flat against a wall by supporting it with a wire framework and cutting off branches that head out. Vigorous plants trained like this can sometimes cover the side of a two-story house in seven or eight years.

Evergreen pears trained as trees take a couple of years to outgrow their young gawky stage, but in 10 years can be 20 feet wide and reach 20 feet in height. Stake trees until they can stand alone (in Arizona, stake on the southwest side to protect against sunburn). Cut off branches sprouting on the trunk. Shorten upper branches to make the head fill out.

Spring pruning can encourage more flowers. After bloom, cut two-thirds of the previous year's growth off each branch.

Formal *espalier needs hard pruning. It's in Fashion Square, Sherman Oaks*

DARROW M. WA

Lamb fondue. *Cook several portions of lamb in the simmering fat to keep the meal moving smoothly; serve with pilaf, chutney sauces, and cracker bread. Consider a wine such as Gamay Zinfandel; for dessert try Chocolate Mallow Mousse (page 9*

IT'S LAMB FONDUE

Each guest is his own cook

a fondue party: *small table, small group, and simple menu*

cooking tools have been accepted so enthusiastically in the st in recent years as the metal fondue set. The convivial it it suggests fits readily into the Western concept of ertaining.

find this combination of saucepan (not to be confused with ceramic dish for cheese fondue) and cooking stand everyere—from elegant little shops to mail-order catalogs. The ge of styles and prices is remarkable when you consider , classically, this utensil has only one function: the service fondue bourguignonne (beef fondue).

good cooks tend to be inventive; this, we suspect, is the in reason for the popularity of the fondue set. The trend is y from the luxurious excesses of beef fondue, with its lent sauces, to a lighter approach captured by this lamb due—destined to be the focal point of a leisure dinner party.

the preparation, including the piquant sauces that are reringly lean in calories, can be done as much as a day ahead, le the actual cooking is done at the table by the guests. t your guests in groups of six (or fewer) around small tables; re is necessarily much reaching and sharing. Prepare the ounts listed below for each group of six.

mb Fondue. Have your meatman bone a leg of lamb (about bs.). Trim off and discard fat and connective tissue; then meat in bite-sized pieces (this process takes time, but you do it a day ahead). Cover and chill the meat until ready to ve. Arrange meat in a basket lined with green leaves.

prepare the cooking fat, combine 1 cup *each* salad oil and tter (or margarine) in a 7 to 8-cup size fondue pot. If you ve a larger or smaller pot, fill no more than ¼ the depth. (The ixture foams vigorously at times and *can be dangerous if it ws over pan sides into flame.* For additional safety place the ndue set on a small tray when in use; some sets have a liner.)

eat fat on range (over direct heat) until bubbling, then place er denatured alcohol flame on the fondue stand; adjust heat keep fat bubbling.

vite guests to spear 2 or 3 pieces of lamb on each of several mboo skewers, immerse in the hot fat, and cook until meat as done as desired. Repeat procedure as often as needed.

serve, mound onion pilaf (recipe follows) on individual lates. With a fork, push meat from skewers onto pilaf. Pass utney sauces (choose 4 or 5 of the following) to spoon onto aves prearranged on plate, if you like. Offer crisp toasted our tortillas (directions follow). Makes 4 to 6 servings.

olden Onion Pilaf. Finely chop 3 medium-sized onions and ok in 4 tablespoons butter or margarine in a wide frying n or Dutch oven, stirring occasionally, for about 15 minutes or until lightly browned. Remove onions from pan and add 2 more tablespoons butter and 1⅓ cups long grain rice. Cook, stirring, over high heat until rice becomes opaque and lightly browned. Add onions and 2⅔ cups regular strength chicken broth, bring to a boil, cover, and cook over low heat for 20 minutes or until rice is tender and liquid absorbed. Salt to taste. Serve hot or let cool. To reheat, add ½ cup broth, cover, and heat in a 375° oven for 40 minutes. Serves 6.

Tomato Lemon Chutney. In a saucepan combine 1 tablespoon salad oil, 1 small whole dried red chile pepper, ½ teaspoon cumin seed, ½ teaspoon mustard seed, and ¼ teaspoon nutmeg. Heat, stirring, until seeds start to pop and jump, then stir in 1 can (1 lb.) whole tomatoes and juices, ½ cup currants, ½ cup sugar, and ½ lemon, finely chopped (including peel). Boil rapidly, stirring frequently to break up tomato, until very thick. Cover and chill; this sauce is best made 3 or 4 days before use. Makes 1⅓ cups.

Zucchini Yogurt Chutney. Grate 1 small zucchini (you should have ⅓ to ½ cup) and blend with 1 cup unflavored yogurt, 2 tablespoons minced green onions (including some of the green tops), ½ teaspoon cumin seed, and salt to taste. Cover and chill as long as overnight. Makes 1⅓ cups.

Sour Cream Mint Chutney. Blend 1 cup sour cream with 1 tablespoon crushed dried mint leaves, ½ teaspoon dry mustard, 2 tablespoons minced parsley, 1 small clove minced garlic, ¼ teaspoon grated lemon peel, and 1 tablespoon lemon juice. Cover and chill as long as overnight. Makes 1¼ cups.

Banana Yogurt Chutney. Finely chop 1 small ripe banana and blend with 1 cup unflavored yogurt. Add ¼ cup minced red onion, 3 tablespoons minced green pepper, and salt to taste. Cover and chill as long as overnight. Makes about 1½ cups.

Mustard Dill Chutney. Stir together 2 tablespoons Dijon-style mustard, ½ teaspoon sugar, 2 tablespoons red wine vinegar, and ½ teaspoon dill weed. With a fork, beat in ⅓ cup salad oil. Cover and keep at room temperature as long as overnight; serve in tiny dishes, as it is liquid. Makes ⅔ cup.

Flour Tortilla Cracker Bread. Arrange oven racks in the top position. Heat to 350°, then spread 8 to 12 flour tortillas (Mexican) in single layers directly on racks. Bake 4 or 5 minutes or until crisp. Serve hot or cold, breaking to eat.

For each serving, *pilaf and lamb are surrounded by attractive portions of sauces on citrus leaves (mustard sauce needs a cup)*

Entrance *to remodeled 1920 house is now via walk alongside driveway and through iron gate in garden*

Behind that wall the surprises begin

This remodeled house is so delightful, hard to imagine it as it was—a stiff, story box shape with an English Tu façade, typical of the 1920's. Mr. and M John R. Thomas and their two chil lived in it for 13 years before its in venient room arrangement became bearable. But they had come to love t urban location for its convenience quiet, so they decided to remodel.

Originally the front garden was a la lawn bisected by a concrete path to front door. It became a brick-paved enclosed garden, entered from the dr way. The tiny entrance hall, widened lengthened, now handles main traffic the first floor. The living and din rooms, now joined, open to the solari the real hub of the house.

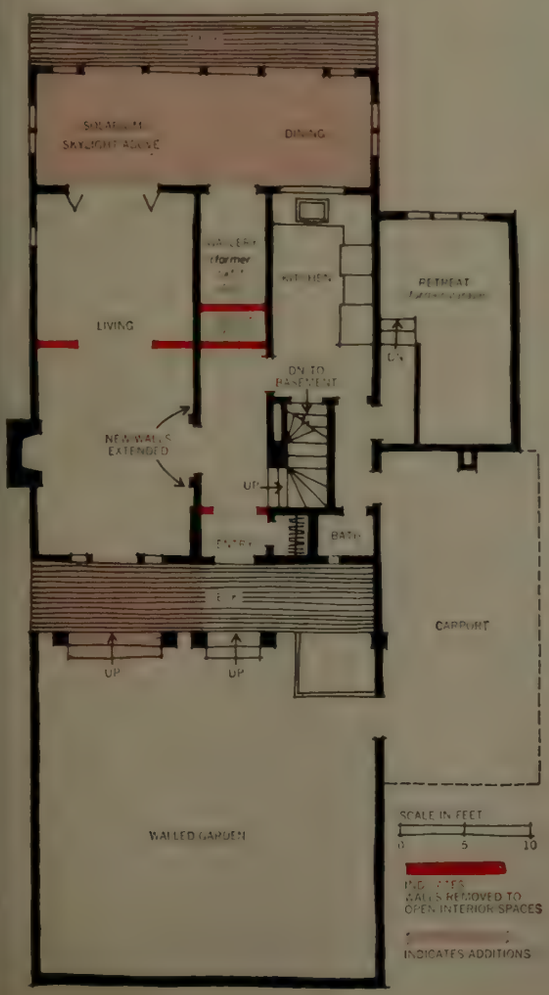
Upstairs, the master bedroom has a dormer and skylight, and a small balc

Architects were A. O. Bumgardne Partners.

New bedroom dormer *with balcony over looks brick-paved garden. Trellis shade low deck extended across front of hous*

ylighted *solarium - dining area at rear of house has a wealth of hanging baskets, pots*

Master bedroom, *originally a square box, now has a soaring ceiling and skylight reminiscent of a Parisian artist's studio*



DON NORMARK

New entrance hall *(brick pavers on floor) is also used as a picture gallery, runs from front door to solarium. Living room is just glimpsed at left*

The Changing Western Home

A new idea in portable heating . . . a cushioned vinyl flooring that's easy to lay . . . more kinds of textured plywood

Different approach to supplementary heating

A new type of portable electric heater is now available for efficient heating of those rooms in your home or vacation house that stubbornly remain cold, and also for heating your garage, basement, workshop, travel trailer, or office.

It's a baseboard type of heater that can be placed unobtrusively almost anywhere, but is particularly efficient underneath a window that tends to draw in the cold. The unusual thing about it is that it is a warm-water heater—an electric element heats a solution of water and antifreeze, which circulates through a finned copper pipe to warm the air that circulates up over the fins.

The heating elements never get any hotter than those of a warm-water heating register (about 200 degrees is maximum). It is completely silent, and children can touch any of the parts, tip it over, or stuff filmy paper into it without danger. You can place one close beside drapes or furniture without any fire danger.

The heater has a thermostatic control and gives unusually uniform heating because there is no fan and the warm-water system heats and cools gradually. It is available in six lengths, from 27 inches to 83 inches (from 300 to 1,500 watts). The larger sizes seem the best buy, because the basic equipment is the same in all and the smallest is priced at $79 and the largest $95. All simply plug into standard 120-volt outlets. Other versions of this self-contained warm-water heater are available for permanent installation in baseboards and in floors.

Today it's textured plywood

One of the most popular and practical materials used today for wall paneling and exterior siding on homes is textured plywood. It now comes in much greater variety than ever before, with wire-brushed, coarse-sanded, rough-sawn, and striated surfaces in plain panels as well as in panels grooved in various ways at 2 to 8-inch intervals to simulate boards. You'll find a selection of wood species: Douglas fir, redwood, cedar, lauan (Philippine mahogany), and occasionally others.

The textured panels are easy to ins hide nails well, and have proved q resistant to blows and abrasions. O nary wood stains work well on them, the stained panels require minimum c

Consult your lumber dealer or, for in mation on the full range of panels n available by the plywood industry, w to the American Plywood Associat Dept. PB, Tacoma 98401.

For toe scuffing

The risers in this stairway in the h of Mr. and Mrs. George M. Hedl Anchorage are finished with vinyl tiling so they will be easy to clean and not be easily scuffed by shoes. The s themselves are of varnished hardw Architects were Crittenden, Casse Wirum & Jacobs, Anchorage.

Cushioned vinyl you can lay yourself

A foam-cushioned vinyl flooring ca Castilian can be laid without adhes and is fairly easy for a home owne install himself. It is sold in 12-foot wi so seams are no problem in rooms w the floors are no wider than that.

You simply rough-trim the vinyl t size slightly larger than the space t covered. You can lay it directly over crete, plywood, hardboard, or an ol silient floor at any grade level. Once material is down, you trim the edges a sharp linoleum knife, allowing no than 1/32-inch clearance, and then down quarter-round molding at the and threshold metal at the doors. A an adhesive where seams occur.

The flooring stays flat because of it bestos backing, which also makes it able for damp areas below grade. Patt are printed on, then covered with a vinyl surface. Approximate retail of the flooring, not including the mate you need to install it, is $4.50 a sq yard. It is available where floor cove are sold, or you can write to the m facturer, Armstrong Cork Company, caster, Penna. 17604.

Professional-type *light box facilitates editing, arranging color slides in order—you can see whole roll of slides at a time*

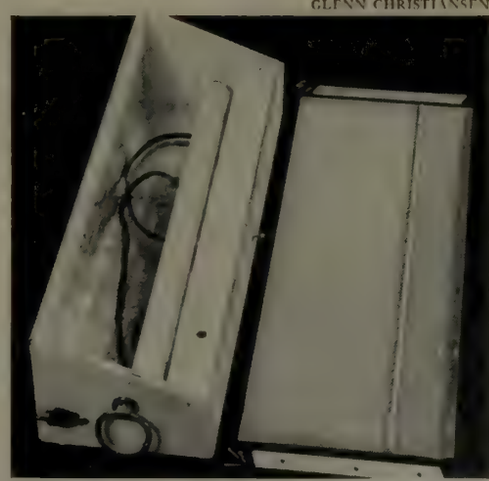
To edit your color slides

light box will help you sort and edit slides you wish to show and keep. r rendition is approximately the same at of your projector. Its top accepts 36-exposure roll of 35-mm slides, two of 2¼-inch square slides, or some 4 -inch transparencies or film strips. An nsion of the top provides a shelf for ted slides.

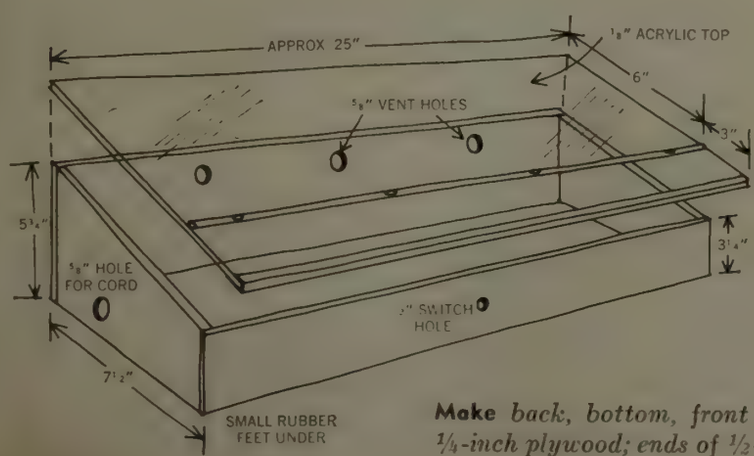
The box is portable, easily carried by a handle at one end. The cord stuffs inside when you hang it up or stand it in a corner. Cost of all parts was less than $10.

First obtain a standard 2-foot, 20-watt fluorescent light fixture with white or cool-white tube ($6). Build the box to fit your fixture's length. Drill vent holes in back and bottom; paint the inside white.

GLENN CHRISTIANSEN



Light *fits on its side against wood front, has a small switch in middle of the front*



Make *back, bottom, front of box of ¼-inch plywood; ends of ½-inch wood*

Use a piece of ⅛-inch smooth white acrylic plastic for the top. Secure the top with aluminum counter-edge molding at back and sides. Bolt on a thin quarter-round aluminum molding for the ledge at the front edge of the lighted area; attach any thin molding along the outer front edge. Mask side edges and the "reject" shelf on the underside with black masking tape. Install the light fixture, with switch mounted through box and fixture.

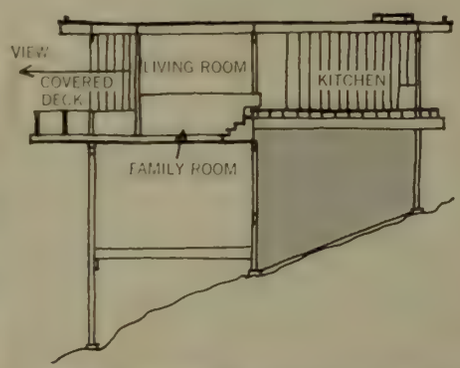
From her kitchen, *Mrs. Lai can see what's going on in the family room (lower left), enter into living room conversati*

All major rooms get the view

Every major room in this house enjoy
same sweeping view of Honolulu, Wa
and Diamond Head. By careful de
rooms on the uphill side look thr
rooms on the view side.

Although this device isn't unusual
self, it was carried a step further
usual here by placement of the fa
room four feet lower than the other r
(see sketch at left), and thereby en
ing the view from the kitchen and d
area and from the living room as
Architects were Lemmon, Freeth, H
& Jones, Ltd. Present owners are Mr
Mrs. Gilbert Lai.

It's essentially *a one-level house on a very steep site, is reached by this entry bridge*



SALBOSA-WENKAM

View watching *and food preparation can go on simultaneously in this house*

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ght, delivery & handling. (except Hawaii).

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SS-1

For car and stateroom reservations, tariff information, call your travel agent or contact . . .

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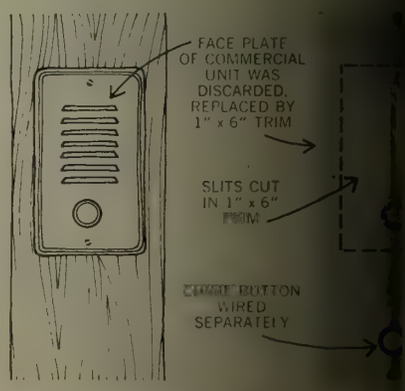
Intercom *is concealed in door tr*
all you see are slits, a small b

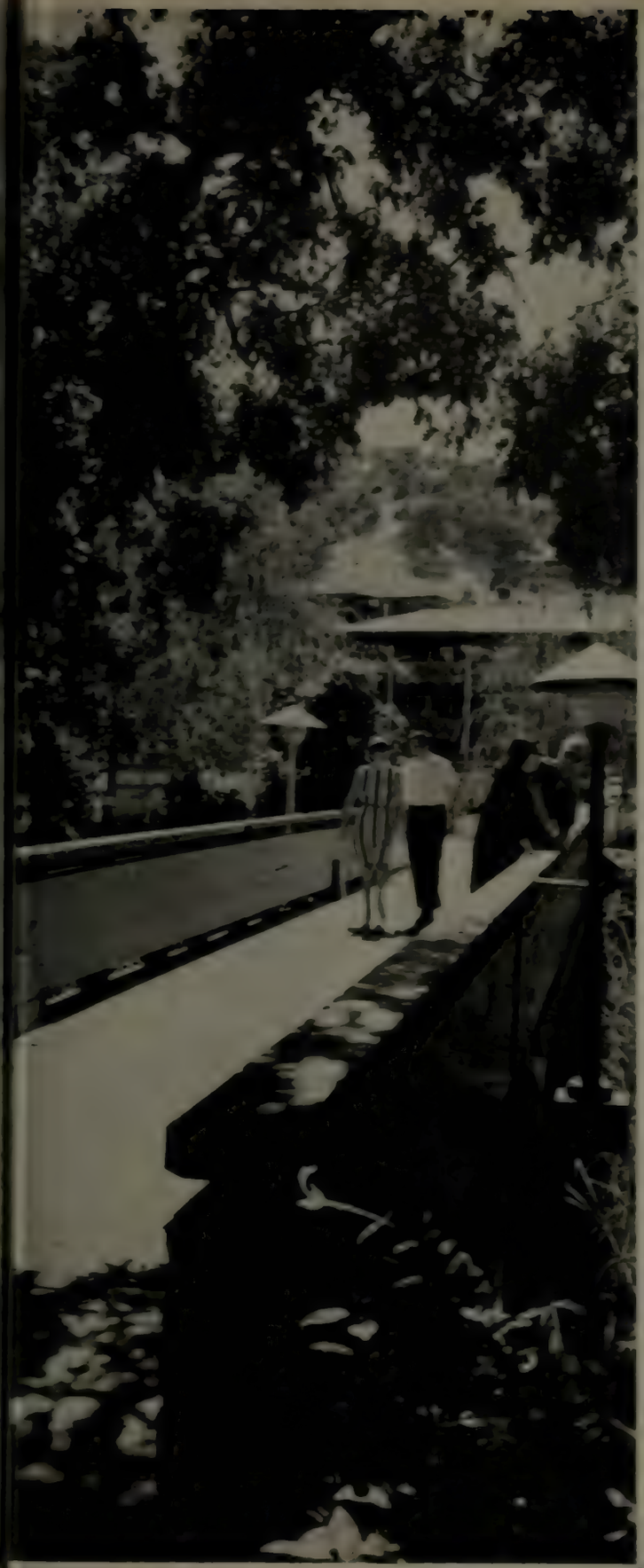
The intercom unobtrusive

There's no denying the usefulne
front door intercom system. Bu
may be occasions when the bare
look of the unit is not in keeping w
design of the door and entryway.

Such was the case at the Honolul
of Mr. and Mrs. Charles G. Rolles
tect Tom Wells wanted to keep th
door and adjacent trim as simple a
cluttered as possible. To accompli
he had the outdoor station of a co
cial intercom installed in the usua
ner but had the doorway trim m
(see sketch) to cover the unit with
terfering with its operation. The
button, which normally appears
intercom, was moved so it could p
through a hole cut in the trim.



The chime button *was wired sep*
doesn't utilize hole knockout in t



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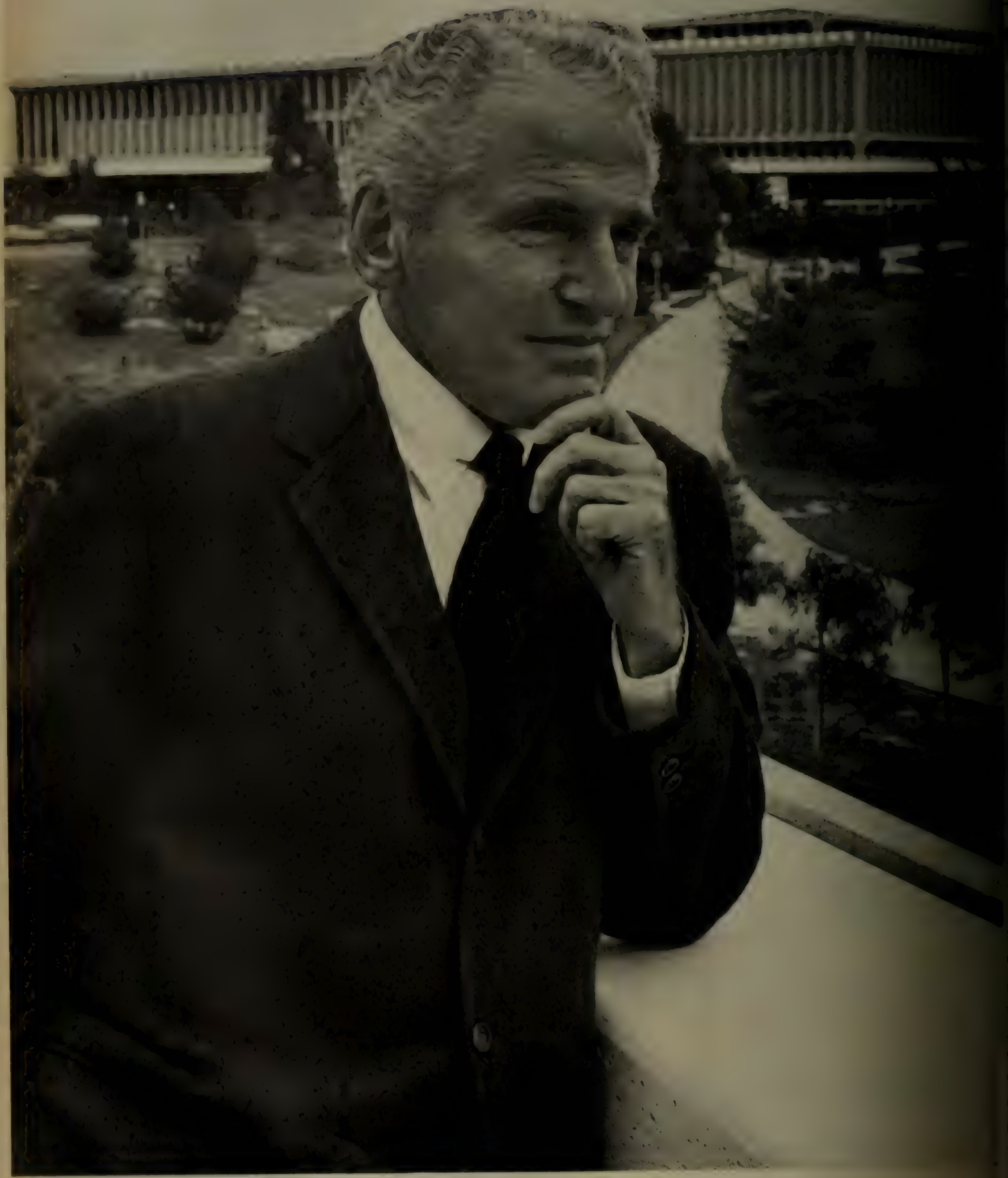
The **Sunset** *West: Innovation Market*

William Perei



Campus of the University of California at Irvine is distinguished throughout by the Pereira influence.

n get you quite excited bout the dynamics Western Living

eryone knows how fast the West is growing. eryone knows it is the birthplace of bold ideas in nmerce and living. And Westerners know how ch their planners and architects, such as lliam Pereira, are influencing the direction those as are taking.

s Angeles International Airport, for example, was signed by Mr. Pereira and his associates in the ly 50's. Such was their foresight that today it is one the few major U. S. airports adequate to its ffic volume — and one which can adjust without ain to the coming generation of super aircraft.

r another glimpse of foresight, drive south from airport about 45 minutes to a place in the open ntry called *Irvine*. Here, on 90,000 acres of former nchland — six times the size of Manhattan — r. Pereira and staff, in collaboration with the vine Company, are creating a new kind of Western y. By the end of the century, it probably will be populous as Los Angeles.

is city complex will know no urban clutter. planned greenbelts invite the old-fashioned easures of strolling. At its heart is a university of 00 students, which eventually will enroll 27,500. nning out from it are contemporary homes, siness and industrial structures. "A marriage in rmony of social, cultural, and commercial terprises," is how Mr. Pereira describes it.

vine is but one of several cities on the planning ards of Mr. Pereira and his 261 associates. The est is their laboratory, from which they are exporting eir experience to Africa, the Middle East, and awaii. Their current planning projects involve 5 million acres on which some $300 billion will be pended by the year 2000.

Our challenge is people," says Mr. Pereira. "The est is growing so fast that we will have to build ties in 30 years instead of 300. Western architects ave the incentive to be fresh, daring, original, and to onstruct a way of life that will be rewarding for enerations to come. It's one of the reasons the West so exciting."

Sunset: a vital force in Western innovation

It's no accident that the West's urban planners are thinking in terms of cities rather than mere neighborhoods. Each month enough new people move into the West to populate a sizable community They seek a special way of life. The West's many gifted planners and architects respond with some of the most innovative ideas in modern America.

Sunset understands these interests. For 40 years, under the Lane family, Sunset Magazine and Books have made ideas for home-building and decorating a major part of their editorial service exclusively for Western families. Many authorities say that no medium has exerted a more powerful influence.

The fresh new ideas are in Sunset every month. A program of Western Home Awards, sponsored biennially by Sunset and American Institute of Architects, publicizes the region's outstanding achievements in home-design. The Awards issue of Sunset is a prized reference work for builders, architects, home-owners.

An acute interest in homes is one reason for Sunset's thorough readership by men as well as women. It is also why the advertising in Sunset gets better readership, seven times out of ten, than the same advertising in other publications. Intensive response is a characteristic of Sunset readers. And they're 2,500,000 strong.

If you have a product or service for these home-loving, pace-setting Westerners, tell them about it in Sunset. They'll respond to you — because they naturally respond to Sunset.

THE MAGAZINE OF WESTERN LIVING

Lane Magazine & Book Company, Menlo Park, California

o. 6 in a series on Distinguished Westerners

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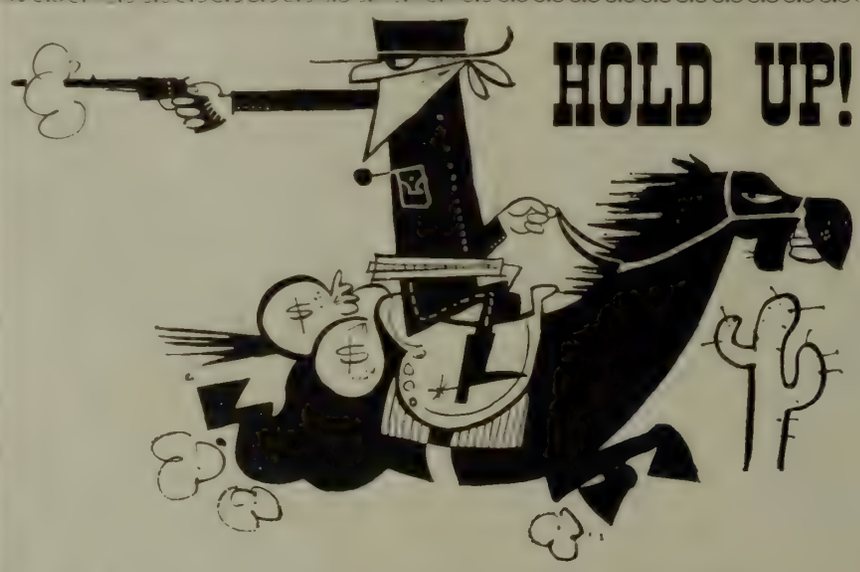

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DON NOR

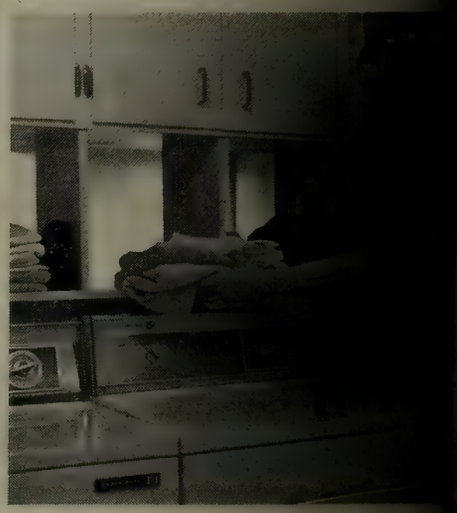
Laundry basket *stores in specially desig cupboard in each teen-ager's bedr*

A way to handl laundry traffic

Because the bedrooms were so far from laundry, the Charles L. Dicks of Issaq Washington, devised a self-help sy for getting clothes to the laundry and back. The two teen-agers put dirty clothes in a plastic basket in bedroom closet. When their baskets full, they carry the clothes to the lau and transfer them to a bin.

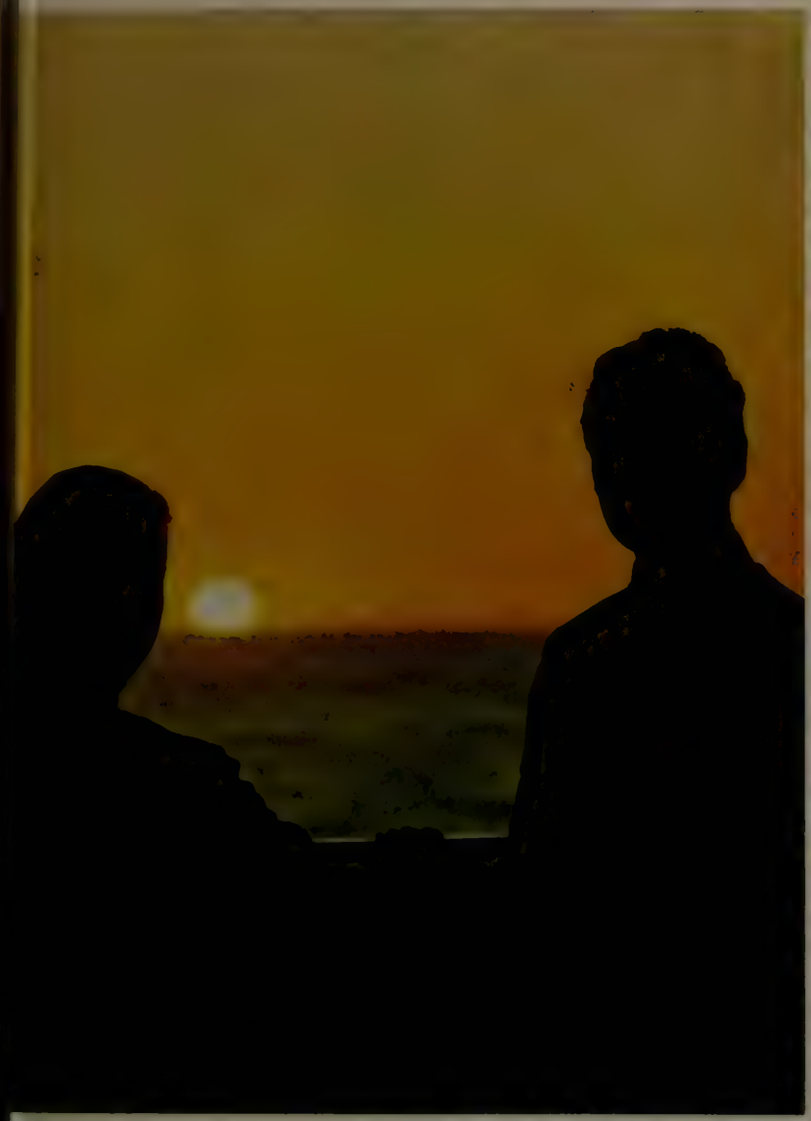
After the clothes are washed, Mrs. sorts them and puts them into com ments above the appliances (these into a sewing area as well as the laun It's then up to each member of the fa to return his own clothes to his roo

The architect was George Hartma Bindon/Wright & Partners.



Each family member *picks up own clo in the laundry, returns them to bedr*

For rent. Vacation cabins on the Caribbean



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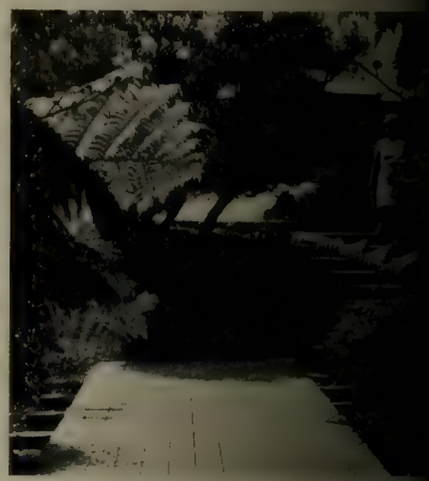
You're looking *down the "stream be drain (square grate) under bridge. street at left, bridge crosses to*



Bridge *makes attractive broad entr the street is at top of steps. G "stream bed" runs down the slope o*

This stream bed takes the runoff

On a hillside you must reckon with r from rains. The William Gambles, in Diego, had an additional problem of off from sprinklers when they wa heavy planting on the hillside cut to accommodate their house.

Landscape architect Kenneth K. Ha devised a drainage system that is functional and decorative. It is sim Japanese-style dry stream bed laid ditch coming down the slope and t pearing under a bridge. Large, sm water-washed pebbles, the kind sol garden and building supply center the ditch to a depth of about 8 t inches.

At last... both sides of Hawaii on ONE island

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What to do abou "cold rooms"

The majority of homes in the Wes forced-air heating—a furnace with heats air and distributes it through to the various rooms. This meth heating can be very satisfactory, air is circulated, and filtered to som gree, and the system reacts fast t temperature change.

But many homes with forced-air h have certain "cold rooms" that d receive enough heat unless others are heated. Sometimes the cause is a designed system, but more often something that can easily be repair adjusted.

Filters. If you have cold rooms, first your furnace filter. When dust clo much less air passes through and the gish air tends to flow out through shortest ducts, leaving some rooms little heat. You should replace the (or clean it, if it's the cleanable typ least every six months, preferably often. Keeping filters clean will als crease the longevity of your furnace.

Service calls. If your furnace has not serviced for a year, you should call man to have that done. We all ten forget the furnace. Although an essen simple mechanism, it runs many hours a year than your car. Dirty bur a slipping fan belt, or controls that out of adjustment could be the cau your cold rooms. Usual charge for a y servicing call is about $15.

Balancing. If you have the furnace erating at full efficiency and some r still stay cold, it's probably a matt achieving a better balance in the d bution of the warm air.

The heating contractor often does balancing and checks it with instrum when a house is built. He compute cubic footage and amount of heat lo different rooms to estimate the warm flow needed for each. But such balan isn't always done, and even the most scientious contractor can only guess w side of your house faces the coldest w the types of window drapes you'll in etc. After living in the house, you which rooms are cold and can bal them yourself by simple trial and er

The best way to balance a forced-air tem is to adjust the dampers in the w air ducts. Resembling the dampers i stovepipes of old-fashioned stoves, t dampers can be turned to reduce o crease the flow of warm air to each r You'll usually find them near the fur

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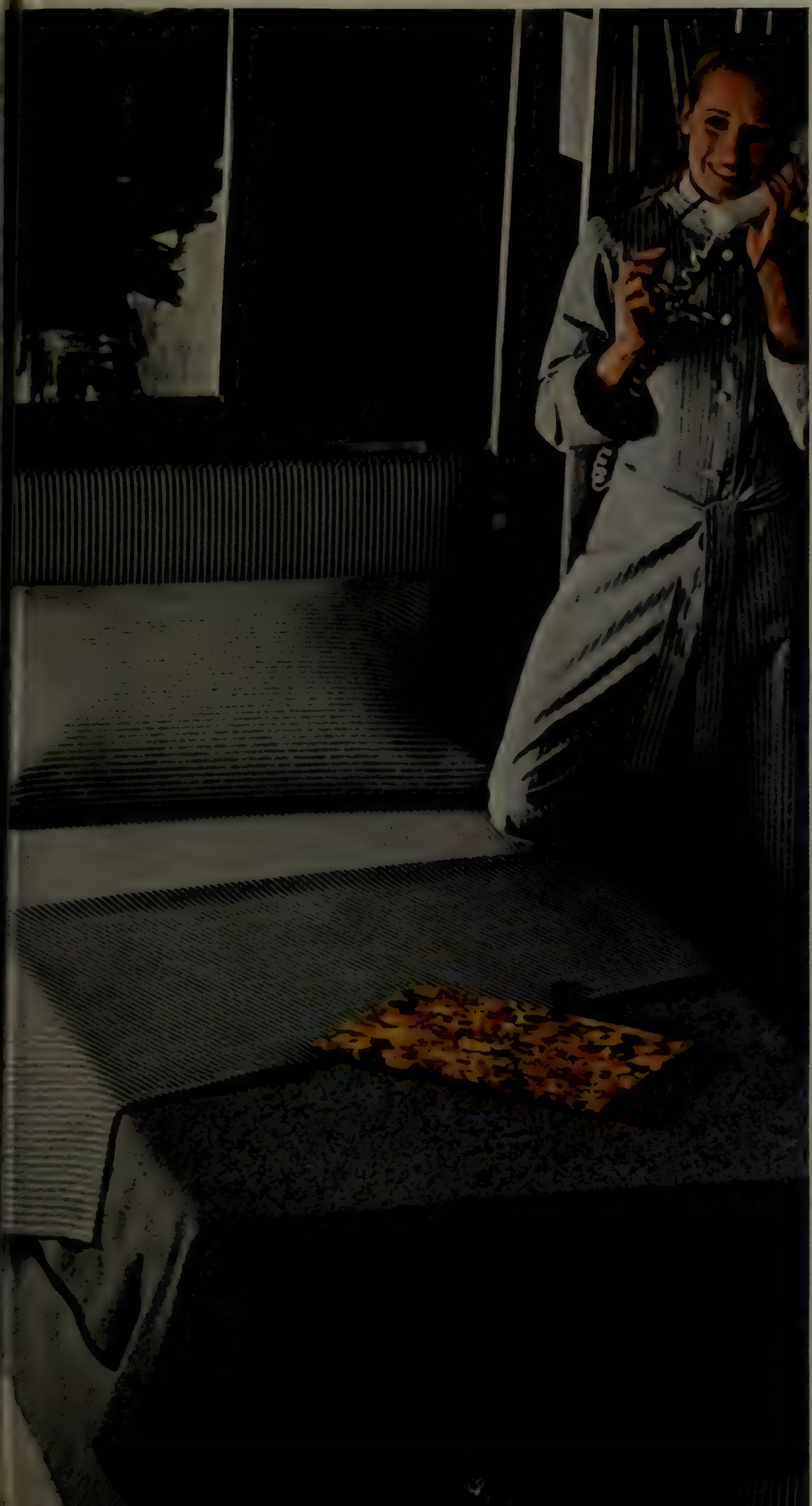

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or where a large duct branches of smaller ones (the search often re crawling under the house or throug attic). The dampers usually have a lever or handle on the outside of the that can be locked in position with a nut after the balancing.

Not all forced-air systems have da in the ducts. If yours doesn't, you'll to adjust the air flow into the dif rooms at the floor or wall registers.

Most warm-air registers have doo louvers on the back side that can be c off partially or fully with a lever or This is the easiest way of all to ba your heating system, but it has de The register controls are really inte for turning off the heat in a room wh is not wanted. When you balance the tem by closing some registers part anyone who comes along later and closes or opens one will nullify all efforts. Also many registers tend to tle or moan when partially closed, some registers are just grilles, wit way to turn off the air flow.

There is still another possible solu Place metal baffles behind or under registers of warm rooms. Cut enough aluminum sheet metal to wall off a half the register's "boot," or cut em to fit entirely across the boot and c hole in the center for some warm a pass through. A simple permanent dam of this type seldom whistles, and us can just be jammed in place.

You can check the temperature in different rooms entirely by feel. B you wish to be quite exact, collect se thermometers that read the same left together for an hour. Hang the the rooms you wish to balance—on i walls away from heat registers, firepl and sunlight, and at the same he above the floor. Then adjust the w air flow to the different rooms unti thermometers read evenly. It's best this on a cold cloudy day or a cold n Avoid restricting the air flow in all o ducts, because this puts an extra loa the furnace fan.

Door trimming. Another—though likely—cause for a cold room may be the room is kept closed most of the has no cold-air return, and is so air when the door is closed that the fur fan can push very little warm air in Trimming a half inch or more off the bottom will increase air circulation.

Registers. Where warm-air registers located high on the walls, still and cause can be a register placed up down. Most high-wall registers have vers to aim the warm air down into room. If the installer or a painter ha stalled one upside down, the warm a directed to the ceiling and the lower li area will be considerably cooler than t rooms. Reversing the register should ably improve its efficiency.

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Milk makes it where the action is

It's no secret that today's generation gets a bigger kick out of participating in sports rather than sitting on the sidelines. And people who are always on the go need to plan their daily meals as carefully as they plan their exercise. That's the way to look better, feel better and live longer.

Meal Tips for Active People

1. Plan your meals around the four Food Groups: Milk, Meat, Vegetables and Fruits, Breads and Cereals.

2. Active people need plenty of high quality protein. Like the kind that's found in a tall glass of milk.

3. Remember that your bones, muscles and nerves need calcium. Milk stands out as an ideal source of calcium, something active people need.

4. For the eat-on-the-run type person, there are more ways than one to get the value of milk. Take a shake, instant breakfast or yogurt. They're all great for fast movers.

Remember, if you want to do your own thing as well as possible, rely on the four Food Groups. Good eating habits are important.

This information is brought to you by the Dairy Council of California

DARROW M. WATT

lete kitchen *built in along one wall: left to right, double oven, gas cooktop, stainless steel sink, dishwasher, and refrigerator*

ll on one wall . . . it's nnorthodox, it works

Before: *Kitchen was square with two walls cut by doors*

After: *Kitchen is long rectangle with everything along one wall*

14 feet of hardwood counter between all ovens and the refrigerator, this ieled kitchen doesn't conform to the act working triangle usually con- d ideal. Yet the owner, Mrs. William mus of San Francisco, says it works ifully.

had qualms when Beebe-Hersey, ects, first showed her the design— ked like a lot of walking. But now eports, "I find the kitchen very re- g. The table with its hardwood top e used for all sorts of kitchen chores. e generally stay on the far side of ving the work corridor to me."

table provides a central working e that would otherwise be missing. les serving as a barrier to keep spec- s out of the way, it serves all the needs of kitchen counter space — it's a resting spot for groceries on their way to the food pantry, a work table for both the cook and her two small children, a family dining table, and on occasion a place for informal dinners.

Before the remodeling, the kitchen was 12 feet square and shared the remainder of its present space with a screened porch (see the Before plan). The screened porch was eliminated, along with some doors that routed too much traffic through the kitchen; these two areas were made into one large room with windows on three sides. Two of the windows function as pass-throughs to a new deck.

The floor is red tile with a lacy Madeira rug under the table. The cabinets are pressed wood with a clear sealer. Everyday dishes and glasses are stored directly above the dishwasher. Four recessed ceiling lights illuminate the counter.

SUNSET'S

Kitchen Cabinet®

Many people will be looking for ways to cut down on calories month; one suggestion for those who are reluctant to give up serts is a cheesecake that is almost as good as the ones that are with cream.

Perhaps the most sensible approach to weight watching, is to those foods that offer high returns in protein and other food v in addition to the calories they contain. If you are entertai your guests too might welcome little meatballs in spicy sauc stead of more starchy appetizers.

Keep meatballs warm in chafing dish or other warmer; serve with picks

APPETIZER MEATBALLS IN SPICY SAUCE

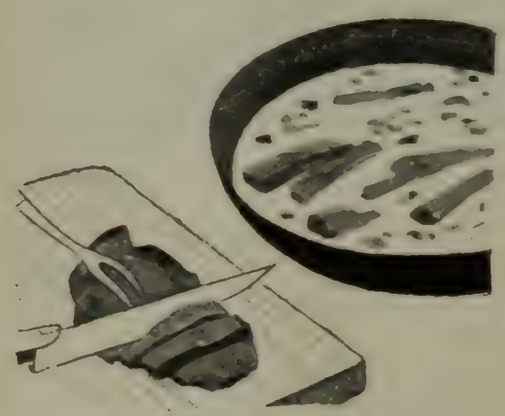
These bite-sized meatballs can be completely prepared a day ahead.

- ⅓ cup brown sugar, firmly packed
- 1 can (8 oz.) tomato sauce
- 3 tablespoons lemon juice
- ⅛ teaspoon garlic salt
- ½ cup dry red wine
- About 1 small potato, peeled
- 1 pound ground chuck or lean ground beef
- 1 small onion, finely minced
- 1 egg
- 1 teaspoon salt

In a saucepan, combine the brown sugar, tomato sauce, lemon juice, garlic salt, and wine. Bring to boiling, stirring; reduce heat, and allow to simmer gently, uncovered, until sauce is thickened, about 20 minutes.

Finely shred enough potato to ⅓ cup. Combine potato with me ion, egg, and salt until blended; into balls the size of large marb Arrange on shallow baking pan into a 500° oven for 4 to 5 minu until lightly browned. Remov add to the prepared sauce, inc any pan juices. Cool, then cove refrigerate if made ahead.

To serve, heat meat and sauce to slowly. Makes about 5 dozen balls.—*M. R., Santa Barbara, C Instead of wine you could use water plus 1 tablespoon lemon*



Broil the liver slices, then cut them into strips and add to the onion sauce

LIVER IN GREEN ONION SAUCE

Here's a new way to serve liver that appeals to liver-lovers and also those not quite so fond of it.

- 2 bunches green onions
- 4 tablespoons butter, margarine, or salad oil
- 2 tablespoons flour
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- Dash nutmeg
- 1 cup milk
- 1 pound calf liver or baby beef liver, cut ¼-inch thick

Thinly slice green onions, including about 3 inches of the green tops. In a medium-sized frying pan that has a cover, sauté the onions in 2 tablespoons of the butter over medium heat until tender, but not browned. the flour, salt, pepper, and nutme move from heat and gradually the milk. Cook, stirring, until s thickened. Reduce heat to war cover pan while you cook liver.

Arrange liver on a greased broile brush with remaining 2 tables butter, melted; broil 3 to 4 inche heat in a preheated broiler. Cook 2 minutes on each side, until bro but still slightly pink inside. Cu slices into strips; add liver and pan juices to the onion sauce. R quickly and serve. Makes 3 to 4 ings.—*V. S., Sacramento.*

You can assemble rice, shellfish, and sauce in the casserole ahead of time

FISHERMAN'S CASSEROLE

Allow an extra 20 minutes to bake this dish if it has been refrigerated.

- 1 medium-sized onion, chopped
- ½ cup *each* chopped green pepper and celery
- ¼ pound mushrooms, sliced
- 5 tablespoons butter or margarine
- ⅓ cup flour
- 2 cups milk
- ¾ teaspoon salt
- ⅛ teaspoon pepper
- 2 cups shredded sharp Cheddar cheese (about 8 oz.)
- 1 pound cooked, shelled small shrimp
- ½ pound crabmeat
- 2 cups cooked rice
- Paprika

In a frying pan, sauté onion, green pepper, celery, and mushrooms in butter until soft, about 5 minutes. S flour, and cook until bubbly. R from heat, and gradually stir in Cook over medium heat, stirring thickened. Season with salt and per. Add cheese and stir until m Remove from heat; blend in s and crabmeat.

Spread rice in the bottom of a g 9-inch square dish. Pour seafood ture over rice; sprinkle with pa If made ahead, refrigerate at this Bake, uncovered, in a 350° ove about 20 minutes, until light and heated through. Makes 4 to 6 ings.—*F. M., Morgan Hill, Calif.*

our family, we present two nourishing main dishes you might dinners around. The liver is cooked quickly until still slightly inside, but tender and juicy, then served in a green onion sauce. isherman's casserole is a tasty combination of shrimp and crab- on rice with a cheese sauce.

u make some recipe discoveries of your own this month, we in- you to submit them for testing and tasting in *Sunset's* kitchens. contributions to Home Economics Department, *Sunset Mag-*, Menlo Park, Calif. 94025. We pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

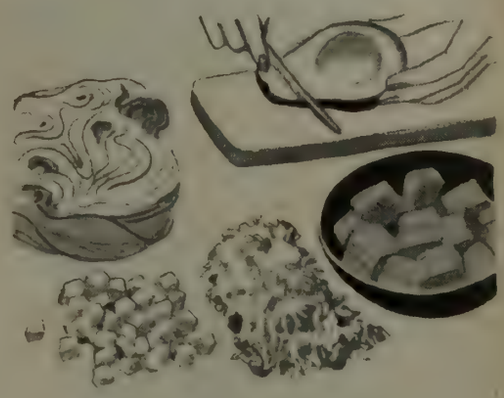
ADO-PINEAPPLE SALAD

savory fruit salad goes well with l ham, smoked tongue, or turkey.

- teaspoon grated lemon peel
- tablespoons lemon juice
- large ripe avocado
- medium-sized head iceberg lettuce
- can (about 13 oz.) pineapple chunks
- pound Swiss or Gruyère cheese, finely diced (about 1 cup)
- cup grated coconut
- tablespoons salad oil
- Salt and pepper to taste
- Finely chopped parsley, optional

bine lemon peel and juice in a bowl. Peel, pit, and slice avocado lemon juice, making sure all the dges of the avocado are moistened with juice. Shred lettuce (you should have 3 to 4 cups) into a salad bowl. Drain pineapple chunks (reserve syrup) and sprinkle chunks over lettuce. Add cheese, coconut, and salad oil. Reserve a few avocado slices for garnish, then pour remaining avocado and lemon mixture over salad. Add salt and pepper and mix lightly. If more dressing is needed, add 1 to 2 tablespoons pineapple syrup. Garnish with reserved avocado and parsley, if desired. Makes 6 to 8 servings.—*N. B., Pullman, Wash.*

For a tangy variation, substitute 2 fresh oranges, peeled and sectioned, for the pineapple chunks.



Avocado combines interestingly with fruit, cheese, coconut, and lettuce

CCOLI WITH CHEESE TOPPING

Swiss cheese topping, with mus- for more bite, melts into the broc- s it heats in the oven.

- bunch (about 2 lbs.) broccoli
- Salted water
- pound (about 1 cup) shredded Swiss cheese
- cup mayonnaise
- tablespoons grated onion
- teaspoon salt
- teaspoon pepper
- teaspoon prepared mustard

h broccoli, separate into spears, trim off tough ends; peel stems, if wish. In a large frying pan with a fitting lid, bring water to boiling; in broccoli. Bring to boiling again; cover pan, reduce heat, and cook 5 minutes longer, or until broccoli is just tender crisp when pierced with a fork. Drain and arrange broccoli on a heat-proof platter or shallow baking dish (one you can bring to the table). You can do this much several hours ahead and let stand at room temperature.

In a small bowl, combine cheese, mayonnaise, onion, salt, pepper, and mustard. Spoon cheese mixture evenly over the top of the broccoli. Place dish, uncovered, in a 350° oven until broccoli is hot and sauce is melted, about 15 minutes. Serve at once. Makes 4 to 6 servings.—*D. C., San Francisco.*

Spoon the cheese sauce over vegetable and heat this right on the serving plate

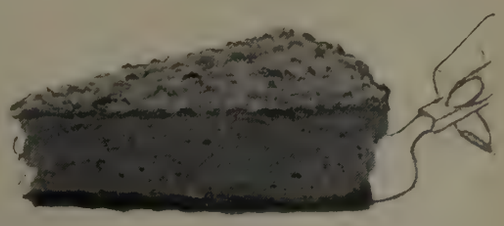
FFY LEMON CHEESECAKE

urt and cottage cheese are blended ake this tangy, smooth dessert.

- package (6 oz.) zweiback, finely crushed
- cup *each* brown sugar (firmly packed) and melted butter
- pound (2 cups) small curd cottage cheese
- cup mild honey
- eggs, separated
- teaspoon salt
- teaspoon grated lemon peel
- tablespoons lemon juice
- teaspoon vanilla
- cup unflavored yogurt
- cup granulated sugar

mbine zweiback crumbs, brown ar, and butter and mix until crumbly; reserve ¾ cup. Pat remaining crumbs evenly over bottom of a 9-inch cheesecake pan. Bake in a 350° oven for 10 minutes. Cool.

Combine in a blender the cottage cheese, honey, egg yolks, salt, lemon peel and juice, vanilla, and yogurt; blend smooth. Beat egg whites until soft peaks form; gradually add sugar, beating until stiff. Fold in cheese mixture until blended. Turn into prepared pan. Sprinkle with reserved crumbs. Bake in a 250° oven for 1 hour. Turn off heat, leave cake in oven 1 hour more. Cool thoroughly, then chill. Serves 8 to 10.—*B. W., Everett, Wash.*



Tangy flavor and smooth texture in this cheesecake that's low in calories

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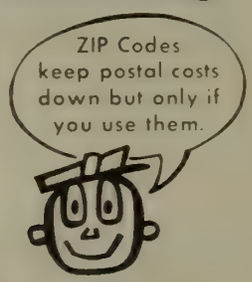

Three knife-and-fork stews all made with oxtails

The rich flavor of the meat cut called oxtails—the sectioned tail of the butchered steer—makes it a fine choice for a stew. The meat is similar to that of beef shanks. The three knife-and-fork supper stews suggested here are all quite different. Allow several hours for cooking; perhaps you'll want to do them a day ahead. Each can be refrigerated, then finished or reheated before serving in large soup plates.

You might like to serve a spoonful of mashed potatoes or hot steamed rice with each portion of this classic German soup-stew. To complete the menu, add a crisp green salad, buttered pumpernickel bread, and fruit for dessert.

OXTAIL SOUP (Ochsenschwanzsuppe)

- 2 large onions, chopped
- 3 tablespoons salad oil
- 3 pounds oxtails, cut in 1-inch lengths
- 1 small bottle (⅖ qt.) or 1¾ cups dry white or red wine
- 1 can (14 oz.) regular strength beef broth
- 1 can (6 oz.) tomato paste
- 2 medium-sized carrots, finely chopped
- 2 stalks celery, finely chopped
- 1 small turnip, finely chopped
- 1 teaspoon sugar
- Salt to taste

In a large frying pan, sauté onions in 2 tablespoons of the oil until onions are tender. Place in a large (4-quart) pan with lid. Add remaining 1 tablespoon oil to frying pan and brown oxtail pieces, a few at a time, adding meat to the pan as it is browned. Pour wine into frying pan and bring to boiling, scraping free any pieces of browned meat. Add wine to the soup pan along with the beef broth, tomato paste, vegetables, and sugar.

Cover and simmer over low heat for 2½ to 3 hours or until meat falls from bones and broth is very thick. Add salt to taste. (If made ahead and refrigerated, add ¼ cup beef broth or dry wine and reheat.) Serves 4.—*N. W., Cupertino, Calif.*

Soy sauce, ginger, and vegetables give this oxtail stew an Oriental flavor. Serve it with steamed rice, if you wish.

ORIENTAL OXTAIL STEW

- 3 pounds oxtails, cut in 1-inch lengths
- Water
- ½ cup soy sauce
- 1 tablespoon sugar
- 1 teaspoon finely chopped peeled fresh ginger (or ¼ teaspoon ground ginger)
- 4 cups water
- 1 large turnip, diced
- 3 carrots, diced
- 2 tablespoons cornstarch mixed with 2 tablespoons water

Parboil oxtails for 5 minutes in a large pan with just enough water to cover; and put oxtails into a bowl. Mix tog the soy sauce, sugar and ginger and over oxtails; stir to coat meat with Cover and refrigerate overnight or 2 days, turning meat occasionally in

Put oxtails, including the marin liquid, in a Dutch oven; add the 4 water and bring to boiling; cover an mer about 2 hours. (Cool and refrig the stew after simmering if you Skim fat from surface, then add tables, cover, and simmer about 30 utes (45 minutes if chilled.) Blend starch mixture into stew, stirring broth is slightly thickened and Serves 4.—*R. Y., Daly City, Calif.*

Madeira or Sherry flavors this Fr style oxtail stew, if you wish; the is a more subtly flavored entrée tha other two suggested recipes. You serve sweet French bread and a salad to accompany this stew.

FRENCH-STYLE OXTAIL STEW

- 3 pounds oxtails, cut in 1-inch lengths
- 2 tablespoons salad oil
- 4 cups water
- 1 bay leaf
- ¼ teaspoon whole thyme
- 5 whole black peppers
- 1 box (about 2 cups) fresh small boiling onions or 2 cans (1 lb. *each*) small onions, drained
- Water
- ¼ cup *each* flour and water
- ½ teaspoon *each* salt and paprika
- ⅓ cup Madeira or dry Sherry, optional
- 2 tablespoons chopped parsley

In a Dutch oven, brown oxtails on all in the salad oil. Add the 4 cups wate leaf, thyme, and black peppers. C bring to boiling, and simmer abou hours or until meat is tender. (Cove refrigerate at this point, if you wis

If you use the fresh boiling onions, the whole unpeeled onions into b water and cook about 3 minutes. Po boiling water and immediately cool running cold water. When cool enou handle, cut a little X on root end w sharp knife and gently squeeze onio of the skin.

Skim fat from surface of the oxtail (allow 15 minutes to reheat if ref ated). Then mix the flour and ¼ water until smooth and gradually sti hot liquid; cook, stirring, until sm and slightly thickened. Add cooked o (fresh or canned), salt, paprika, and deira or Sherry, and simmer abou minutes. Add more salt to taste. garnished with chopped parsley. Ser

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Kraft fusses with getting the eggs (and extra egg yolks), oils, bowl and mixer at exactly the right temperature, then we beat our mayonnaise a very special way. It's a lot of trouble to make, but Kraft Mayonnaise always turns out just right. Unlumpy. Unbumpy. Velvety smooth. The only possible choice for making our Monterey Dressing for fresh tomatoes, crisp bacon and greens. Mix 1 cup Kraft Mayonnaise with 1/4 cup each heavy cream, whipped, chili sauce, chopped green pepper and chopped celery plus 1 tablespoon minced onion and 1/8 teaspoon Worcestershire sauce. Very good! Kraft Mayonnaise. The mayonnaise lovers' mayonnaise.

To cut *homemade pasta dough by hand, roll up the dough tightly like a jelly roll, slice it, then grasp the end to unfurl t*

COOK'S ADVENTURE: Making your own noodles

It takes time to make egg noodles, but you enjoy the rewards when you dine. Italian-style homemade noodles have a flavor and a velvety texture that lift them well above mere peasant fare.

The basic dough itself is easy to mix; it is the rolling and cutting that can be tedious. However, even these jobs can be made more fun if you approach them in the right spirit. If you cut the paste by hand, unfurl the pasta coils just as you do those colorful paper serpentines on New Year's Eve. And, of course, if you use a pasta machine, you get to operate a fascinating mechanical toy capable of both kneading the dough and cutting it into precise ribbons. Shops that sell Italian and Oriental cookware usually carry pasta machines. They cost $20 to $30.

The following recipe explains how to make noodles either by hand or with the aid of a pasta machine. Following it are several ways to prepare the hot cooked noodles for a quick entrée.

HOMEMADE EGG NOODLES

3 egg yolks
1 whole egg
2 tablespoons water
1 teaspoon olive oil
½ teaspoon salt
About 1¾ cups unsifted flour

Beat together just until blended the egg yolks, egg, water, oil, and salt. Spoon 1½ cups of the flour into a large mixing bowl and make a cavity in the center. Pour in the egg mixture and stir with a fork until flour is well moistened. Pat into a ball.

Sprinkle remaining flour on a board and knead dough until it is very smooth and elastic, about 10 minutes. (Knead the dough only 2 or 3 minutes if you using a pasta machine later, as its ing action is the equivalent of kne Slip into a plastic bag and chill Then shape noodles by hand or pasta machine.—*S. C., Palo Alto,*

To shape noodles by hand. On a board, divide dough into 4 equal p Roll out 1 portion at a time into tangle about 4 inches wide and as possible, about 1/16 inch thick. C into two 10 to 12-inch lengths. Tra lightly floured sheets of waxed pa let sit uncovered while you roll dough. (Drying in the air will prev dough from sticking together later.

Starting at a narrow end, roll u strip of dough in jelly-roll fashion into ¼-inch-wide strips. Pick up e of dough and unfurl the coil as you

aper serpentine. Lay out on floured of waxed paper and let dry 30 min- Makes about 12 ounces.

pe noodles with a pasta machine. Di- ough into 3 equal portions. Working 1 portion at a time, feed dough gh the smooth rollers of the machine, far apart as possible. Fold into and repeat 8 to 10 times (this is ly kneading). If the dough appears or sticky, lightly flour it each time.

e rollers closer together and feed through again. Cut length of dough f if needed so it is easier to handle. t setting the rollers closer together time until dough goes through the setting. Dough will double and in length as it becomes thinner, so in half crosswise whenever neces- or easier handling.

he final strip into 10 to 12-inch s. Then feed the dough through the blades of the cutting section. (It to have another person catch the es as they emerge from the machine.) on floured waxed paper and let dry nutes. Makes about 12 ounces. (The dough, cut differently, can be the for other pastas.)

made egg noodles may be cooked diately or wrapped in clear plastic nd refrigerated up to two days. Or airtight and freeze up to one month.

ed with butter and cheese, *fettuccine* talian term for egg noodles) makes a e luncheon entrée. You can enrich the by folding in butter-sautéed crab, or chicken for a simple yet impres- dinner entrée.

l menu accompaniments include an nd vinegar - dressed greens salad, French bread, and sweet butter, with winter pears and cheese for dessert.

If you lack the time to make your own noodles, you can still create an interesting meal with fresh egg noodles, available in the refrigerated section of a supermarket, or at a local pasta factory. The following recipes adapt to either your own homemade noodles or commercial ones.

FETTUCCINE AL BURRO
(Egg Noodles with Butter and Cheese)

- 6 ounces homemade or commercial egg noodles
- Boiling salted water
- 1 tablespoon salad oil
- 4 tablespoons butter or margarine
- 1 cup whipping cream
- 1 cup freshly grated Parmesan cheese

Drop noodles into a large pot of boiling salted water with oil and boil uncovered for 5 minutes. Drain through a colander and rinse noodles under a stream of cold water, shaking well.

Melt butter in a large frying pan, add cream, and half the cheese, and bring to a boil. Add noodles and stir quickly with 2 forks to coat noodles completely. At this point you can incorporate the following crab, ham, or chicken variations.

Sprinkle with remaining cheese, heat just until melted, and serve at once. Makes about 4 servings.

Dungeness Crab Variation. Sauté ½ pound small whole mushrooms (or use medium-sized mushrooms, halved) in 2 tablespoons butter; push to the side of the pan, add 2 more tablespoons butter and 1 pound Dungeness crab meat. Stirring lightly, heat just until crab is hot through. Lightly mix into the hot buttered noodles as directed above.

Ham and Olive Variation. Dice 1 pound precooked ham into bite-sized pieces. Sauté in 2 tablespoons butter, turning. Add ½ cup sliced pitted ripe olives and heat. Lightly mix into the hot buttered noodles as directed above.

Chicken Breast Variation. Remove skin and bones from 4 split chicken breasts (about 1½ pounds) and slice meat into ¼-inch-wide strips. Sauté chicken in 3 tablespoons butter, just until it turns opaque. Add ¼ cup pine nuts; let them heat and toast lightly. Gently mix into the hot buttered noodles as directed. Sprinkle with minced parsley before serving.

Hand-cranked *pasta machine kneads the dough into springy smooth strips before it stretches dough ultrathin for cutting*

Special *cutting attachment on machine makes quick work of dough strip; a few cranks and you have a handful of ribbons*

DARROW M. WATT

inkle *extra Parmesan cheese over crab and mushroom-studded noodles at table*

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Escalloped Chicken and Noodles wit
just chicken wings and things like th

Or save a little by using
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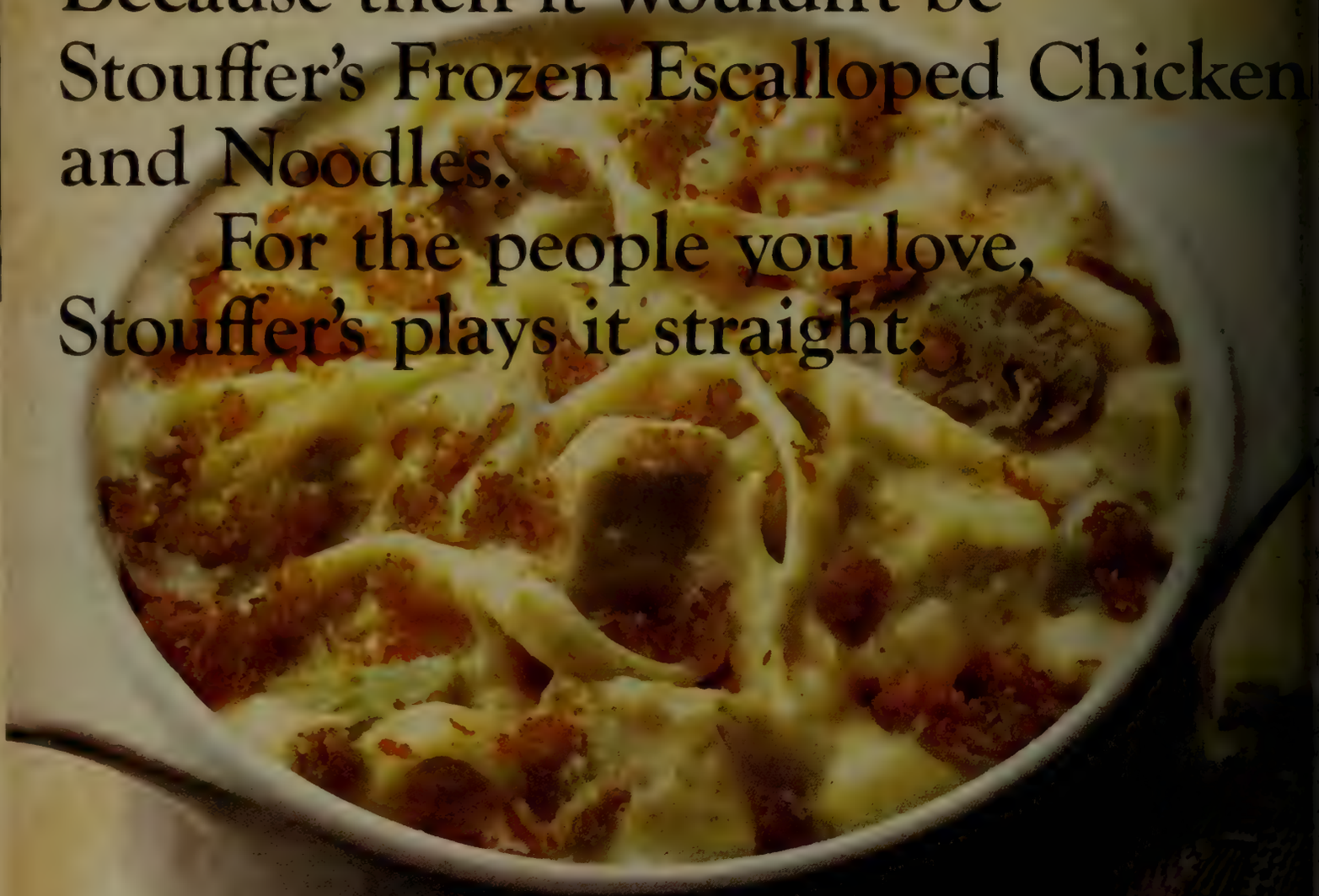

Stouffer's
Frozen Prepared Foods

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JANUARY MENUS

ere's a snow country breakfast . . . a crab lad luncheon . . . and a pot roast dinner you cook ahead

the fanfare of holiday dining, simple is a welcome switch for January. wholesome menus make few de- s on the cook, yet each is distinctive h for impromptu guests as well as y.

uggestions include a ski-cabin break- a special luncheon, and a versatile -ahead dinner.

Snow country breakfast

meal adapts to tray service. You set out the dishes buffet-style be- blazing fire, and let family or guests themselves.

ted toppings, some homemade, go on picy waffles. People may then select gle favorite or try a combination.

Frozen Orange Juice
Cinnamon Waffles
pings: Maple Syrup, Whipped Honey er, Chopped Pecans, Cherry Preserves
Canadian Bacon
Hot Chocolate with Marshmallows
Coffee

can prepare the syrup and honey butter in advance, although they can easily be made while you bake the waffles. Set the toppings together on a tray for easy help-yourself service. You can bake several waffles ahead and keep them warm in the oven if you wish.

Heat packaged sliced Canadian bacon in a frying pan just until hot through and crispy on the edges. Use an instant cocoa mix to make the hot chocolate, and drop in marshallows at serving time.

Cinnamon Waffles. Use a pancake and waffle mix or biscuit mix and prepare waffles according to directions on the package, but add ½ teaspoon cinnamon for each cup of dry mix. Bake as usual.

Maple Syrup. Place 1 package (1 lb.) light brown sugar in a saucepan; add 1 cup water and 3 tablespoons light corn syrup. Bring to a boil and let simmer (uncovered) 5 minutes. Stir in ¼ teaspoon maple flavoring. Pour into a pitcher to serve. Makes about 1½ cups.—*J. M., Portland.*

Whipped Honey Butter. Cream ½ cup (¼ lb.) butter until light and gradually mix in, a spoonful at a time, 1 carton (12 oz.)

DARROW M. WATT

Waffle breakfast *with choice of toppings is set up buffet-style beside a cheery fire*

Napoleon was small, too.

The small delicate peas that rival
the French petits pois in flavor

and here's another little something.

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l honey. (Or place ¾ cup regular n a mixing bowl and beat until nd fluffy; gradually beat in ½ cup tter.) Makes about 2 cups.

Crab salad luncheon

up and salad meal is well suited ing last-minute guests. It has of eye appeal yet goes together .

Vintners' Consommé
Grapefruit and Crab Salad
Sour Cream Mayonnaise
Crescent Rolls Butter
Hot Brazil Nut Sundaes

the salad dressing, assemble the lates, and chill both. Heat bakery en rolls. Prepare the first course ut together the sundae sauce and it at dessert time.

s' Consommé. Heat 1 can (10½ oz.) mé with 1 can water and 2 table- golden raisins just until steaming. 2 tablespoons Madeira or pale dry . To serve, pour into small teacups ed wine glasses. Serves 4.

uit and Crab Salad. Arrange a bed ter lettuce leaves on four salad Take 1 pound Dungeness crab r 2 cans (7 oz.) Alaska king crab ce mound of crab in center of each Peel 2 pink grapefruit and cut into s, discarding white membrane. Peel ce 1 avocado and dip slices in lemon Arrange grapefruit and avocado in ng spokes from the crab. If desired, e salads with ½ cup pomegranate Top each salad with a spoonful of ream mayonnaise and pass addi- dressing. Serves 4.

ream Mayonnaise. Beat 2 egg yolks teaspoon dry mustard and ½ tea- salt using a wire whip or an electric then gradually beat in 1 cup salad ding it drop by drop. When all the ncorporated, mix in 2 tablespoons juice. Stir in ½ cup sour cream. s about 1½ cups.

azil Nut Sundaes. Melt 2 teaspoons in a small frying pan. Add ¾ cup ly chopped Brazil nuts, cashews, or s and heat until lightly toasted. Add whipping cream and ½ cup brown firmly packed. Bring to a boil and r just until blended, stirring con- y. Spoon warm sauce over 1 pint or coffee ice cream, scooped into ert bowls. Makes 4 servings.

Cook-ahead dinner

ombination of a make-ahead salad, , and dessert fits a variety of occa- Plan the cooking to suit your time leasure; add or subtract courses de- ng on whether you are serving fam- guests. This is a "night before" menu that transports easily to a weekend cabin (just omit the frozen dessert).

Mushroom and Watercress Salad
Flemish Pot Roast Buttered Carrots
Sourdough Rye Bread
Comice Pears and Fontinella Cheese
or
Chocolate Mallow Mousse

Serve the dinner in courses for a more festive meal. Small scallop shells make attractive plates for the marinated salad and wine glasses can substitute for soufflé dishes for serving the mousse.

Mushroom and Watercress Salad. Wash 1 pound medium-sized mushrooms and slice; turn into a bowl. Mix together 2 tablespoons *each* lemon juice and white wine vinegar, ½ cup olive oil, and ½ teaspoon *each* salt and tarragon, crumbled. Pour dressing over mushrooms and let stand 1 hour or overnight, turning occasionally. Just before serving add 1 cup watercress leaves or chopped curly endive and mix. Serves 6 to 8.

Flemish Pot Roast

- 4 to 5-pound beef chuck roast
- 1 tablespoon salad oil
- 4 medium-sized onions, sliced
- 2 tablespoons butter or margarine
- 2 tablespoons flour
- 1 can (12 oz.) beer
- 1 tablespoon *each* brown sugar and vinegar
- 1 bay leaf
- 2 cloves garlic
- 1½ teaspoons salt
- 2 tablespoons parsley

Using a heavy Dutch oven, brown meat in oil, turning to brown both sides. In a separate pan, sauté onions in butter until pale golden color. Sprinkle with flour and cook 2 minutes. Pour in beer and bring to a boil, stirring. Then pour over meat. Add brown sugar, vinegar, bay leaf, garlic, and salt. Cover and simmer 2 hours, or until meat is tender.

Lift meat onto a hot platter, sprinkle with parsley, and keep warm. Cook down pan juices with onions until juices are slightly thickened. Strain juices into a sauce bowl. Spoon onions into a vegetable bowl. Carve meat. Pass gravy and onions at the table. Makes about 8 servings.

Chocolate Mallow Mousse. Place 4 ounces semisweet chocolate in the top of a double boiler with 3 tablespoons hot water and 1 teaspoon instant coffee; heat over hot water until chocolate is melted. Stir to blend. Let cool.

Beat 4 egg whites until soft peaks form. Then add 1 cup marshmallow cream, 1 large spoonful at a time, beating until meringue holds stiff peaks. Fold the chocolate mixture into the meringue. Beat 1½ cups whipping cream until stiff and fold into the chocolate mixture. Spoon into 8 small soufflé dishes or other small bowls, swirling the tops. Cover and freeze until firm. Place in the refrigerator for 15 minutes to soften slightly before serving. Serves 8.

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For a festive broiled topping, blend equal parts Imo and whipped cream and spoon over oven-proof bowlfuls of fresh or canned cream of mushroom soup. Slip under the broiler just until cream browns and spreads, sealing over the top.

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THE

Western Kitchen

EWS AND IDEAS

l like to begin the new year by ing your kitchen storage, here are as from remodeled kitchens that help stimulate your planning. all unusual, both in the kind of hey've utilized and in the way used it.

Build a canine retreat

Looking wistful, Thunder waits inside her own kitchen cabinet—not underfoot, yet able to watch the action. She hops in on command, but if she gets excited and starts to scamper out, the owners can hook the doors. Janean designed it, for Mr. and Mrs. Jay Pfotenhauer, San Francisco.

HARROW M. WATT

Storage on the doors

The eye-level cabinet has shallow shelves on the doors to accommodate one-deep storage. Standard hinges were used. The architect was Walter Eagle, for Donald E. Peterson, Palo Alto, Calif.

RICHARD FISH

Vertical storage

Exploiting every bit of space, these vertical units pull out to full depth with various shelf arrangements. Lips on the shelves keep items in place. Owners are the Paul E. Kleins, Los Angeles.

GLENN CHRISTIANSEN

Storage in the corner of the U

Storage above the counter in the corner of a U-shaped kitchen is often as awkward to reach as that below the counter. This cabinet, designed by Janean, has three full extension shelves. Owners are Mr. and Mrs. John Lowney, Jr., Napa, California.

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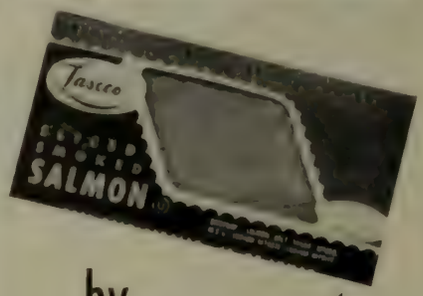

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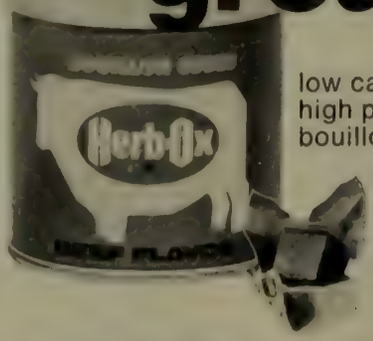

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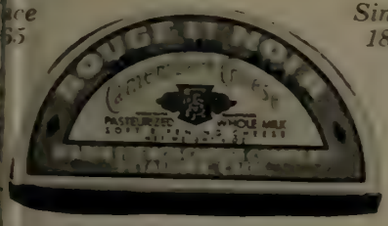

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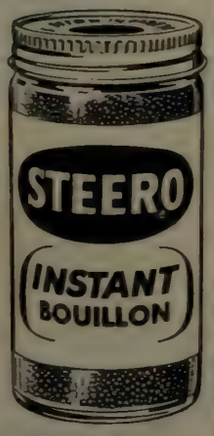

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It's made with twice-cooked onions

Onion pie? It's a popular snack in Alsatian bistros, where it's called tarte à l'oignon. It is surprisingly mild because the onions are cooked twice. Ground cumin adds the mild yet significant spicy flavor.

To prepare in advance, bake the pastry and cook the filling the day before serving. Store separately, covered, in the refrigerator; then fill shell and bake as directed.

TARTE À L'OIGNON

Prepare a butterflake-type pie crust mix according to package directions for a 2-crust pie. Press pastry together and roll out on a lightly floured board to a 13 by 18-inch rectangle. Fit pastry into bottom and sides of a 10½ by 15½-inch shallow baking pan. Prick pastry with fork, line with foil, and sprinkle with ½ cup dry beans to hold in place. Bake in a 400° oven for 5 minutes; remove foil and beans, then bake 5 minutes more; cool.

For the filling, peel 3 pounds yellow onions (about 8 medium-sized) and cut in half lengthwise; then slice halves thinly and evenly. Melt ¼ cup butter or margarine in a large frying pan with tight-fitting lid, or a Dutch oven, over medium heat. Add onions and 1 teaspoon salt, cover, and cook 15 minutes. Remove cover and continue cooking, stirring, until moisture is evaporated, about 15 minutes more. Stir in 3 tablespoons flour and ½ teaspoon ground cumin; gradually add ½ cup half-and-half (light cream) and bring to a boil, stirring. Remove from heat, and stir in 2 slightly beaten egg yolks.

Pour the filling into prepared crust. Bake in a 350° oven for 30 minutes, then broil until lightly browned, about 2 minutes. Cool slightly, then cut into 3 by 4-inch squares. Makes 12 servings.

DARROW M. WATT

Serve *onion pie as a snack or first course in the living room or at the dinner table*

"He who scoffs at the humble may merely reveal his lack of imagination"

"One feeds on lard, and yet is lean:
And I but feasting with a bean
Grow fat and smooth: The reason is
Jove prospers *my* meat more than his."
—Robert Herrick

The best of ingredients don't always make for the best dishes. And he who scoffs at the humble and the cheap may be merely revealing his lack of imagination and skill in the kitchen.

Fortunately, the *Chefs of the West* are among those who can feast with a bean. It matters not whether Jove prospers their meat or they do this with their own skill and practice.

One such *Chef* is Don Siegfried of San Francisco. He offers not beans but breast of lamb, the humbleness of which he indicates thus: "Just as an example of how inexpensive this meal can be, I got a 2½-pound whole breast of lamb last night for 36 cents. And that included the butcher's thumb."

The lamb is stuffed with a brown rice mixture, so when you buy it, ask the butcher to slit a pocket along the ribs to hold the stuffing.

STUFFED BREAST OF LAMB SIEGFRIED

- 1 slice bacon, diced
- 1 medium-sized onion, chopped fine
- 2 tablespoons chopped parsley
- ¾ cup cooked brown rice
- 1 can (4 or 6 oz.) mushroom stems and pieces, drained
- 1 breast of lamb, 1½ to 2 pounds
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- ⅛ teaspoon garlic powder

Fry bacon pieces until almost crisp. Add onion and parsley, and cook until onion is translucent. Remove from heat, add rice and mushrooms, and mix. Spoon mixture into pocket of breast of lamb. Skewer or sew shut. Sprinkle salt, pepper, and garlic powder on both sides of meat. Place on rack or open roasting pan and roast in a 325° oven about 1½ hours. The lamb should be well browned. Serves 2 or 3.

Don Siegfried

San Francisco

"I like this—the fish was moist"

The finest fish at its very freshest be treated simply. A little steam, cate sauce, and the fish shines th But some fish, not so fine nor flav but still good to eat, can do with a ful sauce. Rockfish is an example mato and a little bit of garlic wonders for it.

Paul V. Kleist, of Sunnyvale, Cal proposes a sauce along these lin lest you fear that the fish will dis completely, listen to one of our "I like this—the fish was nice and

FISH ESPAÑOLA

- 1¾ pounds rockfish fillets
- ½ cup finely diced celery
- ¼ cup chopped green pepper
- 2 cloves of garlic, minced or mashed
- 2 tablespoons salad oil
- 2 tablespoons flour
- 1 can (1 lb.) tomatoes
- 1 teaspoon salt
- ¼ teaspoon coarse pepper
- 1 tablespoon sugar
- ½ teaspoon whole thyme, crushed
- ¼ teaspoon rosemary, crushed
- 1½ tablespoons minced parsley
- 1 tablespoon lemon juice
- 2 tablespoons Sherry

Grease a 9 by 13-inch baking dis place fish fillets in it. In a frying sauté celery, green pepper, and ga oil until tender. Add flour and blen Add tomatoes, breaking them up fork. Add salt, pepper, sugar, thym mary, parsley, and lemon juice. Br a boil, then reduce heat and simm minutes or until thickened.

Remove from heat and stir in S Pour mixture over fish and bake ered in a 425° oven about 12 minu until fish flakes easily when teste move to serving platter; spoon over as desired. Makes about 4 servings.

Paul V. Kleist

Sunnyvale, C

Is your wife a great cook? Are you to come into competition with a pa Thomas R. Storrey tells of his suc attempt:

Chefs of the West®

The Art of Cooking...by men...for men

peing married for almost 14 years
l from Manila, I am convinced
ery Filipina emigrating from the
a marvelous cook. However, she
ne late and I get home early, so
start the dinner.

y she leaves me exact instructions
menu and method, and I used to
them, but one day I rebelled. I
dding to her time-tested, authen-
ippine recipes. I added a subtle in-
t or two, subtracted another . . .
one 'enhanced' recipe. Please try
ourself."

ipe is for a roast of pork, one of
t you're likely to encounter. You
prepare white rice to soak up the
nd you might try kabobs of pine-
pear, and banana as a refreshing
ment.

PORK, PINAY STYLE

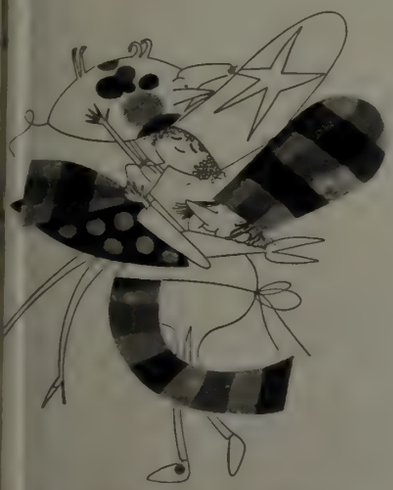
rge green pepper, seeded and cut in
thin strips
r 3 cloves garlic, cut in slivers
oneless pork loin roast, about 3
pounds
up water
up dry white wine or dry Vermouth
up white wine vinegar
easpoon salt
easpoon sugar
easpoon pepper
ablespoons soy sauce
easpoon ground ginger

e bottom of a heavy Dutch oven
reen pepper strips. Using a sharp
insert garlic slivers into the meat.
ne water, wine, vinegar, salt, sugar,
, soy sauce, and ginger; pour over
Roast uncovered in a 400° oven
minutes, then lower temperature
° and continue roasting about 1½
or until meat thermometer inserted
enter of roast registers 175°. Baste
every 25 minutes as the meat cooks.

e meat to a serving platter. Skim
m pan juices; pass juices in a sepa-
owl to spoon over meat and rice.
6 to 8.

Thomas R Storey

Kerman, Calif.



very Filipina is a marvelous cook"

Betty Crocker

News from General Mills

Every year is a new beginning. Now they're even writing books on new ways to show you care. We think some of the old ways are still good: When a man comes home to hot apple pie or his favorite spice cake, when a child yells, "Come on gang—brownies!", when a new neighbor tells her husband, "They've asked us over for dessert"—you're saying something without words. Why not make it a New Year's resolution—Say it with food!

How to be an educated consumer— No. 2 *Watch for specials. A special is a store's way of inviting you especially to visit their store that week. So they cut the price on a product—sometimes to a point where they make no profit on it. When you see a product in another store priced higher than one store's special, don't think you're being overcharged.*

That store probably has a different special of the week. You, as an educated consumer, build your meals around your store's good specials, buy extras for cupboard or freezer when you see a good price—and recognize, at the same time, that the total quality of your store's service, the across-the-board fairness of its price, are more important values than one or two eye-catching specials.

Penny pinchers come in handy this bill-paying time of year. Like:

1. Meat loaf stretched with Wheaties —1½ cups to a pound of ground beef.
2. Hot Dogs Romanoff. Simmer four frankfurters with noodles. Slice; add to our Noodles Romanoff Sauce Mix.

3. Bisquick dumplings on chicken stew (we add 1 teaspoon curry to the dumplings).
4. Smoky potato chowder with link sausages (recipe's on our Scalloped Potato package).
5. Bisquick waffles (with 1 teaspoon poultry seasoning) as a base for turkey à la king. (Any turkey left?)

Budget-beauty Make a meat loaf mixture using one pound ground beef. Spread in a 9-inch pie pan and bake at 350 degrees for 35 to 40 minutes. Now spread while hot with mashed potatoes (4 servings of Potato Buds). Top with shredded cheese and bake until melted—just a minute or two. And there you are—party-pretty, penny saving, too.

Why do we advertise cereals to children? Mothers ask us sometimes. One reason is because the child who picks his own cereal or thinks of a particular cereal as a friend is more apt to eat it without fussing. Cereal and milk provide energy, protein, vitamins, minerals, a lot of good things children need. And the child who eats his Cheerios, Trix, Lucky Charms or any of his favorites every morning is forming a good breakfast habit that will help to keep him healthy all his life.

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DARROW

Pepper rings *decorate and flavor this quiche. Serve it for brunch with broccoli spears and hollandaise sauce, rolls, and*

Quiche with pepper rings . . . with leeks and mushrooms

Quiche (pronounced *keesh)* is the informal name for a variety of savory custard pies of which the best known is the Quiche Lorraine, the French cheese and bacon pie. An ideal main dish for a light meal any time of day, quiche is easy to make and especially easy to serve.

A simple menu to accompany quiche might include either fruit or a cooked vegetable and crusty rolls. To make it a more substantial meal, add a smoked meat such as sausage or ham.

The trickiest part in making a quiche is determining when it's done. You remove it from the oven while the center is still soft enough to jiggle slightly when the dish is shaken gently. The quiche will continue to firm for 5 to 10 minutes because of the internal heat.

In both these recipes for quiche, vegetables play a prominent part.

PEPPER RING QUICHE

- 9-inch baked pastry shell
- 1 cup (¼ lb.) cooked ham, diced
- 1 cup (¼ lb.) shredded Swiss or Gruyère cheese
- 1 pint half-and-half (light cream)
- 4 eggs
- ½ teaspoon salt
- 1 medium-sized green or red bell pepper
- ⅛ teaspoon paprika

Prepare the pastry shell using your own recipe or a pie crust mix. Sprinkle ham and then cheese evenly over pastry bottom. Combine half-and-half, eggs and salt; beat until blended; pour over the ham and cheese.

Slice the pepper horizontally through widest part to make 4 rings about ¼ inch wide and discard seeds. Arrange pepper rings gently on top of the custard, and sprinkle evenly with paprika. Bake in a 325° oven for 45 minutes, or until center is almost set. Remove from oven and let stand for 5 to 10 minutes before s[illegible] Makes 4 to 6 servings.

LEEK AND MUSHROOM QUICHE

- 9-inch baked pastry shell
- 4 tablespoons butter or margarine
- 1 cup thinly sliced leeks (white portion only)
- ½ pound fresh mushrooms, chopped (reserve 1 whole mushroom)
- 1 cup (about ¼ lb.) shredded Swiss or Gruyère cheese
- 1½ cups half-and-half (light cream)
- 3 eggs
- ½ teaspoon salt

Prepare the pastry shell using yo[illegible] recipe or a pie crust mix. Heat 2 [illegible] spoons of the butter in a large fryi[illegible] and sauté leeks until soft; remove t[illegible] Add remaining butter to pan and [illegible] mushrooms until lightly brown and [illegible] of the juices have evaporated; set a[illegible] Sprinkle ½ cup of the cheese over [illegible] shell. Cover evenly with leeks, the[illegible] mushrooms; sprinkle on remaining [illegible] Combine half-and-half, eggs, and [illegible] beat until blended; pour into pastr[illegible] Slice reserved mushroom and [illegible] slices gently in center for garnish [illegible] in a 325° oven for 35 minutes [illegible] center appears almost set. Let st[illegible] 5 to 10 minutes. Serves 4 to 6.—[illegible] *Central Point, Ore.*

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salad oil
chopped onion
chopped green pepper
uncooked rice
spoon salt
spoon pepper
. 2½) can tomatoes
s diced or chopped
ked ham
Lindsay pitted
e Olives, drained
all bay leaf

gredients and pour into
sed 2-quart casserole.
and bake in a moderate
egree F) oven for 1 hour
5 minutes, stirring
onally. Remove bay leaf
serving. Serves 4-6.

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Budget banquet

a Tyson's Pride Rock Cornish Game Hen for each diner!

CORNISH HEN ACAPULCO

4 Tyson's Pride Rock Cornish Game Hens

Baste

¼ cup dry sherry
¼ cup salad oil
2 tablespoons soy sauce

Stuffing

½ cup uncooked rice
2 tablespoons butter or margarine
1¼ cups hot chicken broth or stock
1 egg, beaten
¼ cup chopped ripe olives
¼ cup slivered almonds
2 tablespoons fine dry bread crumbs
Salt and pepper to taste

Mix ingredients for baste. Makes ½ cup, enough for 4 hens. Sauté rice in butter until golden; add broth; cover; simmer 20 minutes; stir in remaining ingredients. Makes about 2 cups, enough for 4 hens. Defrost and stuff birds, using approximately ½ cup stuffing per hen. Follow package directions for roasting, basting often until done.

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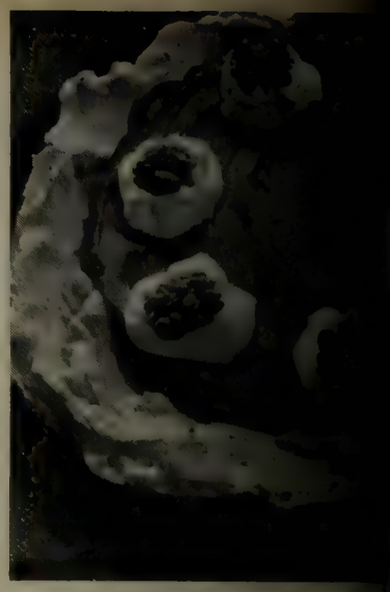


Walnut halves *and cream peaks* *servings on this spiced chocola*

Cinnamon sp this torte

This make-ahead party torte h triguing cinnamon spiciness throu many layers.

CINNAMON-CHOCOLATE TORTE

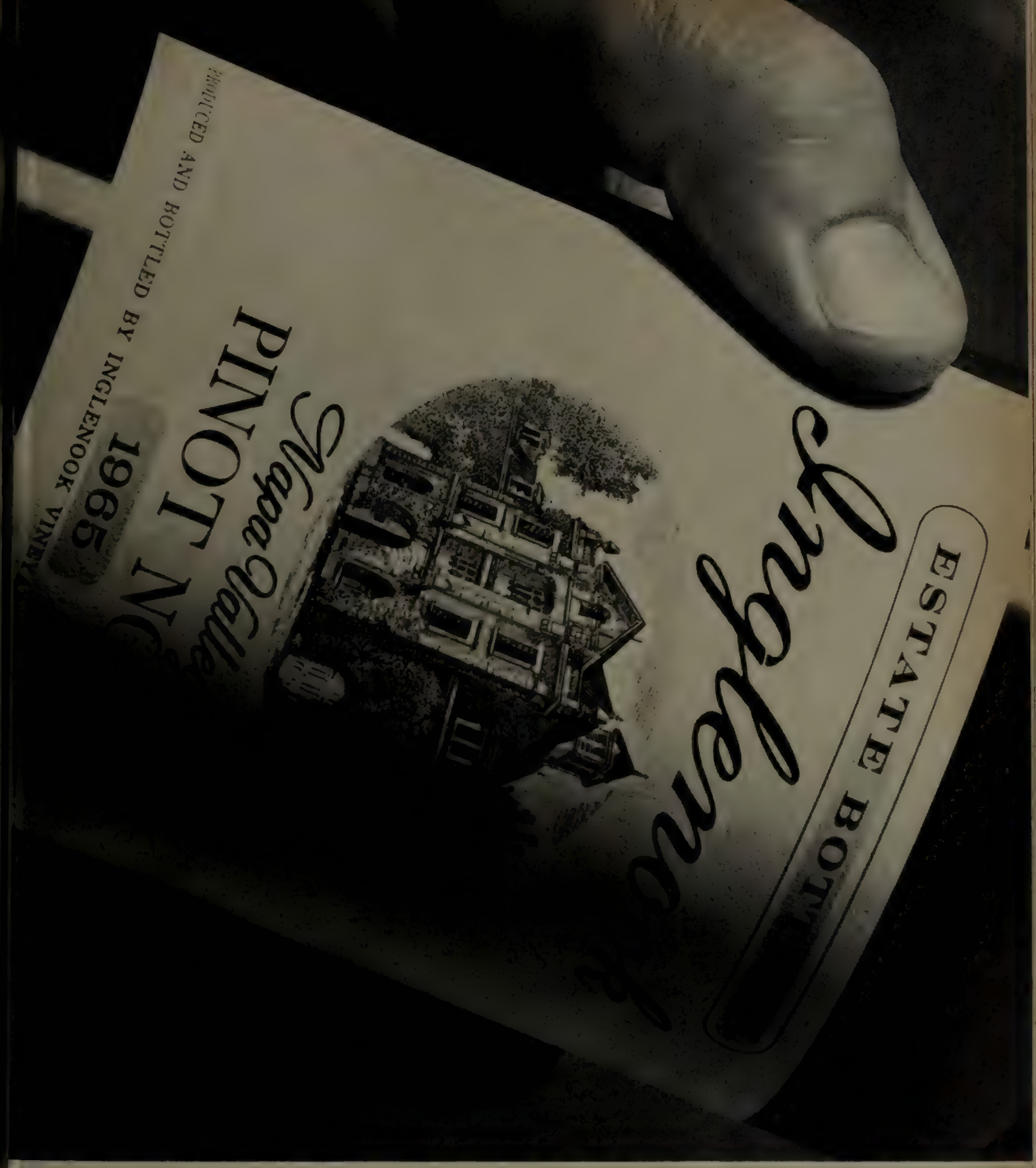
Cinnamon meringue (recipe follo
1 package (6 oz.) semisweet chocola pieces
2 egg yolks
¼ cup water
1 cup (½ pint) whipping cream
¼ cup sugar
¼ teaspoon cinnamon
½ cup whipping cream (optional)
8 walnut halves (optional)

Prepare meringue shell first. Fo ing, melt chocolate pieces in a hot water. While hot, spread 2 ta chocolate over bottom of merin Into remaining warm chocolate, yolks and water. Chill.

Combine the 1 cup cream with cinnamon and whip until stiff. Sp the cream over the chocolate-co ringue. Fold remaining cream in late mixture and spread on several hours or overnight. If y garnish with remaining ½ cup whipped, and walnuts. Serves 8.

Cinnamon Meringue. Beat 3 e with ¼ teaspoon salt and ½ white vinegar until soft peaks ¼ teaspoon cinnamon into ½ and gradually add to egg white until stiff. Place buttered waxed a baking sheet. Spread meringue forming a shell 8 inches across 1¾ inches high and bottom ½ i Bake in a 300° oven 1 hour; tur and keep in oven with door clos longer. Peel off paper. Cool.

Mountain View, Calif.



If you pay the price of a Napa Valley wine, ke sure you get one made from Napa Valley grapes.

hat's right.
wine can be bottled in one place, in another, from grapes grown hird.
nd if one of those places happens Napa Valley, some people think re getting a Napa Valley wine. hat's why Inglenook wines are "Estate Bottled."

Estate bottling guarantees that every last grape was grown in Inglenook's own vineyards. That the entire wine making process took place in Inglenook's own winery. That you're not getting anyone else's grapes.

The other guarantee you get is the vintage date. It means that the wine is fully matured. That it has been aged, racked and inspected until it's worthy of Inglenook's 89-year heritage.

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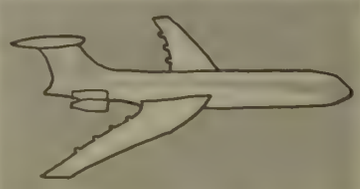

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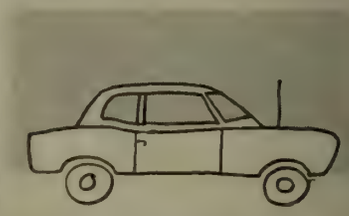

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BOAC
TAKES GOOD CARE OF YOU

Cloaked *by herbed cheese mixture, the snails bake in mushroom caps*

DARROW M. WATT

Grip *the shells, real or ceramic, with clamps; with fork pull out snail*

'or a smashing appetizer . . .

dy delicacy to keep for those occa- that call for a smashing appetizer is a can or two of *escargots*, or

past, this item was sold almost ex- ely in fancy food shops, but now find a good supply in food sections ort shops and deluxe supermarkets. esult of this bounty, you can prob- erve a portion of six snails for as s 50 cents.

d snails are sold without shells; or out $1 more you can purchase a ner of snails plus reusable natural The whimsical ceramic shells shown right are sold in some specialty are shops.

an assemble either of the following izers early in the day. The first fea- the snail nestled in a mushroom cap. e second, the lightly seasoned snail in a shell.

LS IN MUSHROOM CAPS

mushrooms, each 1½ to 2-inch diameter
tablespoons soft butter
can of 18 (about 4 oz. drained weight) extra large cooked snails
tablespoons grated Parmesan cheese
teaspoons fresh, frozen, or freeze-dried chopped chives
small clove garlic, minced or mashed
teaspoon basil, crumbled
tablespoons minced parsley
French bread or rolls

ully remove stems from mushroom save stems for other uses. Melt 1 spoon of the butter in a wide frying nd arrange mushroom caps, cupped p, in a single layer. Cook over mod- heat until lightly browned, then turn ides down and continue cooking until y browned. Let cool in pan.

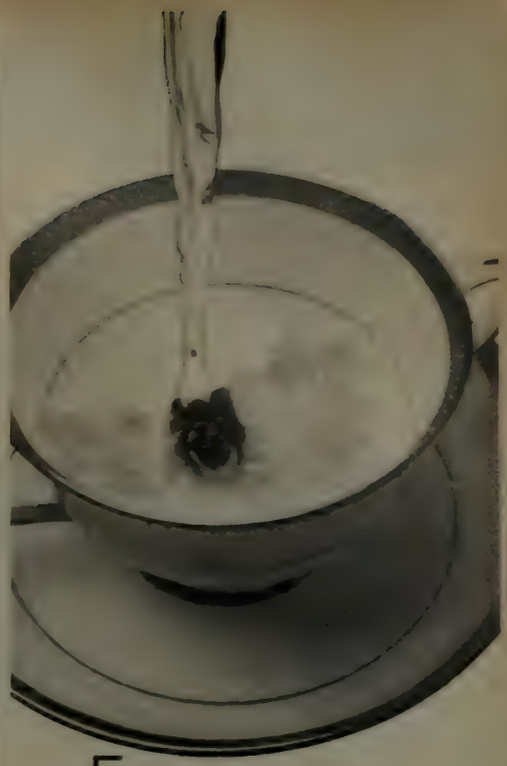
Drain snails, rinse, then spread on paper towels to drain. Smoothly blend remaining butter with cheese, chives, garlic, basil, and parsley.

Set one snail in the cup of each mushroom cap, then spread snails thickly with the butter mixture, dividing evenly. Arrange in 3 snail pans (6-snail size) or in 3 individual baking pans; cover and chill until ready to cook. Bake uncovered in a 500° oven for 7 minutes or until topping is lightly browned and snails and mushrooms are hot. Serve with bread to soak up the butter. Makes 3 first-course servings of 6 snails each.

SNAILS WITH HERB BUTTER

1 can of 18 (about 4 oz. drained weight) extra large cooked snails
½ cup (¼ lb.) soft butter
2 small cloves garlic, minced or mashed
2 teaspoons fresh, frozen, or freeze-dried chopped chives
1 tablespoon minced parsley
18 clean, dry snail shells, real or artificial
6 to 8 tablespoons grated Parmesan cheese
French bread or rolls

Drain snails, rinse, then spread on paper towels to drain. Mix butter with garlic, chives, and parsley until evenly blended. Put a small bit of butter in each shell, then tuck in a snail. Seal in with remaining butter. Press buttered surface firmly into the grated cheese. Arrange shells, cheese side up, in 3 snail pans (6-snail size) or 3 individual baking pans. Cover and chill until ready to cook. Bake uncovered in a 500° oven for 7 minutes or until cheese is lightly browned and butter is bubbling. Serve with bread to soak up the butter. Makes 3 first-course servings of 6 snails each.



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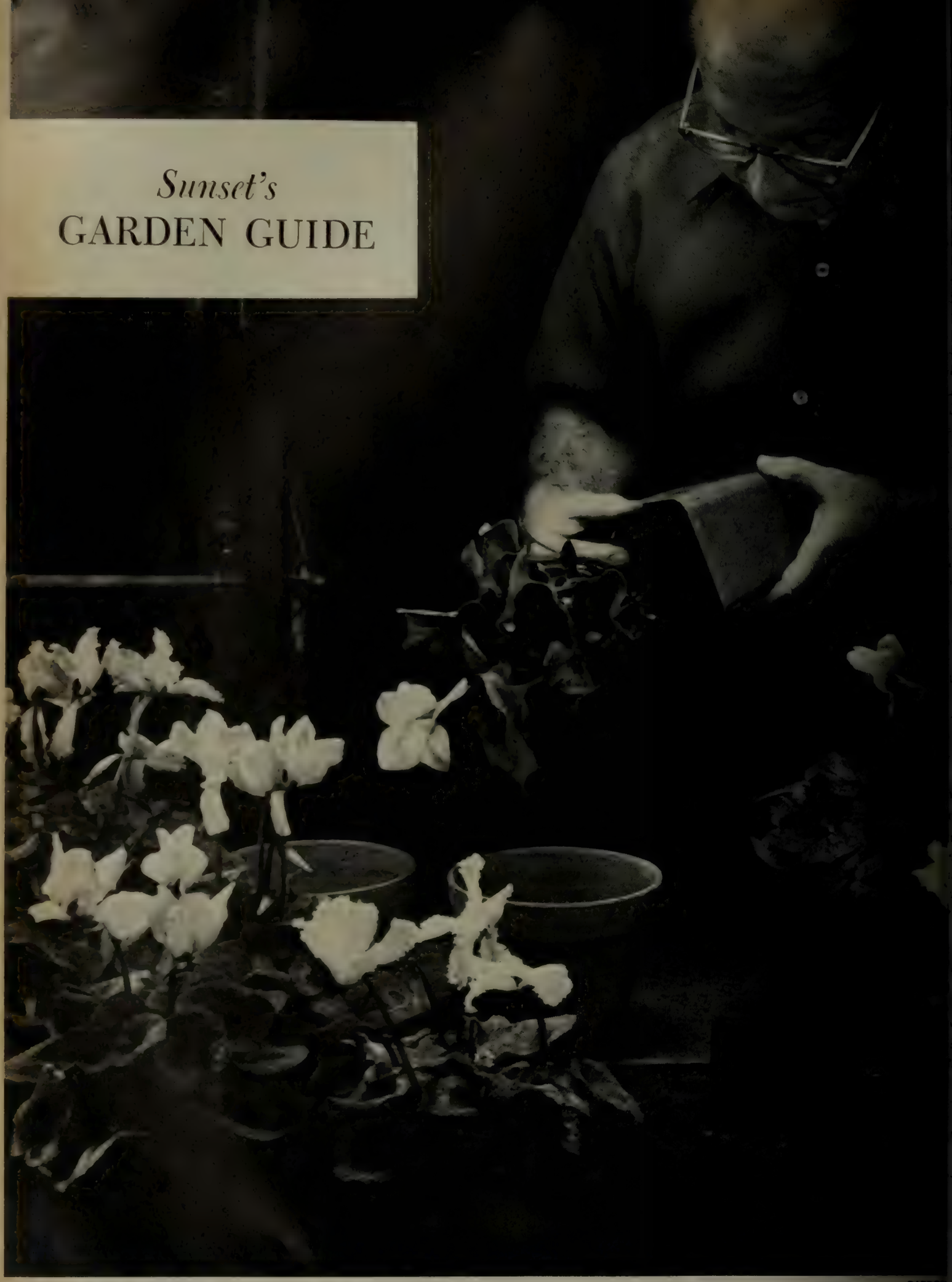

Sunset's GARDEN GUIDE

He's potting up some cyclamen

DARROW

Florists' cyclamen, now available in small pots for im planting, are colorful winter to late spring. This gar moving some plants from 4-inch plastic containers int clay pots for patio display; he'll plant the rest in shad

UARY IN YOUR GARDEN:

In between the rains . . . bare-root planting time

brings an abundance of new stock rseries. Bare-root trees, shrubs, rries and cane berries, rhubarb, ragus contend for your attention lled and burlapped broad-leafed ns, conifers, and such deciduous beeches, dogwoods, Japanese ma- l deciduous magnolias.

also brings a few sharp frosts (in the mildest coastal areas) and ins. Short days may confine your g activities to the weekends; if e wet, plan carefully to take ad- of good nursery stocks.

g ahead will help you salvage time. You can, for instance, in- reasonably dry field for a major nting job by covering the area arpaulin before an expected rain. le soil (or planting mix, or both) arage or under another tarpaulin.

lon't have major planting or con- n going on, January can be re- with your major effort going into and dormant spraying of decidu- ts, and into garden housekeeping h as edging lawns and beds, rak- es, and controlling winter weeds.

merica Gladiolus ions

America Gladiolus Selection is a riety that has been exhaustively nd appraised by gladiolus experts he country under a wide range of g conditions. This year's selections a tall, large-flowered variety and niature varieties. The big one is e Pink,' which has pink and cream with heavily ruffled edges. Seven flowers open on a long spike with 9 buds.

iniatures are 'Candy Doll,' with ink, white-throated flowers, and ice,' with deep rosy purple flow- se show seven or eight open flow- time on slender, wiry spikes with 2 buds.

ering apricot for fragrance

f the flowering fruit trees to burst om are the varieties of Japanese g apricot *(Prunus mume)*, some- so called Japanese flowering plum. mild days in early January can ut blossoms, although bloom is a bit later. Along with bamboo and owering apricot is one of the three "friends of winter" in Japanese garden tradition.

Flowers are small but profuse, semidouble to double in the named varieties, and pink in color. A near-red and a white variety exist but are rare; neither is offered in nurseries this year. Fragrance is light and clean but pronounced; most people describe it as warm and spicy.

The variety 'Peggy Clarke' has deep rose pink flowers; 'Dawn' has larger, ruffled medium-pink flowers.

Unlike most other flowering fruit trees, Japanese flowering apricot is a very long-lived tree. Its size is moderate (to 20 feet) and its habit picturesque and irregular. Control growth and shape plant by cutting flowering branches for the house.

More on flowering fruit trees

It won't be long before flowering fruit trees begin to bloom; now, when they are available as bare-root plants, is the economical time to buy them—but you can't see the blooms. Later, when you are able to see plants in bloom in containers, you may not be able to find the varieties you want in bare root.

This dilemma is not the problem it seems. For one thing, the difference in cost between a bare-root plant and a container-grown plant a year older is not great—although it can mount up if you plant in quantity. Also if you have been garden watching for any length of time you probably already know the names and colors of the trees you like and can buy bare-root plants with confidence.

If you are a novice, or if you're dealing with some of the purplish pinks and purplish reds, you might wait for bloom. Some of these colors are hard to blend with other bright flowering plants (especially other flowering trees). Or you can always play safe and buy a tree with white flowers. In February and March, these will stand out in a landscape dominated by pinks and carmines, and will blend well with flowers of any color.

January bloom on bare branches

Midwinter flowers are no surprise to Californians. Camellias and some evergreen azaleas bloom so faithfully in the chilly, dark days of midwinter that we take them for granted. More surprising are those shrubs that bloom from bare branches, bringing spring to January.

Many deciduous shrubs can bloom in this month, but not all are certain to do so. Among the most reliable are the flowering quinces and some of the viburnums.

Flowering quinces *(Chaenomeles,* sometimes sold as *Cydonia)* come in many named varieties. Some are low, spreading

---

Max Watson and the California skyline

Few men have placed as many trees on California's skyline as Max Watson of San Jose, who died recently at the age of 80. The trees were eucalyptus (over 100 kinds), which he planted and distributed in two eras of his life.

The first came when Mr. Watson was a young man in San Diego during the peak of the eucalyptus planting-for-timber boom of 1904–1912. He grew many thousands of eucalyptus trees from seed and planted the seedlings in groves, first as a ranch employee and later as San Diego City Forester.

Then came a long public service career, from which he retired in 1953.

In retirement he began his second eucalyptus era, the one in which *Sunset's* editors and readers came to know and appreciate him. For the next 15 years he just couldn't stop importing seeds of new eucalyptus species, growing the tree seedlings, and selling or giving them away by the hundreds to home owners and to schools, highway landscapers, arboretums, Disneyland, Candlestick Park, and other institutions.

In this period he also established the Max Watson Eucalyptus Arboretum in San Jose, and contributed his knowledge to many articles in *Sunset* and to the New Edition (1967) *Sunset Western Garden Book*.

Max Watson's legacy will grow through all of our lifetimes. In addition, his work can be continued through contributions to the Max Watson Eucalyptus Study Fund, c/o Saratoga Horticultural Foundation, Saratoga, Calif. 95070.

shrubs 2 to 3 feet tall, while others can reach 6 feet. Flower color ranges from pure white to deepest blood red, with many pinks, corals, and near-oranges.

Plants take well to pruning and shaping. Cut flowering branches, or take budded branches indoors to force bloom. If you haven't much room for a flowering quince plant, try espaliering it against a sunny wall or fence.

Among the viburnums, best bets for winter bloom are:

V. bodnantense 'Dawn' ('Pink Dawn'). Clusters of very fragrant deep pink flowers slowly fade to paler pink as they age.

V. burkwoodii. Dense clusters of pink buds open to white flowers. The plant is partially or nearly evergreen in mild winters. Flowers are deliciously fragrant and usually appear in February or March, but bloom earlier in mild winters.

Sometimes they go underground

The roots in the picture at far right came from a 'Gravenstein' apple tree. Its owners acquired the tree along with a house they bought a few years ago, and they hoped that good maintenance would make it productive. Four years later the apples were still undersized and scanty; the form of the tree hadn't improved much with pruning. White, woolly masses appeared on twigs and branches; spraying kept them under control, but didn't entirely eliminate them.

When the owners got around to removing the tree and grubbing out the stump, they saw that the roots were swollen and deformed. In certain areas the swellings were covered by a faint white "wool." These swellings are caused by woolly apple aphids; the "wool" is a coating of waxy threads that protect the aphid from its enemies. Aphids also infest the top growth of apples. They cause swellings on twigs, but not such obvious tumors as they do on roots; wool and dripping honeydew are the principal signs.

Other hosts for the pest are hawthorn, mountain ash, pear, and pyracantha. Pyracantha often shows woolly masses of aphids near pruning cuts or where twigs join larger branches. If you see any evidence of woolly aphid attack, control it in winter with dormant sprays containing oil. In July and August spray with diazinon to control aphids that survive the winter dormant spray.

Ugly swellings *caused by woolly aphids. Thin parts show normal ro*

Garden events

San Francisco. January 5. Rose p demonstration by the San Francisc Society, sponsored by the Recreati Park Department. Place: Golden Rose Gardens, Park Presidio Bo and Fulton Street. Hours: 10 A.M. P.M. Free. In event of rain, the stration will be postponed to Janu

San Mateo. January 11. Annual and show sponsored by the Penin chid Society. Place: Elks Club, 2 20th Ave. Show (free) from 6 to 7 dinner, which costs $6.50, starts P.M. If you wish to attend the make your reservations by Jan with Mrs. Edna Gandy, 267 L Ave., Millbrae, California 94030.

JANUARY CHECK LIST: *These things need doing*

☐ **Bare-root planting.** Flowering apricots and other flowering fruit trees are only a few of the bare-root bargains in nurseries this month. Most important of all are roses; we describe the new ones for you on pages 120, 122.

☐ **Food garden.** A number of bare-root vegetables, berries, and fruit plants are available this month. To plant any or all of them is a decision not to be made lightly. Here are a few opinions and prejudices we've gathered on the subject:

Asparagus takes up too much room, and the crop you get isn't that much better than store asparagus; on the other hand, a planting will go on year after year. If you have room, why not try some?

Artichokes are pretty, even if you never bother harvesting any. We saw fruit stands selling dried artichoke flowers for decorations this fall; they cost much more than edible artichokes.

Cane berries take a lot of room and maintenance. Pruning them is an art, but one you can learn. Fruit is delicious, and not always easily available in stores.

For a report on rhubarb, see page 125. Strawberries need a lot of room, rich soil, weeding, cultivation, feeding, irrigation, and pest control. They can hardly be called permanent plants. And yet, unless you grow your own or know somebody who grows them, you can easily forget how good vine-ripened strawberries can taste, and how insipid so many of the commercially grown mastodons are.

☐ **Pest control.** Check diseases and pests in the garden by using a dormant spray on all deciduous fruit trees, flowering fruit trees, shrubs, and vines. Use dormant-strength oil sprays on evergreen plants. Be sure to check label instructions before spraying; unusually low or high temperatures can make spraying dangerous to plants. Help out your spray program by a thorough garden sanitation program: pick up and destroy obviously diseased plant material—mummified fruits, blighted branches, blighted camellia flowers.

Check drainage holes in containe stroy slugs which congregate there.

☐ **Pruning.** Spraying dormant is easier—and more effective if you finish pruning them first. Co coverage, the secret of successful d spraying, is easier to accomplish plants are relieved of surplus bru

☐ **Weed control.** Weed oil is but still effective spray weeds growing in the open groun problem with oil is that it stains rock, or wood. So for weeds grow gravel, among rocks, or alongside boards try cacodylic acid. When with water, this material makes nomical, non-staining, odorless spr is effective against young we doesn't knock them over in half but about three days after you you'll notice that the weeds ar and dried.

Cacodylic acid contains small amo arsenic, and hence shouldn't b around food plants.

verlooked for 56 years–
is important Gauguin sculpture
n be yours free

...with membership in
he Sculpture Collectors Limited
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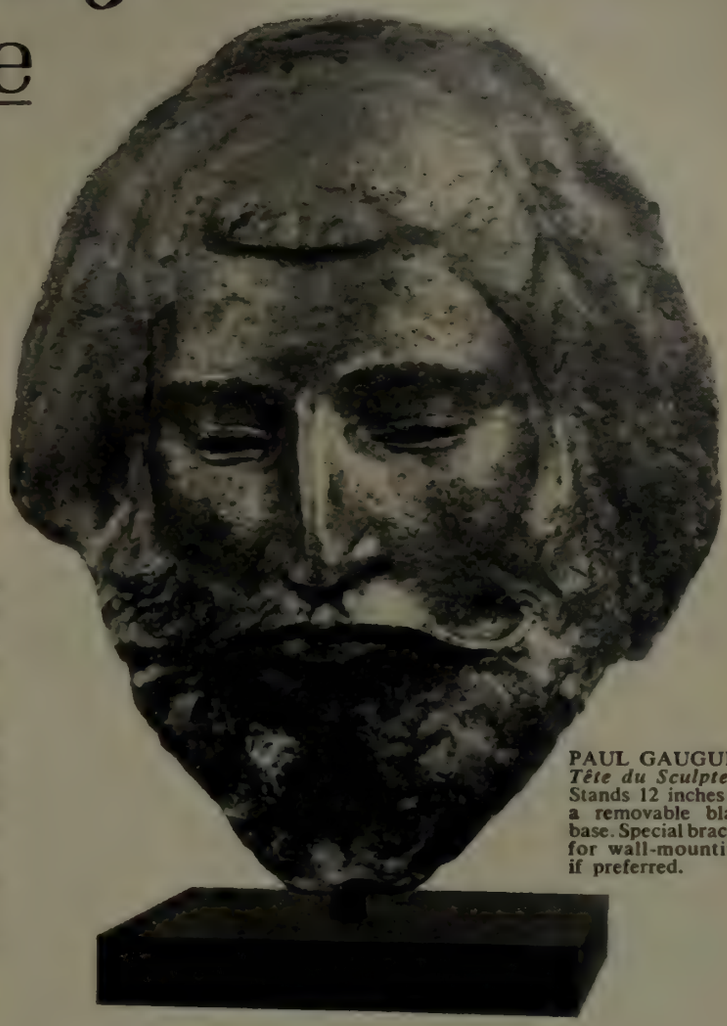

PAUL GAUGUIN, *Tête du Sculpteur.* Stands 12 inches on a removable black base. Special bracket for wall-mounting, if preferred.

nore than half a century after Gauguin's death in 1903 this nificent life mask was not publicly exhibited and not even to exist except by a few experts—until it emerged from a collection and was auctioned at a New York gallery as the a "tattooed male Tahitian."

recognized by scholars as a self-portrait, the head was acquired by The Sculpture Collectors Limited and for the ne a number of castings have been pulled from Gauguin's terra cotta. This work of art is not available except with rship in The Sculpture Collectors. It is not for sale, and no vill be cast after these are spoken for.

, the Gauguin mask can be yours as a gift—with a new kind bership that never obligates you but privileges you to acquire iginal sculpture by outstanding living artists, at prices far those commanded by dealers and galleries.

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work is individually signed, then hand-cast in a new material dry-Stone. Each piece will be cast in an edition strictly to he needs of the membership. These originals will not be for sale outside the membership—however, members may o other collectors with no restrictions of any kind.

r times a year you will be advised of new offerings. If any of rks appeals to you and you would like to see it in your home, e invited to live with it for 30 days and you still retain the to decline it.

quarterly offering features three exclusive, signed originals standing American and European sculptors such as Salvador André Minaux, Lebadang, and others—all important artists works have been appreciating in value. Yet, prices to you low as $25 and *never* more than $40.

Lifetime membership just $10

10 makes you a lifetime member of The Sculpture Collec- mmediately upon joining you receive your free gift of the in mask. And membership brings still another benefit: a com- tary subscription to an authoritative, full-color sculpture l—*The Foundry Mark.* To enjoy the adventure of owning al sculptures by contemporary masters, simply mail the cou- end no money; we'll bill you for your $10 lifetime membership fter your gift arrives.

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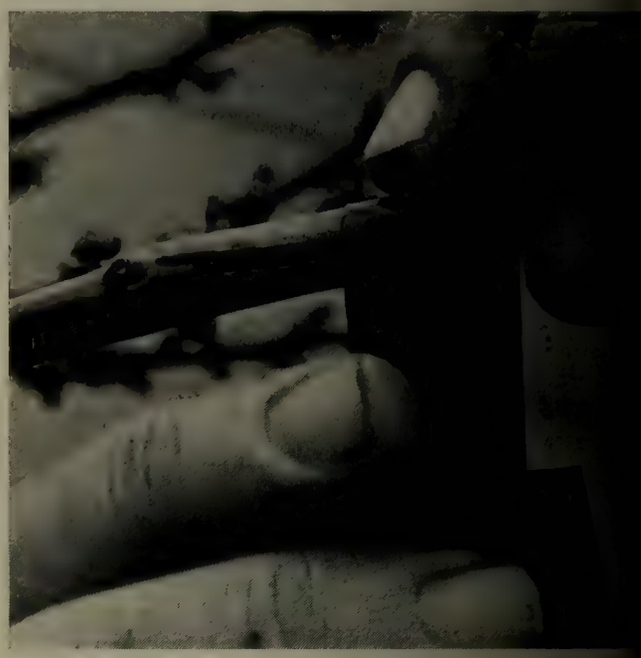
One membership per family. Offer available only in the U.S.A.

1 • *Here's the apricot branch onto which the Santa Rosa plum section is going to be grafted. It has just been cut back to a stub. Main slice on this branch will start just to right of the farthest-left bud shown here. The stem upon which a graft is made is called the stock. The grafted section is the scion*

2 • *The long, diagonal slice alo branch shown at left has j made and here the grafter ming it with one more li*

5 • *Place sliced face of scion against sliced face of the stock to check fit. Whittle or slice as necessary to make an all-over snug fit, with bark touching bark all around. This is a satisfactory fit and will make good union*



6 • *Hold scion to stock and wrap with plastic electr Cut a 6-inch length, start at middle of joint, one end. Wrap another length from middle to o Pull tape tight as you wrap. Overlap turns abou*

An easy and different approach to grafting

The secret is using electrician's tape

From now until buds begin to op winter, you get your chance t magic and satisfying horticultu called grafting. Over centuries developed and refined five popul ods of grafting, all of which are in detail on pages 20 to 23 of th book *Basic Gardening Illustrate*

Here we report a refinement in grafting method, a technique b small branch pieces are grafted o branches. The standard way to w until now has been rather com You jam slitted slant cuts togethe

diameters of the stock and scion should match. (You either choose a scion to ch the stock or vice versa.) Here one prospective scion is being matched inst the stock. The grafter had a bundle of Santa Rosa plum scions, already from which to choose. As you can see, this one's size is satisfactory

4. Slice base of scion at same angle as stock, making sure the buds point in the right direction. Here the sliced scion is being smoothed

GLENN CHRISTIANSEN

7. The joint was wrapped more after photograph 6 (four more layers wrapped directly from roll after first two anchoring lengths were in place). Here's the grafted joint on April 30. New plum leaves growing from scion buds indicate success. Tape can remain in place until it falls or you can remove it in third year. It's elastic enough to yield with the expansion

at they make sort of a slanting oss section, then you wrap the cover it with wax.

method shown here makes a y joint, more likely to grow, less develop decay in the joint, and sier—so simple that a novice with sharp knife can do it.

demonstrated for us by Robert an electrician in San Mateo, Cali- Mr. Forrest's father devised the in 1931, using rubber electrical e younger Mr. Forrest uses all- plastic electrical tape—it stretches as easily, holds as firm, makes a seal that is as thoroughly airtight and watertight, and it's easier to apply than the old paper-backed rubber tape.

Mr. Forrest emphasizes that you must use a sharp knife to make clean cuts. He spends more time putting a sharp edge on his knife (with a stone) than he does to cut and wrap a graft.

The Forrests have made many successful grafts by this method. They prefer to graft one-year-old scions onto one-year-old stems; two-year-old and even three-year-old wood can also work.

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'Santa Cruz' is most commonly tallest-growing ground cover pyr

Pyracanthas ri on the groun

If you're thinking of putting in a cover or bank planting this spri sider pyracanthas. Although the bu right kind is well known, many pe unaware of the several low-growin ties suitable for ground cover.

Like the larger plants, these pyra have evergreen foliage, small white and (except one variety) bright red berries. Only a few are true but the rest grow low and spre you remove vertical stems.

As a group, pyracanthas tolerat amount of neglect. Plants need and grow best where soil is not co wet (plant out of reach of law klers). Once established, they ne care beyond trimming back un branches. Although usually dise pyracanthas may fall prey to aph spider mites, and fireblight.

Select plants grown from cuttings than seedlings which can vary c ably in habit, foliage, and berries in 5-gallon cans give you a better form and size than those in gallon

Many people use pyracantha masses of bright orange-red berrie and winter. The sight is impressi can be overwhelming in the wrong l

Consider, too, the thorny nature pyracanthas; very thorny types sh planted back from walkways areas. Thorns may also make we problem until plants are dense en keep growth down. Take stock situation before you decide.

The six most commonly available cover types are described below i

most people look for in pyracan-
rries, foliage, and growth habit.

wood' ('Pyrabox') is a very hand-
ow-mounding pyracantha which
t spread as much as the others
urprisingly, this kind is so leafy,
nd soft that it's sometimes used
of boxwood. The glossy oval leaves
green on short, compact branches
thorns or berries, quite unlike the
pyracantha. In ground cover use,
hould be placed close together (2
).

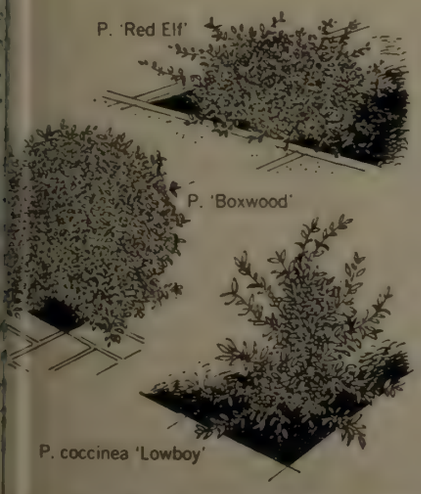
inea 'Lowboy' grows low and
wide. More typically shaped than
d,' it has rich green foliage and
lusters of orange berries. 'Low-
n vigorous grower and needs some
to keep it neat. Plant at least 4
rt for best results.

Elf' is a true dwarf with a mound-
wth habit. Closely intertwining
s display dark green foliage, and
ter) bright red berries. This is a
dge or container plant for a small
needs less training than most.

zumi 'Santa Cruz' ('Santa Cruz
ta') grows some of its branches flat
ne vertical. You have to pinch out
tical ones to keep it flat. Heavy
of large red berries obscure the
ossy green foliage in fall. Plant 4
t apart for best appearance. This is
st frequently planted of the low-
g pyracanthas; you may have seen
g freeways. It's also the thorniest
ow ones.

Tim' is a dwarf, compact plant to
all with small leaves and an abun-
of berries. Prune once a year when
egins to color, shortening any verti-
ots. With few or no thorns, 'Tiny
akes a good close-up or tub plant
n also be trained as a low hedge.

lderi' is a wide-spreading variety
large number of red berries. Not
as 'Santa Cruz,' which it resembles
, it grows to 2½ feet and spreads
et or more if you pinch back verti-
ns. Berries remain through fall.



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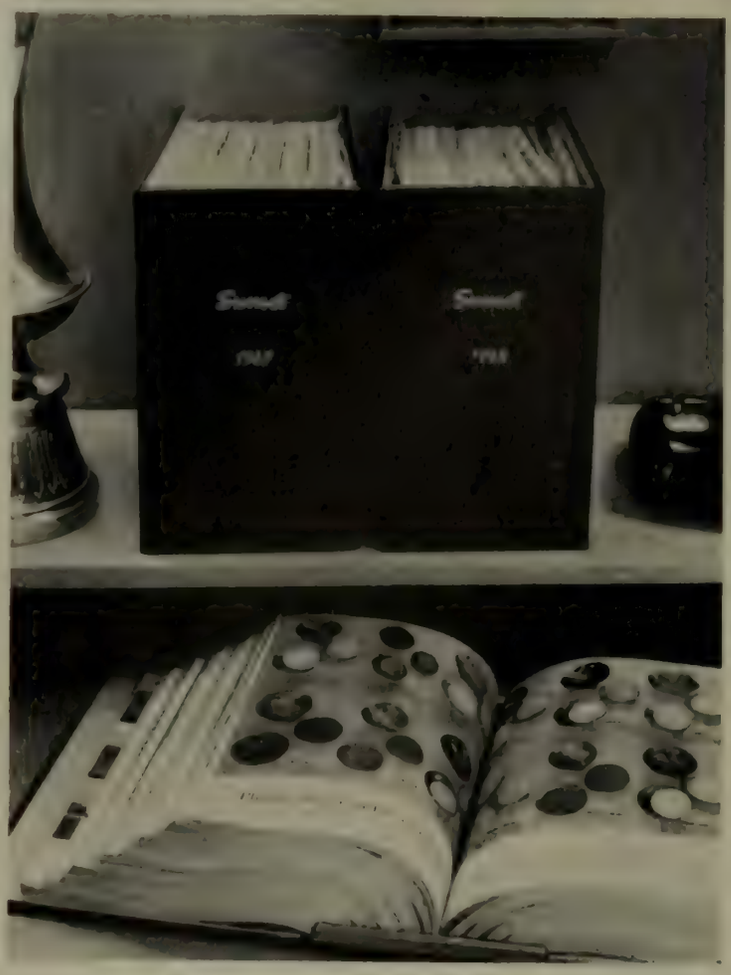

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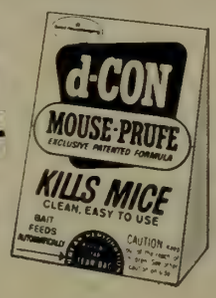

Small pink flowers *and long cutting stems are the hallmark of AARS 'Ge*

The new roses for 1969 include some surprises

This year's crop of new roses includes some innovations — a true orange climber, a white rose that blooms well in almost any climate, and a fragrant lavender rose. Since it's time to begin planting roses in all but cold-winter areas of the West, you'll probably want to know what is available this year.

Gardeners impatiently awaiting the end of winter can place their orders now for spring planting.

Four All-America Rose Selections (AARS) are among the 24 new varieties listed here. This honor is awarded after two full years of field testing. We haven't tried to include every new rose—just the ones you're most likely to find in nurseries. We've listed them by color so you'll be able to identify them more easily.

PINK

'Doris Ashwell' (Hybrid Te ease resistant; dark green foli almost constantly, either singl ters of three to five flowers; fr 6 feet tall (can be trained as p

'Fairy Moss' (Miniature). I ing miniature moss rose; 1½- borne singly and in clusters five; bushy plant, 10 to 12 incl

'Gene Boerner' (Floribunc Clear pink blooms, profuse spring to autumn, 3½ inch long (for floribunda) cutting foliage; 4 to 5 feet.

'Judy Fischer' (Miniature). pink flowers with gold und inches wide, long lasting when

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By HELEN HARRIS

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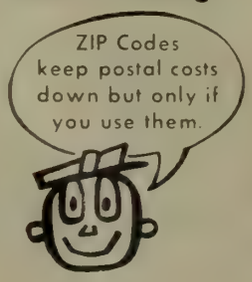

compact plant, 10 to 12 inches.

'Marie Antoinette' (Grandiflora). Very vigorous; 4 to 4½-inch flowers appear singly on long, strong stems; plant is more upright than spreading, reaches 4 to 5 feet in height.

'Queen Charlotte' (Hybrid Tea). Old-fashioned, fully double 4 to 5-inch blooms, appearing singly or in clusters of two or three; dark, glossy foliage, very disease resistant; 3 to 4 feet.

'Rhonda' (Climber). Hardy, ever-blooming; double coral-pink flowers appear the first year; good cutting flower with moderate fragrance; disease resistant foliage; 8-foot canes, with blooms clustered from base to top.

'Vin Rose' (Hybrid Tea). Deep rose-pink buds open to 3½ to 4½-inch blooms with light fragrance; very vigorous light green foliage, extra long stems; to 5½ feet.

ORANGE

'Delbard's Orange Climber' (Climber). Vigorous; low arching canes fill considerable space; orange-red, urn-shaped flowers, single or in clusters, 3¾ to 4½ inches across; buds and flowers hold up well in most climates. First orange climber developed.

'Illinois' (Hybrid Tea). Leaves are large, abundant, disease resistant; scarlet buds open to 5-inch orange flowers on long, strong stems; exceptionally vigorous; to 4 feet.

'Red Skelton' (Hybrid Tea). Orange-red, large blooms to 6 inches across; long stems with single or several long-lasting, high-centered flowers; 4 to 5 feet tall.

'Wind Song' (Hybrid Tea). Large 5-inch flowers are fragrant and long-lasting, both

ELLIS MARLOGG

A hardy white *rose, 'Pascali' blooms on through rain, fog; hot and dry weather*

on plant and when cut; color resis ing, petals drop cleanly; disease re foliage; good for Southwest, southe central California.

RED

'Comanche' (Grandiflora). AARS let, fully double 4-inch flowers; ta branched plant with several blo each stem; disease resistant foliag row or hedge rose; to 5 feet.

'Gerre Dean' (Hybrid Tea). Desc of 'Tropicana' but more resistant dew and heat; scarlet-orange bud to 4½ to 5-inch scarlet flowers pleasing fragrance; basal canes re 6 feet, crowned with 10 to 15 flow

'King of Hearts' (Hybrid Tea) red blooms retain color until pet high-centered flowers, 3½ to 4 close set leathery foliage; 3 to 4 fe

'Little Fireball' (Miniature). coral-red, 1-inch flowers; disease re foliage; spreading growth habit; 1 inches high.

'Proud Land' (Hybrid Tea). De velvet-textured blooms; disease re heavily fragrant, 4½ to 5½-inch on long stems; fast grower to 4 feet

WHITE

'Pascali' (Hybrid Tea). AARS. Ex vigorous plant; nearly continuous urn-shaped buds open to 3½ to pure white flowers with slight fra long-lasting flowers open under ne weather conditions; to 4 feet.

'Whipped Cream' (Miniature). white buds open to very white, 1 blooms; free-flowering all season; ing growth habit good for border planting; to 12 inches high.

YELLOW

'Golden Prince' (Hybrid Tea). non-fading, deep golden yellow f 4 to 5 inches wide, on strong stem blooming, with light fragrance; bus well branched plant to 4½ feet.

'San Diego' (Hybrid Tea). Big, do to 5-inch light yellow blooms; vi more spreading than upright; to 4 f

BICOLOR

'Colorama' (Hybrid Tea). Red a low shades; large, cupped, 4 to blooms, produced freely all season dant parsley green foliage with go ease resistance; to 4 feet.

'New Love' (Hybrid Tea). Large are blood red to cardinal, with side of petals a golden yellow; not ceptible to climatic variations as bicolors; vigorous plant, to 4 feet.

LAVENDER

'Angel Face' (Floribunda). AARS. buds turn to lavender when one open; double flowers, 4 inches or usually in clusters; long-lasting, wit heavy old-fashioned fragrance; 3 to

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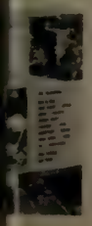

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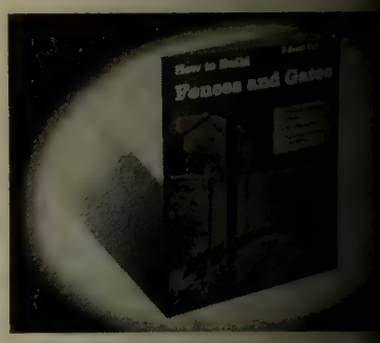

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Six-year-old *rhubarb plant. Here, in sandy soil, summertime leaf stalks are being cut with a knife. In heavy soils you should break off the stalks at the base to avoid rot*

You can eat rhubarb or just admire it

Rhubarb pie, no matter how loyal its partisans, doesn't appeal to everyone. But whether you cook and eat the stalks or not, the plants look great in a garden.

Rhubarb is a perennial foliage plant you can count on for years. Its big, dark green, wavy leaves look tropical. The stalks—the part you eat—are red, pink, or green, depending on the variety.

Whether you want rhubarb for cooking or just a handsome garden addition, now's a good time to plant. You can plant dormant roots only in winter—the most economical way to start rhubarb. Nurseries also now carry young plants in gallon cans and quart pots, which you can plant any time of year.

Varieties most often sold as roots are 'Cherry' (with red stalks) and 'Strawberry' (pink stalks). 'Cherry' is best for mild winters. You can buy seedlings of 'Victoria' in pots.

The plant shown above (variety 'Strawberry') belongs to the Henry E. Boettners of Sebastopol, California, and it's amazingly productive. Planted six years ago, moved to this garden of rich, sandy soil four years ago, this one plant now supplies many dozens of stalks each spring. It keeps the Boettner family of four well fed with fresh rhubarb all season and yields enough extra for canning (10 pints in 1968). Originally they had two plants but one is now quite adequate.

Rhubarb needs a sunny spot and rich soil. Plant roots so that the papery husks at top barely poke out of the ground.

Rhubarb needs lots of water when it's growing. But don't overwater the dormant roots at first or they may rot before sprouting. Feed with high-nitrogen fertilizer after shoots grow a foot or so, and at least once each spring afterwards.

The usual (and no doubt the best) advice is not to harvest any rhubarb during its first year, to allow the root system to grow as big and strong as possible. A big crop should start coming in a year after planting. Impatient gardeners often harvest some the first summer.

Just eat the stalks. Don't eat the leaves—they're poisonous. The stalks are most palatable in late spring and early summer.

In cold climates, rhubarb dies down each winter. But in many parts of California, plants keep on going all year, and some say it's wise to force them into a short dormancy. In July stop watering and let the plants die down. Resume watering again in September.

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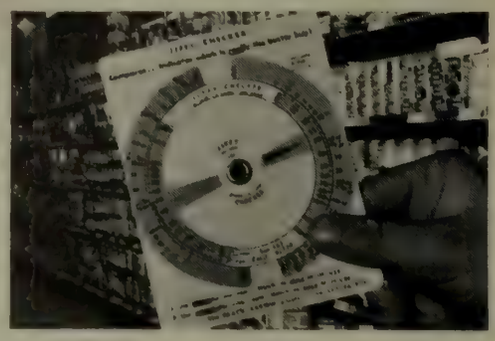

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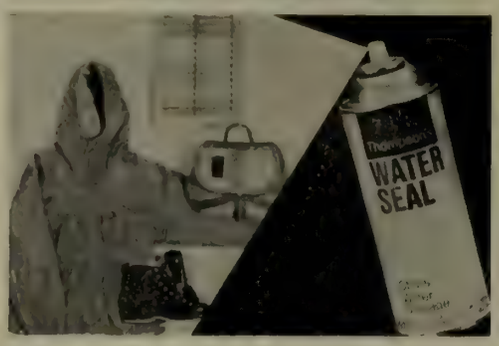

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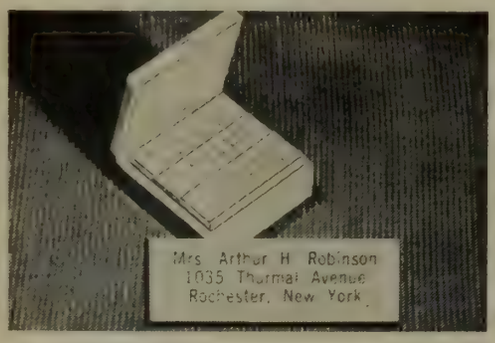

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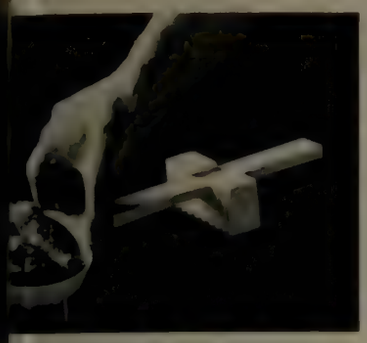

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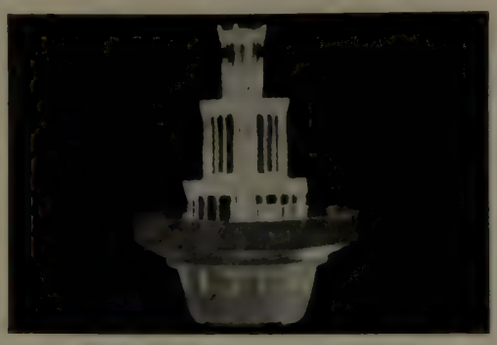

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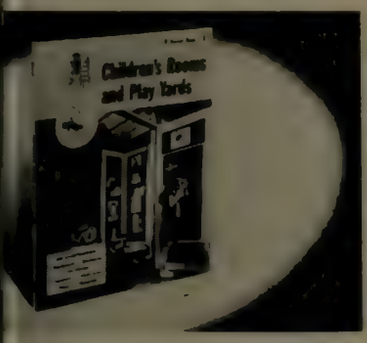

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Roses thrive in pots and tubs

Growing roses in containers is a splendid way to display them on patios, decks, terraces, balconies, and in small gardens.

In plant size and form and profusion of bloom, the compact 2 to 3-foot Floribundas and Polyanthas adapt best to containers. If you use Hybrid Teas, select lower-growing, bushy varieties. Patio standards budded on 24-inch stems and miniature tree roses budded at 10 inches are also attractive container plants.

Choose containers 14 inches in diameter or larger to accommodate roots without cramping. Plant in a porous mix of 50 to 75 per cent sandy loam and 25 to 50 per cent ground bark, redwood sawdust, or other organic matter, nitrogen-treated.

Container-grown roses need more frequent watering and feeding than those planted in ground; keep soil moist during the active growing season and feed once a month with complete fertilizer. After three years remove plants from containers during the dormant season; prune matted and spiraling roots; repot in fresh mix.

Here are a few Floribunda and Polyantha varieties recommended for containers:

'Angel Face.' See page 120.

'Border Gem,' luminescent coral flame, 18 to 24 inches tall; needs little pruning.

'Circus,' multicolored yellow, pink, orange, and red; 2 to 3 feet.

'Europeana,' ruby red; 2 to 3 feet.

'Fancy Talk,' vibrant pink; 2 feet.

'Ginger,' orange-vermilion; 2½ feet.

'Margo Koster,' pale orange, 2 feet.

'Roman Holiday,' bicolor, yellow shading to orange-red; 2 to 3 feet.

'Sarabande,' scarlet-orange; 2 to 3 feet.

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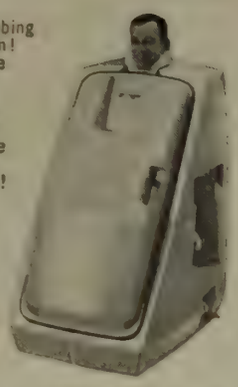

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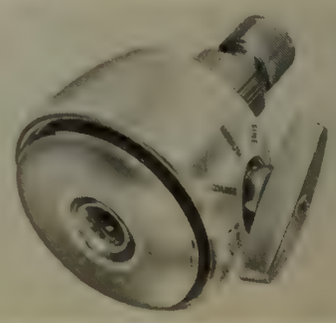

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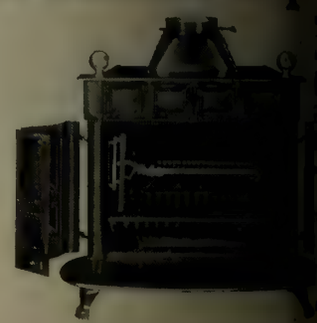

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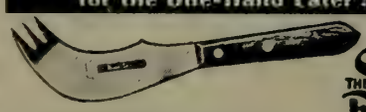

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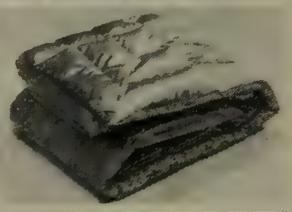

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WILLIAM APLIN

Handsome *Japonica camellia hedge gets full sun in San Marino. This variety is 'Covina'*

Why not a camellia hedge?

A camellia hedge really isn't as exotic as you might think. Besides producing flowers you'd never see on a row of privets, certain varieties stay hedge-height and bushy, and are seldom troubled by pests or diseases.

WHAT KIND?

You want plants that can stand the hot sun they'll get as a hedge, and also grow neat, compact, and thickly foliaged. Stick to just one variety for a uniform hedge.

'Covina' seems the favorite camellia for hedges, because of its long-recognized sun tolerance and bushy growth. Flowers are rose red and small.

'Kramer's Supreme,' a recent introduction, makes a faster hedge than most camellias. Flowers are dark red, very large.

Other good Japonica camellias include: 'Ace O' Hearts' (deep red, large flowers); 'Princess Baciocchi' (red, medium large flowers).

Many Sasanqua and Hiemalis camellias also make good low hedges because of their ability to stand sun and their compact growth. 'Yuletide' is outstanding.

PLANTING AND PRUNING

Space plants 3 to 4 feet apart—the hedge fills in faster if plants are spaced close together. Gallon-can plants may take five years to form a solid hedge, 5-gallon sizes a couple of years less.

Dig a planting hole at least twice the size of the plant's root ball. Plant the camellia at the same height it was growing in the nursery can. For backfill, mix equal parts peat moss, ground bark, or other organic matter with some of the soil you've dug up. Lay on an inch or two of this organic matter to serve as mulch.

Annual pruning will keep your hedge trim and dense. Each spring after bloom, cut back new branches. Young plants tend to send up long flimsy shoots; cut these back about halfway.

Limber *Sasanqua camellias spill out onto walk, make graceful low hedge in Bel Air*

LETTER FROM *Sunset*

If you use back Sunsets for reference, here is some help

"Sometimes I find your magazine downright frustrating," a read us recently.

"Why? Because you suggest so many things that I'd like to do— wife would like me to do—but that I don't have time for right now.

It's true that *Sunset* is a take-action magazine; our stock in trade viding both the stimulus and the specific information that will help take a trip, remodel a house, grow a plant, cook a special meal. Sti of our suggestions don't have to be pursued right now; most can be for future reference. Craft ideas will be just as good at some late Garden projects, if not accomplished now, will be seasonable aga year. Remodeling ideas can be collected usefully for months or yea travel information is often earmarked for a future vacation. Most are timeless. So readers tend to save *Sunset,* copy after copy.

Recognizing this, we began a long time ago to offer a couple of services for those who want to keep their copies of *Sunset* fo reference:

At the end of each year we prepare a master index for the preced issues, and make it available at cost (the 1968 index will be read in January). *Sunset*, incidentally, is one of only two home service zines to publish such an index.

We also make available at cost both leatherette binders and inex cardboard files, to make the storing of past issues easy and order

Together, index and binder or files convert a year's individual co *Sunset* into a handy reference set.

If you've been saving *Sunsets* and want to organize your copies fo use, these two reader services will probably interest you. You'll fin tional information on pages 118 and 119.

WINDOW ON THE WEST:

Earthquake country

Despite the West's reputation as earthquake country, there are f places where very narrow, deep fissures have remained indefinitely aft a quake, and fewer still that are easily accessible. The fissure pictur here is in the Inyo National Forest near Mammoth Lakes, California, the eastern side of the Sierra Nevada. Although it's called the Mammo Earthquake Fault, it is technically not a fault because there is no e dence of vertical or horizontal displacement. But it's an impressive cra in the earth, 60 feet deep in places; and you can walk right up and lo in. The Forest Service hasn't lost anyone there yet.

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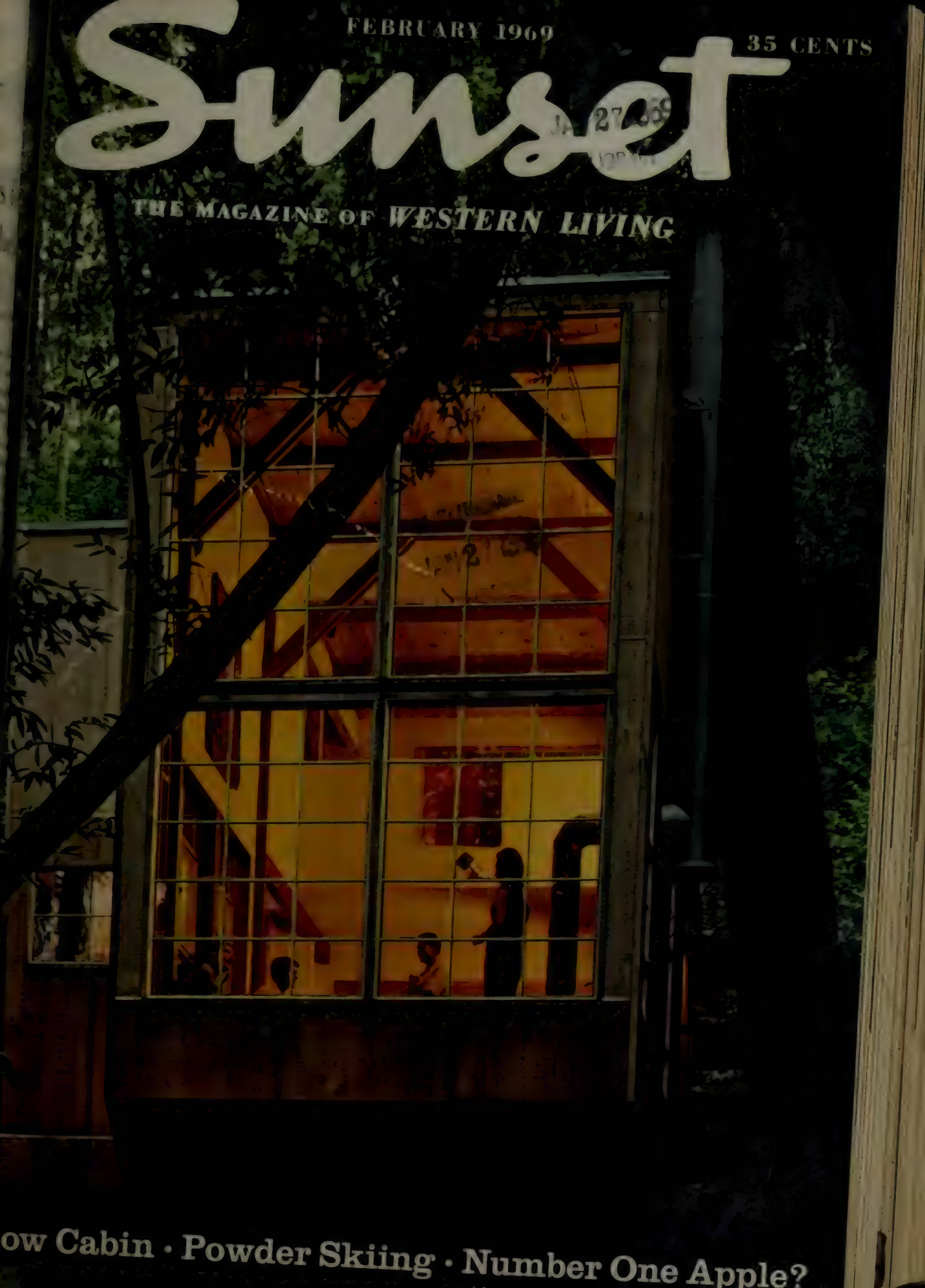

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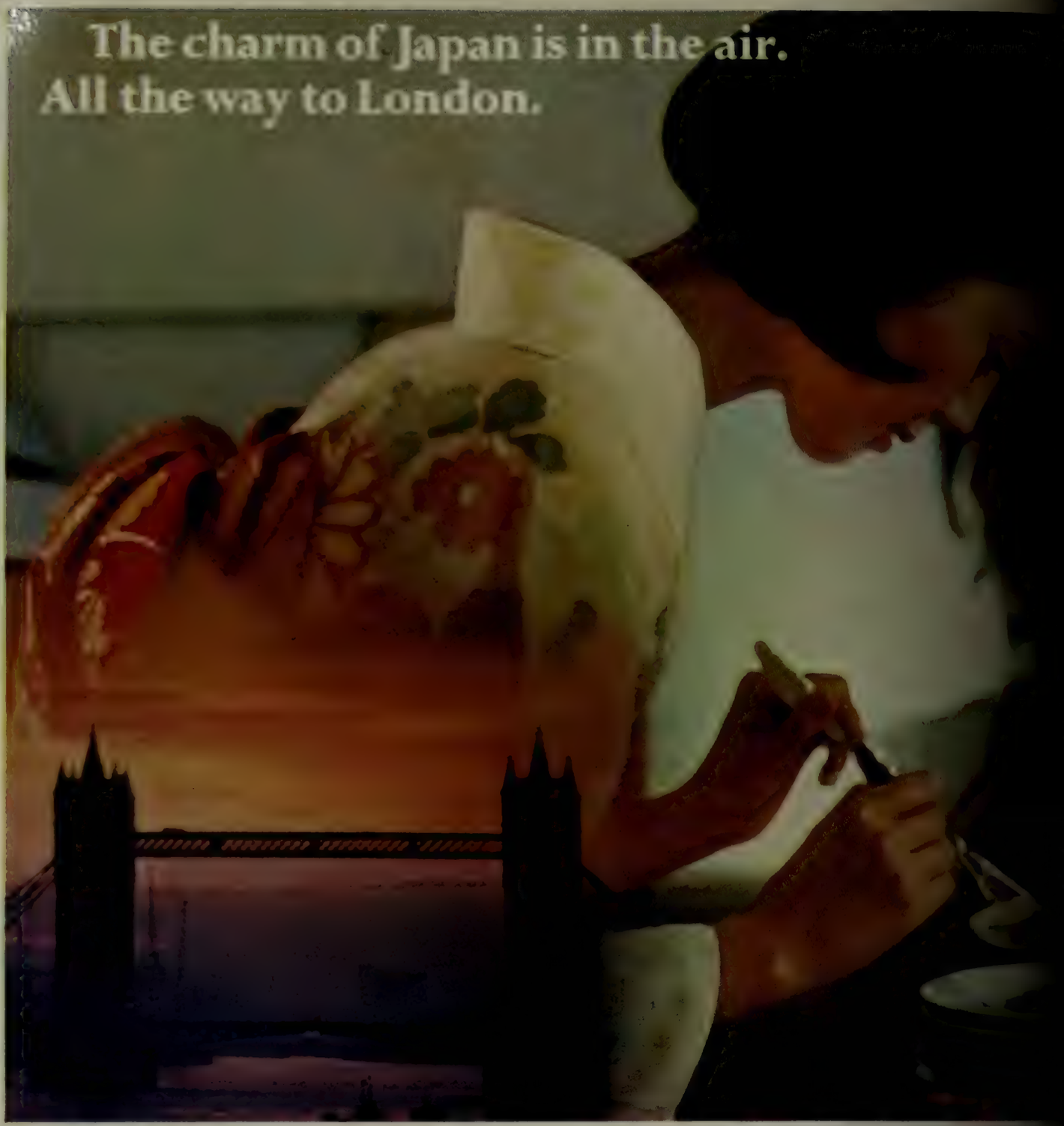

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CENTRAL EDITION

PAGE
Snowmobiles open up the winter world 46
To cold Colorado for powder skiing 62
Golden Delicious—number one apple? 74
Picnic lunches for the ski slopes 78
A giant window in the woods 80
Announcing the 1969–1970 Western Home Awards 96
Making your own pastrami 138
Flowering small fry in containers 174
Evergreen azaleas—beautiful and useful 186

PAGE
travel in and beyond
est 3
ent travel—the wide choice. 26
tour to Arctic Alaska 28
our skis with you 30
seeing—a new idea for
son visits to Scandinavia ... 34
amping in the redwoods 41
n wilderness—just 18
les from city hall 42
owmobiles do is open up
nter world 46
land's 90-mile beach 52
high in Yosemite 56
he Rhine drops 70 feet 61
Colorado for the joys
vder skiing 62
loyd Wright was also
ed landscape architect 70

ing and Remodeling
window in the woods 80
anging Western Home† 84
les go into hiding 87
reens are filigreed plywood .. 88
nters give extra
e space 90
the mirrors
hroom garden 92
chen's new divider island
des privacy, display space ... 95
cing the 1969–1970
ern Home Awards 96
ass wall frames a canyon view 98
vies in the living room 106
counter—a spacious new view 108
unk beds just go away 116
wall—one way and two-way 119
e the sliding glass door 120
estern Kitchen 165

Letter from *Sunset:* We get ideas from our readers 208

Food and Entertaining PAGE
Golden Delicious—
number one apple? 74
Lunch on the slopes—ideas for
snow picnics, knapsack lunches ... 78
*Sunset's Kitchen Cabinet** 122
Three really nutty cakes 124
How to preserve kumquats 126
These spareribs are sweet-sour 129
From layer cake, a grand torte 131
February menus 132
Orange flavor for meats, for fruits ... 137
Your own pastrami—
with pepper, spices, smoke 138
It's a cake that's soggy—deliberately 140
Three flours are this bread's secret .. 142
Cook's discovery:
Jerusalem artichokes 145
Veal rolls with pâté inside 146
Roast chicken with a wine sauce 148
Little, filled pancakes as appetizers .. 150
The Italian hand with tomato sauce 152
*Chefs of the West** 154
From one dough—three coffee cakes 160
Orange doughnuts 162

Landscaping and Outdoor Building
Frank Lloyd Wright was also
a gifted landscape architect 70
In three gardens in Salt Lake City—
the pleasure of walking on wood .. 100
Generous new entry deck and trellis. 103
Stable in the desert is crowded with
ideas for other stable planners ... 110
Patio screen shelters shade-lovers ... 176

Gardening PAGE
February in your garden 166
What do you do with a tree tomato? 170
February's bulbs? Well, why not? ... 173
Flowering small fry—watch them
close-up in containers 174
Now's the time to pick a magnolia .. 178
The night raiders and how
to clobber them 181
Evergreen azaleas are both
beautiful and useful 186
All Matilija needs is room 188
Moving an azalea or rhododendron .. 190
Camellia shows in February, March. 192
The dwarf peaches and nectarines .. 194
A good way to prune a tree rose 198
You grow it for its fragrance 200
Locust: It's the placement
and the pruning 207

The Cover Story

The little house on the cover is a weekend retreat among redwoods; seemingly isolated, yet only 25 miles from the San Francisco home of the owner. Glenn Christiansen took this outside view. For a look at the inside, see page 80

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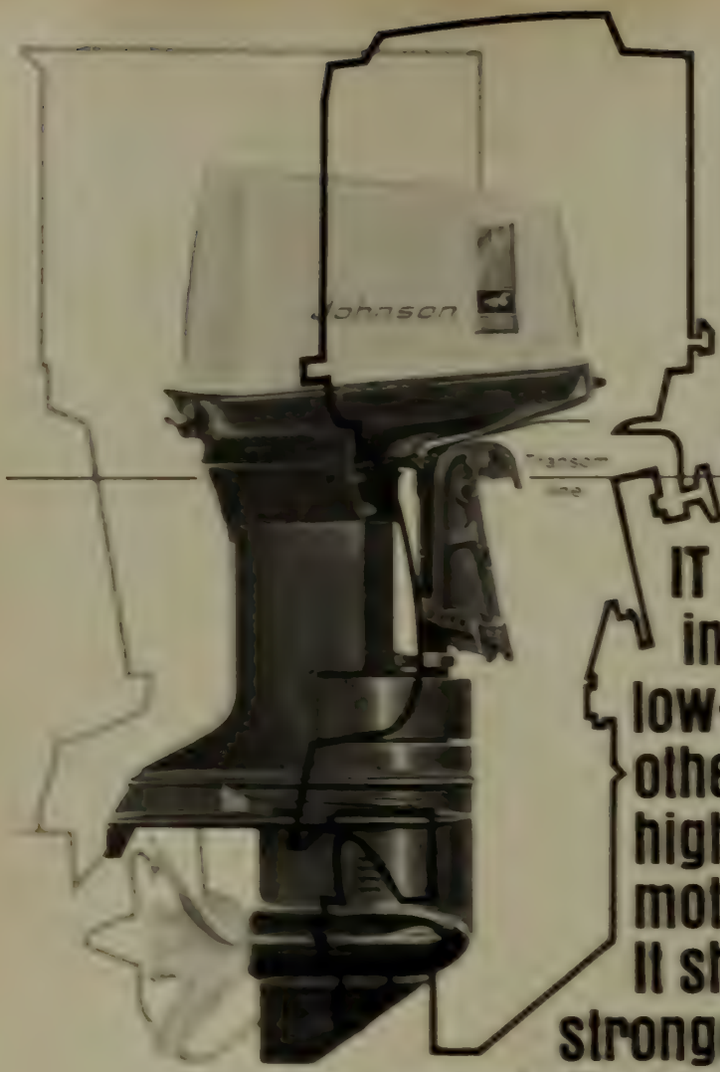

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n hills *at Little Sweden resort are right next to California Highway 108*

Going to the snow on the Sonora Pass road

Sonora Pass is normally blocked by snow through the winter, but a lower section of the Sonora Pass road (California Highway 108) penetrates the Sierra's western slope all the way up to the snow closure at an elevation of about 7,000 feet. This 40-mile stretch of highway above snowline offers visitors a wide choice of snow activities this month.

Skiers, of course, head for the big ski resort of Dodge Ridge, a short detour off State 108 near Pinecrest. Dodge has five chair lifts, a Poma lift, rope tows, a ski school, and ski rental. A brand-new day lodge and restaurant is under construction. Weekend lift tickets cost $6.50 a day for adults, $3 for children under 12. All-day rope tow tickets cost $3 for adults, $1.50 for children. You park in a snow-free, paved lot just below the new lodge.

Non-skiers can choose between three major "snow fun" operations along the highway: Little Sweden near Long Barn, and Bumble Bee Toboggan Hill and Leland Meadows Resort above Strawberry.

Little Sweden. This resort offers a warming hut, snack bar, and gently rolling acres of snow-covered slopes adjacent to the highway. You can bring your own toboggan, saucer, or inner tube; or rent the equipment you need at the warming

Supervised slope *at Bumble Bee Toboggan Hill near Strawberry has multiple tracks, electrically controlled launching platforms*

Sunset

THE MAGAZINE OF WESTERN LIVING

February 1969

Sunset snail team *moves indoors to secure final photographs*

We stage a race between snails

One of the more unusual *Sunset* research projects of recent years resulted in the snail story you see on page 181.

Snails are nocturnal creatures and any observation of their activities means going without sleep. That's just what one of our garden writers did. He spent three evenings watching the pests eat their way through a garden. When he had seen enough, he called in a photographer.

The snail on the daffodil on page 181 and those creeping across the lawn on the same page were shot out-of-doors at night and were not posed. To time the snails' speed, however, our researchers sometimes had to pick up one or both of the contestants in a heat and set them back on course.

Close-up shots call for better lighting control, so other photographs were shot in the *Sunset* studio. Above, our snail watchers are recording how a snail crawls.

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hut. Toboggans can be rented fo[r] $4, or $5 a day depending on [illegible] saucers, the rental fee is $1.50 for [illegible] You will find paved parking are[illegible] the highway.

Bumble Bee Toboggan Hill. A [illegible] cept in winter recreation, this is [illegible] orate "snow play" resort for the [illegible] One major attraction is a supervi[illegible] trolled-run toboggan slope comp[illegible] a row of snow-banked tracks, ele[illegible] operated tilt-lever starting platfo[illegible] gentle runout slopes. The resort [illegible] supervised saucer run and toddle[illegible] play area; a recreation lodge [illegible] place, restrooms, and snack b[illegible] large parking area.

An all-day ticket on Bumble Be[illegible] gan Hill costs $2.50 per person (i[illegible] the use of a toboggan); or you [illegible] a family ticket (four persons) [illegible] day. An all-day ticket on the s[illegible] costs $2 (including saucer rental[illegible] range special group rates and res[illegible] write to Box 25, Strawberry, Cal[illegible] or telephone (209) 965-3772.

Leland Meadows Resort. This s[illegible] area, a short distance off State [illegible] tures a large snowy meadow, a [illegible] hill, and a snack bar. There's a g[illegible] mission charge of 50 cents per pe[illegible] park along the paved loop road.

You can bring your own tobogga[illegible] or inner tube; or rent equipme[illegible] concession stand. Toboggans [illegible] $2.50, $3.50, or $4.50 a day dep[illegible] size. Saucers cost $1 a day. Yo[illegible] rent a snowmobile for $8 an h[illegible] a day. To arrange group rate[illegible] Box 1355, Star Route, Sono[illegible] 95370; or telephone (209) 965-37[illegible]

Toboggans can also be rented at [illegible] Motel, Pinecrest Lodge, Strawbe[illegible] and at Strawberry Inn Garage. [illegible] mation on accommodations [illegible] winter visitor services in the So[illegible] region, write to Sonora Pass Vac[illegible] Box 607, Columbia, Calif. 95310.

A look at an earthquake

The San Andreas Fault slants in [illegible] line from Bolinas Lagoon to To[illegible] It marks for some distance th[illegible] boundary of Point Reyes Nati[illegible] shore. Recently, park officials [illegible] new trail that follows the fault, w[illegible] explaining its activity during th[illegible] quake of 1906.

Park headquarters is in the old [illegible] ranch house near the Marin Co[illegible] of Olema. Nearby, a red ba[illegible] today on the site of the origin[illegible] barn. In the great quake, half o[illegible] inal barn remained in place on [illegible] dations and the other half end[illegible] feet away. Look for several [illegible] markers erected in 1906 after t[illegible] to point out further fault zone a[illegible]

The new earthquake trail loops [illegible]

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GLENN CHRISTIANSEN

To produce *finished shape of a Delta channel, workman adds mortar to form*

terrain for a mile south of park headquarters; metal plaques mark the route. One plaque explains how the quake affected the direction of flow of Olema Creek; another marks where a cow is reported to have disappeared—all except its tail—into the fault during the earthquake.

For about half the length of the trail you're retracing the actual fault line. There are no picnic tables or sanit cilities along the trail route.

You can walk the trail any day year during daylight hours. The 30 miles northwest of San Francis

There's a Delta addition to the model of S.F. Bay

The working model of San Francis located in Sausalito has been enla include lower sections of the San J and Sacramento rivers. The 18,000-s foot addition covers the area so Tracy, east to Stockton, and no Sacramento.

To be completed later this month paved visitors' parking lot, and marking the turnoff to the model Bridgeway north of Sausalito. A guiding, tape-recorded tour is part future plans.

By means of the new Delta portio Army Corps of Engineers can study quality and the effect of the State Project on tides, salinity, and the tion of shoals in the Bay and Delt best time to visit is when the m filled with water, re-creating the the tides at 15-minute intervals. F vance information on when such is scheduled, call (415) 332-3870.

Visitors are welcome between 9 A 4 P.M. Mondays through Fridays is no admission charge.

For travel planners, a February check list

Sportfishing cruises. Long-range sportfishing cruises lasting four and a half days and ranging far down into Mexican waters off the coast of Baja will leave San Diego each Thursday from now until June 17. Fares of $175 per person include all meals and accommodations, bait, guide service—in fact, everything but your personal fishing tackle. For a free brochure, write to H & M Landing, Municipal Sportfishing Piers, Scott St., San Diego 92106.

Micronesia guide. An attractive, illustrated brochure entitled *A Guide to Micronesia* describes travel attractions and health and entry regulations for the U.S. Trust Territory islands of Majuro, Ponape, Truk, Guam, Saipan, Rota, Yap, and Koror. The free brochure is available from the Office of Tourism/Economic Development, Trust Territory of the Pacific Islands, Saipan, Mariana Islands 96950.

Hawaiian canoe cruise. Visitors to the Big Island can sail up the Kona Coast in a three-hulled version of an outrigger canoe, viewing exotic fish and coral gardens at Tiki Cove. The canoe cruise leaves Kailua Pier every day at 9 A.M., returning about 3 P.M. Price of $15.50 per person includes a Polynesian-style picnic on the beach at Tiki Cove and the use of face masks, snorkels, and swim fins for those who want to explore the underwater gardens. Complete your reservations at least one day in advance at the Kona Activities Center (next to the Kona Inn) or arrange the cruise through Inter-Island Resorts, Box 8 Honolulu 96815.

Mardi Gras cruise. The stern-wheel steamer *Delta Queen* leaves Memphi February 12 for a Mardi Gras cruise to N Orleans. Prices for the complete 12-d round-trip cruise begin at $297 per pe For reservations, see a travel agent or w to Greene Line Steamers, Inc., Pa Landing, Cincinnati, Ohio 45202.

Japan for photographers. A 21-day of Japan designed especially for pho raphers and artists will leave from W Coast cities on April 26. Itinerary will clude Honolulu, Tokyo, Nikko, Kamak Hakone, Shuzenji, Nagoya, Toba, N Beppu, Takamatsu, Okayama, and Ky Tour cost of $995 per person incl round-trip economy jet fares from W Coast cities, all accommodations, and services of an escort and guide. For in mation or reservations, write to Lens W Tour, Seattle Globe Travel Agency, 99125, Seattle 98199.

What a travel agent can do for Provide information on tours; reserve on air, rail, bus, and steamship lines; hotel, ranch, and resort reservations; care of trip planning, including side and special events. Travel agencies do charge for arranging transportatio package tours, but do charge for "cus tour service.

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A Service for You - the Reader

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This Directory is now, we believe, the best single source for Western families s independent schools and the benefits of private camps for their children. This s appears in each monthly issue of SUNSET.

We will be happy to answer questions concerning advertising from school and c officials. Please write School and Camp Directory, SUNSET Magazine, Menlo California 94025.

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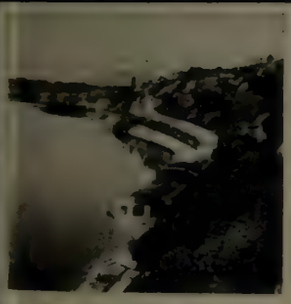

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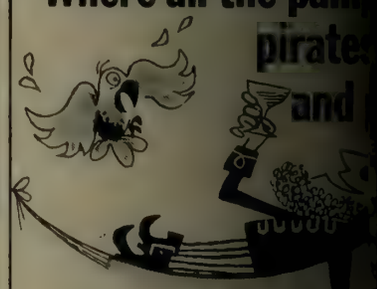

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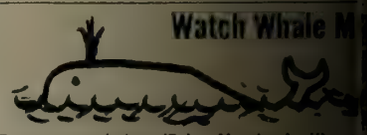

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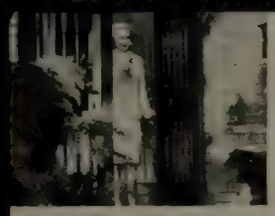

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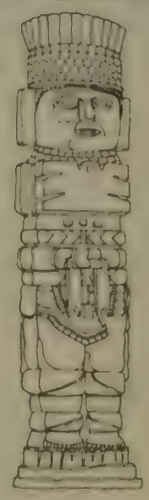

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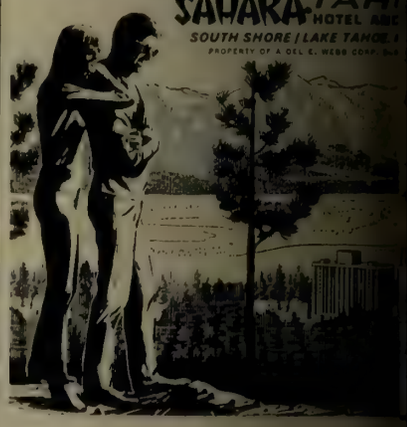

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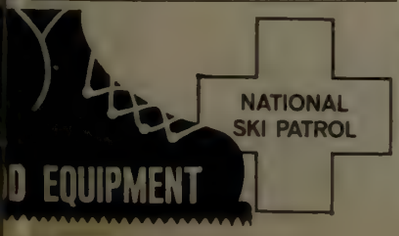

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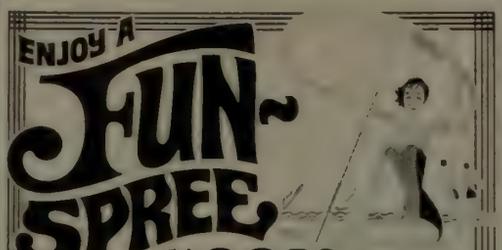

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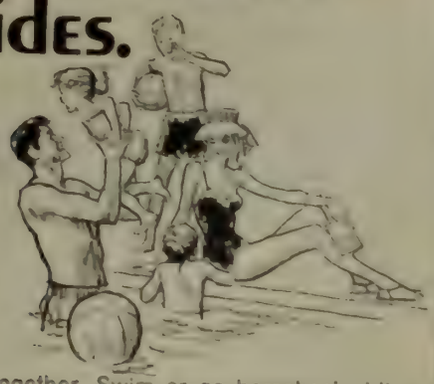

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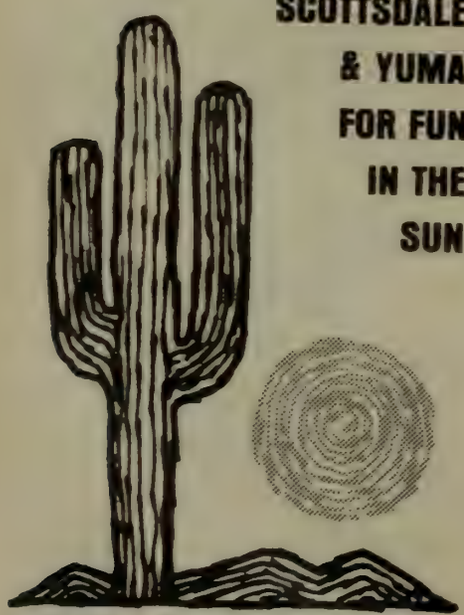

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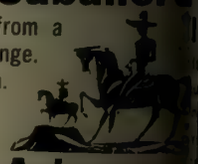

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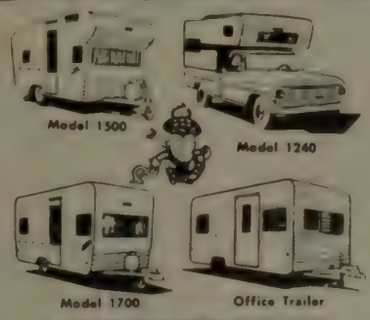

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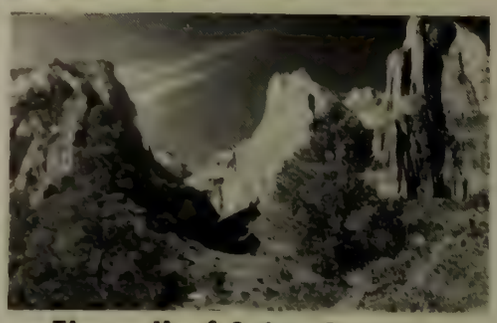

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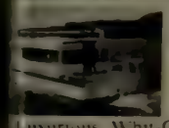

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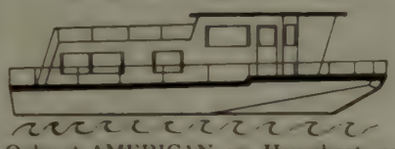

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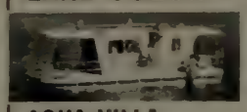

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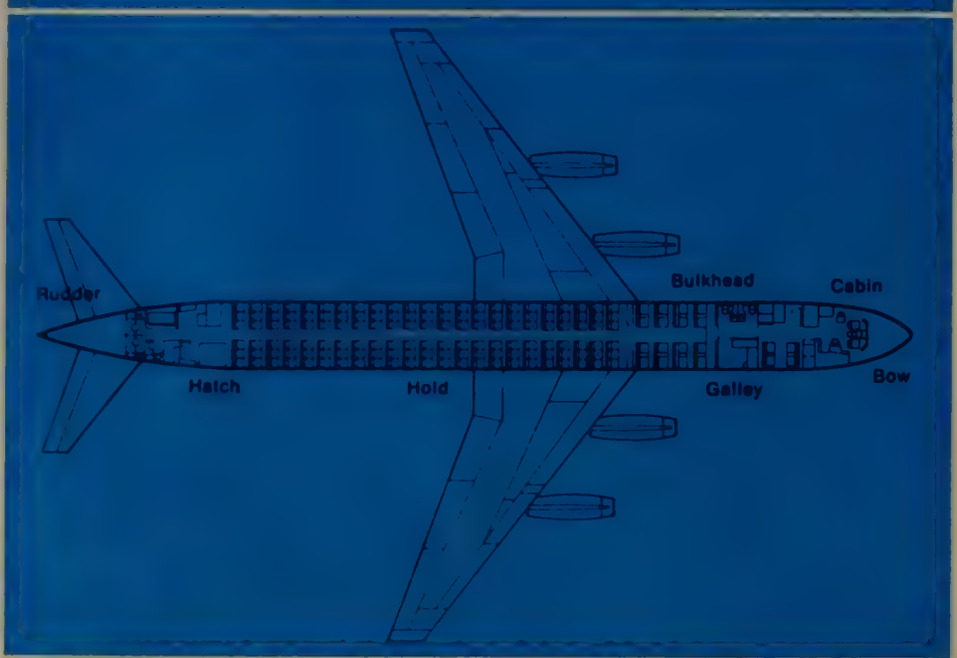

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Price of the card for students of me schools is $3; for those attending schools, $5. Information on cards tours for 1969 can be obtained fro branch office of the National St Travel Association, 11753 Wilshire Los Angeles 90025.

Also available are two paperback b updated annually by the association *Student Traveler*, a basic reference travel programs and offering advic first-time travelers, and *The Offici dent Guide to Europe*, a compilati European charter plane, train, and schedules and a listing of student h restaurants, and travel bureaus. book costs $2.50.

The Council on International Educ Exchange, another nonprofit organi of schools, colleges, educational, an gious organizations, arranges year- student transportation for groups students and teachers traveling alo

CIEE publications include *Stu Abroad*, a series of three booklets overseas programs sponsored by co members: "Summer Study, Travel Work Programs," "High School St Programs," and "Semester and Acad Year Programs." The council also lishes an information directory for t

pendent student traveler, *Europe-dent Travelers Information*, and a chure, *Transatlantic Student Sailings* t includes 1969 sailing dates for the S. *Aurelia*, a low-cost chartered student p. For these free booklets and other ormation, write to Council on Inter-tional Educational Exchange, 777 ited Nations Plaza, New York 10017.

UDY ABROAD

e following are some other organiza-ns that provide information on foreign ucational opportunities.

e Institute of International Education 9 United Nations Plaza, New York 017) publishes next month an updated chure called *Summer Study Abroad*. will list study programs offered by eign universities during the summer.

e Foreign Study League (164 East 3900 th, Salt Lake City 84107) publishes a orful 1969 brochure on 47 programs of dy and travel offered on 72 overseas npuses. Aimed primarily at the 15 to age group (although there are programs younger or older students), these com-e 100 hours of classroom work with ated field trips and excursions.

e American Institute for Foreign Study E. Putnam Ave., Greenwich, Conn. 30) started a six-week summer school gram in 1965 at schools in England, ance, Austria, Italy, and Spain. It oved so popular that this year a full ses-n is being offered to college students.

ucational Travel Association, Inc. (535 th Ave., New York 10017), for the th consecutive year, offers low-cost *mmer Sessions Abroad* programs with operating universities in Europe.

orld Campus Afloat (Chapman College, ange, Calif. 92666) offers two semester-g sessions each year aboard the *S.S. ndam*. One has an around-the-world nerary from Los Angeles via the Orient, dia and Africa to New York; the other cludes ports in Mediterranean Europe, rica, and South America. You need not a student at Chapman College to be gible, but you must pass their entrance ams and be admitted to the college in vance.

ost American colleges and universities th overseas campuses are described in e or more of these booklets. If a school which you are interested is not in-ded, write directly to its registrar to rn whether it has a foreign program.

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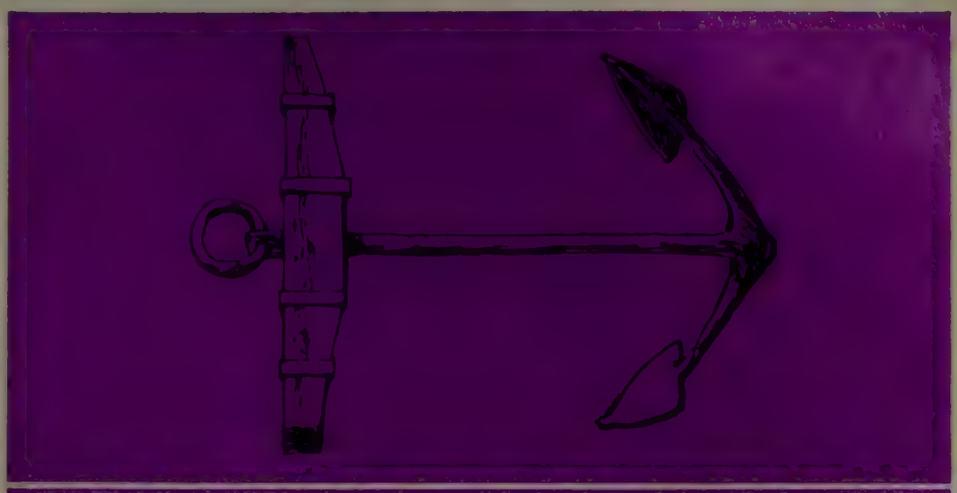

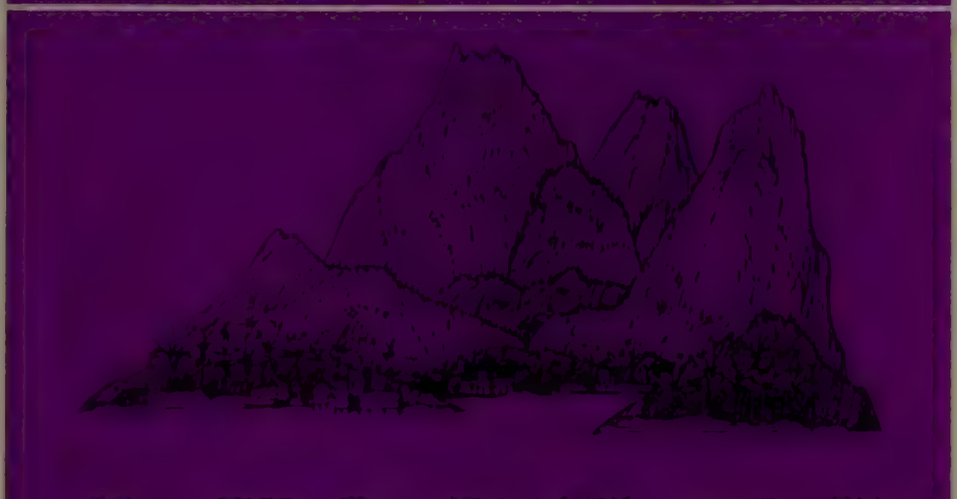

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☐ *Around the South Pacific:* 30 day escorted tour to Tahiti, Moorea, Fiji, New Zealand, Australia and New Caledonia. From $1285 plus air fare.

Name (please print) Address

City State Zip Phone

My travel agent is: SUN-1/69

Sailing the South Pacific Skies

UTA FRENCH AIRLINES

Members of winter tour *to Alaska are treated to sled rides behind Eskimo dog team*

In Nome, *visitors can join the fu excitement of an Eskimo blanke*

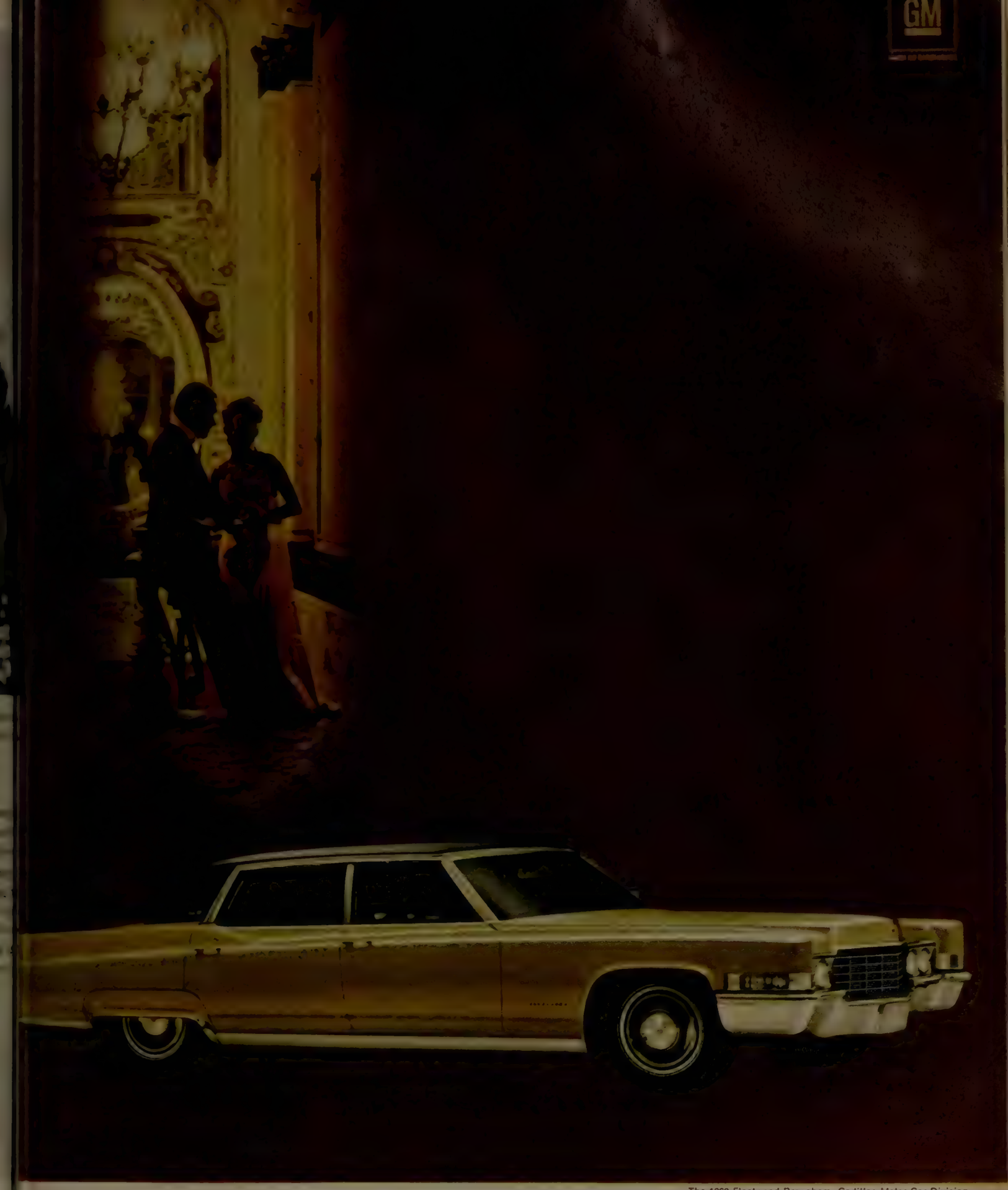
Northern adventure . . . a winter tour into Arctic Alaska

Brief hours of daylight and temperatures that may dip as low as 60° below zero have done nothing to diminish the popularity of winter tours into Arctic Alaska. On the contrary, the challenging extremes of Arctic winter seem to be as much a lure as the sled rides behind a dog team. Sliding through the winter ice, or jumping the fun of an Eskimo blanket toss.

The minimum commitment for such an Arctic adventure in winter is two days. Alaska Airlines offers a two-day tour from Anchorage daily from now until May 31; Wien Consolidated Airlines offers a similar tour from Fairbanks daily through May 15. Both feature visits to the Arctic communities of Nome and Kotzebue. The price of $129 per person includes round-trip transportation from Anchora Fairbanks, all meals and lodgings, a use of parkas, mittens, and oversh Alaska Airlines also offers a vari Arctic winter tour packages ranging 4 to 11 days and featuring all-air sea combinations from Seattle. Y make reservations through a travel or through offices of the two airline

Snow tractor *carries travelers across the frozen Arctic landscape for a visit with Eskimo reindeer herders not far from Nome*

BOB AND IRA SPRING



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To enhance Cadillac's distinctive new beauty, you can select from a host of new personal conveniences, including a Dual Comfort front seat with individual adjustments for iver and passengers. It's one more reason why Cadillac is unique in the world of motoring.

Cadillac

You can get there with a Maxfli. Play it. You'll never know how good you are until you do. Sold only by golf professionals.

Maxfli
By DUNLOP

Reservations clerk *helps pack skis. E has place for name and destinati*

Taking your skis with you

If you plan to fly to any of the Color ski resorts mentioned in this issue, or any of the other skiing areas in the W you will probably want to take along y own skis. Many of our readers have as us how the airlines handle this equipm and what the extra charges will be, so checked with the domestic carriers h in the West for the latest information.

CHARGES

All airlines, with the exception of Fron Airlines, consider your skis, bindin poles, and boots as one piece of exc baggage. The extra charge is based the one-way jet coach fare, and ran from $2 (if the one-way fare is less th $25) to a maximum of $6 (if the one-w fare is more than $200).

Frontier Airlines will carry skis as y second piece of luggage at no additio charge, providing you have no more th one suitcase.

SKI BOXES

Most airlines provide ski boxes free; can get them at the airport in advance when you check in. One of these boxe large enough for a pair of skis, poles, bindings; ski boots will be check through with the box, even though th don't fit into it.

For all those people who thought they would miss the old Imperial, here's what is going up in its place: The new Imperial. A majestic, 17-story high rise scheduled to open in March, 1970, on the site of our old wing. With a thousand spacious new rooms added to the 600 in the present building, the Imperial will be the largest hotel in the Orient. And then, as now, you can be sure the Imperial's famous personal attention to service, and its matchless facilities in the heart of the world's biggest city, will live up to the name. Imperial...and the legend continues.

IMPERIAL HOTEL
T. Inumaru, President and General Manager
TOKYO

This is Evinrude's Starflite 115-S

It proves you can have top performance without top-heavy size!

u don't need towering size to get performance. That's obvious n you consider that our Star- 115-S has 15 more horsepower n last year's high performance 0" — weighs 20 pounds less, and a 37% smaller powerhood.

elivers more hp per pound, more s per gallon, and more hp per lar than any big outboard going ou include propeller and controls in the price — and we do). After all, the 115-S got its high performance characteristics from the Evinrude V-4 that holds the world's speed record.

We licked the top-heavy trend with our short-stroke V-4 engine design. Its high-torque characteristics, plus straight-through fueling, CD ignition, sharply tuned exhaust, and computer-designed lower unit, give it tremendous thrust and fuel efficiency at all speed ranges.

It snuggles down on the transom like it's part of your boat. Its low profile gives you a bonus in looks, stability, and safety.

But the biggest bonus is its exceptional full-range performance.

It's the biggest small motor, or the smallest big motor ever built!

See the world's smallest 115 hp outboard at your Evinrude dealer now. Catalog free. Write Evinrude Motors, 4292 N. 27th St., Milwaukee, Wisconsin 53216.

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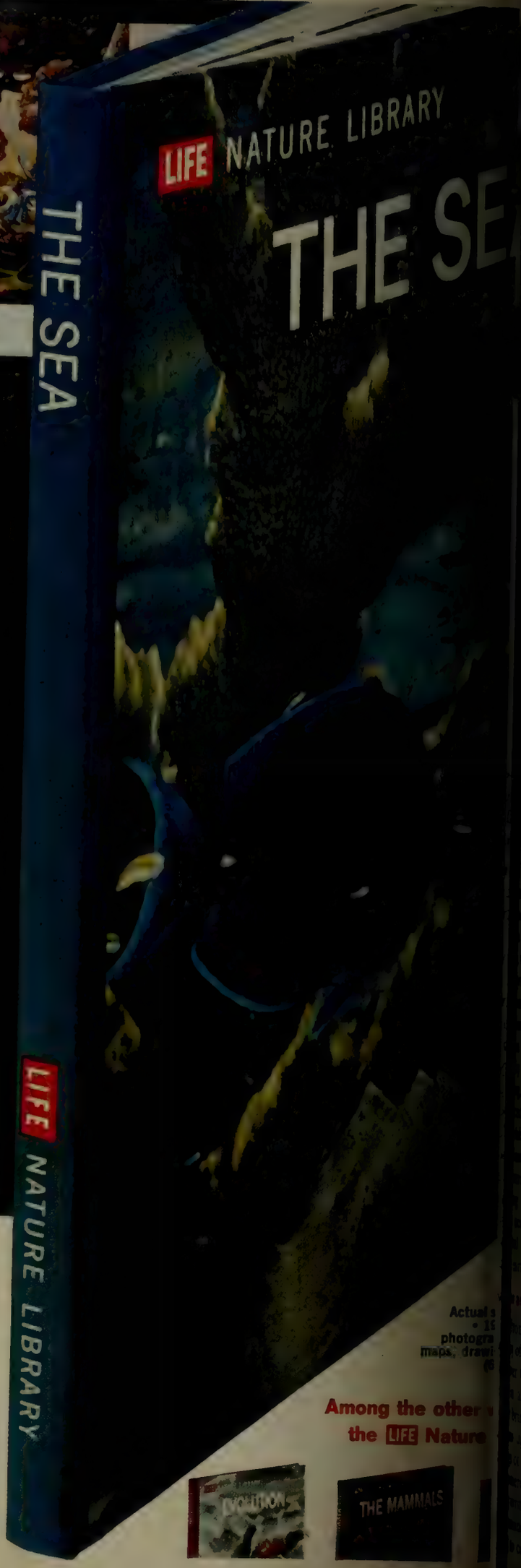
Babies born from the body of the male of the species?

Drinking water for Los Angeles from South Polar ice?

A dam 1100 miles long between the Atlantic and Arctic Oceans?

"Plants" that move and "rocks" that live?



UNBELIEVABLE?

These are only a few of the thousands of fascinating facts and findings that await you when you and your family plunge into THE SEA, the introductory volume in the

LIFE NATURE LIBRARY

You are invited to explore THE SEA for 10 days as a guest of the LIFE Nature Library

E time immemorial, the sea has oven a spell over man. Its beauty, tness, its fury, the ceaseless rhythm tides and waves, its teeming life... old us enthralled.

, in spite of the tremendous strides nce, the sea has until recently been most total mystery. Compared to is now being discovered about the s, what *you* were taught in school is ly more than Columbus knew nearly ears ago. The reason is simple. Only last two decades have we been able in unlocking the sea's secrets. Only tly have we perfected electronic ing, listening and recording devices. nced diving and breathing equipment. dable underwater cameras and light- iant "vacuum cleaners" that sweep aterials from the floor of the sea. ing "corers" that carve out sections ocean bottom and haul them up. rful drills that pierce the very crust earth, miles below sea level.

ew and Fascinating Discoveries

from this rapidly accumulating ry of scientific knowledge—so new it ever before been presented in its en- in any single volume—TIME-LIFE s brings you THE SEA. Here is a so up-to-date it includes the latest gs of research in every corner of the where the seas wash. So accurate and y written it has been adopted for use ousands of classrooms from grade l to college.

u and *your* family are now invited to borrow a copy of THE SEA as your introduction to the LIFE Nature Library.

To bring you this book, TIME-LIFE BOOKS mobilized skilled teams of writers, photographers, artists and researchers, headed by the late prize-winning science writer Leonard Engel. The result is a virtual encyclopedia of the sea—190 pages (8½ x 11 inches each), 192 glittering photographs, paintings, maps, drawings and charts (68 of them in full color). In it, the immensity, variety and allure of the sea emerge clearly.

You find a fabulous harvest of "nodules" scattered on the ocean floor—great patches of potato-size lumps rich in iron, nickel, cobalt and manganese. (Through some unknown process, nodules form around sharks' teeth and whales' ear bones. And there they lie—a fortune just for the taking!)

You board the bathyscaph *Trieste* as it plunges into the blackness of the deepest-known trench on earth, seven miles below sea level. You join in mapping the longest known mountain-range in the world. Newly discovered, it runs for 40,000 miles—entirely underwater.

You see an incredible profusion of living things. For the sea—alone of all earthly environments—contains every single one of the 22 major forms of life on our planet. You catch the living specimen of a giant fish thought to be extinct for 50 million years. You examine the larva of an eel-like creature whose adult form no human has yet seen. (The size of the larva shows the adult may be 90 feet long!)

You take part in an exciting hunt for clues to the origins of life itself—in the sediment that blankets the ocean bottom. In some places it is 2½ miles thick and may have lain undisturbed for *billions* of years.

Yours for a Free 10-Day Examination

Clearly, so all-encompassing a volume cannot be adequately described here. That's why we invite you to borrow a copy from us and browse through it freely for 10 days with your family. Simply mail the postage-paid reply form without money. Then, if you wish, you may return the book and owe nothing. But if—like most others who have accepted this invitation—you decide to keep THE SEA, you may own it for much less than comparably lavish books cost. Thanks to TIME-LIFE's unrivalled production and printing facilities, you pay only $3.95, plus a small shipping charge. You are then entitled to new volumes in the LIFE Nature Library, one every other month. These too, you keep only if you wish—and always at the same low price.

You make no commitment. You promise to buy nothing. You may cancel this arrangement at any time. For families with school children, the LIFE Nature Library is a permanent reference work which, in its field, is hard to match at *any* price. To examine the introductory volume, simply mail the attached form. If form has been removed, write TIME-LIFE BOOKS, Dept. 5101, TIME & LIFE BUILDING, CHICAGO, ILLINOIS 60611.

TIME LIFE BOOKS®

Craftsman *here produces a chair designed by architect Hans J. Wegner of Denmark*

Lifeseeing *lets you peer over shoul with a personal guide-translator to you ask questions, understand the re*

It's Lifeseeing . . . a new idea for off-season visits to Scandinavia

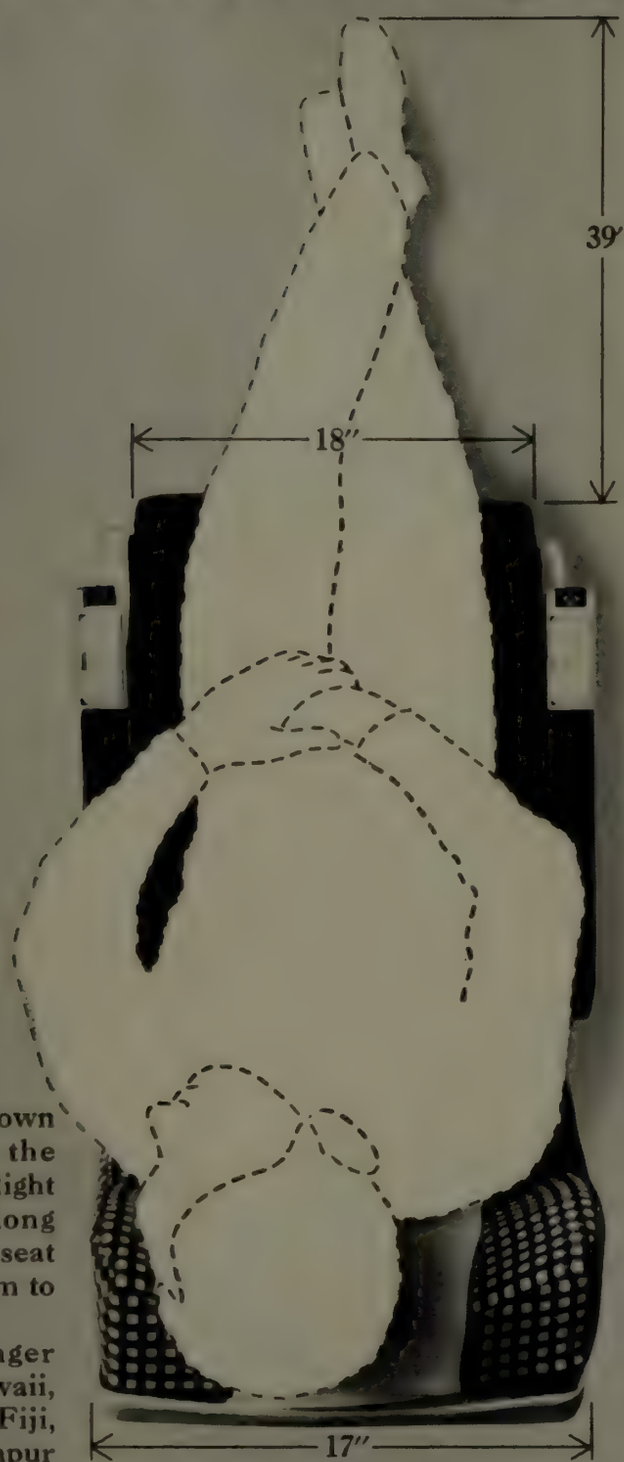
Follow these *children into classrooms, if you like, and see them at work*

Winter Scandinavia may call up visions of gloomy people and gray skies out of an Ingmar Bergman film.

That's not the way it is. And one good way for you to discover the truth is during a winter visit with the new Lifeseeing program. Until April 30, and beginning again October 1, you can arrange to spend three or four days in the cities or towns of Denmark, Norway, Sweden, and Finland meeting Scandinavians in their homes, in their schools, at work, or at play.

The program prearranges interviews with Scandinavians you're interested in, and arranges made-to-order tours. A guide goes along to show you the way (only you, not a mixed group), and to help in case of language difficulty. So many Scandinavians speak English, though, that you

We built a seat that measures up to the Pacific Ocean.



Ask anyone who has ever flown Sydney, or Auckland, or the ent and they'll tell you—the flight oss the Pacific is a long, long tch. And an Economy Class seat ply doesn't offer enough room to tch out in.

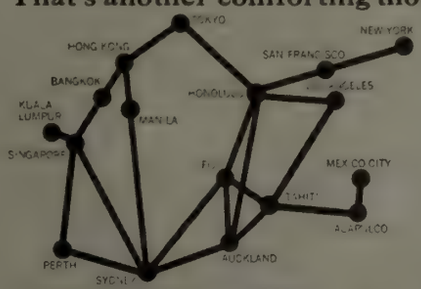
But now, for every passenger has wiggled his way to Hawaii, has felt fidgety approaching Fiji, has arrived in Kuala Lumpur lumps he didn't start out with—AC introduces the medically ted, scientifically cushioned, a-roomy, totally new kind of sin- y luxurious Economy Class seat. a lot more than a boast.

What we did was take that bulky, ce consuming metal frame used irline seats since before the jet , and replace it with a brand-new er-strong plastic shell. One that's incredibly thin for maximum elbow-room and contoured to support you where you need support most.

We knocked the stuffings out of the standard, clumpy woolen stuffings and replaced them with cool, synthetic foam padding that shapes itself to your shape. No matter what shape you're in.

And we angled each seat so that every passenger could stretch his legs to their fullest without running into the legs of the passenger in front of him. Even if we had a cabin full of basketball players.

Right now our new Pacific seat is crisscrossing that ocean each week from New York and San Francisco. With stopovers in Honolulu and Fiji at no extra air fare. And it costs no more than an ordinary jet seat. That's another comforting thought.



BOAC, Air New Zealand and Qantas Pacific routes.

BOAC
TAKES GOOD CARE OF YOU

won't often need help.

The programs differ slightly from country to country and are combined with sightseeing, personal visits with families and free time for shopping and evenings out. In Denmark you may choose to look into Danish design, city planning, government, labor and management, farming, factories, rehabilitation of the handicapped.

A student guide from the Danish International Student Committee acts as your personal guide throughout your visit. He will meet you at the airport and take you to your hotel and discuss your program with you.

On the following day he will take you around the city on foot, by bus, and by taxi to make you familiar with it and show you the best-known tourist sites.

The program itself will occupy half the following day, either morning or afternoon, with the rest of the day free. In the evening you may, if you like, visit a Danish family at home.

The fourth day includes another half day for your program, with the remaining time free. Your guide will be happy to make suggestions for an evening out. The ballet, opera, and Royal Theater are all performing at this time of year.

Arrangements in Helsinki, Oslo, Bergen, and Stockholm are quite similar. The prices, always quoted for two people traveling together, range from $50 for three days in Finland to $70 for four days in Denmark and $80 to $100 for four days in Sweden. The prices include lodging and breakfast, but not usually other meals or entertainment.

The Scandinavian Airlines System or a travel agent will arrange your Lifeseeing program—and your trans-Atlantic flight as well if you wish. SAS has flights from Los Angeles, Seattle, and Anchorage.

One program *lets you watch children in day nurseries, talk to their teachers*

What you get is four days behind the scenes... planned to fit your interests

See dairying *in a dairying country. The farmer will discuss and show you his stock*

Here you're a guest *at a town meeti village near Aalborg, Denmark. Pro ings translated by your personal*

Chevrolet's walk-in wagon.

(why stoop to others?)

3-Seat Kingswood Estate Wagon

Almost everybody's wagon now s a two-way tailgate.

And that's nice. But . . .

Not everybody fixed their roofs. You see, if you don't cut back the roof line and then curve the r end, you've still got grief get- g in and out.

You can't stand up straight, without getting a knock in the noggin.

So you still have to stoop in. And stoop out.

Chevrolet wagons aren't like that. We've fixed the roof.

A step up. A step in. And you can sit right down, naturally. Our thoughtful built-in bumper step helps, too.

Saves a lot of monkey business, that's for sure.

CHEVROLET

Putting you first, keeps us first.

Olympic Gold Medalist Jean-Claude Killy, weekly, CBS-TV. Check your local TV listings.

You meet such good sports in the Pacific.

Elephant boys, sherpas, skiers and kendo men: you'll meet them all as you jaunt around the Pacific. You may also meet fishermen—Tahitian style—or boxers who fight with their elbows, knees and feet—Thailand style—and beach-happy sunners and lifeguards. Or you can be a sport yourself. You can surf, skin dive, scuba or just float on your back in a lovely Hawaiian lagoon. (Some travelers say Pacific water is more buoyant: actually, it just makes you feel that way.) You can get your boards into some great skiing in New Zealand, even in the middle of summer. (Their winter is our summer.) You can bag a tiger in India or a bear in Alaska, or climb a mountain in Nepal—Everest, for example. There's exciting spear-fishing in Tahiti, New Caledonia and Western Samoa. Colorful cock [illegible] Guam. Horse racing in Hong K[illegible] Alai in the Philippines. You [illegible] with a lasso in American Samoa [illegible] elephant and wild oxen in Ca[illegible] Best of all, you're surrounded b[illegible] eler's favorite indoor sports: g[illegible] and good accommodations. T[illegible] beauty of the Pacific—the fam[illegible] forts are close to fascinating, u[illegible]

ts. But perhaps the greatest sport
ll will be planning your trip and
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ent destinations, each offering a
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p you sort this out and tailor your
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The friendliness of a long-distance runner.

You'd never know she just walked across the country.

You'd never know that between New York and Los Angeles she served 68 meals.

Filled over 50 cocktail orders.

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Passed out 24 stereo earphones and movie guides. 16 pillows. 4 decks of cards. 1 electric shaver. 3 coloring books. 2 lollipops.

You'd never know, because she's still smiling.

But that's her make-up.

As it is with all members of our cross-country team at United.

Come fly the friendly skies.

And see the stuff teams are made of.

fly the friendly skies of United.

"She's pretty good on her feet."

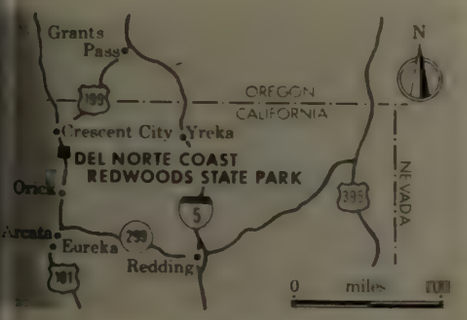
ear redwoods, *camp is in old clearing here young alders admit winter sunshine*

Winter camping in the redwoods

e finishing touches are still being ap-ied to the first campground ever estab-shed in Del Norte Coast Redwoods State ark, but this winter and spring you will id all its facilities in operation. (The ark is within the authorized borders of e new Redwood National Park but is t now a part of it.) Except during the aviest storms, winter camping can be lightful in the redwood parks, especially you enjoy solitude: This month there ill be days when you will have the whole 42-site campground to yourself.

short, paved side road going east from . S. 101 near the north end of the park signed "Mill Creek Campground." For 50 per day per car ($3 in summer), you t an individual campsite well screened om its neighbors, with table, benches, ove, and cupboard—and within a few ards of drinking water, modern rest oms, hot showers, and laundry trays.

nature trail loops around the camp-ound. It's an inspiring walk, in sunshine rain. Plants are identified.

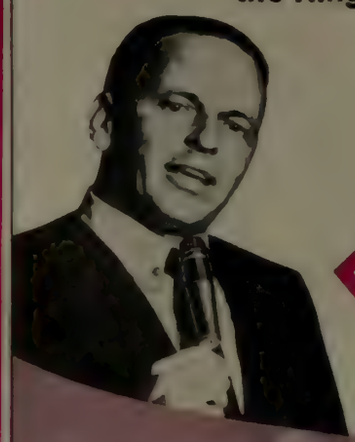


ork *is 370 road miles from San Francisco, 7 from Portland, 227 from Redding*

the King says: "this is the only palace"

CAESARS PALACE
in Vegas

WHERE IT'S AT*
*from the movie of the same name



For reservations, rates, color brochures — see any travel agent or write Caesars Palace, Las Vegas, Nevada 89109

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Why should you be stuck with a *whole* clock-radio in situations where you just want one or the other?

You shouldn't.

The Panasonic Trafford (Model RC-7878) Clock-Radio makes it easy to divorce the radio from the clock, or vice versa, depending on your fancy.

The superb-sounding portable FM/AM radio goes its way, and the clock goes its way. A clean split because each has its own battery.

Want the clock and radio to stay married? No problem. Hooked together (no wires), the clock can operate the radio as if the pair had never been parted.

And the two fold together to make a traveling unit that weighs less than two pounds and measures just 2⅛" x 4⅛".

Stop by any dealer we permit to carry the Panasonic line and marry a Trafford.

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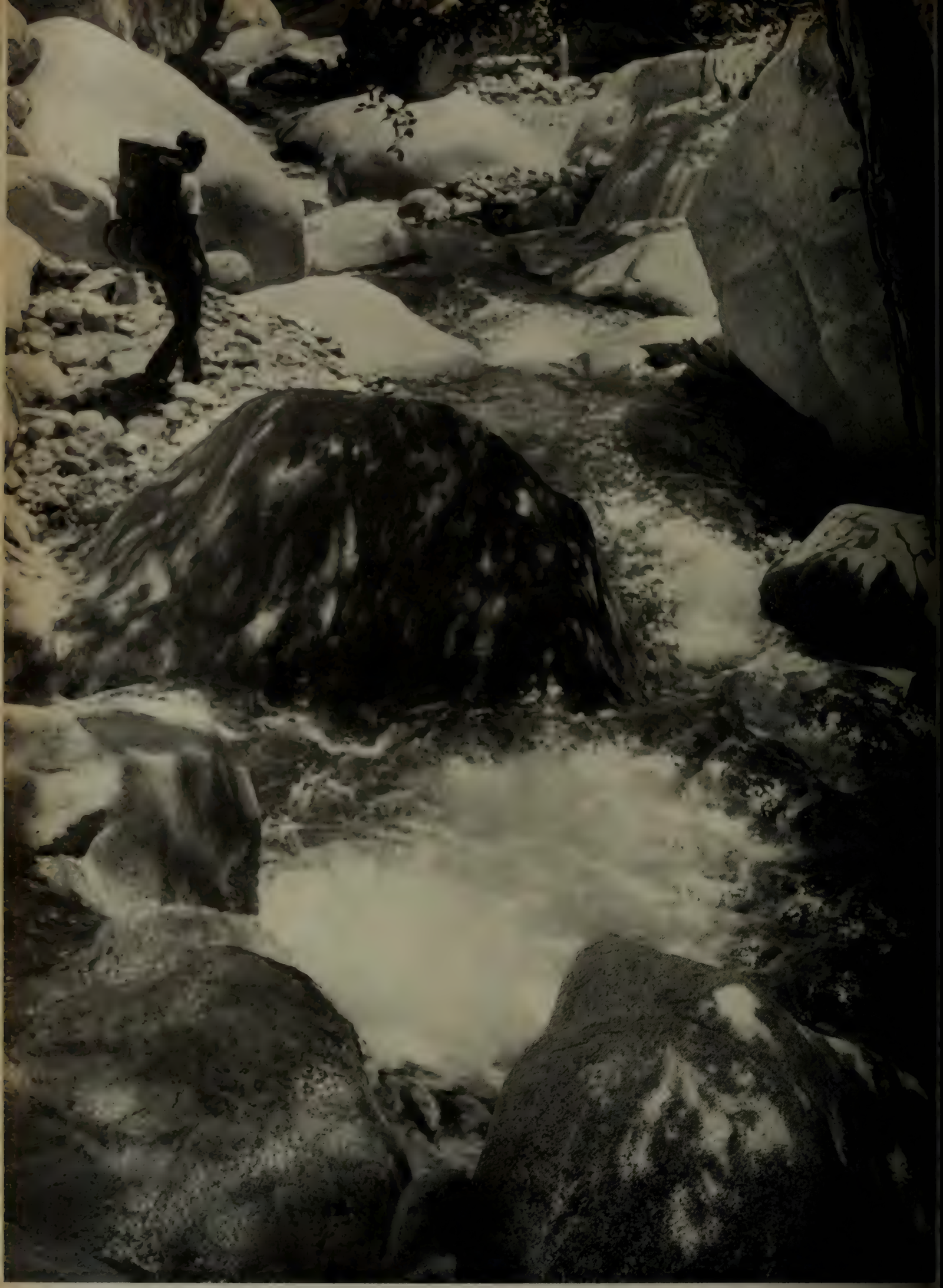
200 PARK AVENUE NEW YORK 10017

For your nearest Panasonic dealer, call (800) 243-0355. In Conn., 853-3600. We pay for the call.



Bear Creek, *below gorge and between trail camps, is mostly a tree-lined, friendly passage, relatively easy at normal stream f*

L.A.'s own wilderness . . . just 18 air miles from city hall

For travelers to Southern California in February, consider a look into the San Gabriel Wilderness

your mental picture of Los Angeles is ominated by smog and urbanization, a sit this month could produce some sur-ises. If you are there on one of those ectacular clear days that follow a winter orm, the San Gabriel mountain edge of e city looms startlingly close.

n such a day it may be less of a surprise learn that wilderness lies just beyond e front range of these mountains. No her metropolis in America has a wilder-ss so close.

uch of this mountain country is simply ild and rough, but one part of it is genu-e wilderness and has been set aside to otect its character. A 36,000-acre pre-rve in the Angeles National Forest last ar was designated the second addition the Federal wilderness system, under e Wilderness Act of 1964. It is to be ared forever from roads, machinery, and her works of man.

KIVING TO THE WILDERNESS

ou can skirt the upper edge of the San abriel Wilderness on a drive of about 70 iles from La Canada to Azusa, on State ighways 2 and 39. If snow is down to the 000-foot level, you may need chains, d you may encounter heavy weekend affic, but roads are kept open.

ooking down into the Wilderness in Feb-ary, you would hardly guess that spring stirring in the canyons far below.

ut it is. Icicles may still form from eam splash at night, but on sunny days it air up from the plain will carry a assuring warmth—enough that willows ll be swelling and releasing their fluff, lers putting forth catkins and first new aves, aromatic California laurels (Ore-on myrtle) unfolding brilliant yellow owers, ceanothus blossoming into misty lue or white.

Many more people look down into the Wilderness than enter it. Motorists on State 2 and State 39 can stop at roadside for a look at it. Picnickers at Vista and the new Eagles Roost can stroll to its edge, when snow is light. Skiers at Mount Waterman and Kratka Ridge can reach its crest boundary from the top of the lifts. And later this spring, campers can set up tents almost at its border.

Each gets a panoramic rim view across at rugged Twin Peaks and down into awe-somely steep Devils and Bear canyons, which make up the bulk of the Wilder-ness. In this arm's-length acquaintance with wild country, the impression is pow-erful and forbidding, rather than inviting.

And so it will remain for most people, be-cause entering the Wilderness takes more than a casual stroll. Only accomplished hikers will really be able to see why this part of the mountains merited protection.

A FEW CONSIDERATIONS FOR HIKERS

Only the lower half of the Wilderness is open this time of year. In it, two parts of the two principal canyons are accessible by trail: the middle third of Devils Can-yon and the lower third of Bear Canyon.

The canyon country is at its best now, on

Looking down *into Devils Canyon half of Wilderness. City is beyond ridge on horizon*

Wilderness *is south slope—from range crest down to West Fork, from State 2 to State 39. Twin Peaks is dominant fea*

Devils Creek *has broadest fishing pools in range. This is where trail reaches creek*

clear days between storms. By April, rattlesnakes will be appearing again, and by late spring sunny days will be hot.

Then on July 1, usually, the entire area is closed to public entry because of the fire danger.

In the two canyon areas, allow from half to all day for an outing, or plan an overnight backpack trip. There is no need to fear the bears or mountain lions; they stay pretty much to themselves in less accessible areas. (But it's best to keep a food-laden pack near you at night so you can scare a marauding raccoon away.)

Although the solitude may not be perfect on a weekend, it is likely to be so on any weekday. Then the roar of the brook, the sharp tang of rain-damp alder leaves, the refreshment of clear chill water, the staccato of the wrentit's call—all the more will seem priceless for being just over a ridge from nine million people.

INTO THE CANYONS

Devils Canyon, the wilder of the two main wilderness canyons, has one of the most prominent trailheads in the mountains. It is marked by a sign right on the Angeles Crest Highway (State 2), nearly 27 miles from La Canada.

You can get to the creek at canyon bottom and back on a half-day outing: 3½ miles and 1,500 feet down to where trail ends at a trail camp. On a day-long you can explore a mile or so upstr before the brush gets thick, or two m downstream to the head of a wate that restricts passage.

Bear Canyon, the other half of the wil ness, has two access points. The lower way of the West Fork fire road, is es Starting point is the West Fork bridg State 39, about 11 miles up from Az From there it is a mile's walk on dirt r to the south end of Bear Canyon, t another 1½ relatively gentle miles u the first trail camp.

The upper route starts ¼ mile south Coldbrook ranger station and ca ground, almost 5 miles up State 39 f the West Fork bridge. This trail lea miles up over a ridge and then dow Bear Canyon at Upper Bear trail camp

From this camp, it is about ½ mile stream to where the gorge ends pass Or it is 5½ miles of mostly trailless wa ing downstream, past two more t camps, and then over to the highway the bridge. A 5-mile car shuttle ma this a feasible day or overnight trip.

BEFORE YOU SET OUT

If you would like to explore this terri write to Travel Department, *Sunset M azine*, Menlo Park, Calif. 94025 for m detailed trail information.

Alaska's nutty navy.

You laugh. But we Alaskans have had to dream up a raft of craft to navigate our 20,000 square miles of inland waters, two oceans, three seas and 33,000 miles of coastline.

For instance, this kayak on the Bering Sea. Certainly the most famous of Alaska's fleet, this walrus skin boat with a hole in the top is the Eskimo's fishing and hunting boat. And occasionally, the family car.

The best way to look LeConte Glacier in the eye is from the deck of the Blue Star. This rugged twin-hulled ship plows through the ice for a thrillingly close view of the world's fastest moving glacier.

Fairbanks is a long way from St. Louis, but the Mississippi-style riverboat, Discovery, has all the romance and fun of the old-time stern-wheelers. She takes visitors on sight-seeing cruises of the Chena and Tanana Rivers.

The waters off the Alaskan coastline teem with salmon, halibut, crab, scallops, shrimp and other delicacies of the sea. And these purse seiners are typical of the fishing fleet that goes out to harvest our seafood abundance.

There's nothing nutty about our Alaska Marine Highway. This is the beautiful new M.V. Wickersham, one of the seven sleek ferryliners that carry passengers, cars, campers and trailers on the spectacular Alaskan waterways.

alaska!

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Now hear this: Send me all the scuttlebutt on Alaska. (Don't forget to tell me how to become a walrus.)

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SAFETY INFORMATION: The M.V. Wickersham, registered in Panama, meets international safety standards for new ships developed in 1960, and meets the 1966 fire safety requirements.

FRANK JENSEN

Grand Tetons *loom behind couple touring on snowmobiles rented at Jackson Hole*

What snowmobiles do is open up the winter world

Snowmobiling has caught the imaginati of thousands of Westerners. The one two-man vehicles handle like a motori bobsled. They're great for running up a over snowy hills, following unplow back-country roads, and just explor open snow country.

And snowmobiles are as exhilarating short runs as they are for touring i the back country. They can pull a sk or a sled, take you fishing or picnicki They're especially practical for owners summer cabins that are inaccessible automobile in winter; the snowmobile c be transported as near as possible in truck or station wagon, then be used ferry the family to the cabin for a priv vacation in the snow.

One appeal is their simplicity of operati Most beginners learn basic handling te niques in a matter of minutes.

Snowmobiles came on the scene about years ago in the Midwest and Far No as working vehicles, useful for runni trap lines, toting loads, or reaching mote back country in winter. They ha almost replaced the dog sled in the Arct although at least one Eskimo clings both options by pulling his sled, with d team aboard, behind his snowmobile cause "dogs don't run out of gas."

Today, public interest in snowmobiles recreation is keeping more than 40 mar facturers in the United States and Cana hard at work to fill the demand. Natio forests and national parks are mark trails for snowmobiles; most can supp maps showing the trails.

Newly formed clubs sponsor rallies, rac and trail trips. You can buy all sorts accessories, from tilt-trailers on which tow snowmobiles behind your car to sle and small sleighs and even a compa fold-down camper which a snowmob

DON NORMA

Near McCall, Idaho, *an ice-fishing party pauses compare notes on most interesting route to follo*

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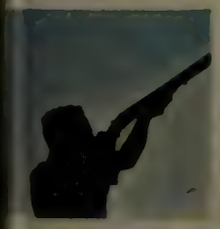

...but then what do you expect from only $245 round-trip?

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1969 Thunderbird 2-door Landau.

THUNDERBIRD

FRANK JENSEN

rt snowmobilers can demonstrate such dramatic stunts as ramp jumps and sudden turns in soft, deep snow

pull. There are also canvas covers tie-downs for the machines.

WMOBILES—WHAT ARE THEY?

owmobile is essentially a motorized that runs on a track or belt and is ed by handlebars attached to short e or double skis. A gasoline-fueled or (up to 50 horsepower) drives it. A mobile needs at least 6 inches of to operate efficiently. (The cleated cannot get a grip on ice or on a plowed road.)

main controls, the gas feed and brake, operate by levers on opposite of the handlebars. Unlike a wheeled le, a snowmobile has no great mo- tum; it stops when you take your off the gas feed. This, plus the fact you ride low and free (without a belt), running over soft snow at le to moderate speeds, makes it com- tively safe. Even if you spill off, it's to right your machine, climb aboard, drive on.

ally there are two types of snow- iles: the high-powered, single-track ine designed for racing or jumping; he wide or double-track machine often used for recreation. Fuel tanks 4 to 8 gallons of gasoline-oil mix,

Tow sled *is one of the many varied accessories made for family touring*

You ride on skis . . . a cleated track supplies the push

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and motors run for about an hour on a gallon of fuel. Optional extras, several available for the first time this season, include reverse gears, electric starters (replacing the recoil starter), speedometers, and even dashboard cigarette lighters.

You can choose from more than 150 different models, ranging in price from $600 for a 10-hp 140-pounder to $1,725 for a 600-pounder powered by a 46-hp motor. Most cost about $1,000 and have 10 to 30-hp motors.

RENTALS AND TOURS

One way to sample the sport of snowmobiling is to climb aboard a rented machine. More and more winter resorts in the West have snowmobiles to rent, as do dealers. Rates are usually about $6 to $8 an hour, $25 to $35 a day.

Some winter sports areas offer snowmobile tours. An example: seven days of touring in the hills near Jackson Hole, Wyoming, for $350 (including meals and lodging).

WHERE CAN YOU USE A SNOWMOBILE?

Finding places to use and enjoy snowmobiles may pose problems, even in normally snowy areas. Snowmobiles are prohibited on all U.S., interstate, and state highways, and in ski areas as well as all Federal wilderness areas, both established and under active study. (They are allowed, with some restrictions, on unplowed roads in national parks.) If you don't have permission, private property is off limits. Common sense dictates avoiding winter feeding grounds of wild game.

However, a close look at national forest maps should reveal hundreds of miles of logging and forest roads, not snowplowed in winter, where snowmobiles may operate. In towns, snow-covered golf courses and small airfields often permit snowmobiles free run.

The way to try out the idea is with a rental

SAFETY AND SNOWMOBILING

Always carry emergency equipment on a trip: waterproof matches, map and compass, plastic whistle, extra fuel, spare spark plugs, a tool kit, flares, towline—and snowshoes.

Wear adequate clothing: earmuffs or a warm pull-down cap, a mask or turtleneck sweater to protect the lower part of your face, goggles, warm gloves, insulated waterproof boots. Carry sun lotion.

When in the back country, stay on marked roads or trails open to snowmobiles. Avoid ski areas, skiers, snowshoers, hikers, ice-fishermen, and other winter sportsmen.

Before setting out, leave a route plan, including estimated time of return, with a responsible person. When traveling on state or Federal land, check in and out with park officials or forest rangers. If your route takes you across frozen lakes, be sure to find out the thickness of the ice.

Know the current weather forecast for the area. On a trip, turn back at the first sign of an approaching storm.

Never travel alone if you can avoid it, especially in remote areas. If two or more snowmobiles travel together, one driver can return for help in case of mechanical failure or accident. If you must travel alone, take snowshoes or skis to get you back to civilization in case of trouble.

Most snowmobiles *carry two; some larger ones take two plus a small child. This 25-hp model has forward, neutral, optional reverse gear*

Cape Reinga light *is lunch and turn-around place on beach tour*

NICK FITTINA

Bus caravan *tours the North Island beach*

New Zealand's 90-mile beach

There's no road along New Zealand's Ninety Mile Beach, but motor vehicles can easily drive 64 miles along its open, surf-washed sand. You can rent a car in Auckland and visit this exceptionally scenic shore as part of your North Island holiday, or join one of the all-day Ninety Mile Beach bus tours from the town of Kaitaia.

The round-trip tours leave Kaitaia each day at 9 A.M., head north along the edge of the pounding surf to Cape Reinga lighthouse, and return to Kaitaia around 5 P.M. via an inland highway. On days of high morning tides, the itinerary is reversed and you visit Ninety Mile Beach on the return trip from Cape Reinga.

The bus speeds along just beyond the foamy crash of pounding breakers, occasionally splashing through a narrow surge of beach surf. Screeching gulls protest the motorized intrusion and skittish flocks of shore birds dart frantically out of the vehicle's way.

The informal itinerary allows plenty of time for leg-stretching stops at points of unusual interest. The drivers are well versed in local history and Maori legend, and there seems to be a story associated with every topographical feature along the beach.

The turn-around point (and lunch stop) is Cape Reinga, where the light blue Tasman Sea meets the dark blue Pacific Ocean.

Complete cost (including a box lunch) is $6 for adults, $3 for children under 12. Tour reservations may be completed at the Star Garage in Kaitaia or at offices of the New Zealand Government Tourist Bureau in Auckland.

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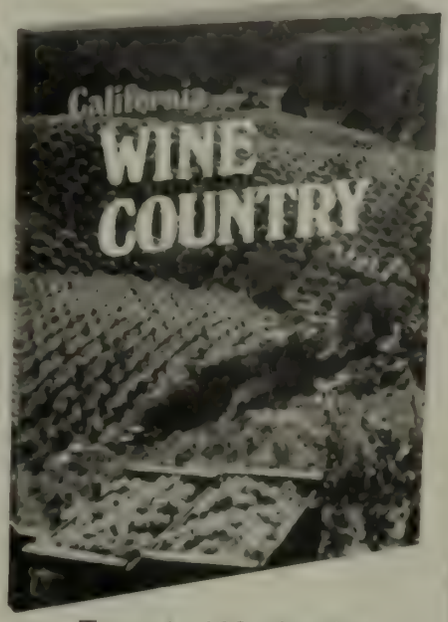

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Sunrise Camp *structures have been dispersed among the trees and rocky ou*

Walking high in Yosemite

Both the novice at trail travel and the veteran who'd just as soon skip logistics for a change can appreciate a trip planned around the Yosemite High Sierra Camps. For this summer, it's not a bit too early to start firming up your plans.

First, what are the camps? The Yosemite Park and Curry Company, concessioner for all the hotels in Yosemite Valley, also operates five High Sierra Camps, accessible only by trail and open only in summer. Each offers hot showers, and meals and is mainly a cluster of set up on platforms. Spaced 7 to 11 apart, the camps can be linked to in various ways for loop trips from olumne Meadows or Tenaya Lake.

You spend your days out hiking, fi taking pictures, enjoying a real Sierra excursion, then check into can dinner, a night's sleep, and breakfa

Tuolumne Meadows is not considere

Waiting for breakfast *call at Vogelsang. Even the dining room here is in a tent*

Hiking is easier *to camps north of Road, a little tougher to those*

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The Admiral Playmate Color Portable. All new 14″ (diag. meas.) color picture in beautiful Walnut grain cabinet.

the High Sierra Camps, but it is op- ted pretty much like one; the main 'erence is that it is accessible by road.

n Aulin is almost 8 miles down Tuol- ne River. Just below, the meandering er starts dropping much more abruptly the Grand Canyon of the Tuolumne. ere's a waterfall near camp, and in the t 4 miles downstream you pass four ers, the most spectacular being Water- eel Falls.

y Lake is only about a mile off a loop ld road bypassed by the present Tioga ad southwest of Tenaya Lake. The np is right at the edge of an attractive e, and 10,850-foot Mount Hoffmann t to the west offers a relatively easy nb and very rewarding views.

rise, the newest camp, is beautifully d. On a ledge among granite outcrops l conifers, it overlooks a large meadow, h distant views far across to snow- ped ranges.

gelsang, the highest, is a very popular tination for hikers from Tuolumne adows. Many back-packers camp on adjacent meadow. Fletcher Creek runs t through the camp. Several fishing es are nearby.

rced Lake is a popular destination for er or rider from the Valley. Lowest of camps, it has slightly warmer nights n the others. Back-packers like to np in this vicinity too. Fishermen often good catches out of nearby Merced ke and the Merced River and farther th at Washburn Lake.

e camp staffs tend to be young and ly. The manager and wife may be a years older, but everyone else is col- e age, often active in the singing and tar music around the evening campfire.

e High Sierra Camps are open from ut July 1 to Labor Day. The rate for ging, dinner, and breakfast is $14.50 r person, regardless of whether you ep in a dormitory tent or in a private t by yourself or in a party of two or re. Box lunches cost $2. Package r possibilities include: a seven-day ing trip with a national park ranger turalist as guide; and three, four, and -day riding trips. For further infor- tion or reservations, consult a travel nt; write to Yosemite Park and Curry , Yosemite National Park, Calif. 89; or telephone (209) 372-4806.

s wise to spend at least a preliminary ht in the mountains before attempting lay of hiking. Tuolumne Meadows, a ical starting point for a loop trip, is e place to do so. Another good bet is hite Wolf Lodge, at 8,000 feet and only miles up Tioga Road from the Valley. both White Wolf and Tuolumne Mead- s, rates for meals and lodging—to- ther or separately—are comparable to e rates at the High Sierra Camps. Both aces also have campgrounds.

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We could go into all the other tasty features in the new Grand Prix. Hidden radio antenna, the 370- and 390-hp 428 V-8's you can order, etc.

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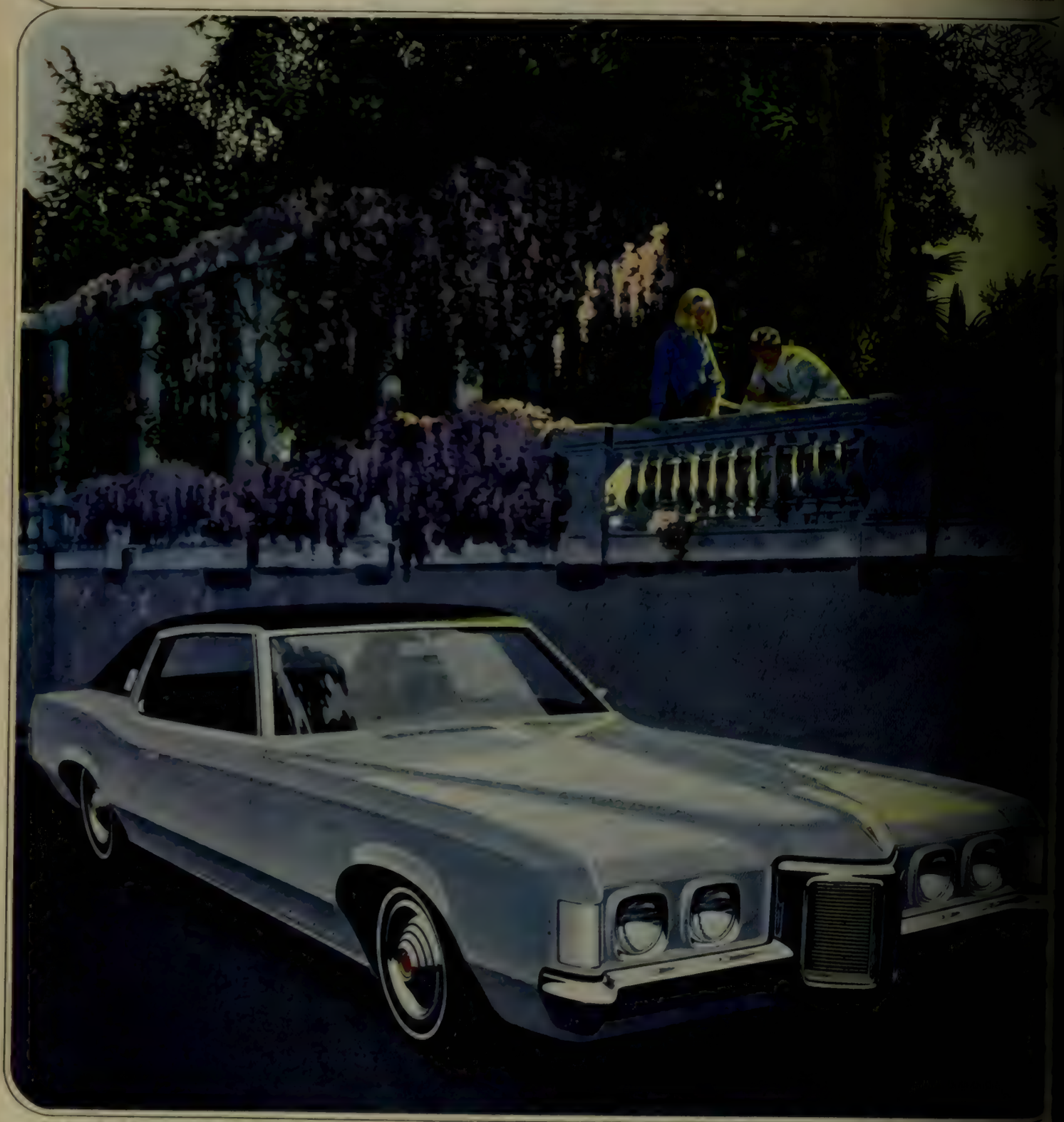

[illegible] Grand Prix, [illegible], Executive, Catalina, GTO, LeMans, Custom S, Tempest and Firebird. Pontiac Motor Division

The year of the great Pontiac break away.

tators' platform *cantilevers out over dering waters of the Rheinfall. This s from the boat dock downstream*

Where the Rhine drops 70 feet

turbulent Rheinfall, most powerful rfall in Europe, is a surprise for trav- who think of the Rhine only in terms he placid waterway traversed by es and river steamers.

Rheinfall is near Schaffhausen, in a w-necked section of northern Swit- nd that projects into Germany. Here 490-foot-wide Rhine, about 30 miles it flows out of Bodensee (Lake Con- ce), narrows abruptly and drops over ky scarp. The thundering waters — ng more than 38,000 cubic feet per d in early summer when fed by rap- melting snow—plunge 70 feet to the y basin below.

can get the closest look from directly Schloss Laufen (Laufen Castle). rs lead from the castle courtyard to the base of the cascade, where a orm juts out over the surging water. may want to wear a raincoat; the is heavy.

th leads from here downstream to a where you can take a wet boat ride rock pillar that splits the flow of the for misty views, climb to the top e the Swiss flag flies). The same boat take you to Schlösschen Wörth on the site bank for a more frontal look at falls. There's a small restaurant here ell as at Schloss Laufen.

ffhausen is 29 road miles north of ch. Visits to the old town, much of it medieval in appearance, and to infall are on the itinerary of many nized tours.

This...is Indian Country?

Tucson today has more Indians of the Cleveland variety than most any other kind. You see, when Tucson became a great resort center, most of our native Indians moved to the surrounding areas — the same scenic and historically fascinating places that you see on High Chaparral — filmed at nearby Old Tucson.

The Cleveland Indians arrive every spring. (Spring in Tucson starts about the end of February.) Incidentally our sunshiney, warm weather would be called summer where you live.

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In early morning, *long before the shops of Vail have opened, the streets echo with the sound of ski boots thumping towards the sk*

To cold Colorado...for the joys o

DON NORMARK

powder skiing

Just what is "powder" snow?

When Pacific air moves eastward, it collides with and loses moisture to coastal and inland mountain ranges, then moves on in drier drafts to the massive Rockies. Here it is uplifted and cooled again, in winter forming bits of ice and snow that float back through the dry, cold atmosphere to alight as uncompacted, fluffy "powder." Colorado climatologists have determined that snow falls on the region most often in the very early morning hours when the air is coldest. West Coast skiers visiting the Rockies are advised to bring a warm parka, and to sign up for powder snow classes—or at least a session on how to right yourself after a tumble in the Colorado fluff.

STEVE GLASS

A chance to ski the powder draws West Coast skiers to the Colorado Rockies. The dry snow, and resorts that operate at full efficiency all week and offer plenty to do after skiing, combine to provide a ski holiday that can't be matched at the ski areas closer to home.

The resort complex at Aspen and the village and slopes of Vail are the main attractions. In addition, along U. S. Highway 6 between the gateway cities of Denver and Grand Junction are a series of ski areas little known outside Colorado that are worth some of your time.

U. S. 6 winds along the Colorado River and up over Loveland Pass (11,992 feet) and Vail Pass (10,603 feet). Although it is the principal trans-Colorado highway, its filling stations and places to eat are few enough that you must keep in mind the distances between towns. Except where ski prosperity has had its impact, the towns look somnolent; buildings with ornamented cupolas rise silently above the banked snow, and smoke drifting from chimneys is often the only sign of life.

The town of Aspen is 42 miles southeast of U.S. 6 on State 82, making it about 215 highway miles from Denver and 130 from Grand Junction. The four ski areas around Aspen are generally acknowledged to offer the widest variety of terrain and the most extensive lift development in the Colorado Rockies.

Aspen burst into life in 1879 with the search for silver, languished with the move to the gold standard at the turn of the century, then—after the WPA built a tow on Aspen Mountain in the 1930's—gradually reawoke in response to another kind of silver: ski money. Today, despite a strong challenge from two-year-old West Village at Snowmass, it is still the town of Aspen that gives the area its character and is the center of after-ski activity.

Skiers who knew Aspen 20 years ago and who remember when just getting there was an adventure—and when skiing was all there was—may resent the changes that affluence has bestowed on "their town." They are likely to scorn the motels with heated pools that keep crowding up the mountain, and the beginning skiers who snowplow the powder off the runs.

Some of the more tasteful new developments include the Design Primarily gallery; the Paragon Restaurant (where the cuisine is French and each party of guests

You may stay in an old Victorian house, sky-ride by day, window-shop at night

Restored Victorian *in Breckenridge is Ore Bucket Hotel, with restaurant downstairs*

dines behind discreetly closed doors in its own private room); the old railroad station now housing the Bethune-Moore gift selection.

THE SLOPES AT ASPEN

The Aspen Ski Corporation operates three of the four ski areas: Aspen Mountain just behind town, and nearby Buttermilk and Snowmass, served by shuttle buses from Aspen. Lift tickets cost $7 a day and are good at all three areas. Buses from town also serve the fourth area, Aspen Highlands. The bus to Snowmass costs 50 cents one way; the others are free.

Aspen Mountain. Skiers should approach these slopes with a great deal of respect. Forty-five runs totaling 50 miles, served by seven chair lifts, lace the slopes. Some of the runs are packed; others are left deep in powder. A map of the ski area shows such points of interest as Elevator Shaft, Schuss Gulley, and Kleenex Corner.

Aspen Highlands. A mile and a half south-

Storm *hangs on mountains back of Vail as top-hatted skier and friend ride in sun*

of Aspen is Aspen Highlands. Across slopes of Loges Peak stretch eight The two uppermost serve most of expert terrain. Intermediates take at the 10,000-foot level. The begin- ski off to the side at the bottom of mountain. Lift tickets cost $7.

ermilk-Tiehack. Here the runs on ed snow are designed for beginners intermediates. Three chair lifts and T-bars serve the slopes. Top elevation 840 feet, so the ski season at Butter- is shorter by about a month than at other three areas, all of which reach 00 feet.

mass-at-Aspen. Last year in its first on, Snowmass—9 miles southwest of —sold 166,000 lift tickets, drawing skiers than any other Aspen ski area. ons found the slopes well patrolled, tly of intermediate difficulty, with from the five chair lifts long enough ovide some fine, uninterrupted skiing. non-skiers have heard of the head of Snowmass ski school: Stein Eriksen.

developers of West Village at Snow- (five more villages are on the draw- board) have tried to coordinate skiing, ing, and meals, and cut down the and distance you must travel be- n. In the morning you can step into skis and coast down to the on-ramp he chair lift. Lunch in the village is a few steps from the beginners' slope d Fanny Hill. Pedestrians and skiers the right of way (cars are parked to one side).

re are no inexpensive rooms at Snow- ; rates are about $22 a night for two. tends to attract a clientele many of n are on vacation from desk jobs, who don't care to ski downhill and back up, over and over, from 9 A.M. 4 P.M. To fill the day and to exercise r muscles, the Snowmass Sports De- ment also offers skijoring (you're d on skis) and cross-country skiing; non-skiers can ice skate, snowshoe, h-ride, or take a dinner snow trip.

light. Ten miles south of Glenwood ings, Sunlight ski area operates two ir lifts and one Pomalift (ticket: $5.75).

RESORT AT VAIL

architecture of Vail Village (110 miles of Denver, 150 miles east of Grand tion) has been described as instant arian, but the efficiency with which ski hill runs is American. Markers t skiers to runs they can handle, and s are handed out at ticket booths; rolmen are everywhere; food served on ski hill is tasty and reasonably priced; the runs, are as impeccably main- ed as a country club green.

n the back bowls have powder they a delight. If (like many "heavy snow" t Coast skiers) you are unsure in the der, you'll find areas of the bowls

Your stay in Colorado . . . how expensive?

Visitors spending three or more days at a resort enjoy savings on accommodations, lifts, ski lessons. At Aspen Highlands, seven nights' lodging and six lift tickets cost $75 to $160 per person (double occupancy). A similar plan at Vail costs $85 to $175 per person. At Snowmass, a family with two children 12 or younger renting a condominium with a kitchen must pay $60 a day. At Vail, the same family in a smaller house would pay $40 a day. In the town of Aspen, bargain hunters can find satisfactory older lodgings at much lower cost. Since this is a working town, not just a resort, there is a range of prices for dining out. Generally, places farther from the slopes are less expensive. In Breckenridge, you can spend five weeknights, ski, and eat breakfast and dinner for $87 per person (two to a room). Late in the season, most overnight costs drop.

DON NORMARK

Falling snow *softens glow of gas lights along row of Victorian-era store fronts, promises powder skiing tomorrow for Aspen visitors window-shopping on way to dinner*

wide enough that you can turn when wish, picking up speed and confidenc you improve your powder technique.

Lift tickets are $7.50 at Vail this sea

Vail enjoys the same sense of compacti as Snowmass, with the added advant that the lifts at the edge of town operated by the developers of the vill. Within a few days you know your around, recognize the employees in village because you saw them earlie the slopes, and in general enjoy the of camaraderie you might expect i small European ski village.

It's different on weekends. Then, denly, the resort is stretched to capac Vail is only a 3-hour drive from Den on Saturdays and Sundays, into the lage, up the six lifts and gondola, onto the slopes stream a thousand ditional skiers. Lines lengthen, tem shorten, and week-long visitors tend feel that their village is under invasio

Vail plans to cope with the problems advantages of proximity to Denver adding a new gondola next season and ditional parking away from town weekend skiers who want to go direct the slopes. For now, the best solution vacationers is to spend the weekend cling to or from Vail.

Meadow Mountain. Four miles to the is the Meadow Mountain beginners' area (lift: $4.75).

SKI AREAS NEARER DENVER

Closer still to Denver along and just U.S. 6 are four more ski areas oriente families, but with plenty of challen terrain. On weekdays they're uncrow and tempting to the passing skier. Pr for lodging and lifts are generally be

DON NORMARK

Cross-country skier *(note loose heel binding) mushes through snow in an aspen grove*

Some climb through the aspens,
some ski-bike down the slopes,
some sit below to wait and watch

At Vail, *exotically hatted and shod tors sit in sun seeing and hoping to be*

e charged at Aspen and Vail.

ckenridge. This ski area, 90 miles west Denver, lies alongside State Highway 9 it 10 miles south of U.S. 6. Just be- d walking distance is the town, once nter for gold mining. Today its old dings house a variety of enterprises colorful names: El Perdido, serving y Texas-Mexican food; Briar Rose, by a noted English chef; a steakery d The Mine; the Dirty Shame, Red ster, and Gold Pan Inn, all taverns; hopping, the Gosh Awful, Red Ugly, Norway Haus (a fine ski tog shop); the Ore Bucket Hotel, with The Par- restaurant downstairs, and Breckenre Inn, the town's largest.

ee chair lifts, three T-bars, and two alifts fan out from the lodge. Lift fees oriented toward families; for two par- and one child the price is $12.50 a plus $3 registration fee, with $3 for additional child. Nursery service $2.50 for the entire day.

s on weekends are so long that the ator hires a clown to entertain wait- skiers.

pahoe Basin and Loveland. These two ski areas occupy opposite slopes of eland Pass. Loveland, only 56 miles Denver, is the first ski area west of city: Arapahoe claims a higher alti- (10,800 at the base to 12,500 feet) longer season (November to June). provide extremely challenging ter- the equal of anything at Aspen or Three chair lifts and five Pomalifts carry 6,000 skiers an hour uphill at pahoe. At Loveland Basin (advanced intermediate area, open daily) and eland Valley (a weekends-only oper- for beginners), there are a total of four chair lifts, one rope tow, one T-bar, and one Pomalift.

Winter Park. Located near U.S. Highway 40, this resort is 67 miles from Denver across Berthoud Pass (11,314) feet). Four chair lifts and four T-bars service the area. You'll also find sledding, skating, ski jumping, and cross-country skiing, and you can rent the equipment for all these activities at Winter Park. There's a family ski plan package similar to that at Breckenridge.

GETTING THERE

Most West Coast skiers will pass through Grand Junction on the west or Denver on the east en route to the Colorado ski areas. Denver has more frequent air service than Grand Junction, but it is separated from Vail and Aspen by two often-snowbound highway passes more than 10,000 feet high. Round-trip jet excursion fares to Denver are about $90 from Los Angeles and Phoenix, slightly higher from San Francisco and Portland, about $110 from Seattle.

Five airlines—Continental, Frontier, TWA, United, and Western—go to Denver from the West.

From Denver, in good weather, Rocky Mountain Airways and Aspen Airways offer five daytime flights to Aspen. Aspen Airways charges $25 with a reservation ($15 on standby, without reservation) for the one-way 55-minute, non-stop flight. Rocky Mountain charges $23.50 for its one-stop flight to Aspen (the stop is at Eagle, Colorado, 30 miles east of Vail). The cost from Denver to Vail is $22.

A Continental Trailways bus leaves Denver's airport daily at 3 P.M. for the 5½-hour trip to Aspen. Cost is $10 one way.

Ski bike *turns with handlebars and body English, stops with dragged ski or spill*

You can also take a Continental bus from the airport to Vail on Fridays and Saturdays. Fare is $6.05 for the 3-hour trip. Reservations are recommended for either service.

If you would like to take advantage of the ski areas between Denver and Vail and Aspen, the most convenient way is to rent a car at the airport (be sure to reserve it in advance). Request snow chains and a ski rack; bring a padlock for

h the support *of tight ski pants, skier (with partly seen pal) appears to defy gravity while "relaxing" in sun at Aspen Highlands*

Lunch break on the lofty Sundeck ... music after skiing and after dark

the ski rack—locks are not provided.

Whether you drive your own car or rent one, expect to make slower time on Colorado's U.S. 6 than you might on Interstate 80 over Donner Summit in the Sierra Nevada, or Interstate 90 in the Cascades. Except where Interstate 70 is completed, U.S. 6 is a two-lane mountain road. A planned tunnel under Loveland Pass is still two years from completion.

United and Frontier airlines serve Grand Junction. United has one-stop service to Grand Junction from Los Angeles that is less expensive than the Los Angeles-Denver fare. From other West Coast cities and Phoenix, fares are $10 to $20 more to Grand Junction than to Denver. Once at Grand Junction, however, no high mountain passes remain between you and Aspen or Vail.

Just pump the pedals *and out of this old piano comes rinkytink music for singing*

Sunday night *in Georgetown, skiers pause on way to Denver to relive day's heroics*

Rental cars are available at the Grand Junction airport.

Perhaps the most leisurely and reliable way to go is by Western Pacific Railroad. The California Zephyr leaves daily at 10 A.M. from Oakland, follows the Feather River Canyon, crosses the Sierra Nevada and the intermountain region, and arrives at Glenwood Springs, Colorado, at 1:15 the next afternoon. Round-trip fare with bedroom is about $300 for two on a special husband-and-wife plan. From the train station at Glenwood Springs, a bus takes you to Aspen by 3:45 P.M. Or you can rent a car in Glenwood Springs to drive to Vail.

Write to Colorado Visitors Bureau, 225 W. Colfax Ave., Denver 80202, for a *Colorado Skiing* brochure to help you plan your vacation. Travel agents and airline travel desks can also provide assistance.

From *The Sundeck Restaurant at Aspen you look up from lunch to the runs at Aspen Highlands*

Against a backdrop *of McDowell Mountains, separated from untamed desert by low wall, Taliesin West's main building stret*

As this visit to Taliesin West near Phoenix shows

Frank Lloyd Wright was also a gifted landscape architect

Wall at entrance *near parking area. Rough desert rocks in browns, ochre, sand colors are set in coarse-textured con*

r and low. Earth tones of desert floor and vegetation contrast with varied foliage and flower colors of cultivated garden plants

liesin West *is an easy 26-mile drive northeast of Phoenix*

GLENN CHRISTIANSEN

From cool breezeway *through building you walk onto broad sunny terrace. Pyracantha, pepper tree, left; African sumac, right*

e of Arizona's unique travel destinations—by no means a cal tourist attraction—is Taliesin West, western campus he Frank Lloyd Wright School of Architecture.

campus is situated in magnificent isolation on the vast icopa Mesa. The building—actually a series of semi-nected structures forming a single unit—and the garden e designed by the school's founder and internationally re-ned architect, the late Frank Lloyd Wright.

struction started in 1937 and continues today, along with nsion of the gardens, under Mrs. Wright's direction. As t of their training, students at the school help plan and

Massive stone piers *and second-level bridge create a cavernlike structure over a shallow pool. Queen palm and rubber plant,*

erect new additions and maintain the buildings and gardens.

Most visitors to Taliesin West come to see its architecture which, like most of Mr. Wright's work, is exciting, imaginative, provocative, and sometimes controversial. In this report, let's look mainly at the garden and its relationship to the buildings and the desert environment.

The garden at Taliesin West serves principally as a frame for the buildings. Walls and garden interlock; buildings project into the garden. The plants themselves are less important than their relationship to the commanding architectural forms. You find comparatively few unusual or pretentious plants. Most are well known, much-used, and serviceable—like arborvitae, bougainvillea, broom, Italian cypress, lantana, and pyracantha.

Taliesin's garden makes an almost clean break with the de
It looks out upon a great expanse covered with wild and fie
individual plants, but rarely invites these wildlings inside
low-walled boundary. It is a man-made oasis of green pla
broad paths and terraces, cool overhangs, sheltering walls,
covered pergolas, sky-reflecting pools, playful fountains.

To reach the school, drive east on Camelback Road to Sc
dale Road, north 5½ miles to Shea Boulevard, east 5½ m
to 108th Street, then north 2 miles. From October 1 to
31 it is open from 9 A.M. to 5 P.M. weekdays, 11 A.M. to 5
Sundays. From June 1 to September 30 hours are 3 to 6
weekdays (closed Mondays), noon to 6 P.M. Sundays. Adm
sion is $1 (children under 12, free).

g room terrace *is sheltered by walls of the building and the mountain close behind. Pyracanthas are in late spring bloom*

GLENN CHRISTIANSEN

g pergola *spans a broad walk along the rear of the main building. Flamboyant enta-flowered bougainvilleas growing on either side have started to cover beams*

"A desert building should be nobly simple in outline as the region itself is sculptured, should have learned from the cactus many secrets of straight line patterns for its forms . . ."

Frank Lloyd Wright

GLENN CHRISTIA

Golden Delicious: *unique in its combination of flavor, color, and texture, resistance to discoloration, and cooking proper*

Number one apple?

It's great for munching. It doesn't discolor when cut. It cooks withou collapsing. (It's no relation to its famous red namesake.) It's delicio

Golden Delicious is a spectacular apple has been around since about 1908, only in the last 10 years has it enjoyed popularity it deserves as both an eat- nd a cooking apple.

slight had nothing to do with the lity of the fruit, but instead was ed by name confusion—and earlier supply.

le eaters have long presumed erroney that Golden Delicious is just a yel- skinned Delicious—identical to the skinned apple except for its outside r. As if to support this belief, the large, orm shape of the Golden Delicious is similar to that of the wider-shoul- d, narrower-based Delicious. It even the same five knobs on the bottom, al- gh they are less distinct.

true that within the Delicious variety will find such variations as Red De- us and Common Delicious.

the Golden Delicious *stands apart as parate variety*. It is totally different in or, texture, and aroma. And, unlike other apples called Delicious, it is a rior fruit for cooking.

Golden Delicious is now one of the e best-selling fresh apples in the try. It's the only yellow apple sold tail markets that's good to eat and l to cook with. In Washington, more acreage is devoted to the Golden De- us than to any other variety.

his time of year, with fruit choice at annual minimum, the Golden De- us becomes particularly important be- e of its versatility and unique charac- tics. Good quality fruit, harvested in fall, stores well, and the supply will nue through late spring.

just plain eating, the Golden De- us is elegant: fine-grained, juicy flesh a tender-crisp snap to the bite; thin, ate skin; more sprightly flavor than a icious, less tartness than a Winesap; eet taste and a delightful aroma.

cut fruit resists darkening and con- es to look fresh and appealing after nged exposure to the air; other apples ize quickly unless dipped in an acid, lemon juice.

use the Golden Delicious is such a eating apple, its remarkable cooking es are not generally explored. It holds hape as well or better than any other iety. It cooks very quickly. Peeling is nal as the skin is tender. The fruit s a lovely, translucent golden color. because it is a full-flavored apple, e additional sweetening is necessary.

Golden Delicious is a fragile apple. mercial packers give it special pro- ion—wrapping it in paper or nesting it vidually in cupped trays; at home you ld continue to handle it with care. quently, discoloration is due to bruis- —even when you peel the fruit roughly. ke other apples, Golden Delicious do not develop a waxy coating on the surface. To prevent loss of moisture, therefore, you should store them in the refrigerator in plastic bags. This also helps preserve the flavor—for, like butter, these apples readily absorb aromas from other foods.

Apple sauce is one of the best demonstrations of the cooking versatility of the Golden Delicious compared to other apples. The slices, poached with a minimum of sugar and water, cook quickly and hold their shape. With a vigorous stir you can beat them into a nice lumpy sauce. The same mixture, whirled in a blender, makes a velvety golden sauce.

GOLDEN DELICIOUS APPLE SAUCE

Peel, core, and slice enough Golden Delicious apples to make 6 cups. Combine in a saucepan with 6 tablespoons water, 3 tablespoons sugar, and 1 or 2 cinnamon sticks, each about 3 inches long (optional). Cover and bring to a boil, stirring occasionally; simmer 3 to 5 minutes, or until apple slices break apart easily when stirred and the fruit develops a golden, translucent color. Set aside cinnamon stick.

For coarse apple sauce, simply mash or beat apples vigorously with a spoon. For smooth apple sauce whirl mixture in a blender or rub through a food mill or wire strainer. If you want to develop a more pronounced cinnamon flavor, return sticks to sauce and chill, covered, as long as overnight. Determine flavor by tasting and discard cinnamon when desired.

Serve sauce hot, cold, or reheated; plain or with cinnamon sugar to sprinkle on each portion (blend 1 part ground cinnamon with 4 parts sugar). Makes about 2 cups or 4 servings of ½-cup size.

Sautéed Golden Delicious apples tend to caramelize slightly, developing a new flavor dimension that can be capitalized on in two entirely different ways. With just a touch of sugar, quick-cooking, unpeeled thick slices are excellent browned and served as an accompaniment to rich meats such as pork or duck. But if you peel the fruit, slice it thinly, add more sugar to create a sauce, and possibly flame with a liqueur, you have an outstanding dessert.

SAUTÉED GOLDEN DELICIOUS APPLES

To go with sausages. Core and thickly slice 3 large unpeeled Golden Delicious apples. Melt 3 tablespoons butter in a wide frying pan, add apples, and cook over moderately high heat, turning gently from time to time with a wide spatula until fruit begins to soften, looks translucent, and browns lightly. Sprinkle with

Butter-browned *golden apple slices (no need to peel tender skin) with sausages*

DARROW M. WATT

1 teaspoon sugar; cook 1 more minute. Serve hot with 1½ pounds hot cooked pork link sausages. Makes 6 servings.

For dessert. Peel, core, and thinly slice 3 large Golden Delicious apples. Melt 3 tablespoons butter in a wide frying pan, add apples, and cook over moderately high heat, turning gently with a wide spatula occasionally. When fruit just begins to soften, sprinkle with 2 tablespoons sugar and continue cooking until glazed with brown; take care not to scorch. If you like, add 2 tablespoons of a liqueur to the pan (such as rum, brandy, Calvados, or cointreau) and flame at once. Serve hot apples with sweetened whipped cream or vanilla ice cream. Makes 6 servings.

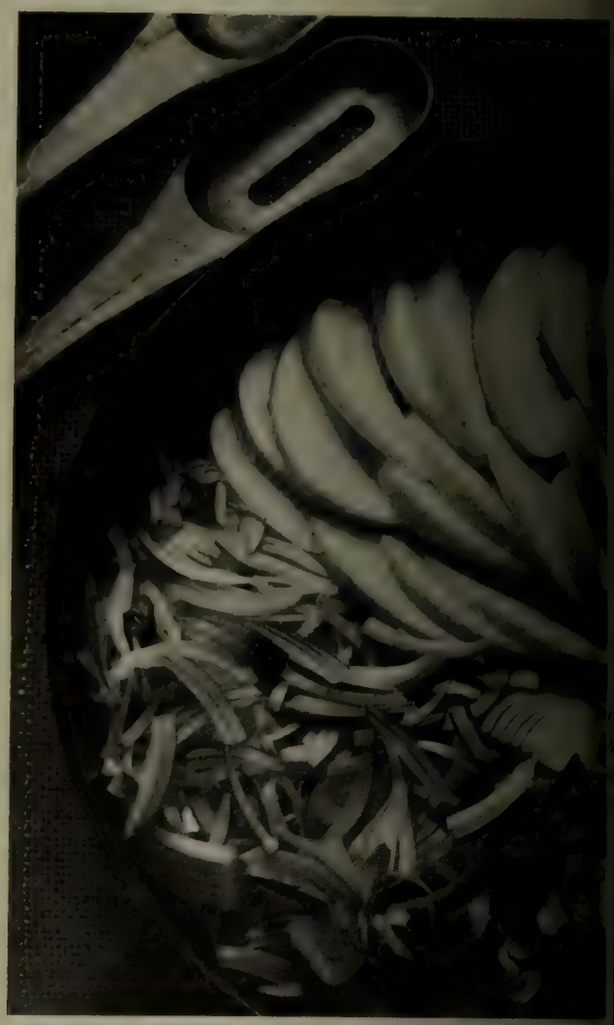
The rich flavor of the Golden Delicious provides a perfect foil for the savor of this salad; no need to peel the fru you want to assemble the salad as as an hour ahead, arrange lettuce, a onion and watercress in the bowl, with clear plastic wrap, and chill. with dressing at serving time.

GOLDEN DELICIOUS APPLE-ONION SALAD

- 3 cups broken pieces iceberg lettuce
- ½ mild red onion, thinly sliced lengthwise
- 1 large, unpeeled Golden Delicious appl cored and very thinly sliced
- 1 to 2 cups watercress leaves or curly endive (chicory) pieces
- 4 tablespoons olive oil
- 1½ tablespoons wine vinegar
- 2 teaspoons Dijon-style mustard
- ½ small avocado, peeled, pitted, and diced
- Salt

Line the bottom of a wide, shallow with lettuce. Arrange onions on one

Pie is filled *to the crust; Golden Delicious apples do not shrink*



Savory Golden Delicious, *onion, watercress, lettuce* *can be assembled ahead; fruit doesn't darken when*

It's the do-anything apple. It's delicious in a pie, as a sauce, in a salad, or for eating out of hand

of lettuce; place the apple slices alongs overlapping. Mound watercress betw fruit and onion. Beat together oil, vine and mustard; mix in the avocado pour over salad. Salt lightly and mix blend. Makes 6 to 8 servings.

Golden Delicious apples make an

DARROW M. WATT

The delicate flavors *of Golden Delicious are especially well matched to subtly flavored cheeses such as Danish Camembert*

r; they require very little additional gar, cook tender quickly, and the slices ld their shape well and give up very tle juice (no problem of syrupy spillers in the oven).

OLDEN DELICIOUS APPLE PIE

Butter pastry (recipe follows)
8 to 10 cups peeled, cored, and sliced Golden Delicious apples
⅓ cup sugar
1 to 2 teaspoons ground cinnamon
3 tablespoons butter
Sugar
Whipping cream (optional)

oll out half the butter pastry on a oured board to fit a 9-inch pie pan. Mix ples with the ⅓ cup sugar and as much the cinnamon as you like; pile apples to pastry-lined pan, mounding with your nds to make fruit as compact and sere as possible. Dot with the butter.

oll out remaining butter pastry on a oured board and cover the apples with . Should the pastry tear, pinch edges gether to seal. Pat pastry lightly to fit closely against the fruit. Seal and flute edges, folding in all the scraps of pastry. Pierce pastry top in several places; sprinkle lightly with sugar.

Place on lowest rack in oven and bake at 375° for 45 minutes or until crust is richly browned. Let stand until just slightly warm or cold before cutting; otherwise the slices tend to break apart when served. Pass cream to pour over wedges if you like. Makes 8 to 9 servings.

Butter Pastry. Stir 1½ cups unsifted regular all-purpose flour with 3 tablespoons sugar and ½ teaspoon baking powder. Cut ½ cup (¼ lb.) butter in small pieces and mix with flour, then rub mixture with your fingers until mealy. With a fork, stir in 1 egg to blend well, then, with your hands, compress dough into a smooth ball.

GOLDEN DELICIOUS APPLES AND CHEESE

Because the Golden Delicious is sweeter, more subtly and aromatically flavored, the Cheddars, which are the typical apple cheeses, are not good teammates; they tend to dominate the fruit. Instead, you should serve cheeses that offer a more delicate flavor contrast with this apple. Let the following suggestions guide you in selecting additional combinations.

One of the most all-around agreeable cheeses to offer with the Golden Delicious is a mellow, nutty Swiss. Also pleasant is the milder French process cheese, Bonbel. For more contrast of taste and textures, try firm, bitey Asiago, Fontinella, or Kasseri cheeses.

A particularly elegant combination is the mild, smooth Danish Camembert and Golden Delicious; spread the soft cheese on apple slices.

Two other cheeses worth trying with this apple because of tasters' highly contradictory reactions—either wildly positive or uninterested—are bold, ripe Leiderkranz, and deluxe French process cherry cheese (Gourmandise or Nec Plus Ultra).

Skiers rendezvous *at base of hill for lunch laid out on an oilcloth-covered tree stump. Two families met for this cooperative b*

Lunch on the slopes . . . here are ideas for snow picnics, knapsack lunches

An exhilarating morning on the s
builds up appetites for lunch. And a l
you bring yourself is quicker, more
venient, and usually better eating
lunch in a crowded cafeteria.

Since packing ski gear for a trip le
little time for food preparation, the
fare is the no-cook, prepackaged var
from a delicatessen or the refriger
section of a supermarket.

A snow picnic can be either a family a
for all ages at the base of the hill

Menu close-up: *Cutting board holds sausages and cheeses for sandwiches. Use toothpicks for eating artichokes, mushrooms, pineapple. Dessert is coffee cake*

The following alternate menu makes a good lunch for the second day.

Savory Salted Crackers
Canned Sardines
Onion-flavored Whipped Cream Cheese
Canned Mandarin Oranges
Canned Salted Almonds Chocolate Bars
Bota of Wine or Canned Fruit Juice

You'll note that these two lunch menus consist mainly of packaged foods from a supermarket; choose individual-sized containers whenever possible.

DARROW M. WATT

Snow cones *nestled in a drift lure thirsty youngsters after a few runs*

knapsack lunch for experts on the upper slopes. Skiing families contributed the following tested menu ideas.

Two-family snow picnic

Two or more families often find conviviality in pooling lunch resources and deciding on a noon rendezvous. Try combining cheeses and sausages with a hearty dark bread for a cooperative meal such as this one.

Sausages: Salami, Thuringer
Swiss Cheese
Greek Kasseri or Cheddar Cheese
Mustard-flavored Mayonnaise
Dark Rye Bread
Marinated Artichoke Hearts
Marinated Whole Mushrooms
Fresh Pineapple
Frozen Raspberry-Swirl Coffee Cake
Orange Snow Cones Hard Candies
Apple Juice Barbera (or other Red Wine)

You will also need a square of oilcloth for a tablecloth; a cutting board and knife for on-the-spot food preparation; and plastic straws, paper cups, and toothpicks for serving. Bring mayonnaise seasoned with mustard in a plastic container.

At the picnic site halve the pineapple, cut out core, and cube fruit. Have an ample supply of hard candies and miniature boxes of raisins to stuff into children's pockets for the afternoon runs.

Alternatives or additions to the above menu might include dried beef or prosciutto and mushroom-flavored cheese spread; smoked oysters, cream cheese, and crackers; canned cashews or macadamia nuts; and fruit cake or packaged chocolate cookies. And take fresh fruit.

Snow Cones. To make this fanciful refresher, drizzle concentrated fruit juice—orange, grape, pineapple-grapefruit, or lemonade—over clean snow packed into paper cups. Sip with plastic straws or use plastic spoons for speedier eating.

Knapsack lunches

The food you carry in a knapsack to the upper levels should be lightweight and compact. Some practical tips: transfer food in glass jars to disposable plastic containers and drain off juices or liquid (the container may break if the liquid freezes). An army knife is mighty handy with its assorted blades and bottle opener and can opener attachments.

Sliced Pumpernickel Loaf
Canned Camembert Cheese
Beef Jerky Dried Pears
Raspberry-flavored Yogurt
Canned Beer or Apple Juice

Leather bota *is a practical way to carry and dispense wine on slopes*

GLENN CHRISTIANSEN

Looking down *into living room. Guests sit on cushions or sofa pad, or relax on carpeted steps. Entry is in foreground at lower left*

The two-story house *straddles a watercourse*

Just 25 miles from San Francisco

A giant window in the woods

Steps lead *down to it through redwoods*

This is the vacation and weekend retreat you see on the cover. It occupies a beautifully wooded, steeply sloping site bisected by a watercourse that runs wild during the winter rains (two previous owners considered the site unbuildable) and is only a scant 25 miles from the owners' San Francisco home.

Studying the site, the architects decided that the sunniest spot with the best view and most privacy from the road was dead center on the watercourse. Their solution was simply to build the house astride it and let the water gush and burble under it during the winter rains.

It's a small house, with less than 600 square feet of floor space on two levels, but you're not conscious of the tight space because floor and ceiling levels change so much, and windows and a skylight open walls and roof to the woods. In fact, it was a similar kind of playful handling of

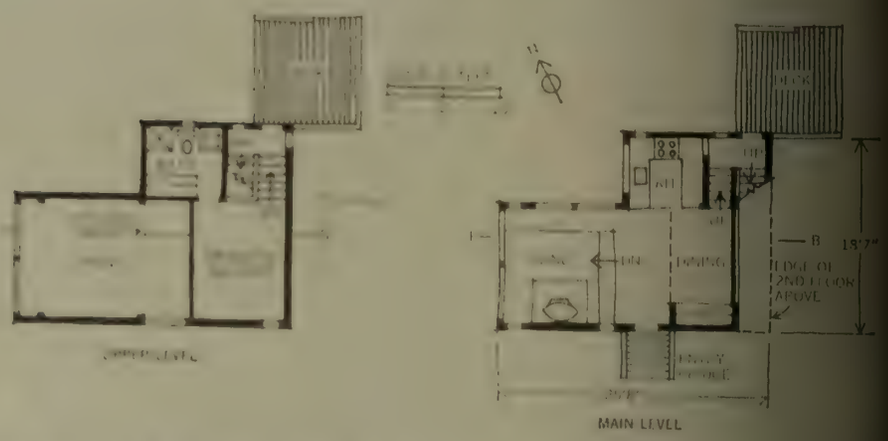
Upstairs is the balcony bedroom

The bath is up here, too. Door at far right leads to the outdoor deck midway between house levels. At left you can see over into the high living room space

FLUX CHRISTIANSEN

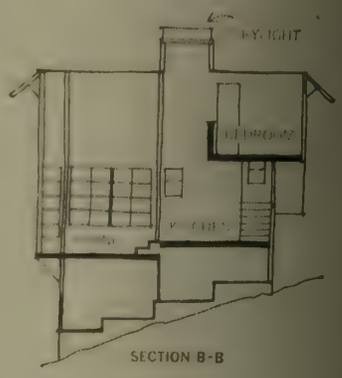
Looking back and up from the living room

Here's what vertical space can do ***for a small house. Highest point is skylight, then balcony bedroom,*** *with dining area underneath* ***(kitchen at left). Folding doors open*** *dining area to woods, watercourse*



interior space in the house shown on the cover of the May 1964 *Sunset* that inspired Mr. and Mrs. Victor A. Levi to launch the vacation house project.

Built as a personal retreat, it wasn't designed to sleep a crowd. There's a balcony bedroom upstairs, and a sofa on the main level can be converted to a bed for occasional guests. But there is ample space in the step-down area around the metal fireplace to accommodate a fair-sized party. A deck between the two house levels provides outdoor living. Architects were John Arrison and Tajima & Fuller.



Extra guests? The sofa becomes a double

At left it's for sitting, but when an extra bed is needed, all you do is this: Set pad and all pillows aside. Swing hinged sofa base over to floor, put pad on base, and put three square pillows where it was. Add bedding. It's a double bed

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The Changing Western Home

Automatic outdoor lights . . . inconspicuous extra heater . . . an extra "kitchen" to go into a bedroom wall or guest room wall

Automatic on and off

A new small photocell switch allows you to convert many outdoor fixtures to automatic operation simply by screwing the switch into the socket of the fixture and adding a bulb.

The switch turns the bulb on at sundown, off at sunup; a delay mechanism prevents it from reacting to headlights or other momentary sources of light.

For the switch to operate, it must be exposed to the light of day, so you can use it only in lamps with clear or translucent sides. Lamps with solid walls at the level of the photocell will keep it from operating properly. You can, however, aim the photocell in any direction that seems to work best.

The unit, called "Skywatch," is sold through hardware stores and dealers in electrical equipment for about $12.

The playhouse was ready-made

The playhouse on a gym set that appeared on page 84 of the November 1968 *Sunset* was wrongly credited to landscape architects Hahn, Hoffman & Schmidt. Actually the playhouse is a ready-made unit, available with or without the gym set from the Play-Well Equipment Company, 2307 Troy Ave., South El Monte, Calif. 91733.

The playhouse alone costs $100. The gym set is available in various forms; the one shown costs about $150.

A nearly invisible supplementary heater

Many houses have cold spots near large windows, doors, or even walls that are exposed to wind and weather. Or an otherwise adequately heated spot may need a little extra warmth on occasion: perhaps a work area where you sit quietly while writing or sewing, or a dressing table in a bath.

The one thing these cold spots probably have in common is that a heater at floor level would be in the way or would be awkward or impossible to install. However, certain radiant ceiling panels hang almost flush to the ceiling and can supply quick heat on their own thermostat whenever needed.

The units range in size from 2 by 4 feet to 2 by 8 feet, and in price from $40 $65 plus about $10 or $12 for a therm stat. Normally the unit is powered 240-volt current, and it may be necessa to have an electrician install it. It's p sible to run it on 120-volt house curre if necessary, but that requires some sim rewiring inside the panels.

You can buy these supplementary heate through electrical dealers and heati contractors.

For the smell of cedar

Do you like the odor of cedar in stora areas? A pressed paneling is easy to i stall in any closet or chest you may ha

The paneling is made of cedar chips. I stall it as you would wallboard, cutting fit and nailing directly to studs, or glui or nailing it over an existing wall. T popular ¼-inch-thick, 4 by 8-foot si costs about $10.50.

RICHARD FISH

Serving and eating in the bedroom

This tidy serving and dining area is right in the master bedroom of a house in Los Angeles. The owners asked architect Paul Sterling Hoag to design it for them in an existing closet. It includes refrigerator, running water at a small sink, and electrical connections for small appliances—everything needed for breakfast, midnight snacks, or any light meals that don't require cooking.

The idea could be adapted to a family room, play room, guest area, or even "mother-in-law bedroom" where you may often serve light meals but which is not convenient to the kitchen.

You'll note there's no range. In most towns and cities in the West, adding a range would make this unit illegal—for only one room "designed, intended, or used for cooking" is allowed in single-family dwellings.

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Racing at Caliente and Del Mar

GLENN CHRISTIANSEN

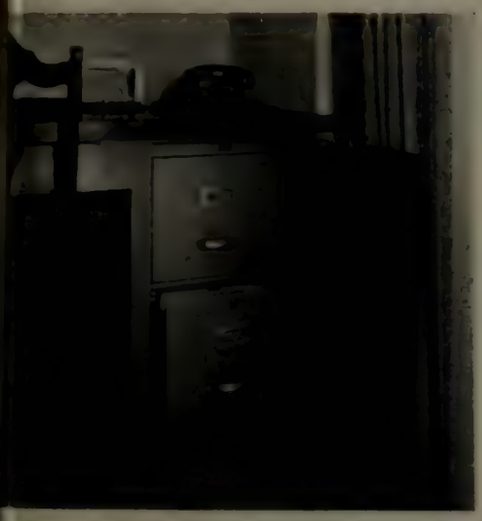
*e enclosure idea for new house or re-
del. Architect was Theodore Milhous*

Home files go into hiding

e're used to seeing them in the office, t at home, standard metal files look tter when they're disguised.

bove, a bank of five fits neatly into the l of a wall separating a bedroom from dressing area in what otherwise might ve been wasted space. Below, a two-awer unit is concealed in a cabinet ongside a desk in the family room.

letal files come in various depths from to about 29 inches. Don't forget to low about 2 inches more for the handles; **if space is tight, get one of the models** ith concealed handles. For valuable pa-ers, it's a good idea to buy insulated (fire-tardant) files. They're deeper and wider an standard files, so plan accordingly.



Two-drawer *unit (costing about $20) built into a home office by Howard Mays, Jr.*

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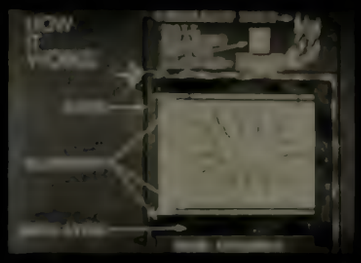
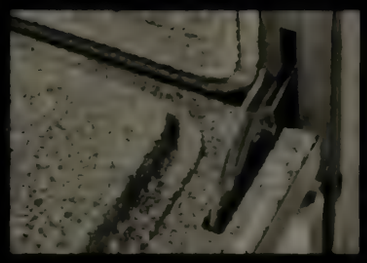
Thermador Self-Cleaning Ovens really are different. They are the only ones with their own built-in exhaust system. Fresh air is circulated around the oven frame, mixed with the hot air from the cleaning process and exhausted to the outside at relatively low temperatures. No smoke, fumes or odors can escape into the kitchen.





This exclusive, self-ventilating system operates automatically during the self-cleaning process and during prolonged broiling and baking. It also operates manually for regular broiling or baking.

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Light screens are filigreed plywood

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The two screens are made of filigre plywood (available at some lumberyards framed in wood. They slide in metal trac at top and bottom; the top track is hidde behind a valance board. Both screens ca be pushed together to the left to cov part of the window, or pushed to the rig to expose all the window.

Another pair of screens (not shown) the right end of the wall similarly filte the light that comes through a windo behind a desk. The architects were Wi liam J. Bain & Harrison Overturf, f Joseph E. Nolan, Tacoma.

DON NORMAN

Decorative screens *subdue glare from a exposed window, let some light throug*

They slide *to left to partially expose window, or move fully out of way to the righ*

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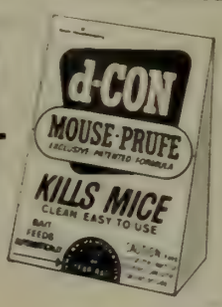


DON NORMA

Door *of the built-in buffet folds down; breakfast appliances stored at rear pull forwar*

Flip counters give them extra usable space

Closed: *Piano hinged door is held by magnetic catches*

On one side of this family dining area, a hinged panel folds down to become a breakfast appliance shelf; on another side a panel flips up to become a buffet counter.

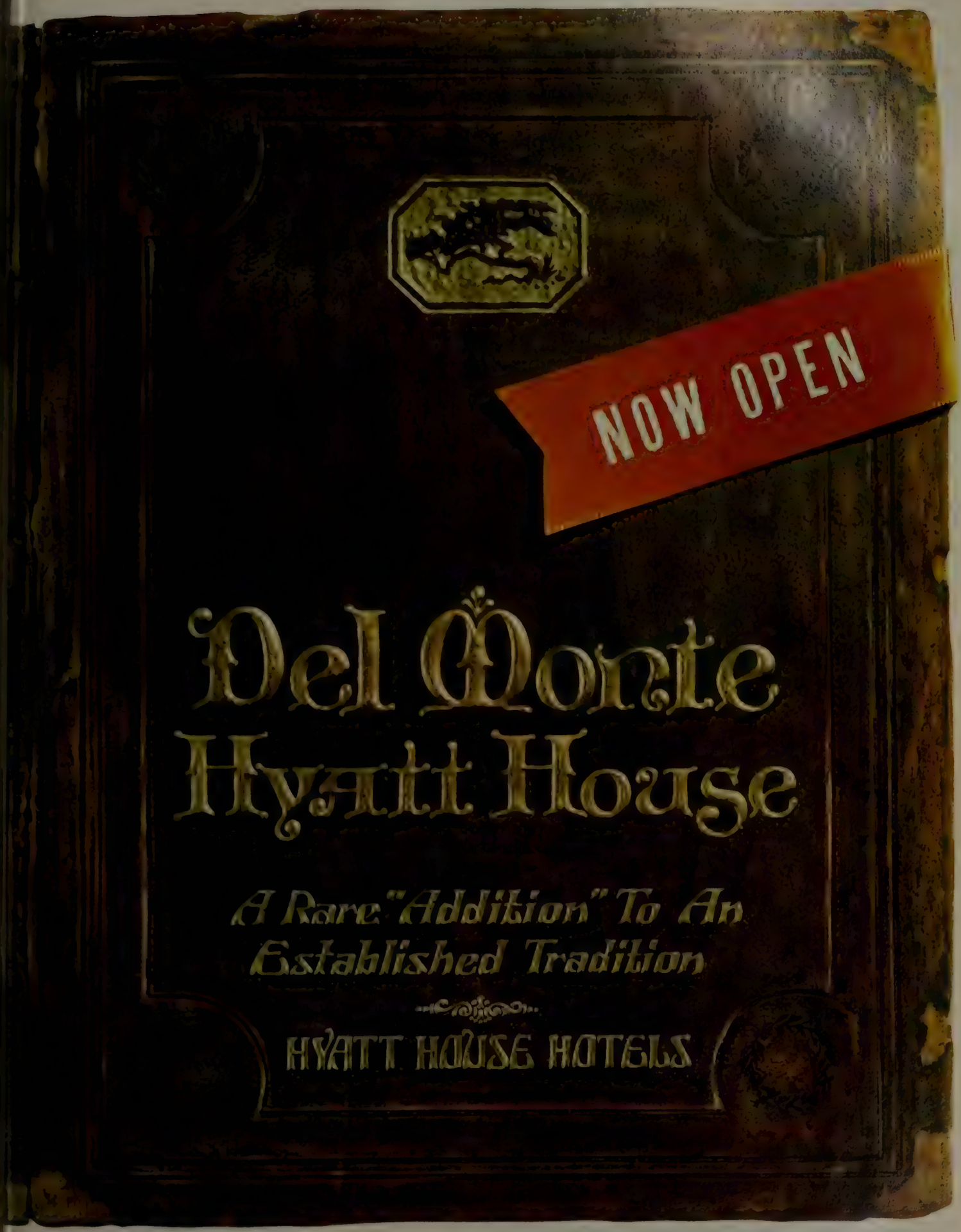
The appliance compartment holds a waffle iron, toaster, electric trivets, and a sandwich grill, all plugged into electrical outlets at the rear of the cabinet. The shelf is supported by desk-type hinges.

The flip-up shelf on the adjacent kitchen peninsula (below) is used primarily as a buffet counter. A fluorescent tube lighting the shelf is concealed by translucent glass underneath the upper cabinets.

The architect was Elizabeth Ayer, for Mr. and Mrs. John M. Peterson, Mercer Island, Washington.

Buffet shelf *on dining side of kitchen peninsula is held by folding hinges (close-up at right); when let down, it fits against molding just deep enough to accommodate hinges*

IN MONTEREY, CALIFORNIA



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Behind the mirror: a bathroom garden

Here's a bathroom garden you can enjo from the shower bath as well as from th lavatory counter. The planted area 4 by 5½ feet, with a background patterned glass louvers that provide pr vacy, let in diffused natural daylight, an can be opened for good air circulation.

There's a door at one end so you can directly from the outside garden to th shower. Only a low, tiled curb separat the shower from the pocket garden.

Of particular interest is the handling the mirrors and medicine cabinets, whic are concealed in the walls on either en of the lavatory counter so they don interfere with the view of the garden. Th photographs show how they work. Th architect was Gordon Potter, for Dr. an Mrs. George M. Ewing, Honolulu.

SALBOSA-WENKA

Recessed *medicine cabinets have doub set of mirrored doors for all-round imag*

When not needed, *mirrored doors fold int wall. Backs are painted to match wall*

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This kitchen's new divider island provides privacy, display space

Divider *seen from the dining room*

This divider-island prevents a direct view from the dining room into the kitchen and provides display space for part of the owner's Christmas plate collection.

Its L shape also defines the boundaries of the kitchen and separates it from the family dining area.

For someone planning to remodel a large old kitchen, such a divider suggests an effective way to break up too much floor space.

On the dining side, the divider has drawers for place mats and linens. Fluorescent tubes, concealed by frosted panes above and below glass display shelves, light the plates. The lower tubes also illuminate the interior of the top drawer. (The tubes generate some heat, so such an arrangement could provide an excellent food-warming space.)

On the kitchen side, a small sink has many uses during the day. Cabinets above and below the counter are used for glassware and miscellaneous storage.

James Casella designed the divider for Mr. and Mrs. John Pepin, Belmont, California.

DARROW M. WATT

Kitchen side *of divider has small sink, open shelves for glasses, closed storage*

Hidden tubes *light objects above, also drawer*

Remodeled house *in Seattle won special award in 1967. Architect for this project was Harrell McCarty of Oda McCarty*

JOSHUA FRIED

Vacation house *on beach designed for all-year use. Architects were Lee and Roberson, Thomas M. Culberts*

Announcing the 1969-1970 Western Home Awards

...a continuing program sponsored by the American Institute of Architects and Sunset Magazine

ERNEST BRAUN

Subdivision house *near San Francisco has built-in "outdoor rooms." Architects were Fisher-Friedman Associates*

Custom-designed *house on steep hillside uses interesting framing idea—it hangs on a system of poles. Most po are kept free of structure to simplify framing. Its architects, Ian Mackinlay & Associates, call it a "tree hous*

THOMAS F. WALT

The Awards Jury

Jurors for the past six rounds of the Western Home Awards were the distinguished men (and one lady) pictured here. Similarly qualified jurors will serve in 1969. Their names will be announced in a later *Sunset*.

Robert Alexander
Architect

Harris Armstrong
Architect

Edward L. Barnes
Architect

Fred Bassetti
Architect

Peter Blake
Architect, Editor

Robin Boyd
Architect

Henrik Bull
Architect

A. O. Bumgardner
Architect

John Burchard
Historian, Educator

Thomas Church
Landscape Architect

Neil A. Connor
Architect

Gardner Dailey
Architect

Henry Dreyfuss
Designer

Charles Eames
Designer

Donn Emmons
Architect

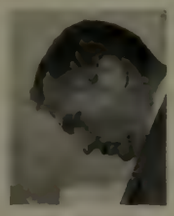
Alexander Girard
Architect

Lawrence Halprin
Landscape Architect

Harwell H. Harris
Architect

Edward Killingsworth
Architect

Paul Hayden Kirk
Architect


Carl Koch
Architect

Dorothy W. Liebes
Designer

Fumihiko Maki
Architect

Proctor Mellquist
Editor

Vladimir Ossipoff
Architect

Kevin Roche
Architect

Robert Royston
Landscape Architect

Victor Steinbrueck
Architect

Calvin C. Straub
Architect

Hugh Stubbins
Architect

John Carl Warnecke
Architect

Minoru Yamasaki
Architect

The four houses pictured on the opposite page won awards in the sixth biennial round of the Western Home Awards program. They include a vacation house, a custom-designed family house, a subdivision house, and a remodeled house.

This year in the seventh biennial round of the Western Home Awards, an additional category of houses will be considered. This category will be town houses, either custom-designed or merchant-built. Such town houses usually have no side yards. They are built for more intensive land use in urban areas.

Since inauguration in 1957 the purpose of the Western Home Awards has been to focus a bright spotlight on outstanding residential architecture in Western America.

Publicity: The award winners of the 1969–1970 program will be announced in the October 1969 *Sunset*, with follow-up articles in succeeding months. They will also receive widespread attention in newspapers and trade journals, and on radio and television. Later a traveling exhibit of the winning houses will go on a year-long, city-by-city tour of the West.

Who may enter: Architects, owners, or builders may enter new or remodeled houses located in Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington, or Wyoming. Only houses completed since January 1, 1965, are eligible. Each entry must be the work of a registered architect.

How to enter: In February the Western Home Awards Committee will send to registered architects and builders in the aforementioned Western states a detailed brochure telling about this year's program—the entry classifications, how the jury will do its work, rules for photography, the kinds of awards and how they'll be announced.

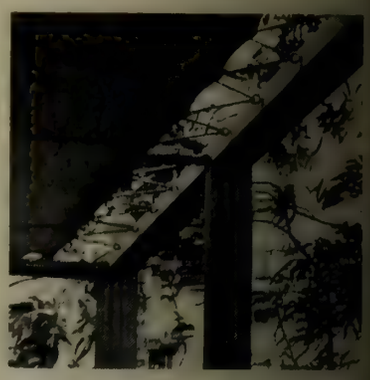
The brochure includes an official entry blank and notice of deadlines for entry applications.

If you are an architect or builder and do not receive a brochure, or if you are an owner and would like to get one, write A.I.A.-*Sunset Magazine* Western Home Awards Committee, Box 2345, Menlo Park, Calif. 94025.

Terrace with a view *is calm even on windy days. The canvas roof contributes a feeling of shelter—and protects against wind eddies*

RICHARD FI

Their new glass wall frames a canyon view... stops a canyon wind



Lashing detail. *Air spaces allow warm air to flow up and out*

A quiet outdoor meal or party was scarcely possible on this hillside terrace in Los Angeles because it faces a prevailing up-canyon wind. But Mr. and Mrs. Eric Von Stroheim, Jr., were able to foil both wind and sun without spoiling the view.

Trees were planted to filter the sun and wind, but trimmed so you can see out.

Next line of defense is a glass wall t shield the section of terrace along th living and dining rooms. The canvas ove head shades the terrace, and blocks win currents that might swirl over the gla wall. It is supported and stiffened again flapping by awning poles that stretch fro eave to glass wall.

The north end of the terrace was le open, so the owners could have a choi of sun or shade. It too is sheltered fro the wind—by ordinary fencing on tw sides and the louvered doors and som glass on the third. Barbecuing is done o here, beside a large garden pool.

Landscape architect was Joseph Copp, J

Folding louvered doors *separate enclosed area from outdoor terrace. Wind screen is glass and fencing*

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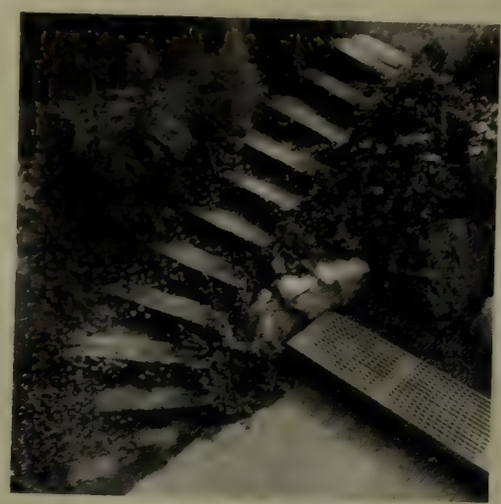
Glasspar Flying V-175

In three gardens in Salt Lake City . . . the pleasure of walking on wood

Entry walk, *like old-time western sidewalk, is made of 2 by 4's nailed to by ½-inch runners on sand. Architect: Ronald Molen, for the Kenneth Lane*

Railroad ties *are the garden paving here. Tops of the ties are set flush with the surrounding lawn. Landscape design by Jack Johnson for Dr. and Mrs. Harry H. Ennis*

FRANK JENSEN



Steps *with two moods: Full-length for bold look at left (Ennis garden); cut short, softened by plants for more informality (Jerry Hayes garden by Eduard Dreier)*

Wood steps and wood floors look especially at home in a garden, as we discovered anew when visiting these gardens in Salt Lake City. The two flights of steps pictured below both utilize railroad ties, long-favored material for many landscape construction projects—if you find them available at a price you are willing to pay. The entry walk above and the on-grade patio floor at left show more unusual use of wood in Western gardens.

Railroad ties or large timbers from demolished buildings, old mines, or freeway bridge construction are especially good for the amateur step builder; a single piece of wood forms both the tread and riser of the step, leaving little else to build. The main problem is to see that they're level and firmly set in place so they don't wobble.

Some woods such as redwood and cedar have a natural resistance to rot and insect invasion. However, for more permanency you can use a preservative on all wood that will be in contact with the soil. Daubing it on is of little value; soaking is better. For the most complete protection, buy pressure-treated wood. Railroad ties are generally already pressure-treated; other old timbers usually are not, and should be treated with preservative to slow the inevitable deterioration.

Milk makes it where the action is

t's no secret that today's generation gets bigger kick out of participating in ports rather than sitting on the sidelines. And people who are always on the go need to plan their daily meals as carefully as they plan their exercise. That's the way to look better, feel better and live longer.

Meal Tips for Active People

1. Plan your meals around the four Food Groups: Milk, Meat, Vegetables and Fruits, Breads and Cereals.

2. Active people need plenty of high quality protein. Like the kind that's found in a tall glass of milk.

3. Remember that your bones, muscles and nerves need calcium. Milk stands out as an ideal source of calcium, something active people need.

4. For the eat-on-the-run type person, there are more ways than one to get the value of milk. Take a shake, instant breakfast or yogurt. They're all great for fast movers.

Remember, if you want to do your own thing as well as possible, rely on the four Food Groups. Good eating habits are important.

This information is brought to you by the Dairy Council of California

Let's assume I'm an Island.

I've got the bluest waters in the world.
Beaches like cream colored silk. Great big romantic hotels.
And all around me, I've got sleek white yachts with rich men inside.
I'm New Providence Island. Nassau.
Did you know I'm no further away than Hawaii?

700 Bahama Islands

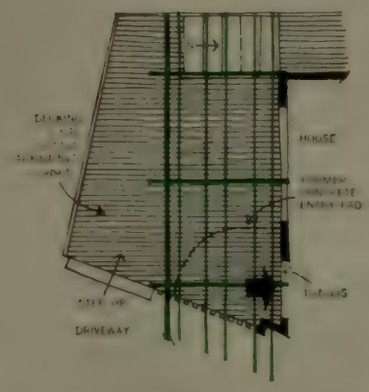
BAHAMA ISLANDS TOURIST OFFICE, 100 SOUTH BISCAYNE BOULEVARD, MIAMI, FLORIDA

Generous new entry deck and trellis

Before. *Uninspired concrete entry*

ding a generous entry deck and trellis nged an awkward streetside entrance o a most inviting one.

e new deck, extending out about 12 t, is defined by a wooden railing; and e wide overhead trellis runs the full ith of the house and garage. Owner is rn Getz, of Seattle. Landscape archi- ts were Glen Hunt & Associates.



RAY O. WELCH

fter. *Well defined entrance. Plastic on trellis above front door is for rain protection*

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coral harbour club

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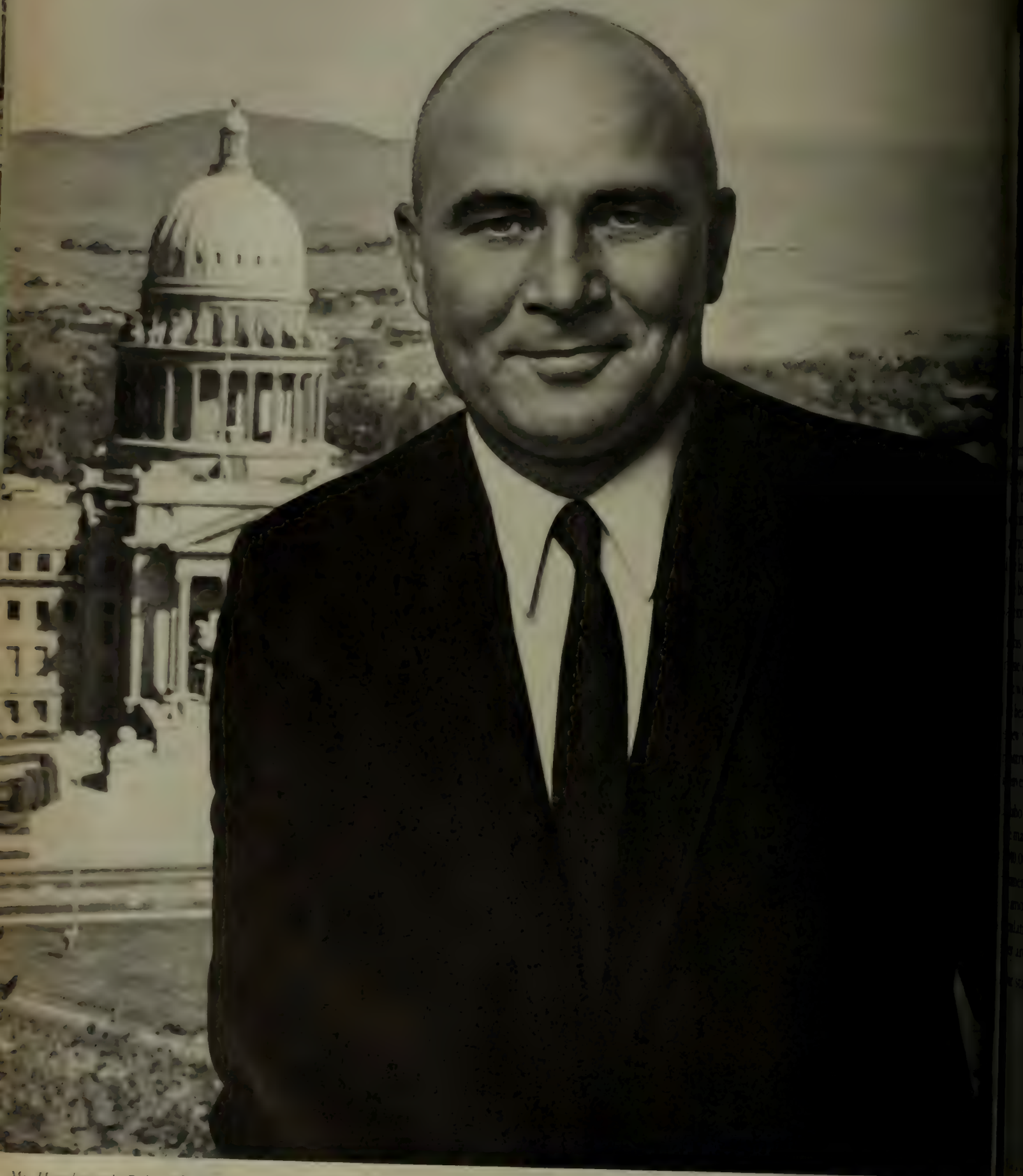
The **Sunset** *West: Bountiful Idaho*

Boise Cascade's Bob Hansberg



Mr. Hansberger's Boise office looks out on State Capitol and foothills of the Sawtooth Mountains.

nd Sunset think Idaho's pirit will inspire you.

bert Hansberger cherishes Idaho for many reasons. e is its rugged grandeur. Another is its friendly ple. And a third: it is the home and birthplace Boise Cascade, the largest company headquartered Idaho.

hen Mr. Hansberger moved to Idaho as president newly-formed Boise Cascade, it was a modest ional lumber company. 1956 sales: $36 million. day it is a national company in homes, building ducts, paper, packaging, office supplies, major an renewal projects, and with important invest- nts overseas. 1968 sales: close to $1 billion. d not yet 13 years old!

o sustain this kind of growth," says Mr. nsberger, "a company must attract and motivate ple. We think that Idaho, with its abundant beauty, d the richness of family life it offers, has been ompelling influence in our ability to achieve that rpose. There is something about the bigness of land that convinces people there are no limits to boundaries of imagination, initiative, and rsonal growth.

his is where we want to be. We are assisting our me city of Boise in a bold urban renewal program, d will build a $12 million headquarters facility at heart of a new downtown complex. It is typical of ew vitality throughout the state. The rest of the ntry will do well to consider Idaho's attractiveness investment capital, good products, and good ideas.

daho's third largest industry, behind agriculture d manufacturing, is tourism. The state is host to 00,000 visitors a year. And no wonder. Idaho's mmer and winter sports and recreational facilities among the grandest in the nation. As our visitor pulation increases, Idahoans will be ready for it. ey are imbued with the spirit of progress.

ur state economists say a large part of this fine tourist business is due to Sunset Magazine and Books, and that Sunset editors know Idaho as well as most Idahoans. That's a great compliment, for Idahoans are very knowledgeable about their state."

Where the action is

Idaho's annual tourist flow is about *eight times* the state's population. Idahoans know that Sunset's editorial coverage over the years, and their own advertising in Sunset, have been measurable factors in building this asset into the state's economy.

The State of Idaho itself has advertised regularly in Sunset for more than 10 years. Louise Shadduck, Director of Commerce and Development, says, "Sunset is a great magazine for us. No one ever seems to throw it away. We continue to receive coupons four and five years later from some advertisements."

That's not unusual. Sunset's long life is a familiar story to Westerners. The number who buy Sunset's Annual Index for reference to past articles highlights it. And advertisers constantly express surprise at how long a single offer in Sunset keeps pulling responses.

But what advertisers want most is *immediate* response. That's where Sunset delivers. There's an old saying in the West that "whenever Sunset comes out, things start happening." And it's true. Each month 2,500,000 readers look to Sunset for the fresh practical ideas in home-building and decorating, foods and entertaining, gardening, travel and recreation. And they look to Sunset advertisers for the means to carry them out.

The West is where the action is, and Sunset families are the pacemakers. If you want results for a state, a region, a product or service, advertise in Sunset. You'll get response, both quick and lasting. It's an action environment for active Westerners.

A new Sunset Book, *Travel Guide to Idaho*, will be off the press in May.

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Panel *in living room ceiling opens, jection screen pulls down with boat*

For movies in the living room

Here are two ways to store a proje screen so it's ready for use any time. Above, a 72-inch screen stores beh panel finished to match the ceiling. owners use a boat hook (similar to a dow pole) to release the touch latch hook onto the ring at the bottom o screen. The architects were Willia Bain & Harrison Overturf.

Below, a screen in a study is conceale a valance above a built-in desk. height of the pedestal coffee table i justable so that the projector can be there, plugged into a conveniently loc floor outlet. The architect was Str Jacobson, for Mr. and Mrs. Loui Misener, Tacoma.

Wood valance *conceals this screen w it's up. Outlet in floor handles proje*

were the first with a red one. Your last was blue. Want a change scene? How about green? Change Magnolias as often as you nge the curtains and match them everytime. Match them in plastics matchless design because Magnolia does more with bathroom seats than anybody else in the world. See them all under the name Town and Country at all the in stores in the country. Would you like a print of this artwork to warm up a wall? Send 25¢, your name and address to: Magnolia Products, Inc., Columbus, Mississippi 39701

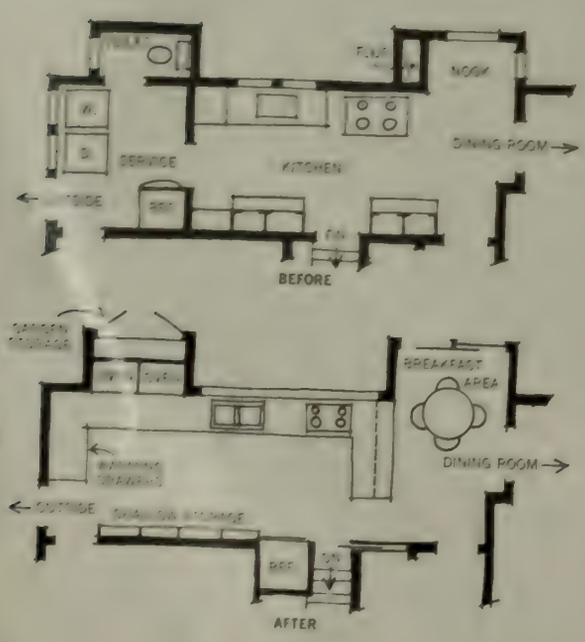
MAGNOLIA the seat of the in house

Wide window *extended down to counter level brings garden right into kitchen. Informal dining area is beyond range and cabi*

A long, long counter ... a spacious new view

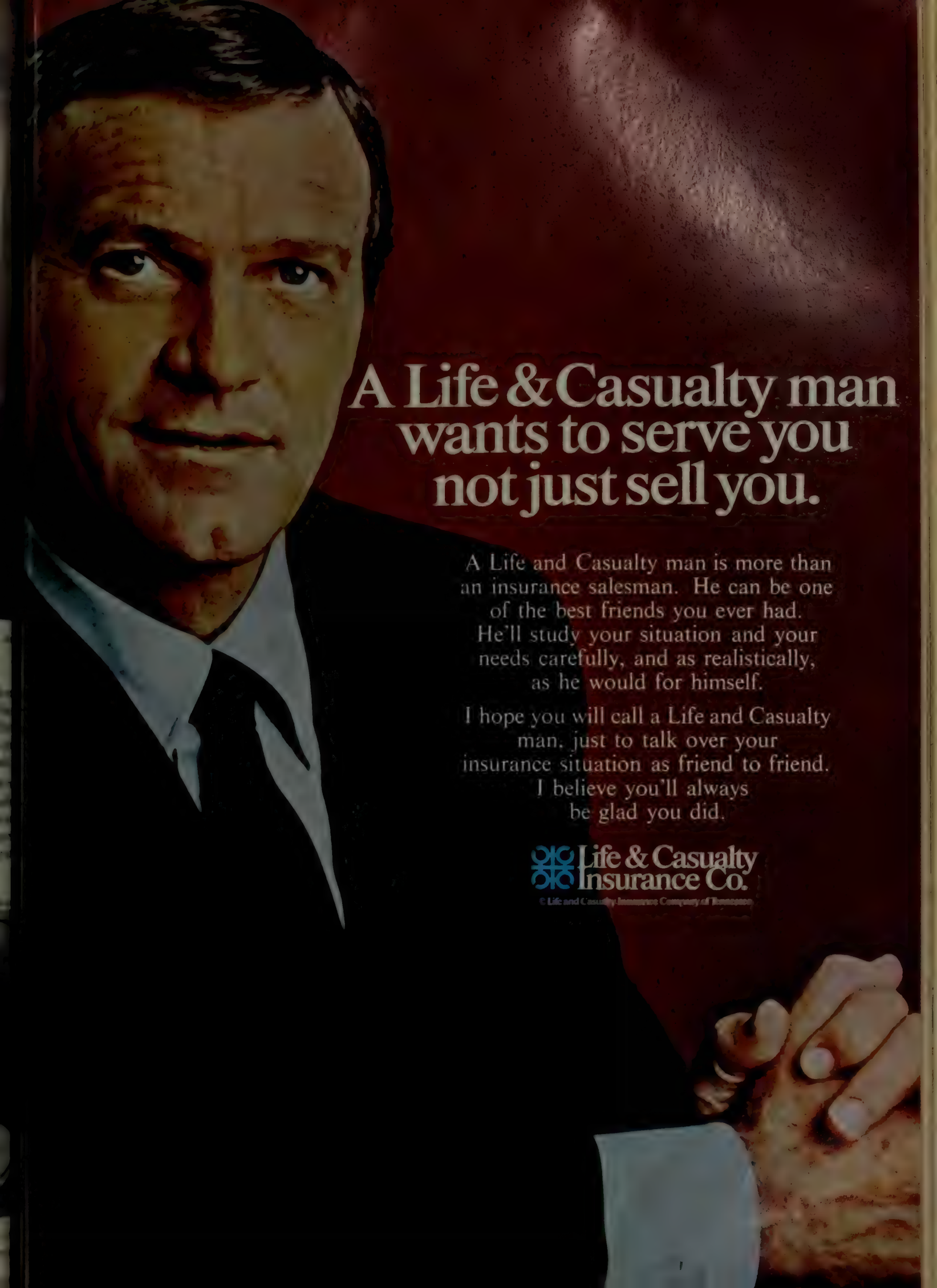
A big view window and a 25-foot marble counter in this rem eled kitchen are quite a change from the original kitchen w its two small windows and 18 inches of counter on either s of the sink. (It's no wonder that counter space got top prio when the Harry Pollands of Berkeley decided to remodel.)

Mrs. Polland also wanted a U-shaped work area. This was so easy, but architect Jacob Robbins managed a shallow that enables Mrs. Polland and her two teen-aged girls to work the kitchen together. They mostly use the sink-cooktop-refr erator triangle, but find the extra counter space ideal for parti



RICCO-MAZZ

Ovens, *side by side at counter level, were built into a form half bath. Warming drawers are used mostly for entertain*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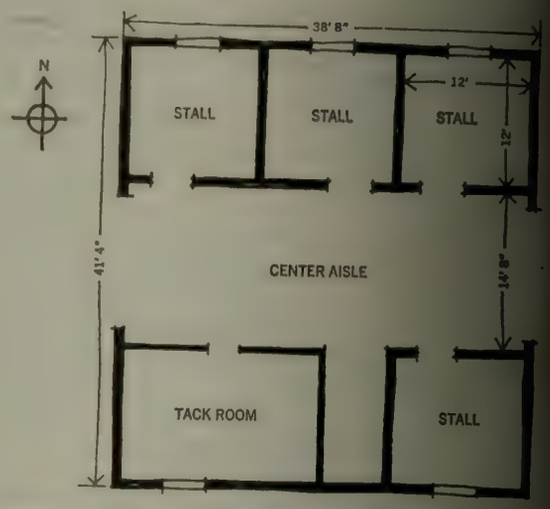
Here's a horse stable *that was designed especially for the desert climate. And what's more, you'll hardly find a fly insid*

DON NOR

Stable in the desert is crowded with ideas for other stable planners



Stable *has four box stalls. The feed alcove next to the tack room holds a week's supply of hay*

You saddle up *in the center aisle. Note that each box stall has a window*

This is the third stable that the Jordan Paines of Scottsdale, Arizona, have designed and built. The first was in Oregon, the last two in Scottsdale. And according to the Paines, this one is by far the most satisfactory.

There probably isn't any one stable design that would satisfy all horse owners. Such factors as geographical location, climate, available space, number of horses, and your own evaluation of what accommodations your horses should have and how many conveniences you think you need, all exert their influence on the design.

In this case, the major requirements called for a center-aisle structure with 12 by 12-foot box stalls. The aisle space had to be large enough to provide for grooming, tacking up, and doctoring, with several

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Sliding screen doors *at each end keep out flies, let in air. Doorways are high enough to clear rider's head. Solid wood doors slide across on cold nights or during storms*

riders working at the same time. "We want a place to walk a colicky horse on a stormy night, which seems to be the only time a horse ever gets colic." The ceiling had to be high so riders could mount or dismount inside and ride upright through the doors, and the floor had to be dirt to provide a nonskid, porous surface.

Architect Robert Lawton worked with the Paines on meeting these requirements. The result was a structure that was also architecturally compatible with the owner's house and its surroundings.

Other amenities went into the design: a refrigerator for medicines, ice water, and soft drinks; an old washer in the tack room for on-the-spot cleaning of bandages and rub rags; a small hot-water heater to serve the washer, sink, and center aisle area. And to save steps, there's a phone extension in the tack room, with a bell in the aisle where it can more easily be heard; and an intercom from the stable and outside field back to the house. "The kids can call back their questions from the stable, and I can call out to them when dinner is ready."

Any of these would be a welcome addition to a stable anywhere. But the Paines had one very important factor to contend with —the desert climate.

In the desert the show season is from fall through spring, when days are pleasant but nights chilly. Keeping horses warm is usually only a matter of closing up the stable and perhaps blanketing the horses. But keeping them comfortable during the long, hot season is more of a problem. If left outside in the shade during the day, the horses are besieged by flies. If they stand in the sun to avoid the flies, not only do they get uncomfortably hot, but

DON NORMARK

Extension phone *in tack room is on wall decorated with montage of magazine articles*

In the middle of this world are the glories of India. And so, in the middle of our round-the-world tour we give you 13 days in India.

You'll see the high and mighty Himalayas, the breathtaking Taj Mahal, Old and New Delhi. You'll spend two days luxuriating in Srinagar, aboard a private houseboat with your own staff of servants.

Before and after India, you'll see the rest of the world. And a lovely world it is to see.

One price covers everything, and we do mean everything: round-trip air fare, deluxe hotels, three meals a day, sightseeing, tips and taxes, your tour director, entertainment and transfers.

$2,714 for 38 days, $3,484 for 57 days. Regular departures through May, 1970.

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few hours from Calcutta, there is an incredibly beau- treat from the cares of the everyday world. It is known jeeling.

e road to it from the airport takes you across the st landscape imaginable. Winds around terraced rdens. And through a tropical forest. Past streams, alls and bungalows on ledges.

nd all the while, it climbs. Up, up, up you go into the ist—until the valleys below you look like an im- multi-colored carpet.

you go, you can see the impish faces etan children. Literally reach out uck bargains from the exotic road- zaars. Or find yourself in a race to with a toy-like locomotive pulling ny coaches.

t is, if you can take your eyes off attraction looming above you. The layas. Snow-capped. Ominous. taking. 13,000 feet higher than g you'll find in Switzerland.

an even closer look at them, and to Mt. Everest, take a jeep to Tiger referably at sunrise. On the way e sure and stop at the Buddhist

see the railroad station where that tiny train stops puffing and rests up.

When you come back down to earth, you'll be among the most gentle people you have ever encountered. You'll find a number of comfortable hotels in which to spend the night.

Even if this is your first venture into the world, you might consider coming to India to visit Darjeeling. It would be starting at the top.

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the easy ones

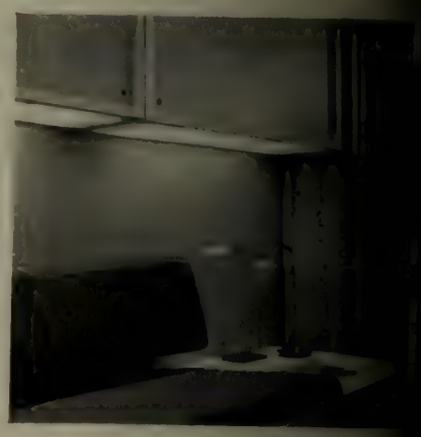
Prices subject to change without notice.

KODAK CAROUSEL 850 Projector.

their coats dull and get out of condi for the fall shows.

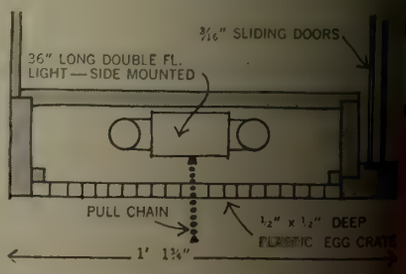
The solution to both climate and fly pr lems was orienting the stable in an e west position with large openings at e end that can be closed off by either s ing wood doors to keep out wind and c or sliding screen doors to keep out fl Since the west and south exposures the most heat and major storms co from these directions, three of the stalls are located along the north wall the stable (see plan). The fourth is on south wall but in the cooler south corner. The large windows in the walls have reinforced screening and equipped with solid wood shutters t can be closed on cold nights and dur storms.

Not only is the high ceiling a safety me ure but it also allows greater air circu tion; the four screened roof vents per warm air to escape. The building is c structed of concrete block, a good insu tor against heat and cold.



Hidden lights

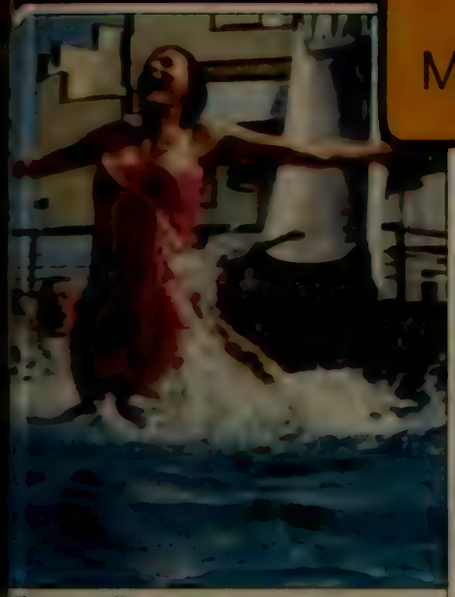
The lights tucked under the cab inets shown above eliminated any need for table lamps or wall mounted lighting fixtures. Two pairs of 36-inch-long fluorescent tubes were recessed 3 inches into the bottom of the cabinets and screened with ½-inch-thick egg crate-type plastic light diffusers. A pull chain for each side-mounted unit hangs from the end. The cab inets are 13¾ inches deep.



Cross section *shows the light tube Architect was Richard R. Griffith*

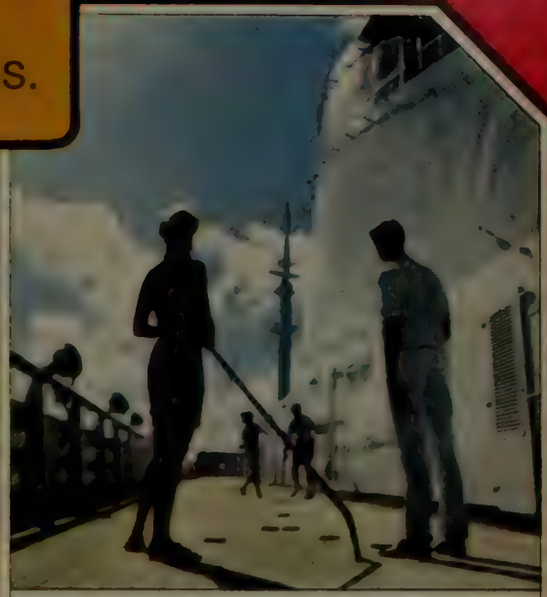
THE ESCAPE GAME

as played only on Italian Line.
Play it on 7
Mediterranean-Go-Rounds.

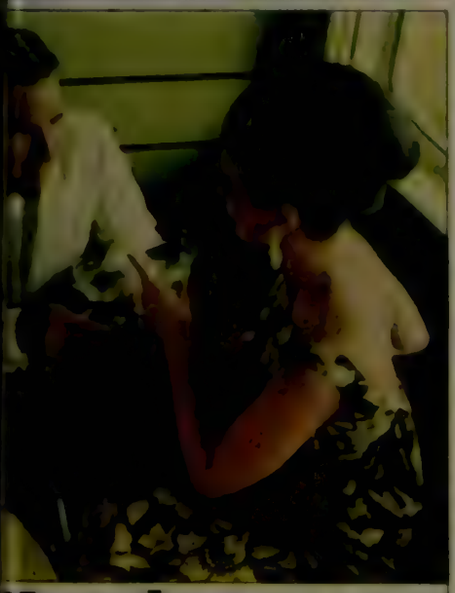


hee! Cruise the Mediterranean without a care. No hotel fers. No packing. How nice!

Ha! Laugh. Relax. Circles under your eyes disappear, quivers in your nerves fade away. This is living.



Wow! Play around the decks by day. Or in Spain, Portugal, France, Sicily, Italy, Majorca, Canary Islands, Madeira.



Mmm! On the way to southern Europe, you'll find a new you, new friends, a new world.

Go! Go! Treat yourself to the fun of a Mediterranean-Go-Round aboard the ss MICHELANGELO or ss RAFFAELLO. See your travel agent or Italian Line, c/o General Steamship Corp., 400 California Street, San Francisco, Calif. 94104.

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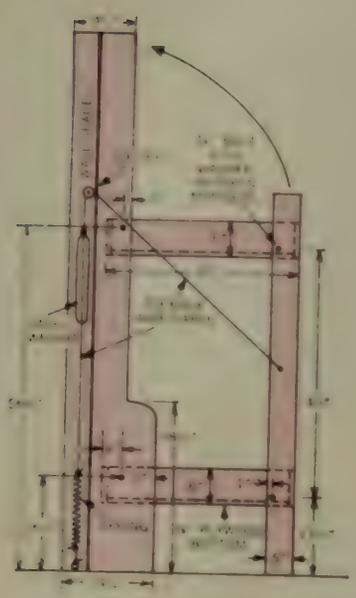
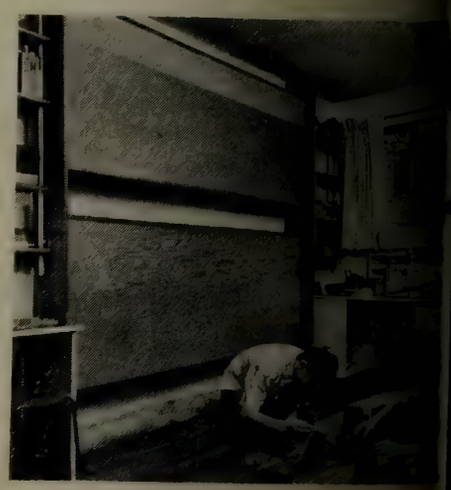
These bunk beds just go away



They're sturdy beds *(above), but one boy can push up against wall (right), freeing entire floor space (bottom)*

DON NO



These now-you-see-'em, now-you-don't beds have served admirably for five years, ever since the Paul J. Petersons of Bellevue, Washington, solved the problem of how to accommodate two young sons in their third bedroom—which had only an 8½ by 11½-foot floor space.

Bunk beds seemed the only answer, but even they would leave little space for play and two study desks. So Mr. Peterson designed and built folding bunk beds. He included simple counterweights and springs, so a 6-year-old could raise them and also could not bring them down with a bang on someone's toe.

Except for the bottoms, the two beds have all the wood parts made of ¾-inch plywood, including the uprights. They would not be hard to duplicate.

First step is to expose the wall studs where the beds will go by breaking or cutting out the wall paneling. To secure the beds to the wall, you need two studs spaced apart the same length as the mattresses you will use, plus 3¼ inches (to allow for the folding frames). This usually means adding 1 by 4 or 2 by 4 blocks to the existing studs, or adding a stud to the wall.

The two uprights that you secure to these studs are 14½ inches wide for the lower 28½ inches; then they step back to 9 inches so the outer uprights can pivot up onto them.

Use any joinery desired on the bunk framing (with extra-strong bottoms if the beds are likely to be occupied by bouncy teenagers). Bolt the two bunk frames to the wall uprights and, with the bunks level, attach the two 5-inch-wide front uprights temporarily with small bolts. Swing the whole assembly up into the closed position to see if you need to move the small bolts slightly to make everything fit. Then install ⅝-inch-thick bolts.

For the counterweights, suitable cable and pulleys are available at marine supply stores, and sash weights at lumberyards. Attach the cables to the front uprights so they will run level to the pulleys when the bunks are folded up. Adjust the spring tension to your liking. Then panel the exposed wall with ¼-inch hardboard or plywood, attaching it with small screws in case future adjustments are needed.

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EDMUND Y. LEE

om dining room. *Storage projects into room in a series of shallow, angled bays. ar sections open to this side; the pass-through linens-and-dish storage is at far end*

Storage wall . . . one-way and two-way

ong one wall of the dining room in the n Director home, Portland, stands a y of generous storage cabinets. Using idea that could be applied to many ilding and remodeling projects, archi- t Richard Sundeleaf designed two of the cabinets to open also onto the breakfast room on the other side of the wall.

Mrs. Director stores linens and basic dishes in these cabinets; she keeps flatware, silver, and formal serving pieces in the other sections.

om breakfast room. *Two sections of storage wall open to both breakfast room and ing room for easy access to linens and dishes. Linen trays slide out on either side*

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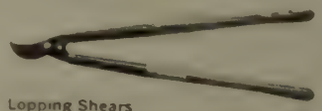

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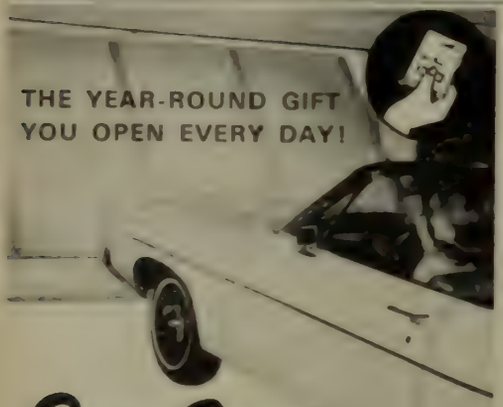

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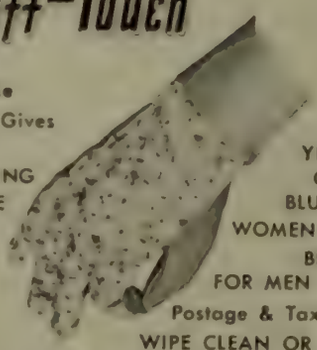

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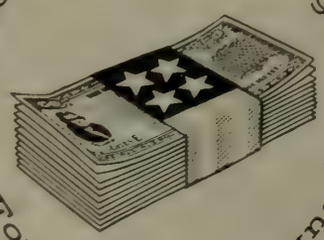

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This dog *learned to open a sliding gl door himself but, like some children, never closes it. Automatic door-close d*

To close the sliding glass

If children—or a clever pet, or even ad —tend to leave sliding doors open w they enter or leave your house, here solution to your problem. Any of sev kinds of sliding-door closers now availa at glass and window companies will au matically close a sliding door after so one passes through it. The device will keep the heat indoors in cold weat conserve the cool air in an air-conditio house in summer, and keep out insect

The closers vary in price from about to $30. Most have a spring-operated with cable, or a long spring inside a m tube that closes the door smoothly effortlessly. The device is mounted on top metal frame of the doorway quite conspicuously, and does not interfere draperies.

A sliding door must move easily if automatic closer is to operate prope You should vacuum the bottom tr frequently to keep it free of dirt and and oil the door's wheels about every months. If the sliding door tends to d anywhere on its bottom track (a comm problem), look closely at the bott wheel supports. Most such doors have justment screws somewhere on the wh supports so that you can raise them clear the track.

Some door closers can also be used close automatically the sliding screens sliding glass doors.

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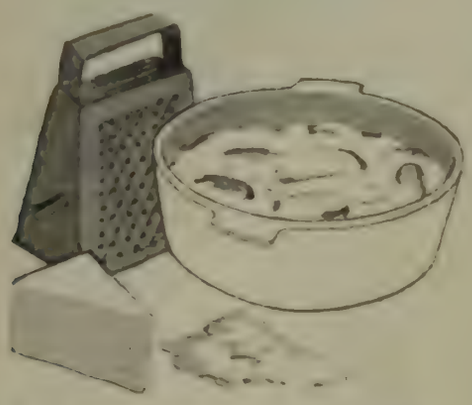
SUNSET'S

Kitchen Cabinet®

February provides several holidays which might suggest the the for a small dinner party. We feature recipes this month that s informal wintertime entertaining; each dish is impressive, yet pr aration is quick and uncomplicated.

The two dinner entrées employ time-saving shortcuts, and both c be prepared ahead—ready for last-minute baking or broiling. C is a casserole of Dungeness crab and spinach, the other featu chicken parts seasoned in an Oriental manner.

The savory pancake and egg dish can also be made ahead to reh



Both Swiss and Parmesan cheese flavor this make-ahead crab-spinach dish

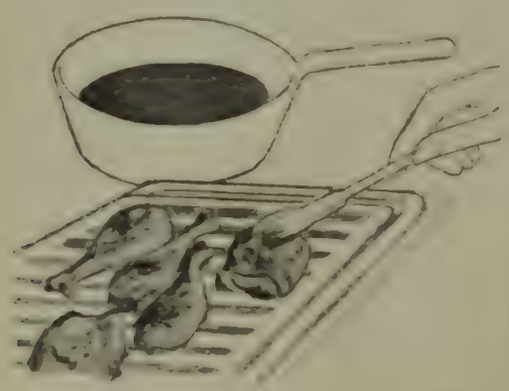
CRAB CASSEROLE, FLORENTINE

Some canned and frozen foods speed preparation of this fresh-tasting dish.

- 2 tablespoons butter or margarine
- 2 packages (10 oz. *each*) frozen chopped spinach, thawed and drained
- 1 can (10½ oz.) condensed mushroom soup
- 1 can (about 10 oz.) white sauce
- 1¼ cups shredded Swiss cheese (about 5 oz.)
- 2 tablespoons Sherry or 1 tablespoon lemon juice
- 1½ pounds Dungeness crab meat
- 1 can (about 6 oz.) water chestnuts, drained and sliced
- 3 tablespoons grated Parmesan cheese

Melt the butter in a frying pan over moderately high heat. Add spinach and stir until the liquid is evapora about 2 minutes. Stir in the mushr soup (undiluted) until blended; aside. In another pan combine white sauce, Swiss cheese, and Sh or lemon juice. Heat, stirring, u cheese melts. Stir in the crab meat water chestnuts, and set aside.

In a 2½-quart casserole, make a la of half the spinach, top with hal the crab mixture; repeat layers. (frigerate at this point, if made ahe Sprinkle top with the grated che Bake, uncovered, in a 300° oven u hot, about 40 minutes (65 minute cold). Serves 6.—*M. M., Oakland.*



Marinated, precooked chicken pieces grill just long enough to heat and glaze

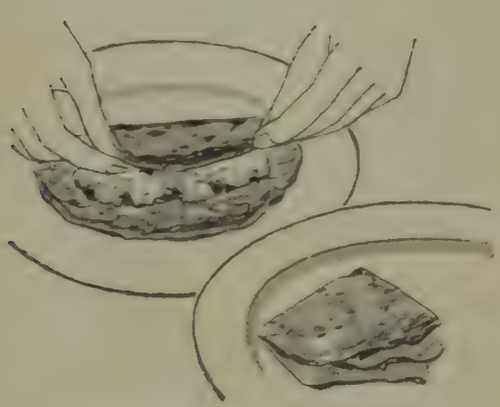
CHICKEN WITH SOY-GINGER GLAZE

Here's an especially easy way to prepare chicken in teriyaki-type sauce.

- 6 *each* chicken legs and thighs
- ½ cup soy sauce
- ½ cup Sherry or 1 tablespoon lemon juice
- 2 cloves garlic, minced or mashed
- 1-inch piece fresh ginger, minced (or ½ teaspoon ground ginger)
- 2 cups water
- 2 tablespoons sugar

Wash the chicken parts and pat dry. In a pan, combine the soy, Sherry or lemon juice, garlic, ginger, water, and sugar. Bring to boiling, stirring; put in chicken pieces. Cover and reduce heat to simmering. Cook until chicken is just tender, about 30 minutes. Rem from heat, cool, and marinate chicken in the sauce for at least 4 h or as long as overnight.

Remove chicken from sauce. Mea and heat 1 cup of the sauce. Arr chicken in a single layer in a sha baking pan and place about 4 in below a preheated broiler. (Or plac grill over hot coals.) Broil or barb until the skin is crisp and brown, t ing as needed, and basting with the sauce. You might serve this with cooked rice; offer some of the sau spoon over chicken and rice. Mak servings.—*J. R., Hilo, Hawaii.*



You can fill the pancakes with eggs, then cover and refrigerate until needed

CHAFING DISH EGG PANCAKES

The thin pancakes are really oversized French crêpes, made in a frying pan.

- ½ cup flour (unsifted)
- Dash salt
- 1 cup milk
- 2 eggs
- About 4 tablespoons butter
- Savory eggs (recipe follows)

Combine the flour, salt, milk, and eggs in a blender or bowl. Whirl or beat with rotary beater until smooth. In a 9 or 10-inch frying pan, melt about 1 teaspoon butter over medium-high heat. Dip out scant ¼ cup batter and pour into pan all at once, quickly tip and tilt pan to cover bottom thinly. Cook until browned and bubbly; turn and brown other side. Repeat to mak pancakes, greasing pan each time. Spoon scrambled eggs onto panc and fold each into a triangle. Arra in a greased chafing dish or sha baking dish. Melt remaining 2 ta spoons butter and drizzle over p cakes. Heat, covered, in a chafing or a 300° oven about 20 minu Makes 6 servings.—*V. S., Los Ange*

Savory Eggs. Lightly beat 4 eggs cup milk, ⅓ cup shredded Che cheese, 1 teaspoon marjoram, and and pepper to taste. Sauté ¼ minced onion in 2 tablespoons but add eggs and scramble softly.

st before guests arrive for brunch or late supper.

ch shortbread cookies, topped with bright red candied cherries e apropos for this month's holidays. Serve them with coffee for a ht dessert or for refreshments at a children's party.

ntertaining graciously without extra help in the kitchen requires enu simplicity and recipes that don't demand last-minute atten- n. If you have evolved special recipes for guests, we invite you share them. Contributions may be mailed to *Sunset Magazine*, enlo Park, Calif. 94025. We pay $5 for each recipe published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

CCHINI-RICE CASSEROLE

n can hold this up to half an hour if nner should be delayed; cover dish d reduce oven temperature to 200°.

- Water
- ½ teaspoon salt
- ½ cup regular long grain rice
- 1 medium-sized onion, chopped
- 1 pound zucchini (3 to 4 medium)
- ½ green pepper, diced
- 1 can (8 oz.) tomato sauce
- ⅔ cup shredded melting-type cheese (such as Cheddar, Swiss, jack)
- ¼ cup grated or shredded Parmesan cheese (optional)

ing to boiling 1 cup water with ¼ aspoon salt. Add the rice and onion; iuce heat, cover, and simmer until e is tender, about 20 minutes. Meanwhile scrub zucchini and cut into ¼-inch slices. In another pan bring ½ cup water to boiling with ¼ teaspoon salt. Add zucchini and green pepper; cook until zucchini is almost tender, about 5 minutes, stirring occasionally. Remove from heat and immediately pour into colander to drain.

When rice is tender and its liquid absorbed, add tomato sauce and zucchini; lightly mix together and turn into a 1½-quart casserole. Sprinkle top with the cheeses, mixed. Bake, uncovered, in a 325° oven until heated through, about 20 minutes. Makes about 6 servings.—*E. H., Fresno, Calif.*

Zucchini, tomatoes, cheese join with rice in this casserole to serve with meats

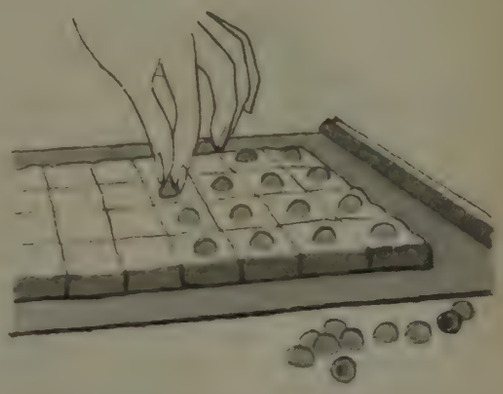
HERRY SHORTBREAD COOKIES

t out dough on a cooky sheet and t cookies into bars right on the pan.

- ¾ cup butter or margarine (at room temperature)
- ¼ cup shortening
- ¾ cup sugar
- 2½ cups regular all-purpose flour
- 20 whole glacéed red cherries
- ½ teaspoon each vanilla and almond extract

ombine the butter, shortening, and gar in the bowl of an electric mixer; at together until smooth and creamy. ft the flour before measuring it, then ft into the creamed mixture. Finely op 4 of the glacéed cherries and rinkle over the flour in the bowl. Stir until well blended together. Stir in the vanilla and almond extract. Press dough together into a ball.

On an ungreased cooky sheet, pat the dough into an 8 by 12-inch rectangle. Using a large French knife, cut the dough into 32 bars; leave in place on pan. Cut remaining cherries in half and lightly press a half, cut side down, into each cooky. Bake in a 300° oven for 35 minutes, or until light brown. Recut lines between cookies, cool 5 minutes; remove from pan and cool well. Tightly covered, they keep well about 1 week. Freeze for longer storage. Makes 32. —*H. N., San Francisco.*



Glacéed half cherry decorates each cooky, and there's cherry flavor inside

ATE-ORANGE PIE

weet bits of fresh dates dot this tangy esh orange pie, a surprisingly comatible flavor combination.

- ¾ cup boiling water
- 1 package (3 oz.) orange-flavored gelatin
- 1 teaspoon grated orange peel
- ¾ cup fresh orange juice
- 1 cup vanilla ice cream
- 1 cup finely chopped fresh dates, loosely packed
- 8 or 9-inch baked pie shell
- 3 whole fresh dates for garnish

our the boiling water over gelatin and tir until completely dissolved. Stir in he orange peel and orange juice. Chill ntil the mixture becomes thick and rupy. (To do this quickly, set bowl of gelatin in pan of ice water, and stir until thickened.) Stir in the ice cream until smooth. Mix in chopped dates until well distributed. Spoon into prepared and cooled pie shell. Chill until firm. For best flavor, prepare the pie the same day you plan to serve it. Or freeze the pie as soon as it has set; then thaw in the refrigerator before serving. When you serve the pie, garnish with the 3 dates, halved. Makes 6 servings.—*R. M., Roseburg, Ore.*

You could garnish the pie with slightly sweetened whipped cream in addition to the dates. Or serve each piece with a small scoop of vanilla ice cream.

Halved fresh dates garnish this orange-flavored pie; whipped cream optional

ERNEST BRAUN

Thin slices *of aromatic toasted filbert cake are good with or without chocolate cream*

Not only do nuts flavor these three v different types of cakes, they also prov much of the substance of the cakes.

Filberts and pecans, which you reduce a fine, flourlike consistency with a blen or nut grater, are the base of the first t desserts. Commercially prepared almo paste and whole pine nuts combine in last pastry.

This large, fine-grained filbert cake the texture of a good pound cake, and delicious whether still warm or cooled. keeps very well, mellowing in flavor becoming slightly moister.

TOASTED FILBERT CAKE AND CHOCOLATE CREAM

- 1½ cups whole filberts
- 1 cup (½ lb.) butter or margarine
- 2 cups sugar
- 1 teaspoon vanilla
- 2 eggs
- 4 cups unsifted regular all-purpose flour
- ½ teaspoon *each* baking powder, soda, and salt
- ¼ teaspoon nutmeg
- 1 cup milk or light cream
- Chocolate cream (directions follow)

Spread filberts in a single layer in a and bake in a 350° oven for 10 minu shaking pan occasionally. Let nuts st until cool to touch, then briskly rub th together with your hands. Separate n from the brown papery chaff; it's eas to do this out-of-doors, fanning or blow off the chaff. Whirl nuts a few at a ti in a blender until powdery (or grate o nut grater).

With a mixer, cream butter and su until fluffy, then add vanilla and beat eggs, one at a time. Stir flour to bl with nuts, baking powder, soda, salt, nutmeg, adding to the creamed mixt

Three really nutty cakes

Toasted filberts . . . pecan topping . . . almonds and pine nuts

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*T.M. OF DOLE COMPANY

These spareribs are sweet-sour

These flavorful spareribs recipes rely sweet-sour accent for seasoning. One or country-style spareribs from the the loin; the other calls for regular ribs from the rib section.

pple juice, soy, and ginger glaze ribs cooked Hawaiian-style.

IIAN SPARERIBS

pounds regular-style spareribs (about 2 sides)
Water
teaspoon Italian seasoning (or ¼ teaspoon each marjoram, thyme, oregano, rosemary)
small onion, peeled
cup white wine vinegar
cup soy sauce
cup brown sugar, firmly packed
clove garlic, minced
teaspoon ground ginger
cup pineapple juice
tablespoon cornstarch

spareribs in a large sauce pot. r with water and add Italian season- d onion. Bring to a boil and simmer r; drain. Place ribs in a single layer roasting pan. Combine in a sauce- he vinegar, soy, brown sugar, garlic, r, and pineapple juice mixed with tarch. Bring to a boil and, stirring, until thickened. (You can prepare uch a day in advance.) Bake un- ed in a 375° oven 30 minutes (45 tes if refrigerated), or until brown. s 6 to 8.—*J. H., Pasadena, Calif.*

ed apple, onion, and sauerkraut give these ribs a fruity succulence.

RIAN SPARERIBS

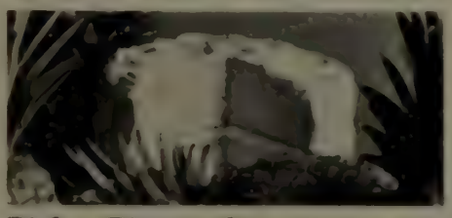
5 pounds country-style spareribs (with bones cracked)
1 teaspoon salt
teaspoon pepper
1 small onion
2 apples
2 tablespoons butter or margarine
1 tablespoon sugar
1 can (1 lb. 13 oz.) sauerkraut
cup catsup

ribs in an open roasting pan and n with salt and pepper. Roast in a oven for 30 minutes; skim off fat. nwhile, peel onion and chop fine. core, and slice apples. Sauté onion apples in butter, sprinkle with sugar, sauté until apples are fork tender: m sauerkraut and catsup. Drain meat s from spareribs into sauerkraut and spoon all over spareribs. Continue ng, uncovered, in a 350° oven for 1 r, or until ribs are tender. Serves 6 to *G. H., El Segundo, Calif.*

Betty Crocker

News from General Mills

Unhappy Valentine?
Many a grownup can remember when Valentine's Day was the day the other children got the Valentines. That's why some mothers we know send Valentine Cookies to school for everyone in the class. Put names on them—it helps! There's a good Gold Medal recipe for Valentine Hearts in our Betty Crocker Cookbook (we think evaporated milk, tinted with food coloring, makes the best quick paint; decorate before baking).



Pick a Pineapple
Like pineapple? Most people do. Perhaps that's why we've had such a wave of enthusiasm from our home-testers about the fresh-fruit flavor of the new Betty Crocker Dole* Pineapple Mixes. There's Pineapple Chiffon, light 'n sweet, Pineapple Layer Cake, rich 'n moist, and smooth Pineapple Frosting Mix. Pick yourself a pineapple—today.

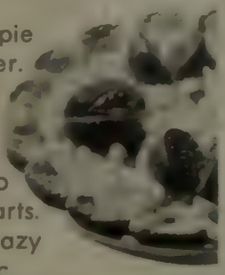
Make your own antiques
Like this conversation piece for the kitchen, "Collectors Casseroles"—one of six beautiful plaques that you can now produce for your home or for gifts with the Craft Master National Heritage Kit. (Craft Master is a new member of the General Mills family.) Available where toy and hobby items are sold.

Hidden costs—Consumer groups these days are looking into the hidden costs of storekeeping. The bad shopping practices by the few that have to be paid for by the many.

*TM DOLE COMPANY

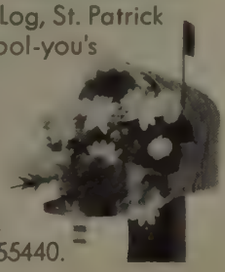
Little things like poking fruit, letting the children sample—big things like wheeling home a shopping cart, fudging price tickets, slipping a package into a pocket. These hidden costs help to push food prices up so they now nearly equal the profits made by some food retailers. We are looking for ideas to share which will help discourage these and other bad shopping practices. Practices that have to be paid for by good customers, like you. Please send your ideas to Betty Crocker, Dept. 345, Minneapolis, Minn. 55440.

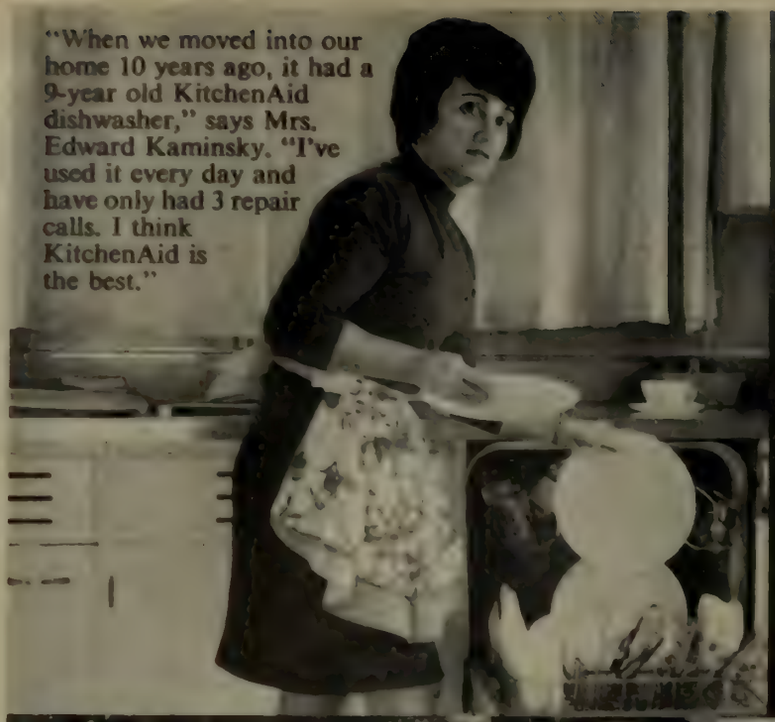
February always seems
such a friendly month. Cold outside, warm and happy in the kitchen, so many good excuses for a party.
For February parties you might serve a Cherry Chip Cake with creamy Cherry Frosting (two Betty Crocker Mixes) for you-know-whose birthday.
Make macaroni pie for Valentine supper. The recipe's on our Macaroni and Cheddar package. Arrange thin tomato wedges to form hearts.



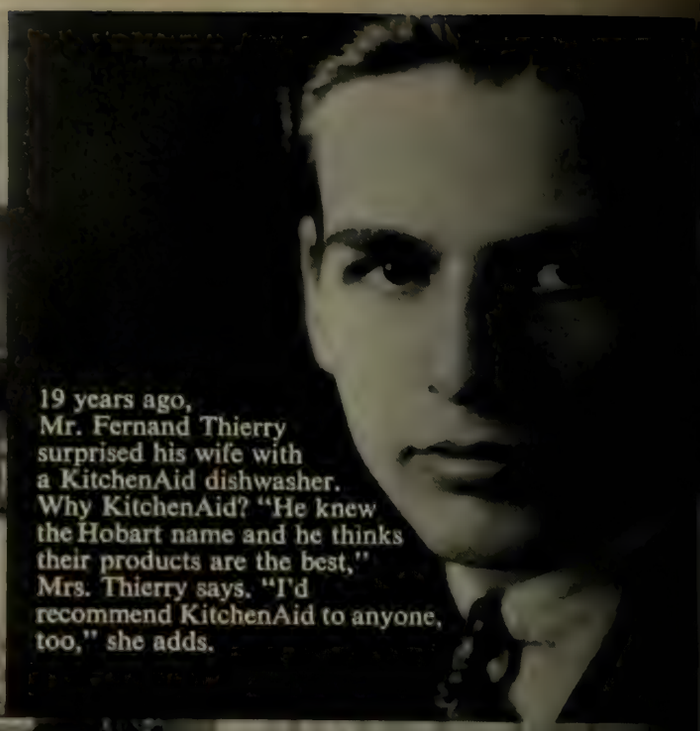
Or go a little crazy with a winter picnic. Warm up with hot tomato bouillon from a thermos (half and half tomato juice and beef bouillon with a hint of horseradish). Take along hearty homemade chili con carne. And for dessert, winter fruits, our cheesy Whistles and Buttons served with cider. Suddenly, spring's here.

And so's our new booklet, "Signs of Spring!" It's full of ideas, menus and recipes—a Lincoln Log, St. Patrick Soda Bread, April Fool-you's and Easter Brunch. Send 10¢, name, address and zip code to Betty Crocker, General Mills, Inc., Dept. 570, Minneapolis, Minn. 55440.





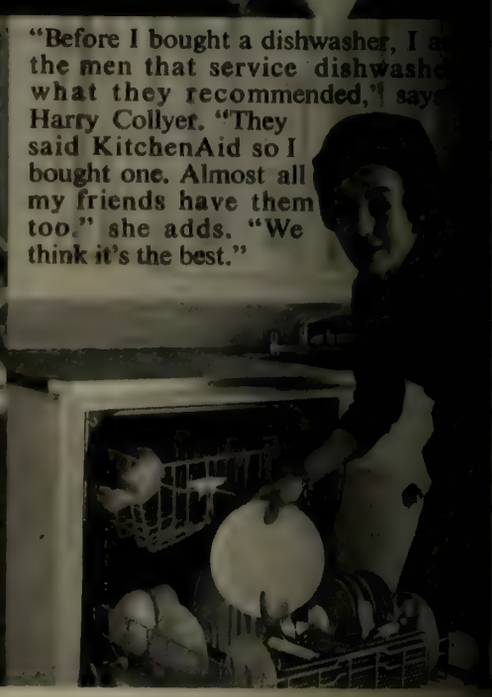
"When we moved into our home 10 years ago, it had a 9-year old KitchenAid dishwasher," says Mrs. Edward Kaminsky. "I've used it every day and have only had 3 repair calls. I think KitchenAid is the best."



19 years ago, Mr. Fernand Thierry surprised his wife with a KitchenAid dishwasher. Why KitchenAid? "He knew the Hobart name and he thinks their products are the best," Mrs. Thierry says. "I'd recommend KitchenAid to anyone, too," she adds.

"My 18-year old daughter, Nancy, and my old KitchenAid dishwasher have something in common," says Mrs. Joshua Drooker. "They're the same age. No other appliance I've ever owned required so little care. Upkeep was at a minimum."

Our new KitchenAid dishwasher recently replaced a 19-year old model in the John O'Brien home. "I'm sure our old one would have continued 'til it dropped dead, "says Mrs. O'Brien. "During the 9 years we've lived here, we had only 3 minor service calls."



"Before I bought a dishwasher, I a the men that service dishwashe what they recommended," say Harry Collyer. "They said KitchenAid so I bought one. Almost all my friends have them too," she adds. "We think it's the best."

Mrs. Henry Caproni recently gave her sister a present. An 18-year old KitchenAid dishwasher. "It still works real good," Mrs. Caproni says, "and since I got a new KitchenAid I thought my sister would like the old one. She does."

How long do you expect a dishwasher to last?

If you buy a KitchenAid dishwasher, don't be surprised if it holds up for 20 years or longer. With hardly any service problems.

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Of course, you may not keep your KitchenAid that long. But isn't it nice to know you can?

Like more details? See your dealer (he's in the Yellow Pages). Or write Dept. 9DG-2, KitchenAid Dishwashers, The Hobart Manufacturing Company, Troy, Ohio 45373.

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DARROW M. WAIT

dy mellows on cream-frosted cake

From layer cake, a grand torte

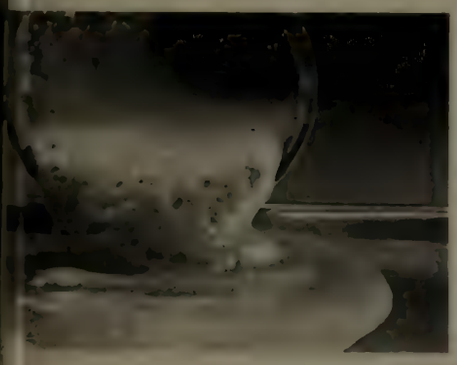
unique confection—caramel crunch—s a layer cake into a spectacular torte.

AMEL CRUNCH

small, deep saucepan combine 1 cup ar, 6 tablespoons water, and 3 table-ons light corn syrup. Bring to boil r highest heat, stirring until sugar olves; continue cooking until syrup hes 300° on a candy thermometer rd crack stage).

anwhile measure 1 teaspoon soda; sift. butter a large, rimmed baking sheet.

en syrup reaches 300° remove at once n heat. Quickly, thoroughly stir in a; mixture foams and caramelizes ermixing deflates foam). Pour at once



to baking sheet. Let cool, undisturbed; eak in small pieces. Store airtight. kes about 3 cups.

RAMEL CRUNCH CAKE

assemble cake, whip 2 cups heavy am until stiff; flavor to taste with gar and vanilla. Spread some between o 8 or 9-inch cooled layers of white, llow, or citrus cake (or chiffon or sponge ke). Frost cake with balance of cream. t one recipe's worth Caramel Crunch er all the cake. Chill until ready to ve but not longer than 4 hours.

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ELLS MA

FEBRUARY MENUS

Let's have breakfast in Denmark, then chicken dinner on the Nile

It's no secret that people in the West travel more often—and travel farther—than other Americans. The many foreign food ideas we receive from *Sunset* readers are ample reaffirmation of this fact.

Our menus for February reflect this worldly outlook—both meals are a foreign experience recaptured in very everyday usable terms.

First we suggest bacon and eggs for breakfast with a Danish flair, then a chicken dinner for family or guests with an Egyptian approach.

Danish meat breakfast

Travelers in Denmark who want to start the day with a hearty meal soon learn to order the "morgenmad" or meat breakfast; you can borrow the idea easily. To recapture some of the luxury that goes with foreign hotel room service, you might serve the meal from a tray.

This is just one version of a meat breakfast: it can be varied with your choice of meat (bacon, ham, cold meats), cheese (any mild kind), beverages (coffee or tea), and eggs cooked any style. The one hard and fast rule seems to be to offer a variety of five breads and a sweet pastry.

Soft-Cooked Eggs
Bacon **Tybo Cheese**
Sliced White Bread
Soft or Crusty Dinner Roll
Rusks **Sliced Dark Bread**
Crisp Rye Cracker
Pastry or Sweet Bread
Butter Balls **Marmalade**
Coffee **Cream**

While the bacon and eggs cook and strong coffee brews, arrange the breads in a basket and slice the cheese. Choose your favorite bakery pastry (or use a frozen one) and warm it if you like. You can make butter balls the night before; if you expect to be rushed in the morning, fill jam and cream containers then and assemble utensils for the tray and for serving.

Egyptian chicken dinner

A practical vein runs through this in esting dinner menu originally adapted an Egyptian visitor to suit Western ki ens and foods. You start with two ch ens to make the soup, entrée, and fl the vegetable dish.

A particularly useful aspect of the m is that everything can be done ahead; main parts of the dinner finish cook in the oven.

Chicken Noodle Soup
Tomato Glazed Chicken
Okra with Beef
Rice and Vermicelli Pilaf
Green Salad
Dried Figs
Kasseri or Asiago Cheese

Early in the day start the soup, then p tially cook the chicken as directed prepare for baking. Assemble the o dish and the pilaf. They all bake in o oven at the same temperature, but

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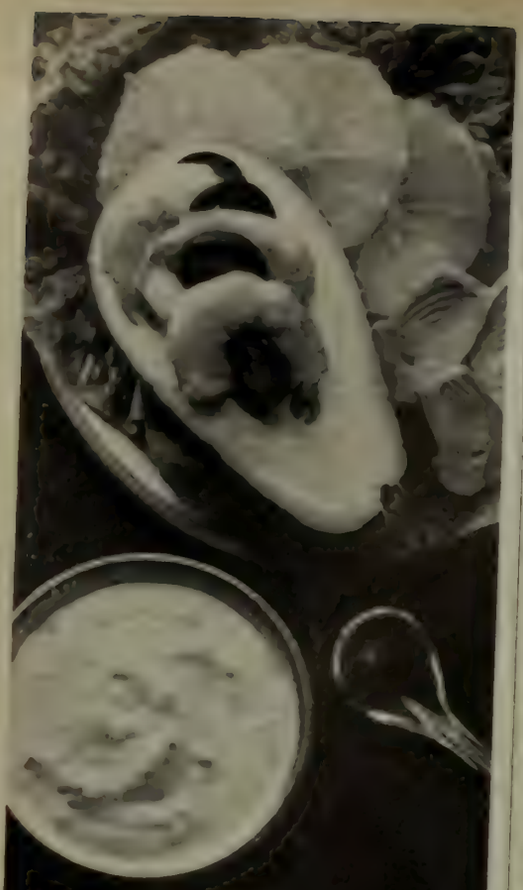
...and *S*imply *W*onderful quality costs so little more.



*Piquant**

For a festive Lenten salad plate, stuff an avocado half shell with seafood and ripe olives. Pass Rod's Thousand Island Dressing for an instant delicious topping.

Cooked shrimp fill the avocado boat shown above, joined by fresh orange slices and marinated artichoke hearts. Rod's tangy Thousand Island Dressing complements other seafood as well. Interchange the shrimp with Dungeness or Alaska king crab meat, white albacore tuna, or lobster tails on another occasion.

*Definition: "Having an agreeably pungent or tart taste." Piquant is one of the good words for this Thousand Island Dressing made by Rod's, originators of refrigerated dressings. Rod's are the same people who created IMO and Roquefort, Blue Cheese and Sour Cream Dressing. These products are fresh—only Rod's blends them daily. Look for them in the Deli or milk case.

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P.O. Box S-15838
Los Angeles, California 90015

varying lengths of time; start the rice first, then the okra, then the chicken.

Serve the meal in courses. Begin with bowls of the soup, and follow the main part of the meal with a good green salad. Dried figs and a tangy cheese make an appropriate climax to this hearty meal. If you want to be more authentic, add a rich heavy sweet such as baklava, the flaky nut filled pastry available in many Greek and Near Eastern delicatessens.

Chicken Noodle Soup and Tomato Glazed Chicken. Have 2 large broiler-fryer chickens (about 3 lbs. *each*) cut in serving pieces. Set aside the breasts, thighs, legs, and livers. Place the bony parts (necks, backs, wings) and remaining giblets (gizzards, hearts) in a large pan and add 2 quarts water, 1½ teaspoons salt, 6 to 8 whole black peppers, 1 bay leaf, and 2 large onions, sliced. Bring to a boil, cover, and simmer for 1 hour.

Immerse the thighs and legs in the broth and continue to simmer, covered, for 20 minutes more. Then add breasts and cook for 5 minutes; next add livers and cook for 5 minutes longer; total cooking time for the soup is 1 hour and 30 minutes.

Remove soup from heat and lift out thighs, legs, breasts, and livers. Arrange all but the livers in a shallow casserole in a single layer. Melt 3 tablespoons butter and blend in about 6 tablespoons canned tomato paste (a portion of a 6-oz. can; the balance is used in the okra and rice dishes). Spread this mixture on chicken, cover, and refrigerate until time to cook.

Pour broth through a strainer and save. Set aside 1 cup of the broth. Discard bony chicken parts and vegetables. Cover and chill broth; when cold, lift off and discard fat (or use for other cooking purposes). Slice livers, wrap and chill.

To complete the chicken, bake, uncovered, in a 375° oven for 25 minutes.

To complete the soup, heat broth (except for the reserved 1 cup) to simmering; add ½ cup broken pieces vermicelli noodles, 3 whole, cracked cardamom pods, 3 cloves; and salt to taste. Cook 5 m or until noodles are tender. Add and ladle into cups or bowls and Makes 6 to 8 servings.

Okra with Beef. Thaw 2 packages (*each*) whole frozen okra and arran pieces side by side attractively in in a shallow 1 to 1½-quart casserol (To speed thawing of the okra, bang package briskly against a counter to break pieces apart, then dump tables into a colander and pour h water over them; drain; spread in a layer to complete the defrosting.)

Chop 1 small onion and mince 1 garlic; combine with ½ pound g beef chuck and 1 tablespoon olive a frying pan. Cook, stirring, to apart and brown meat. Stir in 1 spoon canned tomato paste (part can used for the chicken) and taste. Spoon mixture around and ov okra. Cover and chill until cooking Pour in ¼ cup of the reserved c soup broth, cover, and bake in 375° for 40 minutes. Makes 6 to 8 servin

Rice and Vermicelli Pilaf. Melt 2 spoons butter in a wide frying pa add 1 small chopped onion and ½ broken pieces vermicelli noodles. stirring, over moderately high heat noodles are browned.

Add 1½ cups long grain rice and co to cook, stirring, until rice turns o and begins to brown. Add 1 teaspoo and 1 tablespoon canned tomato pa the balance of the same can us the chicken) and 4 cups water. Br a rolling boil, remove from heat and into a 1½ to 2-quart size casserole. and set aside to cool to room temper

When time to cook, pour in the re ing ¾ cup of the reserved chicken broth. Cover and bake in a 375° ove 55 minutes or until rice is tender to stir 2 or 3 times during the cooking if needed. Makes 6 to 8 servings.

Your favorites?

Do you have any favorite *Sunset* recipes you treasure as the years go by?

We'd like you to tell us which ones they are.

A new version of an old cook book now out of print—*Sunset Cook Book of Favorite Recipes*—is in the works. The book editors would like to make this new version a compilation of favorites that have been nominated by readers in 1969.

It doesn't matter how old or how new a recipe you propose, just so it has appeared in some issue of *Sunset Mag zine* or in a *Sunset* cook book. You ca nominate as many recipes as you lik

Just send a note or post card to "Fa vorite Recipes," *Sunset Magazin* Menlo Park, Calif. 94025. We will nee to know the exact name of the recip and it would be helpful if you coul supply the date of the *Sunset Mag zine* or the title of the *Sunset* coo book in which you first saw it.

Your help on this book will be ver much appreciated.

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Pitted Prune Feu de Joie

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Place pitted prunes in a bowl and pour just enough brandy or medium sweet dessert wine to barely cover them. Let stand a few hours, then heat to simmering point to be sure that prunes fully absorb the liquid. Serve while still hot, or cool and refrigerate until serving time.

PITTED PRUNE FEU DE JOIE

2 cups Sunsweet® Pitted Prunes
1 quart vanilla ice cream
¾ cup brandy, wine, or orange juice
⅓ cup toasted sliced almonds
lemon twists
3 tablespoons brandy or cognac

Plump prunes in ¾ cup of brandy, wine, or orange juice. Prepare as above. Scoop 6 vanilla ice cream balls and place in sherbet dishes. Sprinkle with almonds, garnish with lemon twists. Snip the tip of the prunes for easier flaming. Ignite 3 tablespoons of brandy or cognac, and spoon flaming over prunes. Serves six.

Sunset fine foods cupboard*

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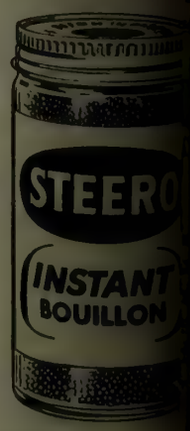

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The Spice Islands® Cook Book, of course. It takes the mystery out of cooking with herbs and spices. Page after page of easy ways to turn everyday dishes into glorious new creations. *Plus* a fascinating guide that tells you all about spices and how to use them.

Take tarragon. Did you know that it originally came from—of all places—Siberia? Now we grow it on Spice Islands' own herb farm so we can watch over the quality every of the way—from the instant we plant it moment we seal it into its flavor-saving ass jar. It's pungent and aromatic with ust a hint of sweetness. Use just a *little* tsp for 4 servings) to liven salads, give a fresh burst of flavor to seafood, add tement to scrambled eggs, veal or lamb. And try that deliciously simple Chicken Tarragon Trieste recipe. It's just the sort of family-pleaser you'll find in the Spice Islands Cook Book.

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Salad Surprise: Add ½ teaspoon Spice Islands Tarragon and 1 teaspoon Beau Monde Seasoning to ½ pint of your favorite vinegar and oil dressing. Gives it a wonderfully subtle French tang. Especially with crisp Western Iceberg lettuce.

TARRAGON CHICKEN TRIESTE

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½ lb. fresh mushrooms
¼ cup butter
6 large chicken breasts
2 teaspoons Spice Islands Beau Monde
½ teaspoon Spice Islands Tarragon
1 cup dry white dinner wine
1 cup dairy sour cream
½ cup chopped green onions

Slice mushrooms; sauté in 2 tablespoons butter until golden. Remove mushrooms and reserve. Add remaining butter to pan; brown chicken well. Sprinkle with Beau Monde during browning. Add mushrooms, sprinkle with Tarragon; pour wine over chicken. Cover and simmer 45 minutes until tender. Spoon sour cream into pan juices; sprinkle with green onions to serve.

MAKES 6 SERVINGS.

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COOK'S DISCOVERY: Jerusalem artichokes

shop occasionally in a specialty pro- arket, you may have noticed Jeru- artichokes during the winter s. At first glance these gnarled tu- semble ginger root, but on closer ion you'll find they are smother- d and lack ginger's fragrance.

to North America, Jerusalem arti- belong to the sunflower family. rather misleading name is a corrup- *girasole*, Italian for sunflower.

lition to their unusual flavor—our s described it as smoky or earthy— lem artichokes display several other able qualities. Analysis shows them low in calories (75 per pound) and le carbohydrates, and virtually free and sodium. You can use butter gly in cooking them, because they so little.

an serve them either raw or cooked. they can be peeled, cut into sticks, risped in ice water. Sprinkle them alt as you would radishes, or serve with a savory dip. You can cook by several methods to serve as a ble in place of potatoes or rice, or em to flavor main dishes.

you bring these tubers home, store in the refrigerator in a plastic bag you're ready to use them. They will or a week to 10 days.

epare, scrub each tuber well with a tiff brush as shown in the picture. ve any dark portions. You may have ak the tubers apart to reach the etween the protuberances. Any bits n that remain will, when cooked, be like that of new potatoes. In some recipes that follow we recommend thorough peeling with a vegetable . If you are preparing many, you eep them from discoloring by cov- them with cold water.

r-steaming is one of the quickest simplest ways to prepare Jerusalem okes as a vegetable accompaniment.

ER-STEAMED JERUSALEM CHOKES

1 pound Jerusalem artichokes with f brush under cool running water to ve most of the brown skin; cut out Cut scrubbed artichokes into diago- ices about ⅛ inch thick (you should about 3 cups). Melt 2 tablespoons r or margarine in a wide frying pan moderate heat. Add sliced artichokes, p water, ¼ teaspoon fines herbes, teaspoon lemon juice.

mixture together, cover tightly, and cook over moderate heat for 10 to 12 minutes or until artichokes are just tender and liquid is absorbed. Season with ¼ teaspoon salt and a dash of pepper; sprinkle with chopped parsley and serve immediately. Makes 4 servings.

DARROW M. WATT

These knobby tubers *are Jerusalem artichokes. Prepare them to serve either hot or cold by scrubbing off skin with a very stiff brush, or peeling them with a vegetable peeler*

Scalloped Jerusalem artichokes make a flavorful vegetable casserole.

SCALLOPED JERUSALEM ARTICHOKES

Scrub well, or peel 2 pounds Jerusalem artichokes; slice thinly (you should have about 5 cups). Rub a cut clove of garlic over the inside of a 1½-quart casserole, then butter it lightly. Mix 2 tablespoons flour, ½ teaspoon salt, ¼ teaspoon paprika, and a dash of white pepper. Layer artichokes in casserole, using about ¼ at a time; sprinkle each of the 3 lower layers evenly with about ⅓ of the flour mixture.

Mix 1 teaspoon lemon juice with ¼ cup heavy cream; pour over artichokes. Cover and bake in a moderately slow oven (325°) for about 1 hour and 15 minutes or until artichokes are tender; gently stir once after about 45 minutes.

Uncover, sprinkle with ½ cup shredded Gruyère, Samsoe, or Swiss cheese, place under broiler, and broil for 3 to 5 minutes until cheese is bubbly and golden. Serve sprinkled with chopped parsley. Serves 6.

Chicken Jerusalem is a main dish served by many fine restaurants in the West.

CHICKEN JERUSALEM

- 2½ to 3-pound broiler-fryer chicken, cut up
- Salt
- 3 tablespoons butter or margarine
- ¼ cup dry Sherry
- ¾ cup heavy cream
- 1½ pounds Jerusalem artichokes, peeled
- ¼ pound medium-sized mushrooms, halved lengthwise
- 2 egg yolks, slightly beaten
- 1 tablespoon chopped fresh chives

Sprinkle chicken pieces lightly with salt. Heat butter in a large frying pan; brown chicken well on all sides. Pour on Sherry and cream. Reduce heat, cover, and simmer gently for about 15 minutes.

Meanwhile, cut artichokes into roughly uniform 1-inch chunks following the natural contours of the tubers. Stir artichokes into sauce in pan, cover and cook 15 minutes more. Add mushrooms, cover, and continue cooking for about 20 minutes longer until artichokes are tender. Using a slotted spoon, remove chicken and vegetables to a serving dish; keep warm.

Stir a little of the liquid remaining in pan into the egg yolks; return to pan and cook over low heat just until thickened, stirring constantly *(do not boil)*. Salt to taste. Pour sauce over chicken; sprinkle with chives. Makes 4 servings.

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DARROW M

With a small spatula *spread pâté* [illegible] *on pounded meat, then roll up and* [illegible]

Veal rolls with pâté inside

You roll pâté inside veal cutlets for th[illegible] parture from the Italian classic dish [illegible] *saltimbocca*. With a Madeira and [illegible] room sauce served over them, they [illegible] a festive entrée for a company dinn[illegible]

VEAL ROLLS IN MADEIRA

- 1½ pounds veal cutlets, sliced 3/16 inch thic[illegible]
- 1 can (4 oz.) pâté de foie gras or 4 ounces liverwurst
- 1 tablespoon chopped parsley
- 3 tablespoons butter or margarine
- ¼ teaspoon rosemary
- ½ teaspoon garlic salt
- 2 tablespoons all-purpose flour
- ½ cup shredded Parmesan cheese
- 2 tablespoons salad oil or olive oil
- ½ cup Madeira or dry Sherry
- 1 teaspoon chicken stock base
- 1 tablespoon cornstarch blended with ½ [illegible] cup cold water
- ½ pound fresh mushrooms

Pound meat between waxed paper [illegible] very thin. Cut into strips about 2 i[illegible] wide and 4 inches long. Mash the [illegible] with parsley and 1 tablespoon of the [illegible] ter and spread over veal strips. Ro[illegible] and skewer each with a toothpick. [illegible]

Mix together the rosemary, garlic [illegible] flour, and cheese; roll meat in this [illegible] ture, coating evenly. Brown in oil, ta[illegible] to brown all sides. Warm a few t[illegible] spoons of Madeira, ignite, and spoon [illegible] meat; then pour in remaining wine. [illegible] out flame after a few seconds. Tra[illegible] meat rolls to a serving platter; keep w[illegible] Add chicken stock base to pan. [illegible] cornstarch and water and stir into th[illegible] juices. Stirring, cook until thickened [illegible]

Wash and slice mushrooms, then [illegible] with the remaining 2 tablespoons [illegible] in a separate pan. Add to the pan [illegible] stir, and spoon over meat rolls. Serv[illegible]
—*D. C., Richmond, Calif.*

The Brewers chose Warfield in Roman Brass, of 100% Bigelow approved acrylic Acrilan®, available in 15 colors.

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Defrost one-pound package (more if desired) or one poly bag of Flav-R-Pac Strawberries.

Garnish top of cake with several tablespoons of berries before cutting. Heap berries on each slice, topping with whipped cream if desired.

YOU'LL SEE THIS U.S.D.A. FANCY SHIELD ON FLAV-R-PAC

NORTH PACIFIC CANNERS & PACKERS, INC. • Portland, Oregon 97202

DARROW

Carve *large roast chicken at the tabl over it spoon Sherry-mushroom*

Roast chicken with a wine sau

A plump roasting chicken can make feast of a small dinner party. Here and bacon permeate the roasting bir the chicken liver flavors the sauce.

ROAST CHICKEN GOLDEN GATE

- 4 to 5-pound roasting chicken
- 1 teaspoon salt
- 4 tablespoons butter
- 1 clove garlic, minced
- ¼ teaspoon ground ginger
- 1 teaspoon fines herbes (or ½ teaspoon each rosemary and marjoram)
- 2 teaspoons lemon juice
- ⅛ teaspoon pepper
- 4 slices bacon
- ¼ pound mushrooms, chopped
- 1 tablespoon onion, finely chopped
- 3 tablespoons dry Sherry
- ½ cup water

Wash chicken and pat dry inside an Lightly salt the inside cavity. Wi trussing, tuck in the wings. Mash 2 t spoons of the butter with garlic, g herbs, lemon juice, and pepper an on the outside of the chicken.

Place breast up on a rack in a ro pan and lay bacon strips, cut in across the breast and legs. Place gib pan. Roast in a 350° oven for 1 hou 40 minutes, or until chicken tests Reserve chicken liver for sauce and chicken warm.

Melt the remaining 2 tablespoons and sauté mushrooms and onion for minutes. Mash the cooked chicken and stir into the sauce. Add Sherr simmer a minute. Skim fat from pan pings and pour in water, scraping up pings; add to sauce, stirring until bl Pour into a serving bowl. Serves 6.— *Greenbrae, Calif.*

st and easy Coffeetime idea from Pillsbury:

Bake-'em-yourself Pastries

Everything you need comes right in the package. Poppin' fresh pastry dough. Lots of chunky real-fruit filling. And creamy icing. All you add is fresh home baking. If you can make a pot of coffee, you can make Coffeetime pastries! Try Turnover Pastries and Coffeecake with streusel. Look for them where the fresh things are.

In the deli case.

Apple, Blueberry, and Cherry

Apple Cinnamon, and Cherry

Little filled pancakes as appetizers

Pour batter *with one hand, and tilt pan with the other to distribute it*

We borrowed this pancake pan from the Swedes and a crêpe batter from the French to make miniature crêpes for party appetizers. Take your choice of savory vegetable and seafood fillings to put inside them. You can make the crêpes ahead, and reheat before serving.

The pancake pan has become widely available in houseware and imported kitchenware stores in the West. It is used to cook seven small pancakes simultaneously; traditionally, they're then stacked and served with sweet toppings for brunch or dessert. The pans cost $3 to $4.

APPETIZER PANCAKES

1 egg
1 cup milk
½ cup regular all-purpose flour (unsifted)
About 4 tablespoons butter or margarine
Filling (3 recipes follow)

Combine the egg, milk, and flour in a blender container. Blend 30 seconds, clean blender sides, then blend about 1 minute more. *Or*, combine the egg, milk, and flour in a bowl and beat with a rotary beater just until mixture is smooth, about 30 seconds. If rotary beater is used, let batter stand at room temperature for about 30 minutes after beating.

To serve *appetizer pancakes, provide guests with forks and small plates*

Heat Swedish pancake pan over medium heat until hot enough to make a drop of water dance. Drop about ⅛ teaspoon butter into each indentation.

Using a measuring tablespoon, dip up about 2 teaspoons of the batter and pour into each indentation; quickly tip and tilt pan at each addition to distribute batter evenly. Pancakes will begin to set on top and brown underneath almost immediately. Turn with a small spatula and brown other sides; stack pancakes as they are removed from pan. Add butter to indentations each time. Makes about 40.

To fill pancakes, spread about 1 teaspoon filling down the middle of each and roll; arrange, seam sides down, in a buttered ovenproof platter. This much may be done ahead; cover and refrigerate.

Drizzle 2 tablespoons melted butter over top of pancakes. Bake, uncovered, in a 350° oven for 15 minutes (25 minutes if refrigerated). If you prefer, arrange about half the pancake rolls in a greased chafing dish; drizzle with 1 tablespoon melted butter. Cover and heat over simmering water until hot; about 15 minutes. Repeat with remaining rolls.

Each of these fillings makes enough for 1 recipe of pancakes, about 40.

Curried Mushroom Filling. In a saucepan, melt 4 teaspoons butter or margarine over medium heat. Add 4 teaspoons fl teaspoon curry powder, and ¼ te salt; heat, stirring, until bubbly.

Remove from heat and slowly sti cup milk; continue heating and until mixture boils. Remove fro and set aside. In a frying pan, tablespoons butter or margarine o dium heat; add ½ pound fresh rooms, chopped, and 1 large chopped. Cook, stirring frequentl onions are limp and mushroom juic evaporated. Stir vegetables into s

Gruyère and Spinach Filling. Remov from 2 bunches (about 1½ pou fresh spinach; wash thoroughly an fully; drain and chop finely. Pu ach in a large saucepan with ½ cu cream and 1 teaspoon salt. Stir ov heat until spinach is limp and bou cream and there is no free-flowin Remove from heat, add ½ poun ded Gruyère cheese, and stir unti is melted.

Crab and Chive Filling. Soften 2 (part of package) cream cheese by over hot water. Add ½ pound flak meat, 3 tablespoons heavy cream tablespoon chopped chives or green onion. Cook over boiling wa heated through, stirring to combi oughly.

he flavor of English muffins in a crunchy, fragrant toast

had toast, and only toast, in mind en we baked this bread. It's a simple ad. Almost as simple as that of our glish muffin. Just unbleached wheat ur, water, corn sugar, and sourdough. shortening.

t a piece, look at its texture, and you can see that the heat of toasting will strike deep. Strike deep it does, to give you about the crunchiest (but not dry) piece of toast you have ever eaten.

And there's the reminder of the lively flavor of our English muffins, tangy with the good sour of natural sourdough. English Muffin Toasting Bread comes to you in a plastic bag, double wrapped for freshness.

OROWEAT

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The Italian hand . . . with tomato sauce

For expertise in making a fine tomato sauce, we look to the Italians. Although the tomato originated in South America, and early Spanish conquistadores took the seeds back to Europe, it was in sunny southern Italy that tomatoes flourished. Italian chefs were the first to use them to enhance the flavors of many foods.

Here are three basic Italian sauces, all using tomato. They are uncomplicated and do not require long simmering. Variations in the subtle seasonings suit each sauce to different uses; our recipes point out some of the many ways you can use them in planning menus.

Two of the sauces call for prosciutto, a richly flavored Italian ham. You'll find it in delicatessens and other fine food stores; it is expensive, but a few ounces is all that is needed to flavor the sauces. If you can't find it, substitute regular ham, using about twice the amount.

Use this first sauce with pastas that accompany a main dish of meat or poultry.

TOMATO SAUCE FOR PASTAS

- 2 ounces prosciutto (about ¼-inch slice)
- Fat from prosciutto or olive oil
- 1 medium-sized onion, chopped
- 1 large can (1 lb. 12 oz.) pear-shaped tomatoes
- ½ teaspoon basil, crushed
- 1 teaspoon sugar
- ⅛ teaspoon fennel seed (optional)
- Salt and pepper to taste
- ½ to 1 pound spaghetti, cooked
- About 1 tablespoon chopped parsley
- Grated Parmesan or Romano cheese

Trim fat from prosciutto and dice it. In a heavy frying pan render any prosciutto fat over medium heat; discard rendered fat pieces. Or use olive oil to make about 1 tablespoon drippings. Sauté prosciutto and onion until onion turns golden. Drain tomato liquid into pan. Crush tomatoes and add to pan with basil, sugar, and fennel, if used. Simmer uncovered, for 30 minutes or until thickened.

Taste before seasoning with salt and pepper. Serve over hot, cooked spaghetti. Sprinkle with parsley and offer the cheese at the table. Makes about 4 servings.

You can use this sauce with a cho shellfish to serve over spaghetti.

SEAMAN'S SAUCE (Salsa Marinara)

- 2 cloves garlic, halved
- 2 tablespoons olive oil or salad oil
- 1 can (1 lb. 12 oz.) pear-shaped tomatoes
- ⅛ teaspoon seasoned pepper or pepper
- ½ teaspoon each basil and oregano
- Salt to taste
- 2 to 3 cups cooked shrimp, scallops, or clams (directions follow)
- ½ to 1 pound spaghetti, cooked
- ½ cup chopped fresh parsley
- Grated Parmesan or Romano cheese (optional)

In a heavy frying pan, sauté the ga oil until golden; remove and discar lic. Drain liquid from tomatoes int pan, crush the tomatoes, and add t with the pepper, basil, and oregano mer gently, uncovered, for 30 mi Raise heat at end of cooking tir thicken sauce, if needed. Add salt to

Meanwhile prepare the shellfish and spaghetti. Add the cooked shellfis parsley to sauce; cook just until through, about 5 minutes. Serve ove ghetti and pass the cheese at the Makes 4 to 6 servings.

Shrimp Sauce. Use about ¾ shelled, cooked small shrimp. O about 1 pound medium-sized or shrimp in shells; cook in simmerin

Fluffy Carter's family has switch

water for 5 to 8 minutes, depending ; cool, shell and devein, if needed; ut into bite-sized pieces.

Sauce. Use 2 cans (7½ oz. *each)* l or chopped clams. Drain juices ans into pan with the tomatoes (in- heat at end of cooking to thicken . Add clams and heat as directed.

Sauce. Simmer 1 to 1½ pounds s in seasoned water for 7 to 10 min- Drain and cut each scallop in about es; add to sauce and heat.

Hunter's Sauce with fried chicken h sautéed beef or veal steaks. It akes a fine chicken lasagna.

***ER'S SAUCE** (Salsa Cacciatora)*

- clove garlic, halved
- ounces prosciutto, diced
- tablespoons olive oil
- pound mushrooms, thinly sliced
- cup Madeira, Marsala, or dry white wine
- cup chicken broth or water
- teaspoon rosemary
- teaspoon *each* sage and sugar
- bay leaf
- tablespoons canned tomato paste
- Chicken parts or thin beef or veal steaks
- Olive oil or salad oil for frying

heavy frying pan, sauté the garlic osciutto in the 2 tablespoons olive er medium heat until garlic is golden; remove and discard the garlic. Add mushrooms to pan; sauté until mushrooms are tender, about 5 minutes. Add the wine, chicken broth, rosemary, sage, sugar, bay, and tomato paste; stir until blended. Simmer, stirring occasionally, until the mixture is reduced and thickened slightly, about 10 minutes.

Meanwhile cook the meat of your choice in oil in another frying pan; remove to a warm plate. Add some of the sauce to pan in which meat was cooked, and stir up browned drippings. Stir back into sauce; remove bay. Serve with the meat. Makes 4 to 6 servings.

CHICKEN LASAGNE WITH HUNTER'S SAUCE

- 1 broiler-fryer chicken (about 3 lb.), cooked (directions follow)
- Hunter's sauce (see above)
- 1 can (1 lb. 12 oz.) pear-shaped tomatoes
- 4 tablespoons tomato paste
- 8 lasagne noodles
- Boiling, salted water
- 1 pint ricotta or cottage cheese
- 8 ounces mozzarella cheese, cubed
- 5 ounces fresh Parmesan or Romano cheese, finely shredded

Simmer the chicken as directed below; strain and save the chicken stock. Prepare the Hunter's Sauce recipe, using 1 cup of the reserved chicken stock. When the sauce has cooked until slightly thickened, drain the liquid from the canned tomatoes into the pan. Break up the tomatoes and add with the additional 4 tablespoons tomato paste; gently boil, stirring often, until thickened, about 30 minutes.

Meanwhile cook noodles in a large quantity of boiling, salted water until tender, about 10 minutes; pour into a colander, run cold water over them; drain well.

In a 9 by 13-inch baking dish, spread a thin layer of the sauce. Arrange 4 of the noodles lengthwise in the dish; over the noodles distribute evenly about half the chicken, ricotta or cottage cheese, mozzarella, tomato sauce, and Romano or Parmesan cheese. Repeat layers, ending with the cheese. Bake, uncovered, in a 350° oven for 30 minutes. Let stand about 10 minutes before cutting in large squares to serve. Makes 6 to 8 servings.

To cook chicken, wash and put into a Dutch oven with 2 cups water, 1 teaspoon *each* salt and monosodium glutamate, 3 or 4 whole black peppers, and 1 onion, cut. Cover and simmer until tender, about 40 minutes. Cool by immersing pan in cold water. Strain and reserve cooking stock. When chicken is cool enough to handle, shred into bite-sized pieces, discarding skin and bones. Makes about 3 cups chicken.

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hey get choice seafoods and meaty bination dishes like chicken and kidney ver and tuna. A different meal very day.

nd you can breathe easy. These cat foods smell good to people. They should.

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The voices that speak to your inner ear . . . they speak of chicken, of pancakes, of toothsome lamb

Listen to those voices that speak to your inner ear. Be they friend or family or alter ego, they sustain a *Chef of the West*.

"The eminent deipnosophist* and restaurateur, Fred Cherry, tasted these pancakes and declared that I should send the recipe to *Chefs of the West* forthwith," Norm Murdoch reports in, obediently. Which reminds us in passing that Fred Cherry is the only man, to our knowledge, who ever parlayed a distinguished record as a *Chef of the West* into a restaurant career.

Now for the pancakes. They're unusual, quite moist, and good and sour. Preparation the night before won't faze anyone who cooks with sourdough—it's standard with most sourdough recipes. Anyone not familiar with sourdough products should be forewarned that these pancakes will be a little heavier than other types.

PANCAKES ALTADENA

Banana or Hubbard squash
1¾ cups unsifted regular all-purpose flour
1 cup buttermilk
½ cup sourdough starter
2 eggs
4 tablespoons sugar
½ teaspoon salt
4 tablespoons salad oil
1 teaspoon baking soda

The night before, steam, boil, or bake enough banana or Hubbard squash to provide slightly more than 1 cup of the cooked vegetable. (This recipe is also good using sweet potatoes or yams in place of the squash.) Allow cooked squash to cool, then rub enough through a fine wire strainer to make 1 cup. Rinse the strainer and set over a bowl. Return squash to strainer and allow to drain for an hour or so before using.

Discard accumulated liquid and put squash in the bowl. Add flour, buttermilk, and sourdough starter. Mix well, cover with a towel, and place on top of the stove or any other place where it will keep fairly warm overnight.

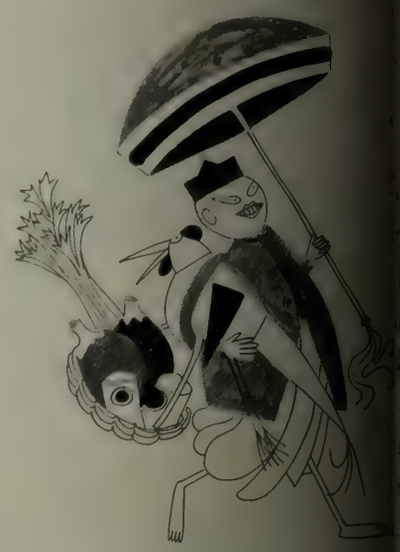
The next morning, add unbeaten eggs, sugar, salt, and oil. Beat thoroughly. About 4 or 5 minutes before making pancakes, stir soda into the batter.

Cook on an ungreased griddle. Serve with butter—syrup is optional. Makes about 20 cakes of 4-inch diameter.

Norm Murdoch

Altadena, Calif.

On the darker days of the year, some *Chefs* like to repair to the kitchen for an elaborate orgy of cooking. *Chef* G. Nyklicek's recipe for Malaysian Chic isn't as taxing as it might first appear, the result is dramatic. It's a one-meal, as he says. Some who devour it



"To the kitchen for an orgy of cooki

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The Art of Cooking . . . by men . . . for men

*"one who talks learnedly at the table"

The cream style corn with a patent on smoothness

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Good Housekeeping

New Blue Law for green salad

The Danes have decreed: virtually every green salad should be served with authentic Danish Blue cheese. The contrast between crisp greens and creamy, dreamy Danish Blue is almost too good to be true. It's the order of the day in hamburgers and snacks, too. Taste it, and judge for yourself. Enjoy! It's the Danish Blue law of luscious eating. Try the other Danish cheeses, too.

Imported
DANISH BLUE CHEESE
Cheeses from the Fairyland Dairyland of Denmark

gusto may be surprised to discover they're enjoying eggplant. Curry powder makes the color somewhat yellow, naturally.

MALAYSIAN CHICKEN

- 2 medium-sized eggplants
- ¼ cup water
- ¼ teaspoon salt
- About ½ cup salad oil
- 2 stalks celery, diced
- 2 medium-sized onions, thinly sliced
- 2 teaspoons curry powder
- 2 tablespoons flour
- 1 cup regular-strength chicken broth
- 1 tablespoon grated fresh ginger
- 1½ teaspoons garlic salt
- ½ teaspoon ground coriander
- 1 can (5 oz.) water chestnuts, drained and thinly sliced
- ½ cup salted cashews, coarsely chopped
- 1 cup hot or cold cooked rice
- 2 cups cooked chicken, cut in chunks
- 2 tablespoons butter, melted
- ¼ cup fine dry bread crumbs

Cut eggplants in half, then scoop out the flesh, leaving the eggplant shells about ¼ inch thick; set aside the shells. Cut the eggplant flesh in cubes and combine in a large frying pan with water and salt. Cover and cook, stirring occasionally, until water is absorbed. Then add ⅓ cup of the oil, celery, onions, and curry powder; blend and cook, stirring occasionally, over medium heat, until vegetables are soft, about 10 minutes. Blend in flour, then gradually add broth, ginger, garlic salt, and coriander, and cook until thickened and bubbly. Stir in water chestnuts, salted cashews, rice, and chicken and heat until bubbly again. Keep mixture warm.

Brush inside of eggplant shells with remaining 2 to 3 tablespoons oil; broil shells 6 inches from heat until easy to pierce with a fork and mushy. Remove from heat and heap mixture into shells. Melt butter, stir in bread crumbs, then sprinkle evenly over filled eggplant shells; brown lightly under broiler. Serves 4.

George L. Nybleck

San Francisco

From a kitchen on East Valerio Street in Santa Barbara comes a recipe for "Pecho de Cordero Valerio." We'll let candidate

"Slathered with baste suggesting Mexico"

Ted Hanley explain.

"Breast of lamb is almost as versa it is cheap—10 cents a pound in market recently. It makes a toot stew and, stuffed, also bakes well. outdoor grill, slathered with a bast gestive of Mexico, it is a notabl former."

We found the baste so good that w ommend using it also as a marinad would also advise that you trim c just as much as possible.

PECHO DE CORDERO VALERIO

- 10 pounds breast of lamb
- *Marinade and baste:*
- 1½ tablespoons fresh oregano chopped fine, or 2½ teaspoons dried oregano
- 3 tablespoons fresh coriander (cilantro or Chinese parsley), chopped fine, (or 1 tablespoon dried ground coriander)
- 1 large clove garlic, crushed or minced
- 1 tablespoon chile powder
- 1 tablespoon salt
- 1 teaspoon freshly ground black pepper
- ½ teaspoon onion salt
- ¼ cup salad oil
- ½ bottle Chablis wine (about 1¾ cups)
- 2 tablespoons lemon juice

Trim all fat possible from the lamb Combine all marinade ingredients. over the meat, cover, and refri overnight.

Barbecue meat over a medium-hot coal fire with the grill 6 inches from and cook approximately 45 minute hour, or until done to taste, bastin turning at 10 to 15-minute intervals. putting out any flames as they a Separate into serving-size pieces placing on platter to serve at the Serves 4.

Ted Hanl

Santa Barbara, C

"Friends and family say it's the b

"My friends and family tell me the macaroni and cheese that I m the best they have tasted." Those cheering words heard by Don O of Santa Rosa, California. The blend

Sweetness and light. We come by it naturally.

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Four delicious ways to control the fat in your family's diet.

two cheeses with the egg yolk m
this dish considerably smoother and
distinctive than the standard variety

MACARONI AND CHEESE CASA RO

- 1 cup small elbow macaroni
- 1 teaspoon salt
- 2 qts. boiling water
- ¼ pound pasteurized process cheese spread, diced
- ¼ pound sharp Cheddar cheese, diced
- 2 egg yolks, beaten
- Paprika

Boil the macaroni in salted wate
barely tender. Drain and reserv
water. Measure out ¾ cup of this
and return to pot in which the ma
cooked.

Heat to simmering and add chees
ring until melted. Add drained ma
and heat until bubbling.

Remove mixture from heat, stir
yolks, and pour into a 1-quart cas
Dust lightly with paprika and
Makes 4 servings.

Santa Rosa, C

DARROW M.

For a buffet

Setting a buffet table? You can
napkins to hold the flatware. If
have napkins with borders of a
trasting color, this fold displ
them strikingly.

Fold each napkin in half (with
sides, if any, inside) to make a
tangle with open edges at top. T
down top edge 1½ to 2 inches; t
the entire napkin over so that
folded edge faces down. Fold
edge to center of napkin, then f
over two more times, making th
equal sections. On the final fo
you will turn up a neat packet
which to insert the silver. St
press each fold to crease sharply

Vhat's your oven doing after dinner tonight?

IESE GENERAL ELECTRIC OVENS WILL CLEAN THEMSELVES.

tiest job in your kitchen has been taken over s new built-in range with the double P-7® Cook your messiest meal, then set the con- "Clean." Both ovens clean themselves plus n racks. It's all done electrically.

the easy-to-clean, seamless surface unit has new feature. It's the "Cooktop 'N Grill," a combination broiler and griddle that handles everything from steaks to pancakes.

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Like the one our friend is sitting on. It's "Rivoli", a beautiful multi-level design of 100% Cumuloft* nylon pile. It's a snap to keep clean, and, surprisingly enough, is very affordable.

And what that carpet has done for this girl's attitude is unbelievable. Now she spends so much time in the kitchen, that it's inevitable: someday she'll learn to cook.

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Look for this label

See Masland's Un-Typical Kitchen Carpets soon. They're practically elegant.

THE

Western Kitchen

NEWS AND IDEAS

DON NORMARK

h storage under a pitched roof

his gable-roofed kitchen, a foot of ical space above the upper cabinets closed in with one long door on a hinge to provide storage for large ils and serving pieces. Lighting in the en is alongside the beams; wood de- rs direct the light out to the sides. architect was Ralph Alley, Jr. for Mr. Mrs. George M. Hedla of Anchorage.

News about ovens

of the new self-cleaning gas ovens heat exchange principle which re- duces heated air back into the oven, reducing the time needed to bring the air up to 900° cleaning temperature (and greatly reducing the amount of heat exhausted into the kitchen.)

Just out of the development stage is an oven with a catalytic cleaning system in which most grease spatters and other oven stains are being constantly oxidized at normal baking temperatures.

Also new for 1969 are glass oven doors, like the black glass ones, in color. When the oven light is off, the door appears a solid color. Of tempered glass, they come in gold, avocado, dark green, and coppertone in addition to black and white.

Take a few minutes to read all the instructions

Sooner or later, everyone learns from experience that it pays to read the label on a product carefully. If a manufacturer gives you a "don't," he must mean it, for most manufacturers prefer to stress the positive. If the label says a soap pad should not be used on plastic laminate, don't try it; it will undoubtedly remove the surface gloss. If the label warns against using a spot cleaner on leather, it's probably because it will leave a ring.

It's also important to read the instructions furnished with any new appliance; they contain suggestions on how to get better service from the appliance and how to prolong its life.

DARROW M. WATT

Ideas from *Sunset's* test kitchens

In drawing on ideas from *Sunset's* test kitchens, Mr. and Mrs. William Collins of Los Altos Hills, California, used 3-inch tiles in shades of turquoise for the backsplash above hardwood counters. (At *Sunset* we used both materials as working surfaces, the tiles also as a backsplash.)

Sunset's kitchen also suggested to them a fused-quartz infrared food warmer for defrosting foods and keeping dishes warm. Next to it, the Collinses added strip outlets for plugging in appliances.

Alexander Prentice was the architect.

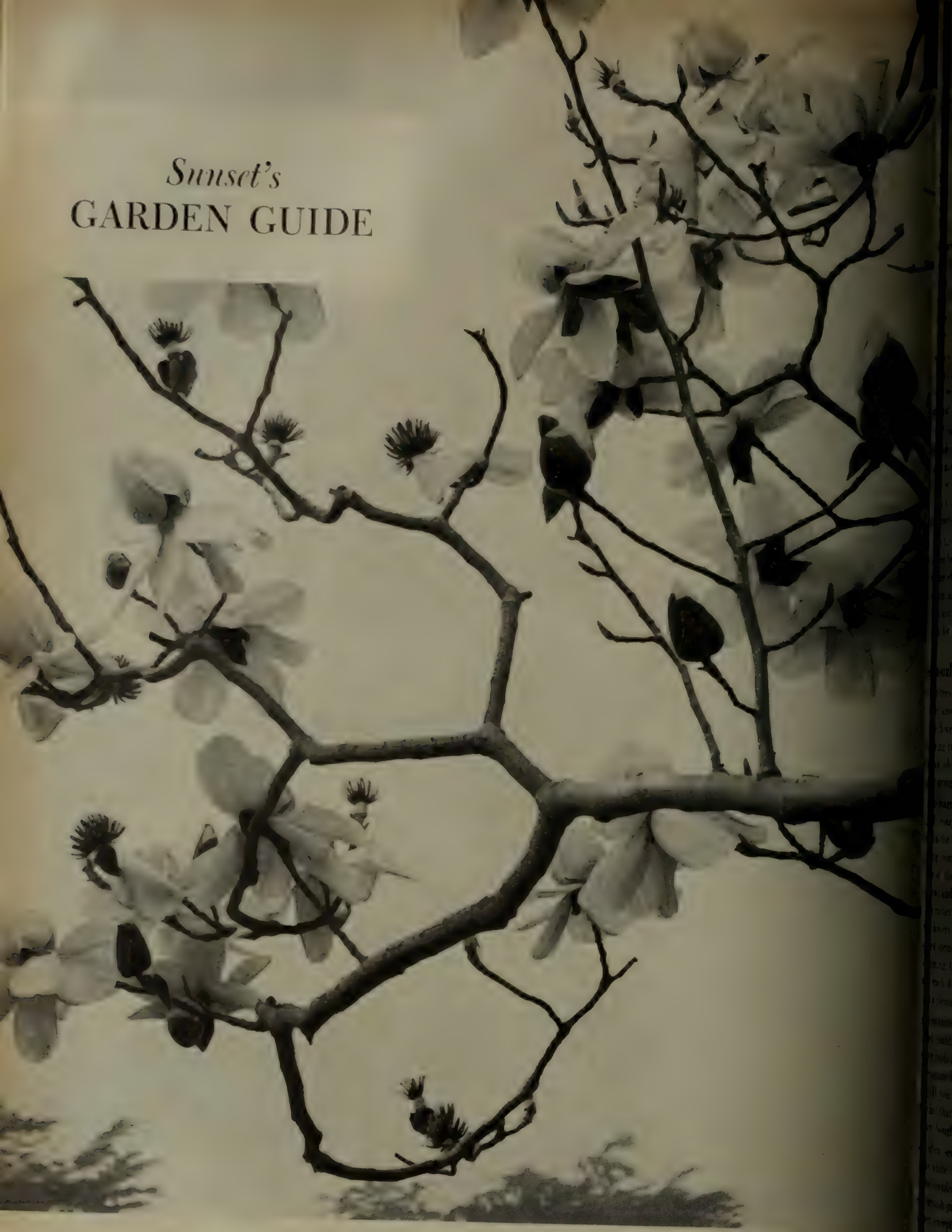
RICHARD FISH

A pull-out eating counter

This eating surface pulls out of the back side of a cooking island in the Wilbur H. Collins kitchen in Pasadena. To support it, designer Theodore Evergreen adapted dining table extension slides (the kind used to open the center section for additional leaves). When the counter is pushed in, the slides telescope underneath the cooktop.

The top of the counter was finished with plastic laminate; the face is walnut to match the rest of the kitchen cabinetwork.

Sunset's
GARDEN GUIDE



Magnolia buds burst this month

DON NORI

Brown, furry, fist-sized buds of Magnolia campbellii *ope February. Flowers are deep rose (rarely pale pink or whit to 10 inches across. This tree grows in Strybing Arboret Golden Gate Park, San Francisco, home of many rare magn*

BRUARY IN YOUR GARDEN:

Clouds will send you in . . . but sun will coax you back

uary at times is rainy, at times cold gusty, and at times clear, warm, and y. It is like Robert Frost's mud time, hich cloud or sun can set you back inter or ahead to spring.

ll have to race swelling buds to finome of your winter tasks—pruning bious plants (especially roses and trees), and giving plants their needed ant spray.

ll have to race nurserymen to pick balled and burlapped or bare-root material. They are in the thick of own planting season, the close of h will find all the stock planted in ainers and much more expensive.

u have any gardening time left over, an begin working toward spring and ner effects by planting out the hardnnuals and some of the summer s and bulblike plants. And keep a h for aphids, snails, and slugs.

usual white-flowering trees

trees and flowering fruit trees are ly known as providers of masses of flowers. Here are two other earlyning trees—not fruit trees—that do d job of brightening dark days of spring.

n magnolia (*M. denudata*, also sold *M. conspicua*) has been in Western ens for a long time without ever beng common. Its flowers resemble of the saucer magnolia (*M. soulana* and its varieties) but are creamy rather than pink or purplish pink. flowers appear in latest winter or st spring and may seem rather small pening; they continue to expand until reach 6 to 7 inches in width. They a pleasant lemony fragrance.

container-grown or balled and burd plants and set them out now. er buds are large, and you'll be able cognize budded plants with no diffi. If you wait until full bloom, you find that more eager gardeners have ly bought the plants.

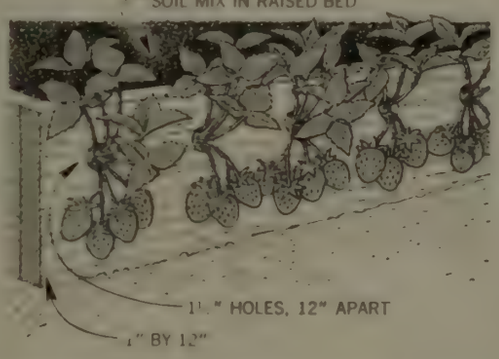
often seen, but very good-looking, e white variety of eastern redbud, *s canadensis* 'Alba.' This resembles purplish pink eastern redbud in every ct except flower color. Like other ds, it carries its clusters of flowers only on twigs but also on older hes and even on the main trunk. contrast between white flowers and brown bark is most striking.

Trees are larger and faster-growing than those of our usually shrubby native redbud. Eastern redbud grows fairly fast to 25, possibly 35 feet tall. Culture is easy, and plants have no particular pests or diseases.

Raised bed for strawberries

Robert E. Graham of Redwood City, California, has discovered that the edge of a raised bed is a fine place to grow strawberries. The scheme brings together two sound principles: the raised row method used by many commercial strawberry growers, and the strawberry barrel or jar used by home gardeners to save space and (mainly) for fun.

Drainage is good in a raised bed (important to strawberry plant health), and the soil in most raised beds has already been improved and enriched to grow the other plants there. If your raised bed is still a-making, use plenty of peat moss, ground bark, or other organic matter blended with native soil.



Strawberries *grow through sides of raised bed; they stay clean, are easy to harvest*

The plants grow out of holes in the sides of the board—and very prettily too, with clean, healthy leaves growing up and bright berries hanging down safe from rot and earthbound insects. An incidental benefit: the plants and their fruits make a lively pattern on the otherwise featureless board.

New guide to native shrubs

In these days of rising prices and declining values, it's always good to read a new California Natural History Guide; these little books are small enough to fit into a pocket, inexpensive ($1.50 to $2.25), and authoritative. One of the most recent is *Native Shrubs of the San Francisco Bay Region*, by Roxana S. Ferris (University of California Press, Berkeley, 1968; $1.75).

Despite the galloping urbanization that is devouring much of its wild land, the region around San Francisco Bay is rich in shrubs. Visitors to parks and the remaining wild areas might well take a copy of this guide to help them identify the many shrubs they will encounter; novice naturalists quickly get to know the trees, but the shrubs present a far more complex problem.

The guide lists shrubs by families; the illustrations (line drawings, color photographs) are many and will help you fix on the proper family for the plant you're checking out. The text, clear and nontechnical, will pin your plant down to proper genus and species. Large and complex genera such as *Arctostaphylos* and *Ceanothus* have simple keys to help the reader who hasn't special training in botany and its language.

Too much water?

Under ordinary circumstances no healthy plant growing in reasonably good soil will suffer from too much rainfall in winter. But some circumstances are not ordinary. Take a walk in the garden during a heavy rain and you might just spot potential danger — standing pools of water near plants. Here are some places to look:

Container plants. If water accumulates on the soil surface of container plants, if plant are suspiciously or unseasonably yellow, or if containers seem constantly and unusually heavy, turn containers on their sides and check drainage holes. These may be too few in number or plugged by heavy soil, a pebble, or matted roots. Add or enlarge drainage holes or transfer plants to larger containers.

Newly set plants. If you set plants on a deep cushion of soft, rich mix they may settle when this becomes wet. Then water stands around the sunken crown, or soil washes into the depression. Either condition can cause rot at the roots or the base of the stem. Raise and reset plants when soil dries enough to work.

New garden construction. Mounds, walks, altered grades, raised beds, edging boards, and house additions (with or without downspouting) can alter drainage patterns by increasing or damming water flow. Best way to avoid problems is to

Sunset's GARDEN GUIDE

observe the drainage patterns during a heavy rain, then correct construction errors or finished grade before you do the final planting.

Irrigation basins. Knock these down when soil is dry enough to work, using a hoe.

Quick results and good fun

A good winter garden project for children (or for impatient adults) is raising coleus from seed. Seed is inexpensive (about 35 cents a packet), and raising the plants is easy. And you don't have to wait weeks or months for flowers—leaves furnish the color. Grown plants are colorful in beds, pots or other containers, or window boxes.

Sow seed thinly in good potting mixture in a pot or box. The seed packet will give you detailed instructions. Keep in a bright warm place and expect to see the first seedlings in two or three weeks. These will first appear as a pair of plain green seed leaves (cotyledons). The first pair of true leaves to appear will show bright colors reasonably like those of the mature plants—a little less intense and well defined, but showy and pretty.

If you buy a packet of mixed colors (the commonest kind of coleus seed), nearly every plant will be different. Watching new patterns and colors appear as new seedlings develop leaves is great fun for the young.

When plants are large enough to handle, plant out in the ground. If frosts occur late where you live, space seedlings in flats or grow in small pots, then plant out when all danger of frost is over. Plants do best out of the hottest sun, and will tolerate considerable shade. Keep tips pinched to make plants compact, and keep blossoms from forming. If you like some particular coleus very much, you can root cuttings of it with greatest ease, either in soil, sand, or a glass of water.

Keep an eye on this one

This is the time of year when Bermuda buttercup is at its best—or at its worst, depending on your point of view. The clusters of inch-wide, satiny golden-yellow flowers are handsome on their foot-high stalks, but the plant can be spread by bulbs and rhizomes to become a pest. It grows not wisely, but too well.

You'll see a lot of Bermuda buttercup in cultivated fields and orchards. Disking and other cultivating operations spread the bulbs around. If you want to grow this plant in your garden, plant the bulbs in pots or hanging baskets (bulbs are sold in late summer and fall) to keep them confined. If you live where winter cold is severe, you'll have to grow Bermuda buttercup in pots to shelter it from freezing cold.

Despite its name, this cheerful-looking plant is neither a buttercup nor a Bermudian. It is an oxalis (*O. pes-caprae*, usually sold as *O. cernua*), and its original home is South Africa.

RICHARD DAW

Inch-wide *Bermuda buttercup bloo*

February garden shows

California. February and March. Ma camellia shows sponsored by vario clubs and associations. See page 192 f names, places, dates.

Cloverdale. February 21, 22, and 23. A nual Citrus Fair and Camellia Show h oring the growth of navel oranges in t area. Floral arrangements, dry arran ments, potted plants, and bulbs are fe tured. A camellia show judged by th American Camellia Society will take pla on February 22 and 23. Place: Fai grounds, Citrus Square and U.S. Hig way 101. Hours: 10 A.M. to 10 P.M. Ad mission: free. There will be a charge f the auditorium shows.

Los Gatos. February 22, 23. Benefit f Montalvo Art and Cultural Center, Mi Quong Children's Center. Place: Ken Camellia Gardens, 10 Oak Grove R Hours: 10 A.M. to 4 P.M. Admission: $1.

FEBRUARY CHECK LIST: *Here is what needs doing*

☐ **Bulbs.** Crocus flowers appear as if by magic. Then slugs and snails appear as if by magic to feed on the flowers, so keep fresh bait on the ground. Start tuberous begonias in flats of leaf mold; don't set started plants outdoors until weather is warm. Nearly all spring and summer bulbs can go in now, but wait a while before planting dahlias.

☐ **Planting for flowers.** Except in the coldest areas, frosts will be over by the end of February. You will still have enough cool weather ahead to grow some of the less common annuals that don't like heat or freezing weather. Among the most colorful of these are cineraria (*Senecio cruentus*), nemesia, and poor man's orchid (*Schizanthus*).

In case you haven't looked for them lately, you might be interested to know that Polyanthus primroses (often called English primroses) can be had in named colors. You can plant drifts of blue or yellow or any of a number of other colors.

☐ **Planting for landscape effect.** Many people remain lukewarm rose growers because they have only one each of a dozen or more kinds. To get a true notion of what roses can do for a garden, try planting a number of one variety, either massed in a bed or lined up as an informal hedge. Floribunda and Grandiflora roses are especially good for these mass effects.

☐ **Soil preparation.** Haul in and spread around soil amendments such as ground bark, peat moss, rice hulls, or whatever organic material your region fords. Let it soak and weather in t rains. Then, some fine day when the soil dry enough, till or spade it into t ground. Don't spade when the soil is w

If you have drifts of soggy leaves ly around, spread them out over flower be or vegetable garden and spade them (again, only when soil is dry enoug If you'd like a name for this process, y can call it sheet composting.

☐ **Spraying.** If unusually heavy a frequent rains have followed yo dormant spraying, repeat that sprayi In wet years peach leaf curl can devel despite frequent spraying, just becau spray material is washed off nearly fast as the gardener can apply it.

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What do you do with a tree tomato?

Nine-foot-high *tree tomato in Novemb planted as foot-high seedling in Ap*

What do you do if a friend offers you a tree tomato plant? (Such a thing happens often; seeds are being sold and the plants grow easily from home-harvested seed.)

You can say thank you and take it home to plant in rich soil, maximum sun, and—where winter temperatures go below 30°—under eaves or other cover that will protect it from open sky on frosty nights. (In climates where temperatures go far below 30°, you'll have to grow tree tomato as an in-and-out container plant—greenhouse or indoors in winter, outdoors spring to fall. Don't expect fruit; it seems not to form on container plants.)

The first year the plant may bloom but won't form fruits. In the second year, flowers form fruits by fall. The fruits taste slightly like tomatoes—a little more acid and musky, and less sweet. It's a member of the tomato family; the botanical name is *Cyphomandra betacea.*

Tree tomato will never replace fatsia as big-leafed landscape evergreen. It w never even make a ripple among e pretty plants such as rhododendrons. fruits will never replace any you b Aphids, whiteflies, and other sucking sects love it, so you have to spray ofte Our guess: It will continue as an int esting novelty.

Fruits ripen *the second fall. Seedy insides are edible; red, leathery skins are inedi*

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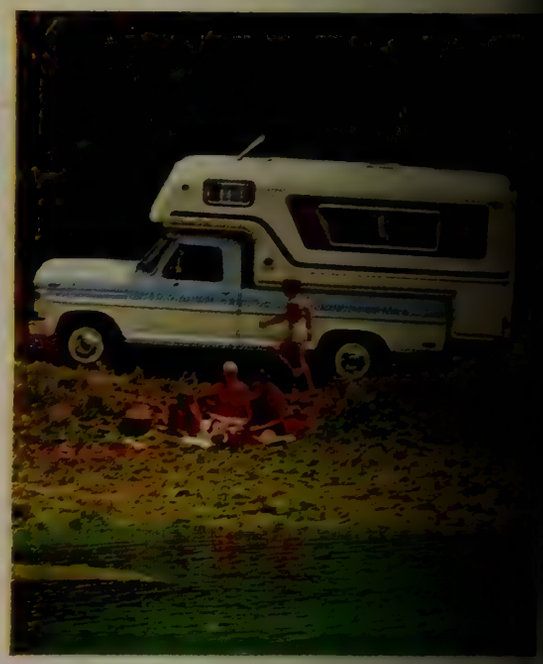

FORD

ebruary's bulbs? Vell, why not . . .

hard to get worked up over plant- bulbs now, when the most publi- d planting season ended about two ths ago. But maybe you should. maybe you will, once you real- that the stunning flowers shown w are the results of planting bulbs ebruary.

ridia bulbs planted from now until April will bloom mainly in July August, in various colors and com- ations. The three-cornered flowers e in pink, red, orange, yellow, or te; the centers are spotted with ker or lighter colors. Each flower s for just one day, but enough of m bloom to put on a good show for eral weeks.

e bulbs look like small, slender daf- il bulbs. Plant them in well drained l in clusters of 10 to 12, about 2 to nches deep, 4 to 8 inches between lbs. Give them part shade in hot nd gardens, full sun near the coast.

hen the leaves dry after the bloom son, you can dig and store the lbs. You *should* do so if you live ere soil freezes in winter. But else- here it's simpler to leave bulbs in the ound and divide them only when ey become crowded, usually in three four years.

ELS MARUGG

Gaily spotted *tigridias—up to 6 inches across—perch on long, slender stems*

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Bill Lane

President and Publisher

GLENN CH

Sargent crabapple has been growing in this container five years; it's tip-pruned, root-pruned, repotted yearly. White bloom, d

Flowering small fry

These little charmers are flowering crabapple, cherry, peach, almond

Small spring-flowering deciduous tre shrubs are a delight in contain can watch them close-up as they o from budding flower and leaf to ll mer dress—and in some case colored foliage and fruit.

The two little charmers above a to far right are grown as adapte Shallow containers and annual ot top pruning keep them small a The two largest plants—at the opposite page—will grow to a normal size in their present c It's a good idea to repot the

Hoshi' *flowering cherry can stay in large pot al years. Prune lightly; don't tip branches*

Dwarf white *flowering peach set in 1¼-inch pot from 3-gallon can. Flowers on new wood; prune to shape after bloom*

Dwarf flowering almond *remains dainty in bonsai container. Prune after flowering*

ELLIS MARUGG

very two or three years; at the same lightly trim matted or twisted roots.

Sargent crabapple (left), now six old, was moved from a gallon can its present container. Budded high e rootstock, it's angular and gawky, as the whimsical appeal of a dwarf t. With proper care it can live in its ni-type container indefinitely. Re- e whiplike growths that form in sum- at ends of branches; leave the short s (side shoots)—now in flower, gaily rated with tiny red fruits in fall. er regularly during active growth; t feeding with complete fertilizer when growth appears in spring and repeat thly until flower buds show color.

dwarf flowering almond *(Prunus dulosa)* at right was also planted from llon can. Cutting-grown (on its own ts), it produces many stems from the e. Flowers appear only on new wood; ove current season's flowering stems the base after blooms fade. The largest m on the plant is old wood; the flower- side shoots near the top of this stem well as all small stems emerging at line—are current season's growth.

e double white dwarf flowering peach the photograph above has pink, red, variegated counterparts. Also avail- e are precocious genetic dwarf peaches nectarines with spectacular spring wers and delicious summer fruits.

her deciduous spring-flowering plants hly recommended for containers are v, compact forms of flowering quince, r magnolia *(M. kobus stellata)*, and arf red-leaf plum *(Prunus cistena)*.

Patio screen shelters shade-lovers

Back of plant shelter *blocks view of patio from parking area and st*

WILLIAM APLIN

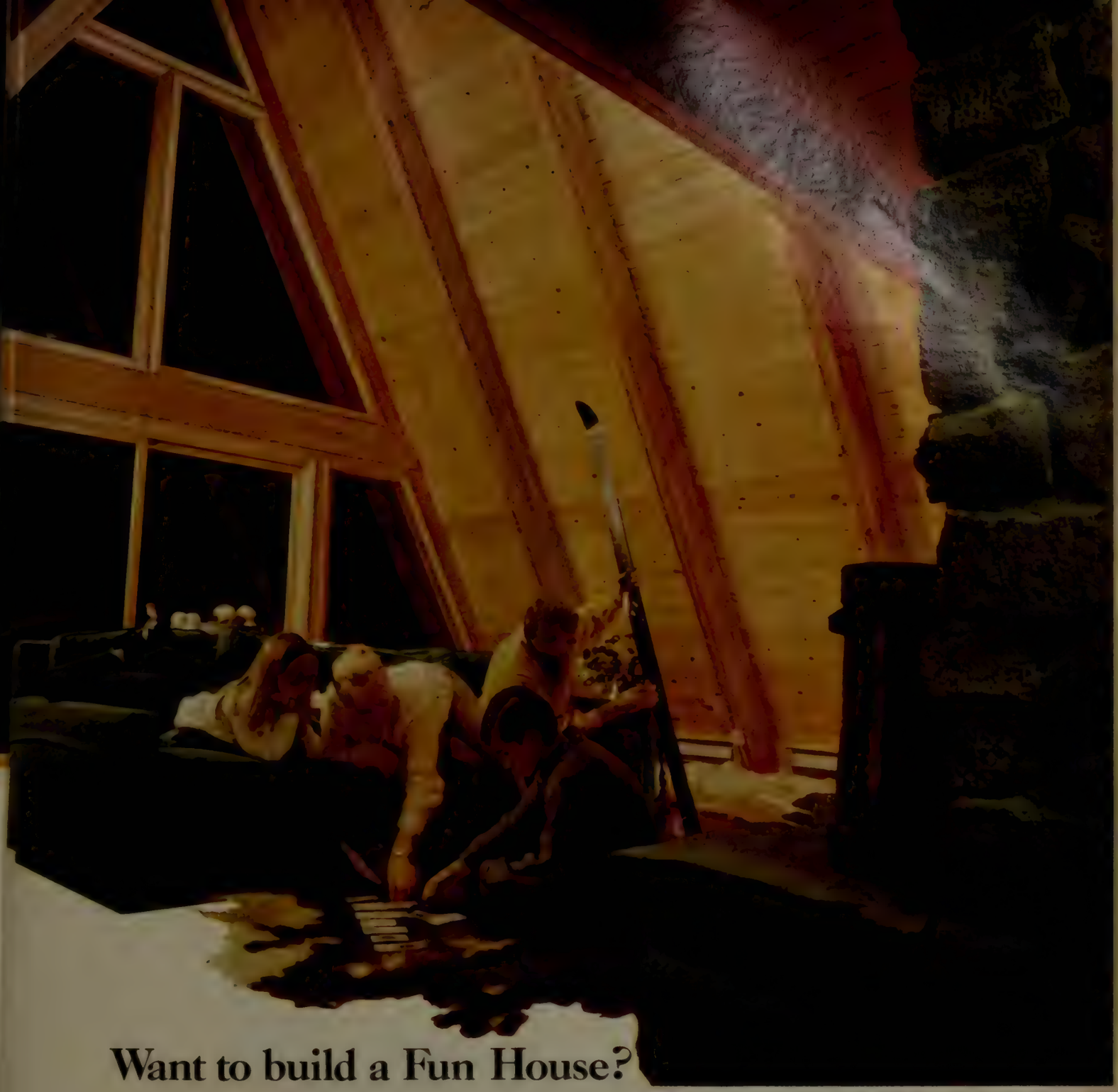
Front *opens onto patio sitting area, displays orchids, ferns, and other shade plants*

From the street side, it looks and works like a tall zigzag f providing privacy for a garden and patio. From the patio, see that it's really a congenial setting for shade-loving pl —orchids, ferns, palms, begonias, fuchsias.

Landscape architect Robert Fleckenstein designed this pri screen and plant shelter for Mrs. Milton E. Ramelli of tura. Its roof consists of 1 by 2-inch laths 1½ inches apar sides combine vertical laths (same size, ½-inch spacing) fo upper 4½ feet and horizontal siding for the lower 2½ fee

The laths on the sides let in enough light, yet the sides ap solid except when seen head-on. The siding keeps the struc from looking like a commercial all-lath lathhouse.

Left. *Shade-loving plants thrive under lath roof, partly let sides. Cymbidium orchid blooms in foreground; palm at righ*



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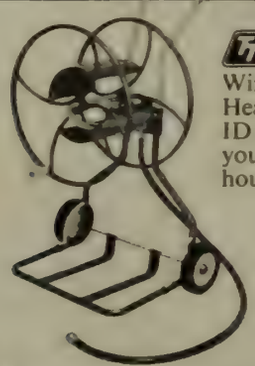

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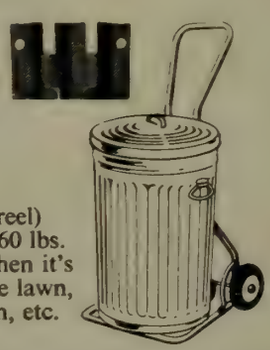

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Now's the time to pick a magnolia

We weren't the only visitors on the Fe ruary day the photograph below w taken. Like magnolias in other Californ towns, this one in Larkspur attracts t attention of strollers and camera enthus asts in great numbers.

You can create your own spring show you plant a saucer magnolia *(M. soula giana)* like this one. It should bloom f more than a month (until leaves appea and makes a handsome summer shade tre It rarely exceeds 25 feet in height and fi easily into the average front garden.

This is a good time to select a tree. Y can choose the flower color you like varies from white to pink to purplish re and get a good blooming plant. Bloo often measure 6 inches across.

You can buy saucer magnolia under th name (it's also mistakenly called tu tree) or under one of a dozen or so varie names. Most of the varieties are simi in size of tree, but differ in color and si of flowers. All are deciduous. When choo ing plants look for named varieties; see lings vary in quality.

A shrublike appearance is typical of so saucer magnolias. The one in the pho graph is actually two trees accidenta planted together. It's an interesting effe but not necessary for an impressive sh

Use saucer magnolia as a lawn tree or an anchor plant in big corner plantin Or combine it with low growing azal or rhododendrons. Give the tree mo rich soil, full sun, and some wind prot tion. Prune to open the center.

GLENN CHRISTIA

Blooms *of 28-year-old magnolia m Dr. T. C. Jaegeling home, Larkspur, C*

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Caught in the act *about 10* P.M., *these snails were munching their way across a large grass and dichondra lawn*

or little, *snails are destructive pests*

The night raiders and how to clobber them

Bye-bye, daffodil: *A moist spring night brought this snail out to the flower bed*

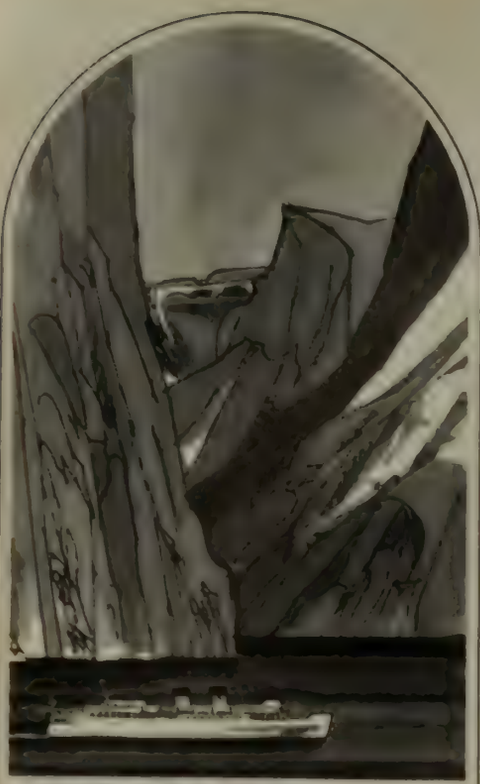
DARROW M. WATT

ding the night with a colony of snails not be anyone's idea of a good time. since these garden pests come out at night, it's the only way to find low they operate—and how to get t them. Fortunately, you don't have ego any sleep unless you want to: a *t* garden writer and photographer the watching for you.

snails that Westerners find in their ens were imported from Europe for d purposes a century ago, and all rts since that time to get rid of them e failed. They are apparently here to —even though Californians alone buy million pounds of snail bait each year n attempt to halt the ceaseless munch- of garden plants.

many gardeners waste money because y bait improperly, and others give up gether. Snails are actually among the e-t garden pests to control—if you go t it properly.

e's what *Sunset's* research team found



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out about snails and how to get rid of them. (Everything said here goes for slugs, too.)

THE NIGHT RAIDERS

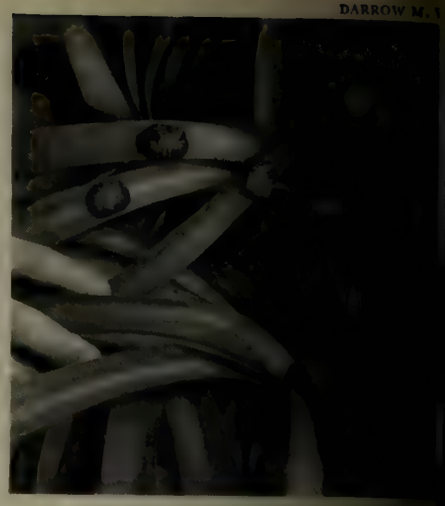
Snails are more choosy about when they eat than what they eat. They come out only after dark, when temperatures are above 45° and humidity is high. During the day they hide in dense shrubbery or ground cover. In dry summer months or cold, dry winter weather, they seal themselves inside their shells until conditions suit them again. You may see them clinging to branches or rocks, seemingly dead.

Each snail has two pairs of feelers. The top two are his "eyes" and the bottom two his "nose," helping him scent his favorite foods, such as violas, primulas, daffodils, grass and dichondra lawns. In a pinch snails eat less attractive food: those you see racing the clock on this page ate the paper numbers off each other. Snails have no teeth, but a bony jaw and rasping tongue make quick work of most plants.

Unknown to many gardeners is the fact that snails can cause brown spots or edges on an otherwise healthy lawn. This is most likely to occur when a dense ground cover borders the lawn, offering them a breeding and hiding place.

How far can a snail roam in one evening? We timed several pairs of snails and found they averaged 1 foot every 5 minutes, or 12 feet per hour (see photographs below). Naturally the speed varies, especially if the snail eats as he moves along. If there is no food supply close at hand, a snail doesn't seem to mind traveling to find it. A hungry snail can reach practically any part of an average garden

DARROW M.



Snails *hide in dense foliage during day. This clump of agapanthus is*

within an evening. Snails may be s but they're determined.

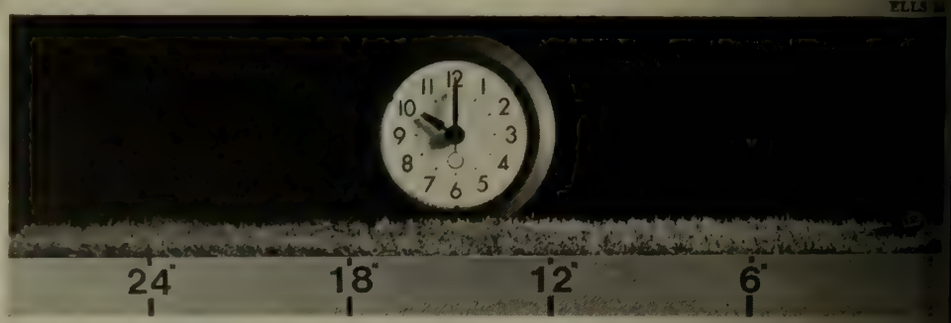
This dogged determination to find can bring snails from a neighbor's h or ground cover to your garden w they feast all night and then go home before you get up in the morn You see the damage but no snails.

CONTROLS

You can buy snail control produc pellet, dust, meal, and spray form contain metaldehyde, which both att and kills snails. Some products con metaldehyde with calcium arsenate (nic) or insecticides.

Pellets are easiest to scatter, but brands contain arsenic and are dang to small children and pets as we snails. Arsenic products carry a and-crossbones label and are highly

ELLS



The great snail race: *an experiment to find out how fast garden snails can*

Finish line: *Number 8 wins in 13 minutes, somewhat slower than winners in other*

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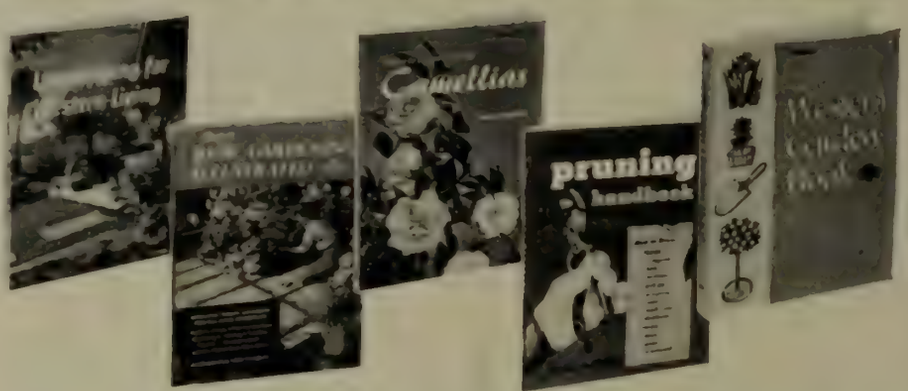

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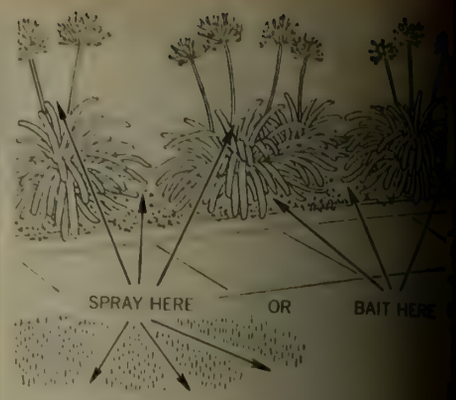

Scatter *bait where snails crawl at* [illegible] *spray hiding places in foliage and* [illegible]

if you worry about using such a pro[illegible] try an all-metaldehyde bait. Check [illegible] label for contents.

Metaldehyde by itself is sufficient for [illegible] fective control, although under very [illegible] mid conditions young snails may [illegible] times recover from its effects.

Although metaldehyde is far, far less [illegible] than arsenic, use it with caution—as [illegible] should any garden chemical.

WHERE TO BAIT

Sprinkle bait loosely around and [illegible] hiding places—hedges, ground cover, [illegible] dense shrubbery—so snails will cr[illegible] through it during the night (see illus[illegible] tion above). Sprinkle around bedd[illegible] plants. There's no need to carpet the a[illegible] the bait attracts snails.

Most manufacturers advise you to w[illegible] the area before baiting; check the la[illegible] Scatter bait once a month during a[illegible] weather—cool, humid nights in sprin[illegible] fall. Successive baitings a month apart [illegible] necessary to kill future generations [illegible] exist as eggs in the soil at time of [illegible] baiting.

When you have to cover a large a[illegible] such as a lawn, a metaldehyde spra[illegible] often more economical and covers m[illegible] completely than pellets or meal ([illegible] looks better, too). Sprays are also m[illegible] effective in situations where snails h[illegible] crawled up into foliage and may not [illegible] ture out for some time.

Use a pump or pressure sprayer or wa[illegible] ing can. The thick spray concentrate [illegible] clog a hose-type sprayer.

HAND-PICKING

If you're reluctant to use any kind [illegible] chemical, you might try hand-pick[illegible] snails. Search the garden several night[illegible] a row with a coffee can and flashlight. [illegible] best time is after 9. Wear gloves if yo[illegible] squeamish.

You can clear an area of larger snails [illegible] this method, but the smaller ones [illegible] probably escape your attention (the b[illegible] snail in the photograph on page 18 [illegible] only ⅜ inch long). They'll grow fast [illegible] you'll have to hunt again soon.

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'Sekidera' ('Lepidotes Roseus' or 'Indica Roseus') forms a mound of white, rose-spotted flowers in front of rhododendron 'Azur' and blue spruce. In full bloom below is **salmon-flower** sarfiora. Sword fern, right. The Roy Granston garden,

DON

Beautiful *and* useful?

Evergreen azaleas really are both

Evergreen azaleas are among the most beautiful and useful lan plants.

Here you see them in spectacula bloom. But flowers alone don't m plant. Attractive foliage and elega ture are often more substantial a manent assets. For example, con sculptured-looking azaleas—often of flowers—that form the basic work of some of Japan's finest ga

Pure white, white with green, white with chartreuse

bu,' a Chugai hybrid; white flowers d pink. James Caperci, Seattle

'Albion,' *a Rutherfordiana: white, green throat. Mrs. Elizabeth Fonda, Pasadena*

'Everest,' *a Glen Dale hybrid: single, white, 2-inch flowers blotched with chartreuse*

are evergreen azaleas for every rn climate except the desert. The rgest photographs on these pages—ken in the Northwest, the other in ern California—point up their wide of climate tolerance. Some are y adapted to cool, moist areas; others o tender to grow except in mild-r climates; and some kinds do well th.

d out which azaleas will grow best ur area, talk to a nurseryman, pref-y a specialist—it's his business to sell nds that perform successfully. You'll find detailed information on azaleas ow to grow them in the new edition *Sunset Western Garden Book* (Lane s, Menlo Park, Calif., 1968; $5.95).

e are a few ways you can use ever-azaleas, with some suggested kinds ach purpose:

round covers; in rock gardens. Select growing, compact, or spreading kinds as those in the Macrantha group. npo, Chugai ('Chichibu,' directly e, is one example), and Satsuki are l. Hardy to 5°, these hybrids have e, often frilly flowers that bloom as as June.

hrubbery borders; under high-branch-deciduous trees; as hedges or screens. ler, wide-spreading kinds such as Ku-e (right) and Glen Dale hybrids ove, right) are splendid choices. Other er-growing azaleas include Gable hy-ds, Kaempferi hybrids, and Pericat.

ontainers. Any azalea can make a hand-e container plant. Portable containers definitely the answer if you live where nperatures go much below 30° and n't to try tender kinds such as Belgian dica, Gold Cup hybrids, Rutherfordiana ove, center), or Southern Indica.

WILLIAM APLIN

'Laughing Water,' *a Kurume, has single, pure white, delicately fragrant flowers. Garden of Mr. and Mrs. Hancock Banning, San Marino, Calif. Design: Yoch and Council*

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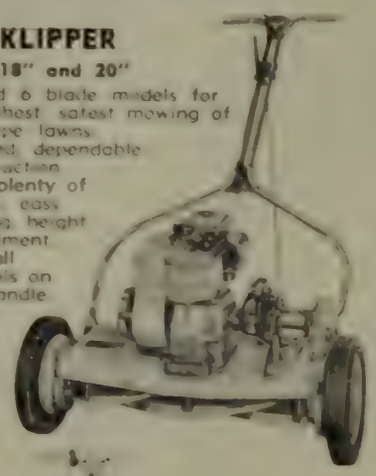

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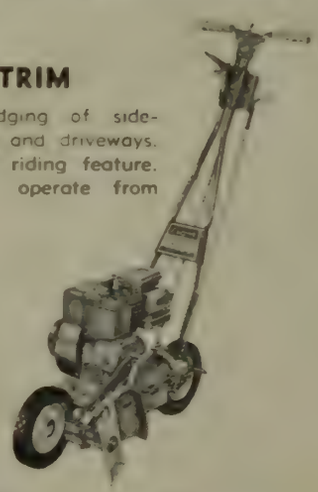

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All Matilija needs is room

The big flowering "shrub" you see in the picture below is Matilija poppy. Planted now, this perennial may reach 6 to 8 feet high by May and produce 4 to 8-inch white flowers through August.

If you have room for it, this is an excellent plant for rugged landscaping. Matilija poppy spreads rapidly by underground suckers to as much as 20 feet wide in a few seasons. Stems from the base create a densely foliaged, bushy plant.

The plant is native to the dry, hot chaparral areas of Southern California down to Baja California, and is named for Matilija Canyon in Ventura County. Its biological name, *Romneya coulteri*, reflects its discovery in 1831 by a visiting Irishman named Coulter, who took a cutting of the plant home. So Matilija poppy grew in Irish and English gardens long before it was cultivated here in its native West.

HOW TO GROW IT

In its native state Matilija poppy grows on dry, rocky slopes. It will not tolerate low, poorly-drained, or wet ground. However, this does not mean it needs a hot desert climate to thrive; it grows profusely in the San Francisco Bay Area and even in some parts of the Northwest, if planted in light, well-drained soil. In dry areas it can be planted in clay soil.

If you don't mind waiting several years for bloom, you can raise plants from seed. But propagation is faster if you use cuttings. Plant them in full sun and water only until established. You can mix some

Rapid growth *and shrublike appearance make this an excellent landscape plant*

WILLIAM

Large white blooms *with golden ce appear on Matilija poppy through su*

commercial fertilizer in the soil a the cuttings, but it should not be in contact with them.

Vigorous growth should begin in s Don't be discouraged if some cu don't take; Matilija poppy does n ways transplant well.

Deep watering every 10 to 15 days d the blooming season will prolong t production. When flowers fade and droop, it's best to cut back to wit few inches of the ground. New shoot appear with the first rain.

Matilija poppy is an excellent pla hillside gardens or areas where low tenance is desired. Just rememb rampant root growth and don't pl near less vigorous plants. Don't cul around the roots; that just enco new growth, since any piece of roo breaks off is likely to form a new pl

You can curb growth by digging o ing up the spreading roots, or by taining them with an underground like those often used for bamboo. T keep growth in check, withhold su irrigation.

WHERE TO USE IT

Matilija poppy's spreading habit is a lem only in small gardens or in lar mal gardens. On hillsides, in large spaces, or in marginal areas, you it go and be more than pleased wi results. Its persistent root growth a a soil binder on steep slopes, and i water requirements make it an exc border plant along driveways or ro

As long as you don't crowd or con within narrow borders, Matilija combines effectively with other such as ceanothus, toyon, and prc coyote brush. Its gray-green foli especially attractive against a dark background or under eucalyptus.

Although the plant dies back in wint roots serve as a soil binder all year

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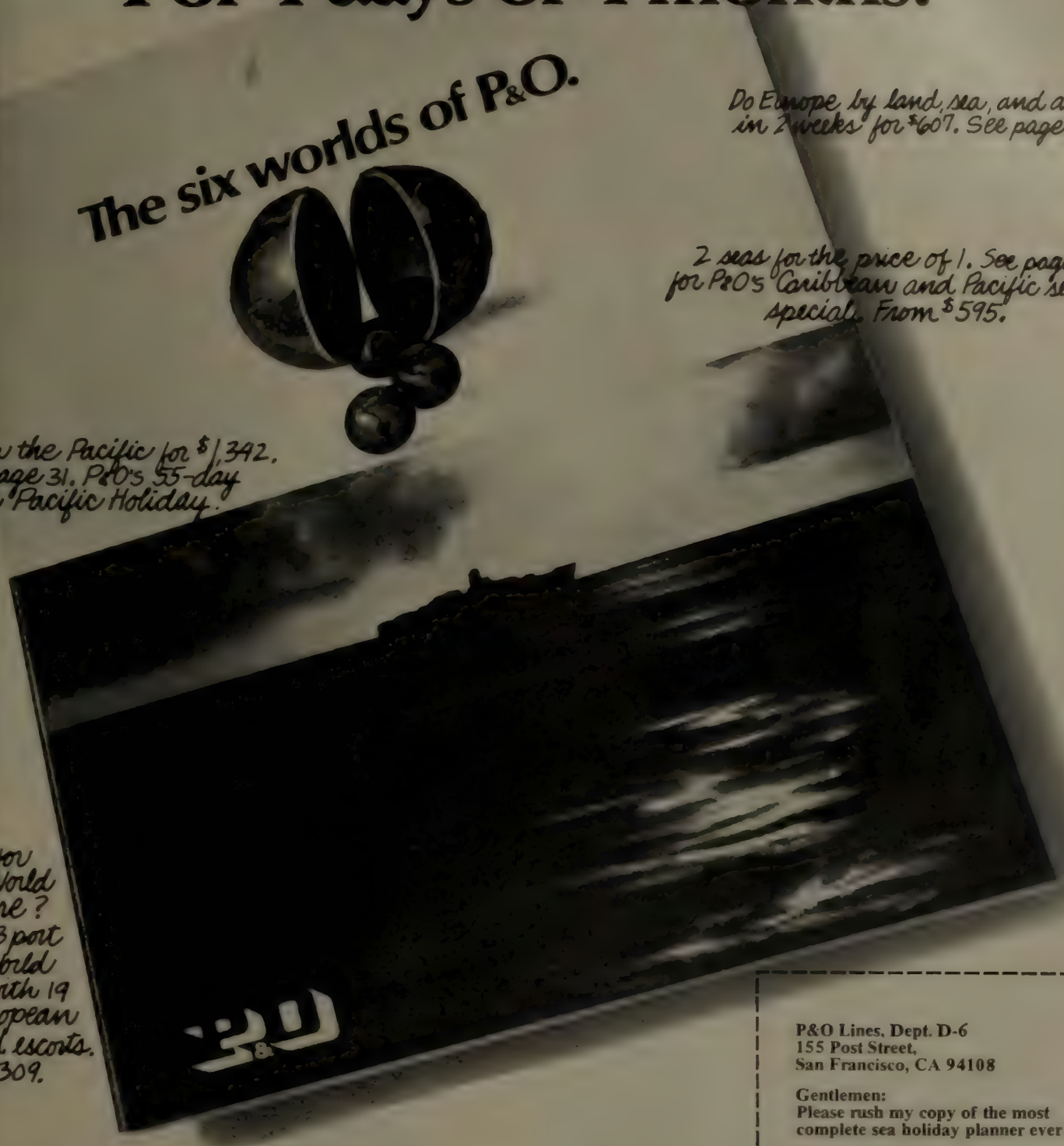

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Here's how to move an azalea or rhododendron

1 **Before you dig** *the compact root ball of a rhododendron or azalea, test first to find the perimeter of fibrous roots.*

If you want to transplant rhododendrons or azaleas in your garden, late winter and early spring are good times to do it in mild-winter areas. The weather is still cool but the ground is workable. In the right set nine illustrations that show how to lift, move, place, and plant large rhododendrons and azaleas. The steps show good garden practice for moving plants of any size from an adjacent bed or from containers.

You'll find that these evergreen shrubs are easy to dig. Their fine fibrous roots form a compact root ball, sometimes quite shallow. Test with a spade to see where the perimeter of the root mass is; then cut around the mass with your spade, gently pry and loosen the root mass from the hole. This mass (the ball) will be as deep as it is wide if the soil is easy to penetrate; but in hard soil a thick carpet of roots will have formed on the ground surface.

Rhododendrons and azaleas transplant readily without any noticeable setback in growth if you give them the conditions they need when you plant them.

They require an acid soil. In western Washington and Oregon and the coast and redwood regions of northern California, this is just in the normal garden soil. But in alkaline areas they should be planted in a sand and humus mixture.

They need more air at the root zone than most other plants, and at the same time, require a good supply of moisture. This is best met by providing a humus-enriched soil. Work peat moss, ground bark, shavings, sawdust, or leaf mold thoroughly into the soil. Or plant them in pure peat moss, ground bark, or leaf mold.

These plants will not tolerate poor drainage, and if you have this problem in your garden, consider installing raised beds.

Most rhododendrons and azaleas will take full sun in cool summer areas if you avoid the reflected heat of a south or west wall. But, high filtered shade is ideal.

Plant rhododendrons that will flower this month in a position where early sun rays won't injury the blossoms on frosty mornings. Also, rhododendrons and azaleas that bloom during June's warm weather hold their flower color better in shade.

When transplanting, remove suckers from grafted rhododendrons. On azalea plants often you'll find layered branches that can be severed and replanted. If you see white strawberry root weevil grubs, destroy them and work chlordane or dieldrin 6 inches into the new hole.

Mulch the roots of the newly moved plants and give them ample water, particularly during dry spells this spring, summer, and fall.

4 **Heavy, low-branched azaleas** *can be pulled along a short distance without serious damage if you [illegible]*

7 **Before planting** *a rhododendron, turn it slowly until you find the side that looks best facing [illegible]*

2 **You can lift** *out these plants by their trunks if the ball isn't too heavy and the trunk isn't wobbly or undersized*

3 **If the ball** *is too heavy to lift, slip a plank under it, pry up, and slide the plant up the plank to a wheelbarrow*

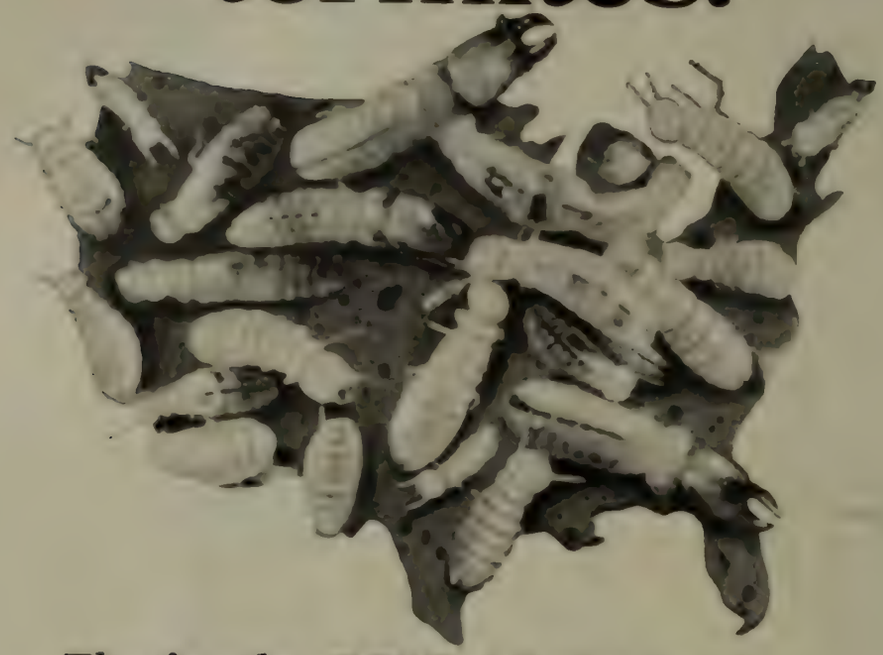
A shallow, rubber-tired wheelbarrow *can easily transport a large rhododendron if it's balanced so it won't tip*

6 **Place all plants** *in the new bed before digging them in, so you can adjust them for the most pleasing effect*

8 **Plant root ball** *at same level as before or slightly higher. Firm soil mix in around the roots by hand. Water plant*

9 **After planting,** *trim off dead or broken wood. General pruning of rhododendrons is not required when moving*

America, you've got termites!



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La Canada. March 1 and 2. Los An Camellia Council. Place: Descanso dens. Hours: noon to 5:30 P.M. Su Free.

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Bakersfield. March 8 and 9. Camelli ciety of Kern County. Place: Baker High School Cafeteria, 13th and F st Hours: 1:30 to 7 P.M. Saturday; 12: 5 P.M. Sunday. Free.

Modesto. March 15 and 16. Modesto mellia Society. Place: Palm Court, ministration Bldg., Gallo Winery, 60 semite Blvd. Hours: 2:30 to 9 P.M. urday; 11 A.M. to 6 P.M. Sunday.

Santa Rosa. March 22 and 23. Son County Camellia Society. Place: S Rosa Junior College, 1501 Mend Ave. Hours: 2 to 8 P.M. Saturday; to 6 P.M. Sunday. Admission: adult children, 50 cents.

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The dwarf peach and nectarines

The developer of the dwarf 'Bon peach now adds 'Golden Treasu peach ripening six to eight weeks than 'Bonanza,' and 'Nectarina,' a ye fleshed nectarine, to the list of dwarfs.

So now there are five dwarf peaches three dwarf nectarines ready to pr fruit in sequence from late June to August. Here are a few facts about

'Bonanza' peach. Skin yellow with blush. Yellow-fleshed freestone of size and flavor. Ripens in late Ju warm valley areas.

'Flory' peach. Skin light yellow. S white-fleshed freestone of bland but flavor. Ripens in July. This seedlin riety was the forerunner of all true peaches and nectarines.

'Nectarina' nectarine. Skin deep red laid on yellow. Golden orange-fl freestone of sprightly flavor. Ripe late July.

'Empress' peach. Skin pink to red. I yellow-fleshed clingstone of fine f Ripens in early August.

'Golden Treasure' peach. Skin golde red blush. Large, yellow-fleshed free of fine flavor. Ripens early August.

'Silver Prolific' nectarine. Skin light y blushed red. White-fleshed freesto mild flavor. Ripens early to mid-Au

'Golden Glory' peach. Skin golden wit blush. Large, yellow-fleshed freesto rich flavor. Ripens mid- to late Augu

'Golden Prolific' nectarine. Skin y mottled orange-red. Large, yellow-fl freestone of rich, sweet flavor. R mid- to late August.

The dwarfs, like all peaches and n ines, are at their best in a hot-su climate. The nectarine is more dema than the peach in this respect, an performance of the dwarf nectarine been disappointing in some cool-su coastal areas.

All the peaches except 'Flory' de little winter chilling, and produce crops in the mild-winter areas of S ern California. Their ripening per cool-summer areas will be later than cated in the list above.

Don't confuse these true dwarf pe and nectarines with the semidwa the standard varieties such as 'Ell 'Redhaven,' etc. The true dwarf gro its own roots while the semidwarf (one-half to one-third smaller tha

nd tree) is grown on a dwarfing stock such as St. Julien plum.

e dwarfs are similar in form and 5 to 6 feet). They are distin- by their unusually long, narrow up to 12 inches long on a vigor- that cascade down in large tufts. eme dwarfing is caused by the vy flower and fruit set: Buds on ches are only ¼ inch apart. In arge pink to rose blossoms form together that they cover the .

e dwarfs set fruit early in life— e first year after planting.

NG THE FRUITS

t, in a favorable peach climate, is y that about half the small green ust be removed to give the tree e to ripen normal-sized fruits of avor and color.

ne to thin the fruit depends upon ning season of the variety. All s bloom about the same time. iately following bloom, the peach out of its jacket and rapidly in- in size to about the thickness of humb. Then there is a waiting in which there appears to be little hange in size.

eriod is short in the early-ripening nza,' and progressively longer (from to six weeks) in the midseason to arieties. There is a natural fruit luring this period, so hand thinning t carried out near the end of the but before the size of the fruit in- s. If the fruit set is heavy through- he tree, thin to 8 inches between if set is heavy in one part of the nd light in another, thin to 6 inches heavy-set branches.

RFS IN CONTAINERS

dwarfs adapt themselves to con- growing if you are prepared to when they need it. If the tree suf- rom lack of water before the fruit ked, the fruit will be small and of quality.

se an 18-inch or larger container. l plenty of peat moss into the con- r soil to insure both good drainage good moisture retention.

should water more often as the tree lops and the roots fill the soil. When tree is mature, there will be times in and August when daily watering is ssary.

ilize lightly but frequently, and in- se the amounts as the tree grows. An and safe way is to use a liquid fer- er at half the rate called for on the l but apply it twice as often.

't expect maximum growth and fruit duction from a tree grown in a con- er. In its youth, however, it makes a ghtful container addition to the patio flower, in foliage, and in fruit.

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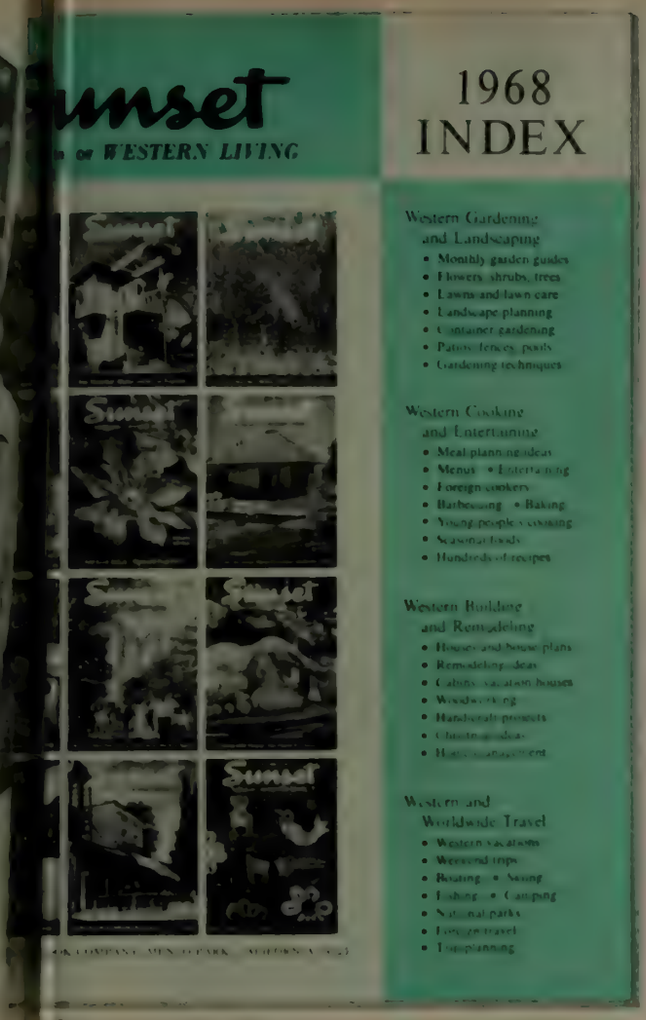

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Tiny bells *of brown boronia are de olate brown; chartreuse or yellow*

You grow it fo its fragrance

A pleasant story has it that sail proaching Australia can catch th of brown boronia even before t tinent comes into sight. The sto not be literally true, but it sugg high regard Australians have for th est, exceedingly fragrant shrub. W ers who know it share their regard

Of the many species of *Boron* grow in Australia, only *B. mega* brown boronia, is sold in Californ few nurserymen know even this Plants grow to 2 feet tall (rarely and are not striking, though they pretty in a wispy way. Flowers showy: outsides of the ½-inch-wi are chocolate brown, and the cha or yellow inner portions are not seen. Plants are hard to grow and lived: 4 to 5 years is a normal lif

Plant in fast-draining, acid soi ample peat and sand: never let pla out, but remember that stagnant around the roots will kill plants than drought. Give plants sun o shade, but avoid hot, windy sites flected heat. Avoid hoeing around which is likely to injure shallow

Tip-pinch after bloom to keep co You will have guessed by now that boronia is not grown for hardiness or landscape utility. It is for fragr and for the challenge of growin that connoisseurs plant it (and rep after it dies out). A freshly cut sp size of the one in the picture will whole house. Like most scents, t brown boronia is hard to define: mo ple call it fruity and compare it to rind, orange blossoms, apricot bran cooking apricots. Blooms come on i ruary and March.

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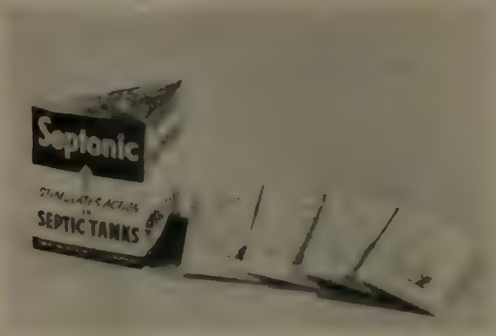

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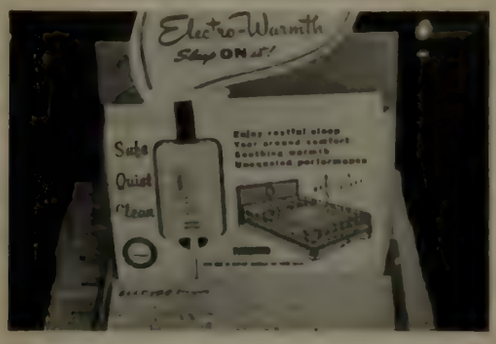

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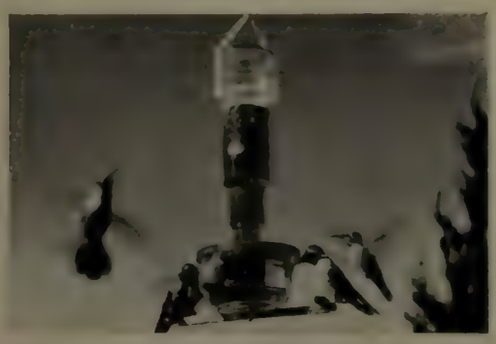

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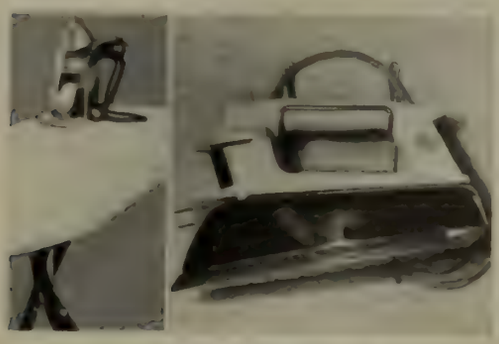

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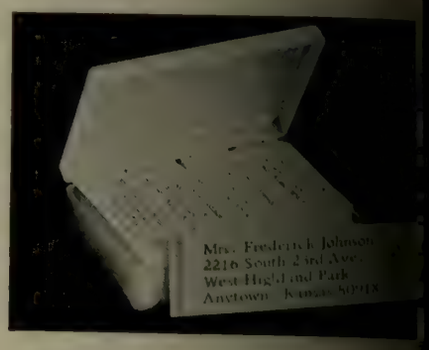

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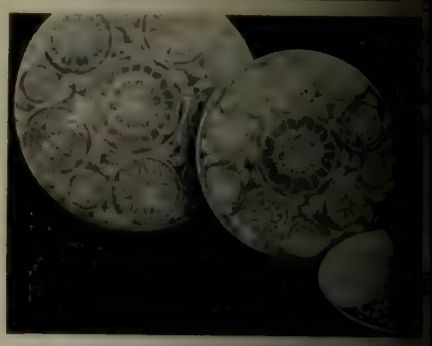

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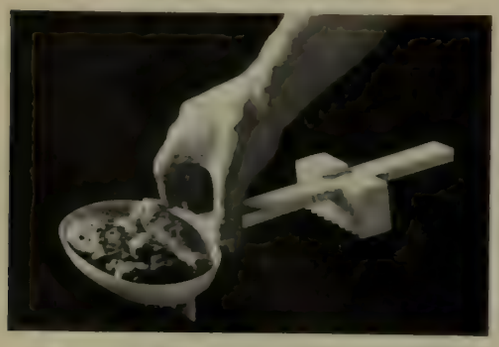

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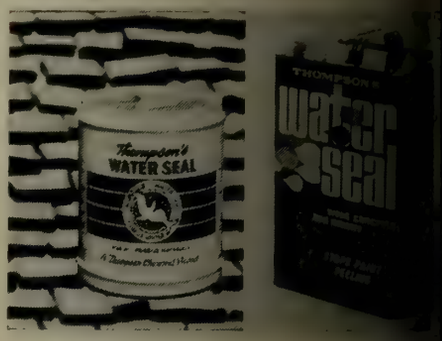

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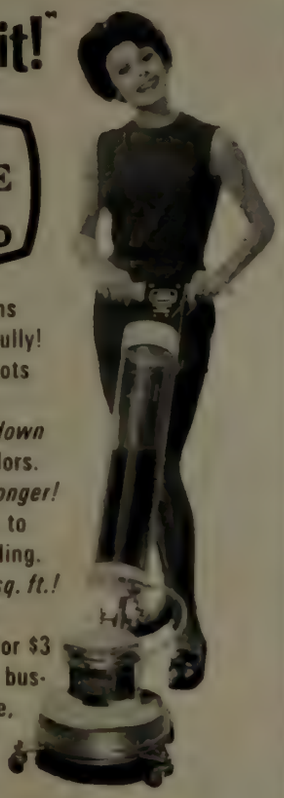

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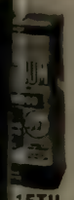

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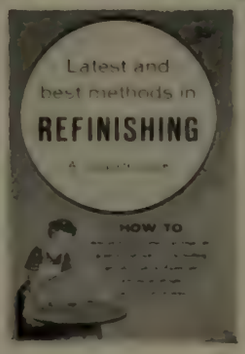

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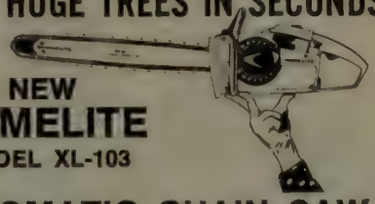

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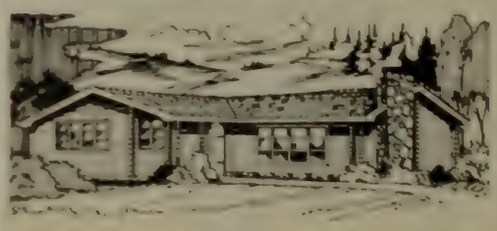

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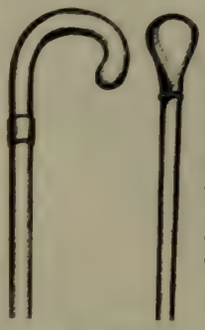

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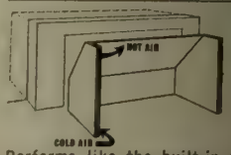

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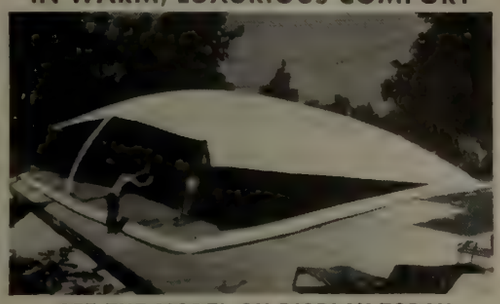

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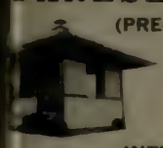

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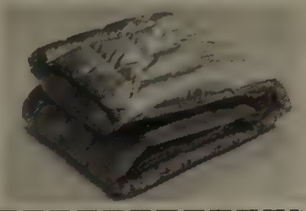

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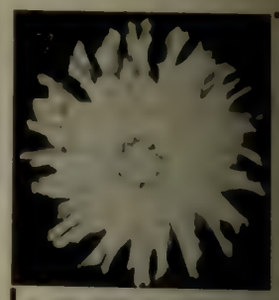

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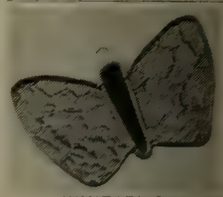

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andscape trees are like the little girl he curl—very, very good, or horrid. her they are good or not depends the tree's intrinsic qualities than setting it has and the care it gets. Sunburst' locust in the picture is tly located and beautifully pruned. ut the deep green background of ees and conifers, the golden green of the locust might seem merely a yellow. With dark trees behind, it to glow with its own self-generated ine, even on overcast days.

ine shape of this particular tree is sult of the continued attention of hiro Okasaki, a professional gardener prunes large trees with the same care he gives his bonsai. Without such pruning, 'Sunburst' locust throws out long, fast growing, sprawling branches that give it a loose, open, fan-shaped crown that fills in slowly. Mr. Okasaki selected well spaced side branches, kept them short to fatten them up, and let a leading shoot grow upward to a good height.

'Sunburst' locust is a variety of thornless honey locust *(Gleditsia triacanthos inermis)*. It is a fast growing tree with finely divided leaves. Like the other honey locusts it is a good lawn tree, leafing out late in the spring, dropping its leaves early in autumn, and casting a filtered shade — all characteristics that favor healthy lawn growth.

'Sunburst' is unique among honey locusts in the color of its foliage. Young foliage opens a bright golden yellow; as the current year's growth lengthens, new leaves that emerge are yellow while older leaves turn green. The over-all effect is of golden green touched gold at the branch tips.

The trees are hardy and thrive anywhere except under seacoast conditions. They grow best in deep soil with deep watering, but are not otherwise demanding. Plant bare-root or container-grown trees this month, and begin shaping them this spring and summer.

ELLS MARUGG

'Sunburst' locust *in the John Alton Brown garden, Atherton, California*

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LETTER FROM *Sunset*

Some Sunset ideas our readers feed back to us

Every issue of *Sunset* contains "feedback" from previous issues. Re typically take one of the ideas we publish, vary it, improve it, sim it or complicate it—and then tell us what they've done. If, in our ju ment, the new version is truly different, or an improvement, the promptly gets published again in *Sunset's* pages in the new version.

Most of our feedback is in small ideas—workshop developments, rev ing travel detours, container gardening discoveries. Recipe innovatio typical. A reader substitutes yogurt for sour cream; makes a Puget So version of San Francisco cioppino; uses Mexican wheat tortillas Peking duck; bakes bread along with a roast in her covered barbe throws out chicken for crab and so "invents" crab Tetrazzini.

These perhaps are small triumphs, but they are real ones. And they m up the basic feedback that keeps the readers' voice and reality in pages in every issue.

But not all feedback deals with small things like recipes. Some show ideas at work, under test, experiencing change and improvement. conspicuous example in this issue is the cabin pictured on our cover, ported in the three-page article that begins on page 80.

The story of this month's cabin goes directly back to *Sunset's* May issue. Mr. and Mrs. Victor A. Levi of San Francisco so liked the c we published on the cover of that issue almost five years ago that wrote us for the name and address of its architect. The cabin was a win of an A.I.A.-*Sunset Magazine* Western Home Award, and they wan one like it.

What they got, of course, was a fresh new cabin design, very differ from the 1964 cabin, but built and now published because the early cab design provoked the Levis into action.

This is feedback. It is what makes *Sunset's* editorial content, to a markable extent, a continuing story—of trial, error, change, improveme failure, success—by the families that read and use this magazine.

WINDOW ON THE WEST:

Surfing . . . at L. A. International Airport

America's finest surfing is in our westernmost state, Hawaii. But America's most popular surfing is in our most populous state, California. There is some surfing in the northern part of the state, mostly at Monterey Bay. But the great place for it is Southern California, the beaches south of Point Conception, where surfing goes on the year around. The young man in our photograph is surfing at Playa del Rey, at a beach that's just beyond the end of the runways of Los Angeles International Airport. This surfer is starting a right-hand cut at the bottom of a wave that has not yet crested.

MARCH 1969

35 CENTS

Sunset

THE MAGAZINE OF WESTERN LIVING

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1969's New Flowers · Soup Secret · Bottom of Baja

Can a boat this beautiful really be practical?

Let's start with the Rogue II, which the fishermen are admiring.

To begin with, it's an Evinrude.

It's built to take punishing tests that would cripple lesser boats. If you had just spent an hour jumping the Rogue off the tops of waves at full throttle, you'd appreciate it more.

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But the most luxurious thing about it is the way it rides. Its Gull Wing shape gives it an easy entry and wide-track stability. It curls the water over and cushions your ride on a carpet of spray.

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Now that you have a choice of appointments and prices, why dream? See your Evinrude dealer.

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Feature articles for March 1969

CENTRAL EDITION

PAGE
More than 200 cruises sail from West Coast ports 48
The bottom of Baja 76
Making soup in the grand manner 86
The new All-Americas—plant now for summer color 90
A-frame playhouse built in one weekend for $75 94
At Santa Cruz college students go out for gardening 96
The cake top makes a moat 142
Stemmed glasses show off your fancy fruit desserts 146
Growing the earliest tomatoes in your neighborhood 204

Travel

PAGE
Search travel in and beyond the West 3
The bighorns will pose for you 28
Sing a ship off—it's fun and it's free 30
Ireland slowly—by pony trek ... 36
Caring in Hawaii—$7.50 and up ... 39
Miniature temple in San Francisco .. 40
See the Point Pinos lighthouse has a downstairs museum 43
Navigational aids and charts—you can buy by mail 46
This year from West Coast ports—more than 200 cruises 48
A walk in Sacramento's Capitol Park 54
Desert find—a Chalcedony rose 59
If you plan to take your dog 62
Wilderness trips—starting in April .. 64
A great year for California history .. 66
You can watch the beagles from a San Benito hilltop 68
Up from Lucerne—by rail and cable . 71
Thirteen-mile detour to Bodie 75
The bottom of Baja 76

Building and Remodeling

This entry room is a "mud room" ... 100
The Changing Western Home† 102
Now they sit down to dinner in a new glass dining room 106
A view across the balcony 114
Traveler's trophies on display 138

Landscaping and Outdoor Building

Playhouse built in one busy weekend by three energetic adults for under $75 94
If you garden with containers— 122
A two-story house for rats 132
It's a disappearing sandbox 137

Letter from *Sunset:* Our test workshop 248

Food and Entertaining

PAGE
The great soup secret 86
*Sunset's Kitchen Cabinet** 140
The cake top makes a moat which you then fill with strawberries 142
The Western Kitchen 145
It's your fruit dessert on the stem ... 146
Knife-and-fork sandwiches using kippered herring 149
Bear claws—using a mix 154
At last, an easy strudel 156
Not quite Peking duck, but delicious and it's yours 164
March menus 170
A sour cream apple soufflé 177
Butter is beautiful 179
Coffee with a Swedish twist 180
Two fruit-and-chicken salads 182
Smoked tongue in a Madeira sauce .. 184
A plum sauce for pork roast 186
*Chefs of the West** 189
It's a ham and spinach roll 193
Fried Camembert on toast with jelly 197
Spring cabbage salad—here are three 199

Workshop and Craft Projects

Some gardeners like the old-style wheelbarrow 104
The light box overhead 116
Maple table—heavy and handsome . 127
Fern fronds on the concrete floor ... 130

Home Management

Waste space is for wine storage 111
For toy storage—and for work space 112
The old kitchen is now the family room 118

Gardening

PAGE
It's time to plant color—and there's new color to plant 90
College students garden at Santa Cruz 96
March in your garden 200
Can you grow the earliest tomatoes? 204
Trilliums—on the forest floor 206
Larger than a man's hand—tree peonies 209
All three go by "dusty miller" 213
Strawberries for landscaping? 214
Green flowers for St. Patrick 218
Birds are particular 222
Which tree is the best buy? 224
These orchids aren't touchy 226
Scarlet runners—a heroic harvest ... 228
Sprayers to spray a 35-foot tree 233
Watch for leaf miners at work 236
March garden events 241

The Cover Story

'Irish Eyes' gloriosa daisy attracted a honeybee while Darrow M. Watt was photographing it during a visit to flower fields to see new annuals and perennials (page 90). Unlike other gloriosa daisies, which are dark-eyed, 'Irish Eyes' has a green center

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arch travel...
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GLENN CHRISTIANSEN

This group *of families has the valley to itself at a campsite surrounded by grasslands and green oak hillsides in vast Los Padres National Forest, 100 miles south of San Jose*

ne for late winter camping

Bay Area families look forward to r as a time for camping. Redwood s, beaches, and rolling foothills are it drive away from the metropolitan Although thronged with visitors in ter, they are splendid and solitary Rain has settled the dust and the is green in park campsites and low- national forests. In winter, park ers gratefully relinquish policing s and concentrate on sharing their ledge of the parks with visitors.

winter camping gear should include kind of shelter. It can be as rudi- tary as a plastic tube tent that you buy for about $2 at sporting and ntaineer shops. Otherwise, if you g warm clothing, your camping gear n't be different than in summer. If own a camper or trailer outfit, then and cold nighttime temperatures are roblem.

state park winter campsite fee is 0 each night. Here are three represen- ve areas in Central California that you it try:

strong Redwoods State Reserve (20 s, 2 miles north of Guerneville, So- na County). Campsites are in clear- s away from the winter gloom and al dampness of redwood groves. For lhead fishermen, the Russian River is rby. Trailers are not allowed.

Basin Redwoods State Park (196 s, 9 miles from Boulder Creek, Santa z County). In this redwood area the perature rarely drops below 32° and

gh-clearance *vehicle is useful for winter ping when creeks overflow the roads*

Sunset

THE MAGAZINE OF WESTERN LIVING

March 1969

On January 16, *editor (standing) checks his article at outdoor cafe in La Paz plaza—opposite church shown on page 78*

We call it face-to-face checking

Our research on *The bottom of Baja* (page 76) was done last spring, but conditions can change. In January the *Sunset* editor-in-charge, finding it difficult to check details by mail or telephone, flew to La Paz.

Above he is consulting (left to right) fishing captain Salvador Morales, merchant-photographer Francisco Arámburo, travel agent Carlos Riva Palacio, guide Guillermo Huerta. (All speak excellent English, but we found such notes as these on one of the article texts: "*Muy correcto . . . ver pagina 26 . . . tiene casa en Buenavista.*")

The editor consulted more than a dozen other travel authorities in La Paz. Then he caught an 11:10 plane one morning, was back in *Sunset's* Menlo Park office by 3 that afternoon.

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then only at night. One of the best for fair-weather hiking leads up ridge (3 miles round trip) where yo see the steeply sloping coastline. T ture museum in the park is open during daytime hours, but the g store opens only on weekends.

Los Padres National Forest, Mo District, (about 25 miles southe Soledad in Monterey County). T foothill country of oaks and open across the Santa Lucia Mountains Big Sur. Many of the roads are di should not be attempted after storms. Campground maps and a fi mit are available at national forest quarters in King City.

Port of Oakland tour—by land, then by sea

The Port of Oakland owns a huge, 4 acre swath of bayside land. Unlik Francisco's port, which is visible fro Embarcadero, much of the East Ba cility is hidden from public view. T quaint business and special int groups with the port's activities, o offer a 2½-hour tour on which there is space for other interested individ

You travel by bus for the first h the tour. First stop is the Grove S Terminal for a look at conventional loading procedures. Next, you inspe port's 300-acre industrial park. Th stop on the bus portion of the tour port-operated Metropolitan Oaklan ternational Airport.

Visitors then board a sightseeing boa travel through the outer harbor to the Sea-Land Terminal, where car large containers is shuttled betwee holds of ships and the flatbeds of wa trucks. Nearby are the 14th Street W and the 7th Street Container Term the latter with four of nine berths pleted and the rest due to be finishe 1970. By then the port is expecte handle more container freight than other West Coast installation. Contin up the estuary towards Jack Lon Square, you pass the Naval Supply ter, U. S. Naval Air Station in Alam and Todd Shipyard.

To find out when you can take a write to the Port of Oakland Public lations Department, 66 Jack Lon Square, Oakland 94607; or call (415) 3188. There will probably be a wa period; unless you are with a large gr you must be accommodated on an ready-scheduled excursion whenever t is extra space. Tours, free, are plan only during daylight hours on weekd

Watching herons at Audubon Ranch

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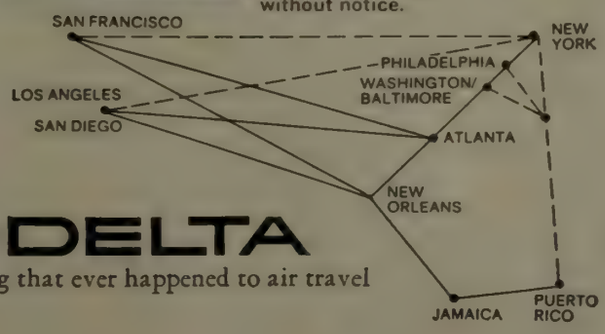

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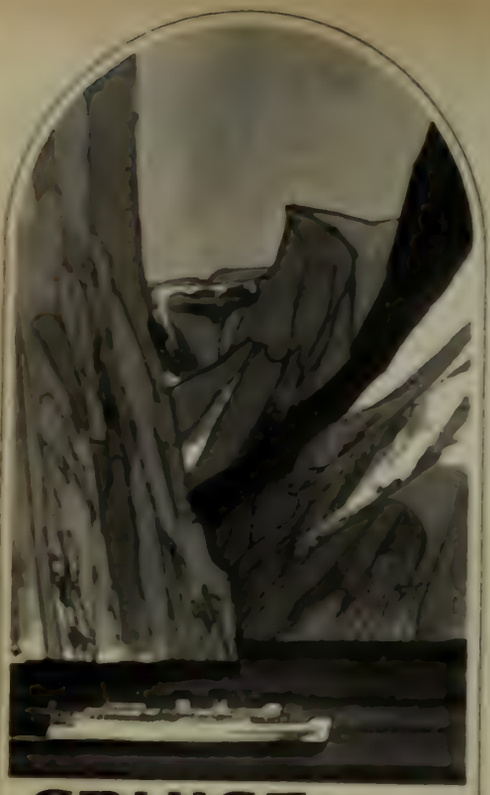

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Bolinas Lagoon this month. You can look down on their treetop activities by hiking a half mile to the telescope at Henderson Overlook on the Audubon Canyon Ranch.

During a 1967 study, about 140 heron nests were sighted at the ranch. Heron parents take turns sitting on the eggs during the 28-day incubation. When fully matured, a heron stands more than 4 feet tall with a 6-foot wing span.

Egrets are smaller, with plumage so admired that at one time the birds were nearly exterminated. Egrets often move into heron nests as soon as the young herons depart.

The refuge is open to the public on Saturdays, Sundays, and holidays from March 1 through July 4. Hours are 10 A.M. to 4 P.M. A ranch naturalist is on duty at those times to answer questions and direct you to the Henderson Overlook trail and other trails, some of which lead into the Marin Municipal Water District lands where hiking is also permitted. Near the ranch buildings is an area for picnicking.

Groups interested in touring during the week should write to the ranch naturalist, Audubon Canyon Ranch, Highway 1, Stinson Beach, Calif. 94970.

Audubon Canyon Ranch is 3 miles north of Stinson Beach along State Highway 1, just beside the birds' feeding grounds in Bolinas Lagoon.

Frog hunting season

When you pass a pond or marsh and the frogs' familiar "jug o' rum" s you'll know—if you're a fancier of f legs—that this is the month you've waiting for. Frog season opens Mar and continues through October 31 in C fornia counties south through Ven Kern, and Inyo.

Cuisses de grenouilles (frogs' legs) about $2 a pound, frozen. But m people don't mind saving the mone catching their own, and they prefer e the fresh kind.

In the West, the cook's favorite fr the American bullfrog. Identified by absence of skin folds on the upper the green-headed bullfrog grows to a 8 inches in length. You'll find him in streams and other quiet water th ringed with tules on muddy banks. C frogging areas near San Francisco include the Valley of the Moon in Son County, Niles Canyon in Alam County, and the marshes around Banos in Merced County.

Frog catching implements include a ing rod with hook and fly (or hook red flannel) which the frog takes fish might; a forked spear; or a dip at the end of a long pole. The Califo Department of Fish and Game req froggers to carry a fishing license. T also enforce a limit of 20 frogs per per

For travel planners, a March check list

Desert Wildflowers. A 13-day wildflower tour and camping expedition through Organ Pipe Cactus and Saguaro national monuments, the Papago Indian Reservation, and other scenic areas of Arizona's Sonoran Desert will leave Tucson on March 30 and end in Phoenix on April 11.

Tour cost of $250 per person includes all transportation, meals, and the services of tour guides, drivers, and camp staff. If you provide your own transportation, cost is reduced to $180 per person. For details on this and other "Gypsy Tours," write to Wampler Tours, Box 45, Berkeley 94701.

Europe for golfers. A 15-day European tour designed especially for golfers will leave New York each Saturday from May 3 through October 11. Courses to be played include the Golf Club de Belgique near Brussels, the Walton Heath Golf Club in London, Scotland's famous St. Andrews, the King's and Queen's courses at Gleneagles, the Alisa Golf Course at Turnberry, and the Royal Liverpool Golf Club.

Tour price of $749 per person includes round-trip air fares from New York, accommodations, two meals a day, and all greens and caddy fees. See a travel agent or write to Sabena Belgian World Airlines, 720 Fifth Ave., New York 10019.

Old Mormon Trail. A six-day jeep tour and camping safari along the Old Mormon Trail from the Colorado River's historic Hole-In-The-Rock crossing and including Comb Ridge, Grand Gulch, Natura Bridges National Monument, and other at tractions of Utah's slickrock-and-canyo country will leave Monticello on June 2 Tour cost of $32.50 a day per person in cludes transportation, all meals, campin equipment, and guide service. For informa tion, write to Canyonland Tours, 295 Blu Mountain Dr., Monticello, Utah 84535.

Windjammer cruises. Every seconc Wednesday throughout the year, the 132 foot schooner *New Endeavor* sails out o Mackay, Queensland, for a 10-day cruis through Australia's Great Barrier Reef Cruise prices range from $180 to $226 pe person and include accommodations i twin-berth cabins and meals. Rates includ an informal cruise program of swimming beachcombing, fishing; or you can just enjoy the thrill of a grand old sailing shi that carries 5,000 feet of canvas under ful sail. For reservations or information, write to Captain Cook Cruises, 9-13 Bligh St. Sydney, New South Wales, Australia.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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Sunset School & Camp Directory

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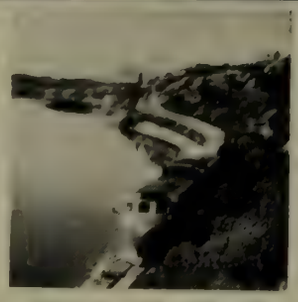

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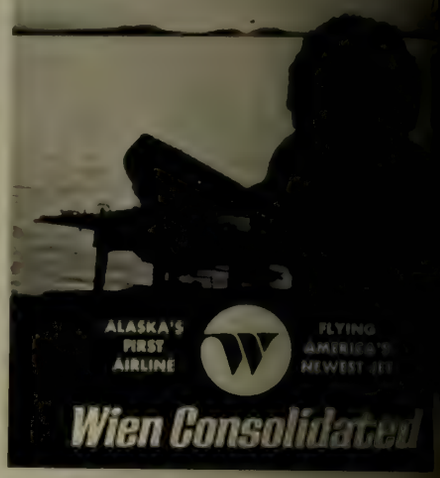

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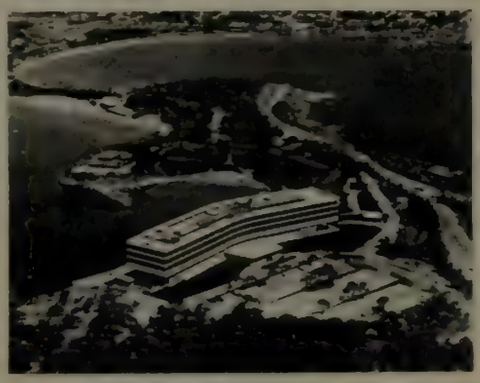

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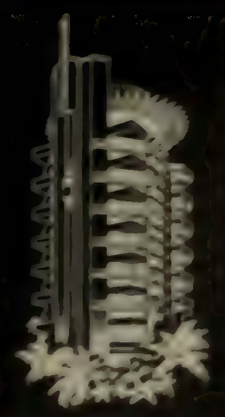

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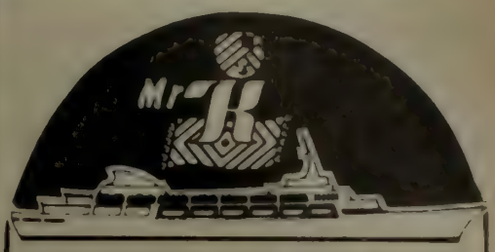

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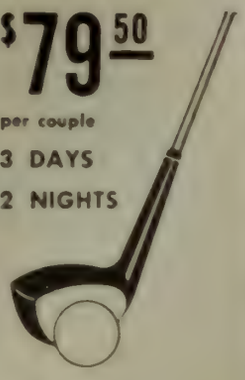

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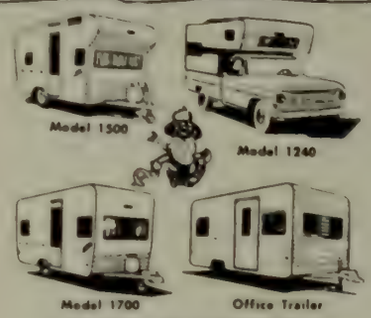

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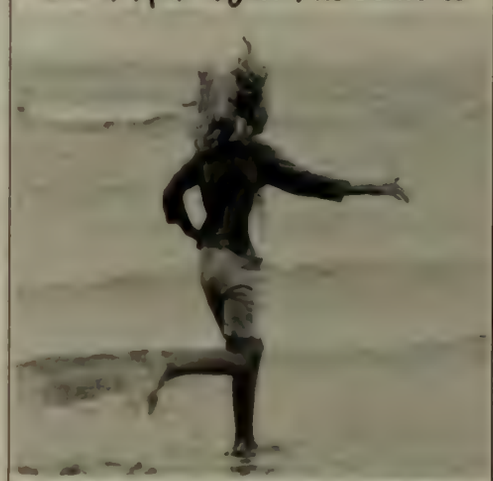

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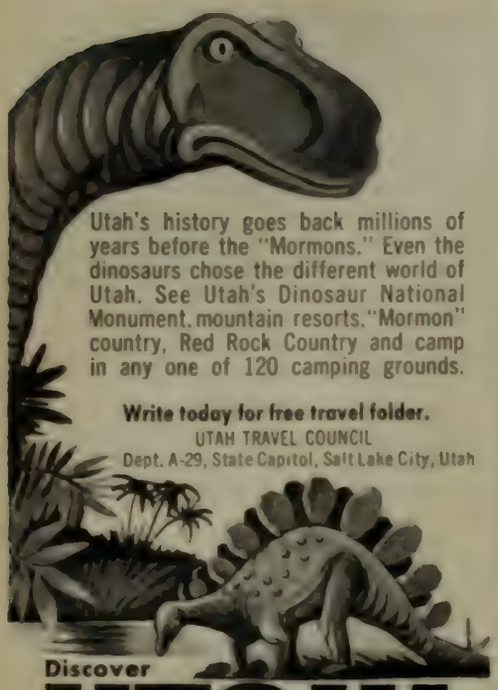

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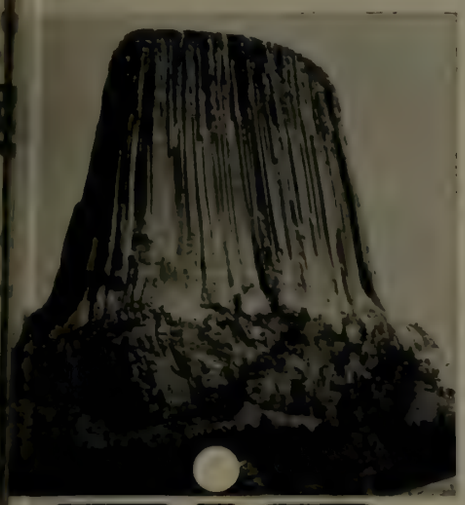

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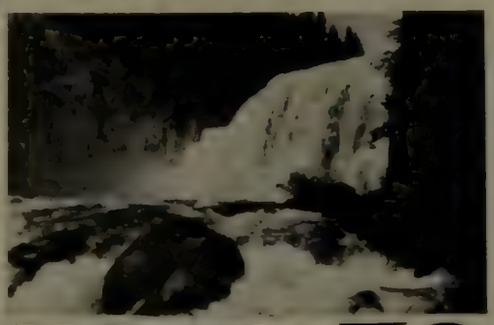

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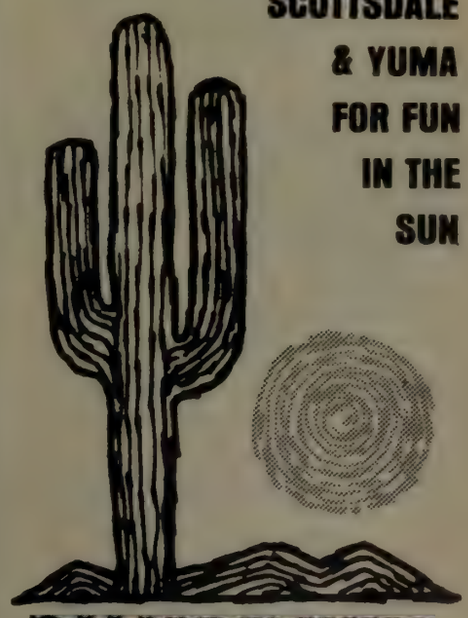

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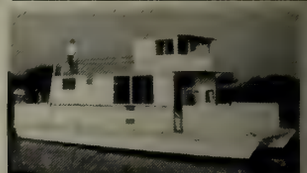

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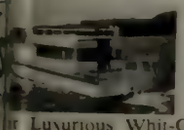

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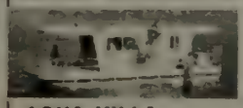

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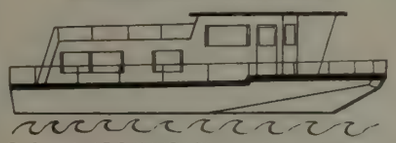

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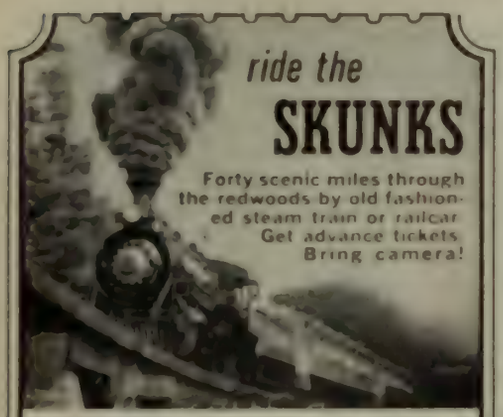

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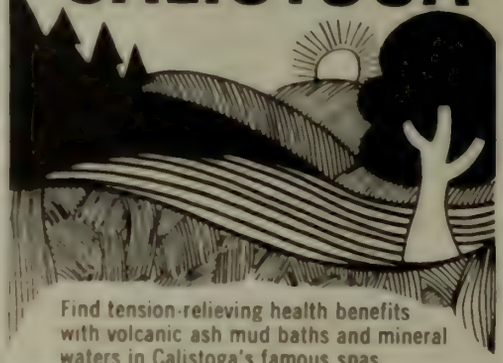

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Spas/Resorts/Recreation
Chamber of Commerce
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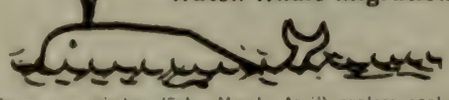
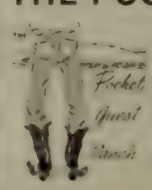
LAKE COUNTY CHAMBER OF COMMERCE
P. O. Box 517S, Lakeport, California

Watch Whale Migration



From your window (Feb., March, April) explore secluded beaches. Gather driftwood. Or just loaf. Fireplace units—Indoor heated pool. For rates & brochure, write:
VISTA MANOR MOTEL
P.O. Box 595 Ft. Bragg, Calif. 95437

THE POCKET GUEST RANCH



A working ranch for guests in Sonoma County. Horseback riding, fishing, swimming, jeeping. Luxurious accommodations and excellent food. American plan. A complete facility for those who appreciate informal Western living. For free brochure or definite reservations, write or call: **P.O. Box 64, Geyserville, California 95441. Phone (707) 433-5594**

BILL JACK

Bighorns pose *motionless for your c*

These bighorns will pose for yo

The Nelson or desert bighorn sh about as elusive as any animal i West, but one place where you can on seeing him is in a refuge adjacen busy highway only a few miles fro city limits of Las Vegas. It is perha only place outside a zoo where yo photograph entire families of big without having to climb a mount hike far from roads.

The Desert National Wildlife Ran tends along the north side of U. S. way 95 between Las Vegas and I Springs, Nevada. Entrance to the ra at Corn Creek; the turnoff from U. is about 20 miles northwest of Las V and the refuge entrance is about 5 northeast of the highway.

At Corn Creek the U. S. Fish and W Service conducts field studies that in observation of animals captured brought in for a time to the station pound. They soon become accustom visitors, and it is sometimes possib you use caution and move very slo to approach with your camera with yards of family groups. Never ent compound without a station staff ber, however, for the rams have known to charge unwary photogra especially when their backs were tur

Despite such occasional rudeness sheep generally seem to like to be p graphed, standing so rigidly and s so glassily at the people staring at that they appear to be stuffed cre in a taxidermist's exhibit.

We'll put you up to your ears in Hawaii.

Nobody knows Hawaii like United knows Hawaii. We should. We've been flying there for 22 years.

In fact, our flights across the water give you a good taste of the Islands before you get there.

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Right up to your ears.

fly the friendly skies of United.

"It was love in bloom."

United. The Hawaiian High Way.

Seeing a ship off . . . it's fun and it's free

Liner pulls out *under own power, tug helps steer against current*

Ship's passengers *line railing while late arrivals hurry up the covered gangway*

Visiting a passenger liner on sailing day is a great free show. You can go aboard, stroll the passageways, look in on the public rooms, and from your lofty vantage see activities throughout the harbor.

West Coast passenger ship sailings for the month of March—those that allow visitors aboard—are listed at the end of this article. If you arrive two or three hours before sailing, continuing passengers will still be ashore sightseeing and new ones won't yet be aboard. It's the best time to explore.

Unless you can obtain a brochure with a deck plan, allow some time for finding your way through the maze of decks companionways. Take the elevator t top deck, then work your way down you'll avoid climbing a lot of stairs. top decks usually are public areas. ships serving Pacific Coast ports are class. On two-class ships you can freely between class sections.

Children take special delight in clan ing about a ship. They notice the car of the flooring from port to starb which finds you walking uphill to mid and downhill on the other side. The d take a good tug to open, like those tween railroad cars. The companionw

On pier, *young well-wisher waves pompon of colored paper strea*

BARON WO

Band, *serpentine streamers, blasts on whistle are all part of the show*

sion Bay, great aquatic resort and Sea World's fun-show!

Cruise the Harbor, see your Navy!

Diego Zoo, world's largest! Bus tours, Children's Zoo; in Balboa Park, city's cultural center

65 golf courses; year-round play

ee the first Mission, irthplace of California.

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200th Anniversary in '69

Join the adventurers . . . make a break for California at its best: exciting San Diego! More to see and do . . . in America's finest climate. And '69 is the year to make your escape. Come join the year-long celebration of our 200th Anniversary. Write for free "Escape Kit." Convention & Visitors Bureau, Dept. S-3, 225 Broadway, San Diego, California 92101.

san diego

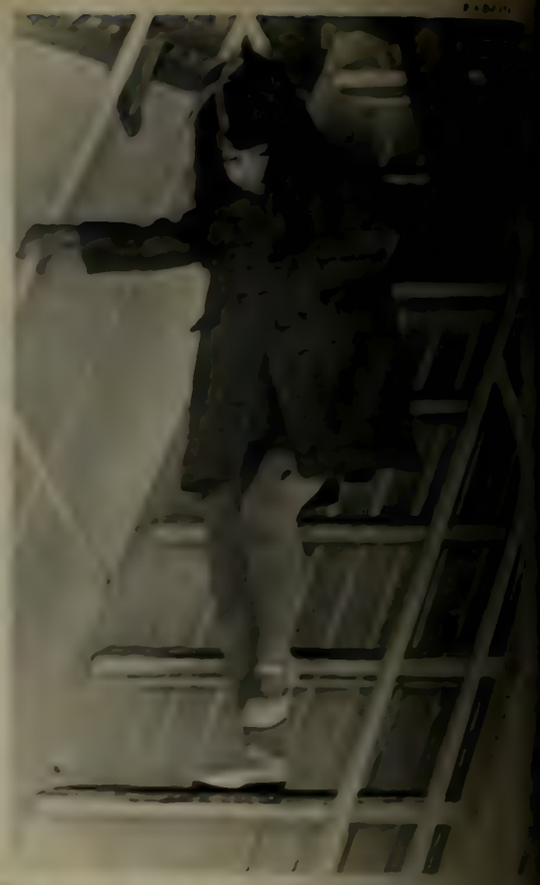
Water sports; 70 miles of beaches

ish for marlin, yellowtail!

15 minutes to Mexico; bullfights, jai alai, duty-free shopping!

Racing at Caliente and Del Mar!

Sign *directs attention to storm step separating lounge from ballroom*



Walking down *steep-pitched companionway of bravery for young girl touring passenge*

are narrow and the crate young may have to ascend than hand over hand. While in port many ships open their lounges and sell refreshments to visitors.

Close to sailing time, you see passengers coming up the gangways, trailed by porters struggling with luggage. Stewards scurry about delivering flowers and telegrams, and balancing drink trays for stateroom parties. It is a good time to leave the now crowded passageways and to walk outside to the cargo loading area of the ship. Often, deckhands on P & O ships are colorful East Indians (lascars) wearing hand-painted red hats and scarves about their waists.

Just before sailing, you'll hear a warning blast on the ship's whistle and an "all ashore" announcement over the loudspeaker. The tempo quickens, there's sometimes a band playing, and passengers shout farewells and lob colored streamers over the side. Finally, the gangplank is uncoupled and the vessel moves away from the dock.

Gleaming *passageway barely wide enough for passing*

The ship departs with ponderous deliberation, and you stand close enough that you can watch every detail: the captain and the pilot standing on the wing of the navigation bridge, the deckhands off the huge lines, the figures of passengers growing smaller as the cases out to sea.

You will need a pass (except for M and Holland-America ships). To one, write the shipping line at the a listed below.

When you write, ask about sailing they are subject to change. The li mail you your pass if there is ti not, you can pick it up at the sale or at the dock.

Visiting hours are usually the three before sailing. Companies sometime the number of passes. If you partic want to see the ship because you to sail on it later, the passenger department can often arrange to tak on a tour.

This month, most passengers are le for warm weather and the principal of embarkation are Los Angeles a Francisco. Later in the spring and thr out the summer (see the cruise artic page 48 of this issue) there will be tional sailings from the Pacific Nort

British stewards *pass time of day before passengers throng aboard*

LOS ANGELES

American President Lines
523 W. Sixth St., Los Angeles 90014
Cleveland 4 P.M. March 18, Berth
Wilson 4 P.M. March 31, Berth 93

Holland-America Line
650 S. Olive St., Los Angeles 90014
Statendam 10 P.M. March 11, Ber

(Continued on pa

f there's a place with omething California doesn't have, t's Canada.

anada, where there's Québec, so ch like Europe without an ocean in way. A place for people to get out heir cars and rediscover walking ugh a city of unexpected corners, rming side streets and shops.

anada, where there's Montréal, a -scraping city vigorously growing — and growing down. With under- und streets of shops and theaters l restaurants, and a futuristic sub- with no two stations alike. With a nd of cultures and times and lan- ges. An exposition you must see: an and his World."

And beyond the cities are highways earing to endless forests, and lakes l the precious sense of being alone.

Canada, where the Atlantic Provinces are something to hear—the cry of gulls, the roar of the surf, the skirling of bagpipes at a Scottish festival, the creak of rigging and slap of waves on fishing boats.

Canada, where Ontario blends Niagara Falls, Shakespeare, Indian powwows, Toronto Dixieland jazz, trout-filled lakes, and red-coated soldiers into an unforgettable vacation.

We'll fly you there. Air Canada, the international airline that flies to 16 other countries besides yours and ours. Fly with us now, pay us later. We offer family fares every day, every flight, and thrifty Tourific package tours.

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C-1

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Address_____

City_____ State_____ Zip_____

WHAT GERTRUDE STEIN MISSED.

YOU SHOULDN'T

Come to Oakland – to Jack London Square. For the prime in prime ribs. Or, to shop for imports. Watch the ships set out to sea. Or have a roaring good time, Jack London Style, at the First And Last Chance Saloon, still standing-and-serving on the waterfront he ruled, as an oyster pirate!

Walk along the shores of Lake Merritt, through a Japanese garden. Or set sail across the lake—alone in the center of a city! Visit Bret Harte boardwalk, restored in honor of the famous gold rush author, once an Oakland resident.

See our new $7 million museum of California's history, arts and natural sciences. Explore our five college and university campuses—to see California's newest science show . . . to view *more* history, or to picnic in a garden of wildflowers. Watch your choice of five major league sports, at our Coliseum Complex. Look *down* at the animals, at Oakland's zoo.

Yet *another* famous Oaklander, Gertrude Stein once said of her city: "There's no there, there."

Miss Stein should see Oakland *now!*

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Free Vacation Guide send to:
Oakland Chamber of Commerce
Convention & Visitors Department
1320 Webster Street, Suite 38C
Oakland, Calif. 94612

Name _____ Address _____

City _____ State _____ Zip _____

Visitors watch *as ship's crane maneu steamer trunks and crates into the*

Matson Lines
523 W. Sixth St., Los Angeles 90014
Lurline 4 P.M. March 6, Berth 195
Mariposa 10 P.M. March 10, Berth
Lurline 4 P.M. March 22, Berth 195
Monterey 10 P.M. March 31, Berth

P & O Lines
1 Wilshire Bldg., Grand Ave. at Wilshi Blvd., Los Angeles 90017
Orsova 2 A.M. March 7, Berth 93
Arcadia 11 A.M. March 11, Berth 93

Princess Cruises
643 S. Flower St., Los Angeles 90017
Italia 9 P.M. March 7, Pier 146
Italia 9 P.M. March 21, Pier 146

SAN FRANCISCO

American President Lines
601 California St., San Francisco 94108
Cleveland 11:30 A.M. March 17, Pie
Wilson 11:30 A.M. March 30, Pier 50

Matson Lines
110 Mission St., San Francisco 94105
Lurline 4 P.M. March 8, Pier 35
Mariposa 11 A.M. March 9, Pier 35
Lurline 9 P.M. March 23, Pier 35
Monterey 11 A.M. March 30, Pier 35

P & O Lines
155 Post St., San Francisco 94108
Arcadia Noon March 10, Pier 35

VANCOUVER

P & O Lines
409 Granville St., Vancouver 2, B.C.
Arcadia 5 P.M. March 6, C.P.R. Pier

Need a second car? How about a 2½?

ese better-idea Fords do all a second car can do, plus a great deal more

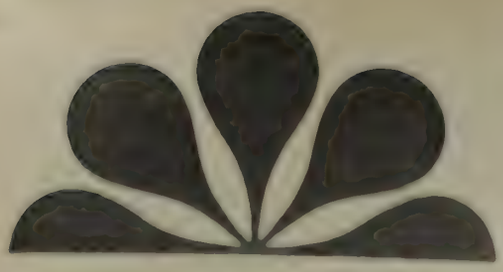
k trails like a mountain goat in Ford's Bronco. 4-wheel drive es Bronco go on hills, in mud, sand or snow—a sure-footed panion for ranchers, hunters, fishermen. Bronco's great nd town, too. Smooth-riding Mono-Beam front suspension; ble 33-ft. turning diameter; powerful Six or V-8 up to 205 hp.

Seat 12 comfortably in Ford's new Club Wagon. The quality that makes wagons popular as second cars is roominess—and here's the roomiest wagon ever built! Room for up to 12 adults, or room for five plus over *twice* the cargo ordinary wagons hold. Many interior plans. Smooth-riding Twin-I-Beam front suspension.

ul 6-foot loads in the trunk of Ford's Ranchero. The big, 6½- ot pickup box tells you Ranchero's a worker. But everything se says luxury. It looks, rides and handles like a fine car. Lux- y options, too—bucket seats, SelectAire conditioner, power disc akes. Seven engines including the 428 Cobra Jet Ram Air V-8.

Carry your motel with you on a Ford Camper Special. Living quarters for six, hot and cold running water—some second car! Camper bodies up to 14 feet travel dependably on Ford's Camper Specials; all the needed heavy-duty components are built right in. And Twin-I-Beam front suspension smooths every mile of the way.

FORD Ford



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That unhurried feeling of the Outer Islands you're seeking is right on Coral Harbour's 2500 acres...reserved for 150 discriminating guests.

Unlimited...Waters to deep-sea fish or sail...Beaches to laze on...Marina... Golfing on our 18 [illegible] course ...one of the Bahamas' finest.

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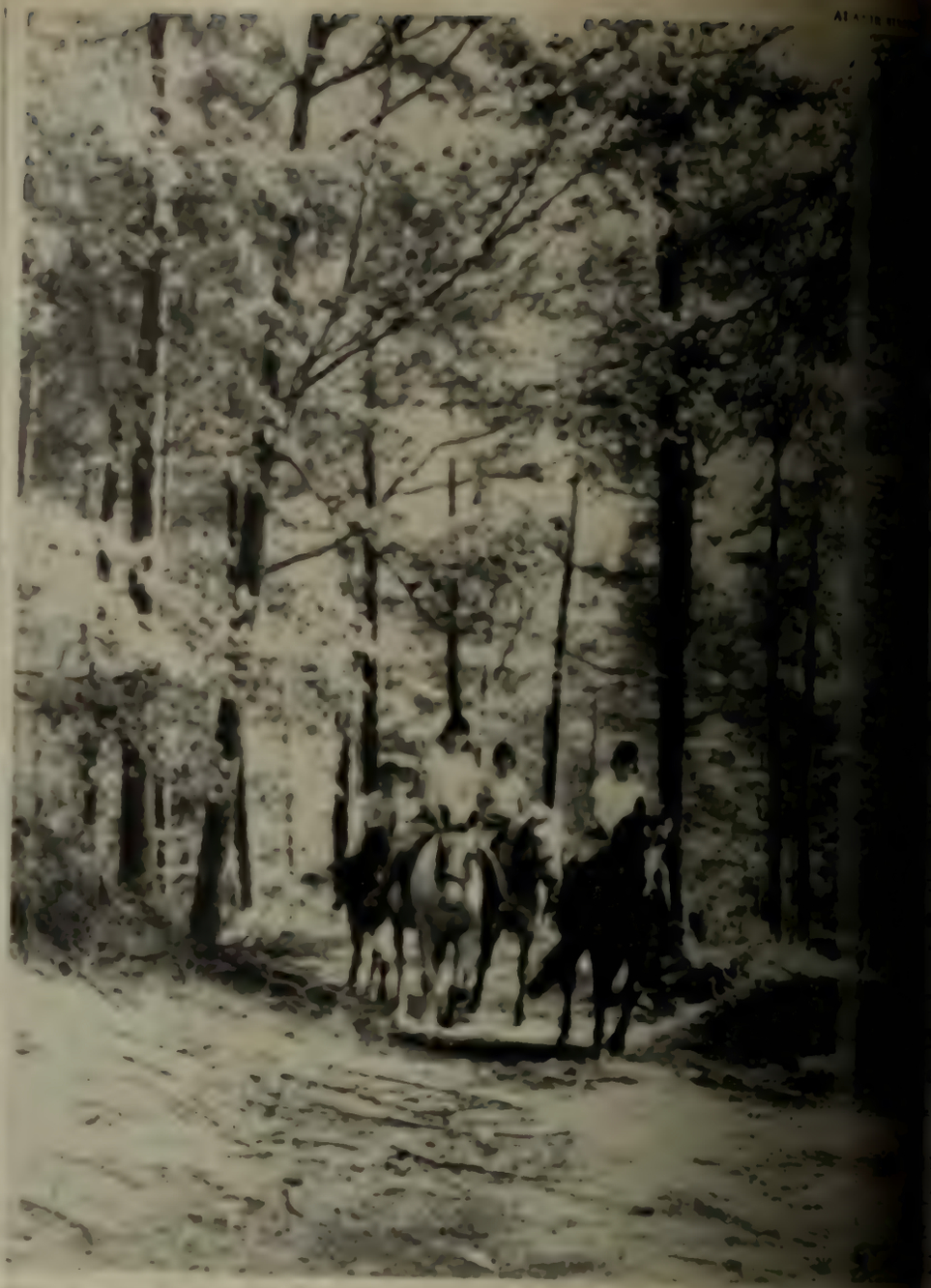
Coral Harbour...where life's uncomplicated.

And unwinding.

For reservations see your Travel Agent or [illegible] Los Angeles (213) 461-194[illegible] MA 4-[illegible]

coral harbour club

NASSAU • BAHAMAS



Riders returning *from an afternoon's canter through wooded countryside of Ire[illegible]*

See Ireland slowly . . . by pony tek[illegible]

Riding a horse through the Irish countryside lets you see the beauty of the country slowly and in detail. You can wander down lanes where cars never go and stop to chat with passersby.

And it's surprisingly easy to arrange horseback tours in Ireland. If you already ride fairly well, you can arrange to go out with a group on a pony trek. Such a trek consists of a small group of riders with a guide who spend about six hours on horseback, returning to a base in the evening. Most riding centers either supply a box lunch to carry along, or arrange for riders to take a midday meal in a cottage or farmhouse.

Costs for a one-day trek are approximately $6 (including lunch); half-day treks can also be arranged. Some travel agents and hotels make arrangements [illegible] pony trekking holidays. A [illegible] charges (accommodations, [illegible] lunch, and five days of tr[illegible]) about $50 per week.

If you're not interested in su[illegible] extend[illegible] tours, you can find riding s[illegible] most every part of the count[illegible] where y[illegible] can rent a horse by the h[illegible] (call[illegible] "hacking" by the Irish). Ofte[illegible] also have children's ponie[illegible] Charges for hacking are ab[illegible] $1.50 [illegible] hour, or a little more if you n[illegible] some time taking lessons.

For brochures on agencies [illegible] trekking holidays and more [illegible] on riding in Ireland, write [illegible] Tourist Board, 681 Market S[illegible] cisco 94105.

W, from our Accident Division you get tax free:

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ch and every month····EVEN FOR THE REST OF YOUR LIFE.

This is not a misprint. If you qualify, you get protection which pays you at e rate of $1,000.00 CASH a month beginning the first day and for your full stay in hospital (other than a sanitarium, rest home or government hospital) due to y accident. Even if you're confined only for one day, you still get $33.33.

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ou get a full month's coverage for 25c. Send no money. When you receive your olicy, read it carefully. Only after you agree it does everything we claim, end in your quarter. Remember for each day you are in the hospital, you get 33.33. Yes, for one day or a Lifetime.

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You are under no obligation. Fill out the application and mail it today. on't wait until it's too late. Policy issued age 1 through 80 if you qualify. his offer must be limited to only one policy for each person.

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and positively closes
APR. 22, 1969

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William A. Charles

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NATIONAL ACCIDENT DIVISION OF ACADEMY LIFE INSURANCE COMPANY—COMBINED WITH ITS AFFILIATED COMPANY OVER ONE BILLION, FOUR HUNDRED MILLION DOLLARS INSURANCE IN FORCE

Once in a world - a city like Vancouver

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650 BURRARD ST., VANCOUVER 1, BRITISH COLUMBIA, CA

R. WENKAM

ilplane *clears cloud for view of lava fields, cinder cones at Mauna Kea's summit*

Soaring in Hawaii . . . $7.50 and up

ding a sailplane is something you may t have expected to do in the islands. ut there are two good places to do it you feel so inclined. The northern part the Big Island of Hawaii offers ideal aring conditions. The presence of all ur types of air current (ridge, thermal, ear, and wave) that keep a sailplane oft was discovered there only within the st few years. Still more recently, soarg has become a new way for adventureme visitors to see the mountain country nd coastal valleys.

ou can ride (with a skilled pilot) in one f the Mauna Kea Soaring Club's twolace sailplanes at a minimum hourly ate of $20, which includes the airplane ow that lifts you off the ground and akes you to where free flight begins. lembers soar all week, and visitors often ollect at the Kamuela Airport to watch, ut sailplanes are available for visitors' se only on weekends, by prior appointnent (write to Hawaii Trails, Box 657, Kamuela, Hawaii).

From the airport you can range across he Kohala Mountains and the northern lopes of Mauna Kea, and as high as you are to go or weather conditions permit.

On Oahu the Hawaii Soaring Club offers daily sightseeing flights, instruction, and ailplane rental. From the club's base of operations at Dillingham Field, you soar along the steep palisades of the Waianae Mountains, Oahu's leeward coastal range. Trade winds blowing against the slopes of the Waianaes and the Koolau range on the windward side produce consistently good ridge soaring conditions.

Dillingham Field is at Mokuleia on the island's north shore. Here you can go on a sightseeing ride anytime between 9 A.M. and 6 P.M. (telephone 634-938 or 531-161 to check weather conditions). A minimum 20-minute ride costs $7.50 per person, including pilot and tow. Hourly rates are $10 to $15, not including pilot charge (usually $3 to $6) and tow ($3).

For further information, write to Hawaii Soaring Club, Box 2776, Honolulu 96103.

Pilot *helps passenger into back seat of sailplane—a second passenger can squeeze in. Tow plane waits in the background*

CUT YOURSELF A BUNCH OF FUN.

It's easy! All you need is a colorful selection of Dennison Crepe Papers and a few simple instructions. Dennison Crepe Paper flowers are the new fun way to pretty up your home, make extra money for your church, club or community. Cut some soon. Mail coupon for how-to booklet on Dennison Crepe Paper flower craft.

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Please send me your Crepe Paper Flower Craft booklet. I enclose 25¢ to cover mailing.

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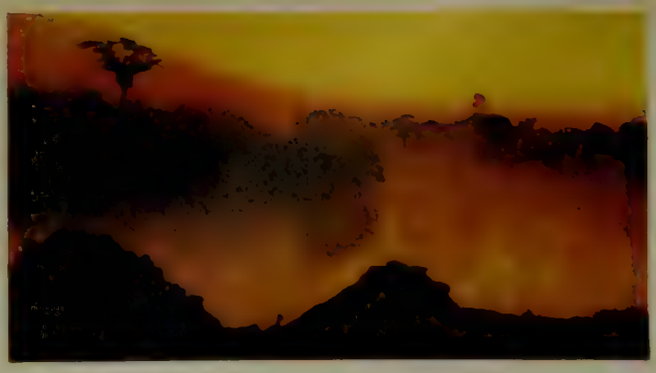
Street_____

City_____ State_____ Zip_____

Dennison



HERE IS WHERE COLOR WAS BORN...

Guatemala!

Color first came to Guatemala from the land. From its volcanoes. And its jungles. From the depths of Lake Atitlan itself. Some came from the skies. And some from the sunsets and sunrises. Then came the Maya. They took this color into their culture. Into their clothes and jewelry. And they built a civilization that is still one of the wonders of this planet. Then came Spain with pomp and circumstance and with it the cathedrals and churches. Baroque and beautiful. It's all there. Right now. Waiting for you. Don't lose your moment in history. *For a beautiful new color brochure on Guatemala, Gateway to Central America, see your travel agent or write:*

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6A. AVENIDA 5-34, ZONA 1, GUATEMALA CITY, GUATEMALA

DARROW M. WA

Portals *of Kong Chow lead to courtya (third-floor temple roof visible at rea*

Miniature temple in San Francisco

Squeezed among the new high-rise offic buildings on the edge of San Francisco financial district is tiny Kong Cho Temple. The property, at 520 Pine St was given by a Gold Rush era Chines merchant-interpreter to immigrants fro the Sun Wai district of China. The orig inal temple was built in 1854, but burned in 1906 and was rebuilt.

To visit the temple—it's open daily fro 8 A.M. to 4 P.M.—you must climb thre flights of stairs. You enter a large room dimly lit by lanterns, where elaboratel carved tables hold silk brocades an golden Chinese art objects. Worshiper bring favorite food and clothes of a de ceased relative or friend; after a brie ritual they will burn these for use in th spiritual world. Kwan Kung, a warrio hero, is chief temple deity.

The owners of the temple, the Kong Chow Benevolent Association, have let th rooms below the temple fall into disus and disrepair, and the building may b torn down. A Save-the-Temple group however, hopes to refurbish the presen temple, and is accepting contributions Its address is: c/o American Savings, 15 Berkeley Square, Berkeley 94704.

"Fish On"

"Fish on!" is a familiar cry to seasoned charter boat skippers like Zane Rockey, of Westport. It means that another sea-going passenger has felt the slamming strike of a King or Silver Salmon...and the fight is on! Washington's saltwater fishing season starts in mid-April and runs through October, as hundreds of charter boats operate from ports like Ilwaco, Westport, Neah Bay, Sekiu, La Push and Port Angeles. No license is required. Bring your own gear — or you can readily rent all the equipment needed. This year toss a line over the gunwale of a charter boat... then settle back and wait for your fish to hit. The excitement really starts the moment you feel a fighting salmon take that hook and head for the open water. *"Fish on!"*

Early morning on the Pacific

The character of Washington State

It's fishing the green-blue waters of the Pacific...or inspecting the golden stalactites in the underground world of Gardner Caves, in Crawford State Park. Washington State offers the visitor a unique choice of caves for exploration, ranging from the spectacular Ice Caves on Mt. Rainier to the labyrinth known as the Lava Tubes on Mt. St. Helens.

Exploring Gardner Caves

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General Administration Building
Olympia, Washington 98502

75-A

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WASHINGTON STATE

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on the highway and in the driveway

With open-up performance: Zero to 60 in 16 seconds. Tops 90 mph. Even with the fully automatic transmission.* And Toyota Corona comes up with room enough for five. Four doors that open wide. Two bucket seats that recline. And Nylon carpeting that just lies there. But with its low maintenance and great gas mileage, there is one thing Toyota doesn't open up much. Your wallet. **$1950**** POE

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Toyota Motor Sales, U.S.A., Inc., 2055 West 190th St., Torrance, Calif. 90501

*Automatic transmission: $165 (optional). Mfr's. suggested retail price.

**White sidewall tires, accessories, options, freight and taxes extra. Parts and service coast to coast.

Guardsman *polishes windows of 50,000-h power light visible 15 miles at sea*

Light tower *stands 43 feet above ground. On first floor is newly formed Coast Guard museum with collection of horns, beacons, and old photographs*

tor *inspects photographs of ships wrecked coast in the vicinity of Point Pinos Light*

Now the Point Pinos lighthouse has a downstairs museum

GLENN CHRISTIANSEN

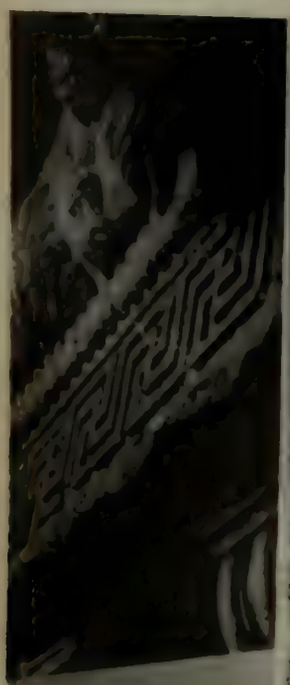
Pacific Grove *Municipal Golf Course separates lighthouse from ocean's shore*

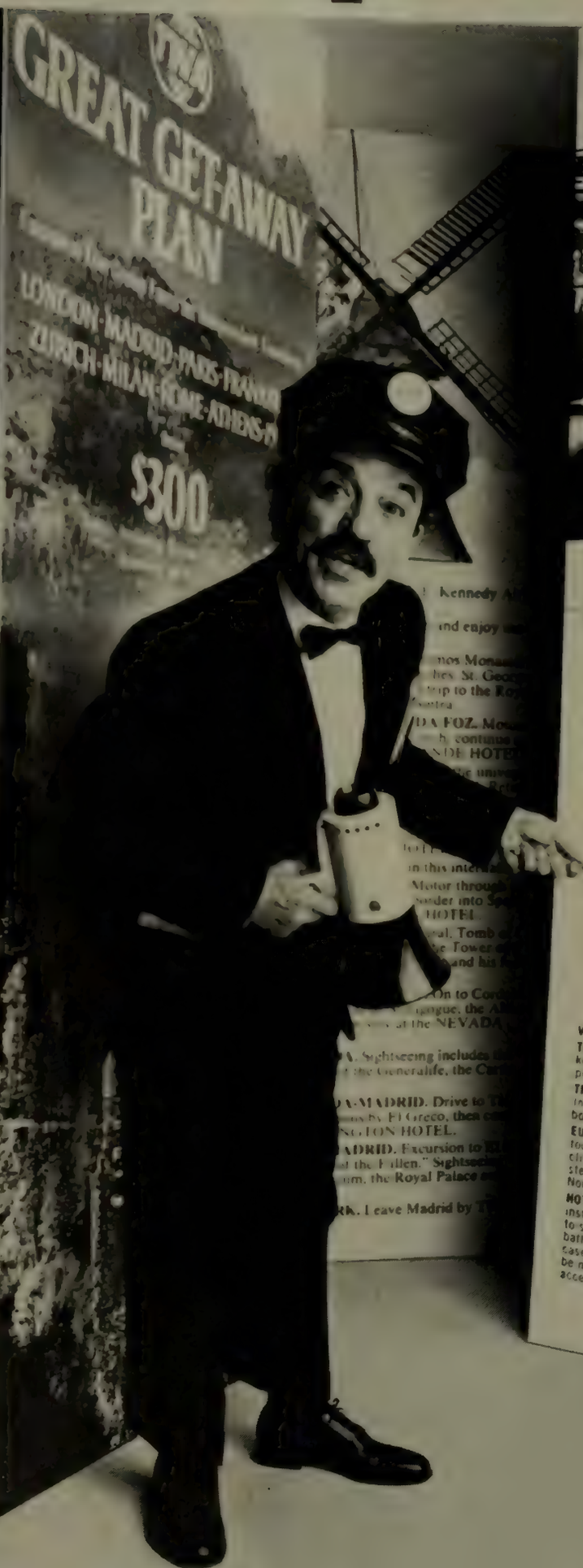
Point Pinos Lighthouse, standing since 1855 at the entrance to Monterey Harbor, now houses a growing Coast Guard historical museum on the first floor. The lighthouse and museum are open from 1 to 4 P.M. on Saturdays and Sundays. Surrounding the light is a Coast Guard reservation where deer graze unharmed, fishermen try their luck from the rocky shoreline, and Sunday painters record the seascape.

The 1906 earthquake shook the original granite and mortar structure so severely that repairs were impractical. It was rebuilt of reinforced concrete. Automation is planned for the future, so the two-man crew will no longer have to check hourly on the light, the radio, and the foghorn.

Follow California Highway 1 to the Pacific Grove turnoff south of Monterey. Continue for about 4 miles to Lighthouse Avenue. Turn left; the lighthouse is at the end of the road.

TWA presents c





ave J. F. Kennedy Airport,
ian jet.
Milan and transfer to railroad
Venice. Spend the night at

A. Morning sightseeing of the
kation of the TSS ORION.

the Adriatic.
Piraeus, Greece, after crossing
our of Athens. Return to
g.
RINI. Arrive Heraklion early
ional visit to Knossos Palace
; arrive Santorini in late
il climb to the summit of
cent view of the Aegean). Sail

CARNASSUS. Arrive Rhodes
ional visit to the Street
polis of Lindos.) Sail in the
arnassus in the late afternoon
ing tour). Sail in the late evening.
e Piraeus and transfer to your

THENS. Morning tour includes
museums, etc. Afternoon
visit Poseidon's Temple. Dinner
cation to Delphi, place of the
, the ruins of the Apollo Temple.
of Athens by night: Sound and
rgolin.)

EA. Return to Piraeus for a
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. Arrive at noon (time for
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by El Greco, then c
NGTON HOTEL.
ADRID. Excursion to E
the Fallen." Sightsee
m, the Royal Palace
RK. Leave Madrid by T

HOTELS USED

City	Hotel	City	Hotel
AMSTERDAM	Krasnapolsky	LONDON	Royal I
BRUSSELS	Plaza		Waldor
CAPRI	Europa Palace	LUCERNE	Astoria
FLORENCE	Astoria, Carlton, Plaza Lucchesi	MILAN	Monop Preside
FRANKFURT	Intercontinental	NICE	Splendr
GRENOBLE	Park	PARIS	Grand, Ambass
[illegible]	Europa	ROME	Michela Leonard
LA SPEZIA	[illegible]	[illegible]ENBURG	Golden
		ROTTERDAM	[illegible]
		VENICE	Bauer G

WHAT THE TOUR PRICE INCLUDES:

TOUR PRICES: All rates are quoted in U.S. Dollars and based on tar known October 1, 1967, and are subject to change in such tariffs a prior to scheduled departure from New York.

TRANSATLANTIC ACCOMMODATION: Economy Class by TWA on "Gro Inclusive Tour Basing" Fare Tours, only on flights specified at time booking.

EUROPEAN TRANSPORTATION: As per various itineraries: On all mot tours de luxe air conditioned motorcoaches (except in Great Britain, climate makes this unnecessary), first class rail, first class North S steamer, etc. Berths provided between England and Hook of Holland, Norway or Denmark. Air: Tourist class.

HOTEL ACCOMMODATIONS: Twin-bed rooms with private bath (in som instances with shower) in first class or de luxe hotels. The right is re to substitute a listed hotel by a hotel of similar class, if necessary. P bath or singles cannot be provided on North Sea steamers. In excepti cases where private bath or single rooms are not available, refund wi be made by the Tour Director. Claims made in this respect cannot be accepted after the tour.

our of its tours.

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ere's your chance to take a Great t-Away tour to any one of eight major uropean cities at low cost. Nobody else ers lower prices. London, $300. Madrid or ris, $320. Frankfurt or Zurich, $338. ilan, $360. Rome, $400. Athens, $490.

r these small sums, you get round-trip air re from New York. Car rental and free ileage or rail transportation. Plus 20 nights commodations in a guest house or inn cated outside the major cities. (TWA's clusive Great Get-Away Discount Card also titles you to discounts in a large group of tels and motels throughout Europe. First ght free and 10% off succeeding nights.)

lakes staying home a dull, costly experience.

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WA's Bonus Adventures are leisure acations with lots of time to roam on your wn. You get round-trip air fare from New ork, quality hotel rooms with bath, reakfasts, sightseeing and host service.

ample some of our Bonus Adventures: he Fado, 2 weeks in Lisbon, from $338. he Scene, 2 weeks in London, Amsterdam, aris, from $405. The Splendide, 3 weeks in isbon, Madrid, Paris, London, from $468. he Temptation, 3 weeks in Paris, Rome, ienna, Copenhagen, London, from $629. he Viking, 3 weeks in Copenhagen, tockholm, Oslo, Amsterdam, London, from 619. Plus more. To almost anywhere you ant to go.

3. Plan it yourself.

or the independent thinker—and traveller —we have a travel plan that you tailor-make yourself. We call it our $10-$15 A Day Travel Plan. TWA or your travel agent can help you plan your itinerary and obtain all hotel and touring confirmations for you. And, of course, you can take advantage of our low-cost air fares.

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Charge it.

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Address_____

City_____ State_____ Zip_____

My travel agent is_____

Prices include 14/21 day Group Inclusive Tour economy air fare from New York.

TWA

Navigational aids and charts ...you can buy them by mail

A good chart is the seafarer's most useful tool. Whatever the extent of your nautical plans, a family weekend aboard a chartered houseboat or an extended voyage on an ocean-going yacht, the single most important addition to your cruise locker will be an up-to-date series of nautical charts and chart-related navigational publications and pamphlets.

The U.S. Coast and Geodetic Survey (C&GS), a division of the Environmental Science Services Administration of the Department of Commerce, publishes an accurate yet inexpensive series of such publications.

Comprehensive catalogs, listing the nautical charts for the Atlantic and Gulf coasts (Catalog No. 1), Pacific Coast and Hawaii (No. 2), and Alaska (No. 3), are provided free by the Distribution Division, Coast and Geodetic Survey, Rockville, Maryland 20852.

Charts are listed in each catalog under five basic classifications, each tailored to meet special navigational requirements:

Sailing Charts—plotting charts for sailing between distant coastal ports.

General Charts—intended for plotting the offshore courses of vessels whose positions can be fixed by landmarks, lights, buoys, and soundings.

Coast Charts—intended for navigation along the coast, inside offshore reefs and shoals, and along certain inland waterways.

Harbor Charts—used for navigation and anchorage in harbors and similar small waterways.

Small Craft Route Charts, waterway charts, and multiple-chart folios—containing large-scale inserts of harbor areas, local tide tables, and information on currents and navigational hazards.

New editions and revisions of C&G tical charts are issued periodically clude new navigational developme boating hazards. Their currency i cated in the lower left corner o chart by the number and date o edition, followed by the date of t printed revision.

Between printed revisions, you ca posted on chart changes and navig developments by asking to be sent *To Mariners*, a free pamphlet weekly by the C&GS and the Oceanographic Office. You can also *Local Notice To Mariners* by writ your nearest Coast Guard District

CHART-RELATED PUBLICATIONS

The Coast and Geodetic Survey als lishes the following chart-related bo and pamphlets:

U.S. Coast Pilots: A series of na handbooks dealing with navigation lations, outstanding landmarks, ch and anchorage peculiarities, naviga dangers, weather, routes, pilotage port facilities along the U.S. coast. fornia, Oregon, and Washington a cluded in *Coast Pilots No. 7*. Al Panhandle is included in *Coast Pilot 8*, mainland Alaska in *No. 9*. A new tion of each *Coast Pilots* is publ

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A century ago, we helped to bridge the continent with a engine, including coal tender, and 500 hp at its peak!

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GOLDEN SPIKE
1869 1969
CENTENNIAL

every five years; cumulative free ements are issued annually. (Cost: per handbook.)

Tables: A series of four annual pub- ns predicting times and heights of and low water for every day of the for the most important harbors d the world. West Coast and Ha- arbors are included in *West Coast, and South America,* and a formula edicting tides at points between har- s given in the tables (cost: $2).

Current Tables: A two-volume com- on of information relative to tidal nts, including daily predictions for imes of slack water and the times eak velocities of flood and ebb cur- . Information relative to the West t and Hawaii is contained in *Tidal ent Tables, Pacific Coast of North rica and Asia* (cost: $2).

Current Charts: A set of 12 charts ting the direction and velocity of currents for each hour of the tidal when used with the appropriate edi- of *Current Tables.* Charts are avail- for San Francisco Bay and for the hern and southern sections of Puget nd (cost: $1 per chart).

tances Between U.S. Ports: A pam- t listing distances between more than 700 U.S. ports (cost: 40 cents).

Notes, Symbols, and Abbreviations: A booklet explaining symbols used on C&GS nautical charts and entitled *C&GS Chart No. 1* (cost: 50 cents).

You can buy all these publications at the Coast and Geodetic Survey, Room 121, Customhouse, 555 Battery St., San Francisco. Send prepaid mail orders to the same address. Charts and publications for local waters are often available at marinas, boat yards, and yacht harbors.

DARROW M. WATT

Even in harbor, *sailor needs chart to know channels, shoals*

ADDITIONAL AIDS

Other Federal agencies also publish booklets and pamphlets dealing with boat safety and navigation. The following can be ordered directly from the U.S. Government Printing Office, Washington, D.C. 20402:

U.S. Coast Guard Light List: A five-volume listing of marine lights, bells, buoys, channel markers, and other navigational aids. Complete descriptions of West Coast lights are contained in *Volume III, Pacific Coast and Pacific Islands* (cost: $2).

Coastal Warning Facilities Charts: Radio broadcast schedules of weather stations, Weather Bureau telephone numbers, and locations of warning display stations are indicated on this series of 14 charts. West Coast facilities are included on "Point Conception, California, to Mexican border," "Eureka, California, to Point Conception," "Canadian border to Eureka, California, and Alaska," and "Hawaiian Waters" (cost: 10 cents per chart).

Pleasure Craft: Federal and state requirements for the safe operation of motorboats are summarized in this free brochure available from the Government Printing Office and Coast Guard stations.

This year from West Coast ports . . . more than 200 cruises

Here's the list . . . March 7 to December 30

Your choice in cruises from West ports this year is much greater tha before. More than 200 sailings l cruise ships are scheduled from Va ver, San Francisco, and Los Angel ports-of-call in Alaska, the Orient, H the South Pacific, Mexico, Central South America, the Caribbean, and a the world.

Cruise programs range from 3-day "party cruises" out of San Francisc Los Angeles, returning to the same ($95 per person), all the way to a day around-the-world cruise ($1,41 person and up).

The expanded list includes 15 cruis the Caribbean, 28 to Mexico, and

Cruises to Alaska

Apr. 26 to Oct. 11	*Prince George* 8-day cruises from Vancouver	$299
May 2 to Nov. 1	*Polar Star* 8-day cruises from Vancouver	$245
May 6 to Oct. 5	*Glacier Queen* 8-day cruises from Vancouver	$245
May 8 to Sept. 29	*Yukon Star* 8-day cruises from Vancouver	$245
May 31 to Sept. 4	*Princess Patricia* 8-day cruises from Vancouver	$275
June 3	*Princess Italia* 14-day cruise from San Francisco	$495
June 9	*President Roosevelt* 13-day cruise from Los Angeles	$520
June 17	*Princess Italia* 14-day cruise from San Francisco	$495
June 30	*President Roosevelt* 8-day cruise from San Francisco	$320
July 1	*Princess Italia* 14-day cruise from San Francisco	$495
July 16	*Princess Italia* 13-day cruise from San Francisco	$495
July 26	*Mariposa* 14-day cruise from San Francisco	$925
July 29	*Princess Italia* 14-day cruise from San Francisco	$495
Aug. 9	*Mariposa* 14-day cruise from San Francisco and Los Angeles	$925
Aug. 12	*Princess Italia* 14-day cruise from San Francisco	$495
Aug. 22	*President Roosevelt* 8-day cruise from Los Angeles	$320
Aug. 24	*Mariposa* 14-day cruise from San Francisco and Los Angeles	$925
Aug. 26	*Princess Italia* 14-day cruise from San Francisco	$495
Sept. 9	*Princess Italia* 14-day cruise from San Francisco	$495

Cruises to the Caribbean

Mar. 8	*Jason* 21-day sea/air cruise from Los Angeles	$1,165
Mar. 11	*Statendam* 28½-day cruise from Los Angeles	$1,095
Apr. 11	*Princess Italia* 34-day cruise from Los Angeles	$1,190
Oct. 2	*Princess Carla* 15-day cruise from Los Angeles	$595
Oct. 7	*Statendam* 58-day cruise from Los Angeles	$2,375
Dec. 1	*Princess Carla* 15-day cruise from Los Angeles	$595
Dec. 9	*Statendam* 28½-day cruise from Los Angeles	$1
Dec. 21	*Oriana* 25-day cruise from San Francisco	

Cruises to Mexico

Mar. 7	*Princess Italia* 14-day cruise from Los Angeles	
Mar. 21	*Princess Italia* 14-day cruise from Los Angeles	
Apr. 4	*Princess Carla* 7-day cruise from Los Angeles	
Apr. 4	*Princess Italia* 14-day cruise from Los Angeles	
Apr. 18	*Princess Italia* 14-day cruise from Los Angeles	
May 2	*Princess Italia* 13-day cruise from Los Angeles	
June 16	*Princess Carla* 11-day cruise from Los Angeles	
June 30	*Princess Carla* 11-day cruise from Los Angeles	
July 21	*Princess Carla* 11-day cruise from Los Angeles	
Aug. 4	*Princess Carla* 11-day cruise from Los Angeles	
Aug. 25	*Princess Carla* 11-day cruise from Los Angeles	

50 to Hawaii, the South Pacific, the nt, and around the world.

for the first time since the Klondike rush, you can book direct passage by between California and Alaska. Some ruises from San Francisco and Los les will include Alaska ports. Addi- al Alaska cruise ships will sail the le Passage from Vancouver.

d below is a summary of round-trip se sailings from West Coast ports for rest of the year, grouped by destina- and listed according to sailing dates. es listed are minimums. Details of eraries, special tour options, and com- e schedules of cruise prices are avail- from travel agents.

t. 9	*Princess Carla* 11-day cruise from Los Angeles	$385
t. 28	*Princess Italia* 13-day cruise from Los Angeles	$470
t. 7	*Statendam* 58-day cruise from Los Angeles	$2,375
c. 12	*Princess Italia* 14-day cruise from Los Angeles	$495
c. 16	*Princess Carla* 14-day cruise from Los Angeles	$490
c. 23	*President Wilson* 12-day cruise from San Francisco	$220
c. 26	*Princess Italia* 14-day cruise from Los Angeles	$495
c. 30	*Princess Carla* 14-day cruise from Los Angeles	$490

arty Cruises

ay 16	*Princess Carla* 3-day cruise from Los Angeles	$95
ay 23	*Princess Carla* 3-day cruise from Los Angeles	$95
ay 29	*Princess Italia* 4-day cruise from San Francisco	$125
ay 29	*Princess Carla* 3-day cruise from Los Angeles	$95
ne 2	*Princess Carla* 3-day cruise from Los Angeles	$95

(Continued on page 50)

PRINCESS CRUISES

S.S. PRINCESS CARLA
502 feet

M.V. PRINCESS ITALIA
494 feet

MATSON LINES

S.S. LURLINE
638 feet

S.S. MARIPOSA
564 feet

S.S. MONTEREY
564 feet

P & O LINES

S.S. CANBERRA
818 feet

S.S. ORIANA
804 feet

S.S. ORSOVA
722 feet

S.S. ORONSAY
709 feet

S.S. ARCADIA
721 feet

ALASKA CRUISE LINES

D.E.S. POLAR STAR
294 feet

S.S. GLACIER QUEEN
252 feet

S.S. YUKON STAR
252 feet

AMERICAN PRESIDENT LINES

S.S. PRESIDENT ROOSEVELT
622 feet

S.S. PRESIDENT WILSON
609 feet

S.S. PRESIDENT CLEVELAND
609 feet

CANADIAN NATIONAL RAILWAYS

S.S. PRINCE GEORGE
350 feet

CANADIAN PACIFIC

T.E.V. PRINCESS PATRICIA
374 feet

JASON WEST COAST CRUISES

M.T.S. JASON
346 feet

HOLLAND-AMERICA LINE

S.S. STATENDAM
642 feet

June 9	*Princess Carla* 3-day cruise from Los Angeles
June 13	*Princess Carla* 3-day cruise from Los Angeles
June 26	*President Roosevelt* 3-day cruise from San Francisco
June 27	*Princess Carla* 3-day cruise from Los Angeles
July 11	*Princess Carla* 3-day cruise from Los Angeles
July 15	*Princess Carla* 3-day cruise from Los Angeles
July 18	*Princess Carla* 3-day cruise from Los Angeles
Aug. 1	*Princess Carla* 3-day cruise from Los Angeles
Aug. 15	*Princess Carla* 3-day cruise from Los Angeles
Aug. 19	*Princess Carla* 3-day cruise from Los Angeles
Aug. 22	*Princess Carla* 3-day cruise from Los Angeles
Sept. 6	*Princess Carla* 3-day cruise from Los Angeles
Sept. 20	*Princess Carla* 3-day cruise from Los Angeles
Sept. 23	*Princess Italia* 4-day cruise from San Francisco
Sept. 24	*Princess Carla* 3-day cruise from Los Angeles
Sept. 27	*Princess Carla* 3-day cruise from Los Angeles

(Continued on Page

The 20 cruise ships leaving from and returning to West Coast ports in 1969

Larger ships *usually offer a wider range of cruise costs and types of shipboard accommodations. Some of the smaller cruise ships feature luxurious appointments. All offer intimate atmosphere*

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Kahala Hilton

Maui Hilton

Kona Hilton

HILTON HAWAII
the friendly world of Hilton

*operated by Hilton International.

5	*Statendam* 3-day cruise from Los Angeles	$120

es to the South Seas and Orient

.9	*Mariposa* 42-day cruise from San Francisco and Los Angeles	$1,950
. 17	*President Cleveland* 49-day cruise from San Francisco	$880
. 30	*President Wilson* 42-day cruise from San Francisco	$750
. 30	*Monterey* 42-day cruise from San Francisco and Los Angeles	$1,733
. 24	*Mariposa* 42-day cruise from San Francisco and Los Angeles	$1,733
. 26	*President Roosevelt* 45-day cruise from San Francisco	$1,300
y 8	*President Cleveland* 41-day cruise from San Francisco	$750
y 14	*Monterey* 42-day cruise from San Francisco and Los Angeles	$1,733
y 14	*President Wilson* 42-day cruise from San Francisco	$750
ne 8	*Mariposa* 42-day cruise from San Francisco and Los Angeles	$1,733
ne 21	*President Cleveland* 41-day cruise from San Francisco	$750
ne 23	*Orsova* 54-day cruise from Los Angeles	$1,256
ne 27	*President Wilson* 41-day cruise from San Francisco	$750
ly 3	*Monterey* 42-day cruise from San Francisco and Los Angeles	$1,950
July 10	*President Roosevelt* 44-day cruise from San Francisco	$1,300
Aug. 4	*President Cleveland* 42-day cruise from San Francisco	$750
Aug. 10	*President Wilson* 42-day cruise from San Francisco	$750
Aug. 17	*Monterey* 45-day cruise from San Francisco and Los Angeles	$1,950
Sept. 3	*President Roosevelt* 41-day cruise from San Francisco	$1,300
Sept. 12	*Mariposa* 42-day cruise from San Francisco and Los Angeles	$1,950
Sept. 18	*President Cleveland* 42-day cruise from San Francisco	$750
Sept. 24	*President Wilson* 42-day cruise from San Francisco	$750
Oct. 3	*Monterey* 42-day cruise from San Francisco and Los Angeles	$1,950
Oct. 26	*Mariposa* 42-day cruise from San Francisco and Los Angeles	$1,950
Nov. 5	*President Cleveland* 42-day cruise from San Francisco	$750
Nov. 11	*President Wilson* 40-day cruise from San Francisco	$750
Nov. 16	*Monterey* 42-day cruise from San Francisco and Los Angeles	$1,950
Dec. 11	*Mariposa* 42-day cruise from San Francisco and Los Angeles	$1,950
Dec. 20	*President Cleveland* 63-day cruise from San Francisco	$1,135

World Cruises

Mar. 10	*Arcadia* 108-day cruise from San Francisco	$2,220
Apr. 15	*Canberra* 87-day cruise from San Francisco	$1,971
Aug. 18	*Orsova* 101-day cruise from Los Angeles	$2,309
Sept. 20	*Oronsay* 114-day cruise from San Francisco	$1,416
Oct. 17	*President Roosevelt* 87-day cruise from San Francisco	$2,695

The shortest cruises are all three days... the longest cruise goes for 114 days

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No. 3 Clear Natural Finishing of Wood
No. 4 Restaining & Refinishing Wood

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SN-1

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☐ **SALZBURG FESTIVAL.** 22 days. Bavaria, Austria. Summer. $1098.
☐ **SCANDINAVIA.** Three different holidays. 15 days, $869. 22 days, $949.
☐ **USSR/EASTERN EUROPE.** Three different programs. 21 days, $898. 40 days, $1778. 59 days, $2529.
☐ **DALMATIA/BALKANS.** 21 days. Hungary, Rumania, Bulgaria, Yugoslavia. May to Aug. $998.
☐ **SAMARKAND ORIENTAL RUSSIA.** 21 days. Exotic! $1133.
☐ **SOUTH AMERICA.** The great cities, 22 days, $1218. 30 days, $1598.
☐ **ORIENT FESTIVAL.** New 30-day holiday. Deluxe. $2388.

Prices shown are lowest rates for series including air fare from USA gateway, New York, Miami, or West Coast.

GLENN CHRISTI

Eastern approach *to capitol is on foot past Irish yews along extension of Capitol Ave*

A walk in Sacramento's Capitol Park

It's the quietest spring in many ye around Capitol Park in Sacramento; cross-town traffic that flowed around park has been removed to an overh freeway 10 blocks to the south. Bu you do stop this month at the 33-a park, you'll see beds of blooming ca lias (between 12th and 13th streets o Street). Daffodils, tulips, deciduous m nolias, and fruit trees are also in bloom As soon as the state capitol was dedice

Capitol dome *is viewed through the park's treetops as you come in from the e*

There's nothing much to do on a Princess Cruise except:

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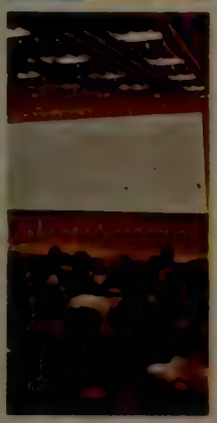

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GLENN CHRISTIANSEN

her Junipero Serra *stands in the east-* *portion of the park near L Street*

century ago, Governor Stanford made re land was reserved for a park. By the 70's, with funds raised by Sacramento izens, the park stretched out to its pres- t size: 10 undivided blocks, from 10th 15th streets and L to N streets.

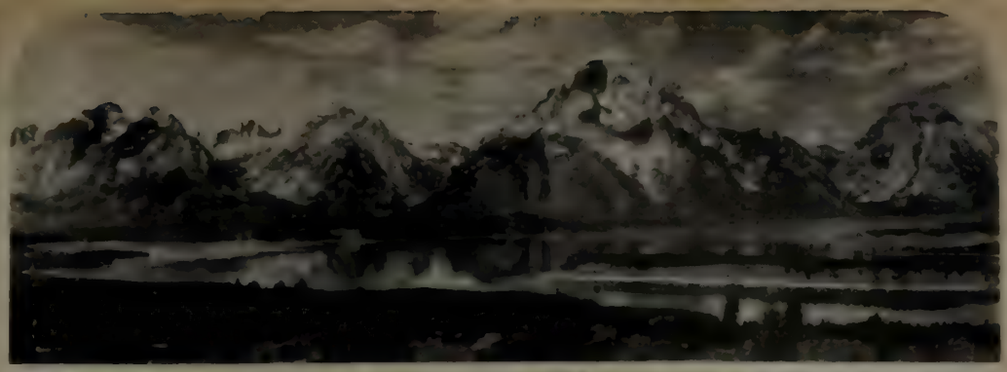
e organization and care of plantings s varied considerably with the fluctuat- g interest of successive administrations. oday there are more than 40,000 trees, rubs, and other plants.

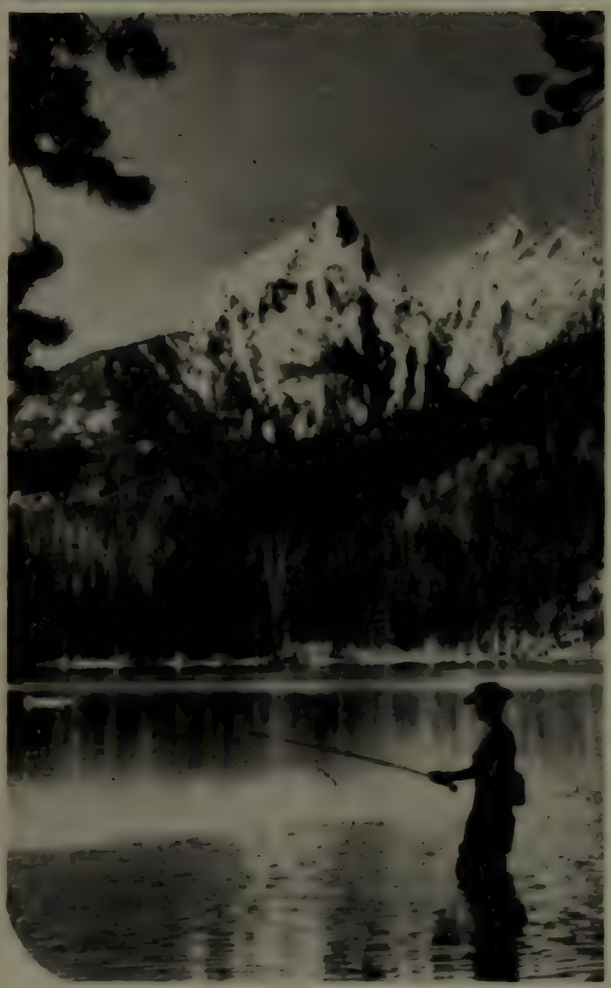
Two new books

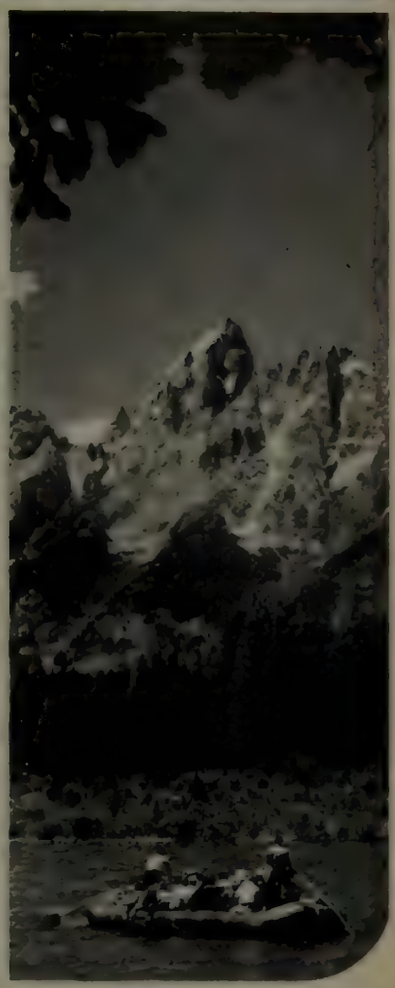
Two of Sunset's most popular paperback travel guidebooks have been revised for publication this month. Price of each is $1.95.

California National Parks: Liberally illustrated with maps and black-and-white photographs, the new book contains major revisions that include a chapter on the new Redwood National Park. In addition to California's five national parks, expanded coverage has been given to Point Reyes National Seashore and to California's eight national monuments.

Western Campsite Directory: Fourteen years ago the first edition of this directory was published; since then it's been revised repeatedly to keep up with the ever-expanding camping activity of the West. The current edition lists many new public and private campgrounds.







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S-1

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ELIS MARUGG

lcedony rose *displays an attractive slucence when held before the light*

Desert find . . . a chalcedony rose

flower-shaped stone in the photograph ve is a chalcedony rose, a translucent, rally-occurring growth of microscopic rtz crystals vaguely resembling a rose. etimes called "California desert rose," cedony roses or fragments of these active mineral growths are frequently nd on the weathered surfaces of old flows in the Southern California des- or on the alluvial slopes and washes he base of old volcanoes.

eralogists believe these rose-shaped retions of chalcedony were formed by crystallization of silica solutions hin the bubbles and cavities of vol- ic lavas. The growth of a chalcedony e within a lava cavity is similar to the wth of a stalactite or stalagmite within ave. As the old lava surface erodes, the re resistant chalcedony nodules are ex- ed on the weathered surface as part the natural desert pavement.

ck collectors value chalcedony roses as gem material and more as natural iosities. Most chalcedony roses are lky white with a smooth, waxy luster, t various mineral inclusions may tint ne specimens to delicate shades of pink yellow. At some locations in the Mule ountains of Riverside County, inclu- ns of the mineral goethite within the e may cause a bright iridescence prized "fire agate."

e more common varieties of white or k chalcedony roses are popular, inex- nsive items in rock shops.

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Friendly hospitality, good food, comfortable lodging at reasonable rates are prevalent border to border.

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Uncle Sam just awarded Braniff International more routes to South America from all over the United States.

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and starlets and gold diggers are
changing their vacation plans.
They bake on the beaches.
(Miles and miles of them.)
Schuss down the slopes.
Relax in the restaurants. (All kinds,
all tastes, and sooo reasonable.)
Defy the clock at nightclubs.
Bellow at the bullfights.
(The best, the scariest matadors.)
And they seek treasures
from a civilization that peaked while
Europe was still full of barbarians.
Day after languid, leisurely, lazy day.
Change your vacation plans.

**Braniff knows:
South America
is the next place.**

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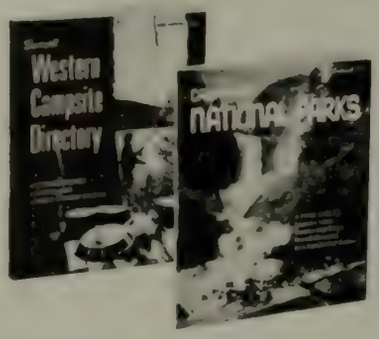
BI

...with these two New Editions of fact-filled

Sunset Books



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Major revision of this valuable guide to California's five national parks — including the newly established Redwood National Park. Information on accommodations, activities, trail trips, plants and animals.

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If you plan to take your dog

John Steinbeck's account of his *T* *with Charley* may be responsible in for the large number of requests w ceive for advice on traveling with

If you are planning to drive with on your summer vacation, start t your pet for short drives now. This mates him to the motion of the ca will help you evaluate his qualities travel companion.

Don't feed your dog or let him quantities of water just before leavi a long trip. In transit, feed him spar saving his large meal until after you for the night. Stop regularly during th for exercise runs. When you must the animal in the car, make sure th ample ventilation. If the day is hot, in the shade. Remember that a dog in a parked car may jump or fall th an open window or door and choke.

Pets are now allowed on major bus Rail, shipping, and airline comp allow dogs aboard if you give ad notice. Some railroads allow them in partments or roomettes with their ow Others keep them in the baggage car mitting the owner to feed them. A most large ships, pets are kept in a k and tended by a crew member. A ty trans-Atlantic ship fare for a dog is Most airlines charge for pets on pound basis as they do excess bag and require you to use an approved nel. Commuter service airlines do allow dogs. But, in all cases, guide for the blind are allowed to travel their owners.

When you pack for your dog, inclu mixing spoon, dish, brush and comb, l can opener, and some biscuits. A your complete home address to his c

The Gaines Division of General F Company publishes a brochure c *Touring with Towser*. Here you can out what is provided for pets at and hotels in this country. Send req to: Gaines, TWT, Box 10017, Kank Illinois 60901. It costs 25 cents. In tion, motor club and oil company ac modation guides, in their descriptio places to stay, often state whether are permitted.

If you plan to take a dog abroad, you send for a brochure listing the entr quirements of each country. Mail req along with a stamped, addressed envelope and 25 cents to *Traveling Your Pet,* American Society for the vention of Cruelty to Animals, 44 92nd St., New York, N.Y. 10028.

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This is Lawrence Welk, sitting in as your vacation "Tour Guide" to Southern California. You don't have to be a kid to love it out here. We just make you feel like one. You'll see the star attractions Mother Nature gave us. Our desert skies and singing surf. Mountains and orange groves. In Los Angeles, I hope you'll drop in at our weekend home, the world famous Hollywood Palladium. And may I recommend a drive down route 395 for a visit to our Lawrence Welk Country Club Village. Four more ideas on my must-see list are shown at the left. So why only dream? Send in the coupon and start planning! Southern California? There's only one way to describe it. Wonderful! Wonderful!

A The Music Center B The Descanso Gardens
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Wilderness trips
starting in Apr

The Wilderness Society has announc
ambitious program of 45 trips this
into some of the West's most bea
wild areas. Both novices and sea
outdoor enthusiasts are invited to jo
small groups (maximum is 10 for
packing trips, 15 to 18 for other out
Families with children are welcome.

Charges are all-inclusive from the
you arrive at the departure point; al
need to bring is your sleeping ba
personal gear. On backpacking trips,
the sleeping bags and pack-frame
provided.

HORSEBACK TRIPS. There are 14 r
trips between April 1 and Septemb
into the Bob Marshall, Eagle Cap,
Canyon-Snake River, Lincoln-Scape
North Cascades, Pecos, San Juan
Grande, Selway-Bitterroot, Superst
and Yellowstone National Park w
ness regions. Trips range from one t
weeks and cost from $190 to $335. H
are assigned on the basis of the r
experience.

HIKING TRIPS. From April 12 to A
25 there will be 16 walking trips
Alaska, Idaho, Montana, Wyoming,
Colorado, and New Mexico. Trips av
eight days; charges are $170 to
Equipment is transported by pack
mals, and the walking distances are
with time for photography, fishing,
exploring.

BACKPACKING TRIPS. Nine excursions
Utah, Texas, and the Colorado Ro
are offered for people who enjoy
dering a pack. Average time is abo
week; price range is $170 to $195.

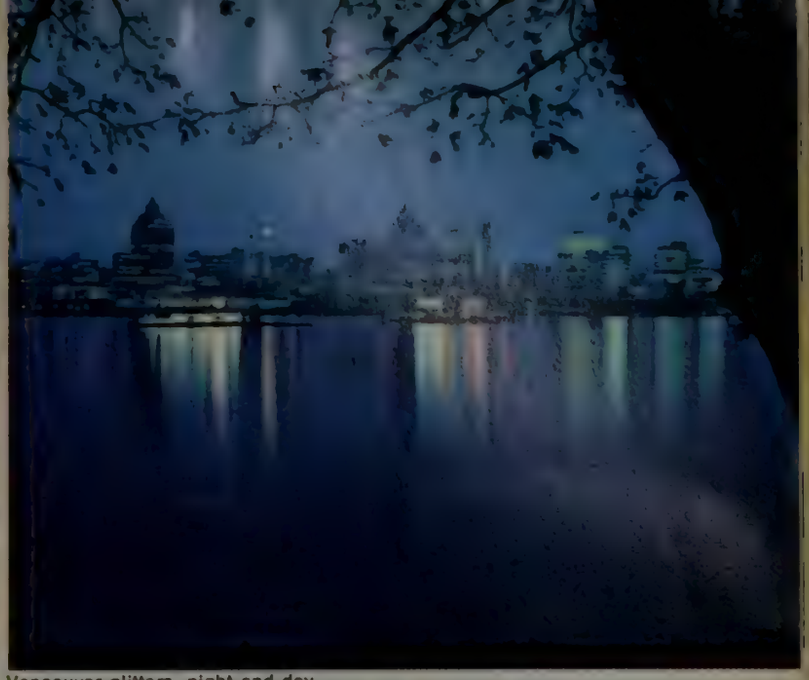
WATERWAY TRIPS. Two float trips
canoe trip are scheduled for 1969: 10
on the Yukon River in Canada ($31
days on the relatively wild section
Missouri River in Montana ($275);
7 days in a canoe in northern Minne
in the Boundary Waters Canoe Wil
ness ($175).

TUNDRA TREK. Using Camp Der
Alaska, as a base, hikers will go into
surrounding Mount McKinley Park
derness from July 11 to 21 ($360).

SKI TOURS. New this year are two ski t
in the Rocky Mountain National
Wilderness: March 30 to April 3, and
cember 27 to 31. The cost of each is $
the departure point is Denver.

For further information and reservati
write to The Wilderness Society, Wes
Regional Office, 5850 E. Jewell Ave., D
ver 80222.

Daffodils are blooming now.



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Blossom-dappled orchards rising above deep blue lakes. Magnificent gardens bursting with Spring blooms. Evergreen forests extending hundreds of miles to regions of towering mountains and rolling rangeland. It's all part of the scene right now in British Columbia. Our major cities were never more exciting: Vancouver and Victoria are ablaze with floral beauty, parks and golf courses are lush, green, inviting. Experience the glory of Springtime in a refreshing, friendly holiday land. Come to British Columbia.

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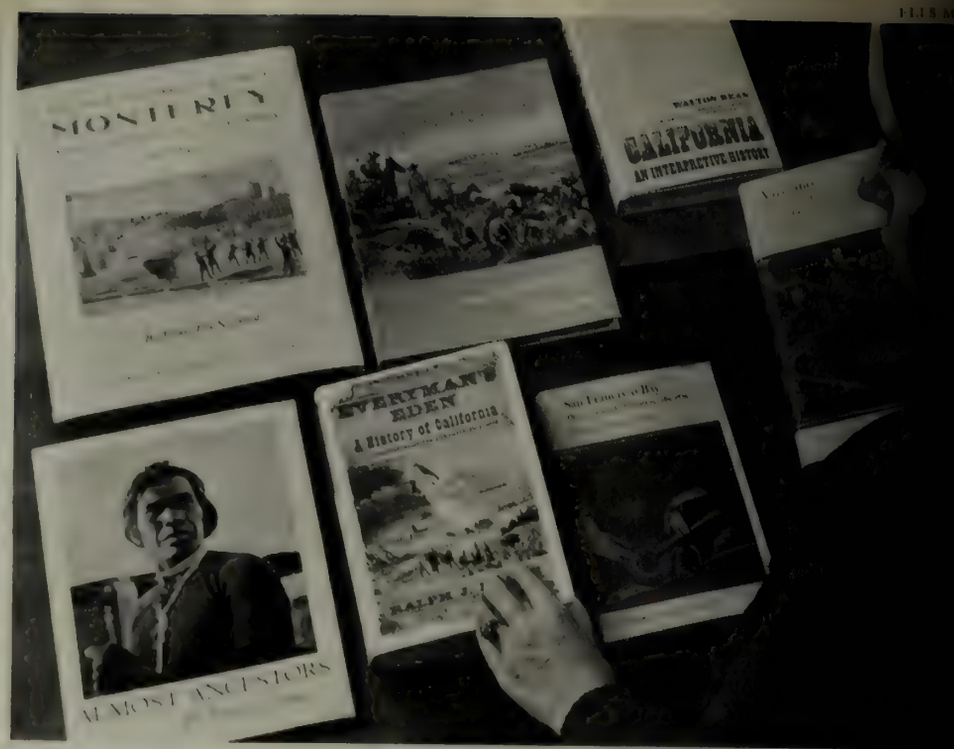

To commemorate *California's bicentennial year: a wealth of new historical b*

A great year for California history

California history is receiving much attention from publishers this year, the 200th anniversary of Spanish colonization in Alta California.

Almost Ancestors: The First Californians, by Theodora Kroeber and Robert F. Heizer (Sierra Club, San Francisco; $15), is a radical departure from the Sierra Club's usual format showing wilderness and few, if any, people. In this 168-page volume only people are shown. The faces photographed are those of the California Indians, or at least those left to photograph at the beginning of the century.

The text is also a change from the Sierra Club's usual appeal to preserve nature; in describing the lives of various Indian tribes before the white man arrived, it can merely chronicle patterns of life that have almost vanished.

The Call to California, a Copley Book by Richard F. Pourade (Union-Tribune Publishing Company, San Diego; $9.50) combines black-and-white and color photography, paintings, maps, early prints, and easy-to-read narrative to tell the story of the Portolá-Serra expedition from Baja California to San Francisco Bay in 1769. The author retraced the actual route and the photographs show various areas at the time of year and, where possible, the way they looked when first glimpsed by the explorers. The book relies heavily on the diaries of Father Serra and Father Crespi and terse accounts of Don Gaspar de Portolá and is a vivid account of Spain's attempt to onize the state.

Two very comprehensive volumes ar cluded in this bonanza of Californi Both go far beyond California's expl tion and settlement and show the pa a prologue to the future. *California: Interpretive History,* by Walton B (McGraw-Hill, New York; $8.95), ex plifies the personal approach to hist Although it contains 576 pages, the ch ters are short and there are many ph graphs and good maps. Ralph J. R has written an even more weighty vol of 624 pages: *Everyman's Eden—A tory of California* (Macmillan, New Y $12.50). Starting with California's geo phy, it attempts to dispel clichés present social and economic reasons the state's allure.

The California Historical Society three new books ready for the bicent nial year: a large pictorial and narra history, *Monterey—Adobe Capita California, 1770–1847,* by Jeanne Nostrand ($30); *San Francisco Bay—D covery and Colonization, 1769–1776,* Theodore E. Treutlein ($10); and *Vizca and Spanish Expansion in the Pa Ocean, 1580–1630,* by W. Michael Mat ($12), which tells how Vizcaino le charting expedition along Californ coast that provided the definitive m used for two centuries. These books distributed by Lane Magazine & B Company, Menlo Park, Calif. 94025.

You won't be dazzled by New Zealand's glaciers, fiords, fern forests and volcanoes. Not once you've seen the boiling lakes of Waimangu.

An ethereal, white steam curls up from the blue-green waters. The sun's rays glance off silica terraces vividly marbled in ocher and orange. At nearby Whakarewarewa geysers send their turbulent plumes up to one hundred feet. You are in the thermal region of New Zealand—just one of the many marvels in this land of amazing scenery and amazingly friendly people. For more information, see your travel agent or send the coupon to us, and we'll send you our new free Kiwi Travel Pack, containing colorful brochures which will tell you everything you will want to know about New Zealand . . . the Land of the Long White Cloud.

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Brace of beagles *trails rabbit spoor across green hillside in San Benito County during the annual two-day field trial last spr*

ELLS MA

You can watch the beagles from a San Benito hilltop

The baying of beagles will echo through the spring-fresh foothills of San Benito County on March 1 and 2 when members of the Blossom Valley Beagle Club loose the hounds on a two-day field trial at the Robert Law Ranch about 14 miles south of Hollister, California. Any owner of an American Kennel Club-certified beagle can enter his dog in the competition for a $6 fee, and the general public is invited to come out and watch the excitement.

The field trial is divided into four 3-hour events (two events each day), with as many as 20 dogs participating in each. At the outset there's a short interval for "getting out the barks," but as soon as the rabbit scent is picked up, the whole pack is off in hot pursuit. Individual dogs are graded according to their aggressiveness, tracking ability, voice, speed, and stamina.

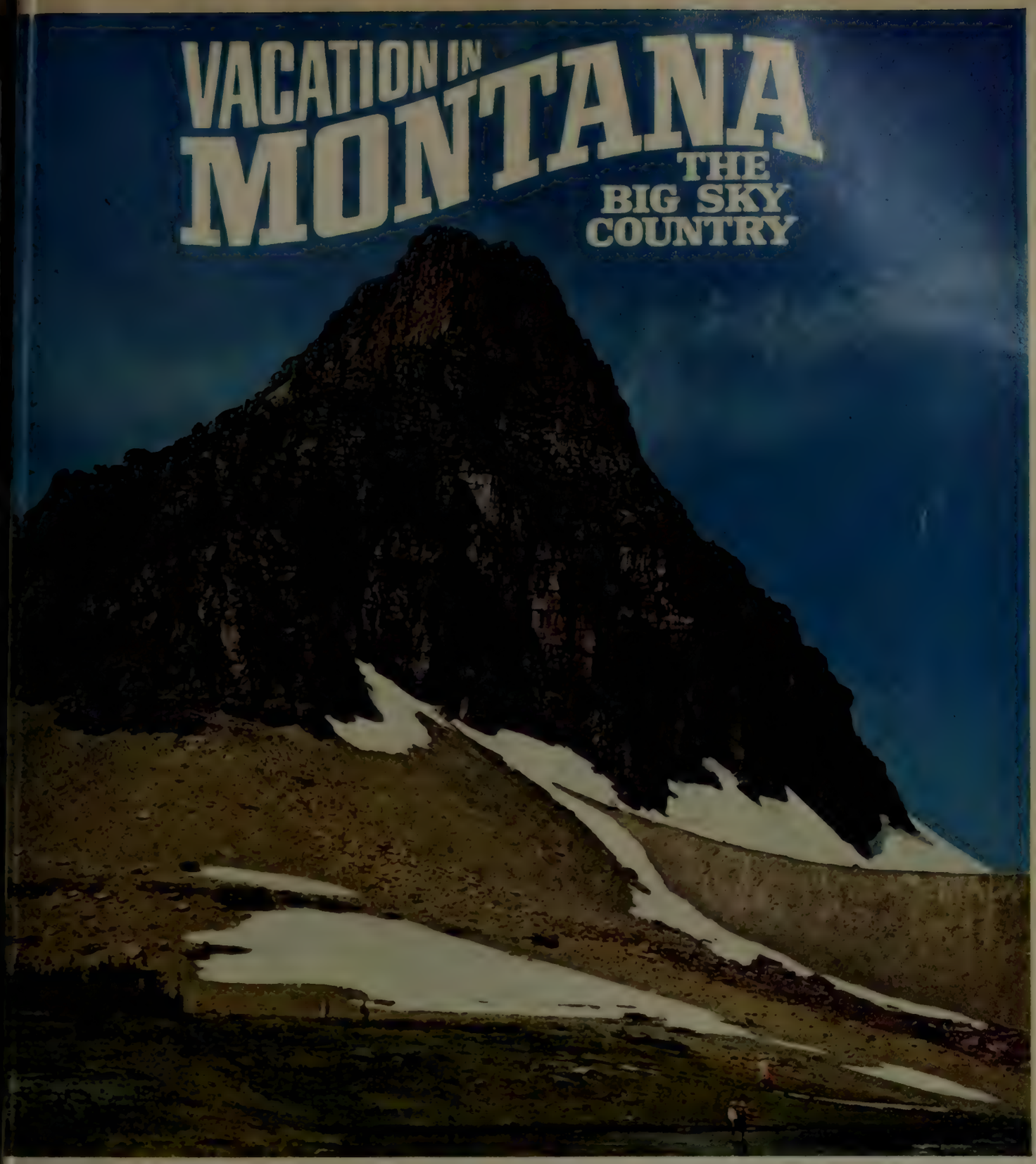
Spectators can watch most of the action from a hilltop overlooking San Benito Creek, but even when the dogs are out of view, the cry of the pack fills the air.

Ribbons are presented to the high-scoring beagles at the conclusion of each event.

The field trial of the Blossom Valley B gle Club is the only one in the West wh entire packs of beagles are run in a sin event, but other beagle clubs hold tr using smaller groups of dogs. All licen field trials are held under the auspices the American Kennel Club. For the dress of beagle clubs in your area, sen stamped, addressed return envelope to Beagle Editor, *Sunset Magazine*, Me Park, Calif. 94025.

High-scoring beagles *and proud owners share the honors in the winners' circle at clubhouse. Ribbon awards are presented at the conclusion of each 3-hour event*

Spectators *and disqualified participa (judge observed him "ghost-running" off the scent) watch field trial from hill*



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Mary Quant, English fashion designer:

"Oh, of course, we have phones over in England, but I never dreamed you could do such wild things with them . . . you know, here in the States, you can actually send drawings . . . I mean actual pictures right over the telephone system. That's something else. . . . Think—I could send my designs all over the world just by picking up the phone."

In most countries, a phone is just a phone. Not here. Over the American telephone network, people talk, machines talk, pictures go back and forth. Almost anything goes—instantly—anytime, anywhere.

om Pilatus summit, *cable car makes trip Fräkmüntegg about every 30 minutes*

Up from Lucerne... by rail and cable

etting there is much of the fun of an ccursion from Lucerne, Switzerland, to e summit of 7,000-foot Mount Pilatus. half-day round trip takes you across ake Lucerne by boat, up the mountain steep rack railway, then down on both rge and small aerial cable cars. The mmit view on a clear day is a spectacu- r panorama of Alpine peaks and of Lu- erne and its lake below.

ickets for the round trip are sold at the urist office on Schweizerhofquai in Lu- erne. Fare is about $5. You can make the omplete circuit from late April to early ovember.

oats leave near Lucerne's Bahnhofplatz pproximately once an hour from 8:30 M. to 2 P.M., with a final trip leaving at 05 P.M. They cruise to Alpnachstad in lightly more than an hour. You can also ake one of the trains leaving Lucerne fre- uently between 7:25 A.M. and 5:30 P.M. nd arriving in Alpnachstad in about 20 inutes. Or you can drive there along the ake shore.

he bright red cars of the Pilatus Railway ave soon after you arrive by boat or rail, o don't delay getting aboard. The steep lectric rack railway crosses alpine mead- ws, passes through forest, and ascends almost vertical rocky slopes on its 30-

SPRING comes early in TOTEM COUNTRY!

This is the time to "drive" it . . . aboard the MV "Queen of Prince Rupert"

From the carefully manicured gardens of Victoria to the wild and colorful flowers that cling to the cliffs of the "Inside Passage" . . . British Columbia draws its first breath of spring early. The snows retreat. The giant is alive and lovely.

Drive aboard the "Queen of Prince Rupert" at Kelsey Bay, Vancouver Island, for the 20-hour (overnight) cruise along protected waterways. Disembark at Prince Rupert and head through the land of tall totems, returning through the historic Cariboo Country and spectacular Fraser Canyon.

SPRING SCHEDULES are in effect until May 14. Two round trips weekly. Leave Kelsey Bay, northbound, Tuesdays and Thursdays at 1:30 p.m. Leave Prince Rupert, southbound, Wednesdays and Saturdays at 12:30 p.m. Summer schedules with sailings on alternate days commence May 16th.

until May 14th . . . save 25%

Off-season rates will save you 25% on passenger fares, stateroom, autos (trailers and campers, too!).

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SS-3

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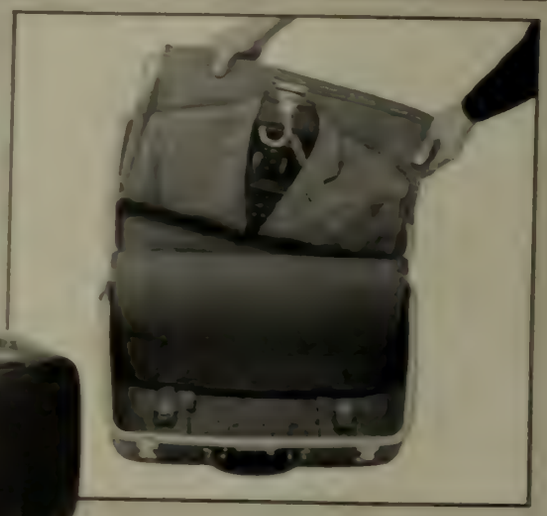

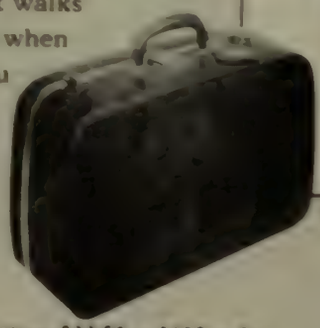

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minute trip to Pilatus-Kulm. You may brown Swiss cows grazing unconcerned alongside the tracks. This impressive way has a maximum grade of 48 per —nearly 1 in 2—and is the steepest lin its kind in the world.

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The last major segment is a 30-mi ride on a four-man aerial cable car the Fräkmüntegg station to Krien suburb of Lucerne. A short ride on No. 1 trolley returns you to Lucerne.

Boat trip *on Lake Lucerne can be fir final leg of excursion to Pilatus su*

Rack railway *from Lucerne to su is the steepest of its kind in the w*

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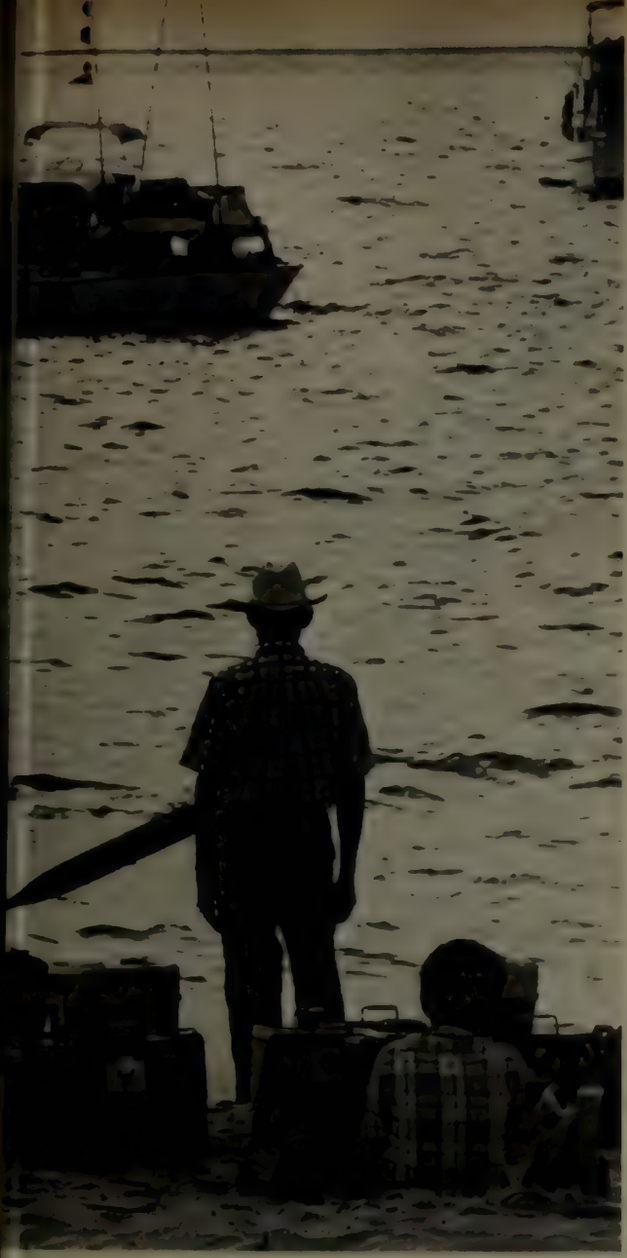


lways the boats return flying many flags

The fishing is first-rate . . . and it will only get better as the weather heats up

Sporting chance: *Last June 27 Bob Kirkland of Walnut Creek, California, using 50-pound tackle, hooked this 210-pound, 10-foot striped marlin; 3 hours 45 minutes later, he hauled it in*

They're walking *a rockbound beach on Pacific side of Cabo San Lucas*

GLENN CHRISTIANSEN

an José del Cabo, big, straggly, dusty, rikes you as a place you might enjoy nowing better. Todos Santos appears onsiderably more isolated and rural. It nd Santiago both have *trapiches*, or sugar ills, where the juice of the cane is simply oiled down for use as brown sugar molded into large hearts, small cones, or ars) or pulled like taffy and eaten in a andy form called *panocha*.

HE FISHING

ut on the water you see almost no seagulls, nly those heavy but graceful pelicans lertly watching for schools of fish. Here's ne fisherman's memory of these fish-filled vaters: "A grouper had chewed fins off ne sea bass that we caught. Just before nother sea bass got hauled in, we saw it n the mouth of a Moray eel. We caught alf a dozen yellowtail and some beautiful ellow polka-dotted sierra. Saw a black hale about 12 feet long surfacing. Also aw flying fish and a rooster fish . . ."

ishing here is as good as any in the whole ulf of California. The greatest number f species are caught in summer, when eather is hottest. All three of the hotel

resort centers are also sportfishing centers.

You pay anywhere from $40 to $65 for a full-sized boat and two-man crew, fishing tackle, facilities for icing your beer and soft drinks, and plenty of room for as many as four persons to be comfortable all day if the fishing is that good. Skiffs and other smaller boats cost less.

Baja fishing bible is a *Sunset* book, *The Sea of Cortez*, by Ray Cannon and the *Sunset* editors (Lane Books, Menlo Park, Calif. 1966; $11.75). You encounter it—and references to it—in every hotel and resort where fishermen stay. You may even encounter the author himself.

Down by Cape, *unpaved road is sandy-dusty, easy driving except when wet*

WATER SPORTS

At La Paz the bay swimming is not recommended. Swimming is much better at Coromuel Beach 2½ miles northeast of town (Coromuel is a Spanish rendition of Cromwell, name of an early-day pirate) and in Puerto Balandra—the beautiful outer portion that you can't reach by car, so you'd better go by boat.

Swimming is good practically anywhere around Bahía de las Palmas. From there south, the good swimming is confined to various sandy coves. On the Pacific side, you shouldn't venture out very far if you're not an experienced swimmer. Two attractive swimming beaches, Los Cerritos and San Pedrito, lie a few miles south of Todos Santos—go with a guide or ask for directions on how to get there.

When Hernán Cortés, conqueror of Mexico, came to Baja in 1535, he found pearls in La Paz Bay. The pearl diving done by naked Indians for three centuries became more of an industry when diving suits were introduced in 1874, and prospered until the Mexican Revolution in 1914. (John Steinbeck wrote a classically simple, short novel about a native pearl diver: *The Pearl,* published in 1941 and now a 60-cent Bantam Books paperback.)

Today snorkel and scuba divers-for-sport predominate. One skindiving center is La

Swimmer tries *skindiving gear in Hotel Cabo San Lucas pool before going into oc*

The snorkel and scuba diving is good

Paz and one favorite destination is Isla Espíritu Santo, the big island just to the north, which has many inviting coves.

In La Paz all the fishing fleet operators—Salvador Morales, Jack Velez, and Hotel Los Arcos (at press time it planned to have its fleet running by March 1)—are also equipped to take you skindiving or on water excursions. One specialist, skindiver Richard Adcock, offers an all-expense skindiving vacation for $200 a week.

Malcolm Shroyer can arrange several kinds of beach and waterside experiences. Dr. Rodolfo Gibert rents completely furnished cottages for four on a beach near La Paz for $100 a week. And midday picnic cruises at $6.50 per person (as well as other sightseeing trips) are offered by Baja Sur, the only full-fledged travel agency, whose manager Carlos Riva Palacio is one of the best sources of travel information in this part of Baja.

Skindiving is also popular at all of the three resort hotels down near the Cape. They can provide you with diving equipment and oxygen. Even if you don't dive, it's fun to take an outboard motor-equipped skiff out by the big rocks called the Friars, which march south from the very tip of the Baja peninsula like steppingstones to nowhere.

CREATURE COMFORTS

Food and lodging generally cost more here than on the Mexican mainland. Even taxi rides around La Paz are about 5 pesos (40 cents) minimum, and 3 pesos is a minimum tip for all but minor services.

La Paz, the only city down here (population about 40,000), has a few tourist restaurants as well as hotel dining rooms (at Hotel Perla a sidewalk cafe), and two

GLENN CHRISTIANSEN

Well-trod beaches *soon give way to coastlands with empty space for everyone*

so is leg-stretching along almost any beach

CLYDE CHILDRESS

Bell ropes *just hang down the front of San Antonio's old mission church, first built in early 1800's but much remodeled later*

night clubs (Aquarium and El Bucanero). Elsewhere except San José del Cabo (pop. 3,000) and Todos Santos (2,000), your hotel may be your only place to eat. All services thin out south of La Paz—San José del Cabo has the only bank.

Fourteen hotels with about 500 rooms in all cater to tourists.

La Paz has six hotels—all on the main street next to the bay and continuing southwest. Perla adjoins the city center, with Los Arcos only a few blocks away. Los Cocos, La Posada, Guaycura, and Calafia form their own hotel district out about 2 miles. All except Hotel Perla have swimming pools. Their rates range from $20 to $30 for two including meals.

Near the suburban hotels, El Sombrero Trailer Park offers hookups for $2 per night, camping facilities, and a few rooms.

For the next hotel group you must go 75 miles south to Bahía de las Palmas, where fishing is the biggest attraction. Punta Pescadero, Hotel Bahía de Palmas, Rancho Buena Vista, and Hotel Punta Colorada charge $20 to $32 per day for two with meals.

At Santiago, 15 miles farther, you're isolated and inland, but you might want to base there at unpretentious Hotel Palomar ($20 for two with meals) if you're very fond of hunting (dove from Noven ber 1 to February 28, deer from Novemb 1 to December 31) or excursions into tl mountains. Guides and horses may l hired here (also in Todos Santos) f trips up into the Laguna Sierra regio

The most elegant resorts in this part the world are the three strung out alon the coast-hugging 20 miles of road fro San José del Cabo to San Lucas. Hot las Cruces Palmilla at Punta Palmill and Hotel Cabo San Lucas at Puerto Ch leno dominate whole stretches of coas Hacienda Cabo San Lucas stands off little from the town of San Lucas an overlooks the covelike harbor and th Cape itself—Cabo San Lucas. Each has swimming pool and a tennis court or tw The rates range from $40 to $50 for tw with meals.

Food is good but not especially varied, little more Mexican around La Paz an more "North American tourist" in reso hotels farther south. Fish is readily avai able; one specialty is turtle.

You can make hotel reservations throug your own travel agent. The Directo General de Turismo, Palacio de Gobiern La Paz, B.C., doesn't handle reservatio but can forward inquiries or send liter ture on hotels and travel services.

In La Paz . . . artisans work as you watch

Center of Regional Arts *in La Paz sells the colorful things its students make. Sra. Eduardo Carillo (at right), wife of the director, shows off some of them*

GLENN CHRISTIANSE

Throwing a pot *on the potter's wheel is an absorbing (and sticky-fingered) job. He is a student at Center of Regional Arts*

n can shop for Mexican handicraft ts in a few stores in La Paz—you'll ce some as you take the pleasant n-lined walk along the Malecon. Hotel shops here and elsewhere carry some he same kinds of goods, mostly made where in Mexico.

only locally-made work comes from Center of Regional Arts in La Paz. It studios a few blocks off the road to airport, and a showroom and sales let on the same street as all the hotels. ected by Eduardo Carrillo, a former LA art instructor and also member of Baja family (his mother runs an inn in n Ignacio), this center teaches talented al youngsters pottery, weaving, and er skills. A grant from the Copley undation of San Diego founded it, but center now supports itself by sales.

W ABOUT CAMPING?

te park or other organized camp- und facilities you won't find. South of Paz we saw only one sign that vertised camping facilities on private operty. But empty space that looks ractive for camping is everywhere. If u see a house nearby, it would be cour- us to introduce yourself and ask per- ssion to camp.

eal here is a camper or trailer (but you n't sleep in one on the ferry). Carry ur own water and a good reserve supply food. This is desert camping—includ- g rattlesnakes. There are almost no flies other insects in this climate.

me campers here like to check into a tel occasionally for a night or two.

LIMATE

Paz averages 5.5 inches annual rain- ll, and hardly any spot in the bottom of aja gets more than 10 inches. Both heat d humidity increase slightly from La Paz uth to the Cape. Rains come mainly in mmer, but the tropical storms called *chu- scos* come almost entirely in September. he Pacific side is slightly cooler than the lf side (so is the ocean water), and the egetation grows a little higher.

mmers are hottest, but with moderat- g sea breezes. By July the midday heat s up to 90° or so and the light-colored l is rather blinding. Don't judge any ace down here—or try to take photo- aphs—at midday. Get under some large reading shade tree, or down close to the ter at the beach, and wait for late after- on and evening. Then the mountain ylines stand out in knife-edge clarity ainst milky blue skies, gradually giving y to brilliant sunsets, and a profusion stars after dark.

ne of the most pleasant times of year re is March through May; another mes in late fall. All seasons are rela- ively mild. As one visitor noted: "We are tting accustomed to seeing fireplaces at have never been used."

CLYDE CHILDRESS

She pats *out wheat tortillas, stretches them paper thin, and cooks them for walk-in customers at her San Antonio cocinera. Wall behind her is woven palo del arco stems*

The great soup secret

It's the stock you make in the big stock pot. It's the heart of many great soups. It's great all by itself. It's fat-less, protein rich, flavor rich. And it's easy to make once you decide to plunge in

Lift out *large, bulky bones that protrude into fat layer on hot stock; chill*

Break free *and lift off layer of cold, hard fat; discard. Reheat gelled stock*

Beat *frothy egg whites into boiling stock to clarify; set aside to cool slightly*

Pour *stock through strainer lined with a wet cloth to remove the egg white*

If you want to make soup in the gr manner—a soup that will make you mous—you start by making stock, this is how to begin:

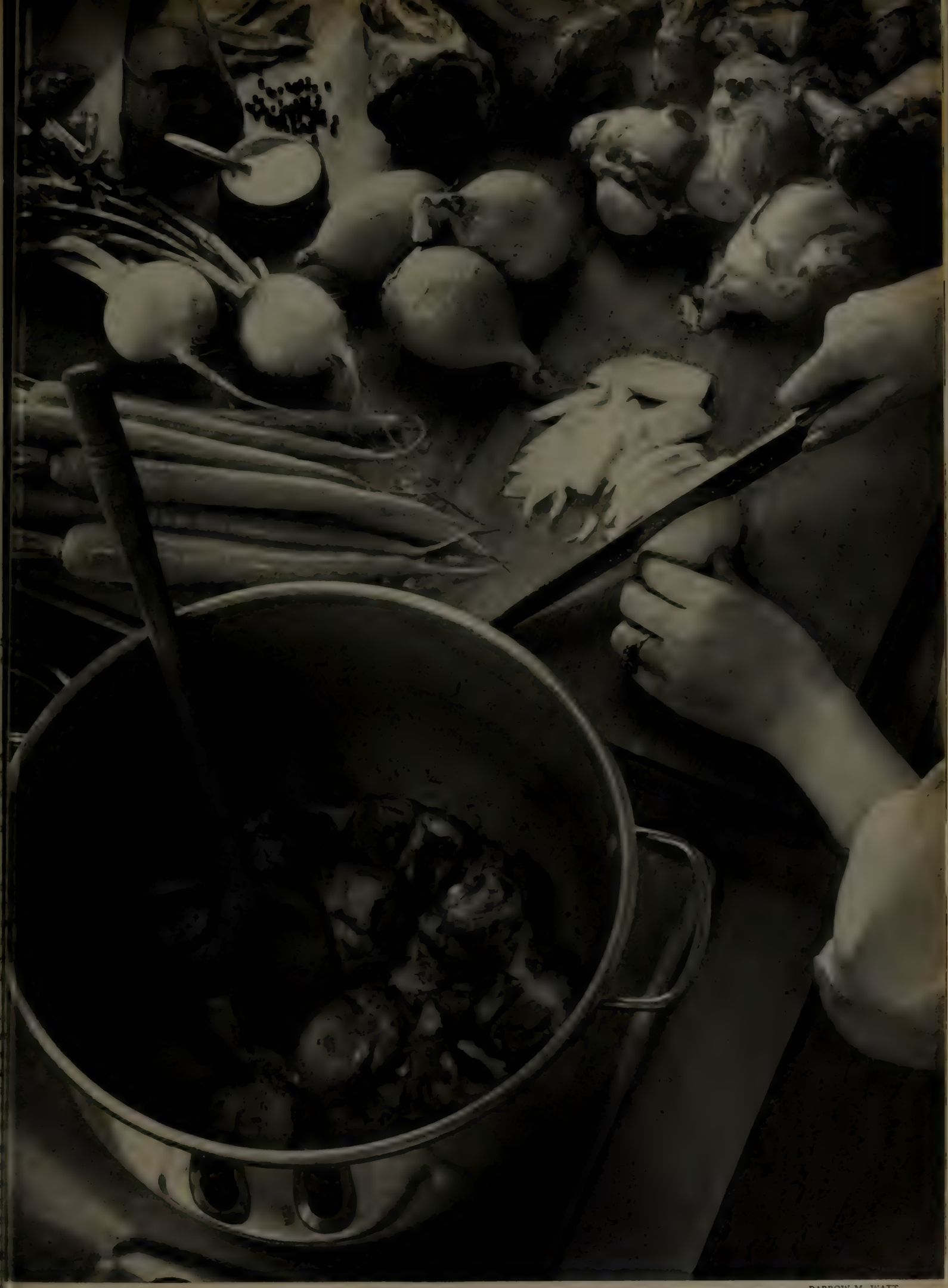
Get a big kettle.

All that goes into the kettle (and it's impressive collection, as you can see right) contributes to the superb qualit the results: a beautifully lean liquid full, concentrated, melded flavors, so in protein extracts that it makes a bou gel when cold.

The smallest kettle you can use for following recipe is 12-quart size; ket as large as 20 quarts are commonly av able for home cooking. The weight (thi ness of metal) of the container determi the cost. A light, inexpensive kettle generally more practical; a heavy kettl quite a load to lift when you fill it.

You'll find a choice of large kettles houseware sections of department sto hardware stores, and variety stores. Pri are about the same for 12 to 20-qu kettles of the same weight metal, start around $5 and going up (typical prices middleweight examples are $10 to $12

Next, get lots of bones, some meat, s vegetables. Here we describe just one w to make stock. Once you've tried it, y can easily invent other stocks with sim substitutions—more chicken or l chicken, more or fewer beef bones, p or ham instead of lamb—or by addi other vegetables such as celery, parsl leeks, and watercress. The exact quan ties you use are less important than



DARROW M. WATT

It all goes in the pot

Brown the fatty lamb necks; add chopped vegetables; cook. Caramelize a little sugar for rich color, then add everything else

ratio of bulk to water.

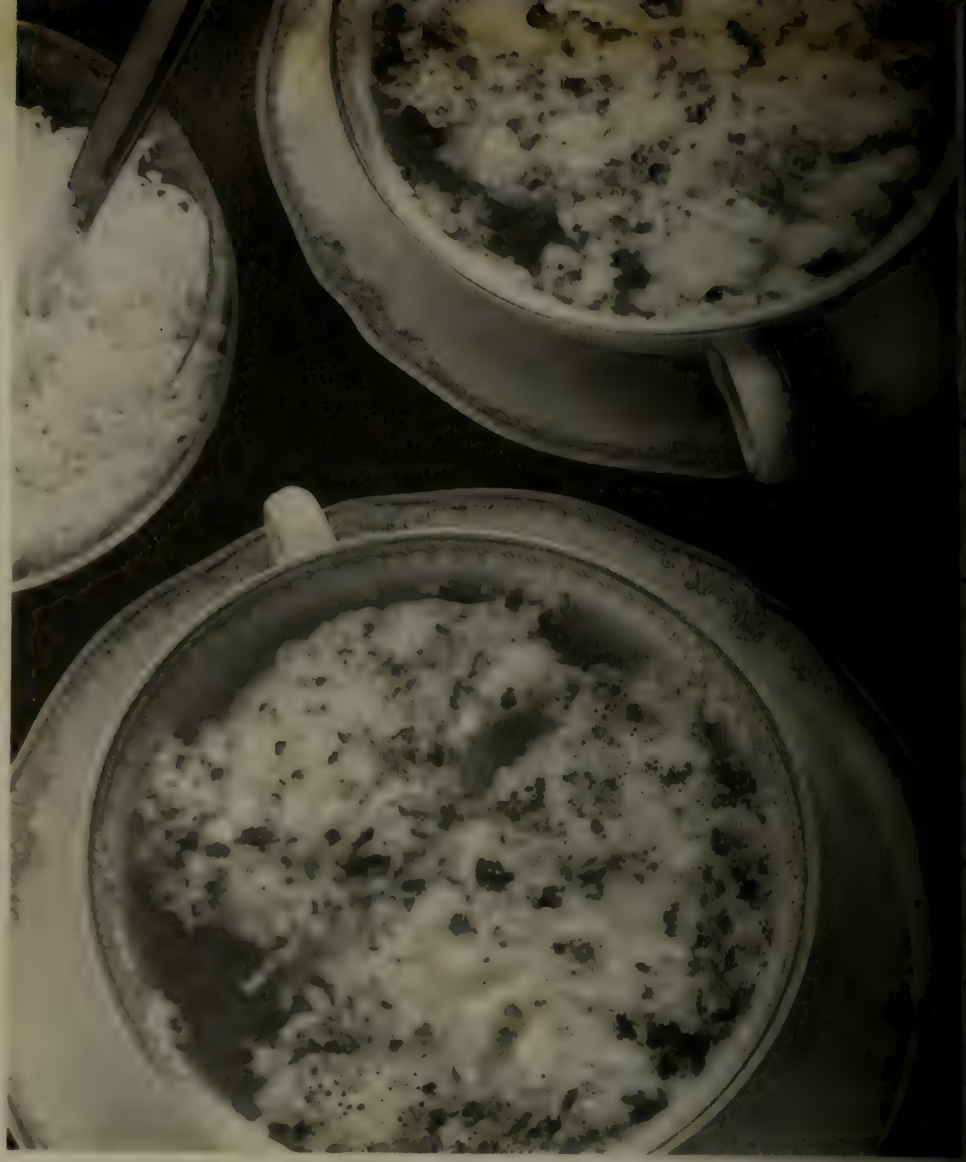
This isn't to say that short cuts to tasty soups, such as bouillon, stock bases, meat extracts, canned broth or consommés, or canned beef teas, haven't an essential place in cookery. But they are salted. You can't reduce them (boil them down) for deeper flavor without increasing the saltiness to an unpalatable level. (You *can* use them to dilute or stretch the goodness of the unsalted stock you make, however.)

The freezer can be a great economical aid in making stock. Tuck away choice bits until you accumulate a supply to work with. Have your meatman save the bones and trimmings whenever you order a rolled roast, boned chicken breasts, boneless chops; buy the whole chicken when you need just the meaty pieces for a dish, and save the bony parts and giblets for later; take advantage of special sale prices on veal, beef, or lamb shanks.

A deep brown color for stock requires sautéing some of the meat and vegetables; a little sugar, caramelized in the pan, increases the intensity of the brown hue. (In light-colored stocks the ingredients are sauteed very little or not at all.)

To the sautéed ingredients add the balance of bones, water, and seasoning (no salt at this stage). Then let it all simmer very slowly, unwatched, to extract all the flavor.

From here on, the tedious *haute cuisine* style of stock making gets trimmed to the important essentials. Instead of skimming the bubbling liquid, let the murky elements accumulate to remove later; instead of straining the boiling hot mixture to remove the fat, lift out a few bones so the fat layer is smooth; then chill, and chisel away every fragment of fat when the layer has hardened.



Stracciatella: *scrambled egg soup. Eggs, cheese, parsley are blended and poach in hot brown stock. A simple, elegant soup from Ristorante Ranieri in Ro*

Warm the gelled stock to melt it, strain it, then clarify with egg whites; they cling to the cloudy elements in the liquid, pulling them out of suspension. Strain again—and you have your stock. (You may have to repeat the clarification process with more egg whites if you want a particularly sparkling stock.)

Use the stock at once; or refrigerate four or five days; or freeze in small, easy-to-use portions.

For a delightful offering at any time, just heat, salt to taste, and serve as is. Or go a bit further and make the following four praiseworthy international soups. Each is totally different from the others. One recipe's yield of stock makes just enough to try them all.

Caldo Xochilt, *from Salou Restaurant in Guadalajara. To chile-seasoned brown stock, add avocado, tomato, onion, lime*

BROWN STOCK

- 3 pounds lamb neck, cut in pieces
- 4 or 5 medium-sized onions
- 6 to 8 carrots
- 1 large or 2 small turnips
- 2 teaspoons sugar
- 1 tablespoon vinegar
- 6 quarts water
- 1 teaspoon whole black peppers
- 2 or 3 bay leaves
- 3 pounds bony chicken pieces (necks, backs, wings)
- About 3 pounds veal shank bones (with a little or lot of meat)
- 3 to 4 pounds beef bones (with no meat)
- 6 to 8 egg whites

In a large kettle (minimum size 12 quart, thoroughly brown lamb necks over mo erately high heat, stirring occasionall Chop onions, carrots, and turnips and a to pan. Cook over high heat, stirring free browned particles that stick, un vegetables are very soft and browned. Push meat and vegetables to one side a

Four great soups made from your stock ... all delicious and all different

cleared area of pan over most direct t. Sprinkle onto it the sugar and cook disturbed until sugar begins to melt l caramelize (take care not to char), n add vinegar and stir well.

d water, peppers, bay, chicken, veal, l as many of the beef bones as the pot ll hold without overflowing. Bring to a il; reduce heat to very low; simmer, vered, for 4 hours. With a slotted or ncible spoon, lift out the bones that trude up into the fat layer; chill stock. ft off and discard the solid fat. Heat ck until warm, stirring until melted.

ur stock slowly through a wire strainer colander into another large container t least 8-quart size). Discard residue.

turn stock to kettle to clarify. Bring a rolling boil. Beat egg whites until amy, then whip into boiling stock. Re- rn to a full boil, remove from heat, and t stand until slightly cooled.

oisten a muslin cloth with cold water, ring dry, and use it to line a wire rainer. Place strainer over a large con- iner. Pour stock through the cloth, a tle at a time; egg whites slow the flow. raw cloth up in a bag and squeeze out s much liquid as possible; discard whites.

or stock of special clarity, repeat clari- cation process, using another 1 to 2 egg hites for each quart of stock.

ou should have 5 to 6 quarts of stock; your yield is less, water can be added ow or later to bring the quantity up to s much as 6 quarts.

over; chill as long as 4 to 5 days; or reeze in 1 to 1½-quart containers.

From Rome: STRACCIATELLA
(Strah-chah-*tell*-ah)

Heat 4 to 6 cups brown stock and salt to aste, then bring to boiling. Beat 2 eggs with ¼ cup shredded Parmesan cheese and 2 tablespoons minced parsley. Pour nixture into boiling stock and remove mmediately from heat; do not stir. Ladle nto soup bowls and pass more cheese. Makes 4 to 6 first-course servings.

From Genoa: MARITATA
(Mar-ee-*tah*-tah)

Heat 6 cups brown stock and salt to taste; bring to boiling and add ⅓ cup tiny noodles such as pellet or star-shaped egg pastina. Cover and simmer 5 minutes or until noodles are tender. Meanwhile, cream ½ cup (¼ lb.) butter with 1 cup shredded Parmesan cheese, then beat in 4 egg yolks, one at a time, blending. Stir in 1 cup whipping cream. Blend some of the boiling soup into the creamed mixture, then return all to pan and remove at once from heat. Makes 8 to 10 first-course servings.

From Guadalajara: CALDO XOCHILT
(*Call*-doh *sew*-chillt)

Remove stem and seeds from 1 *chile ancho* (a mild dried chile available in Mexican markets or delicatessens) and cover with boiling water; let stand 10 minutes. Drain; cut chile in small pieces.

Heat 6 cups brown stock and salt to taste; add the chile pieces, 2 tablespoons rice, and ⅓ cup drained canned garbanzos. Bring to a boil, cover, and simmer about 15 minutes or until rice is tender.

Chop 1 medium-sized onion; set aside ¼ cup of it. Peel and chop 1 medium-sized tomato. Remove seeds and pith of 1 canned green California chile; chop chile. Blend tomato, chile, and the ¼ cup onion with salt to taste. Peel and dice 1 ripe avocado. Place onion, tomato sauce, and avocado in individual dishes.

Remove soup from heat, and stir in ½ cup cilantro (also called Chinese parsley or fresh coriander, and available in Mexican or Oriental markets). Ladle into bowls, adding onion, tomato sauce, and avocado as you like; squeeze in lime to taste (you need 2 or 3 limes). Makes 4 to 5 main dish servings.

Maritata, *a velvety soup with tiny pastas. This version was created by Genoese chef*

From Paris: PETITE MARMITE
(Puh-teet mar-meet)

In a large kettle (at least 8-quart size) combine 8 cups brown stock and 8 cups water (or substitute more brown stock or some canned regular-strength chicken broth for some of the water); a 2½ to 3-pound piece of brisket (trim off as much fat as possible); and 1½ teaspoons salt. Bring to a boil, cover, and simmer about 3 hours or until brisket pierces easily.

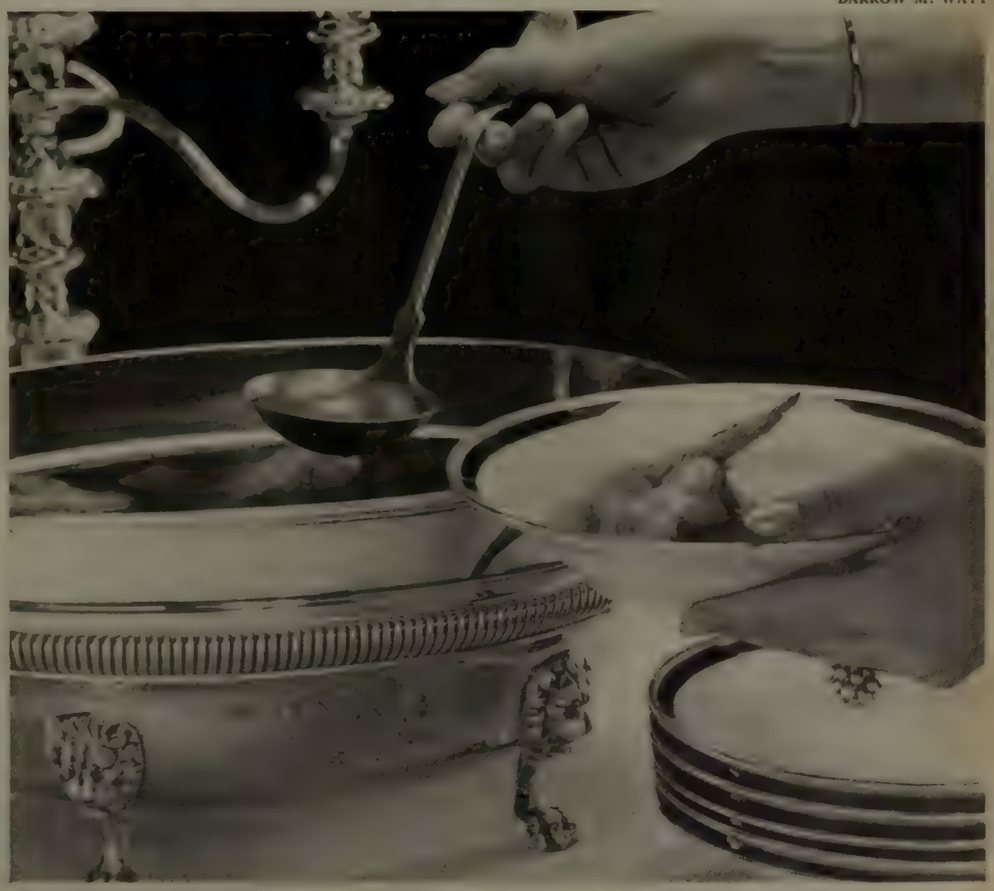
Add 8 chicken wings and simmer 30 minutes longer.

Lift meats from stock and chill, covered. Chill broth; discard cold, hard fat.

If you wish, clarify stock with 4 to 6 egg whites as directed in the brown stock recipe. Return stock to heat and add 2 sliced carrots and 2 small sliced turnips; cover and simmer about 10 minutes. Cut brisket in bite-sized pieces and add the meat and chicken wings to stock; heat through.

Salt to taste and serve. Pass shredded Parmesan cheese to add to each serving. Makes 8 to 10 main dish servings.

DARROW M. WATT



Petite Marmite, *patterned after superb classic offered at famed Lapérouse in Paris. Chicken wings, beef brisket, turnips, carrots in an aromatic clarified brown stock*

It's time to plant color... and there's new color to plant

Here's a report on the new 1969 All-Americas... and on some other color treats both new and old

This spring, thousands of Western flower gardeners will plant summer annuals with the same anticipation and enthusiasm that fired them to plant bulbs last fall.

Last July—looking ahead to this great springtime urge—we spent three days looking at flowers in commercial fields in the Lompoc Valley and near Santa Paula, California. We saw the 1969 All-America Selections and many other new annuals and perennials that you can buy as transplants in nurseries this spring, order as seed from catalogs, or find on seed racks. (Look for the All-America award emblem in red, white, and blue on the upper corner of seed packets.)

THE ALL-AMERICA WINNERS

Out of 55 entries in the flower division of the 1969 All-America Selections, only five—three zinnias, a cornflower, and a Madagascar periwinkle (usually sold as vinca)—won medals.

Two of the zinnias are stunning F_1 hybrid giant cactus-flowered types (designated as Zenith by the originator). 'Torch,' rich orange, is pictured in color on the opposite page. 'Rosy Future' is a vibrant rose pink without a trace of blue. Both varieties have ruffled, fully double, 6-inch flower heads with crisp, quilled ray flowers around a darker center of tiny, tightly clustered disk flowers.

The stocky, well branched, mildew-resistant plants start blooming when 15 inches high, grow to 2½ feet, and stand firmly upright despite the wind and rain that may hit them toward the end of the flowering period in autumn. Both varieties are superb for borders and cutting.

'Cherry Buttons' (in color at the bottom of the opposite page) is the third in a series; the first two were 'Red Buttons' and 'Pink Buttons,' a 1964 All-America award winner. Growth habit of 'Cherry Buttons' and its predecessors is similar to that of earlier Lilliput and Cupid types, but the foot-high plants branch more at the base, have shorter internodes, and are stockier and more compact.

The inch-wide flowers of 'Cherry Buttons' are rich cerise—a better color description than to say cherry red, since there are many different shades of red among cherry varieties. Mint green best describes the foliage—but foliage color varies with care; the better the care, the richer the color. 'Cherry Buttons' is one of the best low-growing annuals for sunny borders.

'Snowball' cornflower *(Centaurea cyanus)* was out of bloom and going to seed when we saw it in July. However, when we asked a Western flower grower, one of the All-America Selections judges, what he thought of it, he replied: "It's delightful—a first-class job by a breeder."

This new cornflower is a proper dwarf, 12 to 16 inches tall, with a compact, uniform growth habit. In late spring and early summer it is completely covered with 1¼ to 1½-inch, double, pure white flowers on 7 to 8-inch stems. 'Snowball' is ideal for low borders or edgings, less suitable for cutting except for use in small bouquets or as boutonnieres. It is superior in plant form and flowering habit to the dwarf, blue cornflower 'Jubilee Gem' (an award winner in 1937), whose blooms are massed at the top. Sow seeds or set out transplants of 'Snowball' in fall in mild-winter climates; early spring in cold areas.

'Polka Dot' (listed as vinca in All-America Selections publicity and in catalogs) is a dwarf variety of Madagascar periwinkle *(Catharanthus roseus,* usually sold as *Vinca rosea).*

A pronounced weeping or pendulous growth habit won an award for this newcomer. In early stages, stems grow upright; when they are about 6 inches high the succulent reddish stems start trailing, and finally branch out into a 24-inch-wide mat. The single phloxlike flowers are white with a bright red eye.

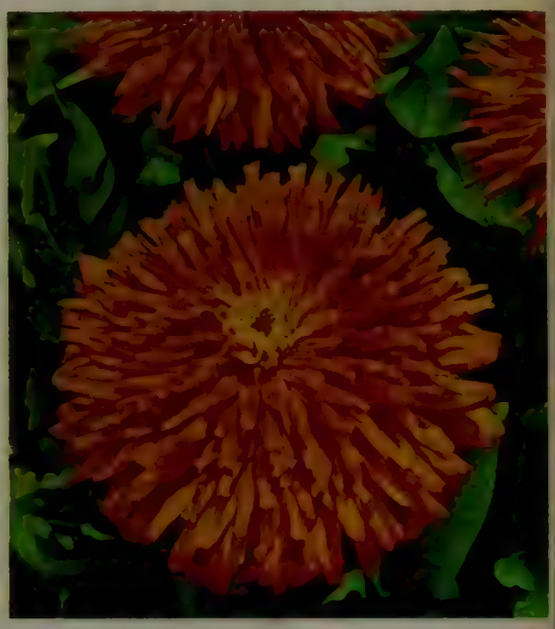
Use 'Polka Dot' as a ground cover, in raised beds, windowboxes, rock gardens, hanging pots or baskets. Here's a plant for desert and other warm-climate gardeners who usually forego such hanging favorites as lobelia and fibrous and tuberous begonias.

ELLS MARUGG

Mixed border *at Sunset. 'Blue Mink' ageratum, 'Golden Carpet' chrysanthemum. Blue marguerite,* Euryops pectinatus *behind*

DARROW M. WATT

Gay Ladies, *new marigold mixture, includes this yellow, also orange, gold*



'Torch' *giant hybrid zinnia is 1969 winner; 'Rosy Future' zinnia also won*

'Cherry Buttons,' *1969 All-America zinnia: compact (12 inches), branching*

All-America Selections *trial grounds, Lompoc, California, one of 28 flower testing locations in the United States and Canada, is open to visitors*

'Torch,' *1969 giant hybrid zinnia (color on page poses with its parents: male, upper right; female, be*

Some of the handsomest new flowers are not All-Americas

In addition to the All-Americas, we found some less-publicized "stoppers" on our tour of the flower seed fields.

'Irish Eyes,' a sparkling, golden yellow, green-eyed gloriosa daisy (pictured on *Sunset's* cover), is a perennial that will bloom the first summer if you sow seed in early spring, or set out nursery transplants as soon as available.

This rugged, hardy, heat-resistant, 30-inch-high plant produces masses of long-stemmed flowers through summer and fall. The unique, light green, disk-flowered centers turn brown as the flowers mature, but the encircling clear yellow ray flowers (laymen call them petals) remain attractive for a long period.

Like the earlier single and double gloriosa daisies, 'Irish Eyes' is robust, needs space, looks attractive in large borders, and yields quantities of cut flowers for arrangements and bouquets.

You can sow seed of 'Irish Eyes' (and other gloriosa daisies) in the open ground and thin seedlings to a foot apart. In late

Search for white marigold *continues at Burpee's Floradale Seed Farms, Lompoc. 1969 judges: David Burpee, Sunset's Elsa Knoll, Dr. Vernon T. Stouteme*

-ut stems to the ground, and leave
ps in place for next summer's bloom.

Ladies marigolds (see the photograph
page 91)—semidwarf hybrids in mixed
rs of yellow, orange, and gold—are
ow-ups to yellow-flowered 'First
y,' 1968 All-America award winner.
18-inch-high plants are remarkably
orm in growth habit, almost com-
ely covered with double, carnation-
red blooms up to 3½ inches across.
Ladies marigolds are splendid border
's, colorful from midsummer to frost,
can take buffeting from winds.

ng the delights on our tour was the
t of a large field (in a small sheltered
y) carpeted with 'Mini-Pink' dwarf
nias, a 1969 introduction. This com-
, mounding, Thumbelina-type zinnia,
hes high, is covered with clear rose-
k flowers 1¼ to 1½ inches across.
ni-Pink' is the most uniform of the
n or field-pollinated dwarf zinnias.
it as an edging or ground cover. From
grower who introduced this charming
e zinnia, we learned that 'Mini-Pink'
undoubtedly be used in developing
are worthwhile hybrids.

other new zinnia is Ferris Wheel, with
ed bicolored and tricolored flowers,
n white-tipped, 3 to 4 inches across.
ry plants are about 20 inches tall.

ERE THE FLOWERS GROW BEST

tically all flower seed produced in the
ted States is grown in California. The
est fields are in coastal valleys with
p, rich soil, where there's a long grow-
season of warm and sunny days and
l and often foggy nights, with prevail-
off-ocean afternoon winds that help
lination. These temperate conditions
leal for cool-season flowers like stock
l sweet peas—exist around San Juan
tista, Lompoc, Santa Maria, and Ar-
o Grande. Annuals that require lots of
dy warmth and sunshine, such as zin-
s, are grown in hot-summer, fog-free
nd valleys near, for example, Chow-
lla, Gilroy, Morgan Hill, Lodi, Pomona,
Santa Paula.

Most seed is grown in California's coastal valleys

EN THE FLOWERS BLOOM

this time of the year there'll be very
le color in the flower seed fields. Right
v the commercial growers, like home
rdeners, are either planting or preparing
plant their summer crops. In some sec-
ns of the Lompoc Valley, early planted
ps such as calendulas, California pop-

Late spring and summer is the time to visit the flower seed fields. Lompoc's festival comes on June 28, 29

pies, and sweet peas—usually in good bloom around Memorial Day—were damaged by floods; in other sections fields of these flowers were unharmed and will bloom on schedule. But there will be no lack of summer color from flowers due to be planted during the coming weeks.

In both coastal and inland valleys in July and August, there will be large, dazzling blocks of color from marigolds, petunias, and zinnias; you'll also see many other kinds of flowers, including ageratum, sweet alyssum, candytuft, cornflowers, cosmos, gloriosa daisies, lobelias, nasturtiums, phlox, and verbenas. Asters, dahlias, marigolds, and zinnias account for most of the late-season color.

If you're an early planner and would like to see a peak display in a major flower growing area, mark June 28 and 29 on your travel calendar. These are the dates of Lompoc's annual flower festival, during which many attractions, including a parade with flower-bedecked floats, compete for attention with thousands of acres of colorful blooming plants. Watch for details on the flower festival in the travel section of the June *Sunset*.

Selected marigolds *covered with cloth to prevent cross-pollination by bees or wind*

Hand-pollinating *hybrid petunias. Pollen placed on stigma of seed-producing flower*

DARROW M. WATT

Bees help *to cross-pollinate two strains whose offspring are 'Nugget' marigolds*

The children play *together or independently, whichever suits the mood of the moment. On nice days Mrs. Ireland usually sers*

gang lunch on the playhouse deck

Built in one busy weekend by three energetic adults for something under $75

Although designed for a young girl and her girl friends, this playhouse's A-frame construction is rugged enough to withstand the abuses of a small army of boys.

The William D. Irelands of Los Altos, California, admired a similar playhouse designed and built by a friend, Dirck Arrowsmith, in Yuba City. After adapting the plans, Mr. and Mrs. Ireland enlisted the help of an uncle and the three of them got busy on the Los Altos version.

Except for some finishing off, the whole project was completed in one busy weekend. The Irelands saved all the receipts for the materials, then unfortunately misplaced them; but if memory serves them right, the playhouse was built for less than $75.

As you can see from the photographs, its design is simple. The framing is all 2 by 4's. The A-members are 12 feet long, the deck and floor joists 8 feet. A 12-foot-long 2 by 8 forms the ridge beam. The sides and one end wall of the playhouse are covered with 1 by 10's. Decking is 1 by 4's, and the floor of the playhouse proper is a sheet of exterior plywood. Rope was used for deck railings.

Dana Ireland *(right) and friend relax over snack in playhouse. There's a curtained window in back, rug on floor*

DARROW M. WATT

Underneath *the girls have a blackboard for writing and drawing, and a sandbox. On hot days this is a shady spot to play*

Planting sweet pea *seedlings, December. By late March, they will have climbed fence, will make garden's biggest spring show*

Students *cutting dahlias in September and putting them buckets of water for carrying down to the help-yourself*

A new kind of community action

At Santa Cruz these college students go out for gardening

DARROW M. WATT

day's *cut flower harvest goes on display here at kiosk across the main campus road* *the Garden Project. Students, faculty, and staff come by and help themselves*

Third, the garden furnishes a walloping swatch of bright flower color to one corner of a campus that is otherwise almost monotonously green and brown (the redwoods, chaparral, and grass), gray (the asphalt paving), and white (most of the campus buildings).

More intangibly, the garden helps give this university individuality—it is UCSC's special thing. A garden project wouldn't be a surprise at a college or university that instructs in agriculture or horticulture, but UC Santa Cruz is mainly a liberal arts institution.

We report this garden because we are pleased with such voluntary goings-on in an academic environment these days and because in it there is a pattern of community action that non-academic communities could easily adapt.

In the beginning, Dr. Paul Lee, assistant professor of philosophy and a Fellow of Crown College (one of the university's four resident colleges), conceived that a student garden could contribute to a sense of identity for the new university, give students some recreation, and supply gardening knowledge to young people with little or no gardening background.

Professor Lee talked to Chancellor Dean E. McHenry, an imaginative administrator who happens to be a garden hobbyist. The chancellor liked the idea. He and the professor walked through the campus looking for a sunny site with good soil—a rare combination in redwood country—and found several suitable areas.

The next phase, converting the idea into a three-dimensional reality, is always the hardest part. It's especially difficult within a public institution, whether it's a city, an army, or a university. When the idea is not part of original planning, the chief doer has to cut through red tape. That's what Chancellor McHenry did—witness the fact that the garden started when the campus was less than two years old (June, 1967).

But even with determined idea makers and red-tape cutters, a project like this

a hillside clearing among the redwoods the University of California, Santa , is a very unusual 4-acre garden. It ndly regarded by the campus popula- as The Garden, the Garden Project, e Student Garden Project.

unique garden serves the young cam- (it opened in September, 1965) in sev- ways.

t, it provides an extracurricular ac- y for students, just as do intramural ts, drama, and publications.

nd, it is the source of fresh flowers y for many offices, dormitory rooms, other campus gathering places. It also plies fresh vegetables for those of the versity community who can use them.

Campus people *come into garden, pick certain vegetables. Below: "Stop" by butterhead lettuce means don't pick today; "Go" by chard means it's okay*

Beginning *to prepare bulb bed in fall. He'll incorporate manure, leaf mold, and homemade*

Dividing *a lifted rudbeckia in early winter. Clump is being separated with pair of forks*

Thinning *turnips. They grow "French way"—dense, gradually thinned (cook thinnings)*

Disbudding *dahlias—remo all but the end flower buds each branch. Makes big blo*

The garden's output is all given away . . . up to 10,000 blooms a day plus beans, tomatoes, turnips, greens

Garden Project leader *Alan Chadwick explains dividing technique to one of the students*

DARROW M. WATT

needs a leader, an on-the-spot, day-a day doer. A university chancellor an philosophy professor can't spare the t to supervise a garden.

That's where these gentlemen were lu Through a fortunate combination of cumstances, they met Alan Chadwick eloquent, perfectionist Englishman, perienced as an estate gardener. Chadwick was introduced to the ga project when it was still an embryo i With faculty support he selected the site, planned its development, intere students in participating, and has g full-time daily supervision throughou academic year and vacations.

Now the once-informal arrangem under which the garden functioned slowly becoming officially sanctioned. Chadwick is now a member of the uni sity staff and has been given living q ters on the campus. He needs them carries out an exhaustive work sche at the garden.

And several of the young people came to the garden to work betw classes have become so engrossed they have become full-time assistant addition to working at the project, group maintains the flower beds at main entrance to the campus and at C ell College.

Early in the development, Chancellor Henry had a wooden building moved the garden. This is the headquart called the chalet. The summertime dent gardeners in the breakfast ph graph on the next page are on the cha deck. The garden has also acquired a g house, donated by Chancellor McHe in which they grow all the seedlings t planted in the garden. And it now a nursery area, composting bins, a chi yard and house, and a flock of Ba Plymouth Rocks (for breakfast eggs).

The garden has been and is being wo

f one *fall day's harvest: carrots, bas-f root crops, tomatoes, and greens*

o ways. The students are planting, aining, and harvesting seasonal flow-nd vegetables. At the same time they owly developing the site into a per-nt landscape that all students can into, walk through, and enjoy. Stu-gardeners are making several formal entrances to the garden, cutting out paths on hillsides, building arches and planting them with roses, and defining various beds and areas with fuchsia hedges.

Mr. Chadwick is an organic gardener, one of the most successful that *Sunset's* editors have ever met. He makes sure that students dig deep beds for planting and install in them layers of leaf mold (available under the many oaks on the 2,000-acre campus), manure (from cattle that graze on campus lands by lease arrangement), wood ash, bonemeal, compost, and other nutrient-supplying organic matter.

They use no poison sprays, except for nicotine sulfate for occasional aphids, and even then they give the birds or other predators a chance to eat the aphids for a few days before they resort to spraying. They also use bait for slugs and snails. Mr. Chadwick believes that a healthy plant is not likely to be eaten or overcome by pests and his intensive kind of culture is such that the plants do stay in great health.

Last September when we visited, we saw the following annual and perennial flowers being cut for the daily giveaway: marigolds, carnations, coreopsis, rudbeckias, cornflowers, zinnias, scabiosa, anemones, and annual phlox. At times during the peak of the flower season, the students cut and placed 10,000 blooms a day at the help-yourself kiosk on the main campus road. On an ordinary day, the cut was about 4,500 blooms.

We noticed astounding growth from the scarlet runner beans, as reported in a separate article on page 228.

Last year the student gardeners grew, picked, and supplied the college cafeterias with 1¾ tons of tomatoes.

An unplanned but now highly valued extra dividend of the garden is the blustery, positive leadership and counsel that Alan Chadwick gives to the students who visit or work in the garden. He is also a professional Shakespearean actor, and we've heard him scold in booming phrases that seemed to rock the redwoods. The students apparently thrive on it. UCSC students across the campus, those who participate in the garden work and those who don't, speak kindly of Alan Chadwick.

To see the garden from your car, drive up Bay Street from Santa Cruz (it becomes Glenn Coolidge Drive after you enter the campus). As you approach the entrance to Stevenson College on Glenn Coolidge, you will see the garden up the hill to your right. If you want to get out and walk through, turn left and park in the Stevenson College parking lot and walk up the hill to the garden.

e students *ran the garden during summer vacation, 1968. Here at breakfast, after cutting flowers, they plan work for rest of day*

DARROW M. WATT

Large cabinet *in mud room holds camping, hiking, picnic equipment*

In Alaska they call t

A mud room solves the problems created when you live in a rainy or snowy climate and have children and dogs rushing in and out of the house. This one in Anchorage, Alaska, is unusually well organized and complete.

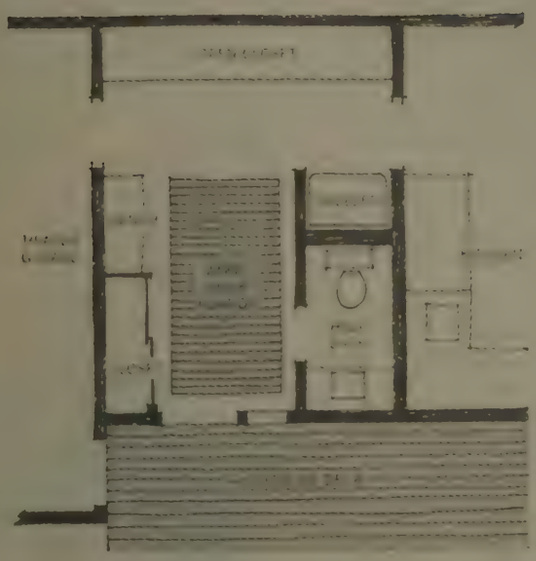
It was designed by Edwin B. Crittenden and Kenneth Maynard of Crittenden, Cassetta, Wirum & Cannon, architects for Dr. and Mrs. Theodore Shohl, who have four children, ages 5 to 12, and two large golden retrievers.

The mud room is located between a heated garage and the kitchen. It is accessible from the garage, the kitchen, and from an outdoor deck; it has a half-bath alongside, plus a space for a large freezer, handy to both car and kitchen.

One large closet with sliding doors holds camping and picnic gear; and there's an even larger open closet—plus additional wall hooks—for damp boots and jackets that need air circulation to dry. Recessed duckboards in the floor take care of the muddy boot problem, and the tile floor is easily mopped.

So they'll dry out *quickly, boots, the most-used sports equipment, and jackets go into this open closet, on wall hooks, and on perforated panel*

ntry room a "mud room"



Bulky skis *are stored this convenient way on a garage wall next to the mud room*

DON NORMARK

Low wall faucet *is for hosing the floor and watering two dogs who also use mud room*

For wet *or muddy boots, the tiled concrete floor was recessed for duckboards, has a drain under*

The Changing Western Home

A ceiling that defogs mirrors . . . a new substitute for nails . . . a kit for refacing old cabinets . . . a metal replacement window

A luminous ceiling that helps defog

This small bathroom has no window, so it has a vent fan (as required by most building codes) in the ceiling. Previously, in addition to the light shown here over its mirror, it had an ordinary light fixture in the ceiling. The two lights gave the closed-in bathroom drab, insufficient illumination.

About a foot below the original ceiling, the owner installed one of the new suspended ceilings available now at lumberyards. He placed translucent prismatic-plastic lighting panels in the new ceiling and simply replaced the old ceiling light fixture above it with two bare 100-watt bulbs. This luminous ceiling gives the entire bathroom bright and cheery lighting.

He did even more. Because the vent fan is above the suspended ceiling, he placed a small panel of open-grille plastic (available at lumberyards and electrical stores) directly above the mirror, as shown. The fan now draws air from the bathroom past the mirror through the openings in this plastic grille. The flow of air defogs the mirror quickly after someone takes a shower.

Invisible "nailing" for plywood paneling

For installing ¼-inch plywood wall paneling, a new device eliminates the puttying of nail holes that is necessary when you use finishing nails. It is a ¼-inch wide, 22-inch-long strip of galvanized sheet steel with sharp, heavy prongs on one side that you drive into wall studs with an ordinary hammer. On the other side it has clusters of three smaller prongs that will lock tightly into (but not protrude through) a ¼-inch panel.

You simply position the plywood over the strips and secure it by pounding on its surface with a rubber mallet. The strips, available at some lumberyards, cost about 4 cents each.

New faces for your cabinets

You can order a custom kit of materials to reface and change the appearance of your kitchen cabinets—or bathroom or other cabinets—to a modern simulated-wood finish in light birch, dark birch, pecan, or Spanish oak. Either you or a carpenter can easily install the parts of the kit to reface either wood or metal cabinets, with little mess. Compared to the cost of completely replacing the old cabinets, refacing is inexpensive—about $100 buys a kit that will redo a small kitchen.

The kit consists basically of new faced wood doors complete with stiles, new faced drawer fronts, plus a thin sheet of a matching laminated plastic to cover cabinet sides, sink fronts, and the like. Hinges, door pulls, and other hardware are all supplied. The laminated facing (similar to and as durable as a plastic countertop) has a suede finish closely matching the look and feel of wood.

You measure your cabinets and order the new doors and drawer fronts to fit. To install, remove the old doors and any stiles and attach the new—quite easily because they have predrilled holes for their hinges. The thin sheets of laminated plastic that you get to cover any exposed cabinet sides have an adhesive backing; you simply press them in plac laundry iron.

You can choose from a variety ing drawer and door pulls and orative mouldings and medallion a traditional appearance to the doors and drawers.

Full instructions on how to orde fit your cabinets are available lumberyards; or write to Buildin *Sunset Magazine*, Menlo Parl 94025, for the name of a supplie

New closet hardware

If you plan to install a clothe extra shelf in a closet, two ne sold at most hardware stores will the job better and easier. One i justable metal clothes rod ($3 to telescopes to the length needed sliding nylon hooks for your hang other is a strong metal shelf (about $1.40), a full 11 inches de a hook on its outer end to hold a s wood or metal clothes rod.

ROGER MARS

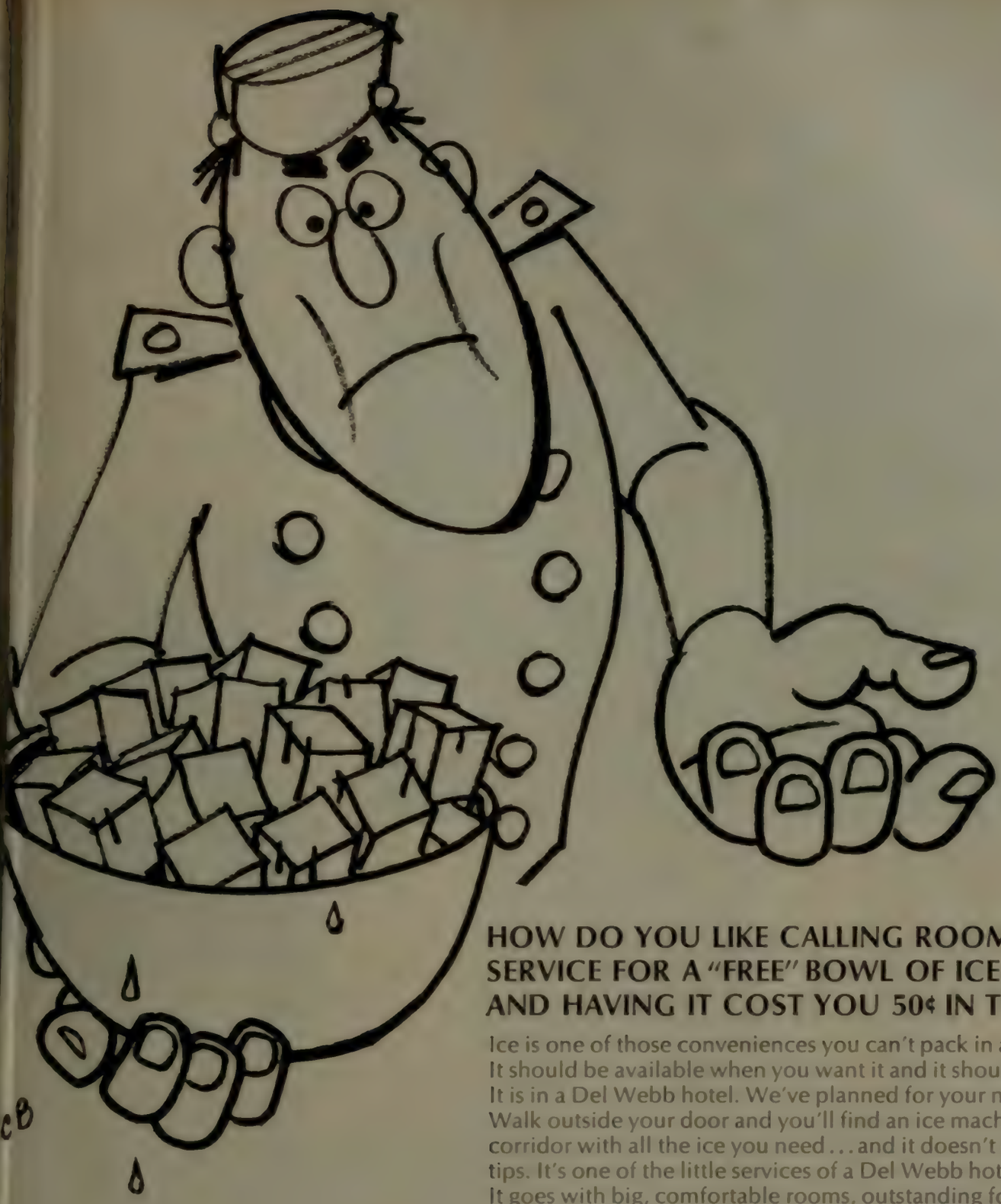
New replacement windo

This anodized aluminum window signed specifically to replace a de or outdated window in your home designed so almost anyone can in in about an hour's time. It's a single-hung window (the lowe moves up and down; the upper is The lower sash is removable fo cleaning of both.

The window is available in more t standard sizes and can be ordere expandable U-shaped channel sides commodate out-of-square and od window openings. Its built-in sprin ances replace the traditional weigh cords of old wood window frames.

Installation is simply a matter of ing the old frame (on the typic double-hung wood window, you r the inner stops and the sashes), a setting the new window in the op and securing it with a few screws.

Cost of the size shown in the photo is about $40.



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Old-style wheelbarrow *makes low, flat bed for moving plants, firewood—anything bulky*

To build one, first obtain a wheel determine how much clearance it need the frame. The wheel shown is a st rimmed one at least 30 years old. I bearing wheels with pneumatic tires less picturesque but easier to find (at $13 at the larger mail order stores) roll better on soft and bumpy ground.

Assemble the wood frame to fit y wheel with screws and 5/16-inch carr bolts, plus glue on all joinery. Fashion two axle supports of short pieces of be channel iron or angle iron.

The sides are held in place by two 1 2 stakes near the rear, as shown, that tend down through holes cut in the wood floor, and by two 1 by 2 tab each side that slide into two pairs of h cut in the front.

Round off the handles with a coarse rasp and you are ready to paint.

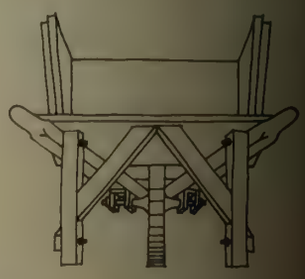
DON NOR

With sides attached, *it will hold almo yard of soil or peat moss and still*

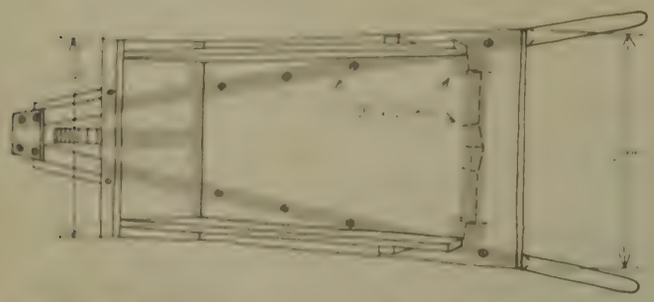
Some gardeners like the old-style wheelbarrow

Wooden wheelbarrows, widely used a few decades ago, have some distinct advantages over the metal-tub type. You can't mix concrete in them, but they are better for loading and moving large objects and they can carry more bulk than the usual garden wheelbarrow. When the sides are removed, you have a low work bench for odd jobs far from the house.

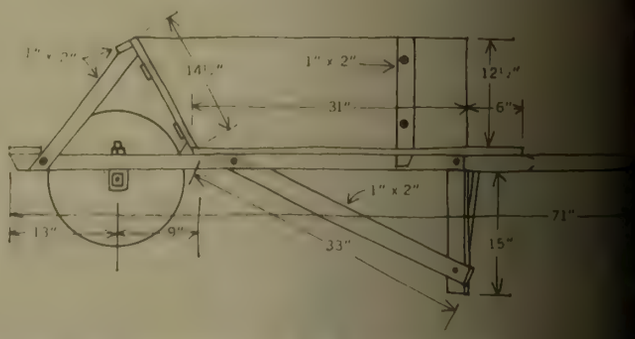
Ralph P. Olsson of Seattle designed and built this one. It is similar to those he remembered from boyhood, with the exception that he used modern exterior plywood to have strong one-piece sides and floor. He finds that a wooden wheelbarrow has still another advantage—it will withstand rains or wetting without rusting.



Rear view. *Note bolts and wheel sup*



Top view. *The front, sides, and floor are made of 5/8-inch exterior plywood; frame is 2 by 2's with 1 by 2 supports*



Side view. *Use galvanized 5/16-inch bolts on the frame. A clearance of frame at the front to fit the wheel you are*

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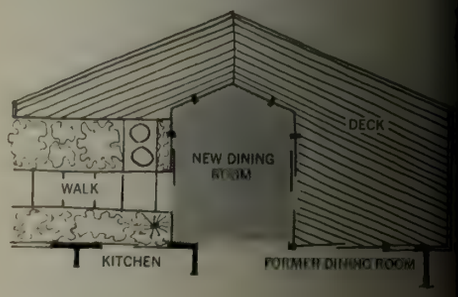
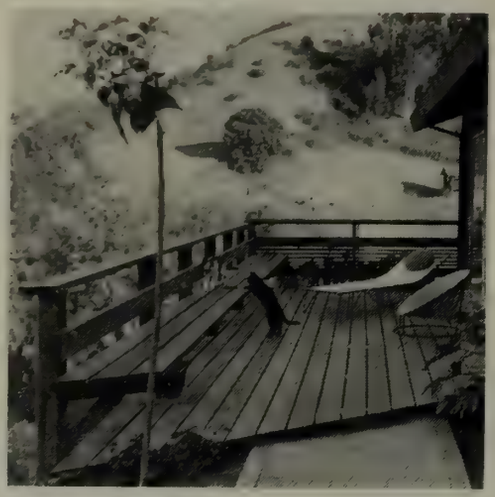
DARROW M. WATT

New dining room *is enclosed by glass. The V-shaped soffit conceals lights on a dimmer switch, serves as display shelf*

Now they sit down to dinner in a new glass dining room



After. *New deck was cantilevered out over hillside; dining room built over the original deck. Prow shape echoes the roof line*



Before. *Small deck was pleasant but undramatic. It opened off the living and dining area with two sets of sliding doors*

To expand their small house, archit Ellis Jacobs and his wife Janina, an terior designer, decided to push one of the living room - dining area out o an existing deck to give them a separ dining room. The result is a glass that seems to sit out in space, with a view in almost every direction.

The room ends in a V where glass me glass without a mullion. The two walls have sliding glass doors, one open into the garden, the other onto a deck. One of the original sliding doors in the living room was retained, the whole area can be opened up guests can circulate freely through living areas of the house.

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e phone call to the Trust Division Wells Fargo Bank is all it takes. e are ready to assume whatever gree of investment management sponsibility you want us to take.

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Sliding glass doors lead to private enclosed courts. Glass lets everythi outside inside. Everything, but the weather. There are no disadvantag of summer's heat or winter's cold. Whether you plan the dramatics o glass wall or an intimate, secluded patio view off the bedroom, today' new glass gives you weather-beati insulation, plus reduced fuel bills in the bargain. Here, on these page

Safety, the new fashion in sliding doors. The use of glass patio doors to bring the outdoors indoors and back again is beautifully interpreted in this California home. PPG HERCULITE® K is the recommended glass for sliding glass doors like this. A tempered safety glass that takes terrific impact. If it ever breaks, it won't shatter into dangerous shards. It crumbles into small pieces. Now is the time to open up your home, wherever you live, with PPG safety glass . . . HERCULITE K.

New wardrobe sliding door mirrors. If you've always thought mirrors just a delightful beauty aid, think again. Here you see how a dull wall has been transformed into a motion picture to give the room added depth and dimension with mirrored sliding wardrobe doors. The magic of PPG HIGH FIDELITY® Mirrors has long been used by professional interior decorators to create spaciousness, elegance and beauty in hallways, living areas, bedrooms—even kitchens. It's a tip worth taking from the professionals.

spacious living

ust a few of the new glass ideas today's homes. For hundreds e, send for PPG's new, full-color age book, "Open House USA." how glass can make your next e or remodeling plan work to let live spaciously. Dozens of deco- g ideas, too. Write: Open House, Industries, Dept. S-39, Gateway Center, Pittsburgh, Pa. 22. Include 25¢ for handling.

Get yourself an inside-outside kitchen. Imaginative use of glass plus a wraparound serving counter makes the kitchen and the great outdoors one big happy unit. Incorporating sliding windows at counter level permits convenient pass-through serving. From then on, it's fifteen seconds flat from pool to hamburger.

New weather-beating insulated windows. This Lincoln, Nebraska, town house typifies the widespread trend to PPG TWINDOW® insulating glass all around the cold country. Two sheets of glass, welded at the edges, with a thermal barrier of air between practically stops the flow of heat towards cold. And does away with storm windows forever. PPG TWINDOW reduces downdrafts, too, keeps your home warmer and reduces fuel bills. It's a beautiful way to save money.

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The Hugger. Camaro SS Coupe with Rally Sport equipme

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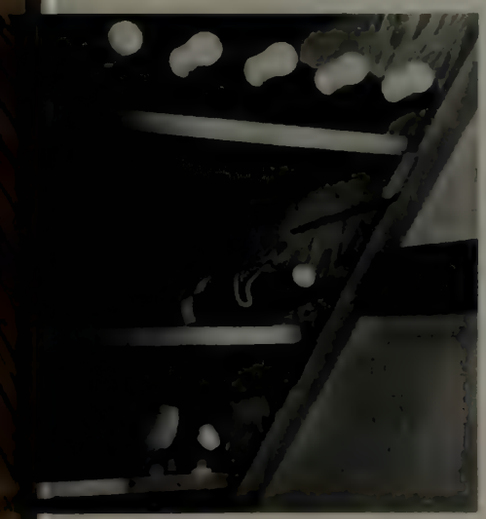
See Olympic Gold Medalist Jean-Claude Killy, Sundays, CBS-TV. Check your local TV listings.

Waste space is for wine storage

unused space that is cool and large ıgh can be utilized for wine storage. e are two such forgotten areas that ıdell B. Coon, of San Francisco, found is garage: the first is located under a rcase, the other between the 2 by 4 ls in a wall.

ler the stairs, he simply placed 1 by on strips of 1 by 2-inch wood nailed the heavy stair frame.

ween the studs, he used scrap ¼-inch wood cut into 3½ by 22¼-inch ves, supported by cleats. The cleats e nailed to the studs at a slight angle hat the bottles can't roll out acciden- y. Doors were made of ¼-inch ply- d with hinges, a strap lock, and three gnetic catches to keep the plywood n warping.



e **storage shelves** *make use of com- nly wasted space under the stair treads*

ween-the-studs *storage accommodates e bottles overlapped by a cork length*

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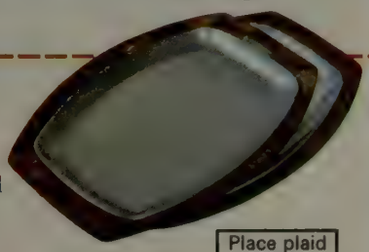

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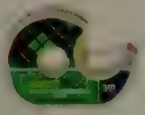

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STARTING WITH A NEW HOME

House Beautiful Photo

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FRNFST

Shadowbox *display-storage for toys. Le boxes unfinished or brighten with p*

For toy storage... and for work spa

The toy storage solution shown abov both inexpensive and practical. It c sists simply of an assortment of woo boxes glued in a random pattern t sheet of plywood fastened to the wall finished off with a molding frame. It' the Allen D. Steltzner home in Sausa California.

The study arrangement below includ laminated maple counter that runs the length of the children's recreation ro Shelves and cabinets divide the desk three separate units. Each child has own study and work area with books equipment close at hand. The continu counter provides plenty of spreading space. The architects were Bennie Gonzales and Associates for Mr. and M Seymour Sacks, Phoenix.

DON NORM

Separating *desk areas avoids con Third desk area is out of photo to*

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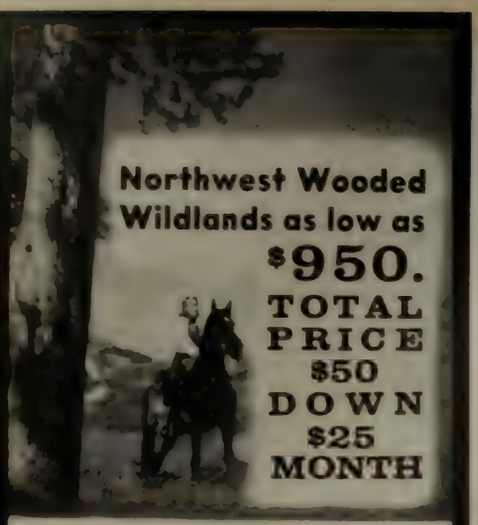

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Children's bedrooms *are about 11 by 12 feet, but seem larger with screened balc*

A view across the balcony

The bedrooms expand out toward the view in this Honolulu home. Each room connects by large openings to a 3½-foot-wide balcony that runs the full length of the house. Bifolding doors with adjustable wood louvers can be pulled across for privacy and light control; otherwise the rooms stay open. Screen doors aren't needed—the whole balcony is screen The designer was Harold L. Whitaker, Mr. and Mrs. Warren Ackerman.

Hawaii's climate allows for this type open design. In less mild areas, you co replace the louvered doors with gl doors that slide back into pockets in walls, and use draperies for privacy.

From outside *you notice balcony detail as screening helps obscure bedroom openi*

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At left, *The Lundberg*, 23-inch (diag.) Giant-Screen, Danish Modern styled console. Features Space Command® "600" Remote Control. Model Z6541WO.

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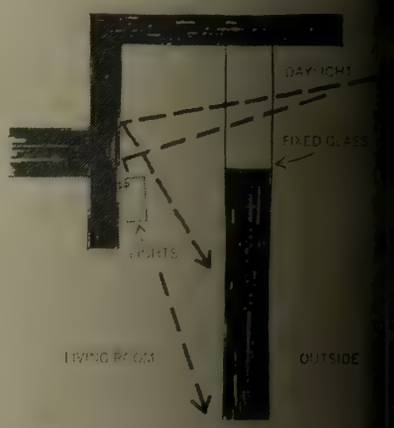
Painting *and Southwest Indian art co tion get soft, glare-free light from ab*

The light box overhead

An art gallery technique to illumi paintings and collections was used architect John R. Peterson for his house in Scottsdale, Arizona. Day comes through clerestory windows a the wall into a "light box," then i flected down across the surface of wall below.

Hidden lights inside are turned o dusk to provide the same effect.

Although light is pulled in through c stories in this example, a clear or t lucent skylight in the ceiling would work. A single strip skylight could be to illuminate both sides of a wall. A part of the effectiveness of such ligh is that it provides a wash of light doesn't reveal its source.



Light reflects *off white plaster interio light box to wash the wall surface bel*

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S 3-69

The old kitchen is now the family room . . . the new kitchen is in the window corner

Most foods *are prepared at the low baking-height (33-inch) maple counter between the refrigerator and the sink*

When the John Lowney family moved into old house in St. Helena, California, they want to keep the country quality of the kitchen b bring it up to date.

The breakfast room occupied the choice corn position, off by itself, with windows on tw sides; the kitchen was in the traffic patter dark and inefficient. And the only way to rea a basement wine cellar was by an outside stai

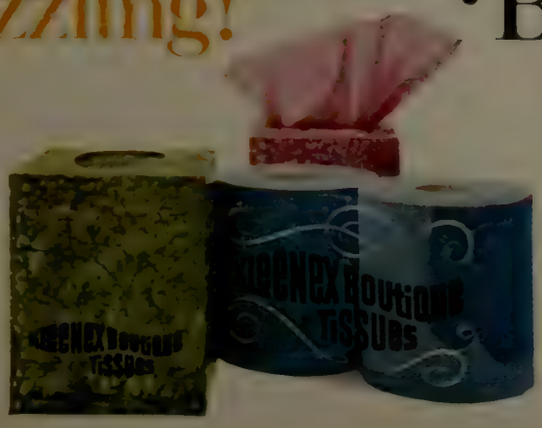
Designer Janean put the kitchen in the dea end space where the breakfast room had bee (which also gave Mrs. Lowney a vantage poi overlooking the play area), relocated some doo

Tile-lined *alcove includes cooktop; warming drawers below, double ovens to right. Oak table, custom-built for this spot, is a pivotal gathering point*

Looking back *from fireplace. The laundry, wit organized storage, now adjoins the family roo*

Razzle Dazzling!

The Kleenex® Boutique Collection



The Kleenex Boutique Collection is in . . . and tissues have never been so glorious. Full-size tissues shockful of color. Splashful of scent. Stashed in name-dropping mini-boxes. Five pow! pow! pow-erful ways to glow. Hot Pink. Bold Gold. True Blue. Avocado Green. Bright White. With bathroom tissues to mix or match.

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Or maybe, just maybe, the big difference between Scandinavia and other places is the people.

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SAS
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Scandinavia. Spring. The grass is greener.

GLENN CHRISTIANSEN

nily dines *at oak table under an antique Tiffany lamp. Fireplace is new. Dining room is glimpsed through the pass-through at left*

and brought the outside staircase in under the laundry room roof. (The plan shows former room locations in parentheses.)

A specially designed table like a mini-island stands in the center of the U, the ideal spot to set dishes and food on their way to the table.

A sloped open-beam ceiling provides a smooth transition between high-ceilinged family room and low-ceilinged kitchen and laundry.

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B&D ELECTRIC LAWN MOWERS include this Deluxe 18" model with grass catcher. (U-273) only **$94.95.** Other models and sizes from $69.99 to $129.95.

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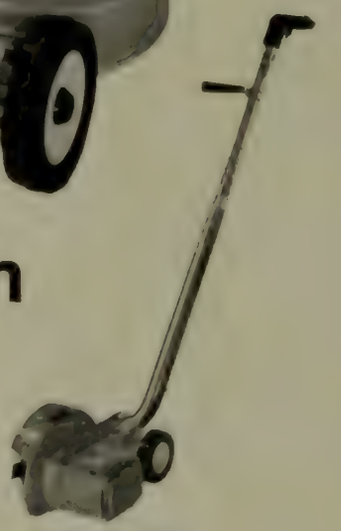

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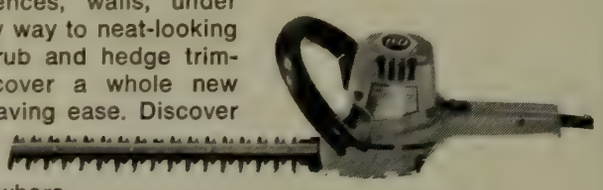

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Containers, *350 of them, form this ga*

If you garden with containers . .

Container gardeners, we need your h For a future article we'd like to col information from readers who do al much of their active gardening in bo planters, and pots.

If your garden is similar to any of th described below, send your name and dress to Container Gardening, *Sun Magazine*, Menlo Park, Calif. 94025, we'll mail you a questionnaire.

THE DECK GARDEN

The first situation we have in mind is of the gardener whose lot is so steep rocky, or small (or perhaps mainly un water), that he can garden only on deck. Do you have a deck with sh wind protection, roses in bloom, perh an orchard or vegetable garden all containers? We'd like to know how do it. (High-rise apartment dwellers terraces also belong to this group.)

THE PAVED GARDEN

Enclosed courts, interior gardens, or to house gardens present another conta situation. If you do your gardening i place that has more paving than soil, v raised planters or separate contain holding all the plants, we'd like to kn how you've arranged it, how well plants grow, what problems you've h

THE OLD ESTABLISHED GARDEN

If you garden in containers because y rooted-in-the-ground landscape cons of old shrubs and trees that require li or no attention for most of the year, can tell us how you keep containers culating—where you start the plants where you put them when they begin fade—how you transport them—how arrange them.

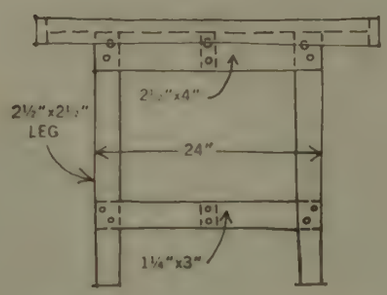
ELLS MARUGG

ardwood table *takes wear yet is handsome enough for dining room. Plans shown below*

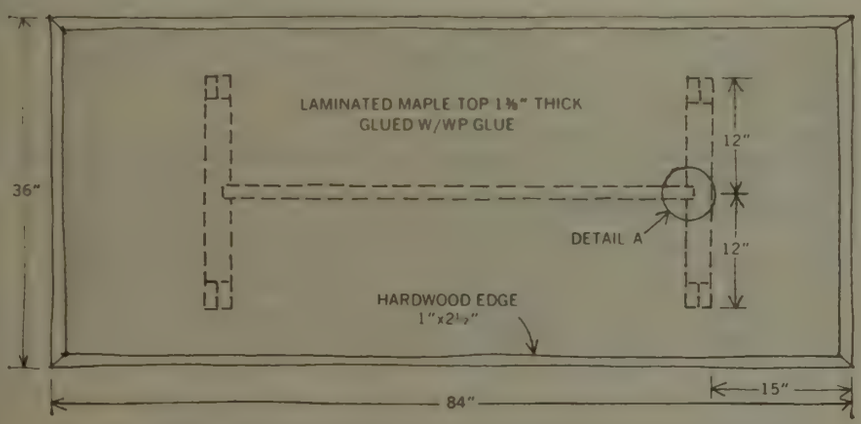
Maple table . . . heavy and handsome

his table—used both for informal dining nd as an all-purpose work table—was ich a handsome and useful addition to e kitchen of the William Malkmus ouse in San Francisco that we asked the wners and the architect, Robert Hersey f Beebe-Hersey, Architects, to let us ublish the plans.

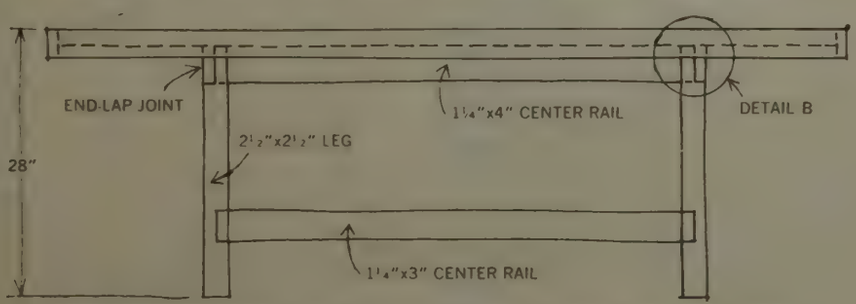
he top is basically a block of 1⅜-inch-hick laminated maple, about 3 feet wide nd 7 feet long. Lumberyards and build-g supply dealers can order tabletops



End view. *Flathead screws deeply countersunk, covered with plugs*



Top view. *Mitered ash frame was glued around maple block*



Side view. *Center rails, top and bottom, notch into cross bars*

Etagère, executed in the classical spirit of the Second Empire, to showcase petits objets d'art. Aged ash, brass columns and finials. 61¾ inches. About $255

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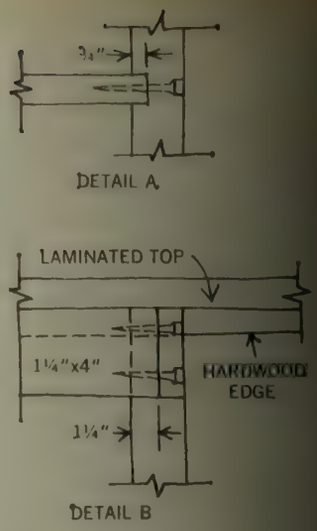

Joinery details. *Use glue as well as screws to assemble the parts*

like this for you: one this size, in hardro maple, costs about $125.

The architects specified ash for the 1 b 2½-inch hardwood edge and for the le and supports, but any attractively grain hardwood would do.

To finish the table, all edges were light rounded with sandpaper. The top of th table and the edge were oiled with sever coats of paraffin oil; you could use on of the new Danish or plastic oil finishe Sand between applications to achieve mellow, satiny finish. The legs and th rest of the framework were given thre coats of a plastic oil and sanded betwee coats with carbide paper, using the pla tic oil as a lubricant.

To cover the screws, which should deeply countersunk, use ready-mad plugs purchased at a lumberyard, pieces of doweling.

For difficult windows

To provide some privacy and sun control inside difficult windows, you might consider one of the many ornamental hardboard panels now available at hardware and building supply stores. Their decorative grillework admits air and provides muted light.

The panels suit many situations where draperies are not practical because of window size and location, or where shades are not practical because of their exposed rollers.

Use any hand or power saw to cut the hardboard to fit the window. You can attach the panel to the window frame with magnetic cabinet catches that facilitate removal for window washing.

THE $250 DIFFERENCE

en a sofa is made to meet a maker's high standards but looks more like it's made to meet yours, more money can buy it.

ight be able to find a sofa ooks somewhat like this out $600. And, if all you is a place to sit down and en to like one of the handful rics it comes in, you'll be with it.

red, welted and bordered in t, this 100" Heritage sofa ost about $850. Or $250 than its look-alike. Below elvet, this sofa is built with rongest system of support it ave. A frame designed for tyle alone and locked into olid unit. Springs tied to other and to the frame. Layers of batting stretched and stitched to the shape set down by the frame. Steps that make the look last. Steps that are standard at Heritage.

Yet every time we make this sofa, it's never quite the same. With a word from you, we'll make it 51 to 120 inches long or any length in between. We can fill the cushions five ways from foam to down, whatever you think is most comfortable. We'll cover it all with your favorite of our 750 fabrics (we can even quilt it for you, too). We'll add a contrasting welt, a border, a fringe or some other touch that you like.

Some of our extras cost no extra money. Others will add just a fraction to the price. Simply because we feel that nothing should keep a sofa this basically fine from becoming the exact sofa you're after.

The higher price on this sofa, or any other piece of furniture we make, buys something that only more money can buy. Whether it's the way we'll build this sofa to support the look you select. Or the way we'll take the extra steps to bring a wood to a finish that no shortcut method can match.

When you see work like this, you'll find the Heritage name. Hiding under the cushions of this multi-length sofa. Burned inside the drawers of a Heritage armoire. If you'd like to see how Heritage could fit into your home, send two dollars for a catalog collection and room planning kit to Dept. S-3-69, Heritage Furniture Company, High Point, North Carolina.

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COMMENDED by PARENTS' MAGAZINE AS ADVERTISED THEREIN

WE SIT BETTER, INC.

Fern fronds on the concrete floor

To make the concrete floor in his stu more decorative, Honolulu artist Lo Pohl gave it three coats of white ena then imprinted it with fern frond desi You might try this technique on a wal floor of your own studio, garage, or c dren's room.

Using *an inexpensive roller, coat und side of frond with paint. Mr. Pohl u three tones of green, fresh roller for e*

Lay frond *on floor and cover with piece paper (pages from old phone book wo well); press down so the frond lies f*

PHOTO CRAFT

Lift off paper *and discard it. Lift fro recoat with paint, repeat process. Wh frond gets too soggy, use a fresh o*

THUNDERBIRD '69. FOR THE OPEN ROAD. AND THE OPEN SKY.

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The Wilkinson Armourcut Pruner. It may seem expensive, but it's really rather cheap at the price.

WILKINSON SWORD
Mountainside, N.J. 07092

A two-story house for rats

The white or hooded rats you see in stores are delightful little pets for children. They are very friendly in a shy way, intelligent, and unusually clean animals. They do need a cage they can call home. Ronald G. Lyman of Salem, Oregon, designed and built this simple cage to house his children's two white rats. It has worked very well. The cage is small enough to be moved about easily but large enough to allow the rats to exercise inside. It has hideaways for sleeping and windows at two levels for viewing the world.

You can build this cage of ½, ⅝, ¾-inch plywood. Cut the openings for door, side, and top with a saber saw, jig saw, or hand keyhole saw. The left and right side of this cage are rabbeted to hold the two floors and the top. If you do not have a power saw, simply butt-join the wood members. Use glue as well as nails when assembling.

Screen the openings with 1-inch-mesh

DON NORMAN

Seemingly happy *in their home, these white rats don't rush away when door is open.*

Two handles *make for easy carrying. Wire mesh windows let the rats see all, smell*

2 and 3 qt. covered saucepans,
10" skillet, 5 qt. Dutch oven.
Also available: matching casserole,
saucepans and skillets in other sizes.

on't pamper it...just love it.
est Bend's '400' line with rugged Teflon II*

our regular metal kitchen tools. Stack for storing. The lining is Bend's tough Teflon II ... *Fired-on*, two layers thick. What else? y-gauge polished aluminum for perfect even heat. Oven-safe les, antique coppertone covers. And beautiful slant styling that's rt-winner. Buy one piece, or save (a lot!) on a whole stunning set.

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The West Bend Company, Dept. 763, West Bend, Wisconsin 53095. Also available in Canada.

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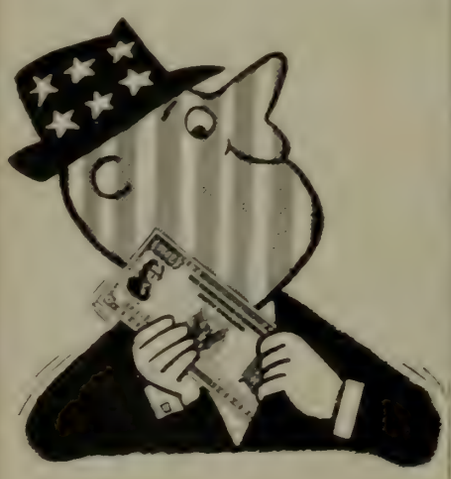
How to get a nice red, white and blue feeling —and pocket a little green



UNITED STATES SAVINGS BONDS

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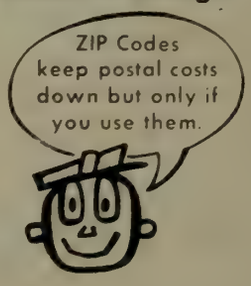
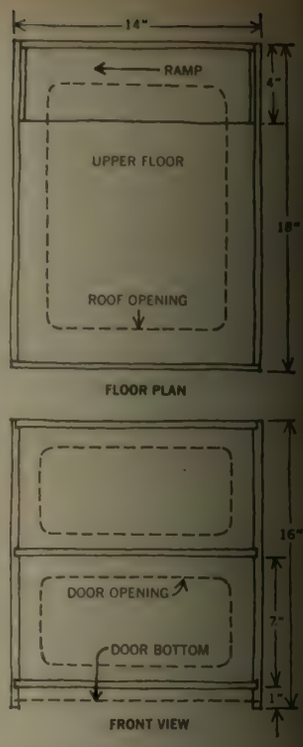
1. Packages are shipped by more direct route.
2. They are handled fewer times.
3. There is less chance of damage.





Cage measurements. *Sizes of opening not critical, and the cage can be la*

chicken wire (this size is big enough the rats to poke their noses through). any simple butt or cabinet hinges to h the door and latch it with a hook and Attach two cabinet handles to the top carrying.

Make the 4-inch-wide ramp of ¼-i plywood. Use the same size wood to m a small floorless box that slips into lower level for a bedroom. Rats will use the space underneath the ramp f hideaway. If you wish to paint the c use a non-toxic paint.

RICHARD DAWSO

Car shelter - entry

Car shelter and entry walk are com bined here as a single unit. It's e sentially a trellis-like structure wit the vertical supports flanking th entry walk and 4 by 12-inch hor zontal beams cantilevered to eac side to provide cover for two park ing stalls. Architect was Charle Chamberland for Mr. and Mr John Bolman, Honolulu.

Think world:

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24 countries,
4 continents.

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Where only the plane gets more attention than you.

■ Not even the most fastidious gourmet was born with a fondness for oysters or the desire for truffles, a fungus which grows wild underground and can be harvested only with the aid of trained dogs and pigs whose noses are peculiarly sensitive to its delicate scent.

Such tastes are acquired by those who seek the ultimate for their palates. No different from those motorists who drive Porsches.

They sampled lesser cars. They wanted superior performance and unique driving pleasure. These tastes led them to the automobile whose qualities have been proven by victories in international road racing and hill climbing competition.

Good things... oysters, truffles, caviar... are always in short supply. Porsche is a good car... the best, some authorities insist. Only 60 are built each day. Hand ass is painstaking; Porsche testing proce are exhaustive.

Driving a Porsche may feel stran first... the quickness, the positive ste action, the fast, straight stops. The engine, torsion-bar suspension, four- disc brakes, and smooth, synchro gearbox take a little getting used to.

But watch it. Once you get hooke for life! Inevitably, nothing less tha unique Porsche performance will you. After all, caviar connoisseurs do back to tuna fish salad.

Prices start at about $5,100, East P.O.E. See your Porsche dealer or to the Porsche of America Corpo 100 Galway Place, Teaneck, N.J. 0

PORSCH

Porsche is an acquired taste

's a disappearing sandbox

sandbox quickly disappears under the of a playhouse when the sand games nished. It's about 5 feet square, and uated over gravel and dirt fill for drainage.

box is built of 2 by 12's and 2 by 6's d together to make it 18 inches deep, lined with corrugated metal. The lid by 6 planks like the rest of the deck- backed by ⅝-inch-thick exterior ply- l (fun to heap sand on). It has large pearing hinges and a trunk handle lies flat when the lid is open. Open or d, the youngsters leave the lid alone s too heavy for them to lift.

n, it's a sandbox with sand dry and ly for scooping. Heavy planking on side, 2 by 4 on other, support the lid

sed, it's a deck of 2 by 6's finished with ngle stain, easily put in order with oom. Design: William D. Heaton

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TRI SALES, 2295 N. King St., Honolulu, Hawaii 96819, 808/813-044

Traveler's trophi on display

Home from a trip, the challenge oft to find ways to display your shop treasures. Here are two ideas from home of Mr. and Mrs. Louis A. Mis Tacoma.

To frame an appliqué done by San Indians (living on small islands off Caribbean coast of Panama), Mrs. Mi folded a piece of gold felt over at top to make a hem, glued it in place white glue, then cut loops. After tu in the raw edges of the appliqué, sewed it to the felt with a blind st

The wood carvings done by Mex Mayan Indians appealed to the Mis so much that they bought all they c find. Later, they decided to use the closet pulls, mounted on the doors screws from the back.

Appliqué *done by San Blas Indians framed on felt, hung from café-curtai*

DON NO

Wood carvings *8 inches high are us door pulls on series of wardrobe cl*

but remember the name

South African Rock Lobster Tails—a name worth remembering. Because it stands for delectable flavor and firm, tender meat that can develop only in the icy waters flowing from the Antarctic.

South African Rock Lobster Tails come in different sizes, "Big and Little", but the taste never varies—always delicious! They take a remarkably short time to broil or boil and are quickly and easily made into your favorite seafood dishes. All that—and rich in protein, low in calories. Look for them at your favorite restaurant and in the frozen food cabinet of your store. Remember the name.

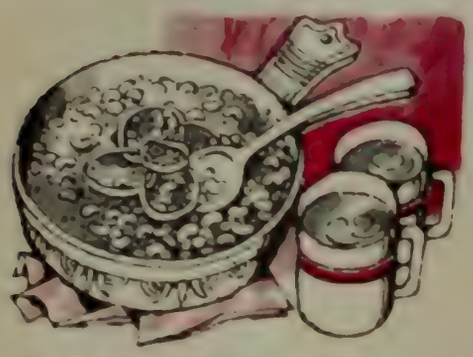
NEW RECIPE SECRETS. For colorful 24-page booklet, send 10¢ to cover postage and handling to Rock Lobster, Dept. SU, P. O. Box 632, Wall Street Station, New York, N.Y. 10005.

South African ROCK LOBSTER TAILS ®

SUNSET'S

Kitchen Cabinet®

Perhaps it has been some time since you baked a pot of beans your family or made a coffee cake from scratch. When you do superb recipe would help assure that the results justify the effo Our recipe for baked beans with beef has an exceptionally fine ble of seasonings. If you bake it in a heavy casserole that holds the be it will carry well and can be the focal point of a cool weather pic Some other recipes with family-pleasing flavors here include an o



Full of meat and zesty flavor, here's a dish to satisfy hearty appetites

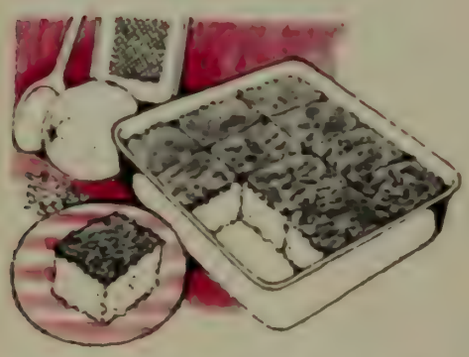
Baked Beans with Beef

If you have a meaty ham bone, use it instead of the ham hock in this recipe.

- ½ pound Great Northern dried beans
- About 3 cups water
- 1 ham hock (about 1 lb.)
- 1 tablespoon butter or salad oil
- 2 medium-sized onions, sliced
- 1 pound ground beef chuck
- 1 large can (1 lb. 12 oz.) pear-shaped tomatoes
- 2 tablespoons brown sugar
- 1 tablespoon each dry mustard, mustard seed, and chile powder
- 1 teaspoon Worcestershire
- Salt and pepper to taste

Wash beans and put into a heavy pan with the water. Bring to boiling and boil 2 minutes; then cover, remove from heat, and soak beans for 1 ho

Without draining beans, add ham pan; cover and simmer until beans tender, about 1 hour, adding m water if needed. Heat butter in a ing pan and sauté onions; remove fr pan. In the same pan, cook beef, ring until crumbly. Add tomat sugar, mustard, mustard seed, c powder, and Worcestershire; sim 10 minutes; combine with beans i 2½-quart casserole. Add salt and p per to taste; stir in onions. Bake, covered, in a 400° oven for 30 minu or until thickened. Makes 6 servi —*L. H., Palo Alto, Calif.*



There's orange peel inside the bread; coconut and cinnamon in topping

Oatmeal Coffee Bread

To get a head start on this breakfast bread, you can mix the topping and grate the orange peel the night before.

- ¾ cup sugar
- 6 tablespoons soft butter, margarine, or shortening
- 2 eggs
- ½ cup milk
- 1½ cups regular all-purpose flour (unsifted)
- 2 teaspoons baking powder
- ½ teaspoon salt
- ½ cup quick-cooking rolled oats
- 1 tablespoon grated orange peel
- Coconut topping (recipe follows)

Beat together the sugar and butter until creamy. Add the eggs and beat well. Stir in the milk. Sift the flour with baking powder and salt into bowl; mix until well blended. Stir the rolled oats and orange peel. Spo into a greased 9-inch-square pa Sprinkle the coconut topping eve over the batter. Bake in a 375° ov for about 30 minutes, or until a pi inserted in the center comes out cle Serve warm, cold, or reheated. Mak 9 to 12 servings.—*A. M., San Diego*

Coconut Topping. *Combine ⅓ cup e brown sugar (packed in cup), chopp walnuts or pecans, and flaked cocon 2 teaspoons cinnamon, and 2 tab spoons each flour and soft butter. B until crumbly.*

Noodles absorb the flavorful liquid as they cook along with the short ribs

Short Ribs with Noodles

All of the cooking takes place in the oven, even the browning of the meat.

- 3 pounds beef short ribs
- ⅓ cup flour
- 1 teaspoon salt
- ¼ teaspoon pepper
- 2 cups hot water
- 1 package (1⅜ oz.) dehydrated onion soup mix
- 6 ounces noodles (twisted or plain)
- Chopped parsley for garnish

Cut away any excess fat from the meat. Combine the flour, salt, and pepper. Dredge each meat piece in the flour to coat all sides; shake off excess flour. Arrange in an ungreased baking pan, keeping them slightly apart. Use a roasting pan, broiler pan (at least 2 inches deep), or 9 by 13-inch bak pan. Put, uncovered, into an ov preheated to 500°, and bake for minutes. Remove from oven and re oven for 325°. Drain off any excess from meat; add the water and oni soup mix to pan. Cover pan tight with a lid or foil and bake at 325° un tender, about 1½ to 2 hours.

Add noodles, stirring them into liq in pan. Cover pan again and cook minutes; stir, then cook about 5 mi utes longer until noodles are tend add a little more liquid, if neede Sprinkle with parsley when you ser Makes 4 to 6 servings.—*M. S., Spoka*

Try the dogs that make people t up and beg.

heese'n Frank Crescents

Try this fresh lunchtime/anytime idea. It's easy.

Stuff hot dogs with Cracker Barrel® Brand Cheddar. (It's the cheese that's wrapped in double-strength aluminum foil to preserve its carefully-aged flavor.)

Wrap 'em up with Pillsbury Crescent Dinner Rolls. (They bake up light and flaky like fine pastry because they're made from layers and layers of Poppin' Fresh Dough.)

Serve Cheese 'n Frank Crescents to your family soon. Sit back and listen for the WOWS!

(Look for this recipe on the back of the Pillsbury Crescent Dinner Roll package: Slit 8 franks; insert pieces of Cracker Barrel® Brand Cheddar from Kraft in each. Place franks on dough triangles; roll up and bake.)

In the deli case.

What's wrong with this lunch?

Nothing! Absolutely nothing!

You've got a good thing going for you when you sink your teeth into a delicious burger and have a sip from a tall, cool glass of milk. That's because this meal fills the bill as far as the four Food Groups go. And that's what nutritious meals are all about.

Ideas to Launch a Better Lunch

1. Whether you're ordering from a menu or eating at home, make sure your meal includes something from each of the four Food Groups: Milk, Meat, Vegetables and Fruits, Breads and Cereals.

2. When you're eating out, don't be tempted by attractive looking foods that add calories but little else. How much you get out of your afternoon may depend on your lunch.

3. Realize that most beverages do nothing but tickle your palate or offer a temporary boost. All milk—whole, low-fat, non-fat and buttermilk—is rich in good protein, the body builder, as well as calcium.

4. When in a hurry, shakes and ma and other milk drinks can add nouri ment to a hasty snack.

It's easy to follow these few ideas. A when you do, you'll be enjoying fo that's good tasting and good for y

This information is brought to you by Dairy Council of California in the inte of everyone concerned with improving fa ily health through proper nutrition.

THE

Western Kitchen

NEWS AND IDEAS

RICHARD FISH

Setting the table from a mobile cart

A partitioned drawer for silverware, two shelves for dishes, and a laminated plastic top on this roll-around cart provide generous space for transporting food and dishes from the kitchen to other eating areas. It stores under the tile counter directly behind it and becomes part of the cabinetwork. Harper Poulson designed it for Mr. and Mrs. Louis L. Colen, Los Angeles.

alling bins, drawers, racks, and ntables to stretch cabinet space

u're short on kitchen storage space, f the many units available in house- departments everywhere might be nswer. With them, you gain the close valent of custom-designed storage at ively low cost.

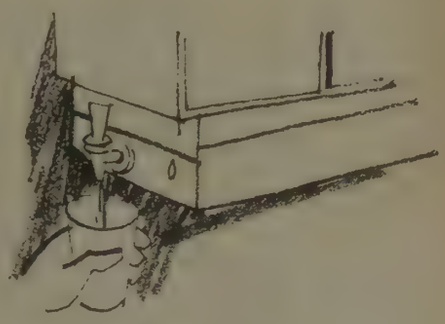
uble-decker turntable ($2) allows you ore things the full height of a shelf rotate them from back to front, or s you to store things in a corner net and turn them within easy reach.

king slide-out drawers (two drawers, and up) also permit you to use verti- pace and bring things at the rear of a net to the front. Double-decker sil- are and utility trays (about $1.25) it better use of drawer depth. Inex- ive racks help you stack frozen food ages conveniently in your freezer. locking trays come in a variety of for organizing drawer space.

nits come with assembly instructions.

compact new water purifier

ou live in an area in the West with water, you may want to rent or buy w, compact water purifier that at- s to the end of a kitchen cabinet or ever else it's convenient to connect cold-water line. It operates on water sure (no electrical connections are necessary); water first passes through a coarse filter to remove heavy foreign matter, then through a semipermeable cellulose acetate membrane (much like cellophane) that traps other impurities including dissolved minerals and organic matter; finally it's forced through a carbon filter and on into a storage tank. The impurities are carried away through a waste line.



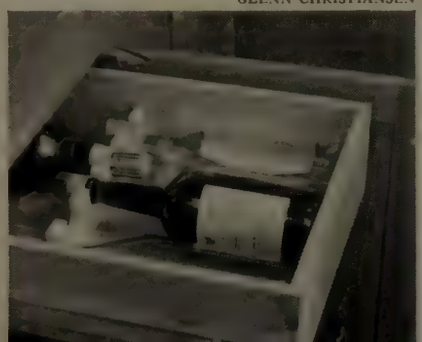
The unit rents for about $6.50 a month; the manufacturer replaces the filters as needed. For perhaps 7 cents a gallon, you can thus have purified water for drinking, cooking, and many other household uses. Or you can buy the unit for about $200 plus installation costs. If the membrane needs replacement, it costs about $40; the other filters, about $7 each.

Drawers behind doors for a less cluttered look

Behind a cabinet door, architect Alexander Prentice put a sliding tray for directories, convenient to a kitchen phone, in the William Collins house, Los Altos Hills, California. At right, also behind a cabinet door, cooking wine is stored below a cooktop in a deep roll-out tray. Janean designed it for Mr. and Mrs. John Evans, Napa, California.

DARROW M. WATT

GLENN CHRISTIANSEN



Glistening stemware *shows off eight different fruit-flavored desserts above. Pretty glasses that are usually reserved for wine*

The big surprise comes at the end of the meal

It's your fruit dessert on the stem

Stemmed glasses can double as sparkl containers for the exquisite fruit-flavo desserts shown above. They are quick assemble and most are low in calories.

MANDARIN ORANGE CHEESE CREAM

Soften 1 large package (8 oz.) cre cheese and beat in ⅔ cup powdered sug Beat in 1 egg yolk, 1 teaspoon grat orange peel, and 1 tablespoon oran flavored liqueur or frozen orange ju concentrate. Pour in ¾ cup whippi cream and beat until soft peaks for Spoon into 6-ounce wine glasses and ch Top with 1 can (11 oz.) mandarin orang drained. Serves 4 to 6.

CHILLED APRICOT SOUFFLÉ

Simmer 1¼ cups dried apricots in 1 cups water for 10 minutes. Remove apricots and chop. Add 1¼ cups mi ature marshmallows and 2 tablespoo frozen orange juice concentrate to ap cots in pan; heat until melted. Whirl in blender until smooth, then stir in chopp

GLENN CHRISTIANSEN

rits can quickly transform simple desserts into spectacular jewels. Odd-shaped glasses often create the most dramatic effects

ricots. Beat 1 egg white until stiff and at in ¼ cup sugar; fold into apricot xture. Let cool; whip ½ cup heavy eam stiff and fold in. Place foil collars ound wine glasses (3 or 4-oz. size) to tend above rims. Spoon in soufflé; fill 1 ch above glasses; chill. Serves 4 to 6.

SPBERRY YOGURT PARFAIT

eat 1 egg white until stiff, then gradually d ¼ cup (packed) brown sugar, beat- g until glossy. Fold in 1 cup plain or nilla-flavored yogurt and 1 tablespoon ange-flavored liqueur or frozen orange ice concentrate. Thaw and drain 2 pack- es (10 oz. each) frozen raspberries and ternate raspberries with yogurt sauce 6-ounce tall slender wine glasses, king several layers of each. Serves 4.

NEAPPLE AND PRALINE DIAMONDS

el 1 large fresh pineapple and slice ngthwise into ¾-inch-wide sticks, dis- rding core. Marinate in 2 tablespoons ch 30 minutes (optional). Heat ½ cup sugar in a small frying pan over medium high heat until it turns liquid and amber color, add ½ cup sliced almonds, and pour all at once on a buttered sheet of foil. Spread with a spatula into a thin layer. While still warm, cut into diamond-shaped pieces with a large French knife; let cool. Place 2 sticks *each* pineapple and praline in 12-ounce wine glasses. Serves 4 to 6.

ORANGE ESPRESSO

Prepare 3 cups espresso coffee. Pour warm water into 4 glasses (about 8 oz. each) to heat them, and then drain. Pour in hot espresso, filling about ⅔ full. Whip ½ cup cream and spoon a heaping tablespoon of it into each glass. Use a vegetable peeler to cut 2 or 3 thin strips of orange peel, then cut into fine slivers. Sprinkle orange peel on cream and garnish with semi-sweet chocolate curls. Serves 4.

GLAZED PEARS ROSÉ

In a saucepan place 1½ cups Rosé wine, 1 cup sugar, 1 stick whole cinnamon, and 3 lemon slices; bring to a boil. Add 4 whole winter pears (use a cooking variety such as Anjou, Bosc, or Winter Nellis). Cover and simmer 25 minutes, or until tender. Chill in wine sauce. Serve pears in 8-ounce glasses with sauce. Serves 4.

LEMON ICE

Cut the top quarter from 6 lemons using a zigzag cut; ream out juice and measure ¾ cup juice. Grate peel from tops to make 1 tablespoon peel. Cut a thin slice from base of lemons so they stand up. Boil 2 cups water with 1⅓ cups sugar for 5 minutes. Stir in the ¾ cup lemon juice and 1 tablespoon grated peel. Freeze until solid; then turn into a bowl and beat with an electric mixer until mushy; refreeze until firm. Spoon into lemon shells and set in 4-ounce wine glasses. Serves 6.

STRAWBERRIES IN CHAMPAGNE

Place 2 cups washed, hulled strawberries in 7 or 8-ounce wine glasses; pour over a small bottle (⅔ quart) champagne. Serves 3.

The two richest coffees in the world.

(and less than 1/2¢ more per cup than other coffees)

S&W COLOMBIAN This superlative coffee from the Colombian Andes is what adds extra richness to blended coffees. Now you can enjoy its full flavor and aroma straight. Luxurious? Yes. Extravagant? No!

S&W KONA This rare coffee draws its piquant flavor from Hawaii's Pacific sun and volcanic soil. A delightful treat for coffee connoisseurs. And, for so much richness, a remarkable bargain!

nife-and-fork ndwiches using ippered herring

pered herring fillets give these open-d, knife-and-fork sandwiches their racter. You match the canned smoky ts with such equally forceful ingredi- as onions, herbs, watercress, green es, and cucumbers for inexpensive, t entrées or snacks.

sandwiches go together with a mini- n of effort; are exceptionally attrac- and, with a favorite beverage, make

rinated *whole pimiento and cluster of tercress tops hearty herring sandwich*

easy meal to serve. Depending upon etites, one or two sandwiches can ke a generous serving.

NISH-STYLE HERRING SANDWICH

ain liquid from 1 can (4 oz.) whole pi- ntos and place them in a small bowl. x gently with 1 tablespoon *each* salad or olive oil and wine vinegar; let stand ut 30 minutes or longer at room tem- rature.

ast 4 slices firm-textured whole wheat ad. For each sandwich spread a toast e with ¼ of a 3-ounce package cream ese. Top each with ¼ of a large can oz.) kippered herring fillets, ¼ of the drained pimientos, and a cluster of watercress. Makes 4 sandwiches.

HERRING AND CHILE-EGG SANDWICH

For each sandwich beat 1 egg with 1 teaspoon water, ¼ teaspoon salt, 1 canned California green chile, chopped (seeds and pith removed—taste before adding all the chile to see how hot it is). Melt 2 teaspoons butter in a frying pan. Pour in egg and scramble over low heat until egg is set as you like.

At the same time, toast 1 large slice French bread. Pile cooked egg onto toast slice, top with 1 canned kippered herring fillet, 2 tablespoons sour cream, and a radish, cut decoratively. Makes 1 sandwich.

WESTPHALIAN HERRING SANDWICH

Thinly slice ½ cucumber (peeled, if desired) and 1 small onion. Combine in a bowl with 2 tablespoons salad oil or olive oil, 1 tablespoon *each* vinegar and water, ¼ teaspoon *each* whole oregano, basil, and salt; mix well, bruising vegetables slightly with your hand or a spoon. Let chill at least 20 minutes.

Spread 4 to 6 slices Westphalian-style pumpernickel bread with sour cream or mayonnaise. For each sandwich, divide 1 large can (8 oz.) kippered herring fillets evenly among the slices of bread, then top with the marinated cucumbers and onions, drained. Makes 4 to 6 sandwiches.

BACON-TOMATO-HERRING SANDWICH

Blend 1 cup cottage cheese (large or small curd) with 1½ teaspoons prepared horseradish (or to taste). Split and toast the cut sides of 2 regular or whole wheat English muffins.

For each sandwich, spread an equal amount of cottage cheese on each muffin half. Then top with 1 or 2 thin slices of tomato, about ¼ of 1 large can (8 oz.) kippered herring fillets, and 1 slice drained, crisp, cooked bacon. Garnish with lettuce leaves. Makes 4 sandwiches.

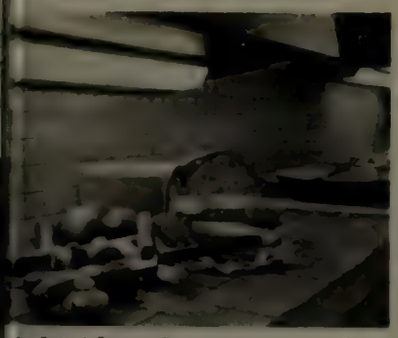
DARROW M. WATT

White drift *of sour cream blends robust herring, chile-flavored egg*

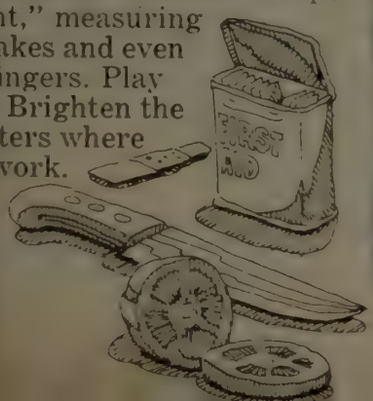
NO LADY SHOULD HAVE

If you and your shadow clash over washing dishes—add a light direct over the sink. You'll get the job don faster—and a lot more effectively.

A FIVE O'CLOCK SHADOW.

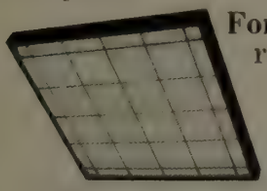


ight idea: fluorescent tubes ounted under kitchen cabi- ts. Poor counter-top hting can over-shadow e best cook. Result? "recipe uint," measuring istakes and even t fingers. Play fe. Brighten the unters where u work.



Make light of cooking with a modern, easy-cleaning light fixture over your range. "A watched pot" may never boil—but how will you know if you can't see it?

For a completely shadow-less kitchen—go all the way with a luminous ceiling. This evenly diffused illumination lights up cabinets, drawers, work surfaces *and* your smile.



For a brighter kitchen: replace your old ceiling fixture with a large, modern one. Glare-free lighting brightens traffic paths and lightens both cooking and cleaning chores.

Decorate your kitchen with light. Ask for our free home lighting booklet at any PG&E office.

PG and E

The **Sunset** *West: Energetic Oregon*

Governor McCa

Replica of State Seal was carved for the Governor from native Oregon wood

THE MAYTAG COMPANY, NEWTON, IOWA. WASHERS, DRYERS, PORTA-DRYERS, PORTABLE DISHWASHERS, DISPOSERS.

. 12; Linda, 14; Bobby, 8; Mrs. Casper; twins Jennifer and Judith, 6 mos.; Mr. Casper, with Byron, 8 mos.

Just when Mrs. Billy Casper's Maytags thought they could relax, along came Judith, Jennifer, and Byron.

The family wash jumped to 30 loads a week. But her veteran Maytag Washer and Dryer don't seem to mind.

Even with only five in the family, the Maytags weren't exactly leading a life of leisure at the home of the famous golfer in Bonita, California.

Then suddenly there were eight. Mr. and Mrs. Billy Casper adopted Judith, Jennifer, and Byron. All in diapers!

It now takes 30 loads a week to keep the Caspers in clean things. But Mrs. Casper's 5-year-old Maytag Washer and Dryer take it in stride.

She isn't too surprised. After all, her mother's Maytag put in 10 hard years without a single repair. And her grandmother bought a Maytag Wringer Washer in 1935 that was still going strong 25 years later.

Today you can get New Generation Maytags with a lot of features Mrs. Casper's don't have. A washer with giant capacity and many cycles. A dryer with Electronic Control that's perfect for permanent-press.

We don't say all Maytags will equal the performance Mrs. Casper and her relations have enjoyed. But dependability is what we aim to build into every Maytag.

MAYTAG
THE DEPENDABILITY PEOPLE

DARROW M. WATT

Serve *whipped cream over a crisp, sugar-dusted almond strudel as a guest dessert*

At last an easy strudel

Sumptuous pastries from Central Europe and the Middle East are easy to create when you use commercial fila dough (also called strudel dough) for a foundation.

This remarkable pastry dough, stretched almost as thin as onionskin, is increasingly available in 1-pound packages (12 by 18-inch sheets) in delicatessens and Near East bakeries.

You can use a small amount of dough at one time, then freeze the balance, well wrapped, for future baking. To use it later, let it thaw completely before unwrapping. Be careful to keep the dough dry as you work with it. But cover dough that you're not actually working with clear plastic film, to keep it from getting too dry.

A toasted almond soufflé forms the filling for these pastry rolls.

HUNGARIAN ALMOND STRUDEL

- 1¼ cups finely ground unblanched almonds
- 2 egg yolks
- 2 whole eggs, separated
- 1 teaspoon grated lemon peel
- 1 cup sugar
- 1 teaspoon vanilla
- ½ teaspoon almond extract
- 18 to 20 sheets fila
- ½ cup (¼ lb.) sweet (unsalted) butter, melted
- Powdered sugar
- 1 cup whipping cream

Spread ground almonds (finely ground to a coarse powder in a blender) in a shallow baking pan and place in a 350° oven for 5 to 10 minutes, or until lightly browned. Beat the 4 egg yolks until light and thick. Combine lemon peel and sugar and gradually add this, 1 tablespoon at a time, to the egg yolks; beat after each addition. Mix in the toasted ground nuts, vanilla, and almond flavoring. Beat the 2 egg whites until soft peaks form and fold into the nut mixture.

Lay out 1 sheet fila and brush half of it with melted butter. Fold over the second

Fold in *margins of dough to encase filling, then roll up loosely so filling can expand without bursting through the thin dough*

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Sun Line leaves Piraeus any Monday or Friday for 3, 4 or 7 days from March 31 to October 24. From only $75.

By land, sea, and air see Greece with Olympic and Sun Line.

For more information, call your travel agent.

Safety Information: The ms. Stella Solaris*, the ms. Stella Maris**, and the ms. Stella Oceanis**, ships of Greek Registry, meet international safety standards for new ships developed in 1948* and 1960** and meet 1966 fire requirements.

*Based on jet economy group fare from New York GIT and on two persons traveling together

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On secluded sandy beaches from Nafplion to Rhodes and at ultra-modern resorts by the blue Aegean. Come and share your suntan lotion.

The French are coming for the world's biggest bargains.

Lobster at quayside cafes on Mykonos and Hydra ($1.27), class A hotel rooms (from $5), boutique-chic sandals ($3). Come and you won't have to cable home for money.

The Japanese are coming to see the world's most eloquent stones.

Poseidon's sun-bleached temple at Sounion, the sacred lions of Delos, and King Minos' legendary palace at Knossos. Come and be inspired.

Greece: the coming country. Come.

How to daydream constructively...

Do it over coffee in a place frequented by people you might want to meet. Bring your dog along, if possible—dogs make friends easily.

And for dreaming of foreign parts, a home in the country or just anything at all—wear your best vest suit—precisely tailored by John Meyer in Dacron® polyester and cotton gabardine buttoned in brass, about $36.

Let the Dacron polyester and cotton Safari shirt be light voile seersucker, about $11. In colors you like and at stores you like.

Let your mind wander—but communicate!

John Meyer speaks your language

l brush it with melted butter. heaping tablespoon of nut batter narrow end of the dough, allow- nch margin around the edges and ld over the two long sides 1 inch. the bottom 1 inch. Then roll up ry and place seam side down on a l baking sheet. Repeat process.

a 375° oven for 15 to 20 minutes, nicely browned. Dust the tops t with powdered sugar. Place on rve warm or cool with sweetened l cream. Makes 18 to 20 pastries.

l apple slices and toasted almonds flaky strudel.

N APPLE STRUDEL

rge tart apples
p sugar
p water
p slivered blanched almonds, toasted
p currants
aspoon cinnamon
p (¼ lb.) sweet (unsalted) butter
16 sheets fila
owdered sugar
p whipping cream

ples and slice thinly. Combine nd water in a pan, add apple slices, il uncovered for 10 minutes, or pples are tender and syrup has ted. Remove from heat and mix nds, currants, and cinnamon. Melt

t 1 sheet of fila and brush half of melted butter. Fold over the sec- f and brush it with melted butter. a heaping tablespoon of cooked onto the narrow end of the dough, g a 1-inch margin around the Fold over the two long sides 1 inch. the bottom 1 inch. Then roll up try and place seam side down on l baking sheet. Repeat process.

a 375° oven for 15 to 20 minutes, il nicely browned. Remove from nd dust the tops with powdered Let cool on a rack. Serve warm or th sweetened whipped cream. 14 to 16 pastries.

ted orange juice concentrate sub- s beautifully for the exotic liqueur lly used in this Turkish sweet.

SH CUSTARD PASTRIES
atsa)

ups milk
up cornstarch
up sugar
teaspoon salt
egg yolks
tablespoons undiluted orange juice concentrate
up (¼ lb.) sweet (unsalted) butter, melted
to 12 sheets fila
Powdered sugar

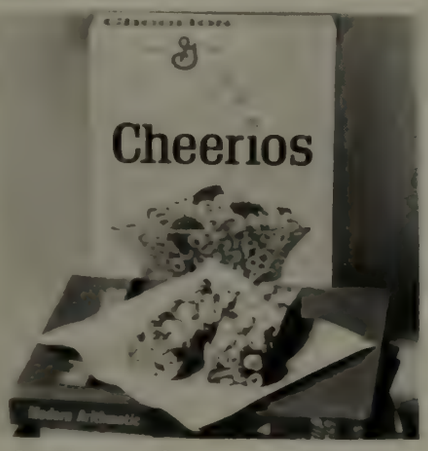
ling, scald milk in the top of a dou- iler. Mix together the cornstarch, and salt, and blend in the hot Return to the top of the double and cook over simmering water,

Betty Crocker

News from General Mills

Spring comes late
in Minnesota—we go round looking for cheerer-uppers—

Like the new "Go-Go Bar"—a pocket breakfast we invented for breakfast skippers—made with Cheerios and other good things like peanut butter, raisins and instant orange drink. Recipe's on the Cheerios box.

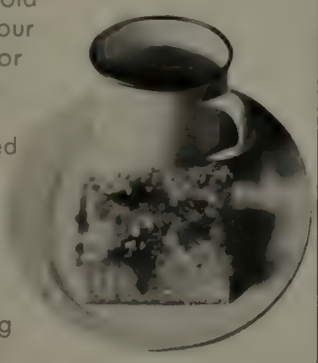


Or the new Cheesecake Pie recipe in Gold Medal Flour sacks this month.

Or an Iowa woman's surprising way with our Sunkist® Orange Muffin batter. She stirs in a cup of shredded carrots. Double sunshine!

Brand-new and jam-dandy
—a quick-as-a-mix coffee cake. Turn the oven to 375°. Pop all these things into a bowl at once—

- 1½ cups Gold Medal Flour (regular or Wondra)
- ¼ cup granulated sugar
- 2½ tsp. baking powder
- ¼ cup shortening
- ¾ cup milk
- 1 egg



Beat 50 quick strokes with a fork. Pour into a greased 9-inch square pan. Sprinkle top with ¼ *cup brown sugar (packed)* and ¼ *cup chopped nuts;* then dot with ⅔ *cup jam*—our favorite is cherry. Bake *25 to 30 minutes* (test with a wooden pick). Serve it warm to as many as 9. Have the coffee hot and ready and oh, what a beautiful morning!

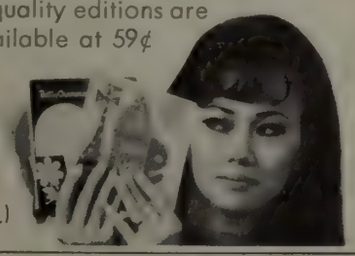
Dialogue 1969

Man: I like Bac*Os. But what are they made of?
Woman: They say "Bontrae."
Man: And what's Bontrae?
Us: It's General Mills' name for a food of the future made with vegetable protein.

Today you can buy it in crisp little Bac*Os—a unique product with a flavor like bacon. But some day you may be able to buy Bontrae tasting like chicken or beef or ham (and very much like them nutritionally). General Mills' investment in this important new food is your assurance of another natural source of high quality protein for your children and their children and the world.

What's an average serving?
For adults? Children? Big appetites? Small appetites? Does it include seconds? When it's a main dish like our Noodles Stroganoff Dinner, do you want more than when it's a side dish like Potato Buds? It's a problem. A problem we have tried to simplify for you on Betty Crocker products by telling you the size (in cups) as well as the number of servings in every package. Isn't this the way you want it?

Special Offer
on new Mini-Books! "Ways with Chicken," "Cakes Kids Love," "Ways with Hamburger." They're handy, colorful, real Betty Crocker cookbooks. All three books for just $1.00. Write: General Mills, Dept. 720, 400 2nd Avenue South, Minneapolis, Minnesota 55440. (These quality editions are also available at 59¢ each wherever good books are sold.)



WHAT THIS SEAL MEANS TO YOU

We think it's fair to say that *Sunset* is more careful about the advertising it accepts than most — if not all — other media in the country.

Before accepting an advertisement for publication, we satisfy ourselves that the prospective advertiser is a responsible company and that its products belong in a family magazine of Western living. We strive to make sure that all claims for products are honestly presented in every advertisement.

So when we recommend them to you, we mean that if in normal use any product carrying the *Sunset Magazine* Recommended Seal is proven defective or not as advertised in *Sunset*, we will replace it or refund the purchase price, if the advertiser for any reason does not do so.

We basically rely, as you do, on the integrity of the advertiser and his responsibility for statements about his product. To this we add our own offer of refund or replacement on those products which earn this Seal. This continues a *Sunset* policy of over 30 years standing, formalized by the Seal above.

We are proud of those companies who do advertise in *Sunset*. Collectively, their goods and services form an association with the helpful information prepared by our editorial staff. Editors are concerned with planning, executing, and seeing that you enjoy a recipe, a trip, family living, etc., and our advertisers furnish the essential products that are needed to fulfill these projects. In the pursuit of our dedicated policy on advertising acceptance, you should know that we refuse to accept advertising that does not complement our editorial service areas . . . liquor, tobacco, etc. . . . and all advertising that does not meet criteria of good taste and appropriateness for family reading.

You will be seeing the above Recommended Seal with greater frequency in the future, and we hope you will buy with increased confidence because of it.

Bill Lane

President and Publisher

stirring until thickened. Beat egg until light and stir in part of th milk; return to the top of the boiler, place over simmering wate cook until mixture coats a spoon opaque layer. Remove from heat a in orange juice concentrate. Let c room temperature.

Lay out 1 sheet fila and brus of it with melted butter. Fold ov second half and brush it with melte ter. Spoon a heaping tablespoon of filling on the narrow end of the leaving a 1-inch border. Fold ov two long sides 1 inch and fold up th tom 1 inch. Then fold over, mak inch-wide folds. Place seam side u buttered baking sheet. Repeat proc other pastries.

Bake in a 375° oven for 15 to 2 utes, or until nicely browned. Dus while hot with powdered sugar and fer to a rack. Makes 10 to 12 pa

This strudel puffs up with a l scented cheese filling. A dry che essential for its success. Bakers c cheese is available at cheese shops catessens, and some creameries.

If necessary, substitute regular c cheese treated this way: Fold chees into a 12-inch square, four layers spoon in ½ pound cottage cheese up ends, and twist. Rinse bag unde water, washing off the cream. squeeze until cheese is dry and co

AUSTRIAN CHEESE STRUDEL
(Toflenstrudel)

- 2 tablespoons currants
- 1 tablespoon brandy
- ½ pound bakers uncreamed cottage che (or dry cottage cheese; see directions above)
- 1 small package (3 oz.) cream cheese
- ½ cup sugar
- 3 egg yolks
- 1 teaspoon grated lemon peel
- ½ cup (¼ lb.) sweet (unsalted) butter, melted
- 14 to 16 sheets of fila
- Powdered sugar

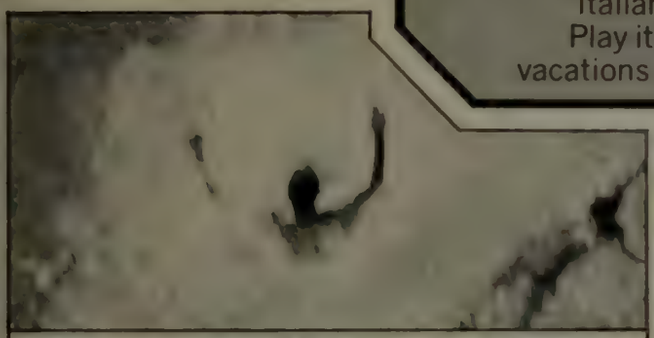
Let currants soak in brandy. Crea cheeses until light; add sugar, one spoon at a time, beating after eac tion. Add egg yolks, one at a tim beat until light. Mix in lemon pe rants, and brandy.

Lay out 1 sheet fila and brush ha melted butter. Fold in half and again with butter. Spoon a heaping spoon of cheese filling on the narr of the dough, allowing a 1-inch around the edges and base. Fold o two long sides 1 inch and fold bottom 1 inch. Then roll up the and place seam side down on a b baking sheet. Repeat process.

Bake in a 375° oven for 15 to 20 m or until nicely browned. Imme dust the tops with powdered sug move to a rack. Serve hot or cold. 14 to 16 pastries.

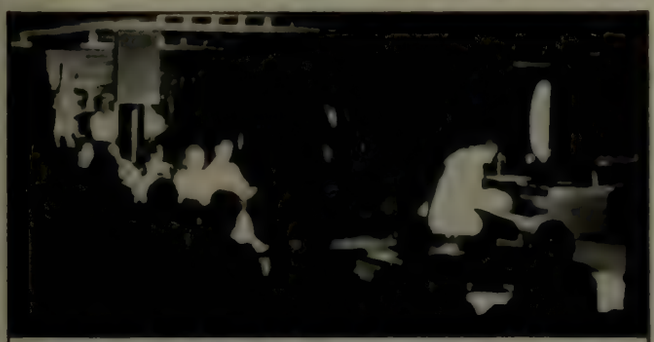
THE ESCAPE GAME

as played only on
Italian Line.
Play it on our
vacations to Europe.



Whoopee! Enjoy yourself and the sun, salt air, sky. You're traveling to Europe without a care in the world.

Ahhh! Take the plunge and find life is worth living. You owe it to yourself to enjoy a change of pace, a change of scene.



Play! Night and day the fun goes on. It's a pleasure to run away to sea on the Gala Resort Fleet. The world and its worries are far, far away.

Glow! There are faster ways to travel but no better way to live. Relax and unwind. Enjoy the dawn of a new day after you've danced the night away.

Escape! Tell your travel agent to sign you on Italian Line, c/o General Steamship Corp., 400 California St., San Francisco, Calif. 94104.

Italian Line
more fun per ton than any other line

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If you're looking for adventure, look no further.

Alaska, by its very nature, is an adventurous place to see. And we have tours that take in something new at every turn.

We can show you things like gold rush towns and glaciers. Sourdoughs and sawdust-floored saloons.

We can show you Eskimos and igloos. Wildlife and night life.

Including a few lively festivals by the light of the midnight sun.

The fact is, we can take you a in Alaska you want to go.

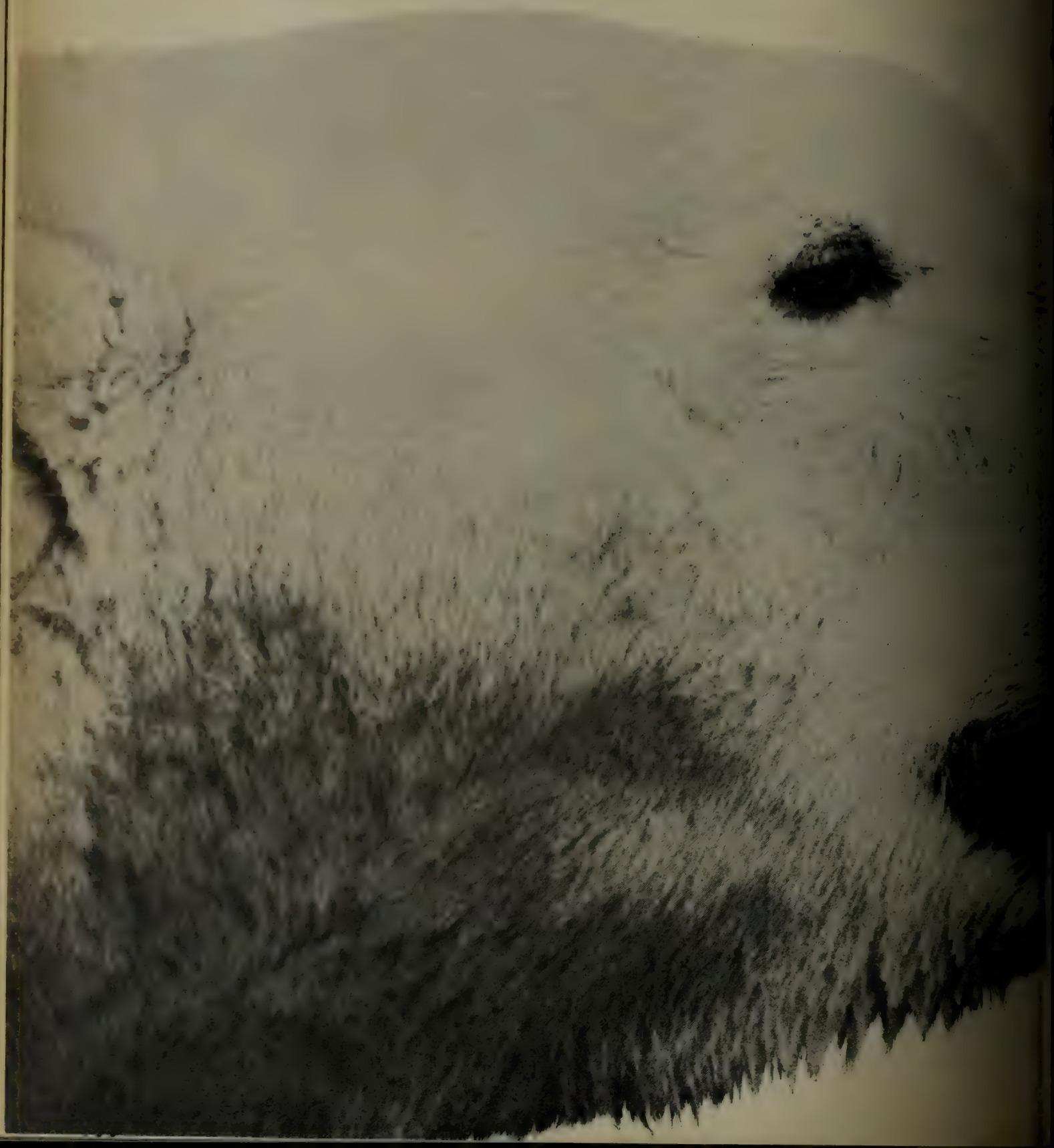
And even in the roughest cou never have to rough it. Not whe you go with us.

Our tours are strictly fuss clas

In case you haven't heard, fus our word for the red carpet treat

We don't just take you to Ala take care of you every step of th

The best transportation, hotel



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urs people (we call them fussers)
ed in Alaska just to keep an
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see that you don't go one way
your luggage goes another.

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ASTA

Alaska tours or those with nose for dventure

WESTOURS

DARROW M. WATT

Spicy roast duck dinner *served in the style of Peking duck. Take bread rounds made from refrigerated biscuits, top with meat, skin, plum sauce, onions; then fold around filling, hold in fingers for eating*

Not quite Peking duck, but delicious and it's yours

Some dishes of great fame are so complicated that they should remain in the hands of the master chef. But there is no reason why the cook at home shouldn't be inspired to emulate some of them within the resources at her command.

Peking duck, named for the Chinese city, is such a dish. The authentic method calls for a day or more of preparation and involves some unique techniques. From our sampling of Peking duck in several Western restaurants as well as in the Orient, it seems clear that there are strongly divergent opinions as to the *exact* method. Originally, only the skin of the duck was intended for consumption, but nowadays you eat the meat, too.

What we suggest here is that you make the fun and ritual of serving Peking duck the theme of an interesting dinner party. Instead of days, only a few hours are required for preparation, this version of Peking duck is domestic duck spiced and roasted in a simple manner to yield moist, succulent meat and tasty skin. At the table you treat it like Peking duck. Place morsels of the meat on small, thin rounds of special bread, adorn with bits of green onion and plum sauce, fold the bread over the filling, and eat with your fingers. You might like to follow these menu suggestions to complete the meal.

Hot Chicken Broth with Soy Sauce
Western-Style Peking Duck
Slivered Green Onions Plum Sauce
Chopped Chinese Parsley
Quick Thousand-Layer Buns
Romaine Hearts with Salt
Coupes Chinoise

You can serve half a duck to each person, who then carves it as he wants.

Canned Chinese plum sauce, a pungent fruity mixture, is the only item you may need to seek out; you will find it in Oriental food markets and in the foreign food sections of some large supermarkets.

Chinese parsley, while not typical of true Peking duck, is a nice addition if available. The layered buns are made from refrigerated biscuits and steamed. I of salad, pass refreshing spears of to munch after the rich duck.

To make individual coupes for d place a scoop of vanilla ice cream on oranges, garnish with preserved quats, and drizzle with Cointreau.

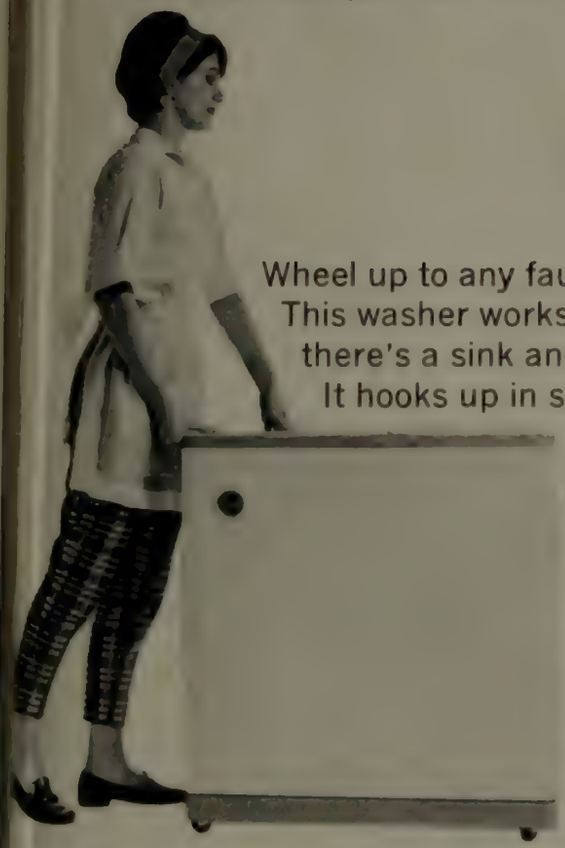
Western-Style Peking Duck

- 2 ducklings, each 4½ to 5 pounds
- 1 teaspoon *each* ground ginger and gro cinnamon
- ½ teaspoon *each* ground nutmeg and gr white pepper
- ¼ teaspoon ground cloves
- 2 tablespoons soy sauce
- 1 tablespoon honey
- Parsley or Chinese parsley (also calle cilantro or fresh coriander) for garn
- 8 green onions, cut in thin slices (includ some of the green tops)
- ½ to 1 cup canned plum sauce
- About ½ cup chopped Chinese parsle (optional)
- Quick thousand-layer buns (recipe follows)

Rinse ducks inside and out and pa reserve giblets for other uses. Ble

Hoover's Wheelaway Washer.

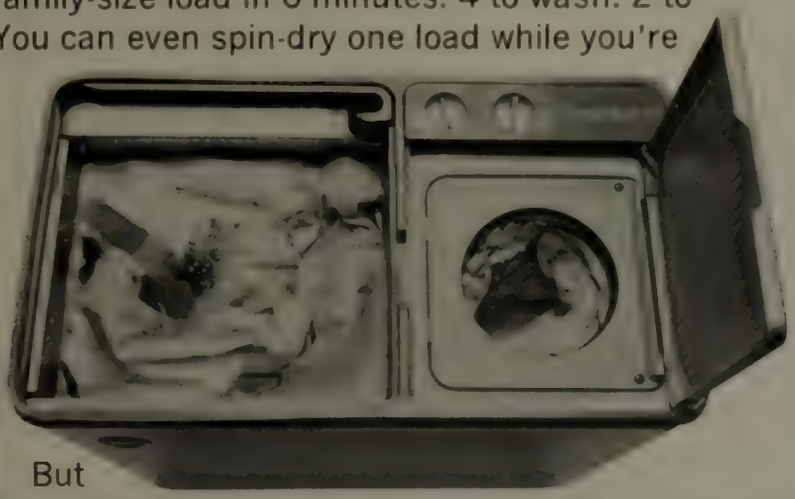
It's like a compact car. But for clothes.



Wheel up to any faucet. This washer works wherever there's a sink and an outlet. It hooks up in seconds. And hides away in a closet when company comes.

It's just 30″ wide by 17″ deep. Ideal for anyone who thought they didn't have room for a washer before. And it's fast.

does a family-size load in 6 minutes. 4 to wash. 2 to pin dry. You can even spin-dry one load while you're ashing nother.



But what does Hoover know about washing clothes?

A lot more than you'd imagine. In fact, Hoover is one of the world's largest selling brands of washers. We've made and sold over 7 million since 1945.

So go to your Hoover Dealer and see our Spin-Drying Washer in action. Once you see how clean it gets clothes, we bet you'll drive one home.

HOOVER

See a demonstration of the Spin-Drying Washer at your local dealer, below

ARIZONA

FLAGSTAFF
Leaman's Appliances
123 W. Birch Ave.

PHOENIX
Woolco Dept. Store
3801 N. 33rd Ave.

TEMPE
Woolco Dept. Store
1300 Scottsdale Road

TUCSON
King's Vacuum
4821 E. Speedway

Smith & Waldman
2550 N. Campbell

CALIFORNIA

ALTADENA
Lake Mariposa TV
873 E. Mariposa

ATWATER
Passadori's
Third & Broadway

DOWNEY
Downey Furn. & Appl.
8236 E. Firestone Blvd.

GLENDALE
Webb Inc.
139 N. Brand Blvd.

LAKEWOOD
Cal Stores
2500 E. Carson Street

LONG BEACH
Dooley's Hardware Mart
5075 Long Beach Blvd.

LOS ANGELES
La Popular Furniture
4585 Whittier Blvd.

Najera Bros.
4532 Brooklyn Ave.

Western Beverly Plumbing
530 N. Western Ave.

NORTHERN CALIFORNIA
The Emporium
All 8 Stores

OXNARD
Tiny's Vacuum Cleaner Serv.
1243 Saviers Rd.

PACIFIC GROVE
Holman's Dept. Store

PALO ALTO
Gregg's TV & Appliance
2160 University Ave.

PASADENA
Pasadena Vacuum
20 S. Raymond

PORTERVILLE
Jones Hardware
151 N. Main Street

SACRAMENTO
Breuner's
6th and K Streets

SAN BERNARDINO
The Harris Co.

SAN DIEGO
Hub Vacuum
3838 Fifth Ave.

Walker Scott
5252 Lovelock Street

SAN FRANCISCO
F and H Vacuum Service
947 Irving Street

SAN JOSE
Western Appliance
1974 West San Carlos

SAN LEANDRO
Vacuum Cleaner Specialist
2250 East 14th Street

SAN MATEO
R. Strait Appliance
So. B Street

SANTA ANA
Bullocks
#1 Fashion Square

F.H. Toppin Vacuum Service
222 E. 17th Street

SANTA MONICA
Henshey's

SANTA ROSA
Vacuum Sales and Service
1171 Yulupa Ave.

SOUTHERN CALIFORNIA
The Broadway
White Front—All Stores

TORRANCE
Griffey Electric Service
3840 Sepulveda Blvd.

VALLEJO
Breuner's
100 Admiral Callaghan Lane

VAN NUYS
Butlers
6609 Van Nuys Blvd.

NEVADA

CARSON CITY
Stewart and Carson St.

LAS VEGAS
Charleston TV
1548 E. Charleston

RENO
Grey-Ried
525 W. Virginia

UTAH

OGDEN
Bon Marche
2265 Washington Blvd.

Boyle Furniture
2329 Washington Blvd.

PROVO
Granite Furniture
1134 North Fifth, West

SALT LAKE CITY
Granite Furniture
1050 E. 21st Ave.

Take a break at Stuckey's

Get a free box of candy!

with ten gallon purchase of gasoline

Your best stop on the highways! Step out of your car – relax, refresh, refuel at Stuckey's. Our thanks, a box of Stuckey's fine candy free with ten or more gallons gas purchase. Fast snack bar service, fabulous pecan candies, gifts. On the highways, nationwide.

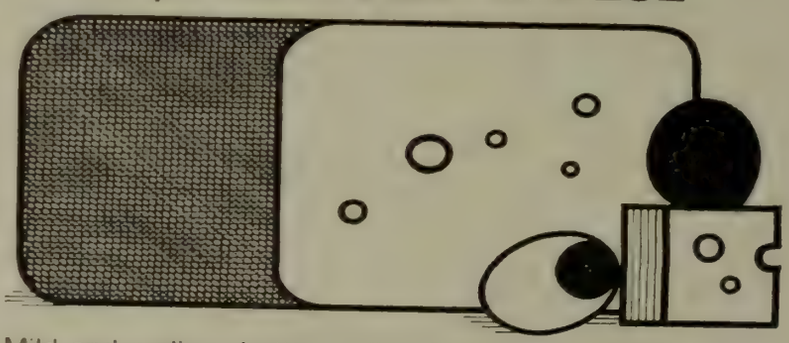
Offer good at participating Stuckey stores, expires August 31, 1969; void if prohibited or taxed by law.

Stuckey's
STUCKEY STORES DIVISION PET INCORPORATED

TANGY TANTALIZING
TERRIFIC TASTY
TINGLY TOOTHSOME

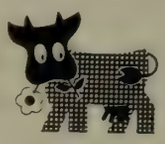
TYBO

Imported DANISH CHEESE



Mild and mellow, buttery yellow Tybo cheese from the great grasslands of faraway Denmark was made for delicious things like cocktail party snacks, crisp fruit-and-cracker desserts, sauces, sandwiches and salads. Look for nut-sweet Tybo, the beautiful red-waxed Danish cheese, at your favorite grocery or supermarket. And enjoy!

Cheeses from the Fairyland Dairyland of Denmark



ginger, cinnamon, nutmeg, pep
cloves. Dust ½ teaspoon of the s
ture inside each duck, then rub
maining spices evenly over the e
the birds. Close abdominal cav
small skewers. Wrap each duck se
in foil, folding the edges to seal
you can do this ahead and chill.

Place ducks side by side in a la
(such as the bottom of a broiler
bake in a 425° oven for 1 hour.
from oven and let stand about 15
or until slightly cooled. Then
open foil at one end and, protect
hands with hot pads, drain out t
mulated juices and fat (the ju
good added to seasoned broth t
soup for another meal). Discard t

Set ducks slightly apart on a rac
baking pan and prick skin lightly
with a fork. Bake at 375° for 30
Blend soy with honey and bru
ducks. Return ducks to oven and
temperature up to 500°. Bake fo
5 minutes or until skin becom
richly browned; take care not to

Cut ducks in halves with kitchen
or poultry shears. Put a half on ea
ing plate and garnish with parsley
Set out the green onions, plum sau
chopped Chinese parsley in separat
and, if desired, in individual servi
each place.

To eat, slice small pieces of skin an
(trimming out fat) and put on a
off round of a quick thousand-lay
(see below). Top with a few gree
slivers, a dab of plum sauce, and
leaves of Chinese parsley, then fol
around duck and eat with your
Makes 4 servings.

Quick Thousand-Layer Buns. O
packages (the size containing 10
refrigerator biscuits. Cut each bis
half. Roll 30 pieces out individu
a well floured board to make round
2½ inches in diameter; they imme
shrink back to about 2 inches dia
and this is the size you want. R
remaining 10 pieces into rounds a
to 3½ inches in diameter.

Brush the tops of the small round
salad oil or sesame oil and stack in
Cover each stack with a large roun
gently pull dough down to cover
tucking under bottom side. Brus
tops with salad oil and set each on
arately on a small square of oil
greased foil. (You can cover bun
chill several hours.)

Arrange buns, each on its foil squa
a rack in a steamer (or on an ele
cake rack in a regular or electric
pan). Do not stack; cook in sequ
necessary. Cook, covered, over b
water for 10 to 12 minutes, or until
look rather translucent and no long
soft and sticky.

Keep warm over hot water. Peel ap
eat. Makes 10.

Tennessee is second best. (In the world.)

Our "Three 'States' of Tennessee" brochure recently won second prize in an international competition. It was judged by the kind of people who look at this sort of thing seven days a week, and don't give ordinary publications a second glance.

Usually, we'd keep it quiet that we were second place in anything; but, after all, it *was* an international contest, and we *were* named second best in the entire world.

The brochure is replete with eye-saturating, full-color photographs that show you what you can expect to see when you visit us. And, the editorial space (3,456 square inches of it) is crammed full of the kind of information that you *need* when you're looking for the most from your vacation trip.

But we didn't stop there. On the next to the last page, we've included a list of thirty-two places where you can write for detailed information about your favorite interest, be it fishing, history, camping, or spelunking.

Write us today for the most magnificent second-place brochure in the world. Give Tennessee a second thought.

Tennessee Department of Conservation
Division S
2611 West End Avenue
Nashville, Tennessee 37203

Gentlemen:

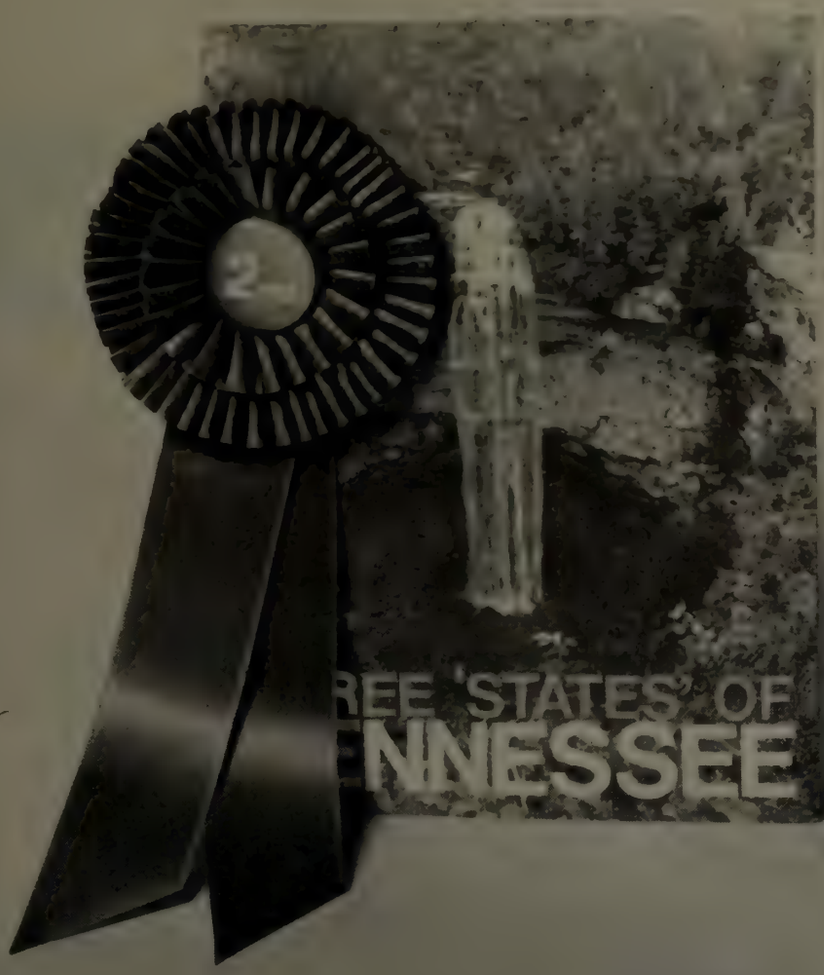
Please send a copy of your next-to-the-best brochure-in-the-world to me. I understand that since it's only second best, it's free.

Name_____

Address_____

City_____ State_____ Zip_____

The 3 'States' of TENNESSEE



Since it's only second best, we'll send it to you free.

Sunset fine foods cupboard*

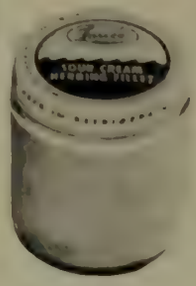
If any product is not sold by mail, and is not available at stores in your area, write "Mother Hubbard," SUNSET Magazine, Menlo Park, Calif. 94025, for nearest

FOUND
WHERE FINE FOODS
ARE SERVED AND SOLD

G. SIMI
OLIVE OIL

It's Imported from Italy

FEATURED BY
PIEDMONT GROCERY
4038 Piedmont Avenue
Oakland



SOUR CREAM HERRING

by Lascco® BRAND

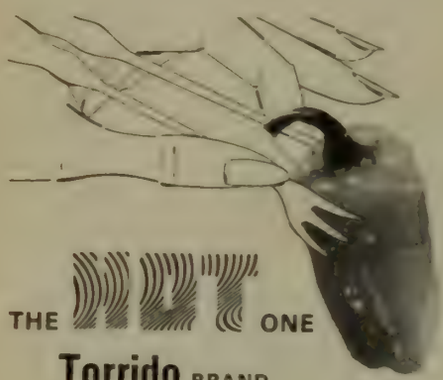
In the refrigerated deli case of your favorite market

SEND FOR FREE RECIPES

Los Angeles Smoking and Curing Co.
778 Kohler, Los Angeles, California

Sunset GROUND BE
RECIPES, COMPLETE ME

The Sunset *Ground Beef Cook* contains a wide variety of fasci recipes for ground beef; 25 con menus; 20 full page photographs; smaller photos; and drawings i colors throughout. Recipes cove patties, meat balls, loaves, appe casseroles, even soups . . . and the esting menus are suitable for all ty occasions. 8½ x 11 inches, soft- Only $1.95. Order from your dea Sunset Books, Menlo Park, Calif. 9



THE NUT ONE

Torrido BRAND
Chili Peppers

For bold appetites! Just a few slices can make dull dishes adventuresome. Or try this: mince and cook with meats, gravies or beans. And use the vinegar to season salads.

TRAPPEY'S FINE FOODS

Another gourmet experience from
B. F. TRAPPEY'S SONS, INC.
NEW IBERIA, LOUISIANA

REWARD!

Chris' & Pitt's, the most wanted Western sauces for your Western barbecue capers. Now in five home-on-the-grill flavors: Onion Bits, Garlic, Hickory, Hot or Regular.

WINE GIFT PACK $4.99

Sonoma County wine shipped anywhere in Calif. ppd. ⅕ Chablis, Burgundy, Vin Rosé. Send your gift list. Free brochure. Visitors welcome. WRITE OR PHONE.
SINCE 1934

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1141 Grant Ave., Healdsburg, Calif.
Zip 95448 Telephone (707) 433-1513

FREE BOOKL
ON HOW TO PRE
AND SERVE
SAUSAGES

Enjoy the good taste of t many Swiss and German sausages—fro Gourmet Treats to Budget-Saving Meal Many ideas in this new folder from Northe California's quality sausage house. Se today to:

Saag's 535 9th Street Oakland, Calif. 946

Look for Saag's in your favorite gourm shop, meat counter or delicatessen or a for the names of outlets nearest you.

FORTUNE COOKIES
SESAME COOKIES
GINGER COOKIES

CHILDRE
FORTUNE COO

*Trademark

Sunset fine foods cupboard*

ro. uct is not sold by mail. and is not available at stores in your area, write "Mother Hubbard," SUNSET Magazine, Menlo Park, Calif. 94025, for nearest dealer.

ow to cook ith white wine ithout having ny in the house.

t reach for Martini & Rossi Extra Vermouth. What dry white wine do, M&R can do better. Because R gives food all the fine flavor of ite wine. Plus a subtle hint of herbs. d, being our nation's most popular rmouth, chances are it's as handy your husband's vermouth supply. xt time a recipe calls for white wine, M&R.

le of thumb:
any recipe that calls for dry white ne use M&R Extra Dry Vermouth.

MARTINI & ROSSI
Imported Vermouth

RENFIELD IMPORTERS, LTD., N.Y.

easy party elegance

From box to delicious in 12 minutes. Durkee® frozen hot puff pastry Hors d'Oeuvres: Beef Puffs, Shrimp Puffs, Cheese Puffs, Franks-N-Blankets, Cheese Straws or Assortment.

4 FREE CUPS OF RARE INSTANT COFFEE
with this ad

Not a domestic blend! 100% pure El Salvador coffee beans, in Cafe Salvador, delivers a rare flavor and aroma. This is why it is THE unique **instant** coffee. This incredible flavor challenges the finest fresh-brewed coffee. Taste regular roast and deeper, richer roast. Send this ad for four free servings.

At supermarkets and fine food stores—Ask your grocer!

CAFÉ Salvador

2343 FILLMORE ST.
SAN FRANCISCO, CALIF.
94115

Need Help?

We want you to try the products advertised in our Fine Foods Cupboard. Any problems you have locating these items in the West will be solved quickly by MOTHER HUBBARD.

Write: Mother Hubbard,
Sunset Magazine,
Menlo Park, California 94025

Since 1865 *Since 1865*

Send For Free Recipes and History of Our Cheeses

The Marin French Cheese Co.
7500 Red Hill Rd., Petaluma, Calif. 94952
(Get "Rouge et Noir" cheeses from the deli. dept. of your western market)

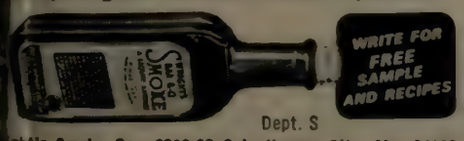
Season with Steero®

FOR JUICY HAMBURGERS: Mix 1 to 2 tsp. Instant Steero with each pound of meat.

Only 7 calories per tsp. No other seasoning needed —not even salt.

American Kitchen Products
812 Jersey Ave., Jersey City, N.J. 07303

Wright's BAR-B-Q Smoke
Always right on meat, fish or poultry



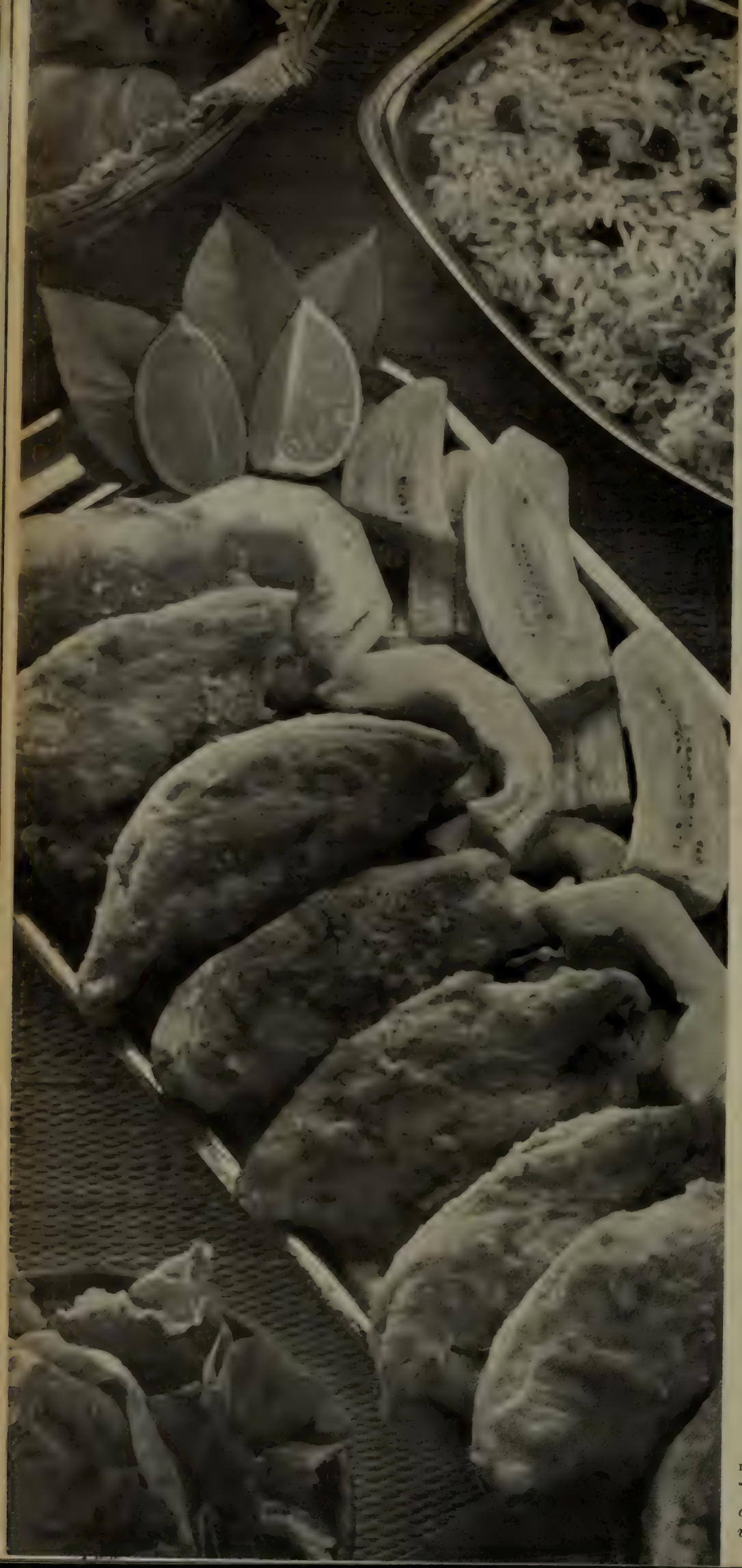
Dept. S
ght's Smoke Co., 2900-08 Oak, Kansas City, Mo. 64108

MARIA
says
"Try my fancy whole Hearts of Artichokes
NO OIL ADDED"

Imported for you from Spain

Available at many leading supermarkets.

*Trademark



MARCH MENUS

An easy Tahitian dinner for six . . . a weekend breakfast . a pan steak dinner for the family

Menus for March herald the comi spring with colorful fruits and vege incorporated into each menu. For th ily there's a pan-steak dinner w make-ahead dessert, a pork chop s and a weekend breakfast featuring a coffee cake. Your guests this month enjoy this simplified Tahitian dinne

Tahitian buffet

The Tahitians have combined F Chinese, and Polynesian cuisines wit ish use of tropical fruits. We've inc ated some of these flavors in a co dinner menu for six.

Coconut Chicken with Fresh Fru
Raisin Pilaf
Crescent Rolls Butter
Curry-dressed Green Salad
Fruit Sherbet
Toasted Pound Cake Fingers

Early in the day you can wash, dry refrigerate the salad greens and p the dressing. Also you might make s of sherbet using one or several fl Freeze on a shallow pan, then pil sherbet balls in an attractive bowl, c and store in your freezer.

Just before dinner you will coo chicken, cook the pilaf, heat froz brown-and-serve rolls, and mix the s For the pilaf add ¼ cup raisins to 1 p age chicken-flavored rice mix; cove cook as package directs. Plan to to cake pieces while clearing the dinner

Coconut Chicken with Fresh Fruit. ready 8 large split chicken brea whole), 1 tablespoon finely chopped

DARROW M. WATT

Tahitian supper buffet *features coconut chicken with fresh fruit, raisin pilaf, warm rolls, a curry-dressed green salad*

(or ¾ teaspoon ground ginger), ⅓ aked coconut (toasted to a golden), and 1 cup whipping cream.

30 minutes before serving, heat 2 poons butter or salad oil in a large ch) frying pan with lid. Brown n breasts on all sides; sprinkle with nger, 3 tablespoons of the coconut, 2 teaspoon salt. Pour the cream ll, cover, and cook about 10 min- r until meat is just firm.

nd quarter 3 large firm ripe ba- ; peel, seed, halve, and slice 1 large papaya. Remove chicken from pan rrange on a large platter with the Spoon sauce from pan over chicken prinkle the remaining toasted coco- ver all. Garnish with lime to be zed over chicken and fruit. Serves 6.

-Dressed Green Salad. Combine ¼ alad oil, 2 tablespoons lemon juice or juice, ½ teaspoon sugar, ¼ teaspoon powder, and dash salt in a small o serve, shake dressing and mix with s torn salad greens. Serves 6.

ed Pound Cake Fingers. Purchase 1 n pound cake. Cut 5 slices, each ¾- thick; then cut each slice in 4 length- strips. Toast the pound cake pieces, ng to lightly brown all sides. Serve r cooled. Makes 6 servings.

Family steak dinner

way seed and lemon juice flavor the kly sautéed pan steaks for this din- planned for four. There's an elegant head apple cheesecake for dessert.

Lemon-Caraway Pan Steaks
Onion Rings
Hot Peas with Sour Cream
Citrus Salad
Apple Cheesecake

e the cheesecake early in the day and t wait in the refrigerator until dinner. n you start dinner, first arrange the d and chill. Heat frozen onion rings irected on package. Cook 1 package ut 10 oz.) frozen peas as package sug- s; season and serve topped with a nful of sour cream. Do the steaks the few minutes before serving.

non-Caraway Pan Steaks. Purchase ut 1½ pounds ½-inch-thick boneless f steak such as sirloin tip, top round, ck, or cross rib; cut into 4 portions. unseasoned meat tenderizer, if you h, following label directions.

t before serving, melt 1 tablespoon ter or margarine in a large frying pan r high heat; when hot, add steaks. inkle with ½ teaspoon caraway seed; k 1 to 2 minutes to brown; turn steaks, inkle with ½ teaspoon more caraway d and 2 tablespoons lemon juice. Cook o 2 minutes or until desired doneness is ched. Remove steaks to serving platter. d 2 tablespoons butter in frying pan

DARROW M. WATT

Lemon cheesecake *mixture on fresh apple slices, currants, in this do-ahead dessert*

along with ½ teaspoon sugar, scraping up browned drippings. Pour over steaks on platter. Garnish with parsley and lemon wedges. Serve at once. Serves 4.

Citrus Salad. Peel 2 oranges and slice or cut in segments, removing membrane. Peel 1 large grapefruit and cut in segments, removing membrane. Hold fruit over a bowl while cutting it to catch the juice. Peel, halve, seed, and slice 1 large ripe avocado and dip slices into the citrus juice. Arrange orange, grapefruit, and avocado slices on lettuce leaves on a plate; chill. Before serving, drizzle with oil and vinegar dressing. Serves 4.

Apple Cheesecake. For the pastry, combine 1 cup flour and 3 tablespoons powdered sugar. Cut in ½ cup (¼ lb.) butter until mixture resembles cornmeal. With your fingers, press pastry over bottom and sides of an 11-inch flan pan or 9 or 10-inch regular pie pan. Halve, peel, and core 2 large Golden Delicious apples and cut in ¼-inch slices. Arrange slices in pan, overlapping slightly. Sprinkle with 2 tablespoons sugar and ¼ cup currants.

In the small bowl of an electric mixer, combine 1 large package (8 oz.) soft cream cheese, ¾ cup sugar, 1 teaspoon grated lemon peel, 1 tablespoon lemon juice, and 2 eggs. Beat until smooth, then pour evenly over apples. Bake in a 350° oven about 30 minutes or until cheese mixture is just set and very lightly browned around the edge. Serves 8.

Weekend breakfast

Treat your family to freshly-made coffee cake, topped with orange marmalade and chopped nuts, for a leisurely weekend breakfast.

Sautéed Pineapple Slices
Canadian-style Bacon
Orange Marmalade Coffee Cake

Prepare the coffee cake first. While it is baking, heat about 8 slices Canadian-style

Something Wonderful Happens to Your Home

when you use genuine Colonial *Floracandle* Combinations — famous "Masterpieces in Wax" combined with rings and holders of unmatched beauty.

This dainty glow-light with its fresh-as-a-daisy ring and ceramic holder will bring colorful life to your home. It comes in pastel pink, blue or green. Ask for it at your Colonial dealer today. It's about $9.95 — and what a gift!

Colonial Candle Co. of Cape Cod, Inc.
Hyannis, Mass. 02601

Soft-Touch

Velvet-like Softness Gives NEW GARDENING PLEASURE

YELLOW, GREEN BLUE FOR WOMEN $1.19
BRONZE FOR MEN $1.29
Postage & Tax Paid
WIPE CLEAN OR WASH

In garden stores everywhere or order direct.

BROOKVILLE GLOVE COMPANY, Inc.
Brookville, Pennsylvania 15825

What-in-the-name-of Roquefort is this supposed to be?

Roquefort means Roquefort Cheese. Made of sheep's milk. Ripened in the Roquefort caverns. Not "something like it." Definitely not blue cheese. Hereafter, show me Roquefort on the label first. Just like the label on a vintage wine. Carry on!

ROQUEFORT FRANCE

Roquefort Association Inc., 41 East 42 Street New York N.Y. 10017

The sneaky gift.

Many husbands who find their coffee hard to swallow are surprising their wives with KitchenAid Electric Coffee Mills.

In this sneaky way, they're assuring themselves of getting great coffee. Pre-ground or instant coffee can't deliver the same delicious flavor as coffee made with freshly-ground beans.

Why don't you give a KitchenAid Electric Coffee Mill too? It may be sneaky. But it's a great gift for any occasion. At better stores. Or write KitchenAid Housewares, Dept. 9HG-3, The Hobart Mfg. Co., Troy, Ohio 45373.

ELECTRIC COFFEE MILL BY
KitchenAid

"Fed-up with "movie show" and "ball-park" type pop corn? Try crispy, fluffy, tender, **hulless** Jolly Time — the **different** pop corn that's **special for home popping.** The all-time favorite of real pop corn lovers. Try it. You'll LOVE it.

Good Housekeeping GUARANTEES

bacon in butter in a large frying
When hot, remove from pan, arra
platter, and keep warm. Then heat
8 fresh or drained, canned pineapple
in the bacon drippings, adding bu
necessary. Arrange on platter with
and keep warm until coffee cake is d

Orange Marmalade Coffee Cake. Use
2 cups prepared biscuit mix and
package directions for rich coffee c
muffins. Add 1 tablespoon grated
peel to the batter and spread in a g
9-inch pie pan. Instead of the toppi
gested on the package, make this
a small pan, melt 2 tablespoons bu
margarine and stir in ⅓ cup orang
malade. Drizzle over batter, then s
with ⅓ cup chopped walnuts or p
Bake in a 375° oven about 25 minu
until lightly browned. Serve warm,
6 to 8 wedges. Serves 4 to 6.

Family pork chop dinne

Apple slices and pork chops bake to
for this oven entrée planned for fou

Pork Chops with Apple Slices
Green Beans New Potatoes
Mixed Green Salad
Chocolate Cake

Purchase your favorite fresh or
chocolate cake or make one from a
ite recipe or a mix. Garnish the s
plate with colorful flowers and leav
a spring look, if you wish. You can
the pork chops, assemble and refri
them several hours ahead if you
Plan 1 to 1¼ hours baking time.

Cook fresh or frozen green beans in
water; drain and season with butte
and pepper before serving. Cook
new potatoes without peeling and
with butter, salt, and pepper. M
mixed green salad, add chopped
onion and radish slices for color, and
with French dressing.

Pork Chops with Apple Slices. Pur
about 2½ pounds pork loin chop
about ½ inch thick (about 8 chops)
large frying pan, heat 2 tablespoon
ter or salad oil and brown chops
sides. Arrange in a large shallow b
pan (about 9 by 12 inches). Sprinkl
1 teaspoon grated orange peel, ⅝
spoon salt, and ⅛ teaspoon pepper.
over ⅓ cup dry white wine or re
strength chicken broth; cover pan t
with foil and bake in a 350° oven
minutes (45 minutes if chilled).

Peel, core, and cut 3 large apples
inch-thick rings. Arrange over mea
sprinkle with ¼ teaspoon mace or
meg. Cover and continue cooking 30
utes, or until meat is just tender.

Remove meat and apples to a se
dish. Blend together 1½ tablespoons
flour and water. Stir into pan juice
cook until thickened. Pour this sauce
meat. Serves 4.

ourmet Spices
om Schilling
indle
ourmet ideas

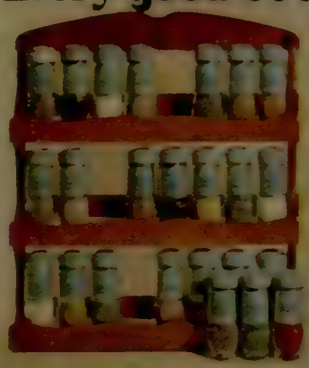
HERBED SHRIMP DIABLE

- ounds raw shrimp
- up butter
- ound fresh mushrooms, sliced
- herry tomatoes
- up sliced celery
- easpoon Schilling Parsley Flakes
- easpoons Schilling Freeze-Dried Chives
- easpoon Schilling Tarragon Leaves
- ½ teaspoon Schilling Ginger
- 1 teaspoon Schilling Dry Mustard
- 2 teaspoons Schilling Season-All
- ⅛ teaspoon Schilling Garlic Powder
- ¼ teaspoon Schilling MSG
- ¼ teaspoon Schilling Coarse Grind Black Pepper
- 3 tablespoons lemon juice
- ¼ cup brandy, heated

ell and devein shrimp. Melt butter in large skillet; sauté ushrooms, tomatoes and celery 3 min. Push to one side of llet. Add raw shrimp and sprinkle with seasonings which ve been mixed together. Sauté the shrimp, stirring 2 min. ld lemon juice. Combine shrimp and vegetables. Cover d simmer 5 min. Transfer to chafing dish. Just before rving, flame with heated brandy. Nice over rice. Serves 4-6.

A good cook hangs up her medals for all to see. Row upon row of Gourmet Herbs and Spices in show-off decanter bottles. Why don't you add something exotic to your Schilling collection next time you shop?

Every good cook has a hang up.



Please send me mine—a beautiful, traditional satin-finish wood spice rack, designed especially to show off Schilling Gourmet Spices. 3 shelves (spices not included). 16" long x 2½" deep x 16½" high. Enclosed find $5 (check or money order). Offer void where prohibited by law.

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Schilling flavor makes all the difference in the world.

The Stay-at-home Supper

Savory Salmon Mousse. A great little dinner. Dram and simple with Kraft Mayonnaise. We fuss over Kra Mayonnaise to make it velvety smooth and lightly spice and good cooks love it. ~ Soften 2 envelopes unflavored gelatin in 1 1/2 cups cold water; stir over low heat until dissolved; cool. Thoroughly combine 1 cup each Kraft Mayonnaise and dairy sour cream. Stir in gelatin; chil until slightly thickened. Fold in a 1-lb. can of salmon, drained and flaked, and 1 cup finely chopped peeled cucumber. Pour into 5 cup mold; chill until firm. Unmold. 6 to 8 servings. Kraft Mayonnaise. The mayonnaise lovers' mayonnaise.

DARROW M. WATT

our cream fruit soufflé goes from o table in decorative copper pan

A sour cream apple soufflé

-poached apple slices bake in a egg and sour cream batter for this it dessert.

CREAM APPLE SOUFFLÉ

- large tart cooking apples
- tablespoons butter or margarine
- cup sugar
- tablespoons lemon juice
- eggs, separated
- teaspoon grated lemon peel
- teaspoon vanilla
- cup sour cream
- Powdered sugar
- pint whipping cream

quarter, and core apples; then cut quarter into 4 slices. Melt butter in e frying pan; add ⅔ cup of the lemon juice, and apple slices. Cook medium heat, turning apple slices, they are tender and glazed and the disappear. Place half the glazed s in a 7 by 12-inch baking pan or enproof 10½-inch round frying pan. ve remaining apple slices for a dec- e topping.

egg whites until soft peaks form, add the remaining ⅓ cup sugar, ng until stiff. In another bowl, beat olks until thick and mix in the grated n peel, vanilla, and sour cream; fold the beaten egg whites. Spoon egg re over the apples in the pan and ge the remaining poached apple s in a pattern on top.

at 350° for 25 minutes, or until é is puffed and browned. Dust with ered sugar. Whip cream and sweeten, sired. Serve soufflé hot or warm, ed into dessert bowls, and pass the ped cream at the table. Makes 6 to ings.

Does anyone guarantee anything for 20 years?

We do.

All of the stainless steel parts in a Waste King Universal dishwasher are guaranteed for 20 years against failure due to corrosion.

Where do we use this stainless steel? Where the action is. The dishwashing tank. The inner door. The whirling water distribution arms that do the scrubbing and rinsing are stainless steel. Baskets glide in and out on stainless steel rails. As explained in our written guarantee, any failure due to corrosion of these stainless steel parts becomes our responsibility — for an entire generation.

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Wines of California

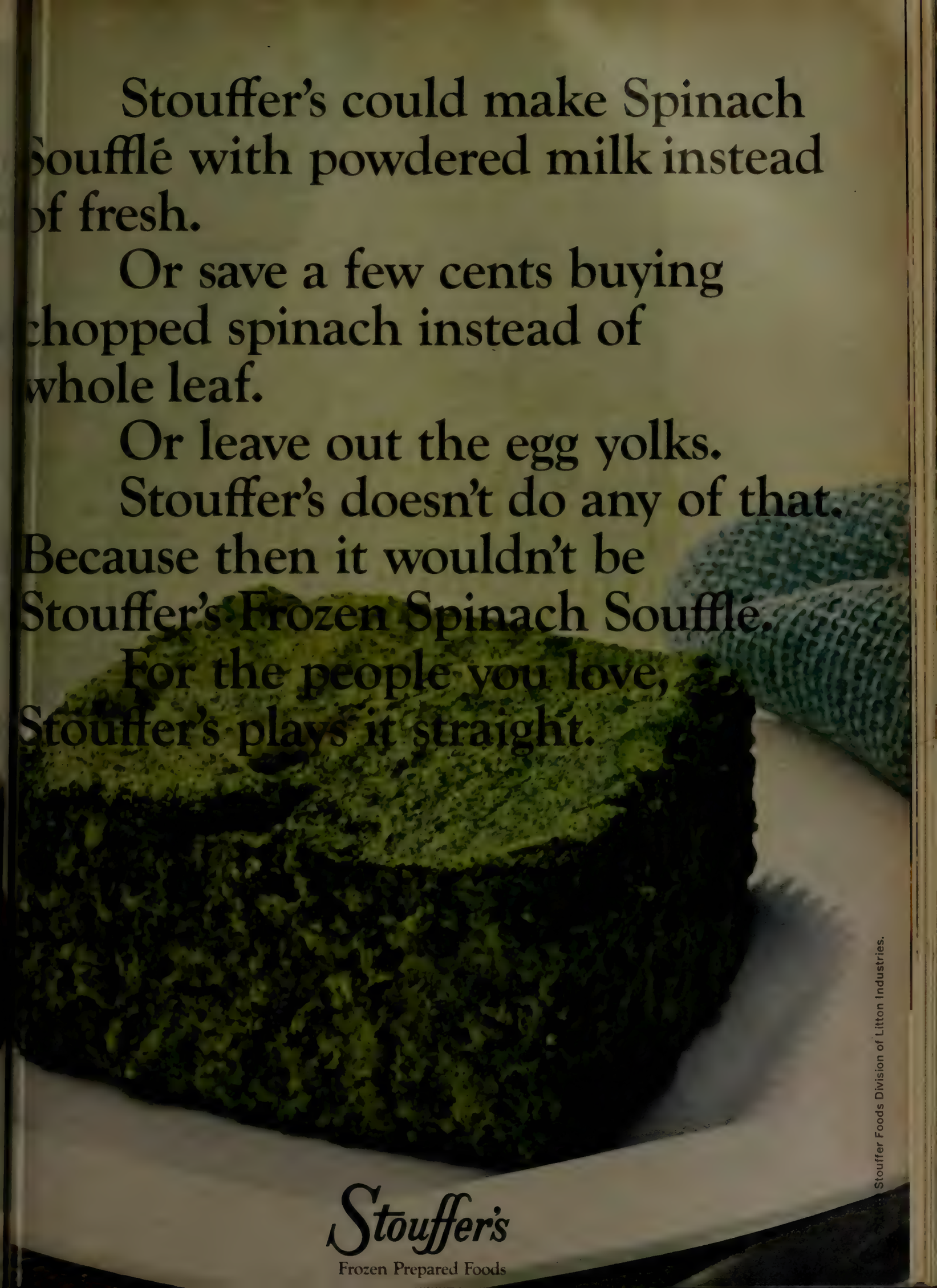
Stouffer's could make Spinach Soufflé with powdered milk instead of fresh.

Or save a few cents buying chopped spinach instead of whole leaf.

Or leave out the egg yolks.

Stouffer's doesn't do any of that. Because then it wouldn't be Stouffer's Frozen Spinach Soufflé.

For the people you love, Stouffer's plays it straight.



Stouffer's

Frozen Prepared Foods

Stouffer Foods Division of Litton Industries.

DARROW M. WATT

Whole strawberries *and navel orange slices ring a mound of diced chicken and celery salad*

Asparagus spears, *citrus, and avoc bine with poached chicken breasts*

Two fruit-and-chicken salads

These two eye-catching chicken salads make appealing entrées for a spring guest luncheon. The citrus fruits mingled into them add a refreshing tanginess.

If you wish, mix the salad dressing and cook the chicken a day in advance; then you can quickly assemble either of the salads shortly before serving.

A whole fryer simmered makes particularly tender and economical meat for a salad. Strawberries and orange slices adorn this one.

STRAWBERRY CHICKEN SALAD

- 3 pound broiler-fryer chicken
- 1½ quarts water
- 2 teaspoons salt
- 3 tablespoons *each* sour cream and mayonnaise
- 2 tablespoons lemon juice
- Dash paprika and seasoned pepper
- 1 cup chopped celery
- 1 head butter lettuce
- 2 large oranges
- 1½ cups strawberries

Place whole chicken in a large pan, add water and salt, cover and simmer 1 hour, or until tender. Remove chicken from broth and let stand until cool enough to handle. Pull from bones, discarding skin; cut into bite-sized pieces and chill.

Mix together sour cream, mayonnaise, lemon juice, paprika, and pepper. Mix in chicken pieces and celery. Arrange lettuce leaves on 4 plates and mound chicken salad in the center. Cut the peel and white membrane from oranges; slice thin and arrange in a ring around the salad mound. Hull strawberries and place a berry on each orange slice. Serves 4.

A sour cream citrus peel dressing enhances this pretty plate of chicken, fruit, and vegetables.

ASPARAGUS CHICKEN SALAD

- 1 pink grapefruit
- 2 oranges
- 1 avocado
- 1 tablespoon lemon juice
- 1 bunch Romaine
- 4 chilled, cooked, split chicken breasts (directions follow)
- 1 pound fresh asparagus spears, cooked, *or* 1 can (16 oz.) asparagus spears
- Citrus dressing (recipe follows)

Cut the peel and all white membr grapefruit; lift out grapefruit Peel and section oranges the sa Peel avocado and slice crosswi sprinkle slices with lemon juice. the outer leaves of Romaine on 4 size plates.

Break the inner leaves into bi pieces and pile in the center. Ar top a half chicken breast, grapefr ments, orange segments, avocad and asparagus spears. Pass the dressing. Serves 4.

Chicken Breasts. Place 4 split breasts (2 whole breasts) in a larg pan. Add ½ cup water, 1 teaspoon stock base, and ½ teaspoon ta Cover and simmer for 15 minutes then skin and bone the chicken and chill.

Citrus Dressing. Mix together ¼ c mayonnaise and sour cream, 1 t *each* grated orange and lemon tablespoon lemon juice, 1 teaspoo and 2 ounces blue or Roquefort crumbled. Makes ⅔ cup.

Here is the original, authentic, *sourdough* English Muffin

The tang of sourdough, a tender texture, the lively blend of crispness and chewiness. That's what you get with an Oroweat Sourdough English Muffin. It's a breakfast classic, a base for countless spreads, toppings and quick-but-elegant dinners. A suggestion or two:

Eggs Benedict Toast muffin halves. Place a slice of broiled or fried ham on muffin, top ham with a poached egg and cover with hollandaise sauce.

Baby Pizzas On toasted muffin halves, spread one layer of tomato sauce, one of Mozzarella cheese, one or a combination of your choice of: canned mushrooms, pitted olives, anchovies, salami. Heat until bubbly.

Crab Sandwich Mix crabmeat with mayonnaise and sliced ripe olives and spread over toasted muffin halves. Sprinkle shredded Cheddar cheese over crab. Broil until cheese melts.

We package both sliced, smooth-surfaced muffins, and also whole muffins partially pre-split at the bakery.

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Arrange *tongue slices on serving* [illegible] *shape of fan. Spoon wine sauce o*[illegible]

Smoked tongue a Madeira sa[illegible]

Try smoked tongue smothered i[illegible] Madeira sauce as a make-ahead [illegible] creamed spinach is a good comp[illegible]

SMOKED TONGUE IN MADEIRA

- 3½ to 4-pound smoked beef tongue
- Cold water
- 1 onion, peeled
- 2 whole cloves
- 1 small carrot, peeled and chopped
- 2 shallots, chopped, or ¼ cup chopp[illegible] onions
- 2 tablespoons butter or margarine
- 1 can (14 oz.) regular-strength beef b[illegible]
- 2 tablespoons tomato sauce
- ¼ cup Madeira or Sherry
- 1 tablespoon *each* cornstarch and cold water
- Parsley

Place tongue in a large sauce po[illegible] with water, add onion stuck with [illegible] cover and bring to a boil; reduce h[illegible] simmer gently for 3 to 3½ hours [illegible] meat is fork tender. Drain off liq[illegible] cool. When tongue is cool enou[illegible] handle, but still warm, slit the tou[illegible] skin with a sharp-pointed knife an[illegible] off. Remove the bones. (You can [illegible] much a day ahead and refrigerate[illegible]

Meanwhile sauté chopped carrot a[illegible] lots (or onion) in 1 tablespoon of [illegible] ter. Add broth and tomato sauce [illegible] and simmer 30 minutes. Drain [illegible] a wire strainer, discarding vegetab[illegible]

Pour Madeira into a saucepan a[illegible] hard until reduced to 2 tablespoon[illegible] in the broth mixture and bring to [illegible] Stir in a paste of cornstarch a[illegible] water and, stirring constantly, co[illegible] thickened. Cook 2 minutes longer [illegible]

Slice tongue into ¼-inch-thick sli[illegible] range on a heatproof platter, cov[illegible] heat at 350° for 15 minutes (lo[illegible] refrigerated). Garnish with parsley [illegible] over sauce. Serves 8 to 10.

Little things mean a lot.

The small delicate peas that rival the French petits pois in flavor.

Savings do, too.

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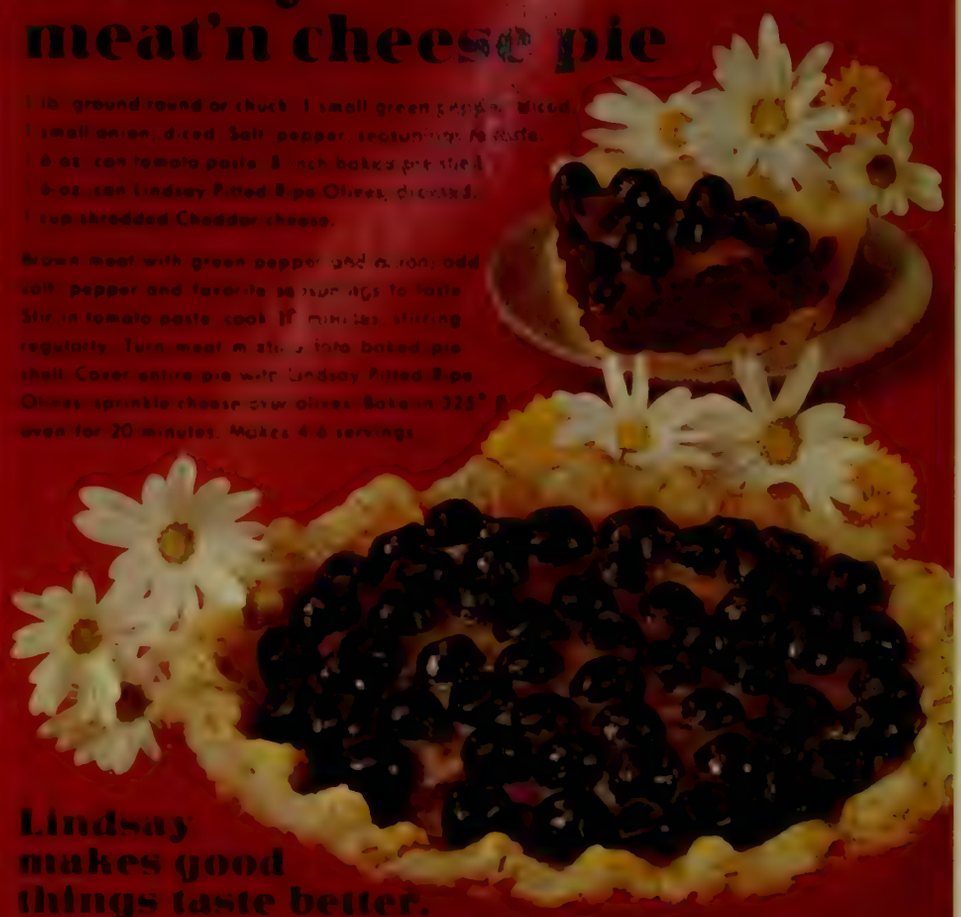
Lindsay meat'n cheese pie

1 lb. ground round or chuck 1 small green pepper, diced.
1 small onion, diced Salt pepper, seasonings to taste.
1 6-oz. can tomato paste 8-inch baked pie shell
1 6-oz. can Lindsay Pitted Ripe Olives, diced.
1 cup shredded Cheddar cheese.

Brown meat with green pepper and onion; add salt, pepper and favorite seasonings to taste. Stir in tomato paste, cook 10 minutes, stirring regularly. Turn meat mixture into baked pie shell. Cover entire pie with Lindsay Pitted Ripe Olives; sprinkle cheese over olives. Bake in 325° F. oven for 20 minutes. Makes 4-6 servings.



Lindsay makes good things taste better.

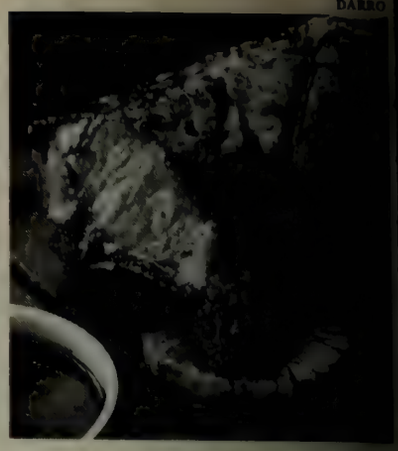
Lindsay hors d'oeuvre bread

2 cups whole wheat flour
2 cups white pastry flour
2 tbs. sugar 2 tbs. baking powder
1 tsp. salt 2 cups milk
1 egg, beaten 2 tbs. melted shortening
1 cup Lindsay Pitted Ripe Olives, coarsely cut

Sift dry ingredients into large bowl, add milk and mix well. Then stir in beaten egg and add melted shortening. Add Lindsay Ripe Olives and stir mixture thoroughly for about 2 minutes. Pour mixture into well-greased 2-quart loaf pan and bake in moderate oven, 375°F for one hour. Makes one loaf.

Go on to other good discoveries: the zest Lindsay Ripe Olives can add to a mixed vegetable salad . . . or the luscious flavor they can give to soup . . . and how the family, youngsters particularly, like to nibble these ripe olives by themselves. And you can enjoy their richness without worry! For a medium size Lindsay Ripe Olive is less than five calories! Just remember the good name Lindsay—the world's largest and most popular brand of California ripe olives.

DARRO



Homemade plum sauce *glazes an pork loin roast and pineapple*

A plum sauc for pork roas

The Chinese often serve sweet yet flavored plum sauce with pork This distinctive sauce is availabl mercially only in Oriental markets discovered that it's possible to similar sauce at home using plum

We suggest basting a pork loin roa this special sauce, then stirring ad sauce into the gravy. You might the same sauce as a condiment for barbecued duck or Oriental hot p ner, or as a baste for chicken. I well for several weeks in the refrig

HOMEMADE PLUM SAUCE

Combine ½ cup plum jam, 1½ spoons red wine vinegar, 2 table soy sauce, ½ teaspoon dry musta ⅛ teaspoon allspice. Bring to boil; minutes, stirring. Makes ½ cup.

PLUM-BASTED PORK LOIN

Place a 4-pound pork loin roast on in a shallow roasting pan; insert thermometer in center of the th part. Roast, uncovered, in a 325° about 1½ hours. Then brush roa 2 to 3 tablespoons plum sauce and cup water into roasting pan.

Continue roasting 1 more hour o meat thermometer registers 170° several times with sauce, using a ¼ cup. Place about 4 pineapple (canned or fresh), cut in half, in a pan. Brush with plum sauce and oven for 10 minutes.

To serve, lift roast from rack to platter. Combine remaining ¼ cup sauce, 2 teaspoons flour, and 1 cup stir into the pan drippings. Cook, until it boils and thickens. Pass this in a separate bowl.

Arrange pineapple half-circles a meat and garnish with parsley or cress, if you wish. Serves 4 to 6.

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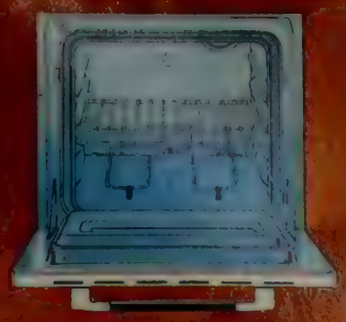

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As the Mock Turtle sang, it's "beautiful soup"

something that fills writers with . From the Mock Turtle's ecstatic out "Soup of the evening, beauti-," to Ishmael's impassioned meet- his chowder in *Moby Dick*, soup an occasion for rejoicing.

kes many forms. The elegant may jellied consomme with a spoon r glistening at the bottom. The will prefer a rich borscht topped island of sour cream. Halfway , and ideal for this cold season, ite New England clam chowder nted to us in a traditional version deric L. Beauregard.

the literary tradition, Mr. Beau- also allows a certain emotion to nto his description of the soup. other came from Worcester, Mass., imed that this is the only way the hould be made. The ultimate re- mes from the lavish use of butter. t very hot, but not boiling or you'll it."

CHOWDER BEAUREGARD

lices lean bacon, diced
arge onions, diced
up butter
otatoes, peeled and finely diced
ablespoons minced parsley
easpoon pepper
bottle (8 oz.) clam juice
ans (about 7 oz. *each*) chopped clams
quart half and half (light cream)

-quart sauce pot, brown the bacon, dd onion and cook in the bacon ngs until translucent. Add half the , the potatoes, parsley, and pepper. ottled clam juice; drain juice from and blend in. Simmer until potato . Add clams, stir until heated, then e half and half and the remaining butter and heat slowly until very hot; do not boil. Serve immediately. Makes about 3 quarts.

Frederic L. Beauregard

Orinda, Calif.

Simple recipes are always attractive. One of the very simplest is that old boy scout classic for which you just put a can of sweetened, condensed milk in a pan of hot water and boil it for an hour or so; and when you open it, you find a sort of brown pudding inside.

John P. McMahan offers a recipe almost as simple. It combines just two ingredients. You cheat a little to gain extra flavor by using a prepared flavored rice mix as the base.

CHORIZO RICE

1 package (6 or 7 oz.) prepared rice mix, beef or chicken flavor
¾ to 1 pound chorizo

Prepare the rice following package directions, and set aside. Remove the skin from the chorizo and crumble the sausage into a frying pan. Fry 5 minutes, turning and stirring, then pour off excess fat. Mix in cooked rice and cook over high heat until rice is reheated and slightly browned. Serve immediately. Makes 4 to 6 servings.

John P. McMahan

Davis, Calif.

Vegetable salads are humble but hearty. And if you use canned vegetables or leftovers, they're quick as well. The problem becomes how to make them look and taste like more than an afterthought. Donald R. Lavoy does the whole thing with his dressing and an interesting garnish of provolone slices. To wit:

GIOVANNI'S SALAD

1 can (2 oz.) flat anchovies, drained
3 large cloves of garlic
1¼-ounce wedge Roquefort cheese
3 tablespoons wine vinegar
½ cup olive oil
1 small can (about 8 oz.) sliced carrots, drained
1 small can (about 8 oz.) sliced beets, drained
1 can (about 15 oz.) asparagus spears
1 small head iceberg lettuce
4 full slices provolone cheese, halved

Place anchovies, garlic, Roquefort, vinegar, and oil in the container of a blender. Whirl until dressing is well blended and

Chefs of the West

The Art of Cooking...by men...for men

Fish Steaks with IMO

Broiled fish steaks gain a quick and snappy topping with a tartar sauce based on IMO.

For this pleasing cool sauce blend 1 cup IMO, ⅓ cup sweet pickle relish, and 3 tablespoons lemon juice; chill, or spoon at once over hot broiled or pan-sautéed salmon, swordfish, or halibut steaks.

Try mixing creamy rich IMO with other seasonings such as curry powder or dill and lemon juice for other zesty sauces for fish.

There's only one IMO

Available in pint and ½ pint sizes. Contains no milk or milk fat solids. And it's made by Rod's, originators of refrigerated dressings. Look for it in the Deli or Milk case.

Send for free recipe booklet:
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P.O. Box 15838, Los Angeles, California 90015

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IMO is Rod's trademark for its fine food dressing.

smooth. Drain carrots, beets, and asparagus. Leave vegetables in cans. Pour a tablespoon or two of dressing into beets, and divide the rest evenly between carrots and asparagus. Allow vegetables to marinate in the cans about two hours. Remove outer leaves from lettuce and line salad bowl. Shred the rest (you should have about 5 cups) into another bowl, then pour the dressing from the carrots and asparagus *only* over it and toss. Turn into salad bowl. Arrange carrots, beets, and asparagus attractively on the surface; garnish with cheese slices and serve immediately. Makes 4 to 6 servings.

Donald R. Levy

Seattle

"I am enclosing my latest effort, which for want of a better title you may label 'Shanks' Mayor' if you have the courage!" So begins *Chef* Robert Hill introducing his beef stew.

The title is catchy and we'll have to leave it vague—fit for a mayor, first prepared for a mayor, or just a phonetic version of Spanish *mejor* (meaning "the best").

However that may be, this is a good stew, but requires work. Mr. Hill wants you to trim out the lean meat, leaving behind all the gristle, before you start to you can't face the prospect, you the dish with the gristle in it eat around it.

SHANKS' MAYOR

About 3 pounds beef shanks
3 tablespoons bacon fat or salad oil
3 tablespoons flour
1 large onion, cut in wedges
1 teaspoon salt
1 clove garlic, minced or mashed
½ cup Sherry
¾ cup dry red wine
1 tablespoon Worcestershire
¼ pound sliced Thuringer or ½ pound mushroom caps, browned in butt *optional*
Cooked rice or mashed potatoes

Trim meat away from bone an Cut in bite size pieces. Heat t fat in a large frying pan wit Dredge the meat in flour and fat. Add onion and cook until cent. Add salt, garlic, Sherry, and Worcestershire and simmer heat until meat is tender, about 2 If you wish, add the Thuring thin strips or the browned mushr and cook another ten minutes. S hot cooked rice or mashed Makes 4 to 6 servings.

Robert Z.

Sa

"The title is catchy but vague—perhaps fit for a mayor or first prepared for one"

WILDCHICKEN

are one 6 oz. package of Uncle Ben's® LONG GRAIN & WILD Rice
rding to package directions, adding ½ cup golden raisins
½ cup chopped peeled apple to the cooking water.
ve with chicken pieces that have been sprinkled with salt,
r and paprika; then baked at 350° until tender (about 45 min.)
ting often with dry white wine.
r wine-flavored drippings over chicken and rice.

And suddenly
plain everyday chicken
is birds-of-a-feather with pheasant.
Four to five servings.

Uncle Ben's LONG GRAIN & WILD Rice
A one-of-a-kind blend of rices and spices.

UNCLE BEN'S

HOT BAKED "PO-TUNAS"

Make good things happen with Best Foods

(It's real mayonnaise)

Hot new main course idea! Baked potatoes stuffed with tuna, then topped with an easy cheese sauce. And Best Foods light, delicate taste is the perfect flavor foil to blend all these good things together. Only *real* mayonnaise—real whole-egg mayonnaise—has body like this to stay creamy and smooth even when heated. When you make it with Best Foods, you've really got it made.

TUNA-STUFFED BAKED POTATOES

Filling:

- 4 baking potatoes, baked
- 1 cup BEST FOODS® Real Mayonnaise
- 1/2 cup grated Cheddar cheese
- 1/4 cup chopped green pepper
- 1/4 cup chopped pimiento
- 1/4 cup chopped scallion
- 2 (7-ounce) cans (solid pack white) tuna, drained

Topping:

- 1/4 cup BEST FOODS Real Mayon
- 2 tablespoons grated Cheddar
- 1 egg white, stiffly beaten

Scoop baked potato from shell, toss with other filling ingredients back into shells. Heat 10 min 400° F. (hot). For Topping: Mayonnaise and cheese into egg Spoon over hot, stuffed potatoe an additional 10 minutes, until browned. Makes 4 servings.

THIS IS NO PLACE FOR "SECOND BEST"... BRING OUT THE BEST WITH BEST FOODS REAL MAYO

DARROW M. WATT

pinach roll with ham and mush-lling is served with hollandaise

t's a ham and spinach roll

lunch, or evening supper is the serve this ham-mushroom-spinach For a morning meal you might eet rolls and fruit; for lunch or sup-d salad, rolls, and dessert.

ll must be assembled and served as the spinach mixture is baked. You ve all ingredients ready for each of ee parts, then make the sauce and he mushroom filling while the spin-kes. Or make the filling ahead, then while baking the spinach.

ED SPINACH ROLL

ie sauce, combine 3 egg yolks, 1 poon lemon juice, 2 tablespoons ⅛ teaspoon salt, 1 teaspoon pre-mustard, and a dash cayenne pep-blender container. Melt ¾ cup With blender turned on, pour in tter in a slow, steady stream. Blend 30 seconds longer. Makes about 1 ollandaise sauce. (To keep warm, blender container in a pan of hot, ot boiling, water; stir occasionally.)

he filling, sauté 4 cups sliced fresh rooms (about ¾ pound) and ½ cup ed onion in 3 tablespoons butter or rine over high heat until liquid is d away. Season with ¼ teaspoon nd ⅛ teaspoon ground nutmeg. Re-about 8 of the best-looking cooked room slices for garnish. Blend 3 ta-oons of the sauce into remaining rooms. (If made ahead, reheat mush-s over low heat; stir in warm sauce.)

For the spinach roll, beat 6 egg yolks until thick and pale yellow; stir in 2 tablespoons melted butter, ½ teaspoon salt, ⅛ teaspoon ground nutmeg, and a dash pepper. Soak ⅓ cup fresh bread crumbs (1 slice bread) in ⅓ cup milk; stir to break up bread. Combine bread with 2 packages (10 oz. *each*) thawed frozen chopped spinach, well drained; 2 tablespoons grated Parmesan cheese; and 1 tablespoon grated onion. Beat 6 egg whites with ¼ teaspoon salt until stiff, but not dry. Stir spinach mixture into egg yolks; fold in egg whites.

Grease an 11 by 15-inch shallow baking pan and line bottom and sides smoothly with foil; grease foil well. Spread spinach mixture evenly in pan. Bake in a 375° oven about 15 minutes or until eggs are just set.

To assemble entrée, remove spinach mixture from oven and lay about 6 slices boiled ham over the spinach, making a single layer of meat. Spread hot mushroom filling over ham. Roll up, starting with the long side and removing the foil as you roll. Just before the final roll, lift entrée onto serving platter. Remove foil; garnish top with reserved mushroom slices. Serve at once with hollandaise sauce. Serves 4 to 6.

Arrange *ham slices over hot spinach mixture, then spread mushroom filling over all*

Roll *spinach with filling, removing foil as you roll; loosen the foil with a spatula*

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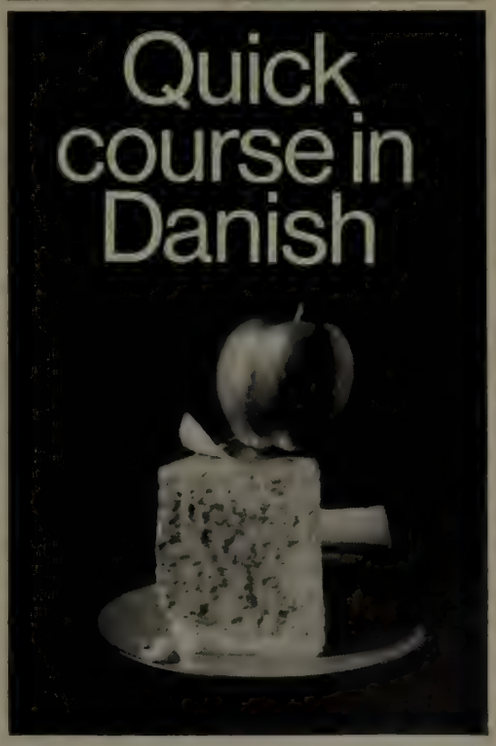
WECOLATOR
STAIRWAY ELEVATOR

Quick course in Danish



Take a lesson from the Danes: dip into delectable Blue cheese for simply scrumptious desserts, with fruit, crackers, wine, coffee. But don't stop there. Learn how to give burgers, salads, snacks a Danish accent—with Blue cheese so piquant it's almost too good to be true. Dessert your friends and family the Danish way. (It's food for thought, isn't it?) Try the other Danish cheeses, too.

Imported
DANISH BLUE CHEESE
Cheeses from the Fairyland Dairyland of Denmark

The Counter That Cooks.

Corning takes cooking out of the rut it's been in for over 100 years.

No coils, no burners, no grease traps. In fact, no crevices or ruts at all. Instead you cook on The Counter That Cooks.

A smooth, easy-to-clean PYROCERAM™ surface that brings you Counterspace Cooking. (Because it's sealed, grease and spillovers have no place to hide.)

Turned off, the entire Counter That Cooks is usable counterspace. When it's turned on, it's a cook-top.

Hidden just beneath the surface are four electric heating elements. Each cooking area is indicated by a handsome sunburst design.

When the heat is on, the sunburst glows yellow. (See it under the saucepan?) The others not in use stay cool and safe.

But the real proof is in the cooking. The Counter That Cooks comes with a complete set of PYROCERAM Cookmates which are flat and polished to provide perfect contact with the cooking surface. This means that on any of the four thermostatically controlled cooking areas, the heat is distributed so evenly you may never use a double boiler again.

Like any counter, a wipe with a damp cloth makes fast work of most spills and cooking spatters. (That's something to think about next time you try to clean your old-fashioned stove-top.)

And that's how The Counter That Cooks takes cooking out of its rut.

Corning promises that for one year from the date of purchase any deficiency which occurs will be corrected free of charge, including parts and labor. Free parts will be provided for an additional two years.

For additional information, contact Dept. 100, Corning Glass Works, Corning, New York 14830

The Counter That Cooks is featured in these new homes: The Leggett Company, Foster City, California ■ Pacific Island Village, South Laguna, California ■ Pheasant Ridge Development, Saratoga, California ■ Whalers Village and the Malibu Bay Club, Malibu-Ventura, California

Countersp

e Cooking

by CORNING

Chicken pie, one of several

Price isn't the best part (eating is).

It may be a great buy, but at Banquet we think a frozen meat pie is also an art. It has to be as good as you'd make yourself if you started from scratch. A good pie is more important than a good buy.

Ours aren't just for kids and babysitters. Flaky, golden pie crusts. Generous fillings of tender chicken, turkey, beef or tuna. Creamy sauces with good garden-fresh vegetables.

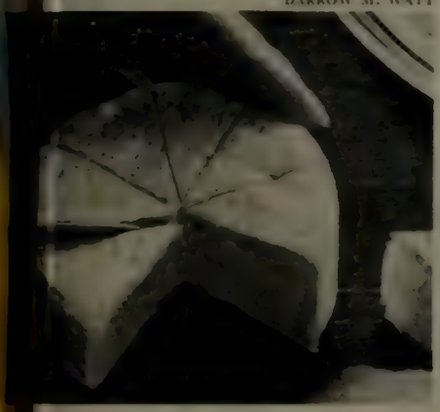
No wonder kids like them. Everyone does. Why not put in a supply of Banquet meat pies and let the grown-ups in on them too?

Thank goodness for Banquet.

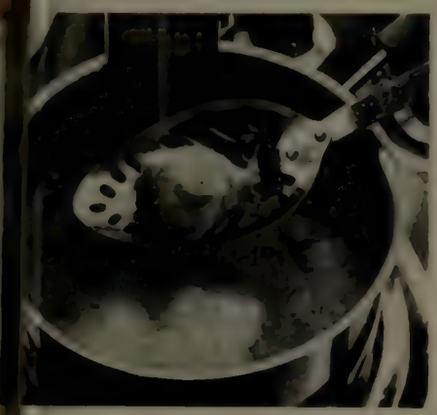
ied Camembert toast with jelly

ork warm fried Camembert cheese l on crackers or toast along with tter and black currant jelly. this way, Camembert has a sur- ew taste. Try it for a light dessert. 4, you'll need 1 can (about 5 oz.) Camembert—it must be fresh and ou can cut and coat the cheese linner; then refrigerate it.

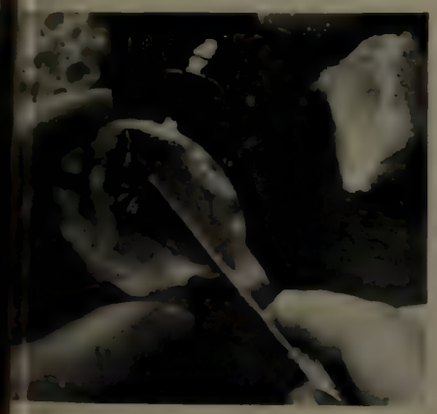
DARROW M. WATT



d Camembert into 8 wedges. Dip slightly beaten egg white, then ne bread crumbs to coat lightly



heese until golden in 1½ inches oil heated to 370°, about 1 to 1½ es; drain briefly on paper towels



cheese warm with savory, unsalted rs or plain melba toast; offer a jelly, such as black or red currant

One of these Rembrandt originals is at a Museum of Art.

The artist's son, Titus

Mediterranean design with classic styling. Antiqued gold leaf finish with moss green highlights. Bisque silk shantung shade. 36″ high. (#3706) About $85.00 at fine furniture and department stores.

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Pleasanton Meadows

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AREA CODE 415/846-3264

DARROW M. WATT

m cabbage in half, then slice it into very thin shreds with a sharp chef's knife

ing cabbage salad . . . here are three

of these three cabbage salads is a oice to round out and enhance a neal. They demonstrate the vari- vor that is possible in simple cole ngy, sweet, or spicy.

make these cabbage salads sev- rs before the meal; chill and mix fore serving. If you have any left- w, it can be served the next day. vary as to the best proportion of to cabbage: we suggest you add alf the dressing to these salads, d add more as desired.

nd that slicing with a chef's knife s the thinnest shreds of cabbage. ng attachments to some kitchen ces may do the job more quickly; the manufacturer's directions.

salad adds a tangy note especially riate with smoked meat or fish.

ICKLE CABBAGE SALAD

o 8 cups finely shredded red or green cabbage
ablespoons cider vinegar
ablespoons salad oil
easpoon Dijon-style mustard
easpoon salt
easpoon pepper
easpoon celery seed
ablespoons sugar
ablespoons chopped green onion
up finely chopped dill pickle

abbage in a bowl. Stir together the r, oil, mustard, salt, pepper, celery sugar, onion, and pickle until d. Pour as much dressing as you er cabbage and mix to coat well. immediately or cover and refriger- akes 4 to 6 servings.

A slightly sweet citrus and honey cabbage complements chicken or ham dishes.

SWEET-SOUR SLAW

6 to 8 cups finely shredded red or green cabbage
⅓ cup mayonnaise
2 tablespoons lemon juice
2 tablespoons honey
2 tablespoons pineapple juice or crushed pineapple
½ teaspoon salt
⅛ teaspoon pepper
2 tablespoons finely chopped onion

Place cabbage in a bowl. Stir together the mayonnaise, lemon juice, honey, pineapple juice, salt, pepper, and onion until smoothly blended. Pour dressing, to your taste, over cabbage and mix to coat thoroughly. Serve immediately or cover and refrigerate. Makes 4 to 6 servings.

To add zest to a plain meal, or heartiness to a light one, try this robust curry slaw.

BACON-CURRY SLAW

6 to 8 cups finely shredded red or green cabbage
⅓ cup mayonnaise
2 tablespoons cider vinegar
1 teaspoon salt
¼ teaspoon pepper
¼ teaspoon curry powder
1 tablespoon sugar
4 slices bacon, cooked crisp

Place cabbage in a bowl. Stir together the mayonnaise, vinegar, salt, pepper, curry powder, and sugar until smoothly blended. Pour as much dressing as you like over cabbage and mix to coat thoroughly. Crumble bacon over slaw and mix lightly. Serve immediately or cover and refrigerate. Makes 4 to 6 servings.

You're looking at 13 appliances.

This is the KitchenAid Food Preparer Model K45. It's a rugged appliance with a powerful motor (the only mixer with enough power to knead yeast dough) and specially designed optional attachments. The dough hook is included.

The optional attachments aren't gimmicks. They do the job they're supposed to do. And do it well. So instead of just a mixer, you can have a meat grinder, a vegetable slicer, a knife sharpener, an egg beater, a sausage stuffer, a potato masher, an apple strainer, an icing whipper, an ice crusher, an orange juicer, a silver polisher and a can opener. Unless you would rather buy 13 different appliances. And find counter space for them. *At these fine stores.*

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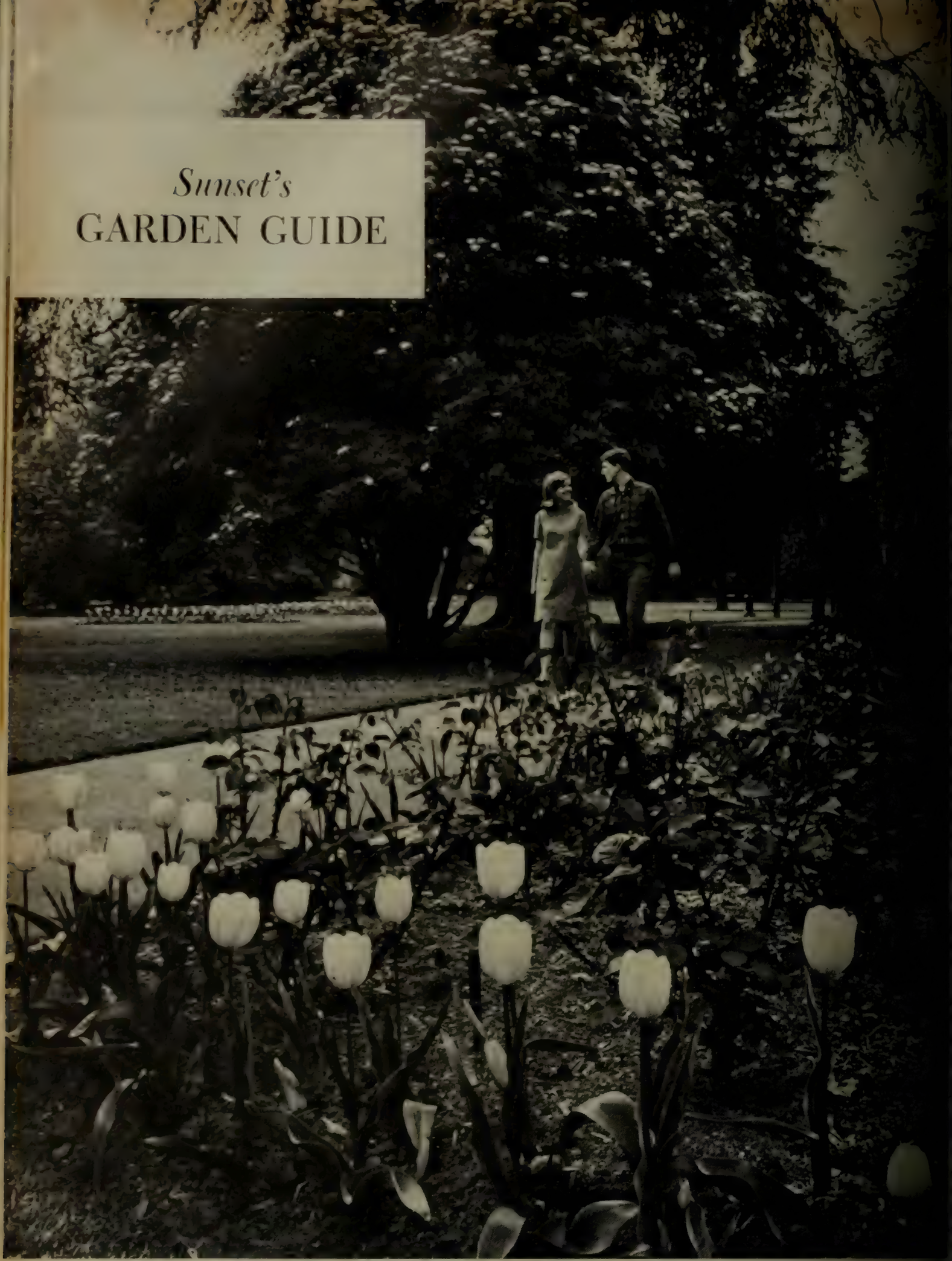


Sunset's GARDEN GUIDE

In Sacramento suddenly it's spring

DARRO

Sacramento's Capitol Mall last March 19: a few warm d all of a sudden it's spring. Yellow tulips in foreground a ground. The tree-shrub with flowers is Japanese ph glabra). *For more on Capitol Park, see the story on*

MARCH IN YOUR GARDEN:

If you are weather-lucky, this is the big month

weather permits you a few clear ds and soil that's dry enough to ou can get practically all your gardening done this month. April ay will then be months to relax oy the garden (except for a certain of necessary maintenance).

is wet and days gray and chilly, y have to mark time between the winter tasks and the beginning of ring push. If you find yourself ound but eager to get started, why starting some seeds indoors?

in all you need are seeds, soil mix ged kinds are available, light in porous, and sterile enough for urposes), containers (pots, boxes, cups, milk carton bottoms), trays nd eat some frozen pies; save the um pans), light, and water.

ill be able to grow from seed some es that you can't get as started Besides, you'll have a sense of plishment.

ping for cymbidiums

idium orchid growers try to bring tock into peak form for Easter and r's Day. So many cymbidiums are t this time that most people think m as spring flowers exclusively.

lly many bloom earlier, and all last bloom. Generally speaking, though, g standard cymbidiums (see story ge 226) are spring-blooming plants.

lass of cymbidiums tends to bloom the miniatures. These reach peak a month or more ahead of the big If you want to extend the bloom l of your collection, shop now for a iniatures. Flowers are large enough very showy, yet blooming plants are enough to bring indoors for glorify- coffee table.

nts by telephone

ow possible to give a living plant to nd in a distant city without taking re yourself or mailing it. Seventy- member nurseries in the California iation of Nurserymen are cooperat- a "plants by phone" system.

orks this way: You go to the par- ting nurseryman in your town and him your order and pay for it. He hones it to a participating nursery- in the town where your gift plant is e delivered. The nursery there fur- s a gift wrapping and a card, delivers the plant, and sends a confirming card to your nurseryman.

If guests admire your camellias, you can surprise them by having a nursery send a camellia of the same variety to their home. You can send a tree as a gift for a new house, or a handsome philodendron to newlyweds in their first apartment.

Recipients must live within delivery range of a participating nursery (all of them are in California). Minimum sale is $10, to which is added cost of the telephone call and delivery charge (if any).

Don't overlook nasturtiums

Nasturtiums are not sophisticated flowers, but they have sturdy, peasant virtues that you will readily appreciate when the going gets rough.

For instance, if you have nasturtiums you don't have to wonder what on earth you can use as a centerpiece for the table; the nasturtiums always have flowers to spare. Nasturtiums can substitute for watercress in salads and garnishes; nasturtium flowers, young leaves, and unripe seedpods have very nearly the same peppery flavor.

And, when you are planting more delicate seeds, you can hand young children a packet of big nasturtium seeds to plant without fear of losing seeds or frustrating the children.

Use climbing or trailing kinds as bank or ground cover, or train them on strings along a fence. Use dwarf varieties to make masses of color in sun or light shade.

New ultra-hardy rhododendron

The new rhododendron variety 'P.J.M.' makes a shapely, compact plant that isn't likely to exceed 3 feet at 10 years of age. Close placement of small, highly polished leaves makes 'P.J.M.' a dense mound of dark green. In winter the mound turns bronzy purple (about the color of Oregon grape foliage).

Flowers are small and grow in small clusters. But the number of clusters is prodigious; at bloom time the plant is a mass of light purple or lavender-pink. Bloom season in mild-winter areas begins in early March, possibly late February.

In cold-winter areas bloom comes in early April. And 'P.J.M.' can take cold winters —to 20° below zero. Rhododendron experimenters in and beyond the mountains should try this cross between a species from Siberia and Korea and another from the Smoky Mountains.

ELLIS MARLOW

Light purple *to lavender-pink flowers of rhododendron 'P.J.M.' nearly hide foliage*

Remember, though, that 'P.J.M.' has the same needs as other rhododendrons—acid soil with plenty of organic matter, protection against strong sun and wind, and ample water.

Where *not* to plant azaleas and rhododendrons

When azaleas or rhododendrons come into bloom, many people succumb to their brilliance and buy plants. But where to plant them? Most require at least partial shade and all need soil that is acid and moist.

It's a normal impulse to plant them at the shady base of a prized century-old native oak where the oak leaves have fallen. Unfortunately, the amount of water needed to keep the azaleas happy is too often more than the oak can tolerate. The oak can die of crown rot within a few years—many have. And if the oak dies the shade plants must endure the sun or die.

If you wish to use the oak tree as shade for plants, plant under its outer branches, or where it casts afternoon shade.

The same caution applies to planting under established orchard trees—walnut and cherry, for instance—that have had gardens built around them. Such trees are used to deep, infrequent soakings; the trunks have never been constantly wet at the soil line.

Another place *not* to plant azaleas or rhododendrons is a cold, dank, wet, mossy

Sunset's GARDEN GUIDE

strip on the north side of the house. There's nothing wrong with the north side—it's a natural place to plant shade-loving shrubs. But if it's cold, dank, wet, and mossy, chances are that air circulation is bad, soil is clayey (perhaps from excavated subsoil), and fertility low.

If you find such conditions on the north side and still want to plant there, consider building a raised bed and filling it with a mixture of soil and peat moss, ground bark, or other organic material. If you aren't able to do this, dig and haul away some of the heavy soil, lighten the rest, and restore it to original grade with liberal amounts of organic material.

Divide Transvaal daisies now

The period from February to April is the best time to divide and transplant Transvaal daisies or gerberas. If your plants have grown undisturbed for several years, they are probably ready for division.

Lift clumps and pick apart into divisions with two or three buds on each. Discard old, woody centers. Reset divisions 2 feet apart, with crowns (points where tops and roots join) at least ¼ inch above the soil surface. Water deeply, but don't let soil wash in to cover crown. Then let soil become nearly dry before you water again.

Tough ground cover

To people over 20, *tough* means rugged, able to take care of oneself; to those under 20 it may also mean first-class, great, sensational, or merely pretty good. Considered in either sense, Aaron's beard (*Hypericum calycinum*) is tough. It's rugged enough to make the grade as a highway planting, or as a cover under trees with greedy surface roots. It is not fussy about soil and can take considerable drought, but not all summer long.

It's pretty, too, but only in its place. The aggressive underground spread of its stems is not to be halted by ordinary edging boards. You've got to keep Aaron's beard really confined, or else grow it in a place where its spreading habit will be considered a virtue.

Here are some places we've seen it used to advantage: in afterthought beds broken into vast, arid paved areas; between sidewalk and curb; on mounds used to separate parking lot from garden; and in raised beds with trees or vigorous shrubs.

Plants grow about a foot tall and are evergreen except in the coldest winters in the colder climate zones. Yellow 3-inch-wide flowers deck the plants in summer. Set young plants a foot apart for reasonably quick cover. For neatness, mow off tops once every two or three years during dormant season.

Plants are available at any time; if you set them out now, they will establish themselves during the rainy season with practically no effort on your part (except, of course, weed control).

Bright yellow *3-inch summer flow*
Aaron's beard; note big brush of s

One of the great edging p

Evergreen candytuft (*Iberis sem*
rens) has many merits; its faults
few and so trifling that they
deserve mention. To take the virtu
it has a compact growth habit,
spread aggressively or grow out of b
is hardy and reasonably healthy
where, has no particular pests or d
blooms over a long period in sprin
winter, and spring in mildest cli
and has an abundance of white
that blend well with other flowe
have stems long enough to cut.

It is also (at least in its seedling
easy to find and inexpensive eno
use in masses or long borders;
edging plant or low, informal

CHECK LIST: *Here are the important March jobs*

☐ **Feed.** It's time to feed nearly all established trees, shrubs, vines, and herbaceous plants. Feed camellias and azaleas after bloom. Don't feed rhododendrons until buds show color or until bloom has finished; too-early feeding may cause new growth shoots to grow out beyond flower buds, spoiling the display.

☐ **Food garden.** Plant balled and burlapped citrus and avocado trees. Sow seed of carrots and lettuce. Start eggplant, peppers, and tomatoes from seed sown indoors. Look under deciduous fruit trees for old, shriveled fruit and remove and destroy these "mummies"; they carry brown rot spores than can infect next summer's fruit.

☐ **Lawns.** Feed heavily this month in all except cold, intermountain gardens; mild temperatures encourage fast growth, and plants need food. Don't let blades grow too long, or cutting will reveal bleached, yellow grass underneath the green surface. See that your mower blades are sharp; dull blades tear grass tips and cause them to turn brown. If late rains fail, soak lawn deeply and infrequently.

In warmer parts of California you can patch lawns now. Rake bare patches vigorously, apply fertilizer, sow seed and keep area damp if rains should fail.

☐ **Plant for flowers.** Most kinds of annuals are available now, and most will do well planted at this season. Your decision on what kinds to plant will depend on where you live and on your preferences. Where summers are cool, you can plant "winter" annuals—pansies, poppies, violas—with expectation of a long bloom season. If your summers a
you'll get longer bloom from such
mer" annuals as petunias.

Plant summer-flowering bulbs an
like plants. Many perennials are a
this month in flats, bands, pots, c

☐ **Plant for landscape effect.**
shrubs, either native or exo
ground cover, hedge, or screening.
still find bare-root trees or shrubs
nurseries, buy and plant at once
extra pains to keep roots dark an
until you can get plants in the
Handle balled and burlapped plan
great care; the burlap is likely to
teriorating by this late date. Alwa
port the ball from underneath.

☐ **Propagate.** To increase your
of chrysanthemums, take
stem divisions from the outside

g; or as cover over sturdy, perma-
ulbs such as daffodils. The nar-
ark green leaves clothe the plant
and look good all year.

ts? Remains of faded flower clus-
ng on after flowers have passed,
nts sometimes sprawl wider than
sh them to. Cure either condition
ring plants lightly after bloom.

sy to find than seedlings are the
all varieties 'Little Cushion' and
Gem.' These won't exceed 6 inches
ht and a foot in spread; they are
nnd useful in small gardens and
gardens. Larger than the seed-
flower are the varieties 'Purity'
nowflake.' These can reach a foot
ht and spread to 2 to 3 feet. Their
is an especially dark green.

do well in average garden soil and
n. They will tolerate light shade
ll bloom, but they won't thrive in
ntly wet soil. Seedlings can be
by the dozen or the flat. Named
usually come in pots or containers.

er arrangers' delight

plants have one use and only one
uch a plant is *Salix sachalinensis*
': it hasn't a widely accepted com-
name, but has been called fishtail
. It has no great beauty in leaf or
and the catkins, though pretty, are
e equals of the better known pussy
s.

plant is grown solely for its oddly
d, flattened, and contorted branch-
ower arrangers find these handsome
panese and modern arrangements.
istortion is the result of fasciation
age 242 of the May 1968 *Sunset*).
ot a disease; probably it's most accurately described as a condition.

Plant this willow in an out-of-the-way spot and give it water and an occasional feeding. Cut branches whenever you wish; most people cut in late winter or earliest spring when catkins open. Branches last indefinitely.

Fishtail willow: *normal twig is at left, fasciated twig at right*

Marigold's country cousin

The signet marigold (*Tagetes tenuifolia*, usually sold as *T. signata*) is a country cousin only in the sense that it's far nearer its wild ancestors in plant habit and flower than the highly bred garden marigolds are to theirs. There are far fewer varieties of signet marigold, and the flower heads are smaller and less varied in color and form than those of the better known French or African marigolds.

Nevertheless, like other country cousins, signet marigolds have sturdiness and simple prettiness to recommend them.

Although there have been a number of varieties around over the years, the only one sold now is 'Golden Ring,' a dwarf, mounded plant to 10 inches tall. Healthy plants can have hundreds of flower heads showing at a time. Flower heads are bright golden orange and small with fairly few ray flowers (most people would call them single flowers). Leaves are very finely cut.

If you want to use this plant for edgings, massing, or in a sunny rock or wall garden, sow seeds indoors now and transplant outside when weather warms up. Or buy seed now and sow outside when soil is warm.

A cloud of pink and white

In most California gardens the Japanese crabapple (*Malus floribunda*) blooms in late March. In colder climates it blooms in April. Wherever it grows, it is one of the earlier crabapples to bloom, and no crabapple exceeds it in sheer quantity of bloom. Its growth habit is broad and bushy. In its youth it carries branches and flowers right down to the ground—a habit that makes it an excellent companion to such early-flowering bulbs as grape hyacinths.

Flower buds are deep pink to red, and opening flowers change to palest pink and white. Each branchlet becomes a wand of flowers and, because plant habit is dense, the plant as a whole becomes a cloud of pink and white.

Fruits that follow in late summer and early fall are small in size, yellow and red in color. Birds like them.

Bare-root plants may still be obtainable at nurseries. Established plants in cans will be in bloom or bud.

(better than large divisions); or
new plants from cuttings (better
han small divisions). As a rooting me-
use coarse sand or a sand-peat mix.

Pruning, general maintenance. First
order of business for the month:
pruning deciduous trees, shrubs,
oses. Then prune fuchsias as soon
nger of frost is over. Don't hurry to
frost-damaged tender shrubs and
wait to see where new growth buds
. And don't hurry to discard ap-
tly frozen plants; it's not unheard
a bougainvillea to sprout from the
crown as late as July.

e tall, lanky, open camellias after
ring. Cut back branches to a swelling
marks the end of the previous sum-
s growth. A pruning cut here will
growth from two or three buds. If
cut nearer the branch tip, only the
most remaining bud will lengthen.

oon as buds begin to expand, look over cotoneaster, loquat, pear, pyracantha, and toyon plants for dead branches. These may indicate fireblight. Prune out dead branches to lessen chance of infecting new growth (infection takes place through blossoms). It's essential to sterilize pruning tools between cuts to avoid carrying the disease-causing bacteria on tool blades from plant to plant (or branch to branch). Use a household disinfectant to sterilize the blades.

Keep bulb foliage green and healthy as long as possible; don't ever cut it off (along with spent flowers) as soon as bloom period ends.

☐ **Spray.** Watch new growth on camellia and citrus. Black aphids, if not checked at once, will deform new leaves and shoots. Spray new growth on roses to keep aphids and mildew in check.

If you failed to give deciduous fruit trees a dormant spray, or if late, heavy rains have washed away your earlier spray efforts, cover growth with dormant spray before buds open. This spray is a must for peaches and nectarines.

☐ **Water.** Renew watering basins and replenish mulch. If late rains fail, give vigorously growing plants an infrequent deep soaking.

☐ **Weed control.** Hand-pull weeds from beds containing shallow-rooted plants such as azaleas, camellias, and rhododendrons. Spray young roadside weeds with oil to get a quick kill, but be careful with the oil around paving and structures; it stains. To kill weeds in gravel without staining, use amino triazole, cacodylic acid, or other similar herbicide.

On grass lawns use a broad-leafed weed killer of the phenoxy type (2,4-D and its relatives) to kill dandelions and other broad-leafed weeds. In dichondra lawns, control annual bluegrass and other weeds with diphenamid.

Can you grow the earliest tomatoes in your neighborhood? Why not . . .

Just the challenge of growing the ea tomatoes on your block may be ince enough for following the steps below But this method also has a practical If all goes well, you can bring in a s vine-ripened crop weeks before local kets offer tomatoes anywhere ne tasty. And even if you're not inte in speeding up production, pruni staking as shown here yields b (though fewer) tomatoes, confine

WILLIAM

1 *Spade sunny bed a foot deep. Mix in ground bark or other organic matter. If ground is cold and wet, mound the mixture; let it dry out and warm up for about a week*

2 *Buy biggest plants sold (these in 4-inch pots are 16 tall). Plant them deep—here 6 inches of stem b Build basin, then water. Start feeding in two*

3 *Slip slitted polyethylene over plant; anchor it, poke 6-foot stake through slit. Film keeps soil 3° or 4° warmer, speeds root growth. Lift to water; remove in eight weeks*

4 *Cut off side shoots in crotch between main ste leaves. This makes plant grow upward, redirects to fruiting. Blossoms on main stem will develop to*

to a small space, and reduces s of fruit discoloring, rotting, or spoiled by pests as often happens the ground.

is about a month earlier than the planting time, but nurseries in most of California and Arizona stock to-plants now, and you can put them time. If plants aren't available, fig-it it's probably a little too early in rea.

e a tomato variety that produces an crop. Standard varieties such as nd 'Pearson' ripen fairly soon, but Pak' and other special early types at them by a couple of weeks.

ts threaten, protect plants with hot or similar devices. Just persistent eather is more likely to be a prob-han frost. Tomatoes don't grow until it warms up, so if you plant ly spring, supply them with as much th as possible—as suggested in steps nd 3.

to blossoms don't set fruit consist-until night temperatures stay above ut you can speed up the process by d weeks by spraying blossoms with etting hormone (available in pow-r aerosol form).

off side shoots and tie the plant up take about once a week. When the gets about 2 or 3 feet tall, you can some of the side shoots—extra foli-rotects fruit from sunburn.

MAN'S RACE
NST THE SUPERMARKET

spring a gardener in Southern Cali-a's San Fernando Valley set out to f he could grow sweet, ripe tomatoes e the markets started selling them. s he could, he didn't see much point owing his own. Here is his account.

ch 1. Planted two 'Ace' and one 'Pear-49 cents each in 4-inch pots. Covered zone with piece of 4-mil polyethy-Tomatoes at supermarket now sell 35 cents a pound; size is between a and lemon, color and texture are not e a Pippin apple. (Prices seem to be etty accurate inverse key to tomato ity. High prices usually indicate the atoes were brought in from faraway s like Mexico, Texas, and Florida, were picked green for safer shipping. prices mean that the local crop is in, ed nearer to fully ripe for the short l.)

ch 17. Cut a couple of side shoots off plant. Tied plants higher up stakes.

ch 31. Cut off more side shoots—d time, so far. Plants have about six ers each. Sprayed blossoms with fruit-ing hormone because nights in high s and low 50's are too cool for natural lination. Supermarket tomatoes still 35 ts a pound.

il 21. No tomatoes yet. Night temperatures still below 55°. Tried hormone spray again.

May 13. Hormone spray must have worked—a dozen tomatoes now, several bigger than a golf ball. Supermarket tomatoes are 39 cents a pound.

May 20. Most nights stay above 55° now. It's good pollinating weather, and plants obliged with two dozen new little tomatoes since last week.

June 14. My tomatoes are turning orange.

June 19. Looks like I won the great tomato race. Picked and ate the first two fully ripe tomatoes—sweet, juicy, near the size of a baseball, not at all like the greenish imports from Texas that the supermarket is selling for 39 cents a pound.

July 25. Supermarket price finally came down to 19 cents a pound. Quality is getting better, but still smallish and orangey. So far we've harvested about four dozen fresh, sweet, juicy, red tomatoes.

WILLIAM APLIN

Harvest time *for Mrs. George Seko of Canoga Park. Like the home gardener mentioned at left, she pruned and staked her plants to produce early, big, pest-free fruit*

White-flowered *Western trillium makes an unusual planting in this shady entryway*

DON NORMARK

Color *of giant trillium may vary greatly but flowers keep to this stalkless form*

The three-pointed stars on the forest floor . . . trilliums

Few native wildflowers are more striking than trilliums. If you come upon them blooming on the forest floor this spring you aren't likely to forget the sight.

Like many others who see trilliums in the forest, you may consider transplanting some to your own garden. Some people do attempt it, especially in the areas where plants are becoming scarce, but not all succeed, because stems are brittle and break easily. There are mail-order firms that supply trilliums, so you don't absolutely have to collect them in the wild.

Despite the difficulty of transplanting, trilliums attract many Western gardeners who prize them as spring-blooming shade plants that also do well in more sunny spots. The white or delicately shaded flowers provide a bright and long-lasting contrast to the greens of spring and to the predominant yellows, purples, and pinks of other early-flowering plants. Especially effective in a wild garden near ferns, azaleas, or rhododendrons, trilliums are drought-resistant, pest-free, and quite out of the ordinary—all of which recommend them for garden use.

The two kinds of trillium you're most likely to see in the wild are Western or coast trillium *(T. ovatum)* and wild or giant trillium *(T. chloropetalum)*.

Western trillium blooms on 12 to 18-inch stalks with 1 to 1½-inch-long white petals that age to deep rose or purple. It blooms in the moist shade of the redwoods, in the northern Sierra, and on up the Pacific coast into Washington.

Giant trillium *(T. chloropetalum)* grows to 2 feet tall with stalkless, upright 1½ to 3-inch-long flowers and large mottled leaves. Color ranges from nearly black-red to maroon, rose, pink, mocha, or cream. Others have greenish yellow or greenish white flowers with markedly narrower petals.

Giant trillium was once considered a variety of an eastern species, *T. sessile*, which it closely resembles. So you may find it under the names *T. s. californicum*, *T. s. giganteum*, and others. This is a California native.

If transplanted properly and given well drained, moderately acid soil in a shaded or partially shaded area (they can take more sun in the Northwest), trilliums will thrive and multiply. Although clumps aren't frequent in the wild, they are more common in the garden where plants get better care.

It's best to transplant during the blooming period. Rain-softened soil eases both removal and replanting, and after the plant has bloomed it dies down and is impossible to find.

Depth of the rhizome (underground stem) varies, but averages 12 to 18 inches. Dig gently around the stem down to the rhizome, being careful not to break the stem. Lift stem and rhizome from underneath, leaving some dirt around the rhizome and roots. If you find a clump, take all of it. Don't be surprised if you have to dig at an angle; plants often grow this way. Take special care not to slice through underground growth.

If you break the stem, don't bother digging any further. If the plant survives, it will not bloom for four or five years.

The best way to transport trilliums is in a flat. After digging, place each plant gently in the flat lengthwise so the stem is supported. Cover the flat with plastic film to retain moisture.

Plant at the same depth as in nature. Water right away to assure settling. Water occasionally the first summer. A completely successful transplant will wilt and should sprout the following spring as if it had never been moved.

If you don't want to collect plants in the wild, or fear you may destroy them in the process, you can buy trillium rhizomes through the mail. (Few nurseries sell trilliums.) For a list of mail-order sources, send a stamped, addressed return envelope to Garden Department, *Sunset Magazine*, Menlo Park, Calif. 94025.

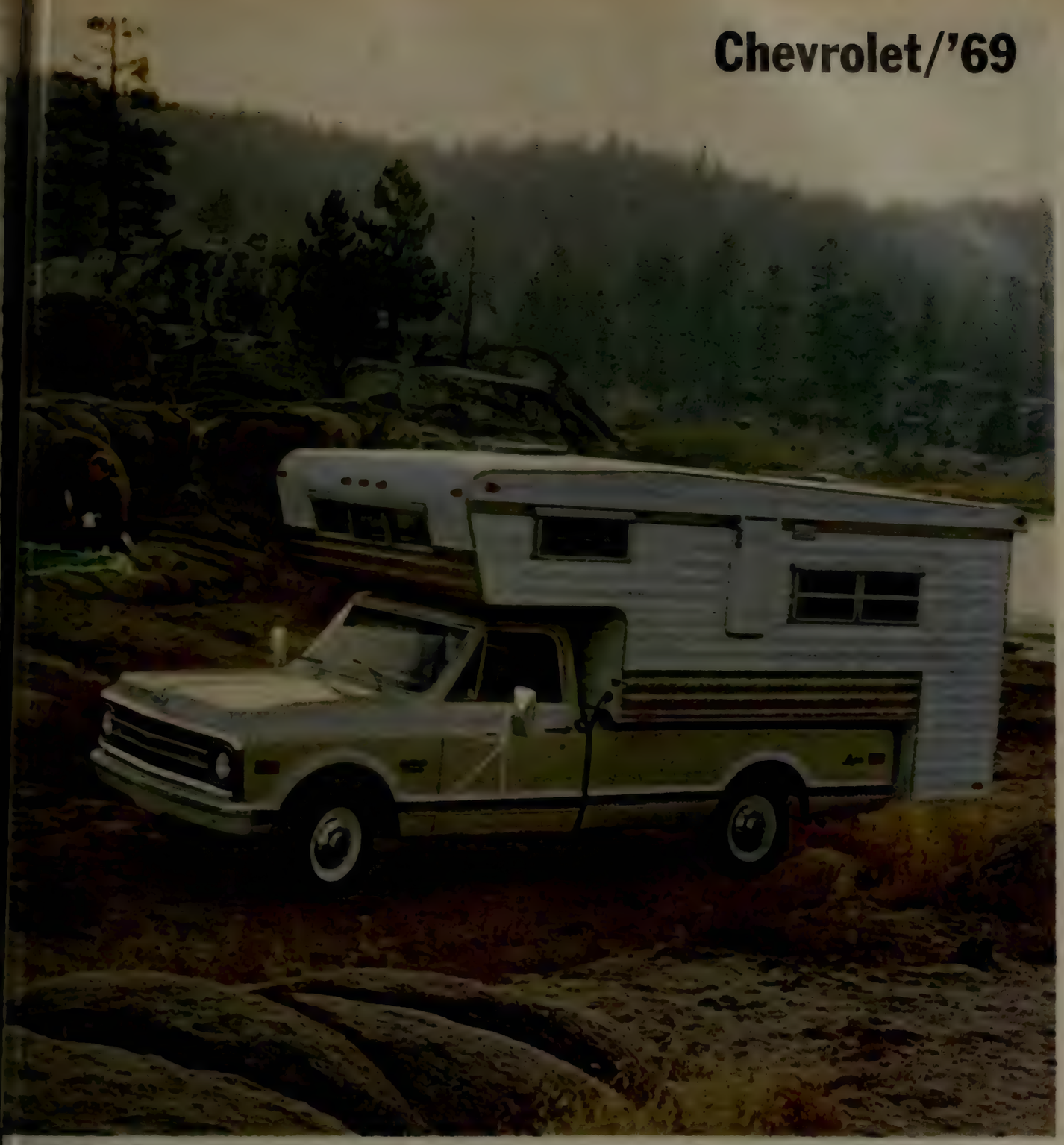
Plant rhizomes 4 to 6 inches deep—ones deeper than small ones. Mail-order firms often stock eastern and western varieties not mentioned here. Unless you receive other instructions, plant them in the same manner, now or in the fall.

It's best to plant trilliums and leave them alone. Some people dig up the rhizomes after flowering and separate them, then replant before the roots dry out. This seems to stimulate formation of bulbils which can be planted separately in the future. But it's easy to break the stem in this process. A safer way to increase clump formation is to use an acid fertilizer right after flowering. Trilliums grow slowly; some 25-year-old clumps with about a hundred flowers do not suffer from crowding, and indeed apparently have not yet reached full production.

One word of warning: Don't pick trillium flowers. The plant may die.

WILLIAM

An Eastern variety, *white trillium* (T. grandiflorum) *can be grown here in the*



u pick the camper, we've got the pickup that can take it.

. Even extra-large ers. Up to 12 feet in n on Longhorn models. ½-ft. box and long 133- heelbase is the secret. r balance and handling e result.

evy pickups take you r, too. Bumps are un- ced by ultra-smooth pendent Front Suspen- And thick foam seats cushion leftover vibrations.

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Exciting solids. A splash of patterns.
colors. One to suit every occasion and
mood. Even if you change like the weat

Outside pockets. Inside pockets. Zip
Latches. Stylish loop handles. Beautiful.
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For mini-size, they're maxi-pleasure.

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Fashionaire "Exotic" Petite-Tote in Aspen Green Tapestry $30.00. "Exotic" Handi-Tote® in Venice Gold $33.00. Samsonite Corporation, Denver, Colora

ELLS MARUGG

breathtaking flowers *are tree peony blossoms; they measure 8 to 10 inches across, and are white with rosy purple feathering*

Breathtakers . . . larger than a man's hand . . . tree peonies

The tree peony (actually a shrub peony) is not a plant for the impatient. For those who are willing to wait, it brings rich rewards in beauty and long garden life.

The one you see in the picture above is nearly 50 years old. It came from Japan to the Hayward, California, nursery of Toichi Domoto around 1920, grew there for many years, and then spent many more on an estate in San Mateo.

In the mid-Forties it was brought to its present home in the garden of Mr. and Mrs. E. F. Marbourg in San Carlos,

EXCITING!!

GARDEN FAVORITES

Springtime RAPHIOLEPIS INDICA (TRADE MARKED)

Enchantress RAPHIOLEPIS INDICA (TRADE MARKED)

A CLUSTER OF MAGNIFICENT BLOOMS

(ZONE 7)

These oriental beauties are extremely versatile, easy to grow, flourish in full sun or shade, thrive in any soil. They provide an abundance of dazzling rose pink loveliness unmatched by any other shrub. 'Springtime' produces a graceful, upright habit — 'Enchantress' retains a dwarf mounded form. So adaptable their uses are unlimited as color accents, hedges, or wherever a low show-piece is desired.

'ENCHANTRESS' RAPHIOLEPIS — displays splendid dwarf habit

NOT GENUINE WITHOUT THESE TAGS

Available at Leading Nurseries

MONROVIA NURSERY CO.

California. Now, 25 years later, it feet tall and equally wide. In M 1968 it had 27 flowers measurin 8 to 10 inches across. Flowers are with a central feathering of rose and a brush of golden stamens.

Mr. Marbourg reports that his would undoubtedly be larger if it been chewed nearly to the ground by a dog whose sense of play couldn't resist the great swayin banners of peony flowers. A much plant in his garden is 4 feet tall.

In February and October, Mr. M feeds his tree peonies with hoof a meal or some other complete ferti

This particular tree peony has a exposure and gets full sun from onward. In a climate where summ is high and comes on early, b would last longer with afternoon But avoid planting tree peonies roots must compete with tree roots

BUYING A TREE PEONY

You can buy tree peonies in co any month of the year, but if you March or April, while plants are in you will be sure of getting the co want. Plants that have bloomed t vious year are usually labeled by color, but one man's pink can be man's purple.

Young grafted plants wrapped in are often available in winter and spring. Sometimes these are name ties; often they are labeled me color. If you buy one of these in inspect it carefully to see that it least one live, healthy bud.

When seedling tree peonies first co bloom (usually at five to seve from seed), any given batch will wide range of colors. Most will rosy pink, or purplish. A few will white, or nearly purple. Some w markings of a deeper color. Flow range from single to fully double. reds, and pure pinks are most pop

Yellow tree peonies are always plants and are usually more ex than those of other colors.

PLANTING YOUR TREE PEONY

Because plants live long and are s by being moved, select a site c and prepare the soil well. Dig a feet wide and 2 feet deep; work moss, composted sawdust, or grou and some superphosphate.

If you plant container-grown tree p set them two or three buds deeper the original container. If you are p the small bare-root grafts, set t that the topmost bud of each p right at soil surface. The object i the top graft to develop its own r

Tree peonies will grow and bloo where in the West except the low and coastal Southern California.

GRAVELY
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or all reasons

. . . like all-gear drive, for one . . .

Why all-gear drive? For positive transmission of power direct from the engine all the way to attachments with no belts to slip or break.

Another reason: Gravely high-torque engines insure rugged performance and dependability.

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I'd never ask my friend, the senator, to swim in old-fashioned pool water!
The PUREX people won't let me!
Purex makes groovy new things for swimming pools. They have chlorine that doesn't ruin my new bathing suit, and it lets me smell like a lady . . . not a bleach bottle.
The Purex filter makes my pool sparkle, and it may go a whole year without cleaning. Purex also makes super-quiet pumps and extra safe underwater lights. And they have a pool heater that's so dependable you forget it's even there.
Don't ask your important friends to swim in old-fashioned pool water. Get Purex Products. They've taken swimming out of the dark ages.
GUARDEX
POOL CHEMICALS
CHD
POOL FILTERS
EAST SIDE
POOL PUMPS
FLEETWOOD
POOL HEATERS

All three go y the name of dusty miller"

1. *Centaurea cineraria* 2. *Senecio leucostachys* 3. *Senecio cineraria*

miller is an overworked common lt—like African daisy and black-isan—is widely used and misused, metimes applies to different plants rent parts of the country.

tion to the three perennials shown any other plants, including *Arte-telleriana, Centaurea gymnocarpa, chnis coronaria* answer to this com-ame. All have similar whitish, silvery, or grayish foliage. All are sun-loving, generally drought-resistant, and perform best in well drained, neutral soils.

It would take some doing to pin the name on any one plant. However, there's something to be said for looking over and comparing, as we have here, three different and quite well known plants sold as dusty miller in the nurseries.

If you order dusty miller without specifying a particular species, you'll very likely get *Centaurea cineraria* (Number 1); don't be surprised if the label reads *C. candidissima.*

Number 2 *(Senecio leucostachys)* is not as well known as Number 1; you may have to shop specialty nurseries to find it.

Number 3 *(Senecio cineraria)* is an old favorite. A more compact, smaller-leafed variety, 'Diamond,' is available.

Best known

st popular *dusty miller is* Centaurea ria *(usually sold as* C. candidis-*Thistlelike yellow flowers. Borders, , containers, and for color contrast*

LUIS MARLOG

White flowers

2. Lacy, *sprawling, white-flowered* Senecio leucostachys *grows to ¼ feet. Attractive combined with other large perennials, or in background of an annual flower border*

Old-timer

3. Old-fashioned *dusty miller* (Senecio cineraria, *often sold as* Cineraria maritima), *bushy, spreading, 2½ feet high. Clustered heads of small yellow flowers*

Hedges shrink at the sound of it

...thanks to TRUE TEMPER engineering.

8½" stainless steel blades are long lasting with the same high quality as surgical instruments. Cut hours off yard maintenance time.

Lower blade is serrated to grip foliage securely for easy trimming.

Long tubular steel handles give extra cutting power, have comfortable cushion grips.
Stainless Steel Hedge Shears. (#S300)

True Temper hedge shears, grass shears and pruners are also available with carbon steel or with Teflon-S† coated blades.

From rose stems to oak branches, anyway you cut it . . . True Temper gives you the edge.

Your favorite dealer has Spring Hardware Week specials on sale April 17 to May 3, 1969.

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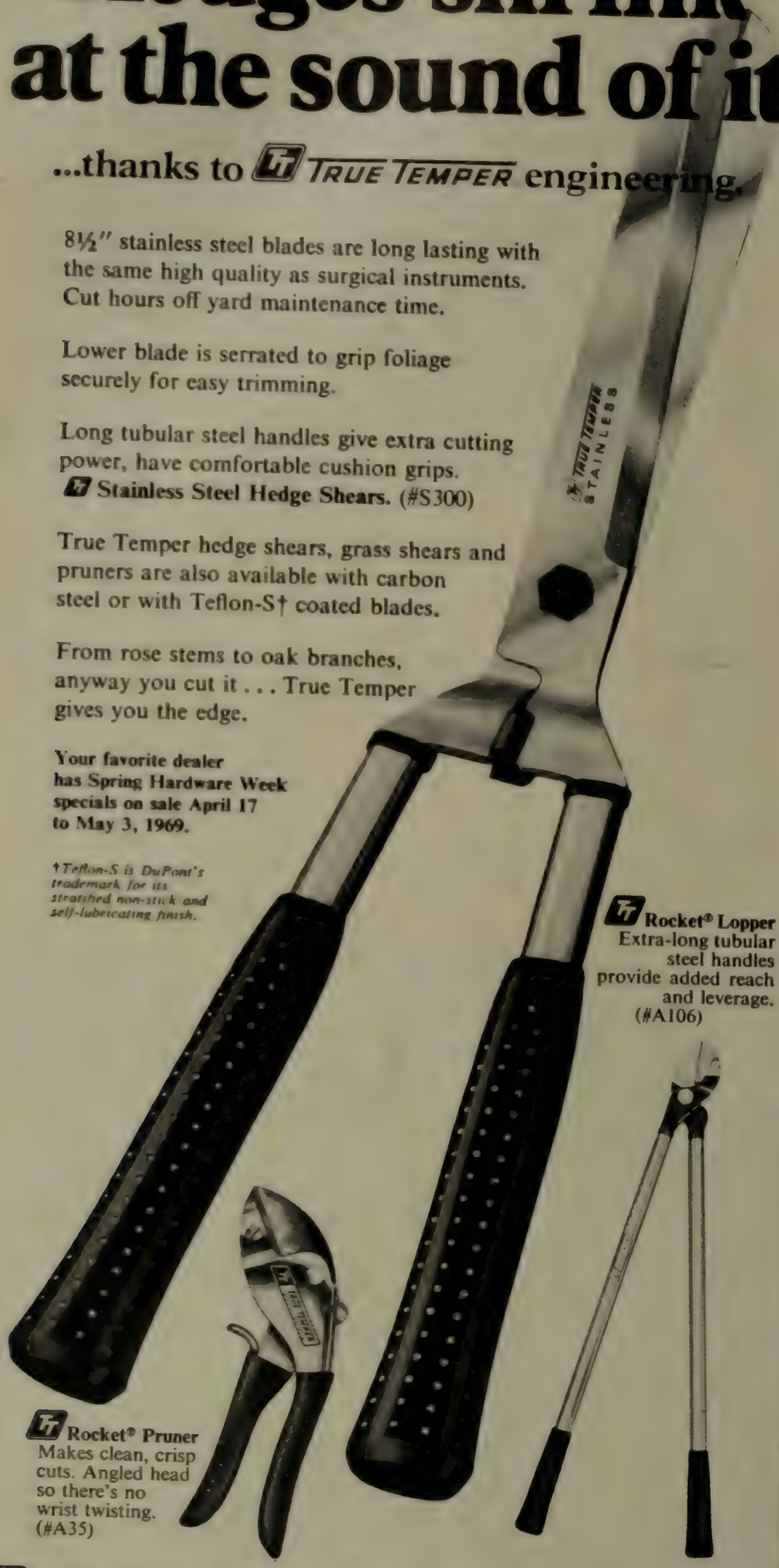

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Extra-long tubular steel handles provide added reach and leverage. (#A106)

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Makes clean, crisp cuts. Angled head so there's no wrist twisting. (#A35)

Action products for action people. Home, garden and lawn tools, golf shafts, fishing and ski equipment. TRUE TEMPER®

Strawberries fo landscaping?

If you thought strawberries were eating, you might be surprised t that many Western gardeners are considerable use of strawberry pl landscaping.

Wild strawberry ground cover is th common example, but strawberri also appearing in entryways, b hanging baskets, and planters.

GROUND COVER

One of the West's most popular covers is wild or sand strawberry *garia chiloensis)*. It forms a low, c mat 6 to 8 or even 12 inches high white flowers appear in spring, b seldom sets in gardens.

Wild strawberry needs annual mo early spring to force new growth it 12 to 18 inches apart late this and water regularly.

Even more interesting (and prod than wild strawberry is a cross b it and a commercial fruiting v Called variety 'Number 25,' it g 15 inches high and bears good-siz ble fruit. Plant 18 to 24 inches ap ground cover. Like wild straw 'Number 25' needs annual mow force new growth and fruit.

Some gardeners—like Robert McE of Santa Barbara, pictured below experimented with commercial f

WILLIA

Picking strawberries *is fun and raised bed with orange marigold*

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93 W

varieties as ground cover and l
plantings. Plants cover quickly wh
out 14 to 18 inches apart and w
well, although they begin to lose
value as fruit producers in a few y
not replaced. However, if you are
ested primarily in foliage, commerci
rieties can make an effective border

CLIMBER

The so-called climbing strawberry
jana') is not a natural climber. I
you tie the plants up a trellis the
tinue to bloom and fruit. Set pla
to 18 inches apart next to a 4-foot
in fertile, well drained soil in ful
Allow only three runners to devel
each plant.

'Sonjana' needs a cool, dormant per
produce best. At the end of the
year and every year thereafter, brin
rosette (node) from each of the m
plants back into contact with th
Once rooted, it serves as a new m
plant and helps the original nourish
rosettes produced during the firs
years of growth.

In warm climates you should plant
jana' in fall. The original plants wil
duce berries the following spring bu
thereafter, unless renewed every ye
the method described above.

CONTAINER PLANTS

You don't have to grow strawberr
the ground. Wild strawberry is attr
cascading from a hanging basket. Re
commercial strawberries do well in a
planter box or tub on a patio.

A tiered container saves space and n
an unusual and attractive planter.
can buy a kit for a pyramid planter,
looks something like a three-tiered
or you can make a long three-
planter with plants hanging over th
of each tier.

WILLIA

Variety 'Number 25' *grows under tre*
Owen O'Conner home, San Bern

Your yard: Safe and dressed-up ...the easy way.

Start with tubular galvanized steel posts set 6 to 9 feet apart. ve them with a sledge or set m in concrete, as you prefer. Arhead caps slip on the post tops stop rain from entering and to e your fence that finished, prosional look.

2. Use lever action of ordinary pliers around the post to stretch the wire taut. Non-Climb fence is available in light or medium gauge wire so it stretches easily . . . 2 to 6 feet high, all copper bearing steel. Square Deal knots keep the 2x2-inch spacings from slipping.

3. Finish by tying line wires to posts. A nail inserted in the loop end of the tie-wire is the only tool you need. Keystone Non-Climb is Galvannealed® to resist rust. It never needs painting or maintenance. It's easy to erect and adds beauty to your home for years.

KEYSTONE NON-CLIMB FENCE

See your RED BRAND® fence dealer for Non-Climb fence, or write to Keystone Steel & Wire Company, Peoria, Ill. 61607.

Jumping on a chair won't help. But d-CON® Mouse-Prufe will! Mouse-Prufe is the amazing mouse killer that's . . .

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CLEANEST AND EASIEST . . . just pull tab—bait feeds automatically.

SAFEST . . . when used as directed, safe around children and pets yet is GUARANTEED to rid your home of mice or money back!

No wonder it outsells all others combined—

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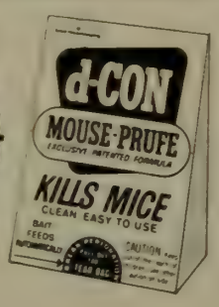

Irish linen, *Irish china set stage for chartreuse green flowers of* Euphorbia

Green flowers for St. Patrick

It's a surprise to most people to find out that there are green flowers. Actually, green flowers probably outnumber other kinds, but many are small or dingy.

The trick in using green flowers for St. Patrick's Day arrangements lies in finding some that are big enough and showy enough to be worth displaying—and in finding them in bloom on St. Patrick's Day. (Remember, if you combine green and other colors, that it's wise—in order to keep fists from flying—to avoid orange flowers in the arrangement.)

We show a few examples here using plants we found in neighborhood gardens or in streetside plantings; these do not indicate the whole available range of green flowers by any means.

PERMANENT PLANTS

The rounded or cylindrical flower clusters of *Euphorbia veneta* (above) range from chartreuse green to apple green. The stems are crowded with long, narrow, gray-green leaves. Don't hesitate to cut all the spikes you want to use; each will die back after setting seed and will have to be cut off then anyway to make roo new growth. Be careful when c stems; the milky juice drips for some and it can irritate tender skins.

Most of the hellebores show green flowers at some stage of develop Those of *Helleborus foetidus* (page open green with chocolate purple tip

Shamrock *in a 4-inch pot adds deco touch. Three leaflets symbolize T*

here's no pool
ke a bold pool!

Photographed at Blue Haven Pools, Downey, California.

n we know, who thinks of him- s highly creative, asked recently lmost all swimming pools look me. "Why," he persisted, "don't e regard their pools as an art "

t for fun, we asked an appre- ve designer to think about the em. If you would like to dive hat he came up with, send for ree booklet of wild swimming designs. We had a lot of fun ng them out, and they're on convenient grids so you can easily transfer designs to your own pool.

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ELLS MARUGG

chartreuse green *fruits and flowers of American elm resemble clusters of little ble roses. Green bells, leathery, saw-toothed leaves below are* Helleborus foetidus

green. Flowers of *H. lividus corsicus* light chartreuse; they hold their color long time, gradually drying on the t. *H. niger*, the Christmas rose, has e flowers in winter; by spring these on greenish or purplish tones.

Lenten rose *(H. orientalis)* has flow- hat range from white through pink to ly maroon; the white and pale pink age to green. All the hellebores have tiful, finely divided evergreen leaves last as well as the flowers when cut.

elm "flowers" pictured with the helle- are actually a mixture of flowers and eloping fruits. The papery, winged ts form so quickly after the flowers, the true flowers are so tiny, that ering is seldom noticed before fruits e begun to form. We wouldn't recom- d planting an elm just to get the ers, but if you or the neighbors have elm, by all means cut a few sprays month. Flowering is profuse now, and can cut branches of heroic size.

k for these flowers and fruits only on spring-flowering elms—American, tch, English, Scotch, and Siberian. The inese (or Chinese evergreen) elm oms in the fall with leaves on the tree.

EN FLOWERS TO DRY

me green flowers dry reasonably well l can be used for dry arrangements. e elm blossoms shown above will last months, although sprays become brit- and require careful handling.

ghly appropriate to St. Patrick's Day bells-of-Ireland *(Molucella laevis)*, but these annual plants bloom in summer. Sow seeds now and harvest flower spikes to dry for next St. Patrick's Day. You might be able to buy dried spikes at the florist's if you are anxious to use them this month. Spikes are nearly 2 feet tall; the true flowers are tiny and white, but they are enclosed in wide, shallow, bell-like calyces of apple green.

GREEN ARISTOCRATS— AND A SEASONAL SPECIAL

Among the choicest of green flowers are green cymbidium orchids; these are unsurpassed among green flowers for beauty and lasting quality, either cut or on the plant. To get the shade of green you want and to be sure that your plant will bloom at the proper season, buy while the plant is in bloom. Cymbidiums grow best outdoors in a spot sheltered from frost, in a very cool greenhouse, or with winter protection in cold areas. They do not grow well as year-round house plants.

You can bring blooming plants indoors to display them without harm to the plants or flowers. Miniature cymbidiums are more portable than standard kinds, but young plants of standard kinds are small enough for a good-sized coffee table.

No discussion of St. Patrick's Day plants would be complete without a mention of the shamrock, but candor compels us to say that a mention is about all it merits. Potted plants are sometimes available; they are fresh, green, and pretty, and fine for holiday decoration, but of no garden merit. In fact, they can become weeds.

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STH69-1

It's official: *Swallow surveys new birdhouse and decides to move in*

Birds are particular . . . but some will mov into a man-made hou if the size is right

There is more to attracting birds to a man-made birdhouse than just making a box from a few boards and hanging it up.

Birds are particular about the size of their nesting cavities and will not usually nest in a house or hole of the wrong dimensions. Also, not all birds will take up residence in a man-made birdhouse. Only species that normally live in old woodpecker holes or rotted trees will accept such houses. They will accept one more readily if you have let it weather outdoors over a winter. However, there's still a chance that you'll attract a nesting pair if you put out a birdhouse or nesting box right away.

There are many species of Western birds that sometimes use man-made houses; some are listed in the table. You can build your own birdhouses or buy them at certain pet or specialty shops. Robins are the only branch-nesting birds you can hope to attract; they will sometimes nest on a shelf under the eaves of a house.

CONSTRUCTION

The most successful birdhouses are those made of wood. Wood is easy to work with, is a good insulator, and is acceptable to birds that nest in holes and crevices. Birds take more readily to a naturally weathered wood house, but will often use a house that is painted a drab color such as gray, brown, or dull green. Bright colors scare away some species of birds.

All birdhouses should be constructed with sturdy lumber—the thicker the better. The roof should be waterproof with sufficient overhang to keep the rain out. Drill a few small ventilation holes just under the overhanging roof, and a tiny drain hole in the bottom of the birdhouse in case some water gets inside. All birdhouses should have a hinged roof or an easily removable side so that old nesting material can be removed each winter.

An old log hollowed out to the proper dimensions also makes an excellent birdhouse. In fact, some species of birds such as chickadees, woodpeckers, titmice, and nuthatches will nest only in a log house, or at least one of weathered wood. You can cover birdhouses with slabs of bark to make them look more natural.

When making woodpecker houses, rough up the interior to permit the young to climb up to the entrance. Nail a piece of bark below the entrance hole and place a few wood chips at the bottom of the cavity.

A wren is probably the least particular of all birds about choosing its house. Wrens have been known to pass up birdhouses and build their nests in overturned tea kettles.

A robin nesting ledge is not really a birdhouse but a simple platform on which the robin can build its nest. A robin will accept a platform only if it can't find a suitable tree branch crotch for its nesting site.

PLACEMENT OF BIRDHOUSES

The proper placement of a birdhouse is probably more important than anything else. Unless it is near the bird's feeding and watering grounds, the bird will not move in. There must be access to twigs and nesting material if the bird is to set up housekeeping.

Most birds prefer to nest in open areas where they can see what's going on ar them. A good place is the edge of an field or garden. Woodpeckers and fli like a box placed on the dead stump old tree. Chickadees, nuthatches, an mice seem to prefer bark-covered b attached high in the trees where feed. Bluebirds, tree swallows, and w like a box mounted on a post along edge of an open field. A shelf meant robins should be placed under the e of a building.

IF THE BIRDS DON'T TAKE UP RESIDENCE

Just having a birdhouse in your ga does not guarantee that a bird will n in. The U. S. Department of the Int once conducted an experiment by set out some birdhouses and then obser whether birds used them; occupancy eraged 54 per cent.

To better your chances of having b nest in your garden, you might set several houses (for different specie summer resident birds). But of course unrealistic to expect to attract any species that you've never seen aro your neighborhood.

If your birdhouse fails to attract dents, among the possible causes ma entrance holes are the wrong size, location among dense trees, or a loca too open to the bird's enemies.

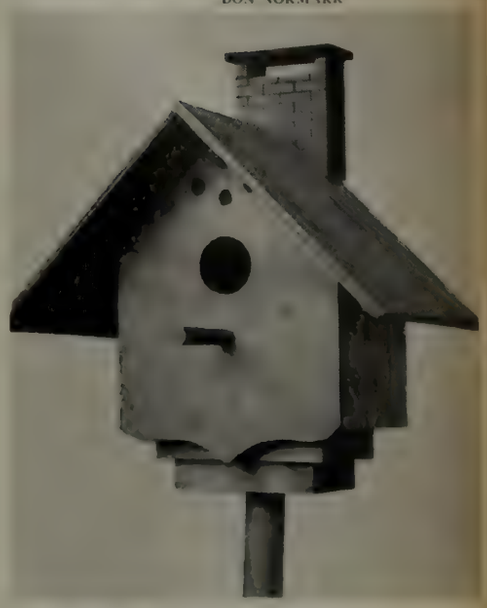
Sometimes, even if everything is per for the bird, it will still pass up a n made box for a natural nesting site that case, just leave the birdhouse up maybe next year, or the year after, a may decide to move in.

TABLE OF BIRDHOUSE DIMENSIONS

Bird Species	Floor of cavity (inches)	Depth of cavity (inches)	Diameter of entrance (inches)	Entrance above floor (inches)	Height above ground (feet)
Bluebird	5 x 5	8	6	1½	5-10
Robin	6 x 8	8	(*)	(*)	6-15
Chickadee	4 x 4	8-10	6-8	1⅛	6-15
Titmouse	4 x 4	8-10	6-8	1¼	6-15
Nuthatch	4 x 4	8-10	6-8	1¼	12-20
House wren	4 x 4	6-8	1-6	1-1¼	6-10
Bewick's wren	4 x 4	6-8	1-6	1-1¼	6-10
Tree swallow	5 x 5	5	1-5	1½	10-15
Barn swallow	6 x 6	5	(*)	(*)	8-12
Song sparrow	6 x 6	6	(**)	(**)	1-3
House finch	6 x 6	5	4	2	8-12
Phoebe	6 x 6	6	(*)	(*)	8-12
Flicker	7 x 7	16-18	14-16	2½	6-20
Downy woodpecker	4 x 4	8-10	6-8	1¼	6-20
Hairy woodpecker	6 x 6	12-15	9-12	1½	12-20
Saw-whet owl	6 x 6	10-12	8-10	2½	12-20
Barn owl	10 x 18	15-18	4	5	12-18
Sparrow hawk	8 x 8	12-15	9-12	3	10-30
Wood duck	10 x 18	10-24	12-16	4	10-20

Table taken from E. R. Klambach and W. L. McAtee, "Homes for Birds," Conservation Bulletin 14, United States Department of the Interior, Fish and Wildlife Service, Government Printing Office, Washington, D.C. *One or more sides open. **All sides open

DON NORMARK



A wren *will accept a quaint house if dimensions are right*

Birdhouses *are easy to build if you keep the design simple and if you use sturdy wood. The hinged roofs in the houses shown at left make cleaning them easy—an important feature*

Which of these three trees is the best one to buy?

ELLS MARUGG

Three eucalyptus: *Left, 5-gallon can, 6 foot tree; center, 1-gallon can, 1½-foot tree; right, 5-gallon can, 10-foot tree*

When you set out to buy a landscape tree you are buying its potentialities—for well spaced branches, a sturdy trunk, a deep-reaching root system.

Don't get a tree whose potentialities all lie behind it. Take, for instance, the three *Eucalyptus nicholii* shown.

The one at right is too short to be a good flagpole, and too tall to hold up bean vines. The trunk is straight, but not sturdy in relation to its height.

A greater problem is its knotted, tangled, cramped root system (below, right few roots that retain some vitali likely just to choke each other out.

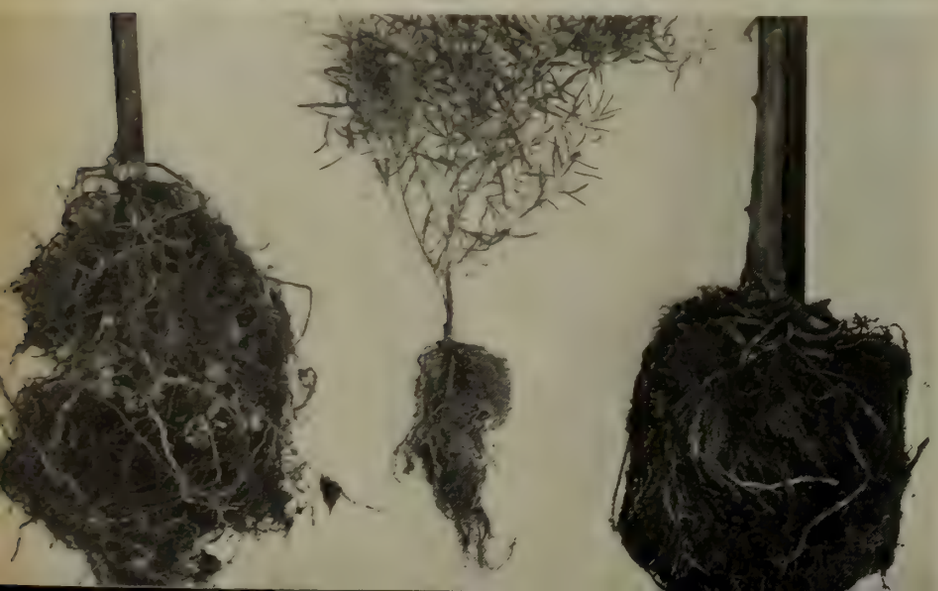
The tree on the left is not so badly though its roots are already dange crowded. Branching is good and the can develop well if the tree is not too tightly and if side branches a too ruthlessly removed.

Retaining these lower side branch help thicken the trunk of the tree an it a desirable taper. Keep low branches pinched or cut short, but remove entirely until permanent s branches have started—or until branches get to be ½ inch or so th

The plant in the center is a better you can find it; landscape men us recommend gallon-sized trees, but serymen can't hold them in gallon long enough to have a predictable s With eucalyptus, flat-grown see would be even better planting c

But whatever kind of tree you b ways look for the youngest, freshe greenest—not the biggest.

Root masses *belong to trees shown above and follow order shown above*



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More than 25 *arching flower spikes cover this cymbidium orchid plant, grow around in northern California garden. Wooden container, 18 inches wide, on*

They're not the least bit touchy

Most gardeners think that flowers as beautiful as cymbidium orchids must be difficult to grow. Actually, as almost anyone who grows them in our mild Western climates will tell you, they aren't the least bit touchy. As a matter of fact, you're well qualified to grow cymbidiums if you're successful with azaleas and camellias, which require similar care.

The plant shown above was only about half that size when it was given to Mr. and Mrs. W. R. Engeln of Palo Alto, California, about three years ago; at that time it had 13 flower spikes. The flower crop has increased each succeeding year.

To produce a maximum number of flowers, cymbidium orchids need as much sunlight as they can stand without burning their foliage. With this much light, the leaves normally turn yellow-green. Mr. Engeln keeps his plant on an east-facing patio that gets sun most of the morning. On especially hot days, he rolls the container to a shadier spot. He also gives the plant some added shade when it's blooming (from March until June); this helps to make the flowers last up to two months on the plant.

For frost protection, he moves the plant under a patio roof. These orchids can stand temperatures down to 28° for short periods; the flower spikes, however, are somewhat more tender.

Mr. Engeln begins to feed the plant just after he removes the last flower usually toward the end of June, a tinues to feed it each month u young flowering shoots first begin pear in early spring. He uses a orchid fertilizer with a high nitrog tent (30 per cent). A more usual is to apply a high-nitrogen liquid f from January to July; then a lov gen food once a month through t of the season.

The plant normally requires wate a week, during hot spells every oth In hot weather, it's a good idea to humidity by syringing the foliage early morning.

As you can see, the plant in the pi getting too large for its container. end of its flowering season it can vided into four or more plants.

Each division should have at lea healthy bulbs (more correctly calle dobulbs). A good planting mixtu tains about 6 parts of ground b 1 part of sand; orchid nurseries sel ilar packaged mixture. The bulbs rest on the surface of the soil.

Plants in flower are widely avail spring; prices generally start at a Orchid specialists offer the wide tion. The newest kinds and the fin ors are priced at about $10 and up. colors range from white to shades o yellow, green, and bronze.

ne	un	uno	eins	ichi
wo	deux	dos	zwei	ni
hree	trois	tres	drei	san
our	quatre	cuatro	vier	shi
ive	cinq	cinco	fünf	go
ix	six	seis	sechs	roku
even	sept	siete	sieben	shichi
ight	huit	ocho	acht	hachi
ine	neuf	nueve	neun	kū

Nine tips on how to become an unforgettable American memory.

, look and listen. That's the easiest encounter a foreign visitor. (And, if n't encounter one, what will he, she rhaps they—have to remember you

pare to jump a hurdle. What sort of ? Well, let's say you've just stopped, and listened in a bustling bus ter- Your alert eye catches the tenta- ovement of someone who takes a step forward. An even quicker step Then stands stock still, looking lost. spotted one! Your foreign visitor. e (or perhaps she) is lost, but too ask directions. And you're just to offer help. But, suddenly, you You're too shy too? Then that's your . Jump it. Or simply step across.

t's not your hurdle, but you've just nto another? Your English-speaking doesn't understand your answer to uestion, even though it was direct xact? It's probably his ears. Perhaps e long attuned to British English, or lian English, or Irish English, and ind your rapid-fire American English lt to catch. So repeat your answer, . (And quietly, of course, since no njoys being conspicuously unin- d.)

have no trouble communicating, ust don't know the place he seeks? a moment to glance around. And er to dig into your memory. Chances ou do know a Tourist Information r, or Travelers Aid, or Chamber of nerce Office and you could take him there. At the very least, there's probably a nearby phone. And the phone book will list some organization which can give him the directions he needs.

5. Your foreign visitor has just come in by ear? You've overheard a question and you know the answer, but the person being asked does not? Go ahead. Plunge in. The unable-to-answer answerer will be relieved, not offended. And the visitor will discover still another American who is eager (and, this time, able) to help.

6. You've been asked about bargains, and you don't know what to suggest? Phonograph records, costume jewelry, men's shirts, and ready-made clothes are all generally cheaper here than in most places abroad. And, to many foreign visitors, an American department store or discount house is an experience in itself. (So, by the way, is a visit to an ocean liner—at 50¢ in our major ports. Such visits are impossible at any price in most countries. And a flown-over Frenchman, for example, might get a kick out of visiting The France.)

7. You're stumped, you've just been asked a question in X — a language you don't know at all? Try some other language you studied in school, on the chance that he studied it too. No luck? See if he's carrying an English-X phrasebook. Perhaps you can get him to point out the question he asks. Then you can read it in translation. Thumb through until you find an English answer, then point that out in turn. Now he can read the translated answer back.

8. Your foreign visitors come by the dozens, your job brings them to you? Then you doubtlessly know more than we do about giving them happy memories to take home. Still, you might just glance through tips 3-7. You might find a new wrinkle or two. And we do have two special suggestions, since we know you're besieged for advice. First, by all means give it. But if it's not taken, don't insist or feel hurt. (It's probably your visitor's purse or palate that rejected your counsel. Not his confidence in you.) Second—well, we don't know quite how to put this, except by telling a story that's improbable but true.

9. Let us tell you the one about the waitress and the hungry diner, neither of whom understood a word the other said. What did she do? First she checked with co-workers, tried for a phrase book, even discreetly asked other diners for help—all the nice, possible things you'd probably try to find time to do. Then she did the almost impossible. She invented a language of her own: three neat, quick sketches of a chicken, a potato, and a pie-slice, next to their menu listings. He understood. Ate well. Tipped more than well. And took his menu to show to friends in his home town. How do we know? Some of us have been there. And the minute someone spots us as a foreign visitor from the U.S., he invariably tells about a certain friend who met a certain waitress in America . . . Apparently, she's one memory that one whole town will never forget.

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In full sun, *rich soil, scarlet runner beans can make abundant growth, heavy*

Scarlet runners . . . a heroic harve

If you know scarlet runner bean vines, you'll agree that those shown above are much grander than most. The harvest from them was just as impressive: a 50-foot row gave 4 bushels a day three times a week over a three or four-month season. The vines were grown at the Student Garden Project at the University of California, Santa Cruz (see page 96).

Responsible for the amazing performance could be any or all of the factors in the following planting instructions, as related by Alan Chadwick, the garden project director. Mr. Chadwick gardens by the English tradition (which means, among other things, painstaking attention to soil preparation) and organically, too (no manufactured chemicals but plenty of organic matter for nutrients).

The seeds. They aren't easy to find. Some seed packet racks and some mail-order firms offer them. But, even if you find seeds, you may not get these results because some strains of scarlet runner are more vigorous than others. The garden project got its seeds from vines at the home of a student. Those vines were grown from seeds sent from England.

Sowing time is when frosts are over and soil is warm. This usually means spring. In this Santa Cruz garden they sowed in July, got growth almost like this the first autumn, and got the growth illustrated

Pick *before beans make lumps with this one is ready. Flowers (top)*

above the second summer and (Scarlet runner bean is really a p and will grow again each year from like tubers.)

Location. Plant in full sun. Scar ner bean vines grown in part s few beans and grow rather scrag

Planting trench. Dig a trench 1 fo and 2 feet deep where the vines a grown. Throw soil out to make b both sides. Drive 12-foot-long posts a foot deep in the bottom

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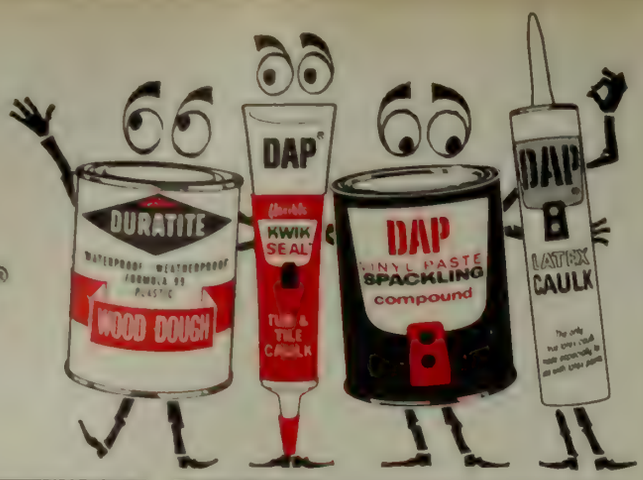

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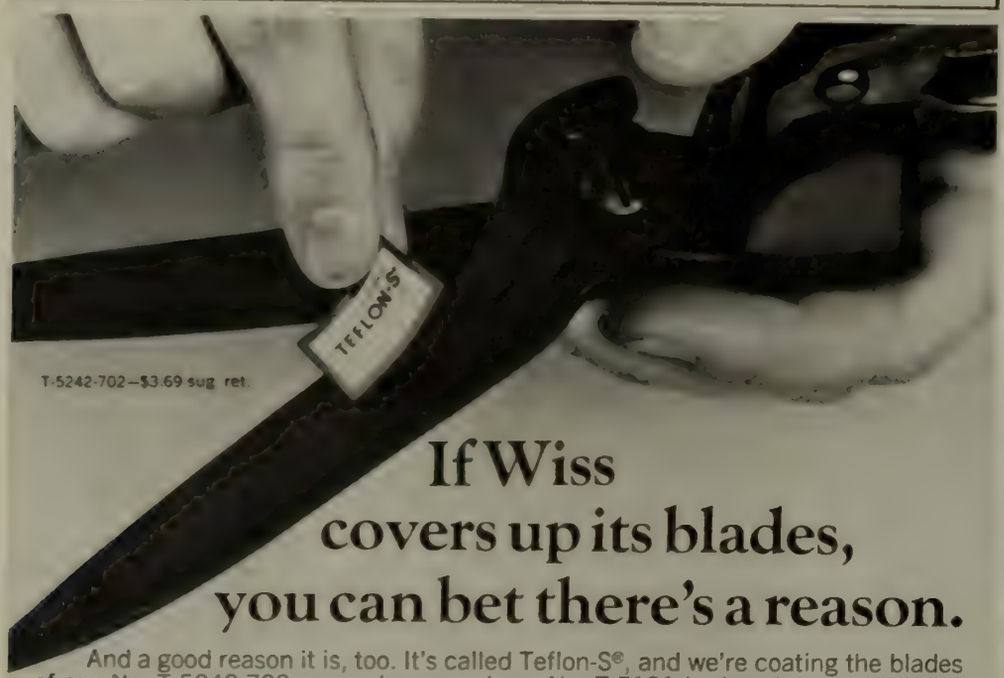

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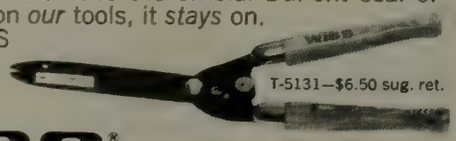

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trench, spacing them 10 feet apart. will hold the screen that the vines grow on. Put a nail at the top of each

Following is the Chadwick recipe fo ing the trench—from bottom layer t

- 4 inches coarse leaf mold or half-decomposed compost
- 2 inches of rotted compost
- 3 inches of soil from the side banks
- Thin sprinkling of wood ashes
- ½ inch of soil from the side banks
- 1½ inches of well decayed cow manure
- Thin sprinkling of bonemeal
- 4 inches of soil from the side banks
- 1 inch of blended compost, manure, bonemeal, and wood ash
- 2 inches of soil, with surface finely pulverized
- The bean seeds (as described below)
- ½ inch of soil from side banks, finely pulverized
- ½ inch of compost plus manure

The finished surface will be a few i below grade. The depression will hol irrigation water.

(Some sophisticated gardeners will at the many layers of materials in Santa Cruz trench. They'll say tha these ingredients aren't necessary that you could get the same results a thorough blending of enriched soil ditioner or fertilizer plus soil conditi Perhaps you could. We are reportin Santa Cruz Garden Project's method

Seed spacing. Plant two rows of se inches apart down the length of trench. When you are finished, the sc will hang above the center of the tre between the two seed rows. In the r space beans 2 inches apart. Stagger beans so they aren't in parallel pairs.

The screen. Unroll an 8-foot-wide ro chicken wire along the posts, hangi from the nails at top of the posts. Se the screen by stapling it to the posts each end of the screen, run a guy down and out to an anchoring st Later, when the vines get high, the sc will need this support against wind.

Watering. Fill the depression at the tr surface with water. Thereafter, w often enough to keep the trench soil t oughly moist. At the Santa Cruz Ga Project, watering was all the care was needed. The vines suffered not a from pests. They needed no feeding.

RED FLOWERS AND EDIBLE BEANS

Scarlet runner bean is one of those ve tile plants—you can grow it for the be for the spikes of red flowers, or as a l screen or background.

The brilliant vermilion flowers att hummingbirds; at Santa Cruz, as m as 12 to 16 worked at the flowers all Perhaps the hummingbird pollina caused the heavy set of beans.

For cooking, pick the beans just be or as soon as the beans inside the p make noticeable bumps. Prepare serve the same as other green beans. bean taste is stronger than with beans, but many people like the flavor

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rayers to spray a 35-foot tree

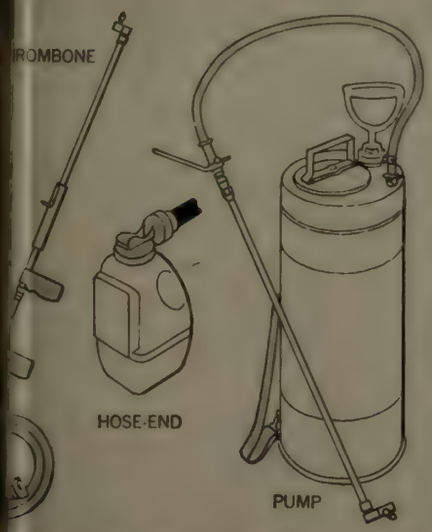
to spray a garden tree yourself t more than about 35 feet tall. t try to do the job with just any yer; for adequate height and cov- ou will need good equipment.

end sprayer ($3 to $8) is probably est to operate. You simply fill the the spray solution, or add a tab- water-filled jar, and turn on the o get a stream of water that will he top of a 35-foot tree, you must the nozzle deflector. (On some this is impossible. If you're buy- k out this feature.) If water pres- inadequate, spray in the morning is usually highest.

reliable pressure you need a pump . The tank-type pump sprayer $20) is probably the most widely ou pump the handle on top to build sure, then spray until pressure runs hen you pump again. You have to the nozzle from spray to jet for ; then wave it about to reach all iage.

trombone-type pump sprayer ($7), the spraying action is not as , but you don't have to lug a heavy round with you, and you can tell ount of solution left at a glance. mply mix the spray solution in a . A plastic tube carries the solution sprayer, which you pump like a rombone.

e a bit with any sprayer first— plain water—until you get the feel Keep the spray on the tree; don't plash onto nearby plants, the house, areas. Don't spray on windy days.



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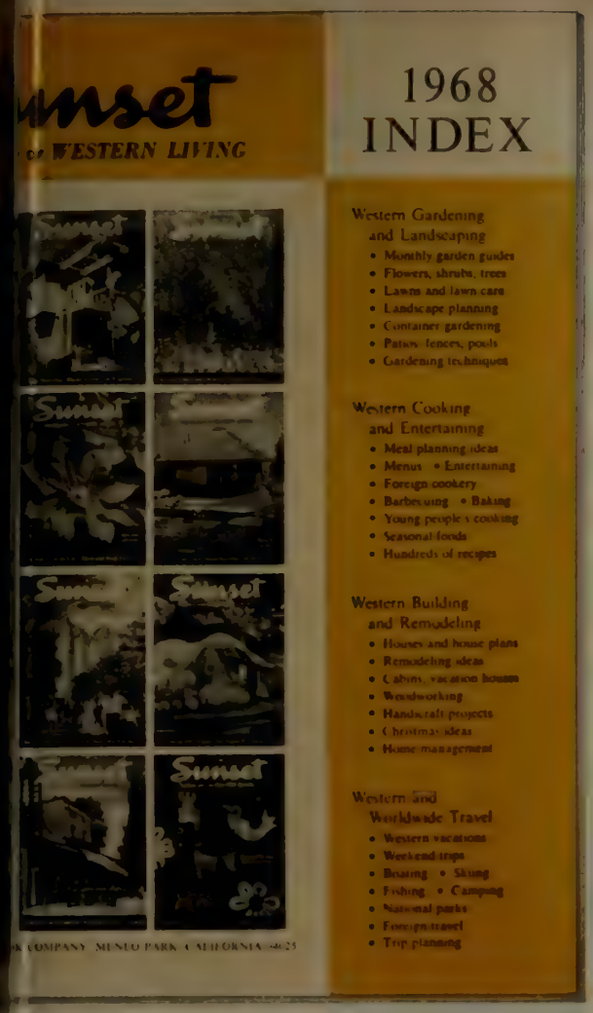

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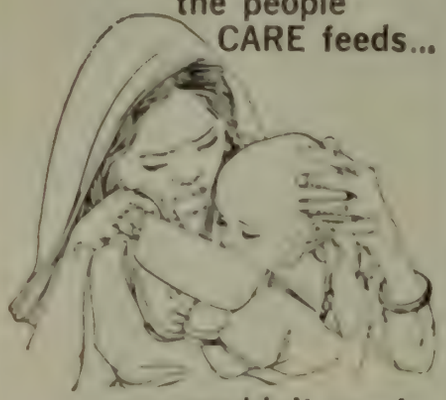

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Watch for leaf miners at work

Meandering *white lines on this r let are feeding tunnels of a le*

If you've ever seen snakelike patterns on a leaf like those above, the leaf was probably the victim of a leaf miner.

Leaf miners are named for the tunnels they mine (or bore) between the surfaces of leaves. Their tiny mouths act like scissors, shearing the delicate cells as they feed and live between the protective outer layers of the leaves.

They eat many kinds of plants. In California their damage is especially noticeable on boxwood, chrysanthemum, cineraria, columbine, delphinium, marguerite, primrose and rose. In the Northwest leaf miners can also be serious pests on azalea, birch, holly, and lilac; one kind, the cypress tip moth, attacks such conifers as arborvitae, cypresses, and false cypresses.

Each of the many kinds of leaf miner feeds in a distinctive pattern. On broad-leafed plants their burrowing causes damage like that on the leaf pictured above—ugly white designs or blotches on the leaves. On conifers damage appears as dead leaf tips and leaves. A few leaf miners can deface a plant; a heavy infestation can weaken it. Leaf miners in leafy vegetables can make the crop unpalatable.

And leaves are not the only part of the plant that can be affected. The bark, the fruit, and even the flowers of plants can be attacked.

WHAT ARE LEAF MINERS?

Leaf miners are actually the larvae of tiny flies, moths, or beetles. There are hundreds of different kinds. Over 50 types of leaf miners attack oak trees alone.

The adult leaf miners lay their eggs on or just beneath the surface of a leaf and the larvae burrow in when they hatch. They usually start by chewing narrow tunnels; these get wider as the larvae grow in size. Sometimes leaf miners do not take a snakelike course but feed around the edges of a single spot, eating big round blotches in the leaf.

When a leaf miner larva reaches maturity it either becomes an adult within the leaf or drops to the soil below, where it eventually emerges as an adult. The adult then lays its eggs on another leaf and the cycle begins again. Some species compl cycle in a few weeks; others may to a year.

HOW TO CONTROL THESE PEST

If you only see occasional damag miners, don't worry; just pick o fested leaf and destroy it.

Many larvae overwinter in dea and debris under their host plant changing into adults in the spr move and destroy all fallen lea under the plants that showed sign miner damage last summer—be hibernating miners change into ad begin their destructive cycle.

To destroy the adult insect you have to use a contact spray, an adults are eaten by their natural

But because the larvae spend th munching inside leaves, they a well protected from natural enem from most forms of insecticides. ing them is more difficult.

Where leaves are still on plants, them closely. Pick off infested lea destroy them. Check the tender plants for signs of bark miners, relative of the leaf miners. Prune infested bark if possible.

SPRAYS TO USE

Later, when new leaves appear, watchful eye for leaf miner damag activity for most is during spring mer months). If plants become i spray them with diazinon or linda temic insecticides also have som on leaf miner larvae because the cide penetrates the tissues of th Diazinon, on the other hand, adults on the plant surface and fre the larvae inside the plant, althou larvae (notably those of the cyp moth) will not be reached.

After the first miners are seen, it takes more than one application about control. Before using an ins read the label carefully to check of spray dilution and special pre to be followed. Be sure that your ing equipment is working well.

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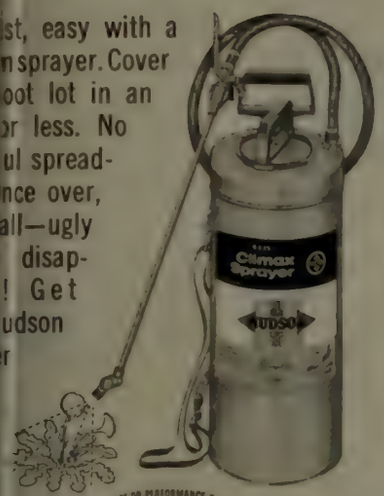

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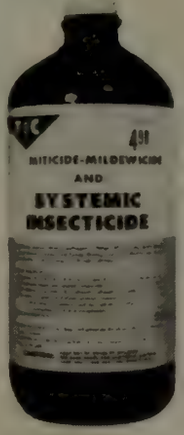

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e. March 5. Camellia and spring xhibit presented by the Paradise n Club. Place: Elks Club, 6309 Rd. Hours: 1 to 8 P.M. Free.

ancisco. March 8. Second annual sale by the Strybing Arboretum . Place: Hall of Flowers, Golden ark, Ninth Ave. and Lincoln Way. 10 A.M. to 5 P.M. Free.

d. March 8 and 9. Show presented Northern California Camellia Soci- lace: Sun Valley Shopping Center. 11 A.M. to 6 P.M. Saturday; 10 A.M. M. Sunday. Free.

. March 9. Show presented by the l California Camellia Society. Place: ne High School Cafeteria, 2727 N. Ave. Hours: 1 to 6 P.M. Free.

ancisco. March 11, 18, 25, and April ture series sponsored by the Stry- Arboretum Society. Place: Hall of s, Golden Gate Park. Hours: 10 noon. Admission: $2; society mem- $1.

ers will be landscape architects l Beatty, Jean Walton, and Mary n. There will also be a tour of the rancisco Peninsula on April 1 start- 10 A.M. For details, telephone (415) 22.

to. March 15 and 16. Show pre- l by the Modesto Camellia Society. Palm Court, Administration Build- allo Winery, 600 Yosemite Blvd. 2:30 to 9 P.M. Saturday; 11 A.M. to Sunday. Free.

mento. March 15 and 16. Show spon- by the Sacramento Orchid Society. Memorial Auditorium, 16th and J s. Hours: 10 A.M. to 8 P.M. Saturday; M. to 6 P.M. Sunday. Free.

s will be displayed on tables accord- kind. A full-sized working green- will be on view. Club members will strate corsage making and the pot- nd care of orchid plants.

rancisco. March 22. Annual sale pre- d by the Dahlia Society of Califor- Tubers priced from 50 cents. Place: of Flowers, Golden Gate Park. : 10 A.M. to 4 P.M.

nd. March 22 and 23. Show spon- l by the Northern California Daffo- dil Society. Place: Lakeside Park Garden Center, 666 Bellevue Ave. Hours: 1:30 to 6 P.M. Saturday; 10 A.M. to 5:30 P.M. Sunday. Free.

Yerington, Nev. March 25. Spring convention of the Nevada Federation of Garden Clubs, beginning with registration at 8 A.M. in the Hungry Owl Convention Room. The public is invited. For information, write to Mrs. Robert W. Findley, Box 168, Yerington 89447.

Graton. March 25 and 26. Spring flower show by the Graton Community Club. Place: Community Club House. Hours: 10 A.M. to 9 P.M. Tuesday; 10 A.M. to 4 P.M. Wednesday. Free.

San Jose. March 26 and 27. Flower show presented by the Las Jardineras Garden Club. Place: Leininger Center, Kelley Park, 1300 Senter Rd. Hours: 3 to 9 P.M. Wednesday; 9 A.M. to 2:30 P.M. Thursday. Free.

Point Reyes. March 27. Primrose Tea by the Inverness Garden Club. Place: West Marin Civic Center, Mesa Road. There'll be polyanthus primroses for sale and viewing, and homemade bread for sale. The setting is the original roundhouse of the former narrow-gauge railway that served the area until the early 1930's. Hours: 1 to 4:30 P.M. Admission: 75 cents.

Healdsburg. March 29 and 30. Annual Prune Blossom Tour sponsored by the Chamber of Commerce. A brochure and map will be available between 9 A.M. and 4 P.M. at the Villa Chantecler, where free coffee and prune cookies will be served. Picnic facilities are open for public use. You drive the tour route at your own speed; it covers an area of approximately 30 square miles and offers other attractions—an antique show, a processing plant tour, and an optional luncheon.

San Francisco. March 29 and 30. Spring flower show presented by the Bay Area chapter of Ikebana International and the Strybing Arboretum Society. Place: Hall of Flowers, Golden Gate Park. Hours: 10 A.M. to 5 P.M. Admission: $1.50 (or $1 by advance tickets available until March 23); students, $1; children, 50 cents.

Sunnyvale. March 29 and 30. Show of the South Bay African Violet Society. The show will be judged by accredited members of the African Violet Society of America. Place: Co-op Market, second floor, State Highway 9 and Fremont Road. Hours: 2 to 9 P.M. Saturday; 10 A.M. to 5 P.M. Sunday. Free.

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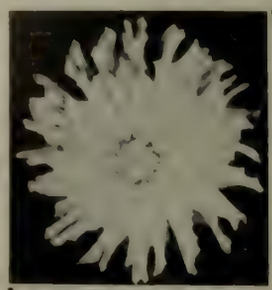

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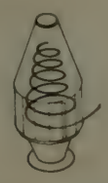

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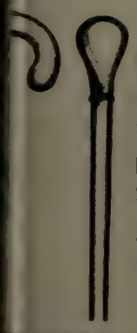

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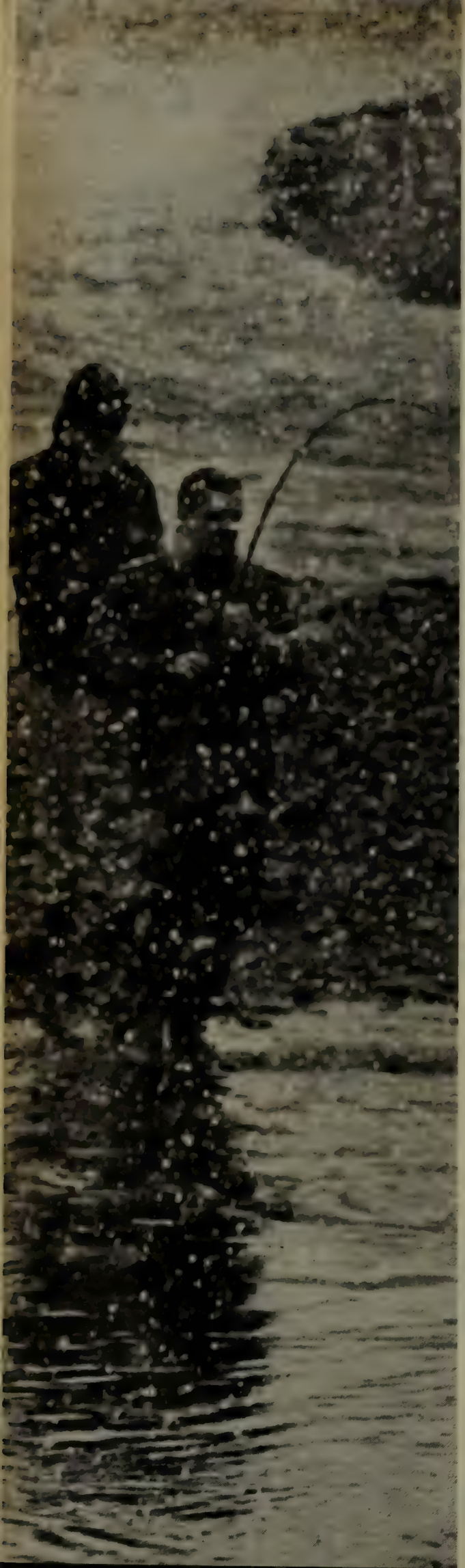

LETTER FROM *Sunset*

Sunset testing . . . in the kitche in the garden . . . in our worksh

From imaginative readers and from our own staff come the dozens o reported and illustrated in *Sunset* each month. These range from r for coffee cake to recipes for a potting mix or a concrete mix, gard techniques to handicraft techniques, sewing projects to woodw projects. But by basic *Sunset* policy, such ideas, reader-generate staff-generated alike, must be tested and the instructions verified publication.

To carry out this verification we operate test kitchens and test ga and from time to time in the magazine we have commented on how test facilities work.

We also have a test workshop.

The shop is the special domain of *Sunset's* crafts editor. He desig himself to insure good lighting, convenient power sources, generous surfaces and elbow room, and a wide selection of power and hand

From it regularly emerge finished products assembled from pla instructions—or even vague ideas—proposed by editors and re They have included unusual furniture, Christmas doll houses, a of boats, many plant boxes, bookcases, storage units. The testing p begins when the crafts editor says, "Let's build it and see."

Such testing can have any of several results: The idea is proved and the original instructions are confirmed. Or potential traps or are uncovered, and the instructions corrected. Or plans are imp modified, or simplified.

But the objective is always the same: to keep you from being disapp if you undertake a *Sunset*-suggested project you find appealing.

WINDOW ON THE WEST:

Trout-fishing in a snowstorm

Our Pacific coast is the world's one place where you can experience th fishing madness called winter steelheading. This is stream-fishing for stee head, the great sea-run rainbow trout. The season comes in fall, winte and early spring—in rivers from California north through British Colum bia. Conditions, as here on a snowy day on the Snoqualmie River i Washington, are miserable or worse. But steelheaders testify that th rewards are the greatest in the whole world of stream-fishing.

DOUG WILSON

APRIL 1969 35 CENTS

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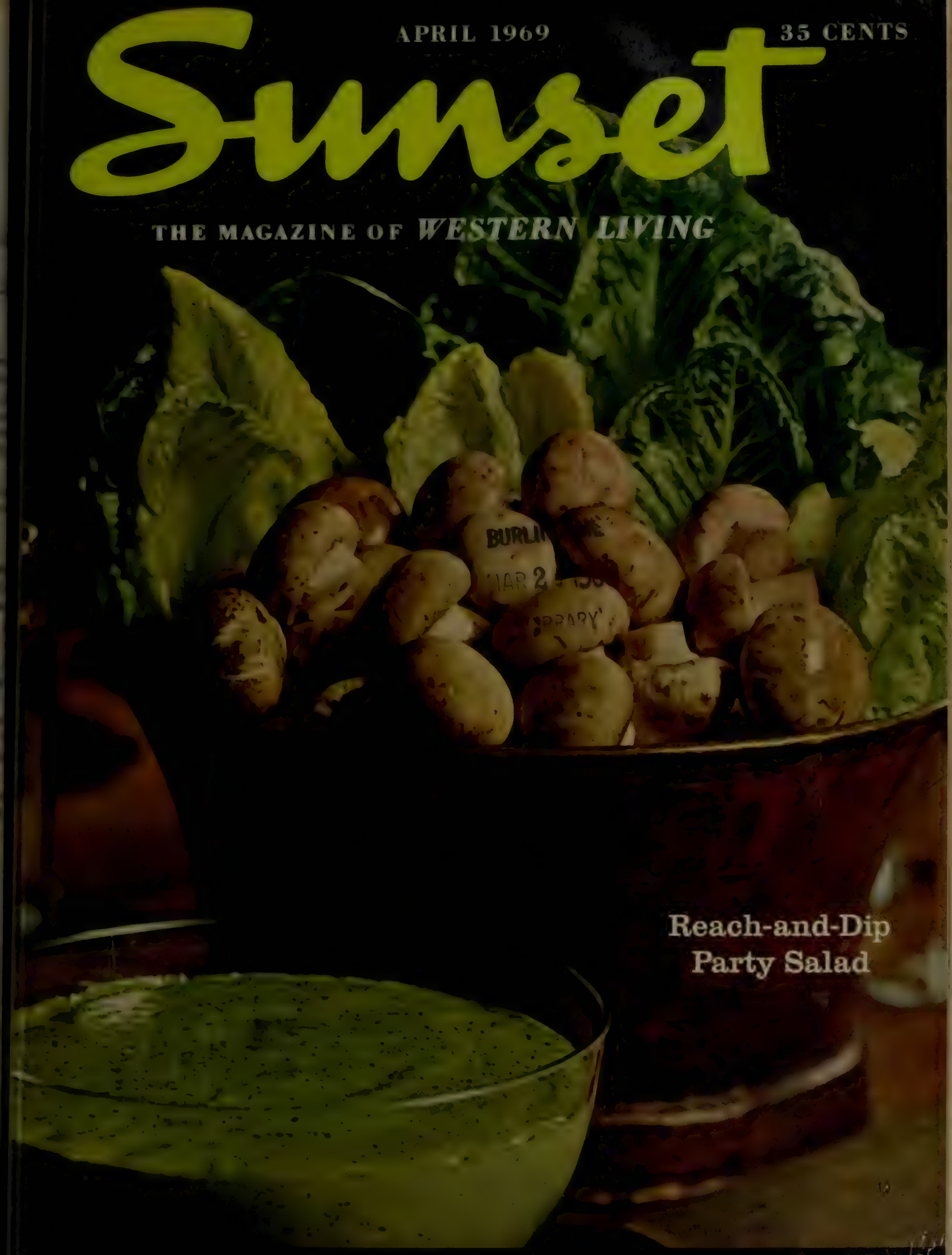

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Feature articles for April 1969

CENTRAL EDITION

PAGE
An April look at old trolleys and trains 54
What's new at San Diego's Mission Bay 56
The new privacy in subdivision living 72
The nothing-to-it big party 80
What can a gardener accomplish between spring and fall? 86
The bath can use some new ideas 92
Old garden tools get a fresh start 118
For Easter morning, a coffee cake duckling 180
Color ideas for your rock garden 242

el

PAGE
ravel in and beyond the West. 3
ic Monterey holds open house. 11
dy crafts this summer 32
t Samoa—it's in Honolulu 35
a's cruises on the Danube 36
as an Alaska stopover 38
ng England by "narrow boat". 42
outings for the inexperienced. 44
lown at Shaniko 48
a's Inside Passage by ferry ... 53
look at old trolleys, trains 54
's new at Mission Bay 56
ssee is a lake of surprises 65
Mendocino:
hing's improving 66
owboys and Indians at Kanab. 68
uggage? Why not anticipate ... 71

dening

much can a gardener accomplish? 86
some young gardeners 100
in your garden 222
d you try for vegetables? 226
e beginner's begonias 228
reen and white, leafy and cool .. 230
ing in plants from Canada 232
a greenhouse, now a plastic tent 234
a likes and needs heat 236
his side they grow vegetables ... 238
grow flowers with vegetables .. 240
r ideas for your rock garden 242
ies work as temporary shrubs ... 249
e crazy proteas 250
year why not plant peanuts? ... 252
ther plant quite matches it 256
to read a botanical name 260
ing a start on cymbidiums 262
are April garden events 264
and tough—Carefree geraniums 268
all them frog plants 279

Letter from *Sunset:*
Salute to tree planters 280

Food and Entertaining

PAGE
The nothing-to-it big party 80
*Sunset's Kitchen Cabinet** 154
Apricots flavor this coffee bread 156
Veal scalloppine—white or red 158
First course—open-faced pie 163
The Western Kitchen 165
Easy chocolate chip cake 167
Avocado goes into this sandwich 169
Whole wheat joins with sourdough .. 170
Delicious Mexican ways with lamb .. 172
Beef casserole Mexican style 176
Spring greens in a soup 179
Coffee cake duckling for Easter 180
April menus 182
The pod is delicious 190
Festive chicken for Easter dinner ... 192
Chefs of the West 194
Lamb and vegetable stew with rice .. 198
If you like sashimi 200
One recipe—two kinds of cookies ... 206
Two Mediterranean fish soups 208
She's spooning up hasenpfeffer 213
These Easter eggs are cookies 215
Bottomless beef and vegetable pie .. 218
Ladyfingers with chocolate curls 221

Workshop and Craft Projects

Shade cloth you just iron on 108
"Flowers" using leaves, pods, cones .. 114
Old garden tools get a fresh start ... 118
Dip and dye Easter eggs 131
It's a folding, rolling ping pong table. 135
It's a high-rise birdhouse 137
Bean bag frog is good at poses 148
Bottomless boxes for new trees 247

Landscaping and Outdoor Building

PAGE
They set a stage for showy plants ... 104
A lookout, a bridge, a grand deck ... 125
Their smoke oven is a built-in 132
What to do about garden lighting ... 150
Instead of flowers—the colors and textures of leaves, wood, stone ... 272

Building and Remodeling

The new privacy 72
The bath can use some ideas 92
The Changing Western Home† 107
A new book of ideas and answers ... 116
Book walls 126
The Western Home Awards 128
What about wood kitchen counters .. 138
Glass doors make deck a wind shelter 145

The Cover Story

How do you make dinner parties more fun and easier to manage? Our cover photograph (by Glenn Christiansen) of mushrooms and lettuce in an antique copper holder illustrates one of several high-spirited suggestions presented beginning on page 80.

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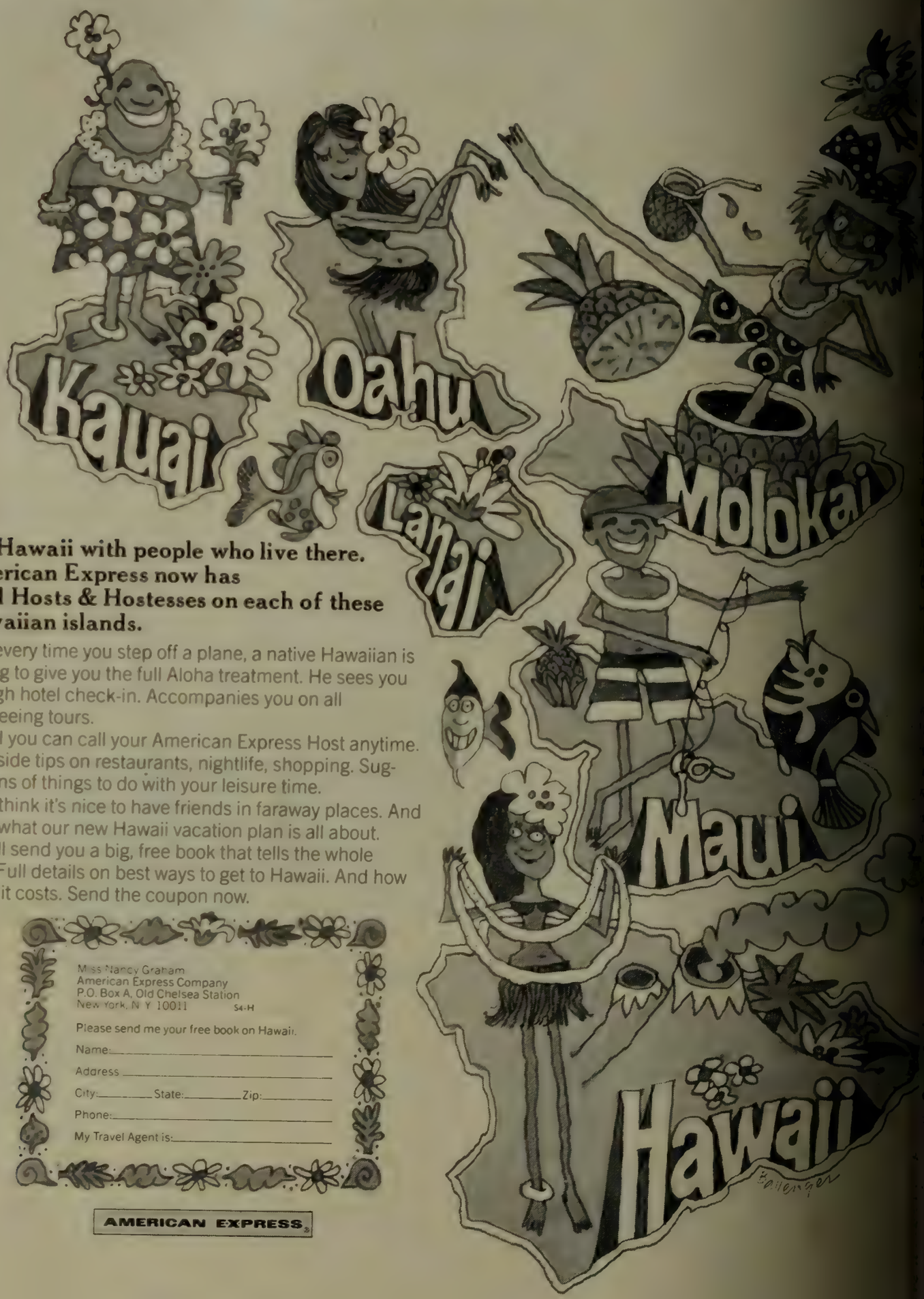
Homegrown Hosts



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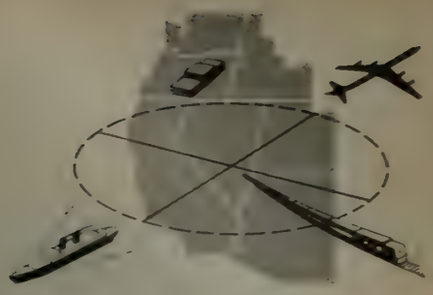

ir skies, minus tides, it tidepooling

brings northern California beaches of their clearest weather. With s tides predicted for the first three ends, this month should be an excep- lly fine time to look at the marine evealed as the waters ebb.

times of low tides listed below will be r as you move south of the Golden (about an hour at Los Angeles) or as you move north (about half an at Humboldt Bay).

turday, April 5, 7:12 A.M.: −0.7
nday, April 6, 8:12 A.M.: −0.8
turday, April 12, 2:30 P.M.: −0.3
nday, April 13, 3:12 P.M.: 0.1
turday, April 19, 7:12 A.M.: −0.5
nday, April 20, 7:54 A.M.: −0.3
turday, April 26, 1:12 P.M.: 0.3
nday, April 27, 1:54 P.M.: 0.4

poolers must be patient; only when look at a pool for some time will you he movement that takes place during low tide cycle. For a closer look, you it bring a large magnifying glass. An erwater face mask eliminates the glare the water surface and makes you almost like a co-resident, but you are anger of a dunking unless you keep e watch on the incoming tide.

informative source books for identi- g tidepool inhabitants are: *Introduc- to Seashore Life of the San Francisco Region and the Coast of Northern ifornia*, by Joel W. Hedgpeth (Uni- ity of California Press, Berkeley and Angeles, 1964; $1.95), and *Between ific Tides*, by Ricketts and Calvin anford University Press, Stanford, if., 1968; $10).

lecting sea life is forbidden in all Cali- nia state parks.

lo Alto's 75th

is month Palo Alto celebrates the 75th iversary of its incorporation. This city 56,800, named for a tall redwood near ich the Portolá expedition camped in 69, owes its existence to the fact that ther Menlo Park nor Mayfield was ling to become the dry town that Sen- r and Mrs. Leland Stanford wanted ngside their newly established univer- y. Thus Palo Alto was founded on a

GLENN CHRISTIANSEN

Spectacular meeting *of rock and wave, home of variety of intertidal life at Pacific Grove*

Sunset

THE MAGAZINE OF WESTERN LIVING

April 1969

Winsome *member of our Seattle office sizes up a Tacoma tub*

How big is a bathtub?

One good way to tell a bathtub's size is to put something of known size beside the tub or in it. Such as a person.

In the essay on the bath that begins on page 92, you will notice that many of the photographs show both tub and occupant or occupants.

Our purpose was not simply to publish pictures of young women unclothed but rather to have these young women demonstrate both the bath idea we were presenting and the general size of fixtures, ledges, windows, and the like.

The essay contains pictures of three feminine members of *Sunset's* editorial staff plus two daughters of another member, all five trying on baths for size. If you examine the article carefully, you shouldn't have too much difficulty finding a somewhat different photograph of the tub experimenter pictured above.

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740-acre site on which sale of liqu forbidden.

Palo Alto's main anniversary celeb will run from Saturday, April 12, th the following Saturday. It will star a parade—bands and floats—on U sity Avenue at 10 A.M. April 12.

On Sunday, April 13, several Pal church choirs will join in concert P.M. in Stanford Memorial Church evening at 7:30 P.M. in the Comm Theater, Melville Avenue and Midd Road, several professional dance will present a program of dance popular during the past seven de Admission to these events will be f

Palo Alto has always prided its being a city of trees. The 1959 book *Trees of Palo Alto* published by th Alto Chamber of Commerce has brought up to date and 500 rem copies are on sale for $2 at the cha office, University Avenue and Middl Included is a map and list of nea notable trees in the business distric

Old Stanford grads who might like Palo Alto's celebration as an exc revisit the campus will probably fi spectator events most interesting o second weekend:

Baseball. Stanford plays Oregon St 3 P.M. Friday, April 18, and play versity of Oregon a double-header ning at 12:30 P.M. the next day.

Tennis. Stanford meets UCLA at Friday, April 18; and USC at 2 P next day.

Track. There's a dual meet with US Saturday, April 19, at 1:15 P.M.

As another special attraction later month, the Linear Accelerator o Stanford campus will offer visitors at 2 P.M. on Tuesday, April 22; F April 25; and Saturday, April 26 327-5100, extension 60, for reservati

Sorry, no dogs allowed on major bus lines

In our March 1969 issue, a typogra error in the article *If you plan to your dog* (page 62) makes it appear pets are permitted on major bus They aren't. Bus people report there ply is no suitable space.

Tuolumne's new train ride

The West Side & Cherry Valley Ra lacks length, but it more than mak for that in authenticity.

The location of this new narrow steam excursion run is Tuolumne, 10 miles east of Sonora in Califo gold rush country. From here an o road line (Hetch Hetchy & Yosemi ley Railroad, later West Side Ra reached into logging areas of the Si

Last August a short section of th was reopened for passenger traffic.

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The big one is on the left.

n't rub your eyes.
no illusion.
Volkswagen Squareback on the left
lly has more luggage space than the
y on the right.
back of a Caddy only has 22.2 cubic
f loading space.

The back of our Squareback has 24.7.

And if you need even more room than that, you can fold down the rear seat.

There's 17.7 more cubic feet.

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Because where most cars have an engine, we have a trunk.

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Cruiseliner fares aboard the SS Presidents Roosevelt, Cleveland and Wilson start at just $29 a day for First Class and $20 a day for Economy Class. Space is still available on the following Everywhere Under the Sun Cruises.

Orient Cruises 41-days

Sailing June 21, June 27 and September 3 from San Francisco for Los Angeles, Honolulu, Yokohama, Kobe, Hong Kong, Manila, Hong Kong, Yokohama, Honolulu and San Francisco.

Orient Blossom Cruises 42-days

Sailing July 10, August 4 and September 24 from San Francisco for Los Angeles, Honolulu, Yokohama, Kobe, Keelung, Hong Kong, Manila, Guam, Honolulu and San Francisco. The July 10 cruise takes 44 days, rather than 42, and stops at Los Angeles prior to it's return to San Francisco.

Orient Festival Cruises 42-days

Sailing August 10 and September 18 from San Francisco for Los Angeles, Honolulu, Guam, Manila, Hong Kong, Nagasaki, Kobe, Yokohama, Honolulu and San Francisco.

Shore Excursions are available in each port of call. If time is a crucial factor for you, ask about our convenient Sea Air packages.

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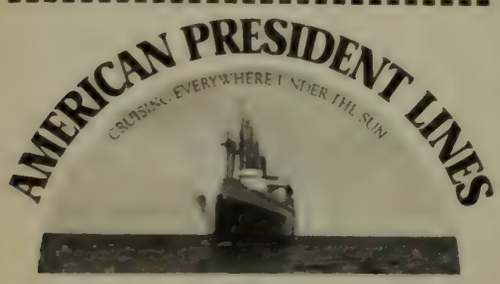


***Engine** is a 53-ton Shay—actual engine used on the logging line from 1913 to*

The excursion train arrives at the newly refurbished station with a hiss of venting steam. You climb aboard an observation car and begin a rattling ride over warped tracks: past log-laden flatcars, past the old mill pond, to the lumber mill marshaling yard. A switch is thrown, and you jerk forward into the railway maintenance center, where old rolling stock stands aging in the sun.

Next you stop to look at some relics of bygone days. Then the train puffs to the depot, to end the short—just 2 miles in all—but rewarding ride.

The train will be operating Sundays from noon to 4 P.M., from April 1 May 25, then daily (same hours) ove Memorial Day weekend. It will run from June 7 through September 7, weekends only until fall closure on (ber 12. Tickets cost 50 cents (ages 12), $1.25 (ages 13 to 17), and $1.75

For travel planners, an April check list

Centennial rail tour. A special three-day rail tour cosponsored by the Pacific Railroad Society and the Orange Empire Trolley Museum will leave Los Angeles on May 8 for a centennial celebration at Promontory Point, Utah, commemorating the driving of the golden spike and the joining of the first transcontinental railroad. The centennial special will consist of air-conditioned sleeping cars, lounge car, dining car, and observation car. Round-trip rail fares begin at $170 per person for an upper berth and include six meals in the dining car, a box lunch and grandstand seats at the centennial reenactment, and bus transportation between Ogden and Promontory Point. For information, write to Centennial Train, Box 146, Perris, Calif. 92370.

Pacific events. An illustrated brochure listing Pacific area festivals, holidays, and celebrations during 1969 is available free from the Pacific Area Travel Association, 228 Grant Ave., San Francisco 94108.

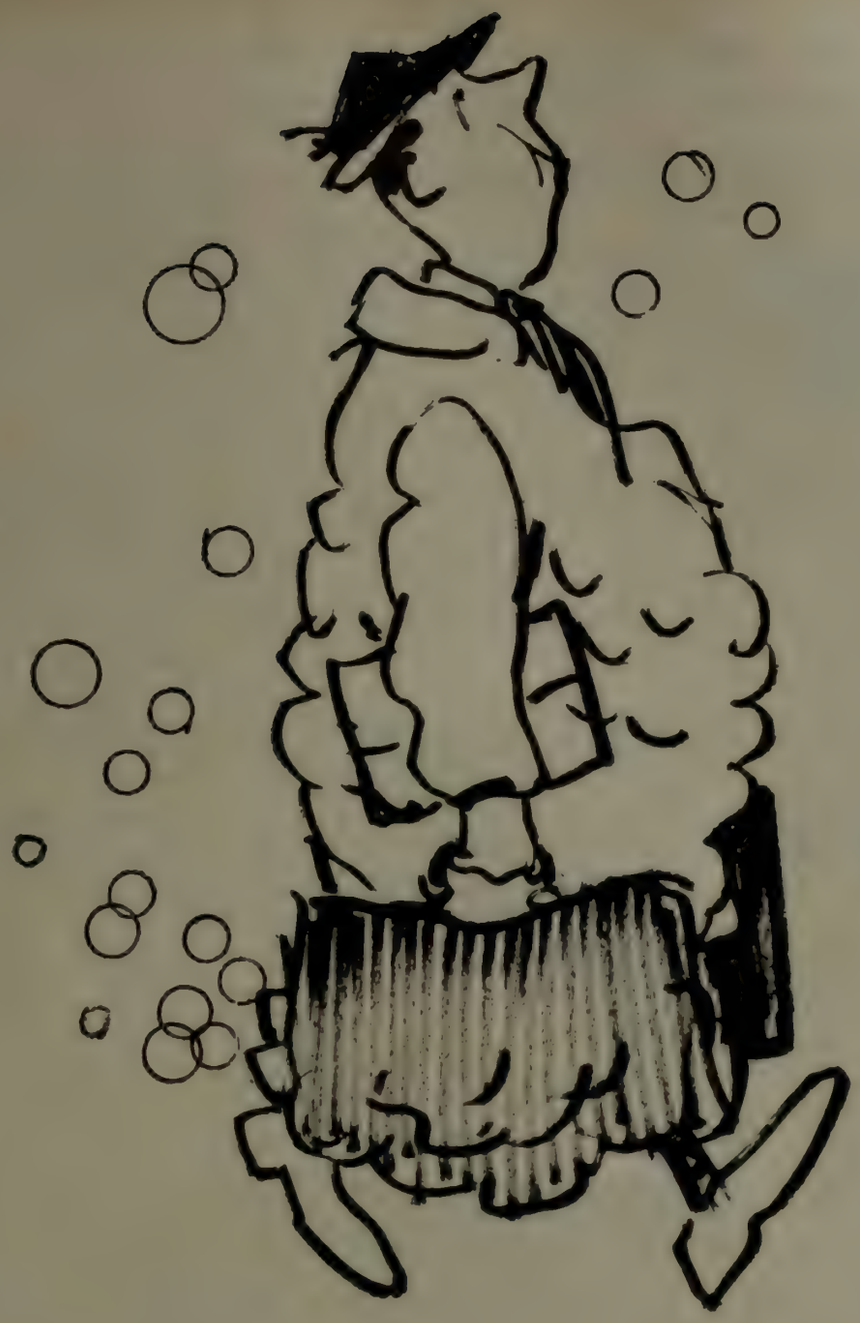
Baja scuba cruises. Seven-day cruises designed especially for skin divers leave throughout the year from La Paz to explore reefs, shoals, and islands along the gulf coast of Baja California del Sur. Cruise cost of $120 per person includes accommodations aboard the 121-foot *Marisla II*, all meals, diving equipment, and the services of qualified diving instructors. For details, write to La Paz Skin Diving Service, Box 133, La Paz, Baja California, Mexico.

Irish cottages. You can rent a thatch roofed cottage in the County Clare village of Ballyvaughan and Corofin this mont for as little as $40 a week.

Weekly rates increase through the summ to a maximum of $75 in July and Augus Each cottage has a large living room, a Irish kitchen complete with open-heart fireplace, and bedrooms, bunks, and a sorted sleeping arrangements to accomm date up to eight persons. For informatio see a travel agent or write to Irish Inte national Airlines, 564 Fifth Ave., Ne York, N.Y. 10036.

Austria on horseback. Highlighted by 12-day ride through Austria, the five-wee "*A Cheval*" tour of Europe will inclu visits to over 16 European cities. Limite to girls 15 to 18 years of age who like t ride, the tour leaves San Francisco on Jun 15, and costs $1,847, including all transpo tation, lodging, and most meals. For res vations, write to Holiday House Trav Service, 916 E. John St., Seattle 98102.

What a travel agent can do for you Provide information on tours; reserve spa on air, rail, bus, and steamship lines; mak hotel, ranch, and resort reservations; tak care of trip planning, including side trip and special events. Travel agencies do no charge for arranging transportation fo package tours, but do charge for "custom tour service.



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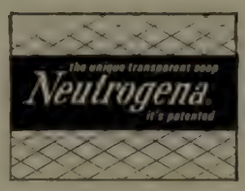

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Sunset SCHOOL AND CAMP DIRECTORY

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fine schools and camps, whose anncements appear in this section, invite direct inquiry and request for a brore. SUNSET suggests that you write or phone the individual school administor or camp director.

Directory is now, we believe, the best le source for Western families seeking pendent schools and the benefits of ate camps for their children. This secn appears in each monthly issue of NSET.

will be happy to answer questions conning advertising from school and camp ials. Please write School and Camp ectory, SUNSET Magazine, Menlo k, California 94025.

BEN LYON

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To obtain tickets ($3.50 for adults and $1.50 for servicemen, students, and children), write to the sponsor, Monterey History and Art Association, Box 805, Monterey, Calif. 93940; or buy tickets at any of the adobes on the tour.

You can start at any of the 12 well signed adobes which will be open from 10 A.M. to 5 P.M. But if you want to take advantage of the buses available to shuttle visitors between the houses, and keep the total walk to about a mile, start your tour at the old Brick House on Decatur Street at Olivier.

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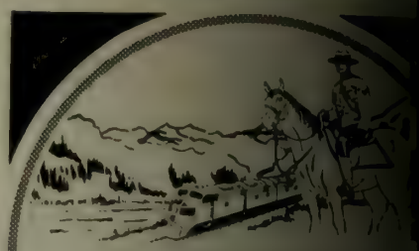

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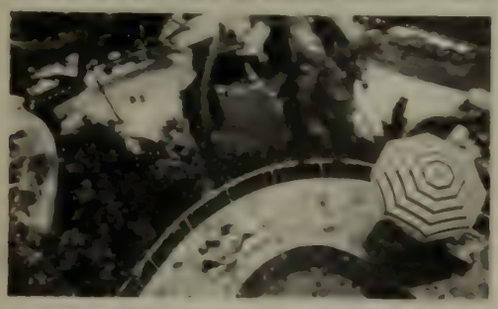

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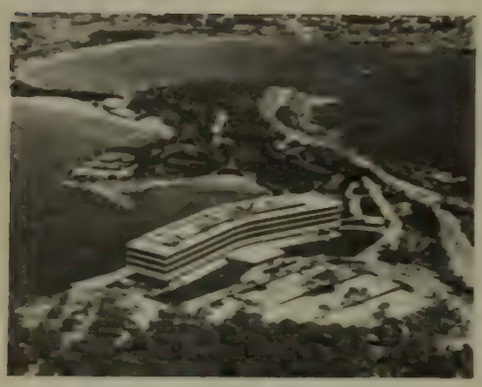

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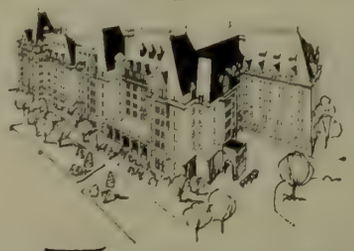

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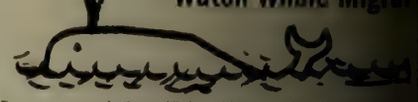

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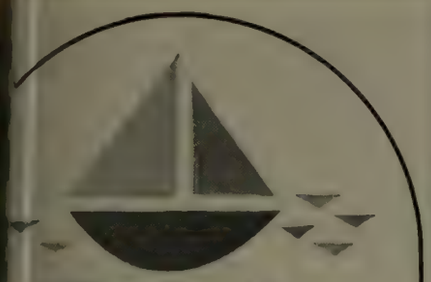

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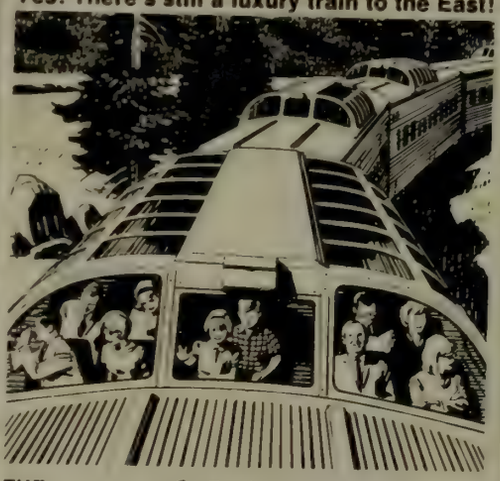

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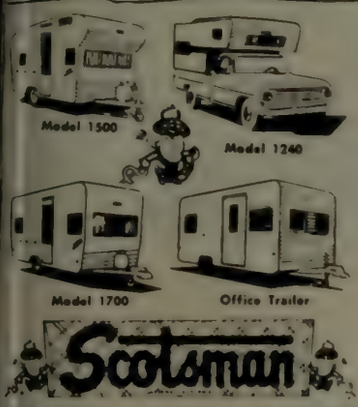

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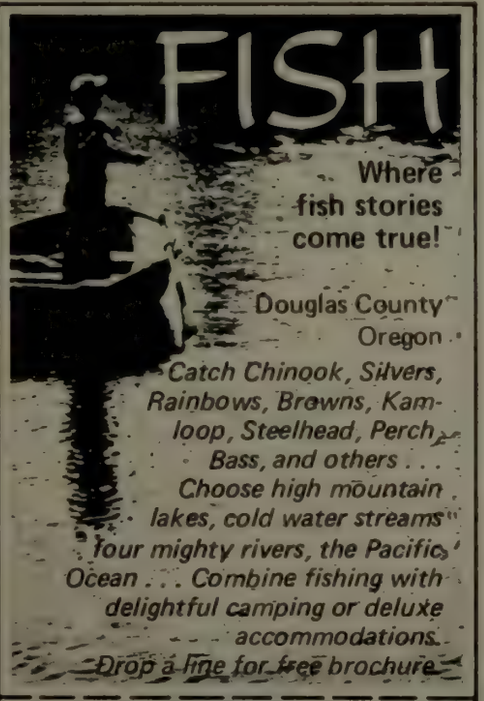

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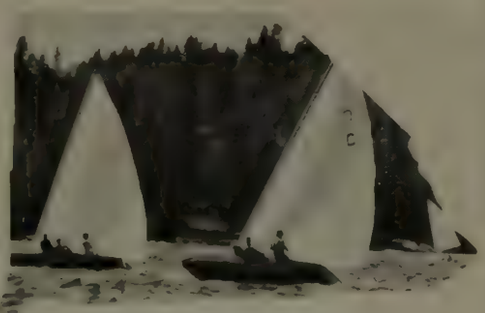

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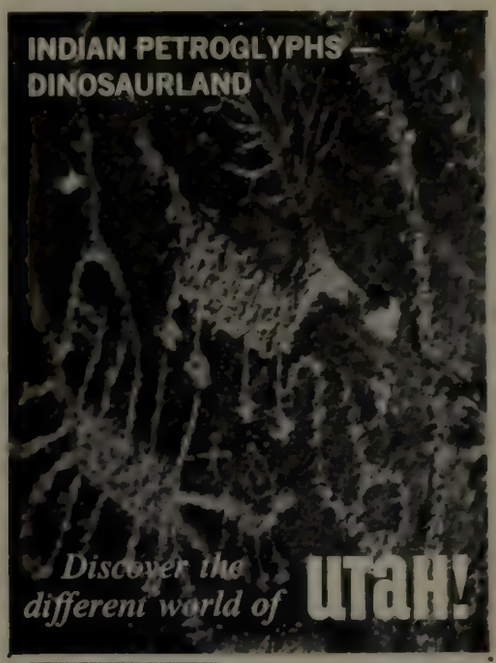

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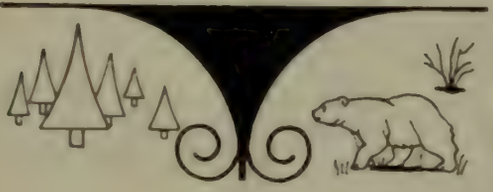

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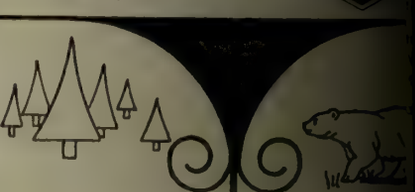

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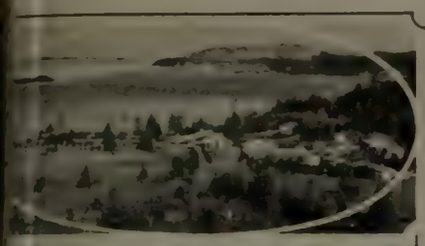

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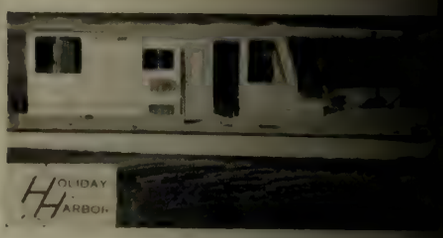

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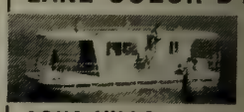

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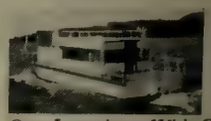

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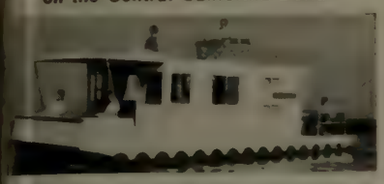

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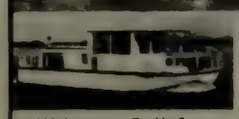

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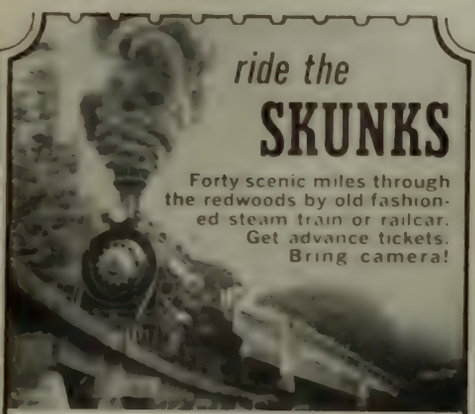

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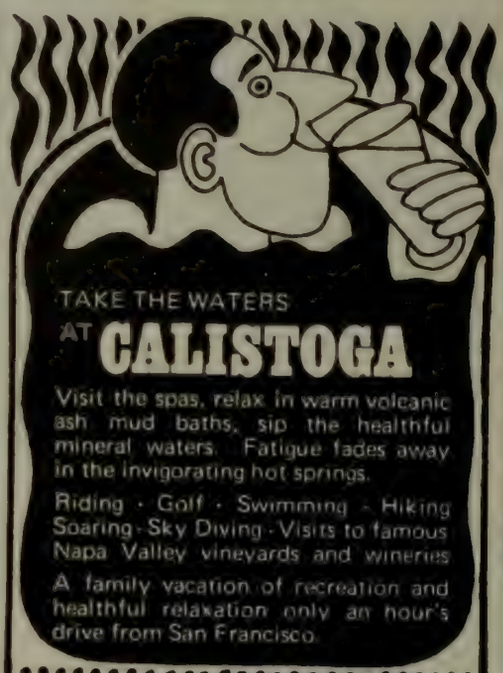

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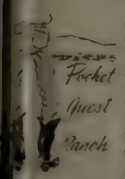

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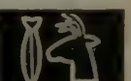

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To study craft this summer

Westerners who might enjoy con their vacations with a short course ting, weaving, ceramics, glass b textile design, or any of the other esting craft programs available th mer will find the American Craft Council publication, *Directory of Courses*, particularly helpful.

The council, a national nonprofit tional organization, was founded i to stimulate public interest and ap tion of the work of handcraftsme

ANNUAL DIRECTORY

Directory of Craft Courses lists un ties, private workshops, museum and art centers that include craft c in their regular fall and spring pro This year, for the first time, the dir will include an insert listing su courses. The directory is publish April; price is $1.

The directory includes almost every imaginable. In addition to general c on glass, metals, textiles, and wood, is specialized instruction in bookbi leatherwork, enameling, gold and smithing, jewelry design, furniture ing, wood carving, sculpturing, n dyeing, batik, and raku.

Of the more than 200 courses list this year's summer schedule, more 40 are in the West.

In addition, an international section information on classes in 11 foreign tries, and dates and places of craf design exhibitions of special interest

Some courses are accredited by th tional Association of Schools of Art, membership includes outstanding profit independent and university e tional centers of art and design.

Courses that students may pursue f grees in arts or sciences are so indi

BIMONTHLY MAGAZINE

The council also publishes a bimo magazine, *Craft Horizons*, with g information on craft projects. The June issue will include a Travel Study section to augment the craft c directory's summer school listing, an give detailed information on dat courses and names of instructors. scriptions to the magazine are $10 y single copies are available for $2.

For further information on these pu tions, write to the American Crafts Council, 29 W. 53rd St., New York 1

Enjoy a spectacular vacation-explore five National Parks in Montana and Alberta.

Discover some of the most breathtaking scenery on the North American continent. See five National Parks — two in the United States, three in Canada. Cross the world's friendliest international border, where a red-carpet welcome awaits you. Thrill to the rugged grandeur of the Rocky Mountains. Enjoy fishing, hiking, trail rides, boating, swimming, golf. Take a snowmobile ride on a glacier — a sky-tram ride above the mountain tops. Days are bright and sunny, nights are cool and restful, and the air is fresh and clear. Fine modern highways carry you smoothly up among the peaks.

Yellowstone National Park Oldest and largest of all the National Parks in the United States. 2,221,000 acres, noted for geysers, waterfalls and abundant wildlife. When you leave, follow scenic, modern highways through the Big Sky Country to:

Glacier National Park Named for the huge Ice Age glaciers that formed its rugged beauty, Glacier boasts 200 jewel-like glacial lakes, and the famous scenic 50-mile Going-to-the-Sun road. Here, almost without noticing it, you cross the border and enter Alberta, Canada.

Waterton National Park The northern portion of the Waterton-Glacier International Peace Park, proclaimed by Canadian/United States legislation enacted in 1932. Waterton is noted for its beautiful coloring.

Banff National Park Perhaps the best known of Canada's National Parks, this area includes the two world-famous resorts of Banff and Lake Louise. From Lake Louise, take the Columbia Icefield Highway, pause for a snowmobile ride on the Athabasca Glacier, then continue on to:

Jasper National Park 4,200 square miles of glorious mountain scenery. Here the Jasper Sky Tram carries you safely 8,085 feet up among the mountains for an unforgettable view.

Plenty of accommodation is available at the price you want to pay in hotels, motels and campgrounds. Clip the coupon for information.

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an community groups *compose and sing songs in five-part harmony—dancer acts them out. Best group wins prize*

It's not Samoa . . . it's April 19 in Honolulu

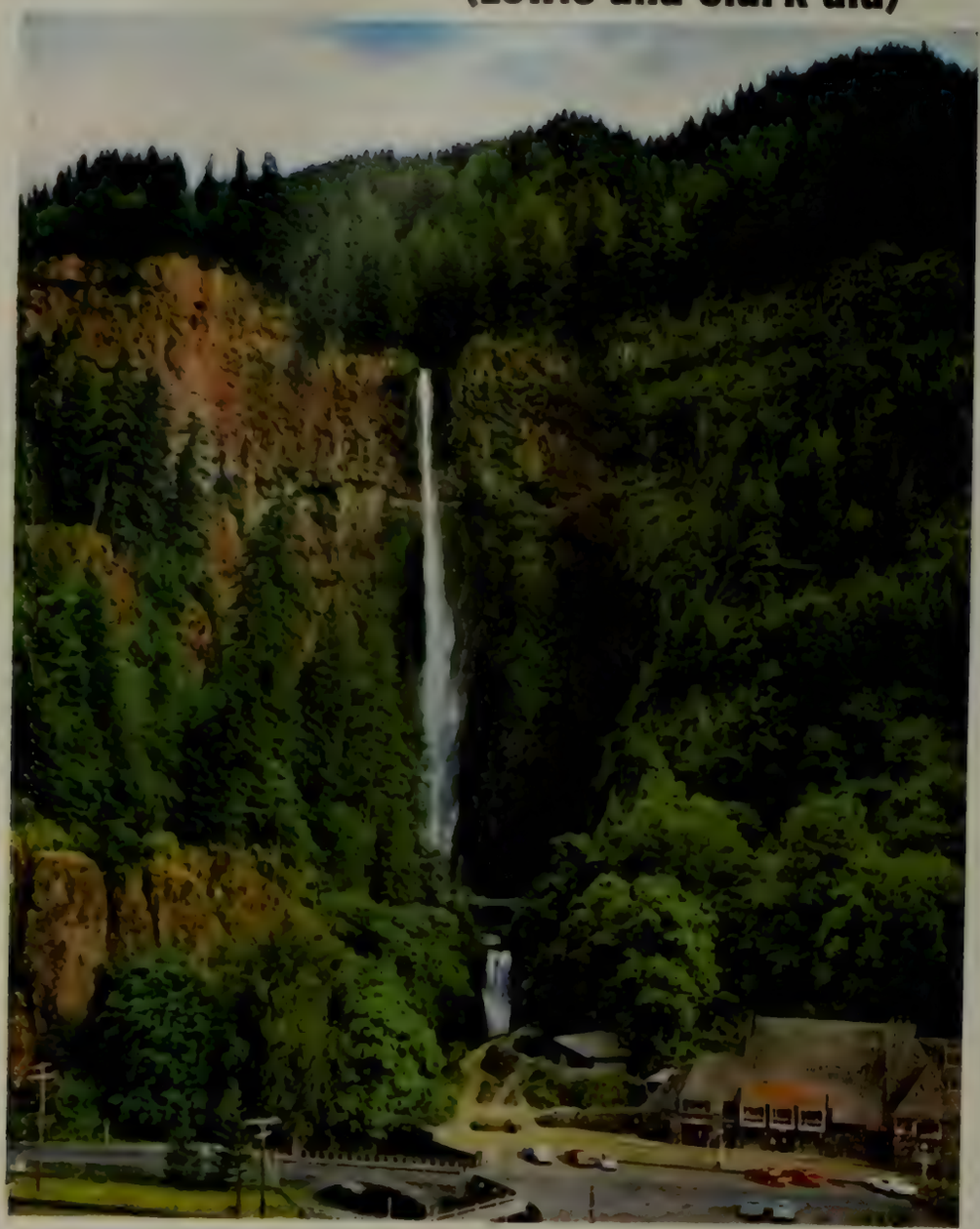
On the left, *Samoan princesses wear headdresses decorated with hair and mirrors; on the right, marching women wearing tapa cloth keep beat with jingling anklets*

ly all of Hawaii's approximately 5,000 oans will be turning out for the Flag festival at Ala Moana Park in Hono- on April 19. If you go too, you will irtually lost in the crowd, but that rt of the charm of this casual, color- celebration.

Day celebrates the first raising of American flag over Pago Pago harbor Tutuila, main island of the Eastern oan group, on April 17, 1900. In the s since, many Eastern Samoans, who American nationals, have migrated Iawaii where they now form the larg- group of Samoans outside their native ids.

ceremonies, dances, and sporting con- s during the day-long program (8 A.M. P.M.) are ones you aren't likely to see where else except in Samoa. Detailed nt schedules are available at the Ha- i Visitors Bureau Information Office, 5 Kalakaua Ave., Honolulu.

Stop, look and relax
(Lewis and Clark did)



When explorers Lewis and Clark made it down the Columbia River gorge in 1805 they did a double-take and stopped for lunch in this Multnomah Falls area. Later, the pioneers kept talking up the Falls until they had the height at over 1,000 feet. But a wiser Oregonian told them they were all wet and proved it with an official measurement of 659.5 feet. Lunch is still being served, but sans Sacajawea.

Multnomah Falls is just one of many natural wonders Oregon offers. We have high, dry plateau country and lush, green valleys. We have lots of lakes, streams, rivers, forests and a 400-mile public-beach coastline. Oregon has almost any kind of out-of-door activity an outdoorsman (or outdoorswoman) could desire. And Oregon offers the man-made wonders, too. Great resorts. Challenging golf courses. Smooth highway system. City fun.

Depending on where you live, come up, over or down to Oregon. This is a place of many places to get away to. Our 32-page booklet will give you a colorful preview.

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made on Sundays and holidays, and
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The boat moves up the Danube
passing between landscaped prome
Near Nussdorf it goes through lock
enters the Danube River. You pass
barges, and you may see freighters
several Eastern European coun
(Downstream the Danube crosses o
ders Czechoslovakia, Hungary, Y
slavia, Rumania, Bulgaria, and R
When it reaches the Black Sea, i
traveled nearly 1,800 miles from its s
in Germany's Black Forest.)

Your sightseeing boat reenters the
below Vienna; as you return to the
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along the water, each with its flat fi
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Budapest, Hungary (3 days, round t
to Iron Gate on the Rumanian-Yug
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For additional information, write to
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From Japonski Island, *where the airport is, you reach Sitka—on southeastern Ala huge Baranof Island—by water taxi. Coast Range mountains rise in the dist*

Sitka . . . as an Alaska stopover

The jet lands and taxis down the Sitka Airport runway on Japonski Island, just across a narrow salt-water channel from the town itself. Sitka wasn't always this easy to get to, but now it takes only 2 hours and 10 minutes to fly from Seattle; and five times a week car ferries of the Alaska Marine Highway System also bring visitors to this famous small city in southeastern Alaska.

Sitka is compact; you can sample quite a bit during the 2½ hours the ferries in port, or in the 4 or 5 hours you m have between plane connections. A you want to spend several days to ex in detail this part of southeastern Al this town is a fine base.

A considerable amount of Alaska's tory took place here. Deep and prote offshore waters made Sitka an ideal chorage for the first trading ships of Russian-American Empire, and "

Marriage off the rocks.

It can happen to anyone. Suddenly, your marriage is a thing surrounded by four walls, with no doors, no dows, and no room to breathe. The trick is to get out from under, to get away, with or without the children, in one sweeping 600-mile-an-hour decision. To get lost in the kind of place where you can find yourselves all over again. Hawaii is such a place. So is the Caribbean. And leave it to the world's most experienced airline to get you there in a great big hurry. We have the widest choice of flights from the West Coast to Hawaii and from the East Coast to the Caribbean. And we can put together a Pan Am Holiday package (of Jet Clippers®, hotels and more) for only a few dollars down n our Pay-Later Plan). Just tell a Pan Am Travel Agent you want to get out of the country and get into this world. In the nick of time. **Pan Am makes the going great.**

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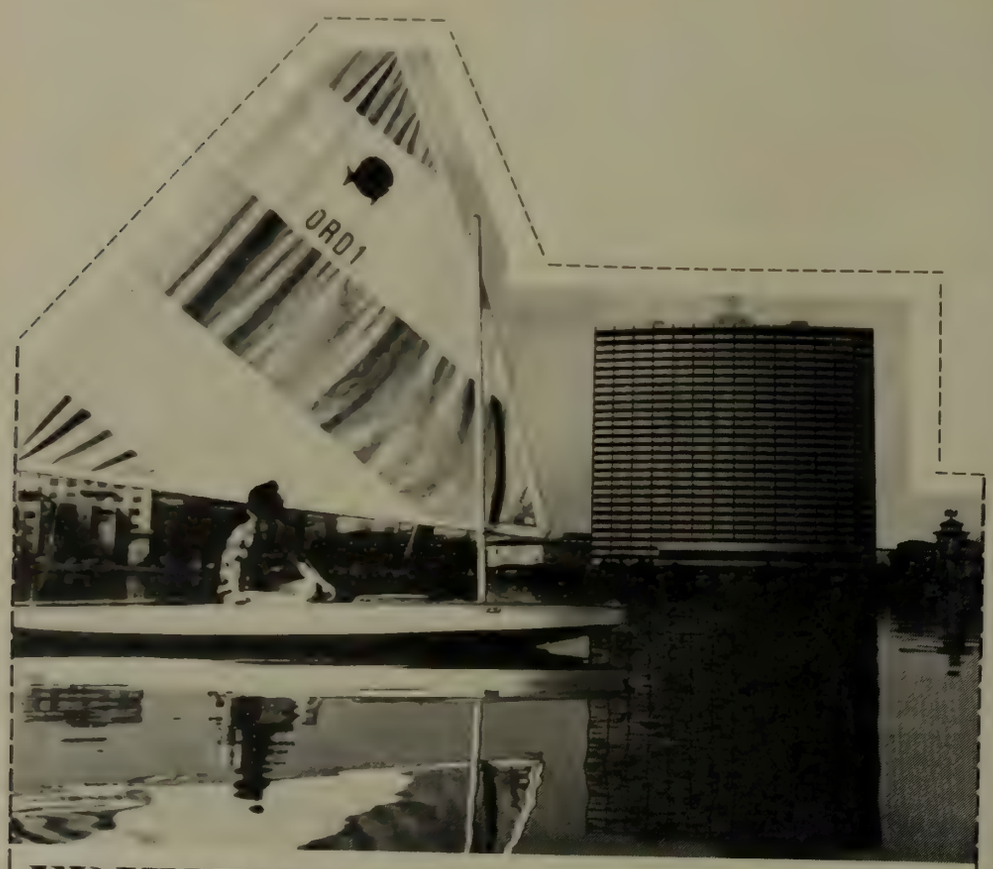
There's also our new $7 million museum of California's history, arts and natural sciences. The fine dining, and fast-paced nightlife of Jack London Square. Shopping. Major league sports . . . and entertainment at our Coliseum. Hotels, motels—even boatels. So go to the lake this year for your vacation—in Oakland!



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Archangel" served for decades as
Pacific capital. Previously, Sitka
an ancient center of the Tlingit
The clash of cultures was protra
at times brutal.

When the United States purch
Russian-American Empire in 1
formal ceremonies of transfer to
in Sitka.

One of the finest Russian lega
Saint Michael's Cathedral, dedic
1848 and recognized thereafter as
example of Russian architecture
New World. It burned to the gr
1966, but the icons and other chur
facts were saved, and are tem
housed in the town's home for
Orthodox clergy. This old buildin
a boarding school, was built in 18

Sightseeing tour. A 4-hour sightsee
($8.50; half price for children un
takes visitors to the notable sites
city's past and present, such as t
sian Mission, Russian Orthodox
tery, Castle Hill (site of the Alask
chase ceremonies), Sitka National
ment, Sheldon Jackson Museum,
Pioneers Home, Tlingit Indian
waterfront and harbor, and Mount
cumbe School on Japonski Island.

The school is attended by more th
boarding students, all of them Indi
kimo, or Aleut natives. They com
throughout the state, and live and
here through the school year.

Sitka National Monument, an ex
area including a museum, visitor
and park, commemorates a battle
between the Russians and Tlingit
Russians won the battle and with
overseas empire. The Tlingits ar
represented in the monument, whe
can see a number of displays of th
tural artifacts. Eighteen totems st
the large woodland park near the m
and visitor center, and contempora
dian craftsmen reproduce the artif
their people in visitor center works

Where to stay, what to do. There is
riety of accommodations in Sitka
half a dozen restaurants. Near the
in pristine forests, you'll find good
Forest Service campgrounds.

Lakes in the mountains near Sitka
outstanding fishing for rainbow tro
Dolly Varden. The salmon fishing,
by Alaska standards, is outstandin
with several 70-pound fish landed
season. Charter boats are available.

The Forest Service maintains rusti
comfortable cabins on lake and sea
throughout Tongass National F
Rental is $2 per party per day.

Transportation to these cabins is u
by charter float plane. They are
popular; reservations are necessary
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Ranger, Tongass National Forest
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Walking through the Hoh Rain Forest

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Passengers disembark *for a short walk along tow path beside Macclesfield C*

Touring England by "narrow boa

In England, during the late eighteenth century, a vast inland waterway system was built as a major form of transportation throughout the country. Boats carried cargoes of coal, wheat, timber, iron, and other commodities on the canals in this system for more than a hundred years.

Today, little commercial traffic operates on the quiet canals that meander through England. Several of the old boats have been converted into attractive floating hotels for weekly passenger cruises. These "narrow boats" work as a pair, one boat towing the other. Diesel motors have replaced the horses that once pulled them, but the gaily embellished boats themselves still look much as they used to. Lounges, dining rooms, and kitchens have been added, as well as other modern conveniences. Single and double cabins accommodate about six passengers in each boat.

Weekly voyages start and end each Saturday from May through September. Cruises are priced from $75 to $88 a week per person, including the rather elaborate meals.

Nine routes are offered through the midland counties, from Hertfordshire to Cheshire and the Peak District. Cruises begin and end near towns where there are boat landings, but all of the routes are chosen for their quiet rural beauty. Boats are moored each evening at a particular place of interest, the runs each day are short, and the locks are frequent.

If a passenger wants some activity, the crew welcomes help in getting t through the flight of locks, and pa can walk along the tow paths be canals, or visit picturesque villag evening.

For additional information a schedules, write to Inland Crui Ltd., Braunston, Rugby, Warw England; or Inland Waterway Cruises Co. Ltd., Preston Brook, rington, Lancashire, England.

Boats *are moored for a long no Dining room is on boat at left; gers may travel in either boat du*

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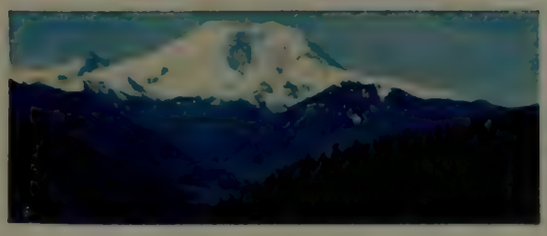
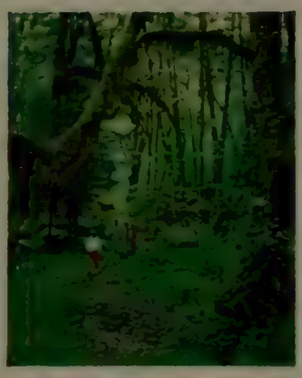
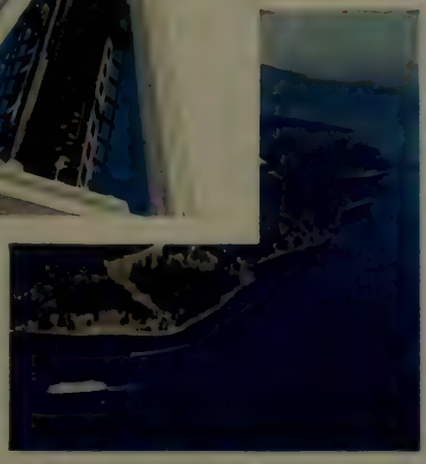


1. Mt. Rainier. Looking for all the world like a giant ice cream sundae. For the best point of view, see it from Puget Sound—on any Washington State Ferry from Seattle.

2. The Space Needle. 600 magnificent feet high. Topped off by a revolving restaurant. Look up to it from any Washington State Ferry from Seattle.



5. The Olympic Peninsula. Don't miss this legendary land of contrasts. Rain forests and sunlands. Snow-fed rivers and boiling hot springs. High mountain lakes and deep sea fishing. Join us at Edmonds or The Seattle Ferry Terminal.



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4. USS Missouri. Weigh anchor with us from Seattle to Bremerton, and go see this historic World War II battleship. Guided tours are available.

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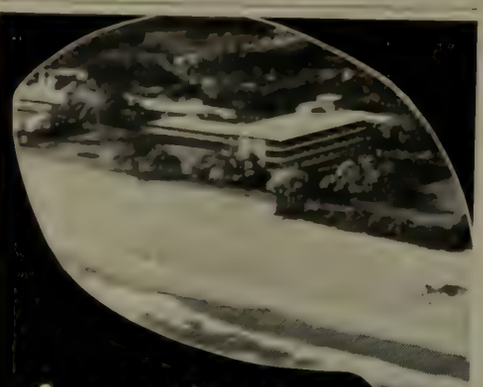

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Camp outings f the inexperienc

No radios, firearms, or pets are on the Sierra Club's summer fam ings for the inexperienced camp program's emphasis is enjoyment derness without discordant notes.

Trips are open to Sierra Club m applicants, or members of conse groups that grant reciprocal pr General Sierra Club dues are $9 p for one person, $13.50 for husba wife, $3.50 for children and young 12 through 21—plus a one-time ad $5 registration fee. Family trips idly, but if a trip you like is alread there's still the chance of a cance

Family rates listed are for two adu one child for one week unless stated wise. The price in parentheses is f additional child. Food and utens cept silverware) are provided.

Threshold camps. Introduction mountain camping, mainly for in enced campers. Children must be a a year old. Ten families per session to Inyo and Sierra national foreste per family ($30); to the Sierra N and Marble Mountains in Californ the San Juan Wilderness in Colo $170 ($40).

Sierra backpack trips. For families enced in wilderness camping and h Children must be old enough to small packs. Five families per ses $145 ($34) to $155 ($40).

Family canoe trips. Family must incl least one teen-ager. Sacramento Riv children under 9) and Middle Fork Eel River (no children under 6). families per session—$210 ($50).

Burro trips. Children must be able to the 5 to 10 miles covered on moving Sierra National Forest, Sequoia an semite national parks. Five familie session—$185 ($50) to $200 ($55).

High Sierra and base camps. High moving camps (Humphreys Basin 20 families per session, no children 5—$180 one adult, $345 two adults each child. Base camps, emphasizing life, are less rigidly organized than outings. Children must be over old. About 60 to 65 people per s $145 ($35).

For details, write to the Sierra Club Bush St., San Francisco 94104; a the February bulletin, and enclos cents for its cost and mailing.

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The Trans-Canada drops you off at all kinds of top-rated summertime events too, like Calgary, and its world-renowned Stampede. St. John's, Newfoundland, and its Annual Regatta (oldest sports event in North America). The Trans-Canada is a terrific tourist guide. Even if you don't take it right across the country, it will still get the country across to you.

Which mountain is that up there? Cirrus Mountain on the highway from Banff to Jasper — two of the world's most famous mountain resorts. The Banff-Jasper highway is an offshoot of the Trans-Canada and is one of Canada's most popular Circle Tours.

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Canadian Government Travel Bureau, Ottawa, Canada.

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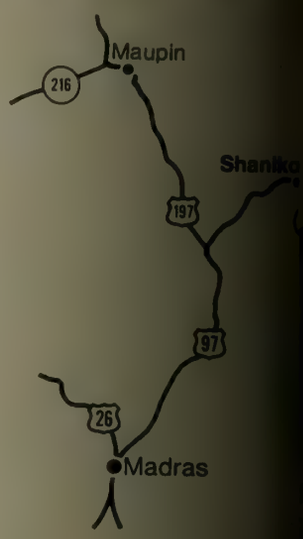
Old wooden buildings *contain turn-of-the-century relics; you walk on board sid*

When you come to Shaniko . . . slow down



Travelers speeding along U. S. Highway 97 through central Oregon usually pass Shaniko without slowing. Yet this scattering of weathered buildings in the middle of grassland plateau, only a few hundred yards from the highway, is a relic of the old West and well worth a visit.

Sixty years ago Shaniko was a sizable town, terminus of the only railroad to the interior of Oregon and in 1905 and 1906 a major wool-shipping center. Thousands of sheep grazed on the plains nearby; freight wagons fanned out from town carrying supplies and returned piled high with wool; cowhands and sheeph swaggered from saloon to saloon had 13 to sample). Some of the last wars were fought nearby.

The town lived high in the decade 1900. In that year Shaniko becam railroad terminus, and the wool-shi boom followed. The town's final pe ity came in 1909, when it was head ters for construction workers buil new railroad line up the Deschutes canyon to Bend. Then, bypassed b new track, Shaniko's influence as s ping and trading center diminished r

Many wagons *have found final resting place in Shaniko. Two-story brick Shaniko Hotel (rear) is town's main building*

SHANIKO TODAY

No ghost town, Shaniko still has 80 residents. Much of its activity on the impressive two-story brick Sh Hotel, built in 1900 as the Col Southern, "Queen of the Highland telries." Most of the 27 rooms are st

lawaii's most unusual hotel opens April 18

to the Hotel SS Lurline. It has thing—everything a grand hotel Smart rooms. Internationally us restaurant. Headline enter- ent. Continental service. And it What other grand hotel does

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Entrance *to unoccupied jail is at si city hall. Three cells are small,*

occupied by pensioners who form worked on nearby ranches.

Dominating the dining room (the for hotel saloon) is a handsome carved b bar. Scrapbooks of photographs and cles about Shaniko's boom days lie on the top of the bar for visitor browse, and many residents are pl to talk about the old days. Meals served family style on oilcloth-cov tables.

Elaborate brass chandeliers hang in high-ceilinged hotel lobby, and an imp sive staircase leads to the second rooms. Perhaps someone will point ou you one of the bullet holes—there several—remaining as mementos of e day arguments.

In recent years attempts have been m to preserve remnants of Shaniko's The old livery barn has been conve into a transportation museum contai a stagecoach and early fire wagon. A the street, more wagons have been as bled. Other buildings contain house furnishings from the town's prime ye

WOODEN SIDEWALKS

Other than the hotel, all buildings wood; several have squared-off fronts. Board sidewalks still remain.

You can go inside the old two-story hall. A side entrance leads to the for jail. Three small cells are lighted di by small slits high in the back wall photograph above); heavy iron bars g the cell entrances.

Away from the central area, you ca the blockhouselike former waterwork long-deserted schoolhouse, and ho steaders' cabins, most of them empty.

The word Shaniko comes from the Indians pronounced the name of pio settler August Scherneckau, whose house was a station on the old stage from The Dalles to central Oregon. called the plateau *Sim-pa-te*, "sum camp ground," where they came to roots for food and medicinal uses.

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Seattle. The *M.V. Malaspina, M.V.* or *M.V. Matanuska* departs every sday at 5 P.M. until May 7. A new le starts May 16 with Seattle de- es every Friday at 6 P.M. Ports of clude Ketchikan, Wrangell, Peters- Sitka, Juneau, Haines, and Skag- Passengers can disembark at any led port, explore the surrounding y, and then continue aboard one later sailings.

ger fare for an adult or child 12 and over between Seattle and s (a 3½-day trip) is $57. Children go at half fare; under 6, free.

e fare depends on length and height vehicle (trailer and hitch are also ed in computing the overall length). ate for the typical family sedan en Seattle and Haines is approxi- y $200.

ruise passengers, or those who do not to sleep in their vehicle, there is a choice of cabins. Prices vary accord- the number of berths in each cabin he facilities. Cost for a berth in a rtable two-berth cabin between Se- and Haines is an additional $22.

Prince Rupert. The pride of the fleet, *M.V. Wickersham*, began operation ummer. Largest of all the Alaskan s, it leaves Prince Rupert, B.C., Monday at 7:30 A.M. until May 12. May 16 through September 12, de- res are on Tuesday at 10 A.M. and y at 11:55 A.M.

Wickersham, currently under Pana- n registry, is prohibited from carry- assengers between U.S. ports; it ntly carries vehicles and passengers en Prince Rupert, B.C. and Ketchi- Juneau, or Haines, Alaska. You may k at these ports and at Wrangell, sburg, Sitka, and Skagway, but must ue your journey between Alaskan aboard another vessel.

urther information and a complete le of sailings and rates, see a travel or write to the Alaska Marine High- System, Juneau 99801.

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Posing *for snapshots on one of the few open-platform observation cars built for interurban service. Its run was Salt Lake City to Provo and Payson*

Listening *to the rails ring as a venerable Fa[illegible] ing Lumber Company Shay locomotive ba[illegible]*

An April look at old trolleys and trains

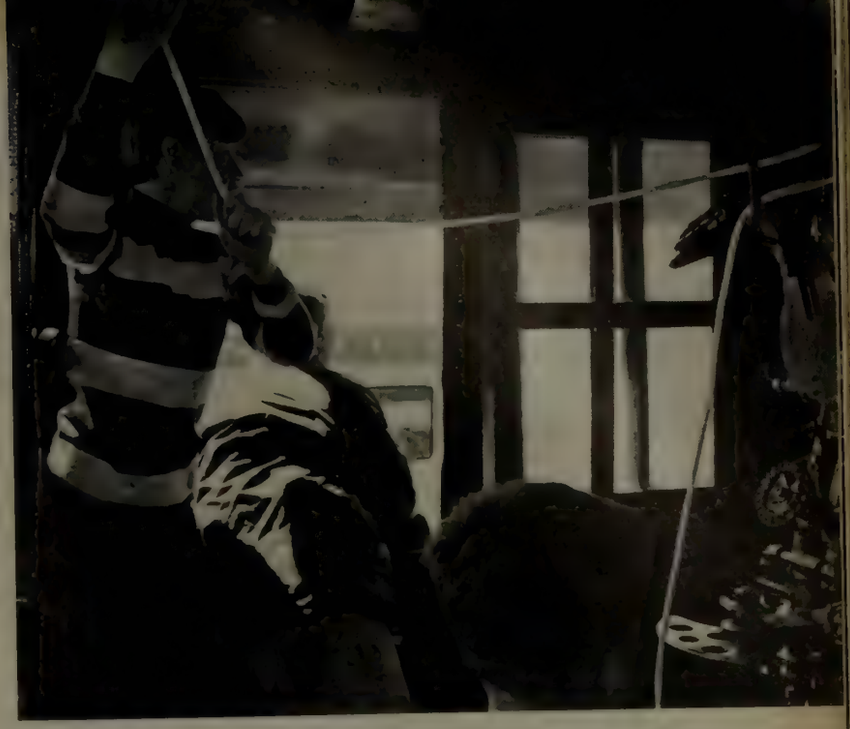
Out in a treeless field [illegible] miles northeast of San Francisco is the California Railway Museum, a remarkable collection of trolley, interurban, and steam railroad equipment from the original yard. It's run in second fashion by members of the Bay Area Electric Railroad Association, who are painstakingly repainting and restoring the old cars.

Weekends from about 9 A.M. to dusk the museum is open to the public without charge. It is easily reached by car (see map).

On Sunday, April 14, the association will repeat the special excursion that drew 750 riders last year. Chair cars, a coach car, and the lounge car pictured at right leave Oakland at 9:45 A.M. (a connecting train leaves San Francisco at 8:15). The train skirts the East Bay shores, stopping for passengers at Berkeley, Richmond, Crockett, and Martinez; heads across green valleys and fields to Tracy, Stockton, and Sacramento; and arrives at the museum about 1:45 P.M. for a 2½-hour visit. The return trip reaches Oakland about 6:30 P.M. Fare is $10.95 for adults, $7.95 for children under 12. For details, write to the B.A.E.R.A., 294 Union St., San Rafael 94901.

Relaxing *on last April's tour in the mid-Thirties decor of the association's solarium lounge car*

Walking *in front of No. 178, one of the "iron monsters" once rumbled and rattled over Muni lines in San Francisco*



Ringing *the bell of an 85-foot-long, Mikado-type steam freight locomotive—one of the pleasures available to museum visitors*

DARROW M. WATT

What's new at Mission Fa

In San Diego's great aquatic park: new recreation areas, new hotel towers, new boat facilities . . . and coming in June, a camping resort

If it has been some time since you have seen Mission Bay Park, the enormous aquatic resort park in San Diego, you will notice some striking changes this year. You can enjoy the park for three months yet before summer crowds arrive. Weather will still be chilly for swimming, but the wet-suit skiers will be out, and the boating and the fishing will be getting better from now on with the lengthening days.

Planted areas are now well established, lawns are green and trees are already large.

There are also a good many new park areas, with fresh landscaping and new facilities. These are principally along Sunset Point, the north and east shores of Vacation Isle, Crown Point Shores, and virtually the entire east shore of the bay along the new-completed section of the Interstate 5 freeway. Here more than 2 miles of shoreline have been equipped for picnicking, swimming, ski and small boat launching, and parking.

The park's summertime shortage of accommodations should be less severe this year, since many of the hotels have gone high-rise to achieve a big increase in capacity. The hotels now have a total of 378 rooms. Last month a new 200-room motel, the

Do-it-yourself *tour on pontoon boat, for rent at Vacation Isle, replaces excursion boats this spring. Capacity is eight.*

Inn, opened. By June, the remaining two hotels will open with other 190 rooms.

The most unusual new development, also to open in June, brings family camping to the park for the first time. On the north shore by way of Olney Street, it will be called Campland. It will have some 300 spaces for tents and campers, no hookups, a restaurant and grocery store, boat launching and rentals, and a swimming beach. And it will offer complete rental facilities: camping equipment, fishing gear, boats, motors, bicycles. Fees had not been set at *Sunset's* press time.

Perhaps the most dramatic change is how the park-within-a-park called Sea World has turned into a bustling place for day entertainment. For a glimpse, turn the page.

Mission Bay map *shows present facilities, renamed streets. New park areas, new hotel and camping facilities have been built*

Right: *70-foot-high aerial tram takes you from Sea World to Atlantis Restaurant, with bird's-eye view of the*

Lady diver *delivers oyster in cup for $2.82; you can have its pearl set right on the premises. At Japanese Village you can also sip tea, watch a brief Kabuki show*

Some people are already at the Sea World gates at the 10 A.M. opening, so they can see the shows before the crowd builds up. Shows, given on the hour and half hour, average about 20 minutes, so you have time to move from one to another. You get the daily schedule as you enter. The performing water and land animals and birds (but not fish) include a killer whale and a bulky elephant seal.

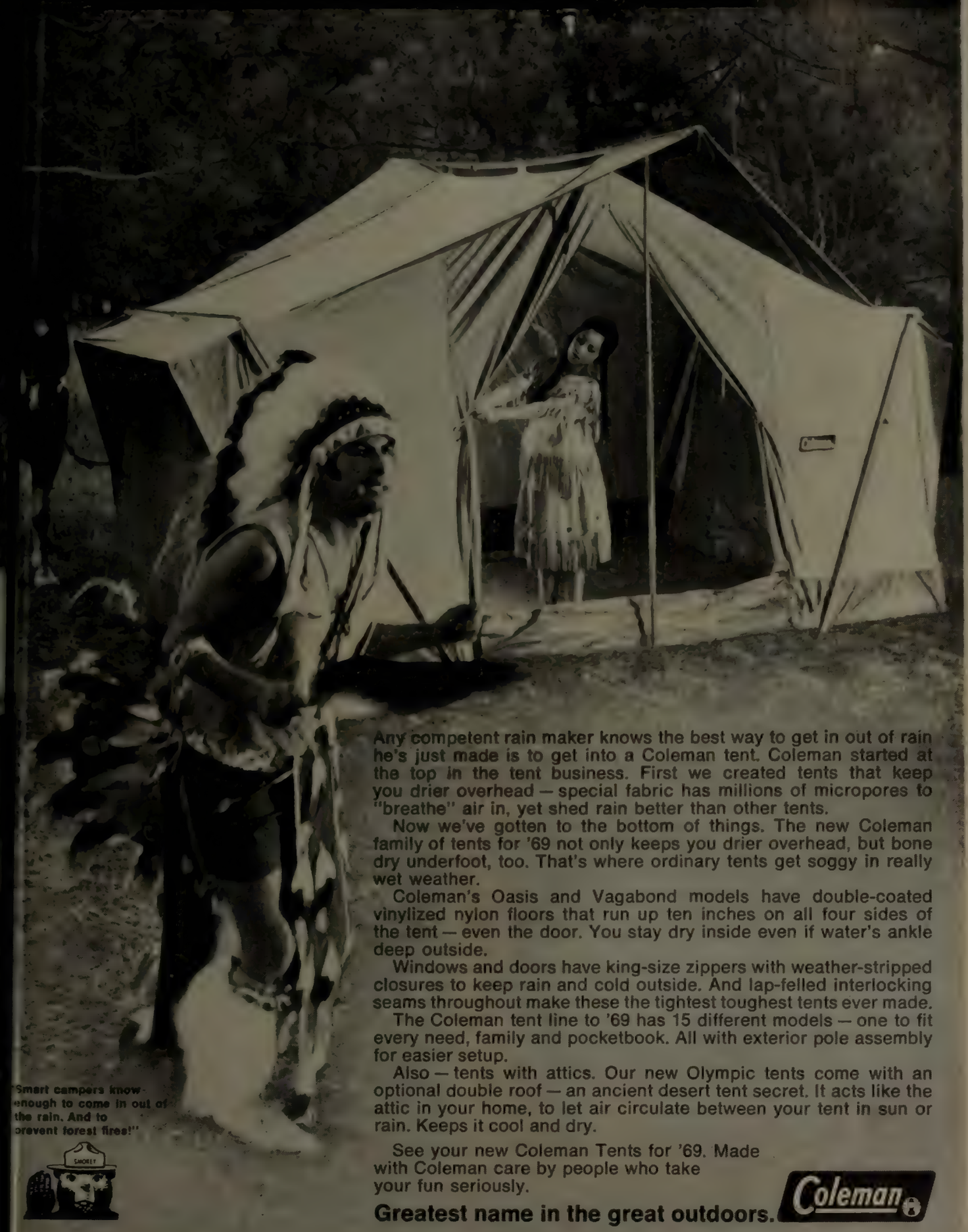
But there's more to see and do than this. Sea World really is a park, with theaters

GLENN CHRISTIANSEN

Right. *Like a show of fireworks, water fantasy is 19½-minute explosion of fountains, colored lights, and music*

Sea World . . . Mission Bay's aquatic park-within-a-park

Alford Sunny Waters will do his rain dance only if there's a Coleman tent nearby... the tent with the bone-dry bottom.



Any competent rain maker knows the best way to get in out of rain he's just made is to get into a Coleman tent. Coleman started at the top in the tent business. First we created tents that keep you drier overhead — special fabric has millions of micropores to "breathe" air in, yet shed rain better than other tents.

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Greatest name in the great outdoors. Coleman

"Smart campers know enough to come in out of the rain. And to prevent forest fires!"

and arenas linked by walkways through flow that are gardens. On a sunny day, it is one of the liveliest places in San Diego. Between shows you can stroll, eat at snack bars or in a picnic area, and watch the continuing exhibits: fresh and salt-water aquarium fish, fresh-water dolphins, and seals. And you can visit the Japanese Village in a separate garden with a replica of the Gold Pavilion of Kyoto.

The basic admission prices are $3 (adults), $2 (ages 13 to 15), and $1.65 to 12), children under 5 are admitted free. Once inside the gates, there are no further fees to pay unless you choose to go on the aerial tram or the hydrofoil rides, 60 cents for adults, 35 cents for children 12 and younger.

Sea World entrance gates close at 5:30 P.M.; the shows run until dusk.

Fence-climbing chimp, penguin on skates

Height *of killer whale's leap is apparent in this view from side enclosure. Trainer also takes wet ride on her back.*

Curious chimp *at bay entrance to lagoon was supposed to be training with dolphin in background for act in lagoon show*

GLENN CHRIS

This bird, *in seal and penguin show, roller-skates more gracefully than he can walk*

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LOU SEIBERT PAPPAS

rtholomä, former chapel and castle, y sign of habitation along Königssee

Königssee is a ake of surprises

ssee, a gemlike Alpine lake about 3 south of Berchtesgaden, Germany, ke of treats and surprises.

ric boats take tourists on a 2-hour l trip to the headwaters of the placid, e-long lake. You may return on an- boat, half an hour later, or pack a e lunch and stay longer. Shore excur- includes a hike through a meadow e a rushing stream that spills from fields high above.

e point where you first board the you see only a small bay. Then, after ding a turn, you suddenly see the e lake and its mountain backdrop. r cliffs are snow-dappled. Waterfalls ge from great heights into the deep ald green waters of the lake.

light of the boat ride is the view of lomed Chapel of St. Bartholomä, pic- l above. Now occupied by caretakers, andsome structure at different times s history has been a chapel, the sum- residence of an Austrian prince, a l Bavarian hunting lodge, and a ntain inn.

nother point en route, passengers can t and hear a sevenfold echo.

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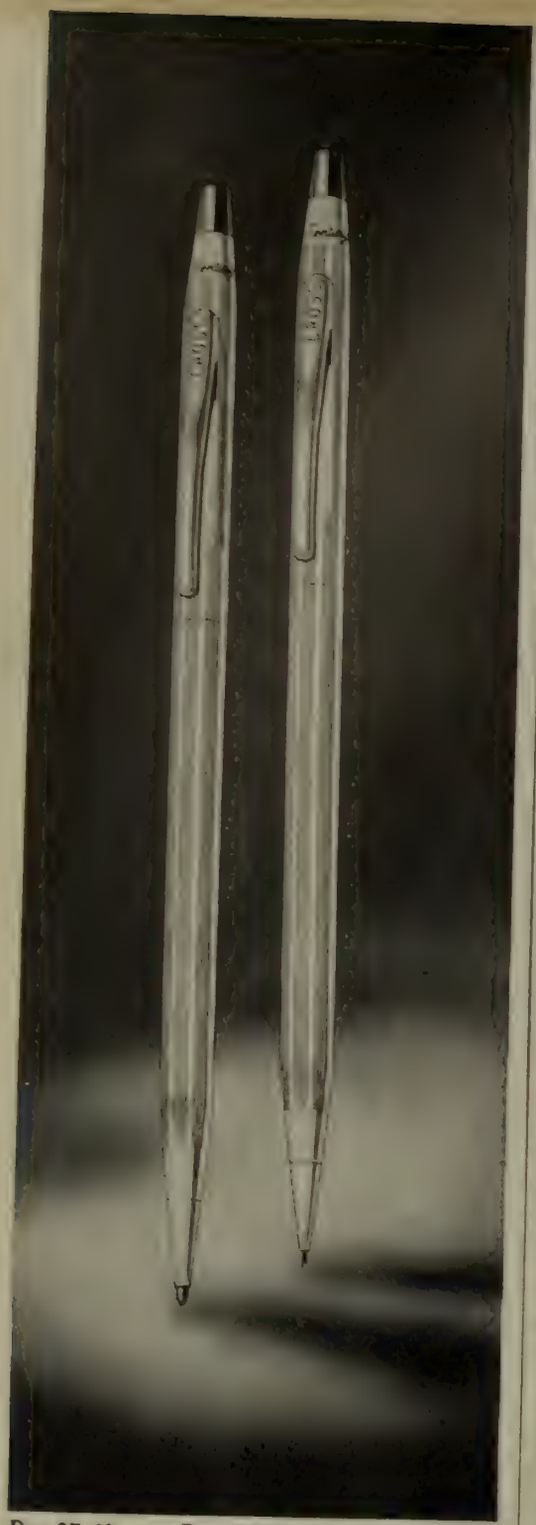

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Outboards *in the late afternoon head for a ramp on Lake Mendocino for haul*

LAKE MENDOCINO: The fishing's improv

The only lake alongside U. S. Highway 101 between San Francisco and the Redwood Country is 10-year-old Lake Mendocino near Ukiah. It is a favorite destination with boatsmen and local picnickers and is improving as a fishing lake.

In the spring, grass covers the shoreline scar where the water level fluctuates. The surrounding hillsides leading to 3,858-foot Cow Mountain, studded with live oak and manzanita, are green after the winter rain. Yet to arrive are numbers of power boaters, water-skiers, and the bulk of the one million annual visitors who come to the lake to cool off in the hot summer.

The lake, a mile by 3 miles, is part of a flood control project. It impounds the East Fork of the Russian River as well as water piped from the Eel River.

Most visitor development is in the recreation areas at the north end of the lake. From Calpella, 5 miles north of Ukiah, turn east on State Highway 20 for 2 miles to Pomo, Lakeshore, and Northwest camps and a boat launch ramp. On the northeast shore are 55 picnic sites, 75 improved campsites, and 37 temporary campsites with tables and barbecue grills.

Along the north shore, also accessible from State 20, look for a special half-mile shore-fishing stretch where boats are prohibited. On the northwest side are 34 temporary campsites.

A mile north of Ukiah you can turn east on Lake Mendocino Drive to the lake's earthen dam. Nearby are a picnic a boat ramp, and an overlook. All fa on the lake are open by April 1. Th no fees. The boat launching ram available for use all year.

Certain sections around the 15-mi shoreline are equipped for large ca groups. You can make advance ar ments by writing to the Reservoir ager, Coyote Dam, Route 2, Box Ukiah, Calif. 95482.

The fisherman looking for a trophy specimen will be disappointed with Mendocino. Largemouth black ba vailed in the first years after the da built and there still are a number o 6-pound bass caught. Then stunted gills and green sunfish overpopula lake. In August, 1967, the Fish and Department planted 40,000 striped Recent testings now show the new are growing and that some have r the catchable size of 16 inches.

This month before the lake water to summer levels, a few trout w into the northern portion where th Fork of the Russian enters. (Trout planted in the lake; officials feel it i suitable for warm weather game sp

But April's a peak time for catchin pies and catfish.

Fishing season extends througho year, with a five-trout limit in effect regular trout season is closed (Nov 16 to May 2 this year).

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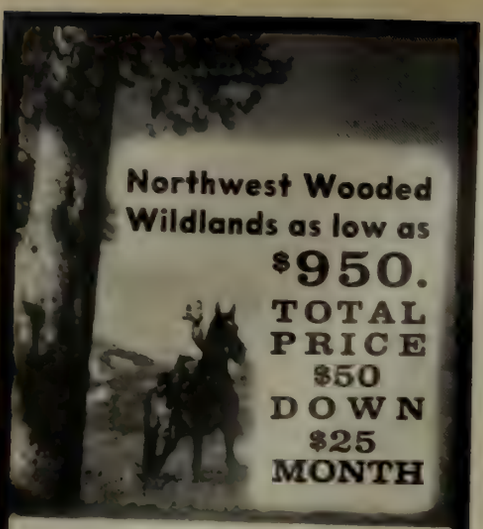

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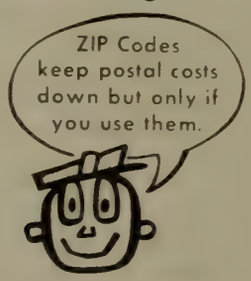

Hollywood moviemakers *film a bloody battle scene on location near Kanab,*

The cowboys and Indians at Kanab

When the cowboy-and-Indian moviemakers pack up their cameras and crews to go on location, they very often head for Kanab, Utah. Just 3 miles north of the Arizona border at the junction of U.S. highways 89 and 89A, the town has earned a permanent reputation as the home of the "horse opera." Many a bugle-blowing cavalry charge or hair-raising Indian attack has been filmed against the backdrop of the red-rock canyon country that surrounds Kanab's tree-lined streets and bright green lawns.

If your vacation plans should take you through Kanab this spring or fall, chances are very good that you will have an opportunity to see a movie or television show in the making. Visitors are usually welcome on the sets, and almost anyone in town can direct you to a current shooting location. Between scenes the coffee shops and restaurants are often populated by costumed movie extras, and it's not unusual to see battle-stained troopers and Indian warriors sharing a table. The more famous movie and television personalities go on location less frequently, and p privacy.

You can also visit several perma movie sets on the outskirts of town.

Visitors *can tour one of several perma movie sets near Kanab. Johnson Ca set, above, is detour off State Highwa*

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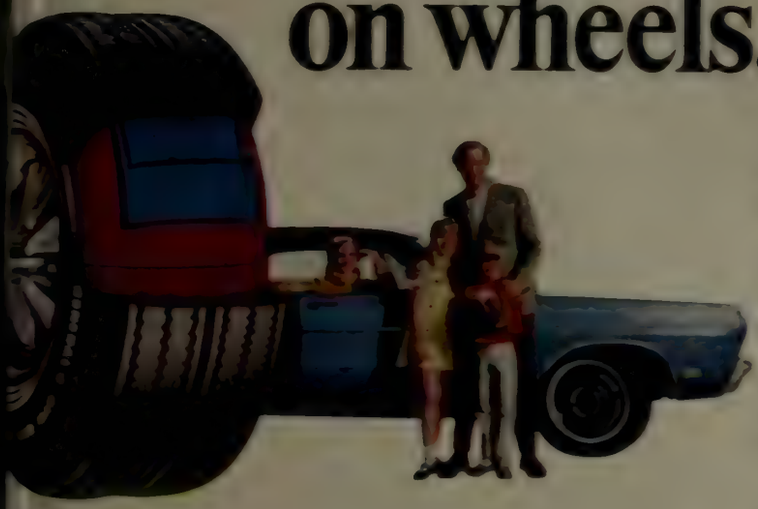

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ost luggage? Why ot anticipate . . .

damaged, or delayed baggage was one leading causes of airline passenger laints last year, according to a recent Aeronautics Board survey. Although es are developing new, faster, and foolproof methods of delivering lug- intact to its proper destination, there lso precautions you can take to pro- ourself against being stranded with- suitcase.

obvious: When planning a trip in- ng a change of planes, don't cut it lose; allow enough time between t connections so that checked- gh bags can be unloaded from one and placed on board another.

e at the airport early enough to l a crowded check-in line, remove ld baggage tags in advance, and h the destination point that is put on luggage tag. Don't hesitate to dou- heck by asking the agent to repeat ag's final destination point.

personal identification tags or travel ers both inside and outside each bag. outside tag will help you spot your ase immediately at the baggage claim Some airlines furnish identification ers, and they can usually be pur- d from shops at major airline ter- ls. You can also buy straps that go nd the outside of your bag. Some elers put colored tape or yarn on their to make identification even easier.

inside sticker, with your name and erably the address where you can be hed at your travel destination, will insure speedy return of your bag if one else picks it up by mistake.

erienced travelers tend to travel light; ve learned how to reduce the neces- s, typically, to one suitcase and a ll overnight or airline bag. The usual edure is to pack everything you won't l immediately in your suitcase and k it through, carrying aboard only small bag with items you might need ing the flight. As an added precaution, might include a few extras, like a ubrush and enough spare clothing for rnight, just in case you and your suit- don't arrive simultaneously.

in spite of your precautions and vigi- e, your bag does not arrive, report the immediately to the passenger service nt at the airport. The airline will put a tracer. According to the airlines, l over 90 per cent of baggage reported is found and returned to the owner l in three days.

Memories are made of these in the Philippines. Which one will you remember?

The glowing smile of a gracious Filipina. An exciting moment in a cockfight.

A haunting *harana* outside your window. Swinging nightclubs.

Fun-filled barrio fiestas. The breathtaking view of the rice terraces. The incredibly beautiful beaches.

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Many will bring back the lovely memory of unforgettable sights they saw. Thrilling experiences shared. Which one will *you* long remember?

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An 8-foot wall *hides this private garden from neighbors. Garden becomes an outdoor room with a pass-through from kitch*

The new privacy

Changes coming now in subdivisions result in more usable lot land and new privacy out-of-doors. Here is a report from Southern California

DEANE GARDEN HOMES: $30,000-$36,000; LAKE FOREST, EL TORO

ter and dining deck at right. A sitting area (center foreground) beside swimming pool opens from the glass-walled living room

us on an inspection tour of model es in eight developments, mostly on growing edges of the Los Angeles - ge County metropolis, and you will ome ideas that would have been quite al a decade ago.

ng many new approaches, one of the interesting is the search for ways to land less wastefully than when a e is simply centered on a rectangular With such conventional placement, wo side yards are seldom usable and space in front is most often devoted mainly to driveway and to landscaping for public display.

Builders are learning to change this positioning so side yards and even front yards can be made into usable outdoor living areas. When they use high walls to make these new outdoor spaces private, the house and the lot can be considered as part of the same floor plan—as if the house wall had moved outward. But for this concept to work, whole groups of houses must be related to one another.

Our tour is not a catalog but a sampling that shows the new privacy in some of its variations. It may not inspire you to move right away, but it might bring you ideas applicable at home right now. Look on the next six pages.

Sunset

THE MAGAZINE OF WESTERN LIVING

APRIL 1969

The first change is to monkey with lot lines and house placement. If you eliminate one side yard you make the other side yard much larger

Lot-line *placing of adjoining house and garden wall create usable side yard. Kitchen opens to side and to front patio and pool, also walled*

Ordinances specify side setback lines to insure that subdivision houses are spaced a minimum distance apart; they will be 15 feet apart if the required side setback is 7½ feet. But such a narrow space between house and property-line fence is seldom usable for anything but a passageway.

Houses can be just as far apart if each has one wall on a lot line and a single wide side yard between it and the next lot-line house. For outdoor-living purposes, this 15-foot-wide space is more than twice as usable as two 7½-foot spaces.

The idea seems so simple you wonder why it was so long in coming.

One reason has been the rigidity o zoning and subdivision ordinances lot-line developments have been i corporated areas, where county o have been more receptive to n proaches in subdivision design.

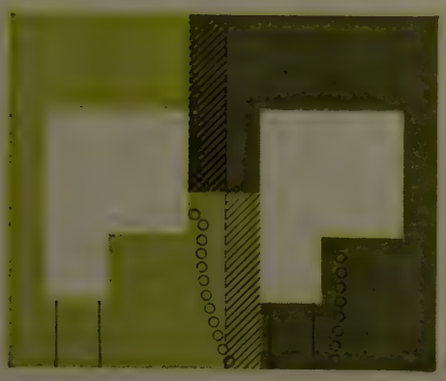
Another reason is that building on t line requires special house design. T living space of a lot-line house nee ual privacy from the neighbor. Th quires a blank house wall next door garden wall or fence extending abov level—at least 7 feet high.

Inside *the house. Glass wall on side is now feasible. Kitchen has serving pass-throughs to side and front patios*
THE PARK: $33,000-$46,000; UNIVERSITY PARK, IRVINE

GLENN CHRI

BROOK: $27,000-$37,000; CYPRESS
lle of fence *marks property line. Easement trade extends entry patio of house at left, widens rear garden of house at right*

Or neighbors may trade side easements. One gets a generous entry . . . the other gets extra space in back



Lot-line building uses land more efficiently. Builders may advertise this as a bonus in space, or they may reduce lot sizes—compared with those of conventional houses in the same price range—without net loss of usable outdoor area. Reduction in lot size may be reflected in price, or it may be offset by community open space and recreation facilities.

The wide side yard is not always devoted to patio uses. It sometimes becomes a storage place for campers, boats, and trailers that won't fit into a garage; in many communities these are not permitted on the street overnight.

The reciprocal easement, as illustrated on this page, is a transitional device used where lot-line building is not permitted. It affects only one lot-line, so it expands usable space by only about half that of lot-line building. So far we have observed its use only between pairs of houses, but it could be applied on both sides of houses.

COLONY PARK: WESTLAKE VILLAGE
Passers-by *in this completed subdivision get only brief glimpses into front gardens through open gates. Note higher side*

The next thing is to build really high garden walls . . . 7, 8, even 12 feet . . . front, sides, rear. If design is good the street side is still attractive. The inside is private

GARDEN HOMES; LAKE FOREST

l home sign *calls attention to side walls. This one is 7½ feet*

But cats *can't read, so they look over anyway*

nventional siting makes possible a e side yard. High walls make pos- a usable space in front. The result is builders call the three-yard house. imming pool isn't restricted to the but can go in the front or on the side around a corner.

-wall houses require special design zoning. The subdivision pictured at represents one of the most elaborate uses of the concept, with walls almost out to the sidewalk. Landscaping for public display is minimal; front-yard usability is almost complete. High garden wall merges with house wall, and two-story roof sections above the wall line give little hint of how much house is under flat roof.

On a walled lot, the house can be unusually versatile; every room can be related to the outdoors, at least one outdoor area has the sun or shade you want at any hour of the day, and outdoor areas can be zoned to separate activities.

The effect from the street can be one of pleasing unity, like an orderly version of some Mexican villages—although an open garage door seems somehow more jarring than usual. And a Great Dane's woofing inside a masonry-walled court can reverberate into a horrendous boom. It is also obvious that most women are less likely to drop over to the neighbor's in a robe for morning coffee when the only route is the street. For privacy you give up some neighborhood sociability.

In the less drastic use of the high wall shown below (which also requires special planning and zoning), only the front patio is walled—along the front and side.

in front *makes private garden space out of an area more conventionally devoted ublic landscaping. It is particularly useful on a cul-de-sac or a corner lot*

ROCK HILLS; $35,600-$45,000; IRVINE

Inside *front wall, kitchen-family room glass wall faces swimming pool*

VALENCIA HOMES: $27,500-$30,000; VALENCIA

Garden wall *is blank wall of adjoining house. This creates privacy for kitchen and family rooms open to side yard*

Last and very important, the house itself must change a little. No windows at all on one side to insure neighbor privacy. And house and lot should be floor-planned as one

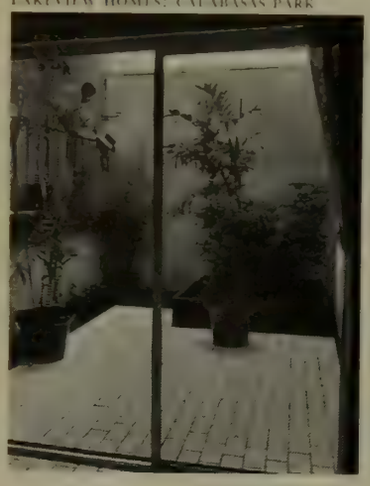
At the fullest development of the lot-line concept, every ground-floor room of the walled houses can have a large opening through glass doors and walls—and without the fishbowl effect of a picture window facing the street or a neighbor's windows. It should be obvious that this will work best where a whole subdivision has been designed for lot-line building, but some builders mix the types.

The new privacy has opened up floor planning in some fresh ways, most notably with the kitchen. The choice is no longer only front or rear: The kitchen now can be just as logically on the side. Often it will be at a front or rear corner, where counter pass-throughs can serve people on two patios.

A compact fourth garden often results from the need to bring light and air into rooms along the blank wall of the three-yard house; it can take the form of an atrium or enclosed court. Three exan are pictured below. One lights three ro one serves two, one is a miniature ga light well for one room.

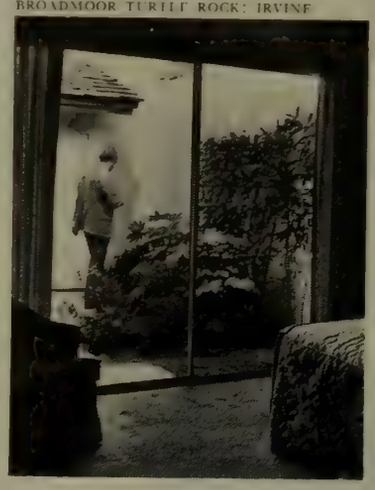
Another way to bring in light is the dow that extends above eye level does not violate neighbors' privac your own—as in the house pictured low. With high daylight and soa ceilings, even small rooms with vi bounded by walls seem less confining.

LAKEVIEW HOMES: CALABASAS PARK



Atrium *lights three rooms. This hillside house also has a small balcony, left, overlooking court*

BROADMOOR TURTLE ROCK: IRVINE



Master *bedroom, living room both open on court enclosed by garage and high lot-line wall*

DEANE GARDEN HOMES: LAKE FOREST

Light well *brings garden touch to otherwise windowless bedroom in wall-enclosed corner*

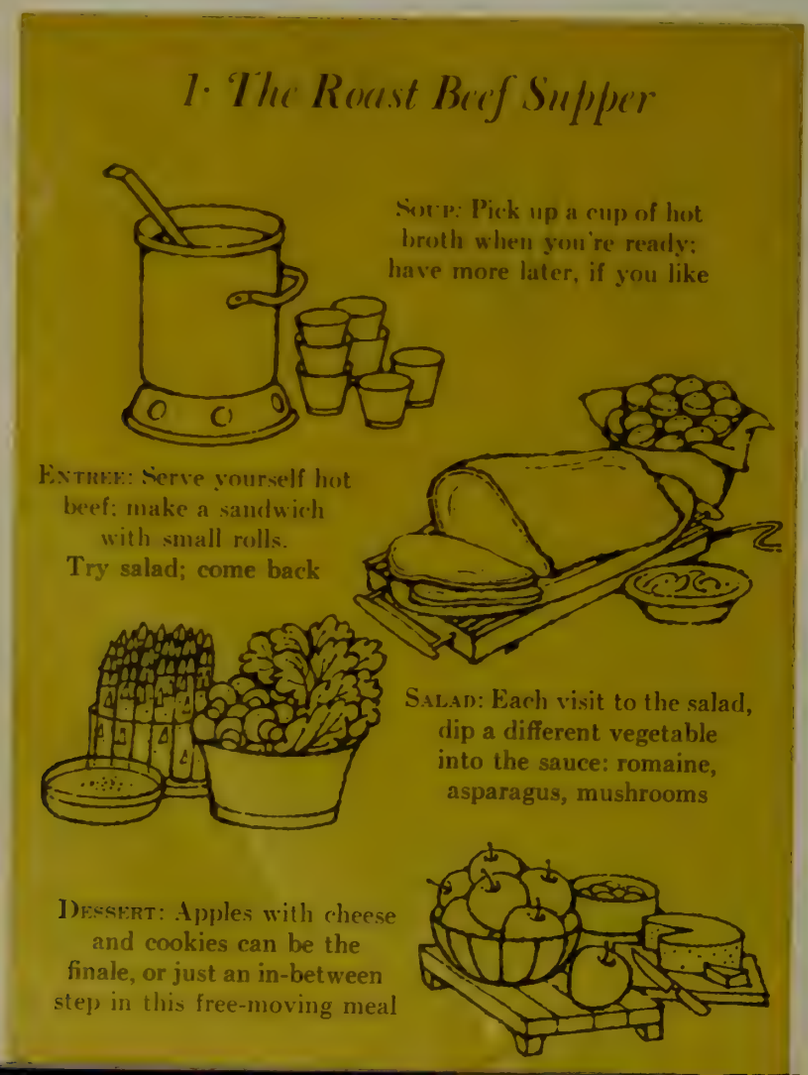
THE PARK: UNIVERSITY PARK, IRVI

LAKEVIEW HOMES: $60,000-$80,000; CALABASAS PARK GLENN CHRISTIANSEN

Most elaborate planning *is required for hillside cluster of lot line houses. Front garden, with kitchen pass-through, has visual privacy from adjoining houses (blank wall, background) and from street and sites at higher levels on the hillside*

The nothing-to-it big party

There's nothing to it because you use no knives, forks, spoons, or even plates. You use rented wine glasses (or nested plastic ones), borrowed coffee cups. It's a walk-around party planned for enjoyment by the host family just as much as by the guests



How do you give a big dinner party by all the rules you haven't enough equipment, or time?

Obviously, you begin by breaking very rules that dictate niceties su formal seating and matching dinne ice, and by shaking up the order meal and the way it is served.

We know that Westerners are doin very thing and are elated by thei cesses. The feedback by mail, phon word-of-mouth on the wine and food

GLENN CHRISTIANSEN

t beef dinner *for three dozen guests: complete, but physically redistributed for easier, relaxed kind of entertaining, serving*

arty we proposed in *Sunset* last May overwhelming evidence that a large-, easy-to-manage, open-end sort of that provided enough nourishment called dinner suited a specific need.

rve the party in progress above and guess who the hosts might be. Or for someone awkwardly trying to nce food and drink.

ces are you won't succeed in doing r, because the hosts can move about ely as any guest, and all food and drink is strictly hand-held.

The physical set-up makes the system work smoothly. All courses are presented at strategically separated locations indoors or outdoors, close enough to invite circulation, yet separated enough to avoid crowding. The food is brought out just before guests arrive and kept at ideal serving temperatures; it's ready to serve without plates and forks and requires no attention once guests have arrived.

Guests serve themselves in any order and any rate that appeals to them, returning again and again to their favorite locations.

Without the usual regimentation of a formal meal, guests and also hosts have the opportunity to move about freely, to visit with one and all, to linger, to come and go without fanfare. And yet the menu's complete—nothing is missing but the fuss.

ROAST BEEF DINNER

The party for 36 pictured on these pages features hot roast beef. First stop is a

GLENN CHRISTIANSEN

With the greeting comes an invitation to refreshment

The wine station greets arriving guests. The glasses are rented

The soup station is by the fire. What you get is drinking soup

Take a cup of soup at your leisure; sip indoors, outdoors

Instead of dressing on the salad, it's salad into the c

At the salad station you dip romaine and raw mushrooms

choice of apéritifs—Sherry, dry Ver
Byrrh—with ice and lemon twists
comes soup, warmed right in the fi
(but it could be on the kitchen ra
an electric warming tray, or over co
We made Brown Stock days ahe
page 88, March 1969 *Sunset).*

Beef, roasted rare (140°, or higher
like) stayed moist and tasty for a
hours on electric warming trays; a
tric knife is handy. New York str
cross-rib roasts are both suitable b
cuts, as they can be readily trim
excess fat. Embellishments for th
sandwiches, made on small roun
included sweet butter, lumpfish
Dijon-style mustard, prepared ho
ish, and a bouquet of watercress o
endive (kept fresh in a vase of wa

beef when you're ready; make into lavish little sandwiches

The entrée station has roast beef and buns, sandwich makings

PETT REDPATH

Stop to cut apples and cheese; linger for dessert conversation

At the dessert station two different cheeses plus apples to slice

special Green Goddess dressing-dip kes a salad of the inner leaves of aine (from 3 or 4 heads), small to dium-sized raw mushrooms (2 or 3), and raw asparagus (2 or 3 lbs.). Pro- le a knife for splitting vegetables.

n Goddess Dressing. In a blender bine 3 egg yolks, 3 tablespoons vine- , ⅔ cup lightly packed chopped pars- , 1 can (2 oz.) anchovy fillets and oil, reen onions, chopped (including most he green tops), 1½ teaspoons tarra- , crumbled.

ver and whirl to liquid consistency, n remove cover and, with motor run- g, gradually add 1¼ cups salad oil. crease flow of oil as mixture thickens; rn off and on to blend. Cover and chill to a week. Makes 1½ cups or 12 to 18 servings. (Make twice as much for 36.)

Barbera was our wine choice; but any robust red will do.

Dessert is a combination of Golden Delicious apples, a large chunk of Fontinella cheese, and several small Danish Camemberts; guests cut and serve.

For a sweet, set out rich homemade or purchased cookies or Toasted Filbert Cake (page 124, February 1969 *Sunset*).

Finish with coffee.

HOW TO PRESENT THE MEAL

All cooking (with the exception of the meat if it is to be hot) is done ahead. You'll find it about as easy to serve three or four dozen guests as it is to serve one or two dozen if you follow these rules:

Avoid any food that requires much individual attention (particularly at the last minute—such as fussy hors d'oeuvres).

Always let guests do as much of the serving as possible.

When reasonable, keep foods whole or in large pieces; they look nicer and stay fresher.

Have plenty of paper napkins and a waste receptacle at each station. Cleanup will be refreshingly brief.

Apéritif: It's best placed quite near the entry. Guests serve themselves. Choose an apéritif wine, champagne, a prepared punch, fruit juice, or any drink that needs no mixing.

Glasses: Allow one for each guest to use through the meal. If guests tend to be forgetful, give them name tags to attach to

GLENN CHRISTIANSEN

Coffee from urn; miscellaneous cups, stirrers, no saucers

Guests man the coffee station. The cups are borrowed

glass. You can use wine glasses (rent or borrow) or plastic throw-away cups.

Soup: It should be hot and sippable. Have plastic throw-away cups to hold the soup, and hot pads to protect hands if ladle or soup container is apt to get too hot to handle. Make your own favorite soup ahead, or choose any good canned or dehydrated soup.

Meat: A large, visually attractive cut like a roast also holds its flavor best, and leftovers are salvageable. If you wish to serve it cold, cook the day before. Guests slice meat and make sandwiches; if you want a special bread, bake and freeze it, or order from a bakery.

Wine: Offer just one kind for a whole meal; you might have the same varietal made by several different vintners for comparison. Keep wine at a separate post.

Vegetable or salad: Dipping is the easy way to add sauce or dressing. Raw or cold cooked vegetables, kept mostly whole (thus easier to prepare) and attractively arranged, have a delightfully fresh look.

Dessert: Fruit should also be mostly whole and decoratively presented. Pears or apples to cut, pineapple cut in chunks and served from its shell, or strawberries with stems, fit into this menu with grace. Pair fruits with cheeses—in large handsome pieces from which guests do their own cutting. As an alternate or an addition, offer a sweet that can be eaten out of hand, such as cookies or an uniced cake.

Coffee: This is easiest served unpretentiously from a large percolator urn. Make no apology about a miscellaneous collection of coffee cups—just tuck them into a picnic basket with buffers of color sue paper. Provide cream and sug

HOW TO CALCULATE QUANTITIES

Be generous in your estimate i amounts of food and drink, as ap can be surprising when guests have of time and free rein. For examp one serving: 1 cup of soup, abo pound of meat for 3 or 4 sandwic half bottle of wine, a big salad-size ing of vegetables, and fruit equal size of an apple.

THREE OTHER PARTY MENUS

Try any one of the following party menus we suggest here, or mix and courses as you like; borrow from the beef dinner as well.

A turkey dinner:

Begin the meal with iced champagne perhaps continue through the mea switch to a white wine such as Sauv Blanc, Pinot Blanc, Johannisberg, ling. One icing tub can hold all the w

Pour hot cups of Essence of Mush (page 99-100, November 1968 *Sunse*

Carve a few slices from a cold turkey arrange around the carcass with t sliced prosciutto (Italian-style ham) company with prebuttered Parker H rolls from an electric warming tray.

Group cold cooked artichokes in a bowl, to eat leaf by leaf, dipping room-temperature hollandaise sauce. vide a few spoons and knives for ming hearts as exposed.

Serve cut pineapple in its shell; pr provolone cheese to slice. Have a j almond macaroons.

Coffee can be plain, or turned into

The nothing-to-it party tends to be a talkathon. Host couple has time to join in

s with lemon twists, sugar, whiskey.

n dinner:

y or other preferred apéritif wines
de hot split pea soup.

ham hot or cold and tiny corn muf-
not or cold; use electric warming
Serve with a pot of butter and rel-
like chutney, watermelon pickles.

se either a chilled rosé or a mellow
ine such as Chianti or Vino Rosso.

cherry tomatoes into homemade
amole or thawed, frozen avocado dip.
e the guacamole in avocado shells.)
de tortilla chips for extra dipping
alt for plain tomatoes.

seasonal fruits in fondue fashion
134, September 1968 *Sunset)* for
rt with thawed, frozen pound cake.

trami supper:

his sturdy fare, one beverage would
ely throughout—such as a good full-
d Burgundy or some ale.

rming preamble to the pastrami:
soup, strained; or clear borscht.

es your own pastrami (page 138, Feb-
1969 *Sunset)* and serve cold on a
l with a wedge of Swiss cheese. Slice
rve on buffet-sized rye bread. Offer
of mustard, butter, pickles.

homemade mayonnaise to anoint
zucchini, Belgian endive, green beans,
age, turnips; cut off bite-sized pieces.

ent strawberries to dip in powdered
ranulated sugar; accompany with
s of cake such as Cinnamon-Nut
tcake (page 91, August 1968 *Sunset).*

x with plain coffee, or make Irish cof-
Have whiskey and a bowl of whipped
m, nested in ice, to add to coffee.

PETE REDPATH

Here are three other memorable menus. You can mix and match any of the parts. Choose serving containers that will add to the fun

2· *Cold Turkey Dinner*

SOUP: Clear mushroom. Serve from silver pitcher over a flame, an insulated jug, or ceramic carafe

ENTREE: Cold turkey with Italian ham, prosciutto. Tuck into Parker House rolls

DIP: Cooked artichokes mounded lavishly in a big bowl. Dip each leaf in hollandaise

DESSERT: Jar of almond macaroons, pineapple in shell, provolone cheese

3· *Baked Ham Dinner*

SOUP: Split pea, thick and smooth, from bountiful tureen on a warming tray

ENTREE: Baked ham with bone, fine hot or cold; slice and serve on little corn muffins

DIP: Cherry tomatoes to dip in guacamole; tortilla chips for added crunch

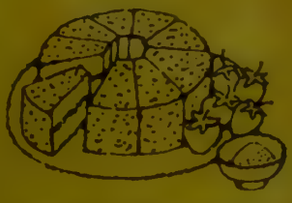
DESSERT: Fruits attractively arranged, to dip in dessert fondue sauce

4· *Pastrami Sandwich Supper*

SOUP: Punch bowl over low heat with strained onion soup or clear borscht

ENTREE: Pastrami and Swiss cheese on a board: starters for hearty sandwiches on rye

DIP: Crisp, bright raw vegetables to cut in pieces, dip in homemade mayonnaise



DESSERT: Rich, iniced cake, sweet red strawberries, and powdered sugar

How much can a gardener accomplish between spring and fall?

As these garden contest winners prove . . . an astonishing lot

DEN NTEST NERS

ARROW M. WATT

From Washington to Arizona, several hundred readers entered a garden contest that *Sunset* sponsored last year. We judged the finalists and photographed their gardens last fall. Six of the winners are pictured in this article—and winners in the children's division are shown on page 100.

The purpose of this contest was to demonstrate the kinds of planting and building a gardening family can do in one season: from that confident beginning in spring until the garden slows down in late fall. The winners present a remarkable picture of accomplishment.

SHELTER IN A HOT VALLEY GARDEN

The Warren Rienecker first-prize garden on these two pages was photographed last fall. The previous February it was just a bland tract lot: The too-small (12 by 20 feet) sun-baked patio was surrounded by nothing but grass. It promised to be a hostile environment in summer when the Sacramento Valley's heat turns on.

In February, Mr. Rienecker poured concrete for the lathhouse footing, the steppingstones, the lawn-mowing strip, and the patio extension. And he laid the river rock ground cover in the lathhouse area and beside the patio. During the spring he built the lathhouse and the patio roof and screen, and Mrs. Rienecker planted the border of pyracantha and strawberries. They planted grape vines next to the lathhouse and wisteria at the corners of the patio roof so those structures will look even mellower in future summers.

The lawn-mowing strip, lower right on this page, is clever. It's wide enough (12 inches) that the Rieneckers can walk out to the back garden on it when the lawn and garden are wet. The strawberry plants on one side can sprawl across it with the berries there remaining mud-free. A deep, fat curb, it also keeps the hybrid Bermuda lawn contained. And, like any good

Lathhouse *at far corner of garden. Roof of 1 by 1's same as on patio shown at left. Concrete steppingstones are set in 2-inch river rock ground cover. Neighbor's walnut is overhead*

First prize winner *Warren Rienecker, Yuba City, Calif., built this splendid patio roof and screen plus other features shown at right*

Mowing strip *separates lawn from border of strawberries. Berries planted in April gave 3 quarts a week in August*

A new patio . . . built with Mexica brick pavers

Left. *Tiles temporarily placed to define patio edges. Owner then removed them, spread sand, laid tile Here he removes nuisance fern frond*

Right. *Same tile patio com It belongs to Mr. and Mrs. Ro Corona del Mar, Calif. B smooth rocks laid aroun*

mowing strip, it offers a hard, surface to run the lawn edger again

PATIO REPLACES DIRT AND MUD

Mr. and Mrs. Ron Yeo won their by paving and planting a 25 by 3 gully bottom. For years it had been dirt or mud, depending on the sea Trees gave too much shade for gras

They paved most of the area with square, 1-inch-thick Mexican brick p (tiles). At left you see some of the p laid out on soil to establish position 1-by-4-inch edging boards. With th ing boards in place, they spread, and compacted a 2-inch base of san pavers were set on the sand, upside because the Yeos liked the texture bottoms better than that of the te

On banks and borders around th floor they set out plants that take and give summer flowers or soft gre fibrous begonias, *Lobelia erinus*, fu impatiens, baby's tears, ferns.

SHE'S INDUSTRIOUS AND TALENTED, TOO

On the Oregon State University c close by Gill Coliseum and Parke dium, there is a post-World-War-II ing project called Campus Court. M Mrs. Barry Wulff, marine biology dents, live in a tiny frame cottage

Last summer, the Wulffs stayed a campus cottage only one day a wee rest of the time they spent doing re over on the coast, 50 miles away. J *those weekly visits home, Mrs. W all the landscaping and most of the ing for the garden shown at right.* I the garden was just unfenced gra

Not shown are: a lily pond; a rock built on a mound made from the lily excavation; cucumbers growing other fence; borders of zinnias and

BIRGITTA YEO

DARROW M. WATT

There will be a 1969 contest

The winners of the 1968 Summer-Fall Garden Contest won cash prizes in addition to the certificate and pair of clivia plants that went to all finishing contestants. In 1969, the Summer-Fall Garden Contest will follow the same general lines for the same kind of prizes with just one difference.

Last year we asked all contestants to send us snapshots of their completed gardens with their final reports in October. This year we'd also like to see early-season snapshots of your garden project in July, even if the project is only in its formative stage. These early pictures will enable us to do a better job of dispatching our photographers to the participating gardens.

To enter, send your name and address (and age if 16 or under) to Summer-Fall Gardens, *Sunset Magazine*, Menlo Park, Calif. 94025. We'll send you an entry number, instructions, and a prize list. Don't worry about the commitment; you can drop out at any time.

an herb garden: a salad garden: and ni squash that took second prize at nton County Fair.

people try but fail to accomplish uch fine landscaping in a lifetime. Wulff also knows how to economize.

By getting many seeds, divisions, transplants, and all the bricks from friends, she spent only $42 on the garden. That money went for the wire fence to enclose the garden, some nursery plants, the bark dust for the walks, and the polyethylene

Her completely new garden cost just $42

mazing *522-square-foot garden of Ella May T. Wulff, Corvallis, Ore. Walks are bark dust over plastic film, edged by bricks. of the plants you see here are 'White Cascade' petunias, dwarf marigolds, Lilliput zinnias, and scarlet runner beans on fence*

DON NORMARK

For plants and for people . . . a new shade shelter

film for lining the lily pond and placing over the ground beneath the bark dust.

"HAD NO PLACE TO ENJOY IT ALL"

The words of Mrs. Neona Tott tell why and how the garden shelter at right came to be: "I have always done all the gardening, but never had a desirable place to sit outside. It always seemed that I had no place to enjoy the fruits of my labor.

"About the time *Sunset* announced the garden contest, I was working on plans for a patio and shelter. There were several requirements. In our big, open, sunny yard I wanted a sheltered place for shade from summer sun, a place where we could entertain and grow some of the small shade-loving plants.

"I drew out a rough plan of what I wanted and gave it to a landscape contractor to build." (Mrs. Tott drew the approximate shapes; he worked out the detailing.)

"Once our new patio was finished, we en-

Paved surface *and two triangular brick planters under triangular roof. "A able place to sit." Just lawn was here before. Mrs. Neona Tott, Los A*

A vegetable garden in planters on a sunny deck

In 23 planters, *Richard S. Shirley, Burlingame, Calif., grew 8 kinds of vegetables, 4 kinds of flowers on sunny second-floo*

ELLE

l it all summer—so much that we most of our time there on weekends ad of going away. We often put our on a tray and take it out to eat in atio and spend a few minutes just ing."

GETABLE GARDEN SUNNY DECK

ard S. Shirley of Burlingame, Cali- a, was the most innovating contest- He grew a good-looking and good- ng vegetable garden (plus a few rs) in containers on a sunny deck.

May 1, he filled four redwood boxes, t long, 10 inches wide, and 12 inches with topsoil and commercial soil litioner. In them he sowed bush beans, ots and radishes, turnips, and peas. owed cucumbers in some little boxes. June 2 he harvested only a handful of peas and reseeded that box with green onions. On June 10, he photographed a handsome radish harvest. Turnips matured in early July, medium-sized, velvety-textured, sweet-tasting. By August 6, cucumbers were large and tasty. You can see one hanging from its box on the railing at left in the photograph on the opposite page. On August 20, he harvested carrots for the first time and more radishes. Beans were beautifully formed and tender. Tomatoes did fine.

Pest control was easy. One day Mr. Shirley found a moth laying eggs on his radishes and swatted it with a fly swatter.

UNUSUAL OBJECTS ADD VISUAL DELIGHT

Last year, the Richard J. Kinsmans of Seattle began remodeling their old garden after spending several years redoing their old house. They tore out and replanted overgrown flower beds. They replaced an elderly 4-foot picket fence with a 6-foot fence of horizontal cedar strips and placed shrubs and trees to screen out neighbors' garages and garbage cans.

Both Kinsmans are professional artists and their taste for attractive and unusual things is evident.

The fountain lady in the photograph below was found at a nursery in Seattle where she resided so long that the staff had named her Eleanor; the Kinsmans still call her that.

The cedar deck in the same photograph serves many purposes. It rests on a bed of big stones collected on trips to ocean beaches and mountain creeks. The deck is a patio but doesn't get mossy in winter like brick patios so regularly do in the Northwest.

A new patio deck and a fountain named Eleanor

DON NORMARK

ertical logs *fill narrow side bed between walk (step- gstones in river rock) and the property-line fence*

In same garden, *deck for sunbathing, barbecuing, containers. It backs up to the rear fence (at left, out of picture). Richard J. Kinsman, Seattle*

The bath is a place that ca

For close to 40 years the American bathroom has remained basically unchanged. Now that designers have awakened from this Rip Van Winkle sleep, we're seeing a rather spectacular change in both the bathroom layout and the design of the fixtures that go in it.

The 5 by 8-foot bathroom that was standard in countless mass-built houses and even in custom houses may soon be a thing of the past. Emphasis now is on more space, division into compartments to accommodate more than one person at a time, and a general feeling of luxury, if not sheer opulence.

Many of the ideas being used in new bathrooms are equally applicable to remodeling. Add a skylight in the bathroom and it becomes a sun room. Replace a wall or two with glass and it's a garden room. Put in ultraviolet sun lamps, sauna, hydro-massage, and exercise equipment and you have the makings of a home spa.

Here and on the following six pages we show you some examples of just how pleasing you can make a bathing environment. You'll find ideas for the shower devotee and the tub soaker. And if you've experienced the relaxation that comes with submerging to your neck Japanese style, you'll be interested in the variations on the *furo* on 98 and 99. For the ultimate in bathing-grooming-health facilities in a home, see the health suite on page 99.

Several of the baths pictured are in new houses, but others are in remodeled houses —and all offer ideas for remodel planners.

Although the examples we show here are custom designed, a good share of the credit for the current changes in bathroom layout and design goes to enlightened merchant builders who realize the value of innovations that help sell houses in a highly competitive market. Much of what you used to see only in custom houses is now available in many tract homes.

IF YOU HAD THREE WISHES . . .

Suspecting that most people aren't 100 per cent happy with their existing shower and tub setups, we interviewed about two

Mexican *quarry tile (12-inch squares) used for*

A two-way shower
. . . a waiting bench

se ideas. Here are some...

en tub, step-down ledge, plant ledge - seat at end. Note fore and aft shower heads. Architects: Clement Chen & Associates

DARROW M. WATT

Sunken tub with planter

Sky-lit, all-wood bathroom with mosaic tile sunken tub, shower (left). Redwood walls, floor treated with liquid plastic against moisture. Owners: Mr. and Mrs. Robert S. Bixby, Belvedere, Calif. Design: William H. von Lackum II

DARROW M. WATT

On warm days, an open wall

Plants grow both outside and inside this bathing room. On warm days the sliding glass door is opened wide. Curtain pulled around tub in recessed ceiling track during showers to protect the carpeting. Owners: Mr. and Mrs. Richard A. Phillips of San Mateo, Calif. Designer: James Casella

ELLIS MARLOG

Bathtub-shower-drying area is separated from rest of bathroom by patterned glass enclosure. Sunken tub (left), shower (center), floor, walls in blue ceramic tile. Exhaust fan located over shower. Architect: Frank Krueger

Shower and tub . . . best together or apart?

Marble around sunken tub warmed by radiant-heat coils. Recessed shower doesn't need curtain. Above are light, infrared heat lamp. Waterproof outlet on wall below towel for portable hydro-massage unit. Owners: Mr. and Mrs. John A. Sobrato, Atherton, Calif. Architect: Paul Wilson Bosholm

The garden bath
dea . . . with walls
of glass or with
just one grand
plant by the tub

men and women and asked them
us what improvements they'd like.
are their suggestions:

owers

*wer head that can be adjusted for
t—up for tall men, lower for women
hildren. (One leading manufacturer
ear offers twin shower heads, one
the other.)*

r-washing attachment.

*wer valve that regulates the water
rature, keeping it constant when
is used elsewhere in the house.*

manent or fold-down seat.

faucet as well as a shower head.

*lf for shampoo where it won't get
d.*

t draining soap dish.

r grab bars.

*el rack set up out of the shower
so you don't have to open the en-
re and reach around to the towel bar.*

rror for shaving.

wer light.

*er-to-clean shower enclosures with
places to collect grime.*

ubs

er tubs.

er tubs.

ng or curved backs with headrest.

agazine or book rack.

*der ledge along one side or at one end
owels, plants, soap, or for sitting.*

*nflow faucet at one end with drain at
opposite end so the tub is easier to
out.*

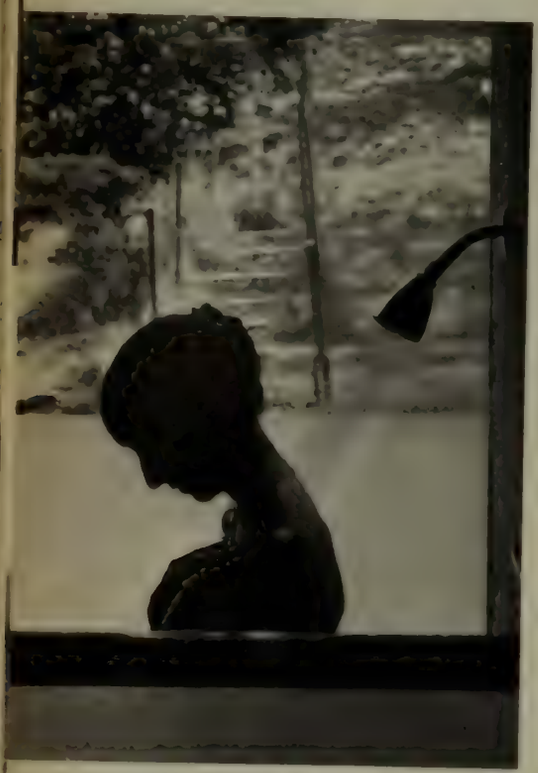
*r-to-reach faucet handles, possibly
ted midway back on the wall or built
the outside panel of the tub itself*

GLENN CHRISTIANSEN

Beside the tub . . . a greenhouse bay window

Bay window makes this remodeled bathroom brighter, more spacious looking. Bay provides shelf for sitting or for a plant, also places the patterned glass window farther away from bather for more privacy from outside. Teen-age girls use tub instead of shower so philodendron leaves aren't scalded. Phonelike shower head unhooks for shampooing, rinsing off. Architect: John Louis Field

Frosted glass for privacy . . . clear glass for view



One way *to simulate outdoor shower. End wall of tempered glass, frosted for privacy, clear above for garden view. Designer: John Matthias*

where they don't get wet and spotted.

A view into a garden.

A heating element in the tub to warm it.

A snap-on drain strainer to catch hair before it collects in the drain mechanism.

An ultrasonic cleaning device for the tub (and shower).

An inflow built low into the side of the tub for more even distribution of hot water and to eliminate the noise of water as it fills. Also, an automatic shut-off when the tub is full (this last is available this year, along with preset temperature control).

Longer and sturdier grab bars, but ones that don't look so institutional.

Soap dishes that drain faster and are easier to clean.

As a matter of fact, some of these are available now, others are being worked on by the industry, and some may never come to be because of cost. However, our interviews did make it quite plain that people think about the shortcomings of their existing bathing facilities and are sure to be more discriminating the next time they're house shopping or remodeling.

THE EASIEST WAYS TO REMODEL

Unless you can enlarge your bathroom or break out a wall to a garden, you are limited to that utilitarian, 5-by-8-foot space. There are, however, ways to make it look bigger, or at least make it look newer and up-to-date—carpeting, new wall covering, new lavatory or counters, and better lighting. Just investing $75 on new shower-tub and lavatory fittings can make a big difference. It's not practical to put in a new tub unless you plan on more major remodeling, but you could face the old one with wood, tile, or plastic laminate and create a wider edge for a seat or a ledge for plants. In many households, the answer has been to le small bathroom for guests and ad bathroom - dressing room off the bedroom or children's wing.

Since few retailers offer a wide s of bathroom equipment and fixtu average homeowner is less than edgeable on what is available when come time to build or remodel. To informed, you should peruse cata all manufacturers. Glancing thr stack of them, we found several that are either new for 1969 or still u enough to be newsworthy. Here are

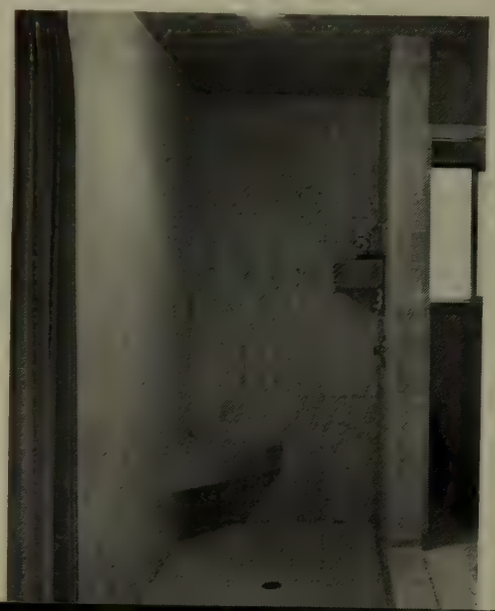
Oversized tub. At least one compan ufactures a 6-foot tub with a slip c resistant bottom and built-in gra It comes without an apron panel t it suitable for a variety of exterior ments—wood paneling, tile, or laminate—or for use as a sunke Cost is about $245 in white, $270 i

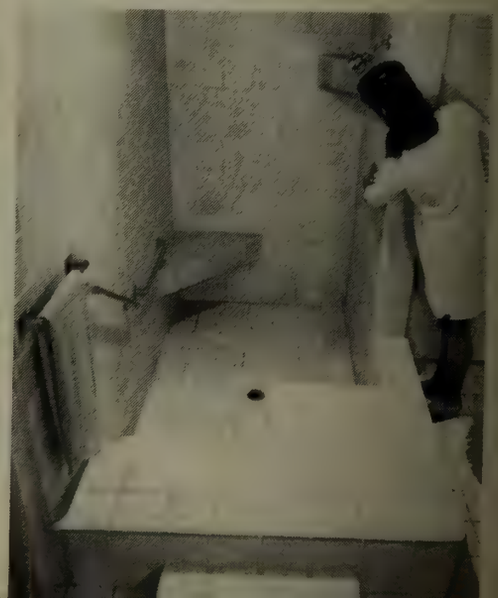
Fiberglass readymade units. Show shower-tub combinations in one fiberglass-reinforced polyester re becoming more readily available.

One company offers two shower-tu bination models and three shower The top of the shower-tub mod three walls (top is optional) with i soap dish, shelf, and towel bar. C around $275 in white, $290 in c less fancy model sells for around The shower units run from about $ $255. The top shower model is 60½ wide, 35½ inches deep, and 75½ high with integral seat, recessed soa and grab bar. *Sunset* first report single unit shower and tub units o 114 of the April 1968 issue.

Complete prefab bathrooms. More re introduced is the bathroom comp prefabricated of fiberglass-reinf polyester resin. One model has a lav

Remodeling of shower *(left) to shower-tub combination by forming tub with tile. Note steps, sitting platform, grab bars, handy towel rack, anti-slip tape. Owners: Mr. and Mrs. A. J. Gansburg, Atherton, Calif. Original designer: T. Lawrence Newton*





GLENN CHRISTIANSEN

d bathing alcove *has shower control located on top of tiled con- at left so water temperature can be adjusted beforehand. Tub res at side of console. Owners: Mr. and Mrs. Arvid D. Schau- Belvedere, Calif. Architect: D. Hugh Gregory Coleman*

Wood tub *of ponderosa pine built into greenhouselike bay in remodeled house. Wood sealed with plastic resin glue. In many areas, this and other unconventional tubs are subject to approval by the local building officials*

Mexican tile *collected by owners used in remodeling of old adobe gives commercial tub a custom look. Wide ledge for decorative displays, sitting. Owners: Dr. and Mrs. W. P. Sherrill, Phoenix. Architects: Lanier & Sherrill*

Tile around standard tubs, tile on its own, tile to remodel tile, a luxury tub of pine

Contemporary version *of furo equipped with hydro-massage unit. Drain control is on tiled ledge (it's the knob bather is turning). Owners: Mr. and Mrs. J. E. Nolan, Tacoma. Architects: William J. Bain & Harrison Ove*

DON NO

shower, and toilet. A larger model has a shower-tub combination. The units come in a four-part package containing the structural shell—floor, walls, ceiling—plus all the accessories such as towel racks and medicine cabinet. The shower pan and tub are integral parts of the shell.

The bottom section is placed over a prepared, rough-plumbed base, and the other sections stacked on top and joined. About all that's left to do is to make water and electrical connections and put up the accessories. Heating and ventilating ducts can be cut into the unit.

The smallest unit comes in a package weighing only 575 pounds and sells for about $835 (plus tax and shipping). It fits a space 64 inches wide, 57 inches deep, and 88 inches high. The larger unit comes in a package weighing 650 pounds and sells for around $1,100 (plus tax and shipping). It fits an area 74 inches wide, 72 inches deep, and 89 inches high. The units are particularly useful for remodels and for vacation houses.

Bathtub bench. You can get a vinyl-coated metal bench with perforated seat and side safety handles that fits in the tub and can be used for bathing. It has rubber feet so it won't slide. Cost is about $15.

Sliding doors that fold away. One major complaint about bypassing sliding doors on shower-tub enclosures is that you always have the doors stacked at one end or the other so when you're tubbing, you're still partly shut in. One manufacturer solved the problem by using an enclosure of styrene panels that function either as bypassing sliding doors or as fold-back accordion doors.

A rigid towel bar on the outside of one door and a safety bar on the inside of the other keep the panels rigid for by-passing operations. Unhook these bars and the panels fold to the sides. Cost is about $70. You can install the enclosure yourself or have it done for about $15.

Hydro-massage tubs. Hydro-massage converts can now buy a 5 or 6-foot-long, contour-back, fiberglass tub complete with motor, pump, a timer, and two special inlets built into the tub and adjustable for direction, force, and air mixture of water. The shorter tub comes with or without a skirt panel so it can be installed in a variety of ways or used as a sunken tub. The 5-foot model costs about $750, the 6-foot about $840.

For hair washing. If you like a hair washing attachment in the shower and like to adjust the height of the shower hea well, you may be interested in a unit attaches to the existing shower head It's a 52-inch-long, flexible stainless "hose" with a shower head at the end, a built-in, flow-regulating shut-off v There's a plastic slide-positioning along the flexible "hose" that holds shower head at any desired height. is about $20.

The has-everything bath. Early this one major manufacturer of bath equipment unveiled some new model contain many of the features brough in our interviews. These include a toured tub, two-level shower heads, poo attachment, special quieter in faucet, well placed grab bars, storage for shampoos and with two fast drai soap holders, a door that hinges across the tub as a reading or pe rack, fold-down seat, and a three enclosure with an optional ceiling tha be equipped with lights. Cost is ar $700. Another with an oval-shape has hydro-massage unit (with its storage cabinet) and timer, automatic filler and shut-off and water tempera regulator. It also comes with the shower head and shampoo attach component. Cost is around $1,200.

E JAPANESE IDEA: First you scrub, then you soak in deep water

uro, or Japanese bath, appears in the ographs at left and right. Quite un- he western tub that is designed for hing out, or nearly so, the *furo* is er and deeper for sitting upright with ater level up to your neck. There's a seat inside, but not always.

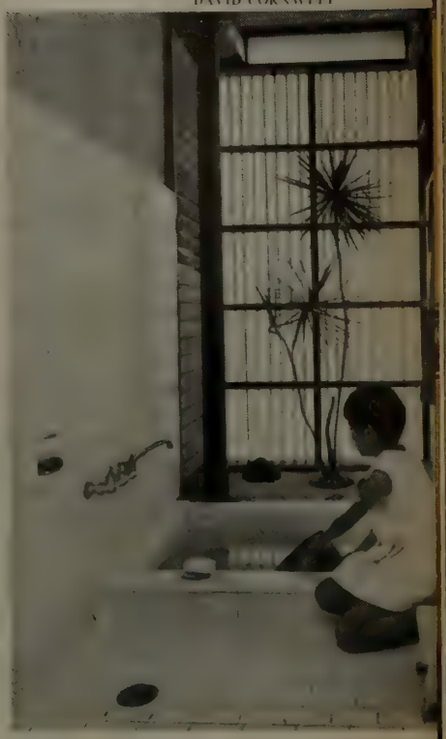
her great difference is that Japanese e soap, scrub, and rinse themselves e they enter the furo to soak in the ater, since the entire family may use ot water in turn. In western adapta- this preliminary ritual may or may e followed, since hot water is more ly available and bathing is not a unity or family affair.

manufacturer of hydro-massage ment captures the idea of the furo large, pool-like tub that is deep gh for up-to-chin soaking, has built- dro-massage jets, and can accommo- several people at one time.

this year is a fiberglass-reinforced ic tub that's essentially a furo. It's y 40 inches with a round, 36-inch eter, 32-inch-deep soaking area with ral seat, for either sunken or raised llation. Cost is about $500.

DAVID CORNWELL

Raised furo *with adjacent shower in garden bath off master bedroom. Even with handy shower, many prefer to follow the traditional scrubbing ritual. Owner-architect: Frank Slavsky, Honolulu*



Sunken furo, *indoor garden, Owners: the Munetatsu Saitos, Honolulu. Architects: John Russell Rummell & Associates*

THE WORKS: Gymnasium, hydro-massage tub, his and hers showers, sauna, overhead TV

t the ultimate *in bathing-grooming facilities, this suite in Max J. Ruderian home in West Los Angeles includes these nities: a gymnasium (below, left), sunken tub with built- ydro-massage where you can watch TV with remote control unit at hand (below, center), double shower opposite a sauna (not shown) with folding curtain so they can be used separately or as one big shower (below right), washer and drier, separate lavatory, toilet facilities. Design collaborator: M. S. Morris*

RICHARD FISH

Meet some people who started gardening at ages 5 to 16

...and see what some of them accomplished last year

This is a brief report on the accomplishments of 46 young people, aged 16 and under, who won prizes and honorable mentions in *Sunset's* 1968 Summer-Fall Garden Contest. The winners of the adult division are reported on pages 86 to 91.

We found, generally, that youngsters over 12 who wanted to grow or build a garden needed only sanction from their parents. Children under 12 generally needed a little watching, reminding, encouragement, and—if they weren't big enough to handle a shovel, hammer, or saw—some physical help, too.

All the young people who finished the 1968 contest received certificates, two clivia plants, and—for the top winners—cash prizes. In addition to these prizes, they had the pleasure of growing plants to maturity, matching wits against pest the elements, and showing off harvests. Two teen-agers here, David Cousineau and Nancy Whitman, also took in building good permanent structures into the land Both, incidentally, used clay bricks, a building material seems remarkably fit for design and construction by y architects.

Not all of the 1968 contestants were novices. Nine-yea Andy Swanson, shown at bottom left on the opposite finished his report with this remark: "Next year I will try kinds of cucumbers and put the pumpkins in more sun . . . a garden since I was 5 and like to grow things." Scott Ph

Brick fountain *with waterfalls, pool, island, and bridge was designed and built by 15-year-old David Cousineau, Fremont,*

WILLIAM APLIN

Dennis Streit, *11, Yorba Linda, Calif., spruces up cabbage after hoeing. Parents bought his produce at market price*

red *acorn squash (stems tied to staples) by Andy Swanson, 9, Fresno, Calif. s told him a rambling vine here would smother lawn, so he espaliered it*

DARROW M. WATT

One of two *yellow crookneck squash plants grown by Jeff Werner, 12, San Carlos, Calif.*

DARROW M. WATT

In small bed, *David Clark, 16, Torrance, Calif., changed plants for seasonal display. Here on September 11 main show was from Lilliput zinnias he's working on*

The rest of the winners

The following are not shown in phot
Numbers are the participants' ages at
they entered the contest last year.

WASHINGTON. Bellevue: Spence a
Moon, 10 and 8. Mountlake Terrace:
Lynn Rau, 8 and 6. Seattle: Cheryl W

OREGON. Albany: Heather Palmer,
Bay: David Graves, 11, and Nancy W
Corvallis: Diana Weber, 10. Euge
Read, 12. Portland: Susan Van Atta,
Carolyn Walton, 12. Scappoose: De
rese, and Neill MacNeill, 8, 11, and 1

NORTHERN CALIFORNIA. Alam
Phillips, 15. Atherton: David Schoeb
Altos: Jeanine and Brad Grove, 9 an
Bruce Robinson, 14. Madera: Karen
8. Orangevale: Daryl Ackley, 16. Sacr
Phil Haney, 15. Santa Rosa: Kathy
13. Sunnyvale: Philip Dyche, 6. Visa
orah Lucas, 11.

SOUTHERN CALIFORNIA. Arcadia
Hanks, 12, and Margie Orme, 12. F
Chris P. Hayes, 12. Los Angeles:
Hinshaw, 10. Montclair: Troy Ca
Northridge: Jimmy Steiner, 12. Orang
Anderson, 8, and David Pearson, 7. W
Mike and Jeff Hoard, 10 and 8. W
Hills: Steve Angel, 16.

15, of Alamo, California, said in his report: "Ever since I planted my first garden—when I was about 9—I have always planted some corn."

Certain plants were very successful with all age groups in all climates. Novices may want to follow this list in 1969 for safety. Gamblers and pioneers may want to shun the popular plants to try something else. The most popular plants and the number of young gardeners among the winners who grew them successfully were: tomatoes (23), squash (18, mostly in California), sweet corn (16), beans (15), zinnias (13), (12), marigolds (12), gourds (10), radishes (10), beets (rots (9), cucumbers (9), onions (7), pumpkins (7), cant and melons (6, California only), sunflowers (6).

Details about entering this year's contest are on page 80 procedure is same as for adults). There will be at le categories for youngsters this year. One will be for all-o farmers (just vegetables) and the other for mixed g flower gardens, and landscapes.

Surrounded *by wonderful tangle of cucurbits, Claire and Richard Leddy, 13 and 9, Bakersfield, look for Armenian cucumber*

Nancy Whitman, *13, Pacific Palisades, Calif., built brick planter, grew 9 kinds of flowers in it, put up bird bath and feeder*

Jennifer Barrett, *7, Tacoma: "Aw three pumpkins in the garden. I made a shelf so the slugs can't get*

DON M.

he fashion flair of Wellington Park in this high-towering "bentwood" headboard; the enrichment—in veneer artistry, handsome French handles and warm Traditional finish on pecky pecan veneers. *wn, but as noteworthy:* the stunning use of cane in panels that reverse to beautiful veneer . . . the burl-inlayed mirrors . . . the distinctive decorator pieces. *Designed by Peter Milne.*

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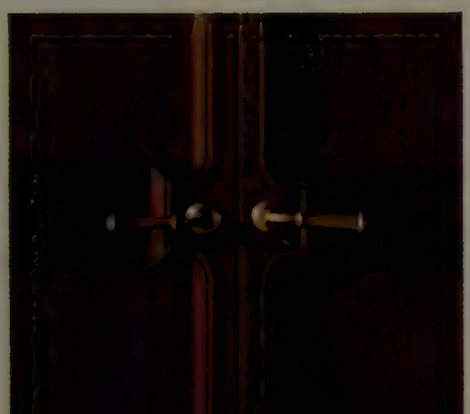

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They set a stag for showy plan

Home gardeners who like to grow pl containers understandably get away and often acquire more plant they have room to exhibit. But show some restraint and bring fort tainer plants only when they are a best, you can vary your display greatly increase their effectiveness In the garden shown here, a bench entry serves as a stage for a conti changing show of plant delights. Be conifer bonsai, lacy Japanese map ball, miniature fuchsia tree, wi bright-flowered azalea—each has it

Wisteria *moves here once during bloom, returns for show of fall*

GLENN CHRIST

Holding area, *where plants are caree is on opposite side of screen from b*

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The Changing Western Home

For your cabin, a portable outdoor shower ... for bathrooms, a waterproof wood finish ... for bedrooms, hang-them-yourself mirrored doors

To protect wood yet keep it natural

oom walls of natural wood are at-ve and becoming more common. l wood is also appearing in many places where it is subject to wetting weather or plumbing. But how can eep the natural look without having ood discolor, rot, or warp?

duct made for use on boats offers ay to solve the problem. It darkens somewhat, but leaves no appearance s or other obvious sign of a finished e. It will stand considerable re-l wetting, and if it ever needs touch-, you simply rub in a little more.

netrating resin-oil similar to that for a natural finish on furniture or n countertops, it is called "exterior marine preservative." You put on vy first application, wetting the thoroughly, and allow it to set from 4 hours. Then apply a second time, this to stand 30 minutes, and wipe y residue. Very porous woods that be subjected to severe weather or ent wetting may need more than two cations.

ed surfaces dry to the touch in min-but the solvents continue to give off lor for some time, especially during weather. If you have a choice, use product during good weather so that an leave windows open.

ded in the mixture are resins that trate the wood while dissolved in the hen harden. The wood is protected nly at the surface, but also inside. t large paint stores carry the product uart cans for $4, but it is cheaper in n cans which you can order from paint dealer or find in marine sup-stores. You can also use the product sealer only, and paint over it with ish or oil-base paint.

rored doors you hang yourself

sliding doors of a wardrobe closet rally will not support surface-hung rors. If you would like the convenience arge closet mirrors, ready-made mir-d doors are available in sizes to fit any dard opening. The doors can also be red in odd sizes, but these cost more.

install the doors, you must determine ther you need a top-roller mount or ttom-roller mount. With a top roller, doors hang from and slide along a top k, and the entire weight is suspended. will have to make sure that your et is built to hold the weight. Ideally re should be a header or large beam ss the top of the door opening.

you're not sure, or if you know the et cannot support the considerable ght of the doors, you can order them h bottom-roller hardware. The top k then becomes only a guide.

install the doors yourself, you remove the old doors and hardware and replace them with the new top and bottom tracks for the mirrored doors. The job is not difficult if you have some experience with construction. Otherwise it's best to have someone do it for you.

Price of the doors varies somewhat with opening size and kind of hardware. For a bottom-roller door 6 feet wide, you would pay about $90. For a source of the doors, write to Building Editor, *Sunset Magazine*, Menlo Park, Calif. 94025, and enclose a stamped, addressed return envelope.

Timed switches are useful gadgets

Many manufacturers sell timed switches, and most people have seen them as clock radios or sprinkler timers, but two other forms are quite versatile for general use.

One portable timer simply plugs into any wall outlet and times whatever you plug into it. It sells for about $12, and can handle 175 watts. For everyday use you can plug in lamps or high-fidelity equipment, or use it to remind you of a favorite television program when you're busy with something else. Such timers offer some protection against intruders if you leave your house empty: Use one to turn on the lights at night and off during the day, or use two in different rooms so that lights in the living areas go off in the late evening and lights in the bedrooms go on.

Quite similar timers are available for permanent installation. These are generally wired into a circuit of your house near the electrical box and are useful for turning on entry or driveway lights. You set them yourself instead of relying on sunlight to trip them, so the lights turn off in the middle of the night instead of staying on until sunrise. It is possible to install more than one set of trippers on some timers in case you need a more complex on and off cycle. Permanent timers cost about $13. In addition, of course, you will have an electrician's fee to pay.

Most automatic timers have a manual override so that you can use lights that the trippers have turned off. Look for timers at any electrical supply dealer's.

ELLS MARUGG

Just pump it up and shower down

This portable camp or cabin shower weighs 8 pounds in all and includes a curtain, catch basin, 5-quart pressure tank, and telephone-type shower head. There's even a plastic soap dish that hangs from the supports. You just unfold the parts, hang up the curtain, and pump the tank for 20 seconds. You'll find a giant camp coffeepot handy for both boiling the water and easy pouring into the tank.

The shower sells for $30. For a dealer's address, write to Shower, *Sunset Magazine*, Menlo Park, Calif. 94025, and enclose a stamped, addressed return envelope.

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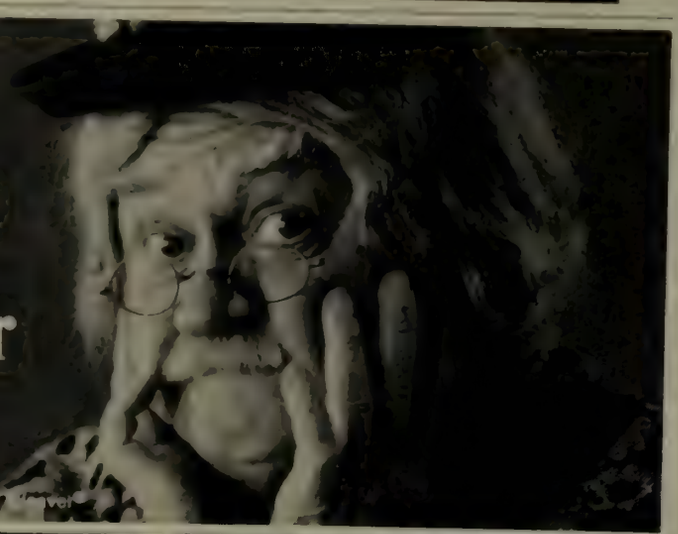

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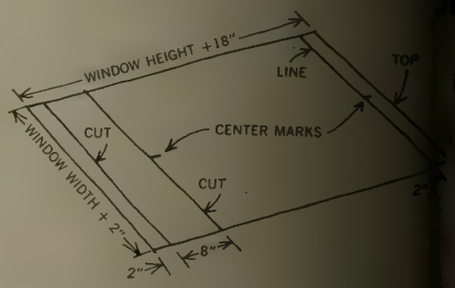
Before you begin, measure the dis between the two points where the brackets are to be installed (either i the window frame or on the face o frame) and buy the brackets, roller, wood slat for a reverse roll shade. shop that handles the shade cloth help you with these things, too.

Cut the shade cloth at least 18 in longer than the height of the win opening and 2 inches wider than the ished shade. *Make sure* that all corner square and the top and bottom o shade cloth (and later the fabric) are allel. Then cut a 2-inch-wide and inch-wide strip off one end.

Remove the liner paper from the ren ing shade cloth and draw a pencil across the cloth, 2 inches down from end you will attach to the roller.



Sketch *shows how to cut the shade c*

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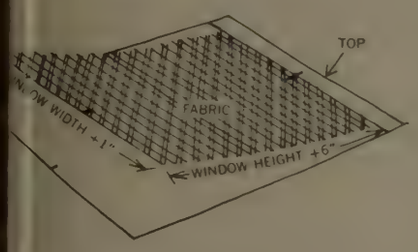
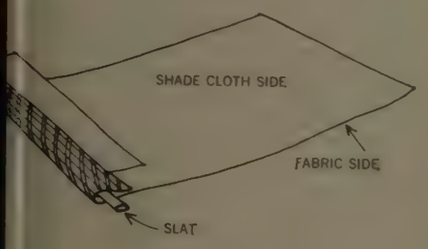
enter of this line and the center along ottom edge.

raighten the end of the fabric before g it to the shade cloth, pull a thread s the width, from selvage to selvage, ut along this line. Then cut a length e fabric 6 inches longer than the t of the window opening and at least h wider than the finished shade. the center, top and bottom.



the top edge of the fabric along the led line on the shade cloth, matching r marks top and bottom. Smooth the c over the shade cloth, being careful o stretch it. With a dry iron (remove ater from a steam iron), press the to the shade cloth with slow, even es and downward pressure, covering ntire surface. Work from the center pushing any trapped air to the edges. the liner paper as a pressing cloth ever the iron may come in contact the shade cloth, on *either* side.

shade should be ½ inch narrower the barrel width of the roller (the nce from one end of the roller to other, including the metal caps at end but not including the pins). k the finished width on the fabric side e shade and draw two vertical lines. k your measurements to be sure the are perpendicular to the top line, cut along them with smooth, even es.



nake a casing for the slat, draw a line s the bottom of the shade on the le cloth side, 3 inches up from the bot- . Fold the bottom edge of the shade o meet this line, crease, and press the anchor with masking tape.

ove the liner paper from the 2-inch of shade cloth and place one edge he cloth along the folded edge of the . It should extend ½ inch above the of the hem and at least 1 inch beyond side. Place the liner paper over the le cloth and press lightly. Insert the l slat as close as possible to the fold; press firmly just above the slat, using liner paper and running the iron along

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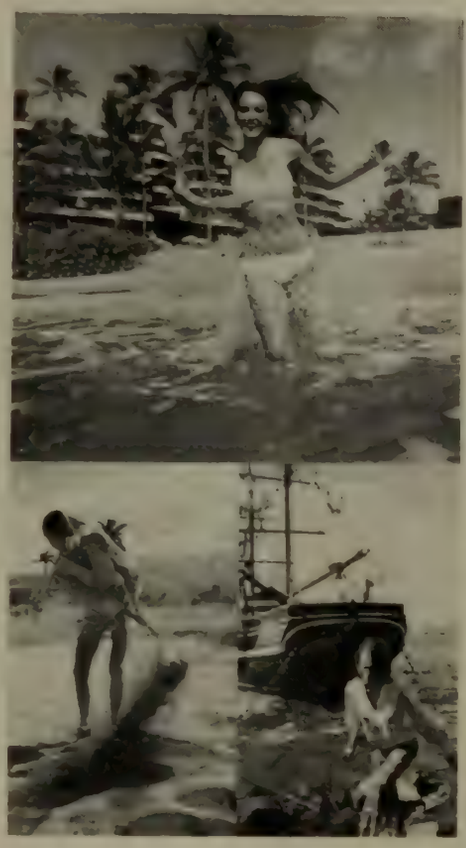

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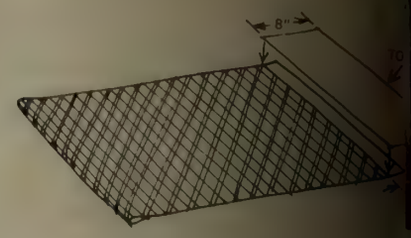
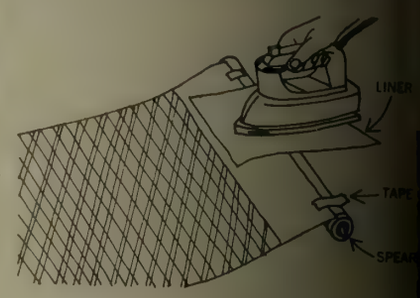
the upper edge of the slat. Let the cool and trim the sides.



With the shade fabric-side-up, remo liner paper from the 8-inch stri place one edge of it so it just mee top edge of the fabric. Cover it wit paper and press together the 2 where bare shade cloth meets bare cloth. *Do not* apply heat to the cloth above this point. Cool and tr ends even with the sides of the sha



Check to be sure the top edge of the cloth is parallel with the upper edge fabric. Then place the upper ed the shade cloth along the line you fi the roller, with the spear-end proje of the roller to the right when the side of the shade is up. Cover the cloth with the liner and press it to a the shade cloth to the roller. Contin roll and press the shade onto the until you reach the end of the adhes

The shade cloth is available in an o white and a translucent white in widths: 36, 45, and 68 inches. In th inch width, the opaque costs about $7 a yard, the translucent about $8 a yard. If you can't locate a supplier, a stamped, addressed return envelo Shade Editor, *Sunset Magazine*, M Park, Calif. 94025. A sheet of instruc is available with the shade cloth; we've supplemented these instructio

We found that the larger the shade more important it is to work with a smooth fabric. We don't recommend ing a shade wider than 42 inches. I lamination isn't perfect, the shade may wrinkle in places as you roll shade up and down. We were most cessful laminating sailcloth, a sma evenly woven, medium-weight fabri make a 2-foot-wide shade.

The shade cloth, heated by the iron, to conform to whatever surface lies u neath it and gives off considerable ture. Work on a smooth, heatproof su as large as possible, and slightly pe

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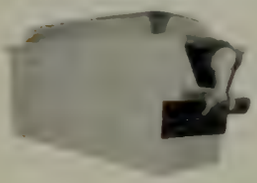

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You make these "flowers" ... using leaves, pods, cones

Leaves *are arranged in flower for background of fabric, held with*

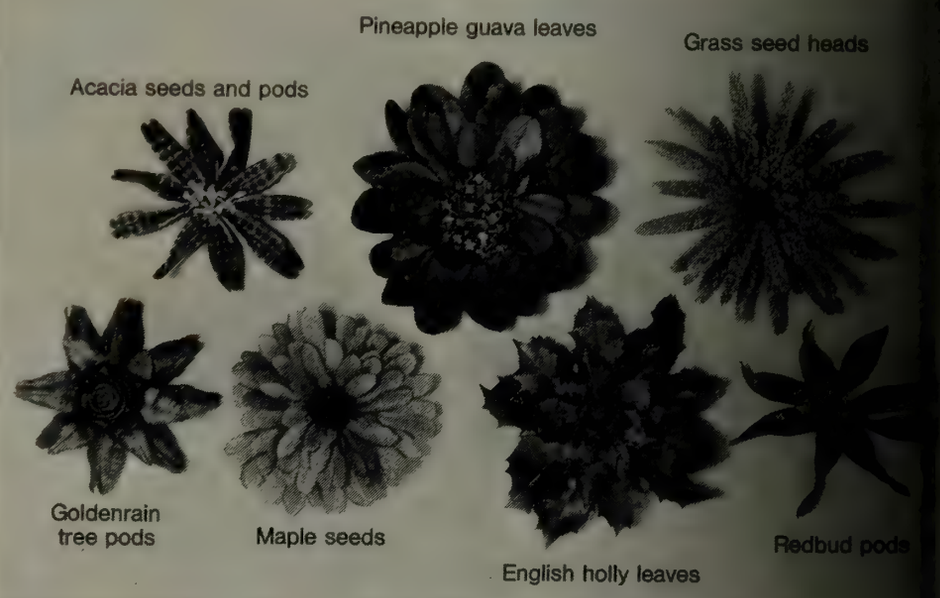
You can create dried, simulated flower arrangements like the ones shown here from material collected in your own garden—plant leaves, seed pods or cones, and grass heads. Finished arrangements are long-lasting and handsome in ceramic containers.

You'll be surprised at the variety of colors possible. Pineapple guava leaves are a rich brown, seed heads of grass are a pale gold, goldenrain *(Koelreuteria paniculata)* pods are rust-colored, maple seeds are cream-colored, English holly a dull tan, and redbud pods lavender.

To make the flower heads, first cut out a circle of any neutral fabric (one that will blend with the plant material); then, starting at the outer edge with larger leaves (as when using pineapple guava leaves) and working down to smaller ones, attach them to the fabric with white glue. Trim off the leaf stems if they protrude too much. For contrast, finish the centers with a different kind of plant material (for example, pineapple guava calyxes).

For pinwheel-shaped flowers, just glu ends near the center of the fabric, add a cone or pod.

After the glue dries thoroughly makes a stiff backing (overnight), a the heads to the stems. We used lil the-Nile *(Agapanthus)* stems, but straight, rigid stalk will do. There several ways to attach the heads; we a large needle and heavy thread to through the fabric backing, winding thread ends around the stem and sec with masking tape (similar in color t stems). Pins or wires can also be used concealed under the tape.



These flower heads *have centers of pineapple guava calyxes, sweet gum pod, a*

The Sea Ranch—just 2½ hours from San Francisco on the Sonoma Coast. Photograph by Ernest Braun.

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l home at

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iated in value. And they will
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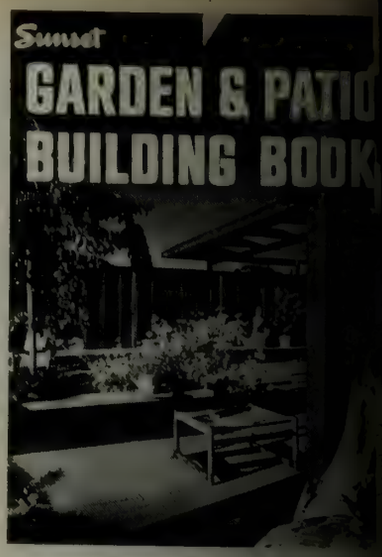

A new book of ideas and answe

This is the season to launch an ou building project, and you'll find Su new *Garden and Patio Building* (Lane Books, Menlo Park, Calif., $1.95) a handy guide to have on bookshelf. It has the same cover an as an earlier edition published in but all the content is new or updat reorganized, and it covers almost aspect of outdoor building.

For example, basic steps are outlin setting posts and making and hang gate, as well as other ideas for fe your garden. Do you know how to sagging gate? The book shows yo increase garden use and comfort, are photographs and plans to help build benches, patio overheads, d garden pavilions. And you'll find a se that gives pointers for framing g structures.

If you plan to put down some garden ing, the book will tell you how t bricks, set tile, pour concrete, or ma asphalt walk. Or you may want to walls of brick, concrete block, or s There are complete instructions.

For the plant fancier, there are idea greenhouses (pre-fabs you assemble self and models you build from scra plant shelters, propagating frames, a wide selection of trellises and fr for plant supports.

Garden pools are popular do-it-you projects, and you can choose from se designs, large and small. There is als formation on such pertinent subject pipe fittings, pumps, and plumbing tems for pools and fountains. And if want to build a dog run, fire pit, or a age unit for garden tools, you'll find t ideas for these in the book.

there's a place with omething California doesn't have, 's Canada.

nada, where there's Québec, so like Europe without an ocean in ay. A place for people to get out ir cars and rediscover walking gh a city of unexpected corners, hing side streets and shops.

nada, where there's Montréal, a craping city vigorously growing and growing down. With under- d streets of shops and theaters estaurants, and a futuristic sub- vith no two stations alike. With a of cultures and times and lan- es.

d beyond the cities are highways ing to endless forests, and lakes he precious sense of being alone.

Canada, where the Atlantic Provinces are something to hear—the cry of gulls, the roar of the surf, the skirling of bagpipes at a Scottish festival, the creak of rigging and slap of waves on fishing boats.

Canada, where Ontario blends Niagara Falls, Shakespeare, Indian powwows, Toronto Dixieland jazz, trout-filled lakes, and red-coated soldiers into an unforgettable vacation.

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Old garden tools get a fresh start

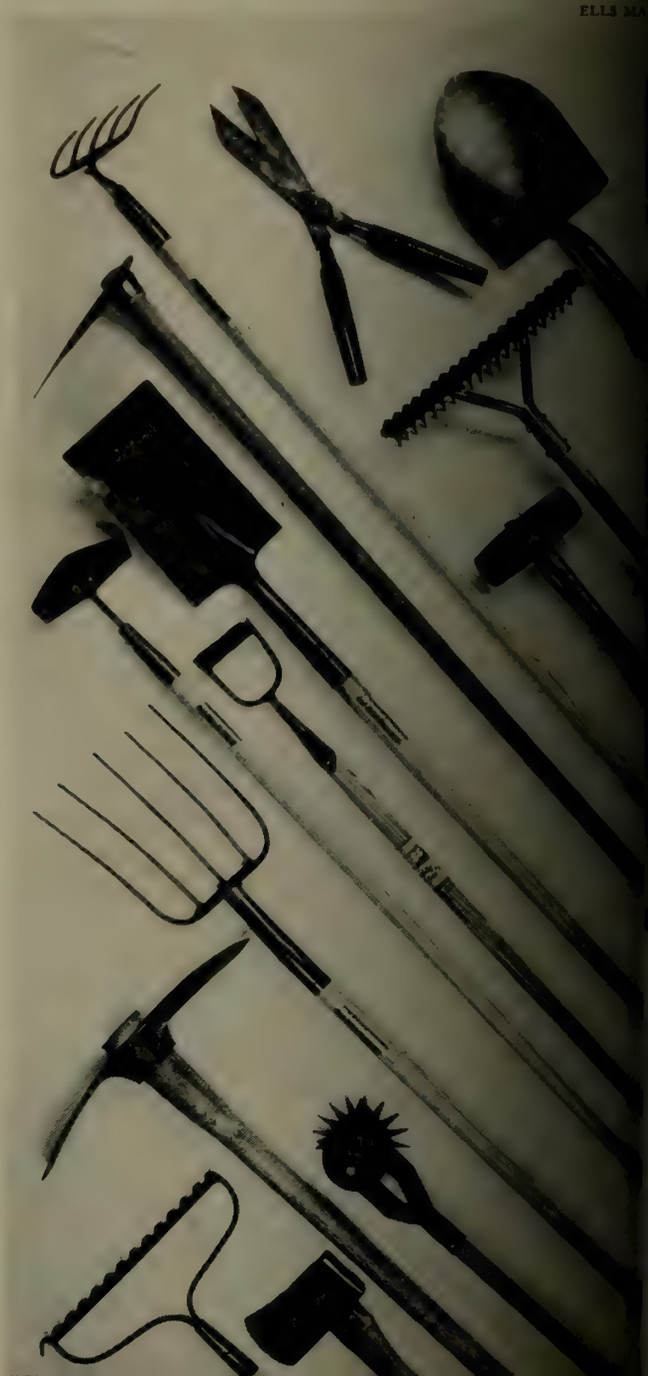
For an experiment, we recently a
members of our staff to bring in any
garden tools they would like to have
paired. The response was overwhelmi
we were deluged with rusty, broken t
And the broken parts, as we expe
were almost invariably the handles.
We discarded a few that had bro
metal parts—their repair wasn't w
anyone's time or cost. We show a b
selection of the others below, before
after we repaired them ourselves. Re
ing their handles proved simple and
nomical (new handles today average
one-third the cost of whole new to
The metal parts were easily cleaned
sharpened, and we were able to res

*Garden tools shown at left are useless, but their metal parts are good and easily repaired. Their real defects are broke
missing handles. Photograph at right shows them renewed inexpensively—cleaned, sharpened, given new han*

METAL RUSTED, HANDLES BROKEN

CLEAN, SHARPENED, NEW HANDLES

ELLS MA



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Idaho is the same unchanged natural beauty that Lewis and Clark first saw over a century and a half ago. Idaho is rushing clear water streams, roaring rivers, sparkling lakes, great towering granite mountains mantled by thousands of square miles of game-filled forests and high meadows.

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That's a good thing to keep in mind when you're thinking about doing a little painting.

See your yellow pages

A Grow Chemical Corp. Subsidiary

some favorite old garden tools that are almost impossible to obtain today.

We also found that you can repair any such garden equipment with hand tools, but that one power tool, the portable electric drill, greatly eases the work.

First, remove the old wooden handle. Pull out any pins. If there are rivets, you can punch them out after removing their heads with a cold chisel or by grinding, or more neatly by drilling off the hea pictured below.

With a block of wood or length of you can easily pound off a ferru shown. The old handle in a curved s type shovel is usually more stubbo so, drill out as much as possible wood, as shown, and punch or pu rest out with pliers. Don't burn o wood in a fire—that will weaken o

Drill off *head, punch out any rivet*

Pound off *a ferrule with a wood bloc*

Drill *tight wood out of a socket*

Remove rust *with a wire brush whee*

Sharpen *with a rigid abrasive disk*

Replace *any rivets in the socket*

DON'T CRY.

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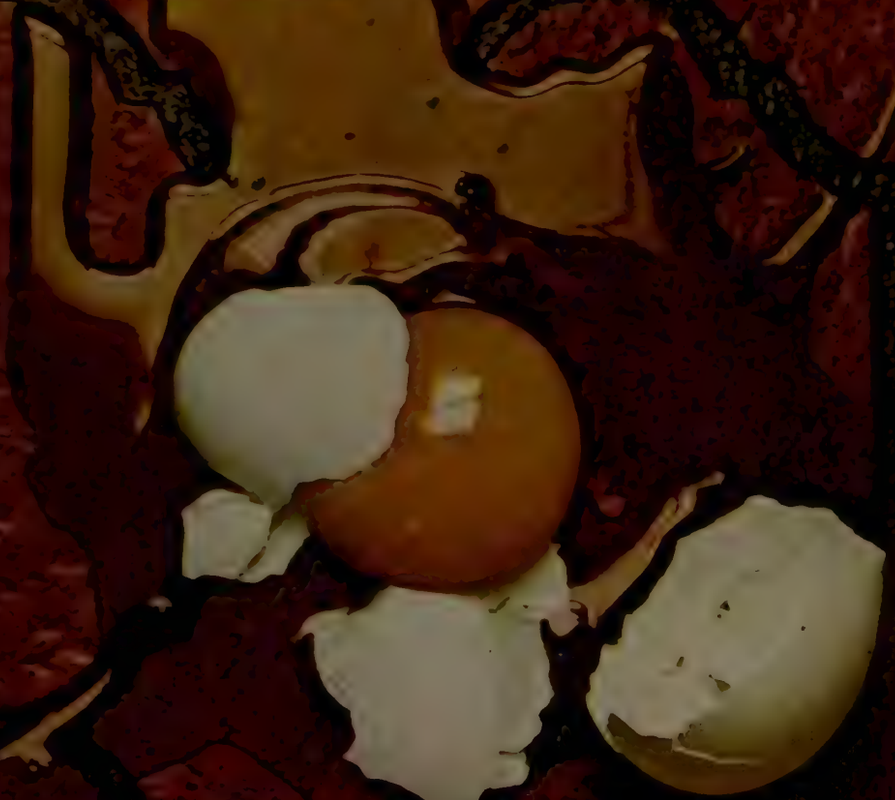

Armstrong created rugged Vinyl Corlon® floors because kitchens don't lead a soft life . . . especially if there are kids or pets around the house.

You can spill most anything on a Vinyl Corlon floor and never give it a second thought. The floor is nonporous, so the mess can't soak in and hide beneath the surface.

Corlon is more than practical. It has a deep-glow color that makes the whole kitchen come alive. It has a bright, glistening shine that makes the room look sparkling clean.

You'll never cry over an Armstrong Vinyl Corlon floor in your kitchen.

Armstrong

A 428 V-8 is now standard on Bonneville. That's a Break Away!

Most makers of big, luxurious cars don't go in for performance. Maybe they're too busy thinking plush.

Pontiac isn't.

Of course, our Bonneville pampers with the best of them. Large cushiony sofas, front and rear, covered in expanded Morrokide and rich weaves. Or all-Morrokide. Accents of simulated burled elm. Deep-pile carpeting. The works.

But to underpower a car named Bonneville would be treason.

Hence a 360-hp, 428-cube V-8 with a 4-barrel carburetor is now standard. Bonneville moves when it's told.

And goes where it's told, too. Comfortably. That's one of the nicest things about our famous Wide-Track stance. (Now wider than ever.) And the big 15-inch wheels. And the longer, 125″ wheelbase.

Which is why we recommend that you swing a Bonneville onto a piece of pike. Just so you'll know how a big, luxurious car is supposed to behave.

GM
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The Wide-Track Family for '69: Grand Prix, Bonneville, Brougham, Executive, Catalina, GTO, LeMans, Custom S, Tempest and Firebird. Pontiac Motor Division.

Break Away in a Wide-Track Bonneville

emper of the metal.

· removing the old handle, you can a rusty garden tool with emery r, a wire brush, or a disk sander; but e wheel on your electric drill does a job with little effort. It cleans kly and gives the rusty metal a th dark luster.

sharpen a heavy garden tool, use a plastic abrasive disk (available at ware stores) chucked into your elec- drill. You wipe along the tool with the —it grinds more gently and evenly, with less heat, than a grinding wheel. hrows sparks, so wear goggles. For en clippers and similar tools, use a or stone; follow the original bevel.

e the cleaned-up tool along with you hardware store or nursery to obtain w handle that fits properly. Most new lles for rakes, clippers, or other tools need ferrules come with the ferrules ched, so you need only to place the al tool on top of the handle and tap handle vertically on a concrete floor a times to drive the two parts together.

a shovel, hay fork, or any tool with a ed socket, take the new handle home soak its end about two hours in a ket of water to soften the wood so it bend easily. Then tap it in, as ex- ned above. Drill any holes needed to lace rivets through the wood. Some dles come with the proper rivets; if rs doesn't, use 20-penny nails as rivets.

ELIS MARUGO

lf handle *bolts on, simply drill holes in new handle and replace the bolts*

Maintenance: *bucket of sand mixed with oil will scour and preserve tools*

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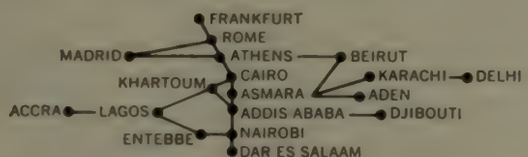

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Book walls

If you are a book collector . . . why not plan a grand book wall?

Few houses being built today have separate libraries. Instead, shelves of books become a colorful and decorative addition to almost any room in the house, wherever they can be easily used and enjoyed. It may be an entire wall section of bookshelves extending from floor to ceiling with places for sculpture and magazines. Or it may be nothing more ambitious than a few wall-hung bookshelves alongside a favorite reading chair. Here we've pictured four different arrangements.

Bookshelves are usually painted to match the room they're in, or—if of better wood than common shelf stock—left natural or stained. But, instead, they can be finished in bright colors to add visual accents. You can paint the color on the wall in back of the shelves, or paint the shelves themselves, or leave a few shelves free of books and use the accent color there. In a child's room, you can brighten bookshelves by using gaily colored sections of washable adhesive plastic or wallpaper scraps, either on the wall in back of the shelves or to create niches for toy display.

Ladder *makes this kind of bookshelf arrangement practical. It hooks over bar by top shelf. Architect: Warren C. Heylman, for the Robert A. Kramers, Mohler, Wash.*

DON NORMARK

ng hall *serves as gallery for books, paintings, antique clock. Design: owner George J. Marshall with Sears & Chung Designers, Inc*

ERNEST BRAUN

tending *from fireplace around window, library wall has agazine display rack. Architect: Henrik Bull, for R. L. Sims*

Reading area *is corner of living room outside main conversation grouping. Owners-designers: the Douglas Seymours, Salem, Ore.*

In the February Sunset (page 96) we announced the 1969-1970 Western Home Awards program. A few weeks later we mailed more than 8,500 application forms to registered architects in the 13 Western states. If you are a registered architect in the West and didn't receive an application, you can use the form at the bottom of this page to enter a house in the competition. Be sure to enclose the required fee when you mail it in. (The architect, owner, or builder of an eligible house may enter with consent of the other two.)

Winners in the program, which is a biennial event sponsored by the American Institute of Architects and *Sunset Magazine*, will be announced in our October issue.

Afterward, an exhibit of the award-winning houses will start a year-long tour of museums, colleges, universities, and selected stores and shopping centers. Its first appearance is scheduled for October at the California Regional Convention of the California Council, American Institute of Architects, in Palm Springs.

Again in 1969 . . . the

Western Home Awards

a continuing program of the American Institute of Architects and Sunset Magazine

Here you see *the 1967-1968 traveling exhibit on display at the l land Memorial Coliseum during the 1968 National A.I.A. Conve*

DEADLINES: MAY 16, 1969—THIS APPLICATION RECEIVED IN MENLO PARK. JUNE 16, 1969—ALL COMPLETED ENTRIES IN MENLO PARK

CATEGORY AND CLASS OF HOUSE _____ LOCATION OF HOUSE _____

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OWNER'S NAME _____ OWNER'S ADDRESS _____

BUILDER'S NAME _____ BUILDER'S ADDRESS _____

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The outdoor living room

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For color brochure and name of Samsonite Cushionaire dealer nearest you, just write to Samsonite Corporation, Furniture Division, Denver, Colorado 80217. SS-4

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DARROW M. WATT

Crisp designs *on these eggs were masked out with tape before eggs were dyed*

Dip and dye Easter eggs

block out the design on these Easter s with masking tape, then dip them in . The resulting patterns are crisp and ar, with just enough variation to give m a handcrafted look. The process re- bles that of batik except masking tape sed to resist the dye instead of wax.

e hard-boiled eggs or, if you plan to p them, blown eggs. (To blow an egg, ck a hole in each end, one slightly ger than the other; break the yoke with needle and blow the egg through the ger hole. Rinse with clear water.)

fore you apply the design and dye the gs, bring them to room temperature. ndle them as little as possible to avoid ting oil from your hands on them, be- use it may reject the dye.

it pieces of design from masking tape. eep the shapes simple—squares, tri- gles, stripes, and spots are good shapes r beginners. Make a collection of them ead of time; attach them lightly to a ass dish to keep them sorted and ready r use.

ick the design shapes firmly on each gg: use the flat of a fingernail to smooth d press the edges down securely and atten any wrinkles.

Mix packaged Easter egg dyes according to the instructions (or use food coloring), then dye the egg any desired color or shade. If a pattern calls for more than one color, let the egg dry thoroughly, then apply the design pieces where you want to preserve the last color and dye the egg again. Work from light to dark colors. When the design is finished, blot the egg carefully with paper towels and remove the tape.

You can also work designs in reverse: Put all the design pieces on at the beginning; dye the egg in a dark background color; let it dry; then remove pieces of the design and dip again in a second lighter color. You can repeat this until all the tape has been removed.

Sometimes the third or fourth dye bath will start to remove a former color; this can produce some unusual effects.

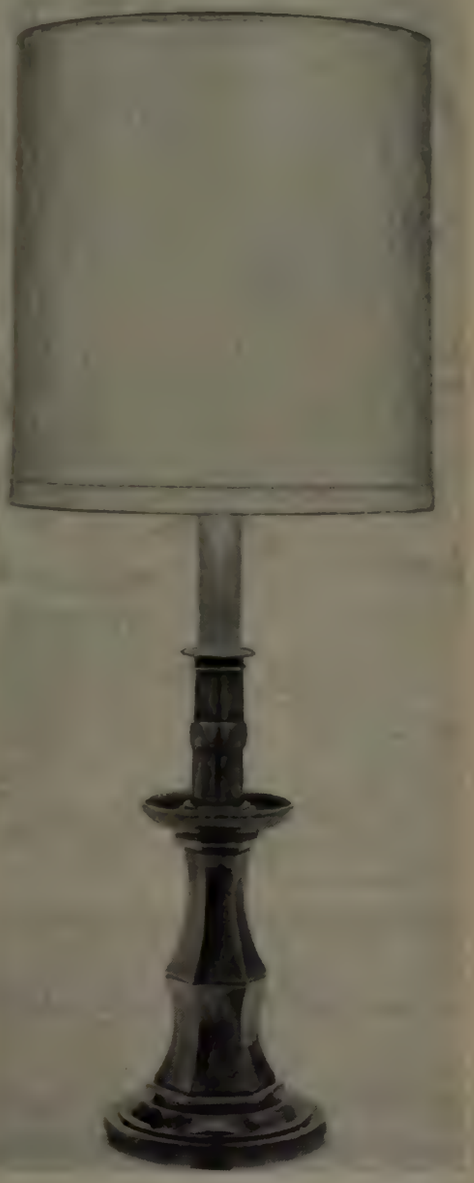
For an antiqued effect, use a rough rag to rub off the dye in the open spaces before you remove the tape, leaving color around the edges of the tape. Then dye the egg in a different, lighter color.

Susan Rinehart of Woodside, California, designed the eggs you see in the photograph above.

Tibeto-Chinese candlestick displaying the simple good taste of the 18th century Lamaist metalsmith. In dark mottled old brass. 43 inches. About $87.50.

The Stiffel Lamp

For brochure of selected Stiffel lamps, send 25¢ to The Stiffel Company, Chicago 60610.



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SUNSET Magazine, Menlo Park, Calif. 94025

Ceramic barbecue, *built into an outdoor buffet, is at a comfortable stand-up h*

Their smoke oven is a built-in

A Japanese smoke oven, called a *kamado,* was built into this outdoor buffet counter at a comfortable working height to provide a permanent installation for the unit (which is heavy and hard to transport).

John C. Leissring of Los Altos, California, built the buffet as part of a fence and trellis structure on his patio. Redwood 4 by 4's support the overhead trellis and form the rear supports of the buffet counter.

The countertop rests on a framework of 2 by 4's, with 2 by 4 legs supporting the front edge. The surface of 1 by 6 redwood boards is 36 inches high, 28 inches wide, and 90 inches long.

To install the kamado, Dr. Leissring first decided the height for the cooking surface in relation to the top of the cou Then, with a string, he measured the cumference of the kamado at the where it would meet the counter, t lated this figure into a radius, and string and chalk drew a circle on the face of the counter. Using a power saw, he cut the hole to accommodate kamado and rounded the counter end

He then built the supporting platform the kamado at the correct distance b the tabletop, allowing space for a of wood which he used to replace the inal ceramic feet on the kamado.

The kamado is used for smoking, roas and barbecuing. Its surrounding cou provides a work surface convenient serving guests outdoors, buffet-style.

Ah, wilderness.

Banff Springs Hotel. One of the continent's most splendid resort hotels. We put up fences to keep the elk off our championship golf courses. Windows look out on trout streams jumping with rainbows; pony trails disappear into pine forests. A haven from ragweed pollen. Tennis courts, cocktail lounges, continental dining. The works. Close to modern highways, railway or jet. It's heaven.

Ah, Chateau Lake Louise. Luxury in the middle of dreamlike surroundings. Canoe on a lake green as jade. Swim in a pool filled with water melted from a 50,000-year-old glacier and warmed to a langourous 72°. The nights are cool for sleeping. The air free of ragweed pollen. Movies and shuffleboard, ballroom dancing, continental cuisine. Everything. Just 40 spectacular miles from Banff.

Contact your travel agent, any Canadian Pacific office or the Managers.

CP Hotels

BANFF SPRINGS HOTEL
Alberta, Canada

CHATEAU LAKE LOUISE
Alberta, Canada

THE $150 DIFFERENCE

When a table is designed so that each of its leaves adds to its beauty as well as its le only more money can buy it.

You might be able to find a table that looks a little like this for about $270. It won't be as roomy. You might have to hide its leaves with a cloth. But if all you want is a table that will squeeze in the occasional ten you have over for dinner, you'll be happy with it.

This Heritage dining table will cost you about $420. Or $150 more than its look-alike. With no leaves in, this table seats six. With all three leaves in place, it easily seats twelve. But with each leaf you add, you add more than just room. You accentuate its design.

Above the oak base and legs of this table is a top of pecky pecan veneer. Set so its parts form a bond that's stronger than solid wood. Selected so its patterns of grain flow the length and breadth of this table.

So unique is each grain of the pecan veneer, we label each table with a registry number that corresponds with its leaves. So subtle are the grain's variations, we number each leaf with its order to make sure the match will always be perfect once our table is yours.

The higher price on this Heritage table, or any other piece of furniture we make, buys something that only more money can buy. Whether it's the way we'll work with a wood to take a table out of the realm of pure function. Or the way we'll shape a sofa from the inside out to support the look you select.

When you see work like this, you'll find the Heritage name. Swinging on a hang-tag from this table from our new Transcept Collection. H under the cushion of a w chair from our Distingui Upholstery Collection. I would like to know more about Heritage and see l could fit into your home two dollars for a Heritag catalog collection and r planning kit to Dept. S- Heritage Furniture Com High Point, North Carol

HERITAGE

A division of Drexel Enterprises, In

When opened, *this ping-pong table is solid, suitable for championship play*

When folded, *it's a compact package on casters that stores away in a long narrow closet in the family room wall behind it*

It's a folding, rolling ping-pong table

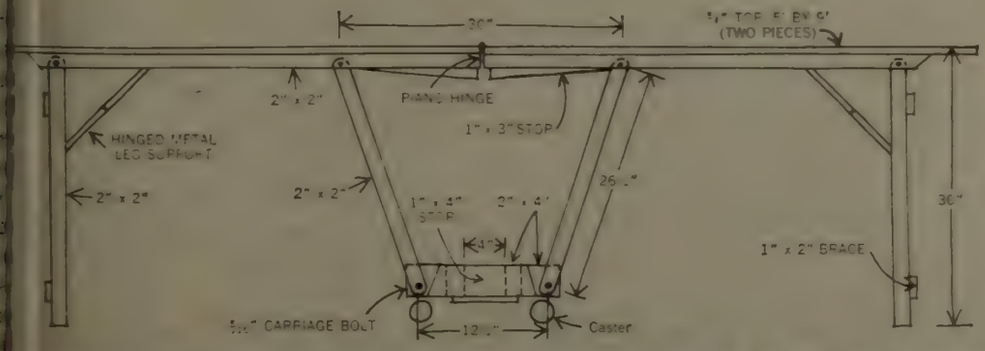
el and solid enough to satisfy even ex-t players, this ping-pong table never-less folds up quickly for storage. It is te inexpensive to build yourself: main t is the 5 by 9-foot, $\frac{5}{8}$-inch-thick ply-od regulation top—about $15 at most nberyards.

e top, cut in half and connected with iano hinge, folds as shown above. The o folded halves are held together by one all C-clamp at the top; the two pairs of end legs simply fold down against the plywood top sections.

Note in the drawing the 1-inch-thick wood stops on the underside of the plywood top and on the shelf base. These stops keep the two halves of the top vertical when folded and clamped together. Cut the stops to fit and attach them *after* the rest of the table is assembled.

Finish the top with the dull green paint made for ping-pong tables.

Sturdy *central support made of 2 by 4's has four heavy casters and provides a shelf for storing table tennis equipment*



onstruction. *All legs hinge on $\frac{5}{16}$-inch carriage bolts through legs and framing*

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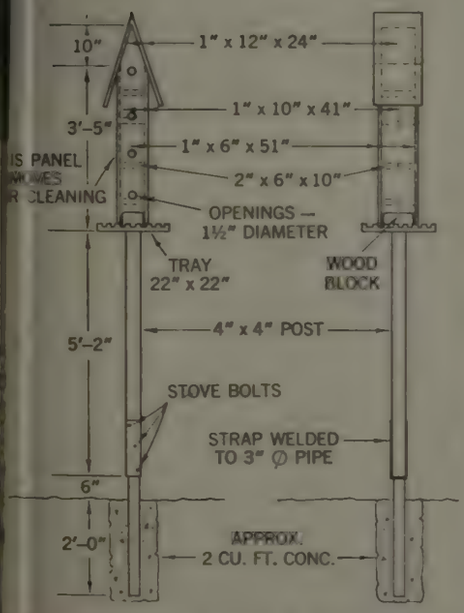
ls will feed *even if they don't move in*

It's a high-rise birdhouse

ur bird families can take up residence in s high-rise birdhouse. The feeder tray low serves as a handy buffet and a pro-tive barrier against bird-hungry cats d seed-hungry squirrels.

e tower fits snugly over a wood block ured to the feeder tray; it's easy to off. To clean the individual apart-nts, remove screws holding one of the le panels. Design was by landscape hitects Talley & Associates, for Dr. d Mrs. Thomas Smersh, of Seattle.



irdhouse openings *are 6 to 9 feet above round. Drill ventilation holes in back*

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What about wood kitchen counters?

As a kitchen counter surface, wood can take a great deal of abuse. You can cut, knead, chop, and even put fairly hot pots on it if you have to. If damaged, the surface can easily be refinished.

A number of different hardwoods are used in the manufacture of boards, blocks, and countertops designed for kitchen use. Not all hardwoods, however, are suitable; they should be tight-grained to be nonabsorbent and to withstand repeated cuttings. Naturally, they must not give off strong odors or flavors. Maple is the favorite; you may also find beech, birch, oak, pecan, walnut, and sycamore used.

Small pieces of wood laminated together on edge or on end are more durable than a flat-grained wood surface. The grain running in several directions creates a more stable piece, less likely to warp.

EDGE-GRAIN LAMINATING

Edge-grain laminated blocks or countertops are the ones most commonly used in the kitchen. Strips of wood are turned up on edge and glued together lengthwise. The resulting block is usually about 1½ inches thick—the same thickness as most kitchen countertops of other materials—in varying lengths and widths.

END-GRAIN LAMINATING

End-grain laminated blocks are the most durable if you intend to chop or use a cleaver, and are often used commercially as butchers' blocks. The wood is first edge-glued, then cut across the grain and glued again with the cut ends exposed on top and bottom, making a pattern of small squares or rectangles instead of strips.

Butchers' blocks are usually 16 inches thick. Because of manufacturing limitations, the maximum size of these blocks is about 16 by 40 by 60 inches. For home use, a 6-inch-thick block is considered adequate for hard chopping; and for counters, 1½ inches is sufficient.

FLAT-GRAIN BOARDS

Flat-grain laminations are most often used for portable pastry boards and pull-out boards. Most of them won't stand up well under prolonged cutting or chopping and have a tendency to warp. An exception to this is a new flat-grain w countertop that has been treated tc sist warping, abrasion, and heat. Its h wood is impregnated with resins, t heat-cured under pressure. The result dense counter surface.

All these working surfaces, with the sible exception of the pastry boards, laminated with waterproof glues, sc times reinforced with steel rods or wood dowels.

BLOCKS, INSERTS, OR ENTIRE COUNTERS

Small portable chopping blocks, ei edge-grain or flat-grain, can be purch at kitchen specialty shops as well a most hardware and gift stores that c kitchen tools. Even end-grain blc 1½ inches thick in this small size, available. Handsome in appearance, blocks make welcome gifts.

Counter inserts, usually edge-grain, c in two different styles: one for moun flush with the rest of the countertop one with a lip that sits about ½ above the surrounding counter. Both ideal for replacing damaged counter tions. You cut out the damaged sec with a saber saw, making a hole enough to fit the base of the wood in so it can drop in place. The flush-moun insert comes with a stainless steel

ened with lugs from underneath to the joint. The edge-lipped board has uare base, smaller than the top, to into the hole. Seal it in place or e it removable.

can buy entire countertops, 1½ es thick and 25 inches deep, in varying ths, often with a coved backsplash, for ially or fully covering a base cabinet. se counter sections are best used in construction or in remodeling when are redoing the cabinetwork. They are gned to be screwed or glued in place a topless base cabinet.

l you can also buy edge-grain bread rds, ¾ inch thick and 22 inches deep, choice of widths, for replacing worn -out boards.

u can order counter inserts, counter ions, and full-size countertops through r lumber dealer. If he does not have m in stock, he will have catalogues m which you can place an order.

W MUCH DO THEY COST?

s difficult to quote prices. Costs vary h the kind of wood and how far it has be shipped. In the West, beech, birch, l oak are normally less expensive than ple, pecan, and walnut.

general, wood countertops will cost re per square foot than tile or plastic inates. Damaged areas can be sanded away, however, so there is little or no replacement cost.

End-grain laminations are about one-third more costly than edge-grain laminations. For example: An end-grain board 1½ inches thick, 25 inches deep, and 24 inches long might cost $32; the same size in edge-grain, $24. Similar boards 36 inches long might cost $48 for end-grain, $36 for edge-grain.

A resin-impregnated board 1½ inches thick, 25 inches deep, and 24 inches long costs about $35.50; 36 inches long, it costs about $48 (or $8 a square foot).

HOW TO PREPARE WOOD FOR USE

Ready-made chopping blocks, tops, or counter sections are sometimes sealed with lacquer to protect them during shipment and installation. You sand off the lacquer, then season the wood with oil. Others are shipped with a permanent lacquer seal which you retain and refinish only when needed. A custom-made counter may have no seal at all or it may be finished with several coats of oil.

Raw wood must be seasoned. A good coat of oil prevents it from absorbing juices and food flavors. But even the experts disagree as to whether paraffin, mineral, or salad oil, or one of the new commercial oil finishes, is best.

Paraffin oil, available at paint stores, has a distinctive odor that you might find objectionable. It doesn't, however, get sticky under the friction of sanding and is part of an old wood-finishing technique.

Mineral oil is odorless and tasteless.

Salad oil—with many devotees—can be chancy; it often gets sticky and rancid.

The new oil finishes with plastic additives, available at paint stores, should be applied according to the instructions on the container; you usually must wait about 24 hours before using the countertop.

When seasoning raw wood, alternate oil applications with sandings until the wood feels satiny to the touch.

For the day-to-day care of a wood countertop or chopping surface, sponge it clean with a mild detergent and water. When possible, don't let water stand on it. Once a month or whenever the wood feels dry, give it a light coat of oil. If you warm paraffin or mineral oil slightly, it will spread more evenly and soak in more quickly. If the wood was finished with plastic oil, you can renew it with a similar product or apply mineral or paraffin oil.

You can remove light scratches or metal marks with fine steel wool; if the counter is damaged by a scorch mark or a deeper gouge, you can remove the damaged area by sanding. After either treatment, you should reoil the surface.

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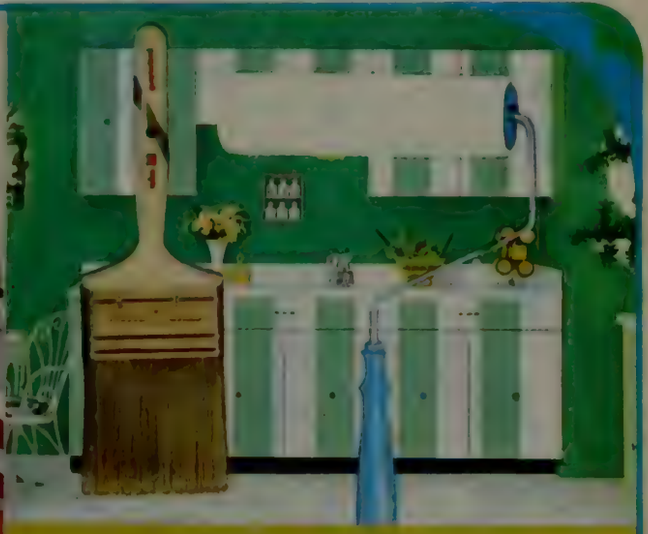

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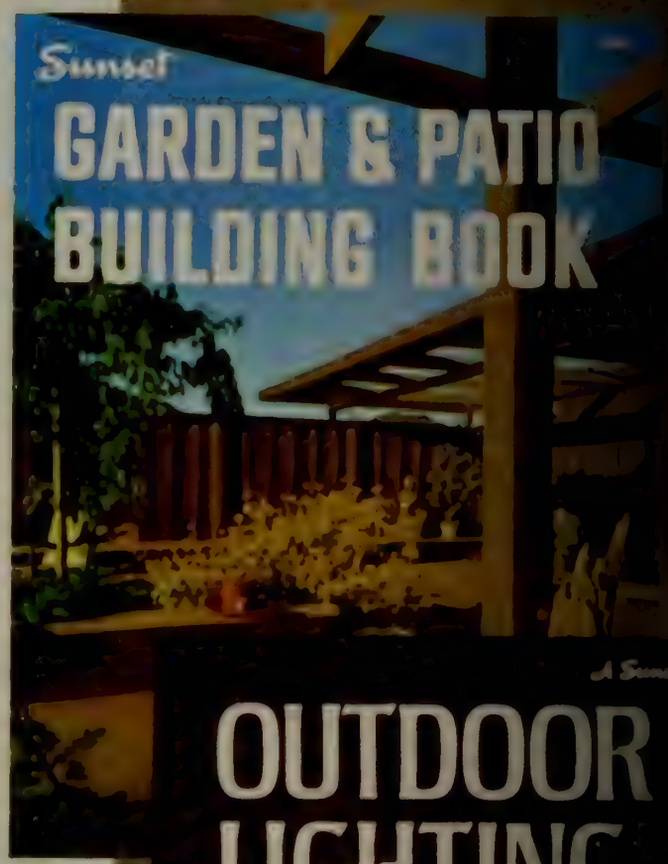
This spring enjoy outdoor living with *Sunset* leisure-time books

Leisure time is a time for fun, a time for expanding horizons, and a time for enjoying and improving the quality of our lives. Sunset publishes over 100 books for Westerners on various leisure time subjects. Thirty-four of them will help you to enjoy the outdoor living area of your home — eleven of these are featured here. They offer hundreds of ideas, illustrations, and how-to information to expand your total living area and make your home area more enjoyable.



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GLENN CHRISTIANSEN

Deck is *22 feet square, of 2 by 3's spaced 1/16-inch apart on 4 by 8-inch headers. Steps to deck are 18 inches wide*

Glass doors make this new deck a wind shelter

s covered, floor-level deck was con-
ed originally to provide sun and wind
tection for a handsome old bonsai Nor-
pine in a wooden container. But the
ject expanded beyond just a shelter
a plant to a most pleasant outdoor sit-
g and dining area for family and guests.
ore the deck was built, it was neces-
y to walk down two steps to reach the
den level from the house. Now you
k directly out at floor level from both
ing and living rooms. Overhead there's
rellis of 3 by 3's covered with corru-
ed white, translucent fiberglass rein-
ced panels which subdues the sun and
tects the deck from rain and dew.

ind was another problem. It blew along
side of the house, swirling in through
sitting area. The owners installed a
ndbreak of sliding doors of tempered
ass that can be pulled across the ex-
sed end of the deck on windy days. It's
egular three-door, three-track commercial unit in which each of the 6-foot-wide doors slides independently. They stop the wind but don't block the view.

The architects were Kahl & Lowry, of San Francisco.

View from below *of trellis, which appears open to the sky but has a fiberglass covering*

On windy days, *you simply adjust one or all of the three glass doors*

Scary news for the fearles

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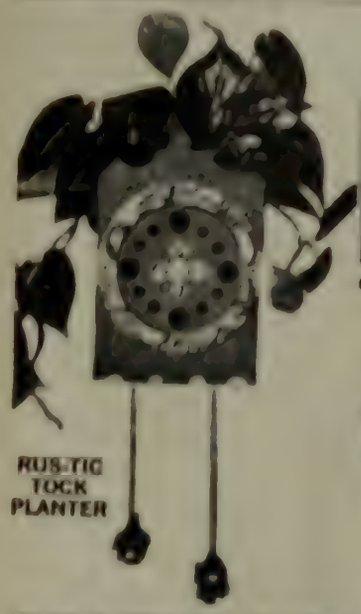

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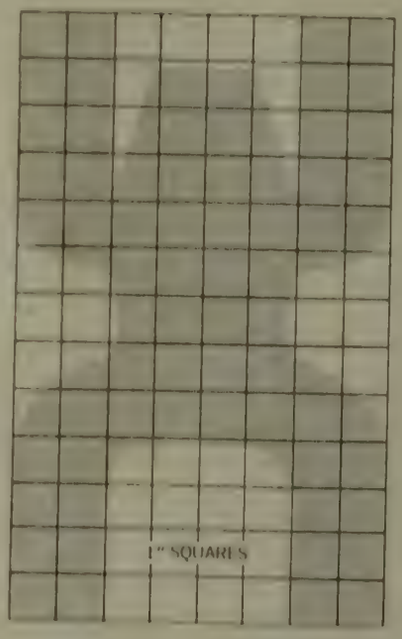
GLENN CHRISTIANSEN

A classic plaything, *bean bag loses none of its appeal in this version*

Bean bag frog is good at poses



These bean bag frogs are extremely to make, and with their long legs y put them in all sorts of peoplelike Not only children but adults as w them intriguing.

Each frog measures about 8 inche and 13 inches long. Use any closely fabric scraps. Terry and Nita Burt Beach, California, who designed t shown, used a plain fabric for one s a bright print or stripe for the oth They used ½-inch-diameter round buttons for eyes.

Enlarge the pattern at left, pin it t fabric, and cut a back and front f frog; ⅜-inch seams are allowed. W right sides of the fabric together. the back to the front, leaving the the head open for turning the fabri side out and for filling the bag with

Reinforce the seam at the should putting in a double row of stitchin the seam at the curves, and turn t right side out.

Fill the bag with beans up to sl height; small white, red, or blac beans are about the right size. T the seam allowance at the top an stitch the bag closed. Attach butto and the frog is finished.

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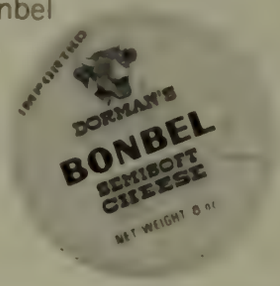

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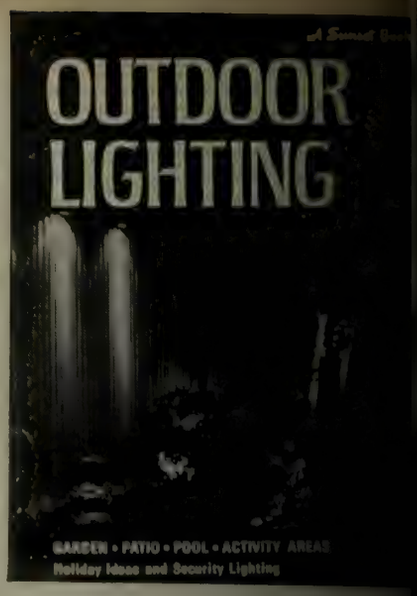


What to do abou garden lighting

"**Darkness** is but a curtain that hides landscaping—a curtain that can b moved with the flick of a ligh switch . . ."

These opening words of one chapter new *Sunset* book on the subject of dential outdoor lighting suggest the ing of the entire book: an adroit co nation of philosophy and practicalit

The idea of outdoor lighting—at *good* outdoor lighting—is relatively to most homeowners. The new book the information void in this fiel delves fully into the mechanics of outdoor lighting. It also takes up esthetics of lighting, analyzing just the exterior lighting of one home ca light you and that of another repel.

With about 115 photographs, 20 draw and many columns of text, the book ers just about every aspect and req ment of residential outdoor lighting. T are five major sections:

NEED FOR LIGHTING: TOTAL LIVING ILLUMINATION analyzes lighting con for entryways, patios, walkways, s home sports areas, swimming pools.

LANDSCAPE ILLUMINATION: DISCOVE AFTER DARK has chapters on lighting sh trees, fountains, and pools; there's a cial chapter on lighting a small garde

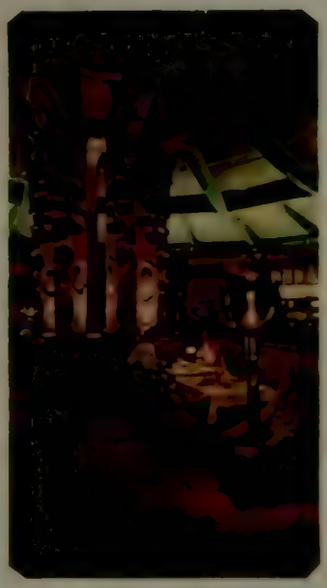
LIGHTING TECHNIQUES presents tricl the trade: uplighting and downligh silhouette, shadow, grazing, and m light effects; accent and diffused light

FUN WITH LIGHTING provides ideas brighter holidays and parties.

LIGHTING EQUIPMENT covers fixture s tion and installation, low-voltage syst and decorative fixtures.

Outdoor Lighting ($1.95) is publishe Lane Books, Menlo Park, Calif. 940

ext time you're in Hawaii ay with friends..... THE HILTONS



Come stay with us at the Kona Hilton on the Orchid Isle, Hawaii. We'll show you what people mean when they talk about "Old Hawaii". The Kona Hilton is a living monument to the beauty that surrounds it. When we built it, we took our inspiration from the seasculptured lava cliffs on which it stands. But even our Kona is only one side of Paradise. You can see the rest of it from the other island Hiltons. The worldly Hilton Hawaiian Village on the surf at Waikiki. The merry Maui Hilton on Kaanapali Beach, Island of Maui. The palatial Kahala Hilton* on the Island of Oahu. It's always more fun to stay with your friends, the Hiltons. We promise you everything you expect from Hawaii. Maybe more. Your travel agent or Hilton Reservation Service will take care of all the details.

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Maui Hilton

Hilton Hawaiian Village

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"We're always striking up friendships with people we never see again. It's a little sad."

We hire stewardesses that we like.
As people.
We figure if she makes a good person, she'll make a good stewardess.
And your flight will be just a little bit nicer, because she is.
One girl that we hired is Linda Scruggs, from Sacramento, California.
She talked to us about making friends in the air:

**"People like talking to the stewardess.
And I like talking to people.
Especially businessmen. They're the most interesting.
First they give me a hot tip on the stock market, then they warn me to stay out of it.
You know, I've been flying for two years now.
I've probably met over 10,000 people.
Many of them I remember.
And every once and awhile I wonder how they're doing."**

We think Linda is a nice person. She brings a little something extra to her job. That's the American Way.

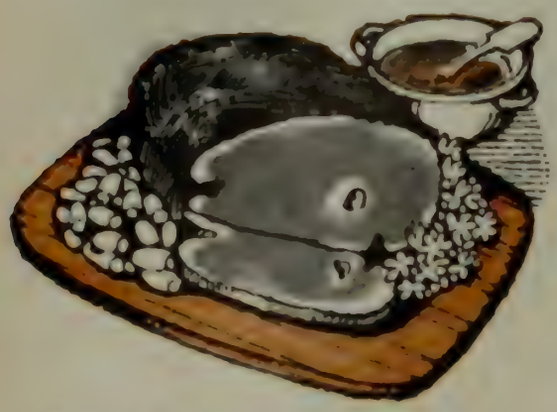
Fly the American Way. American Airlines

SUNSET'S

Kitchen Cabinet®

For a new way to cook ham, try braising with vegetables and then using the cooking liquid to make a fine sauce. Our recipe for a small, boneless, fully cooked ham; preparation is quick results are flavorful and the dish is well suited for a small fami

Other April recipe selections include a main dish of fish and an one of eggs and cheese; each combines some familiar foods in a way. In one, halibut is baked on a bed of savory rice in a cont



Garnish the ham plate with colorful, cooked and seasoned baby carrots

Flemish-Style Ham

You can use apple juice instead of the wine; then use only 2 teaspoons sugar.

- 4 to 6-pound boneless, cooked ham
- 1¾ cups (⅔ qt.) dry white wine
- 2 cloves garlic, minced or mashed
- 2 bay leaves
- 6 whole cloves
- 6 sprigs parsley
- 1 teaspoon whole thyme
- 2 tablespoons butter or margarine
- 1 medium-sized onion, sliced
- 2 large carrots, sliced
- 2 tablespoons sugar
- 3 tablespoons *each* flour and water

Place ham in a deep bowl. Combine wine with garlic, bay, cloves, parsley, and thyme; pour over ham. Marinate for 3 to 6 hours, turning several times.

Remove ham from marinade, p save marinade. Using a Dutch over medium heat, brown ham all sides. About halfway th browning, add butter, onion, an rots to pan and sprinkle with Cook, stirring vegetables and t meat, until both are richly br about 20 minutes. Add the ma to pan; cover, and simmer for 1

Remove ham to serving plate an warm. Strain cooking liquid, disc vegetables. Blend a paste of flo water into cooking liquid; cook thickened; serve in a bowl. Make 12 servings.—*G. L., San Francis*

Airy casserole can wait an hour at room temperature before you bake it

Chiles Rellenos Puff

Vary the amount of green chiles according to degree of hotness desired.

- ½ to 1 can (4 oz. size) California green chiles
- 6 eggs, separated
- 2 tablespoons flour
- ¾ teaspoon salt
- ⅛ teaspoon pepper
- ½ pound jack cheese, shredded or thinly sliced
- 1 can (8 oz.) tomato sauce with onion
- 2 tablespoons chopped parsley

Rinse the seeds from the chiles, pat dry, and cut in thin strips; set aside. Beat the egg whites until they hold soft distinct peaks, then beat the egg yolks with flour, salt, and pepper until thick and creamy. Fold the egg yolk mixture into the beaten whites. about ⅓ of the egg mixture i greased 1½-quart soufflé dish or casserole. Over the eggs, arrange half the chile strips and half cheese. Repeat these layers wit other ⅓ of the egg mixture a maining chiles and cheese. Top remaining egg mixture.

Bake, uncovered, in a 350° ov about 30 minutes, or until set i ter. Meanwhile, combine the t sauce with the parsley; simmer 10 minutes. Pass the tomato sa spoon over each serving. Makes 6 servings.—*M. H., Reno.*

The fish and its accompanying rice bake together, and are easy to serve

Baked Halibut and Rice

You can use steaks of a large Pacific halibut or California halibut fillets.

- ¼ cup (⅛ lb.) butter or margarine
- 1 medium-sized onion, chopped
- 1 cup *each* thinly sliced celery and thinly sliced carrots
- 3 cups cooked long-grained rice (hot or cold)
- ¼ cup chopped parsley
- ½ teaspoon *each* dill weed and thyme
- 1 teaspoon salt
- 1¼ cups milk, scalded
- 3 eggs
- 2 to 3 pounds halibut steak or fillet (about ¾ inch thick)
- Salt and pepper to taste

In a large frying pan heat 3 tablespoons of the butter over medium heat and sauté the onion, celery, and carrots until almost tender, about 7 utes. Add the rice, 2 tablespoons parsley, dill, thyme, and salt; stirring, until heated through. into a buttered baking dish (abo by 9 inches). Gradually beat hot into eggs, then pour evenly ove mixture. Sprinkle the fish lightly salt and pepper and arrange on the bed of rice. Melt remaining 1 spoon butter and drizzle over th

Bake, uncovered, in a 350° oven the fish flakes when tested with a about 40 minutes. Sprinkle rem parsley over top. Makes 6 to 8 ings.—*I. R., North Sacramento,*

an bring directly from oven to table. The other puts the in-
ents of chiles rellenos together in layers for a soufflé-like casse-
o serve for brunch or supper occasions.

her look at an old favorite recipe will sometimes trigger a new
e idea. We invite you to share such recipe discoveries through
pages. Mail contributions to *Sunset Magazine*, Menlo Park,
. 94025. We pay $5 if your recipe is published.

All recipes published in *Sunset* have been tested in our kitchens and then sampled by a *Sunset* taste panel

en Beans in Swiss Cheese Sauce

could put this vegetable casse-
n the oven along with the meat:
5°, allow about 1 hour for heating.

- pounds fresh green beans
- Boiling salted water
- cup (⅛ lb.) butter or margarine
- cup chopped onion
- pound fresh mushrooms, sliced
- tablespoons flour
- teaspoon salt
- teaspoon *each* pepper, thyme, and marjoram
- cup milk
- cup shredded Swiss cheese (about 4 oz.)
- cup Sherry or additional milk

k off ends and cut beans in about
ch lengths. Cook in the boiling water until just tender, drain immediately and set aside. Meanwhile, heat the butter in a frying pan and sauté the onion and mushrooms until tender, about 6 minutes. Stir in the flour, salt, pepper, thyme, and marjoram. Gradually stir in the milk. Bring to boiling, stirring, and cook until thickened.

Remove from heat and blend in ½ cup of the cheese and the Sherry. Stir in beans and turn into a shallow 1½-quart casserole. Sprinkle with remaining cheese. Bake, uncovered, in a 400° oven until heated through, about 30 minutes (longer if refrigerated). Makes 6 servings.—*T. T., Palo Alto, Calif.*

Well sauced vegetable can be baked in a handsome dish that also serves it

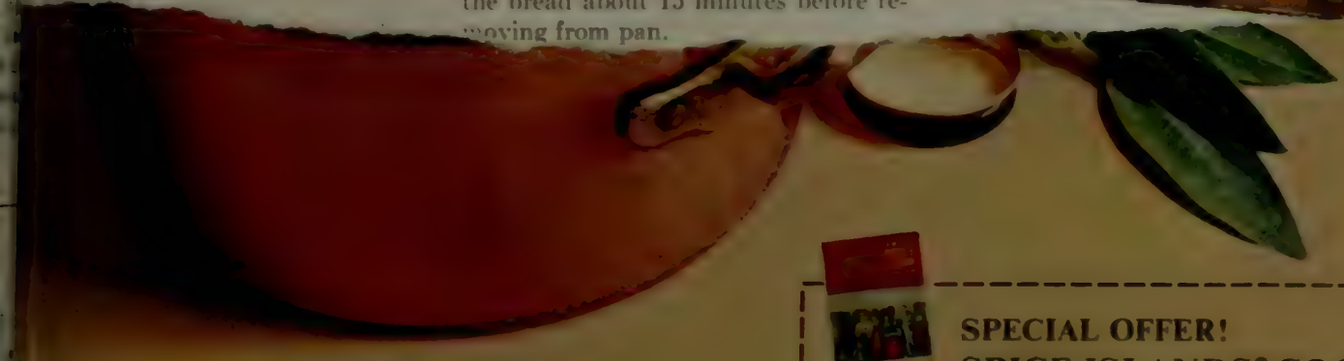
ole Wheat Banana Bread

re are some unusual ingredients in
fine-textured bread, but their ef-
seems mainly to underline the
h banana flavor.

- About 2 large fully-ripe bananas
- ¼ cup plain yogurt or buttermilk
- ½ cup (⅛ lb.) butter or margarine
- ¾ cup brown sugar, firmly packed
- 1 egg
- 1½ cups unsifted whole wheat flour
- 1 teaspoon soda
- 1 teaspoon salt

in the egg. Mix the flour together with the soda and salt. Add the dry ingredients alternately with the banana mixture to the creamed mixture, stirring just enough to combine well. Spoon into a greased loaf pan (8¼ by 4½ inches or 9 by 5 inches).

Bake in a 350° oven for about 60 minutes, or until a cake tester inserted into the center comes out clean. Cool the bread about 15 minutes before removing from pan.



BURGUNDY BEEF RAGOUT

thyme and flavorful bay leaf join to make the delicious difference
h ragout—elegant enough for company dinners.

- an stewing beef
- butter
- pice Islands Beau Monde®
- pice Islands Thyme
- Spice Islands Bay Leaf
- 1 can (15 oz.) tomato sauce
- 1 can (4 oz.) whole button mushrooms
- 1 cup burgundy or other dry red wine
- 1 cup diagonally sliced carrots

eef in butter in a large, heavy saucepan. Sprinkle with Beau Monde
owning. Add Thyme, Bay Leaf, tomato sauce, liquid drained from
s and burgundy. Reserve mushrooms. Cover and simmer 2½ hours.
ed mushrooms and carrots. Simmer covered ½ hour longer until
e tender.

MAKES 6 SERVINGS

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SPICE ISLANDS® COOK BOOK
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Be sure to include zip code. Please allow four to six weeks for delivery.

When you serve Saffola on the butter plate, only your doctor can tell the difference.

Airy casserole can wait an hour at room temperature before you bake it

Beat the egg whites until they hold soft distinct peaks, then beat the egg yolks with flour, salt, and pepper until thick and creamy. Fold the egg yolk

Apricots flavor this coffee brea

Cooked dried apricots flavored with l and cinnamon fill this coffee bread. tender dough is made with either cream or sour half-and-half.

APRICOT-FILLED COFFEE BREAD

Stir 1 package yeast, active dry or pressed, into ¼ cup warm water warm for compressed yeast). In bowl of electric mixer, combine 2 eg cup sugar, ½ teaspoon salt, ⅓ cup cream or sour half-and-half, ⅓ melted butter or margarine, cooled yeast mixture, and 1½ cups unsifte ular all-purpose flour. Blend on low s then beat on high speed about 3 mi

Beat in 1 additional cup flour w wooden spoon. Turn out on lightly fl board and knead until very smooth, 10 minutes. Turn dough in greased cover, and let rise in a warm place doubled in volume, about 2 hours.

To make filling, combine 1¼ cups (dried apricots (cut up), 1 cup wate cup honey, and ⅛ teaspoon cinna Bring to boil and cook, covered, 10 minutes or until apricots are tende liquid absorbed, stirring as needed.

Punch down dough and roll with r pin to a rectangle about 10 by 15 i Place on lightly greased baking s mark dough into 3 lengthwise sec Spread filling in center third of d With a sharp knife, cut 10 diagonal on each of the outer two sections of d butter. Meanwhile, combine the to sauce with the parsley; simmer 10 minutes. Pass the tomato sau spoon over each serving. Makes 6 servings.—*M. H., Reno.*

The fish and its accompanying rice bake together, and are easy to serve

Baked Halibut and Rice

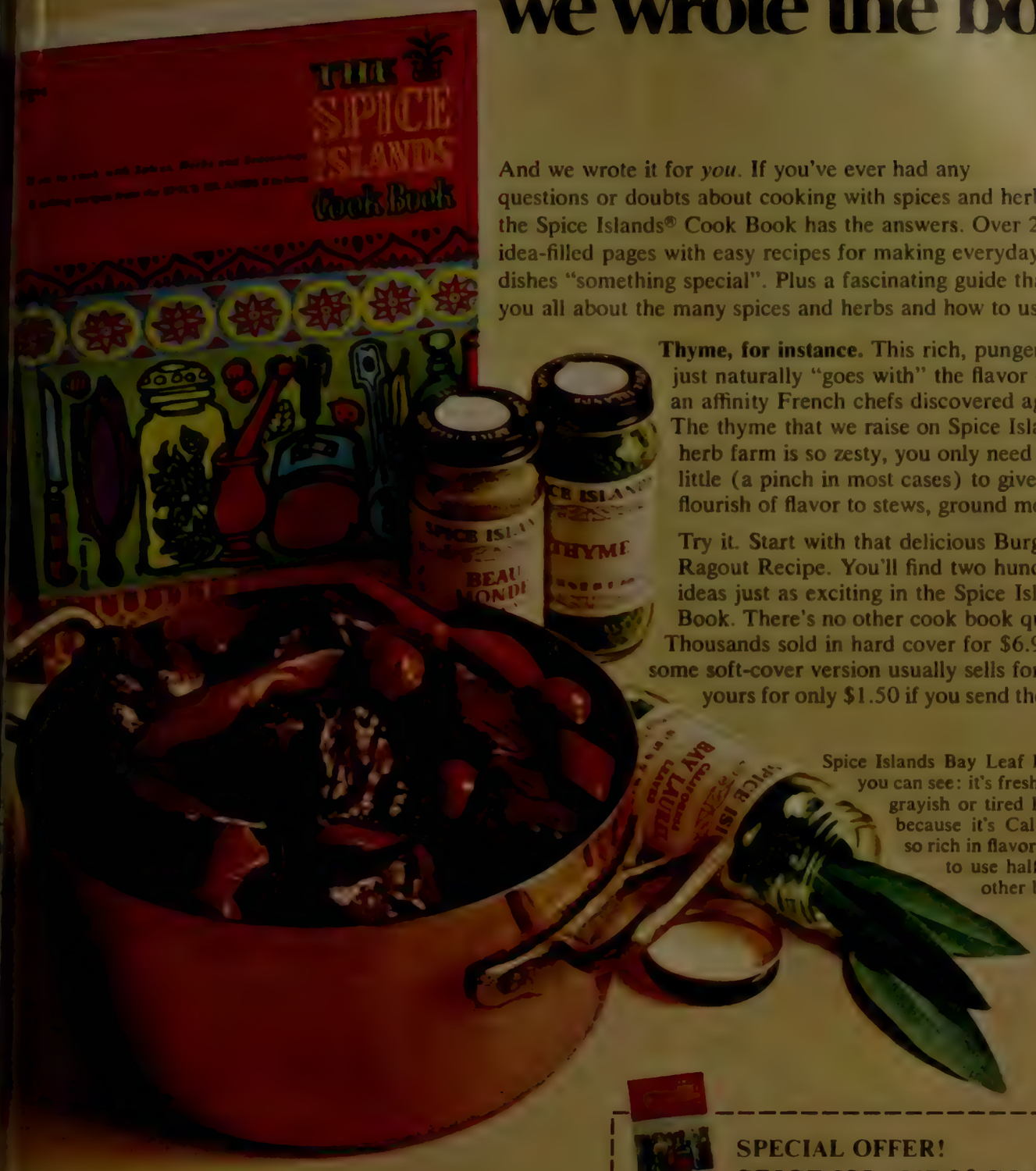
You can use steaks of a large Pacific halibut or California halibut fillets.

- ¼ cup (⅛ lb.) butter or margarine
- 1 medium-sized onion, chopped
- 1 cup *each* thinly sliced celery and thinly sliced carrots
- 3 cups cooked long-grained rice (hot or cold)
- ¼ cup chopped parsley
- ½ teaspoon *each* dill weed and thyme
- 1 teaspoon salt
- 1¼ cups milk, scalded
- 3 eggs
- 2 to 3 pounds halibut steak or fillet (about ¾ inch thick)
- Salt and pepper to taste

In a large frying pan heat 3 tablespoons of the butter over medium heat and sauté the onion, celery, and carrots until almost tender, about 7 utes. Add the rice, 2 tablespoons c parsley, dill, thyme, and salt; stirring, until heated through. S into a buttered baking dish (abo by 9 inches). Gradually beat hot into eggs, then pour evenly over mixture. Sprinkle the fish lightly salt and pepper and arrange on t the bed of rice. Melt remaining 1 t spoon butter and drizzle over the

Bake, uncovered, in a 350° oven the fish flakes when tested with a about 40 minutes. Sprinkle rema parsley over top. Makes 6 to 8 ings.—*I. R., North Sacramento,*

When it comes to spices, we wrote the book.



And we wrote it for *you*. If you've ever had any questions or doubts about cooking with spices and herbs, the Spice Islands® Cook Book has the answers. Over 200 idea-filled pages with easy recipes for making everyday dishes "something special". Plus a fascinating guide that tells you all about the many spices and herbs and how to use them.

Thyme, for instance. This rich, pungent herb just naturally "goes with" the flavor of meat—an affinity French chefs discovered ages ago. The thyme that we raise on Spice Islands' own herb farm is so zesty, you only need to use just a little (a pinch in most cases) to give a real flourish of flavor to stews, ground meat, pot roasts.

Try it. Start with that delicious Burgundy Beef Ragout Recipe. You'll find two hundred pages of ideas just as exciting in the Spice Islands Cook Book. There's no other cook book quite like it. Thousands sold in hard cover for $6.95. This handsome soft-cover version usually sells for $2.95. It's yours for only $1.50 if you send the coupon now.

Spice Islands Bay Leaf has a difference you can see: it's fresh and green, not grayish or tired looking. That's because it's California laurel, so rich in flavor you only have to use half as much as other bay leaves.

BURGUNDY BEEF RAGOUT

thyme and flavorful bay leaf join to make the delicious difference ch ragout—elegant enough for company dinners.

stewing beef	1 can (15 oz.) tomato sauce
butter	1 can (4 oz.) whole button mushrooms
ice Islands Beau Monde®	1 cup burgundy or other dry red wine
ice Islands Thyme	1 cup diagonally sliced carrots
Spice Islands Bay Leaf	

eef in butter in a large, heavy saucepan. Sprinkle with Beau Monde owning. Add Thyme, Bay Leaf, tomato sauce, liquid drained from ms and burgundy. Reserve mushrooms. Cover and simmer 2½ hours. ed mushrooms and carrots. Simmer covered ½ hour longer until e tender.

MAKES 6 SERVINGS

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Veal scaloppin
. . . white or re

If you're planning a small dinne
this month, we suggest veal scalo
an elegant entrée that won't take
prepare. Here is a choice of two
either of which may be completel
ahead, then reheated at party tim

You might prepare or reheat the
pine in an electric frying pan; th
heat control set at *warm*, use it
from at the table. Boiled rice, a
yellow vegetable, and green sal
Italian-style dressing would c
either menu simply.

Scaloppine is the Italian word
slices of lean, boneless veal. Y
find veal scaloppine—pounded t
slices—already prepared in your
Or prepare it yourself from bonel
cutlet, about ¼ inch thick: Cut t
into its natural divisions, put pi
tween sheets of waxed paper, an
gently with the smooth side of
until about ⅛ inch thick.

WHITE SCALOPPINE

- 1½ pounds veal, prepared for scaloppi
- ½ cup flour with 1 teaspoon salt and ⅛ teaspoon pepper
- 6 tablespoons butter or margarine
- 2 tablespoons salad oil
- 1 large onion, chopped
- ½ pound mushrooms, sliced
- 1 or 2 cloves garlic, minced or mashed
- 1 cup dry white wine
- ½ to 1 cup regular-strength chicken b
- 1 tablespoon lemon juice
- ½ teaspoon whole thyme, crushed
- 1 cup sour cream
- 2 teaspoons flour

Dip pounded veal pieces in the
flour to coat both sides; shake o
flour. In a frying pan (one with
heat 3 tablespoons of the butter
salad oil over medium-high heat.
crowding meat in pan, brown ea
quickly on both sides; set meat
a plate as it is browned.

Add remaining 3 tablespoons b
pan and sauté the onion, mushroo
garlic over medium-low heat fo
5 minutes. Stir in the wine, ½ cup
broth, lemon juice, and thyme.
back on top, cover pan, and simme
for 15 minutes, or until meat is
Blend the sour cream with flour,
the meat mixture until blended.
and serve. Or cool, then refrigerate
slowly over low heat, stirring occas
Add a little more chicken broth if
to thin the gravy slightly. Make
servings.

Variations: For lower calories, o
sour cream and 1 tablespoon lemo

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Masland introduces Sand Patterns, the first of the Wildlife group of indoor-outdoor carpet constructed of 100% Acrilan® acrylic pile. □ Your life couldn't bly be wild enough to hurt it. □ It resists both and weather. Clumsy people who spill things. children who dirty things. All animals, big or domestic or wild. Everything. □ And you can with Masland's Wildlife anywhere. Kitchen. Patio. Bathroom. Poolside. Den. Garage. Recreation Room. Anywhere. □ And it does all this with a grace and beauty that's truly extraordinary. □ A Masland retailer is fairly champing at the bit to show you Sand Patterns. □ Just keep in mind that there's a lot more to it than meets the eye.

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Start with a Tyson's Pride Cornish Game Hen for each guest.

Spend a cool few minutes in the kitchen, and your own sweet time at the dressing table. Make a grand entrance with your platter of Tyson's Pride Rock Cornish Game Hens. Proud, plump beauties . . . specially bred and specially fed . . . delicately flavored, moist, tender, almost all white meat. Surprisingly low-cost, low in calories . . . an effortless epicurean triumph!

ROCK CORNISH GAME HENS HAWAIIAN

4 Tyson's Pride Rock Cornish Game Hens

Baste

2 tablespoons honey
1 teaspoon soy sauce
¼ cup juice drained from canned pineapple

Stuffing

¼ cup canned crushed pineapple, drained
1 small onion, minced
2 tablespoons melted butter
1 cup packaged stuffing croutons
⅛ teaspoon thyme
Salt and pepper to taste

Mix baste in a small saucepan and heat. Apply to birds during cooking. Mix stuffing ingredients and moisten with hot water. Stuff birds and roast in a 350°F oven for about one hour. Makes enough for 4 birds.

Free Mini-Cookbook

Easy recipes for special parties and family meals, too.
Write Tyson's Pride, Dept. S-49, P.O. Box 61 Hempstead, N.Y. 11551

stir in 1 cup plain yogurt, blende the 2 teaspoons flour.

To make this without wine, subst tablespoons lemon juice and ad ¾ cup chicken broth or water.

RED SCALOPPINE

1½ pounds veal, prepared for scalopping
½ cup flour with 1 teaspoon salt, ⅛ teaspoon pepper
6 tablespoons butter or margarine
2 tablespoons salad oil
1 large onion, chopped
½ pound mushrooms, sliced
1 or 2 cloves garlic, minced or mashed
2 tablespoons *each* red wine vinegar and soy sauce
1 can (8 oz.) tomato sauce
⅓ cup dry Sherry or chicken broth
½ to 1 cup regular strength chicken bro
1½ teaspoons whole oregano, crushed
⅓ cup grated or shredded Parmesan cheese
1 cup shredded sharp Cheddar cheese (about 4 oz.)

Dip the pounded veal pieces in se flour to coat both sides; shake off flour. In a frying pan (one with a li 3 tablespoons of the butter and th oil over medium-high heat. W crowding meat in pan, brown eac quickly on both sides; set meat a a plate as it is browned.

Add remaining 3 tablespoons bu pan, and sauté the onion, mushroom garlic over medium-low heat for a minutes. Stir in the vinegar, soy, t sauce, Sherry, ½ cup chicken bro oregano. Set meat back on top, pan, simmer gently for 15 minu until meat is tender. Stir in the Pa and Cheddar cheese just until melt blended. Serve immediately, or co refrigerate. Reheat slowly over lo adding additional chicken broth if to thin the gravy slightly. Makes servings.—*H. S., Novato, Calif.*

GLENN CHRISTIA

Whose glass?

Having a big party? Keep track glasses by means of festive na tags tied or taped to each gl This will appreciably reduce con sion during the party and cut do on the clean-up that follows.

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Be original with low calorie dishes and Lea & Perrins, the quality Worcestershir

Who says low calorie dishes have to be low in flavor? A teaspoon of Lea & Perrins, t original Worcestershire, is only 7 calories. Yet what a difference it makes when y add it to bland, diet dishes. Try the original slimming recipes below—or bring o the flavor in your favorites with the authentic, full-strength Worcestershire.

LEA & PERRINS

BEEF PINWHEEL
295 calories per serving

- 1 pound ground round
- 1½ teaspoons salt
- 1 tablespoon Lea & Perrins Worcestershire Sauce
- 1 egg, well beaten
- 2 tablespoons catsup
- ½ cup dry bread crumbs
- 3 cups chopped cooked cabbage
- ½ cup chopped sautéed onions

Combine ground round, salt, Lea & Perrins, egg, catsup, and bread crumbs. Blend well. Roll out meat between 2 sheets of waxed paper into an oblong ½-inch thick. Spread meat with cabbage and onion. Roll like a jelly roll. Place on a greased shallow baking pan in a 350°F. oven for 40-50 min. Serves 6.

FISH PIQUANT
300 calories per serving

- 4 onions, sliced
- 2 pounds fish fillets—cod, sole, haddock, perch
- ½ cup mayonnaise
- 2 teaspoons Lea & Perrins Worcestershire Sauce
- 2 tablespoons lemon juice
- ¼ cup grated Parmesan cheese
- 2 tablespoons chopped parsley

Slice onions. Cover with water and cook until tender but crisp. Spread drained onions in a shallow well-greased baking pan. Cut fish into individual serving pieces. Place fish pieces over onions. Combine remaining ingredients. Blend well. Spread mixture on fish pieces. Bake in a 350° F. oven for 30-40 min. or until fish flakes. Serves 6.

TOMATO VEGETABLE WITH LOW CALOR RUSSIAN DRESSIN

40 calories per serv and 10 calories per tabl of dressing

- 1 tablespoon (1 envelop unflavored gelatin
- 2 cups tomato juice
- 1 tablespoon Lea & Perri Worcestershire Sauce
- ½ cup minced celery
- ¼ cup minced onion
- ¼ cup minced green pep

Soften gelatin in ½ c tomato juice. Heat re tomato juice to the boilir Add softened gelatin an Perrins. Stir until gelatir solved. Cool. Chill until Fold in vegetables. Po lightly oiled custard cups 3-cup mold. Chill until fi mold. Serve with low-calo sian Dressing. Serves 6.

LOW CALORIE RUSSIAN DRESSIN

- 1 cup yogurt
- 1 tablespoon lemon juice
- 2 tablespoons pickle relish
- 2 tablespoons catsup
- 1 tablespoon Lea & Perri Worcestershire Sauce

Combine all ingredients well and chill. Yield 1¼ cu

DARROW M. WATT

off each serving of the spinach tart a sliced mushroom before baking

First course . . . open-faced pie

combine shrimp, clams, spinach, and rooms in this savory open-faced pie. it as a luncheon entrée or as the course of a dinner.

ACH SHRIMP TART

- Pastry for a double crust 9-inch pie
- 1 can (7½ oz.) minced clams
- ½ cup whipping cream
- 2 tablespoons cornstarch
- 3 tablespoons dry white wine
- ⅛ teaspoon nutmeg
- 4 egg yolks
- ¼ cup shredded Parmesan cheese
- 2 packages (10 oz. *each*) frozen chopped spinach, thawed and drained, or 1½ pounds fresh spinach, chopped
- ¾ pound cooked small shrimp
- ¾ pound mushrooms
- 2 tablespoons butter or margarine
- 1 clove garlic, minced

pare pastry shell using your own recipe pie crust mix. Roll out dough and fit a 10-inch pie pan, fluting edges for a le crust; or fit into a fluted 11-inch pan. Bake at 450° for 10 minutes.

ain liquid from clams into a saucepan; whipping cream and bring to a boil. in a paste of cornstarch and wine; n, stirring, cook until thickened. Add meg. Beat egg yolks; stir in the hot ce and 3 tablespoons of the cheese. Mix drained spinach, shrimp, and clams.

ce mushrooms and sauté in 1 table- on of the butter with garlic; set aside 8 es for topping and add remainder to nach mixture. Spread filling evenly in ked shell and top with reserved mush- oms. Sprinkle with remaining cheese. elt remaining 1 tablespoon butter and izzle over top. Bake at 350° for 20 to 25 nutes, or until set. Serves 8.

TODAY'S NEW LAMB

with bigger chops, more lean meat, and a wonderfully tasty tenderness, is showing up in more and more meat cases these days. It's a delicious full flavored meat from a bigger, more carefully-fed lamb.

Take the famous leg o' lamb. Buy a full leg and have your meat man cut several delicious steaks off the sirloin end before you roast it. Two meals for a hungry family!

Remember too, the tasty, tender fore-quarter cuts. Shanks. Riblets. Shoulder roasts and chops – every bit as good.

If you haven't tried Today's New Lamb lately, you're missing something special. At better markets everywhere. Restaurants, too.

Try this easy recipe today!

ONION-ORANGE LAMB ROAST (makes 8 servings)

- ¾ leg of lamb
- ¼ cup chopped onion
- ½ cup orange juice
- 2 tablespoons prepared mustard
- ¾ teaspoon rosemary
- Salt and pepper to taste

Place lamb on rack in shallow roasting pan. Roast in 325° (slow) oven 30 to 35 minutes per pound, or until meat thermometer registers 175° for medium doneness. Combine onion, juice, mustard, rosemary and seasoning and spoon over the lamb during the last hour of roasting time.

For more FREE lamb recipes, write:

american lamb council

Dept. LC-268L, 520 Railway Exchange Bldg.
909 17th St., Denver, Colo. 80202

AMERICAN Lamb in the circle of good taste

Only Saran Wrap keeps them miles apa

If you think any other wrap seals as well,
maybe you've got a cold.

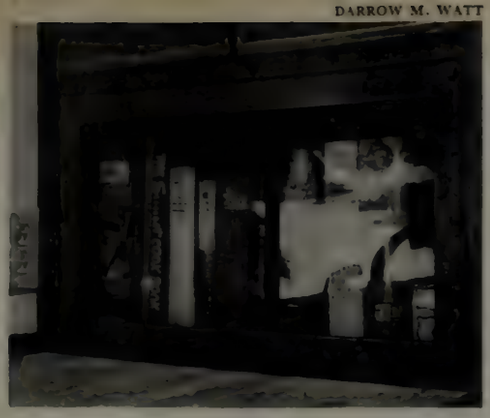
©THE DOW CHEMICAL COMPANY

DON NORMARK

Pantry shelves pull out

dition to the convenience of one-deep d goods storage, the shelves in this y pull forward on sliding drawer vare. Stanley Jacobson was the ar- t, for Louis A. Misener, Tacoma.

DARROW M. WATT



A library case for cook books

Glass protects these cook books. Like a library case, the door lifts and slides back into the cabinet on wood runners. The architect was Donald James Clark, for John C. Atwood III, Hillsborough, Calif.

RICHARD FISH

Reach dishes from either side

This two-way cabinet is in a divider wall between kitchen and family dining area. Dishes from the dishwasher, just below the counter in the foreground, go directly into it. Leonard Veitzer was the architect.

THE

Western Kitchen

NEWS AND IDEAS

Freezer—manual defrost or automatic

ral of our home economists have d, "Does the temperature fluctuate in a manually-defrosted freezer and efore keep foods better than in an matic defrost freezer?"

," was the reply from manufacturers. ostless unit keeps a more even tem- ture because cold air is constantly lated by a fan. During the defrosting , which occurs every 8 to 12 hours, frost collected at the coldest point is melted by a heating element embedded in the evaporator coils, and although the air temperature inside the freezer may rise as much as 10°, this condition lasts only about 10 to 15 minutes and packages properly wrapped don't have time to react.

If you plan to use your freezer to preserve food as well as store it, remember that the faster it freezes, the better it preserves food quality. The manual defrost freezer may have several shelves on which you can quick-freeze; in the automatic defrost freezer, one section may be designated for the quickest freezing. Because freezers vary in the amount of quick-freeze space, check this with your dealer.

In the combination refrigerator-freezer, because of more frequent door openings, it is important to store more sensitive foods well inside the freezer compartment.

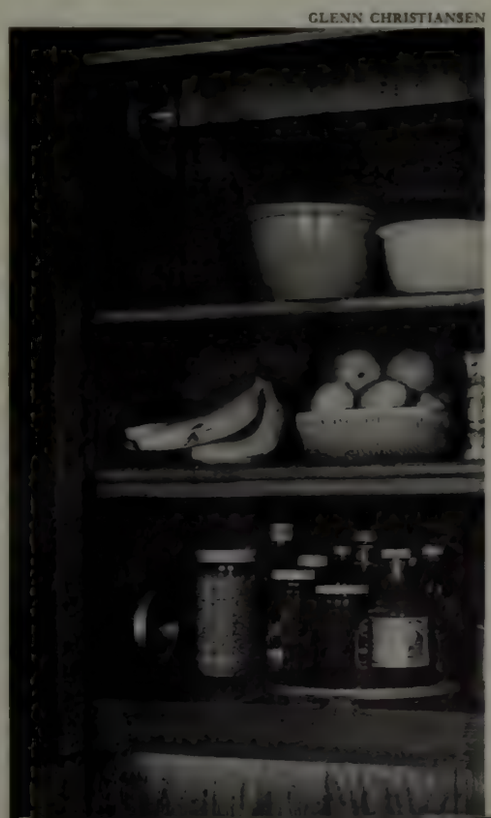
A manual defrost freezer should be emptied and defrosted about twice a year. It costs about $50 less to buy than the same size automatic defrost unit, and about $1 a month less to operate.

People who have learned to work with a freezer find it almost indispensable. Even small families can freeze leftovers for serving several days later.

An upper-cabinet cooler

An upper cabinet becomes a cooler with screened vents, top and bottom, leading directly outside. Air circulates through slotted shelves. Janean designed it for J. Marshall Evans, Rutherford, California.

GLENN CHRISTIANSEN



We'd like to thank the other "Italian" dressings for standing in until the real thing came along

Even Milani's old Italian Dressing (with its better-than-average Italian accent) doesn't make it any longer.

Because the real thing is here. Milani's New Italian Dressing. The one that recently won the Grand Gold Cup Trophy of Honor at the Fiera Di Roma.

The one with everything from sweet red peppers to seventeen special spices all floating free and easy in a beautiful blend of golden oil and tangy vinegar.

The real one is here. And it's so Italian it sings.

Mmmm-Milani®

Free Offer!

Send us the neck band from your first bottle of Milani's New Italian Dressing; we'll send you back a coupon good for a FREE second bottle. Details on back of the "moustache" bottle collar.

©MFI. 1969

DARROW M. WATT

y bits of chocolate are scattered tively through moist, tender cake

t's good looking and it's easy

lf-frosted, one-layer cake is an ideal t for toting to PTA meetings, pot- or picnics (or even just to serve at). It's both attractive and easy to gether.

prinkle semisweet chocolate bits he lightly spiced sour cream batter. after the baking, the chocolate stays ly soft and creamy.

tomato slices. Peel and slice the avo , dip in lemon juice, and arrange s on top. Makes 4 servings.

DARROW M. WATT

uffins *topped with pastrami and avo do: a fine luncheon with potato chips*

SPAM Spread goes great with tomatoes, pickles, celery...

SPAM Spread

and kids!

Smooth, all-meat SPAM Spread gives you new snack or sandwich ideas every day. And at everyday prices.

Hormel

A FEDERALLY INSPECTED PRODUCT

SPAM is a registered trademark for a pure pork product packed only by Hormel

Good enough to make a baker jealous. The new Betty Crocker Discov

Free Offer!

Send us the neck band from your first bottle of Milani's New Italian Dressing; 'll send you back a coupon good for a FREE second bottle. Details on back f the "moustache" bottle collar.

It took the Betty Crocker Kitchens to discover a way to fluff up rich chocolate flavor for the first and only Fluffy Chocolate Frosting. And it took a cake mix that blends perfectly with eggs to get the delicately rich, specially moist flavor of a Betty Crocker Yellow Cake. Together, they make the Discovery Dessert. And it's good enough to make a baker jealous.

When the flavor's this exciting ... you can bet it's Betty Crocker.

Betty Crocker Yellow Cake and Fluffy C

vocado goes into hese sandwiches

y **avocado slices** lend a new dimen- o these knife-and-fork sandwiches, buting rich flavor and creaminess. them open-faced with the avocado andsome garnish.

RAMI AND AVOCADO MUFFINS

Butter
English muffins, split
pound teleme cheese or soft jack cheese, thinly sliced
small sweet onion, thinly sliced
pound sliced pastrami
small avocado
Lemon juice
tablespoons sour cream

d butter on split muffins and toast . Cover each with cheese slices and rings. Return to oven and toast cheese melts. Top with overlapping of pastrami. Peel and slice avocado, n lemon juice, and arrange on meat. each sandwich with sour cream. es 4 servings.

AND AVOCADO ON RYE

4 slices Russian rye or other dark rye bread
Butter
cup sour cream
tablespoon anchovy paste
3 hard-cooked eggs, chopped
2 green onions, chopped
Shredded lettuce (about 1½ cups)
1 small tomato, thinly sliced
1 small avocado
Lemon juice

t the bread and butter it. Mix sour m and anchovy paste together and in eggs and onions; spread evenly on t. Cover each sandwich with lettuce tomato slices. Peel and slice the avo- , dip in lemon juice, and arrange s on top. Makes 4 servings.

DARROW M. WATT

ffins topped with pastrami and avo- do: a fine luncheon with potato chips

Betty Crocker

News from General Mills

Sign on a bus: "Let's be good to each other. We're all we've got!" Be extra good to your family with this cool combo—Fruit and Pudding Pie. Bright dessert for an April shower:

Bake a 9-inch shell from Betty Crocker Pie Crust Mix.

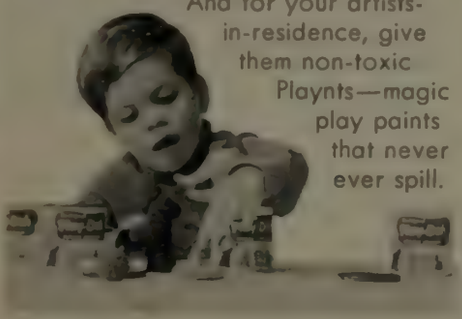
½ cup toasted slivered almonds
1 envelope (about 2 ounces) dessert topping mix
½ teaspoon almond extract
1 can (1 pound 14 ounces) fruit cocktail, drained
1 can Betty Crocker Vanilla Pudding

Spread almonds on bottom of pie shell. Prepare topping mix as directed on package except—substitute almond extract for the vanilla. Reserve ½ cup fruit cocktail; fold remaining fruit and the pudding into whipped topping. Pour into pie shell; chill until firm. Garnish with reserved fruit cocktail.

Bits & pieces

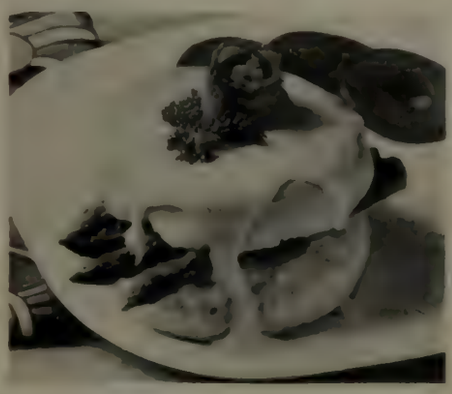
Did You Know—

—that nothing beats Play-Doh for clean, creative modeling for children. And for your artists-in-residence, give them non-toxic Playnts—magic play paints that never ever spill.



—that our newest snack is called The French Fried Potato Crisp, if you please. Serve warm for the ketchup-dippers. And try them with our recipe for Vegetable Garden Dip on the package.

—that an Asparagus Shortcake makes a pleasant spring lunch. Ten minutes quick. Just bake and split big Bisquick biscuits, fill with five or six cooked asparagus stalks, top with rich cheese sauce made from a can of Cheddar cheese soup.



—that you can make a quick pizza-flavored topping for your favorite casserole by crumbling Pizza Spins, with or without shredded cheese.

—that you can thicken syrup from a can (about 1 pound) of fruit with 1½ tablespoons of Wondra Flour (do you have our handy shaker?). Just stir Wondra into cool syrup, then boil 1 minute. Add a few drops of almond extract or a dash of curry powder and serve hot over the cold fruit.

—that after baking our new Betty Crocker Pineapple Cake, you can add ½ cup cookie coconut to our Orange Frosting. Frost, then garnish with ⅓ cup more coconut. Ambrosia!

—that 97,853 visitors toured our Betty Crocker Kitchens last year and we hope you'll be among our guests sometime soon at 9200 Wayzata Boulevard Minneapolis, Minn.

In soup section of most fine markets...

SUPER BEL-AIR RECIPES FREE! Here's loads of ways to use croutons, not only in soups or salads but as party snacks, hors d'oeuvres, or simply scrumptious stuffings. Send your name and address to BEL-AIR SUPER RECIPES, 750 Towne Avenue, Los Angeles, Calif. 90021

Recipe. • Packaged, canned or homemade...
ALL soups take on that fine restaurant look and taste when sprinkled with a few BEL-AIR CROUTONS.

7 flavors to choose from.

BEL-AIR®

Slice *the bread thick for breakfas*

Whole wheat joi with sourdoug

You combine sourdough and whole flavors for this hearty bread. Se toasted for breakfast, sliced th luncheon sandwiches, or as a snack.

SOUR WHEAT BREAD

- 1 cup milk
- 2 packages yeast (active dry or compressed)
- 1 cup warm water (lukewarm for compressed yeast)
- 3 cups unsifted whole wheat flour, regul or stone ground
- 1/4 cup molasses
- 1 tablespoon salt
- 3 tablespoons soft butter or margarine
- About 3 cups all-purpose flour (unsifted)

Scald milk; let cool to lukewarm. large bowl, stir yeast into warm until dissolved. Add milk and whole flour; stir to combine. Cover bowl t and let stand at room temperature 2 days; dough will be bubbly and like fermenting apple cider.

Stir in molasses, salt, and butter mix in 2 cups of the all-purpose Turn dough onto board with about of the remaining flour and knead smooth and elastic (about 10 min adding more flour, if needed, until is no longer sticky. Place dough in g bowl and turn over to grease top; loosely with cloth and let rise in a place until doubled (about 45 minu

Punch down dough and divide in Shape each into a loaf, and put greased loaf pan (4½ by 8½ inche by 9 inches for flatter loaf). Cover a rise in a warm place until almost d in size (about 45 minutes). Bake in oven 35 minutes or until nicely br on top. Remove from pans and c racks. Makes 2 loaves.

Salisbury steak dinner, one of many varieties.

eat and serve" isn't the best part (eating is).

t Banquet we have a philosophy.
hink good food is more important
quick food. Or easy food.
we think you think so too.
he first time you bought a Banquet
er you were looking for
thing quick and easy. Right?
hen you discovered (surprise!)
it was *good* too.
ut now you know our philosophy.
venience and goodness make
at combination. But remember,
oodness that we really
our heart in.

Thank goodness for Banquet®

What's your excuse for not making bread?

Many women don't like kneading the dough. They say it's too much bother.

We agree. But we have a solution: a KitchenAid Food Preparer Model K45. It can knead yeast dough thoroughly and quickly. And do any other mixing job you have, too.

But the Food Preparer is more than a good mixer. It's a versatile appliance. You can choose from over a dozen optional sturdy attachments that will sharpen knives, grind meat, juice oranges, open cans and slice vegetables, to mention a few. So if you'd like to start making homemade bread, rolls, pastries, etc., get a KitchenAid Food Preparer. For more details, send the coupon.

KitchenAid Electric Housewares Division, Dept. 9HG-4, The Hobart Manufacturing Company, Troy, Ohio 45373.

Tell me more.

Name_____

Address_____

City_____ State_____ Zip_____

KitchenAid

FOOD PREPARERS AND COFFEE MILLS

Boned *leg of lamb, reshaped with orange-lemon-cornbread stuffing, and bar*

The Mexicans have some delicious ideas about lamb

These two Mexican ways to barbecue lamb offer a refreshing change for midsummer outdoor cooking. (In Mexico, the meat choice might be mutton as well as lamb.) Both dishes are adapted to Western seasonings and barbecue equipment. Both can be complemented by the addition of a crisp salad and a starch dish such as hominy, rice, or noodles that can be prepared like *sopas secas* (dry soups), those Mexican casseroles with quantities of cheese and other savory ingredients.

This lamb chop recipe comes from Chihuahua, the Mexican state where fiery flavors are probably used more freely than in any other part of that country. But the *picante* level in this recipe is pleasantly moderate, with prepared tacos sauc ing the chile heat. The meat goes fir an herb-garlic-oil marinade, then is with a nippy red sauce and grilled.

LAMB CHOPS, CHIHUAHUA STYLE

In a wide pan, blend ½ cup olive salad oil with 2 tablespoons whole mary (crumbled), 2 teaspoons garli der, and 1 tablespoon whole or (crumbled). Have ready 8 lamb sh chops, each cut about 1 inch thic turn in the herb-oil mixture; cove let stand in a cool place for several Rotate chops occasionally to ma evenly.

In a small pan heat together 1 cu pared tacos sauce, ½ cup (¼ lb.)

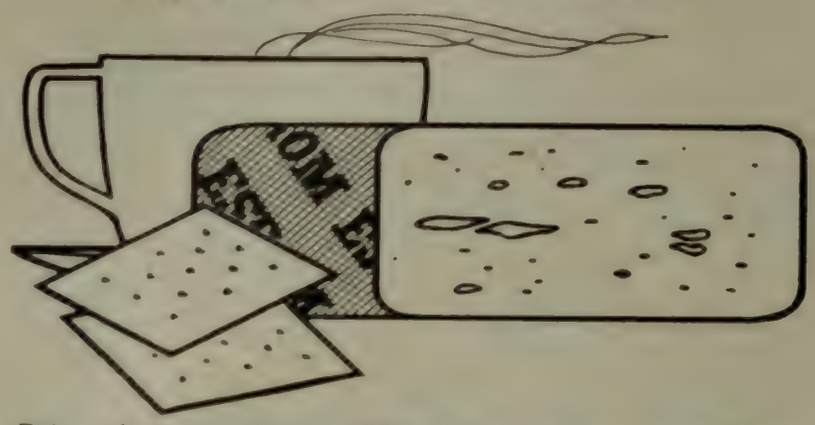
Many a salad dressing is so blah, the salad
is left little better than wet.
It takes Wish-Bone to give a salad spunk.
Famous Wish-Bone Italian with all the sassy flavor,
tender garlic and mild sweet peppers.
Wish-Bone Hickory Bits with crispy chunks of
bacon-like bits floating in a creamy rich dressing.
Or try any of the other great Wish-Bone flavors:
Deluxe French, Thousand Island,
Russian, Green Goddess and Creamy Onion.

alad without Wish-Bone is just a bowl of wet vegetables.

EXOTIC EXCITING
ENTHRALLING ENCHANTING
ELEGANT ENGAGING

ESROM

Imported DANISH CHEESE



Pale, soft, creamy, laced with tiny holes—and so fragrantly delicious you'll wonder why you never tried it before. So indulge: have a few cubes of Danish Esrom with your coffee. Melt it on melba toast. Broil an Esromburger, for an adult taste treat. Esrom is quite a cheese among cheeses. Pamper yourself with Esrom. After all, who deserves it more than you?

Cheeses from the Fairyland Dairyland of Denmark

The sneaky gift.

Many husbands who find their coffee hard to swallow are surprising their wives with KitchenAid Electric Coffee Mills.

In this sneaky way, they're assuring themselves of getting great coffee. Pre-ground or instant coffee can't deliver the same delicious flavor as coffee made with freshly-ground beans.

Why don't you give a KitchenAid Electric Coffee Mill too? It may be sneaky. But it's a great gift for any occasion. At better stores. Or write KitchenAid Housewares, Dept. 9HG-4, The Hobart Mfg. Co., Troy, Ohio 45373.

ELECTRIC COFFEE MILL BY
KitchenAid

"Fed-up with "movie show" and "ball-park" type pop corn? Try crispy, fluffy, tender, **hulless** Jolly Time — the **different** pop corn that's **special for home popping.** The all-time favorite of real pop corn lovers. Try it. You'll LOVE it.

Good Housekeeping GUARANTEES

or margarine, ½ cup catsup, and
wine vinegar until the butter is
Dip the chops, one at a time, in sau
coat all sides. Place immediately
grill about 5 inches above hot coals
until done to stage you prefer (ab
minutes to a side for medium-rar
Baste meat once (after turning) wi
hot sauce. Reheat the sauce, and
spoon over chops. Makes 4 to 8 se

The unusual tropical spice achiot
show-tey)—available occasionally i
ican markets—is the authentic sea
for this leg of lamb. Achiote is used
sively in Yucatán and Central A
principally for the rich red color an
delicate flavor it gives to foods; y
achieve a similar but less colorful
with cinnamon and chile powder bl
Have your meatman bone and bu
a leg of lamb. Rub the achiote or
mon - chile powder mixture over the
Make the citrus-cornbread stuffin
home-baked or frozen cornbread o
fins) and pat thinly over the cut
the lamb. Then reshape meat to
compact roast for barbecuing.

LEG OF LAMB, YUCATÁN STYLE

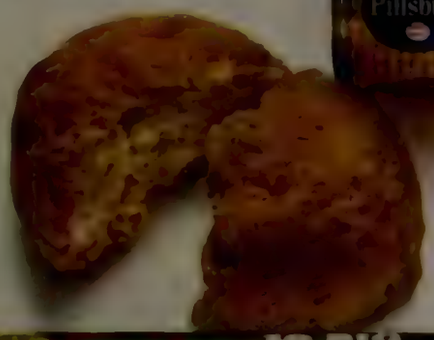
- 1 tablespoon whole achiote (or ½ teaspoon chile powder and ⅛ teaspoon ground cinnamon)
- ½ teaspoon coarsely ground black pepp
- 1½ teaspoons salt
- 2 tablespoons salad oil
- About a 6-pound leg of lamb, boned and butterflied
- 1 tablespoon grated orange peel (zest—thin colored layer—only)
- 3 tablespoons orange juice
- ½ teaspoon grated lemon peel
- ½ cup packed cornbread or corn muffin crumbs
- 1 tablespoon minced onion
- Parsley and radishes for garnish

Crush the achiote by whirling to a p
in a blender (or grind achiote thro
pepper mill set at medium grind).
the achiote (or chile and cinnamon
the pepper, salt, and salad oil. Ru
mixture over all surfaces of the lam
Blend thoroughly the orange peel,
juice, lemon peel, cornbread (or
crumbs, and onion. Spread this
over the inside of the lamb, then r
the leg into a compact form, and
or stitch with heavy thread to hol
Arrange coals in a ring, with none d
beneath the roast. Cook the meat
inches above low coals (about 300
temperature) for about 2 hours, o
meat thermometer inserted in t
portion registers 140° for slightly
meat; or cook until done to the sta
prefer. If you cook on a covered bar
do not turn meat; if you use an unc
barbecue, loosely drape meat with
piece of heavy foil and turn meat
Let roast stand in a warm place ab
minutes, then garnish with parsle
radishes, if you like. Slice thinly to
Accompany with meat juices.
about 12 servings.—*A. E., San Die*

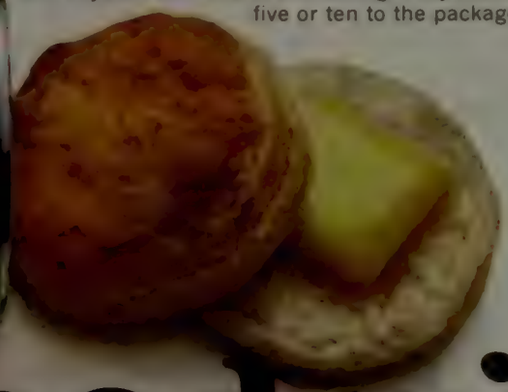
There's a Hungry Jack in every family.

Now there are two ways to feed the healthy appetites in your family.

New Pillsbury Hungry Jack Butter Tastin' Biscuits. They're filled with golden flakes of shortening that baste the biscuit inside out. Bake up moist, tender ... so rich you don't have to butter them. They come five or ten to the package.



Pillsbury Hungry Jack Flaky Biscuits. Here's a real healthy-size biscuit for healthy-sized appetites. Try regular or buttermilk. They're the biggest biscuits you can bake. And tender, too. Layered with lots of shortening. They come five or ten to the package.



eed 'em good with Hungry Jack

In the deli case

You do.

blank in this ad, or one from
na Sweepstakes display at
ind address. Mail to Cabana
10559.
two Cabana Banana labels
nd print the name "Cabana"

e mailed separately and be
ly one prize per person; one

by Marden-Kane, Inc., an in-
will be final. Employees of
affiliates, their immediate
anization are not eligible to
uit and Steamship Company.
mail approximately 30 days

f the prize winner. No substi-
kes restricted to residents of
ates West of the Mississippi.
or regulation.
Standard Fruit
ns, La.

TO:
Cabana Banana
Sweepstakes
P. O. Box 2-F
Mt. Vernon, N. Y. 10559

Attached are two Cabana labels. Please enter me in your sweepstakes.

Cabana BANANA

NAME

ADDRESS

CITY STATE

How do you cook a 6 lb. sirloin?

Peppercorns, a prayer and a pinch of Accent®

Peppercorns—once so valuable that they were used for money—enhance the flavor of the finest steaks. Just rub ¼ teaspoon of freshly ground black pepper into one side of the raw steak.

It's pretty hard to miss with this recipe if you take out a little insurance. Liberally cover both sides of the steak with Accent. Accent wakes up all the subtle flavors you might otherwise never notice.

Accent gives you all the flavor you paid for

ans.
Aid
be
any
rite
G-4,
373.

d

and "ball-park" type pop corn? Try crispy, fluffy, tender, **hulless** Jolly Time – the **different** pop corn that's **special for home popping.** The all-time favorite of real pop corn lovers. Try it. You'll LOVE it.

IF PRODUCT DOES NOT PERFORMANCE DEFECTIVE ★ Good Housekeeping GUARANTEES REPLACEMENT OR REFUND TO CONSUMER

Ripe olives, *chopped green onion decorate surface of meat and torti*

Beef casserole Mexican style

Popular Mexican flavors are combi this ground beef casserole. You ca the dish ahead for family or gue bring it hot to a potluck dinner.

ENCHILADA CASSEROLE

- 1½ pounds ground beef chuck
- 1 small onion
- 1 package (1¼ oz.) taco seasoning mix
- 1 cup water
- ½ cup bottled taco sauce
- 10 corn tortillas
- 2 packages (10 oz. *each*) frozen choppe spinach, thawed
- 3 cups shredded jack cheese
- ½ pound cooked ham, diced
- 1 cup sour cream

Combine beef and onion in a fryin and brown over high heat, stirrin to crumble. Stir in taco seasoning n water; cover and simmer 10 minut

Choose a 2½ to 3-quart baking casserole and pour half the taco sau it. Turn five of the tortillas in the s coat lightly and spread them, overla in the bottom of the dish.

In a wire strainer, press out most water from spinach and stir half of Arrangef; spoon the beef mixture o beneatas in casserole and sprinkle wi inches eese.

tempe with remaining tortillas, o meat and spread the balance of th portio over them. Distribute ham meat; pread with sour cream. Scatt prefer h over the cream, then top do not emaining cheese.

barbec ok at once, bake in a 375° o piece utes; cover for the first 25 m Let ro ke ahead, assemble casserole, minute frigerate; bake at 375° for radish utes or until heated throug Accon ng around edges; cover for t about utes. Makes 8 to 10 serving

CABANA BANANA SWEEPSTAKES

nd Prize – WIN A TRUCKLOAD!

) Pontiac Firebird • RCA TransWorld Radio • Olivetti-Underwood riter • Waring Blender • Longines-Wittnauer Watch • Kodak 8 Camera and Projector • Dremel Electric Shoeshiner • West-se Hair Dryer • 2-piece American Tourister Luggage Set • West-se Electric Can Opener • Orrtronic Automobile Stereo Tape nstalled • Sunbeam Vacuum Cleaner • AMF Bike • Seth Thomas Alarm Clock • Spalding Golf Club Set of 3 Woods and Irons (2-8) Portable Color TV Set • And a year's supply of Cabana Bananas.

All of this is yours if you win the grand prize in the Cabana Banana Sweepstakes.

4 2ND PRIZES
RCA Portable Color TV

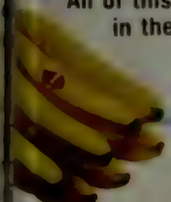
10 3RD PRIZES
Orrtronic Automobile Stereo Tape Deck (installed)

750 5TH PRIZES
Sheaffer Pen and Pencil Set

25 4TH PRIZES
Waring Blender

And Everybody wins who buys Cabana Bananas. They're the most delicious bananas in the world because we take the care to grow them that way.

Enter as often as you wish — No purchase necessary



Here's all you do.

1. On the entry blank in this ad, or one from the Cabana Banana Sweepstakes display at cer's, or on plain paper, print your name and address. Mail to Cabana Sweepstakes, P. O. Box 2-F, Mt. Vernon, N. Y. 10559.

rchase required. Include with each entry, two Cabana Banana labels n on the bananas in the illustration or hand print the name "Cabana" block letters on a 3" x 5" sheet of paper.

as often as you wish. Each entry must be mailed separately and be no later than midnight, May 31, 1969. Only one prize per person; one per household.

ers will be selected in a random drawing by Marden-Kane, Inc., an in-ent judging organization whose decisions will be final. Employees of d Fruit and Steamship Company and its affiliates, their immediate s, its advertising agencies and judging organization are not eligible to entries become the property of Standard Fruit and Steamship Company. ll be returned. Winners will be notified by mail approximately 30 days e sweepstakes closes.

ability on prizes will be the responsibility of the prize winner. No substi-will be made for any prize offered. Sweepstakes restricted to residents of vince of British Columbia and the United States West of the Mississippi. herever prohibited, taxed or restricted by law or regulation.

Cabana® is a registered trademark of Standard Fruit and Steamship Company, New Orleans, La.

ENTER TODAY

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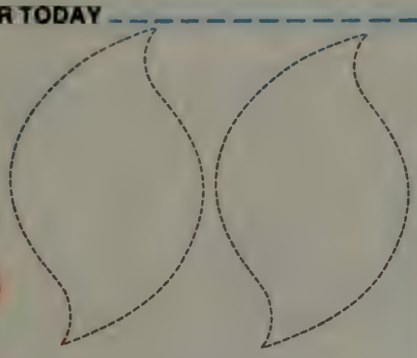
Attached are two Cabana labels. Please enter me in your sweepstakes.



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ADDRESS _____

CITY _____ STATE _____ ZIP _____

Be a decorator. We'll help.

Now, Chiffon® has five fancy colors to inspire you: yellow, pink, green, melon, and white. All in tasteful, matching boxes to dress up your surroundings.
Next time you're shopping, take some new Chiffon colors home. They add a lot more than tissue to a room.

Crown® **Chiffon**

ADVERTISEMENT

A Fruit Plate for all seasons

This stunning California fruit platter accents Sunsweet Pitted Prunes. Sensational as a salad – doubly delicious as a dessert served buffet style. It's an all season favorite using the fruits shown here, or introduce other fruits in season.

CALIFORNIA FRUIT PLATE

1 package Sunsweet™ Pitted Prunes
French dressing
Three oranges, sliced
Two bananas, sliced
One avocado, sliced
Lemon juice
Honey Cream Dressing

Marinate Sunsweet Pitted Prunes in French dressing, then arrange prunes on one side of a large platter. Place bed of thinly sliced oranges around platter and top with diagonally sliced bananas and sliced avocados, dipped in lemon juice. Pass Honey Cream Dressing. For dressing, beat 1 cup whipping cream with 2 tablespoons honey and ¼ teaspoon mace until stiff. (Serves 6 to 8.)

Exciting main dish idea!

Top cottage cheese or chicken salad with marinated Sunsweet Pitted Prunes in French dressing . . . just a few of the many ways you can make family meals extra special with Sunsweet Pitted Prunes.

SUNSWEET GROWERS INC., SAN JOSE, CALIF.

Gourmet Ideas
by Edie Cole

Almond-olive omelet: *Start with Early California Brand Pitted Ripe Olives and cut them in half lengthwise.* Fill a French omelet with about equal amounts of the halved ripe olives, small chunks of cream cheese, and toasted slivered or sliced almonds. Add a generous snipping of chives. If you like heat spiciness, add a sprinkling of crushed hot red peppers. Good for a late supper—with dry sherry

The brand is
Early California

Fresh marinated mushrooms *for hors d'oeuvre* or salad. Cut fresh mushrooms into ¼-inch-thick slices, pour over them enough Girard's Original French Dressing to cover. Add a lot of freshly ground black pepper and a generous squeeze of fresh lemon juice. Cover and chill for 8 hours, turning once or twice. Serve on cocktail picks as *hors d'oeuvre*. Or toss with lettuce greens to make a salad.

The brand is
Girard's

The pickle rarebit: Arrange a few **Ladies' Choice Brand** Farm Style Pickle Chips on top of a grilled open cheese sandwich and dust with paprika—before grilling

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table in a park or at the beach. Canned pork and beans—tastily embellished—keep hot in a heavy casserole. They are accompanied by thin-skinned sausages such as bratwurst, kielbasa, smoked link sausages, or frankfurters; offer one kind or a choice of sausages. Take along French rolls and frankfurter buns for making sandwiches. Include condiments such as catsup, mustard, and pickle relish. Bake your family's favorite chocolate, spice, or pound cake for dessert.

Picnic Beans
Sausages and Frankfurters
French Rolls and Buns
Assorted Condiments **Relish Tray**
Avocado-Stuffed Eggs
Chocolate Cake

You can assemble the beans early in the day and then bake them just before leaving for the picnic site. Wrap the bean pot in several layers of newspaper or pack in an insulated container to keep beans warm. Pour boiling water over bratwurst; cover and let stand 20 minutes. Or simmer kielbasa, smoked link sausages, and frankfurters in water for 7 to 12 minutes, until heated through. Lift sausages from water with tongs and pack in a wide-mouthed vacuum bottle.

You may stuff the eggs early in the day, cover, and refrigerate until ready to leave. Clean and chill raw vegetables such as carrot sticks, celery, cherry tomatoes, and radishes for the relish tray. Take along your favorite hot or cold beverages to round out the meal.

Picnic Beans

- 8 slices bacon, finely diced
- 2 cans (1 lb. 12 oz. *each*) pork and beans
- ½ cup brown sugar, firmly packed
- ⅔ cup catsup
- 1 teaspoon dry mustard
- 1 medium-sized onion, finely chopped
- ¼ teaspoon monosodium glutamate

In a frying pan partially cook the bacon pieces until slightly browned to remove most of the fat. Discard drippings and spoon bacon into a 2-quart bean pot or casserole. Add the beans, sugar, catsup, mustard, onion, and monosodium glutamate. Mix well. Bake, uncovered, in a 350° oven for 1½ to 2 hours, or until thickened and bubbly. Stir several times to insure even heating. Remove from oven, cover, and then wrap well or pack to keep hot. Makes 6 to 8 servings.—*D. K., Palo Alto, Calif.*

Avocado-Stuffed Eggs. Cut 6 hard-cooked eggs in half lengthwise; remove yolks and mash. Peel, pit, and mash one small avocado with 1 tablespoon lemon juice. Add mashed egg yolks, 1 tablespoon finely chopped onion, 1½ teaspoons bottled green taco sauce, ½ teaspoon salt, and ⅛ teaspoon pepper. Stir with a fork until well blended. Pile avocado mixture into egg white halves. Cover and chill thoroughly. Makes 12 stuffed egg halves.—*H. N., San Francisco.*

Spring luncheon or su

Leftover Easter ham can be put use in the do-ahead salad entrée light meal.

Molded Ham and Potato Sa
Tomato Wedges **Egg Slices** **Ri**
Mexican Corn Muffins
Butter or Guacamole Sprea
Blackberry or Strawberry Ice C
Cookies

You can prepare the gelatin salad before you plan to serve it; store, in the refrigerator. To serve, ar onto a bed of crisp greens and ga platter with tomato wedges, eg and ripe olives. A packaged mi basis for the corn muffins; serve w ter and frozen avocado dip, th guacamole from your own recip

Molded Ham and Potato Salad

- 1 envelope unflavored gelatin
- ¼ cup cold water
- 1 can (10¼ oz.) frozen cream of pota soup, thawed
- ¼ cup milk
- 2 cups finely diced cooked ham
- 1 cup thinly sliced celery
- 1 can (2 oz.) sliced pimiento, well drained
- ⅓ cup chopped dill pickle
- 2½ tablespoons sliced green onions, including some of the tops
- 1 teaspoon Dijon-style mustard
- 1 teaspoon lemon juice
- 1 cup (½ pt.) sour cream

In a saucepan, soften gelatin water. Stir in undiluted soup a heat slowly, stirring occasionally atin is dissolved. Remove from fold in ham, celery, pimiento, onions, mustard, lemon juice, a cream. Turn into a 1-quart mold until firm. Makes 4 to 6 servings *North Sacramento, Calif.*

Mexican Corn Muffins. Prepare 1 (15 oz.) corn bread mix according age directions. Drain 1 can (12 oz kernel corn with red and green add to corn bread batter with spoon bottled green taco sauce. Sp 20 medium-sized greased or pa muffin cups. Bake in a 425° ove to 18 minutes, or until golden Serve hot. Makes 20 muffins.—*Mount Vernon, Wash.*

Oven dinner for fou

While the chicken entrée and the this dinner bake, you'll have pl time to assemble the rest of the m

Mixed Green Salad
Oil and Vinegar Dressing
Bread Sticks
Baked Chicken Breasts with Sour
Chicken-Flavored Rice
Buttered Fresh Asparagus
Fruit Pie

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S

bake it in the oven along with a pac rice mix. Then prepare a simple sal romaine and butter lettuce. Clean t paragus spears and cook 5 to 7 minu boiling salted water until tender Packaged bread sticks and a home or purchased fruit pie complete the n

Baked Chicken Breasts with Sour C Arrange 8 split chicken breasts (4 breasts) in a 9 by 13-inch baking pa a small bowl combine 1 can (10½ condensed cream of chicken soup, (½ pt.) sour cream, 4 tablespoons 4 tablespoons dry white wine (or 1 spoon lemon juice), and 6 green o finely sliced. Spoon sauce evenly chicken.

Bake, uncovered, in a 350° oven f to 45 minutes, or until chicken is te Arrange chicken breasts on a serving ter; stir sauce in baking pan until blended. Spoon some of the sauce ov chicken; sprinkle with chopped pa Pass remaining sauce in a separate to be spooned over the rice. Makes 4 servings.—*W. S., San Carlos, Calif.*

Chicken-Flavored Rice. Turn the contents of a 6 or 7-ounce packa chicken-flavored rice mix into a 1½-q casserole. Add 2 tablespoons butt margarine and 2½ cups boiling water well, cover, and bake in a 350° ove 35 to 45 minutes, or until the wate been absorbed. Remove from oven and if desired sprinkle with finely ch parsley. Makes 4 servings.

Quick lunch or supper

Lean ground beef and cheese bake leftover or frozen waffles offer quick ishment at noontime, supper, or aft school dance.

Baked Waffle Sandwiches
Chocolate Milk Shakes
Apples, Oranges, Bananas

Season the ground beef, then spre on baked waffles. The sandwiches quickly and should be served piping Offer catsup and mustard for top Have plenty of milk, chocolate sauce ice cream on hand for the milk shak use a packaged milk shake mix. A of fresh fruit can serve as the center as well as the dessert.

Baked Waffle Sandwiches. In a bowl bine 1 pound lean ground beef, 1 teas salt, ⅛ teaspoon pepper, and 1 teas instant minced onion. Spread meat e over 6 baked waffles (approximat inches round or square) or 10 to 12 sm waffles. Place on a baking sheet and in a 400° oven, 5 to 7 minutes for me rare, or until meat is done to your li Remove from oven; top each with a slice of Swiss or Cheddar cheese (need about 6 ounces). Return to ove about 2 minutes, or until cheese is me Serve at once. Makes about 6 servin *R. V. L., Portola Valley, Calif.*

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Beef as served by famous California restaurants

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Californian and comfortable. This favorite family-owned inn is located in rich beef country—about 100 miles south of San Francisco, near the San Juan Bautista Mission. The varied menu reflects the rugged character of the area: entrees are robust and bountiful.

BISTECCA ALLA FIORENTINA
(Steak Fiorentine)

2 thick T-bone beefsteaks
3 tablespoons olive oil
1 teaspoon lemon juice
1 clove garlic, crushed and minced
1 tablespoon minced parsley
Salt and freshly ground pepper
Butter
Lemon wedges

Dip beefsteaks coating well in marinade of remaining ingredients except butter and lemon wedges. Refrigerate 2 hours. Drain off surplus marinade. Broil steaks 3 to 5 minutes on each side under very hot broiler. Serve on hot plates with lump of butter on each steak and lemon wedge for extra seasoning. Makes 2 servings.

Alma Cademartori Andreazzi comment: This idea has been made famous by a chef in Florence, Italy, for Americans who yearn for a good beefsteak. To prepare here at home, we prefer baby beef, as this is more comparable to the beef used for this dish in Europe. We also like to barbecue them outdoors.

Today Beef is Better

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Split pods *until the halves are joined only at the stem end, then push out the peas*

Carefully break *outer edible str not lining—just below the st*

The pod is delicious . . . without its lining

Gently pull *and nudge lining off th portion; repeat with the oth*

Fresh green peas, available most months of the year in the West, reach their peak of abundance during the spring. Recently we discovered a way to take advantage of the fresh flavor of the pod as well as the pea.

A pea pod consists of an edible green outer layer with a fibrous lining inside. Remove the lining by the method explained in the pictures above. This is delicate work and can be discouraging, especially at the beginning. But with a little practice you'll soon master it. Since a pound of unshelled peas yields a far greater volume of pods than of peas, you can afford to discard the pods that break or split.

Chopped pea pods make a crisp addition to a green salad. After stripping pods, drop outer green strips in boiling water and boil for about 2 minutes or until pods turn bright green and lose their raw taste. Chop in 1-inch pieces, marinate in oil and vinegar dressing if you like, and combine with other greens.

The following vegetable dish, co peas and pods with almonds an rooms, can be prepared in a fryin a few minutes.

PEA PODS PIPER

2 tablespoons butter or margarine
¼ cup slivered blanched almonds
¼ pound mushrooms, thinly sliced
2 cups shelled fresh green peas
1 cup stripped pea pods, coarsely chopped in 1-inch pieces
½ teaspoon salt
⅓ cup chicken or beef broth

Melt butter in a frying pan over heat and sauté almonds until gol move almonds with slotted spoon aside. Add mushrooms to pan an stirring occasionally, until juice evaporated and mushrooms are remove from pan and set aside. A pea pods, salt, and broth to the pa and simmer for 3 to 5 minutes, tender. Return mushrooms and to pan; heat about 1 minute mo immediately. Makes 4 servings.

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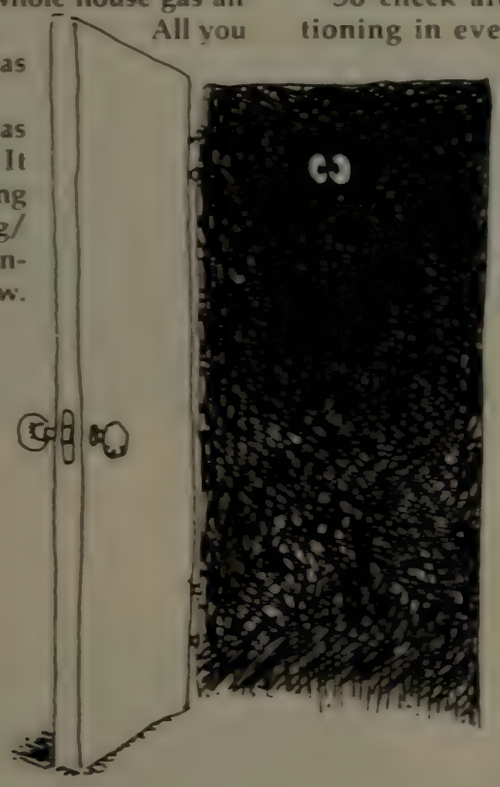

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DARROW M. WATT

Roast chicken *garnished with peas and orange slices. To serve, flame with orange liqueur*

A festive laurel chicken for Easter dinner

To catch the spirit of spring, fresh, light flavors dominate in this colorful presentation of roast chicken, a suitable entrée for Easter dinner.

It is inspired by an elaborate Roman chicken dish served in a wreath of laurel leaves and set aflame with a special tangerine brandy.

In this simplified version, a large, plump roasting chicken bakes under the aromatic influence of onion, orange, and bay leaves tucked inside.

At serving time, the crisply roasted bird is arrayed with green peas and orange slices; the flavors are then subtly united by a dousing of flaming orange-flavored liqueur. The juices from the cl blended with more orange, make cate sauce.

Consider fitting this chicken into that begins with homemade n dressed with cream, butter, Pa cheese, and a dusting of nutmeg; with a salad of greens; climax fluffy eggy dessert such as your f version of hot or cold zabaglion dessert soufflé.

The highly scented garnish of bay for the chicken can be fresh or dri contribute more to the appetizing of the dish than to the actual tast Use fresh leaves if you have acces *Umbellularia californica*—known a fornia laurel, California bay, pepp or Oregon myrtle, depending on you live in the West.

CHICKEN LAUREL

- 4½ to 5-pound roasting chicken
- Salt
- ½ large, unpeeled orange, cut in chunk
- ½ medium-sized onion, sliced
- 2 or 3 bay leaves
- About 2 tablespoons butter
- ¼ teaspoon grated orange peel
- ⅓ cup orange juice
- 2 or 3 cups hot cooked fresh peas or ho cooked frozen petit peas, drained
- 1 or 2 large oranges, peeled with white membrane removed, then sliced
- Small cluster fresh bay leaves (or 3 o 4 dried bay leaves)
- 3 tablespoons Cointreau or other orange-flavored liqueur

Remove giblets from chicken a aside for other uses. Sprinkle chic side and out lightly with salt. Fi and breast cavity with unpeeled chunks, the onion, and the 2 or leaves.

Place chicken on a rack, breast sid a roasting pan and tuck the nec under the chicken. Skewer body c shut, if you like.

Bake chicken in a 325° oven ur moves easily when jiggled and golden brown, about 2 to 2½ hours the first 30 minutes, rub chicken lump of butter to moisten the ski with butter once or twice more dur roasting period.

Protecting your hands with pot t tip chicken to drain juices from th into the roasting pan, then tr chicken to a serving dish and keep

Bring juices to a boil in the roasti with the orange peel and orange blending to incorporate any brown ticles. Remove from heat and st more tablespoon butter until melte pour juices into a serving contain

Spoon hot peas around chicken a nish with sliced, peeled oranges cluster of bay leaves on the chick

Heat liqueur gently until just warm to touch, set afire, and pou the chicken. Carve and serve, pass pan juices to spoon onto each p Makes 5 to 6 servings.

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This month the Chefs show us how to put mushrooms to use as "condiments"

"**Mushrooms** can hardly be considered as food, but more as a condiment, a role which classic cookery has always allotted to them," says Prosper Montagne in that prodigious food, wine, and cookery encyclopedia, *Larousse Gastronomique*.

Behind this judgment—and in this diet-conscious age another reason why mushrooms are worth rediscovering if you've neglected them lately—is the fact that although eaten with gusto and honored as a delicacy they are ridiculously low in calories. Mushrooms run only a little over 100 calories to the pound. They also have minor mineral and vitamin value. And the mushroom shape—continuous curves—is one of the wonders of nature. But let's get back to food.

Take one pound of mushrooms . . . and here are three *Chefs of the West* notions on how to put them to "condiment" use.

For a brunch or a lunch, Mushrooms Modesto is the answer, according to Philip Blades. "Nice accompaniments would be sauteed chicken livers and a spiced peach." But make your own choice of what you'd like to serve with it; it shouldn't be too competitive because this is a fairly concentrated mixture. Some may like the English muffins more toasted, but we preferred the softer consistency of ones that didn't need to be "carved."

MUSHROOMS MODESTO

- 4 tablespoons butter
- 1 small onion, finely diced
- 1 pound fresh mushrooms, sliced through with stems attached
- 1 tablespoon flour
- 1 teaspoon paprika
- Salt and pepper to taste
- ⅓ cup dry Vermouth
- 1½ cups commercial sour cream
- 1 teaspoon lemon juice

Melt butter in a frying pan, then sauté onion until golden. Add mushrooms and sauté until they are tender. Stir in the flour, paprika, salt, and pepper and cook until bubbly. Gradually stir in the dry Vermouth and cook until thickened. Then mix in the sour cream and lemon juice. Heat gently but thoroughly. (Do not let the sauce bubble.) Serve over lightly toasted English muffins or hot cooked rice. Makes about 6 servings.

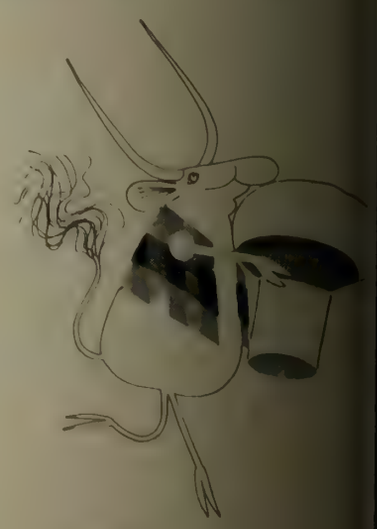
Philip Blades
Modesto, Calif.

Mushrooms and steak are long-time ners. They combine well without company. Or for variety the musl can go into a flavor complex lik dark, richly seasoned sauce, which i cially delicious with barbecued stea mushrooms absorb flavors from the and become tender and succulent.

KEN'S MUSHROOM STEAK SAUCE

- 3 tablespoons butter
- 1 green onion, minced
- 1 small clove garlic, minced
- 1 dozen medium-sized mushrooms, slic or quartered
- 1½ tablespoons flour
- ½ cup *each* water and dry red wine
- 2 bay leaves
- 2 tablespoons parsley
- 1 beef bouillon cube
- Salt and pepper to taste

Heat butter in a frying pan and the onion, garlic, and mushroom



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medium heat until tender and most of the liquid has evaporated. Blend in flour. Gradually stir in the water and wine. Add bay, parsley, and bouillon cube. Cook, stirring, until the bouillon cube dissolves and the mixture boils and thickens. Season with salt and pepper to taste. Remove bay.

Serve with steaks as you would serve gravy. Makes about 2 cups sauce.

Kenneth E. Sorlie

Anaheim, Calif.

The following is a simple recipe but a very good one, elegant enough to provide the entrée for a company dinner yet easy enough to prepare for a brunch.

CHICKEN-HAM MARSALA

- 6 large chicken thighs, boned
- ¼ pound boneless ham, finely chopped or ground
- 2 tablespoons butter or margarine
- ½ cup sliced mushrooms
- 1 can (10½ oz.) condensed mushroom soup
- 1 cup sour cream
- ½ cup Marsala wine
- Paprika to taste
- Cornstarch (optional)

Fill chicken thighs with ham, fold over to close, and tie with string or secure with skewers. Place in baking dish.

Melt butter in a 9-inch-square baking pan. Turn chicken rolls over in butter to coat completely.

Combine mushrooms, soup, sour cream, and wine. Place over heat, stirring to mix thoroughly, until hot but not boiling. Then pour mixture over chicken. Sprinkle with paprika.

Put baking dish, uncovered, in a 450° oven for 15 minutes. Cover, reduce heat to 350°, and bake 30 minutes, or until chicken is tender.

At this stage, if you want thicker gravy, you can thicken it with a little cornstarch. Serve with rice for dinner or on toasted English muffins for brunch. Makes 3 servings of 2 thighs each.

Pearl Aubert

Pomona, Calif.

Our veteran fireman *Chef of the West,* Ashley E. Hobson, also turns his springtime attention to mushrooms and produces a very full side dish, almost a main dish. "A bit like stuffing in taste," one of our testers remarked, but with intended.

MUCH-MORE-THAN MUSHROOM

- 1 pound fresh mushrooms, sliced
- 4 tablespoons butter
- ½ cup *each* chopped green onions, chopped celery, and chopped gre pepper
- ¾ teaspoon salt
- ¼ teaspoon pepper
- 2 tablespoons chopped parsley
- ¼ teaspoon monosodium glutamate
- ½ cup mayonnaise
- 6 slices firm white bread
- 3 eggs
- 2 cups milk
- ¼ cup grated or shredded Parmesan o Romano cheese

Sauté mushrooms in butter for 5 Add the green onions, celery, gr per, salt, pepper, parsley, and dium glutamate; cook about 3 longer.

Remove from heat, stir in the naise, and set aside.

Remove crusts from bread and cu inch squares. Put half of the br greased 2½-quart casserole. Spoo room mixture over bread, then co remaining bread. Beat eggs and gether until frothy; pour over mi casserole.

Refrigerate, covered, for at least or as long as overnight.

Bake, uncovered, in a 325° ove minutes. Remove from oven and cheese over top; return to oven a 10 minutes longer, or until golden Serves 6 as a side dish.

Ashley E. H

San Fra

"Our veteran fireman Chef is also turning his springtime attention to the mushrooms"

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DARROW M. WATT

Lamb stew *with tomatoes, onions, green pepper, and beans is in Assyrian tradition*

Khuroosh . . . it's a lamb and vegetable stew with rice

Assyria is a culture without a country. Descendants of this ancient civilization, however, can be found throughout the Middle East, and their foods retain certain distinct elements.

This family menu is a traditional one in the home of a Westerner whose parents came here from an Assyrian community in the northwest corner of Iran. The foods consequently reflect not only Iranian cuisine, but those of such neighboring countries as Turkey and Armenia, as well.

The main dish of the dinner is a lamb stew called *khuroosh* (or *khoroosh*). It includes hearty chunks of lamb cooked with tomatoes, green pepper, celery, onion, and green beans.

This method of cooking vegetables—including them with the meat to mingle flavors and retain all the cooking liquids—is traditional. The stew should be cooked until the sauce loses its soupy consistency. This full-bodied sauce is then served with a special Assyrian rice.

Soaked overnight, boiled briefly, then finished in the oven, the rice is fluffy and the kernels distinct. Butter is used generously to flavor the rice.

Salad is simply lettuce wedges with an herb-seasoned oil and lemon juice dressing.

Glazed prunes with an almost candied consistency are the final element in the main part of the meal. Cooked with lemon slices, the prunes are a piquant contrast to the lamb and rice.

Fresh fruit is ample for dessert. We suggest tangerines, apples, or bananas. In other seasons serve melon or grapes.

Lamb Stew
Assyrian Rice Glazed Prunes
Lettuce Wedges with Oil-Lemon Dressing
Fresh Fruits
Coffee

Finish the rice and prepare the prunes while the stew cooks. Serve the salad dressing in a cruet for each perso over his wedge of lettuce.

Lamb Stew *(Khuroosh)*

- 2½ to 3 pounds boneless lamb shoul cut in 1½-inch chunks
- 2 medium-sized onions, peeled
- 1 teaspoon paprika
- 6 medium-sized tomatoes, peeled
- 1 medium-sized green pepper, sliv
- 1 stalk celery, chopped
- 2 tablespoons chopped parsley
- 1½ teaspoons salt
- Dash pepper
- ½ cup water
- 2 packages (10 oz. *each*) frozen cut beans, thawed

Trim the fat and outer skin from Melt some of the fat in a deep brown the meat in it. Chop o peeled onions and cook it with until it is soft. Drain off the fat, paprika, and cook for about 5 more.

Add the remaining whole onion, t green pepper, the chopped ce parsley, salt, pepper, and wat bring to a boil, and then reduc the mixture simmers.

Remove the cover and continue stirring occasionally, for about until lamb is nearly tender and reduced and thickened.

Add the green beans, cover a simmer the stew for about 30 longer or until both the meat a are tender. Makes 6 to 8 serving *San Francisco.*

Assyrian Rice. To 1 pound of k rice in a bowl, add 1 tablespoon water to cover the rice; soak Drain and bring to a boil with spoon salt and 2 quarts boiling a 4-quart pan. Boil for about 6 until rice is about half cooked; d Place ¼ cup butter in a covered or baking pan; top with rice an more butter.

Cover and bake in a 300° oven 10 minutes; then stir lightly, re cover, and continue baking for minutes more. Turn off the oven the rice with 1 tablespoon wat and return to oven for about 5 longer to steam the rice. (Ric reheated in a slow oven with the of about 2 tablespoons water about 7 cups rice.

Glazed Prunes. In a deep pan pound large prunes, ¾ cup sugar sliced lemon, and just enough cover them. Cover and bring t uncover, and continue boiling un are tender and liquid is thickene duced, about 25 minutes. Stir prevent scorching. Stir in 1 t butter, and cool slightly to serv about 3 cups prunes.

Oil-Lemon Dressing. In a blen together ⅔ cup olive oil, 3 ta lemon juice, and ½ teaspoon sal Makes about ¾ cup.

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Dip *sashimi into zippy soy-horseradish (wasabi) mixture; eat with crisp ve*

If you like sashimi and want to introduce it to guests

Once you've cultivated a taste for *sashimi*, a distinctive Japanese way of serving thinly sliced, uncooked fish, it's among the most refreshing dishes imaginable.

To the initiated, sashimi is a fine main dish for a light lunch or simple supper. But unless you're sure of your audience, you might find it wise to offer it instead as the first course of an Oriental-style dinner.

The traditional way of serving sashimi is to arrange rows of the sliced fish on a bed of shredded *daikon* (Japanese white radish). For the dip, *wasabi* (a horseradish paste) is mixed with soy sauce. If you shop in a Japanese area you will be able to find these items easily. Many large supermarkets with well stocked specialty food sections also carry them. Or you can substitute foods that are easily available anywhere.

If you've never eaten uncooked fish—*really* uncooked, not marinated or dried—you might expect sashimi to taste fishy. But this isn't so when you follow the Japanese example of buying strictly fresh fish, then slicing it just before se

Shopping for the fish. Fish de Japanese markets will be part understanding of your requireme

Tuna and seabass *sashimi as served fish in rows over shredded daikon*

bought in Japanese hardware store peeled daikon into long fine strands

of the fish used for sashimi can be in any good fish market.

avored fish for sashimi is tuna: blue-summer, yellowfin from time to time the rest of the year. Both have esh, resembling uncooked lamb in Albacore, which has white flesh, is imes used.

e seabass and halibut are other . You can arrange the light-colored ith tuna for contrast.

sure you get *fresh* fish, look for color in the white-fleshed fish; the should not be brownish. Find out your fish dealer receives the bulk of ock, and plan to buy on that day.

ther ingredients. Our recipe follows lassic way of serving sashimi—ar-d on a bed of shredded daikon with nough shredded carrot for color con- If you can't find daikon in your et, omit carrot also and substitute 3 shredded lettuce.

wasabi powder when mixed with makes a horseradish paste; it gives ni a piquant accent that the bland-red fish needs. The powder comes in cans and is stocked by most Ori-markets. However, dry mustard,

fish thinly. Knife should be sharp gh to cut fish with a single stroke

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grated fresh ginger, or prepared radish may be used instead.

To eat sashimi, place some of the sl vegetables and several fish slices plate, using chopsticks or a fork. dipping dish (you can use a small or shallow dessert dish) should be place. Pour in about 1 tablesp sauce, place a little of the wasabi one side (start gently until you kn much heat you like), and gradua the wasabi into the soy sauce.

Dip each fish piece along with som shredded vegetables into the was mixture before eating. You might pany sashimi with steamed rice an *sake* (Japanese rice wine) or cold b

SASHIMI

- 1 large daikon (about 1 lb.), peeled
- ⅓ small carrot, peeled
- 1 pound filleted tuna, white seabass halibut, skinned if necessary
- Wasabi paste or alternate seasoning (directions follow)
- Parsley sprig (for garnish)
- Soy sauce

Shred daikon into long fine stra your grater doesn't make long stra those produced by the Japanese shown on page 201, use a vegetabl to cut the daikon lengthwise into thin slices; cut into slivers with sharp knife). You should have about

Shred carrot the same way. Mix sl daikon and carrot; place in ice wa

Quickly rinse fish with cool water; with paper towels. Cut away and any dark portions (in red-fleshe these will be almost black). If fish i cut lengthwise into 2 or 3 strips inches wide) so slices will be bit Place fish on cutting board. Using *sharp*, thin-bladed knife, start a and, slicing across the grain, cut fi ⅛ to ¼-inch slices. To keep the fresh, handle no more than necessa

Drain daikon-carrot mixture. Arra chilled serving plate. Transfer fis with a spatula to serving plate, o at a time, and arrange over dai shown in the picture on page 200, about one-third of the daikon exp one side of the plate. Japanese cu to arrange fish in rows with unever bers of slices—such as 9, 11, 13.

Place wasabi paste or alternate sea at one side of sliced fish, parsley s other. Serve with soy sauce. Makes ings as a main dish, or 6 servings appetizer.—*K. I., San Francisco.*

Wasabi Paste. To 4 teaspoons wasa der gradually add 4 teaspoons blending into a smooth paste. Co let stand for about 5 minutes.

Alternate seasonings. You can m paste by blending 4 teaspoons dr tard with 3 teaspoons water until s Or use about 2 tablespoons pre horseradish, drained slightly, or fresh ginger.

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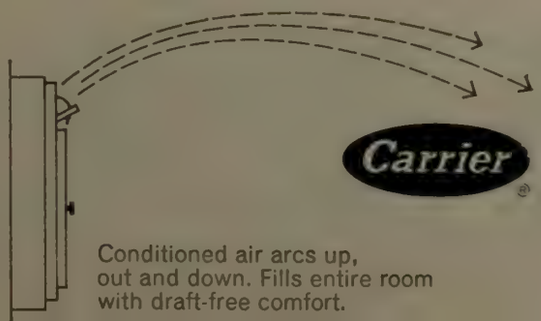

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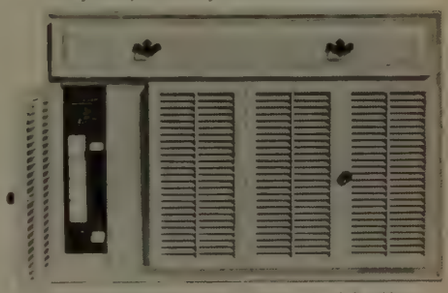

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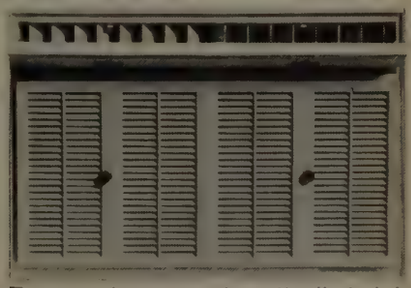

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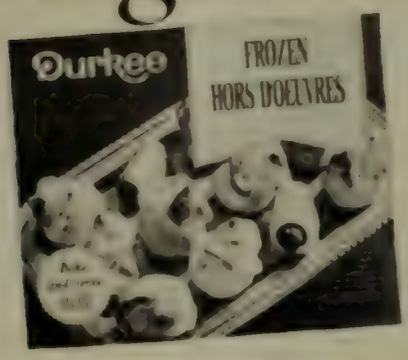

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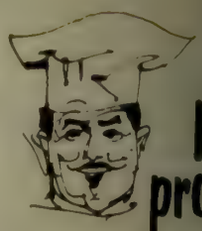

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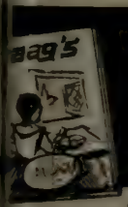

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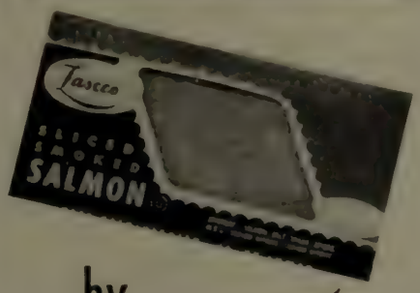

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One recipe *of shortbread dough yie chocolate and traditional plain*

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Shaping these shortbread cookies i because the triangles are cut fr large squares. Handle the dough as possible; overworking yields cookies. Stored at room temperat covered container, cookies keep w least a week; freeze for longer stor

TWO-FLAVOR SHORTBREADS

4 cups regular all-purpose flour
¾ cup sugar
1½ cups (¾ lb.) butter or margarine, softened
½ cup sweet ground chocolate

Sift flour and measure; sift again sugar into a large bowl. Add b bowl and work it into the flour with your hands until dough smooth, non-crumbly ball; the your hands softens the butter an the dough stick together. Divid in half.

Place one half on a lightly flour or lightly floured pastry cloth. dough to a neat 10 by 10-inch squ into 16 squares, 2½ inches on a s

Starting at one corner, cut evenly corner, making triangles from the Continue cutting in parallel lines squares are halved diagonally. floured spatula, carefully trans angles to ungreased baking sheets.

Sprinkle the ground chocolate over maining dough in bowl and work the dough with your hands. Wor the chocolate until it is evenly dist Roll and cut as above. Bake cook 300° oven for 35 to 40 minutes, firm to touch in the center. Remo rack and allow to cool. Makes 64

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ood cook hangs up her medals for all to see. upon row of Gourmet Herbs and Spices in show-off nter bottles. Why don't you add something exotic ur Schilling collection next time you shop?

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- pounds top sirloin
- cup flour
- bunch green onions, cut into 1" pieces
- pound fresh mushrooms, sliced
- tablespoons butter
- tablespoons oil
- tablespoon Schilling Bon Appetit
- teaspoon Schilling Garlic Powder
- teaspoon Schilling Cracked Black Pepper
- 2 teaspoons Schilling Paprika
- 2 teaspoons Schilling Italian Seasoning
- Dash Schilling Nutmeg
- 1 teaspoon sugar
- 2 teaspoons Schilling Beef Flavor Base
- ¼ cup lemon juice
- ½ cup red table wine
- 1 green pepper, cut into large pieces
- 12 cherry tomatoes, cut in half
- ¼ cup brandy, heated

t meat into ½ x ½ x 2-in. strips; coat with flour. In large illet, sauté onions and mushrooms in butter 2 min. Remove plate. Add oil to skillet and sauté meat about 3 min. Comne the next 8 ingredients and sprinkle over meat. Add lemon ce, wine, sautéed vegetables, green pepper and tomatoes. ix well. Cover and cook 10 min. When ready to serve, flame th heated brandy. Serve over noodles or rice. Serves 6.

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DARROW

Bouillabaise *from Provence includes a seafood platter, a clear fish broth with floating French bread, and an herb may*

Two great fish soups from the Mediterranean

Both of these Mediterranean fish soups are a composite of three savory elements—a fragrant broth, a handsome fish platter, and a vigorous sauce.

The first is typical of those served in towns along the French Riviera; the second follows a pattern set long ago by Greek fishermen at the port of Piraeus.

Served at an informal company supper, they should bring forth pleased exclamations. Complete the menu in a simple manner: you might offer a green salad, French bread, and perhaps juicy winter pears and cheese for dessert.

Bring the soup tureen, fish platter, and sauce bowl to the table as one course. Let diners enjoy the components as they wish: mingled all together in large soup plates or dished up separately, the soup in bowls and the fish and sauce on side plates.

Western shellfish and fish steaks and fillets stand in beautifully for the Mediterranean catch that usually composes these fishermen's soups. It is wise to include shellfish and a variety of fish for glamour and color.

This bouillabaise (boo-ya-*bess)* is typical of those served in the charming French seacoast town of Antibes, near Nice.

BOUILLABAISE ANTIBES

- 4 canned whole tomatoes, drained
- 2 stalks celery, chopped
- 1 medium-sized onion, chopped
- 2 strips orange zest
- 2 tablespoons chicken stock base or 6 chicken bouillon cubes
- 2 cloves garlic
- ½ bay leaf
- ½ teaspoon whole thyme
- 2 teaspoons salt
- 3 quarts water
- 12 large prawns or shrimp in the shell
- ½ cup dry white wine
- 2 halibut steaks (about ¾ pound)
- 1 lobster tail, split in half
- 3 sole fillets (about ¾ pound)
- ½ pound scallops
- 2 tablespoons butter
- Buttered, sliced French bread
- Shredded Parmesan cheese
- Paprika herb mayonnaise *(rouille)*—recipe follows

Place in a large sauce pot (one that holds approximately 5 quarts) the tomatoes, celery, chopped onion, orange zest (use a vegetable peeler to remove two 1-inch-long strips of peel from an orange), chicken stock base, garlic, bay leaf, thyme, salt, and water. Shuck prawns and add only the shells to the pan. Co simmer for 1 hour; strain, discardi tables, seasonings, and shells and broth to the pan.

Bring broth and wine to a boil, ibut and lobster, and simmer 5 Add sole, prawns, and scallops a mer 4 to 5 minutes longer, or until turn pink and other fish become and tender. Transfer fish to a pla spread their surfaces with butter it melt in. Pour soup into a tureen casserole.

Meanwhile heat buttered French a single layer in a 350° oven for utes, or until slightly toasted; se basket alongside. Pass bowls o and paprika herb mayonnaise (re lows). Ladle a spoonful of broth fish platter to moisten fish just serving. Serves 6.

Paprika Herb Mayonnaise. In a put 1 egg; 2 peeled cloves garlic spoons paprika; ½ teaspoon salt; teaspoon *each* whole thyme, ba whole savory. Add ½ cup cubed, French bread. Purée until smooth ually pour in 6 tablespoons

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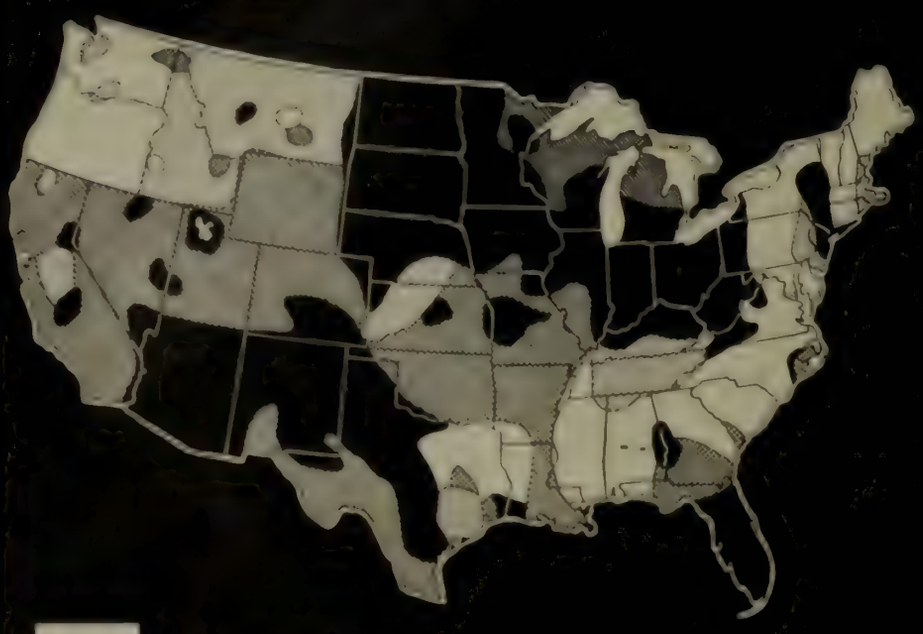
GENERAL FOODS

New 5 Minute Vegetables look and taste like summer.

GF
GENERAL FOODS KITCHENS

Which water zone do you live in?



Generally softer water

Medium hard water

Hard water

Very hard water

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blending until smooth. If sauce thick, thin with a few tablespoo broth. Spoon into a sauce bowl a until serving time. Makes about

Beaten eggs and lemon juice enri fish soup, giving a stirred custard and a delicate lemon scent to the The Greek name for the toasted mayonnaise is *skordalia*.

LEMON FISH SOUP PIRAEUS

- 2 stalks celery, sliced
- 2 carrots, sliced
- 1 medium-sized onion, chopped
- ½ bay leaf
- 2 teaspoons chicken stock base or 2 chicken bouillon cubes
- 2 teaspoons salt
- 2 quarts water
- 2 dozen medium-sized shrimp
- ½ cup dry white wine
- 12 small new potatoes
- 2 pounds fish steaks or fillets (halibu lingcod, and rockfish)
- 2 tablespoons butter
- 2 tablespoons cornstarch mixed with tablespoons cold water
- 4 eggs
- ⅓ cup lemon juice
- Garlic mayonnaise *(skordalia)*— recipe follows

Place in a large sauce pot the cel rots, onion, bay leaf, stock base, water. Shuck shrimp and add shells to the pan. Bring to a boil and simmer 1 hour; strain, di vegetables, seasonings, and shell broth and wine to a boil, add p and simmer 10 minutes; add shrimp and simmer 5 to 10 minute or until shrimp turn pink and comes opaque and tender. Lift and potatoes and arrange on a spread surface with butter, cover and keep warm while finishing s Blend cornstarch and water; brin and wine to a boil and stir in t starch paste; cook, stirring unti ened. Beat eggs until light and lemon juice. Spoon a ladleful of h over fish to moisten it. Gradually remaining hot broth into the beat then return to the pan and place o low heat; cook, stirring, until soup ened to a soft-custard consistency boil). Serve from a tureen or c along with fish platter and garlic naise. Makes 6 servings.

Garlic Mayonnaise. Place ⅓ cup l almonds in a 350° oven and hea minutes, or until lightly toasted. a blender and blend until ver minced; remove and set aside. washing the blender container, egg in the blender, add 2 peele garlic, ½ teaspoon salt, and 1½ spoons *each* lemon juice and wh vinegar. Blend a few seconds a ually pour in ⅔ cup salad oil i steady stream; blend until smoo the toasted almonds and blend a onds to mix thoroughly. Spoo sauce bowl and chill until servi Makes about 1½ cups sauce.

The California Salad:

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E EATERS GUIDE" with 177 artichoke recipes. Send name and address with $2 cash or money order to 2748 9th St., Berkeley, Calif. 94710

Stouffer's could make
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with less expensive cuts of beef.

Or use artificial seasoning
instead of slow roasting to bring ou
the flavor.

Or save a few cents with toma
paste, instead of whole tomatoes.

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Because then it wouldn't be Stouff
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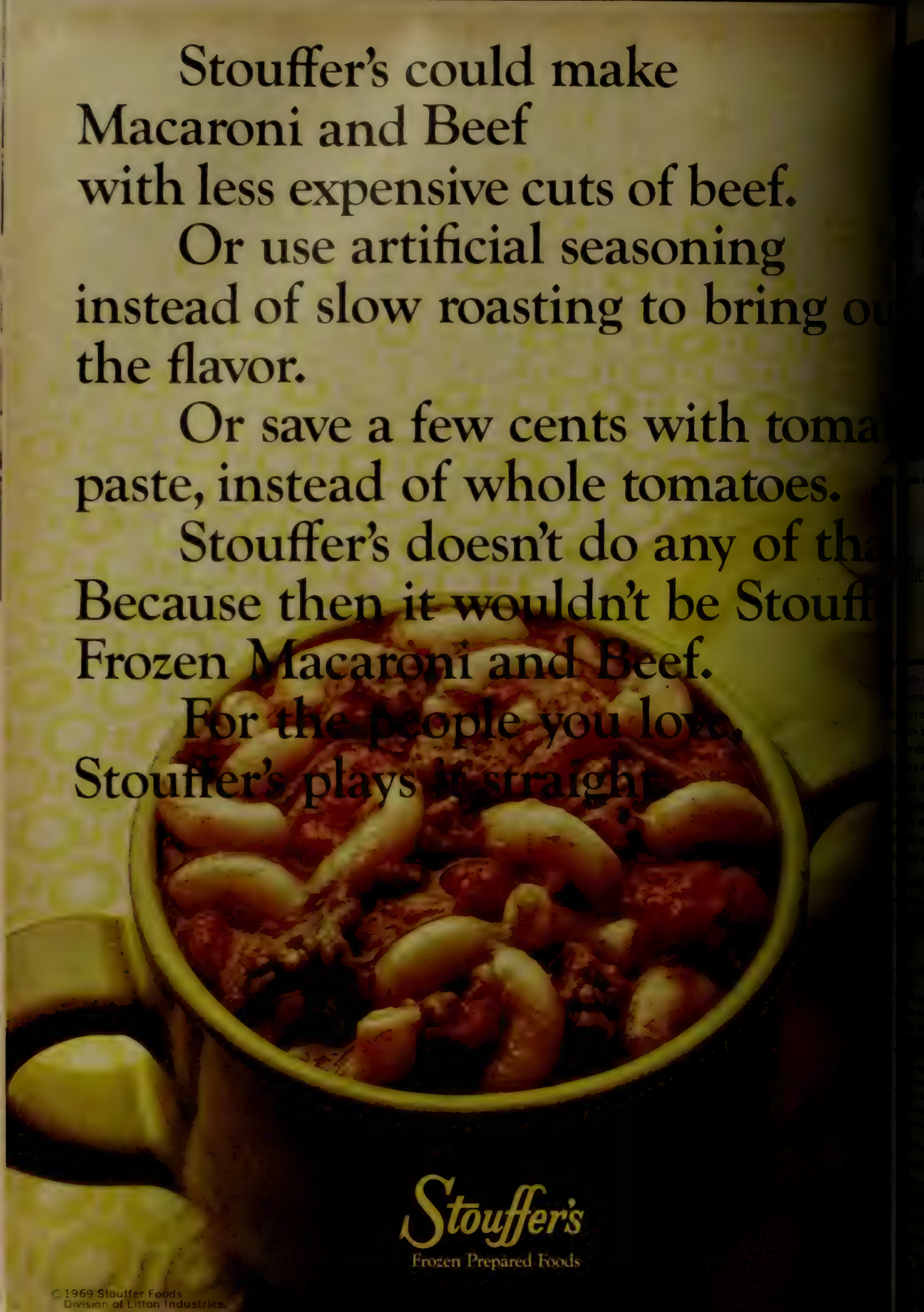

Stouffer's
Frozen Prepared Foods

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DARROW M. WATT

getable sauce *lightly cloaks tender rabbit; more sauce seasons little dumplings*

She's spooning up *hasenpfeffer*

seasoned, wholesome sauce dis- es this easy version of *hasen-* t is perhaps more typical to cook it in a robust combination of red herbs, but here the pan-browned yer rabbit pieces, either fresh or ake in stock with vegetables.

make the very simple little noo- dumplings called *spätzle* ahead, them into the sauce before serv- salad and you have the makings family-style meal.

PFEFFER

ck slices bacon, chopped
3-pound fryer rabbit, cut in erving pieces
lt
our
aspoons chicken stock base
ps water
n (1 lb.) stewed tomatoes
aspoon sugar
aspoon paprika
aspoon basil
aspoon thyme
p each chopped green onion, celery, and parsley
p thinly sliced carrots
ätzle (recipe follows)
inced parsley (optional)

cook bacon in a wide frying pan own and crisp; lift from pan with spoon and drain on paper towels. rabbit lightly with salt, coat with nd shake off excess. Then brown in bacon drippings over moder- igh heat. Transfer rabbit to a 3- a-serole or Dutch oven.

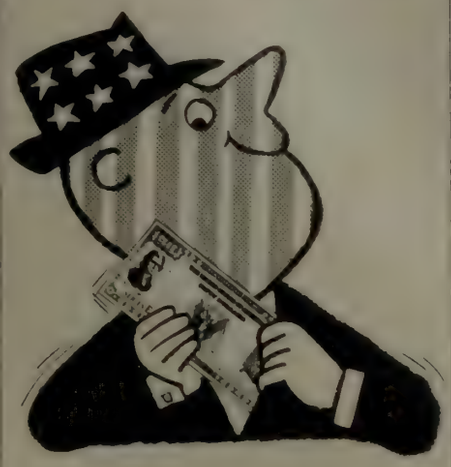
To pan add 2 tablespoons flour and stock base and blend with drippings. Gradually add water and bring to a boil, stirring. Blend in tomatoes, sugar, paprika, basil, thyme, onion, celery, parsley, and carrots. Cover and simmer about 10 minutes or until carrots are slightly tender. Pour vegetable mixture over rabbit. Cover casserole or Dutch oven and bake in a 375° oven for 45 to 55 minutes or until rabbit is tender when pierced.

Stir in the spätzle; if they are hot, serve at once; if cold, return rabbit, covered, to oven for 5 minutes. Sprinkle with minced parsley, if desired. Makes 3 or 4 servings.

Spätzle. With a fork stir to blend 1 cup unsifted regular all-purpose flour, ½ teaspoon salt, 1 egg, and 3 tablespoons water. When dough is formed and holds together, shape into a ball and knead on a well floured board for about 5 minutes or until dough feels velvety and smooth. Cover and set aside for at least 10 minutes. Roll dough out on a floured board to ⅛-inch thickness.

Bring about 2 quarts water and ½ teaspoon salt to boiling. Pull or tear off pieces of dough about the size of quarters; drop all at once into rapidly boiling water. Cook over highest heat for 1 minute after water returns to a full boil. Drain dumplings and blend with 2 tablespoons melted butter; add at once to the rabbit dish, or cover and set aside at room temperature for as long as several hours.

How to get a nice red, white and blue feeling —and pocket a little green



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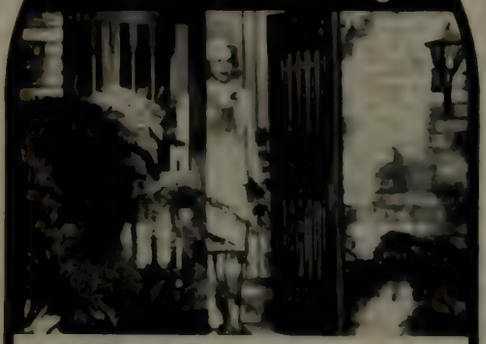

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The sauce pans: 1½ qt. saucette, 2½ and 3½ qt. saucepot/servers.

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The Dutch ovens: 5 and 8 qt.

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West

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DARROW M. WATT

basket *makes festive container for these soft cookies decorated as Easter eggs*

These Easter eggs are cookies

ear your decorated Easter eggs be the plump cookies pictured —a treat that will delight children ults alike.

ake light-textured cookies shaped gs; glaze half the cookies with icing and half with chocolate; then e all with the colored icing you can tubes or pressurized cans.

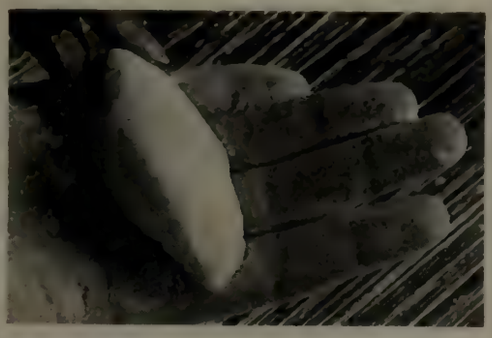
R EGG COOKIES

up butter or margarine, at room temperature
up sifted powdered sugar
ggs
easpoon grated lemon peel or orange peel
ups regular all-purpose flour
easpoons baking powder
easpoon salt
up milk
emon icing (recipe follows)
Chocolate icing (recipe follows)
r 3 tubes or pressurized cans of icing for decorating cakes and cookies

the butter and sugar together until n. Add eggs one at a time, beating fter each addition. Stir in lemon Sift the flour, measure, then sift he baking powder and salt. Add nixture alternately with the milk to utter mixture, stirring after each addition until just combined. Cover and refrigerate at least 2 hours, or overnight.

To shape each cooky, use 2 tablespoonfuls dough (you might measure ¼ cup dough and divide it in half). Lightly dust your hands with flour, roll dough between your palms into a 3-inch-long cylinder with tapering ends, and place rolls about 2 inches apart on a greased cooky sheet. Bake in a 375° oven for about 12 minutes, or until a pale straw color. Remove immediately from cooky sheet to racks; allow to cool thoroughly.

Put pieces of waxed paper under racks of



Rolling *between palms, tapering with fingers will give egg shapes to these cookies*

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with Colonial Floracandle Combinations

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You will be seeing the above Recommended Seal with greater frequency in the future, and we hope you will buy with increased confidence because of it.

Bill Lane
President and Publisher

DARROW

Shiny smooth finish *comes from* (*rather than spreading*) *the icing on*

cookies. Frost half the cookies w lemon icing and half with the ch For each, measure about 1 tables of icing and pour over cooky, be in the center and continuing arou so that icing drizzles down and c evenly coated; use more icing as

With a small spatula, scoop up t that drips on the waxed paper into the remaining icing to use ag cookies dry about 30 minutes, c icing is no longer sticky.

Use tubes or pressurized cans of make your own fanciful designs of geometric shapes, or Easter motifs. 20 cookies.—*P. S., Colville, Wash.*

Lemon Icing. Stir togther 1½ cu powdered sugar, 1 tablespoon lem and enough warm water (about spoon) to make icing smooth a enough to pour.

Chocolate Icing. Stir together 1 c melt unsweetened chocolate, 1 sifted powdered sugar, ½ teasp nilla, and enough warm water (tablespoons) to make icing smo thin enough to pour.

Ice cream surpris

To transform a bowl of chocola cream into a tangy dessert sur mix together 1 tablespoon fl or grated coconut, ½ teas grated orange peel, and ½ teas sugar for each serving. Sprinkl mixture over each serving of olate ice cream.

If you want to carry the tra mation one step further, pour 1 teaspoon Cointreau (or oth ange-flavored liqueur, such as çao or Grand Marnier) over t cream first, then top with the nut mixture.—*R. M., Roseburg*

No other ham can wear this statement.

This ham has been completely boned. It has been trimmed, cured, smoked, and cooked according to the specifications of the Hormel "Cure 81" process and has been judged of proper quality to be registered as a "Cure 81" Ham.

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SIGNED _____ Hormel Curemaster

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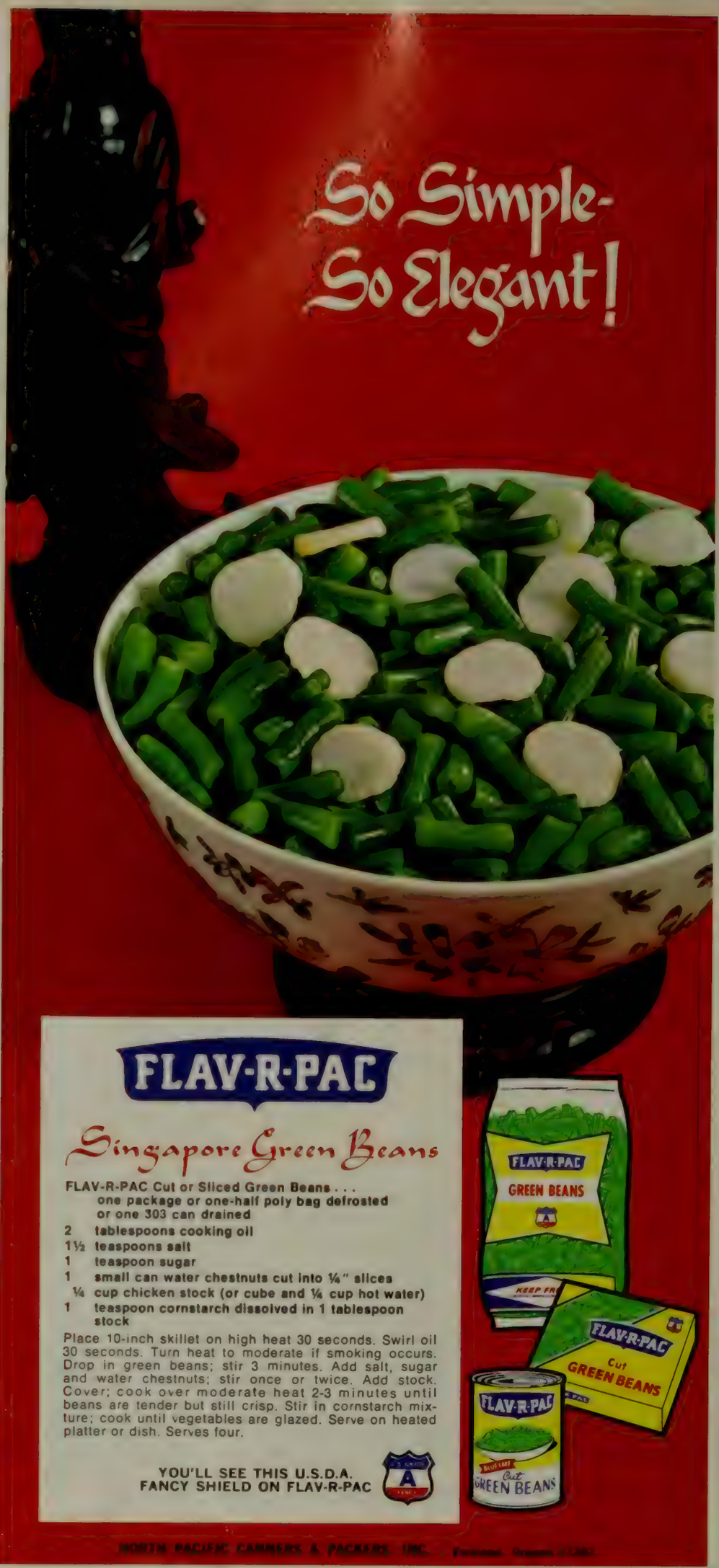

Bottomless b
and vegetable

Only a top crust seals this succ
and vegetable pie that makes
in-one casserole supper.

Cook this meal ahead in stag
wish. Simmer meat and chill pa
a day ahead. Add vegetables j
baking so they retain an Oriental

BEEF-VEGETABLE PIE

- 1½ pounds beef stew meat, cut in 1-
  pieces
- 3 tablespoons salad oil
- 1 medium-sized onion, finely chopp
- 3 cloves garlic, minced
- ¼ teaspoon salt
- 2 tablespoons Sherry or ½ teaspoo
  sugar
- ¼ teaspoon black pepper
- ¼ cup soy sauce
- 1 cup water
- Pastry for single-crust 9-inch pie
- 2 small carrots, sliced ¼ inch thick
- 1 small green pepper, seeded and c
  1½-inch squares
- 2 medium-sized firm tomatoes
- 3 tablespoons *each* cornstarch and
  cold water
- 1 small can (11 oz.) small white onl
  drained

Brown meat in the oil in a fryin
that can be tightly covered), s
high heat. Add onion and garlic
they begin to turn golden. Then
Sherry or sugar, pepper, soy,
cup water. Cover and simmer
or until meat is tender, addin
more boiling water if necessary.

While meat is cooking, make t
and roll to the size needed for a
on a 9-inch pie pan. Cover
plastic film and chill.

Cook carrots 5 minutes in boili
water; drain immediately. Co
pepper in boiling water for 1 mi
drain immediately, rinse with c
and chill. Peel tomatoes and cut
6 wedges; remove seed pockets;

When meat is tender, drain off
measure. Add enough water to
cups (or reduce to 1¼ cups by
necessary). Transfer meat to
Bring meat juices to a boil and
smooth paste of the cornstarch
water. Stirring, cook until clear
ened. Add meat and let cool sligl
add onions, carrots, and gree
Pour meat and vegetables into
pie pan and arrange tomato wed
over the top.

Cover with chilled pastry, flute
cut slits in the center. Bake
oven for 25 to 30 minutes, or
is golden brown. Serve at one
reheat). Makes 6 servings.

ere is the original, authentic, *sourdough* English Muffin

g of sourdough, a tender tex-
e lively blend of crispness and
ss. That's what you get with an
t Sourdough English Muffin.
eakfast classic, a base for count-
eads, toppings and quick-but-
dinners. A suggestion or two:

enedict Toast muffin halves.
slice of broiled or fried ham
fin, top ham with a poached
l cover with hollandaise sauce.

Baby Pizzas On toasted muffin halves, spread one layer of tomato sauce, one of Mozzarella cheese, one or a combination of your choice of: canned mushrooms, pitted olives, anchovies, salami. Heat until bubbly.

Crab Sandwich Mix crabmeat with mayonnaise and sliced ripe olives and spread over toasted muffin halves. Sprinkle shredded Cheddar cheese over crab. Broil until cheese melts.

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APRIL IN YOUR GARDEN

This is the grand month when all signals are "Go"

eyes in April are quicker than ains," a poet tells us. Although to love, he might as well be g about gardening, for it's cer- sy to go overboard in your plant- gardening plans this month when n air and other signs of spring "Go ahead." Soil preparation, sow- planting, fertilizing, spraying, staking and tying up plants will busy through most of April.

you have much to do, don't try it all into a weekend or two. list of garden projects and divide evenly through the month. Take e off from garden chores to enjoy owers at a nearby park, in friends' or nurseries. April is a month ld savor.

ng annuals from seed

gardeners feel you get more for ney from a packet of seed sown ground (as well as more vigorous with a longer blooming period) m plants set out from flats.

sowing, spread 2 to 3 inches of oss, leaf mold, ground bark or umus material over the seedbed. nemeal or superphosphate. Thor- mix these into the soil to a depth inches.

ind sowing directions on the back packets. You can sow in rows or st the seeds. After sowing, soak lbed with a fine mist sprayer.

wo pairs of leaves develop, thin d plants. About 14 days after ation, feed with liquid fertilizer nitrogen. Feed every 2 weeks until uds form, then use a food low in n but high in phosphorus and m.

just fade away

ntil the foliage of spring-flowering urns yellow and begins to dry be- ting it back. Green leaves are still cturing food to be stored in the r next year's bloom. Cutting back n means loss of nourishment and event bloom next year.

ou do cut off the leaves it's a good mark the location of the bulbs won't damage them the next time ltivate. (You might prefer to trans- he bulbs to another part of the after flowers fade, until foliage ck.)

Mowing—and after

This is the month you'll begin mowing again in earnest. Make sure you're cutting at the right height; each kind of grass needs different treatment. Cut fescues at 1½ inches; bents at ½ to ¾ inch; blue grasses no lower than 1½ inches; ryes at 1½ inches. Cut Bermudas as low as you can set your mower. Cut clover high to encourage it, low to discourage it.

Frequent (once-a-week) mowing won't hurt grass. However, waiting three weeks or so, until a tall hay crop develops, may very well weaken the growth.

What to do with the clippings afterward is sometimes a problem. Probably the best thing is to spread them as a 1-inch layer over garden beds to serve as a moisture-holding, weed-checking mulch. Don't leave them in a pile—it can breed an amazing number of flies.

Granules for snails and slugs

In *Sunset's* February report on slug and snail control *(The night raiders and how to clobber them)*, we mentioned that you can buy snail products in pellet, dust, meal, and spray form.

That word "meal" needs to be amplified. Several snail-controls that have the approximate texture of dry baby cereal are called "meals" by their manufacturers. But two products that we also termed meals (because they have the texture of corn meal) are considered "granules" by their manufacturers and are so described on package labels.

The two granular snail and slug controls also contain the insecticide sevin in addition to the snail-killing metaldehyde, giving these products a broader range of effectiveness. The sevin kills sow bugs, earwigs, and sod webworms.

Portable color

Even if your garden is small, you can still have a variety of flowers all summer long by planting perennials or annuals in pots. Move them into the garden or patio as they bloom and replace them with other flowers when they begin to fade. This is an excellent way to keep continuous color by your entry. You might want to plan for fall, winter, and spring-blooming plants in containers too.

You can also use potted flowers to fill in any bare spots that might develop in your garden. Either set the plants in these spaces or bury them, still in their pots.

Plant water lilies now

If you have a garden pool and plan to stock it with water lilies and other aquatic plants, now is the time to check catalogs or visit nurseries that stock outdoor water plants.

Hardy water lilies can be planted now. If you already have plants that have been in the pool for two or three years, you should replant them in fresh soil. The containers ought to have 8 to 12 inches of water over them. Plant in 6 inches of soil with 1 inch of sand above and 2 to 4 inches of fertilizer in the bottom.

Tropical water lilies should not be set out until the weather and water warm up. Plant with about 8 inches of water

Water lilies *are available in many colors and varieties to dress up a garden pool*
GLENN CHRISTIANSEN

Sunset's GARDEN GUIDE

over them. Use the same planting procedure as you would for hardy lilies.

Get thee to a nursery

Does just thinking of April garden projects tire you out? Perhaps your morale needs a boost. Drive over to your nursery and take a look at the plants you can set out now. There's something in the sight of massed flats of annuals and perennials that has turned many a mildly interested gardener into an enthusiast.

Consider the new annuals featured on page 90 of the March issue of *Sunset*. Other plants you'll want to set out this month are dahlias, delphiniums, fuchsias, geraniums, hydrangeas, and winter-blooming iris.

Check your garden supplies before you visit the nursery, and make a list of anything you may need. Check amount and condition of fertilizers and pesticides.

It's time to feed camellias

Since next year's flower buds are set on camellias during their first growth cycle in spring, it's wise to feed them now.

The best fertilizer to use is one specially prepared for acid-loving plants (camellias, azaleas, rhododendrons). Remember that too much fertilizer is often worse than too little. Follow label directions carefully.

Don't apply fertilizer to dry soil. Scatter it evenly over the ground, avoiding the main stem; then make certain you soak the fertilizer thoroughly into the soil. Never fertilize a camellia during the first year after planting or transplanting.

Pinching—to produce bushier plants, more flowers

It doesn't take new gardeners long to discover the merits of pinching tips of young, fast growing annuals and perennials. Most of these need at least one pinching each season to force out side growth. Chrysanthemums need several pinchings between now and the fall blooming season. Pinching results in bushier plants, more growing tips—and more flowers. Full, bushy plants need less staking and tying, thus making flower beds look better.

There's very little technique involved in this process. Just use your thumb and forefinger—and pinch.

Did those birdhouse entrances seem terribly large?

Our article on birdhouses on pages 222 and 223 of the March issue included a table of recommended dimensions. Alas, the headings for the third and fourth columns were transposed. The column titled *Diameter of entrance* actually shows the height each entrance should be above the floor; the column titled *Entrance above floor* shows the entrance diameters.

Prune for cut flowers

Bushy, well developed rhododendrons and azaleas benefit from pruning once a year. If you prune them now while in bud you can bring cut flowers into your home to enjoy for a week or more.

It's best to cut branches in late afternoon. With azaleas, take at least 6 inches of the stem; with rhododendrons, 12 inches or more. Make three or four verti about an inch long at the base o stem to increase water uptake.

Plunge branches into water up necks immediately. It's a good take a bucket of water with y you're cutting. Keep the branche water overnight or for a minim hours. Before arranging, remove age and buds that will be under you shorten branches to fit them arrangement, cut the base agai scribed above.

A bushy Kurume azalea *such a provides cut flowers when you*

APRIL CHECK LIST: *Here are the important jobs*

☐ **Annuals.** You can sow seed of many kinds directly in the ground in all but the coldest areas. Or set out plants from flats; your nursery will have a large supply this month.

☐ **Bulbs for summer color.** Plant canna, dahlia, gladiolus, tuberose, water lily, and watsonia this month. Feed gladiolus as soon as the second leaf appears on the stalk, and other bulbs soon after they show above the ground. Use a fertilizer fairly low in nitrogen and high in phosphorus. Spray for thrips and aphids.

☐ **Citrus.** Set out citrus this month in a well drained, sunny location protected from prevailing winds.

As weather warms, leaves that turned yellow because of cold and wet soil should turn green and begin to grow. If they don't, they may need nitrogen. If leaves remain yellow but show a distinct pattern of green veins, apply iron sulfate or chelated iron.

☐ **Fertilizing.** Lawns, shrubs, and annuals need regular feedings from now on for good growth. Citrus, berries, and fruits also need a good feeding. Fertilize camellias after they have finished blooming; for details, see the item on camellias above. Azaleas and rhododendrons need particular attention and regular feedings.

☐ **Fuchsias.** You'll find you in pots and plant bands larger plants at nurseries this you plan to pot fuchsias, use parts loam, 2 parts peat moss bark, and 1 part sand. Make s drains from the pot: check the hole, and place strips of wood u the pot to raise it slightly.

Before planting in the open grou generous portion of peat moss bark. Start regular watering ar now. Pinch out tips for bushier to produce more flowers.

☐ **Lawns.** April is the time your grass lawn if you d

·getables

ica winners include vegetables as ses and annuals. You may want ome of these outstanding new-

·ad' cabbage is an extra-early, bage. 'Harvester Queen' is large um-early.

squash 'Kindred' is a semivine n a buttercup shape and orange . Pat Scallop' is a bell-shaped, hite version of the pattypan

'Green Comet' is an extra-early with large heads. Turnip 'Tokyo a very early pure white. Cauli- now King' is an extremely early type.

· of trees bearing pests

't have to wait for a tree to grow ring a full-sized specimen into den. However, unlike standard plants that are always inspected ty departments of agriculture, rees and shrubs moved from or- ights of way, or land develop- ay be a source of disease, insects, s.

ld have trouble with oak fungus, ll, nematodes, scale insects, and nds of noxious weeds. Make sure n plants have been inspected moved from one county to an- quire a certificate of inspection, ts moved within a county—other the immediate neighborhood— reported to the county agricul- nmissioner).

ange in store

sticides that were highly recom- in recent years—dieldrin, DDT, and BHC—have been taken off mended lists of many state agricultural extension services throughout the country, although this has not yet happened in California.

The explanation lies in mounting pollution problems. Many pesticides (specifically, chlorinated hydrocarbons such as DDT) do not break down but remain indefinitely in water and soil. Home gardeners play less of a role in this situation than commercial crop growers and certain government agencies, but everyone is (or should be) concerned with the effects of pollution. Chemical firms are pushing development and wider use of nonresidual sprays and dusts that will not endanger human or animal life.

Pesticides are still necessary at times for a healthy and attractive garden. *If you have an alternative*, however, use a nonresidual spray such as an organic phosphate or carbamate. Ask your nurseryman or garden supply dealer about these.

Some chlorinated hydrocarbons are still valuable in certain situations: chlordane, for example, remains the best control for termites. In the years to come you'll probably see many of the residual chemicals disappear from retailers' shelves.

In the meantime, choose your pesticides carefully.

Turn a shrub into a tree

If you have the urge to transplant or discard a shrub that has grown too large, perhaps you can transform it into a tree instead. Best choices are shrubs that have a few heavy stems rather than many thin ones. Remove all but the strongest upright stem, and all side growth to the height desired, then brace with a strong stake.

This month it's best to work with spring-blooming shrubs and evergreens such as viburnums (Japanese and Chinese snowball), *Magnolia soulangiana*, lilacs, some rhododendrons, large cotoneasters, and English or Portugal laurel.

DON NORMARK

Pink flower bracts *of this flowering dogwood surround the insignificant flowers*

Flowering dogwood for year-around interest

Flowering dogwood *(Cornus florida)* is a handsome tree all year around. In late April and into May it bears a cloudlike display of creamy white or salmon pink flowers. Leaves turn red in fall. The tree's winter branch pattern is striking.

This hardy tree grows 15 to 20 feet high and spreads almost as wide. Branches and twigs have distinctive smooth, gray bark. Flowers appear as leaves start to unfold —but the color is really provided by the flower bracts. In mid-September clusters of bright scarlet fruits appear.

Flowering dogwood is best used as a tall accent, with low shrubs or ground covers beneath. Plant in a rich, well drained acid soil and give plenty of water during the summer. This tree does best where it gets a certain amount of winter chill, so it isn't well suited to wet coastal areas.

. It's one of the best months for dichondra. Lawns grow fast this as weather warms; encourage a urf by feeding now. If rains are absent, water deeply but infre- to keep roots deep so you won't water as often this summer.

erennials. Set these out now, from allon cans, plant bands, or flats. carnations, chrysanthemums, mar- , and Shasta daisies are in good at your nursery this month. Feed hed plants and take cuttings of themums and carnations. Trans- ooted cuttings made last month nch tips to force side branches. f you see aphids.

est control. Spray and dust this nonth for aphids, codling moth, mealybug, mildew, oak moth, red spider, snails and slugs, sowbugs, tent caterpillar, thrips, and whitefly.

☐ **Pruning.** Flowering shrubs and trees need to be cut back after flowering. You can prune frost-damaged portions of plants now. Prune cautiously, nipping off short segments until you reach green, healthy wood.

☐ **Roses.** Build a watering basin around plants. Feed and apply a mulch, making sure it does not cover the bud union. New sturdy growth is more likely to spring from the bud union if it is exposed to sunlight. Spray or use a systemic to control aphids. Water deeply but keep foliage dry.

☐ **Vegetables.** Plant warm-weather vegetables this month unless soil is still cold and wet. Sow seeds of beets, carrots, chard, corn, cucumbers, lettuce, radishes; set out eggplant, onion, pepper, potatoes and tomato plants. You may want to experiment with one of the 1969 All-America winners listed above.

☐ **Watering.** This is the month when Californians usually begin watering again. Water your shrubs and trees deeply to encourage deep roots so the plants will need less frequent watering this summer. After watering, dig down into the ground with a trowel; if only the top few inches are wet, you should water for longer periods.

Check penetration again in summer. Remember that frequent light waterings not only encourage shallow roots but can cause salts to accumulate in the soil.

Should you try for vegetables?

These 5 successful case histories may help you make up your mind

To the casual eye, all vegetable gardens tend to look alike. But in reality so many factors influence their composition that each one is different.

Climate, terrain, wind direction, sun angles, and dinner-table likes and dislikes of the gardener's family are all factors that help determine what is grown. The gardener's own ingenuity influences how vining plants are trained, and the space available determines if the garden can contain big, rangy plants such as squash or must settle for little, orderly plants such as carrots.

Here are case histories of five vegetable gardens that represent a cross section of Western summertime vegetabledom.

There's a bigger, open, row-on-row planting up the around the corner to the left. Here in a sunny slot young fruit trees, Mr. and Mrs. W. W. Dickinson of ough, California, grow squash, cucumbers, and tomat

Site. A hillside below the house, where it was difficult, with a rotary tiller.

Soil. Mixed in an 8-inch layer of steer manure before

Water. Watered entire garden with a sprinkler and so water to tomatoes after they bloomed.

Pests. Rabbits were the worst. Two-foot-high chick fences protected vulnerable plants.

Harvest. Best harvest from pole beans (up the hill) and Disappointed with lettuce and radishes.

GLENN CH

DON NORMARK

DARROW M. WATT

ed bed is part of a larger planting designed by George landscape architect, of Kirkland, Washington. It con- bb' lettuce, red lettuce, and carrots.

ndy site was fairly open. Raised beds were designed to orderly effect.

ndy, glacial soil. Humus and fresh manure added before

Used a circular sprinkler and hose. Windy location watering twice a week in July and August.

nly pest reported was asparagus beetle, which was easily d with an all-purpose insecticide.

. Corn and strawberries produced well, as did all crops ograph above. Carrots froze during winter.

Every detail of this summer vegetable garden was calculated in advance. Steve Angel, age 16, of Woodland Hills, California, knew to the penny how much his garden cost and even made a profit by selling the produce at a stand in front of his home.

Site. Back of a ½-acre lot, former site of a small orchard. Too much shade was a problem; next year a tree comes out.

Soil. Hired a man to till soil with a tractor. Sprinkled pelleted fertilizer over entire area before planting.

Water. Used soaker hose almost daily through hot summer.

Pests. Black aphids attacked cantaloupe, but Steve countered with 50 per cent sevin wettable powder and saved the crop.

Harvest. Picked 110 pounds of squash and 65 pounds of tomatoes by October. Only carrots failed to produce by fall.

r sheer quantity, and for horticultural skill, the garden and Mrs. H. Boettner, Sebastopol, California, stands e than 20 kinds of vegetables grew well here, including , corn, lettuce, peppers, squash, tomatoes.

hillside garden, the lower half on a plateau.

ts. Boettner calls it "apple orchard sand." She worked r and redwood chips into soil before planting.

Soaked soil frequently; the addition of a heavy mulch sture in soil, kept weeds down.

No significant pests. Applied malathion - mineral oil to silks on corn ears to prevent corn earworm.

t Blue Lake beans produced 300 pounds, and cucumbers ond best producer.

A productive garden needn't be large. Mrs. George of Miraleste, California, grew beans, carrots, lettuce, Swiss chard, and tomatoes in this 11 by 17-foot plot. ins and squash were grown elsewhere so they could

rocky hillside that had never been cultivated before.

emoved rocks, worked packaged steer manure into soil. es and zucchini got extra fertilizer, bonemeal.

Soaked garden almost every day during the summer.

No important pests, but dusted tomatoes to be sure.

t. Swiss chard, beets, and tomatoes on a trellis did best. i and pumpkin also did well. Cherry tomatoes failed ans didn't come through until fourth try.

WILLIAM APLIN

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STH69-1

A first try *at begonia growing produced masses of these healthy, full-bloomi*

His are beginner's begonias

According to a commonly-held notion, beginning gardeners should stay away from tuberous begonias. These spectacular flowering plants are supposedly too finicky and too demanding of proper soil, water, and nutrients for the amateur even to attempt growing them.

Yet with their first try (1967), Mr. and Mrs. Lester Dickinson of Richmond, California, grew plants that equaled anything you see grown by Santa Cruz commercial growers. In the summer of 1968 the Dickinsons grew twice as many begonias as the first year, and once again the results were impressive. As they have discovered, once you have provided the proper growing conditions, you're well on your way.

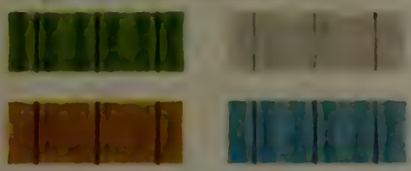
You can buy seedlings or potted tubers this month. Plant them outdoors in partial shade and sheltered from the wind. Begonias need good drainage. Mix soil with equal amounts of ground bark, leaf mold, or peat moss; or plant in a mixture of half sand and half leaf mold or ground bark. Flowers will face the same leaves point, so position the p cordingly.

Once planted, begonias need schedule of watering and feed general rule is to water plants warm, dry weather you shou twice a day. Keep the soil moist, soak plants.

Mrs. Dickinson fed the plant with liquid fish emulsion. Follow rections with this or any other tilizer. Too much fertilizer is as little for begonias. If leaves t blue-green and curl down, you a too much. If they turn pale an is slow, you aren't feeding enou

Begonias are susceptible to humid weather. The Dickinso spraying for mildew the first we and sprayed twice monthly plants were in bloom. Their be mained mildew-free all summer spite generally cool, humid we

Sunguard — in five decorator colors



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Autumn Leaf pattern shown, one of four Filon-Stripes® patterns (Bluegrass shown in upper left).

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Light green *and white leafy bracts of snow-on-the-mountain are luminous in sunlight and moonlight, summer to fall*

It's green and white . . . leafy and cool

Snow-on-the-mountain *(Euphorbia marginata)* adds a unique and welcome cool feeling to summer and fall gardens in every part of the West, from coast to mountain to desert. Yet in some areas this hardy annual member of the genus *Poinsettia* is so little known that a planting—like the one pictured—encourages passersby to knock on the owner's door and inquire: "What is that flower?"

If you compare their "flowers," you easily see the close relationship between snow-on-the-mountain and the Christmas poinsettia. Showy parts are the leaflike bracts: green and white on the former; red—or less familiar white or pink—on the latter. True flowers in the center are small and undistinguished.

This driveway border in the Menlo Park, California, garden of Mr. and Mrs. Joseph D. Fessio was planted with volunteer seedlings lifted from a friend'
Snow-on-the-mountain grows e
seed sown in place after the
warms. Broadcast seeds evenly
too sparsely. Thin seedlings a
8 inches apart. Mature plants,
feet high, are rather spindly
close spacing to hold each other
Water about once a week dur
weather; however, plants are dr
erant and can get along with les
watering, especially in heavy soi
Snow-on-the-mountain makes
mass planting. It also combin
somely with almost any annual
nial flower. It is stunning in arra
and will last for days if you se
ends of stems in a flame or dip
boiling water for a minute to s
milky white juice that clouds t
and causes wilting.

pical Indian.

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wns, yellows, shades in between. Hindus,
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ilizations, interwoven.

l not only come face to face with them. You will
some miracle, they have managed to preserve
dentities in the process of becoming one nation.
them how this happened, one need merely speak
languages. Or English, which you may be sur-
arn, is the language spoken all over the country.
you will find them quite interested in what *you*
e way *you* live. And don't
d if this interest turns into
nvitation to tea, a family
or a local feast.

after you glimpse our Taj
moonlight or stand at the
Himalayas at dawn, breath-
gh they may be, you will
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For more about the people, places and events in India, see your travel agent. Or mail this coupon to the Government of India Tourist Office: New York, 19 E. 49th Street; Chicago, 201 North Michigan Avenue; San Francisco, 685 Market Street. Also in Canada.

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Bringing plants in from Canada

Knowledgeable American gardeners who visit Victoria, British Columbia, tend to develop a hungry-eyed look. Victorians are so plant-conscious that even city lot gardeners grow rare Asiatic gentians and Swiss saxifrages on rock outcroppings.

Many of the plants come from Ed Lohbrunner's Lakeview Gardens nursery at 1101 Lohbrunner Road, off Blenkinsop Road about 4½ miles north of downtown Victoria. Rock gardeners and plant collectors will want to see his collection—and to see is to want to buy.

A number of choice rock plants will be coming into bloom this month, but if your plans don't call for a visit north quite so early, don't despair. There's plenty to see at practically any time of year. Business hours at Lakeview Gardens do not follow the clock so much as the day-to-day commitments of Mr. and Mrs. Lohbrunner and their nursery staff. The pace of business is sometimes easy and conversational and sometimes hectic, depending again on the Lohbrunner's calendar.

In its 40-year-long operation, Lakeview Gardens has amassed a magnificent stock. In addition to rock plants and rare plants from six continents, there are also bonsai (many of them imported), an alpine house for delicate plants, and a woods-rimmed pond shared by ducks, geese, and rare water lilies. Most plants for sale are in 3-inch clay pots and can be shipped or taken at any season.

You'll see row after row, thousand upon thousand of these pots plunged in sand in the coldframes. Most plants grow in a potting mixture that includes 2 parts sandy loam, 1 part coarse sand, ½ part each peat moss and rotted wood mixed together, and "a little bonemeal thrown in."

WHAT ARRANGEMENTS TO MAKE

Americans can import plants from Canada. Many do it every year. The process is straightforward, but you must take certain steps before bringing them in or having them mailed.

Both the Canadian and the Uni governments watch and restrict port of plants across the bor effort to control invasions of i plant diseases. Plant inspectio with its entomologists, paper laboratories, is maintained at to both governments. Nevert specting and processing are d cost to the purchaser.

Actually, the inspection serv economy; during the half cent the service was set up, three many harmful insects sneaked border as in the half century si pests now cost Americans $7 damages every year. Without t tion services, the figure wou higher.

It's best to lay plans well ahea visit. Write to the nursery (such view Gardens) for a plant list, to the United States Departme culture, Agricultural Researc Plant Quarantine Division, 209 Hoboken, N. J. 07030, requestin cation for a permit to import pla the plant list and make your then fill out the application, w for Latin names of plants y quantities, means of shipment

lates of arrival.

pplication to Hoboken; the per- l reach you within two weeks. ou can bring plants back with ve them mailed. The Canadian will issue a phytosanitary cer- ly if you have a permit. If you ad time to get a permit, then ursery, list the plants you want, ermit on your return home, and plants sent to you.

u do plan to bring plants back send the nursery your order h the permit two weeks in ad- our trip. (In dealings with Lake- dens, this is a necessity if you e sure to meet Mr. Lohbrunner. n off collecting.) Tell the nursery expect to pick up plants, and invoice in triplicate.

he Lohbrunners are away, Doris ost competent horticulturist and he nursery staff, is usually on fill orders. To confirm this, you 77-3273 in Victoria.

pick up your plants, take them ice of the Plant Protection Divi- 16 Government Street in down- toria. Telephone 384-1915 to business hours (weekdays only). plants pass inspection, you will phytosanitary certificate.

DRIVING HOME

When you reach customs on your way home, tell the inspector that you have plants and the necessary documents: permit, invoice, and phytosanitary certificate. If you cross the border at Blaine, Washington, on Interstate Highway 5, there may be a resident entomologist on duty. If so, he will inspect the plants again. If not, or if you come through another customs point, inspectors will honor your phytosanitary certificate. After paying duty (9 per cent on rock plants) you're free to go on.

DON NORMARK

Gardener *at Lohbrunner's shows espalier training of ceanothus*

If you drive on through as far as California, you'll have to stop at the border and undergo another plant inspection. The California inspector will accept the phytosanitary certificate, and he will probably also check over the plants.

GETTING PLANTS BY MAIL

You can have small shipments sent to you by air mail, larger ones by air parcel post. Air express involves complications with bonded carriers and customs house brokers. When you write to Hoboken for a mail import permit, you'll get a green and yellow label. This adhesive package label directs your shipment to the plant quarantine service via the post office in Seattle, San Francisco, or San Pedro. Ask for a label addressed to the one nearest you; if your shipment is a large one, you may need more than one label.

These post offices notify plant inspectors who open parcels, examine plants and papers, release plants if all is in order, and redirect them to your local post office.

People here will notify you of arrival and collect duty due. (In California the local office of the county agricultural commissioner will give plants a final check.)

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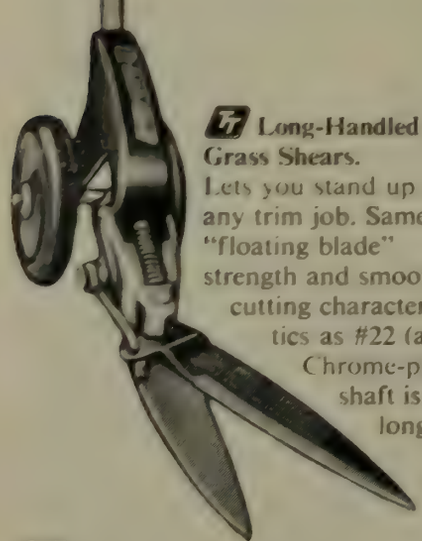

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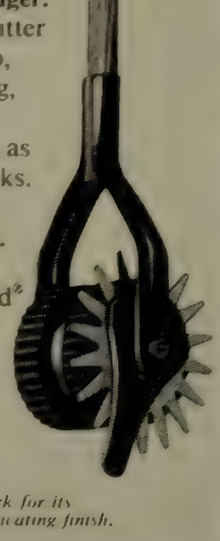


†Teflon-S is DuPont's trademark for its stratified non-stick and self-lubricating finish.

Action products for action people. Home, garden and lawn tools, golf shafts, fishing and ski equipment. TRUE TEMPER

Plastic *A-frame greenhouse w brick foundation walls of old*

Once a greenh now a plastic

The greenhouse pictured abo model of a conventional woo glass-paned house that was in major repairs. The A-frame ture of translucent plastic is ne on the original 2½-foot-high b concrete foundation wall—only part of the old house.

The greenhouse works so well an attractive in the garden that its worth considering if you are pl build a greenhouse from scratc

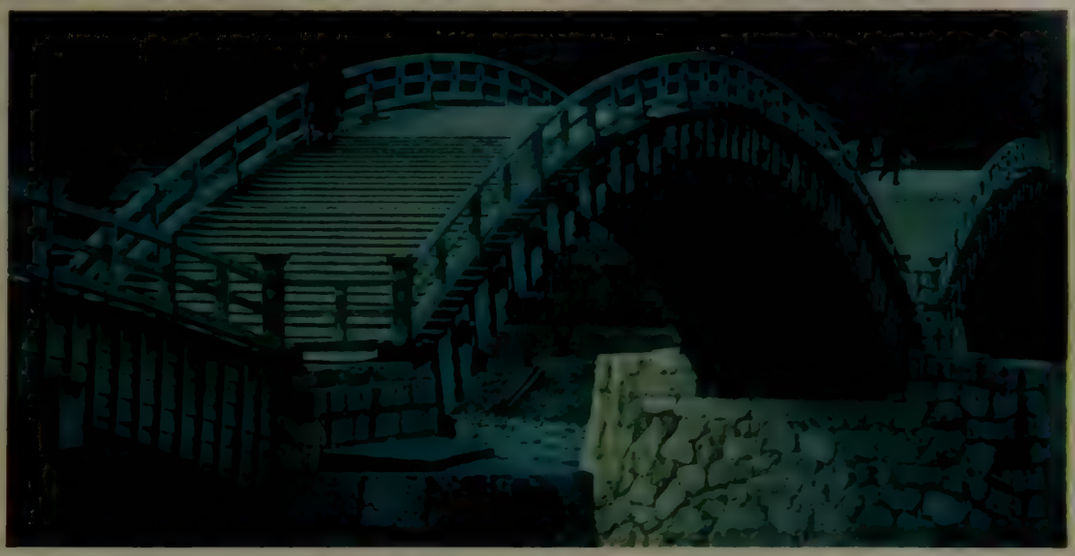
Owner Donald McClure, an en amateur rhododendron hybridi attle, remodeled it to accomm hobby: growing rhododendrons fr and cuttings. Since he planned fluorescent agricultural tubes in t house, he could substitute fiber clear glass. The fiberglass trans light, but does not need to b washed in summer to protect ten lings from sun scorch. Mr. McClu that the 2 by 10-foot, thin, rig panels he used were light enoug man to handle, fast to put up, fragile than glass.

Metal angle brackets join inte aluminum T-bar rafters, which support and join the fiberglass metal ridge cap with wood sp strength and keeps out rain.

The only heat needed in this co higher) house comes from electri cables buried in the cutting bene ing last winter's extreme cold, Clure used two portable heate the water pipes in the greenh freezing.

The axis of this greenhouse ru and south. This is considered the sition to let in maximum daylig

de the world's stest train back to nth-century Japan



ard the luxurious Tokaido Ex- Tokyo. The countryside flashes 25 smooth, silent miles an hour. on your way to Kyoto, where s stood still in the gardens and for a thousand stately years.

of Japan's par- delights—the of classic yes- and a vibrant The wail of the flute at a Meiji festival—and the electric guitars wntown cabaret. tter of a wooden m and the chutter of a motor- Puzzlingly harmonious. Com- Japanese.

scover the Inland Sea with its icture-islands and misty vistas— speeding hydrofoil. You stroll s Ginza, past window after win- excellent watches, cameras, mini-TVs. Then abruptly here's a folk art shop, with pottery fired in ancient kilns,

and traditional toys carved by hereditary craftsmen.

Night falls, and the centuries go on stage. Noh drama from ancient times. Kabuki, the theater of the 17th century. And stage shows like "Gone with the Wind" and "My Fair Lady."

There's the same fine disregard for eras in Japanese sports. Baseball draws huge crowds. So does sumo, where gargantuan wrestlers begin each bout by scattering salt to rout demons. (If you're a golfer, tee off on a gardenlike course, with a girl caddy to carry your clubs.)

It's all waiting for you now in unique Japan . . . and during any season you choose to visit. Ask your travel agent about it. Or mail us a card for the new edition of "Your Guide to Japan."

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ll in a Japanese day

musta been sumthin' he ate!

One tiny taste of Germain's Snail, Slug and Insect Killer is all it takes to keep these pests from devouring your lawn and garden. This faster, more effective killer sprinkles like salt from a modern shaker-can, spreading everywhere like an invisible blanket of protection. No more fussing with pellets or mounds of meal. Here is a new granular formula that is less attractive to children and pets. They won't even know it's there. And it's more than just a snail killer—slugs, lawn moths, earwigs, sow bugs, ants and chinch bugs die swiftly and surely with their first bite. Get Germain's Snail, Slug and Insect Killer at your garden supply. It works best!

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Los Angeles, Calif.

White flowers *with deep rose ce*
Vinca rosea *border, Richard Eid*

What it likes a needs is heat

Some flowers tolerate heat; othe love it, and won't look their b temperatures climb to levels th corn, tomatoes, or even cotton these true heat lovers is a plan Madagascar periwinkle by a few *ranthus roseus* (its correct bo name) by fewer, and *Vinca rosea* tically everybody.

The plants in the picture abo blooming in a hot month (Augu hot climate (Fresno). They gr southern exposure and face not direct rays of the sun, but also flected heat from the nearby pa

Foliage is glossy and bright gre 1½-inch-wide flowers are pure white with red eye, pink, pink eye, and rose. Blooming lasts thr summer and fall, right up to frost. is no frost, plants may live over a nials, but most people replant ea as soon as weather and soil are w

In cool coastal gardens, plants bloom until the heat buildup in l mer and early fall. There plant have all the sun you can give t warmer places, you should plan sun or in light shade.

Some varieties are tall (1½ to 2 height); others are compact (1 tall) or creeping (to 2 feet wide inches tall). New this year is America selection 'Polka Dot,' a variety with white, red-centered

ew portable powerhouse Evinrude Sportster 25 hp.

enough to ski with . . . small enough to carry

ortster weighs just 81 lbs. A an lift it, load it, and carry it. It's enough to fit, fuel tank and all, trunk of a standard size car.

ot of far bigger motors can't do things the Sportster can do.

pop an adult slalom skier out of water and tow him fast enough l skiing fun. It will lift a family out or a beamy fishing boat onto a clean, fast plane. It will zip a light boat across the water at a 30-mph-plus clip.

And it will throttle down and troll by the hour without skip or stutter.

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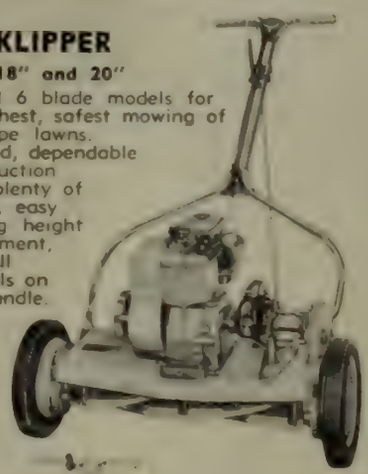

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By summer's end *cucumbers and squash made a private playhouse for Emily a*

On this side they grow vegetabl

Narrow areas at the side of the house are hard to utilize. Too narrow, too isolated, often too dark to work into the total garden plan, they usually have little in the way of landscaping—perhaps some gravel, a few tough shrubs, or a platform for the garbage cans.

The Kenneth Carters of San Rafael, California, decided to use their side yard both as a vegetable garden and as a retreat for the children (for youngsters, unless they have a special place, often become second-class citizens in the garden).

They knew, from having grown vegetables there the previous year, that vine crops sprawling on the ground would overwhelm other vegetables. So they planned a frame covered with chicken wire—to give vines a place where they could grow up instead of out, and at the same time to create a garden shelter or playhouse for the children.

Three 4 by 4-inch posts set in the ground and fastened to the fence by stringers form the framework. Chicken wire covers all the structure except for a doorway opening in the front.

Last year the Carters planted squash and cucumber seeds May 19. Seeds began to sprout May 27, and cucumbers had reached pickle size by the end of July. Vines were topping side walls on August 8. Planting could have been earlier; usual recommendation for vine crops—cucumbers, melons, pumpkins, and squ for planting two weeks after the or as soon as the soil has warme

Thus planting can be as early a or February in hottest deser but is usually April or May i the West. In late, wet, cool sprin ing dates may come later. You c early start by sowing seed indoo pots a few weeks before you the last frost. If you have a shad or playhouse in your plan, be s plants that will vine. Some squ eties are "bush" or dwarf kinds send out long runners.

With the vines up off the ground ters found room for beets, ca tuce, and tomatoes. To adorn they planted (from pony pack combs, pansies, and petunias. the walks weed-free, they laid d tic sheets over walkways and them with redwood chips.

Was the project worthwhile? Th are convinced that it was. As benefit they point to cucumb squash, tomatoes, and other v Another major benefit was that house area kept the children friends happy, busy, and at hon

There was even a fringe bene storage units in the playhouse off numerous toys from childr rooms, which were neater for th

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Foliage alone *is reason enough to plant rhubarb. Nancy Whitman, Pacific Palisades, Calif., grows it with flowers*

Giant marigolds *help brighten pump in Concord, Calif., garden of Marie*

They grow flowers with vegetables . . . with striking results

Flowers for cutting *grow beside the vegetables in these ra Design by Mass and Grassli for the Lynn McGhies, Og*

Growing flowers with vegetables may seem an odd notion, but a surprising number of Western gardeners try it—often with striking results.

The idea isn't really new. Homesteaders did it, although to them flowers were really a bonus; something aside from the main business of growing food. Europeans —especially along the Mediterranean— mix flowers and vegetables in their gardens, and the custom lingers with many European families who have settled here in the West.

The combination often makes good sense.

For variety. Vegetable gardens are practical and productive, but they are seldom very colorful. Until tomatoes or squash ripen, these gardens are almost uniformly green. To bring color into a vegetable garden, tall, vigorous types like giant marigolds, zinnias, and dahlias are best because they can compete with fast growing vegetables.

On the other hand, vegetables add variety of shape and texture to flower beds. Note how well the rhubarb in the photograph above fits into the flower border. Eggplant, artichoke, red chard, bell pepper, and even carrots look good among flowers. Parsley makes an excellent border plant. Okra or scarlet runner bean on a fence makes a fine flower-vegetable garden background.

Compatible plants. Flowers and vegetables requiring the same kind of culture do well together. For example, artichokes thrive on the heavy watering you normally give flowers, as do most of the vegetables named in the preceding paragraph. On the other hand, corn and tomatoes may suffer from the extra water. If you d matoes, you might try growin containers. In a small garden, s other spreading plants are be by themselves.

Cut flowers. If you grow flowe with vegetables, you'll have a cut flowers handy in season w turbing display planting areas annuals among vegetables in volves less work and adds col vegetable garden at the same

Some readers plant marigolds a vegetables because they believe keep certain harmful insects aw no scientific proof of this, bu been disproved yet, either.

Don't use a flower insecticide tables. These strong, long-last can be harmful. Use a vegetab

Maybe your second car should be more than just another first car

se better-idea Fords can do things your first car can't

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ne-car luxury in a hard-working : Ford Ranchero. It looks, rides ndles like a fine car. But in the a 6½-foot pickup box to carry no car can. Choice of bucket AM/FM Stereo Radio, Select-onditioner, power steering and front disc brakes. Seven en- including two 428-cu. in. V-8's.

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FORD Ford

Arenaria montana

This showy plant, so compact here, will eventually spread to 2 feet wide but stay 2 to 4 inches tall. The pure white flowers are up to 1 inch across. Leaves are tiny, grayish green

Dianthus 'Rose Queen'

Pink flowers have carnation fragrance; plants a without bloom. Gray-green foliage is good looking out the year. This is one of many outstanding du

Here are color ideas for your rock garden

. . . or anywhere else you need small flowering perennials

On these pages you see a few of the small perennials in bloom or bud now, and ready to be planted in the rock garden.

You don't have a rock garden? There are other ways to use these plants: Plant them along the top of a retaining wall where you can look them in the eye. Use them in raised beds. Plant them among bulbs to conceal ripening bulb foliage (next year the perennials will keep mud from splashing the bulb flowers). Use them in the foreground of perennial beds.

If you still aren't convinced, here are additional uses: Tuck plants into soil between chunks of cracked concrete in a dry retaining wall, or between paving blocks. Use them as small-scale ground cover on mounds, banks, or small beds in or near paved areas. If the pretty flowers and compact plant habit please you and you can't find any other way to use them, plant them in the pockets of a strawberry jar or make a miniature rock garden in a broad but shallow pot, bowl, or tub.

The perennials pictured here are in 4-inch plastic pots, a popular size in northern California. Less expensive, but smaller, are plants in 2-inch plastic plant

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"The right carpets for the right people."

Linaria hepaticifolia

This inch-high creeping plant is usually sold as L. 'Corsica'. Foliage masses somewhat resemble dichondra, but the leaves are lobed and the flowers look like tiny lavender snapdragons

Achillea ageratifolia

The white flower heads are ½ to 1 inch across in clusters to 3 inches wide. Stems are 4 to 10 inches high. Broad, fl mats of silvery, finely-cut leaves attractive the year throu

bands. Gallon-can-size plants are useful for quick show, but of course they are more expensive. Whatever size you buy, you'll get the most effective show if you set out plants in groups of three or more of one kind.

All need good, well drained soil; most do best in full sun. Moderate feeding during the growing season makes for sturdy plants with plenty of flowers. Use a mild liquid fertilizer monthly, or a slow-acting dry fertilizer such as hoof and horn meal —scatter one handful to each square foot of soil in early spring.

The five plants we show here are only a sampling of the rock garden plants available this month. Nurseries carry many more kinds that grow well in your area.

Phlox nivalis 'Camla'

Flowers are salmon pink, about an inch across. Leaves a needlelike, evergreen, on trailing stems that make sm mats. Plants often bloom repeatedly, usually rebloom in f

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t ask your important friends to swim in a pool with old fashioned water. Get Purex ducts. After all, you've trusted them in your home for more than 40 years!

Backyard Safari

or

How to track down bugs and weeds

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3. *Spray pattern.* You can adjust to just the right pattern, fr mist to long-range stream.

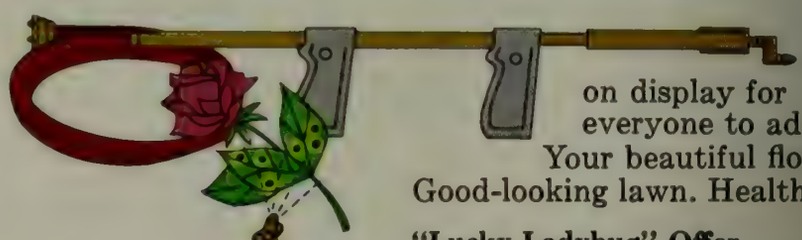
When to start hunting

Some people spray or dust onl they spot trouble—aphids on stem in leaves, drooping plants.

Trouble is, damage is already do Besides, many bugs and plant dise are under leaves. It's hard to spot the That's why many experts use an o prevention. They start protecting all in early spring. Apply spray or dust—whether there's trouble or not. They follow this routine every week or 10 days all season long.

Now about those trophies

They'll be outside—



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BARROW M. WATT

boxes filled with soil support es planted on overgrazed hill

ttomless boxes or new trees

e **problems** often faced in land- rmer pastureland is that it may overgrazed. With a minimum and a maximum of runoff, trees deep-rooted plants may have getting started.

Yates, of Portola Valley, Cali- lved the problem neatly with s boxes of redwood to contain s and a quantity of added soil this method, the trees get a t in the box and their roots the soil below with much less

these boxes contain full-sized y are also well suited for dwarf large shrubs. Since you control ix, plants can be given exactly kind of soil and nutrients.

d these 4-foot-square planters y 8-inch redwood boards. The wn in the photograph fit into a o two boards were used front , but only one in the rear. Each r is deep enough for an entire to sit in the soil mix (trees were rom 5-gallon cans).

fill the boxes with topsoil or a of topsoil and a soil conditioner, mplete fertilizer as the label di- oid using a very loose soil mix.

ositioning the boxes, incorporate this soil mix into the ground be- reating a transitional layer 8 to s deep. This helps water and roots easily into the soil below.

requently; plants in raised con- ry out faster than those in the A mulch of redwood bark will soil moist longer.

ifferent trees make up this year- ting, including some that will l and wide to form a screen be- he Yates' house and their uphill s.

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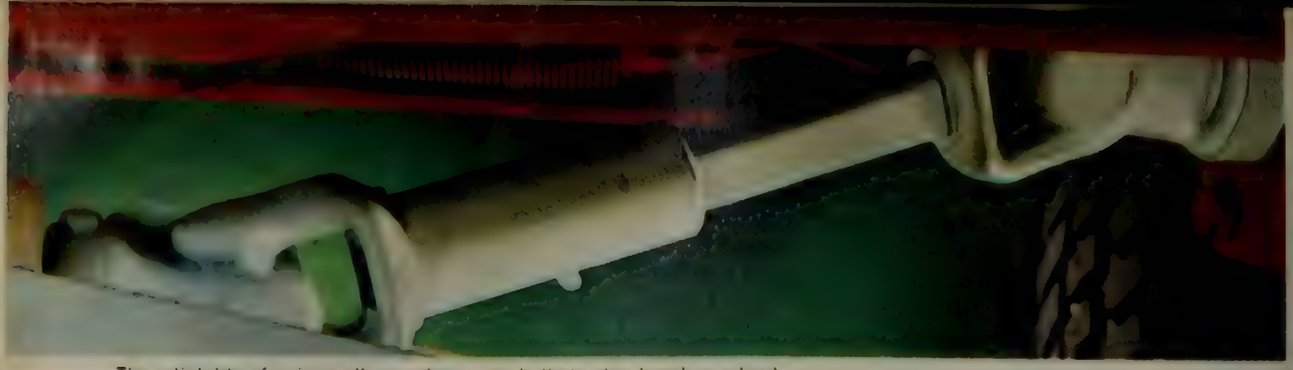

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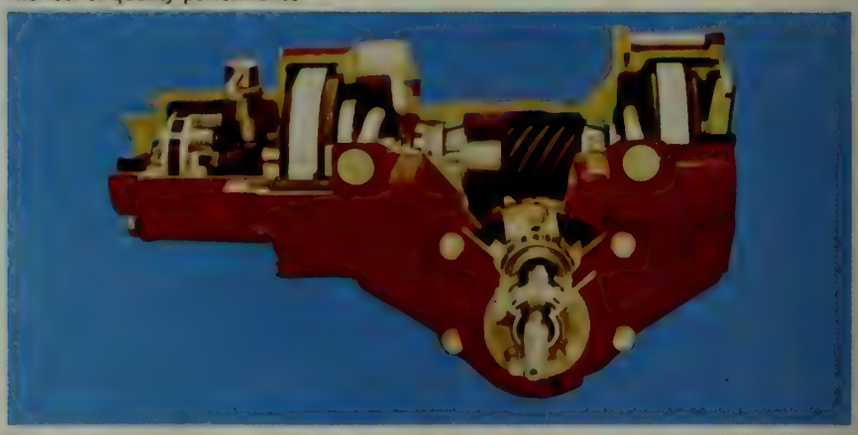

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WILLIAM APLIN

d yellow *Shasta daisies are sturdy o serve as temporary shrubbery*

aisies work as iporary shrubs

aisy, the familiar, free-flowering l border favorite, can take on an- le if you consider it as a tempo- stitute for shrubbery in a new If you set out plants now you'll ndsome foliage clumps in very lit- , and flowers will follow as the turns warm. (Plants from seed is spring won't bloom this sum- plants from fall-planted seedings d established plants in pots and l put on a good display.)

en foliage clumps 6 to 12 inches nain after flowering stems are cut ese can serve as temporary fillers young shrubs, or they can make looking permanent border along a y or walk. In new gardens with hade trees, the daisies get the sun- ey need. Later, as the garden and s mature, you can move the dai- where you want them.

thrive and bloom heavily in good soil with liberal feeding and water- drainage must be good. They do full sun, but will take some shade. hottest climates, flowers last bet- plants growing in light shade.

p plants in good blooming condi- ut off spent flower heads. Divide 2 or 3 years, replanting young, s outside divisions. Many named re available in pots or cans; plants ats may simply be called single or . The singles are usually 'Alaska'; ibles, 'Esther Read' or 'Marconi.'

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Those crazy proteas

They're so spectacular that you're bound to notice ... and sooner or later you may be growing some

Rocket pincushion (Leucospermum reflexum). *Velvet rose, 4-inch-wide heads. Prolific gray shrub, to 1*

Proteas have long fascinated and frustrated plant collectors dedicated enough to order seeds from Africa, coax them into sprouting, nurse along seedlings, and finally—maybe—discover what pleases or, at least, what kills these remarkable, beautiful, and temperamental plants.

Proteas are so spectacular that their use in northern California gardens is bound to increase as nurserymen learn more about how to grow them. If you want to be a pioneer and grow some yourself, be prepared to face a pioneer's problems. Plants are hard to find and tricky to grow.

If you poke around in nurseries that pride themselves on having rare plants, you may find a handful of proteas, usually grown by the owner from seed or purchased at a benefit plant auction staged by some horticultural society. If you travel to Southern California you will find the supply of nursery plants considerably better, but even so you'd have to call them rare.

Proteas have been grown successfully at several gardens in northern California. Strybing Arboretum in Golden Gate Park, San Francisco, has displayed plants of various species for many years. There are successful plantings at Tiburon (Marin County); at Jenner and Occidental (Sonoma County); near Santa Cruz; and at Los Altos (Santa Clara County).

Here you see a few of the many proteas that have been grown in California. The photographs give a good idea of their amazing blooms—often bizarre, usually big, almost always striking. What you admire, incidentally, is not a flower but a head or cluster of long, narrow, tubular flowers. Showy bracts beneath the flower head often enhance the effect.

Bredasdorp sugarbush (Protea obtusifolia). *Pale yellow, tinted pink, 2½ inches wide*

WHAT'S A PROTEA?

The terminology is a little confusing. First, there's the huge Protea family (Proteaceae), which includes such well known garden plants as silk oak, macadamia, and a number of shrubby grevilleas. In this family is a large genus of generally showy South African shrubs called *Protea*. When plantsmen talk about proteas ally mean *Protea* and close plants, mainly species of *Leu* and *Leucadendron*. The last cludes the silver tree, *L. argen*

Proteas are such a large and di that it's hard to generalize appearance or their behavior. evergreen, with foliage tendi gray-green or gray, and they bl in late winter and early sprin these pictures last April near and at Escondido in Southern

GROWING PROTEAS ... A CALCULATED RISK

Finding a protea is a task, and must be considered a gamble. pear to be easier than others: W good reports about *Leucospern uatum, L. nutans, L. reflexum, bigera, P. neriifolia, P. cynaroi susannae.*

When it comes to growing pro ences of opinion abound. Most growers say perfect drainage Some plant right in unimprove soil must be sandy and loamy. organic material to improve dr water retention, and to supply reaction; they mix in 50 per moss, ground bark, or leaf acidify soil by mixing in soil sa rate of 1 pound per 100 squa

Many successful growers plant and find a slope desirable. T

of pincushion (Leucospermum lineare). *Delicate, 3-
s, yellow with orange tips. Lacy, 2 to 3-foot shrub*

DARROW M. WATT

Nodding pincushion (Leucospermum nutans). *Coral, yellow-tipped bloom heads ¼ inches across. Sprawly, ½-foot plant*

l proteas with native plants,
ng the need for careful watering
plants and gradual reduction of
plants root deeper. In coolest
limates, plants may get along
summer water. But certainly no
ow being grown can tolerate
l.

n take dry soil but not (in most
mmer-long drought. Don't water
s already wet, and don't let soil
ry. Drooping branch tips usually
that a plant needs water. But, to
ly fair, we have to report seeing
proteas growing right next to a
t gets heavy watering.

young proteas from frost; estab-
nts of many kinds can take tem-
of 25° or 28°, and some kinds
vived temperatures of 20°.

the first few years, pinch out
ips to make plants bushy. After
ting flowers is enough pruning.

owers suggest feeding plants
ch spring with cottonseed meal
acid-type plant food, but one was
ying that plants shouldn't be fed
nd all have healthy plants to
their arguments.

growing proteas is not an exact
s much as an art—the art of
g plants carefully and reading
ds in their appearance and be-
ome people call talent in this art
thumb."

Two young proteas *look like a single plant in dry landscape along a drive. In foreground is nodding pincushion (see blooms above).* Leucadendron decorum *behind*

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Dennison

Peanuts develop underground, *so the first time you actually see ripe pe is when you dig them up in the fall, usually 110 to 120 days after plo*

This year why not plant some peanuts?

If you like peanuts (and who doesn't?) why not try growing some in your garden this year?

Last summer we saw peanuts growing in many California gardens, and everyone was enthusiastic—especially children—about this interesting crop.

Part of the pleasure is in the expectation of eating fresh roasted peanuts. To roast them, place raw peanuts in the oven unshelled; or shelled and in a layer of cooking oil; or shelled without the oil. Or dry-roast them: dip shelled peanuts in water, drain, salt, and roast. Whatever method you use, roast the nuts in a 350° oven for 30 to 40 minutes. Stir occasionally and watch closely—peanuts burn easily.

But much of the fun of growing peanuts is simply in watching the plants develop. After pollination, the bright yellow flowers fade and a shootlike "peg" (top photograph, next page) develops at each flower's base and grows into the soil. The "peg" is really an ovary, or seed-producing part of the plant. Peanuts develop on these pegs underground, usually about 15 to a plant, as pictured above.

You'll find seeds (unroasted nuts) of 'Jumbo Virginia' and 'Spanish,' the kinds you buy roasted, at most seed stores and listed in mail-order seed catalogs, and you may find other good varieties su Tennessee' as well.

You can plant peanuts in or o shells. Those planted without minate faster, but you must ta to strip off their thin red skins. deners think that thin-shelled t Tennessee,' 'Spanish') are best their shells, thick-shelled type Virginia') without.

Peanuts do best in loose, sand though they're usually plant ground, we've seen them grow containers too. Like peas and l nuts are legumes; so if your s mix lime into it before plant courage nitrogen-fixing bacteri complete fertilizer according t rections when you plant.

Plant shelled 'Jumbo Virginia' Tennessee' seeds 10 inches apar 4 inches apart. Nuts in shells spaced twice as far apart, since may sprout from the same s nuts 2 inches deep, in rows 3 fe

Peanuts need less care than r tables. Just water the plants re to two weeks before harvesting. Don't cultivate around plants enter the ground; pull weeds by

About 110 to 120 days after when foliage begins to turn y

loop charger!

nson's loop-charged 3-cyl 55 gives ew twist to fuel induction...lets you pull, out-run, out-troll comparable notors—all on less than you'd expect.

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nted Water-Shield Silencing makes it a quiet...Hydro-Electric power shift xtra sure, a easy.

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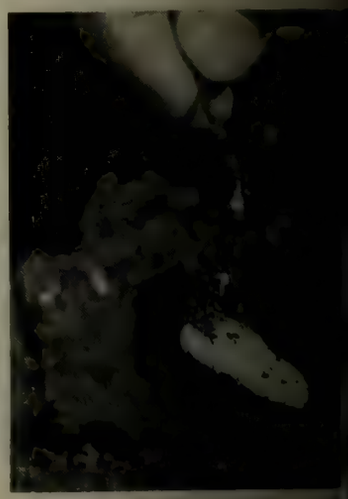
Winnebago Industries, Inc. Forest City, Iowa

time to harvest your peanuts.
soil around the plants and p
vines. Dry the peanuts—still o
—slowly in a warm airy place
light) for two to three weeks
screens or hang over a clothe
courage air circulation.

Unusual growth pattern: *First*
velopment of peanut begins
fades. A "peg" appears in

After peg buries itself *in*
tinues to grow until it re
depth. Then it stops and p



Immature peanut *still has*
to do before it is ready to
shown in August, was ready

'hink ours:

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ncludes Barcelona, Palma,
eville, Lisbon. 21 days.

ncludes Barcelona, Palma.
AT 600 self-drive car with
eters free in Barcelona.
ree kilometers in Palma.
se accommodations with
th. 15 days.

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Bizerta (Tunis), Palermo
Capri, Genoa and back to
. 15 days.

rra includes Palma, cruise
(Tunis), Palermo (Sicily),
noa, Barcelona, then fly
. 21 days.

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For a massive show *of fine white Polyanthus primrose, the owner divided a*

No other plant quite matches

What flower has the brilliance and high visibility of most annual flowers, yet lives for years? What flower comes in every shade of the rainbow (except green), and in many more shades besides? What plant always stays neat, compact, contained, and never leans on its neighbor plants? What plant is easy to find in nurseries, inexpensive, hardy to cold, tolerant of shade, and early to bloom? If you look for a single plant that answers all these questions, it can only be the Polyanthus primrose.

They are often called English primroses, but Polyanthus is preferable; too many other kinds of primrose deserve to be called English. Moreover, the best Polyanthus primroses available today are the

A silvery edge *highlights each of this rare double Polyanthu*

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Yellow flowers *of cowslip* (Prim
look just right naturalized in

creations of California and Ore
men who have greatly improve
inal English strains. Flower
larger, plants and stalks stur
brighter and more varied.

HOW TO PLANT THEM

Buy plants in bloom or in bud
to line a path, edge a perennis
border, naturalize under tree
by themselves in ground bed
larger containers.

Random mixing of colors crea
fetti effect; it's better to plant
of a single color, then blend m
harmonious effect—if you have
Seed-grown plants of a single
not be entirely uniform in hu
various color values and inte
blend well. If you want a large
plants of perfectly uniform fl
(see photograph on page 25
favorite plants right after they

Plants increase fast; all Polyan
rose plants should be divided
sign of declining vigor or small

WHERE TO GROW THEM

Polyanthus primroses are desc
woodland plants; one ancestor
slip *(Primula veris)*, is shown a
such ancestry, they look most
a woodland setting, or at any
trees or shrubs. Nevertheless,
very well indeed in full sun nea
wherever air is moist and summ
atures fairly cool. Inland, as su
peratures increase and humid
plants need more shade. F
freezes won't harm established

Where summers are very dry
spider mite attacks disfigure
weaken plants. Cut off leaves a
spray crowns with malathion,
heavily to keep soil cool and m

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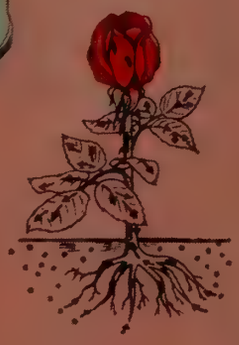

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How to rea botanical na

You've probably noticed that bo names and italicized scientific often given for plants describe garden articles. Sometimes common name, and only th (botanical) name is used.

Scientific names can be bewil rived from Greek or Latin, Latinized form if derived from guages, they seldom resemble we use every day, either in pronunciation. (Even plant ex times disagree on pronunciati

But there is a reason for the cause one and only one scienti assigned to each plant species writers, and plantsmen every refer to the plant without con would be impossible if only names were used.

For example, *Umbellularia c* known in various parts of th California laurel, California ba bay laurel, Oregon myrtle, a wood. But plantsmen everywh or hear the term *U. californica* precisely what plant is meant.

Scientific plant names inclu more words. The first, which ized, is the *genus* name (a group of similar plants). T word, not capitalized, is t name; plants within the speci each other more closely tha semble plants outside the s within the same genus.

For example, the genus nam is *Pinus*. The scientific name f rey pine is *Pinus jeffreyi*. The is *Pinus lambertiana*. The ja *Pinus banksiana*. Regardless or local names for these trees throughout the world know the scientific names. (Some comm are so loosely applied that they ingless: "Bull pine," for instan ponderosa pine in one region, pine in another.)

When the botanical name three words, the third word id *variety*. In some cases a specie into varieties, each differing fr cies in minor ways—flower co for instance. If the variety urally, its name is printed in *Cornus kousa chinensis*. If t originated in and through culti varietal name is not italicized off by single quotation mark *florida* 'Cherokee Chief.'

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Proper potting *calls for covering roots, placing pseudobulb base ½ inch d*

Getting a start on cymbidium

Small divisions represent an inexpensive way to get started with cymbidium orchids. This month and next, such divisions are in good supply—both as green, growing back bulbs (pseudobulbs with leaves and roots, like the ones pictured here) and as leafless, rootless dormant back bulbs.

A back bulb, by the way, is simply one of the older pseudobulbs. If attached to the plant, it serves merely as a food manufacturing and storage organ. If detached, the tiny bud at its base will start to grow, making a new plant.

In dividing large plants, it's best to make large divisions with several pseudobulbs; these are quick to bloom. But don't discard smaller divisions. Handle carefully to avoid injuring the small, vulnerable growth bud (see photograph at right).

Plant growing back bulbs as in the photograph above. Use any regular cymbidium mix—a coarse, open, fast draining, fibrous mix that is slightly acid and that can stay moist without being soggy.

Plant dormant back bulbs in a fast draining medium such as sand, vermiculite, or a sand-peat mixture. Avoid overwatering.

Pencil indicates *tiny pointed m growth bud. Take care not to*

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Here are A garden eve

Santa Clara. April 10 and 1 plantings made by earliest S tlers, sponsored by the Santa C district of California Garden C begins at Mission gardens, U Santa Clara at 1 P.M., when Fa R. Spearman, S.J., will gui around the grounds. Charteree then take the tour group to o ings in the Santa Clara - San returning to the campus at 4 P. Reservations are necessary ($1 which day). Write to Spanish Andrea Court, San Jose 951 phone 241-5769.

Exeter. April 12. Flower show by Exeter Garden Club. Place Building, 324 N. Kaweah. Ho 9 P.M. Free.

Sacramento. April 12 and 13. sented by the American Bon tion of Sacramento. Place: S Garden and Art Center, 3330 Blvd. Hours: 10 A.M. to 8 P.M 10 to 6 Sunday. Free.

Pacific Grove. April 18, 19, and annual wildflower show. Plac of Natural History, Forest a avenues. Hours: 10 A.M. to 5 More than 400 wildflower s varieties will be shown, all Monterey County.

Concord. April 19 and 20. Am Society show sponsored by Diablo Iris Society. Place: Shopping Center. Hours: 9 A.M Admission: free.

Folsom. April 19 and 20. Fols Club's flower show. Place: Clubhouse. Hours: 2 to 8 P.M. noon to 5 P.M. Sunday. Free.

Modesto. April 19 and 20. Cen Iris Society show. Place: Mc lage Mall. Hours: 4 to 9 P.M. 10 A.M. to 6 P.M. Sunday. Fre

San Francisco. April 19, 20, a 46th annual show presented b fornia Spring Blossom and W Association. Place: Hall of Flow Gate Park, Ninth Ave. and Li Hours: 10 A.M. to 5 P.M. Sat Sunday; 10 to 3:45 Monday. F

Redding. April 20. Cascade W Iris Society tall bearded iris s United California Bank, 151 Hours: 1 to 6 P.M. Free.

Yuba City. April 22. Flower s sored by the Garden Section

: Clubhouse, Plumas St. and . Hours: 2 to 7 P.M. Free.

April 25. Home and garden ted by the Peacock Gap Gar- Tour begins at 110 Peacock tickets can be purchased. .M. to 3 P.M. Admission: $3.50.

ril 25 through May 11. Rhodo- stival sponsored by the Cham- mmerce. Schedule of events t 2112 Broadway.

ity. April 26 and 27. Show pre- the Peninsula Rose Society. Peter's Episcopal Church parish n and Brewster streets. Hours: Saturday; noon to 5 P.M. Sun-

rk. April 26 and 27. Second an- r show presented by Rohnert len Club. Place: Community n Center, 7421 Burton Ave. o 6 P.M. Saturday; 10 A.M. to day. Free.

o. April 26 and 27. Sacramento y show. Place: Sacramento Gar- rt Center. Hours: 2 to 8 P.M. 10 A.M. to 6 P.M. Sunday. Free.

ril 27. San Joaquin Valley Rose nual show. Place: Fresno Dis- rounds cafeteria, Kings Canyon hance Ave. Hours: 2 to 6 P.M. free.

April 27. Annual show of the Rose Society. Place: Lakeside den Center, 666 Bellevue Ave. to 6 P.M. Free.

April 27 and 28. Annual spring r show presented by the Garden of the Anderson Valley Unity ce: Fairgrounds. Hours: 10 A.M. Free.

isco. April 30. Garden fair spon- the Auxiliary of Edgewood Chil- ome. Place: Hall of Flowers, Gate Park. Hours: 10 A.M. to 5 . Luncheon, 11:30 to 2, $2.75

Announce your den events in *Sunset*

d you like us to publicize a n show or other special event held by your garden club?

simply send us the following nation: time of the event (both and hours); location (building, address, city); types of exhi- admission fee; and any other nation that would be of inter- our readers.

sheets should reach us three hs in advance of the month would like the event mentioned *nset*. Mail all information to en Events Editor, *Sunset Mag-*, Menlo Park, Calif. 94025.

The under-privileged lawn

A farmer knows that when he takes a crop off his land he must put food back into it. But so many homeowners forget that their lawn cover is a crop and that a starving lawn simply invites weeds. If you love a lawn, feed it regularly. More people choose Scotts for this job than choose any other fertilizer.

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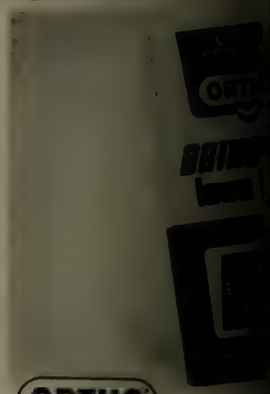

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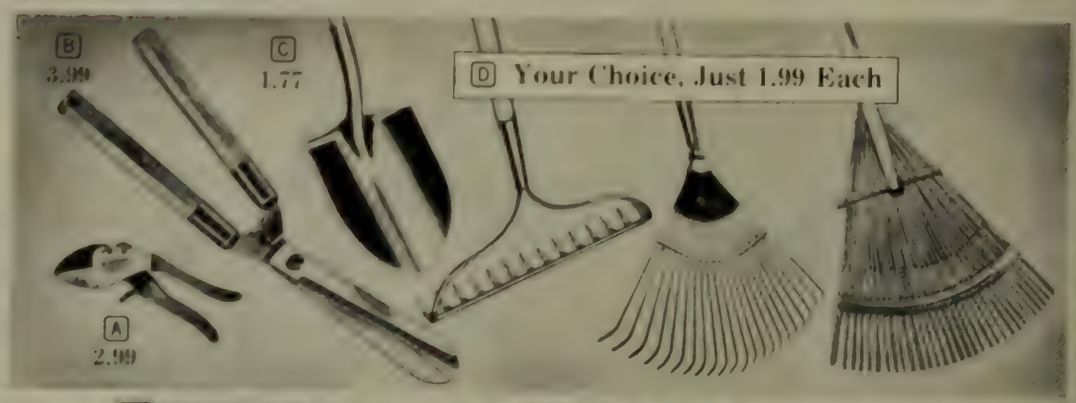

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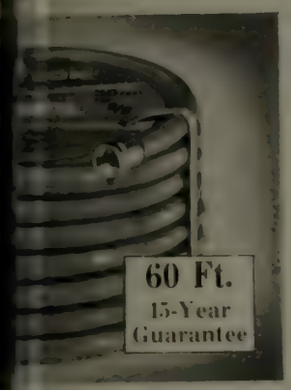

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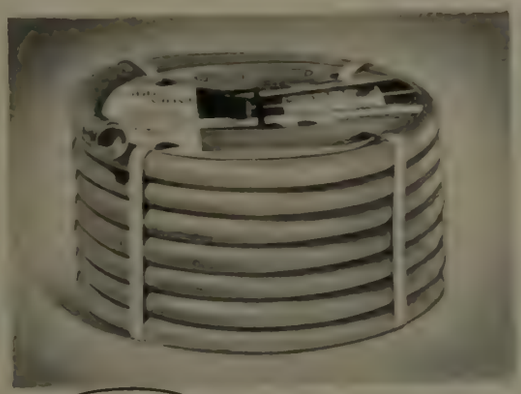

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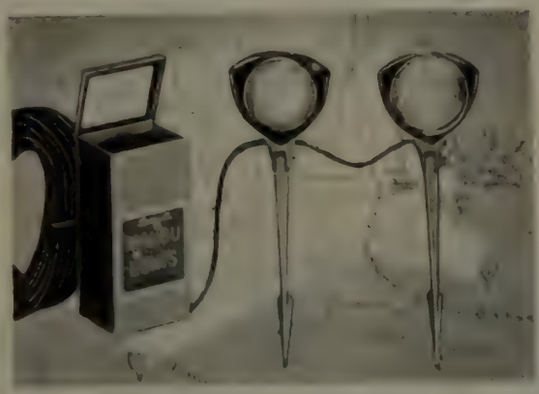

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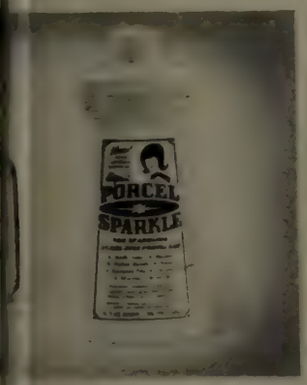

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New and tough . . . the Carefree geraniums

WILLIAM APLIN

Flower clusters *on stout stems reach 5 inches across, stand well above plants*

The new Carefree geraniums offer the Western gardener a superior variety for his garden; they also offer the Western grower a simpler, more foolproof way of supplying geraniums to his customers.

Many amateur gardeners will tell you that you can't kill a geranium; but you'll never hear a professional grower make such a statement. It's true that geraniums can withstand a lot of abuse. But they are subject to an embarrassingly long list of diseases, and growers have to be careful to maintain disease-free propagating stock and practice careful sanitation if they are to make a crop.

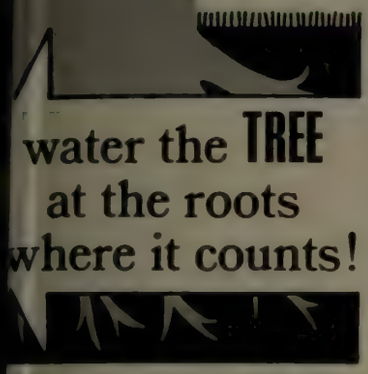
Disease is transmitted through soil, irrigation water, cuttings, infected cutting knives, and plant-to-plant contact. It is not transmitted through seeds. Geraniums grown from seed in clean soil with careful handling are disease-free. One problem with growing geraniums this way is that seedlings are likely to be a miscellaneous lot, with wide variation in color, size, form, and vigor.

One way to overcome seedling unpredictability is to inbreed—to raise several generations of plants from seed, selecting for parents only the type of plants from each generation that you want to grow. In time you get a uniform, predictable variety that comes true from seed. Such a geranium variety is 'Nittan bright red introduced several ye

Another way is to raise several parent plants which, when cr give offspring of a predictable a These F_1 hybrids have another sides predictability: They ha vigor, a mysterious quality th been fully explained but is easi strated. Plant hybrid offsp mules, have more strength and than either parent. Each color free geranium is the result of a tween two inbred parent strains.

Last year eight varieties of Care niums were released: 'Carefre (white with pink edge), 'Carefr Pink,' 'Carefree Light Pink,' Red,' 'Carefree Deep Salmon,' Light Salmon,' 'Carefree Sca 'Carefree White.' This year a joins the group: 'Carefree Cr deep blood red.

All the plants are self-branchi don't have to pinch them. In fa ing may seriously delay first Plants set out soon after the will begin to bloom with hot we continue until first frost. Flowe tion is unusually heavy, and the ters of large, single flowers are a very showiest of summer and fa



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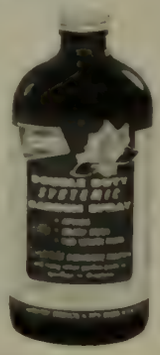

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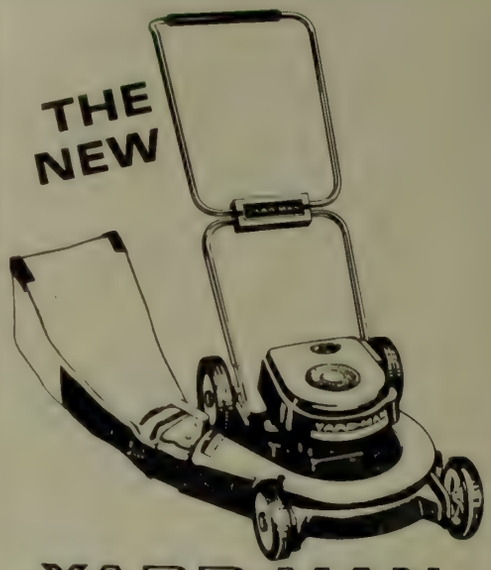

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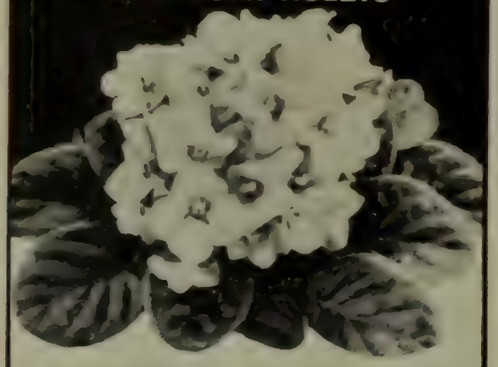

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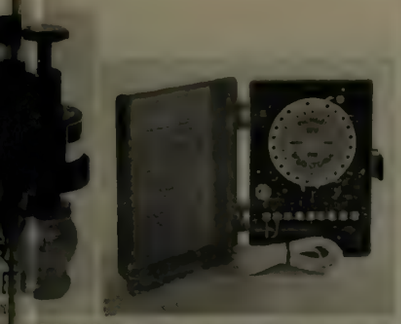

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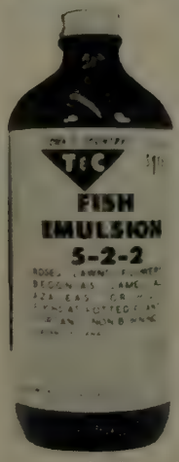

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Instead of flowers...the colors and textures of leaves, wood, stone

RICHAR

Pfitzer juniper, *New Zealand flax, and boulders are permanent elements;* *yellow flowers of sedum seem to heighten the normally yellow-green leaf*

Beginning gardeners want flowers all the time. It's possible to have them, but it's a lot of work: Spent flowers need removing if the garden is to stay neat; annuals must be replaced with other annuals as the seasons go by; and each replacement entails soil preparation. If you want flowers all the time, plan to spend quite a bit of your time explaining that the display was better last month, or that it will be better next month.

More experienced gardeners typically limit their use of flower color and reduce garden maintenance—without diminishing garden beauty—by dealing sensitively with the permanent, unchanging textures of leaf, wood, and stone.

The Japanese, of course, create entire gardens in which every plant and pebble is carefully chosen and arranged. Flowers, when they appear, are welcome surprises, exciting and temporary as the sudden flight of a bird. You may want to design certain areas of your garden in the same way: perhaps a public, highly visible area that must always be neat; or private area, where simplicity of repose come from quiet har leaf with leaf, or leaf with ston

If you plan to do without flo learn to evaluate leaves; study leaf finish (smooth, glossy, furry), color, size. Then try you blending shapes, textures, and

DARROW M. WATT

Dark green, spiky Korean grass *contrasts attractively with fu woolly thyme. The small piñon pines, boulders create a mount*

Ajuga ground cover, *dichondra lawn are setting for living sculpture of sago palms* (Cycas revoluta). *Ajuga has bronze foliage. Blue spring flowers are a bonus*

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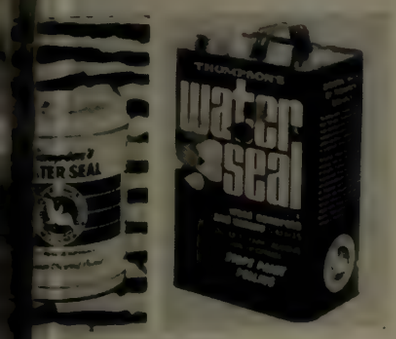

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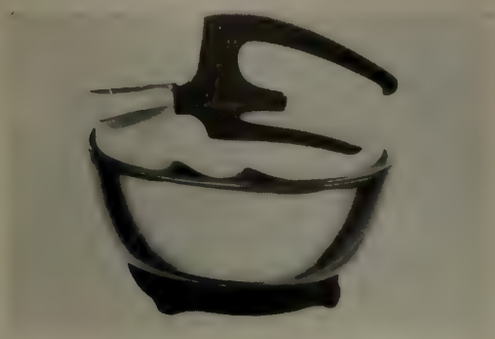

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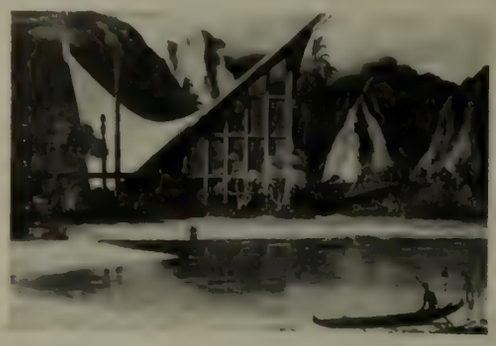

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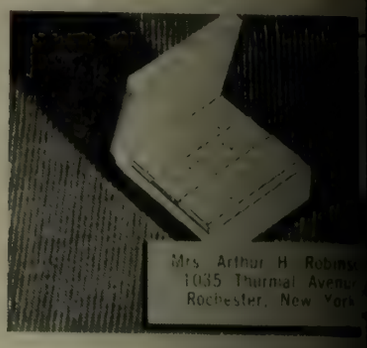

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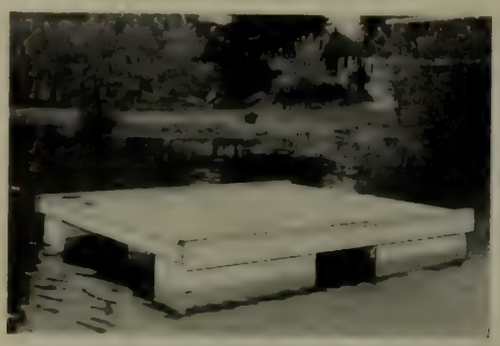

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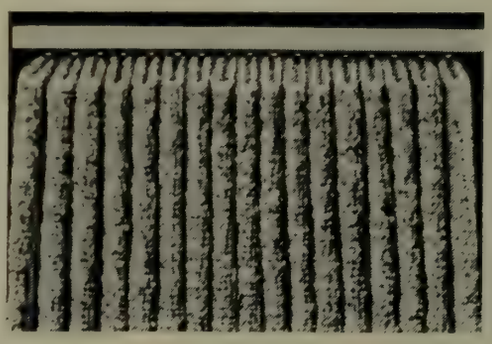

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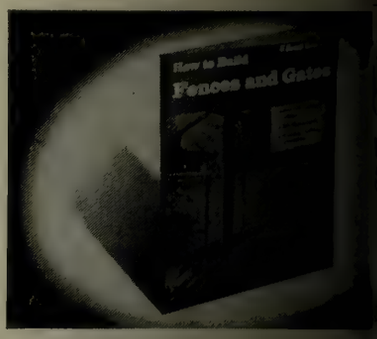

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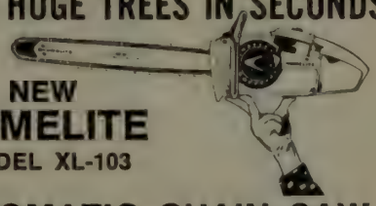

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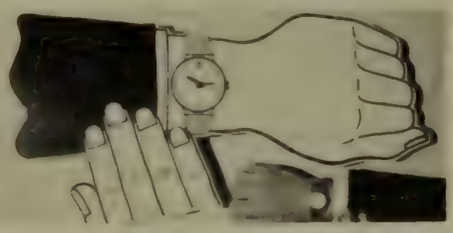

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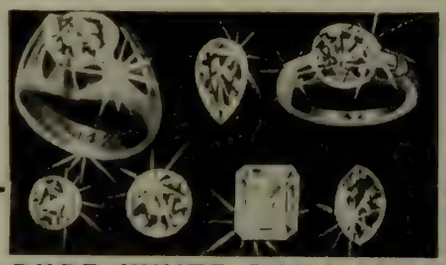

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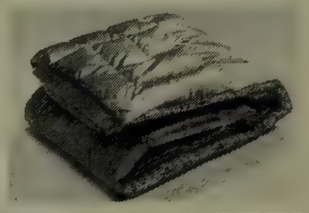

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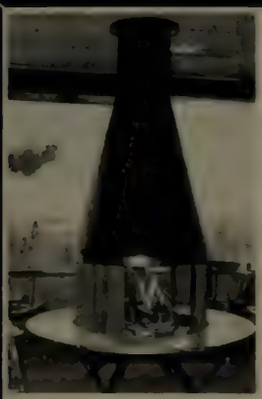

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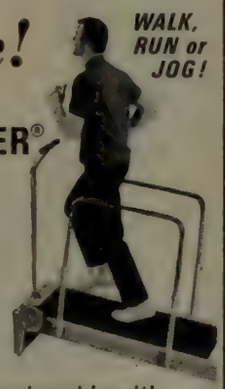

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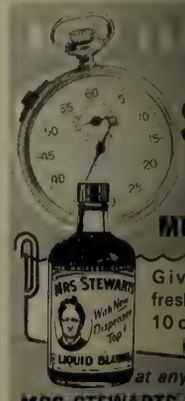

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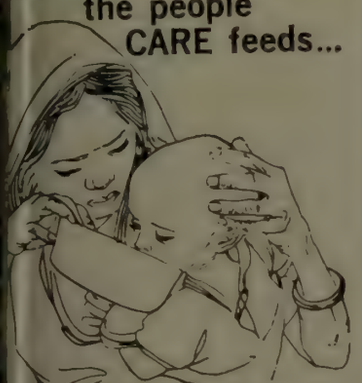

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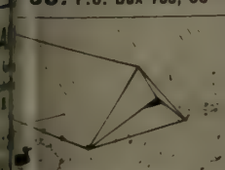

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We call them frog plants

Although we live on dry land in (we hope) watertight houses, some amphibian part of us secretly hankers after the swamp, the brook, or the river. After we graduate from making mud pies, we keep aquariums and read *The Wind in the Willows* or *Huckleberry Finn*. Sometimes we plant gardens with pools or brooks, either real or simulated with rock and gravel. Whether the waterside is real or not, the right plants can make it look like a frog's paradise.

Some of these frog plants—horsetail and the sedges, for instance—are authentic bog plants that will grow in a few inches of water at the water's edge, or in moist soil. Others, notably grasses and a large number of clumping perennials with grassy-looking leaves, do equally well in moist borders or in the so-called "dry landscape"—the simulated watercourse made of boulders, gravel, and sand.

THE PRIMITIVE HORSETAIL

More closely related to ferns than to flowering plants, horsetail *(Equisetum hyemale)* resembles neither. It makes clumps of slender, erect, hollow, leafless, bright green stems with joints and rings somewhat like bamboo stems. Horsetail grows to 4 feet in height; unless you curb the roots there's practically no limit to how far the clump will spread. Horsetail is hardy anywhere in the West.

THE TRUE SEDGES

The sedge family is a huge one, but only a few kinds are used in gardens; of these few, only papyrus and umbrella plant are really common. All like moisture and grow in water or damp soil. All look better if divided whenever clumps become crowded and bare in the center. All are hardy where freezing temperatures are rare; in colder climates, pot up divisions and keep indoors over winter as house plants.

Carex morrowi 'Variegata' (usually sold as *Acorus variegatus)*. Tight clumps of stiff, narrow sword-shaped leaves up to a foot long. Leaves are edged with white.

Cyperus alternifolius. Umbrella plant. Clumps of stems 2 to 4 feet tall with narrow, bright green leaves spreading from the top like leaves of an umbrella. There is a dwarf form, which is scarce.

C. diffusus. Lusher, lower growing (usually to 1½ feet) than umbrella plant with broader, softer-looking leaves. Watch this one; like horsetail, it is invasive. Curb the roots to keep it from spreading too far.

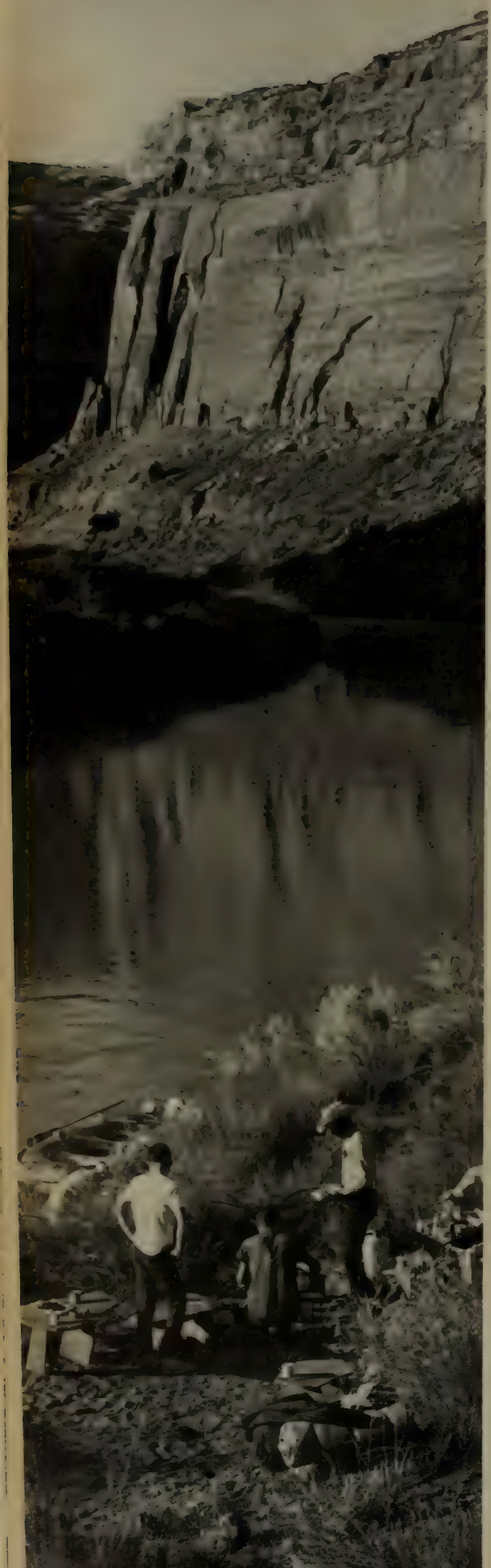
C. papyrus. Papyrus. Grows 6 to 10 feet tall, the erect or slightly curving stems topped by filmy green globes of foliage. Keep out of strong winds, which can break the stems. There is an uncommon dwarf kind of papyrus that reaches only 1½ feet in height; leaves that top stems are far fewer and shorter than in the tall kind.

Umbrella plant *(foreground) and horsetail grow in submerged pots in waterlily pond*

GRASSES—AND PLANTS THAT RESEMBLE THEM

Grasses look as though they belong by the waterside; in nature many do grow there. Most easily available kinds of ornamental grasses (blue fescue, fountain grass) do best in well drained soil. Some kinds, like pampas grass and giant reed *(Arundo donax)*, will grow anywhere but grow too large for any except the largest gardens.

Many plants resemble grasses and sedges but combine flowers with their clumps of sword-shaped or strap-shaped leaves. Some, like Japanese iris, will grow in water (but should not spend the winter under water); others, like the liriopes and ophiopogons, thrive on a well drained bank near the water. The latter plants range from a few inches tall (mondo grass, *Ophiopogon japonicus)* to 1½ feet (big blue lily turf, *Liriope muscari)*.



LETTER FROM *Sunset*

Let's conserve what is goo
. . . let's improve what isn'

"In wildness is the preservation of the world," said Henry David

"If you can't do anything else, plant a tree," says a landscape
we know and admire.

These quotations draw attention to what all of us at *Sunset* h
considered two Western urgencies: to *conserve* as much of th
our wilderness landscape as possible, and to *improve* as much of
of the landscape as possible—both landscape damaged and in ne
pair, and landscape barren and in need of enrichment.

The conservation tasks were well publicized in the 1960's, as
victories—smaller ones like a land gain for Utah's Arches Nation
ument, bigger ones like the North Cascades and Redwood nation
(both of which still require much cooperative effort to be fully

The improvement victories are more difficult to spot and to p
but they are, in their own way, every bit as important.

It is interesting that the millions of eucalyptus trees you see on
nia's skylines were put there by man—and what dull skylines
them would be without those plantings!

For 40 years *Sunset* editors have been advising readers on trees.

Many *Sunset* articles have taken readers on tree tours of public
University of Washington Arboretum, the streets of Pasadena,
Gate Park, Disneyland, Seattle Center, Foothill College.

To keep up on trees, *Sunset* editors regularly attend shade tre
posiums, compare notes with botanists and nurserymen, and obser
performance in our gardens at Menlo Park and the several *Sunset*
stration gardens elsewhere. And we report our findings in *Sunset's*
The 12 issues in 1968, for example, contained about 70 articles on t

Tree planters of the West, we salute you.

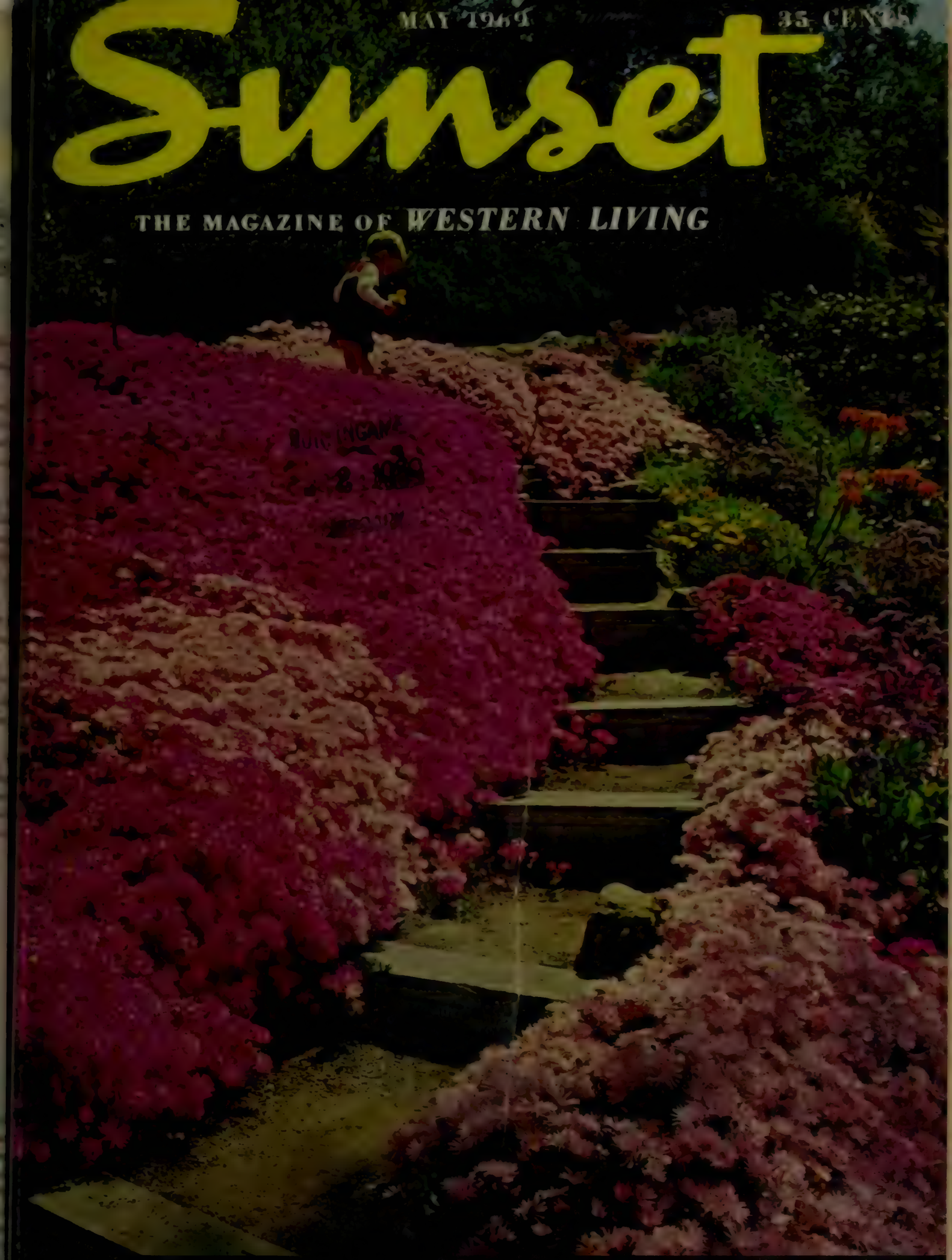
WINDOW ON THE WEST:
Labyrinth Canyon 100 years later

The early morning sun brightens the sheer walls of Utah's Labyrinth Canyon and the surface of the Green River, just as it did a hundred years ago when Major John Wesley Powell made his first trip down the Green and the Colorado and through the Grand Canyon of Arizona. This Powell Centennial year, river runs along the explorer's route will be especially popular. And similar adventures will be taking place in other parts of the West, whose mountain and canyon country contains most of the nation's wilderness rivers. The overnight camp pictured was at Trin-Alcove Bend; about a day's float-trip downstream is Canyonlands National Park.

MAY 1969 35 CENTS

Sunset

THE MAGAZINE OF *WESTERN LIVING*



BURLINGAME
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ce Plant Makes a
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Is the Camper a Good Idea?
Barbecued Appetizers

AROUND SOUTH AMERICA IN 47 DAYS

When it's turning cold in New York, it's turning warm in South America. And that's when America's newest luxury liner, the ss Argentina, cruises all the way around the continent of South America, stopping at 13 ports in 6 countries and 3 Caribbean Islands. Through the Panama Canal and down the Pacific coast to the ancient city of Callao, Peru. On to Valparaiso and Puerto Montt, set beneath the majestic snow-capped peaks of Chile. Through a maze of islands down the winding Strait of Magellan to Punta Arenas and the Atlantic coast.

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Feature articles for May 1969

CENTRAL EDITION

PAGE

Is the camper a good idea? 78
Why leave surfing to the kids? 86
The Redwood National Park today 90
Hot appetizers right off the grill 92
Hang-up plants look you right in the eye 94
Ventilation ideas to let in the cooling air 98
Children help clean up the roadside mess 104
Adventure for cook and gardener—Oriental vegetables 106
Ice plant—the spectacular cover-up 218

vel

PAGE

ravel in and beyond the West. 3
g without snow on the dunes... 32
spring in Yosemite..... 34
'rancisco's boat race day..... 38
uget Sound—charter boats.... 41
g for shad in the Feather..... 42
day—the spike again..... 44
Alaskans like to butt things... 46
ins—if you are flying east..... 50
id's famous flea market..... 53
steep Alaska river..... 54
till Beautiful California—
it is changing..... 60
e Green and the Colorado
ummer-long Powell Centennial. 64
et shopping in Mexico City.... 66
fishing in the Devil's Garden... 69
roads in the Willamette Valley. 70
he Bumping is a pleasure..... 77
land yacht's day has come..... 78
leave surfing to the kids?..... 86
wood National Park today..... 90

lding and Remodeling

n the cooling air..... 98
Changing Western Home†..... 110
sappearing boat garage..... 113
cabinet just comes apart..... 114
n provides shade and
mething besides..... 118
door buffet rolls away..... 126
wers to kitchen lighting problems 128
ens slide, meet, lock..... 144
entry walk, new entry doors... 154

rkshop and Craft Projects

odworker's project—patio chess.. 139
fee table of angle iron and walnut 140
o boats on top—why not?..... 152
y make their own kachinas..... 157

Letter from *Sunset:* The advertising we don't accept..... 272

Food and Entertaining

PAGE

Hot appetizers—right off the grill... 92
Growing your own Oriental vegetables 106
*Sunset's Kitchen Cabinet**..... 158
Elegant springtime desserts..... 160
Another kind of Swiss breakfast.... 162
For the novice at grilling..... 165
She's serving Japanese mizutaki.... 166
*Chefs of the West**..... 168
The Western Kitchen..... 175
Strawberry slices in a glaze..... 176
Veal meals you needn't watch..... 178
May menus..... 181
A real tea party for Mother..... 186
Bar cookies are good travelers..... 188
When the diver brings home abalone 193
It's Swiss earth apple soup..... 201
Fresh spinach—cook it quick..... 202
It's leg of lamb—boned, rolled, tied. 204
Original cakes that start with a mix. 206
Veal steaks with spinach on top..... 208
Two hamburgers—both brash..... 210

Landscaping and Outdoor Building

Children clean up roadside mess.... 104
To remove moss from paving..... 116
How to drain a garden pool..... 121
Solar heat for swimming pools..... 131
Over the stile to the neighbors..... 146
Orinda has a news kiosk..... 148
Rooftop gardens are a
London surprise..... 229
Irrigation bridge—a building block.. 234
Hydra-hydrant works wonders..... 242
Two-faced garden..... 256

Gardening

PAGE

Hang-ups look you right in the eye.. 94
Growing your own Oriental vegetables 106
May in your garden..... 214
Ice plant—spectacular and efficient
cover-up..... 218
Vegetables in spite of problems..... 224
What's a husk tomato? A poha..... 226
Golden Gate Park treat—
the Jennie B. Zellerbach garden... 230
Bishop's weed—a Utah marvel..... 232
Gourds—a summertime adventure.. 236
How to grow a big pumpkin..... 244
Getting your soil ready for planting. 248
Here are May garden events..... 250
A China aster show come summer... 254
Bougainvillea does anything you ask 258
Again in 1969, a garden contest..... 263
They make a mosaic path..... 266

The Cover Story

Each spring California's ice plants awe visitors and natives alike. But are they good for anything else? Yes, indeed (turn to page 218). William Aplin's cover photograph shows Lampranthus spectabilis *in Laguna Beach garden of Mrs. Hortense Miller*

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1	51	101	151	201
2	52	102	152	202
3	53	103	153	203
4	54	104	154	204
5	55	105	155	205
6	56	106	156	206
7	57	107	157	207
8	58	108	158	208
9	59	109	159	209
10	60	110	160	210
11	61	111	161	211
12	62	112	162	212
13	63	113	163	213
14	64	114	164	214
15	65	115	165	215
16	66	116	166	216
17	67	117	167	217
18	68	118	168	218
19	69	119	169	219
20	70	120	170	220
21	71	121	171	221
22	72	122	172	222
23	73	123	173	223
24	74	124	174	224
25	75	125	175	225
26	76	126	176	226
27	77	127	177	227
28	78	128	178	228
29	79	129	179	229
30	80	130	180	230
31	81	131	181	231
32	82	132	182	232
33	83	133	183	233
34	84	134	184	234
35	85	135	185	235
36	86	136	186	236
37	87	137	187	237
38	88	138	188	238
39	89	139	189	239
40	90	140	190	240
41	91	141	191	241
42	92	142	192	242
43	93	143	193	243
44	94	144	194	244
45	95	145	195	245
46	96	146	196	246
47	97	147	197	247
48	98	148	198	248
49	99	149	199	249
50	100	150	200	250

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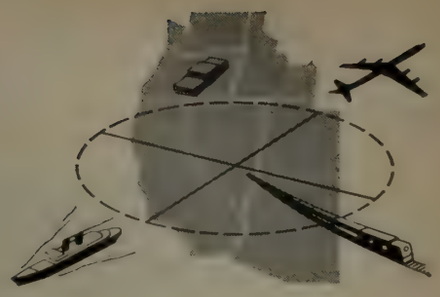

Coyote Hills—and the Bio-Sonar Laboratory

t's neither vast nor exceptionally Coyote Hills Regional Park is a ce for families to stretch their legs a different view of San Francisco t encompasses 930 acres of hills, e, and swamp near the east end Dumbarton Bridge (southernmost Bay bridges), and is the 13th of the ay regional parks.

year there's a special reason for the open house days of the Bio- Sonar Laboratory located in the This year the dates are May 17 and hours, 9 A.M. to 4:30 P.M.

g the Biological Sonar Laboratory. boratory, a department of Stanford ch Institute that uses the buildings of an abandoned Nike missile base, is investigating the means by which sea mammals navigate and locate objects in murky water. Actively assisting in these studies are some 30 seals and sea lions.

On the open house days, you move at your own speed from one of several points of interest to the next; at each a staff member will answer questions. Stops include an anechoic (soundproof) research tank, an underwater discrimination tank, and a room for studies on the echo-location capabilities of blind humans.

Exploring the park. The main parking area is to your left as you drive in. Wander up the blocked-off jeep trails leading uphill to the rocky outcrops pictured at right. From these prominences you can see the laboratory, picnic sites, and the park loop road.

For picnic parking, drive along the park road beyond the main parking lot; just past the Bio-Sonar Laboratory turn left and watch for the tables under pine, buckeye, and acacia trees. Hike directly over the hills for a shoreline view.

The park is especially well suited to horseback riding. Owners trailer in their mounts; there is no nearby rental stable.

Every Sunday in May, a naturalist will

GREG FORD

Coming around *one of the jagged rocky outcrops at Coyote Hills Regional Park*

MIKE TILDEN

barking *of seals is one sign you're the laboratory. They'll be fed at M. and 2:30 P.M. on open house days*

Among the displays *at the Bio-Sonar Laboratory will be this 6-foot-long skeleton of a California sea lion*

Sunset

THE MAGAZINE OF WESTERN LIVING

May 1969

With son helping, *a Sunset editor prepares lunch in a camper*

She cooks in a camper

What's camper living like? There is just one way to find out. Try it.

In the last year, as work progressed on the camper article that begins on page 78, several *Sunset* editors took a first crack at camper travel and camper living, using rented and borrowed campers. Some took along young children, some took teen-agers, some couples went on their own.

Trips ranged from overnights at beach parks to week-long expeditions. One editor on assignment in Alaska made a 1,000-mile loop trip by camper. Another, in Hawaii, used rented campers on different islands.

Much of the camper article published in this issue is a summing of *Sunset's* camper experience over the last year, written in first person plural. The reason is simple. Practically none of the article's information is second hand.

L. W. LANE, JR. *Publisher*

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lead a "Discover Nature" walk
park, starting at the main parkin
11 A.M. and ending there about 1:
Each walk will stress one topic:
land wildlife, Indian history, Coyo
ecology, bio-sonar research.

To reach the park from the Nimit
way (State Highway 17), take the
Avenue exit west to Newark Bo
drive north on Newark 1 mile, th
west on Patterson Ranch Road and
the signs. Admission is free, and t
is open from 8 A.M. to 10 P.M. eve

To make sure you see wildflowers

Predictions are for a somewhat le
spectacular wildflower display this
If a drive in the country doesn't
fruitful, you might visit any of
three shows of collected wildflower

Boonville: Sunday and Monday,
27-28, at the Mendocino Count
Grounds. Hours are 10 A.M. to 6
Sunday, 10 to 4 on Monday; admi
free. Flowers are collected from the
shed of the Navarro River.

Fresno: Saturday and Sunday, M
at the Fresno Museum of Natura
tory, 1944 N. Winery Ave. The
open 10 A.M. to 5 P.M. both days;
sion is free. Most of the flowers
from the vicinity of Fresno and fr
Sierra National Forest.

Stinson Beach: Saturday and Su
May 3-4, at the Community Cente
show is open from 10 A.M. to 5 P.M
day. Admission is 75 cents for adu
cents for children. The theme this
"Oaks of California."

A new edition of *Earthquake Country*

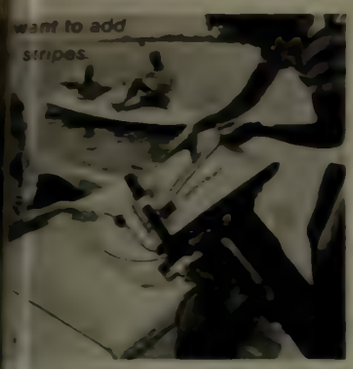
For a reason that periodically be
obvious, earthquakes are a subject
siderable interest to Californian
continuing demand for a readable,
itative book on the subject is resp
for a new edition of a *Sunset* publi
that first appeared in 1964.

It is *Earthquake Country*, by
Iacopi (Lane Books, Menlo Park,
1969; paperback edition, $2.95).

Except for the change from hard co
paperback and a tightening of co
from 192 to 160 pages (largely by
nating some illustrations), the
essentially the same as the earlier
But it has been carefully updated.

For example, in the section on "
quake Prediction," readers are re
that there is still no scientific ba
predicting earthquakes with any ac
—but are told this may be changing
decade of the 1960's was very imp
in the field of earthquake prediction.
that time, scientists did not have
information even to discuss the

r all-new 25 hp Sea-Horse y be the lightest 25 ever built... but there's no "maybe" about what it can do. We call it a "total performer." You can ski it... fish it...cruise it...



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with much credibility . . . Several related campaigns began to generate the types of statistical information that some day may allow science to predict the probability of major earthquakes in a general region within a reasonable span of time."

It's not too early at Lewiston Reservoir

Lewiston Reservoir, west of Redding at an elevation of about 1,900 feet, offers fine rainbow fishing when many other mountain lakes are surrounded by snow.

Lewiston is 7 miles long, very narrow, and resembles a slow-moving river more than a lake. It was created to generate power at Lewiston Dam, which releases a reliable flow of water for migrating salmon and steelhead and helps regulate the outflow from upstream Trinity (Clair Engle) Lake.

The reservoir receives cold water from the bottom of Trinity Lake, so the trout are not forced to go deep during warm weather. Both scenery and fishing are improved by a constant water level even during the dry months.

Most successful fishing methods seem to be flycasting and fishing with salmon eggs, roe, or nightcrawlers. Last season a *Sunset* reporter and two companions caught limits of 10 to 14-inch trout on single eggs from a boat anchored off the west shore where the lake bottom drops off to the main channel.

Dry flies are most rewarding aft water clears in midsummer and fal fishermen and spin casters should tr tackle with 4 or 6-pound test line.

In the area are trailer parks, campgr cabins, motels, and a hotel. There ar rentals and launch facilities.

From Redding, turn west for 27 mi State Highway 299. Then turn no Buckeye Road for 6 miles to Lewi

MIKE & MARY

Lewiston fishermen *cast for kokane mon, brown, rainbow, eastern brook*

For travel planners, a May check list

African gem safari. A 22-day gem safari to East Africa, Rhodesia, and South Africa will leave from New York on July 7. Led by Richard M. Pearl, professor of geology at Colorado College, the safari includes visits to private mines and museums and the chance to prospect for specimens during field trips. The price of $1,749 includes round-trip air fare, first-class hotel accommodations, sightseeing, and most meals. For a free brochure, write to Professor Pearl at Colorado College, Colorado Springs, Colo. 80903.

Northwest Territories—and way points. The Great Slave Lake Tour, June 15 to 29, is a bus, train and air tour of Canada's Northwest Territories. Departing from Portland, the tour includes visits to Fraser River Canyon, Great Slave Lake, Giant Yellowknife Gold Mine, Edmonton (Alberta's capital), Banff, and Lake Louise. Prices begin at $480 per person in a double room, and include round-trip fare, overnight accommodations, six sightseeing tours, and meals on trains. See a travel agent, or write to PNERA Tours, 2744 N.E. Bryce St., Portland 97212.

Going to South America? The 1969 edition of *South American Travel Guide* (Klevens Publications, 6500 Kelvin Ave., Canoga Park, Calif. 91306; $2.95) contains 254 pages on the practical details of travel in 14 South American countries. The introductory chapter includes especially good background information. Succeeding ch ters deal with each country in turn, cov ing transportation, shopping, hotels a restaurants, tipping practices, speci events, and unusual travel attraction Look for this new volume in bookstor (it's distributed by Grosset & Dunlap) order directly from the publisher.

Rail travel in Britain. You can travel British railroad for less this year with t new Second-Class BritRail Pass. Fifte days of unlimited travel cost $35; 21 da $50; one month, $65. The standard fir class pass is still available. For a brochu write to British Rail-International Inc., Madison Ave., New York 10016.

Ocean fishing off Mexico. Fisherman Landing in San Diego offers year-rou sport-fishing trips along the Mexican coa A 6-day trip costs $175.00, and includ meals, bait, Mexican fishing licenses, an customs clearance. For information, see travel agent or call Western Airlines.

What a travel agent can do for yo Provide information on tours; reserve spa on air, rail, bus, and steamship lines; ma hotel, ranch, and resort reservations; ta care of trip planning, including side tri and special events. Travel agencies do no charge for arranging transportation a package tours, but do charge for "custom tour service.

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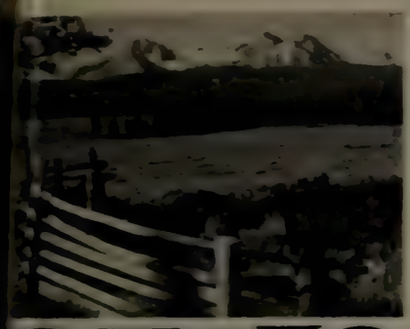

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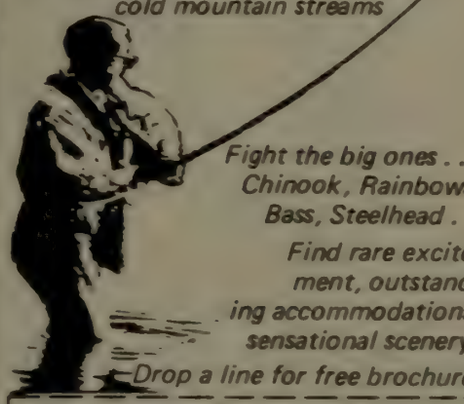

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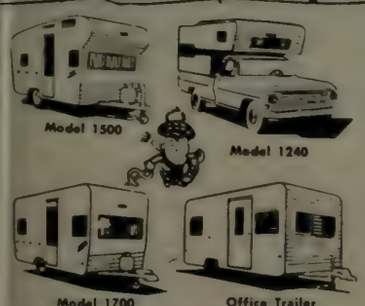

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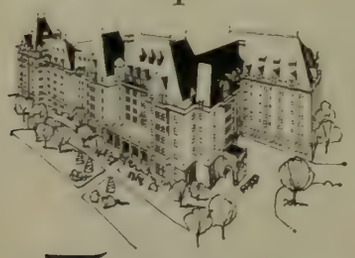

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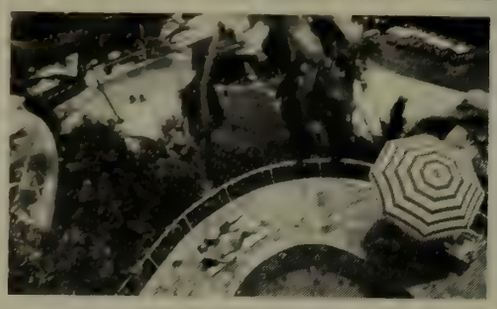

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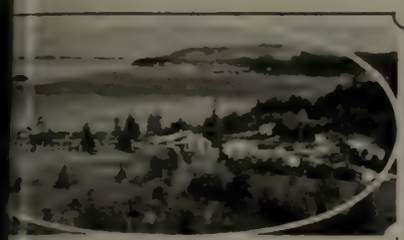

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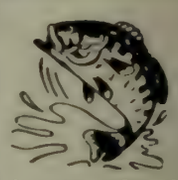

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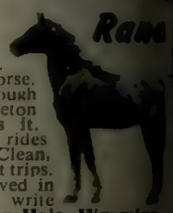

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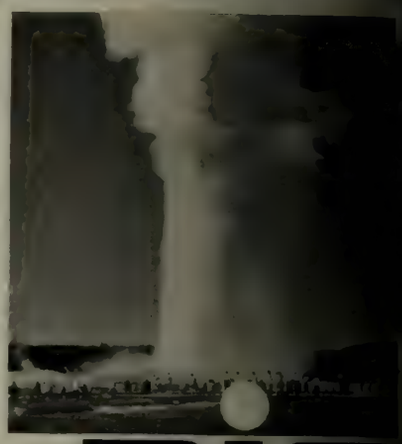

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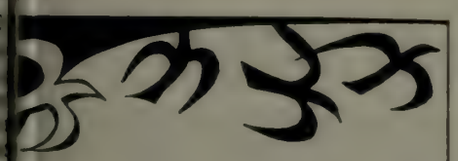

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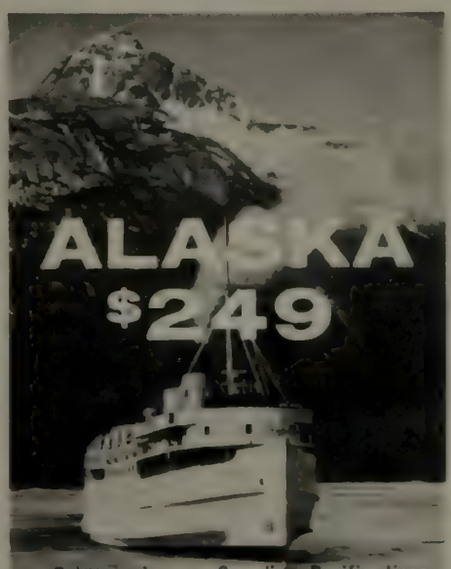

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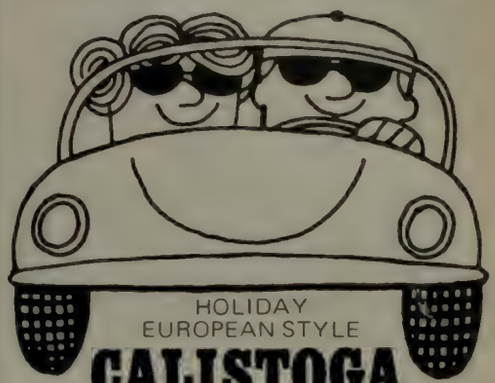

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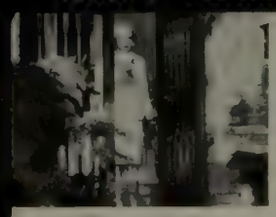

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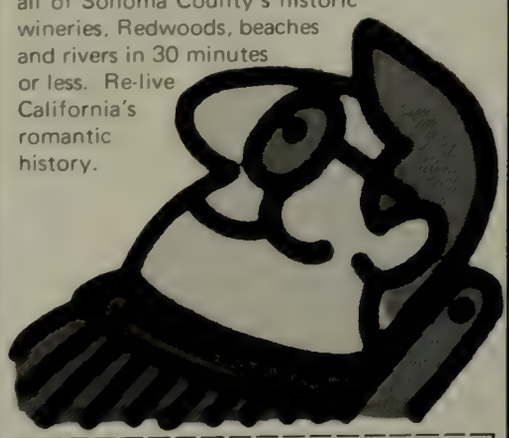

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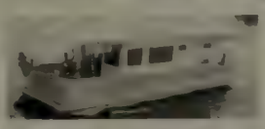

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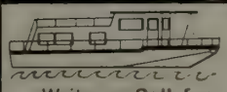

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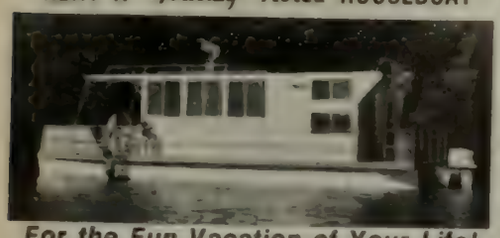

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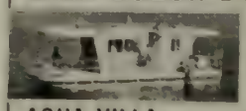

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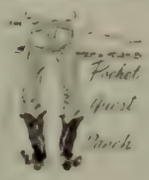

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Skiing without snow on the dunes of Point Mugu

Take an old water ski, remove the fin or skeg on the bottom, and if you have average coordination you will be equipped for the informal sport pictured here. Or use a snow ski, if you have better than average balance.

Sand skiing only generally resembles snow skiing. It's slower, so you should pick a steep slope and use a single ski instead of a pair. Sand is abrasive, so you probably would not want to use a new ski.

The site here: a steep dune in Point Mugu State Recreation Area, on the coast highway (State 1) about 20 miles west of Malibu, California.

High dune *rises on inland side of three-lane section of coast highway, encouraging sunbathers, tumblers, skiers*

Steepness *of slope is shown in this picture. In foreground, b skier launches with snow ski; in background, water ski with*

When slope *runs out, ski stops and you stop. This is one way to end downhill run*

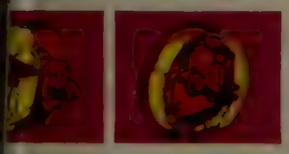
Surfer stance. *Skier starts with weight well back, so tip is up and running free*

One shoe off *and one shoe on: He on small block attached to this sn*

Before you buy any wagon, think twice...Dodge did.

ad "second thoughts" e new Monaco wagon— nt something like this:

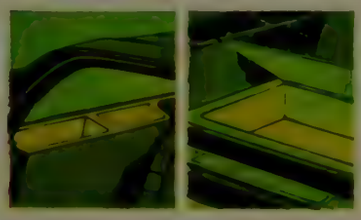
onal **dual air-condition- tem**, with a rear unit to hose in the back cool.



onaco gives a real brake e who keep things in tow:

optional **heavy-duty drum brakes** or **front disc brakes.**

Monaco's **Dual Action tailgate** really swings—out for people, down for bulky loads (like a 4-by 8-foot plywood sheet).



For versatile storage, Monaco really has you covered, with **two rear storage compartments**—one right up where you can get at it, another where uninvited people can't. (Hint: Peek under the floor.)

And if you're inclined to recline, be Monaco's guest. The new optional **reclining front passenger seat** is waiting. Just flip a switch, sit back, listen to a little stereo. Speaking of stereo, Monaco offers that, too—an optional **8-track stereo-tape player** is available. AM? FM? You get both with Monaco's optional **AM-FM radio**, featuring **FM multiplex.**

The **wind spoiler** keeps road dust and fumes away from the rear window. For smudge marks, the optional **tailgate window washer and wiper** keeps the window clean, with just the press of a dash button.

Good grief, we haven't even mentioned the optional **Trailer-Towing Package** . . . and . . .

Catch a wagonload . . .

DODGE *fever*

*Available in most states.

test of acceleration, economy, and braking ability, a 1969 Monaco was overall winner, Class II, in the Union/Pure Oil Performance Trials.

ELLS

Half Dome *looms beyond caravan of open-air motorcoaches that will be offering 2-hour tours of Yosemite Valley this su*

Yosemite in 1969 . . . record water, smaller crowds

FORREST JACKSON

Morning mist *hangs below Glacier Point on a fresh, inviting day in May*

Each season has its own special s
in Yosemite Valley. Spring is the ti
lush green meadows, white cascad
dogwood blossom, and plunging w
falls. The epic 1969 snowpack, now
ing in the high country, may provi
most spectacular waterfall season i
history of the park. The cascade
reach peak volume later this month
exceptional displays will continue
summer.

Visitors to the valley this year wil
a number of new developments that
enhance their enjoyment of its scen
tractions. A new fleet of open-air m
coaches will make scheduled 2-hour
through the valley, stopping at prin
viewpoints and park attractions. C
$3 for adults, $1.50 for children und

Trail runs of motorcoach tours last
mer, coupled with experimental pro

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MARTIN LITTON

Blossoms *of Pacific dogwood will brighten the shadier parts of the valley early this month*

Nevada Falls *plunges 594 feet over a granite precipice. Its thunder is fed this spring by the melting of last winter's enormous Sierra sno*

of one-way traffic controls along valley roads, relieved the traffic jams that have plagued park roads in recent years.

This summer all vehicular traffic will be barred from the Mariposa Grove of Big Trees, and visitors will tour the grove on motorcoaches running from a central parking area at the edge of the lower grove. The concessionaire has proposed a tour fare of about $1.50 for adults, half that for children under 12; Park Service approval of these rates is still pending.

The problem of overcrowding in valley campgrounds is also getting attention. Maximum camping population of the valley has been reduced from 10,000 to 5,000 persons and a seven-day camping limit will be enforced. When campsites are filled, would-be campers will be so informed at park entrances.

In addition to valley accommodations at The Ahwahnee, 80 new units have been added to existing facilities at Yosemite Lodge. And inexpensive tent cabins, including 75 new concrete and canvas units along the Merced River, will be available at Housekeeping Camp after May 23. For reservations or information on rates at park hotels and lodges, write to Yosemite Park and Curry Company, Yosemite National Park, Calif. 95389.

ELLIS

You can rent *a bicycle in Yosemite Valley for $3 a day, take a guided horseback ride for $3.50 per person, or hike any of the valley's many*

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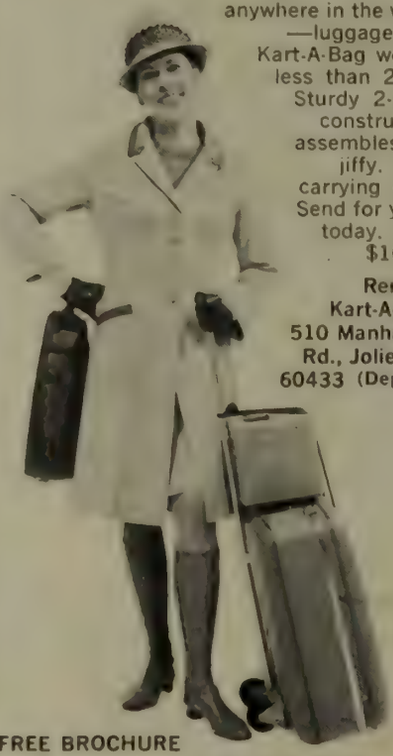

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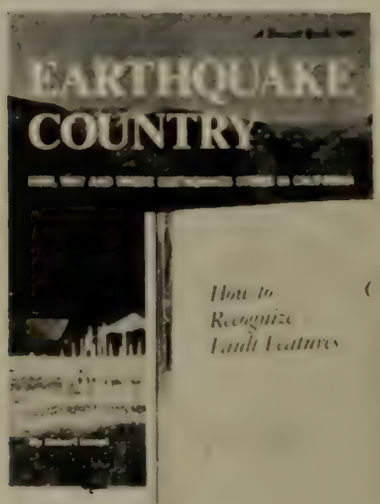

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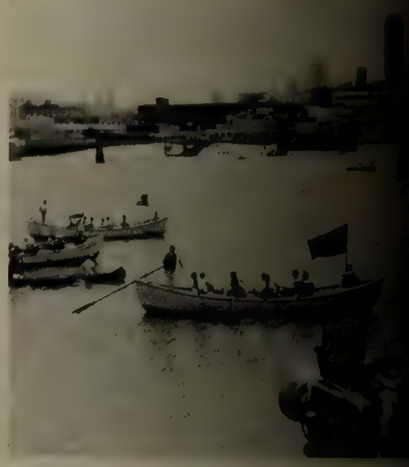
San Francisco's boat race day

Along San Francisco's North Wat on May 18 you can see a historic race and a lifeboat rowing competit

Forty sailboats are expected to co in the Master Mariners Regatta, s in 1867 when skippers of cargo-ca schooners decided to see whose vea fastest.

Many of the sailboats in this trad race are old; most are of classic They start near St. Francis Yacht between 12:30 and 1:30 P.M.; smalle get a handicap and start earlier, all closer together at the finish. The to Sausalito, back to Fort Point, an the city waterfront to Telegrap Then they round a marker at An land and finish at Aquatic Park, they will ride at anchor after racin

Rowing in the lifeboat race are emp of several shipping companies. Th long race starts at 10 A.M. out in m and ends at Aquatic Park.



Lifeboats *with oarsmen, helmsma flag carrier join stray canoe befor*

Schooners *maneuver near finish of ter Mariners Regatta off Aquatic*

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so many varied waterways to ex- it's no wonder cruising is very popu- ong Northwesterners. If you want ple on a visit what they can enjoy ood-weather time of the year, you with prior arrangement) charter a there for a cruise of a weekend, a or two, or even longer.

AND COSTS

ing boats with sleeping accommoda- galleys, and heads are available for er in sizes from about 20 feet to more 100 feet. You can charter sailboats wer boats. Costs range from about o $600 per day, or $150 to $1,600 eek. A fully equipped 30 to 35-foot with sleeping quarters for four, six, ht persons, will charter for $300 to per week.

take-it-yourself and skippered boats vailable. To qualify for a skipper- self boat, you must convince the er service that you are capable of ling the vessel and piloting it through waters of your planned cruise. This s more than steering: you should be liar with inland water navigation, t reading, and the operation of elec- ic navigational aids (most boats have s and depth finders; large yachts may radio direction finders and radar).

ou'd prefer to let someone else do the k, you'll need to arrange for a skipper n added cost of $25 or $30 a day. Your per will add much to a relaxing cruise e knows the waters, the points of in- st, and the operation of the boat.

KE RESERVATIONS SOON

should contact a charter boat agency make your reservations as far in ad- ce as possible.

agency will provide considerable ad- ce information on request: kinds of ts available, costs, suggested marine des, even proposed cruise destinations hin your timetable.

r a firm reservation, a deposit of one- rd the charter fee is usually required.

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MIKE AND MAR

Wading angler *struggles with a b*

Fishing for sh in the Feather

Fishing for shad can be either ext rewarding or downright discou Most shad migrations tend to be in concentration but short in durat recent years, however, the Feath Yuba rivers have sustained one largest, longest, and most predictab runs in northern California.

Although no one can predict exactl the shad will be running, most fishermen expect the migration t during the first week in June.

The American shad is a slender, bodied fish with a dark blue back sides, and large loose scales. Ran weight from 1 to 7 pounds, shad a fighters that tend to make long, p runs and spectacular leaps when h Depending on river conditions, catch shad by fishing from a riverb boat, or by wading. Lures—includi

Yuba River *joins Feather at Mar*

ead" jigs, chrome spinners, small and wobblers—and artificial flies ally effective.

he most productive areas for shad years has been Shanghai Bend on ther River just south of Yuba his area may be approached on by boat from the Yuba City Boat at the confluence of the Feather ba rivers. Some unsigned country off the Garden Highway lead to the Shanghai Bend area, but you inquire locally to determine which re currently open for public use. st current and slippery stream bot- re make wading treacherous, and run-off this year might make it im- e. Bank and boat fishing should normal.

orrow area south of Oroville on the r River should be another produc- gion this year. Located on public ty designated as a future recreation n local maps, the Borrow area has l good fishing sites, the best of is the Gravel Pits. River conditions hould be excellent for wading, and sually possible to launch small boats the unimproved banks.

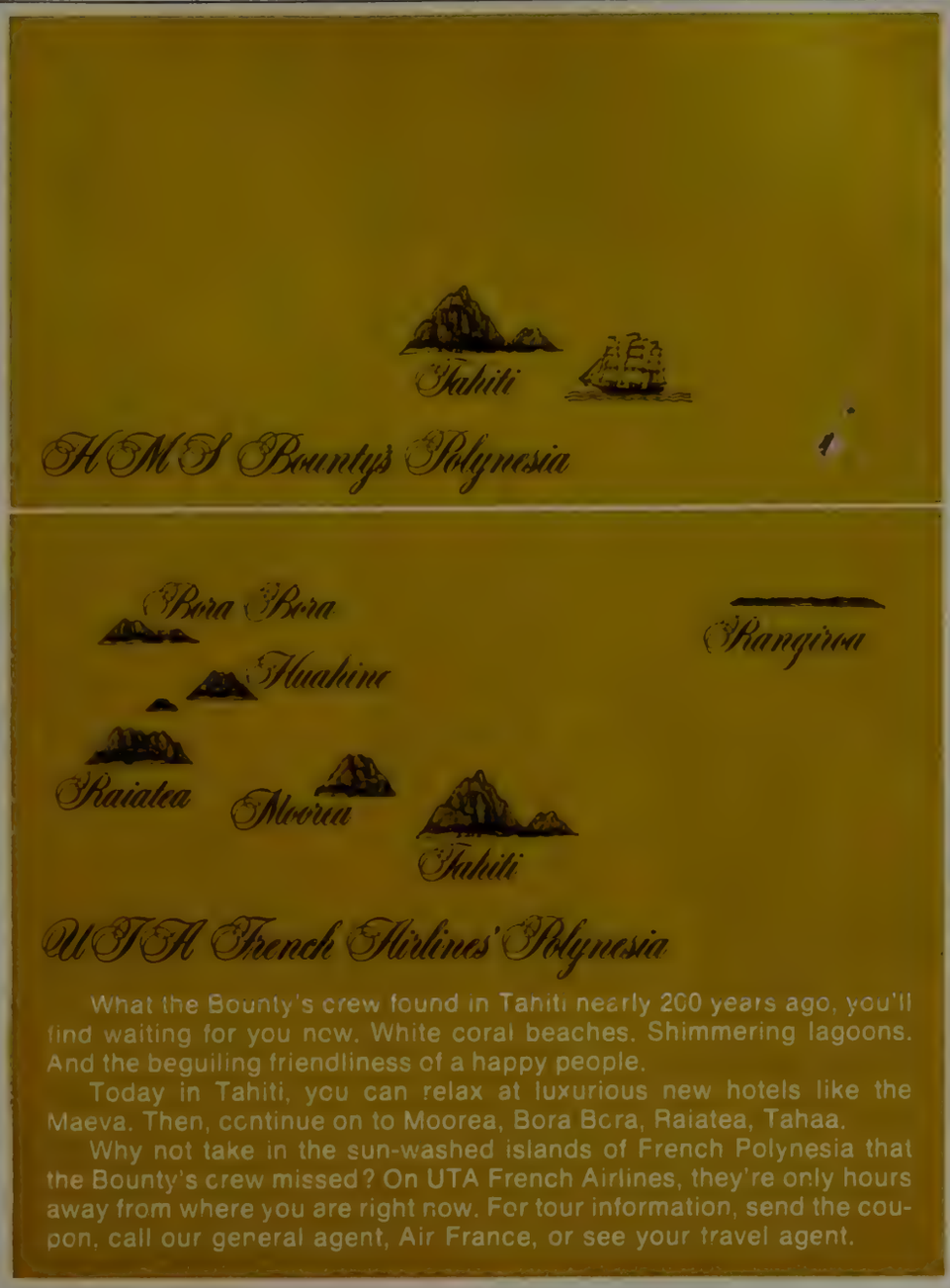
f the most promising spots on the River this year is the Daguerre Dam, about 6 miles northeast of sville. Shad tend to bunch up below n, making this a good area for wad- d bank fishing.

rs on their first visit should buy led maps of Sutter, Butte, and Yuba ies. Bait and tackle shops in Oro- and the Yuba City - Marysville area he best sources of information; be to check regarding right-of-way on rked roads.

MIKE AND MARY HAYDEN

glers *keep their cool in bathing suits*

The Bounty's crew discovered Tahiti's mystique. Take up where they left off.



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C. R. SAVAGE

Engineers hoisted *champagne bottles and two rail line executives solemnly shook hands for this celebrated photograph taken 100 years ago this month*

Every day at exactly 1:47 p.m. . . . the spike again

FRANK JENSEN

Monument marks *joining of transcontinental rail line. This was part of crowd attending the annual celebration last year*

On May 10, 1869, Leland Stanford, dent of the Central Pacific Ra swung a silver-headed sledgehamme golden spike in a ceremony joinin rails of the first transcontinental ra Then, on that windswept promo along the north shore of Utah's Gre Lake, Central Pacific's *Jupiter*, fro ramento, bussed cowcatchers with Pacific's *No. 119*, from Omaha.

This month, on the 100th annivers that occasion, the joining of the rai be reenacted near Promontory, Ut the recently designated Golden Spik tional Historic Site.

Excursion trains from both coast converge at Ogden on the morning o 10, and buses will take visitors ab miles northwest to Promontory f centennial celebration and dedicat the new visitors center. In frock coa stovepipe hats, descendants of th neer railroad workers will redriv golden spike. Music will be provid the Mormon Tabernacle Choir.

The Union Pacific will operate a steam train between Salt Lake Cit Ogden each day from May 11 th May 13. A traveling rail museum on display at Ogden.

From June 1 through Labor Da golden spike reenactment will b sented daily at 1:47 P.M.

For a program of Golden Spike C nial events, write to Utah Travel C Council Hall, Salt Lake City 84114.

Barbara Feldon offers an "in" guide to Southern California

This is Barbara Feldon saying your Southern California vacation begins when you find out what's "in". The New Music. The art galleries where op and pop started. And window shoppers, this is The Place. Fabulous Beverly Hills! Specifically, don't miss The General Store, Malibu surfing, San Gabriel skiing, Restaurant Row in Los Angeles, Knott's Berry Farm or Marina Del Rey. Mail the coupon for my "in" guide to where it's at. Would you believe that's right here in Southern California? Same place we film "Get Smart" for NBC-TV.

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DOLLY CONNELLY

The cow *and the calves are musk oxen, once hunted to near-extinction*

These Alaskans like to butt thing

Visitors to the University of Alaska's experimental musk ox farm, near Fairbanks, will find it hard to believe that some accounts, written as recently as 10 years ago, referred to the "vicious" musk ox as one of the most dangerous animals on earth. Whoever penned those lines had apparently not encountered a musk ox—and that is understandable, because the amiable creatures were close to extinction a few years ago.

In prehistoric times musk oxen roamed widely across North America and Eurasia. But their habit of herding up when endangered, with adults on the perimeter protecting the calves huddled in the center, made the animals easy prey for Stone Age hunters.

As time passed and climates changed, man extended his domain and the musk ox retreated north into smalle smaller ranges.

Big ball *provided by keepers butted by the playful musk*

With the arrival of modern hunte their guns in the north country, oxen were exterminated from Alas Eurasia. They now survive in p small numbers on a few Arctic i on the north coast of Greenland, the Thelon River Game Sanctu Canada's Northwest Territory. T they have been protected by interm agreements since 1926, the most o tic estimate of the world's present ox population is about 14,000.

But things are looking up.

Operation Musk Ox at the Univer Alaska proves these rare animals a ile and intelligent. They have gre tential for the north country ec because their furry undercoat is

Scientists hope *these animals will soon range free on Arctic pastures*

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wools found in nature.

re 47 musk oxen at the univer- summer, and the count should out 70 this year. The friendly, beasts are now among the most ttractions in the Fairbanks area.

pers have found that the ani- y butting things—each other, balls. For this reason the horn the young are removed during In the wild, both males and fe- ve horns, but these are for de- imarily to discourage attacks ves.

banks experiment indicates that en are easily domesticated, and l for introducing them in remote, ally depressed Eskimo villages, the men how to herd and care for als, and teaching the women to ture handmade garments from .

usk oxen feed on grasses, which dant in the Arctic, they will not for food with the moss and ting native caribou.

are welcome to watch the antics nimals in the experimental farm at any time.

ally, the musk ox doesn't have usk gland, nor is it a true ox. It ncient ruminant, genealogically ere between the antelope and ose ancestry can be traced to the ene era.

A new caution on drink cans

people who go swimming and ng and boating are considerate gh not to throw away soft k and beer cans on the beach the water. But many pay little ntion to where they throw the -off seals to those cans.

the beach—and everywhere else addition to being unsightly, seals have proved a hazard bare feet, capable of inflicting ful cuts. In the water, where y seemingly sink immediately to re they cause no harm, there's ther danger most of us would er have dreamed of.

h and game departments now l that these shiny bits of metal killing game fish. They wobble e fishing lures as they sink ough the water. The fish strike l swallow them, and unless the are large the metal kills them.

u will help the fish population of rivers and lakes if you place the p-off tabs inside the can before put the can in your litter bag.

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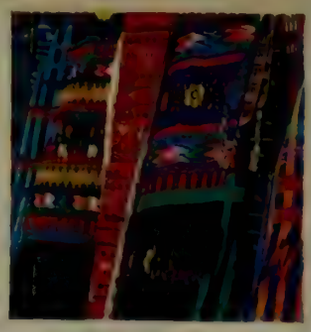

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Options of carriers, routings, an overs on the east-west return po your trip are also available. Tra commence any day of the week b be completed within the 30-day pe

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National Airlines fares permit pa traveling coach class between cities and northeastern coastal stop in Miami for little more th direct fare—$25 more from Los San Diego, or Las Vegas; $35 mo San Francisco. On a 17-day ex flight, you can extend your tri Miami to Nassau for $27 roun Again, you return from the east of the transcontinental carriers.

National gives all passengers bo Florida during the spring, summ fall a book containing discount for Florida attractions.

Western Air Lines and Eastern Ai have teamed up to offer extensio between the coast cities. When y a regular ticket from Los Angeles York, you can add Mexico City international side trip for $25, both Mexico City and Acapulco (From San Francisco the added fares are $38.50 and $50.50.) Th can fly back directly from the Eas on the carrier of your choice.

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via. That's why there's
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and drink we serve. It's
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arts so rich they're sinful.
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Then there's that delectable bit of Scandinavian pastry you see here: an SAS stewardess. She possesses all the graces Scandinavian women are so famous for. Beauty. Warmth. Intelligence. Wit. Plus an instinct for knowing what will please you—almost before you do.

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Or one with fewer bad habits doesn't even drink water.)

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And of course, there isn't a perfor around that's better known to public.

Who else makes three lion personal appearar on the road every day?

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Looking and haggling in adrid's famous flea market

Sunday strollers *wander through antique shops in a small patio off the main street*

eur artists *display paintings along ng walls on a winding side street*

WILLIAM APLIN

El Rastro, Madrid's famous flea market, appears at first glance to be nothing more than acres of open-air stalls, containing astounding amounts of junk. But when you reach the small central plaza, you will find shops with more expensive and interesting objects of art.

Bargains are rare, but the fun of looking and haggling makes the walk worth while, and there's a good chance that you'll make some unusual purchases to ship or bring back home.

Because the Rastro is located in the old section of the city with many one-way streets and a lack of parking space, it's a good idea to take a taxi to the Plaza Mayor and walk south on Calle de Toledo to the intersection of Ribera de Curtidores and the Plaza de Cascorro, starting point for the sidewalk displays.

lay of daggers, *swords, and guns in dow of iron shop attracts passers-by*

Cages *of many kinds of birds, puppies, and monkeys line one of the narrow lanes*

Four powerful *diesel engines push the Margaret Rose upstream through Little Canyon on the Stikine River, British Co*

DON

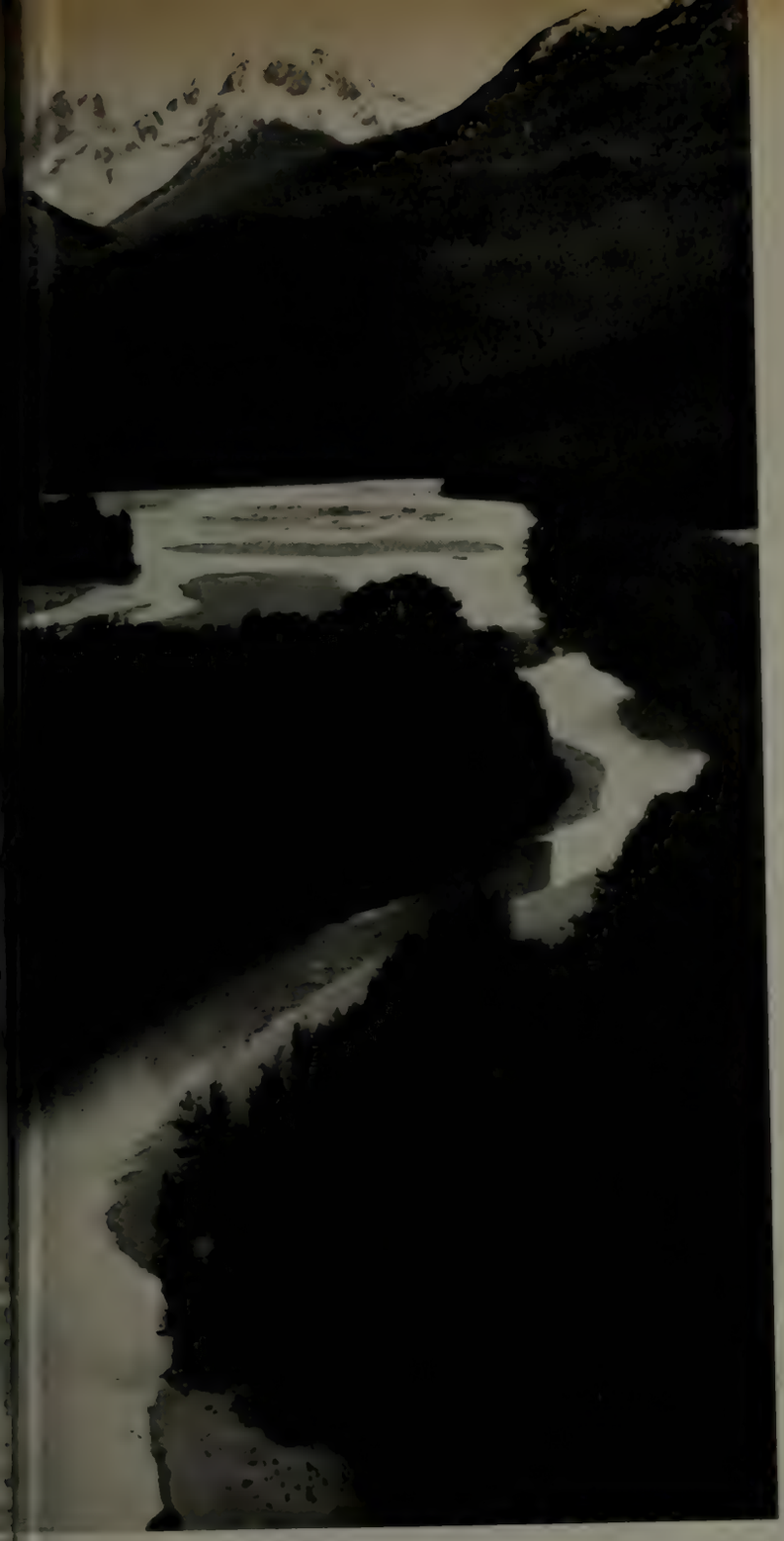
Up a steep Alaska river to British Columbia . . . just for the fun of it

The history of most North America gable wilderness rivers is a rep story: exploration, soon followed b culture, town sites, industry, and c

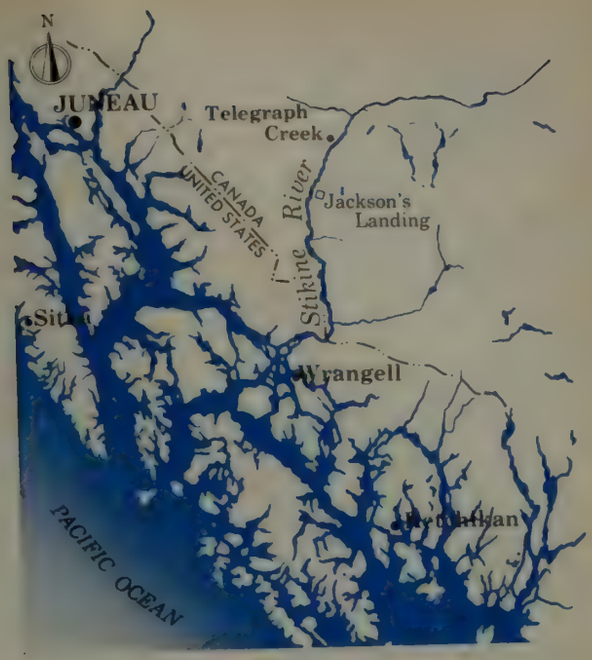
But at least one navigable water southeastern Alaska and adjacent Columbia remains today much as thousands of years ago when only traders knew its twisting channe hidden sandbars.

The river is the Stikine, and fr proximately mid-May through Sep you can travel its course from W Alaska, 153 miles upstream to C Landing, British Columbia.

The Stikine Transportation Co operates the river boat *Margaret R*



t river pilot is required to find Stikine's elusive, changing channels



Stikine Air Service *float plane (out of Wrangell) drops by to visit the Margaret Rose far upriver*

Attractions *on shore, like this crystalline waterfall, can be reached by river scow*

stikine, and offers a variety of cruises of Wrangell, a lively little community the mouth of the river.

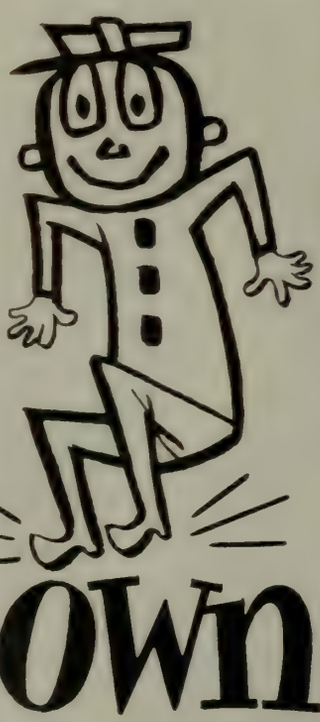
Margaret Rose is 64 feet long and s 80 tons. A rather whimsical-look- boat with three decks, it has a dining , a passenger salon, and 15 Spartan comfortable staterooms for guests h contains two bunks, a wash basin, space to hang a coat or two). There even two showers aboard.

reasonable to say that nowhere else you explore so remote a wilderness in such comfort.

longest excursion lasts four days and e nights. Aboard the *Margaret Rose* slowly buck the current upstream, passing glaciers that sweep down from rugged mountains to within yards of the river. For the first 80 miles, to Little Canyon, the river is bordered by native cottonwoods and thick spruce forest, and you may see otters on sandbars, beavers in sloughs, and bear and moose along the shore.

Upriver from Little Canyon the boat passes out of the Coast Range and into the western Cassiar Mountains. The cottonwoods give way to aspens and vine maples. The cool coastal mists are replaced by sunshine, and the wildlife, which seems to become even more abundant, includes mountain goats that stoically watch the boat slip by from their

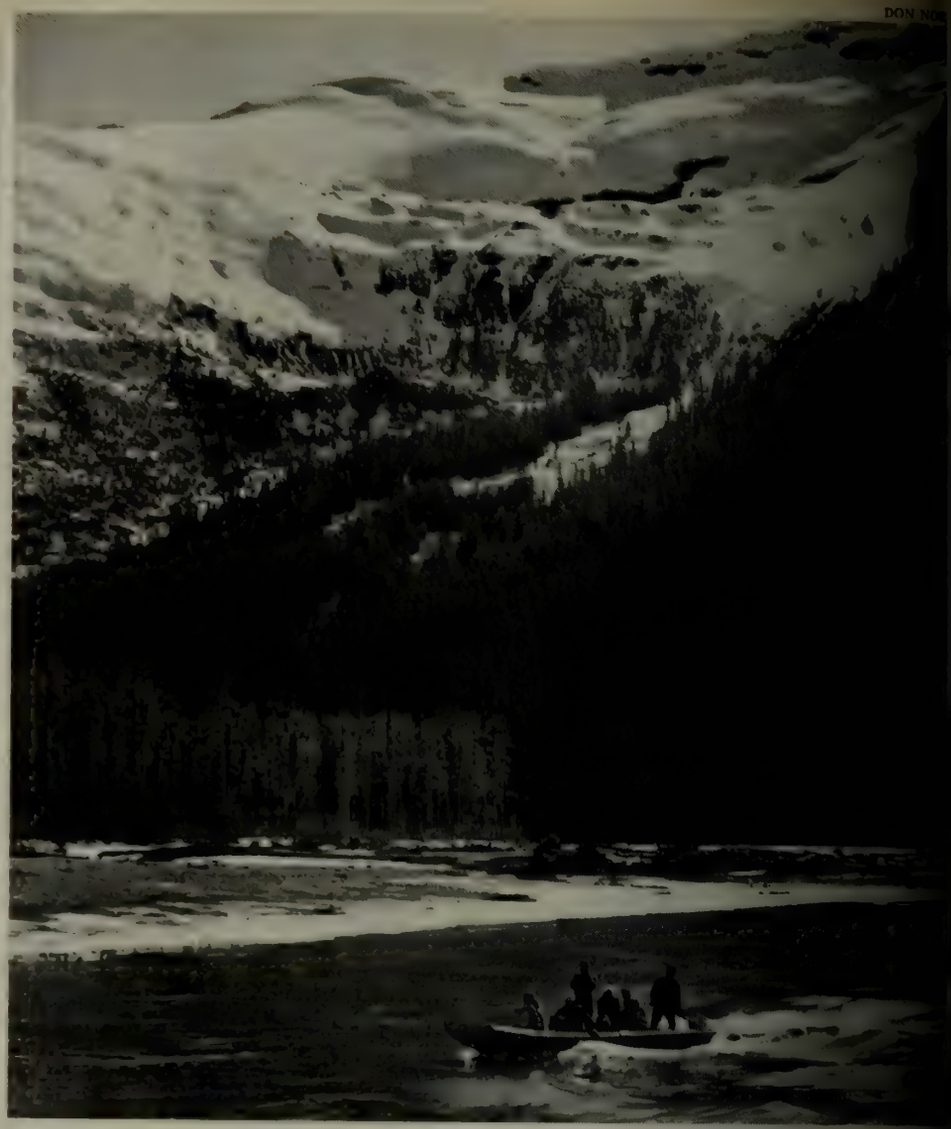
zip code helps keep postal costs



down

BUT ONLY IF YOU USE IT.

DON NO



Innumerable *glaciated mountains rise on both sides of river. Most are nam*

From boat deck, *you can see totems on Shakes Island as you leave Wrangell, Al*

perches high above the river.

The *Margaret Rose* stops at points of interest en route: a deserted homestead called Jackson's Landing; abandoned trappers' cabins; and finally Glenora, a former tent city of gold rush days.

When time permits, you can ride a "blazer coach" (a 2-ton truck) from Gl over 12 miles of gravel road to Teleg Creek, a small rustic community.

It's a three-day cruise from Wrangel stream to Glenora; the return trip d

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DON NORMARK

s' camp. *Their job is to clear river of snags and logs that might im- ep-water navigation on Stikine*

ummer evenings *are ideal for bar- and campfires. In midsummer it t get dark until about 11* P.M.

is a speedy nonstop run of about rs.

want to tarry in this grand wilder- you can do so (by prior arrange- at the Glenora Guest Ranch, a way from Glenora Landing. Owned perated by Bobby Ball, a guide and er, the wilderness homestead offers ty of activities—gold panning, trail , fishing, hiking, nature photog- . A 3½-day stay at the ranch costs per person.

full river excursion costs $185 per n. Shorter trips are as little as $99.50 fare includes flight from Wrangell to raph Creek in a small plane, a 12- truck ride to Glenora Landing, and a n the *Margaret Rose* downstream to gell).

ccasion, natural fluctuations in the level of the Stikine River make it sary for the *Margaret Rose* to turn d short of Glenora Landing. When happens, transportation to Glenora vided by float plane or river skiff; uration of the trip stays the same.

full description of tours and op- including the Glenora Guest Ranch am, write to Stikine River Cruises, Dock St., Ketchikan, Alaska 99901.

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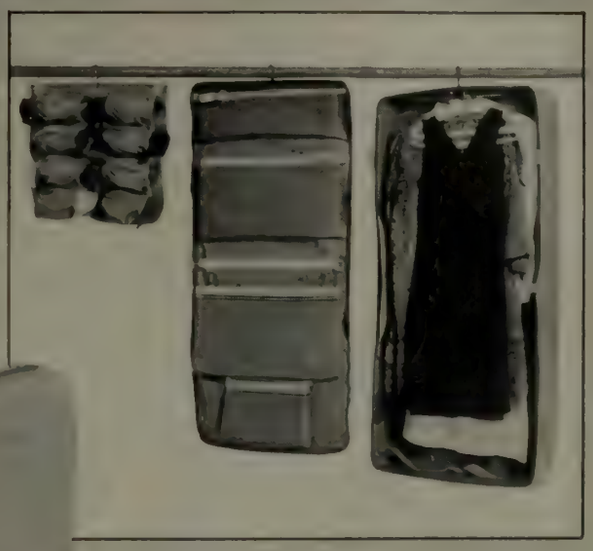

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DAVID MUENCH

Bishop Canyon *on the Sierra's east side has aspens aglow in autumn*

GEORGE

San Francisco *at Powell and Geary . . . Hotel St. F*

It is still Beautiful California . . . but it is changing

The first large pictorial among *Sunset* books was *Beautiful California*, containing 320 pages with 304 photographs, published in 1963. More than 107,000 copies of it have been sold to date, making it the best selling *Sunset* pictorial and one of the top sellers among all the *Sunset* books.

It's still only six years old. But California is changing fast. Some things here change as rapidly in two or three years as they used to in a decade or more.

This month a new version of *Beautiful California* goes on sale. It contains the same number of photographs as its prede but about 40 per cent are new. Among the new ones are all of the 32 color photographs, including the three repr in black and white at the top of this page. The text is co to short chapter introductions which have been re-edit updated for this new edition.

The revised edition of *Beautiful California* (Lane Books, Park, Calif.) goes on sale for $8.95 through June 30, and thereafter.

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Scary news for t

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Change your vacation plans.

Braniff knows: South America is the next place.

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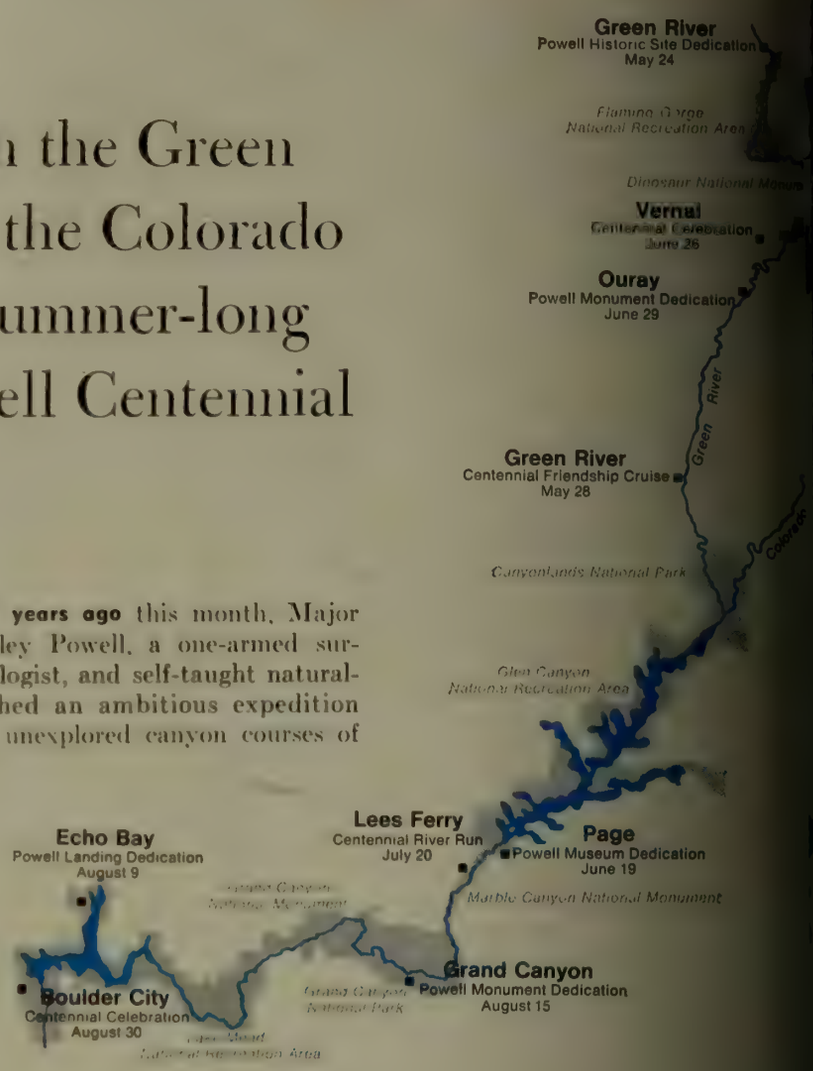
On the Green and the Colorado a summer-long Powell Centennial



A hundred years ago this month, Major John Wesley Powell, a one-armed surveyor, geologist, and self-taught naturalist, launched an ambitious expedition down the unexplored canyon courses of the Green and Colorado rivers to chart the last bit of *terra incognita* on the map of the United States. Expedition supplies and four wooden boats were transported from Chicago on the newly completed transcontinental railroad and deposited at a point in Wyoming Territory where the Union Pacific crossed the Green River.

On May 24, 1869, Powell and nine companions set forth on a 1,400-mile adventure that took them down the twisting canyons of the Green to the confluence with the Colorado, then through the maelstrom of Cataract Canyon, the cathedral-like beauty of Glen Canyon, and the magnificence of Grand Canyon. On August 30, Major Powell and five bedraggled survivors of the 99-day ordeal emerged from the canyon in two badly battered boats, leaving the river at a point near the confluence of the Colorado and Virgin rivers.

This month, on the 100th anniversary of Powell's initial launching, the Park Service will dedicate a new National Historic Site at Green River, Wyoming, honoring the Powell Expedition.

Also on May 24 a commemorative Centennial Expedition river run will s from Green River in four wooden for a disjointed reenactment of P famous voyage. The 1969 expeditic have to trailer their boats aroun dams and reservoirs that now bl obscure much of Powell's original but a summer-long program of com orative celebrations and dedicati planned as the Centennial Expediti rives at various points along the

Major Powell *stands on deck of* Dean *at the launching 100 yea*

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Shoppers pause *to examine a cup amidst clutter of miscellaneous c*

Market shoppi in Mexico Cit

La Merced, Mexico's largest wholes duce market, is not a major tourist tion in Mexico City, and that is the reasons why it's such a good observe the local color.

Plan your visit during a weekd leave your camera at the hotel (raphy is not encouraged).

Located on a 20-acre site downto Fray Servando Teresa de Mier (to the airport), the market sprawls and through a large modern buildi has facilities for unloading 140 t one time.

Small merchants come from all c city to get supplies for their sto sidewalk shops. You'll see sq chickens, sides of beef, fruit by t and vegetables in carload lots. T in front have rows and rows of flowers, baskets, plastic toys, and laneous items.

A visit to the market is a good see the range of Mexican craft Although you will probably find examples in some of the good s the city, you may find some im bargains at the market. If you a ning a party, this is the place to ingredients: paper hats and lanter fetti, candles, sparklers, and *suegras,* ("mother-in-law fright the whistles that uncurl when blo

La Merced is only a few blocks s of the Zócalo, but it is easier t taxi. Have your cab wait, or y have problems in getting anothe

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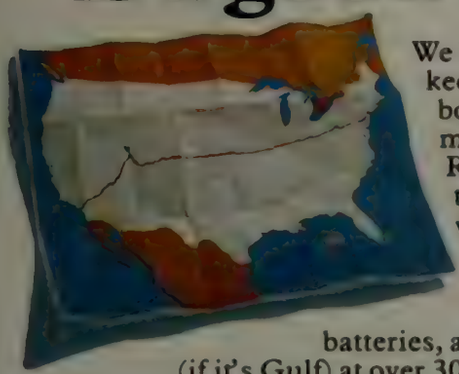

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is apt to be the best month for bass rout. If the water is roily from snow bank fishing with salmon roe will bly be the most effective for trout. rwise, fly casting and trolling spinner- combinations may be rewarding. the water tends to be shallow off the s, shore fishermen usually get best re- casting near the earthern dams on eservoirs.

only improved campground is at Big Reservoir: 4 units, no trailers, a launching ramp, no drinking water. nproved campsites can be found at lakes, but you must bring your own r. Since early season road conditions isually uncertain, check with the For- Service at Canby or Alturas before ring the Devil's Garden. For a free , write to U. S. Forest Service, Devil's len District, Canby, Calif. 96015.

MIKE & MARY HAYDEN

Reservoir "C," *anglers try for trout*

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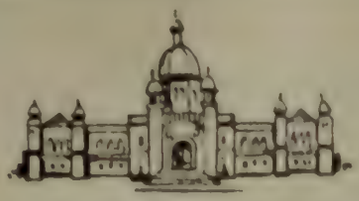

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SM2/69

Back roads in the Willamette Valley

The back roads of the Willamette Valley are pleasant to explore in late spring and summer, after western Oregon has dried off the winter's rains. Sunny weather, minimum traffic, wildflowers, and the possibility of a riverside picnic are enticements to leave the highway and take slow roads when you travel.

The Willamette Valley is the area of Oregon's agricultural industry. The valley's richest soils, within a few miles of the river and its main tributaries, support nut and fruit orchards and fields of strawberries, pole beans, peppermint, and caneberries.

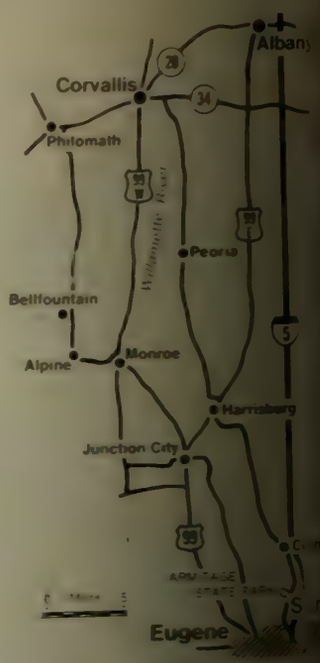
You'll see a number of these croplands along the roads described below.

Less productive valley soils grow most of the nation's northern-climate lawn grass seed—bent, fescue, rye, and Ladino. Since large acreages are needed for these crops to be profitable, farmhouses in these areas are far apart.

Here are two leisurely drives from Eugene to Corvallis.

COBURG AND PEORIA ROADS

If you're coming off Interstate 5 in Eugene, take the Santa Clara exit and drive west on Belt Line Road for about a mile; then turn north and follow signs to Coburg. If you start from Eugene in



Back roads *parallel Willamette River and Interstate 5 through the heart of Oregon's agriculturally rich Willamette Valley.*

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drive north over Ferry Street brid follow Coburg Road signs.

In a few minutes, you'll come to Ar State Park, on the McKenzie Ri favorite picnic destination for Euge Springfield residents. The park also boat launching ramp that gives fish access to the McKenzie. Picnicke find covered shelters, sinks, and e hot plates.

If you have the time to stay awhi park has a well-developed campg with laundry facilities and free hot ers. A nominal fee is charged for night use.

About 5 miles from Eugene, the passes through Coburg where it be the tree-lined main street, then con another 12 miles through orchard farmland to Harrisburg. Drive north a half mile on U. S. 99E and when y a sign directing you to Corvallis, west; now you're on the Peoria Roa

Near Peoria the Willamette River ders lazily within sight of the road north of town a county park offers tables, a boat landing, and restr This route ends as you intersect Highway 34 with Corvallis to you Interstate 5 to your right.

WEST OF THE WILLAMETTE

Starting from Eugene again (or fr terstate 5), you drive a little farthe on the Belt Line Road until you co River Road, which you follow north the west side of the Willamette. Thi road will take you through rich a tural land planted to orchards and ous field crops.

At Junction City, cross U. S. 99 an tinue west about ¾ mile on Sixth A W. Jog left at High Pass Road an tinue on it when it turns right in a ter mile.

About 4 miles from Junction City come to a stop sign; turn right t Monroe. In this part of the Willa Valley you'll see lawn grass field grazing land.

At Monroe the route briefly joins 99W; approximately 1 mile north west and drive to Alpine, then no Bellfountain along the foothills Coast Range.

Pavement ends about a mile north o fountain, and you'll drive 4 mi graded gravel road past W. L. National Wildlife Refuge. At Ply Road, jog west, then head north until you intersect the Corvallis-math highway (U. S. 20 - State 34) Philomath; turn right to return t vallis and Interstate 5.

If you wish to picnic, you might Avery Park south of Corvallis, alo Marys River. To reach the park, t U. S. 20 - State 34 at S.W. 15th St municipal rose garden in the park in bloom from late spring until fal

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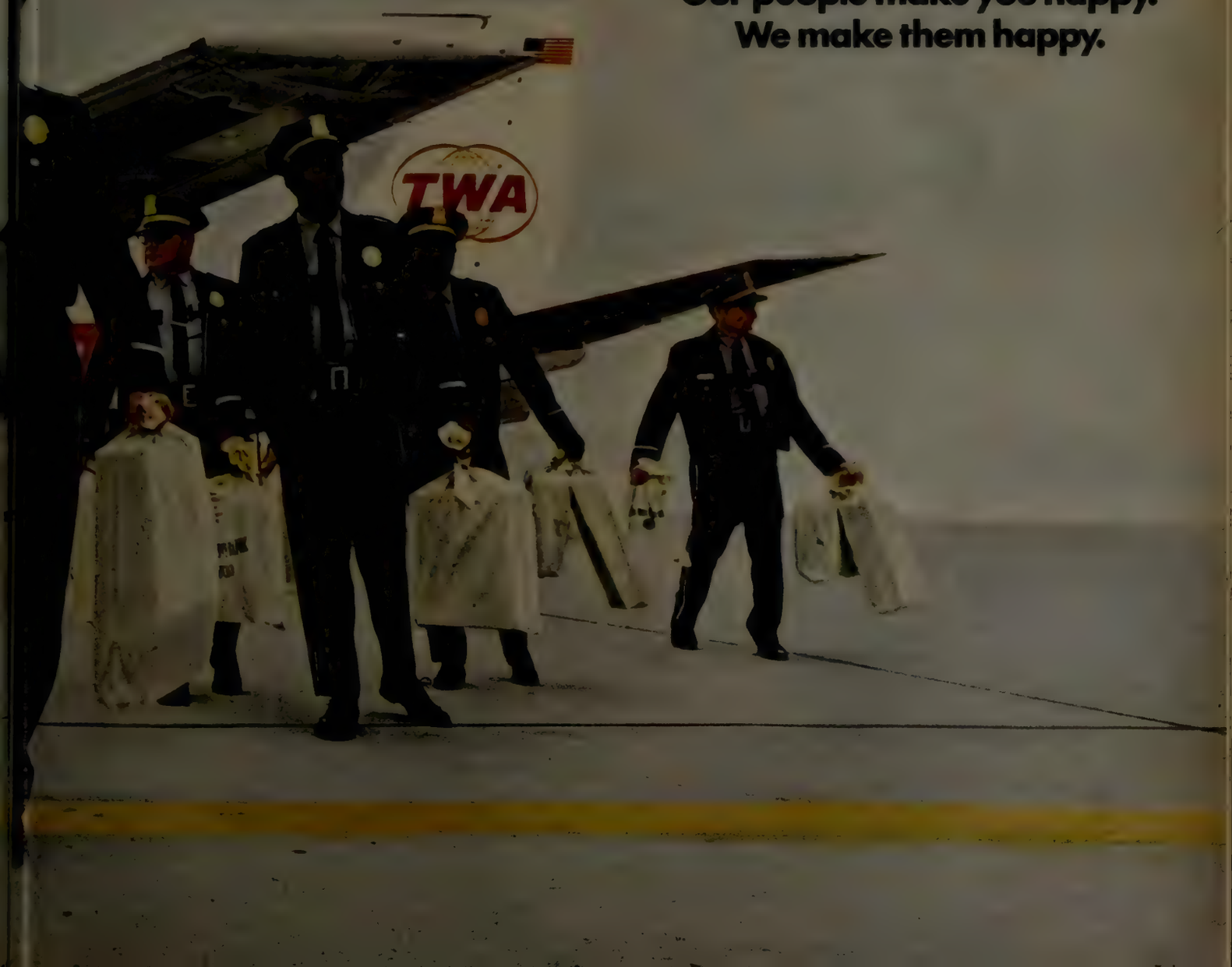

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Up the Bumping is a pleasure

a check-off diagram like those printed state park brochures, few camping es have dots in every square: fishing, ting, hiking, etc. But such a one is nping River.

hundred miles southeast of Seattle on Chinook Pass Highway (U. S. 401), an llent access road leads in 10 miles to nping Lake, with boat launching and eveloped campground. The small vil- of Goose Prairie, 8 miles of level ktop from the highway, has a post of- store, and café.

irrigation dam at the lake regulates river flow, resulting in occasional fluc- tions, but in the main this metering is advantage, keeping the river depend- y ample through the dry months of mer. You'll find silvers and rainbows the lake, rainbows in the river, and a Eastern brook trout in Barton Creek.

ides four developed campgrounds at ervals along the river, there are many erside pull-outs, where you can find a ch to yourself for a picnic.

ond the lake, dirt forest roads extend r driving range: to an abandoned cop- mine hopefully called Copper City; to per Bumping River; past alpine Gran- Lake to a dizzy eminence on Miner's dge, 6,000 feet in elevation. Trails from d ends lead to other crests, other lakes, d into Mount Rainier National Park.

est life. The rich lava soils of Bumping ver Valley, about 3,000 feet in eleva- n, make the forest rich and varied— l and moist enough for the trees, but d and dry enough for campers.

ere's a large grove of Western red cedar ond the almost pure stand of lodge- e pine south of the lake. White pines across the river from Little Cougar mpground. Little Cougar Flat has some nderosa pines 6 feet in diameter, and Goat Creek there is a splendid ridge them along a dim old road leading 1 le to a collapsed cabin.

estern cottonwoods stand taller than e Engelmann spruce along the river, ten with white-throated swifts sweep- g over them. The region's rich forage ings elk and bear into the valley, and, en rarer these days, pileated woodpeck- s who appreciate the abundance of llen trees.

rea guide. A useful guide to this area, pecially for hikers, is the *Naches Dis- ict Recreation Guide,* available free om Supervisor, Snoqualmie National For- t, 905 Second Avenue Bldg., Seattle 98104.

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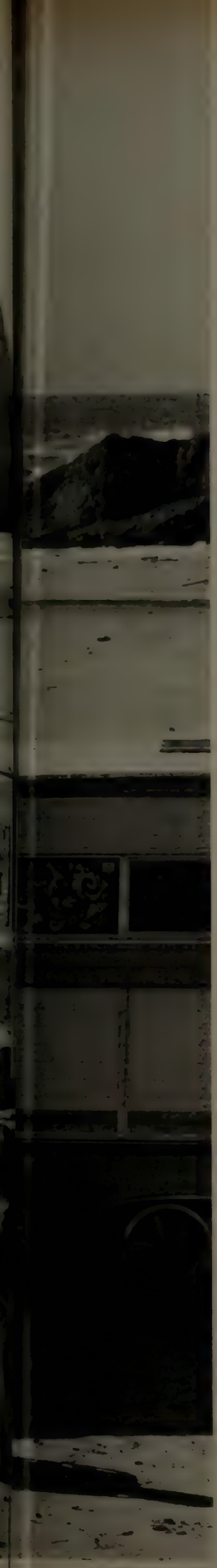
Weekending families *park two campers at the beach and unload table, chairs, picnic hamper. The children take off until lunc*



GLENN CHRISTIANSEN

The land yacht's day has come

Mostly the land yachts are "camper" units slid into pickup trucks. They are not for everybody but their popularity gain is astonishing

Just check highways and campgrounds in the West's popular outdoor recreation areas. It's obvious that the camper, of all family vehicles, is the center of a population explosion.

Why are these roadgoing yachts—the pickup campers, the camper vans, and the medium-to-mammoth mobile-home buses—so popular? Would one of them be right for your family? To find answers to such questions, we have been interviewing camper owners and trying out various campers ourselves.

Most owners are enthusiastic. Some use their campers as mobile, low-cost lodges for short exploring, picnicking, surfing, fishing, and skiing excursions, as well as longer trips, and they take them places impossible to reach with a trailer.

Others who have workday use for a pickup truck choose one with a slip-in camper to be attached when needed. And some owners have found their campers useful as secluded offices or dens at home, and as extra guest bedrooms.

There also are people who dislike campers.

Some have never owned one and never intend to. They have no interest in camping and have been annoyed by campers driven slowly and thoughtlessly up mountain grades or in heavy traffic, or by campers awkwardly parked and hogging space in public lots. They have a point.

Some people we have talked to dislike the design of the usual camper. "The sides look like quilted sheet metal," one man stated. "Too many speed streaks and gogaws," another said. And several people thought the price was more than they could afford for a special-purpose vehicle.

But most owners are enthusiastic, and the happiest ones seem to be those who consider their campers weekend cabins as well as once-a-year vacation vehicles.

DARROW M. WATT

A major problem *is where to keep the camper. Most models are too big to go in a garage, end up clogging the driveway*

The value of a camper to you will depend on your family's interests. Your choice of kinds is considerable. The best advice we can give is to try several out by renting, as discussed on the next two pages.

Touring family *parks rented camper, spreads out lunch under pandanus trees in Hana Bay Park on Hawaiian island of*

You can rent a camper just to try out the idea . . . or you can

Good used campers are scarce and, compared to automobiles, maintain a high resale value. Thus many camper dealers today find they can profitably rent new campers for a year, then sell them as used.

This is to your advantage, for it means you can rent various good, almost new campers this year at reasonable rates and try them out overnight somewhere near home, or take one with you on vacation. Or you can fly to Alaska or Hawaii and rent a camper there. This rental experience can be a great help in deciding whether you want to buy a camper or not, and if so, which type and what interior arrangement you wish.

If you expect to use a camper only occasionally, you'll probably just continue indefinitely to rent, rather than buy.

Dealers renting campers are listed in the yellow pages of the telephone book under "Campers & Pick-Up Coaches." To rent one in a distant city, get a telephone directory for that city at your library or telephone company office, check with a travel agent, or write to the appropriate chamber of commerce. You'll find various kinds of campers for rent in most larger Western cities and also in smaller towns in vacation areas.

When you rent a camper near home, it will probably be sparkling clean, filled with gasoline, water, and propane fuel, but otherwise empty. You will need to supply your own dishes, silverware, utensils, and linen.

When you fly to Hawaii or Alaska and pick up a camper at the airport, it will be fully equipped—you need only your clothes and food, perhaps your sleeping bags. When testing campers in these two states recently, we found them very well equipped, even down to barbecue flashlights, and clotheslines.

Incidentally, we also found it a goo to empty larger suitcases into the er's cabinets and leave the luggage rental agency. Large suitcases are a in a camper.

RENTAL COSTS

Prices vary, so it's wise to shop a

A 1969 pickup camper for four to s sons, complete with ½ or ¾-ton truck, rents for about $100 to week. There may also be a mileage of 5 to 20 cents a mile.

A 1969 camper van for four to six rents for about the same as a camper.

A large, self-contained mobile-hor rents for $250 a week and up. Re these units is not common.

Californians *touring Alaska park rented camper beside ice cakes at Portage Glacier*

l vacation in one . . . even in Alaska, or island by island in Hawaii

al camper *awaits arriving vacationers at Kahului Airport, Maui. Camper comes sheets, bedding, towels, fully-equipped kitchen. Renters just bring their clothes*

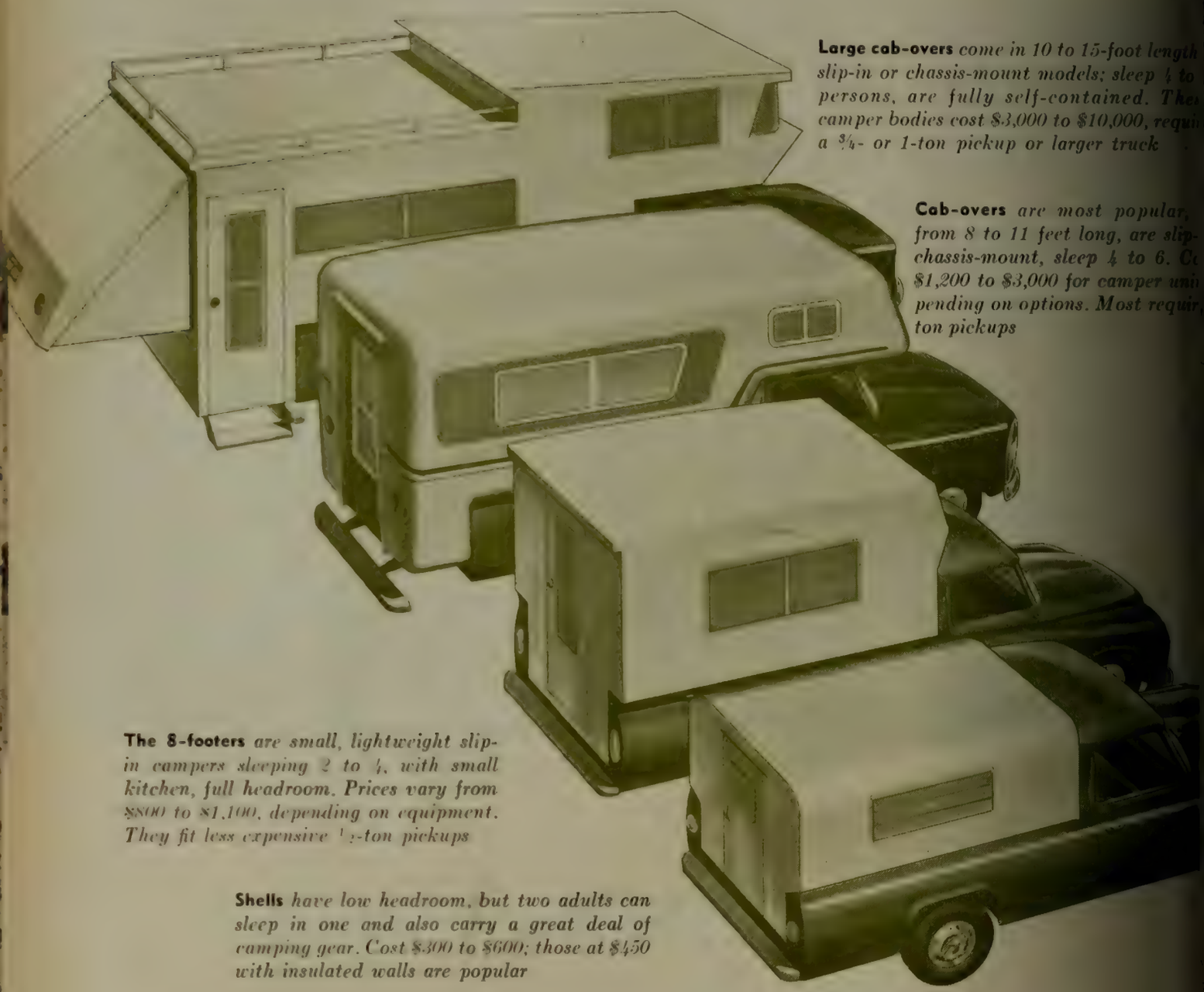
If you have your own pickup truck, you can rent a 1969 camper body for about $40 to $60 a week. The installation, and wiring its electrical system to your pickup, may cost another $10 to $20 the first time.

For any camper there is likely to be a $10 to $20 cleanup deposit, refunded if you return the camper in reasonably good condition. Most rentals are insured with a $100 deductible factor, so in case of damage you are responsible for the first $100.

In most of the West you can also rent one of these vehicles for a day or a weekend. And you may find some two to four-year-old campers available at lower prices than those indicated above for 1969 models. In any event, make your reservation well ahead—rental campers are becoming very popular.

To see the variety of campers available today, turn the page.

CAMPER CHOICES: Most popular is medium-size "cab-over"



Large cab-overs *come in 10 to 15-foot length slip-in or chassis-mount models; sleep 4 to persons, are fully self-contained. The camper bodies cost $3,000 to $10,000, requi a ¾- or 1-ton pickup or larger truck*

Cab-overs *are most popular, from 8 to 11 feet long, are slip- chassis-mount, sleep 4 to 6. C $1,200 to $3,000 for camper uni pending on options. Most requir ton pickups*

The 8-footers *are small, lightweight slip-in campers sleeping 2 to 4, with small kitchen, full headroom. Prices vary from $800 to $1,100, depending on equipment. They fit less expensive ½-ton pickups*

Shells *have low headroom, but two adults can sleep in one and also carry a great deal of camping gear. Cost $300 to $600; those at $450 with insulated walls are popular*

The variety of choice is confusing. In addition to the different types, there are various interior arrangements and many optional features. It pays to look and study carefully. The illustrations on these two pages will give you guidance.

Once you have an idea which type is probably best for you, we recommend that you carefully inspect—or better yet, rent and try out—one or more campers before deciding.

The popular pickup campers (they're best for back roads) are shown on this page. The two cab-over types are available both in slip-on models that can easily be removed when you want the truck for another use, and in chassis-mounted versions permanently bolted to pickups without truck beds (these gain some floor space, and usually have a walk-through opening to the cab). And some campers telescope down as shown on page 85.

The cost of a truck to carry one of these bodies ranges from about $2,100 for a "stripped" ½-ton pickup to about $3,700 for a ¾-ton "camper special" and to about $4,200 for a 1-ton "camper special." The camper specials have heavy-d pension, tires, and radiators, power steering and bra heavy automatic transmissions (which most camper prefer over a stick shift because it makes starting and tion much smoother). There also are 4-wheel-drive at about $600 extra, that will take your camper over th est roads and on cross-country exploration. And a new will appear soon (probably this month), a Jeep with a camper body that has a third axle and hooks on and like a semi-trailer on a truck.

You can buy a pickup camper complete and ready t you can obtain the camper body at one dealer's and th truck somewhere else. Assembly is usually easy.

Camper vans and mobile-home buses are usually sc pletely fitted, since their assembly is primarily a fact

With any type of camper, pay a bit extra to get ver tires—6 or 8-ply truck, duals, or wide flotation—for

heavy loads, travel rough roads. And if you're wavering en two pickups to fit your camper, choose the larger. ve found one safety defect in some pickup camper bodies: le exit, the door, which could be jammed or blocked in a accident. Choose a model that has some other escape —a passthrough to the pickup cab, a large vent in the r a window (on some side other than the door side).

ally you begin to learn camper dealers' jargon.

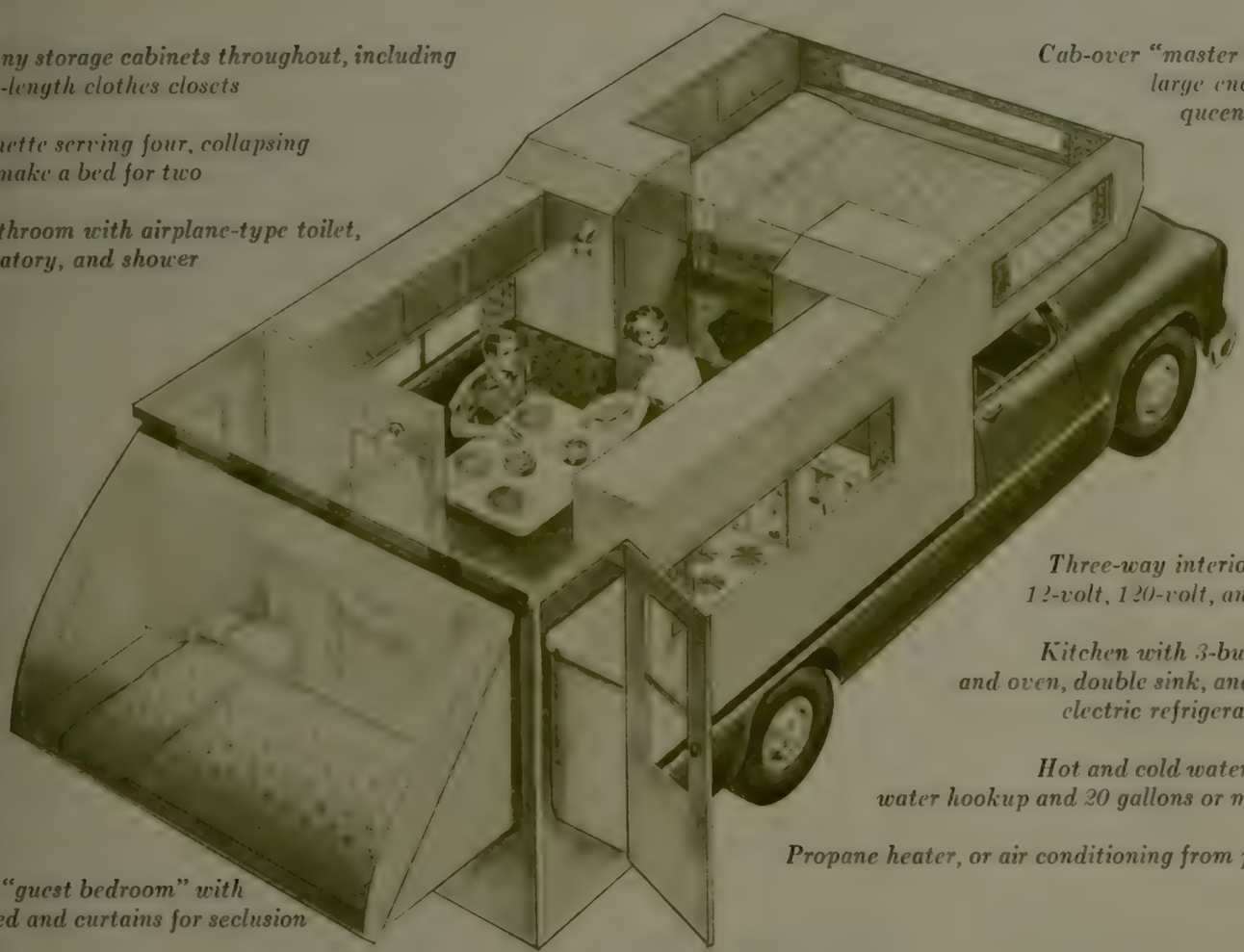
self-contained" means that the camper has a hot and ressurized water supply, a toilet, a shower, a refrigerator with small freezer), and a propane range with oven; it may also have air-conditioning, television, stereo tape music, a 120-volt generator, and other accessories. We found some so complete they're almost overwhelming.

"Mini-contained" means a camper with some of these features.

The rated length of a pickup camper is the length of the main section of the camper body, not including any cab-over sleeping area; whereas the rated length of a camper van or mobile-home bus is the vehicle's total length.

The rated sleeping capacity of a camper requires some checking. We found one "four-sleeper" accommodates four adults; another barely has room for two adults, two children.

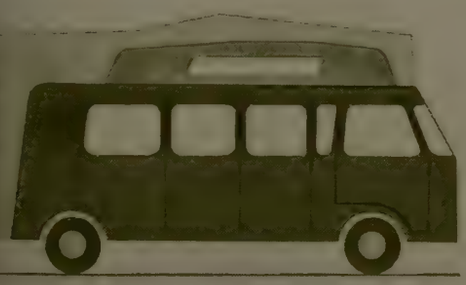
Here's an X-ray look into a big cab-over camper



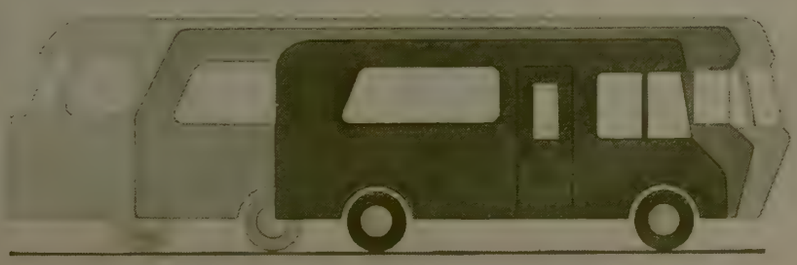
OTHER CHOICES: the vans and the true land yachts

per vans in most cases are fully equipped for cooking, ng, and sleeping. Most accommodate four; some with exded bodies have room for six and are "fully self-contained." most popular have an accessory roof, either the solid type he "pop-up," to give full headroom inside. The cost? About 00 to $7,000, depending on optional equipment installed.

Mobile-home buses vary greatly in size and cost. Some are really agile vans on heavier chassis, while others are almost the size of (and as cumbersome as) a transcontinental bus. Most are fully self-contained and luxuriously equipped for extended tours. Prices vary from about $6,000 to $13,000 for the most popular models. A few cost up to $40,000 or more.



panding bodies *and raised roofs make vans roomier*



Buses range *in size from large vans to full-length coaches*

DARROW M

One young man *sweeps camper's letdown "patio"; another goes fishing. Tent provides extra children's bedroom for lengthy*

LIFE WITH A CAMPER

The driving isn't too difficult . . . the comforts may surprise you

There's room inside *camper for really large freight such as this surfboard*

There's room outside *for saddle, chairs, in utility body's roomy side compartments*

You soon learn how to live with a can
Its dinette gets crowded if your fa
numbers four or more. In that case
better to use the camper as an effic
compact kitchen and serve your m
outdoors whenever possible.

In hot weather at least part of your
may prefer to sleep outdoors. But on
or stormy nights, it's a great pleasu
sleep snug in a camper, with eve
tucked in warm and dry and no nee
hunt up a motel for the emergency.

On a long trip, you'll find it relaxin
ride or nap in back while another pe
drives (something that's both dange
and illegal in a trailer).

Your camper serves handily as a bus w
you want to take a crowd somewhere
And it can tow a boat trailer.

DRIVING A CAMPER

It's much easier to drive any camper t
to tow a house trailer of equal size, b
cially when backing or parking; an
most states the legal speed limits are
same as those for conventional cars. C
mon sense, however, dictates that
should drive more slowly than in a
You are carrying considerable weight,
cannot stop as fast or maneuver as ea
and winds have more effect on y
vehicle.

The California Highway Patrol tell
they have found no safety hazard ari
from letting people ride in the back
permitting children to travel on a
over bed, as long as the driver takes

30, an advance reservation application (when you fill out the form it's wise to include a second choice of dates). Overnight camping fees in California state parks are $3 a night, plus $1 reservation charge. Reservation application forms are available at all California state parks and from the State Department of Parks and Recreation, Box 2390, Sacramento 95811.

Hotel and motel accommodations are available in Crescent City, Orick, Trinidad, Arcata, and Eureka, and there are numerous inns, guest ranches, and tourist cottages scattered along U. S. 101. Again, advance reservations are advised.

Information on attractions and accommodations in the North Coast redwood country can be obtained from the Redwood Empire Association, 476 Post St., San Francisco 94102. The National Park Service will maintain visitor information offices in Orick and Crescent City throughout the summer, and the California Highway Department will post park information at roadside rests along U. S. 199 and 101.

Of the 28,500 acres actually within the national park to date, redwood forests cover just 10,650 acres, almost all of which are in the Redwood Creek watershed. Here are some glimpses you can get this summer of this heartland of the new park:

Bald Hills Road. This paved county highway is the fast way to views over the valley of Redwood Creek. It goes east from U. S. 101 about a mile north of Orick, bridging Prairie Creek. As the road begins to climb, look to your right, up winding Redwood Creek to the wooded horizons far beyond the national park boundaries. The county road continues eastward to the Klamath River near Weitchpec, but the pavement ends about 12 miles from U. S. 101.

The dedication site. About 2.5 miles east of U. S. 101 on the Bald Hills Road, just after the road makes its last climbing turn, a wide, well defined trail (an old county road) angles sharply back on the left. Park your car off the pavement and walk about a quarter-mile up the trail to the site where Mrs. Lyndon Johnson dedicated the new park last November 25. The trail continues past the dedication site and loops back down to the Bald Hills Road through old-growth redwoods and giant sword ferns. The entire loop hike is less than 2 miles.

To the beach. Where Lost Man Creek meets U. S. 101, there is an interesting fish hatchery. About a mile south of the hatchery, a state park sign points out the road to Fern Canyon. The canyon is not in the national park, but this road takes you to some of the newly acquired coast property.

HOMER GASQUET

The ancient redwoods *seen at left border Redwood Creek in Emerald Mile, about 2 miles upstream from Tall Trees Grove*

A helpful companion for a tour of the Redwood National Park region is *Sunset's* just published *Redwood Country* (Lane Books, Menlo Park, Calif., 1969; $1.95). Although the book ranges from Sequoia National Forest in the southern Sierra all the way up to the Oregon border, and discusses both the coast redwoods *(Sequoia sempervirens)* and the big trees of the Sierra Nevada *(Sequoiadendron giganteum)*, the chapter on the Redwood National Park offers a sharp focus on the North Coast redwood region. It discusses the three major state redwood parks, the U. S. Forest Service's Redwood Experimental Forest, special demonstration forests maintained for public use by lumber companies, and various county and city recreation areas.

Hot cheese, sausage *Spoon grill-melted cheeses, sausage into bread. Offer red wine*

Hot appetizers . . . right off the grill

barbecue itself is cook and host for hearty, high-protein appetizers. Spe- built small fires keep the first two inations—cheese and sausage with l; salmon and biscuits—at the proper eratures while guests assemble their portions at their own pace. The clams o cook on the grill as you go.

such substantial beginnings, a light r of salad and cold meats or a main soup can appropriately follow.

IAN-STYLE GRILLED SAUSAGE CHEESE

s to 10 servings, allow about 1 pound fresh Italian style pork sausages, 1¼ pounds teleme (or mild jack) e, about ¼ pound mozzarella cheese, enough bread to make 3 or 4 small wiches for each person (use the break- loaf shown, or slender restaurant- French bread loaf, presliced so it e pulled apart).

r sausages with water, bring to boil- and simmer 15 minutes. Drain and ot or cold.

teleme cheese thickly and spread a rimmed metal platter about 10 by ches. Shred mozzarella over teleme.

nge a small bed of coals on barbecue t the area of the cheese pan. Ignite, and when coals are hot, place grill 4 to 6 inches above them. Cook sausages over coals until lightly browned; push to a cool area. Set cheese directly over heat, and place bread (unwrapped) in a cooler area; cover barbecue with hood or drape loosely with foil. When cheese is melted, push the pan away from direct heat; slice a few sausages onto one end of pan.

Serving themselves, guests make small sandwiches, using for each a spoonful of hot cheese and a piece of sausage. Slice more meat as needed.

BARBCUED SALMON WITH BISCUITS

2½ to 3½-pound salmon fillet (half of a 5 to 7-lb. fish without head)
½ cup (¼ lb.) butter
¼ teaspoon grated lemon peel
2 tablespoons lemon juice
Salt and pepper
About 5 dozen baked biscuits, each 1 to 1½-inch diameter
Watercress or curly endive (chicory)

Place fish, skin side down, on a double thickness of foil; fold extending edges of foil under fish to conceal them (foil merely supports fish).

Melt butter in a small saucepan and add lemon peel and juice.

In the barbecue completely ignite just enough coals to cover an area as large as the salmon. Place fish on grill 5 to 6 inches directly above hot coals; brush fish with lemon butter. Set pan of butter and a pan with biscuits on a cool area of barbecue. Cover all with a hood or drape with foil. Cook fish just until it flakes easily in thickest portion and changes from a bright pink to a paler hue, about 15 minutes. Brush 3 or 4 times with lemon butter. Pull fish off direct heat to cooler area and sprinkle with salt and pepper.

To serve, each guest splits a biscuit, spoons on a little lemon butter, pulls off a piece of fish with a fork, and puts it into the biscuit with a watercress sprig. Makes 10 servings of about 6 filled biscuits each.—*R. L., Portola Valley, Calif.*

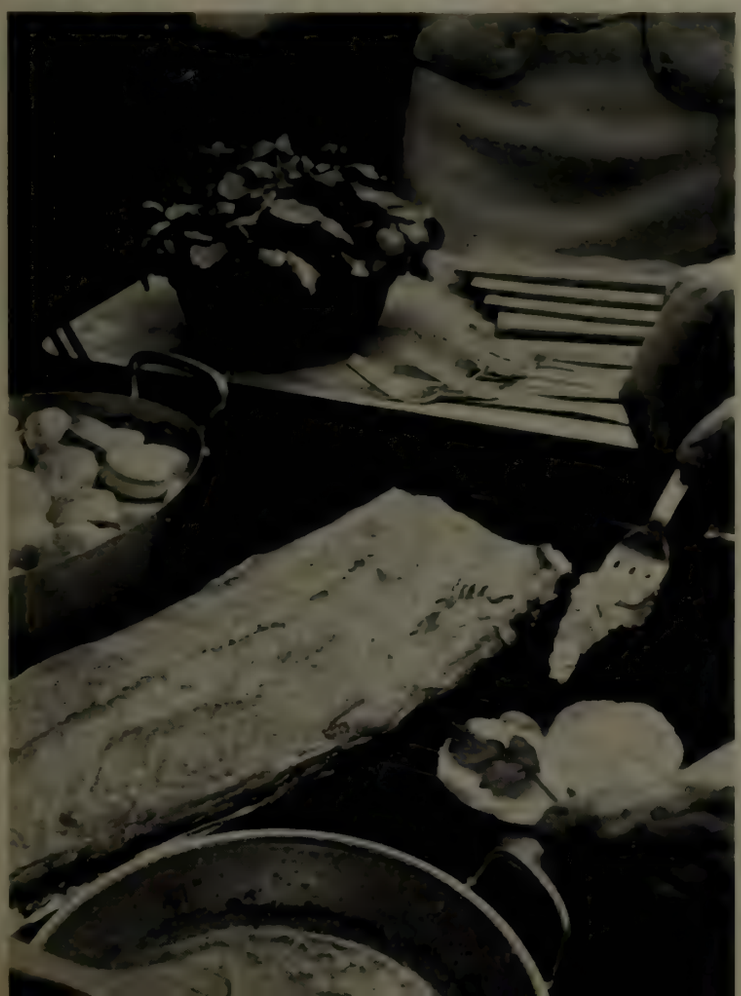
DARROW M. WATT

Hot clams pop open

Clam shells pop open on grill. Pluck out hot clam, dip in butter, eat

Hot salmon chunks . . . hot biscuits

Break off chunks of succulent salmon, enclose in warm biscuit



POP-OPEN BARBECUE CLAMS

Allow 6 to 8 clams for each serving; scrub in fresh water and arrange in a bowl.

Thoroughly ignite a bed of coals in a hibachi or a barbecue. Place next to it the clams, a quantity of paper napkins, and a small fork for each person.

Set grill 3 to 5 inches above coals. In a saucepan melt 1 tablespoon butter for *each* serving; push to a cool corner.

As each guest is ready, he sets a clam on the grill. After about 3 minutes, or when clam begins to open, turn it over and continue to cook until it pops wide open. Protecting fingers with a napkin, hold clam over butter pan to drain clam juices into butter. Then pluck out clam with fork, dip in butter, and eat. At the end, the clam butter makes delicious dunking for bits of bread.

Hang-ups look y

Late spring

The early show: These bloom heavily in May. Begonias, ivy geranium nearly year-round; pelargonium best in cool summers

Summer

When summer comes, these reach their peak. Lobelia, fuchsia, begonia are best in cooler areas, take a summer siesta when it's really hot

ght in the eye

Some plants just sprawl and scramble at ground level. But hang them high and you add a grand new color dimension to your garden

Flowering plants don't always display their flowers at convenient heights. Plants that lean, sprawl, or trail are the worst offenders, carrying their flowers so near the ground that you have to stoop or kneel to enjoy a close-range look.

One way to get a better look is to hang the flowers at or near eye level, just as you would hang a picture. For a summer of flower watching, you can buy a planted hanging basket now, or buy baskets, plants, and grow your own.

WHY USE HANGING BASKETS?

To flower lovers, the flowers alone are sufficient excuse. Plant collectors and hobbyists find that many of their favorite plants (begonias and fuchsias, to name two) put on their best show with the care they get in hanging baskets.

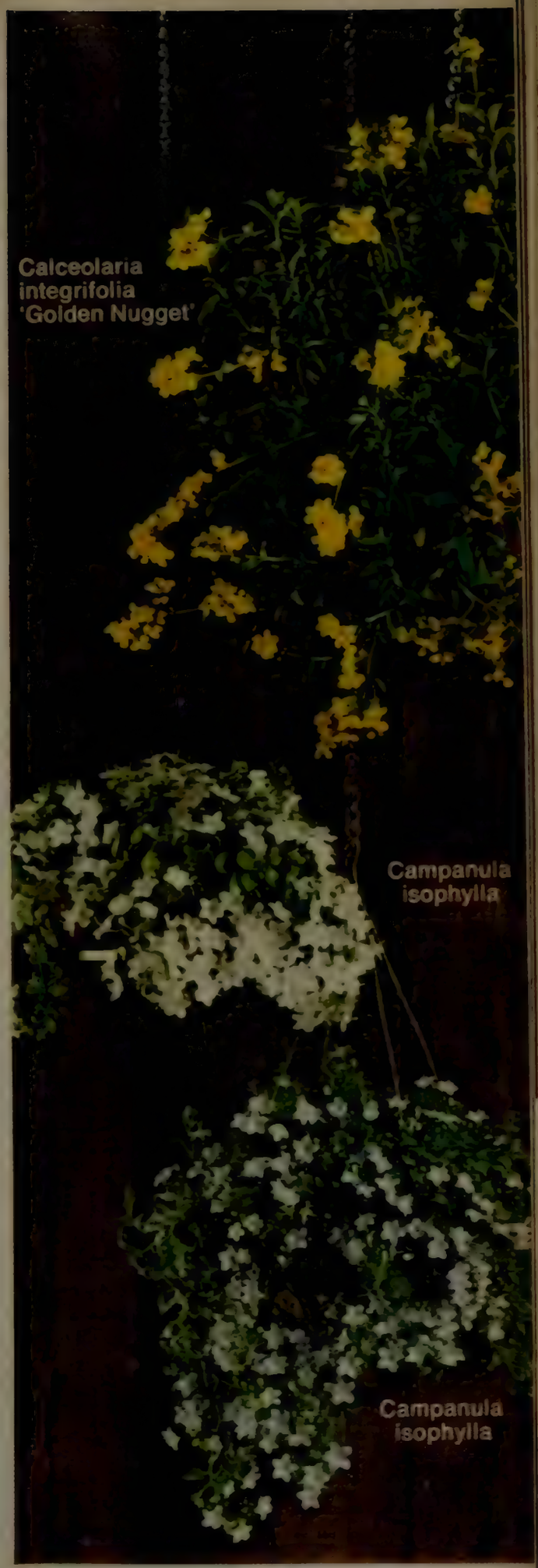
Even casual gardeners quickly learn that hanging basket plants grow best and bloom best where the gardener himself is most likely to be comfortable and relaxed—on porch or terrace, at the edge of a patio or pergola, or in the shade of a big, high-branching tree or a lathhouse.

Beauty isn't their only excuse for being; hanging plants can do a few practical jobs. They can perform some of the work that screens do, reducing light to a window or sitting area, lending a suggestion of privacy and separation to unfenced areas, or setting a visual barrier outside a floor-to-ceiling glass wall. They can also create the view in a window that might otherwise look out only on a fence or hedge.

WHAT IS A HANGING BASKET?

Let's admit at the outset that most gardeners use the term loosely. The name undoubtedly arose because early hanging plant containers were literally baskets—wire baskets. These are still available and still used (see next page). The name has spread to take in a variety of earthenware, plastic, and wooden containers.

Unglazed clay or terra cotta pots absorb and evaporate water quickly. Root aeration is good in them, and the soil tends to be warm—an advantage in cool climates. Where temperatures are hot, wooden containers, with their superior insulation, keep soil cooler and retard evaporation of water. Plastic hanging pots, light in weight and easily nested for storage, are becoming favorites with commercial growers. Use any kind of container



Early autumn

Two campanulas give consistent autumn bloom; the calceolaria flowers are a fall repeat of an even heavier flowering in late spring or early summer

you like; the important esthetic consideration is that the container shouldn't steal the spotlight from the plant.

WHAT THE PLANTS NEED

Not all hanging basket plants thrive on the same treatment, but most do. Of those on our chart of most widely grown basket plants (opposite page), most take the conditions described below. Exceptions are noted in the chart.

Rich soil. The flower-factory plants that bloom over a long season need ample food. This means rich soil and careful subsequent feeding. For healthy roots, keep soil mix loose and light for good aeration and easy root penetration. To hold moisture between waterings, use plenty of organic material. If you expect to grow only a small number of basket plants, you'd do well to buy sacks of planting mix at a nursery.

Ample water. Most basket plants need ample water. Put them near water outlets, and use devices that make watering easy—watering tubes to carry water aloft, and bubbler or breaker heads to put out water fast without washing away the soil mix.

Be sure to hang baskets in places where the drip won't injure plants underneath, or stain outdoor furniture. And, to prevent bumps on the forehead and intemperate language, hang baskets away from paths or walkways.

Good drainage. One nurseryman told us that for every gallon of water you put on a hanging basket, five quarts should run out of the drainage holes. This is a slight exaggeration, but well drained soil is essential, not only to permit air to reach roots but also to allow occasional heavy irrigation that will leach out damaging salts from low-quality water or from excessive feeding.

Ample feeding. Most hanging basket plants need to be fed from the time growth starts in the spring until buds show color. Plants that bloom over a long period will need feeding throughout the blooming season. Frequent light feedings are preferable to widely spaced heavy feedings. Frequent heavy waterings (see previous paragraph) will keep fertilizer salts from building up to a dangerous level.

Light. Light shade, partial shade, half shade—what do mean? Impressions vary, but if plants are healthy and blo ing well you've struck the right balance. Professional gro grow their basket plants under lath or plastic shade cloth, a lathhouse is an ideal place for home gardeners to use. O good locations are to be found under the branches of tall t at the eaves of east or north-facing porches or overhang in any areas that get morning or late afternoon sun and day shade.

The amount of sunlight that's desirable varies from pla place. In fog belts many plants thrive in all the sun you give them; these same plants, grown inland, might re careful shading. In the hot desert, they might not grow a

Shelter. Give some thought to protecting plants from f and freezes. Where winters are mildest, the same over structures that protect plants from the sun also protect from light frosts. Where frosts are more severe, protect te plants by moving under a solid porch roof or overhang, or a garage when frost is expected. Where winters are really you'll have to store plants in a cool greenhouse or a b window. Or you can root cuttings of tender plants and the small plants over winter indoors.

With annuals, of course, there's no problem; you merely over with new plants each year.

WHAT TO GROW

We talked with a number of landscape men and growers the best flowering plants for baskets. Nearly all agreed o most important half-dozen, and there was sufficient agree on second choices to justify a list of the most popular p You'll find it on the opposite page. The only often-ment plants missing are two that bloom in winter: evergreen a and a few varieties of *Camellia hiemalis* and *C. sasanq* you're adventuresome and want to try other plants not o list, your neighborhod nurseryman can advise you.

Hanging baskets like the places people like

Ten wire baskets *containing fuchsias and begonias hang from a patio roof in the gentle shade of fiberglass, lath, and wi*

ELLS

From elegant *Abutilon* to tender *busy Lizzie* to old shoe *nasturtium*... here are 17 choices

e plants	The flowers	When they bloom	Where they grow	Additional facts and opinions
tilon megapotamicum	Profusion of drooping yellow flowers with red calyces—like Chinese lanterns.	Summer to fall; nearly all year in mildest climates.	Part shade or sun. Can take light frosts.	Cut back arching sprays occasionally. Spray to control whitefly.
onia 'Richmondensis'	Drooping clusters of salmon pink from deeper-colored buds.	Spring to fall; nearly everblooming where winters are mild.	Part shade, but needs good light for heavy flowering.	Excellent foliage and plant habit. Cut back near soil level when new growth begins in spring.
onia semperflorens EDDING OR WAX EGONIA	White, pink, or red; single or double.	Late spring to fall, or nearly everblooming.	Part shade; needs ample light for bloom.	Double pink and double red best for baskets. Leaners, not trailers. Pinch to shape plants.
onia tuberhybrida UBEROUS EGONIA	White, pink, red, yellow, orange; bicolors and blends.	Summer and fall near coast; shorter season inland ends with onset of hot weather.	Part shade with good light. Inland, requires more shade, added humidity for success.	Be sure to buy trailing kind for hanging basket use. Keep mildew under control with fungicide.
operone guttata HRIMP PLANT	Shrimplike clusters of coppery or chartreuse bracts. True flowers white, inconspicuous.	Nearly all year, but suspends flowering in cold weather.	Bright light, but not hottest sun. 'Chartreuse' variety needs more shade. Takes light frost.	Cut back in late winter. Pinch and prune to establish form, make plants compact.
lceolaria integrifolia	Clusters of pouch-shaped, yellow to brown-red flowers.	Summer and fall; late spring in Southern California.	Bright light, but not hot sun. Can take considerable frost.	Bright yellow 'Golden Nugget' best known. Prune back in late winter.
mpanula isophylla TALIAN BELLFLOWER, TAR OF ETHLEHEM	Profusion of white or light blue, bell-shaped, starry-pointed flowers.	Late summer and fall.	Part shade with good light. Roots fairly hardy. Tops die back after flowering.	Blue one has gray, fuzzy leaves; white one has smooth, green leaves. Cut back tops after bloom.
licia amelloides (*Agathea coelestis*) LUE MARGUERITE	Blue, daisylike, with yellow centers.	Almost all year.	Sun or light shade. Can take moderate frost.	Needs sun to set buds; budded plants bloom well in shade. Needs grooming, shaping, cutting back in winter.
chsia hybrida FUCHSIA	Drooping, white, pink, red, orange, lavender, purple; bicolors common.	Summer and fall; nearly all year in mildest coastal gardens.	Partial shade with good light. Mature wood fairly hardy.	Hundreds of good trailing kinds, with new introductions every year. Responds quickly to feeding and shaping.
patiens walleriana BUSY LIZZIE	Flat, 1 to 2-inch flowers in white, pink, orange, red, lavender, violet.	Spring to fall in cooler climates; nearly all year in mildest areas.	Part shade with good light. Tender; usually grown as an annual.	Brilliant and dependable. Double forms (scarce) set no seed, won't scatter seedlings on ground underneath.
ntana montevidensis (*L. sellowiana*)	Clustered lilac-lavender flowers.	Spring to frost.	Sun. Takes moderate frost, average soil.	Needs sun and warmth to bloom. Prune back hard when plants get bare at base.
belia erinus	Profuse show of small blue or white flowers.	Summer and fall; longest bloom where summers are fairly cool.	Partial shade; full sun near coast. Grown as an annual.	Variety 'Sapphire' is best trailer; flowers deep blue with white eye.
tus berthelotii	Scarlet, beak-shaped flowers contrast nicely with gray foliage.	Summer.	Sun. Perennial, but tender to frost.	Needs heat and excellent drainage. Cut plants back when bare at base. Short bloom season.
largonium domesticum LADY WASHINGTON PELARGONIUM	Clustered flowers in white, pink, lavender, coral, red, often with contrasting blotch.	Spring and early summer; longest summer season where summers are cool.	Partial shade with good light; full sun in fog belt. Tender to sharp frosts.	Select weak-stemmed varieties that will lean or trail. Prune back in September or October, *not* spring.
largonium peltatum IVY GERANIUM	White, pink, lavender, red clusters; single or double.	All summer and fall.	Full sun; partial shade in hot summer areas. Tender to sharp frosts.	Natural trailers that take heat well. Bushier growth with pinching.
tunia hybrida PETUNIA	White, pink, lavender, blue, red, purple, creamy yellow, bicolored; single or double.	Spring, summer, fall. Winter, spring in desert.	Sun or light shade. Hardy; usually grown as annuals.	Among easiest and showiest of basket plants. Many excellent kinds available. Outstanding singles: Cascade strain.
ropaeolum majus NASTURTIUM	Creamy white and yellow to pink and red; single or double.	Spring, summer.	Sun or light shade. Grown as annuals.	Easy and colorful; rather short bloom season.

Let in the cooling air

Here are six pages of ideas on how to improve the ventilation of your house. Not surprisingly, two ideas out of three come from Hawaii where air circulation is an art

Windows *near ceiling let out trapped warm air, including smoking and cooking odors. They're most effective if a lower window on opposite wall is also open. Architect: Peter S. Sabin, for C. M. Wasson, Palo Alto, Calif.*

RICHARD FISH

Low openings *in doors on both sides of living room provide cross ventilation when doors are closed. Architect: Leonard Veitzer, for Dr. and Mrs. Milton H. Lincoff, Chula Vista, California*

JOHN OLDE

Panels *of marine plywood co flow of air into this Southern fornia beach house. Archit Schoell, Geritz, Paul & Al Inc., for Mr. and Mrs. L. W.*

problems attributed to airborne dust pollen, drafts, mildew, and stuffy s would diminish or disappear if you 365 days in an air-conditioned, air-ed house. But even then there would mes when you'd probably rather use natural outside air to ventilate and your house.

ou don't have air-conditioning (or , of course, you're solely dependent atural ventilating forces throughout ear.

do you get fresh air into the house through the rooms? An obvious an- is to provide numerous adjustable ings all around the house. This may dequate for houses well oriented to revailing breezes, with no deflecting bs, trees, or structures.

ever, simply opening windows seldom ides the balanced ventilation needed.

this in mind, we show on these six s a number of devices worth con- ing if ventilation in your own house all it might be.

TING AIR INTO AND OUGH THE HOUSE

side of the house facing the prevail- winds (windward side) is an area of relatively high pressure. The opposite (leeward side) is an area of low pressure, as are the ends of the house. Wind striking the windward side builds up against the house, flows around the sides and over the roof, leaving an area of relative calm on the leeward side. At some distance beyond the house, the wind regains its original velocity if not diverted by trees, hedges, fences, and other structures.

Opening a window or door on the windward side won't automatically bring air into the house unless you also open a window on the leeward side to provide an air escape. The more entrances and exits, the better.

However, if you want to feel air movement for maximum cooling, you're not as interested in volume of air exchanged as in its speed. To keep air velocity high, reduce the size of the windward inlets, but maintain wide-open outlets. This produces a Venturi action—keeping air speed at its maximum. By experimentation you can arrive at the window positions that give the greatest cooling effect.

The position of the inlet openings also has an effect on ventilation. A high inlet can channel air away from the main living area. An inlet lower down in the wall directs it through the living area, and a very low inlet directs the air across the floor.

Air moves fastest where it flows in a straight line. But houses have partitions, furniture, corners, and angles that interrupt and slow down the flow. In most buildings in temperate climates, this isn't a critical factor, but it helps explain why some rooms are stuffier than others. Such areas might require special treatment.

LANDSCAPING CAN BE A FACTOR

The wind pattern around a new house on a bare lot will probably change a good deal in a few years as shrubs and trees grow and you put in screens and fences that create high and low pressures of their own. The devices you use to block the wind to protect an outdoor sitting area may be the very ones that alter the normal flow of air through the house.

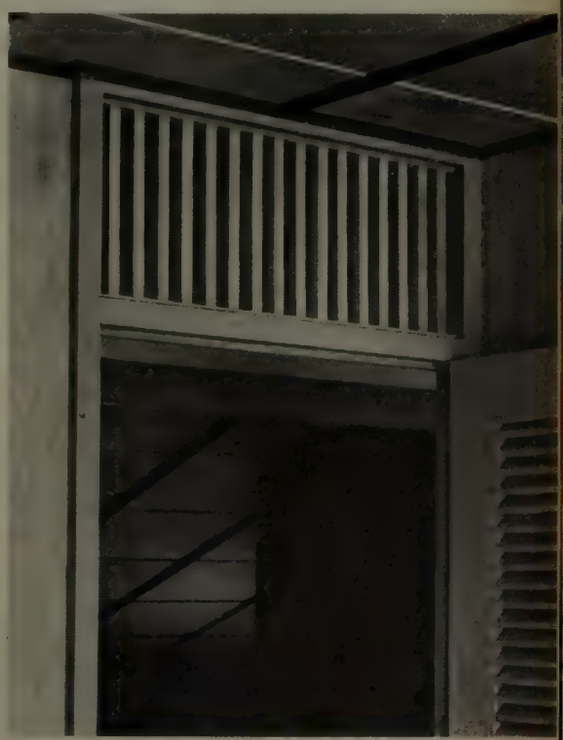
In fact, sometimes the result of such building or plantings can be to reverse completely the direction of air flow: Air moves into the house through the lee side and out the windward openings.

Turn the page for more ideas on improving house ventilation.

DON NORMARK

rrow windward-facing open- s (baffled outside) direct air ough the living room, out er side. Architect: Edward ar, for Mrs. G. Taylor, Seattle

Screening *of tiny metal louvers, as used in some interior doors and closet door in this Hawaii house, doesn't block air. Although view through screening isn't clear, such doors are not for use where you want absolute privacy. Architect: Alfred Preis*



Wood grille *of 1 by 1's above louvered bedroom door improves air movement across ceiling. Hinged wood transom could also be used. Designer: L. Harold Whitaker, for Mr. and Mrs. Peter Balding, Honolulu*

RICHARD DAWSON

Adjustable *jalousies—one in the window and one below—here control air flow through a bedroom. Low one is needed when shoji are closed for privacy. Architects were Vladimir Ossipoff & Assoc., for Mrs. L. A. R. Gaspar, Honolulu*

When closed *(left) these wood jalousies complement rest of the woo eled wall; when open (right) they admit air, also provide outloo valley view. Architect was Richard Dennis, for Lucille Goderre*

JALOUSIES AT WORK:

Wood slats blend with the walls

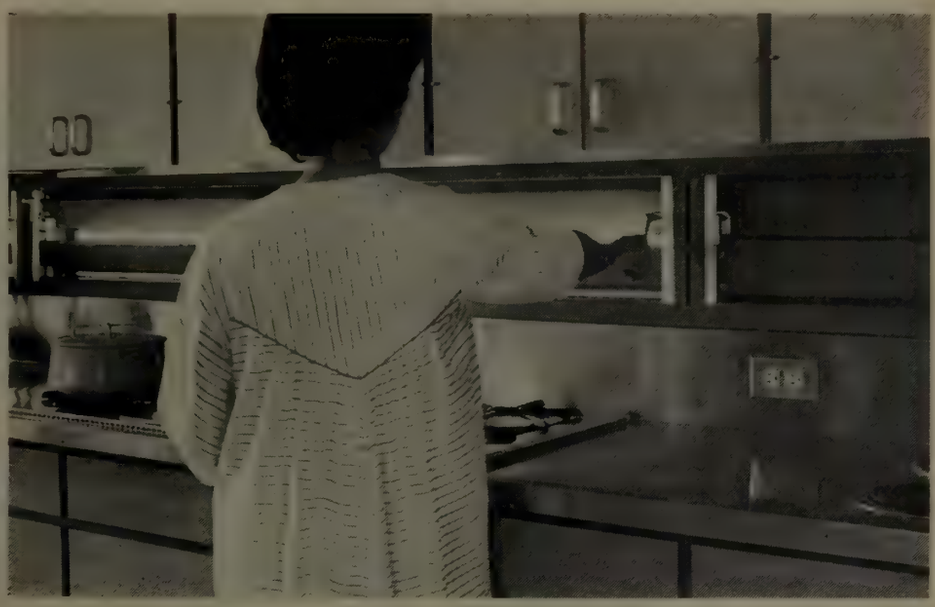
R. WENKAM

jalousies on opposite sides of kitchen-family room keep air movement above living level. For additional ventilation through re room area, sliding glass doors (right) are opened. Architects were Johnson & Perkins, for Dr. and Mrs. Pershing Lo, Honolulu

MORE JALOUSIES: High air flow . . . heat escape

usies *of patterned glass between ad-ing bathrooms improve the air circu-on through both. Architect: Henry Hill*

ROGER STURTEVANT



Cooktop heat *escapes through wood jalousies above counter, supplementing exhaust under cabinets. Architect: Edward Sullam, for the Peter Songs, Honolulu*

Air flows *in through panels of perforated hardboard at floor level (house is raised off ground) on windward side, through living room, out window on opposite side. Mats are placed over hardboard to control intake. Architect was Richard N. Dennis, for Dr. and Mrs. Ernst S. Reese, Kaneohe, Hawaii*

SILL VENT: Co

Hawaiians learn about the coolin of the trade winds at an early visitors need only a day or two how essential breezes are to phys fort. Architects design houses the best use of the trade winds, result Hawaii has become an testing ground for devices to imp ural ventilation. Many can be for use in mainland situations a

In Hawaii the house isn't alway the full onslaught of the trades, regulated to work with them. O most effective devices we've en is the sill vent, explained in th graphs and diagrams at left an

The sill vent is a way to get a p amount of air into rooms on the side of the house. It has other ad With air vents placed horizonta sill, there are no jalousies or interfere with a clear view thr window. Rain can't blow in easil can get air movement during weather. And most vents are to to admit an intruder, so you ventilation even when you're not

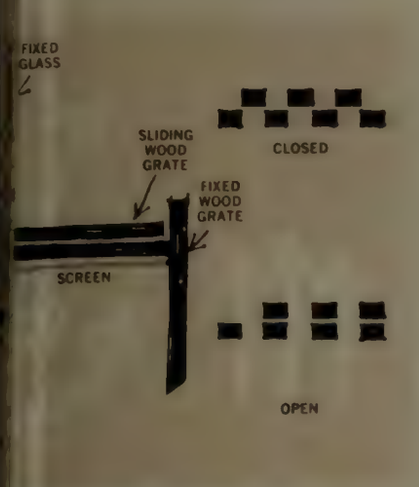
Some minor drawbacks to the may or may not be of any conse your particular location. On sites the inside surface of win acquire a salt film. On windy d eries over the vents may blow bit. Also, to avoid impairing th you'll have to keep screening cl

ROOF VENT: Cool air comes in through the ceiling

ROBERT WENKAM

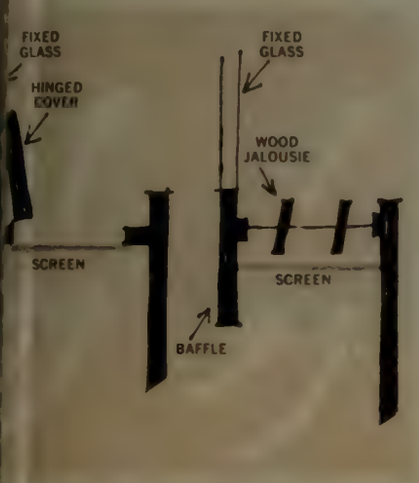
Cross ventilation *for den - guest room was provided by design treatment shown here. Trade winds deflected off sloping window of bathroom enter screened vent above, flow through false ceiling over bath, then down into room. Designer: Walter Lee, for Col. and Mrs. Hilbert Bair, Honolulu*

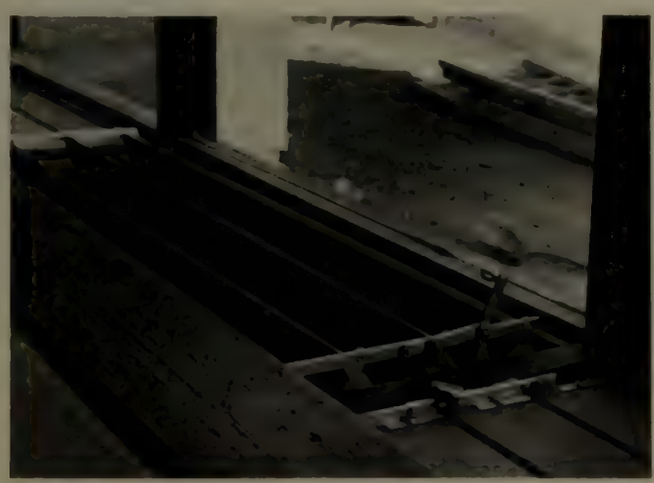
nes in through vents built in at floor level



RICHARD DAWSON

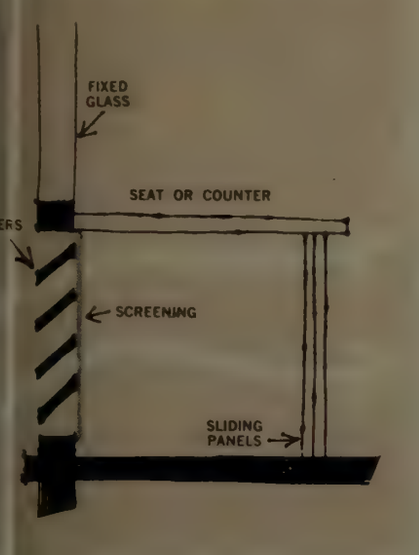
wood grate *controls flow of air through a sill vent. Architect was Gordon M. Potter, Honolulu*

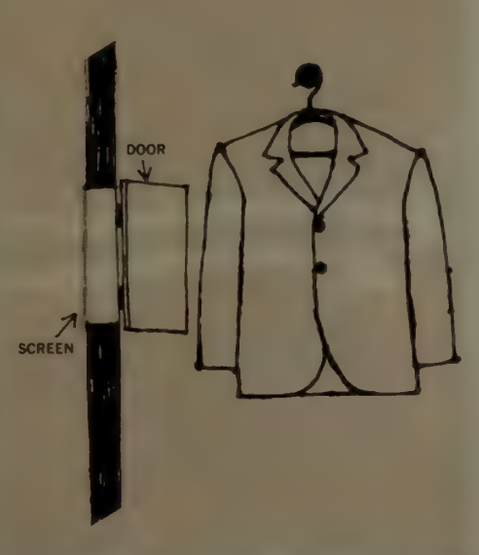


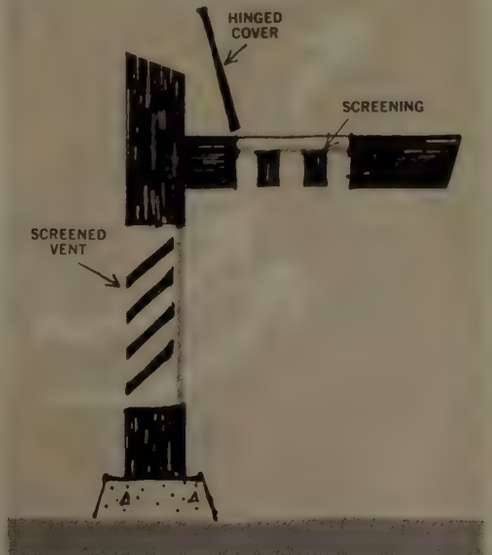


control devices. *One using wood jalousies was designed by L. Harold Whitaker and Lewis Ingles*

REMODEL IDEAS: Under counters . . . through closets







dow seat *or almost any under-window ter could be converted to air venti- r. Sliding doors would regulate air flow*

Closets *on outside walls can be ventilated by cutting door in the siding, installing screening, perhaps adding glass jalousie*

Ventilation *for a cabin or storage room where security is a problem or where there are no windows. Note the hinged cover*

What to do about roadside mess?

Let children clean up after parents

Volunteer crew *in roadside clean-up effort fills gunny*

The annual Roadside Clean-up Day (this year, May 10) on Bainbridge Island is actually a kind of community festival. All sorts of people pitch in, everybody has a good time, and a lot gets accomplished.

Bainbridge Island is only 45 minutes by fast auto ferry from downtown Seattle. But what a different place it is! Roads are narrow and traffic mostly light. Alongside the road are forests, berry patches, pastureland, beaches.

Both commuters and all-day residents have been concerned about the debris along Bainbridge roadsides, some obviously

DON NOR

Young ladies *parade to the starting point, Commodore Bainbridge High School grounds, to volunteer their services on Clean-Up*

h cans and bottles. Vintage pickup is one of 10 trucks hauling trash to island dump

local origin, some left behind by summer visitors who come use the beaches.

adside Clean-Up Day is now the answer.

e island's weekly newspaper, *Bainbridge Review*, announces ean-Up Day several weeks in advance, so people can make ns and island youngsters can reserve the day. Merchants d trucks to cart off trash. They and the sponsoring Chamber Commerce together pick up the tab for free hamburgers d cokes.

st year the turnout for Clean-Up Day included Boy Scouts, rl Scouts, Campfire Girls, and members of the high school's p Club. They gathered enough trash along some 10 miles island road to keep 10 trucks busy all day.

e Bainbridge method, one Saturday once a year, in the ing, has interested many other communities. The ingredi- ts are few, but all are necessary: a sponsor, much local ad- nce publicity, cooperation from Scouts and similar organized ups, the loan of trucks, the gift of soft drinks and lunch.

A community action report from Bainbridge Island, Washington

When you're combing *through tall grass at the side of the road, looking for trash, two pairs of eyes do a better job than one*

Here's adventure for cook and gardener . . . growing your own Oriental vegetables

The uncommon vegetables pictured on these pages are easy to grow and surprisingly simple to prepare.

Some of them—Chinese cabbage, daikon, and edible pod peas—may already be familiar to you. They are frequently sold in supermarkets. Others, such as Chinese okra or yard-long beans, are rarely encountered outside shops and restaurants specializing in Oriental foods.

It's easy to grow all of them in your own garden: you plant them just as you would familiar varieties of the same vegetables. They are also available in Oriental grocery stores most of the year.

In addition to classic uses in Oriental dishes, we have found they adapt deliciously to Western vegetable cookery.

You can obtain seeds from several sources. If you live in or near one of the many Western cities with a large Chinese or Japanese population, you should have no trouble finding stores that stock Oriental vegetable seeds. Several major seed companies sell seeds of Chinese cabbage and edible pod peas on racks at retail stores and list them in mail-order catalogs.

The W. Atlee Burpee Co. recently introduced eight varieties of Oriental vegetable seeds, including the yard-long beans and Chinese cabbage mentioned here. Dealers that don't stock these can order them for you, or you can order directly from Burpee, Riverside, Calif. 92502. Seeds cost 50 cents a packet. (Orders of $5 or more are shipped postpaid; on smaller orders, add 50 cents for postage and handling. California residents must add 5 per cent sales tax.)

Chinese okra *resembles zucchini more than it does standard version of okra*

IN THE GARDEN

These Oriental vegetables have the same general cultural requirements as most other vegetables: loose, fertile, well drained soil, and lots of water. Some of these are cool season crops, and are best planted in late summer or early fall.

The two garden photographs on these pages were taken at the home of May Shew Kwong of Sacramento. Mrs. Kwong grows both warm and cool season vegetables in great abundance. She also contributed some of the recipes reported here.

Chinese or celery cabbage has crinkled, whitish green leaves. Broad ribbed, they form slender heads about 12 inches long.

Chinese cabbage is a cool season crop. Sow seeds about three months before the first expected frost. If you sow too early the plants will bolt during hot we Even September sowings are ofte cessful. Thin young plants to abo inches apart.

Chinese mustard greens are a me green, large-leafed vegetable with a slightly curved stalk. Leaves have a pled surface with slightly scalloped

Sow seeds at intervals up to the weather gets hot. For late fall use, in August. Sow in rows 12 to 18 apart and thin plants to 6 inches.

Chinese okra is larger than the fa variety; it has a rough, inedible out with a deeply fluted surface. This table grows 12 to 14 inches long, ta at one end.

Plant now. Thin seedlings to 15 apart. Train the vines up a trellis or support. Water regularly and apply

DARROW M. WATT

tic appearance *of these Oriental vegetables sparks talk in the garden and at the table. Surprisingly easy to grow and prepare*

rcial fertilizer at least once during the sun.

ible pod peas are also known as sugar, inese, or snow peas. Medium green l quite flat, they have the tenderness green beans and the flavor of fresh en peas. Vines grow to 4½ feet tall, t you can also get seeds of a dwarf iety that reaches only 2½ feet.

cool summer areas you can still plant r. In other regions, plant in early fall. in seedlings to 2 inches apart.

ikon (Oriental radish) produces white ts that are usually picked when 3 to nches in diameter. Some are long and le-shaped but the most common are nd or oblong.

mild summer areas daikon can be nted in spring. In other regions, plant late summer or early fall. Give plants plenty of room by thinning out seedlings to 8 inches apart.

Yard-long beans or Chinese long beans are usually picked when 12 to 18 inches long. Small in diameter, the bright green beans are less fleshy than their American counterparts.

Sow seeds now. Thin out young plants to 6 to 8 inches apart. Make successive plantings at intervals of about two weeks.

IN THE KITCHEN

Chinese or celery cabbage is particularly good when torn for green salad or shredded for cole slaw.

Chinese mustard greens are milder in flavor than their Western counterpart. Use as you would regular mustard greens, remembering that quick cooking best develops the delicate pungent flavor.

Pungent Chicken Soup. Wash ½ bunch (about 8 oz.) Chinese mustard greens; remove leaves from stalks and tear into small pieces. Heat 2 cans (10½ oz. *each*) condensed chicken and rice soup and 2 soup cans of water to boiling in a large saucepan. Add 1 slice fresh ginger root and mustard greens; simmer 1 minute. Remove from heat, discard ginger root, and serve. Makes 6 servings.

Chinese okra has a thick wall of firm flesh and cooks quickly. In size, flavor, and texture, it is more like zucchini squash than standard okra.

Golden Crusty Chinese Okra. Carefully peel 2 large Chinese okra with a vegetable peeler. Slice each into ¼-inch pieces. Dip okra slices first into ⅓ cup flour, and shake off excess. Then dip into a mixture of 2 eggs beaten with ¼ cup milk; drain

briefly. Dip into ¾ cup fine dry bread crumbs, coating thoroughly; shake off excess. In a frying pan over medium heat, melt 2 tablespoons butter and fry half the okra until golden brown, turning once (3 to 5 minutes). Repeat with an additional 2 tablespoons butter and remaining okra. Drain on paper towels, arrange in serving dish, and sprinkle with 2 tablespoons grated Parmesan cheese. Makes 4 to 6 servings.

Edible pod peas lack the familiar, fibrous inner lining of sweet peas. As the name implies, they are cooked and eaten whole. Cook quickly to preserve the fresh taste.

Skillet Snow Peas with Celery. Assemble the following ingredients before cooking: ½ cup sliced green onion tops; 4 stalks celery, diagonally sliced; 1 pound edible pod peas, ends and strings removed; and a mixture of 1 tablespoon cornstarch stirred with ½ cup water, 1 tablespoon soy sauce, ½ teaspoon salt, and 1 teaspoon sugar.

In a large frying pan, heat 2 tablespoons salad oil over high heat. Add onion, celery, and peas; stir and fry 2 minutes. Add water-seasoning mixture, reduce heat, and cook, stirring, until peas are barely tender, about 4 minutes more. Serve immediately. Makes 4 to 6 servings.

Daikon has a milder flavor than Western radishes—a quality well enjoyed by serving it raw or barely cooked. For easy appetizers, peel and thinly slice daikon. Pass with a dip of 2 parts fresh lime juice and 1 part soy sauce; or spread the thin daikon slices with softened cream cheese and sprinkle with toasted sesame seed or caraway seed.

Daikon Tomato Appetizers. Wash 1 basket (1 lb.) cherry tomatoes; slice off tops and scoop out centers; discard. Shred daikon to yield 1⅓ cups; put in a strainer and press well with the back of a spoon to squeeze out juices. Combine shredded daikon in a bowl with 1 tablespoon chopped or minced chives, 1 tablespoon sour cream, and ½ teaspoon salt. Stuff each tomato carefully with about 1 teaspoon of the daikon mixture; grind black pepper over tops. Makes 24 appetizers.

Yard-long beans (Chinese long beans) have a fresh green flavor and tender texture. Use as you would green beans but shorten the cooking time.

Beans in Browned Butter. Break off ends of ½ pound Chinese long beans; wash thoroughly and cut into 2-inch lengths. Drop beans in boiling salted water and boil for 4 minutes or until just tender; drain. In a saucepan, heat ¼ cup (⅛ lb.) butter until deep golden brown. Pour browned butter over beans, mix, and serve immediately. Makes 3 servings.

Novel and flavorful, *yard-long beans blend the best qualities of peas and snap*

All bean and a yard long (actually they are 12 to 18 inches)

Chinese broccoli, not often grown in home gardens but available in Oriental markets, has light green thin stalks, more leaves, and fewer flowers than regular broccoli. Prepare as usual but include leaves and reduce cooking time.

Ginger Garlic Chinese Broccoli. Wash ½ lb. Chinese broccoli; cut stems and into 1-inch lengths. Remove lar tough leaves. In a frying pan with fitting lid, heat 1 tablespoon salad high heat. Add broccoli and 1 clove cut in half. Stir constantly over h 2 minutes; reduce heat if broccoli to brown. Then add ⅓ cup water spoon sugar, ¼ teaspoon salt, and fresh ginger root. Cover, reduce he cook until just tender, about 5 m Remove garlic and ginger, and Makes 4 servings.

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Architect J. Carson Bowler's home Bodega Bay, Calif.

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The Changing Western Home

PETE REDPATH

A raised bathtub

Illustrated above is an inexpensive but very practical detail that architect Don Blair has incorporated in the new Rinconada Hills townhouse development at Los Gatos, California. Each bathtub has simply been raised 3½ inches above the floor on a base of wood 2 by 4's. This allows linoleum flooring to be coved up to the tub (as in the toe space under many kitchen cabinets) and thus eliminates any unsightly joint between tub and linoleum at floor level, where water and dirt so often collect.

Steel drainage pans

In the laundry rooms of these same townhouses, the washers and water heaters are set in galvanized steel pans that have drain piping to carry away water. If a washer should clog and overflow, or a water heater leak or burst, its pan will collect and drain away the water without any flooding of the floors of the house.

Non-static carpeting

Strands of stainless steel, finer human hair and softer than silk, are being woven into some carpeting to inate the annoying static elect charge that builds up when you across a carpeted floor. Only a minu visible amount of the metal fil needed; it grounds any static char a conductive coating on the undersi the carpeting, where the charge dissi

Since static electricity attracts and dust, the grounded carpeting is also to keep clean.

Incandescent fluorescent

Fluorescent light tubes coated with cial new phosphor are now available give warm lighting very similar to of incandescent light bulbs. They co standard light-tube sizes and can be in any standard fluorescent light fi They are particularly good for ki and bathrooms, where the usual fl cent lighting tends to give odd color to foods and faces.

Circular stairways in kit

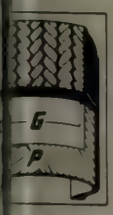
A circular metal stairway makes a tractive, compact way to connec floor or level with another in your or vacation cabin. But many cir metal stairways are complicated in ture and installation, and therefor pensive.

A new version, available through lumberyards, is factory-built to fit requirements, and comes in a kit wit finished steps, rails, column, and pla that can be brought into the hou pieces and bolted together in place available in three different types: against a flat wall, an inside corner, outside corner. It comes in four dia sizes (3½ to 5 feet), and has either oak or composition-board treads an per platform. The cost ranges from to $750 complete.

If you do not find this circular stai kit for sale locally, write to Building tor, *Sunset Magazine*, Menlo Park, 94025, for the name and address o manufacturer.

Be sure to check your community's b ing code before ordering any cir stairway. The codes vary conside throughout the West as to the type c cular stairway that can be installed house, and the size of treads required

ouble the mileage of most new car tires



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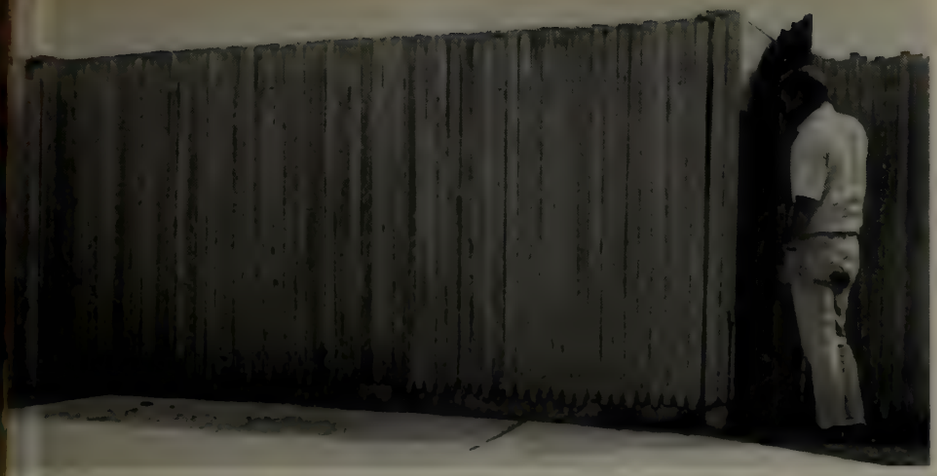
FRANK JENSEN



l up, *boat garage looks like the fence; side door gives access to workbench*

on trailer *fits neatly into enclosure. Workbench, tool storage along right side*

this setup *you can make ready the night before, then roll out trailer, hitch to car*

A disappearing boat garage

deterrent to owning a boat and keep-it at home is finding a suitable place ore it between outings. In many com-ities parking it alongside the drive-or in the side yard is not permitted; rdinance, the boat and its trailer must not be visible from the street.

Vern C. Hardman, Jr., of Salt Lake City worked out a solution that does more than hide his boat and trailer. It's really a boat garage where the craft and all the boating and water-skiing equipment is protected from the weather and safely locked up.

As you can see from the photographs, the structure doesn't protrude above the level of the surrounding neighborhood fence lines. Inside, there's a workbench and electrical outlets for lighting and power equipment.

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When the baby becomes a boy the cabinet just comes apart

This cabinet is designed for a baby's needs —and also for later on. Mrs. Leroy Law of Cupertino, California, tried to buy a good changing and clothes storage cabinet for her second baby but could find nothing similar to what she had in mind. So she designed this unusual cabinet and her husband built it for her.

It provides a big counter for changing the baby at a comfortable height; and it has generous storage space below for the baby's clothes and toys.

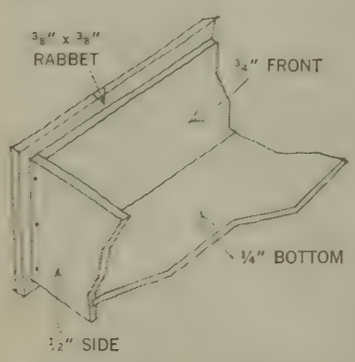
When the child is old enough, the cabinet can be taken apart to become two play desks, and the two large lower drawers stack together to become a chest of drawers. Or half of the cabinet can be used sooner as a smaller changing counter, and the other half used by an older child as a play desk and storage chest.

Its construction is quite simple straightforward. All four sections made of ¾-inch plywood, with ¼- plywood backs rabbeted into the s Drawers are sturdily built, as shown, standard kitchen-drawer type of const tion. All assembly was with nails white glue. The four sections were ished with non-toxic enamels.

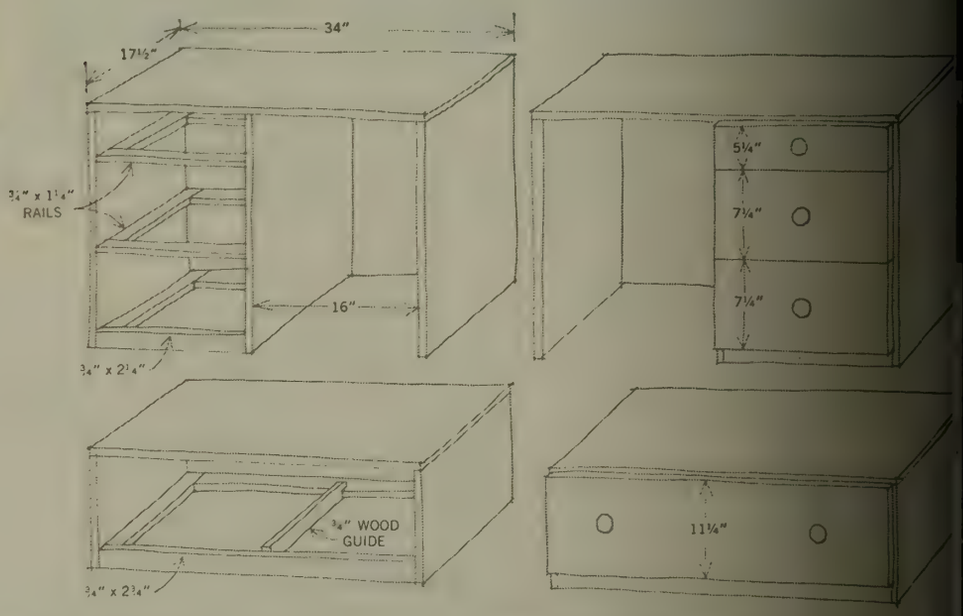
Cost of the entire cabinet was $40.

It's a four-piece *changing counter with plenty of storage space at sides and b*

Later on, *you just lift off the top sections to have play desks for two youngsters*



Rabbet *all four sides of drawer fronts to have 3/8-inch overlap on chest framing*



The four sections *are built separately, simply nest together to form the cab*

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To remove moss from paving

Now that the rainy season is over may find some areas of your patio garden walkways coated thinly w moss that came quite uninvited. It now be drying up and leaving unsi stains. In damp, shaded areas it ma growing more vigorously than ever time of year.

These undesirable thin flat mosses, accompanied by algae, are fond of less, damp locations. They love po brick and patio tile paving and also on damp concrete and wood. They're only unattractive but they make the faces slippery.

You can remove these mosses from patio and garden paving in several w

BRUSHING AND BROOMING

If you expect the paving will be dry now on until next winter, you can si scrub moss and algae away with a bristled hand brush or push broom, any laundry detergent in a pail of water. Be generous with the deterge about twice what you normally Scrubbing with it will clean the sur and the detergent will inhibit, to degree, the growth of more moss.

TREATING WITH CHEMICALS

If the mossy paving stays shaded damp most of the year, you should t it with stronger, sterilizing chemicals. is an old and well tried answer. You use rock salt, granular salt, or one o commercial sodium mixtures availab garden supply stores.

Spread the dry salt over damp pavin mix it with water in a sprinkling Don't use salt where it can reach c vegetation and kill it. Your salt solu may leave a white residue but this washes or blows off.

Ammonium sulfamate, available u various brand names, can be sprayed the paving in a mixture with water. D use it where it might touch other veg tion. One application is usually eno but you might treat the paving again before the rainy season begins.

Copper sulfate, also called bluestone blue vitriol, will get rid of moss wi minimum chance of harming grass or den plants nearby. You can buy it at stores and some nurseries as a powde as crystals. The powder dissolves e in water: Mix one pound in 20 gal of water and spray or pour it over mossy area. Copper sulfate may seem be staining your paving, but the col easily hosed off.

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Set shown: The Raeburn, Model A3720, 16" diag. picture. In grained American Walnut color or grained Pecan color.

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The quality goes in before the name goes on

RICHARD FISH

T-shaped overhead *has lattice of 1 by 2's that hides supporting members above; it runs east and west for some shade all day. Owners: Mr. and Mrs. E. J. Strickler, Fullerton, Calif. Landscape architects: Jones & Peterson*

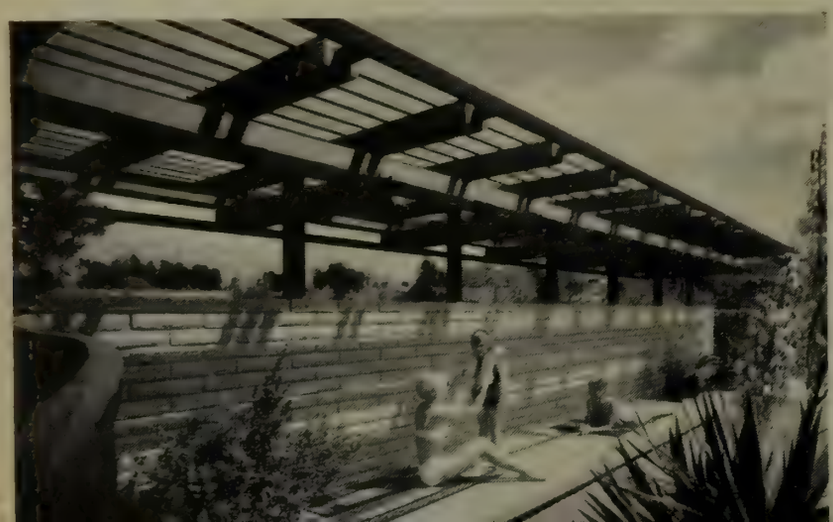
Each provides shade . . . and something besides

Instant shade is probably the main reason for putting up a trellis or pergola, but these garden structures have other uses as well.

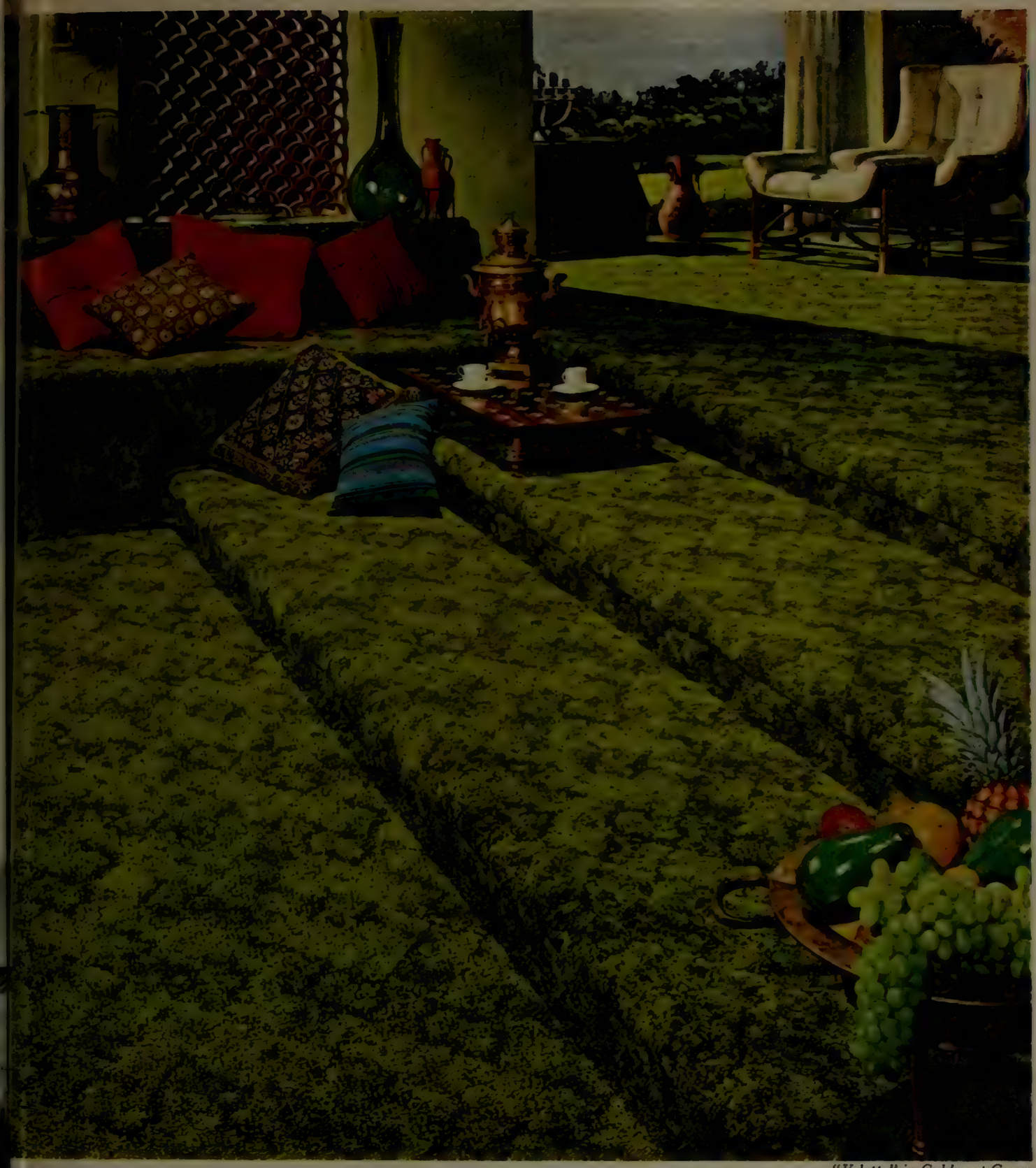
The one shown above not only shades the pool deck but also helps screen the sitting area from a higher neighboring house. The one below serves more as a garden divider than a shade trellis while helping to hide a view of rooftops. The one at the right shades window walls and at the same time provides a more equable environment for a ground cover of small-leafed ivy planted along the side of the house.

All three were designed to give the desired overhead coverage with a minimum of obstruction from vertical supports.

Overhead hangs *from posts; rods from beams to prevent sway. Owner: Fred Gottlieb, Sherman Calif. Landscape architects were Armstrong & Sha*



Trellis *and slump block wall divide pool area fr rest of garden, shield sunning pad. Owners: the J Abrahams, Anaheim, Calif. Design: Jones & Pete*



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HERITAG

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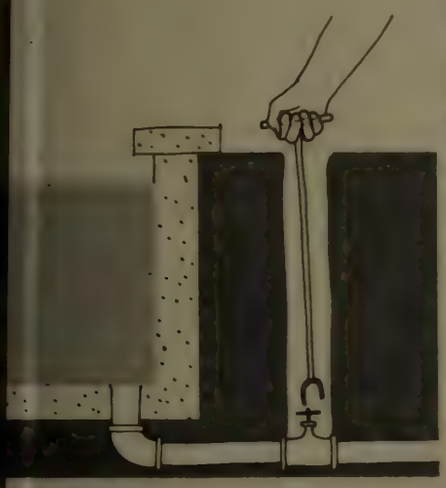
How to drain a garden pool

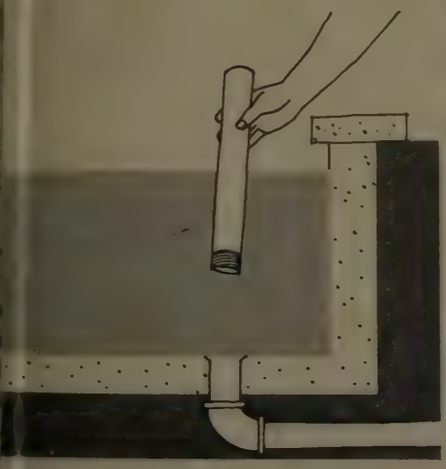
g is the time to clean your garden thoroughly so it can more easily be sparkling throughout the coming n weather. And it's the time to make necessary repairs to the pool's shell umbing.

er usually means emptying the pool pletely. Because a great many garden s are not equipped for draining, we here a variety of ways you can ty yours quite easily.

our pool has plumbing similar to one he two examples shown below, no a equipment is needed—you just turn valve or detach the standpipe. On r pools you can use one of the pump- or siphoning methods shown on the pages. They are somewhat slower,



arden pool *with drain piping and valve asy to empty. Screen its inlet to pre- t leaves and debris from clogging*



tandpipe, *which takes care of rainwater erflow, usually also unscrews or twists t to allow you to empty the pool*

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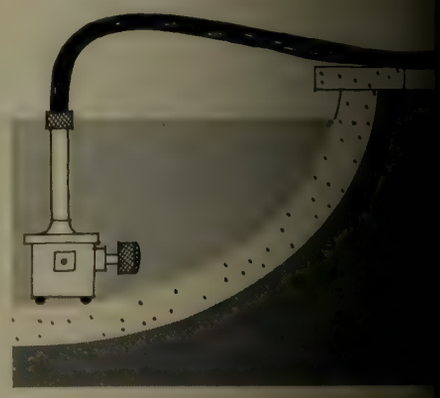
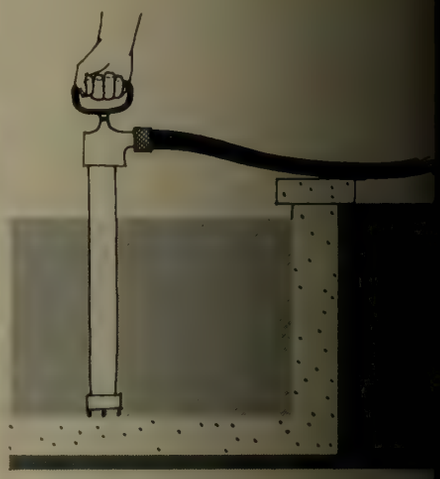
but they discharge through hoses thus you can use the discharge wate plantings.

During the winter, most garden pools lect leaves and other debris that quickly clog a drain pipe or hose, s a good idea to screen the inlet to the pipe or hose. A piece of fly screen w well, crumpled in a ball about the si your fist and pushed over the inle use a plastic kitchen scouring



On the piping *for a fountain or wat pump, a fitting can usually be attach some way to empty pool through a*



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wrapped around or pushed into the
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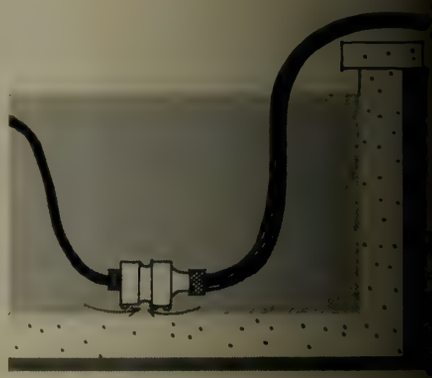
old pool water, and keep them in
container in a cool spot for two or
days after refilling the pool to let
new water "age." Then lower their
tainer into the pool almost to its ri
the water temperatures can slowly e
ize; after about 2 hours submerge the
tainer to let the fish swim out.

Draining and cleaning your pool red
the natural food supply available to
fish, so slightly increase their feedin
prepared foods for two weeks afterw

On a hillside, *one or more hoses us*
siphons work well. Prime hoses by
with water from a faucet at the lowe



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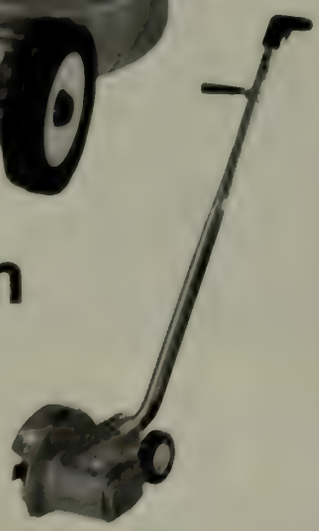

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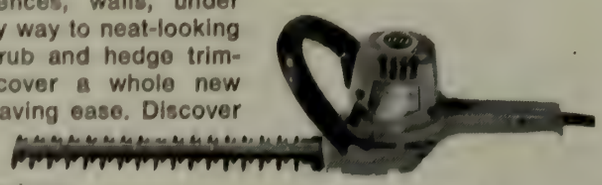

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It stores *against the walls and in unobtrusively with the house*

Outdoor buffe rolls away

Like a large piece of built-in fur this ingenious buffet wraps arou outside corner of the house and be part of the architecture.

The owners, Mr. and Mrs. R. M Jackson, El Cajon, California, de it, using the same grooved, rough siding as the exterior walls of the The countertop is laminated plasti grayed olive to blend with the st the siding.

For daily use, the buffet—held a the wall with simple hook-eye fas —serves the purpose of any counte

When the Jacksons entertain, ho it rolls away from the wall on large l duty rubber casters to serve as a buffet counter. The inside is divide two long shelves used primarily f storage of soft drinks, utensils, a cessories needed for entertaining.

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ERNEST BRAUN

Combination *cove-and-soffit lighting provides overall light reflected down from the ceiling and direct light along the counters. Architect: Henrik Bull, for Robert L. Sims, Woodside, Calif.*

EDMUND Y. LEE

Louvered eyeball *ceiling lights adjust to illuminate work surfaces, shelves in Donald Frank house, Portland. Designer: Halsey Jones*

General lighting *source is a plastic ceiling panel (5 by 6 set under 2 by 4-foot skylight. Between skylight and 12 bulbs provide evening light. Designer: Sally E.*

Kitchen lighting is critical. Here are answers

Since the kitchen is the main work room in the house, its lighting is probably more important than that of any other room.

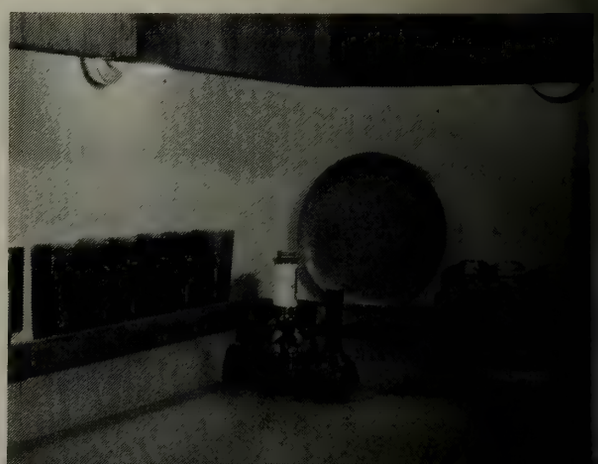
Ideally, you have two types of light source in the kitchen. One provides overall glare-free, shadow-free light on floor areas and traffic paths (it also makes cleaning the kitchen easier). The other is supplemental lighting directed at specific work areas: on counters where you cut and prepare foods, over the cooktop where you work with hot foods, and over the sink where you wash dishes.

Since kitchen counters, appliances, and equipment are usually shiny and reflective, diffusing the light is advisable. Devices to accomplish this may be frosted glass or translucent plastic panels, or baffles or louvers like those inside the eyeball fixtures shown in the photograph at top right.

Incandescent lights and incandescent-toned fluorescent tubes provide the truest rendition of food colors, and can be mixed in the same room without patchy lighting effects.

On this page, we show the lighting in four different kitchens.

Inexpensive, *simple to maintain, light bulbs in stan ceramic fixtures are mounted underneath upper nets. Architect-owner: Carl E. Book, Mill Valley,*



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Solar heating for swimming pools

e sun's heat is free. And it pours many es more energy over your house and l daily than is provided by the elec- ity or gas that you pay for.

fascinating to consider the potential s of this free energy. It would be a fect answer for heating your house— ust a portion of it could be gathered l stored efficiently.

t though there are about 300,000 nes in Japan today using roof-top solar ters to make hot water, and some ar heating experiments are under way Israel and Arizona, the breakthrough s not yet been made on solar heating our homes. The problem essentially is t house heat is needed most on wintry s and at night, just when the sun's rmth is diminished or absent.

s a different matter with your swim- ng pool. It is used in the seasons when sun's energy is most available. And t large volume of water is a quite ef- ent reservoir for storing collected solar rgy overnight. It can even gather some t from the sun on a cloudy summer . You only need to raise the water's perature to about 75° or 80°. So using ar energy to heat a pool can be very ctical—and taking advantage of this e heat can result in savings in gas or ctric bills.

e simple way is to cover your pool enever it is not in use. Any plastic ver resting on top of the water, trans- lucent or opaque, will trap the sun's heat to some extent, and will also reduce dissipation of heat from wind and lower night temperatures. There are disadvantages, though: You may not care for the appearance of the covering and you have to remove it whenever you want to swim.

Or you can paint the sides and bottom of your pool black. It then will gather more of the sun's infrared rays, and warm the pool water considerably. The pool will appear to be quite shallow and will reflect light almost like a mirror. Some pool owners find this delightful; others do not.

Another is to use your pool's filter pump to circulate the water over a "hot roof" —a slanted expanse of corrugated aluminum roofing or the like, painted black. Such a simple open solar heater will heat water well, but it has the disadvantages of collecting dust from the atmosphere and dissipating the chlorine residual of the pool water.

THE SYSTEM SHOWN

The use of solar heat that we detail here is more complicated and more efficient: an enclosed solar heater of copper piping, larger but basically similar in function to a gas-fired pool heater. It can be used by itself or in conjunction with an ordinary pool heater; and it can be as sophisticated as shown, or simpler.

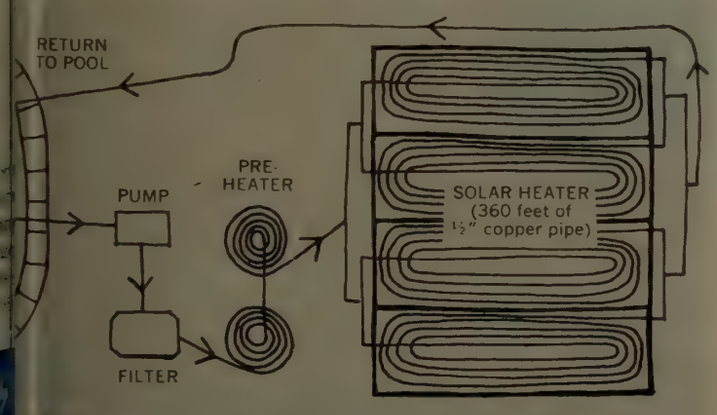
This system was designed and built by Lloyd G. Dehrer, an electrical engineer living in Fairfax, California. He had a problem: His swimming pool is deep in a windy canyon receiving only about two-thirds of the daily sunlight. It was expensive to heat—but isn't now. A solar pool heater, used in conjunction with a gas-fired heater, has reduced his monthly gas bill for heating the 15 by 30-foot pool from about $45 to about $4.

His solar heater is a lightweight 8 by 10-foot shallow box on the roof of his garage. Each of the heater's four sections contains a 90-foot coil of ½-inch copper pipe painted dull black. The coils rest on sheets of black-painted corrugated aluminum roofing (the corrugations provide more metal area for collecting and reflecting heat). Where possible, the pipe rests in the valleys of the corrugated aluminum, and is bolted down to provide the best possible metal-to-metal contact.

There's a 1-inch layer of stiff cellulose insulation underneath the aluminum, and the four sections are surfaced with .005-mm Mylar plastic sheeting (glass, more expensive, could also be used). The covering keeps cooling winds away and traps infrared heat rays inside the box.

This heat collector also has a preheater, made of two 60-foot coils of 1-inch copper pipe on the roof, as shown. This warms cold pool water somewhat before it enters the solar heater and thus prevents any problems with condensation inside the heater. All of the system has provisions

First a roof-top preheater, then a south-facing heater



GLENN CHRISTIANSEN

he Dehrer pool setup: *pool, preheater coils, heater. Preheater, own in center picture, consists of two 60-foot coils of 1-inch copper pipe on the garage roof. The heater, end picture, has four coils of ½-inch copper pipe and is slanted to the south*

Tahiti's mystique is subtle. And irresistible.

The warm, gentle surf lulls you with it. The lush tropical vegetation whispers of it. And you surrender—to the subtle mystique of Tahiti. You find it in Tahiti's superb restaurants—in the heady glow of a fine French wine. You find it in the gracious atmosphere of your modern, full-service hotel. You find it in the exhilarating company of a happy people. Or in the secluded beauty of Tahiti's sister islands—Moorea, Bora Bora, Raiatea. There's no escaping it. So come to Tahiti. It's all the things you've dreamed about. And more.

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for draining in wintertime to prev freezing and bursting the pipes.

Mr. Dehrer finds the system most effici when he runs each half of the flow water through two 90-foot sections of solar heater. The entire flow is suppl by the pool's ¾-hp filter pump throug 1-inch copper line, and the solar hea is about 10 feet above the pool.

He almost obtained too much heat. L July 4, he left the system on all day as experiment, and ran the pool temperat to over 90°, too warm for most sw mers. And he had to install a press relief valve (the type on your gas wa heater) on the solar heater for sun periods when the valves were turned otherwise, steam would form withi hour, rattle the piping, and boil me out of the outlets at the pool.

Cost of materials for the entire so heating system, including some tes equipment, was about $400. Mr. Deh figures it has paid for itself in 1½ ye Also, since the system has no conc trated source of heat, there are no pr lems with burners, controls, or liming It can be expected to last many ye longer than the usual gas-fired pool hea

Boat trailer maintenance

A boat trailer is a fairly simple mechanism; but there are three aspects of its maintenance that you should keep well in mind.

The most important is lubrication of the trailer's wheel bearings. Most boat-trailer wheels and bearings are small; even if your boat is very lightweight, the bearings get a considerable workout. They should be cleaned and lubricated every two months during the boating season. If the wheels have been submerged at a boat ramp, particularly in salt water, their bearings should be repacked as soon as possible afterwards. Otherwise, you could lose a trailer wheel at highway speeds. Service stations can clean, lubricate, or repack for you; or you can do these jobs yourself if you prefer.

Tire pressure is also important. Small trailer tires must be properly inflated, or the trailer can wander on the highway or even blow a tire. If you have no specific instructions to follow, you may have to experiment a little to find out what air pressure is best for your trailer.

Third, check your trailer's lights quite often. When most trailers are run down a launching ramp, their lights are dunked; then the connections can corrode and the lights fail

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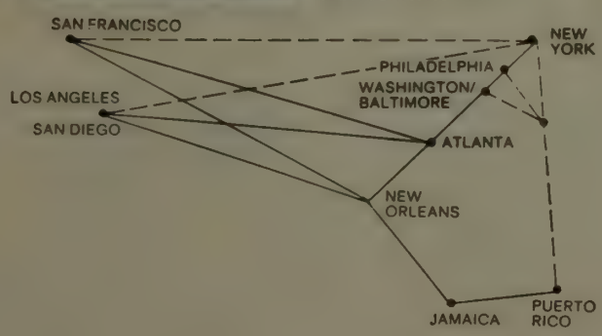


Delta is ready when you are!

The housewives guide to fringed rugs.

(Or how to decide which one of these 1,843 Lees area rugs is for you.)

1. Forget what your mother told you. Pick the rug you love, not the one that's "sensible." Express the inner you.

2. Don't worry about money. Lees fringed rugs are not expensive. For as little as $100.00 you can have a 6x9 beauty. So have fun.

3. Think color. Wild, extravagant, maybe even shocking color. There are over 100 colors to choose from. And you can't go wrong. Area rugs are easy to move. What you grow tired of in the living room may be sensational in the bedroom.

4. Shape? Try something different. An oval. Or a circle. Of course, with a fringe on it, even a rectangle is unusual. But remember, an area rug is at its best when it defines an area. Reading, talking, music, et cetera.

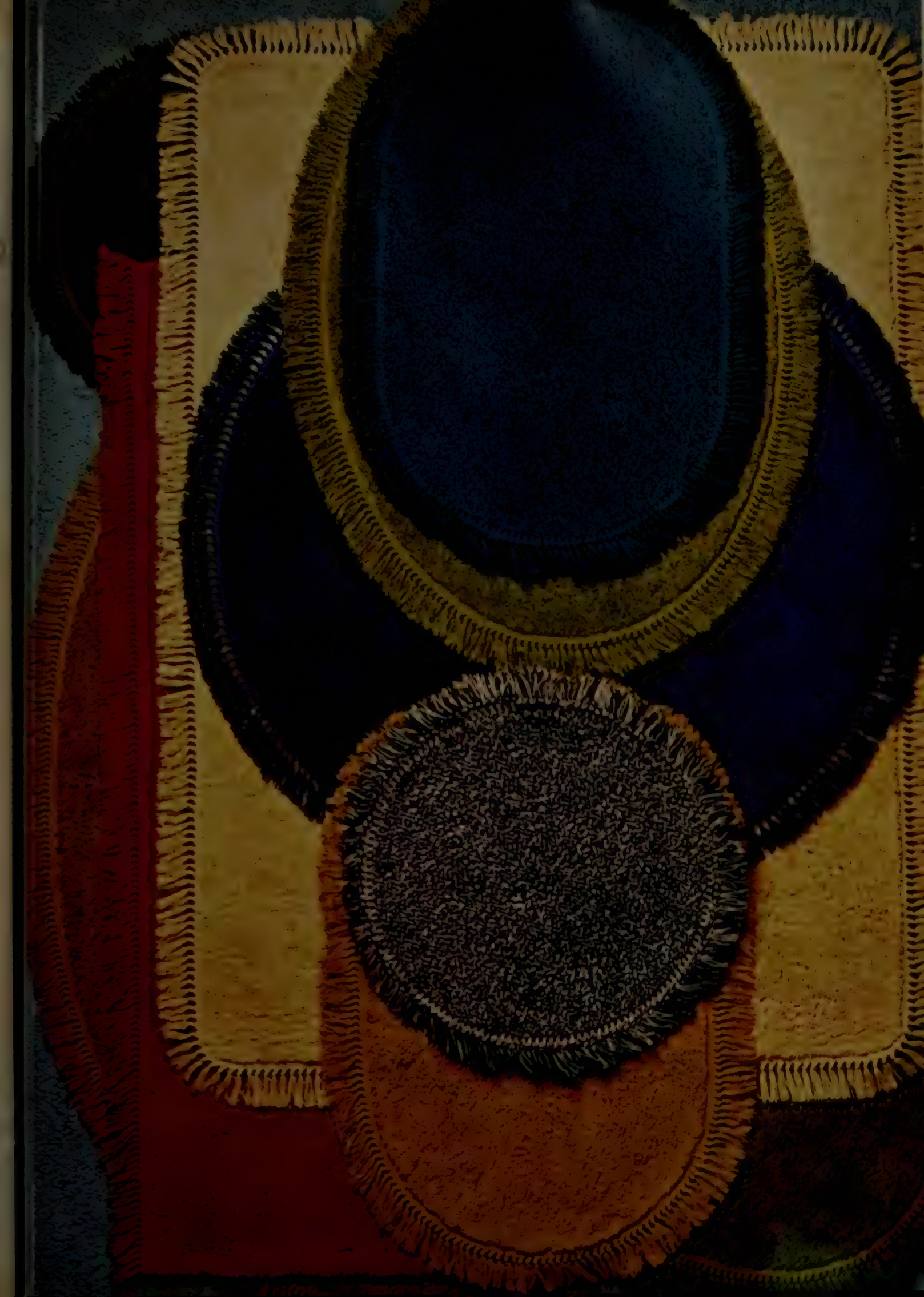
5. Wear is not a problem. These rugs are all shags. Which means they are unusually rugged. No matter how soft they look. The main reason they come in different materials (wool, polyester, nylon) is to give you an enormous range of colors and textures to choose from.

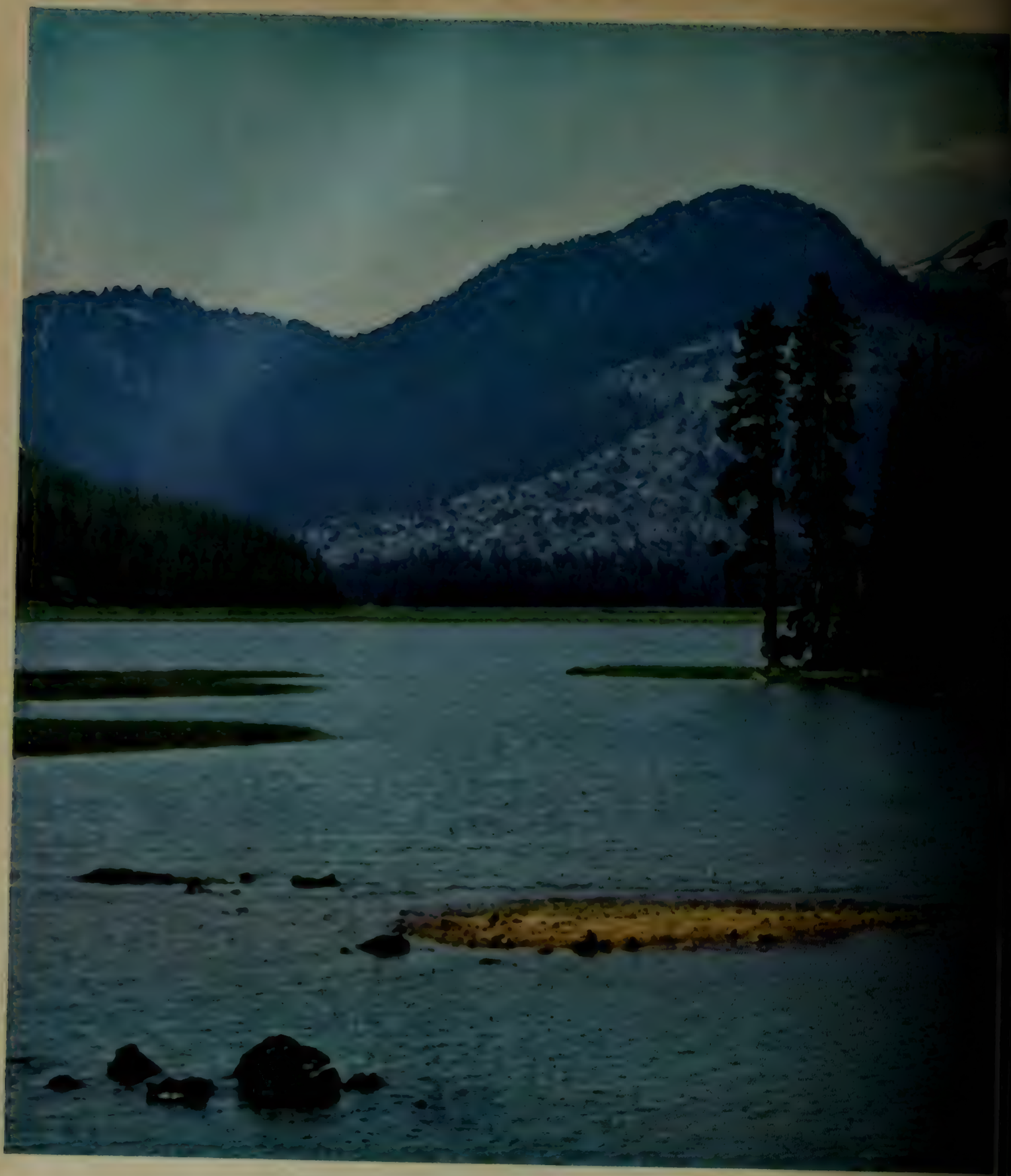
6. Be careful about size. On Lees fringed rugs, the fringe is not included in the size. Add 4 inches for each fringed side. Oh yes, the fringe matches the rug exactly.

7. So why wait? Lees has arranged it so you can have the fringed rug you want within days, maybe even less. Have a quick fling.

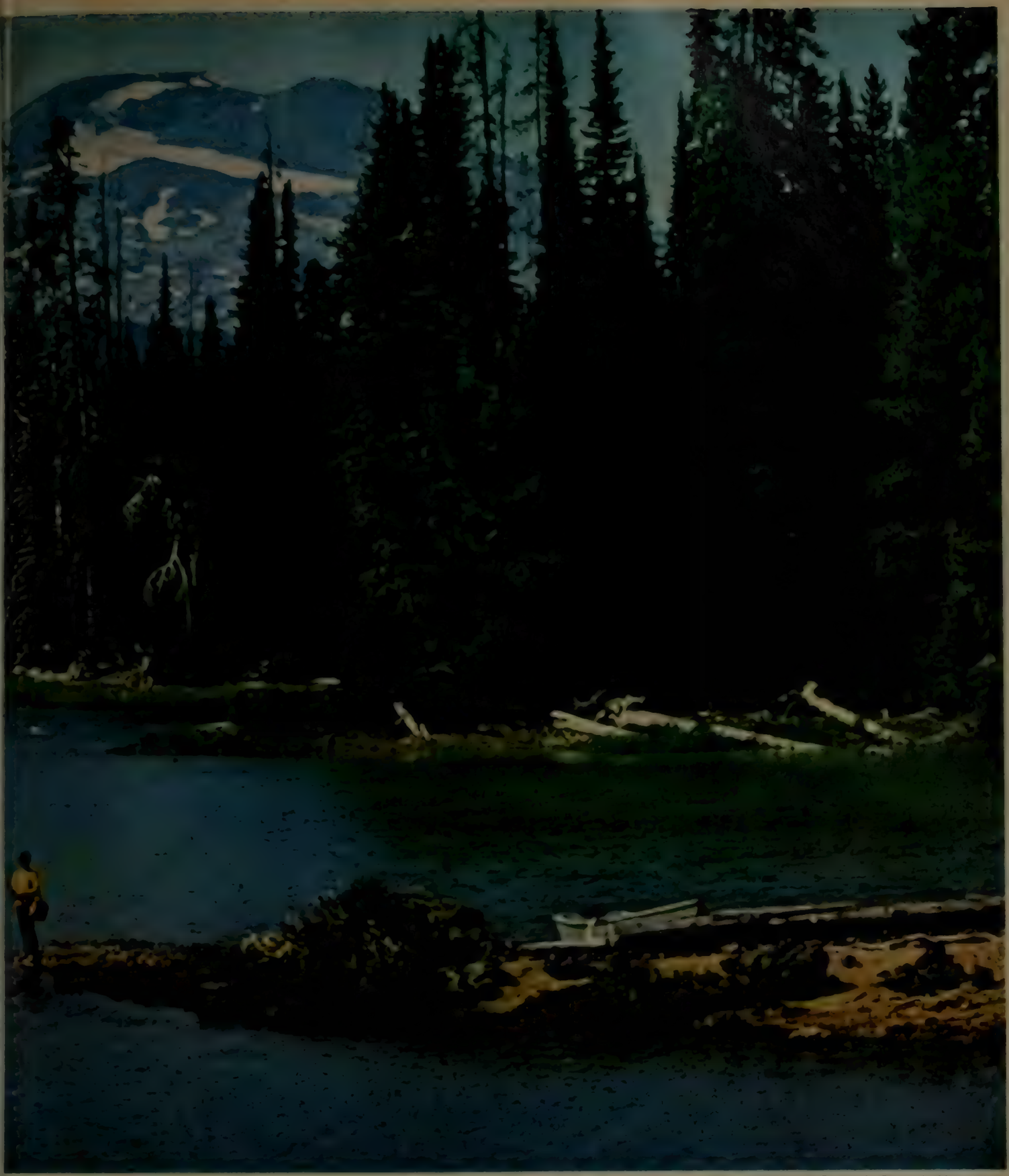
©1969 Lees Carpets, Norristown, Pa. 19401. A Division of Burlington Industries.

LEES
CARPETS





Relax in a State of Excitement



Sparks Lake, one of dozens of drive-to lakes in Oregon's Cascade Mountains.

. . . and take some of Oregon home with you—a *new you,* refreshed and ready to take on the workaday world. Oregon's cool green does that to people. Pick your own pace—lazing it up on an uncrowded Pacific beach or jet-propelling it through white-water rapids. Pick your own place—a snow-high mountaintop, forests of giant evergreens or sagebrush plateaus, all in Oregon's 97,000 square miles of spectacular scenery. So, you may rough it—or rest in style. A network of fine highways lets you change the scene in minutes to cap a back-to-nature day with chateaubriand by candlelight. Plan now to enjoy a *real* vacation this year.

OREGON

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MIKE TILDEN

e classic confrontation, *scaled to a garden setting with homemade table and pieces*

Woodworker's project . . . patio chess

u could build this patio chess set and ble in a number of different ways.

e chessmen might be turned on a lathe, built out of blocks; or you might nply buy the large plastic or wood essmen sold at some import shops. The ner of this set chose to make his out of ood finials (decorative post tops), short ble legs, and drawer pulls. These were ught at a lumberyard (not all carry em) for a total cost of $21.

ub ends were sawn off the finials, and rews removed from the table legs. The permost knob of each king and queen ial was sawn in half and a drawer-pull own glued on. The chessmen were then ameled either black or white.

e tabletop might be ceramic tiles, or nply squares ruled on a wood square d painted in contrasting colors. For this e the owner glued 3-inch squares of ¾-ch-thick lumber, cut to close tolerance a power saw, onto a ½-inch-thick plyood base. He made 32 of hemlock, 32 of lwood; shellac and wax brought out the nal difference. The sides are 1 by 4's, itered at the corners.

The supporting legs—four 30-inch lengths of 1 by 2—were secured with carriage bolts and wing nuts, so they can be easily removed from the tabletop and folded for compact storage.

Left to right: *bishop (finial), king (finial plus knob), pawn (finial), knight (table leg), queen (finial plus knob), rook (leg)*

Mellowed antique brass in the mood of 18th century Regency. The crowning touch to any traditional decor. Shade in slub texture over translucent vinyl. 41 inches. About $87.50.

The Stiffel Lamp

For brochure of selected Stiffel Lamps, send 25¢ to The Stiffel Company, Chicago 60610.

PETE RI

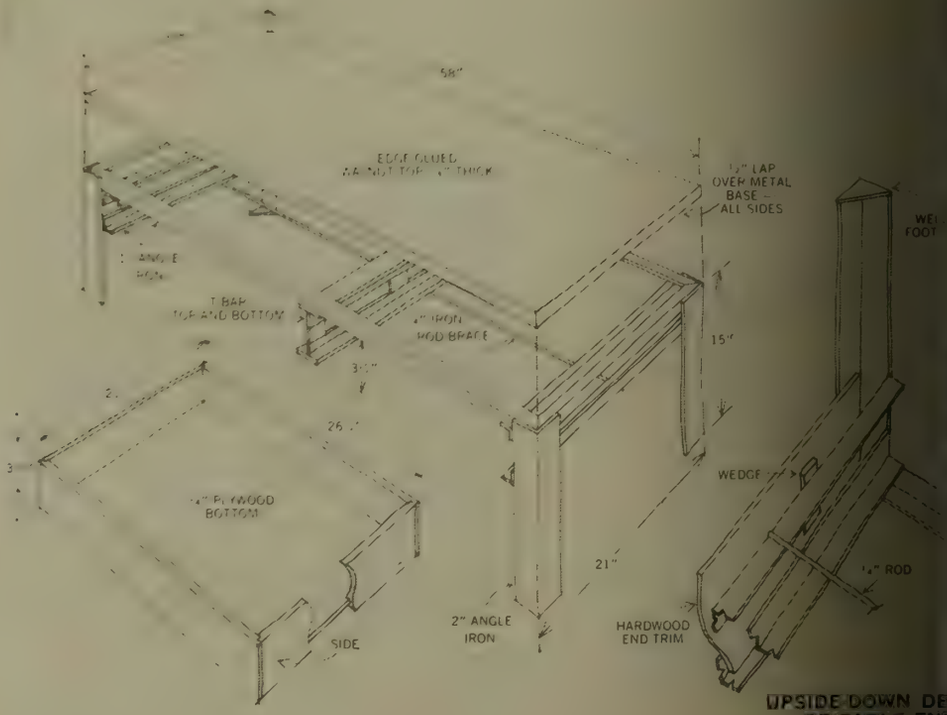
Handsome coffee table *is made of angle iron and solid walnut, has two roomy drawers. It also serves as a sturdy b*

Frame is angle iron . . . everything else is solid walnut

Ordinary angle iron might never occu you as material for a coffee table for living room, but that's what Rober Wallace of Los Altos, California, when he designed and built the attra table shown here. Its entire frame is iron (right angle and T-bar) pai black. The top, two end pieces, and drawers are solid walnut, finished in ural shade with bar varnish.

The 5-foot-long table is unusually st —several people can sit on it safely—

Handy drawers *slide on angle-iron runners pull out easily from either side*



UPSIDE DOWN DE
OF TABLE EN

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The Palace Hotel. Set beside the splendor of the Emperor's garden.

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all its wood parts can be easily detach to simplify any refinishing that may come necessary. The double-ended dra ers slide both ways on their met supports, making their contents accessi from either side of the table.

Unless you own or can borrow weld equipment, you will need to have metal frames made by an iron works, we ing shop, or garage. We obtained seve estimates of the cost of having this d (including ⅛-inch-thick metal and cutting, as well as the welding); th varied from $15 to $150. Obviously should shop around on this.

With the frame assembled, you build drawers to fit fairly loosely in their an iron and T-bar runners. Their bott edges serve as pulls, so no hardware needed. Wax the metal runners after is done for smooth drawer operation.

Between the legs at either end of table you can fit a ¼ to ½-inch-th end panel. Make the two pieces of a hei to match your drawer faces and eit wedge them into place, as diagramm with small pieces of scrap wood or them to the angle-iron legs and top r

Mr. Wallace made the top of several w nut planks, edge-glued together to fo one solid piece. Narrow pieces of ha wood, glued together as in a chopp block, or a single piece of ¾-inch ha wood plywood with edges trimmed, wo also serve well. The top is secured screws from below through holes dri in the metal frame.

Paint the metal frame and finish all wo parts before final assembly.

GLENN CHRISTIANSEN

Roll your boat

A child's skate board can prevent scratched paint and lessen the likelihood of pulled muscles when you're loading a small boat (or anything else that's rigid and bulky) into a station wagon.

Place the skate board upside-down on the lowered tailgate, as shown, and simply roll the boat in or out on the skate board wheels.

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PHOTO-CRAF

Screens *slide back along both sides, op room to the garden, reveal carved t*

Wood flap, *fastened to screen at righ forms corner, locks into screen at le*

Screens slide, meet, lock

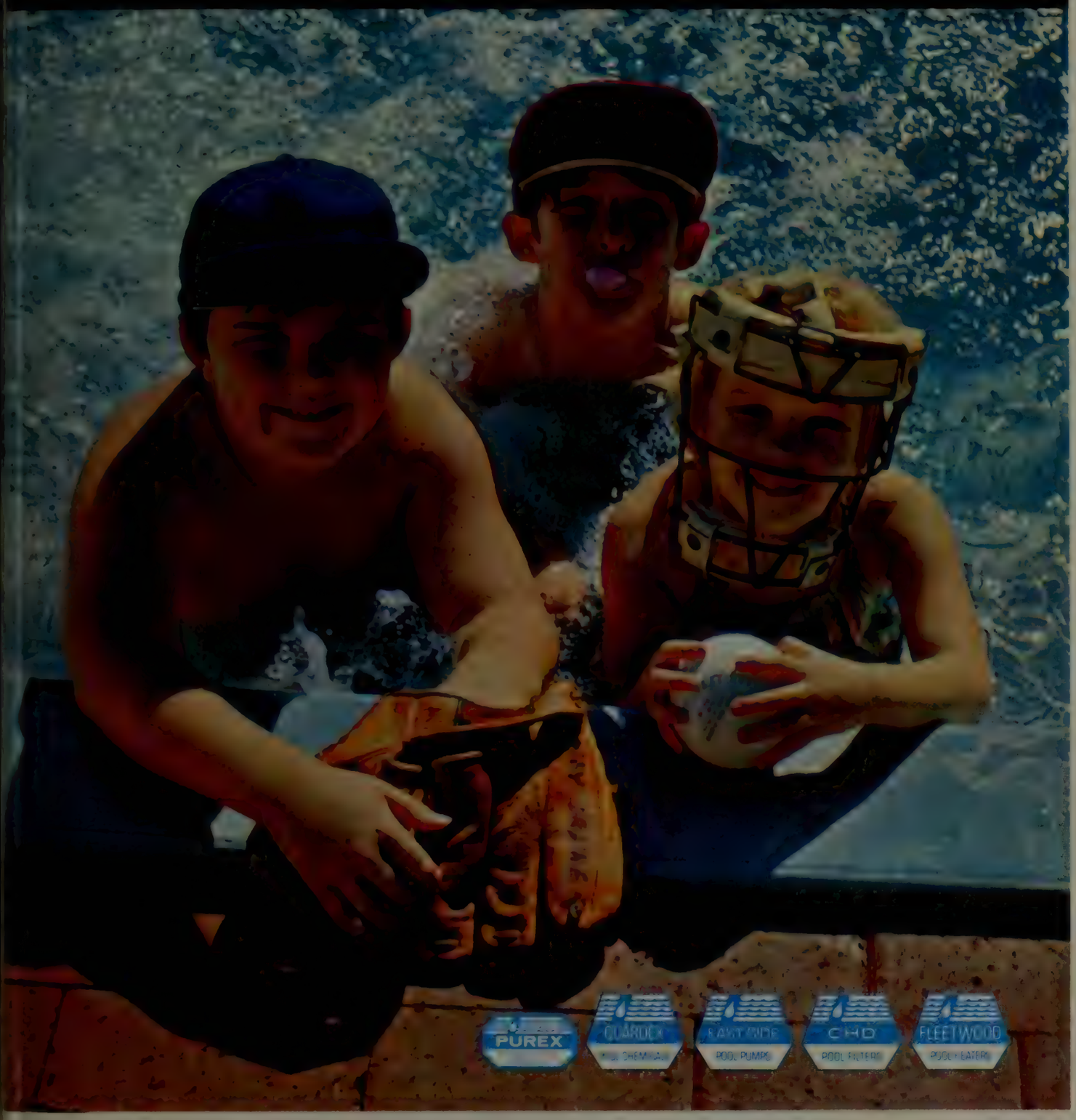
The main advantage of sliding screens i the ease with which you can open or clos off a room. But where screens are use along two sides of a room, it can be problem to determine how best to lock them together at the corner.

Architect Frank Robert of Honolulu de vised a solution that works successfully in such a situation in his own house. Th screens slide in tracks set outside a carve supporting column and lock together wit a piano-hinged wood flap that swings around to form the corner.

Mom wouldn't let her baseball team swim in old fashioned pool water!

She and Purex know the score.

Mom is a great coach and a modern mother. She scouted every new pool product in the league before our family decided to buy Purex, and dad is awfully glad she did. He's an engineer and likes stuff to be well designed. So, if your folks think kids are important, ask them to talk to the Purex people before they buy. Mom says Purex and water is a "winning combination."



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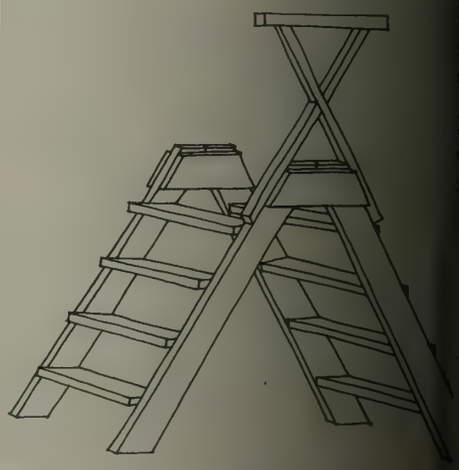
Ancient *in idea, a stile provides co ient passage between two neighbors'*

Over the stile to the neighbors

To visit friends living next door wit walking out to the street and back, E ard Embree of Eugene, Oregon, b this modern version of an old-fashio stile to straddle the hedge between t yards.

It can be moved almost as easily ladder if the lawn becomes worn b the bottom steps on one side. Even infirm person can use it quite safely cause of its stability and the rail on

You could build such a stile of any av able construction lumber. Securely at the steps, the wood gussets connecting pairs of steps at the top, and the sa rail. Using fairly waterproof glue as as galvanized nails or lag screws will strengthen this joinery.



Construction sketch. *Notch and nail, or lag screws, to secure all parts fir*

Why do 9 out of 10 campers own the Coleman Stove and Lantern?

Here are nine reasons why:

1. You'll never end up with a pile of burned matches with dependable Coleman equipment. Strike a match and your lantern or stove lights every time.

2. Coleman has the original fail-safe fuel system. Stove and lantern can't gum up.

3. Won't blow out, either. Lantern is equipped with a special collar that keeps wind, rain and bugs out of the globe. The stove is invulnerable to wind and rain, too. Coleman's burners "cup" the flame like you would cup a light in your hands.

4. Coleman's lantern is as bright as a 300-watt electric bulb—throws a 100-foot circle of light. Coleman's Silk-Lite mantels produce twice the light and last up to four times as long as ordinary mantels.

5. One filling of Coleman fuel keeps your lantern burning for 10 to 12 hours.

6. Stove flame is adjustable, so you get the kind of heat you need for the particular cooking you're doing.

7. The Coleman stove has famous Band-a-Blu burners that light instantly, distribute heat evenly across bottoms of pans.

8. Cook a week's worth of meals for pennies on your Coleman stove.

9. And because of this dependability, 9 out of 10 campers equip themselves with the Coleman lantern and stove — have been for over half a century.

"When you put out the flame on a lantern and stove you know they're out. Helps prevent forest fires."

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Community Action

Orinda has a news kiosk

In small communities, a major compl of citizens is that it's often hard to out what is going on.

The people of Orinda, a suburban vil in the hills just east of Berkeley, did s thing about this last year. A citizens' mittee decided to put up a commu bulletin board for posters, want ads, sundry messages in a centrally loc and busy spot in front of the post offi

They called in architect Murray C. Neil of Mackinlay, Winnacker and sociates to assist. He designed the kiosk pictured below—9 feet tall, wi roof overhang of 2½ feet.

Funds were raised by the Orinda Wom Club, then donated to the Orinda Ce Area Committee. The total cost was to about $275 by the use of some vo teer labor.

The kiosk is topped with cedar sha Side panels of redwood plywood woodscrewed in place so they can be moved or replaced easily in case of van ism; to date, this has not been neces

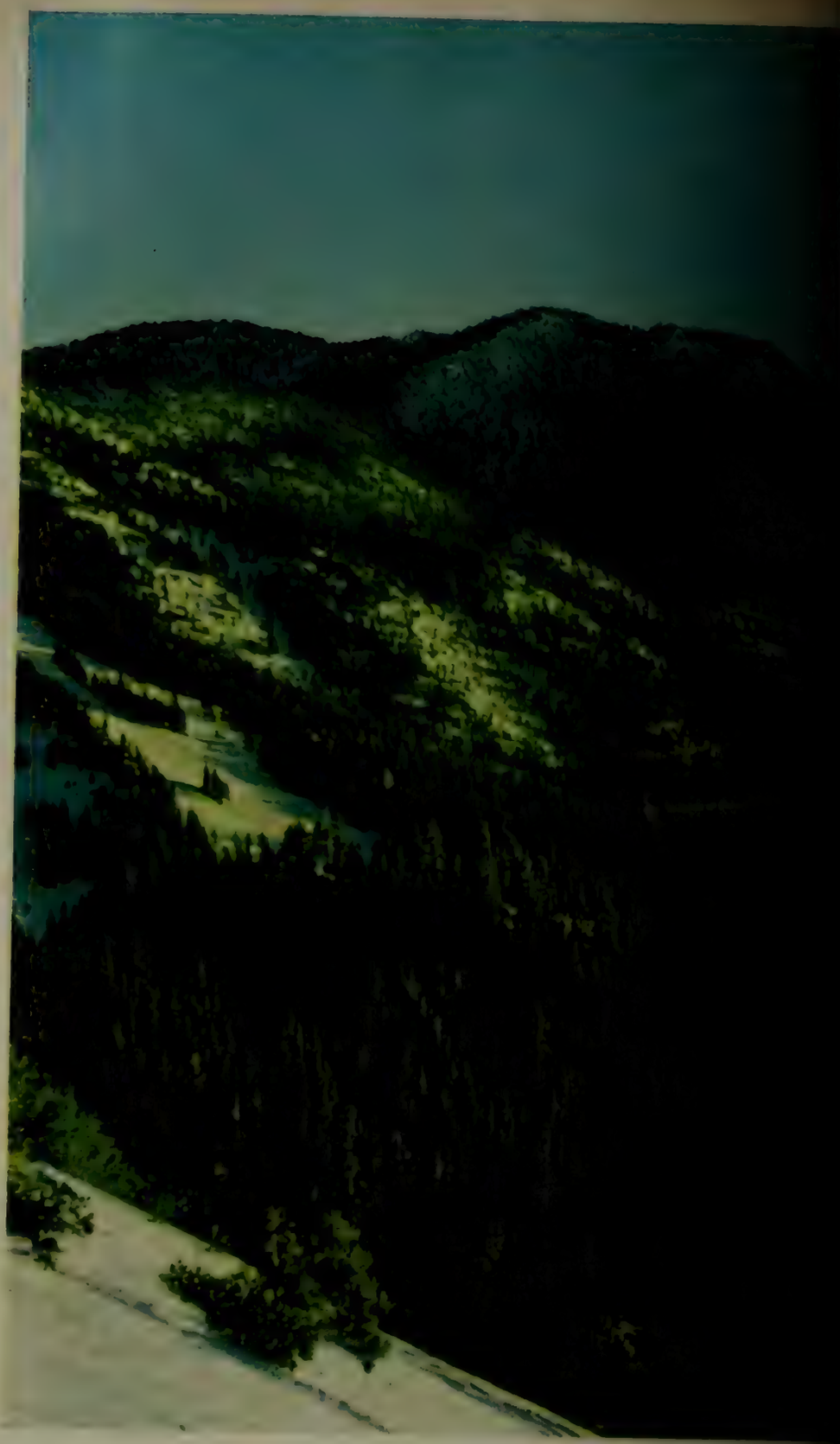
High school students in Orinda have rowed the plans and are now involve raising funds to build a kiosk on campus. A village church also plan erect one in its courtyard.

Posters, *want ads, and announcem meet the eye as you circle the news*

The juiciest story ever told.

w Sierra Valley Juice Drink. It's made with more in twice as much natural fruit juice as any canned it drink. So you get twice the juice flavor, twice taste. New Sierra Valley even tops itself. With a plastic lid that seals in freshness, locks out odors. Try new Sierra Valley Juice Drink. It comes regular and diet. In four delicious flavors: Burgundy Cherry, Cranberry-Apple, Grape, and Orange.

sierra valley

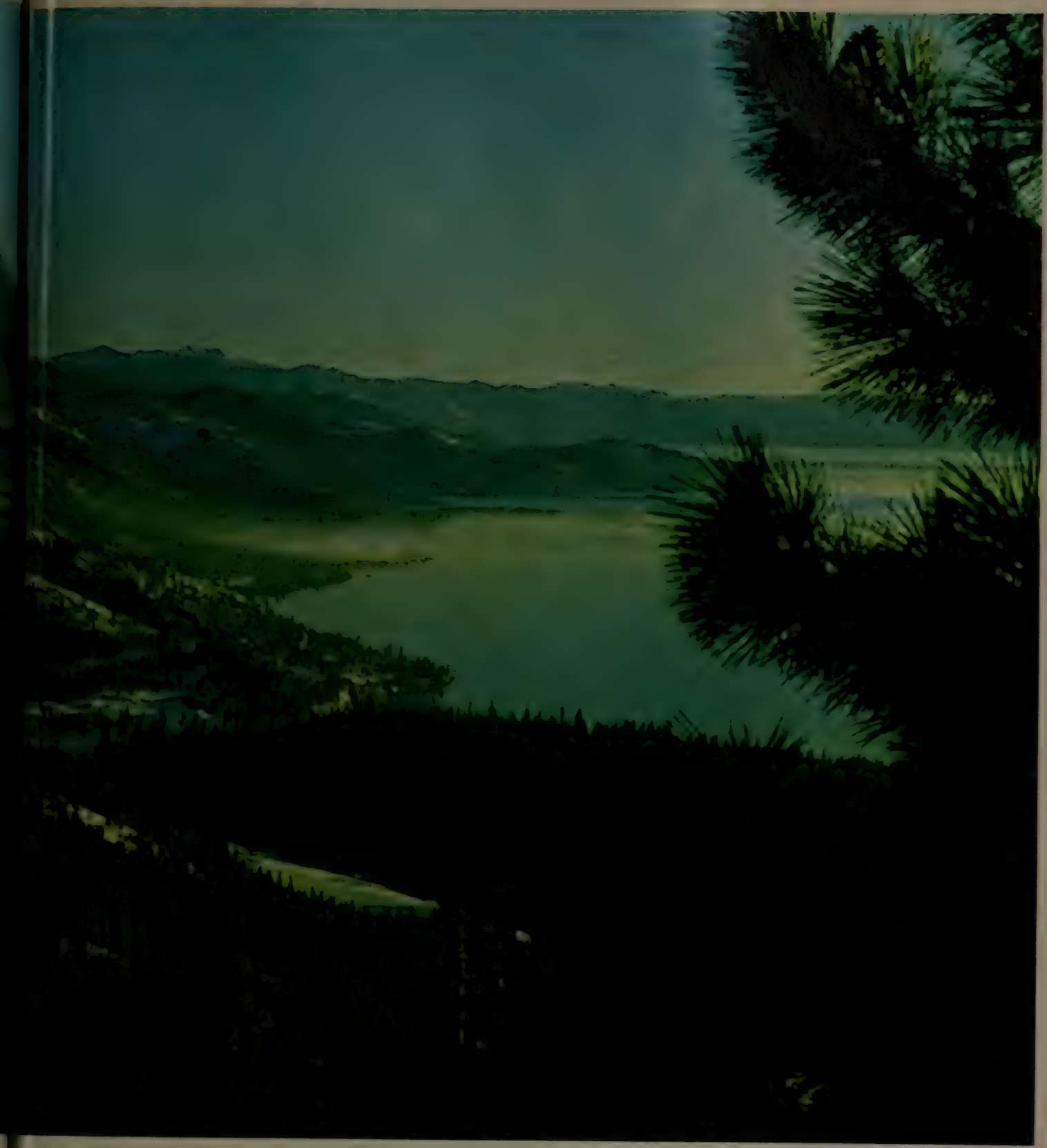


You're looking over a Modern Shopping Center, a world-famous Golf Course, Schools, Churches, a Pet Hospital, superb Restaurants, Nightclubs, a Racquet Club, a great new Ski Area, and 1,397 Hillside and Lakefront Homes.

They're all here, and a lot more. But s
little shows of what man has added, beca
this is Incline on Lake Tahoe's unspoile
north shore. And keeping this view
unspoiled is our most important obligat

One look and you know why.

Incline is a dream. A 9,000-acre drea
A huge natural amphitheatre scooped
glacier into a hillside. Dense forests of
and pine. Fluted mountains rising all
around to 10,000 feet. A lake so big an
blue you'd swear you're seeing it upsid



r. And misty mornings. Gaudy sunsets. r alpine air. Speckled deer on the golf se. Snow falling softly among the trees. u sense that Incline is unique, perhaps l the world. Because what man has built stled into the trees, made of rough- timbers, stone and muted earth colors. homes are spaced among fairways, hes, tennis courts and riding trails, and own the hill from Luggi Foeger's new Ski Incline, a cathedral of snow the lake.

Yet Incline is unexpectedly cosmopolitan. A kind of Paris in the Pines. You can wander in the woods, stroll along the shore, hike into the hills, and never be far from superb candlelit dining, casinos, and bigtime entertainment.

It's central, too. Right in the heart of everything at the north end of Lake Tahoe. A short ride to other ski areas, 33 miles to Reno, walking distance to shopping, lakeshore beaches, riding trails, schools, churches.

If Incline sounds like the place for your family's weekend and vacation home, get the whole story. It's just as good as the picture. There are homesites available for cozy hideaways in the woods or on hillsides with sweeping views, from ¼ to 8 acres. Come see Incline for yourself, or send your name and address to Incline Village, Inc., Suite 700, Palo Alto Office Center, Palo Alto, California 94301. A member of the Boise Cascade family.

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A Grow Chemical Corp. Subsidiary

GLENN CHRISTI

A 12-foot *aluminum boat and an 8-foot fiberglass dinghy ride easily and safel top of this sports coupe. Either boat can be taken off without disturbing the*

Two El Toros, *8-foot sailing dinghies, are carried on a pair of long wooden bar ported by three luggage bars on this station wagon, leaving inside space for the*

Two boats on top? Why not...

Carrying a small, lightweight sailing or fishing boat on top of your car to a lake or river is much easier than pulling a boat trailer. If one such boat is too small to accommodate the whole family, you can carry two on many of today's cars. Here are a couple of ways Western families have managed the feat. And having two boats along, incidentally, greatly increases the family's fun on the water.

Look closely at the photographs and you will see that each of these solutions employs three sets of supports to carry the weight of two boats. The wooden bars are blocked and padded with remnants of carpeting, and are fastened very securely to the car tops. If one of the boats extends more than 4 feet behind your car, it should carry a red flag.

Luggage bars *for boats need to be se Small stainless boat hooks, screwed manently to car, hold down turnbu*

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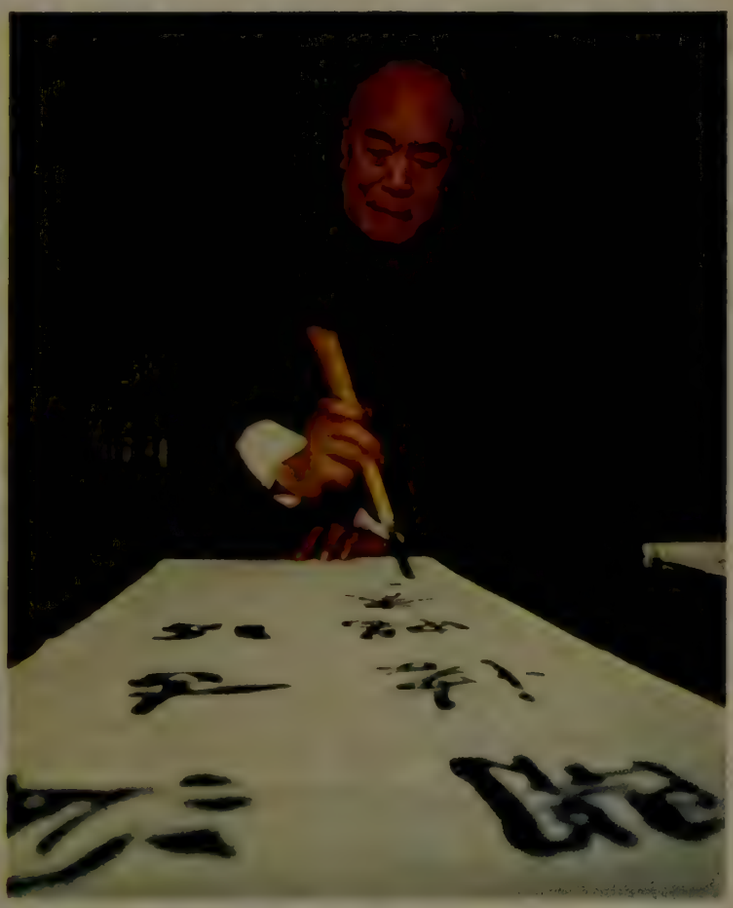

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RICHARD FISH

Entry walk *consists of 2 by 4's on edge, trellis of 2 by 4's across 2 by 8-inch beams*

New entry walk . . . new entry doors

The most inviting entryways are often extensions of the house. In a sense they prepare you for what lies behind the front door, and bridge what otherwise can be uninteresting space between street or sidewalk and the house itself.

This entry of architect Frank L. Hope, Jr., of San Diego, is highly successful in this regard. Steps (not shown) lead you down from the street to a ground-level wood walkway that continues under an open trellis. Terminating the walk is a handsome front door built by Ira Spector (his wife, Susan, made the eight tiled insets seen in the picture at right; he carved similar panels for the inside).

Also of interest are the lathlike doors that fit over fixed glass panels flanking the front door for privacy and light control.

As might be expected, the entry walk and trellis are not strictly for decoration. The wood walk carries you over low ground that's apt to be wet during rains or after lawn watering. A rock-filled drain ditch runs between the walk and the lawn to handle the runoff.

In San Diego's climate the overhead trellis provides some shade for pedestrians and for the plants growing alongside the walk. In a wetter area you might cover the trellis with fiberglass-reinforced plastic as a defense against the rain; in a hotter area you could put the overhead trellis members closer together for more shade.

Landscape architects were Wimmer & Yamada.

Lathlike *doors swing open to control light into the entry, close to provide privacy*

Two more *lathlike doors are inside. Carvings on inside of door match tile designs*

Simmons Collection of Hide-A-Bed Sofa

Sunset inspired this exciting collection of magnificent Contempo and Traditional sofa styles, all es cially designed for Western livin Offered in a variety of popular size beautiful colors and luxurious st resistant fabrics. One of these han some Hide-A-Bed® sofas is featu on the opposite page.

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AMERICAN PRESIDENT LI

CRUISING EVERYWHERE UNDER THE SUN

DARROW M. WATT

They make their own kachinas... using poster paints and mailing tubes

A vacation day project: *Give them paints and paper tubes and let them make kachina dolls*

ng kachina dolls out of paper tubes poster paints absorbed the energy talents of these boys for a whole noon. Mrs. Robert B. Marks of Los les came up with the idea when her ren became enchanted with the ka- dolls they saw in *Sunset* (on pages rough 63 in the February 1968 issue). et children started, cut mailing tubes paper towel tubes into various lengths odies. For arms, cut up the cardboard s from dry cleaners' hangers. Use a g saw, razor blade, or craft knife. g the arm tubes on an old straight- out coat hanger and paint them with white water-base paint. Then bend one end of the wire and hang it up by the other to let the tubes dry.

At that point, all you need to do is to give the children a copy of the kachina article (or one of the many books on the subject) and provide working materials: poster paints, brushes, water, cardboard for accessory shapes, and some feathers.

You can either cut out the leg shapes yourself with a craft knife beforehand or let the children paint on the legs. Attach arms with large sturdy straight pins. The pouty mouths and large ears are little pieces of the smaller tubing, painted and attached with a pin. You can stick on the feathers with white glue or tape.

-for-fun *versions of those Hopi kachina spirit dolls so highly coveted by collectors*

Cruise with us this fall.

Mexican Holiday Cruises 18-days
Sailing September 25, December 5 and December 21 from San Francisco for Los Angeles, Puerto Vallarta, Acapulco, Mazatlan, La Paz, Los Angeles and San Francisco. Fares start at $415.

Baja California Cruise 6-days
Sailing October 14 from San Francisco for Los Angeles, San Diego, Ensenada, Los Angeles and San Francisco. Fares start at $140.

Central American Cruise 27-days
Sailing October 17 from San Francisco for Los Angeles, Puerto Vallarta, Acapulco, Balboa, Mazatlan, La Paz, Los Angeles and San Francisco. Fares start at $1080.

Polynesian Cruise 39-days
Sailing October 25 from San Francisco for Los Angeles, Nukuhiva, Moorea, Papeete, Rarotonga, Nuku Alofa, Noumea, Suva, Pago Pago, Honolulu, Kahului, Hilo, Los Angeles and San Francisco. Fares start at $860.

Caribbean Cruise 30-days
Sailing November 14 from San Francisco for Los Angeles, Acapulco, Balboa, Cristobal, Curacao, Bridgetown (Barbados), St. John's (Antigua), Charlotte Amalie (St. Thomas), San Juan (Puerto Rico), Kingston, Cristobal, Balboa, Puerto Vallarta, Los Angeles and San Francisco. Fares start at $1200.

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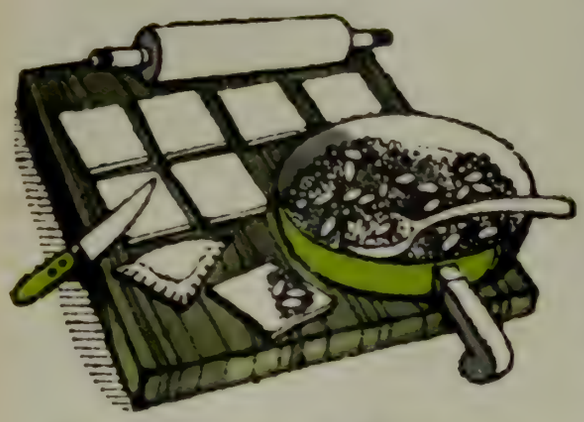
AMERICAN PRESIDENT LINES
CRUISING EVERYWHERE UNDER THE SUN

SUBJECT TO GOVERNMENT APPROVAL

Sunset's Kitchen Cabinet®

The six recipes we feature here are geared to the activi days of May. You'll find dishes that are quick to prep that switch easily from indoor to outdoor dining at l away. Leading off, for example, are sausage-seasoned be overs that reheat well and could be carried to a picnic.

Each month six of the best and most timely recipes th been tested in *Sunset's* kitchens are featured on these



Spicy, nut-studded meat filling is encased in triangles of sour cream pastry

Beef and Sausage Turnovers

If you make these turnovers ahead, loosely enclose them with foil to reheat.

- Sour cream pastry (recipe follows)
- 2 sweet Italian sausages (about 6 oz.)
- ½ pound lean ground beef
- ¼ cup pine nuts (optional)
- 2 green onions, sliced
- 2 eggs
- 2 tablespoons sour cream
- Salt and pepper to taste

Prepare pastry; chill at least 1 hour. Remove casings from sausage, dice, and sauté with beef and nuts until browned. Remove from heat, mix in onions, 1 egg, and sour cream; season with salt and pepper.

Roll out pastry on a floured board into a 10 by 20-inch rectangle; cut squares. Fill each with ⅛ of Dampen edges, fold over into tr press edges to seal, prick to brush with remaining egg, l Bake on an ungreased baking a 400° oven for 20 to 25 minute browned. Serve hot or reheated. 8.—*J. E., Fremont, Calif.*

Sour Cream Pastry. Mix 2 cu sifted all-purpose flour with spoon salt, then finely cut in (¼ pound) butter or margarin 1 egg with ½ cup sour cream a into flour mixture until it ho gether. Press dough into a ball.

Quick skillet supper dish borrows some cooking techniques from the Orient

Steak Strips with Carrots

The steak will be easier to slice thinly if you partially freeze it first.

- 1 pound boneless beef sirloin, cut 1 inch thick (or 1 flank steak)
- 2 tablespoons salad oil
- 2 tablespoons butter or margarine
- 2 large carrots, thinly sliced on diagonal
- ½ teaspoon finely chopped fresh ginger (or ⅛ teaspoon ground ginger)
- 2 tablespoons Sherry or orange juice
- ¼ cup chopped green onion
- 2 tablespoons soy sauce
- Salt and pepper to taste

Cut the meat across the grain into thin slices (thinly slice flank diagonally from top to bottom). Heat salad oil in a 10-inch frying pan over hig Put in about half the meat and quickly (about 30 seconds o side); remove with a slotted Continue until all the meat is br

Melt butter in pan and put in and ginger; stir and fry until about 2 to 3 minutes. Add S cover; cook until carrots are t crisp, about 4 minutes. Return m pan along with onions and soy and cook, stirring, until heated th about 1 minute. Season with sa pepper, and serve with hot cook if you wish. Makes 2 to 4 servi *C. P., Azusa, Calif.*

Browned chicken pieces finish cooking with blue cheese sauce in foil pan

Chicken in Blue Cheese Sauce

You can barbecue the chicken pieces or oven-fry them before adding sauce.

- 1 large broiler-fryer chicken (about 3 lb.) or 4 *each* legs and thighs
- 1 cup (½ pt.) bottled creamy blue cheese dressing
- 1 tablespoon lemon juice
- ¼ teaspoon *each* Worcestershire and liquid hot pepper seasoning
- ⅛ teaspoon *each* garlic powder and liquid smoke seasoning (optional)
- 2 tablespoons melted butter or margarine

Wash the chicken pieces and pat dry. Combine the cheese dressing with lemon juice, Worcestershire, hot pepper seasoning, garlic powder, and liquid smoke seasoning, if used; set aside.

To barbecue, brown chicken pie both sides over coals, brushing melted butter. Remove to a fo (or shape one of heavy foil) pla side on grill. Pour sauce over ch If barbecue has a lid, cover, and about 30 minutes, or cover the p chicken loosely with foil and cook tender. Serve with the sauce. Ma servings.—*H. L., Seattle.*

To oven-fry the chicken, brus pieces with only 1 tablespoon o butter and arrange in a greased sh pan. Bake in a 400° oven for 30 utes. Pour over cheese sauce and about 15 minutes, until tender.

ve been originated in home kitchens by Westerners as eek easier and more interesting ways of cooking for their es and guests.

vite you to submit your own recipe discoveries for our g. Mail them to Home Economics Department, *Sunset zine*, Menlo Park, Calif. 94025. We now pay $10 for each that is published.

Around the menu in May . . . turnovers, steak strips, cheese chicken, sweet onions, gazpacho salad, crunch pudding

et Onions Plus

se mild spring onions of similar o they'll cook in the same time.

- sweet onions, about 3½ inches in diameter
- teaspoons Worcestershire
- About ½ teaspoon salt
- cup shredded Longhorn Cheddar cheese (about 2 oz.)
- tablespoons grated Parmesan or Romano cheese
- tablespoons butter or margarine
- Paprika

ve the onion skin and cut off and blossom end of each. With a sharp knife, cut a 1-inch-wide o center of each onion. Pour ¾ oon Worcestershire inside each . Sprinkle salt (about ⅛ teaspoon in each) into cavity and on outside of onions. Mix the cheeses. Into the center of each onion, poke about 3 tablespoons of cheese mixture, then top with ½ tablespoon butter. Dust paprika generously over tops of onions, then wrap each securely in heavy foil. You can do all this ahead.

In the oven, set onions slightly apart on rack and cook at 425° until they feel soft when pierced with a fork, about 45 minutes. Or if you are using the barbecue, tuck onions in around the edges of low glowing coals; cooking time will be about the same. Serves 4. —*R. S., Laguna Hills, Calif.*

Cook these foil-wrapped stuffed onions in the oven or over barbecue coals

cado with Gazpacho

salad ingredients are the same as popular Spanish cold soup.

- ripe medium-sized avocados
- tablespoons lemon juice
- cups chopped, seeded, peeled tomatoes
- cup diced peeled cucumber
- cup *each* chopped green pepper and green onion
- small clove garlic, minced or mashed
- tablespoon red wine vinegar
- tablespoons olive oil
- teaspoon salt
- teaspoon liquid hot pepper seasoning
- Shredded lettuce
- Sour cream

e the unpeeled avocados and re- e the pits. Spoon out the pulp in large pieces, leaving about ¼-inch thickness of avocado in shell. Brush all exposed surfaces of the avocado shells with about 1 tablespoon of the lemon juice, cover with clear plastic film, and chill. Dice avocado pulp into a bowl and add the remaining lemon juice, tomato, cucumber, green pepper, onion, garlic, vinegar, olive oil, salt and pepper seasoning. Mix lightly, then cover and chill for several hours.

Arrange avocado shells on bed of lettuce on each plate. Heap gazpacho mixture inside each shell. Pass sour cream at the table to spoon on top. Serves 6.—*H. N., San Francisco.*

Cold and colorful gazpacho mix the filling for avocado half

nch-Top Rhubarb Pudding

trasts of sweet and tart, and chy and soft textures combine in fruit dessert.

- 6 cups sliced rhubarb (about ¼-inch slices)
- 1 cup granulated sugar
- 2 tablespoons cornstarch
- ½ cup water
- 1 teaspoon vanilla
- ¼ cup *each* flour and brown sugar (firmly packed)
- ½ cup quick-cooking rolled oats
- 1 teaspoon cinnamon
- ⅓ cup melted butter
- Whipped cream or vanilla ice cream (optional)

the sliced rhubarb into a 9-inch- re shallow baking dish (or one that holds about 2 quarts, if a different shape). In a saucepan blend together granulated sugar and cornstarch. Stir in water and cook, stirring, until it boils and becomes thick and clear. Add vanilla and pour over rhubarb in pan.

For topping, mix together flour, brown sugar, rolled oats, and cinnamon. Add melted butter and mix until crumbly. Sprinkle topping evenly over rhubarb. Bake in a 350° oven for 1 hour.

Serve either warm or chilled, with whipped cream (sweetened and flavored to taste) or vanilla ice cream if you wish. Makes 6 servings.—*E. K., Vancouver, Wash.*

Spoon up servings of rhubarb pudding; top with whipped cream or ice cream

Springtime desserts . . . with strawberries and lemon

The zest of lemon and fresh strawberries flavor these two delicate springtime desserts. Both are party-size refrigerator tortes. You can make them a day ahead, then garnish at serving time.

This delicate wine cream is reminiscent of zabaglione but differs in that it needs no cooking. It is a chilled version. Select a slightly sweet Sauterne or varietal wine such as sweet Sauvignon Blanc or Sweet Semillon for a pleasing flavor.

Fresh strawberries *adorn the lemon cream (foreground) and zabaglione tortes*

DARROW M. WATT

STRAWBERRY ZABAGLIONE TORTE

- 1 envelope unflavored gelatin
- ¼ cup cold water
- 6 tablespoons sweet white wine
- 4 eggs, separated
- ¾ cup sugar
- ½ pint whipping cream
- 1 teaspoon grated lemon peel
- 12 whole ladyfingers (24 halves)
- 2 cups strawberries
- Sugar to taste

Sprinkle gelatin over cold water in a pan and let stand until softened; th pan over hot water and mix unti solved. Stir in white wine.

Whip egg whites until soft peaks then gradually beat in ¼ cup of the beating until whites hold stiff g peaks. Whip cream with the same until stiff. Without washing beater, egg yolks until pale and lemon c and beat in the remaining ½ cup and lemon peel. Then mix in the gelatin mixture.

Fold the cream and egg whites int yolk mixture. Stand split ladyfi rounded side out, around buttered of a 9-inch cheesecake pan (one wi movable bottom or spring-release s Spoon in the zabaglione. Chill until

To serve, garnish with a few wh halved strawberries. Halve remainin ries, sugar to taste, and pass in a bo spoon over each wedge. Serves 8.

A satiny lemon curd fills the mer shell and strawberries decorate th of this angel pie.

STRAWBERRY LEMON CREAM TOR

- 3 egg yolks
- 1 whole egg
- ¾ cup sugar
- ¼ cup lemon juice
- 1½ teaspoons grated lemon peel
- 3 tablespoons butter or margarine
- ½ cup whipping cream
- Baked 9-inch meringue (recipe follows)
- 1 to 1½ cups strawberries

In the top of a double boiler, beat yolks and whole egg until light; m sugar, lemon juice, and lemon peel. butter. Stirring, cook over hot water thickened. Remove from heat and ch

Whip cream stiff and spread in the tom of cool meringue (recipe foll Spread lemon custard over cream l Chill. At serving time garnish with w or halved strawberries arranged in a decoratively on top. Serves 8.

Baked 9-inch Meringue. Beat 3 egg w until foamy. Add ¼ teaspoon *each* and cream of tartar and beat until peaks form. Gradually beat in ¾ sugar; beat until stiff. Spoon into a tered 9-inch cheesecake pan, covering tom and sides. Bake in a 300° over 50 minutes, or until lightly browned.

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Dressing for spring with Lindsay Ripe Olives

1 cup mayonnaise, 1 teaspoon paprika, ¼ cup catsup,
2 tablespoons vinegar, ¼ cup almonds, diced, ½ cup finely chopped celery,
½ cup sliced Lindsay pitted Ripe Olives, 1 tablespoon minced onion,
2 teaspoons minced parsley, 3 hard cooked eggs, diced,
1 head crisp western iceberg lettuce, ½ cup whole Lindsay pitted Ripe Olives.

Combine all ingredients except the last two and chill. Cut head of lettuce into four portions. Place several whole Lindsay pitted Ripe Olives on each portion of lettuce. Pour chilled dressing over lettuce and serve. This Spring dressing keeps in the refrigerator for at least a week in a closed jar. Recipe makes approximately one pint.

Lindsay makes good things taste better

nippy nutty spread

1 4-ounce can Lindsay Chopped Ripe Olives
½ 4-ounce can whole green chiles, chopped and seeded
½ cup almonds, diced
½ cup mayonnaise

Mix together ingredients and spread on your favorite bread. It's hot, zippy and crunchy. Add more or less chopped chiles and mayonnaise to taste.

If product or performance defective Good Housekeeping guarantees replacement or refund to consumer

The nutty flavor of Lindsay Ripe Olives gives your favorite recipes the extra lift they need—the extra difference that makes ordinary foods taste extraordinary. Lindsay Ripe Olives can add the magic touch to salads, sandwiches, casseroles, soups, sauces, meat loaves, and other entrees. Or serve them as an appetizer. There's no worry about diets because a medium size olive is less than five calories. **Send 10¢ to Consolidated Olive Growers, Lindsay, Calif. 93247, for an illustrated recipe booklet. Please be sure to include your ZIP.**

DARROW

Pour cream *over dry homemade*

Another kind o Swiss breakfas

"Nourishing" may seem an old-fash claim, but it suits this hearty, whole and good-tasting version of the Swi cereal called *Müsli (mewz*-lee), orig credited to a doctor named Bircher.

This blend of quick-cooking rolled and wheat germ crowded with to nuts and dried fruit has certain a tages over the authentic combina (see page 149 of the March 1968 *Su* in that you can prepare it ahead and it in the cupboard to serve daily a would any uncooked cereal.

Campers and backpackers will appre its light, dry, easy-to-carry quality; in camp with reconstituted dried mil

SWISS-STYLE CEREAL

- 1 cup *each* whole filberts and whole blanched almonds
- 3 cups quick-cooking rolled oats
- ¾ cup sweetened wheat germ
- 1 cup dried currants
- ⅔ cup finely chopped dried apricots
- ¾ cup firmly packed brown sugar
- Milk or cream
- Fruit such as fresh sliced bananas or strawberries, or canned drained mandarin oranges (optional)

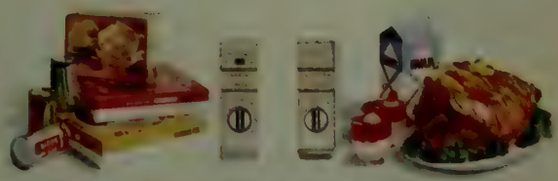
Spread filberts on a rimmed baking s and the almonds on another one. Bal a 350° oven for 5 to 8 minutes or very lightly browned; shake pans sionally. Let nuts cool; rub filbert your hands to loosen as much of brown exterior as possible, then blo fan off this chaff. Chop filberts an monds coarsely.

Blend nuts with oats, wheat germ, rants, apricots, and sugar. Store tightly closed container at room tem ature. Serve in bowls with milk or cr top with fruit, if you like. Makes 8 or about 16 servings of ½ cup size.

The exclusive *Amana* features.

You should know about each of them when you're buying a refrigerator-freezer!

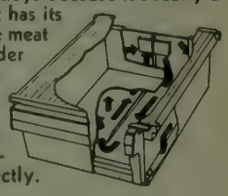
Model SR-22 F: white, avocado, coppertone or autumn gold.



1 **Amana's Twin Sensi-Matic Cold Controls** give you separate temperature control over the refrigerator and the freezer. Set one without affecting the other. The temperature you set them for is maintained automatically. No defrosting ever—because no frost ever forms in the freezer or the refrigerator.

2 **Amana's Add-On Automatic Ice Maker.** This sensible option lets you switch from regular ice trays (that come with your refrigerator) to automatic ice making. Add it now, or wait till you're ready for the added convenience of ice in party quantities. Costs you no more to add it later than if you add it when you buy your Amana. Installed in a few minutes.

3 **The exclusive Amana Meat Keeper** keeps meats market-fresh up to twice as long as ordinary meat trays because it's really a "refrigerator within a refrigerator." It has its own cold control that lets you regulate meat storage temperatures up to 10° colder than the rest of the refrigerator. The meat container is cradled in a blanket of circulating cold, but no blasts of cold air ever blow directly on the meat to dry it out. Even your butcher's display case doesn't keep meat as perfectly.



4 **Amana's Patented Adjustable Cantilevered Shelves** are on recessed tracks, for 100% usable storage space. They let you organize refrigerator interior to suit yourself. Each sturdy shelf can hold up to 75 pounds.

5 **The brand new Amana Hi Humidity Compartment** has its own separate temperature/humidity control to keep vegetables cool and moist. The compartment is sealed off from the rest of the refrigerator, so super cool air can flow around and under the vegetable drawer without drying out the contents. You can keep lettuce and leafy vegetables country-fresh up to three whole weeks.

You get all these superior convenience features in the Amana 22 side-by-side (with 22.4 cu. ft. of storage space) and the Amana 25 (25.3 cu. ft.)—plus automatic door closers and the exclusive Amana 5-Year Total Appliance Warranty—the only one that covers parts and labor for five full years. Only Amana gives you this strong a warranty.

Both models are only 35¾" wide and both are available with Decorator Panels, in a choice of 329 patterns, colors or wood paneling. So see your Amana dealer—he has more to offer you for your side-by-side dollar.

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AMANA 5-YEAR TOTAL APPLIANCE WARRANTY: Amana warrants for 5 years from date of original purchase in U.S., free replacement or repair, including related labor, of parts found defective as to workmanship or material under normal use, and returned through Amana's dealer-distributor organization. Owner is responsible for local cartage, repairmen's travel expense if required, replacement of gaskets, rubber or plastic parts and light bulbs. Any product subjected to accident, misuse, negligence, abuse, defacement of serial plate or alteration shall void the warranty.

German Chocolate Cak

The true bake shop classic—with real cocoa, coconut and pecans—comes from the Betty Crocker mixes.

Real cocoa in German Chocolate cake gives the famous bake shop classic its light color and deep sweet flavor.

Real coconut and pecans give the frosting its traditional chewy goodness.

Betty Crocker mixes use all three key ingredients. That's why these are the mixes that make the true bake shop classic dessert.

When the flavor's this exciting, you can bet it's Betty Crocker.

The Original German Chocolate Cake & Coconut-Pecan Frosting Mixes

For the novice at grilling

everyone can take cuts of meat like rt ribs or chicken pieces and barbe- them to perfection. It takes skill to trol the heat so they will be cooked der and juicy and just nicely browned. an extra challenge when the marinade choose is one that burns easily.

have been using a technique that atly simplifies the grilling of these ts. The meat is cooked first in the inade and allowed to absorb its fla- s. Then it is easily glazed to a rich wn while heating on the barbecue.

RBECUED SWEET-SOUR CHICKEN

- 4 each chicken legs and thighs or 1 broiler-fryer chicken, cut up
- ⅓ cup each lemon juice and mild honey
- ½ cup dry white wine or apple juice
- 2 tablespoons Worcestershire
- 3 tablespoons Dijon-style mustard
- ½ teaspoon salt
- ¼ teaspoon basil
- ¼ teaspoon liquid hot pepper seasoning

e chicken pieces and pat dry. In a tch oven combine the lemon juice, ey, wine, Worcestershire, mustard, basil, and hot pepper seasoning. g to boiling, put in chicken pieces, re- e heat, cover, and simmer gently until ken is tender, about 20 minutes. Re- ve from heat and let stand for at least minutes, or up to 3 hours.

barbecue, remove chicken from mari- e and arrange on the grill over low, wing coals. Watch carefully and turn n until browned and heated through, ting with the marinade. Makes about rvings.—*C. C., Lakewood, Calif.*

CY BARBECUED BEEF SHORT RIBS

- 4 pounds beef short ribs
- ¼ cup soy sauce
- ¼ cup Sherry, red table wine, or water
- ¼ cup salad oil
- ½ cup catsup
- 1 tablespoon Worcestershire
- 1 large clove garlic, minced or mashed
- ¼ teaspoon pepper

ve the meatman cut apart the ribs into ing-size pieces. In a Dutch oven com- e the soy sauce, wine, salad oil, catsup, rcestershire, garlic, and pepper. Put the meat and bring to boiling; cover, simmer gently until meat is tender, ut 40 minutes. Remove from heat and stand at least 30 minutes, or overnight.

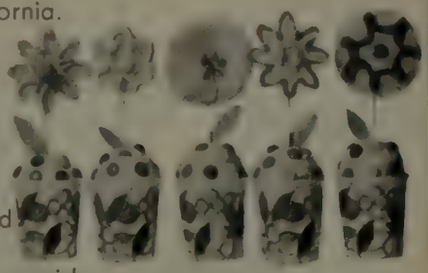
barbecue, remove meat from marinade arrange on grill over low, glowing ls. Watch carefully and turn often, il well browned and heated through, ting with the marinade. Makes 4 to 6 ngs.—*R. G., Santa Rosa, Calif.*

Betty Crocker

News from General Mills

Suddenly it's Spring! New birds fly in every day to join the ducks and geese on our pond. The ice has melted in the lakes. And there's new hope, new excitement everywhere, even in your letters.

Pick-a-Posy Dessert is an idea from California. Just prepare your favorite sugar cookie dough using Gold Medal Flour; roll and cut into rounds or flower shapes. Insert a thin hibachi stick or wooden skewer (about 6 inches long) in each for stem. Bake and cool. Decorate cookies to resemble flowers, using candies and our Vanilla Ready-to-Spread Frosting tinted pastel colors. Fill 3-inch paper cups with softened vanilla ice cream; garnish with candies. Freeze. To serve, thaw slightly; insert a cookie flower in each.



"I want something wild and wacky for an end-of-school party." Our suggestion: PERSONALITY PIZZAS. For the dough, mix 2 cups Bisquick and ½ cup water. Knead about a minute on lightly floured surface. Roll ¼ inch thick and cut into 3-inch squares. Place on ungreased baking sheet and pinch edges of squares to form rims. Spoon tomato sauce on each square; sprinkle with oregano. Now—everybody 'does his own thing' with bowls of sliced olives, onions, Parmesan, Mozzarella or Cheddar cheese, mushrooms, anchovies, shrimp, pepperoni, salami or you name it. Bake 20 to 25 minutes at 425°. Add a relish platter—and there's your party.

"I'm cutting down on calories—spring-slimming time. Could you tell me please, the calories in your snacks?" Our snacks (Pizza Spins, Bugles and the rest) run about 40 calories to the half-cup. And here's another idea: Cheerios are only 50 calories to the half-cup. So for variety, melt 2 tablespoons butter in a heavy skillet, add 4 cups Cheerios and stir over medium heat about 5 minutes. Sprinkle with ½ teaspoon garlic salt or onion salt. Only 75 calories in this ½ cup (the butter accounts for that extra 25 calories!).

Your own garden hose provides the power for summer outdoor fun for backyard swingers—with the Kenner Water-Go-Round. Put on their bathing suits—let the small fry splash. Or turn the water down—and the swing goes round and round but they stay dry. Pleasant contribution to family welfare from Kenner, a recent addition to our General Mills family.

Free this month — Our "Hostess Casseroles" recipe booklet. 25 company-bright dishes you can make, including fast and fascinating ones with our Macaroni & Cheddar, Noodles Almondine and Noodles Romanoff. Send your name and address with zip code to Betty Crocker, Dept. 875, Minneapolis, Minn. 55440.

Each guest *is served rice, tea, and some of each of the meats and vegetables from the flavorful broth for dipping in the special.*

What she's serving is Japanese me-zoo-ta-key

The idea of inviting a small group of friends to dine upon a dish cooked at the table seems to keep gaining in popularity. A friendly and festive way to entertain, it is also an easy-on-the-hostess meal.

You might like to add Japanese *mizutaki* (pronounced me-zoo-ta-key) to your repertory of dishes to cook at the table. Bite-sized morsels of meat and vegetables are cooked in simmering broth to make a lean and satisfying meal. Although mizutaki originated as peasant's fare, it lends itself to innovations. In Japan as in some West Coast cities, variations of mizutaki have become popular in Japanese restaurants.

An important addition to the succulence of mizutaki is the sauce into which the cooked foods are dipped. It's the rich and subtly seasoned sauce, a modern embellishment, that distinguishes the following recipe.

The classic cooking utensil for mizutaki is a handsome, charcoal-fired, metal pot with a center chimney, surrounded by a moat that holds the broth for cooking. These cooking pots are widely available in import shops now. If you buy one, make sure it is intended for cooking—some are sold to use as planters an made of metals not suited for cookin you use an Oriental cooking pot, sure your table is well protected fron intense heat of the burning charcoal

A metal fondue pan is being used to mizutaki in the photograph above. chafing dish-type cooker that burns natured alcohol may be used; you need enough heat to keep 2 to 3 in of broth boiling. Less romantic, but practical of all to use, is an electric fr pan or other electric cooking pot.

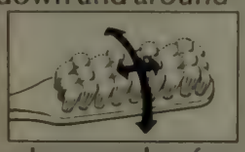
You can have the mizutaki sauce b

smile.

Now the Sunbeam® Electric Toothbrush can get your teeth 42% cleaner than ordinary hand-brushing.

The good news speaks for itself: when compared with ordinary hand-brushing, clinical studies show that the Sunbeam Electric Toothbrush gets teeth up to 42% cleaner.

The secret is the revolutionary brushing action that scrubs teeth up, down and *around* at the same time. Up and down—to clean between teeth with 1800 strokes per minute. (Only Sunbeam has it). Around and around — for cleaner gumlines and better stimulation. Put them together and they spell cleaner teeth.

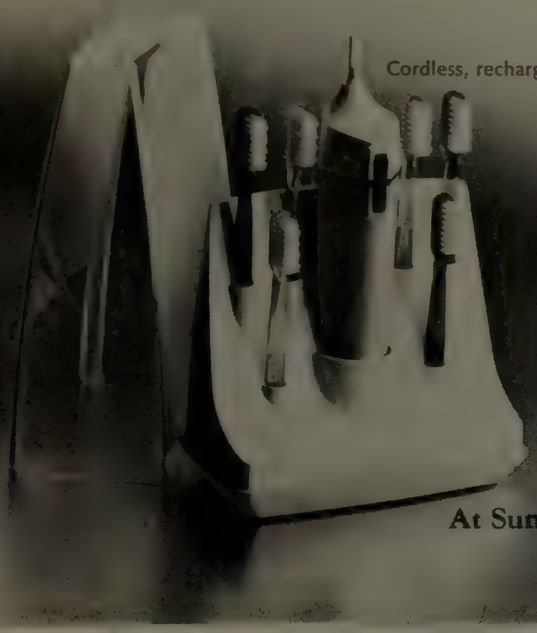


Which can help spell fewer cavities.

And if that's your idea of something to smile about, maybe it's time to get the Sunbeam Electric Toothbrush for *your* family.

Sunbeam

Like all Sunbeam products, "Built with integrity—backed by service."

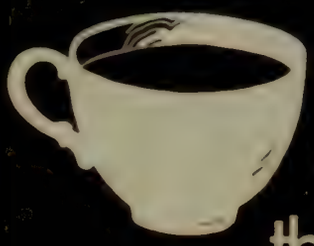


Cordless, rechargeable.

At Sunbeam, we take smiling seriously.

9 SUNBEAM CORPORATION, CHICAGO, ILLINOIS

The two richest coffees in the world



(and less than 1/2¢ more per cup than other coffees)

S&W COLOMBIAN

This is the superlative coffee from the Colombian Andes with the distinctively different, richer flavor. Luxurious? Yes. Extravagant? Not at this price!

S&W KONA

This rare coffee draws its piquant flavor from Hawaii's Pacific sun and volcanic soil. A delightful treat for coffee connoisseurs. And, for so much richness, a remarkable bargain!

"Recipe for Tijuana Chicken

replace rice with a flavored rice m
add the curry while the mix cooks.

TIJUANA CHICKEN WITH BRASSY

- 1 roasting chicken, 4 to 5 pounds, cut in pieces
- 1 can (4 or 6 oz.) sliced mushrooms, drained
- 1 large onion, cut in pieces
- 2 carrots, cut in pieces
- ½ green pepper, seeded and sliced
- 1 cup sour cream
- 3 tablespoons flour
- ½ teaspoon coarse-ground pepper
- ⅛ teaspoon Cayenne
- 1 teaspoon curry powder
- 1 cup dry white wine
- 1 can (8 oz.) tomato sauce
- ¼ teaspoon garlic salt
- 1 teaspoon salt
- Brassy Rice (recipe follows)

Wash, pat dry, and remove any ex
from chicken pieces. Arrange in a
(at least 12 by 16-inch) roasting pa
with mushrooms, onion, carrots, and
pepper. In a bowl, thoroughly blen
cream, flour, pepper, Cayenne, curry
der, wine, tomato sauce, garlic sal
salt. Pour over chicken. Cover pa
foil; bake in a 350° oven for 2 ho
until chicken is tender. Skim off fat
sauce. Lift chicken pieces onto s
platter; spoon some of the sauce
chicken and pass remaining sauce
separate bowl to spoon over rice. T
6 servings.

Brassy Rice. In a 1½-quart sau
with cover melt 3 tablespoons b
Chop 1 small onion, ½ seeded
chopped green pepper and sauté in 1
until soft, with 1 teaspoon curry po
Add 1 cup quick-cooking brown ric
stir over medium-high heat until ri
gins to brown slightly. Add 1 can
oz.) condensed consommé and en
water to make a total of 1½ cups l
bring to a boil, cover, lower heat and
15 minutes. Serve with Tijuana Ch

Bakersfield, Ca

Pity the poor chicken. No matter
he takes up residence, someone is

©JOHN MEYER OF NORWICH INC.

How to write in a whisper...

While you are dreaming of him—instead of writing "Wish you were here"—try "You would have loved the clouds I saw this morning."

And while writing with your felt-tip purple pen—just in case you're observed—wear a pure white dirndl skirt with a polo belt, about $16.

Top it off with a tennis shirt, in blue denim stripes, about $11. In other colors you like and at stores you like.

Everything tailored in that very special John Meyer way.

Send him kisses xxx. Communicate!

John Meyer speaks your language

Gourmet Ideas
by Edie Cole

Olives-Sesame Appetizer: Drain Early California Brand Whole Pitted Ripe Olives and dry on paper towel. With a knife, spread a ribbon strip of soft cream cheese around middle of each olive. Roll into toasted sesame seeds which have been mixed with minced chives or parsley. Spear with cocktail picks. Serve and listen to the "ahs".

The brand is
Early California

Salmon-scrambled eggs for lunch or brunch to go with caraway-rye toast and cold beer; garnish so generously with Lady's Choice Brand Farm Style Pickle Chips that the pickles are a part of the dish. Scramble eggs as usual but season well with black pepper and some minced fresh green onions. Toward end of cooking, fold in some flaked canned or smoked salmon and heat through. Garnish very generously with overlapping pickle slices.

The brand is
Lady's Choice

A cherry crowning: Top chocolate ice cream in a stemmed dessert glass with halved **Cherry Bowl** Brand Red Maraschino Cherries and a cherry on stem.

ALL FROM **EARLY CALIFORNIA**®
THE FINE FOOD COMPANY

to wring his neck and lower him into a pot. Even vegetarians will occasionally cast hungry eyes upon a chicken.

Herewith a dish of livers from the hapless creature. This recipe by Ettore Paggi, Jr. is quick and easy, and certainly more elegant than cube steak and potatoes. Light a candle or two, open a dry rosé, and impress your friends and relations.

CHICKEN LIVERS ALLA ROMANA

- 4 tablespoons (1/4 cup) butter
- 2 tablespoons olive oil
- 1 medium-sized onion, chopped
- 1 pound chicken livers
- 1 can (10 1/2 oz.) condensed mushroom soup
- 1 can (4 to 6 oz.) sliced mushrooms and liquid
- 2 cups hot cooked white rice

In a frying pan, melt butter with oil and sauté onion until tender. Add livers and cook over medium high heat until livers are just firm, but still pink inside, about 3 minutes. Add soup and mushrooms and simmer about 5 minutes, stir occasionally. Serve over white rice. Makes 4 to 6 servings.

Ettore Paggi, Jr.

Los Angeles

Americans are probably the only people who eat any appreciable amount of ice cream in the cool months. European ice cream vendors appear suddenly with the hot weather, and disappear just as suddenly with the first cool autumn morning. They are perhaps suppressed by edict. Or perhaps our efficient heating systems make us more tolerant of cold d cold weather.

Chef H. George Watkins proposes make ice cream in early May. If y an Old World prejudice, save thi for rich and delicious ice cream a it a month or two later.

The name of the recipe comes f process that all good cooks are with: You add a little more this, a little bit of that, and in five or are somewhat satisfied. (Not th ations always cease at that point is *Chef* Watkins'. . .

TRIAL AND ERROR ICE CREAM

- 1 1/2 quarts (6 cups) half-and-half (light cream)
- 2 cups sugar
- 12 egg yolks
- 1 1/2 pints (3 cups) whipping cream
- 1/4 teaspoon salt
- 2 to 3 teaspoons vanilla

Combine half-and-half, sugar, a yolks and cook over low heat, constantly, until mixture will spoon; may take 20 minutes or move from heat and cool. Add w cream, salt, vanilla; blend well. Po a 4-quart freezer container, pack and salt (ratio of 1 cup salt to 5 c cubes), crank until firm. Remove drain off water and repack conta ice and salt (1 cup salt to 4 c cubes). Allow to mellow at least a or store in freezer until ready to Makes about 1 gallon of ice cream.

H. George Watkins

Petaluma, C

"European ice cream vendors appear suddenly with the hot weather"

arrier goes round ding in the bushes.

lant yours now.

efore it gets hot.

efore Carrier Dealers get busy.

the time to give your house l air conditioning with the newest conditioning—the round one.

und one is more compact than box-shaped condensing units.

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The round one. Another great idea from Carrier. Weather doesn't bother it. And it doesn't let weather bother you.

Call your Carrier Dealer for a free home survey and estimate. He's in the Yellow Pages. Now's the time.

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Heat and sound are blown straight up. Away from shrubs. Away from neighbors.

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■ Counting the Mzma and the Peykan and the Warzwa, there are about 150 makes of automobile running over the world's roads today. They pass each other, in the foothills of the Andes, in the Loire Valley, in the streets of Istanbul, on the string-straight roads of Texas, as anonymously and as indifferently as subway riders—all except one. Porsche. When Porsches pass, their head-lights flash.

Why? Someone has said that the wealthy and the talented are comfortable only in each other's company. Men in risky occupations—high-wire performers, hard-hat divers, fighter-pilots—tend to feel way. Members of some select gr identify each other by sight (a player's hands) or by sound (a C graduate's accent). Some wear (an Esperanto speaker's lapel bu rosette of the Legion d'Honneur). S Some speak. Porsche owners fl head-lights.

Prices start at about $5,100, Ea P.O.E. See your Porsche dealer to the Porsche of America Cor 100 Galway Place, Teaneck, N.J

PORSC

Greetings from one insider to another

THE

Western Kitchen

NEWS AND IDEAS

Decorative and useful: small utensils on a magnetic rack

Magnetic knife racks circle this kitchen just above the counters to hold small tools and utensils. The owner-architect, Robert C. Peterson, Menlo Park, California, used a hacksaw to cut the wood-and-metal racks to fit. Available in 12, 18, and 24-inch lengths, they range in price from $3 to $7.

An ultrasonic cleaner for chen, shop, or hobby work

l two ultrasonic cleaners are avail- now for household, workshop, and use. You drop the objects to be d into a small tank filled with water cleaning agent, and flick a switch. high-frequency sound waves acti- ubbles that loosen dirt, tarnish, and nd "scrub" it away.

one model, you can buy two larger in addition to the integral tank.

cleaners sit on the counter and operate on 115-volt house current. Each costs about $40 at large department stores.

To seal your own food storage bags

You can capitalize on food bargains with a food packaging kit that includes a sealing appliance on a counter stand, clear plastic pouches, a measuring cup for filling the bags, and pressure-sensitive labels. Use the kit to seal fresh or leftover foods in pouches much like the prepackaged frozen foods you see in the grocery store, and later drop the pouches into boiling water for cooking or reheating.

You could also use it to package things for picnics and camping trips, seal away woolens and silks, and keep items tarnish-free by storing them in airtight bags. The kit sells for about $25. For details, write to Kitchen Ideas, *Sunset Magazine*, Menlo Park, Calif. 94025.

EDMUND Y. LEE

A place to cut . . .

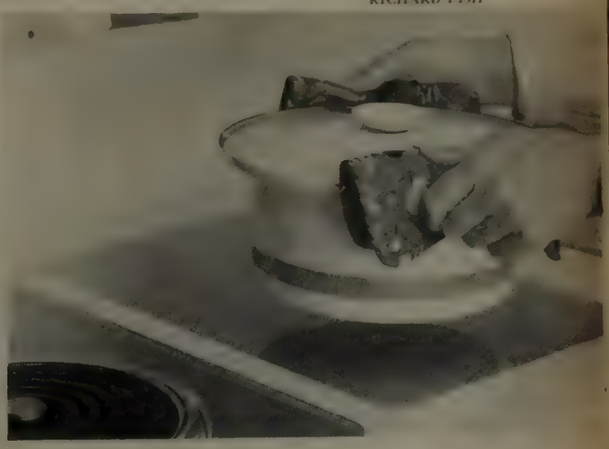
Commercially made hardwood cutting board, edge-lipped, fits square hole cut in laminated plastic counter in Donald Woodry house, Gleneden, Oregon. Architects: Blanchard, Lamen & MacCollin.

Vertical storage for baking pans

e space for the myriad baking pans that are awkward to stack is pro- under the cooktop in the Jack I. Mayers house, Anacortes, Washington. vided into three sections, which are further divided by ¼-inch hardboard s that slide in grooves cut in the shelving. Architect was Don L. McKee.

DON NORMARK

RICHARD FISH



. . . and a place for hot pots

In a Los Angeles house, this stainless steel plate fits flush with the laminated plastic counter to receive hot pans. Designer was Chris Christiansen, St. Charles Kitchens.

The Laughing Cow is a mild sensation.

Cheezbits: smooth, spreadable imported cheese. Individually wrapped in silver foil cubes that strip right open. Perfect for a party or a snack. So mild and creamy, we call Laughing Cow "the bite-size cheese that never bites you back."

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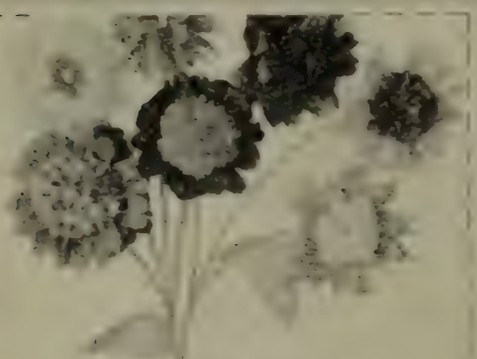

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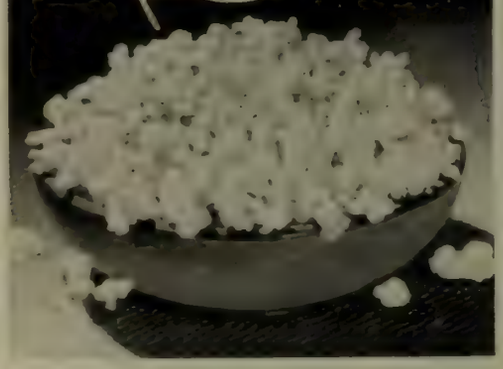
are JOLLY TIME fanatics!



"Fed-up with "movie show" and "ball-park" type pop corn? Try crispy, fluffy, tender, **hulless** Jolly Time — the **different** pop corn that's **special for home popping.** The all-time favorite of real pop corn lovers. Try it. You'll LOVE it.

Good Housekeeping GUARANTEES

Fresh berries *are bound and gla a gel; pass whipped cream if*

Strawberry sli in a glaze

Fresh strawberry slices, sparkling i sherry-flavored glaze, make a sh sert. You flavor and tint a gel, st sweetened strawberries, and sp mixture into a graham cracker cr pared from crumbs or a mix (f package directions).

This quickly made dessert is a boon to those who like a maxi fresh fruit flavor and pie that tively low in calories.

SPARKLING STRAWBERRY PIE

- 2 baskets strawberries
- ¾ cup sugar
- 1 envelope unflavored gelatin
- 1 bottle (7 or 8 oz.) ginger ale, chill
- ¼ cup Sherry
- Few drops of red food coloring
- 9-inch graham cracker crumb pie cr baked and cooled

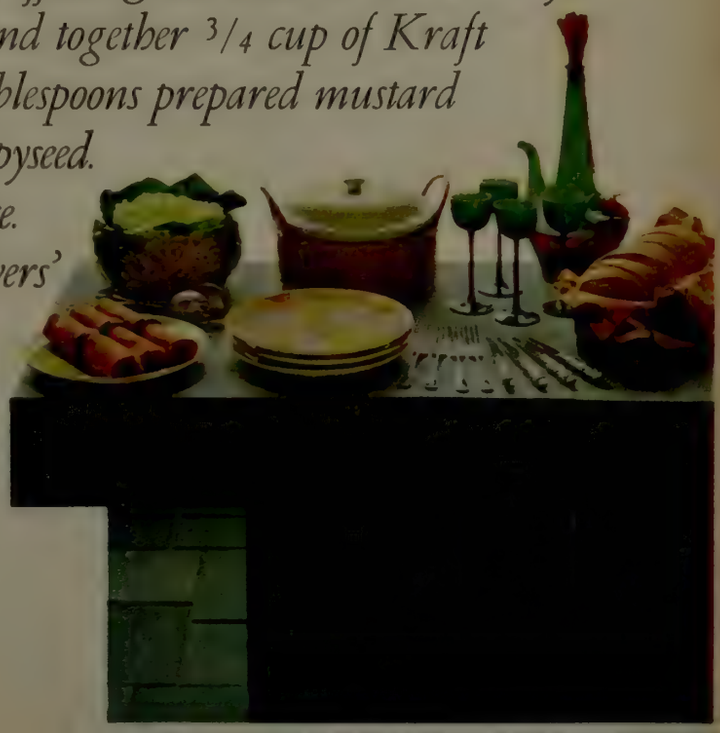
Reserve three well formed straw wash, hull, and slice remaining into a bowl (you should have cups). Sprinkle sugar over stra and stir to distribute evenly. In saucepan, sprinkle gelatin over ½ the ginger ale. Let stand 5 min soften. Then stir over low heat un tin is dissolved. Remove from h stir in Sherry, remaining ginger al few drops of red food coloring.

Pour the gelatin mixture over st ries; set the bowl in a larger pa water. Stir mixture constantly un tin thickens to an egg white con Remove bowl from ice water an fully spoon mixture into pie crust, uting the berries and gel evenly reserved berries, coat with gel. range on top. Cover and chill un about 2 hours. To serve, cut with knife and remove portions with server. Makes 6 to 8 servings.—*Palo Alto, Calif.*

The Steak Out

A rare moment for steak fanciers. London broiled flank steak with a superb mustard sauce. You concentrate on charcoaling the beef; let Kraft Mayonnaise take care of the sauce-making. At Kraft, we fuss a lot with mayonnaise, blending eggs (and extra egg yolks) with fine oil and spices. It's worth the effort. Good cooks love the velvety smoothness. ∾ Blend together 3/4 cup of Kraft Mayonnaise, 2 tablespoons prepared mustard and 1 teaspoon poppyseed.

Kraft Mayonnaise.
The mayonnaise lovers' mayonnaise.



Tried everything and still can't get your dishes spotless? Try Jet-Dry.

Jane Kean, featured on "The Jackie Gleason Show"

Spots are formed by slow, uneven drying in the rinse cycle of your dishwasher. And changing your detergent may not help you. No detergent even gets into the final rinse cycle. That's where Jet-Dry comes in. Jet-Dry is not a detergent. It's a rinse agent that works in the rinse cycle and helps dry dishes so fast, so evenly, spots can't form. Jet-Dry: The thing to try after you've tried everything.

SOLID JET-DRY
For dishwashers without rinse injectors

LIQUID JET-DRY
For dishwashers with rinse injectors

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Veal meals yo needn't watc

These two delicately seasoned vea cook unattended, so they're good dates for company meals.

VEAL STEW WITH ROASTED POTA

About 6 tablespoons olive oil
3 pounds boneless veal stew meat
1 medium-sized onion, chopped
1 clove garlic, minced or mashed
1 pound mushrooms, sliced
1 can (13 oz.) ready-to-serve mushroom soup
¼ cup dry white wine
½ teaspoon salt
⅛ teaspoon pepper
¼ teaspoon paprika
8 small red-skinned new potatoes
2 tablespoons *each* flour and water
Parsley

In a Dutch oven, heat about 3 to 4 spoons of the oil; using medium high brown the meat a little at a time to loss of juices. Remove browned mea pan with a slotted spoon; add onio lic, and mushrooms, and cook unti but not browned. Return meat to pour soup and wine over it and with salt, pepper, and paprika. Mix cover and simmer for 45 to 60 minut until meat is tender.

Meantime, scrub and dry potatoe do not peel. Heat the remaining oil 9-inch baking pan in a 400° oven or 4 minutes. Roll potatoes in oil all over; bake for 45 to 60 minut until potatoes are tender.

To serve, arrange meat and mushr in a deep serving dish. Combine flou water into a smooth paste; add to liquid and cook, stirring, until thick Pour over meat; top with potatoes. nish with parsley. Makes 8 servings

VEAL STEW WITH GREEN PEPPER STRIPS

In a Dutch oven, heat 2 tablespoons oil over medium heat. Add 2 pounds less veal stew meat and 1 large clove lic, minced or mashed. Cover and st for about 5 minutes, stirring occasion Add ½ cup dry white wine; cover simmer 1 hour, or until meat is tend

Meanwhile, seed and cut 2 green pep into ½-inch-wide strips. Sauté pepper about 2 tablespoons olive oil over dium-low heat for about 15 minutes, tender but not browned.

Just before serving, add to the meat sautéed pepper strips; 1 can (about 4 pitted ripe olives, drained; ¼ teasp salt; ⅛ teaspoon pepper; and ¼ teasp paprika. Mix well and cook until rehe Makes 6 servings.—*R. C., Belmont,*

Make the most of their "Wonder Years"

You can do the most for your children's growth during their "Wonder Years"— ages one through twelve

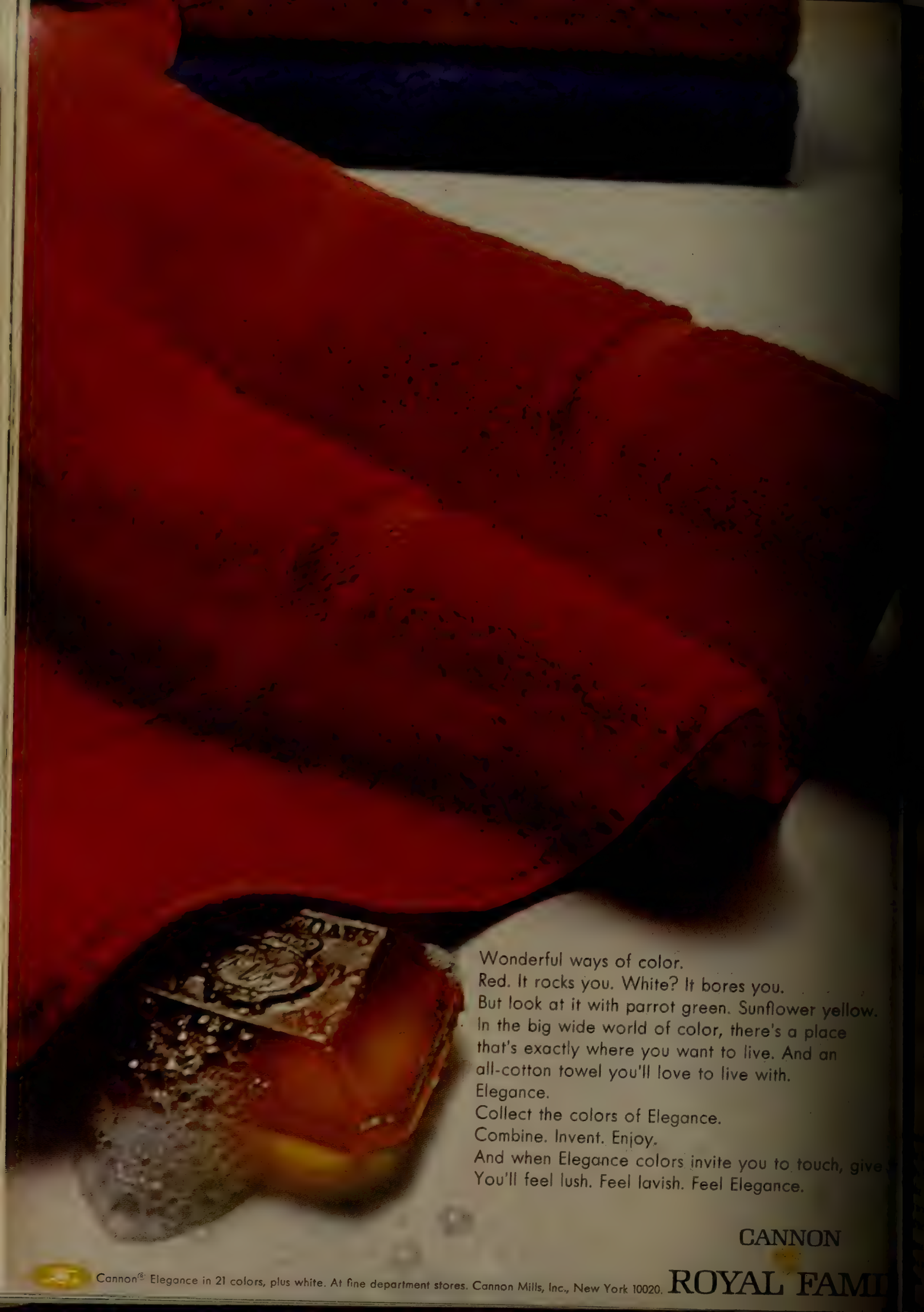
These are the years when your children actually grow to 90% of their adult height. Each slice of Wonder Bread during the "Wonder Years" gives children protein for muscle, minerals for strong bones, carbohydrates for energy, vitamins for nerves...all vital elements for growing minds and bodies.

Helps build strong bodies 12 ways!

You get a big delight in every bite!

Hostess Fruit Pies

...made with more fruit filling than crust. Sugar-glazed to keep in that fine Hostess taste. All your favorite flavors. Try 'em for lunch boxes, anytime snacks!


Wonderful ways of color.
Red. It rocks you. White? It bores you.
But look at it with parrot green. Sunflower yellow.
In the big wide world of color, there's a place
that's exactly where you want to live. And an
all-cotton towel you'll love to live with.
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You'll feel lush. Feel lavish. Feel Elegance.
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Cannon® Elegance in 21 colors, plus white. At fine department stores. Cannon Mills, Inc., New York 10020.
ROYAL FAMI

DARROW M. WATT

ket tray *holds entire picnic lunch for easy carrying to an outdoor setting. Menu features assorted sandwiches, is easily expanded*

MAY MENUS

Let's celebrate spring out of doors with lunch in a basket... Sunday brunch on the patio... hot barbecue dinner for company

capitalize on our usually balmy spring ther for these outdoor May menus, ed to family and friends who may be nding the weekend. If the weather ns inclement, you can easily switch of them to an indoor setting.

menus suit three typical eating situ- ns: a portable basket lunch for family extra visitors, a platter-style brunch to serve on the terrace, and a lamb kebab barbecue for evening guests.

Lunch in a basket

A large basket tray makes a neat serving container for transporting this picnic lunch to and from an outdoor locale—the patio, garden, poolside, or even a playhouse or tree fort. The practically "instant" menu is planned for family plus any number of extra children (or adults) that may be spending the day.

A large loaf of bread made into sandwiches with the different cheeses and cold cuts poking out gives everyone an opportunity to select his favorite kind.

Cheese and Meat Sandwich Loaf
Cherry Tomatoes
Pickles Olives
Potato Chips
Cream-Filled Chocolate Cookies
Golden Delicious Apples
Canned Sodas or Milk Shakes

First find a suitable basket for holding all the makings listed above. Make up the sandwiches, reassembling in a loaf shape, and place on a foil liner. Fill small containers with relishes and tuck in potato chips, apples, and cookies.

Don't forget to include paper napkins,

Berry Refresher

Pair fruits with a tangy sauce for a refreshingly light dessert. Contemplate strawberries dipped in a citrus sauce based on IMO.

Arrange washed strawberries with stems on dessert plates along with individual bowls of orange dip.

For dip, mash 1½ teaspoons grated lemon peel with 2 tablespoons sugar; blend in 3 tablespoons frozen orange juice concentrate (thawed) and ½ cup IMO.

There's only one IMO

Available in pint and ½ pint sizes. Contains no milk or milk fat solids. And it's made by Rod's, originators of refrigerated dressings. Look for it in the Deli or Milk case.

Send for free recipe booklet:
ROD'S FOOD PRODUCTS, INC.
P.O. Box 15838, Los Angeles, California 90015
CK Certified Kosher
IMO is Rod's trademark for its fine food dressing.

For a weekend brunch: *a hot platter of scrambled eggs, asparagus, and salmon*

straws, and chilled beverages.

Cheese and Meat Sandwich Loaf. A sliced dark rye or whole wheat bread is excellent for this sandwich loaf (or you can use half white bread if your children prefer it). Butter the inner sides of every two slices and spread with mayonnaise. Slip in alternating fillings such as bologna, mortadella, salami, Swiss cheese, Cheddar, or jack cheese. Tuck in butter lettuce randomly. Place loaf on a rectangle of foil slightly larger than the loaf; bring up the sides about 1 inch and pinch corners to form a serving tray. Makes 1 large loaf; number of servings depends on size of the loaf of bread.

Sunday patio brunch

The simplicity of this menu is a twofold asset. If you have overnight guests, you can quickly prepare everything in their presence. The food is also easy to carry to a table outdoors. If possible, utilize a hot tray for serving.

Egg, Asparagus, and Salmon Platter
Toasted Brioche Rolls or English Muffins
Cream Cheese
Gingered Strawberry Sundaes Coffee

Have all ingredients ready for quick morning preparation. Wash and hull the berries and clean and trim the asparagus the day before to save time. Make coffee, cook asparagus, scramble eggs, and toast rolls in that order. Place a chunk of cream cheese on a serving board; use it to spread on hot rolls. You can assemble the sundaes just before serving.

Egg, Asparagus, and Salmon Platter. Wash and trim 1½ pounds asparagus an in boiling salted water 7 to 10 mi or until tender; drain. Add 2 tables butter and heat, coating well. For s bled eggs, beat 8 eggs lightly and ⅓ cup light or heavy cream, ½ tea salt, and ¼ teaspoon crumbled drie ragon, if desired. Pour into a hot tered, large frying pan. Stir lightly the bottom until done to desired sistency.

Spoon onto the center of a hot pl sprinkle with chopped parsley, an der with asparagus spears on one sid 6 slices smoked salmon (about 3 o the other side. (Or substitute rolled l ham for salmon.) Serves 6.

Gingered Strawberry Sundaes. Wash, and halve 3 cups strawberries and s kle with sugar to taste. At serving spoon half the berries into dessert d cover with a scoop of vanilla ice c (you need about 1½ pints), and spoo maining berries around sides. Finely 3 tablespoons preserved ginger and s kle over sundaes along with 1 or 2 t spoons of the ginger syrup. Serves 6

Company barbecue dinner

Boned and cubed leg of lamb is the e for this kebab dinner. This whole m goes together swiftly.

Lamb Kebabs Krishna Golden R
Mushroom and Avocado Sauce
Butter Lettuce Salad Cheese (optio
Raspberry Babas with Whipped Crea

Marinate the meat a day ahead for sonings to permeate. Wash and chill a

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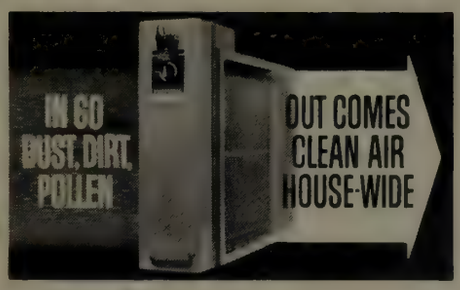

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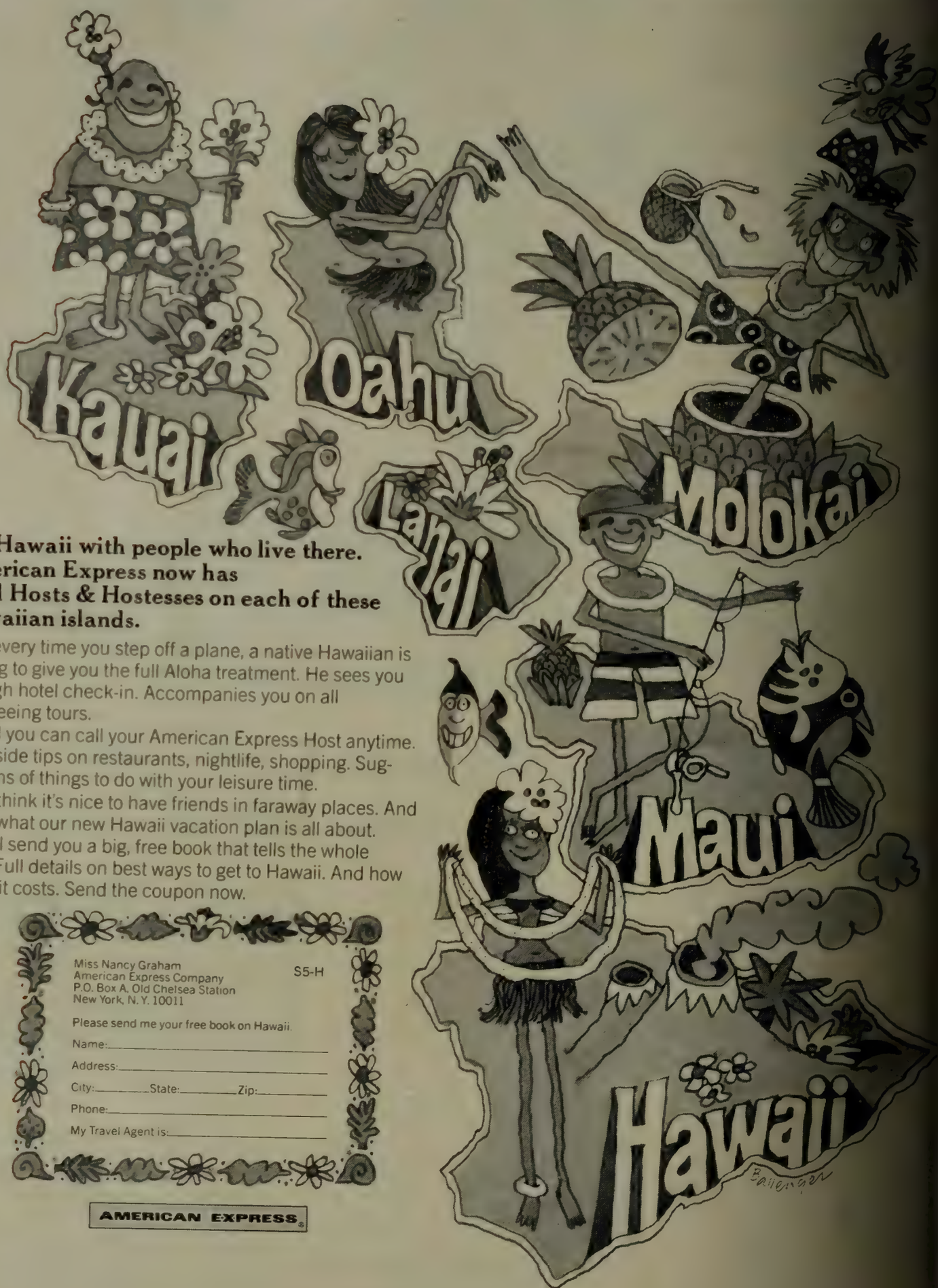

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ns. The other cooking tasks can be pleted in less than an hour, before sts arrive.

b Kebabs Krishna. Have your meat- bone and cube a 6 to 7-pound leg of b, cutting it into 1½-inch pieces about ch thick. Peel and quarter 1 medium- d onion and place in a blender with up Vermouth or other dry white wine 2 tablespoons lemon juice and ⅔ cup er): blend until smooth. Pour into a e bowl, add 8 whole cloves, 2 minced es garlic, and 1 bay leaf.

l meat, turn several times, cover, and l overnight or at least 6 hours. Thread t on skewers, allowing 4 or 5 chunks person.

becue the kebabs over medium hot ls for about 10 minutes, turning, or il medium rare. Makes about 10 serv- s. (You may freeze part of the leg of b, unmarinated, for another occasion our guest list is smaller.)—*K. K., Palo o, Calif.*

den Rice. Bring to a boil in a large cepan 5 cups water, ¼ teaspoon tur- ric, 2 teaspoons salt, and 2 tablespoons ter. Stir in 2 cups white rice. Cover simmer 25 minutes, or until tender. 1 ½ cup golden raisins. Heat ½ cup ter until bubbly and it just starts to wn; pour over rice. Stir lightly with a k to distribute melted butter and rai- s evenly. Makes 8 servings.

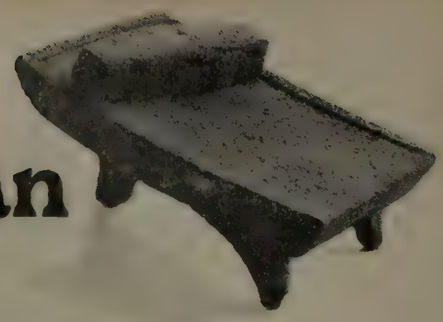
shroom and Avocado Sauce. Mix 1 cup r cream with ½ envelope (about 2 lespoons) dehydrated onion soup mix l set aside. Wash and slice 1 pound shrooms. Heat ¼ cup butter in a large ing pan, add mushrooms, 1½ table- ons lemon juice, and heat over medium t until mushrooms are just tender and zed-looking, about 3 minutes.

r in onion-seasoned sour cream and t just until hot through. Turn into a ving dish. Peel and dice 1 small avo- o and gently stir half of it into the ce; scatter remaining avocado on top. ves 8 as a side accompaniment to the at.—*M. N., Escondido, Calif.*

ter Lettuce Salad. Wash 2 heads butter uce and tear into bite-sized pieces, king about 2 quarts. Include another en or watercress for contrast. Mix with tablespoons olive oil and 1½ table- ons wine vinegar. Season with salt and shly ground pepper. Serves 8.

spberry Babas with Whipped Cream. en 2 cans (12 oz. *each)* rum babas. Let ackages (10 oz. *each)* frozen raspber- s thaw and pour the raspberry juices ectly over cakes in cans. Let stand 1 ur at room temperature. Transfer cakes a serving plate, garnish with berries, d spoon over berry juices. Whip ½ pint am until stiff, use powdered sugar to eeten to taste, then spoon whipped am into the center hole of each cake. akes 8 servings.

Cooking with a Mexican accent.



by Elena Zelayeta

In my cookbook, *Elena's Fiesta Recipes,* I included a section after the Fish and Poultry sections called, "Entrees." This may be a contradiction in terms—since fish and poultry are entrees, too, but my problem was to gather together all those typically Mexican main dishes which involve a little meat, a little starch, a lot of seasoning and a lot of inventiveness. I included things like Picadillo (an elaborate pork hash, with raisins and almonds and cinnamon in it). Tortoletas Mexicanas (little pastry cups made of masa, filled with Mexican sausage and beans). And Chilaquiles (Tortilla hash). All these dishes illustrate a basic point about Mexican menus: that meat is served much more often in combination dishes than it is served alone.

This is a good point to bear in mind as you approach the summer outdoor supper season—bear it in mind if you want to be (a) authentic about your Mexican meals and (b) lazy. You can cook one of these adaptable entrees, spend the rest of the afternoon in the pool, and still have a hearty and tempting buffet for your guests come twilight.

Naturally, the principle of combination entrees in Mexico invites endless invention, just as casserole cookery does for Americans.

Elena Zelayeta is the honorary duenna of traditional Mexican food in the United States. The child of Spanish innkeepers in Mexico, she is the author of *Elena's Secrets of Mexican Cooking.*

Let me give you one such concoction—very Mexican in its flavor but very American in its origin.

BEEF OLÉ. Brown 1 lb. ground beef, and 1 chopped, medium onion 'til beef is crumbly. Drain fat. Add 1 pkg. Lawry's Taco Seasoning Mix, stir. Add one 6-oz. can tomato paste and 1½ cups water. Stir thoroughly, simmer 20 min. Serve over Mexican-style corn chips such as Fritos. Serves 5.

What's deliciously Mexican, to me, about this dish is not just the meat-in-combination principle, but the seasoning harmony Lawry's has come up with. They held out for real Mexican oregano and real Persian cumin seed. The result, of course, is a quality of taste you don't often find in a modern-day packaged food.

Top Beef Olé with lettuce, cheese, tomatoes, olives, onions, avocado or sour cream, and serve with this menu. It's my idea of a nice, summery supper North of the Border.

Mexican Supper Menu II
Margaritas
Refried Beans
Beef Olé
Torta de Almendra
(Almond Torte)

Give a Mexican buffet. For free menu and recipes, write Lawry's, Box 2572K, Los Angeles 90054.

One hostess is 8. The other is 9. And it's a real tea party

Practically the ultimate in happiness is a real tea party, these two girls aged 8 and 9 would agree. They invited their mothers and a few friends and their mothers to just such an occasion.

One mother helped. Without much trouble she could have helped a few more, so a not-too-large Brownie or Bluebird group might use this flexible party idea.

First the girls wrote out invitations ("Please come to tea, Saturday at three"). Their adviser suggested a number of sweets that she thought were well within young cooks' capabilities to prepare.

Tea party for mothers

Whole Strawberries with Sugar Cones
Cinnamon Crisps
Chocolate Sprinkle Rounds
Chocolate Ribbon Cakes
Spicy Orange Tea Lemon Slices

A packaged cake mix and refrigerated sugar cooky dough are baking short cuts for the desserts. The girls will enjoy personalizing them; the cake becomes a large sheet cake to frost and cut into diamond-shaped petits fours, the sugar cooky dough is decorated for two kinds of party cookies. It works best to complete these two baking jobs a day or two in advance. In fact, both items freeze well if the girls wish to make them even a week or two ahead. (This is practical if a Brownie or Bluebird group follows this party plan.) The other items on the menu are quickly prepared before the tea.

Whole Strawberries with Sugar Cones. Wash large whole strawberries, leaving stems on, and let drain on paper towels. Allow 6 berries for each serving. To make the powdered sugar cones, spoon powdered sugar into a 2 or 3-ounce conical glass or other container (such as a jigger or egg cup) and tap sugar down until well packed.

Turn sugar-filled glass upside-down on a serving plate, a little to one side, and carefully remove glass by lifting it straight up. Surround with berries. Repeat, ing 1 plate for each guest.

Cinnamon Crisps. Cut 1 package (1 oz.) refrigerated sugar cooky dough ¼-inch-thick slices. Place dough sli a lightly greased baking sheet, sp them 2 inches apart. Brush lightly heavy cream (you need about 1 t spoon). Sprinkle with a mixture of spoons cinnamon and 4 tablespoons s Lay on sliced almonds (you need abo cup almonds). Bake in a 350° ove 10 to 12 minutes, or until lightly brov Remove to racks and let cool. M about 3 dozen.

Chocolate Sprinkle Rounds. Cut 1 pac (1 lb. 2 oz.) refrigerated sugar c dough into ¼-inch-thick slices. Dip 1 of each slice in chocolate sprinkles need ⅓ cup sprinkles) and place c side up on a lightly greased baking s spacing 2 inches apart. Bake in a oven for 10 to 12 minutes, or until li browned. Remove to racks and let Makes about 3 dozen.

Two little girls *mold powdered sugar into a conical container, then tap it out onto a plate*

They slice *and decorate cooky dough, top some with almonds, some with chocolate sprin*

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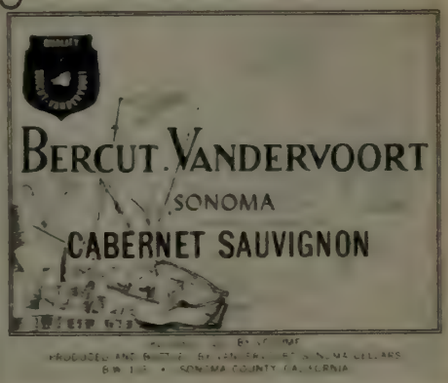

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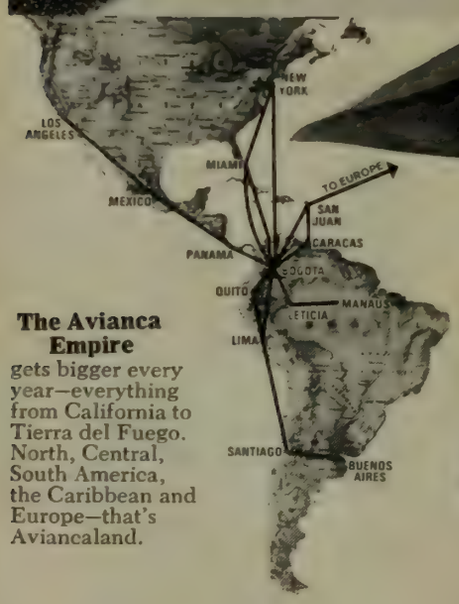

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When the diver brings home abalone

California *marine waters supply these two divers with limit of legal-sized abalone*

h warmer weather and longer days d, the gathering of abalone becomes ost inviting California sport. For a essful outing, consult Pacific tide es and choose days with minus tides ng legal abalone fishing hours.

itionally, keep these regulations in d. *Season:* opened March 16, ends Jan- 14. *Hours:* from ½ hour before sun- to ½ hour after sunset only. *Daily* a total of five abalone, all of one or a combination of species. *Mini- n size* (measured at greatest shell meter): red, 7 inches; green, 6¼ inches; , 6 inches; white, 6 inches; black and thers, 5 inches.

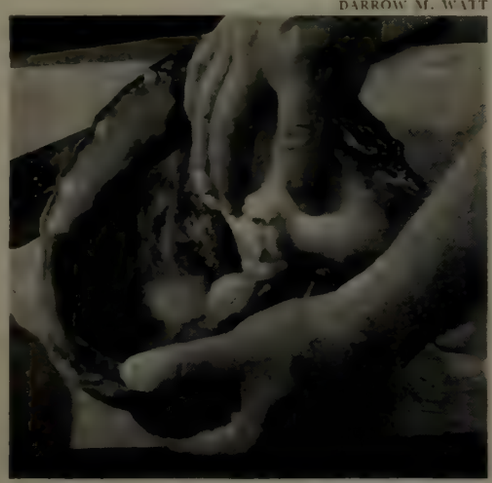
must have an accurate measuring ice with you when gathering abalone.

NSPORTING AND MMING THE ABALONE

is best to bring abalone home in a soaked with salt water—they will for two or three days if kept in a cool, damp environment. Leave the abalone in the shells overnight to allow them to relax, then shuck (remove shell) and trim as shown in steps 1 to 5. Most of the body of an abalone is a large muscle-mass referred to as the foot: this is the edible portion. The sole is the side of the foot that attaches to the rock. The front end of the shell is where you see the respiratory

DARROW M. WATT

Pull back abalone foot; force abalone iron between shell, upper portion. Move wedge to free the muscle



2 *Grasp foot firmly; carefully pull from heel of shell, leaving viscera attached to shell. Wash in cold water*

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ROAST'D BEEFE HASH

2 cups diced onion
Butter
2 cups diced cooked potato
3 cups diced cooked roast beef
1 cup diced cooked corned beef
1 teaspoon Lawry's Seasoned Salt
½ teaspoon Lawry's Seasoned Pepper
Dash Worcestershire sauce
1 package Lawry's Brown Gravy Mix
OR 1 cup beef gravy

Brown onion in 1 tablespoon butter. Remove. Brown potato in 2 tablespoons butter. Remove. Brown beef in 1 tablespoon butter. Combine with onion, potato and seasonings. Place in 9x13-inch baking dish. Prepare gravy mix according to package directions. Pour over hash. Bake in 375 Degrees F. oven about 1½ hours or until liquid is absorbed. Stir several times but not during last 20 minutes. Remove from oven. Tilt dish and thoroughly drain off accumulated fat. To serve, brown each portion in small amount butter. If desired top with poached or fried egg and Bearnaise sauce. Serves 6.

Tips from Chef Hans Prager: Be sure to cut beef, onion and potato into ¼-inch dice. Brown separately before combining. Hash may be baked and refrigerated overnight and browned the next day.

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3 *Trim lacelike dark portions from edges of foot; trim ¼ inch off side, let stand until muscle relaxes*

4 *Cut meat across grain in al inch-thick slices. Hold mea so it will not slide while be*

bodes. The other end is the heel.

If you want to store abalone, shuck and trim the foot; freeze trimmings and foot separately. Slice foot after thawing.

To enjoy the full delicate flavor of abalone and save yourself the steps of making steaks, try barbecuing whole pounded abalone quickly over hot coals this way:

BARBECUED ABALONE

Follow steps 1 through 3 to prepare 3 large abalone (about 2 lbs. total trimmed). Slice about ¼ inch off rounded top of each abalone; save trimmings to use in soup (see recipe, page 196). Pound each abalone evenly with smooth side of wooden mallet until limp.

Melt ½ cup (¼ lb.) butter or margarine with 1 tablespoon lemon juice over low heat. Barbecue abalone quickly about 5 inches from hot coals; brush frequently with butter mixture. Turn once; allow 2 to 3 minutes on each side. Add ½ cup toasted sliced almonds to remaining butter in pan. Cut abalone in thin slices, top with almond butter. Makes 4 servings.

5 *Pound each slice evenly smooth side of wooden mall limp and velvety; use light*

This rich mushroom sauce is best when made just before you cook the abalone.

ABALONE WITH MUSHROOM SAUCE

Mushroom sauce (recipe follows)
¼ cup regular all-purpose flour
Dash each salt and pepper
2 large abalone, sliced and pounded (about 1 lb.)
Salad oil
Chopped parsley

Place prepared mushroom sauce over gently simmering water; stir occasionally to heat through while cooking abalone.

Mix together flour, salt, and pepper in a plastic bag. Shake abalone steaks, one at a time, in flour mixture to coat. Using two large frying pans and enough oil to coat bottom of each, heat until a drop of water sizzles when dropped into hot oil. Fry abalone quickly, about 1 minute per side, using both pans simultaneously. Place abalone on heated serving plate; pour over warm mushroom sauce and sprinkle lightly with parsley. Ser mediately. Makes about 4 servin

Mushroom Sauce. In a pan, heat 1 spoon butter or margarine until b add 3 tablespoons chopped green including part of the tops, and saut golden. Add 1 cup chopped fresh rooms and cook, stirring occasi until tender; stir in 1 cup whipping a pinch of whole thyme, ¼ cup dry wine. Cook over medium high hea ring constantly about 2 minutes to by one-third. Stir in ¼ cup shredde cheese and 2 tablespoons shredde mesan cheese; remove from heat.

This recipe is a simple variation preceding one using king crab mea a rich lemony hollandaise.

ABALONE AND CRAB HOLLANDAIS

Follow recipe for Abalone with M room Sauce, above, with these ch Omit mushroom sauce; use whol hollandaise (recipe follows) in its Omit chopped parsley. Place hollan in the top part of double boiler over test tap water to heat while you pr

Hoover's Wheelaway Washer.

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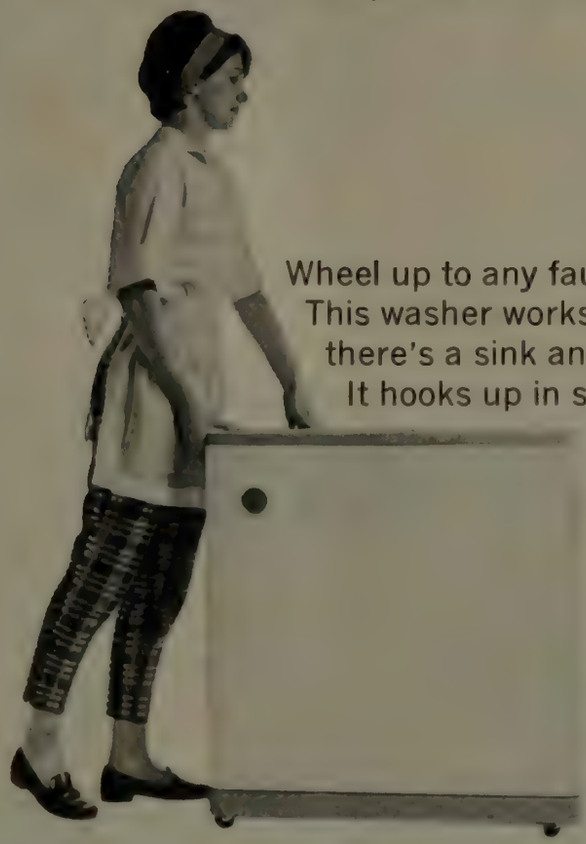

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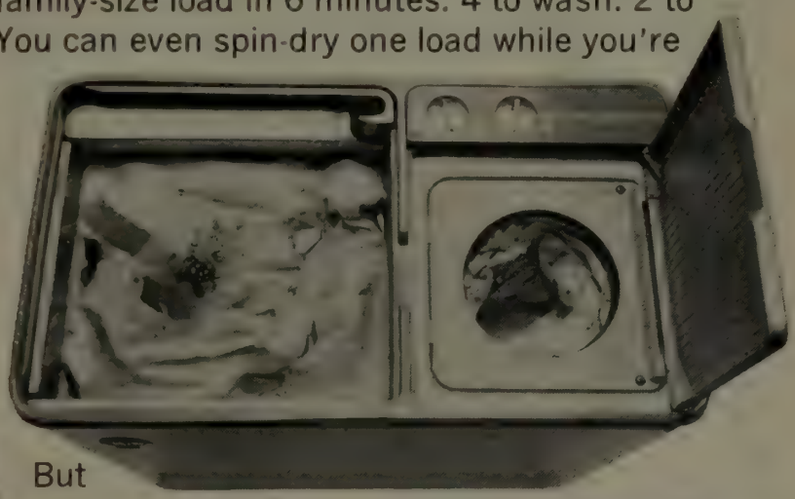

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So go to your Hoover Dealer and see our Spin-Drying Washer in action. Once you see how clean it gets clothes, we bet you'll drive one home.

ee a demonstration of the Spin-Drying Washer t your local dealer, below

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After you eat the corn, will your disposer eat the cob?

If it's a KitchenAid disposer, it sure will.

And even if a little cob or husk gets stuck in its throat, you don't have to worry.

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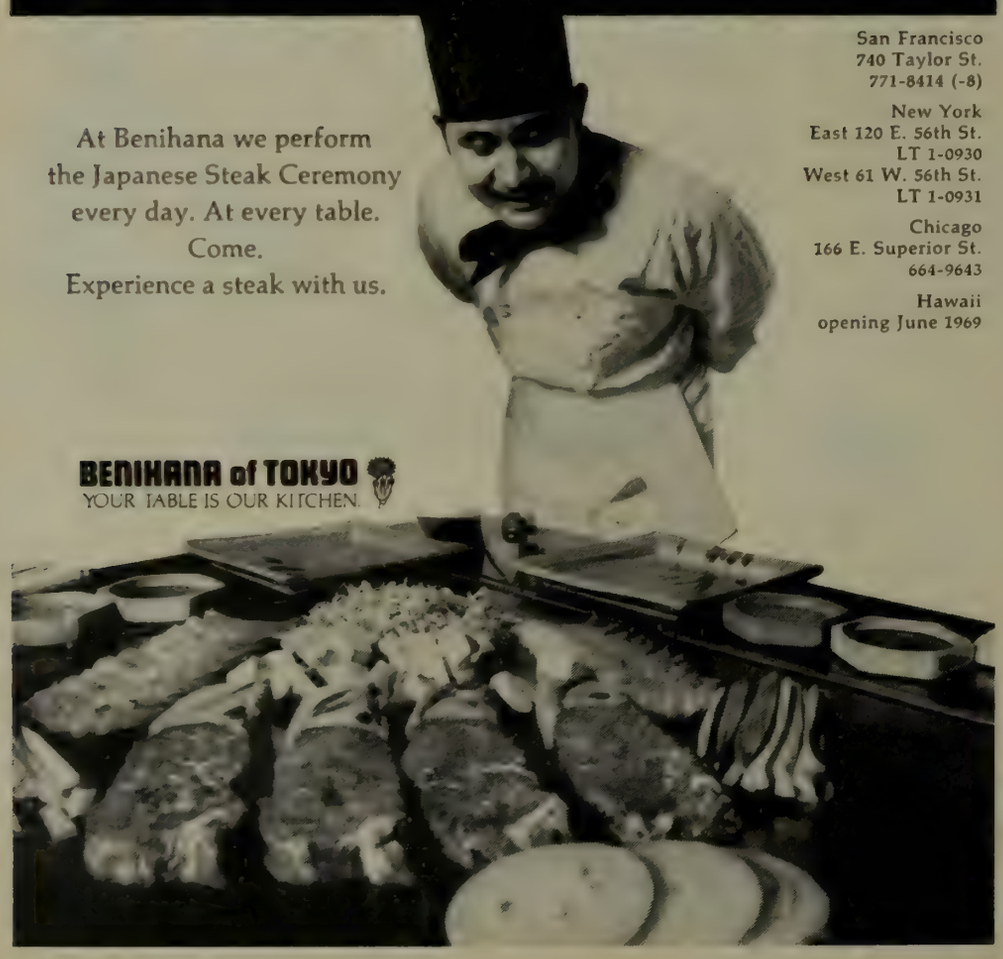
So if you like our corny story, get a KitchenAid Disposer from your KitchenAid dealer. He's in the Yellow Pages under "Dishwashers". Or write for more details from KitchenAid Disposers, Dept. 9GG-5. The Hobart Manufacturing Company, Troy, Ohio 45373.

KitchenAid

Dishwashers and Disposers

Products of The Hobart Manufacturing Company.

Benihana introduces the Japanese Steak Ceremony.



At Benihana we perform the Japanese Steak Ceremony every day. At every table. Come. Experience a steak with us.

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740 Taylor St.
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Hawaii
opening June 1969

BENIHANA of TOKYO
YOUR TABLE IS OUR KITCHEN.

abalone; stir occasionally. In a s
melt 1 tablespoon butter or
over low heat; add about 8 ou
crab meat, canned or frozen

Stir occasionally to heat throu
warm. Prepare and cook abalo
rected in recipe for Abalone wi
room Sauce; place on heated serv
Divide crab meat over abalone,
zle with warm hollandaise sauc
with parsley sprigs. Serve imm
Makes about 4 servings.

Whole Egg Hollandaise. In the
of a double boiler, beat togethe
eggs, 3 tablespoons lemon juice
teaspoon grated lemon peel. Pl
gently simmering water (water al
boil or touch bottom of pan)
with a rotary beater until slight
ened, about 3 minutes.

Add ½ cup melted butter or n
in a slow steady stream while bea
tinuously with an electric mixer
butter about 2 tablespoons a
and beat well after each addit
hand rotary beater). Continue
while cooking, just until thick an
remove from heat immediatel
warm over hottest tap water,
cover, and refrigerate for up to

The dark outer trimmings from
lone are used to flavor this soup

ABALONE CREAM SOUP

- 1 tablespoon butter or margarine
- 1 tablespoon chopped green pepper
- ⅓ cup chopped green onion, includin part of the tops
- ½ cup diced celery
- 2 cans (about 14 oz. *each*) regular st chicken broth
- ¼ teaspoon whole thyme
- 1 medium-sized tomato, peeled, seed and chopped
- About 2 cups abalone trimmings
- 1½ teaspoons lemon juice
- ½ cup whipping cream
- ¼ teaspoon salt
- 2 egg yolks, slightly beaten
- Chopped parsley

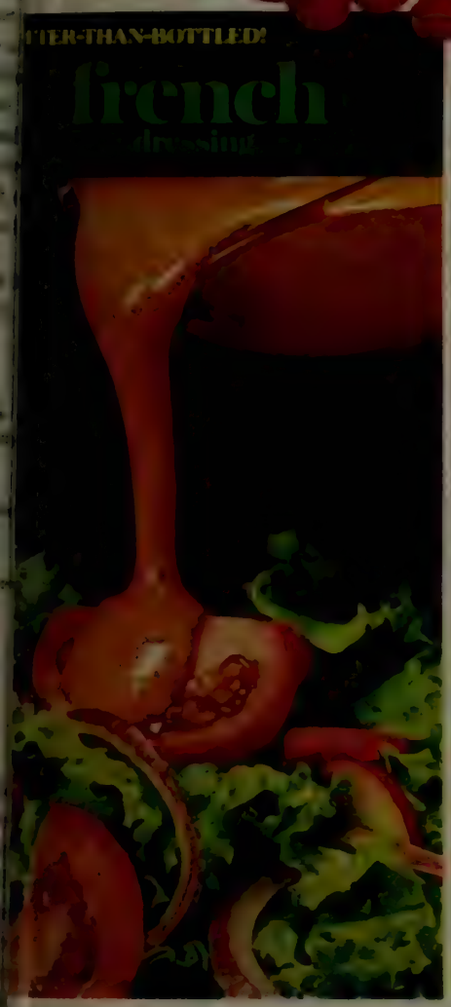
In a large pan, melt butter until
add green pepper, onion, and
Sauté until vegetables are just
about 8 minutes. Add chicken
thyme, and tomato; cover and
about 15 minutes. Meanwhile rins
mings well, scraping as much of th
film off trimmings as possible. Put t
fine blade of food chopper two tim
ing all the juices; set aside.

Whirl the hot soup, part at a ti
blender (or press vegetables throu
strainer to make purée). Return
pan, add ground abalone and
cover, and simmer 15 minutes. Pou
through wire strainer; discard ab

Again return soup to pan, stir in
juice, cream, and salt; bring to
Blend about 1 cup of the creamy
mixture into egg yolks, then ret
pan; stir over low heat 2 minutes (
boil). Remove from heat, sprinkle
parsley, and serve. Makes about 5

Make fresh "pour on" salad dressings with Best Foods

thin it... spice it... stir it and presto!



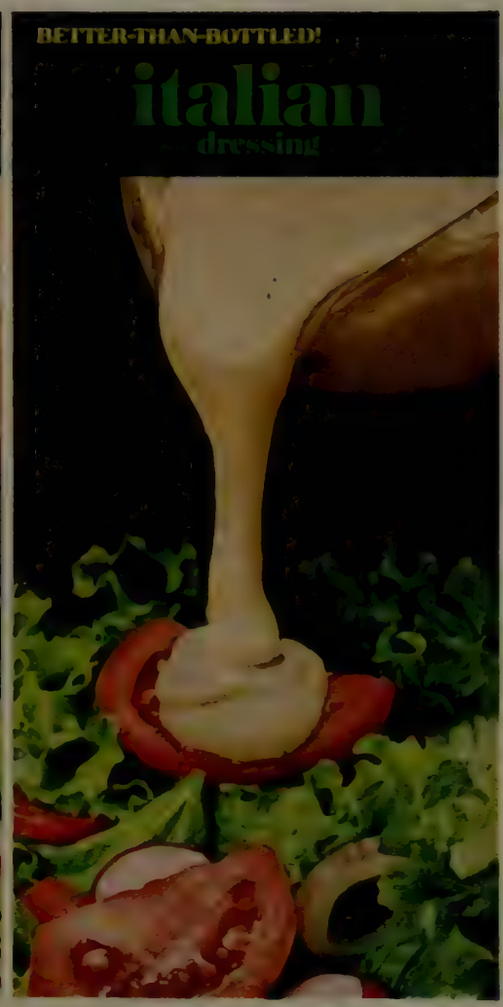
1 cup BEST FOODS® Real Mayonnaise
1/4 cup Mazola® corn oil
1/4 to 1/3 cup red wine vinegar
1-1/2 tablespoons sugar
1 tablespoon paprika
1 tablespoon dry mustard
3/4 teaspoon salt
1/2 clove garlic, minced

Into real mayonnaise, beat oil. Add remaining ingredients and stir. Makes 1-1/3 cups.

1 cup BEST FOODS Real Mayonnaise
2/3 cup chili sauce
2 tablespoons milk
1 tablespoon sweet pickle relish

Combine ingredients. Makes 1-2/3 cups.

NOTE: Chill dressings, serve on tossed greens. For extra crispness, use Western Iceberg lettuce.



1 cup BEST FOODS Real Mayonnaise
2 tablespoons wine vinegar
1 tablespoon lemon juice
1 tablespoon Mazola corn oil
1 tablespoon water
1 teaspoon Worcestershire sauce
1/2 teaspoon oregano leaves
1 tablespoon sugar
1 small garlic clove, minced

Combine ingredients. Makes 1-1/3 cups.

Enjoy a brand-new taste in salad dressings.
Better than bottled because you make them fresh yourself with Best Foods.
It's real mayonnaise. Real whole-egg mayonnaise with the light, bright flavor that blends best.

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GE self-cleaning ove

General Electric's P-7® Automatic Self-Clear
put the joy back into cooking because they t
chore women hate most: cleaning a gooky ov

And ovens get that way. The culprits are
your family loves most. The stick-em-up cass
fruit pies. The splatter-drip meats au juice. T
sugar Clinging Delights.

What a relief to let your oven clean them
trically. No messy hand scrubbing.

Just set the oven control to "clean," latel
and set the timer.

Off come the spatters, the crusted-on
spills, the drips. And from some spots you
reach by hand.

The P-7 Self-Cleaning Oven feature is a
every kind of range we make. Built-ins and free
30" and 40". Conventional and electronic. A
color, too. Harvest, Avocado, Coppertone or

Your GE dealer will be happy to show them

He won't have to show you GE's rugged con
You probably grew up with it.

So get a GE Self-Cleaning Oven and cool
heart's delight. And let the spatters
fall where they may!

The J797 vs Meatloaf Suburbioso

Delicious as it is, nothing spatters like the traditional American meatloaf. And nothing fears meatloaf less than a GE Self-Cleaning Oven. The range is our classic double-oven Americana. The lower oven has the P-7 self-cleaning. Other features: dependable solid-state oven temperature control, Sensi-Temp® automatic surface unit, automatic rotisserie, meat thermometer, infinite heat surface units, two picture window doors. All colors. Similar Americana-styled model, our Versatronic® Range, features the amazingly fast GE electronic oven.

The J757 vs Casserole Cum Laude

Leave it to a casserole to bubble over and stick up an oven something fierce. Don't worry. The GE Self-Cleaning Oven is more than a match for the stickiest casserole. The J757 is a free-standing 30" model. Other features: dependable solid-state oven temperature control, no-drip cook-top, easy-to-clean, high-speed Calrod® units, picture window door, infinite heat controls. All colors. Similar model now available with electronic oven, in most areas.

'el-glue a world of sticky foods.

487 vs Apple Pie Americana

n "glues" can match an apple pie. But not even py juice of half a dozen pies can crust for long Self-Cleaning Oven. The range is a double-oven, free-standing model. Other features: dependable te oven temperature control, infinite control sur- s (one of them the automatic Sensi-Temp unit), pic- dow door, meat thermometer. All colors.

The JK29 vs Les Spuds et Boeuf Nebraskus (upper oven) vs Curiositas Caribe (lower oven).

Prefer to each cook your own thing? The GE JK29 built-in double oven has not one, but *two* Self-Cleaning Ovens. While the top one takes care of the rotiss drippings, the bottom oven cleans away the bubble-over from the covered dish. Other features: dependable solid-state oven temperature control, picture window doors in both ovens, easy-set oven timers, rotisserie, matching exhaust hood and surface units with pushbutton controls.

M99 vs d'Amor

attery wine-basted duck. Don't duck out on this s fowl. Baste away and let a GE Self-Cleaning ay the oven-cleaning piper. The oven is a custom JM99. Other features: handsome picture win- or and interior oven light, trim-looking backsplash, able solid-state oven temperature control, auto- ven timer, meat thermometer, convenient eye ntrols mounted on the matching hood. All colors.

Progress Is Our Most Important Product

NERAL ELECTRIC

"Foster Farms chickens are 50 years behind the times—and every day we work hard to keep it that way."

"Out in the valley, we haven't forgotten how Sunday dinner used to taste at Grandma's house.

"We kids used to walk into that steamy kitchen, pull off our mittens and muckluks, cheeks all rosy from the cold. And there'd be the weather and pictures on the walls, and the big shiny stove.

"And oh, those smells! Homemade rolls hot from the oven. Real garden vegetables. Pies cooling on the table. The chicken golden on the outside, plump and tender inside, nestled among carrots and onions and dumplings. The kind of dinner you can close your eyes and remember any time you get a little hungry.

"We haven't forgotten, no sir. We've increased the size of the fryers so nowadays you get more meat and they're a little more moist and tender. You still get all the flavor that comes from corn feeding, and we're still up before the rooster crows to get the chickens to your store good and fresh.

"It sure isn't easy staying fifty years behind the times, but we think it's worth it.

"Next time, look for our chicken then tell us what you think."

Foster Farms, Livingston, California

It's earth apple soup. It's Swiss

DARROW M. WATT

ded *Swiss cheese melts into this o soup for a hearty lunch entrée*

his Earth-Apple Soup if you like— s the literal translation of the Swiss *pfel Suppe.* It's interesting that oes are called by a similar term *mes de terre)* in France.

S POTATO SOUP
ipfel Suppe)

- large white potatoes
- cups water
- teaspoon salt
- teaspoon marjoram
- tablespoons chopped celery leaves (tender inner leaves only)
- green onions
- tablespoons *each* butter and flour
- cups milk or half-and-half
- cup finely chopped parsley
- teaspoon pepper
- About 1½ cups shredded Swiss cheese

potatoes and slice (about 5 cups). in a large saucepan and add water, marjoram, celery leaves, and the part only of 3 onions, finely chopped. g to a boil and simmer 25 minutes, or very tender.

ove from heat and mash with a po- masher.

butter and blend in flour; cook 2 tes, stirring. Gradually pour in milk cook until thickened, stirring con- tly. Add to potato mixture. Finely remaining 2 onions (using both white green parts) and add to soup along parsley and pepper. Cover and let a few minutes. Pass cheese. Serves th 1 cup each.

When you serve Saffola on the butter plate, only your doctor can tell the difference.

The important difference in Saffola margarine is safflower oil. This 100% vegetable oil is highest in good poly-unsaturates — and lowest in saturated fats. Yet Saffola tastes just like the real thing: the rich, expensive spread. When your doctor recommends that you guard your health by cutting down on saturated fats, it doesn't mean you have to cut down on flavor, too.

Saffola®

Cube Margarine, Soft Margarine, Salad Oil, Mayonnaise

Pacific Vegetable Oil Corporation
World Trade Center, San Francisco, California

Four delicious ways to control the fat in your family's diet.

It does the work of 13 appliances in the space of one.

This is the KitchenAid Food Preparer. A real work-saver, space-saver and money-saver.

For, with optional attachments, you can use it as a can opener, meat chopper, vegetable slicer, ice crusher, sausage stuffer, orange juicer, knife sharpener, cabbage shredder, silver polisher, ice cream freezer, and apple strainer.

And you can't beat it as a mixer. For example, Model K45 even has the power to knead bread and roll dough.

The Food Preparer comes in handsome golden harvest, avocado, sandalwood, and white. See them at the dealers listed below. Unless, of course, you'd rather come up with the money—and the counter space—for 13 separate appliances.

KitchenAid
FOOD PREPARERS AND COFFEE MILLS
50 years of good old-fashioned quality.

At these fine stores

The Emporium—all stores
City of Paris
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Simon Stores—all stores
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Capwell's—all stores
Thomas Cara, Ltd.

Fresh spinach . . . cook it quick!

Fresh spinach, when carefully cooked, retains a brilliant deep green color, a fresh natural flavor, and a tender-crisp texture. Quick cooking and immediate serving are required to present spinach at its best.

For a company dinner you could start any of the three following dishes ahead of time; directions for partial make-aheads are given in each recipe.

Although bacon and onion help flavor all three, you will find that each dish has its own style and deserves a distinct place in your menus.

This easy bacon and egg-flavored spinach goes well with pan-broiled meat for a simple supper.

QUICK SKILLET SPINACH

- 2 bunches fresh spinach (about 1½ lbs.)
- 3 slices bacon, diced
- 1 medium-sized onion, chopped
- 2 eggs, lightly beaten
- ½ teaspoon salt

Remove the coarse stems from spinach leaves; wash leaves thoroughly and carefully; drain well, then tear into small pieces into a large bowl. In a large frying pan, fry bacon until crisp over medium heat; remove bacon with a slotted spoon and drain on paper towels. Add onion to bacon drippings and sauté until transparent. (You can do this much ahead of time; reheat drippings and onions before adding spinach.)

Pour eggs over spinach; mix to distribute evenly. Add half the spinach mixture to pan; stir and scramble to cook spinach evenly and quickly. As the spinach shrinks in cooking, continue to add remaining spinach mixture; stir and scramble until spinach is barely limp and still bright green; takes about 5 minutes. Add bacon and salt; stir into mixture. Serve immediately. Makes 4 to 6 servings.—*R. S., Dallas, Ore.*

Cream, Swiss cheese, and nutmeg combine agreeably with spinach to make this dish a suitable roast accompaniment.

CREAM AND CHEESE SPINACH

- 2 bunches fresh spinach (about 1½ lbs.)
- 2 slices bacon
- 2 tablespoons flour
- ½ cup whipping cream
- 2 tablespoons instant toasted onions
- ⅛ teaspoon nutmeg
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- ½ cup shredded Swiss cheese

Remove the coarse stems from spinach leaves; wash the leaves thoroughly and carefully; drain well and tear in pieces. In a Dutch oven, fry bac crisp over medium heat; remov with a slotted spoon and drain towels. Discard all but 1 tables the bacon drippings. Sprinkle fl drippings in pan and cook over heat, stirring, until bubbly. Slo in cream; then add onions, nutm and pepper to pan; cook, stirrin thickened. (You can do this muc of time; reheat the sauce before the spinach.)

Add half of the spinach to pan to combine leaves with sauce; co cook for 2 minutes or until spinac limp and still bright green. Remov add the remaining spinach leaves, to combine with the sauce. Cov cook until spinach is just tender; minutes. Remove cover, sprinkle in and stir until cheese is melted an bined. Remove to a serving dish, bacon over all and serve imme Makes 4 to 6 servings.—*M. P., Pie Calif.*

This robust spinach dish, with Wor shire and hot pepper seasoning, right for a barbecue menu.

HEARTY RANCH HOUSE SPINACH

- 2 bunches fresh spinach (about 1½ lbs.)
- 5 slices bacon, diced
- 1 medium-sized onion, chopped
- 1 can (10½ oz.) condensed cream of mushroom soup
- ½ teaspoon Worcestershire
- Few drops liquid hot pepper seasoning

Remove coarse stems from spinach wash the leaves thoroughly and car drain well, then tear into small pie a Dutch oven or large frying pan lid, cook bacon until crisp over m heat; remove with a slotted spoo drain on paper towels. Discard 2 tablespoons of the bacon dripping onion to pan and sauté until transp To the pan add mushroom soup, W tershire, hot pepper seasoning, and stir to heat and combine. (You c this much ahead; reheat sauce befor ing spinach.)

Add half the spinach to pan and combine leaves with sauce; cover cook for 2 minutes or until spinach limp and still bright green. Remove add remaining spinach; stir to co with sauce. Cover and cook until sp is just tender, about 3 minutes. immediately. Makes 4 to 6 servin *J. S., San Rafael, Calif.*

A few friendly Ports to call on.

Next time you want something nice and mellow to serve, pick one of our friendly California Ports. Or offer a selection: fragrant Tawny Port; rich Ruby Port; or the truly elegant Treasure Port. Our cellarmaster, Brother Timothy, makes each one from pedigreed grapes—and ages them patiently in oaken casks. And don't worry about the tradition of just serving them after dinner. Our Ports are meant to be called on—any time.

Sole Distributors: Fromm and Sichel, Inc., San Francisco, Calif.

Entertaining wines by The Christian Brothers

Wines of California since 1882

The sneaky gift.

Many husbands who find their coffee hard to swallow are surprising their wives with KitchenAid Electric Coffee Mills.

In this sneaky way, they're assuring themselves of getting great coffee. Pre-ground or instant coffee can't deliver the same delicious flavor as coffee made with freshly-ground beans.

Why don't you give a KitchenAid Electric Coffee Mill too? It may be sneaky. But it's a great gift for any occasion. At better stores. Or write KitchenAid Housewares, Dept. 9HG-5, The Hobart Mfg. Co., Troy, Ohio 45373.

ELECTRIC COFFEE MILL BY
KitchenAid

New Blue Law for green salad

The Danes have decreed: virtually every green salad should be served with authentic Danish Blue cheese. The contrast between crisp greens and creamy, dreamy Danish Blue is almost too good to be true. It's the order of the day in hamburgers and snacks, too. Taste it, and judge for yourself. Enjoy! It's the Danish Blue law of luscious eating. Try the other Danish cheeses, too.

Imported
DANISH BLUE CHEESE
Cheeses from the Fairyland Dairyland of Denmark

Garlic-studded, *boned, tied leg of lamb served pink with baby lima beans, wa*

It's leg of lamb . . . boned, rolled, t

In Paris, it's popular to serve leg of lamb in this fashion—a rolled and tied roast accompanied by nippy watercress and mild beans called *flageolets*. These beans most resemble baby lima beans, which we call for in this recipe.

However, you will sometimes find canned flageolets in fancy food stores if you want to seek them out; prepare according to directions on the container.

For a final touch of freshness, parsley butter melts into each portion of meat.

LEG OF LAMB, PORT SAINT GERMAIN STYLE

- 5 to 6-pound leg of lamb, boned rolled, and tied
- 1 large clove garlic, slivered
- Salt
- Butter
- 2 or 3 cups hot cooked frozen baby lima beans (about 2 packages, 10-oz. size), well drained
- About 2 cups watercress sprigs or pieces of curly endive (chicory)
- Parsley butter (directions follow)
- Lemon wedges

Cut small gashes in surface of lamb and insert the garlic slivers. Sprinkle the meat lightly with salt and set on a ra roasting pan. Bake in a 325° oven meat thermometer registers 140° for a pink interior color; takes hours. Rub meat once or twice cooking with a lump of butter.

Transfer lamb to a large servin arrange hot lima beans on one side most of the fat from pan juices, b free browned particles, and spoon over beans. On the other side of th arrange the watercress or curly Slice roast and serve with veget place a dollop of the parsley but each serving of meat. Squeeze lem all, as you like. Makes 6 servings.

Parsley Butter. Thoroughly blend 2 spoons minced parsley and ¼ tea minced garlic with 6 tablespoons softened butter. Chill, covered, make ahead; serve at room tempera

A menu plan for Leg of Lamb, Por Germain Style: Begin with fresh in their shells, dark bread, and butt with clear soup. Serve salad, if you and a dessert using spring strawb

Next time you shop, heft this honest loaf of white bread

you bake bread at home you will understand our Northridge White Bread. o, the next time you look over the ewildering array of breads at your arket, pick up a loaf of Northridge hite Bread, heft it, and read the label: Northridge White Bread is made with unbleached hi-protein flour perfectly blended with pure creamery butter and golden California honey to insure the fresh full flavor and aroma of old-fashioned homemade bread."

For your breakfast toast, luncheon sandwiches and the bread tray, enjoy Northridge White Bread. You'll find that when the slices are toasted, there's a nostalgic "baked at home" fragrance.

OROWEAT

Oroweat Baking Co. of S. F.

Now, the first and only Pineapple Upside-Down Cake Mix.

And double yum because it's extra juicy. This new Betty Crocker mix comes with delicious crushed Hawaiian pineapple from Dole.* So some of the juice melts down, and the rest keeps the topping moist and luscious to the last bite. Complete with brown sugar and a special cake to hold the juice. Don't wait to try this one!

Yum.

*T.M. of Dole Company

Broiled *spinach and Gruyère top veal steaks garnished with to*

Veal steaks wit spinach on to

Here's a quick, neat entrée: veal with mounds of spinach on top.

VEAL FLORENTINE

- 4 frozen chopped veal steaks (1 lb.) thawed, or 4 veal cutlets, cut abou ⅜-inch thick and pounded
- ⅓ cup shredded Parmesan cheese
- 2 tablespoons fine dry bread crumbs
- ½ teaspoon spaghetti sauce seasoning mix (or mixed Italian herbs)
- ¼ teaspoon salt
- 1 egg, slightly beaten
- 1 tablespoon *each* butter and salad oil
- 1 package (10 oz.) frozen chopped spinach
- ¼ pound Gruyère or Swiss cheese, shredded

Remove butter patties from meat (i ent) and reserve for browning. M gether Parmesan cheese, crumbs, ing mix, and salt. Dip meat in beaten egg and then in the crumb m coating both sides. Heat butter and a large frying pan over medium he brown meat on both sides, about utes. Transfer to an ovenproof pla Meanwhile, cook spinach until t drain well. Mix with Gruyère chee place a mound on each steak. Bro until cheese melts. Serves 4.

It's one third of your life. Spend it dreaming in Wamsutta.

Dream a little longer. This is No-Iron Ultracale.

SHOWN: "MING TREE"™ ON STAY-FRESH ULTRACALE®, 50% FORTREL® POLYESTER 50% COMBED COTTON.
RED, YELLOW: WAMSUTTA MILLS (DIVISION OF M. LOWENSTEIN & SONS, INC.), 1430 BROADWAY, NEW YORK, NEW YORK 10018. ALSO FROM WAMSUTTA® FOR THE FAMILY: SUPERCALE®, LUSTERCALE®, BABYCALE® AND HERITAGE TOWELS. IN FINE STORES FOR THE FINEST HOMES.

Judgement day~ 365 times a year

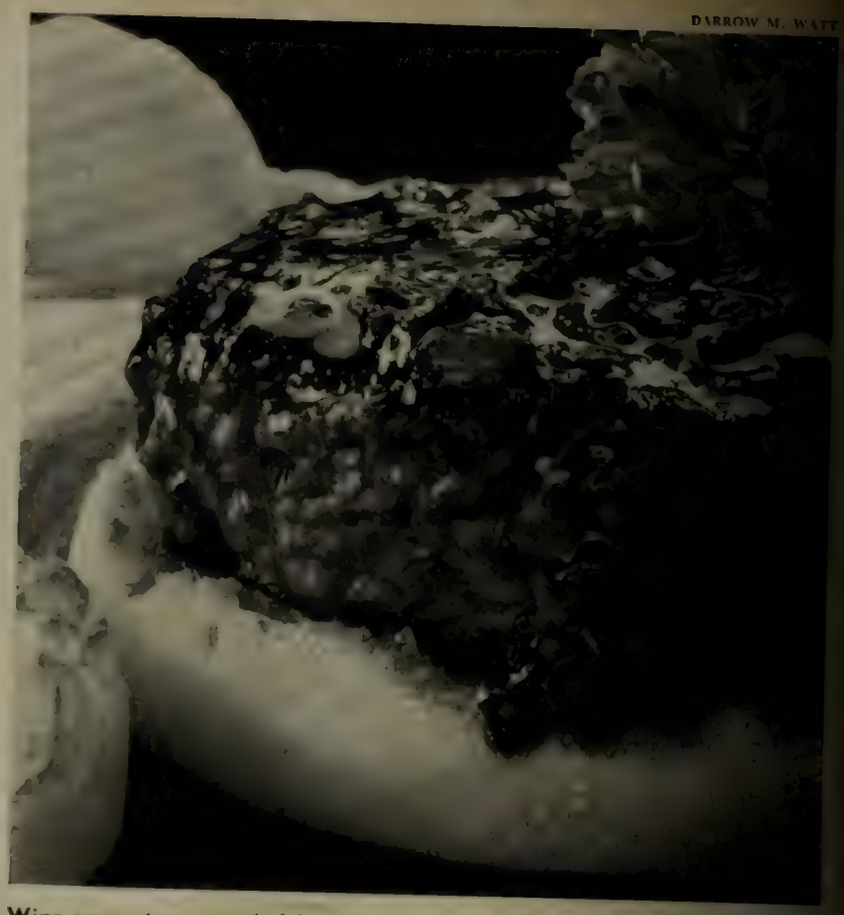
Not a day passes without personal judgements by members of the Weibel family —personal judgements of quality, aging progress and maturity of the superior wines marked with the Weibel name for three generations. For the Weibel family, judging and guarding the high quality of the wine is not a duty. It is a source of daily pleasure and pride. The results are yours to enjoy. From the vineyards at Mission San Jose, California—the small community of unique serenity where wines are gentled into greatness by Weibel.

Weibel

Masters of Champagne and Wines of California

Weibel Champagne Vineyards, Mission San Jose, Calif.

DARROW M. WATT



Wine sauce *tops sautéed hamburger on a muffin just before you serve it*

Two hamburgers . . . both brash

These hamburgers have both style and brashness—you might call it *pizzazz*.

In this version they're sautéed, smothered with wine sauce redolent of garlic and shallots, and served on English muffins.

BURGUNDY-GLAZED HAMBURGER

- 4 English muffins
- Soft butter
- 1¼ pounds ground beef chuck
- 1 teaspoon salad oil or olive oil
- 2 tablespoons chopped shallots or green onions
- 1 clove garlic, minced
- 1 teaspoon beef stock base
- ½ teaspoon Dijon-style mustard
- ¾ cup dry red wine
- 3 tablespoons butter

Split muffins and spread with soft butter. Toast until nicely browned and keep warm on a serving platter.

Shape meat into 4 patties, slightly wider than the muffins. Using a large frying pan, brown in oil over medium heat, turning to brown both sides. (Test for desired doneness; lower heat and cook longer for medium to well done). Transfer patties to toasted muffins and keep warm.

Add shallots and garlic to pan; cook a few minutes, stirring. Combine beef stock base, mustard, and wine and pour into pan; bring to a boil and let boil until reduced by half. Add the 3 tables butter and heat until melted, stirri Spoon sauce over hamburgers and open-faced. Makes 4 servings.

The shredded Swiss cheese melts int beef and mushroom mixture as they on French buns.

OVEN-BAKED BUN HAMBURGERS

- 4 French rolls (3 by 5 inches)
- Soft butter
- 3 tablespoons butter or margarine
- 2 green onions, finely chopped
- ¼ pound mushrooms, sliced
- 1 pound ground beef chuck
- ½ teaspoon *each* salt and garlic salt
- 1½ cups shredded Swiss cheese (6 oz.)

Cut rolls in half lengthwise; spread surfaces with soft butter. Toast lightly browned. Set aside tops. Melt 3 tablespoons butter in a large frying Add onions and mushrooms and just until butter-coated. Remove heat and let cool. Mix in ground m salt, garlic salt, and cheese. Pat meat ture on roll bases, covering complet (You can prepare ahead to this point Set aside tops of rolls. Bake meat-cov buns (if refrigerated, brush tops melted butter) in a 450° oven for 20 utes, or until well browned. Reheat tops the last 5 minutes. Serves 4.

Fried chicken dinner, one of many varieties.

Heat and serve" isn't the best part (eating is).

The first time you bought a Banquet inner you were looking for something quick nd easy. Right?

Then you discovered (surprise!) hat it was *good* too.

Maybe it is surprising that omething as quick and easy as a rozen dinner can taste so good. Until you know the philosophy t Banquet: we think good food s more important than quick food. Or easy food. And we think you hink so too.

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So be sure to see the new golden harvest por bles at your KitchenAid dealer. (You can find him the Yellow Pages.) Or write KitchenAid Dishwashe Dept. 9DG-5, The Hobart Mfg. Company, Troy, Ohio 45373.

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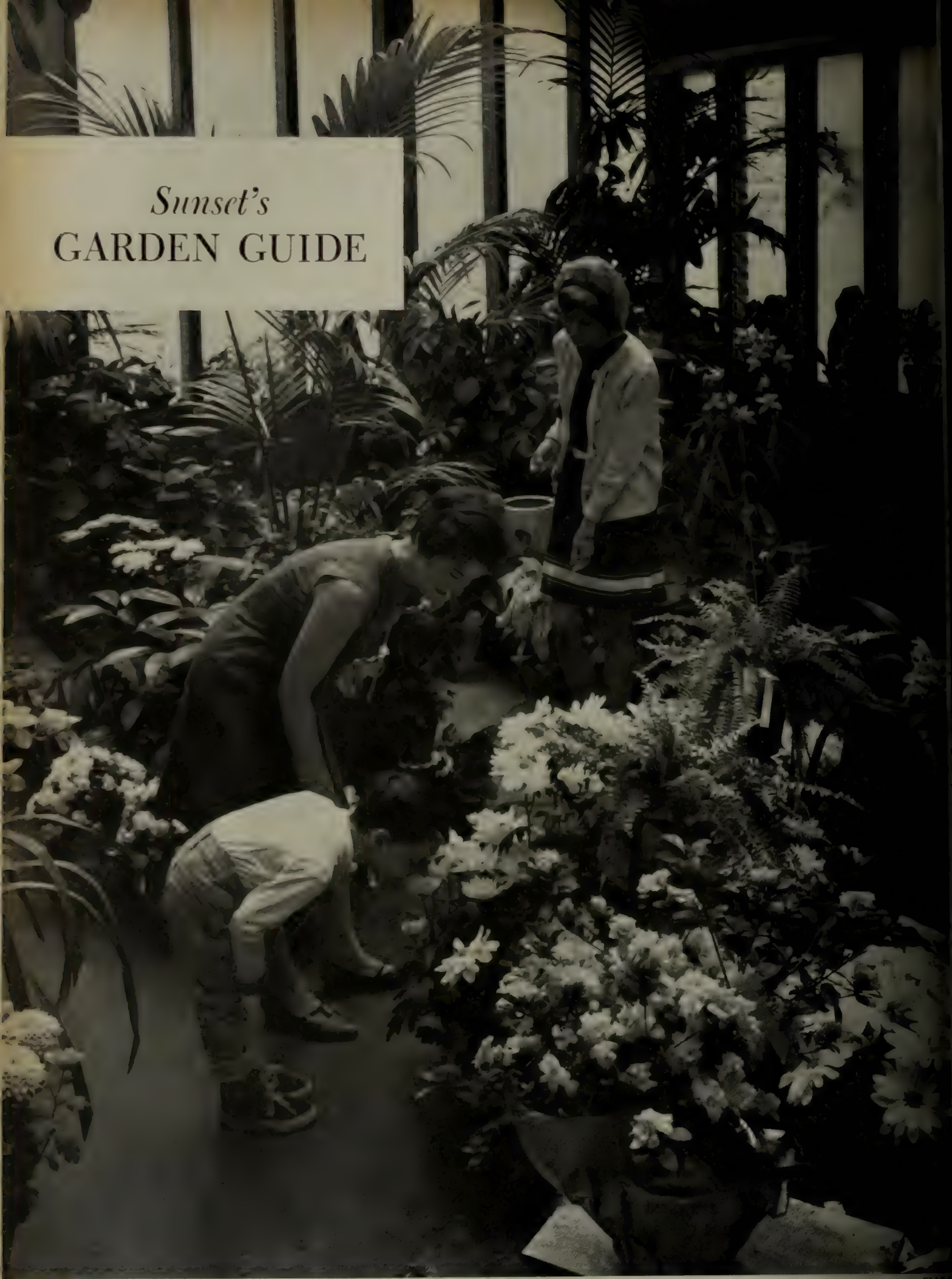


Sunset's GARDEN GUIDE

He's sniffing for Mother's Day

An impartial jury of one sniffs prospects for a Mother's gift. You'll find many good gift suggestions at your n this month, including azaleas, chrysanthemums, cineraria bidiums, hydrangeas, and many kinds of garden acc

MAY IN YOUR GARDEN:

Spring color is peaking . . . everything needs water

May, the lusty month of May," sings evere in *Camelot*. And well she t, for May certainly is full of vigor. g color reaches its peak this month re and more flowers bloom. And any s that lagged before now seem to be ng up for lost time.

eratures continue to climb, although will be some cool days and perhaps rain in mountain and intermountain s. Morning or all-day fogs return the coast, to last until October. from the ocean, however, summer earing.

eather warms, soil will begin to dry so step up your watering schedule. r deeply now to encourage deep root- you can water less this summer.

11 is Mother's Day, and it coin- with spring's most profuse bloom. l find many good gift suggestions rseries—chrysanthemums, gerani- hydrangeas, boxes of giant pansies, dendrons in bud or flower. A plant can be enjoyed indoors now and then planted outdoors is always welcome.

tulaca for summer color

l have a dazzling carpet of color this er if you plant portulaca in the right now. Often called rose moss, portu- flowers look like single or double in vivid scarlet, lavender, cerise, salmon, orange, yellow, and white.

s grow to 6 inches tall and spread to ches. Leaves are small and fleshy hose of a succulent.

xtremely versatile plant, portulaca s in dry, hot climates as well as r, more humid areas. Wherever you plant in full sun. Flowers open fully in sun, and close in late afternoon.

portulaca in parking strips, rock gar- edgings, and among succulents. Set rom flats this month or sow seed; are best in areas that are slow to up.

e gardeners leave ch to be desired

ing is one of those gardening prac- hat is highly touted but often ig- l. The indifference is hard to understand, because this work-saving practice saves water and watering by retarding the loss of moisture from the soil through evaporation, smothers weeds, keeps the soil workable, and minimizes the need for cultivating it. In addition, organic mulches add humus to the soil.

The most commonly used organic mulches are shredded bark, grass clippings, peat moss, and sawdust. To keep peat moss water-absorptive, knead water into it before you spread it. Use 1 to 2 inches of mulch, and keep it 3 to 4 inches away from the root crowns.

That gnat . . . is it really harmless?

That tiny black gnat that swarms around indoor and greenhouse plants is not as harmless as once supposed. Most often called the fungus gnat, it's also known as mushroom or manure fly, and in textbooks as sciarid fly.

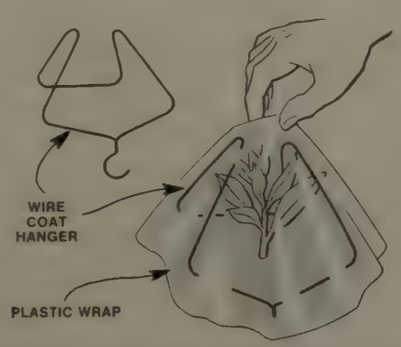
Once these gnats were thought to eat only decaying organic matter, but recent studies show that the larvae or maggots do cause considerable damage to living plants. They eat feeder roots, and chew larger roots and even below-surface stems of virtually all indoor plants.

A soil drench of diazinon or lindane will eradicate them.

Pitch a tent to help cuttings root faster

A tent of kitchen plastic wrap (the clinging kind) over plant cuttings will speed rooting by retaining moisture inside. Plants won't need frequent watering and humidity will remain at a steady high level—especially important now that weather is warming up.

To make the tent, bend a wire coat hanger or any stout wire into a simple tent framework. After cuttings have been set in a rooting medium, stretch plastic wrap over the wire and seal all edges. The tent may be loosened occasionally to admit air and to remoisten the rooting medium.



Cuttings *root quickly inside this tent*

It outgrew its welcome

Seed packets and catalogs that describe a squash "for the small garden" can be misleading. Although such squash do spread less than the larger varieties, you shouldn't expect them to be a dwarf variety. One reader planted a squash plant that grew 5 feet high. Another gardener had to chop a path through one to get to his incinerator.

Moral: Read advertising claims carefully.

Pesticide shelf life

Most sprays and powders will keep three to four years under normal conditions, but if you notice any of the following signs, it's best to throw the product out.

Formulation	General signs of ineffectiveness
Oil sprays	Sludge forms or solution separates
Emulsifiable concentrates	Addition of water doesn't produce a milky solution
Wettable powders	Lumping; powder will not mix with water
Dusts and granulars	Excessive lumping
Aerosols	Generally effective until spray nozzle clogs

Deep-rooted problems

If you have shade or fruit trees close to garden beds, chances are the roots have invaded the beds in search of water. Roots may not be a problem if the trees get regular deep watering of their own, but if they must rely on the water that goes into the beds you may be in for trouble. Fine tree roots can grow at an amazing rate, filling the beds, soaking up water like a giant sponge, and robbing other plants of nutrients.

About the only thing you can do is to dig

Sunset's GARDEN GUIDE

narrow, 18-inch-deep trenches periodically between the tree and the bed to sever the invasive roots. Backfill with the same soil.

Give the tree its own water ration to slow the growth of new roots, but continue to check when you cultivate the bed. Watch for drooping leaves on plants you water regularly, and a general lack of vigorous growth.

When digging the trench, if you come across roots more than 3 inches in diameter it's best to get advice from a professional tree surgeon before you cut them.

Something new: 'Kit Carson' dianthus

Here's something special—a dianthus that stays full in the center and covers itself with bloom. In the photograph you can see the compact form of new 'Kit Carson' contrasted with an ordinary carnation.

Foliage is blue-green to gray. The plant blooms for two months, and is more tolerant of water and less fussy about drainage than pinks or carnations. Flowers are scarlet to deep red.

Planning a flower garden

When you plan your summer or fall flower garden, think carefully about the effect when flowers bloom. A riot of color may be dazzling at first glance, but it's another matter if you have to live with it day after day. Many different flower colors mixed in one bed often can other out; likewise, light colors lost without any contrasting set them off.

It's wise to choose only one or tw nant colors, then use others spa highlight them. Gray, green, and good neutral colors for backgr contrast.

Blue flowers look best with gra yellow, and purple-reds. Yellow well with most colors, althoug with oranges than reds. Pink st sharply against greens, lavend blues. Reds blend best with pal tones, red-toned blues, and laven

FELIX MARUGG

'Kit Carson' dianthus

The compact form of this new introduction contrasts sharply with an ordinary carnation. For its size, 'Kit Carson' blooms profusely; center foliage stays full

The colors of recent fuchsia introductions

Since this is a good time to set out in the ground, in hanging basket containers, you might be intere some of the outstanding varieti have been introduced in recent ye these except 'John F. Kennedy' a ing fuchsias. (Another fuchsia, 'Swi is pictured in color on page 94.)

'Annette Barbier' has a large do rolla, white veined with pink, a sepals. (Sepals are the outer cove the fuchsia flower; they usually cu revealing the corolla or petal clu neath.)

'Eden' shows a large blue corolla with white and pink, with ligh sepals.

A large full double corolla of pi lavender, with pink sepals, is th selling point of 'Folies Bergere.'

'Fuchsia Fan' has a large pink an variegated corolla, with pink sepal

MAY CHECK LIST: *Here's what needs doing*

☐ **Annuals.** There's still time to sow seed of annuals for summer bloom, but the sooner you get them in the ground the better. Annuals that are sown early usually make taller and stronger plants. May is also a good month to sow seeds of annual vines, such as morning glory, scarlet runner, and gourds.

If you didn't work fertilizer into the soil when you seeded annuals earlier or when you set out plants, you'd better plan on feeding them now. The rapidly growing plants draw heavily on available nutrients in the soil.

☐ **Feeding.** All plants, including ripening bulbs, need food during active growth. Annuals need fertilizing at regular three to four-week intervals. Give rhododendrons and azaleas an acid fertilizer after flowering; camellias need this too if you haven't fed them already. Feed chrysanthemums every three to four weeks for vigorous growth, roses every four weeks.

Fuchsias in the ground need a complete liquid fertilizer now and at four to six-week intervals; plants in containers need a repeat every three to four weeks.

Citrus, shade, and fruit trees should also be fed this month.

☐ **Grooming and pruning.** Spring-flowering vines and shrubs, hedges, and evergreens may all be pruned, shaped, or thinned this month. Cut off faded rhododendron flowers, and prune tall, rangy camellias to make them more compact.

Stake gladiolus and delphiniums before bloom stalks grow too big—stems may be curved if you wait too long. Remove faded iris flowers and stalks, but don't remove or shorten healthy leaves. Pinch out top growth of fuchsias to forc side growth and increase summe production.

Thin evergreen trees and shrub pinch flowering shrubs to force branching.

☐ **Lawns.** Seed new lawns as ea month as possible. Once su heat comes, it's almost impossible germinating grass seedlings moist This is a fine time to plant dichond hybrid Bermuda lawns, too. Feed lished lawns and control crabgr other weeds.

Be sure water is penetrating soil 6 inches. Lawns planted last mon deeper watering now so they'll roo and resist drought this summer.

☐ **Pest control.** Young, tender are prime targets for aphid

'ella' has a large double corolla, rked in white and light blue, with pals.

has a large white corolla with a pink.

Kennedy' has small double flow- light blue corolla and white sepals.

do you call that tree?

sometimes puzzled by the iden- tree you see when hiking or on g, you'll welcome a pocket-sized, booklet entitled *A California Tree* Nature Study Guild, Berkeley, cents).

page shows six basic leaf types. ermine which of them your tree's t closely resembles. The booklet ets you to the proper pages and cess of elimination you discover s identity.

ellent booklet is not carried by neral bookstores, but is sold in shops, state and national parks, ege bookstores. You can order a mail by sending 50 cents plus 3 les tax to Nature Study Guild, Berkeley 94701.

and white, and bright

e plant that never fails to attract is edelweiss *(Leontopodium al-* Although usually thought of as to Alpine ledges, edelweiss rarely bove 7,000 feet. Legends attest rity, but British plant expert Farrer assures us it grows in in places "where a dozen per- ors could race abreast without g themselves, their conductors, or their inmates." So much for legend.

Edelweiss

If you wondered what they were singing about in Sound of Music, *here is a close-up view of an edelweiss flower head*

Edelweiss is a small meadow plant whose flower bracts resemble a starfish cut out of white flannel. Flowers appear in June or July. This is an excellent plant for a rock garden if planted in light, well drained, well watered soil in a sunny spot.

From down under

Spear lily *(Doryanthes palmeri)* is a striking border plant. Native to Australia, this enormous succulent may reach 8 to 9 feet tall. It forms a gigantic cluster of perhaps a hundred leaves up to 8 feet long, and a flower stalk 6 to 9 feet high.

Flowers appear in summer in crimson clusters, each flower with a white center. These blooms are spectacular, but the real importance of the plant is in its foliage, texture, and form.

Spear lily is at its best in a large garden where it can stand alone without crowding other plants. Plant in light, well drained soil.

When weeds invade

Weeds grow everywhere, but nowhere as well as they do in a well watered, well fertilized garden. The many methods of extermination are all effective if you start early and keep at it. How you go about it will depend on the size of your garden.

Hand-pulling is often the easiest method if you work with an asparagus knife or one of the hand tools made for this purpose. Water the ground thoroughly a few days before you start, then weed while soil is still somewhat moist.

Narrow and pointed hoes are excellent for weeding around young bedding plants, or removing an occasional weed from a lawn or other area.

But where regrowth of weeds is persistent, a chemical weed killer works best. Apply it with a hose-end sprayer or tank sprayer; watering cans spill their contents too easily. Keep the spray nozzle close to the the ground to avoid drift.

Wear gloves when mixing and applying weed killers, and make sure chemicals won't flow or leach into nearby beds to damage other plants.

You can ease your work by taking preventive measures. Low, spreading groundcover shrubs such as junipers reduce weed seed germination. Other spreading shrubs will do much the same thing. An organic mulch, spread to 2 to 3 inches deep, cuts off light from the soil and makes it impossible for many seeds to germinate.

---

e pests now before they cause dis- rowth that you'll have to put up summer.

or codling moth on apples and nails and slugs are still active this See page 181 of the February or control suggestions.

combination insecticide-fungicide at regular two-week intervals. earwig troubles by setting out month.

opagation. You can make cuttings fuchsia, geranium and pelargo- arnation, and marguerite this

rom which you take the cuttings ave 2 to 6 inches of new growth. se vigorous shoots from the plant. tting should be 3 to 5 inches long inches for fuchsias) and have at o leaf nodes or leaf joints. Trim he lower leaves, leaving several at Dip the cut end in rooting hormone and place in a rooting medium such as damp sand.

To speed rooting, you might want to try the cutting tent mentioned on page 215.

Remove plants when well rooted. You can judge this by pulling lightly. If the cutting resists, roots have developed.

☐ **Summer-fall color.** Your nursery should have a good selection of summer and fall-blooming plants available this month. You'll find flats of marigolds, petunias, portulaca, verbena, and zinnias. It's a good time to plant perennials, too: chrysanthemums, geraniums, Gloriosa daisies, marguerites, and pelargoniums.

☐ **Trees.** Feed shade trees and fruit trees now so they'll put on a good surge of growth this month and next. Build a watering basin around young trees, and fill it several times so water penetrates deeply to encourage deep rooting. Inspect foliage for spider mites (use a magnifying glass) and spray now and again in two weeks with di-syston, kelthane, malathion, or tedion for control.

☐ **Vegetables.** Plant tomatoes and other warm weather crops this month from nursery flats. Remember to set tomatoes 2 to 3 inches deeper than they were in the flats. In cool-summer areas, plant in the warmest, sunniest area you can find to assure maturing fruit.

Plant seedlings of eggplant and peppers this month. Sow seeds of beans, beets, chard, corn, cucumbers, lettuce, pumpkins, and other melons.

☐ **Watering.** Keep soil around hydrangeas moist. Water roses thoroughly every week to two weeks. Keep fuchsias well watered, especially those in pots and hanging baskets.

Camellia roots are near the surface and dry out easily in warm weather. Water frequently and maintain a 2-inch mulch over the root area.

Ice plant

As a cover-up it is both spectacular and efficient

Trailing ice plant *on our cover has* —*this one life-size—like satiny*

It's come to be one of those picture-post-card trademarks of California.

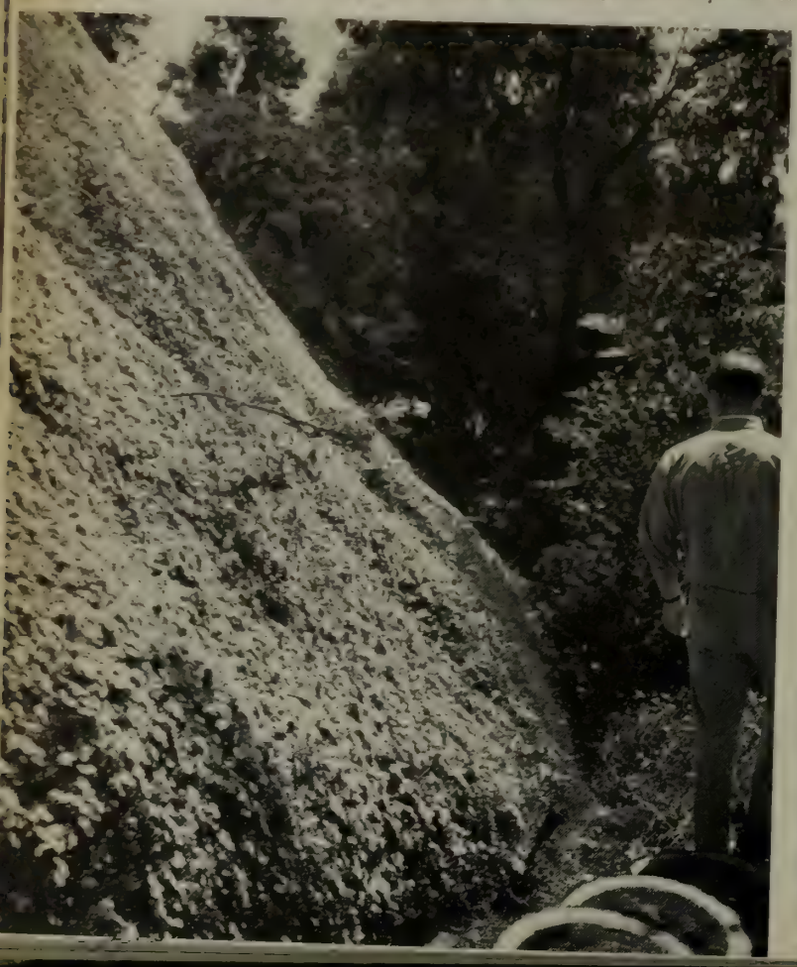
In the rest of the country, a few people pamper ice plant indoors or as a summer-only annual, but on the West Coast at least 10 kinds make up countless mass plantings and several kinds line miles of our freeways. And each spring, hillside and ocean-bluff neighborhoods shimmer with its yellow, gold, orange, pink, red, and purple bloom.

But there's a lot more to ice plant than what dazzles the eye.

No other permanent plant can cover so much ground so inexpensively and so quickly—even steep, rocky slopes, poor, neglected soil, or beach sand. As building pads for houses are carve of the hills, our guess is that mo more ice plant will go in to cov scars and protect against erosion.

Ground covers like ice plant pla most important part in landscapin and-fill slopes. They intercept the

Glistening *with purple, rosea ice plant covers a Laguna Beach slope so steep men used ladders, picks to plant it*



Out of bloom, *another mass of rosea ice plant makes a tough ground cover in the William Marrow garden, Pebble Beach*

GLENN CHRISTIANSEN

s of this same ice plant pile up es high, hiding foliage beneath

direct it gently to the soil or down ope, preventing the top layer of from turning into sliding mud. Not plants control erosion (some ac- hurt the cause—see chart on page but about half a dozen kinds can hick, soil-holding mats.

mportant in Southern California's azardous brushy hills: Ice plant's ent foliage resists burning about as s any plant can.

ice plants are native to Africa. Sea native to the California coast, and ntot fig has gone wild there so long seems like a native.

kinds grow best within a half mile ocean (spectacular, tourist-attract- isplays flourish around Monterey nd along the Southern California . But the majority perform ably in t the hottest, frostiest inland val- A few—*Carpobrotus*, croceum ice red spike ice plant—can grow in Springs, Phoenix, Tucson, and simi- sert climates.

nonth you can compare many of the s while they still have flowers. It's o plant as soon as possible so the ice s will be going strong before the hot- eather.

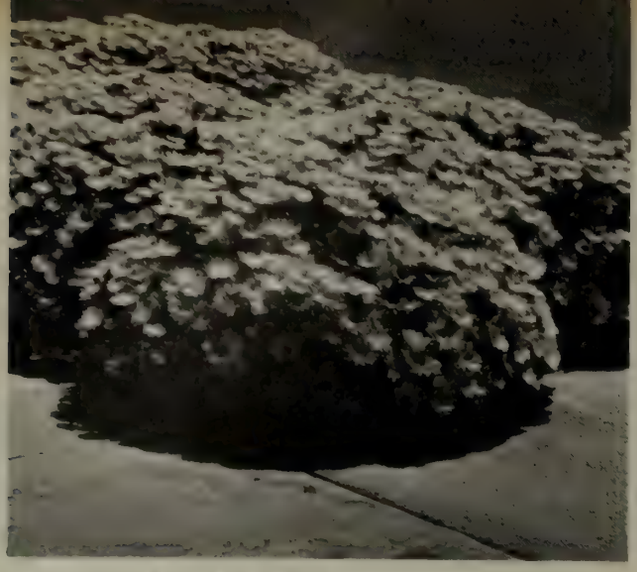
TING AND WEEDING, RING AND FEEDING

ing ice plant is almost ridiculously Except in heavy clay soil, there's no to work over the planting area, no to add soil amendments; in fact, on e it's better not to disturb the soil ore than necessary. Plant in full sun.

begin with rooted plants, simply trowel or pointed stick to open a the ground, poke in the plant, and he soil back around it. Keep the

WILLIAM APLIN

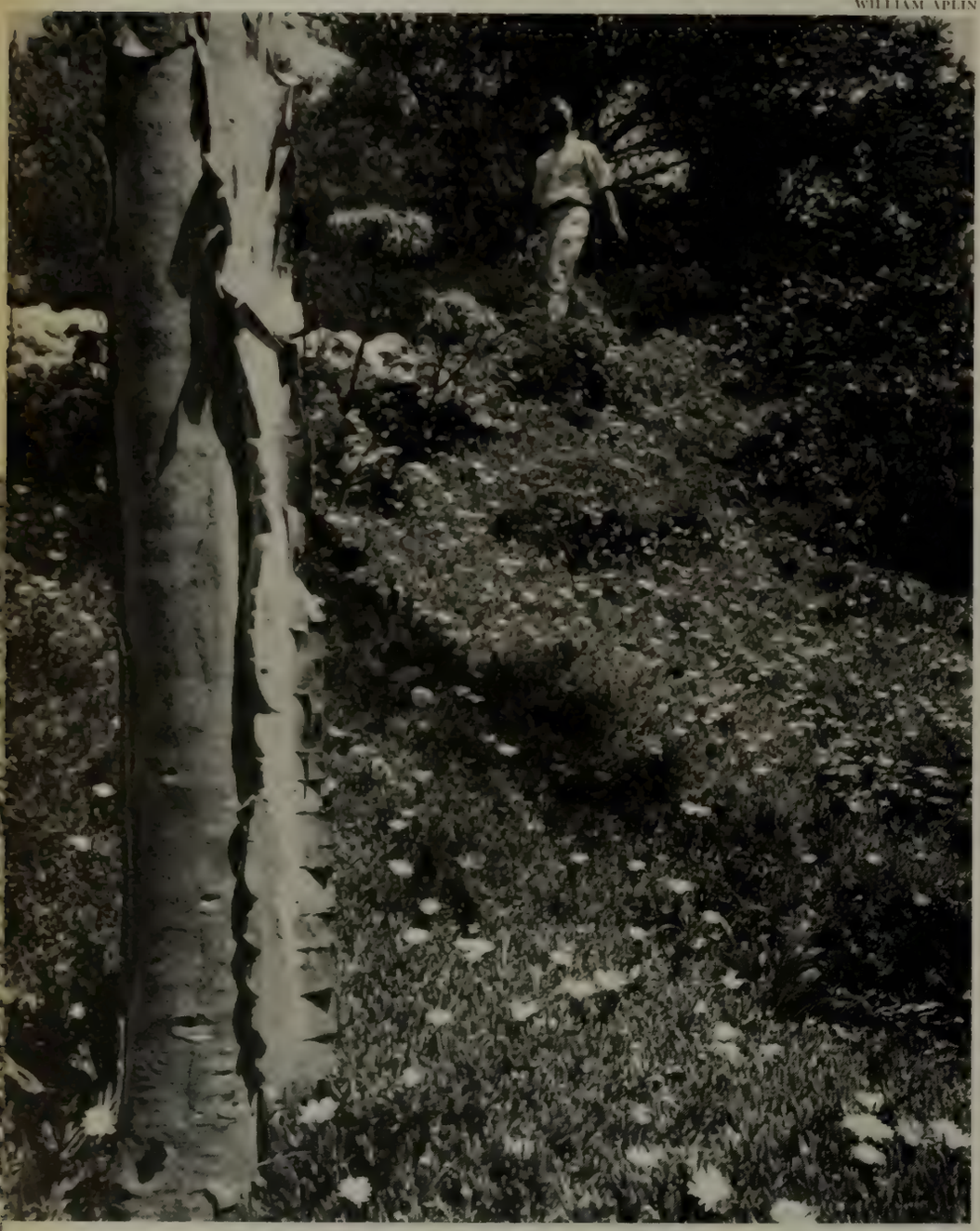
Brilliant pink *trailing ice plant draws camera-toting visitors each spring. Planting is six years old, in Rowland Heights garden of Sebastian Esposito*



Chunky, *golden 'Sunman' lampranthus bulges from parking strip in Thomas Bonasera garden, Saratoga*

Good looking . . . and fire-resistant

WILLIAM APLIN



This ice plant—Malephora luteola—*isn't as showy as some, but has yellow blooms for months, handsome foliage all year. Garden of Mrs. Hortense Miller*

soil moist for a month.

Many ice plants get their start f tings. Big-leafed types such a *brotus* and *Malephora* are easiest with. Cut stem tips from a n planting or an overgrown flat; m each cutting has at least one le Bury the cutting halfway, keep and it should root in a month.

Space plants or cuttings of most i 1 to 2 feet apart. Some kinds ne spacing (see chart).

An established planting of ice pl ally allows no room for weeds, bu weeds may crop up until plant You can prevent them in one ways. Before planting, water the peatedly to bring up weed see spray with contact weed killer. Or plant and then apply trifluralin o weed killer throughout the plan you can wait until a month after and use diphenamid.

Bermuda grass can haunt ice pl manently if not controlled befor ing. Spray with dalapon and re long as Bermuda comes back.

Ice plant has a deserved reputat resisting drought, but it can't go any irrigation at all except near th where fog provides moisture. If y inland, put in a sprinkler system ure on using it once a week to month during the dry season.

Some kinds of ice plant slow their in summer and may even go d Too much water then, especially i soils, can cause patches to die. Som fungus attacks overwatered pla especially of *Delosperma* 'Alba heavily watered planting shows patches, let it dry out for two m then resume watering.

To keep ice plant lush and gree once each spring and fall. Use a co liquid fertilizer.

CHOOSING ICE PLANT

Shopping for ice plant can be a be ing experience. Nurseries offer kinds, and some are labeled only a ing to flower color.

It's important to imagine how plant will look out of bloom. So those that flower spectacularly hav descript foliage the rest of the year. of the most useful ground covers flowers that are hardly worth menti The large-leafed types are generall coarse to look at home in most gard

Consider also whether you're goi plant a slope or flat ground. Small- or trailing types provide much bett sion control on hillsides than big- or clump-forming kinds.

The complexity of names may c you. Most ice plants used to go und

Bathroom accessories by Chiffon®.

Chiffon bathroom tissue comes in four solid shades: gold, pink, blue, green and white. And three pretty, patterned prints: pink, gold and green. Next time you're shopping for bathroom tissue, take some of these new Chiffon colors home with you. You'll be adding a lot more than tissue to a room.

Crown® **Chiffon**

name *Mesembryanthemum;* now, after reclassification by botanists, none of the ground cover types do. But some nurseries still use the old names.

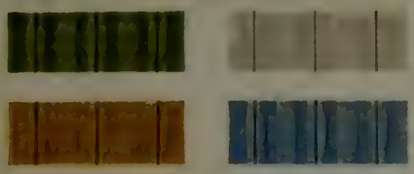
The chart below lists the most commonly available ground cover ice plants and shows them as they're sold in small packs (except for *Carpobrotus*, which is usually sold or passed along as cuttings). All are also available in flats.

The shimmer chart

Besides flower color, think about foliage and landscape values

Kind of ice plant		In bloom	Out of bloom	What's it good for?
SEA FIG *Carpobrotus chilensis* HOTTENTOT FIG *C. edulis*		Big but sparse flowers. Sea fig blooms purple; Hottentot fig, yellow to rose	Bulky, dark green mat of fat, fleshy, finger-length leaves. Coarse texture looks out of place in most gardens	Ubiquitous freeway ground cov Great for binding loose sand at Fine for large, flat expanses or banks. But weight makes it a lia on slopes steeper than 1 to 4 (1 of drop in 4 horizontal feet); in can slip, pull down topsoil with
RED SPIKE ICE PLANT *Cephalophyllum* 'Red Spike' (often sold as *Cylindrophyllum speciosum)*		Brilliant early show of 2-inch cerise blooms, January to March	Pointed, gray-green leaves stick straight up. Plant forms clump 3 to 5 inches high	Use in small areas—along bord in parking strip, as pattern plant Clumpy plants don't spread muc provide little erosion protection. 6 inches apart so plants fill in th
WHITE TRAILING ICE PLANT *Delosperma* 'Alba'		Scattering of small white flowers never amounts to much	Good dark green all year. Plants spread low, form sturdy 6 to 8-inch mat. Leaves are an inch long	First-rate for covering steep slop level ground. Runners spread ra root, knit together to form strong hill-holding network. Doesn't get woody or mound up. Foliage text suits big or small areas
ROSEA ICE PLANT *Drosanthemum floribundum* and *D. hispidum*		Tiny but incredibly profuse flowers bloom in dazzling sheets, late spring and early summer. Pink to purple	Tiny, glistening, gray-green leaves. Long trailing stems root, form spongy, 6 to 8-inch mat	Lightweight, easy to root, it can c to steepest, rockiest slopes, can drape several feet over a wall. Al makes neat lawn substitute. One to plant: just crumble or chop up stems, broadcast like seeds, cove with sand
BUSH-TYPE ICE PLANT *Lampranthus aurantiacus*		Brilliant flowers bloom early and heavily. Varieties are 'Glaucus' (yellow), 'Gold Nugget' (orange), 'Sunman' (gold)	Clumpy, erect plants look like foot-tall shrubs. Gray-green, 2-inch leaves	For low borders, gentle slopes, or where you'd use any dwarf flower shrub. Clumpy growth makes it unsuitable for erosion control. Sp 6 inches apart for quick, solid fill. Shearing in summer makes the planting neater
PURPLE ICE PLANT *Lampranthus productus*		Vivid purple flowers come in sheets early, last long. Can bloom before Christmas, last till May	Small, bronze-tipped leaves form solid 15-inch-high cover	Best on level areas, moderate slop Half-trailing, half-clumping plants don't provide dependable erosion control on steep banks
TRAILING ICE PLANT *Lampranthus spectabilis*		Spectacular flowers (shown on cover)—but season is short, dead flowers messy. Available in pink, rose pink, purple, red	Foliage never looks rich like some ice plants. Small gray-green leaves. Plants trail, grow foot tall. Pink variety has best foliage	Flowers alone justify planting, but it's also trustworthy ground cover all but biggest, steepest slopes. Gr it where off-season untidiness won be prominent
CROCEUM ICE PLANT *Malephora crocea* YELLOW TRAILING ICE PLANT *M. luteola* (both often sold as *Hymenocyclus)*		Sparse but long-blooming. *M. crocea* is reddish yellow; *M. c. purpureo-crocea,* salmon; *M. luteola,* yellow	Attractive year-round foliage. *M. luteola* (shown at left) has finer texture, best all-year foliage of ice plants	Popular freeway plants. Handsome ground covers for small or large fl areas, moderately steep slopes. *M. crocea* works on hillsides better th *M. luteola,* which doesn't send out long runners

Sunguard—in five decorator colors



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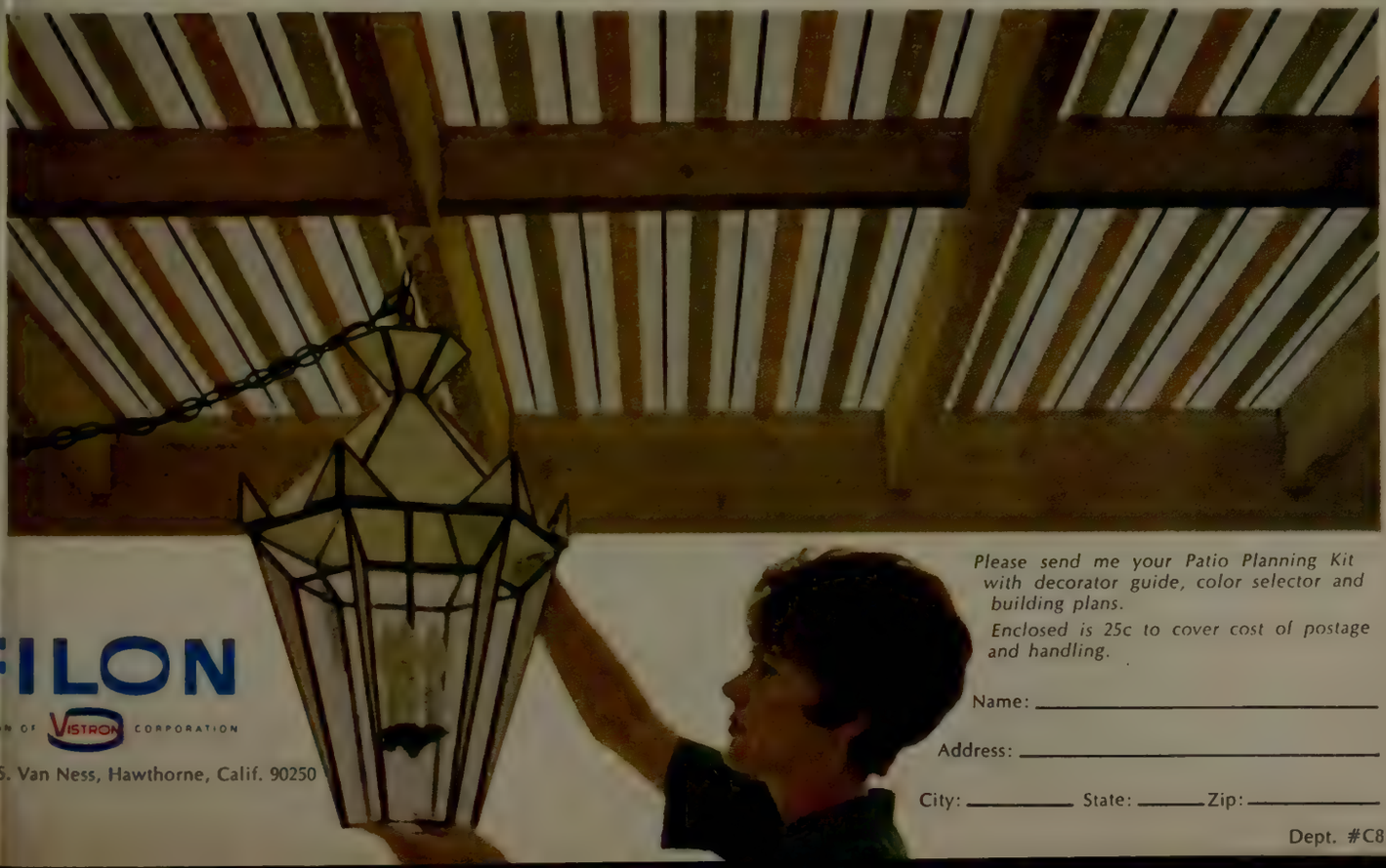
Autumn Leaf pattern shown, one of four Filon-Stripes® patterns (Bluegrass shown in upper left).



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Dept. #C8

Vegetables in spite of

...wind, deer, water shortage, and an unhandy site

The two boys *secure a scarecrow to pole that supports machine-gun-type sprinkler*

Distance from house, *steep path (see photograph at left) show why owners have automatic irrigation. Circular shape, size of garden dictated by range of spr*

The R. H. Hyatts live high on a ridge in the mountains east of San Jose. Their only sizable level plot for a vegetable garden lies down the hill a considerable distance from the house. Other problems imposed by this particular country setting are wind, deer, and a barely adequate supply of irrigation water.

To keep out deer the Hyatts built an 8-foot fence of two courses of light, inexpensive 4-foot wire mesh fencing. Supports are light and the whole fence comes down easily when it's time to disk the garden in late winter or early spring.

To simplify watering, the owners use a single impulse or machine-gun sprinkler connected to the house water supply by 300 feet of ¾-inch plastic pipe. The sprinkler pattern and the available water pressure determine the size and shape of the garden—a 50-foot-diameter circle.

Control box *at house turns water on automatically during night or early morning*

The Hyatts save water by irrigating between 1 and 6 A.M., when there is little or no wind and hence little water lost through drift or rapid evaporation. Also, over, the storage tank is just likely to be full at these hours. Times and durations of sprinkling are set the previous evening at a control box just outside the house. The control system is simple and inexpensive—a timer and the solenoid valve from an old washing machine.

Night watering by overhead sprinkling isn't ordinarily recommended for vegetable gardens, but mildew isn't been a problem for the Hyatts. Apparently bright sun and brisk air movement through the day keep plants dry and healthy. Pests are controlled by bow hunters—the Hyatt sons, Bo[illegible] and [illegible]

Alice B. Toklas flipped over coral

Errol Flynn loved to fight over green

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Meal . . . or Pellets in a money-saving SPRINGTIME BONUS PACK!

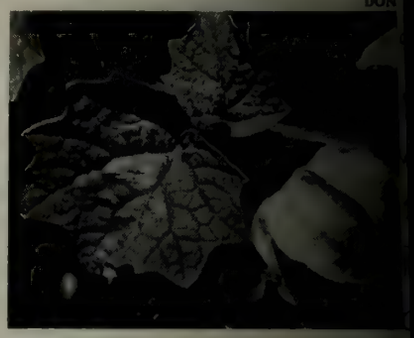
What's a hu tomato? A po

If you grew up in the Northwest, west, or the East, you may kn ground cherries or husk tomato are Hawaiian you probably kn *poha.* Ground cherry and poh same. Should you decide to grow pies, preserves, or for eating fre cent packet of seed from a seed put you in business.

Ground cherries need the same conditions as tomatoes. Sow se soil and air have warmed up. Th to stand 3 feet apart; they need t room to sprawl. In late summer the fruits will ripen and drop; pick them up from the ground leave fruits in their papery hu keep them cool and dry, you c them for several weeks.

Plants grow with very little care some people never replant ground but merely permit volunteer see grow around the edges of the gar

DON



Fruits resemble *Japanese lanterns they are ripe they drop from th*

Remove *papery husk before eating sweet yellow fruit is ½ to ¾ inch*

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WILLIAM APLIN

cover walls, *arches in Tudor court. Rhododendrons are spring highlight. Container plants are displayed throughout gardens*

Rooftop English and Spanish gardens are a London surprise

heart of the shopping center of Lon- Royal Borough of Kensington, 100 bove Kensington High Street, are cres of landscaped gardens.

p of Derry and Toms department these roof gardens include a charm- nformal English country-style gar- Tudor courts with stone arches and r borders; and Spanish gardens with al fountains, cobbled paving, and ish pergolas. From balconies you can ch landmarks as the great dome of aul's, Westminster Abbey, Westmin- Cathedral, St. Mary's Abbot Church, rt Hall, and the Post Office Tower (go top on a fine day for a grand view).

h of the soil averages 1½ feet with hes of drainage underneath. Three foot-deep artesian wells below the supply water for the fountains, n, and waterfall. There are mature -bearing trees, palms, and hundreds wering plants.

ning coffee, luncheon, and a very Eng- afternoon tea are served in the glass- sed sun pavilion and on the terrace looking a quiet, tree-shaded garden.

y birds and ducks visit or make their es in the gardens, and exotic fish swim e pools. (The gardeners tell us that each spring for the last several years a wild mallard duck with a limp has flown into the gardens, built her nest, and hatched her babies. She keeps the youngsters in the gardens for three or four months, then suddenly flies them all away. The following spring she returns to raise another family.)

Draped or espaliered on the walls are ampelopsis, clematis, grapevines, passion vines, pears, pyracanthas, and wisteria. Begonias, cinerarias, geraniums, lobelia, mesembryanthemum, violas, and many other plants (started in two roof greenhouses) bloom in tubs, pots, and jars.

To reach the roof gardens, take the elevator to the top floor and enter through a small lobby.

Derry and Toms is located on Kensington High Street near Church Street. You can reach it by taking the Underground to the Kensington High Street station; or ride one of the big red buses from Piccadilly Circus to Kensington High Street.

The roof gardens are open Mondays through Saturdays from mid-April to mid-October. Hours are 9 A.M. to 5 P.M. The roof garden restaurant is open from 10 A.M. to 4:30 P.M. Admission to the gardens is a shilling. An illustrated booklet describing the gardens costs 2 shillings.

Spanish gardens *are lush with palms and extensive borders packed with perennials*

While in the vicinity be sure to see the magnificent gardens around Kensington Palace. And on both sides of Church Street, almost opposite Derry and Toms, you'll find charming little antique shops and some well known boutiques.

Among the finest additions to Stryl Arboretum in San Francisco's Gol Gate Park is the Jennie B. Zellerb Garden, officially dedicated two years this month. The garden was donated the Recreation and Park Department the City and County of San Francisco Mrs. D. Stephen Coney as living memo to her grandmother, Mrs. Isadore Zel bach, who was a keen gardener an distinguished civic leader.

Situated at the west end of the arbo tum's main axis with a view across green meadow and beyond to a fo tain, the tree-shaded garden invites v itors to stop and linger. The planti reflect Mrs. Zellerbach's special inter in azaleas and rhododendrons; oth plants you will notice here are Engli boxwood, fuchsias, a double white tr wisteria, clematis (on the pergola), a such perennials, bulbs, and bulblike plan as agapanthus, astilbes, ferns, hosta lilies, and primroses. Most of the flow ing plants are in shades of blue and pi Mrs. Zellerbach's favorite colors.

An existing Torrey pine, native of Sout ern California, and one of the largest cultivation, is an important feature the front section of the garden, seen at t bottom of the page. Behind the pergol large Monterey cypresses, and mayt trees help to create a forestlike bac ground for the garden.

Mrs. Coney worked closely with lan scape architect Edward A. Williams an former Strybing Arboretum director H. Brydon in planning the garden.

Pergola and tree-shaded *garden offer visitors quiet, inviting stopping place*

DARROW

Rhododendrons, *ferns, calceolaria, agapanthus at the base of Torrey*

View from pergola *across garden, meadow toward fountain*

Golden Gate Park treat... the Jennie B. Zellerbach Garden...now two years old

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WILLIAM APLIN

Aegopodium *as a beautiful ground cover under native oaks on a slope in garden of Dr. and Mrs. C. Charles Hetzel, Jr., Ogden, Utah. It's contained by concrete on all sides*

Bishop's weed . . . a Utah marvel

The cold-winter areas east of the Sierra-Cascades and in Arizona's mountains get some of horticulture's good fortune—the coast doesn't get it at all. One plant that does well where winter gardens are snowy, but is only so-so at best where winters are mild, is the deciduous ground cover *Aegopodium podograria variegatum*, sometimes called bishop's weed or goutweed.

DON NORMARK

Looking down *at it. Leaflets are ½ to 3 inches long, light green with white edge*

People in cold-winter areas who know aegopodium have often scorned it because it becomes rangy and invasive.

But now Maas and Grassli, landscape architects in Ogden, Utah, have found a need for aegopodium, subdued the plant, and put it to work. They discovered that it makes a fine ground cover under the native Utah white oak *(Quercus utahensis)*. That's the way you see it used in gardens they designed shown in these photographs.

What makes aegopodium practical under this oak would also make it useful under many other deciduous trees:

First, there is the shade cast by the trees. Aegopodium thrives in it, whereas in full sun in Ogden it gets yellowish or brown in spots. There are other good shade-loving ground covers for cold climates, such as vinca (or myrtle), ajuga, and v but aegopodium pulls ahead of the point two:

Grown the way Maas and Grassli sp aegopodium will compete with weed ter than vinca, ajuga, and violas.

Third, oak leaves drop and need raki autumn—the same time the aegopo leaves drop. So the gardener gets a swoop opportunity to rake up both also to cut back the aegopodium s That puts all to bed for the winter a same time.

In spring, after snows melt, the ae dium puts up fresh growth from ground. By midsummer, it can be from another trimming (2 to 3 inches the ground). For about two weeks the back ground cover suffers a pi chicken look, but fresh new growth comes out again, and the planting better than before because the sh made it more uniform.

The other essential—if you want to this plant in an orderly and prese way, as shown here—is to contai roots behind a 12-inch-deep underg barrier of wood, aluminum, or heav paper.

Additionally, aegopodium benefits fr light feeding each spring. Maas and G recommend steer manure. And it th on regular watering all summer. Both shown here are watered by sprin every time the lawns are watered.

Few nurseries sell aegopodium; us you get divisions from a friend. them about 8 inches apart.

Aegopodium bears tiny, unimpo flowers on stems 8 to 10 inches abov foliage in the middle of summer.

Another planting *under oaks in Ogde garden of Mr. and Mrs. Carlos Mart*

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Crossing vegetable garden *is easy and neat on this pathway made of concre*
Water from hose at one end of garden flows along the ditches, passes throu

Irrigation bridge of building bloc

It's true that ditch irrigation is best for many kinds of vegetables, but some gardeners hesitate to use this method because water channels often take up a great deal of space and make it difficult to cross the garden without sinking into mud.

Alan Huntzinger, of San Jose, solved the problem in his small, well laid out vegetable garden with an ingenious dry pathway that doesn't impede the flow of water. Standard 8 by 8 by 16-inch concrete building blocks were laid so water could flow through the holes. The main walkway is three blocks wide, so the Huntzingers can maneuver a wheelbarrow along it. The paths that branch off it are only one block wide, but adequate for walking.

This kind of walkway makes it easy to get to every part of the garden, even when watering. Such a system should work well in almost any garden situation.

If you'd like to follow this scheme, first use a rotary tiller to work the soil. Irrigation ditches 2 to 3 feet apart are best. Decide where each pathway should cross, then dig a trench deep enough so the 8-inch-high concrete block will be about even with the top of the soil. Pack down the ground in the trench as nece the block will stay level.

Strawberries and oregano *in this s the garden thrive on regular i*

If you make all your water chan from one high point, you can la there and let water fan out to ir parts of the garden simultaneousl

how the other half lives.

Sydney and Adelaide do it. Have a
ore fling. Learn a Bali dance. Paint the
in Hong Kong or Tokyo. Paint yourself
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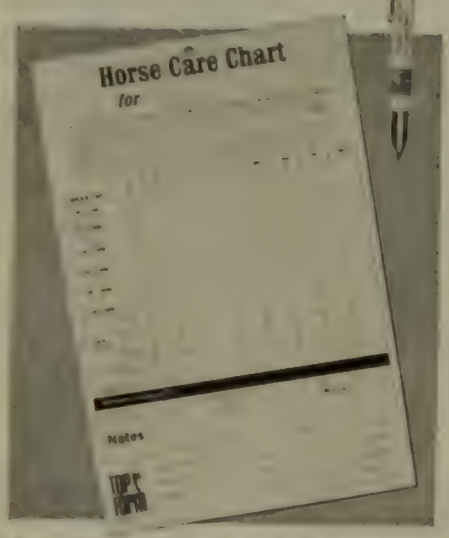
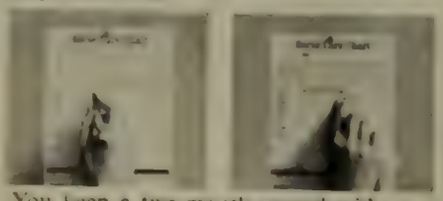


A permanent, heavy plastic chart that helps you maintain full-time "programmed" care for your horse. The TOP FORM stable chart helps you keep track of worming, vaccinations, rations and feeding, vitamin supplementation, hoof care, shampooing, etc. Tack it up in your stable.



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Hanging *from arbor are gourds grown by Judy Aust, Yakima, Wash.*

Gourds . . . a summertime adventu

Growing gourds is a fast-paced, satisfying summertime adventure.

The vines climb 10 to 15 feet by twining tendrils in a matter of weeks. Besides the lush leaves, you can expect flowers the texture of tissue paper, yellow or white, up to 3 inches across. Then come the gourds, swelling quickly into an impressive array of shapes, sizes, colors, and skin textures.

A dozen or more kinds of large and small gourds are listed in seed catalogs under names that usually describe shapes—large caveman's club, dolphin, Turk's turban, for example; and small queen's pocket melon, hedgehog, spoon, and miniature bottle. Seed mixtures of either large or small kinds are also available.

Decide whether you want large or small gourds when you buy seed. The large gourds *(Lagenaria siceraria)* are silver green and follow fragrant white flowers that open at night. The small gourds *(Cucurbita pepo ovifera)* have yellow flowers and produce colorful cream, yellow, green, or orange fruits.

A third type, quite unlike the other two groups, is called dishcloth gourd *(Luffa cylindrica)*. Grown for its fibrous pulp, dishcloth gourd is the most rampant grower of all. Its flowers are yellow and

Big gourds' names, *giant bot*
Chinese waterjug, describe the

the gourds turn yellow when rip
grow 1 to 2 feet long.

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Gourd vines will climb wherever th
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June, they will be sizable enough
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"Are Mortgage Interest Rates Too High?"

by **Tom B. Scott, Jr.,** *President*
United States Savings and Loan League

We have all read a number of stories decrying the "high price of mortgage money"; pitying the overburdened home purchaser; and complaining about "cold financial institutions." But did you ever read a story about the "neglected savers"?

We want to make a case for the savers. After all, it is their savings which make it possible for the people of the United States to have such a high standard of housing. It is their savings which make it possible for us to have one of the world's lowest mortgage interest rates. It is their savings which have enabled private enterprise to provide housing in fantastic quantities.

But do you ever read an article to the effect that the saver is entitled to a higher return on his money? No, the role of the saver in our economy is overlooked.

After all, it takes the savings of four savers to provide a borrower with the money he needs to buy a home for himself and his family.

Actually, the saver is getting a break in these days of tight money. The earnings have gone up on their savings funds because loanable funds are in short supply. Like any commodity, the price we pay for money goes up as it gets scarce, one of the unforeseen benefits to savers.

Our opinion is that the 44 million savers who save at savings and loans should receive a reasonable return on their savings.

We are just as firm in our belief that our own 10 million borrowers should be charged a reasonable interest rate on loans.

Let's look at the borrowers' side. Most savings and loan association borrowers are still paying rates which were prevalent before the current tight money market. In 1968 the average interest rate being paid by all borrowers on all outstanding mortgages held by savings and loan associations was around 6.01%.

Even the borrowers who are financing their homes with savings and loan mortgages in the current tight money market are getting a bargain. The average interest rate paid on mortgages by borrowers at savings and loan associations on new and existing homes during 1968 was 6.90%.

This is less interest than some nationally known corporations are paying to borrow money. As you may know, Aa Utility bonds are considered a yardstick for bond buying and often indicate the trend. Right now Aa Utility bonds which are optionally callable average 7.55% and the five-year callable bonds are now averaging 7.35%.

Specifically, on March 11, a $150 million bond issue by Aaa-rated New York Telephone Company of AT&T cost them 7.47%.

Closer to home, most people borrowing to pay for a car are now paying around 18% true interest.

So you see that, compared to those who borrow for other purposes, the man who borrows for a home is being charged a reasonable interest rate. And the four savers whose money he is using to buy the home are receiving a fair "wage" for their dollars.

We believe it is important to tell this story of the unappreciated savers. This explanation will provide the facts for those who don't know, don't remember, or don't care where their money for home loans comes from. Unfortunately, the uninformed are prone to think it is cash from "heartless corporations," "soulless lending institutions," etc. They never consider that it is the saver (although many are savers themselves) whose labor, denials, and prudent money-management accumulate the dollars to make such loans possible.

So, let's give some tribute—and fair profit—to the people who own the over 100 million savings accounts held by all types of financial institutions in the United States—the people whose important role is too often overlooked.

Savings and Loan Associations

Saving makes the difference®

©1969, The Savings & Loan Foundation, Inc., 1111 "E" Street, N.W., Washington, D.C. 20004

You can see *gourds, gourd flowe arbor. Grower is Fred Breckon,*

the ground, but gourds on th may grow misshapen or devel spots. As they grow, put pieces under gourds if they touch the g

HOW TO GROW GOURDS

These heat-loving plants require fertile, fast draining soil, and moisture. But don't enrich the g much, or you will encourage leaf at the expense of a gourd crop. care not to overwater during th ing period as this will cause fruit

In cool coastal gardens or where ing season is short, you can gai starting seeds indoors in early M a month before plants can safel doors. Elsewhere, sow seeds in th this month or in June.

Seeds germinate in a week to 1 warm ground. A 12-year-old ga Portland spread black plastic ov slit it, and planted gourd seeds in She reports that the plastic weeds, conserved moisture, and heat in the soil.

Plant seeds an inch deep and 2 f or sow more generously and th to 2 feet apart as they grow.

The large kinds of gourds bloom when few insects are about. B this, Judy Aust, who grew th shown at top of page 236, hand-p flowers as they bloomed, using hair brush.

HARVEST

A gourd is mature when it f under thumb pressure, the skin and the stem begins to dry an The yellow-flowered gourds mat usually before frost, the larger o

All should be ready to cut for d mid-October. Leave some stem gourds when cutting, so you c them to dry in a cool, airy place weeks.

The menu reads like the Tour D'Argent. The service approaches artistry. The place: the almost inexpressibly elegant Monte Carlo Restaurant. It could be Paris.

But it's the Desert Inn, Las Vegas. One of the world's truly abundant resort-hotels. Where all the pleasures aren't culinary.

There's our championship golf course. Horseback riding through the painted desert. Swimming. Tennis. Mountain climbing. Hunting. Fishing.

On stage: A Desert Inn spectacular. With bright lights and ballyhoo that belong to Broadway. It's entertainment like you've never had it.

Plus continuous dusk-to-dawn performances in the Lounge.

Come. Join the beautiful people at the Desert Inn. It's Paris, U.S.A. And unforgettable.

DESERT INN

Hotel, Las Vegas, Nevada

Paris, U.S.A.

"I always think of the passengers as eggs."

"Sometimes our radar indicates a little rough air ahead.
You know, the kind where you bounce a little. It has no effect on my control of the aircraft, but I'll still request clearance to get over it.
Even if it means losing some time.
Why?
When I started with American, 15 years ago, my first instructor told me something.
He said, 'Always think of the passengers as thin-shelled eggs sitting back there on the floor. And your job is to get them from point A to point B without putting the tiniest crack in one of them.'
I still take each bounce personally."

Captain Cliff Schmidt is the kind of man who makes the best pilot because he's a concerned man. He does more than just his job. That's the American Way.

Fly the American Way. American Airlines

Non Alcoholic Wines

Produced with infinite care to give the bouquet and balance not to be attained in other non-alcoholic beverages. Excellent with all foods—in great demand for teen-age parties. Sparkling white and pink for that extra special event. Still for every day and as a tonic when your energy level runs low.

MEIER'S

Catawba

GRAPE JUICE

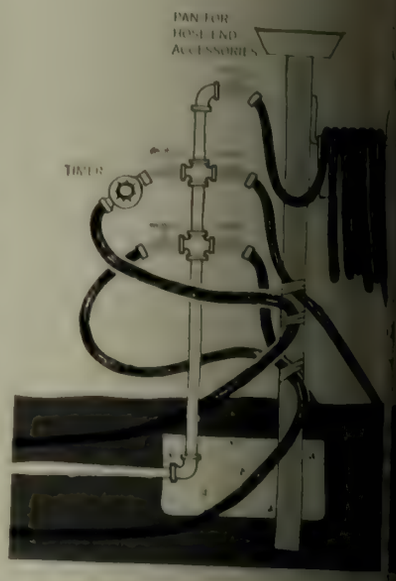
Still • Sparkling • White • Pink

THE JOHN C. MEIER GRAPE JUICE CO. SILVERTON, OHIO 45236

Hydra-hydran works wonder

There's beauty in the function of th plicated hydrant even though the itself would not win any garden awards. (Its looks don't matter, stands behind a big hydrangea, public view.) From this single Fred Breckon of Portland waters tire rear hillside garden.

Many Western gardeners sprinkle-



For rigidity, *hydrant and pedestal in a concrete base. Buried hoses to pedestal so there are no loops to*

Hydrant *puts water into any of 4 hoses, 1 loose hose. Pedestal hold hanger and pan for hose-end acce*

leads to 10-foot-high sprinkler irrigates vegetable garden. It's to a stake, can't be pushed over

permanent metal or plastic pipe controlled by one central set of r. Breckon chose not to do this "I like to change my garden very so often, and with a pipe couldn't revamp as freely." His ats using portable sprinklers at of movable hoses because he sk breaking plants by pulling und.

he four buried hoses that radiate hydrant runs to a permanently rinkler (or pair of sprinklers) in t garden bed. He waters one bed . Each valve-sprinkler combina- justed so that turning the valve s enough water out of the sprin- rinklers at the other end to cover this called for some trial-and- rimenting at installation time.

he buried lines lead to pairs of s that are turned on together. , the main hoses stop at under- hose-end couplings; short lengths in the couplings to the sprinklers. ied hose runs to the elevated -gun-type sprinkler sketched t waters the entire vegetable

ckon buys his hose in 50-foot cuts off pieces in the lengths he d puts male or female couplings ut ends.

hose bibb on the Breckon hy- for his only movable hose—the s when he wants to spray with nd sprayer. When not in use, this ose hangs coiled on the hose

nstall a buried system in ground be cultivated, be sure to place s deeper than the depth of your power tiller. Or, if less than that y a board over the top.

er a hose traverses an area that ow you'll never cultivate, you y it on the ground or just beneath.

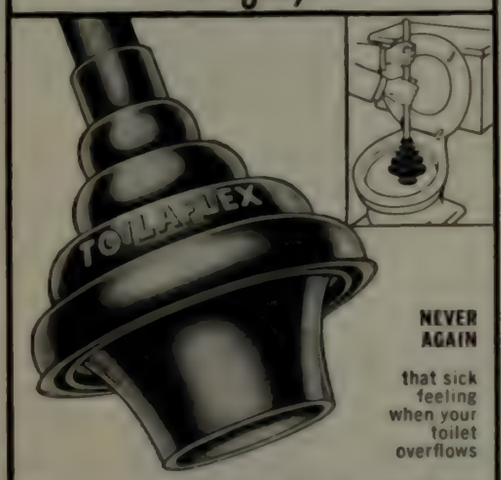
The lawn racket

When you're fed up with it, tell the man next door about the Silent Scotts lawnmower.* No gas, no oil, no smell, no profanity. And it rolls like a royce. After he's taken the hint you can throw away your ear plugs and sleep late on Sunday morning.

**From Scotts, the lawn people*

BUY U. S. SAVINGS BONDS

POWERFUL PLUNGER CLEARS
CLOGGED TOILETS
in a jiffy!



NEVER AGAIN that sick feeling when your toilet overflows

'TOILAFLEX'®
Toilet ALL-ANGLE Plunger

Unlike ordinary plungers, Toilaflex does not permit compressed air or messy water to splash back or escape. With Toilaflex the full pressure plows through the clogging mass and swishes it down. Can't miss!

- DESIGNED TO FLEX AT ANY ANGLE
- RECESSED RIM TRAPS AIR & WATER
- CENTERS ITSELF, CAN'T SKID AROUND
- TAPERED TAIL GIVES AIR-TIGHT FIT

Get the Genuine 'Toilaflex'
$2.65 AT HARDWARE STORES EVERYWHERE
Higher in Canada

Take Baby Everywhere

in his Gerry® Carrier . . . Babies love its snug security, grandstand view; parents discover new freedom; comfortable light-weight; models from $10-$16

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gerry designs, inc.

How to grow a pumpkin big enough to put your little brother in

DARROW M. WATT

Week before Halloween, *78-pound Ken Gobruegge of Sherman Oaks, Calif., hefts 63-pound 'Big Max' pumpkin. His eight vines, planted in May, produced 13 pumpkins, from 16 to 68 pounds*

Is there a secret to growing a gia
kin? Not really. And that's wh
much fun for children.

Since May and June are the bes
to plant pumpkins, here are su
based on the experiences of y
from Washington, Oregon, and C
to help others throughout the W
the biggest jack-o'-lanterns possi

The first step in growing a giant
is to choose a large-growing
Among the most popular are 'B
'Big Tom' ('Connecticut Field'), a
O'Lantern.'

Find a spot in the garden that's i
day. Each pumpkin vine will nee
at least 8 feet square.

Spade the whole planting area.
fertilize before planting; for inst
year-old Greg Ralston of San Jos
105-pound pumpkin to his credit)
processed sewage sludge into th
you use chemical fertilizer or ma
did Neill and Terese MacNeill
poose, Oregon, keep it a few inch
or to the sides of the spot where

Plant four to eight seeds an in
each place you want a pumpk
When seedlings come up 2 inches
all but the best one or two.

Keep the soil around the seeds jus
damp until leaves poke through,
within a week. When the vine
spread rapidly, you'll have to wat
and heavily. It's hard to water p
too much, but don't water agai
ground is still muddy.

How much to water depends m
where you live. You may have t
once or twice a week in hot, dr
perhaps only every 10 days els
Leaves start to wilt if they nee
but on extra hot days they may w
if you have just watered. Soakin
best method; overhead sprinkling
courage mildew.

Fertilizer helps make bigger pu
Peter Lange, of Los Altos, who gr
fornia's biggest pumpkin (127 pou
a Men's Garden Clubs of Ameri
winner), gave his vines commerci
lizer once a week. Once a month is
enough; follow label directions car

You can get bigger but fewer pu

hold it!

new...extra light...feels right...fits perfectly in your hand

ew MEZURLOK® power tape, in 12 and 16 foot lengths, fits your ıs if it were made for it—which it was. It's incredibly light because rome-plated case is Cycolac®, the rugged lightweight material you ı football helmets. The case is roomy, too, for better blade action. ed room for 12 to 16 feet of heavy-gauge steel blade to move freely. . a bearing-supported nylon spool guides the blade and helps to in and out of the case. And here is another plus: the base of the a full 3 inches wide for easier reading of inside measurements. See EZURLOK, with all of its advanced design and operating features, ır favorite hardware store or building supply center. It's there now, cial introductory prices, for a limited time only.

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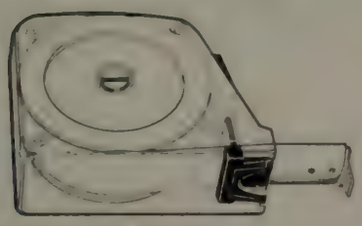
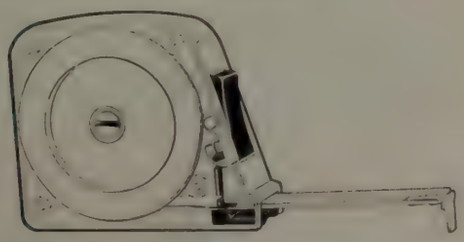
LUFKIN



RUBBER BUMPER. Exclusive rubber cushion helps absorb blade return shock, prevent end hook breakage.



TOGGLE LOCK. Push forward until it clicks; blade stays put. Pull back, blade glides smoothly into case.

Beauty and the best!

Feeds your roses balanced nutrients including chelated iron • Systemic insecticide is absorbed by roots and moves internally throughout plant providing six week protection against insects • Controls weeds in rose bed by killing weed seeds before they sprout.

GERMAIN'S, inc.
Los Angeles, Calif.
Rose Hybridists and Growers Since 1871

by cutting off tiny pumpkins a
just a few big healthy ones. If
just one, it will be a mammo
vines may naturally drop all
pumpkins, but you can be surer
it yourself.) The operation is sh
photograph below.

Slide a board under ripening pu
keep their bottom sides from tu
or rotting. Or build a stand to
off the ground. On page 102 of
1969 *Sunset*, you can see thi
stand in Jennifer Barrett's Tacon

You can leave pumpkins on the
Hallowe'en unless weather gets
If rains come early, cut the pu
store in a cool place until yo
Leave the knobby stems att
pumpkins when you harvest th

Cut off *little pumpkins so vine goes toward making big ones ev*

Slip board *or shingle underneath to keep ground moisture from sp*

The case of the sudden storage wall.

Or maybe," says lawyer Vito DeCarlo, "you should ll it the case of the storage wall miracle. 'Cause I ilt this beauty myself and I'm no carpenter.

But you know, being an amateur isn't any problem hen you use the right tools. I found that out with e Skil Drive-R-Drill. It almost does the job by itself.

All I had to do was get the lumber precut to size and en assemble it. Strictly a matter of drilling holes and iving screws. That's where the Skil Drive-R-Drill came in. It drills *and* drives. Really makes it easy.

"This storage wall is proof. Just goes to show what you can do if you try."

Try! With the how-to-do-it book for people who don't know how to do it. Skil Makes it Easy.

It's filled with projects (like storage walls) plus simple construction details, tips on materials and proper use of tools. 48 pages in all. To order, send 50¢, to Skil Corp., Dept.518-Q,555 W. Jackson Blvd., Chicago, Illinois 60606.

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Laars Mark III the stackless pool heater.

Out of sight.

No ugly "stovepipe" to mar your landscaping. And no need to hide this pool heater in a shed or behind a fence. Laars' new Mark III is designed for outdoor installation without a vent stack.

So low and compact you can landscape it out of sight . . . so good-looking you won't want to! The most advanced pool heater yet from the unchallenged leader—Laars. Available through leading pool builders and dealers everywhere.

LAARS

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Don't visit a National Park this summer until you read this.

There's a brand-new way to get more enjoyment out of your visits to our National Parks. It's with an Auto Tape Tour, the tape-recorded guide that you enjoy in the privacy of your own car, at your own pace. Auto Tape Tours tell you about all the important sights *as you're seeing them*. The details, the legends, the history; a full-scale presentation with music and sound effects. Join the thousands who have enjoyed these Auto Tape Tours, done in cooperation with the National Park Service. Right now they're available at all these National Parks—many more will be added soon:

Banff-Jasper in Canada, Glacier, Yellowstone, Grand Teton, Rocky Mountain, Great Smoky Mountains.

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Become a Charter Member of the Auto Tape Tour Club today and save $1 every time you take any Auto Tape Tour. Good through March, 1971. Just send the coupon below and $2 for your membership card and first issue of the Auto Tape Tours Newsletter.

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565 Fifth Ave., New York, N.Y. 10017

Yes, I'd like to become a Charter Member in the Auto Tape Tour Club. Please send me my membership card, good for $1 off on any Auto Tape Tour I take. Enclosed is my check or money order for $2.

NAME _____

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Getting your ... ready for plan...

This month *Sunset* readers w... great deal of time digging in th... The reason for this push is sim... mer flowers and vegetables g... faster start and grow better all ... get the soil into shape first.

The best kind of soil gives r... of air. It's also rich in organic ... easy to work. Fluffing up the ... rotary tiller or by spading ... enough to keep soil aerated ... tire growing season; it may ... down with time and watering ... crumbly, easy-to-handle soil ... to add organic matter—prefer... year, but at least every other ...

To determine what to add to ... you must know whether it ... loamy, clay (or adobe); wheth... in humus; and how deep it is. ... compare soil experiences with ... mediate neighbors to help ev... performance of plants in your ...

WHAT TO ADD

Problem soils in the West fa... general categories: deficient in ... deficient in humus, too heavy ... line, too acid, or too shallow.

Deficient in nutrients: For soil ... what plants need to grow an ... most gardeners use either org... izers or complete chemical fe... both. Dried steer manure is n... cient fertilizer because it is low ... and may have a high salt cont...

Deficient in humus: When soi... ganic matter, it may drain poo... the case of sandy soil—drain t... Add leaf mold, peat moss, or ... give the soil substance and a ... use untreated sawdust, be sur... nitrogen-rich fertilizer.

Too heavy: Heavy soil is clay ... sticks when wet and cracks ... Add compost, leaf mold, saw ... moss, vermiculite, or a chemic... ditioner to aerate the soil.

Too alkaline: Soil in warm, dr... tends to be alkaline. Add sulfu... or lime sulfur.

Too acid: Soil in wet regions ... somewhat acid. Add lime only ... is overly acid. And don't confu... with lime; gypsum will not ... overly-acid soil, although it wi... cium and sulfur.

Too shallow: If your soil turns t... within 18 inches of the surface

r many garden plants. If sub- t so hard, you may be able to th soil amendments recom- or heavy soil. Otherwise you to bring in more topsoil or plant eds.

ADD SOIL AMENDMENTS

've decided what to add, you our attention to working it into after turning the soil, the com- ower leaves his field rough and lowing the soil to air out. When e has partly dried, he disks it other surface for planting.

do much the same in your own

soil to one side (with shovel, rotary tiller) and place it on the the previous furrow. Many gar- erely turn a shovelful of soil up- in place. This is a mistake, for d other surface organic matter ld be mixed into the soil form beneath the turned soil. Such a a tendency to decompose slowly, t difficult for water and air to

atter clods and rake the bed nmediately. Instead, wait until dries a bit; otherwise you may the soil you have just loosened ted. Don't cultivate wet soil— only compact it further.

u add soil amendments by hand, so in four easy stages:

he soil conditioners as a 3 or 4- r on top of the soil. Your aim o incorporate them evenly into nd by spading in furrows back across the bed.

first furrow and throw soil from wheelbarrow; this gives you room and also keeps all turned soil at l.

remaining soil, one furrow at a th a flip of the spade. Place soil ope of the previous furrow. Shove o its full depth, handle leaning toward you. Level the bed as you oving soil from high spots, filling nes.

the end furrow with the soil you n wheelbarrow in the first step.

l should now be at an even grade, igh. Don't pulverize the clods; hem to dry out somewhat before e them smooth and level for next planting.

mind that organic matter breaks nd is lost to the soil, especially in rated, well drained soil (two favor- nditions that the addition of or- natter helps to create). Therefore ve to keep adding organic matter, ler quantities, at regular intervals. g in a 1 to 2-inch organic mulch at d of each growing season helps this demand.

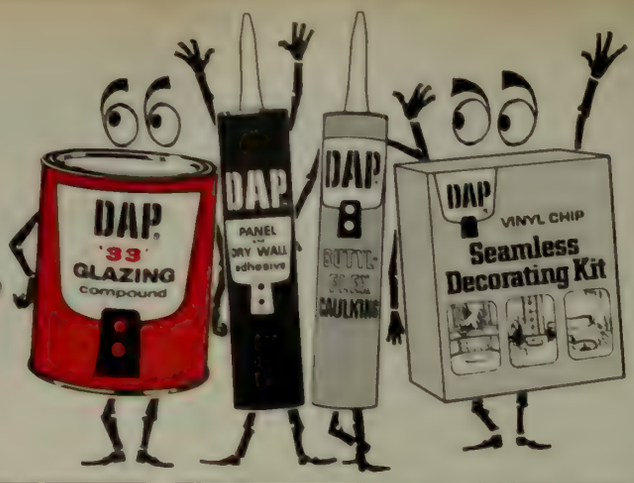
Who ate it? Who cares!

Any one of a hundred different insects may be bugging your flowers. That's why you need the one insecticide that can kill virtually all of 'em. Spectracide®.
In fact, Spectracide will protect your trees, shrubs, lawn, fruits and vegetables from just about any insect that may be bugging them. So simplify insect control by protecting everything you grow with Spectracide. It comes in three easy-to-use forms, liquid concentrate, granular and pressurized spray. All are available at your local nursery or garden supply center.

Spectracide

Spectracide® lawn and garden insect control

THE DAP FIXERS®



THE WINDOW FIXER. Best way to replace broken glass. Easy to use. Stays flexible for airtight, watertight seals. Outlasts ordinary putty by years.

DAP '33' GLAZING

THE 20-YEAR FIXER. Makes caulk jobs outlast the mortgage. Extra-high butyl rubber content assures greater protection. Costs a bit more and worth it.

DAP BUTYL-FLEX® CAULK

THE FASTENER FIXER. No nailing . . . and this *waterproof* DAP adhesive puts up panels, wallboard and trim faster. Fastens furring strips to concrete.

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THE SEAMLESS FIXER. Puts a colorful, seamless finish on floors, countertops, tabletops. Cleans up with damp cloth, never needs wax. Tough, durable.

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Here are May garden events

Fort Bragg. Through May 15. Rho dron show at the Mendocino Coa tanical Gardens, about 2 miles so town on State Highway 1. Hour A.M. to 6 P.M. Admission: $1; chil to 12, 50 cents.

Oakland. May 3. Annual show by t ney B. Mitchell Iris Society. Place: side Park Garden Center, 666 B Ave. Hours: noon to 8 P.M. Free.

San Jose. May 3. Show presented Clara B. Rees Iris Society. Place: gate Shopping Center, 1600 Saratog Hours: noon to 9 P.M. Free.

Stockton. May 3. Annual show spo by the Stockton Rose Society. Weberstown Mall, 4950 Pacific Hours: 1 to 5:30 P.M. Free.

Fresno. May 3 and 4. Wildflower presented by the Fresno Museum iary. Place: Fresno Museum of N History, 1944 N. Winery Ave. Ho A.M. to 5 P.M. Free. Over 100 ki native wildflowers and cactus.

Morgan Hill. May 3 and 4. Flowe by the Morgan Hill Flower Lovers Place: Friendly Inn, Hale Ave. H to 8 P.M. Saturday; 10 A.M. to 8 P.M day. Free.

Redwood City. May 3 and 4. San County African Violet Society Place: Howard Johnson's, Whipple nue just off Bayshore. Hours: 2 to Saturday; 11 A.M. to 5 P.M. Sunday

Sacramento. May 3 and 4. Show Sacramento Cactus and Succulent ety. Place: Sacramento Garden an Center, 3330 McKinley Blvd. Ho to 7 P.M. Saturday; 10 A.M. to 7 P.M day. Admission: free.

San Mateo. May 3 and 4. San M County Rose Society's annual s show. Place: Bank of California, 390 Camino Real. Hours: 2 to 9 P.M. day; 10 A.M. to 5 P.M. Sunday. Fre

Stinson Beach. May 3 and 4. Stinson Wildflower Show. Place: Community ter, State Highway 1 and Belvedere Hours: 10 A.M. to 5 P.M. Admissi cents; children 25 cents.

San Francisco. May 4. Twenty-e annual show sponsored by the San cisco Rose Society. Place: Hall of Fl Golden Gate Park, Ninth Ave. and coln Way. Hours: 2 to 6 P.M. Free.

Paradise. May 7. Flower show an presented by the Paradise Garden Place: Elks Hall, 6309 Clark Rd. H

ou don't have to give up everything hen you're married.

ne love of your life is no longer your two- ports car. Where do you stow wife, kids, g cartons and that stray pup now?

t give up. You're not reduced to driving a d family car yet. You don't have to forget ar performance, handling and the pure fun of a road machine so responsive it seems to read nd.

when there's this new Alfa 1750 Berlina sports uilt just for sport-car drivers.

a new fuel-injected twin-overhead-cam en- d a butter-smooth five-speed gearbox that get ough the quarter-mile in 17.6 seconds.

wide-tread radial-ply tires. Race-car suspen- ower disc brakes on all four wheels. Fully reclining bucket seats up front. Plenty of room in the big back seat for new additions to the family.

And all these good things are standard.

If you're about to take the big step, go test-drive Alfa Romeo's swinging new 1750 Berlina. It may look like a family car. But that's where the difference begins.

Alfa Romeo
1750 Berlina
$3495 East POE

Alfa Romeo Inc., 231 Johnson Ave , Newark, N. J. 07108
215 Douglas St. South, El Segundo, Calif. 90245

WITH SUPPLEX

Enjoy the convenience, durability and easy handling of this fine quality Supplex nylon-reinforced vinyl hose. Special Weather-flex vinyl keeps hose flexible in cold weather—resists bursting under hottest sun. Big 5/8" I.D. gets watering jobs done fast! $8.95 suggested retail for 50' coil. *10-year guarantee!*

SPRING SPRINKLER SPECIAL!

This Supplex triple-tube sprinkler-soaker **Only 99¢** ($3.95 SUGGESTED RETAIL)

with purchase of Supplex RO-55 reinforced vinyl hose, 50' or 75' coil, at regular price. Sprinkler-soaker hose provides wide, even spray along 25' length. Turns over for gentle, deep-down soaking action. You save $2.96 on sprinkler-soaker and get a great hose in the bargain.

Hurry! Special offer good for limited time only. Now at leading hardware and garden supply centers.

SUPPLEX®

Supplex Company AMERACE ESNA CORPORATION

1:30 to 8:30 P.M. Admission: fr

Mountain View. May 9 and 1 flower arrangement show pre Las Flores Club of Los Altos. Pl field Mall, Alma St. and San An Hours: 1 to 9 P.M. Friday; 10 P.M. Saturday. Free.

Carmel. May 10. Garden fair by All Saint's Episcopal Da Place: La Playa Hotel, Eighth Camino Real. Hours: 11 A.M. Free. Bonsai, driftwood, potte dried arrangements, and cut fl be among the items for sale.

Carmel Valley. May 10. Eight flower show and plant sale pre the Carmel Valley Garden As Place: Tularcitos School, Fo Hours: 1 to 7:30 P.M. Free.

San Rafael. May 10. Garden t sored by the Garden Society Tickets with information abo locations can be purchased fr Hazel Frantz, 175 Madrone A spur 94939. Hours: 11 A.M. to 4 mission: $1.50.

San Jose. May 10 and 11. Sa Rose Society show presented in tion with the Fiesta de las Ros Community Bank, 111 W. St. Hours: 2 to 9 P.M. Saturday; P.M. Sunday. Free.

Ukiah. May 11. Show by the Iris Society. Place: Floriculture fairgrounds. Hours: 1 to 6 P.M.

Carmel. May 12. Garden tour by the Monterey Peninsula V Services. Hours: 10 A.M. to 4 P.M sion: $3.50—by mail from Mis Eley, Box 106, Carmel; or at a four Seventeen Mile Drive entra on the day of the tour only (c gate fee has been waived). Adva vations required for optional lun at noon and again at 1 P.M. Res for lunch at $2 per person s mailed to the Pebble Beach an Club, Pebble Beach 93953.

Ukiah. May 16, 17, and 18. Flo sponsored by the Ukiah Gard Place: Floriculture Building, fai Hours: 6 to 10 P.M. Friday; noon Saturday and Sunday. Free.

San Rafael. May 17. Show by t Bonsai Club. Place: Marinwood nity Center, 775 Miller Creek R 10 A.M. to 5 P.M. Free.

Palo Alto. May 17 and 18. S spring bonsai exhibit sponsored Peninsula Bonsai Club. Place: F Buddhist Church, 2751 Louis R noon to 9 P.M. Saturday; 9:30 A P.M. Sunday. Free. Tea will be s

Sacramento. May 17 and 18. N annual show sponsored by the Sac Geranium Club. Place: Sacrame den and Art Center. Hours: 2 t

10 A.M. to 6 P.M. Sunday. Free.

sco. May 17 and 18. Show and by the African Violet Society ncisco. Place: Hall of Flowers, te Park. Hours: 2 to 6 P.M. Sat- A.M. to 5 P.M. Sunday. Free.

l leaves of named varieties will d there'll be afternoon demon- of African violet culture.

a. May 17 and 18. Flower show by the Santa Rosa Jaycees in with the Luther Burbank Rose Place: Junior Exhibit Building, ounty Fairgrounds. Hours: 10 30 P.M. Free.

y 18. Flower show presented by ern Humboldt Garden Club. gnes J. Johnson Elementary ours: 2 to 7 P.M. Free.

May 18 through 24. California arden Show. Place: Oakland- County Coliseum, Hegenberger Nimitz Freeway. Hours: 10 A.M. . Admission: $2 (advance sale, phone 893-9677); ages 12 to 16, 12 free.

May 24 and 25. Tenth annual the African Violet Society of the . Place: Lakeside Park Garden Hours: 2 to 7 P.M. Saturday; 10 P.M. Sunday. Free.

May 24 and 25. Third annual ow sponsored by the Pinole Gar- . Place: Margaret Collins Ele- School, Tennant Ave. and Pinole d. Hours: 1 to 9 P.M. Saturday; 5 P.M. Sunday. Free.

to. May 24 and 25. African violet nsored by the Capital City Saint- ciety. Place: Sacramento Garden Center. Hours: 2 to 8 P.M. Sat- 0 A.M. to 6 P.M. Sunday. Free.

ay 31 and June 1. Annual Reno- Flower Show cosponsored by the Gate Club No. 2 and the Weeders lers Club. Place: Centennial Coli- ours: 1 to 8 P.M. Saturday; noon . Sunday. Free.

Announce your rden events in *Sunset*

ld you like us to publicize a en show or other special event held by your garden club?

, simply send us the following mation: time of the event (both and hours); location (building, t address, city); types of exhib- admission fee; and any other mation that would be of inter- o our readers.

sheets should reach us three ths in advance of the month would like the event mentioned *unset*. Mail all information to den Events Editor, *Sunset Mag- e*, Menlo Park, Calif. 94025.

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Shipboard views of Singapores grandeur as you cruise the bustling harbour...a kaleidoscope of fascinating activities. See junks that are ancestral homes, Malay Villages built on slender stilts.

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See it's famous Lone Pine Koala Bear Sanctuary—these furry animals in their native state. Past surfing beaches, scenic grandeur to Queensland University, spectacular Mt. Coot-Tha.

KYOTO—ANCIENT JAPAN
Oriental history comes alive in the fascinating Kinki District as you walk the battlements of Fushimi Momoyama Castle where the Sammuri fought... Marvel at Todaiji Temple's Great Buddha ...Enjoy the tranquility of Kasuga Shrine ...Explore the priceless treasures of the Yamato Art Museum.

TAIWAN—HEADHUNTERS VILLAGE TOUR
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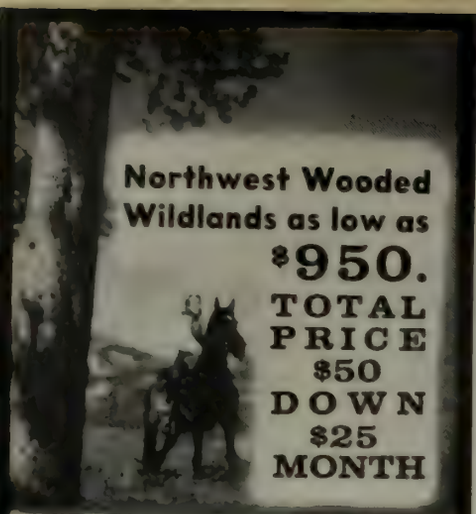

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Flourishing sweep *of asters in a Utah garden contrasts with rugged mountain* Viburnum burkwoodii *grows between asters and fence. Design by Maas a*

A China aster show come summ

You can have a lavish display of annual China asters *(Callistephus chinensis)* for summer and early fall enjoyment if you plant this month. Mr. and Mrs. Joseph Barker of Ogden, Utah, set out aster plants from flats in May; in July the border began to flower, producing the show you see above in early September.

Asters need plenty of sunshine, so select a planting area away from trees or buildings. In the Barker garden they have a western exposure, reached by the sun as soon as it rises over the mountains.

If your soil is well drained loam to sandy loam, you may not need to do more than cultivate, set plants out (they're a foot apart here), and water regularly.

The only special consideration this planting received was the addition of manure to improve soil structure and provide a mild stimulant; this was done two weeks before planting, to avoid burning the young plants. To improve both aeration and drainage in compacted soils, you could also use leaf mold, peat moss, or ground bark; if you use bark, the nitrogen-treated kind or a mentary nitrogen yourself to a position.

Most annual flowers benefit fro fertilizer at planting, followed tional nitrogen (or complete after they're established. At t garden we use a complete liqui two or three times before bloom

Although asters need regular w maintain steady development, o ing produces ideal conditions f of a fungus wilt, especially i soils. Most available strains of wilt-*resistant* only—not wiltpro

Modern asters come in numer shapes, and colors (mostly in bl red, pink, and white). Among t that Western gardeners may fin at nurseries are Dwarf Queen inches tall); Powder Puff (comp flowers); Giant Crego (feather inch flowers on 3-foot stems); 3-foot single types, Sunshine and

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Street view: *ivy, pittosporum, brick wall. From this camera angle you see (through baffle in wall) part of garden on*

GLENN CHRISTIANSEN

View from patio: *Owners sit here (by front door) without seeing street or being seen*

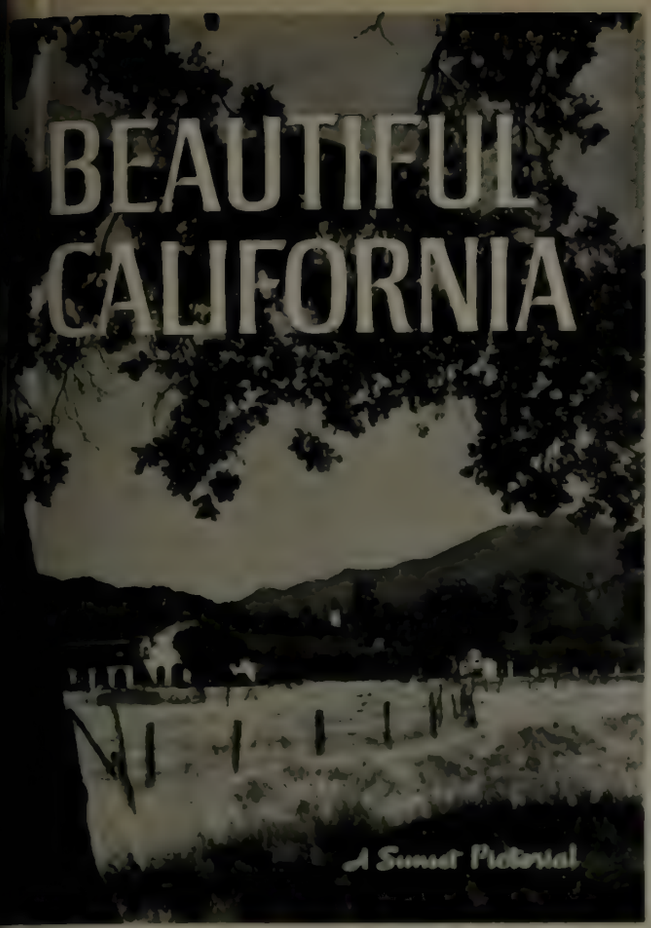
Two-faced garden: dignified in public, relaxed in private

This front garden shows a trim, dignified face to passers-by and a much different face—more colorful, more relaxed, and more relaxing—to anyone in the private area on the other side of the brick wall.

There's a good reason for its split personality. The owners, Mr. and Mrs. Joseph A. Dearing, of Palo Alto, asked landscape architect George E. Martin to design a garden with a place for outdoor eating, relaxing, and entertaining at the front of the house—on the south side, the side sheltered from summer winds. They wanted this outdoor living area to have privacy from the street. And they wanted the kind of streetside garden that they could easily keep presentable.

Now you see from the street an always neat, clean combination of ground cover (English ivy), low hedge *(Pi crassifolium)*, brick wall, and w (variegated Algerian ivy). It's a tion that requires little watering the summer, if at all—and it alw impeccably groomed because all are so easy to care for. Mr. squares off the sides of the bed shears the hedge about once months. Once a year he cuts be main stem the ivy on top of the

You enter the inside garden baffle in the brick wall. There much different sort of garden. T ings can relax in privacy on t (just off the front door) and almost constantly colorful scene by camellias, carnations, daphne geas, iris, and many other plants



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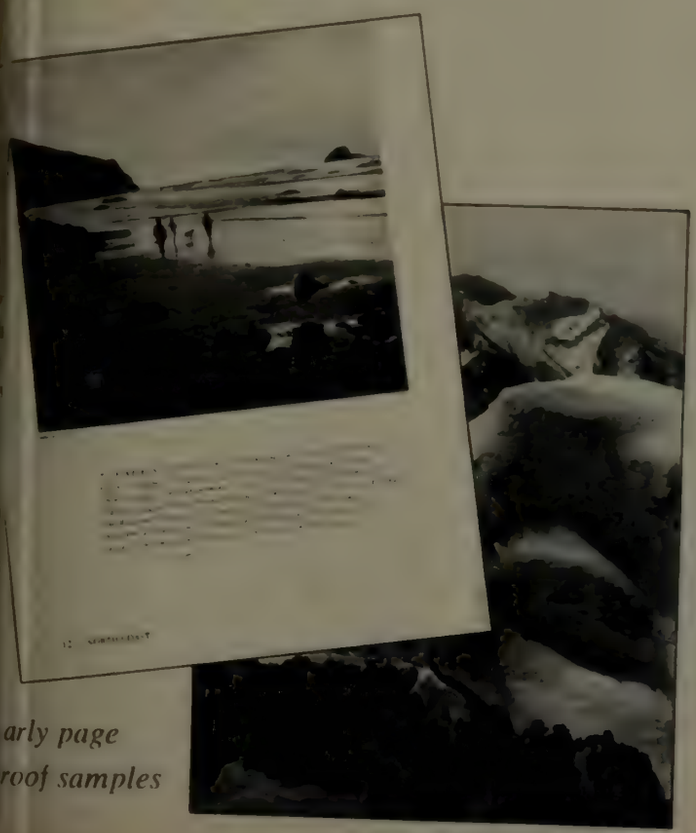

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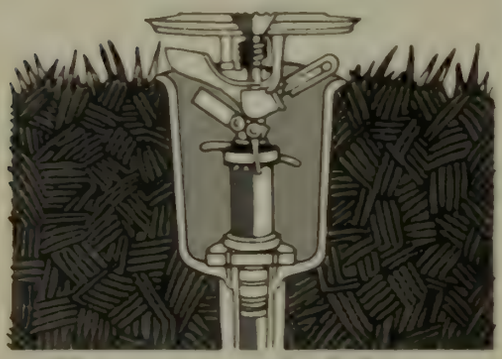

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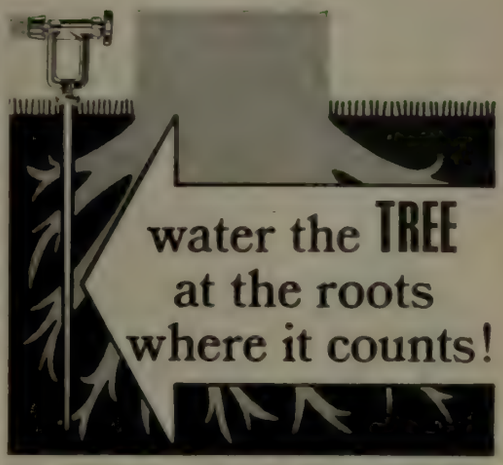

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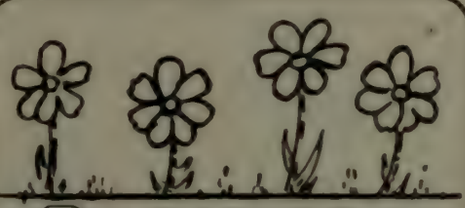

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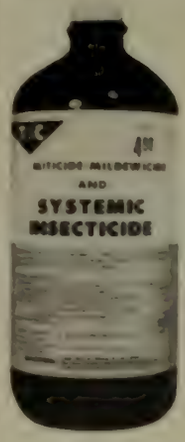

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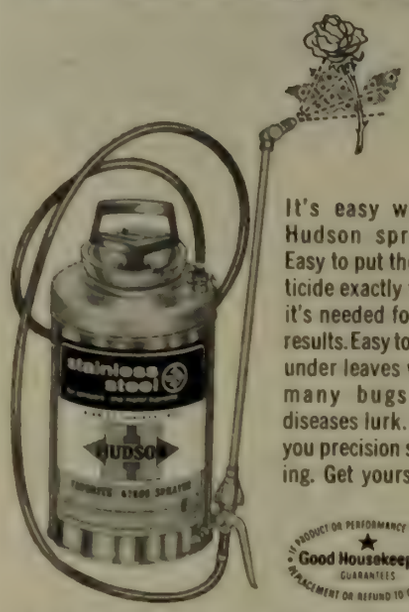

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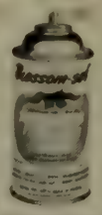

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Aids stump decomposition. Stump burns readily to ground. No danger of fire. The easy, chemical way to remove unsightly tree stumps without chopping, pulling, digging or blasting.

8 oz. can	1 lb. can	3 lb. box
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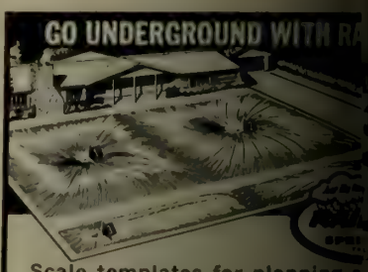

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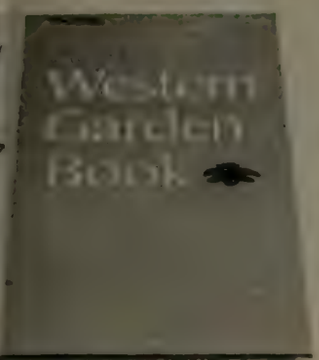

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Pop-in® garden sprays

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Again in 1969 . . . a garden contest

Three bulbs of the lily called 'Enchantment' will be delivered, with cultural instructions, late this fall to every *Sunset* reader who finishes this year's Summer-Fall Garden Contest. The bulbs will arrive in November or December, in time to plant in the ground or in containers for bloom in June, 1970.

This lily blooms year after year all over the West (it doesn't demand long, cold winters). It is easy to grow. And it's going to make the kind of show in 1970 that the 1969 contestants can be proud of.

Winners of last year's contest were shown in last month's *Sunset*, the adults on pages 86 to 91 and the youngsters on 100 to 102.

As you saw there, the aim of the contest is to grow and build an attractive, original, and comfortable garden for enjoyment through the summer and fall. You take some preliminary snapshots in July and send them to *Sunset*. In October, you send a written report, plus final snapshots, to *Sunset* for judging. Everyone who sends in his report will get the lily bulbs and a certificate. Top winners will get cash prizes and *Sunset* books.

To enter, send your name and address (and age, if 16 or under) to Summer-Fall Garden Contest, *Sunset Magazine*, Menlo Park, Calif. 94025—before June 15. We will send you an entry number and full information on the contest.

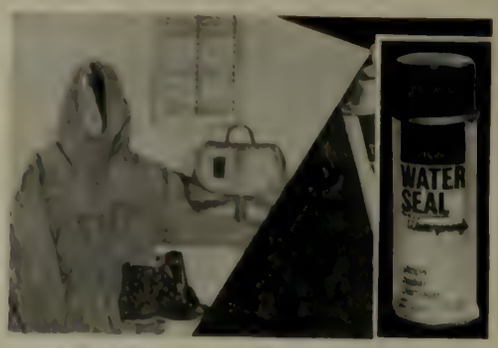
HERMAN V. WALL

'Enchantment' *lily flowers, nasturtium red, open 6 inches wide on 3-foot-long stems*

THE *Sunset* SHOPPING CENTER

Weatherproof Your Shingles

Deep penetrating, colorless Thompson's Water Seal positively waterproofs shingle or shake roofs, prevents curling, shrinking or splitting. It preserves the natural color of the wood, retards weathering caused by sun and moisture, makes old shingles snap back to life, look newer, last longer. Easy to apply by brush or spray. At paint, hardware or lumber dealers, or direct. Gal. $5.95, 5 Gals. $28.25 ppd., tax incl. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109. No COD's please.



No More Wet Shoes or Clothing

Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, stucco and concrete. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

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It's so easy, so much fun to ren furniture with Kellys beautiful ers. Lovely patio swing recover standard swings. Complete set opy, seat and back covers, arm re ance now reduced from $19.50. in blue, rust or green, only $16.9 sales tax with check or M.O. N shipments prepaid. Satisfactio *Send for Free Patio Furniture Re* Kellys, Telegraph at 25th St., O

Summertime Is "Hummer-Time"

The iridescent rascals are at their prime now. Hang "Hummy Bird Bars"® in your garden and enjoy bird antics as they zip-and-sip from clear plastic buffets. They love the *real wood perch* (actual photo). No rust, no drip, easy to clean. A gracious gift! Moneyback guarantee, full instructions. $2.95 plus 26¢ pp. In Calif add 15¢ tax. Sorry no C.O.D.'s. Hummingbird Heaven, 6818-S Apperson St., Tujunga, CA. 91042 (Makers of the Oriole "Fun Bar") *Made In U.S.A.* Our 14th Year!

Decorate Cakes New Easy Way!

Wilton's new cake and food decorating book tells you how! Nothing like it! Big, 8 x 11½ inches. Full of gorgeous pictures in color. Exciting. Complete 160 pages, 148 in color! Gives step-by-step directions on how to have the most beautiful cakes ever, for parties, anniversaries, birthdays, weddings, celebrations. Discover hidden talent. Have fun! Show off! To get your copy of *"Cake & Food Decorating Ideas,"* send only $1 to Dept. SU39, Wilton Enterprises, 835 W. 115th St., Chicago, Ill. 60643.

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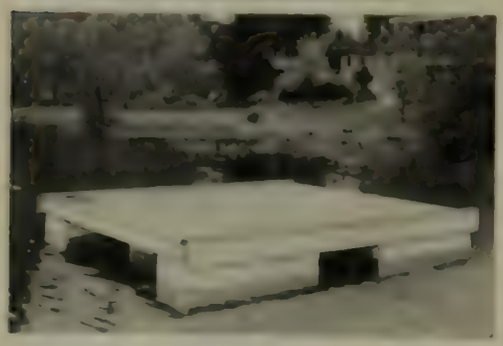

Prefab Docks and Swim Floats

Pre-cut, do-it-yourself walking docks and swim float section kits come with prefab *Insulfoam*® flotation logs, treated Cedar decking, nuts, bolts and nails. You need only a hammer and wrench. Kits available in 3 sizes: 4' x 10' = $88.95; 6' x 12' = $149.50; & 10' x 12' = $189.50 per section. State size and number of sections desired. Wash. State residents add 4.5%. Freight extra. For additional information, please write: *Western Insulfoam*, 3518 Iowa Avenue S.W., Seattle, Wash. 98106.

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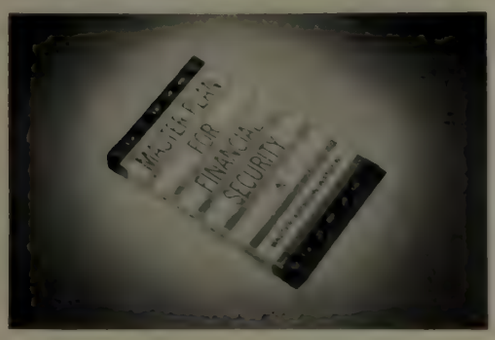

Enjoy Financial Peace-of-Mind!

Master plan for financial security—How to organize and manage your own personal financial security through family financial planning which is in tune with current economic trends. Insurance, savings, home-ownership, investment programs; common stocks, mutual funds, real estate, etc.; budgeting; adjustments from changing economic trends and different stages of life. 240-page book. $2 ppd. Calif. add 10¢ tax. No COD. Watson Pub. Co., Box 1062, Reseda, Calif. 91335.

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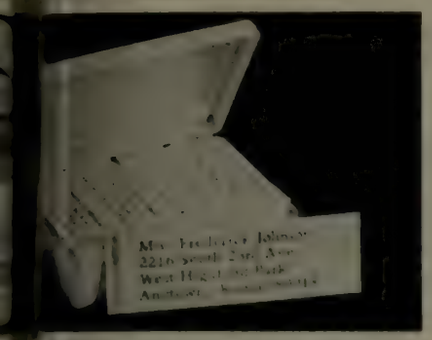

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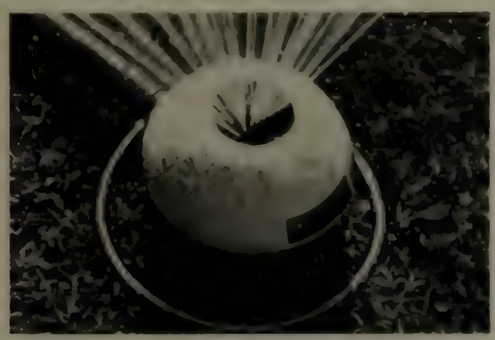
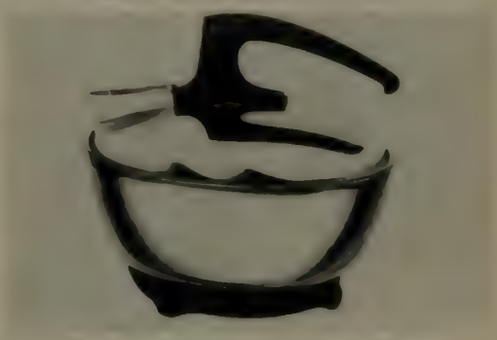


4-Way Water Ball Sprinkler—$6.95

Water-ball sprinkler waters rectangles and circles in 30 foot patterns; swirling spray in a 25 foot circle and a one sided strip area. Turn the turret with the finger-tip control. Water-ball is constructed of rugged Noryl. Easily attached to garden hose. 7½" x 8" x 4". Water-ball is color coded for watering patterns. Send check or money order for $6.95 postpaid (plus 5% sales tax in California) to Del Rio Sales Company, P. O. Box 3695, Modesto, California 95352.



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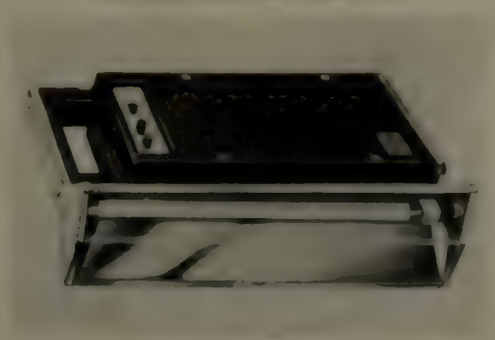

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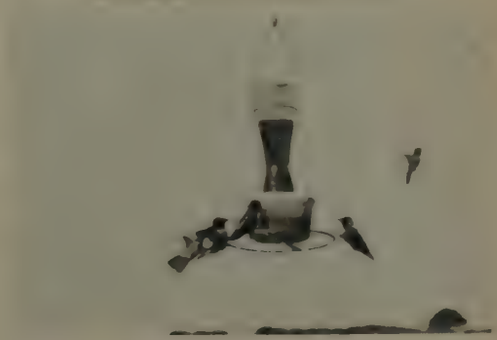
Safe, bright light for outdoor living. Spreads flood of battery-powered fluorescent light over wide area. No fumes, heat or flames. No spilly fuel or danger of fire or explosion. The most inexperienced camper can use Safari Lite in a tent in complete safety. Can be plugged into 110-volt AC outlet to lengthen battery life. Weighs only 9 lbs. Size 12¾" x 4" x 7¾". Complete with batteries. Send check or M.O. for $29.50 ppd. (+5% tax in Calif.) to Del Rio Sales Co., Box 3695, Modesto, Calif. 95352.



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"Permadeck" seamless coating system completely waterproofs and protects sundecks from all weather. Permadeck's non-slip surface is long lasting, won't peel, blister or crack. It is easily applied with a roller. Packaged kit contains all materials needed for coating your sundeck. Please specify your color choice of green, beige, gray or gold. Price: $35.88 ppd. Send check or M.O. for Permadeck kit and full instructions to: *Gibson Industries, Inc.*, 8120 N.E. 133rd, Seattle, Washington 98125.

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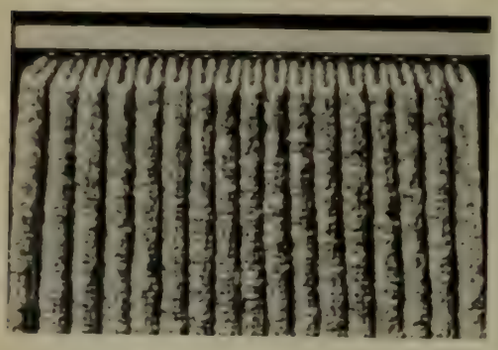

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ELLS MARUGG

Landscape *emphasizes fine-textured plants that won't compete with walk for attention*

They made a mosaic path

A wife's complaint inspired this decorative walk in a Burlingame, California, garden. Loose gravel from the original path was constantly scattered by foot traffic and tracked through the garden and house of the Richard Shirleys. A concrete walk offered a practical if unimaginative solution to the problem; however, the stones used as ground cover in the garden suggested the possibility of creating an aggregate-mosaic texture within the concrete, and this was done.

You could readily design a similar walk:

First, make wood forms for the triangular units or other geometric shapes of your choice. Then pour concrete into the forms and press selected dark stones into the wet mix. With a hose, gently spray excess concrete from pebble surfaces. Stones used here were from egg to fist size.

When you have cast enough such units to complete the design, set redwood 2 by 4's to edge the walk, pack the soil level to 3½ inches below edgings, then arrange the units. To insure that their surfaces will be level with that of the walk, lay a 2 by 4 across the walk, from edge to edge, as a leveling gauge. Finally, pour concrete around the precast units, pressing light-colored stones into this while still wet. Be sure to press stones down far enough that mortar will grip them securely. Gently hose off these stones, too.

For details see "Pebble Paving" in the *Garden and Patio Building Book* (Lane Books, Menlo Park, Calif., 1969; $1.95).

In the Shirley garden, railroad ties make durable, weathered steps and combine well with the adjacent redwood retaining wall. Dwarf umbrella plant (lower left), dwarf agapanthus (upper left), and fern pine provide a lacy foil.

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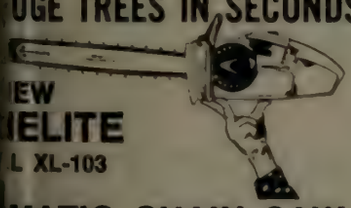

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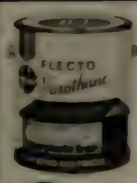

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It surprises many people to learn that *Sunset* does not accept a of the advertising it is offered.

Sunset declines advertising for either of two reasons: because or service falls in a category we have decided not to publish because a specific advertiser or product is, in our judgment, in questionable. (Without the quality advertising we do accept, on hand, *Sunset* very likely would not exist.)

Among the general categories we decline are tobacco, liquor, other products that are unrelated to our editorial service or s inappropriate in a family magazine. Our other screening—th rejects particular advertisers within a generally acceptable cate to do with matters of questionable taste, reliability, or integrit

This policy means more for our readers than just the absence kinds of advertisements. It means that *Sunset* is willing to recon products and services it advertises (you've probably seen th mended by *Sunset*" green seal on product displays where you fact, we guarantee satisfaction if a reader finds some product advertised in *Sunset* and if the manufacturer for some reason back up his product. Actually, because of our careful screening tisers, we seldom have such a problem arise.

Something else many readers don't realize is that our ratio of a to editorial content remains the same, regardless of issue siz remained unchanged over the last 20 years. If the quantity of a increases—as it does in the large fall and spring issues—so does t of editorial material.

Because *Sunset* limits its editorial fields of interest, it tends advertising related, directly or indirectly, to its specialties of recreation, home planning and building, food and entertaining, and landscaping. Thus *Sunset's* articles tell "how to do it," its a suggests "what to do it with," and together they provide a compatible service to readers.

WINDOW ON THE WEST:

Yosemite Falls

For many visitors to Yosemite, the most exciting of the valley's sple are her waterfalls: Vernal, Bridalveil, Nevada, and the dramatic d leap of Yosemite Falls, pictured at left. This spring and early su because of the volume of water resulting from last winter's extr heavy snowfall in the Sierra Nevada, the performance of the fa expected to be the most spectacular in memory. For more news Yosemite, turn back to page 34.

JUNE 1969 35 CENTS

Sunset

THE MAGAZINE OF *WESTERN LIVING*

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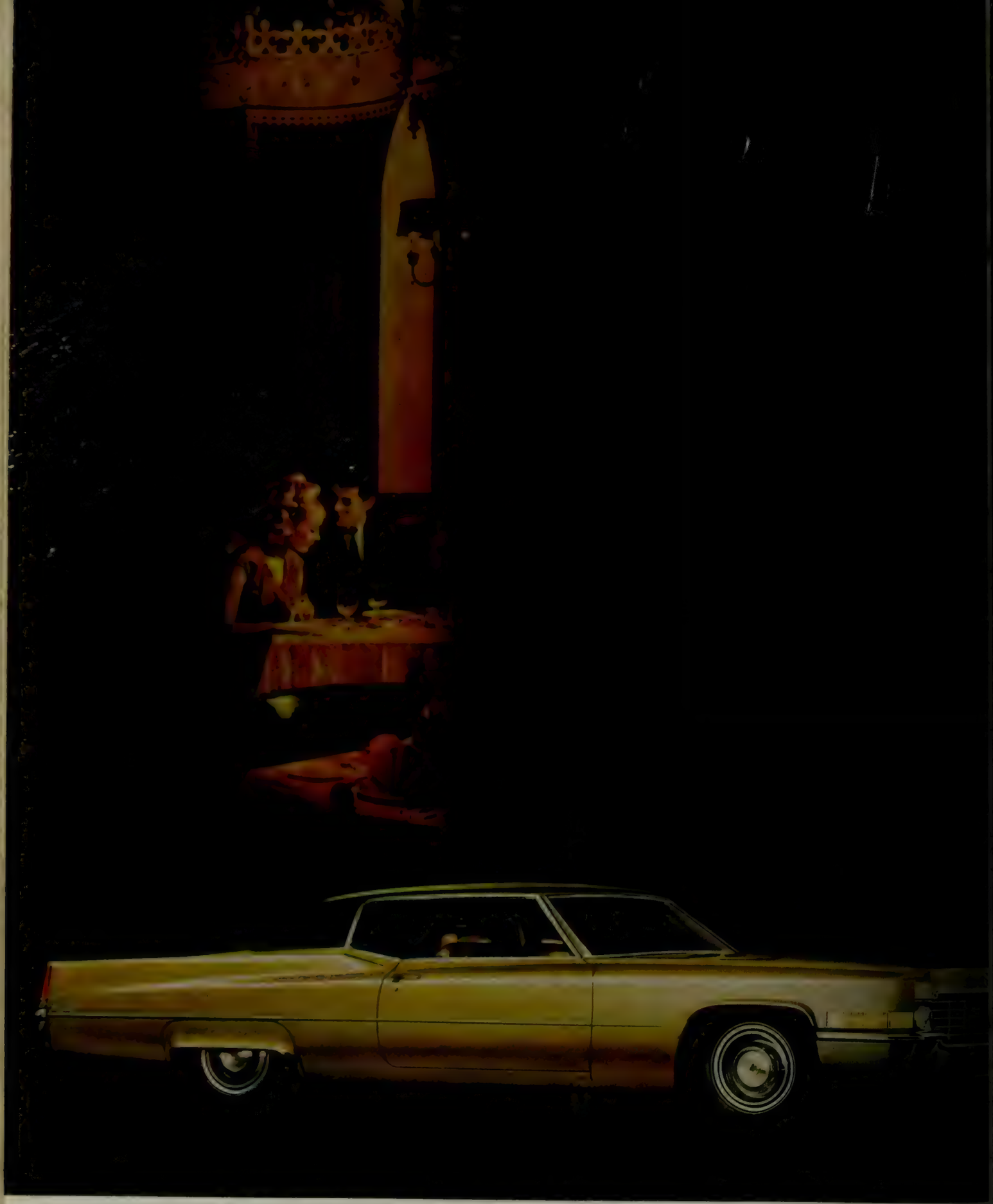

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Feature articles for June 1969

CENTRAL EDITION

	PAGE
An advance look at BART	46
Exploring the Olympic wilderness	64
In Portland—a garden happening	78
Kettle picnic at the beach	82
Japanese pathways are works of garden art	84
Two cooks cook in one new kitchen	88
From Australia—a new barbecue approach	136
Child gardeners—how to encourage success	200
Helping vines get off the ground	210

l PAGE

vel in and beyond the West . 3
l summer
nd performers 9
air in San Francisco 30
arbara's weekend art show . . 34
Oregon's lonely corner 39
oring walk in Old Los Angeles 40
1971—advance looks 45
into the Caribbean 50
Festival—flower touring in
near Lompoc 52
w book unlocks Idaho 56
nia parks welcome horsemen . 59
shing on Lassen's shoulder . . . 60
ympic wilderness 64

ening

happening took just
years 78
se pathways are works of
en art 84
your garden 188
you give a sucker
ven break? 192
plants for hanging baskets 194
mas gifts you start in June . . . 197
ting your vegetables 199
gardeners—how to encourage
cess, discourage dropping out . . 200
jackets—now there's
y to wipe them out 202
Moser is a repeat bloomer 206
the ultimate whacker? 208
stepladder, shelf, wire,
boards for vines 210
else fails, try rockrose 212
re June garden events 214
shade lives up to its name 216
ton Abell's garden work center 222
cucumbers behave themselves . 227

Letter from *Sunset:* A magazine-book partnership 228

Food and Entertaining

	PAGE
She's cooking with sunshine, her friends use the oven	76
Kettle picnic at the beach	82
*Sunset's Kitchen Cabinet**	134
The Australians have different ideas about barbecuing	136
June menus	140
*Chefs of the West**	146
The Chinese way with onions	153
Here are cantaloupe pies	154
Cherry cake show	156
Steak for the cook in a hurry	160
From Mexico—an oven omelet	163
Mass-producing cookies for a tea	164
New book opens the door to Mexico's cooking	166
This fruit surprise is kiwi	169
It's strawberry pie	172
Punch is a problem solver	174
Pinwheels from a date-nut roll	177
The pizza has a city cousin	178
Juicy Oriental pork balls	181
Yesterday's beef—supper today	185
Two fresh fruit sundaes	187

Building and Remodeling

How two cooks cook	88
The Changing Western Home†	92
To find the house entry	98
Neighborhood gets a new entrance	102
Screen stops the wind	108
Streetside enclosure for trash	116
Swimmer's shower	119
It's a floating tree house	126
The Western Kitchen	182

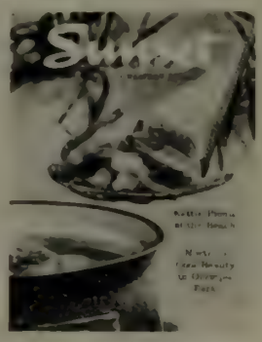
Landscaping and Outdoor Building

	PAGE
Garden happening took three years	78
Japanese pathways are works of art	84
Other Indians have taken over Spokane	90
Neighborhood gets a new entrance	102
Mailbox is a sculpture base	114
Streetside enclosure for trash	116
Water basin for terrace trees	120
It's a floating tree house	126

Workshop and Craft Projects

A simple way to cane chair seats	94
Candle-making at the beach	104
Tool rack for a garden cart	107
It's burlap back to back	123
Through the bamboo curtain	129

The Cover Story



For beach picnickers, the sand is both a joy and a nuisance. Our cover photograph by Glenn Christiansen suggests one way to contend with it using a big pot of cooking stock; the sand settles, you lift out the seafood (page 82)

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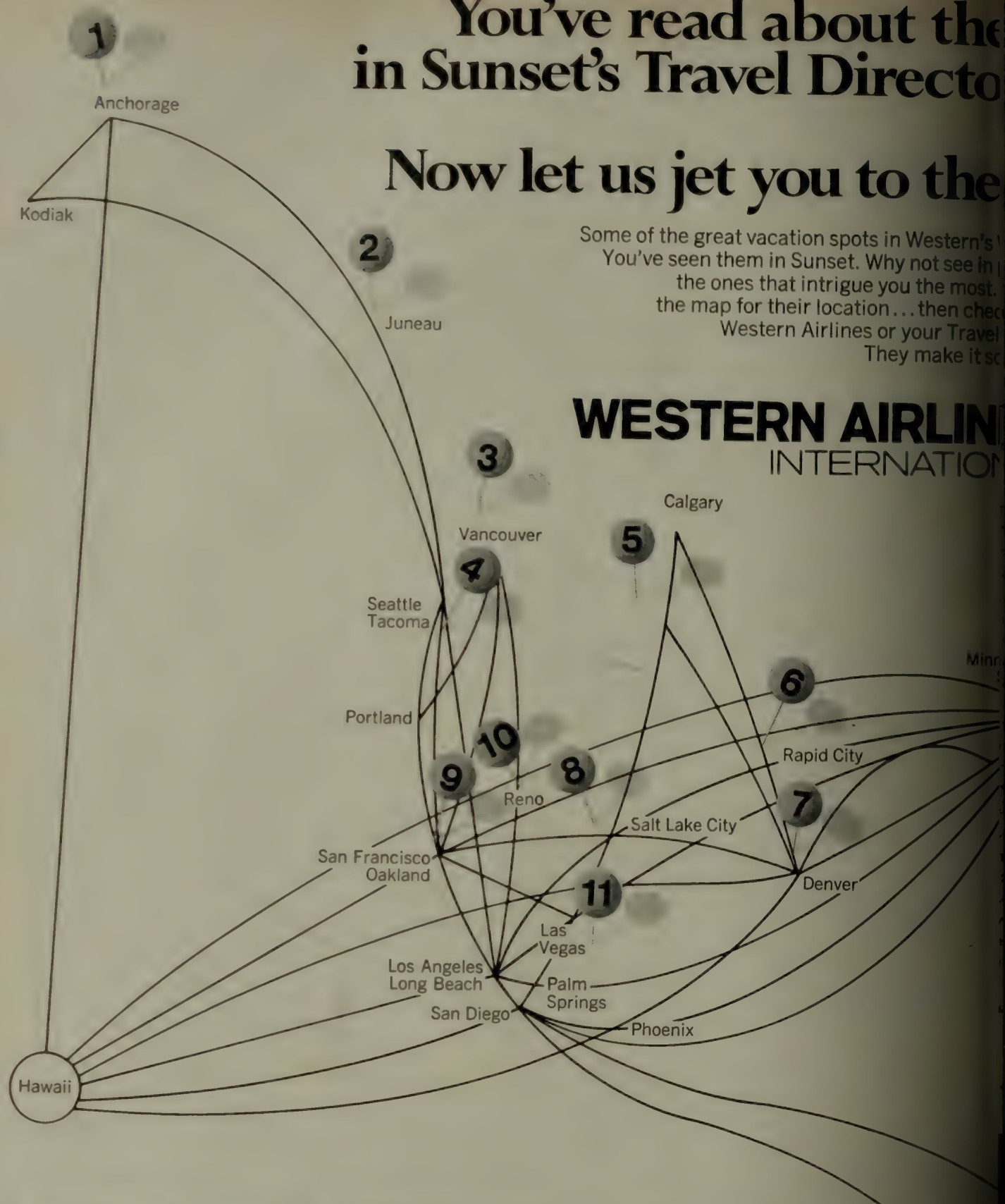

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12 MEXICO CITY—Pyramids of Teotihuacan, Ballet Folklorico, Chapultepec Park, Shrine of Guadalupe, Xochimilco, bullfights, University City, side trips.

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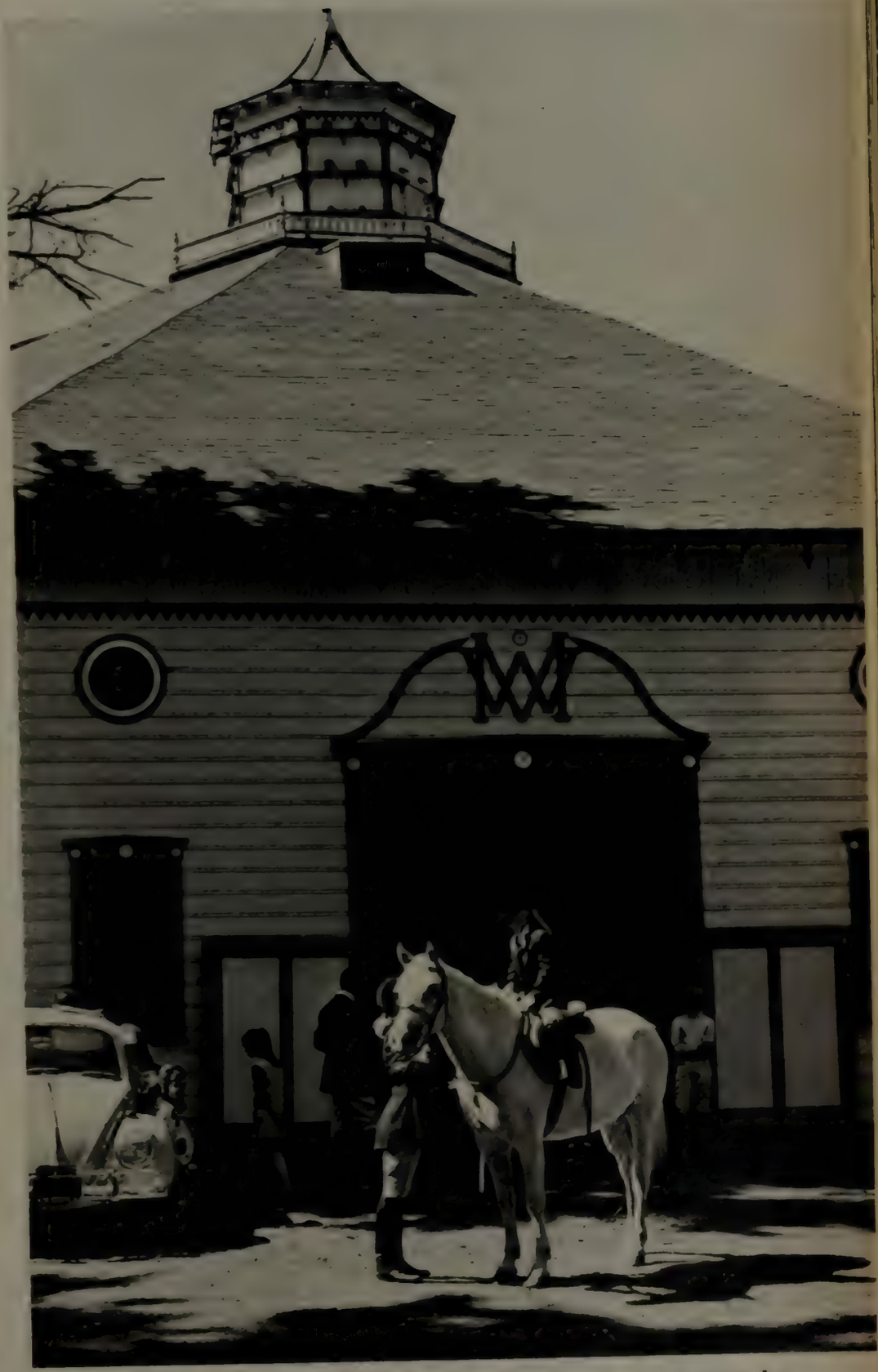
ıe barn you can see a small apart- th a fireplace used by Weske that ı refurnished. Hay is stacked in ɜanine level which also provides ɔ the cupola where Weske could is trotters work out on a mile and r track that wound through the Across the property entrance was a wonder in its day) that opened ther side when triggered by car- ıeels.

n is now a stable where 50 horses ɔoarded. Horse shows are held oc- ily and on weekends you will see taking riding lessons. Take the r exit from U.S. 101 to Brooks sign on the road marks the Mount Stable at 10500 Brooks Rd.— ily except Mondays from 10 to 6. vents coming up soon which you

, trainer hitches up sulky; round trough in foreground holds saddle



Built in 1890s, *octagonal barn topped with observation walk and dovecote has been restored; the Mount Weske initials over the door are painted blue and red*

Sunset

THE MAGAZINE OF WESTERN LIVING

June 1969

Sunset scouts *prepare dinner in upper Bogachiel River Valley*

Assignment Robinson Crusoe

Getting to know 1,400 square miles of wilderness is a large order. This is why we used the team approach so heavily for the article on Olympic National Park that begins on page 64.

Sunset teams drove all the roads and hiked more than half of the park's 600 miles of trail. Five photographers helped illustrate the article. Exploring and fact-gathering took five years.

The team pictured above was on a strenuous assignment. They were only 5 miles from their automobile but had done 12 hours of climbing and bushwhacking to reach this campsite on a river bar—practically the only open place in this kind of country.

Elk use these valleys as migration trails, and the native cutthroat trout average about 2½ pounds. At no time during three enjoyable days of elk-watching and fishing did this team find any evidence that human beings had ever been there before them.

L. W. LANE, JR. *Publisher*

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might combine with a visit to th
barn include:

The Ram Sale and Sheep Dog
Cloverdale on Friday, May 30, a
day, May 31. On Friday prize s
be on display and Saturday at
sheep dogs will participate in an o
competition. A barbecue is held
($2.50 per person) and in the a
the actual business of the meet,
tion of sheep, gets under way. A
are held in the Cloverdale city

The Golden Gate Arabian Horse
the Sonoma County Fairgrounds
Rosa from Friday, June 13
Sunday, June 15. Friday: 7:30 A
P.M. Arabian horses are judged
formation. No admission charge
day: competition includes costum
sidesaddle, jumping, riding, and
classes. Admission is $1.50 for a
cents for children for each of th
1 P.M., and 7:30 P.M. shows. Pro
donated to charity. Sunday: 1
championship classes compete,
mission the same as for Saturday

UC Berkeley's buildings

Next time you check person
"what's happening in Berkele
might take along a new book call
tographic Guide to the University
fornia, Berkeley, text and photogr
Benjamin B. Ehrich (Pacific Boo
Alto, Calif., $2.95).

After preliminary background o
ley and UC, Ehrich concentrates
pus buildings in the photograp
take more than three-fourths of th
128 pages. Captions identify a
comment on trees and shrubs, a
sionally take an unexpectedly
crack at the architectural result.

This month the stripers make their move

Surfcasting fishermen look forwar
month for the start of the annual
feeding run of striped bass. After
ing in the Delta, the bass (some w
much as 40 pounds) travel thro
bay and into the ocean as far s
Moss Landing and north to the m
the Russian River.

Late in June, through July, a
August, you can see fishermen
gated at Moss Beach, Montara Be
Sharp Park Beach on the San
Coast; and at Ocean Beach at the
Taraval and Fulton streets, a
State Beach, and at Bakers Beach
San Francisco shore. Inside the ba
there seem to be more rocks to sn
line, popular places to cast for b
Fort Point, the Marina Green, a
Aquatic Park Pier.

Fishing methods and equipment
matter of some controversy. Many
men use weighted feathered jigs or

OW AVIANCA TAKES OFF

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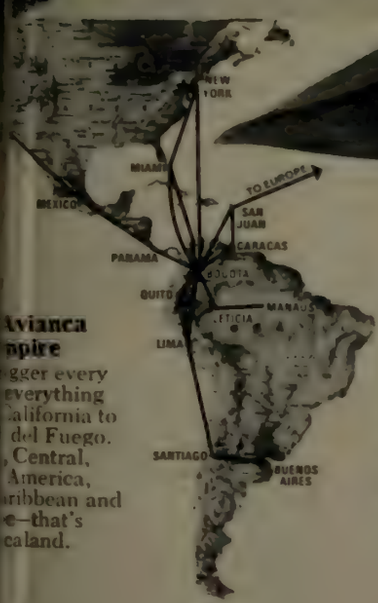
LOS ANGELES TO
SOUTH AMERICA



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del Fuego.
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ribbean and
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caland.

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from $52,800.

COUNTRY CLUB GATE
from $36,000.

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Phone (408) 624-2748

Outside Golden Gate, *striper fishermen stay close to their lines hoping to detec*

metal lures to carry the cast some distance. The novice may find it useful to check with a local bait store operator for information on where the fish are being caught and what gear to use. Bait fishermen use weighted lines with fresh or frozen filet of sardine.

To throw out your line as far as possible (fishing on the ocean shore you will want to cast your line over at least the first row of breakers), try an 8 to 10-foot casting rod with 20 to 30-pound test braided nylon line on a conventional star drag reel. Or try 15 to 20-pound test monofilament line on a salt water spinning reel.

Some veteran striper fishermen t best time to fish is on the incon after a minus tide; others fe chances are best if you find a pocket where feed collects. Seag other pelagic birds circling close usually indicate where there is a s herring. Since the herring also stripers, fishermen are always on for circling birds.

The limit of striped bass is three fisherman with a minimum catch of 16 inches. If you don't have fishing license you can obtain a three-day ocean-fishing license fo

For travel planners, a June check list

Steam railroading in northern California. A specially chartered steam engine of the McCloud River Railroad will head a round-trip run from McCloud to Burney Falls June 14. Old Number 25 will make several photo stops as it chugs through scenic Shasta National Forest. It will leave McCloud at 10 A.M. and return at 6:30 P.M. Fares are $12 for adults, $8 for students aged 9 to 18, $6 for children under 9. For tickets write to Ernest Nelson, 1114 Chula Vista #4, Burlingame, Calif. 94010.

To meet Europeans. American European Contact introduces American tourists to English-speaking Europeans eager to show their country and explain its customs to tourists, and to learn about America. The $35 fee entitles you to a list of 20 Europeans with similar interests. For an application, write American European Contact, 2522 Glen Green, Hollywood, Calif. 90028.

New air charter tours. The major highlight of the new "Dream Holidays" tours offered by Lufthansa Airlines is chartered jet air service from Frankfurt to tour destinations in Europe, Africa, and Asia. This new service lowers the point-to-point travel costs of these tours. For example, a three-week tour of Kenya and Uganda including lodging, meals, and round trip transportation from New York can cost as little as $1,236. For further information on this and other tours, see your travel agent.

Skiing in South America. A 16-day South American ski tour, "Adventure-at-Port leaves San Francisco and Los Angel Portillo, Chile, on August 1. Other re in this area where you may also ski in La Parva, Ferrelones, and Chillan. The price of $907 per person includes roun air fares, all accommodations, three per day, and free ski lessons for begin Optional extensions to San Carlos de loche and Machu Picchu are also avail For details, write to the Consul Gener Chile, Hector Burr, Room 519, 870 M St., San Francisco 94102.

Alaskan cruises. The first regular c service from California to Alaska since rush days will begin this summer a *Princess Italia* makes eight 13 and 14 round-trip cruises from San Francisco port calls include Vancouver, Ketch and Juneau. Fares begin at $470, an clude meals and entertainment on the For a free brochure, write to Prin Cruises, 643 S. Flower St., Los An 90017, or see your travel agent.

What a travel agent can do for Provide information on tours; reserve s on air, rail, bus, and steamship lines; r hotel, ranch, and resort reservations; care of trip planning, including side and special events. Travel agencies do charge for arranging transportatio package tours, but do charge for "cust tour service.

Sunset School & Camp Directory

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WEEKS OF FUN AND ACHIEVEMENT
Write THE HARKER SUMMER PROGRAM
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Catalogue.
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Archery, arts & crafts, swimming, hiking, Sierra pack trips, sports & games, summer snow trips, fishing, horseback riding, campfire skits, singing, nature lore, animal care, riflery. Clean modern facilities. Academic Program Available. Selected Staff. Gene and Dolores Renaghan, 1325S Cowper St., Palo Alto, CA 94301. Telephone 326-8294. ACA and CAPC Members.
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FULL CAMP ACTIVITIES with Western Riding taught daily, trail and arena. Sailing. Pool, creeks. Arts, ceramics, wood shop. Farm animals to love and care for. Music. *Hiking and Sports. Outstanding counselors with supervision by*
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Sunset School & Camp Directory

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girls 8 to 18

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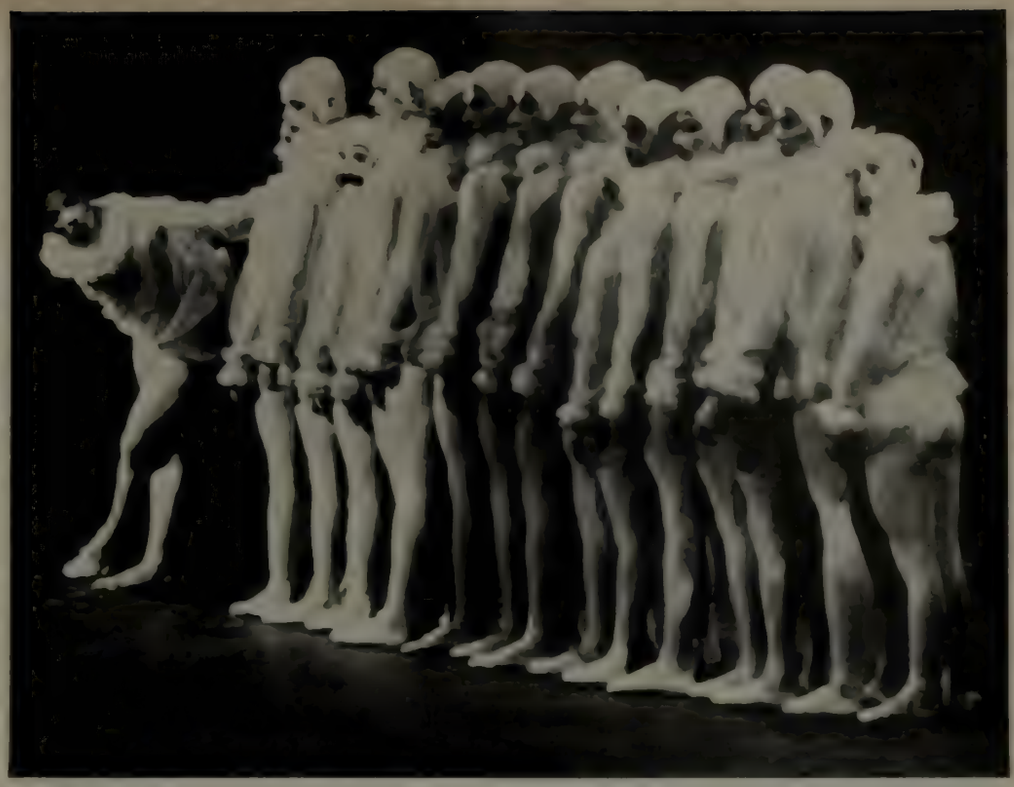

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Beginning in 1964 with the plays of Shakespeare, the festival each year has changed its format. In 1965 it featured the era of Mozart; then the performing arts of a period in history (1900-1939). Next the focus was on American culture; and last year's festival, the fifth, presented a variety of performers.

This year the emphasis is on proven and currently popular performers, many of them from New York, headlined by a group of off-Broadway theater attractions. The plays, each performed eight times in the week it is scheduled, are: *Jacques Brel is Alive and Well and Living in Paris; To be Young, Gifted and Black; The Concept; In Circles; An Evening for Merlin Finch*; and the marionettes of Bil Baird. This year all events will be held indoors in deference to the often chilly summer evenings at Stanford.

Judging by what happened last year, tickets will be hardest to get for the performances that the Joffrey Ballet will give on August 12 through 17. Three of their 10 productions—*Astarte, Clowns,* and *Olympics*—will be repeats from last year.

Among the new performers this year are members of the New York Rock and Roll ensemble from the Julliard School and the New York Chamber soloists combining to present Italian/Rock and Bach/Rock. To emphasize the synthesis they seek, the young performers wear tail coats and bell bottom trousers.

As in past years, the public can attend Stanford's free audience briefings, lectures, and seminars pertaining to the festival performances. Requests for information and tickets should be addressed to: Stanford Summer Festival, Box 3006, Stanford, Calif. 94305. The festival telephone number is (415) 321-2300 ext. 2934. Tickets are available at a savings if you purchase a festival series book of tickets.

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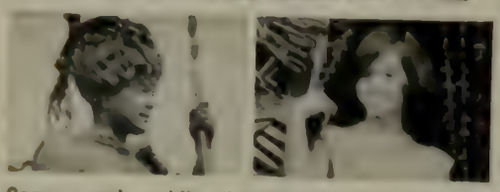

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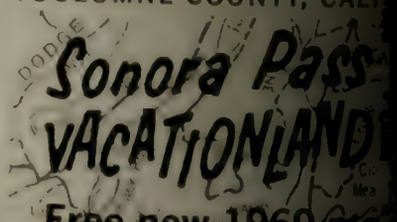

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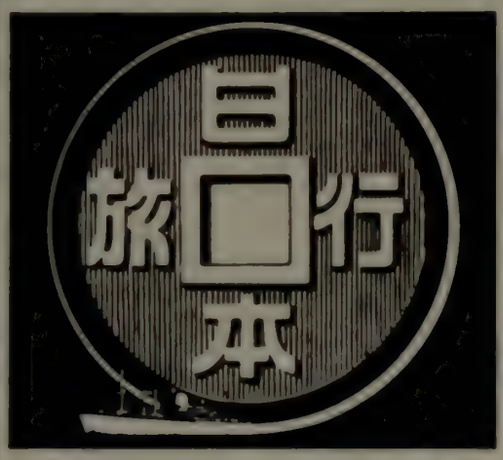

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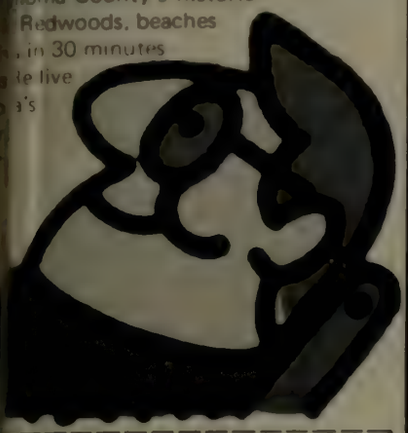

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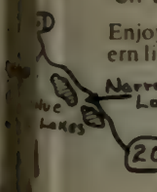

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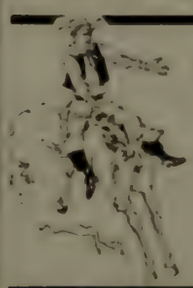

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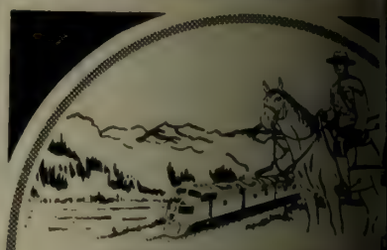

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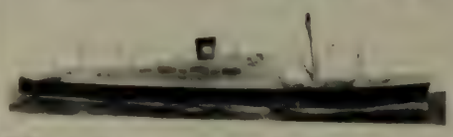

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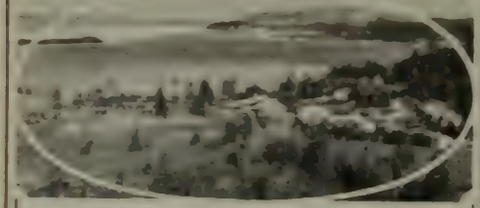

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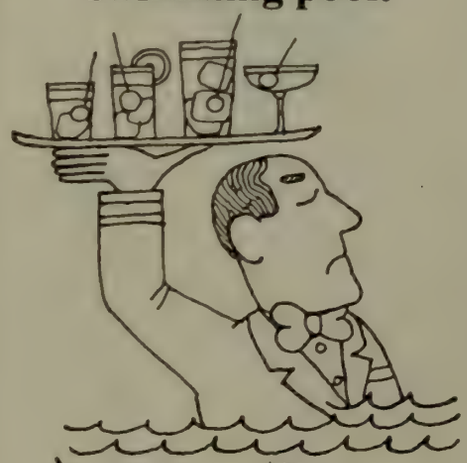

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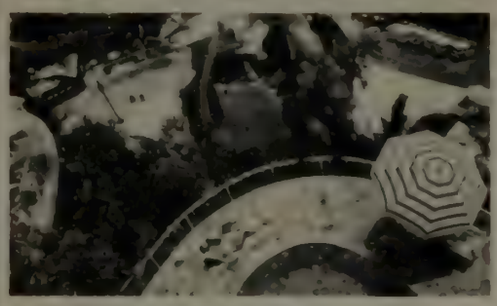

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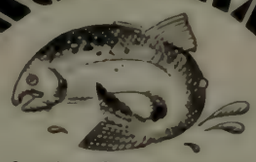

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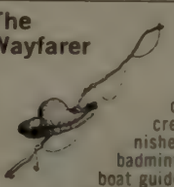

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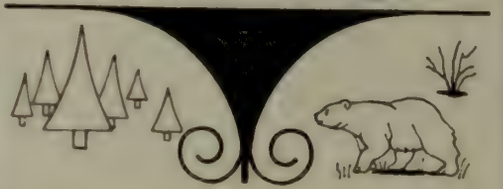

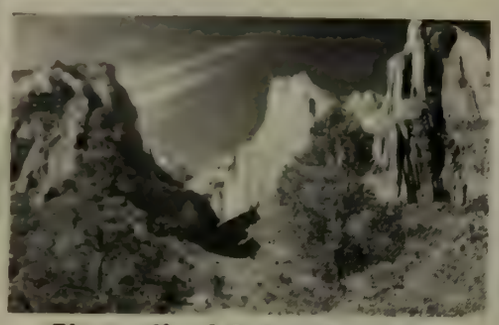

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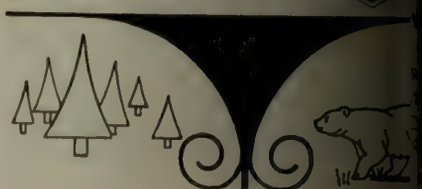

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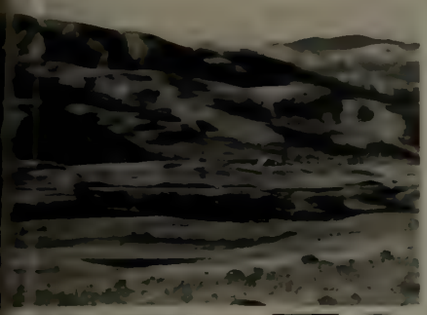

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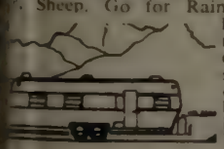

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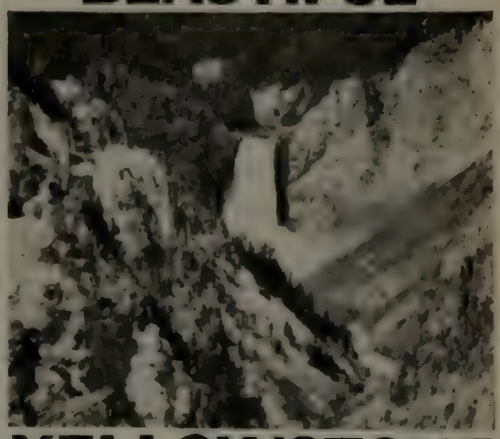

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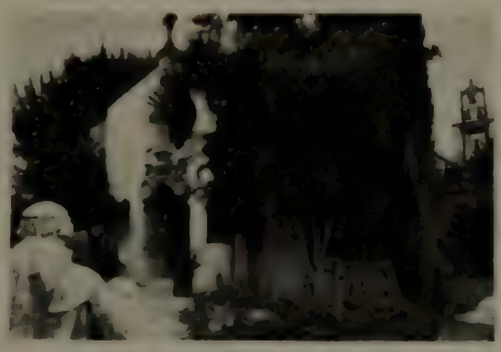

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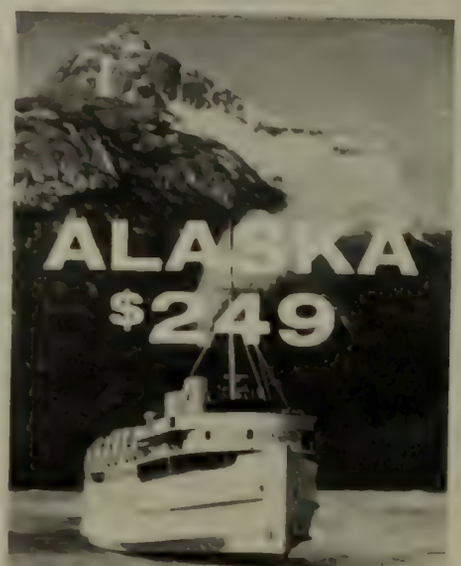

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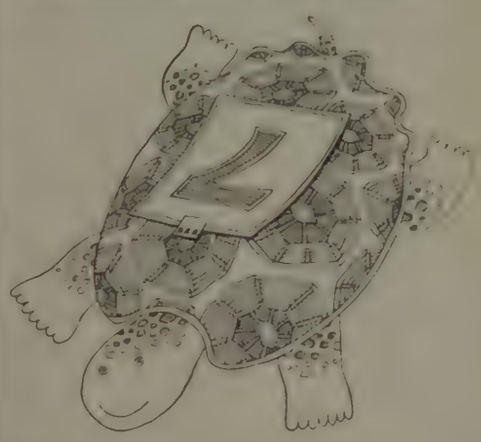

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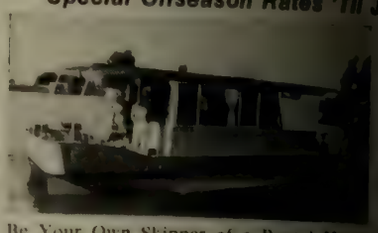

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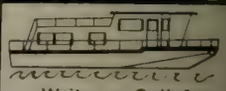

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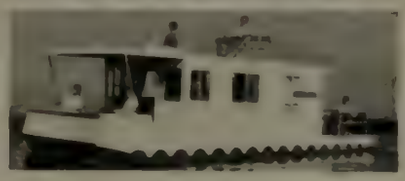

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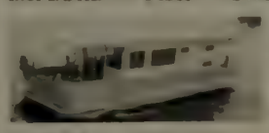

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In past years the paintings on display have been of mixed quality. The crafts—ceramics, sculpture, jewelry, and poster art—have attracted most attention. The crowd itself is reason enough for visiting. Smartly dressed hill-dwellers, Chinese and Italian-speaking families, wander sicians, and elaborately garbed bohemians all serve to add variety affair.

San Francisco's June weather quite warm at midday, but as o not the afternoon wind and f make you glad to have a coat. Fes will actually start the Friday af before the fair with a children's e on the sidewalks of Grant Avenu ing the weekend the avenue blocked to vehicles between Valle Filbert streets during fair hours, to 6 P.M.

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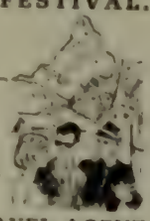

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Oil paintings *lined up for review at weekly artfest along the Santa Barbara oce*

Santa Barbara's weekend art sho

The art activity on the Santa Barbara beachfront is growing so lively these weekends that, even if you are only passing through town on U. S. Highway 101, it's worth a detour. Crowds of up to 3,000 promenade on fair weather weekends past rows of canvases and sculpture that stretch for as much as a mile along the palm-studded parkway of East Cabrillo Boulevard.

Started in 1964, the Sabado y Domingo (Saturday and Sunday) Art Festival offers the artists public criticism and exhibit space free of charge. It has grown to include as many as a hundred artists, all of whom must have lived in Santa Barbara County for at least three months. Until the artist has sold works totaling $250 he is considered a hobbyist; after that he must buy a license.

The show is not juried and the work ranges from simply awful to bizarre to professional. The nonrestrictive, spontaneous nature of the show adds to its popularity and enhances the fun of ferreting out the work of an artist that pleases you. Some weekends a mariachi band, guitarists, folk dancers, and occasionally a band of bagpipers join the festivities.

The exhibit is less crowded on Saturdays than Sundays.

The artists arrive early to secure a good spot, and by 10 A.M. most are ready to do business. Late in the afternoon when the wind quickens, usually around 5, the artists pack away what remains unsold for next weekend.

Coming from the north on U. S. 101, turn towards the beach on Castillo Stre tillo ends at West Cabrillo Bou Turn left; West Cabrillo become Cabrillo near the art festival. Fr south on U. S. 101, turn off in Mo onto Cabrillo Boulevard. Conti Cabrillo past the bird refuge and the ocean to the art show.

Painter's deft hand *turns out a qui cession of pastel portraits on u*

Beyond the tall palms that help gui to the display site is the municipal with picnic sites, barbecue pits, and to rest during or after the art walk.

For more information on what to s do on a visit to Santa Barbara, learn about coming events, write Vacation Bureau, 1301 Santa Barb Santa Barbara, Calif. 93102.

Make the world go away.

Instead of elbowing your way into a jam-packed campground this summer, why not stretch out in Banff, Yoho, Riding Mountain, Fundy, or Les Laurentides.

Our National Parks aren't over-crowded. Not yet, anyway!

From Mount Revelstoke in British Columbia to Terra Nova in Newfoundland, 19 beautiful Canadian National Parks go all out to accommodate you. Not to mention 91 provincial parks and countless privately-owned campsites.

We have it all nicely planned so that, if you're travelling the Trans-Canada Highway to one of our scenic or historic parks, you can pitch a tent all the way there and back if you like. You're never more than 50 miles from a picnic site or 150 miles from your next overnight campsite.

This means you'll never have to get off the highway and show up at a sophisticated city hotel, motel or restaurant, all rigged out like an embarrassed Daniel Boone.

We'd like to remind you though, that you don't necessarily *have* to be a rugged individualist to enjoy a camping vacation in Canada. Many campgrounds are fully serviced. And some are downright cushy.

It all depends on you, and how far back to nature you're willing to go.

Whether or not you opt for all the comforts of home, we do promise you all the fun of a foreign country, good highways, gorgeous scenery, ten provinces, two northern territories, three oceans and umpteen thousand lakes. Plus a healthy buffer zone between you and the next tent.

Camp on *our* doorstep. We've got lots of spare room.

Above is a typical example of Canada's more than 10,000 campsites. Below, Wild Animal Park in Moose Jaw, Saskatchewan (one of the finest collections of wild animals in Canada, but, oddly, no moose). Camp north of the city at Buffalo Pound Lake, one of several provincial parks.

Clip and mail coupon below for all the facts on Canada's campgrounds.

Canadian Government Travel Bureau, Ottawa, Canada 9

Please send the Camper's Touring Kit to:

Mr. Mrs. / Miss _____

Address _____ Apt. _____

City _____

State _____ Zip Code _____

CAMPGROUNDS CANADA 100 GOLDEN TOURS

Canada

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American Airlines has a special place.
Where everything that *can* be done to a plane, *is* done to a plane.
Where over 3,000 mechanics work shifts around the clock. And every Astrojet takes its turn getting overhauled.
It's our sprawling maintenance and engineering center in Tulsa, Oklahoma.
A 55-million-dollar base that covers 255 acres, and is still growing.
But in Tulsa, nothing will ever be bigger than the responsibility.
James Morgan, an airframe mechanic for 13 years, talked to us about his job:

"No one section or part is more important than the next.
Everything has to be perfect. The ribs, the beams, the skin surface, the landing gear, the power systems.
First we make sure we did the job right, then an inspector comes along to make sure we did the job right. Check, check, and recheck.
If your automobile got the same kind of attention, it would last for over 100 years.
Tell the passengers that."

James Morgan is our kind of man. He has his job because he's the best at it. That's the American Way.

Fly the American Way. American Airlines

Astrojet is a service mark of American Airlines Inc.

Ever wonder who buys them?

We did, too.

So we did some checking, and surprise! There were very few surprises.

People with 2.3 children

It came as no shock to find that an overwhelming number of people bought VW Station Wagons because they wanted a wagon that carried a lot and that was cheap to run.

But it was a surprise to learn that people really aren't taking advantage of the VW Station Wagon's enormous size.

The VW holds about 2/3 more than regular wagons: almost a ton. (The VW can hold up to 7 kids with no trouble at all.)

Yet the average family that buys one has only 2.3 children. (Maybe they all have big plans and aren't talking.)

Sometimes, all the extra space turns into a problem. "Once in a while I have to borrow somebody else's wagon," a man complained. "Because everybody else keeps borrowing my VW."

38% of the VW owners have no other car, so the VW Station Wagon gets used for all their driving.

The other 62% own more than one car, but 94% use the VW for most of their driving anyway.

"It's more fun," is the usual reason.

We were fascinated to find that some people (9%) own a great big conventional station wagon in addition to the VW. "I use the big one when I don't have too much to carry," a lady muttered.

There is also an astonishing number (18%) who drive both a Volkswagen Station Wagon and a Volkswagen Sedan.

"Why?" we asked.

"Why not?" we were answered.

62% are 2 or more car people

38% are 1 car people

The average income of our owners is a little over $300 a week.

But we get all kinds. About 1% of the owners earn less than $3,000 a year. And another 1% earn over $50,000.

So the VW is very democratic. The rich man saves as much money on gas, oil, tires and antifreeze as the poor man.

Volkswagen Station Wagon owners are pretty well educated: 6 o[illegible] went to college and 4 out of [illegible] graduated. (Which doesn't pro[illegible] except that you don't have to [illegible] solutely crazy to buy one.)

6 out of 10 are college pe[illegible]

We seem to have a high nu[illegible] doctors, lawyers, teachers, foren[illegible]

And they seem to be quite [illegible] 37% of the owners are under 3[illegible]

Something that pleased us is th[illegible] bought the VW Station Wagon b[illegible] we have a reputation for making [illegible] product. (40%, in fact, didn't ev[illegible] sider buying anything else.)

On the other hand, it disple[illegible] that not even 1% bought it becau[illegible] thought it had good traction in [illegible] snow. (Evidently, nobody pays m[illegible] tention to what we say in our ad[illegible]

All in all, we were happy to le[illegible] VW Station Wagon owners a[illegible] nice, sober, industrious citizens.

They think of their wagons (an[illegible] selves) as something special.

And they keep them for a lo[illegible] because they hold up and stay i[illegible]

(A VW Station Wagon alway[illegible] exactly as preposterous as the d[illegible] drove it home.)

100% of the people who own Volkswagen Station Wagons couldn't care less.

© VOLKSWAGEN OF A[illegible]

HUGH PARADISE

t of the old West, *dusty mule train transports sheep herders' gear. Such romantic sights are typical of southeastern Oregon*

Across Oregon's lonely corner

ht get started on the unpaved road arper to Fields, Oregon, because a red thunder egg at the gas sta- Harper; or because you were held e by a couple of thousand sheep U.S. Highway 20, and you won- here they all came from; or maybe ause you were looking at the map w a road strung out across the stern corner of Oregon, 143 miles a gasoline pump.

hen you finally reach Fields, it's re than 100 miles to a sizable town. lonely country when you leave the ighways, so consider carrying a pply of drinking water, perhaps asoline, as well as picnic foods. Vet- f this region often carry an extra t also.

ute follows the playas behind a outh fault ridge, which culminates 0-foot Steens Mountain summit he southern end. The road simply this line of little resistance across e beds, occasionally climbing over viding foothills that run out trans- from the parent range.

R TO STATE HIGHWAY 78

east along the Owyhee River are roads and rockhound diggings. It some plotting to locate them. The of the Shell Station at Harper is a tor and can direct you. His own are displayed in cases.

collectors have found Dry Creek, 25 miles south of Harper, a popular source of thunder eggs. For nearly 3 miles just north of the creek, near the Juntura junction sign, the road is paved with black obsidian.

In May, sheep begin coming down from high pastures and use the road as a thoroughfare, so chances of encountering them are good. The herders and their dogs, dusted to one color, look like walking statuary. With your own throat dry from the desert air, you can only admire the tough hill veterans.

The handful of ranches served by the road lie far back from it. Crowley is shown on road maps as a community, but nobody inhabits either of its houses. The Crowley Ranch is a mile up a side road, out of sight.

At State Highway 78, check your gauge: you may want to make the 28-mile side trip to Princeton for gasoline.

STATE 78 TO FIELDS

The road from Harper thus far has a few rough spots and some dirt stretches that get slick when wet, but the 65-mile stretch from the highway to Fields is all gravel, broad and well maintained.

On this road, too, the ranches are mostly out of sight, back against the mountains, which loom as a snowy backdrop to the great buff playas. Steens Mountain, as the whole 50-mile escarpment is called, reaches 9,670 feet directly opposite the Alvord Ranch.

Fathers *may not appreciate the delay, but this many sheep will delight youngsters*

The Alvord Desert and Alvord Lake have become one dusty unit during the dry cycle of recent years, with only some water here and there in roadside marshes to support reeds and redwings. Towering dust devils twist across the yellow desert, which extends across a 20-mile basin east of the road to form the last playa in the 140-mile chain followed on this route.

Andrews used to be a lot more important to this part of the country, but now its only public facility is a post office.

At Fields you'll find a general store, a gas pump, and a lunchroom.

The best way back to bright lights from Fields is south for 20 more unpaved miles to Denio and Nevada State Highway 140. From here you can head west to Lakeview, Oregon, or south to Winnemucca, Nevada, via U. S. Highway 95.

An exploring walk in Old Los Angeles. You discover a cosmopolitan city that most visitors miss completely

On the Plaza, *topiary giraffe stares out from circular park toward restoration of 1884 Engine Company No. 1*

Old Los Angeles is sufficiently confusing to the newcor even when visitors can get to the Plaza and Olvera Str are likely to miss some of the surprises close by.

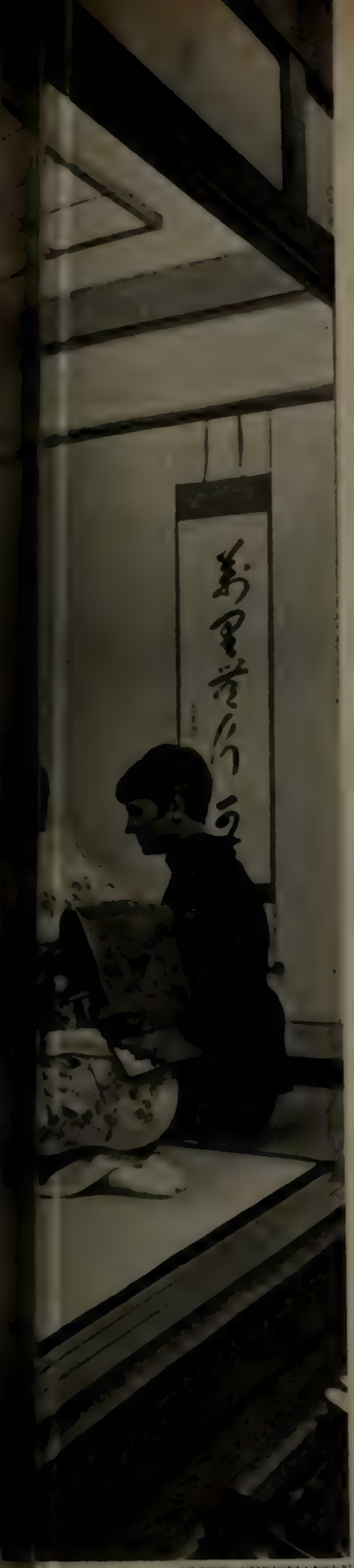
If you explore on foot, following the map on page will see the last great rail depot built in America; Little a thriving Japanese district; the most monumental civi in America; the Plaza where Los Angeles began an buildings survive from the Spanish, Mexican, and Yank the remnant of an Italian district; and finally the tw of the Chinese community. You see history, and exotic t shops, restaurants, and markets—and an urban scene i the people are the most interesting part of the experien The round trip is a little over 3 miles. It would fill a day of leisurely strolling, or you could take it in segm In Los Angeles a logical starting point for any walk i

On Olvera Street, *ironworker Cruz Ledesma is one of many craftsmen you can watch at work*

Bilingual waitress *at an outdoor restaurant on Olvera St.*

Wedding party, *in New Chinatown, an area of shops and restaurants around pedestrian malls*

French bread bakery *on North Broadway bakes to your order*



GLENN CHRISTIANSEN

Japanese tea ceremony *is taught in indoor teahouse at Tanko Gallery on Weller Street by Mme. Sosei Matsumoto*

park. The most reliable parking is at the Union Pas- Terminal, where Sunset Boulevard ends at Alameda about $1.50 for most of a day. An equally good reason here is to see this stately building, just 30 years old.

n Los Angeles Street, you pass the City Hall Annex. ng on the new City Mall—probable site of the Indian f Yang-na, which antedated the Spanish Pueblo. Amer- es camped here during the Mexican War.

Street, turn east one block to Little Tokyo, a cluster nese restaurants, sushi bars, confectioners' shops, mar- d some tourist shops. Good buys are ceramics, fabrics, accessories, Japanese carpenter's tools. Walk as far as , then back on the other side. At San Pedro Street, outh a block, then return to First on Weller Street.

o Main Street, then north to City Hall. Stop for a look

City Hall, *once tallest building, has view gallery. Open 10 to 4 on weekdays, 11 to 5 on weekends*

RALPH POOLE

GLENN CHRISTIANSEN

Restaurants and shops *of New Chinatown are lively after dark*

at the panorama from the observation gallery in the tower.

On north along Main, you enter the Pueblo de Los Angeles State Historical Monument. This is an impressive 42-acre, long-term project devoted to restoring and renovating what remains of the city's original and Mexican-period buildings along with venerable structures from the post-Mexican era.

The first one you pass was the first one restored, the 1858 Masonic Hall. Then you pass the Merced Theater and Pico House—grandest hotel of its day when it opened 99 years ago. The exteriors of both have been restored and it is planned that both will operate in their original roles. Around the corner you pass the Pico-Garnier Block, now in process of restoration, and come to the fire house pictured on page 40, open as a museum. Early this month a group called Las Angelitas Del Pueblo will begin a program of narrated walking tours of the plaza area, starting from an information booth nearby.

The plaza is already lively, for some of its rehabilitation has been completed. The old Spanish church, now renovated, is in use. The Biscailuz Building has been remodeled and will house offices of the Mexican Consulate General. A bilingual bank operates in a former gambling house. An unrestored restaurant on Main Street offers a counterful of Mexican pastries.

The plaza is also a park, with regular habitués, an ebb and flow of visitors, and transients. You may be panhandled—less likely if you're part of a group—usually for a quarter.

But the most action takes place on the block-long pedestrian way that starts on the north side of the Plaza: Olvera Street. In its 40 years of existence it has developed its own distinct character, both Mexican and Californian: a continuous pageant of shops, restaurants, color, and life. Watch for people doing things: making tortillas or forging wrought iron, tooling leather or fashioning pottery, forming glass sculpture or pasting a piñata, dipping tapered candles, playing the marimba.

From the foot of Olvera Street at Macy, go north on Alameda to Ord Street. Named for the first surveyor of the Pueblo of Los Angeles, Lt. (later Gen.) E. O. C. Ord, this street in 120 years has acquired a curious combination of Italian and Chinese elements. Along it are three good places to get sandwiches: Philippe's, at the corner of Alameda, was displaced from its previous location when the railway station was built 30 years ago; the other two, one toward the middle and one at the other end, are both Italian delicatessens. You'll also find an Italian grocery-produce store and an Italian restaurant.

The major outpost of Italian food away from this axis is Little Joe's, a large restaurant and delicatessen on North B at College Street (almost to New Chinatown, farther

Go left on North Spring for a look at the most intens nese section of the district known as China City. W sides of the street and you'll see Chinese markets, rest a Chinese cinema, and some fascinating juxtapositions nese and Spanish-language signs.

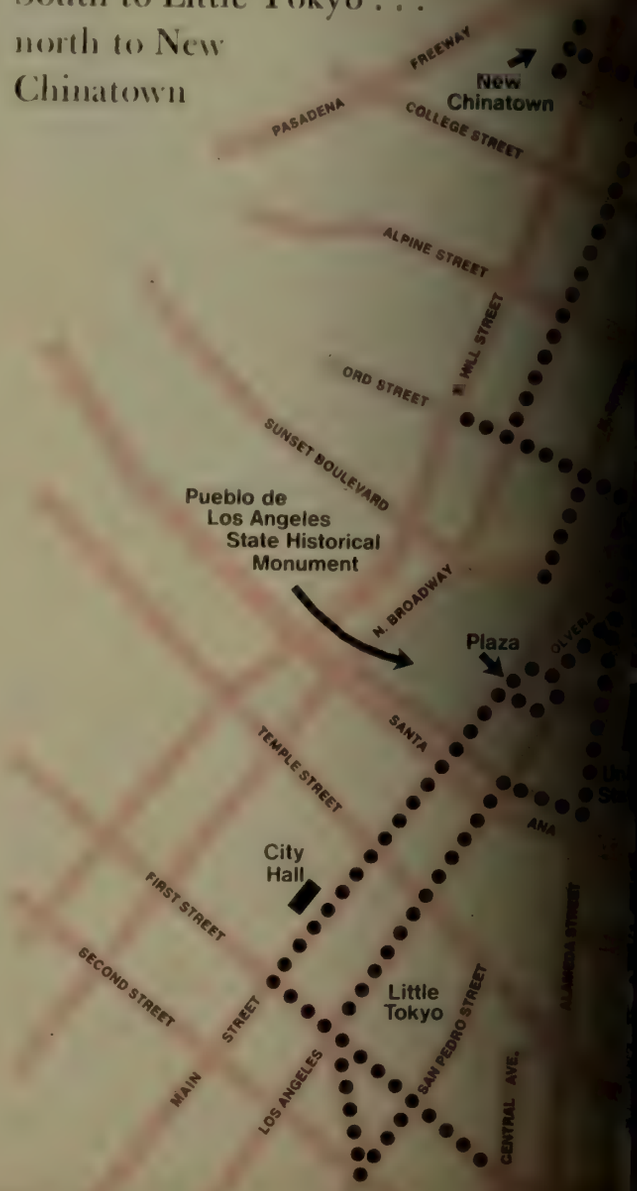
Back at Ord, turn up toward North Broadway to Italian places. If you go to the end of Ord, you'll have track a little, since North Broadway is the most int route to New Chinatown. Once more it is an inter mixture, in which the Chinese are expanding. The Los Baking Company, four doors south of Ord, is one surp can order almost any kind of bread on the morning of and pick it up that afternoon.

New Chinatown is the end of the route; beyond are Park and Dodger Stadium. New Chinatown was new when it was opened as a community to replace the Ch ripped out to build the railway station.

In the ensuing years it has not aged as well as Olver though it is also a pedestrian mall, two blocks long voted to much the same kinds of enterprise. The e seems slightly more toward tourism, although you some excellent Oriental wares in one or two shops; t markets have a wide variety of foods, teas, and uten there are places where the Chinese cuisine is good. servedly popular shop is a confectioner's.

The tour route returns by way of North Broadway to to Alameda and back to the railway station.

South to Little Tokyo . . . north to New Chinatown



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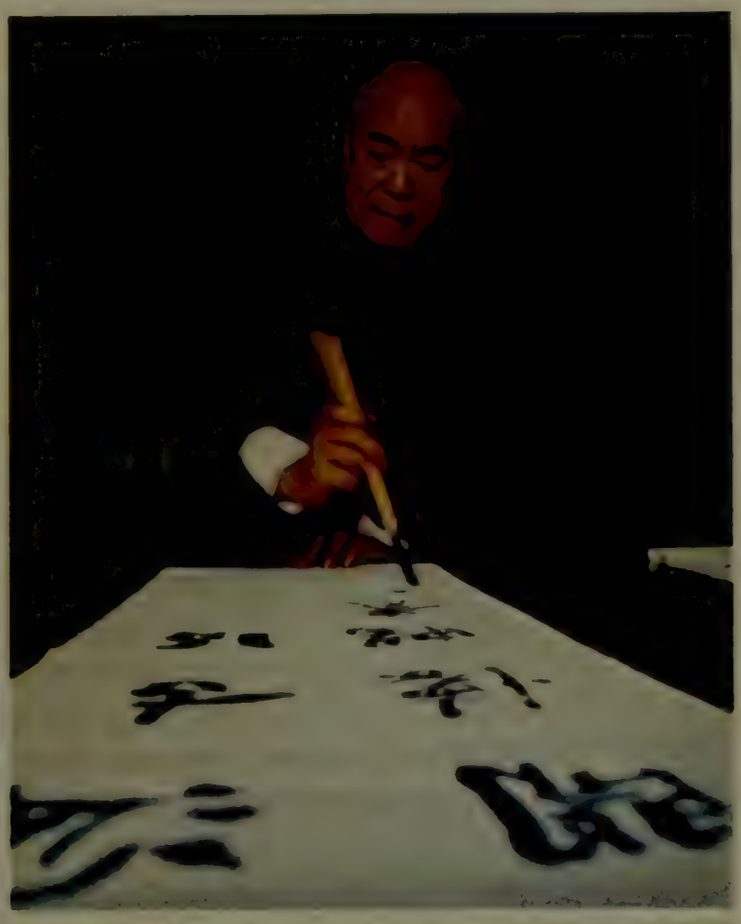

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DARROW M. WATT

Visitors *board sleek, metallic gray test car that will head train when rapid transit starts late in 1971. Boys lean out of attendant's generously windowed compartment*

pen house . . . on Sunday, June 8

ls of the Bay Area Rapid it District plan an open highlighted by a tour of the ground central Berkeley n at Shattuck Avenue and r Street on Sunday, June m noon to 5 P.M. During hours you can also climb up aerial station in San Lean- he BART design car will be at this time in addition to gular visiting hours listed on 46. BART officials will be nd at the three sites to an- questions.

BART 1971

. . . advance looks are possible now

superintendents haven't enjoyed grand show since the construction wo San Francisco bridges a gener- go. The Bay Area Rapid Transit , its future now apparently secure lly, is hurrying ahead with work 75 miles of track that extend three counties.

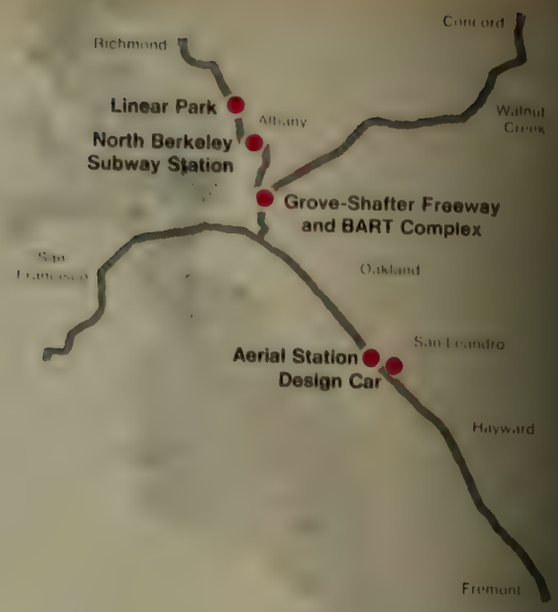
below the bay and a tunnel the Berkeley Hills are already ted except for laying the track. the best places to catch a glimpse the system will look, when it starts ate in two and a half years, are in la County. Using the Nimitz Free- State Highway 17) and Interstate can visit the five points of interest a day. There is less traffic on a d but there will be no work in s. The northernmost site in Albany dscaped park where you can picnic h the silent overhead tracks.

Design Car. From the Nimitz Free- urn east on Davis Street in San o. In about a mile, just after you

Visitors *take time out from a tour to picnic in park below Albany's aerial tracks*

San Leandro *riders will buy tickets on first floor, ride up to roofed train level*

Stairs *from underpass lead up embankment to Grove-Shafter Freeway, BART*



pass beneath the aerial tracks, turn south on San Leandro Boulevard to West Joaquin Avenue. Inside the corrugated steel structure on the corner is the prototype BART lead car. Seventy feet long, air conditioned, fully carpeted, and equipped to hold 72 seated passengers, the car will be run by a computer control system located at Lake Merritt Station in Oakland. The attendant aboard can, if necessary, switch to manual control of the train. Top speed will be 80 miles an hour with average speed 50 miles an h[illegible] can visit the BART car three [illegible] this month: June 8, June 15, and [illegible] from noon to 5 P.M.

San Leandro Aerial Station, acr[illegible] Leandro Boulevard from the desig[illegible] built on two levels. Except for [illegible] and large interior murals, the stati[illegible] much the way it will when compl[illegible] A rider will enter the station an[illegible] his money (probably 65 cents for [illegible] minute ride to Market and Mont[illegible]

DARROW

Youthful *test car attendant calls out next stop on the loudspeaker, punches buttons on the computerized control panel c*

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Perfect for the outdoor enthusiast. Anywhere there's plenty to be enthused about. Mountains, meadows, streams, lakes and snowfields. Almost months's recreational opportunities.

Nature's wonders are supplemented by Sunriver's facilities: a 7,019 yard championship golf course, dining tables, tennis courts, swimming pools and river marina.

Sunriver's environment blends natural beauty and modern science.

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Build your own secluded vacation retreat on a Sunriver homesite.

Select a prebuilt cabin and enjoy minimum maintenance plus privacy of an individual home.

Sunriver's developers, headed by Robert O. Gray and Donald V. McCallum, have completed more than $4½ million of construction and improvements thus far in 1969. Additional investments are scheduled throughout the year.

Underground utilities, television cables and sewers are being installed. Sunriver residents will be served by surfaced roads, plus a system of private pathways and trails.

Soon to open is Sunriver Lodge. It will serve as the community's social center. Facilities include a gourmet restaurant, coffee shop, banquet rooms, meeting rooms, saunas, exercise rooms and a golf pro shop.

We could tell you more. But the best way for you to *really* appreciate everything Sunriver has to offer is through a personal visit.

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San Francisco) into a vending to receive a credit-card-sized ulti-ride ticket which he inserts ntrance gate. The card is re- d the passenger passes onto or to ascend 30 feet onto the ng covered platform. At his the ticket lets the departing out the exit; if there is remain- the same ticket showing the maining is returned to be used

fter Freeway (to be State High- and BART together create an transportation corridor nearly ide. The lanes of the new free- spread apart allowing BART run down the middle. Where oach the MacArthur Station, six ack are squeezed between eight freeway lanes and additional ps. The tracks to the west dip ard the Berkeley subway. The o are for switching train direc- the east are two tracks that re- h the freeway as far as north The best place to view the maze low on the 40th, 42nd, and 45th derpasses between Grove Street graph Avenue.

the underpasses when coming north on the Nimitz Freeway, the MacArthur Freeway (Inter- ghway 580) and take the Mac- oulevard exit to Grove. Coming south, leave the Nimitz Freeway way; continue to Telegraph and elegraph along the construction th or beyond.

rkeley Subway Station. Take the ty Avenue exit of Interstate 580 Sacramento Street. Turn north three blocks to the station. The you see taking shape below you to will operate some 30 feet below nd. The reinforced concrete shell tation should be well along this nd work will be progressing on d rotunda that will extend above nd to serve as the ticket-purchas- mine. Surrounding the station arking for 500 cars, and officials racks for bicycles.

Linear Park. A half-mile land- tretch under the BART track in al Albany is proving to be a rhood asset. The aerial track, 26 le and extending 70 feet between oot-wide hexagonal pier column, quite graceful as it faces a row tory houses across Masonic Street. beneath the tracks is now a park children's play area, paths, and a e stretch of lawn. Turn east on man Street exit of Interstate 580, e to Masonic Avenue, and turn The park stretches from Solano north along Masonic Avenue to Avenue.

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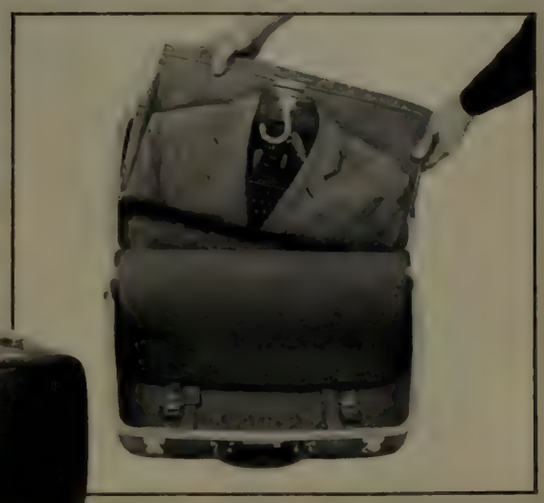

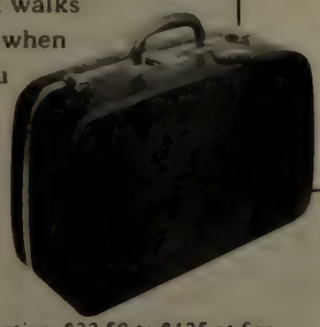

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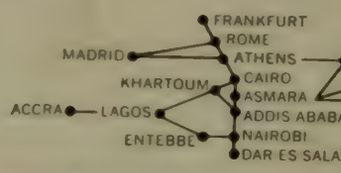

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Looking into the Caribbean

For a number of new reasons m fornians and other Westerners a a speculative vacationer's eye at the Caribbean.

Getting there is easier, in 1969 thing. Direct flights go from th coast to Miami (and sometimes l Connections get you quickly south to dozens of English, Dutch and Spanish-speaking island pla

How do you choose? The easy w package tour, sold by your trav in almost endless variety, air combination. But before you pur of these, a little reading helps. T guidebooks give you an immens of information and some differing

Fielding's Guide to the Caribbea ing the Bahamas, 1969–1970 ed Jeanne and Harry E. Harman, I ing Publications, Inc., New Y pages; $7.50), is the first Caribbe by this celebrated guide book It is a lot of book for its price the usual Fielding candor and highly miscellaneous information

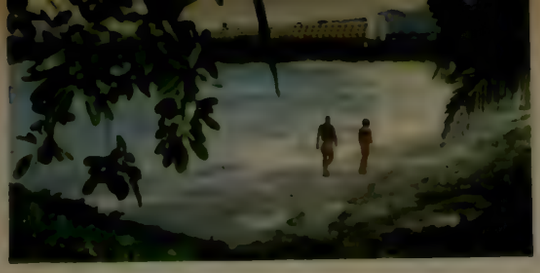
It is interesting, for instance, to l most Dutch Antilleans speak guages, that Martinique coo "French know-how spiced with meled creole creativity," that the national mania on Trinidad, dollars are legal tender in the Virgin Islands.

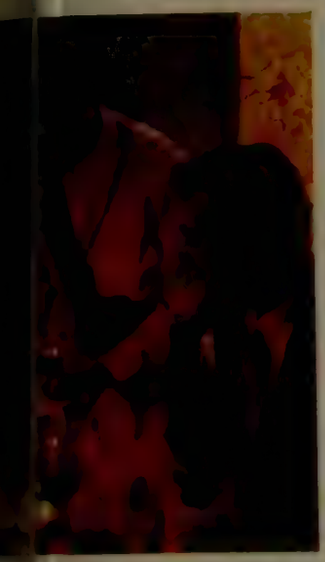
The Fielding's book is all text, n graphs. The end paper maps a cates and are not detailed enou very helpful. A good atlas along make this book more useful.

Caribbean Here and Now, by Ramsey Ullman and Al Dinhofe millan, New York, 365 pages; $ similar to the Fielding's guide ground it covers but not in the covers it. This book gets its info across in 265 fewer pages, partly fact-crowded charts of accomm and what's offered, partly by usin column format for tour informat

This book includes a not very help page map similar to the Fieldin but it also has individual road major islands. In addition it has kling of photographs.

Both books are written by island- Caribbean residents. A sampling two can be a useful preparation first talk to a travel agent.





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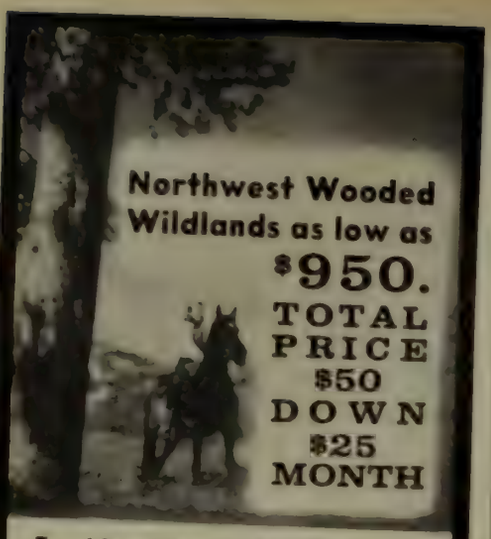

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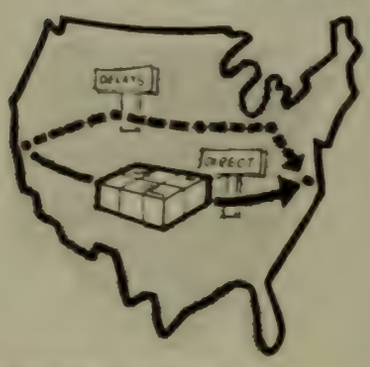

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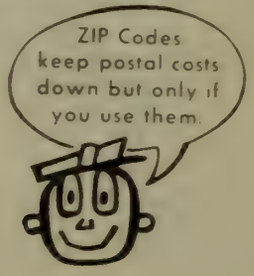


Festival queen *and court ride in Lompoc parade, then reign over Saturday ni*

Flower Festival . . . flower touring

June is a month for flower-watching in California, and — wildflowers aside — the most reliable places for doing it are the commercial flower growers' fields in both the northern and southern halves of the state.

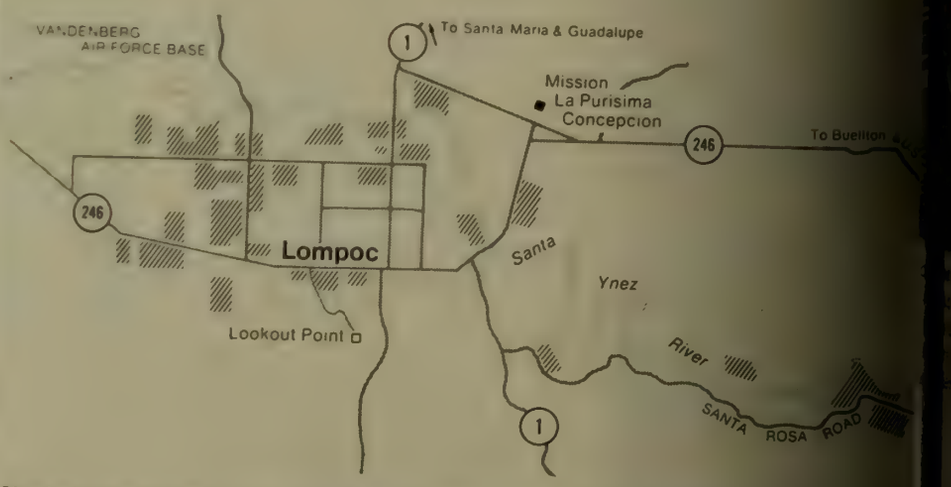
Greatest concentration of flower color is around Lompoc, which celebrates it with a festival in June. Lompoc's 17th Annual Flower Festival will be held this year on the weekend of June 28 and 29.

Festivities begin with a parade at 10 A.M. Saturday, featuring approximately 30 flower-bedecked floats. Similar in construction to those in the Tournament of Roses parade, the floats are completely covered with blossoms and greenery donated by the seed-growing and cut-flower industry in the valley. Most of the varieties of flowers grown in the a be represented.

This year's theme is "Lompoc's in Flowers," from Chumash Indi to MOL (Manned Orbital Lunar f the latter a tribute to the city's n Vandenberg Air Force Base.

The 1½-hour parade will include a space display and 100 antique ca the National Packard Club, in a to the usual drill teams, marching and mounted groups. Beginning at Pine streets, the parade proceeds on H Street to Ocean Avenue, a on Ocean to Ryon Park, where th and antique cars will be placed on

The Alpha Club's 47th annual show opens after the parade in t erans' Memorial Building, corne



Shaded areas *represent the largest concentration of flower fields in Lompo*

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oot loads in the trunk of Ford's Ranchero. The big, 6½- kup box tells you Ranchero's a worker. But everything ys luxury. It looks, rides and handles like a fine car. Lux- ons, too—bucket seats, SelectAire conditioner, power disc Seven engines including the 428 Cobra Jet Ram Air V-8.

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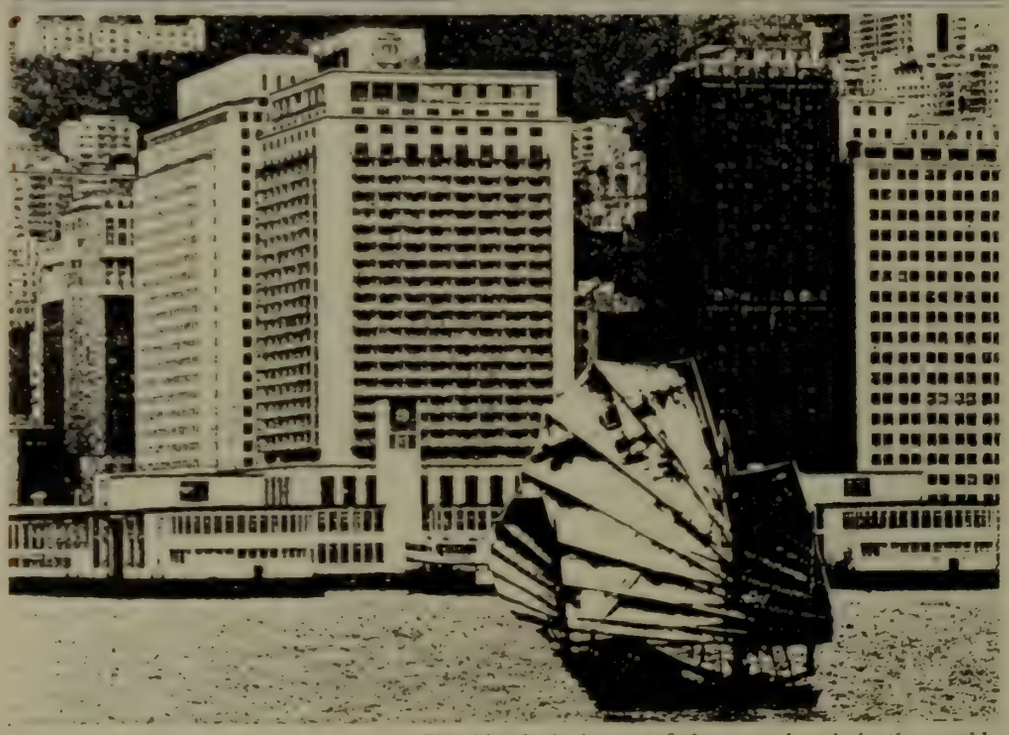

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and Locust streets. Hours are 1 Saturday, 10 A.M. to 9 P.M. on Admission is $1 for adults, 50 students; children under 12 admi when accompanied by an adult.

Ryon Park will be the center events: outdoor art show, band stage show, an exhibition of the A sentry dogs, and amusement rides dren. It is also the starting poin free guided flower tours to fields the city, which leave every half h

For a schedule of festival event map of the area, write to Lompo Chamber of Commerce, 119 E. St., Lompoc, Calif. 93436.

FLOWER LOOKING NEAR LOMP

Because of the heavy rains this ye growing fields were washed out a others were planted late, so you a mixture of flowers. Some, lik peas, calendulas, and delphinium normally have bloomed earlier. like alyssum, marigolds, petuni asters, will be just beginning thei ing period.

Lompoc. There's a good vantage viewing the valley at Lookou (see map on page 52). You will fields as you enter Lompoc from t or south on State Highway 1, a the Santa Rosa Road (State 246) from Buellton.

Santa Maria - Guadalupe. Goin north or south from Lompoc on you will pass fields between Gu and Betteravia, along State Hig between Guadalupe and Santa M in the Oceano and Arroyo Grande

NEAR SAN FRANCISCO

San Juan Bautista. Less than 9 south of San Francisco are the e fields of Ferry-Morse Seed Co. T

On side trip, *include a visit to the*

U.S. 101 on State Highway 156 sion San Juan Bautista. A mile eas mission the fields stretch out on side of the road. The largest con tion of color at this time of the y be around the ranch buildings, wh will see late-blooming sweet pe pansies, and the beginning blos petunias and marigolds.

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Take an 1880 Steam Train to Roaring Camp & Big Trees

You can still ride an old-fashioned steam train through redwood country on California's historic Roaring Camp & Big Trees Narrow-Gauge Railroad, just seventy miles south of San Francisco. This quaint backwoods railroad is still untouched by the Jet Age and operates regular passenger service with steam locomotives and equipment actually dating back to the 1880's and 90's.

Passenger trains depart hourly each day, 11 A.M. to 4 P.M., from Roaring Camp Station, a quaint narrow-gauge railroad depot located about ½ mile southeast of the tiny Santa Cruz mountain community of Felton. On the five mile roundtrip route, you pass through the first redwoods to be preserved for posterity (back in 1867), up the steepest railroad grades in western America, and over a number of spectacular trestles spanning redwood-forested canyons.

You can stop over and picnic at Bear Mountain and return on a later train. At Roaring Camp you can also enjoy old-fashioned trout fishing, walk over a charming Covered Bridge, ride through majestic forests in a half-century-old freight wagon drawn by four giant Belgian workhorses, browse in an 1880 General Store or lunch at the Red Caboose Saloon.

Additional information and a copy of the railroad's latest timetables can be obtained free by writing: *Roaring Camp & Big Trees Narrow-Gauge Railroad, Felton, Santa Cruz County, California.*

Just beyond Big Trees, *steam locomotive engineer and fireman pause for a portrait on Indian Creek trestle.*

Locomotive *"Dixiana" pulls into Roaring Camp to take on water while passengers visit General Store and caboose restaurant.*

This new boo unlocks Idah

On Lewis and Clark's historic trek 1805, things moved slowly until ploring party reached Idaho. C over from Montana into what t Idaho, via Lolo Pass, the explo lowed the Clearwater River to th and the Snake to the Columbia, this mostly water-borne portion journey virtually downhill all the

From their early journals, it is that Idaho has changed the least o regions the explorers saw. Not tha is unpeopled, or without comfo amenities. Indeed, for the tourist offers some of the West's finest re facilities—the northern lakes reg Valley, Payette Lakes, to name ju But the state also has an abund prime wilderness country, superb hunting, boating, camping, hiki rockhounding, numerous historic and also some of the nation's fines attractions.

How to explore Idaho is the subj new *Sunset* book, *Sunset Travel G Idaho* (Lane Magazine & Book Co., Park, Calif., 1969; $1.95).

In text and photographs, *Idaho* poi what the state offers the traveler. I less of your preference in the way door country, you will find some to interest you. Much of Idaho ested, but the state has desert a mountain regions too.

You can explore on interstate fr secondary roads, trails, and even o boats. Wherever and however you new book provides the informati need to get the most out of an Idal be it a month's vacation or a one-d excursion.

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d be shopping for English
n the Capital City of
Victoria, the next day perhaps cruising the Inside Passage past breath-taking coastal fjords, driving along the spectacular Fraser Canyon into regions like the Cariboo and the Peace River country or exploring historic sites like Fort Steele in the Kootenay District. Along the way as you travel you will savour a rich variety of scenic beauty, from great mountains to lush orchard valleys and, who knows? You may even meet your favourite movie star!

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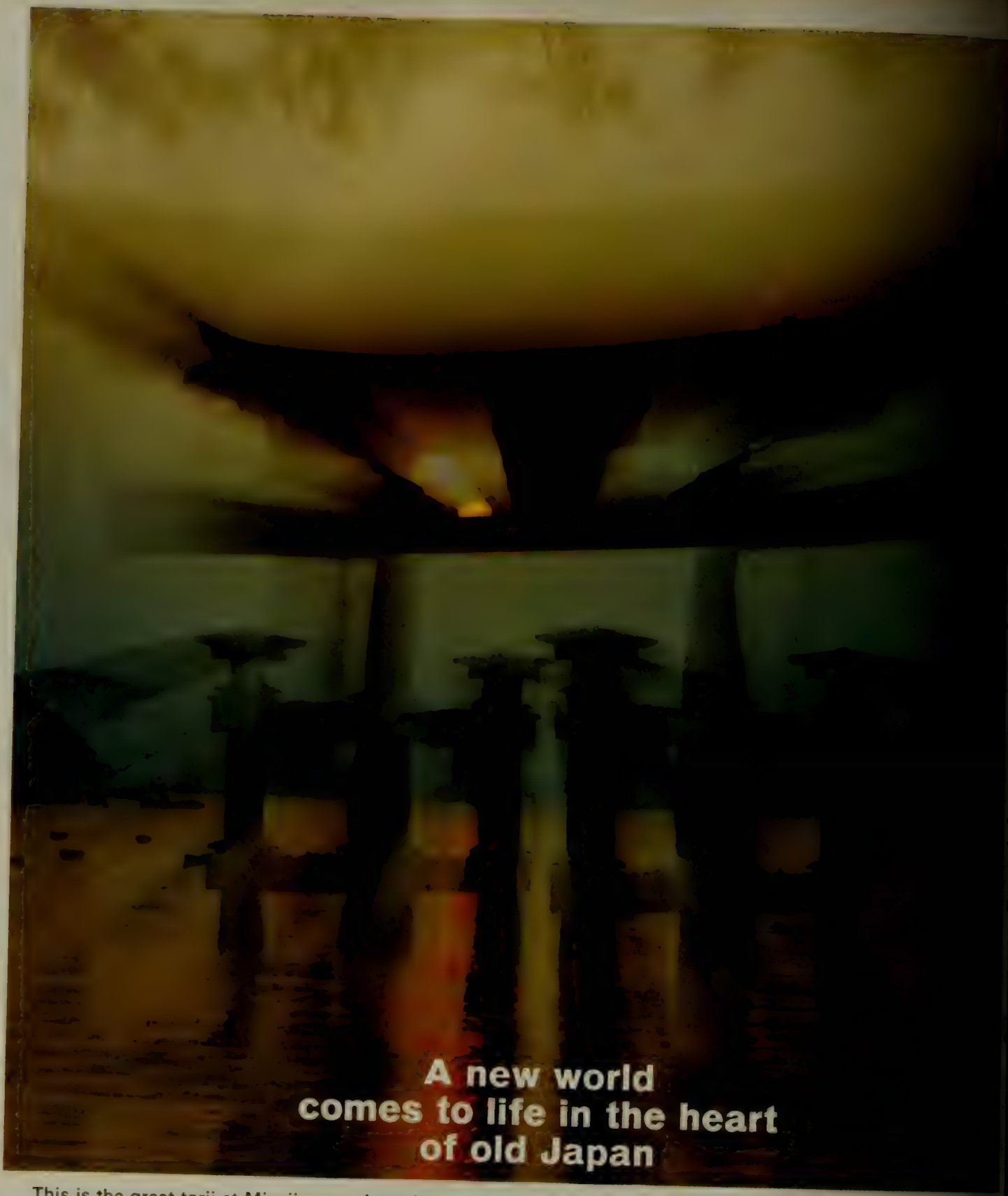

This is the great torii at Miyajima on Japan's lovely Inland Sea. Standing here, listening to the whispering gongs calling monks to their devotions, you can discover the tranquility of another age twelve-hundred years old. Refreshed? Then follow the path of the rising sun towards Osaka, a scant few hours away, and an exciting new world at EXPO'70—the first world exposition ever held in the Orient—that opens March 15, 1970. The best of the arts and sciences of more than 70 nations will be on display in the 815-acre grounds of the exposition. Plus the great theater and festivals of Japan. There will be circuses. Ballet companies. (Have you ever seen a 70-foot robot run by computers dance? Y will at EXPO'70.) Opera. Theater. And spe entertainment from around the world. Air conditioned moving roads will take you fr one part of the exposition to the other. Fr the 64 acres of Japanese gardens to the acres of Expoland, where you can whoop i on a roller-coaster that's nearly three mile long. And the whole glorious show is onl minutes from your hotel in the heart of Os There will be only one EXPO'70 in our lifet Can you afford to miss it, and Japan? See your travel agent or American Express—Exclusive General Agen EXPO'70 admission tickets in the United States.

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rivileges at eight California state ve been extended to horsemen mounts.

g on the type of facilities pro- e rates vary from free to $3 a two horses. Where a fee is it's 25 cents for each extra horse.

rks have parking areas for horse None provides feed for the ani- l none rents horses.

ortant to write ahead of time to pace, especially if you will be roup of riders.

e the eight state parks where may camp:

Lake near Sacramento. There's a 's camp with corrals at Granite convenient day's distance from along a section of the California nd Hiking Trail. Summer weather Address: 7806 Folsom-Auburn olsom 95630.

P. Taylor near Fairfax, Marin One large camp with stalls and for 25 horses. Trails connect with Mount Tamalpais. Address: Box unitas 94938.

Diablo near Danville, Contra ounty. Barbecue Camp has room orses. You will have a fine view of Area from the camp. Address: 3, Diablo 94528.

W. Coe near Morgan Hill, Santa ounty. Horses are allowed through- mostly undeveloped canyon and l park. Access road is winding. Expect warm weather in summer. s: Box 591, Morgan Hill 95037.

on Lake near Fresno. Five miles of ad along the south shore of the m a primitive horse camp with or 50 horses. It's hot in summer. s: Box 205, Friant 93626.

Bar near Redlands in San Bernar- ounty. This new state park in the rnardino Mountains offers hitching r 12 horses and a variety of moun- ails. Address: Star Route, Angelus 92305.

San Jacinto Wilderness above Springs. Horses are allowed any- on the trails, except for Idyllwild ground, in this almost 14,000-acre Address: Box 308, Idyllwild 92349.

aca Rancho near Alpine, San Diego y. Riding trails total 50 miles at rsemen's park. There are group and al camps to accommodate over rses. Address: Cuyamaca Star Julian 92036.

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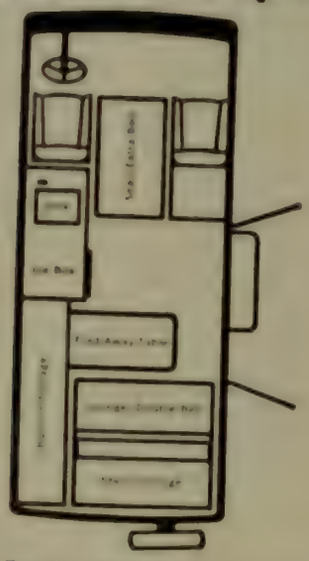

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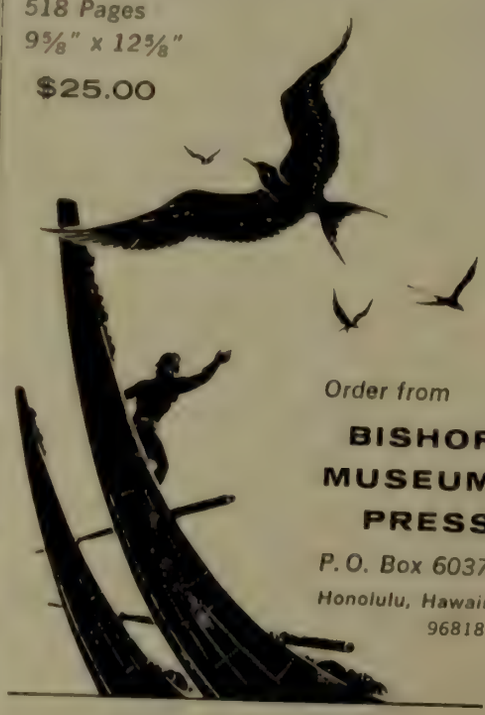

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ound to the Cassel Road turnoff
, one momentary deviation from
um northwest of Bridge Camp-
After the creek leaves Lassen Na-
orest, most of the land it winds
is private property. Just above
Hat Creek merges temporarily
ing River, and most of the river
is also posted as private. A brief
of the lower river, however, is
shore fishing where the stream
nded by a Pacific Gas and Elec-
pany dam at Cassel.

opulation 10, is on Cassel Road,
osses over the PG&E dam on the
River. Shore fishing is permitted
sement that extends up the river-
ughly a quarter-mile from the
ear the dam a small store sells
s and fishing tackle, and close by
nit public campground.

ream from the dam at Cassel, Hat
s open to fishing to No. 1 Power-
nd Baum Lake. The fast, deep
here the turbines discharge at No.
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our approaches Baum and Crystal
he Crystal Lake Fish Hatchery,
o. 1 Powerhouse. Baum Lake is
"hot spot" during the opening
of trout season when other parts of
reek may be too high and murky
d fishing. The lake contains brown
nbow trout, and browns are espe-
abundant in this section of Hat

es at Baum Lake include parking,
oms, and a launching area for small
ts. Power boats are not permitted.
ate hatchery at Crystal Lake is
very day between 8 A.M. and 5 P.M.,
sitors are welcome. Among the fish
here is the unique Eagle Lake
of rainbow trout.

R HAT CREEK

ower section of Hat Creek runs
and fairly deep through the loosely
d, rolling meadowlands between
Powerhouse and Lake Britton. If
llow Cassel Road to State 299, then
ight and follow the highway for 2
you will come to county-main-
Hat Creek Park, an attractive
side picnic area with tables shaded
ll ponderosa pines. This section of
Creek is bordered by PG&E land;
an walk from Powerhouse No. 2 to
reek's mouth at Lake Britton.

reel limit on upper and middle Hat
is 10 fish; from Baum Lake to Lake
on, the daily limit is 2 fish.

good reference maps of the Hat
k area are the *Burney* and *Prospect*
quadrangles of the U.S. Geological
ey 15-minute series (50 cents each).

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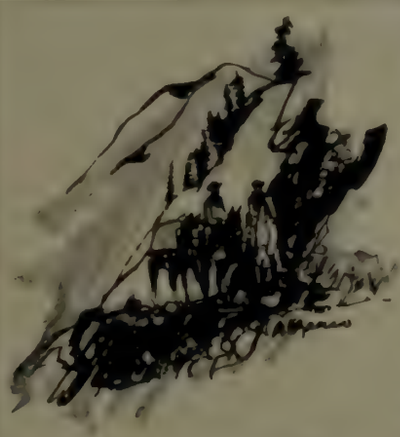

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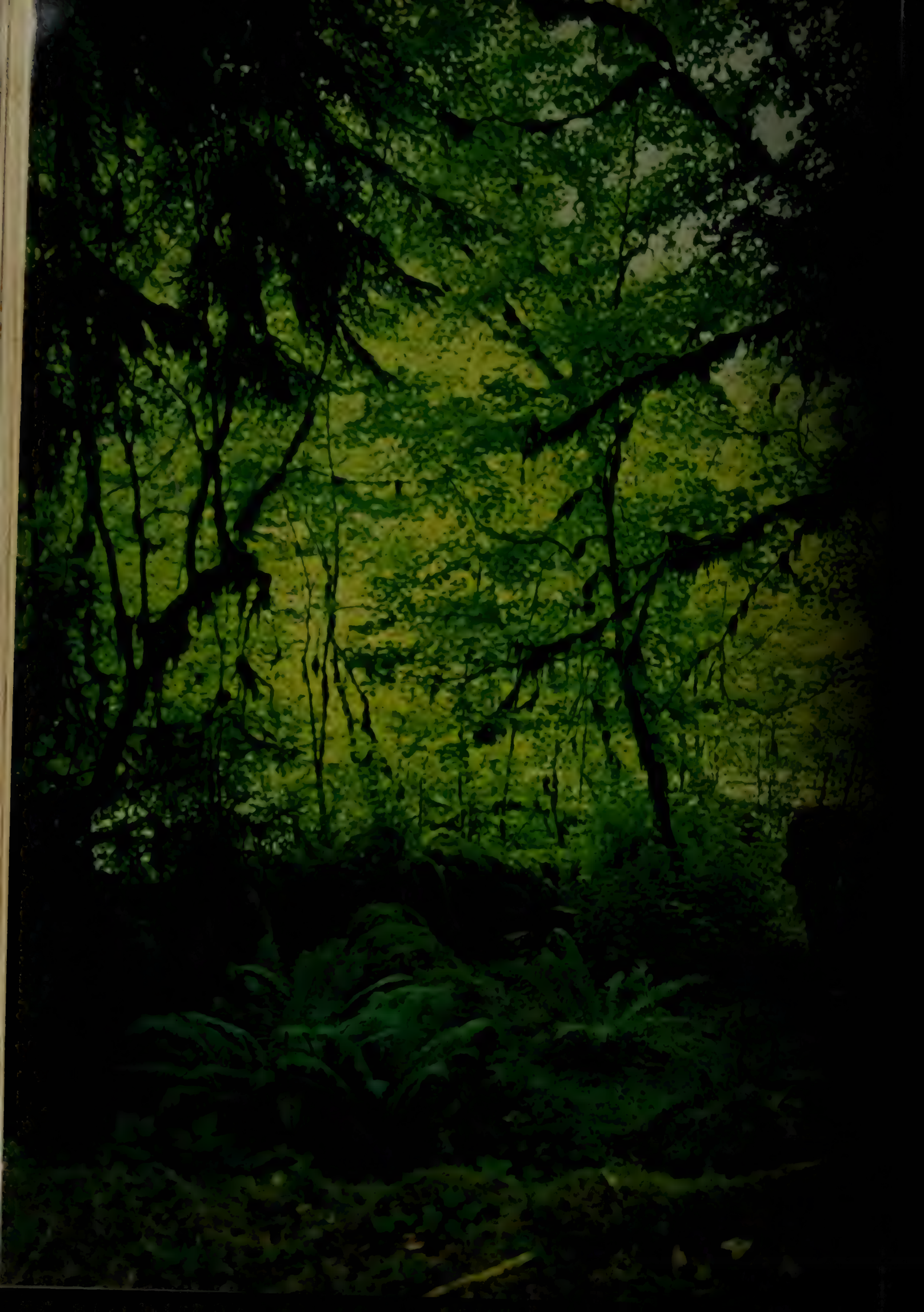


Girls have hiked *8 miles and climbed 2,500 feet to reach Seven Lakes Basin*

The Olympic wilderness

It is rain forest, snowy alps, roadless coast . . . yours to explore

For the pioneers who settled the Puget Sound country, it was easier to go around the Olympics than over them. So it wasn't until 1889 that an exploring party, sponsored by the Seattle *Press* newspaper, penetrated the mountains. This was the first time men—any men—had walked across the Olympic Range; even the Indians of the Olympic Peninsula had never violated the sanctity of these high peaks. It was different with the peninsula's lowlands. The very earliest

DON NORMARK

Hoh River Trail *passes through a rain forest of intriguing cool beauty. The dark, moss-covered mound behind the hiker is an ancient nurse log*

An angler *tries for cutthroat trout in a rain forest creek beside the Hoh Lake Trail. Throughout the park, fishing is usually excelle*

DON NORM

Fishermen are welcome . . .
catches range from
pan-sized trout to steelhead

settlements in western Washington were on the shores of t Olympic Peninsula, and its vast forests provided the stat first big industry.

But as the loggers moved in from the shores toward the mou tains, explorers and naturalists realized that here was mo than just another wilderness. Their concern for its preservati led to the creation of the Olympic Forest Reserve in 1897. Tl became Olympic National Monument in 1909, and final Olympic National Park in 1938.

Few parks in America have had a more bitterly contest

Questions of how big or how small the protected area have caused its boundaries to fluctuate like the lines s chart. From an original size of 615,000 acres, it dwin- 500,000 acres in 1915, then grew by degrees to its pres- of 896,000 acres. The park boundaries have been a dozen times, and arguments to alter them further nic. As recently as 1966, a proposed deletion of 59,000 rain forest lands went as far as U.S. Senate Interior tee hearings before it was shelved.

1 400-square-mile wilderness—or mostly wilderness— is only 2 hours (by car or by car and ferry) from cities of Seattle, Everett, and Tacoma is astonishing enough, mpic National Park is rich with records and super-

k contains the hemisphere's finest temperate-zone rain the last wilderness ocean beaches in the conterminous States, and splendid alpine country unequalled for ility—because roads lead to some of it and elsewhere ker can easily reach timberline, only 4,500 to 5,000 feet ca level.

rk contains eight wildflower species found nowhere else h, five world-record trees, and the continent's largest d Roosevelt elk population.

e's summer climate is mild. There are no dangerous reptiles or insects. The only bothersome plants are the nettle, which is not common, and the devil's club, a long-thorned shrub that is easy to recognize and avoid.

Many almost level trails go for miles through primeval forests, and there are plenty of roadheads from which to start walking. A family can fill a day with the things to be seen along 100 yards of trail, yet the park is big enough and, in places, rugged enough to challenge the most ambitious mountaineer.

U.S. Highway 101 circles the mountains on the Olympic Peninsula's broad, low perimeter. Strung along the highway are cities and small towns, resort communities, small businesses, and farms.

The cities—Port Angeles, Aberdeen, and Hoquiam—as well as the heavily populated resort regions like Hood Canal and Lake Crescent, have good motels, lodges, and restaurants. You'll also find tourist facilities in smaller towns, and all along U.S. 101 are campgrounds—Park Service, Forest Service, state, and public camps operated by timber companies. The Olympic Peninsula's capacity for accommodating visitors is large and growing, and though reservations are required in summer for the most popular places, it is seldom very difficult to find a place to spend the night.

Two short stretches of U.S. 101 pass through edges of the park. But to experience Olympic, you must leave the highway

U.S. Highway 101 loops the park. Side roads take you in. National forest lands separate the park's wild coastal strip

A rain forest grouse *perches on a Douglas fir branch*

in favor of the roads that lead into it. You'll note that no road crosses Olympic National Park—one main reason that much of the park's wilderness integrity remains.

Even if you can explore only one or two side roads, they will introduce you to what Olympic is all about. If your very limited, you may have to decide between the high c the rain forests, and the beaches. But in three days y sample all three.

Back-packers will want to try part of the park's 600-mi system. Even if you prefer to enjoy your parks on a schedule, bring walking shoes. Nowhere else do sylvan mountain slopes, and broad, sandy beaches beckon m ticingly than in Olympic National Park.

THE OLYMPIC RAIN FORESTS

The North Pacific trade winds sweep eastward for 2,00 before smacking into the Olympic Mountains. Then the clouds are pushed up, they cool, and beneath the tun rains: Between 150 and 200 inches fall annually into the chiel, Hoh, Queets, and Quinault, the west-facing river of the park.

Summer weather in the rain forests is mostly sunny, bu on the soggiest midwinter day the atmosphere is intrig cheerful. Colonnades of spruce and hemlock rise to fo evergreen lattice above; under them, vine maples spira pillowy forest-floor coverings of club moss. Huckleberry oxalis, vanilla leaf, bedstraw, bunchberry, twisted stall skunk cabbage grow in shady glades between gnarled nur and upended tree roots. These moss-mantled trees and s and small, delicate plants, along with liverworts, lichen fungus, comprise the rain forests.

Yet about all that can be said to define such forests is tha are complex biological communities in which rainfall is dant. Writer-naturalist Ruth Kirk has captured their es "Walk into the rain forest and sense time."

The rain forest floor: tree roots, nurse logs, and a soft walking carpet. This is Hoh Valley

RUTH & LOU

As seedlings, *these trees took root on a nurse log. As the years went by, their roots finally reached the*

the results are luxuriant, plants grow slowly in the s's, and each tree and shrub and fern takes its place heme of things against great odds. The very moist l deep shade prohibit the growth of most seedlings. lants get their start on nurse logs.

ay is delayed. There is so much moisture that the breathing bacteria of decay are inhibited.

go into the heart of the Hoh, Queets, and Quinault on roads. In summer the Hoh, perhaps the best of the ests and certainly the biggest, is often crowded. But e road end, 19 black-topped miles from U.S. 101, you lk an excellent trail for 19 miles all the way to Blue on the flanks of Mount Olympus. The farther you go, er people you encounter.

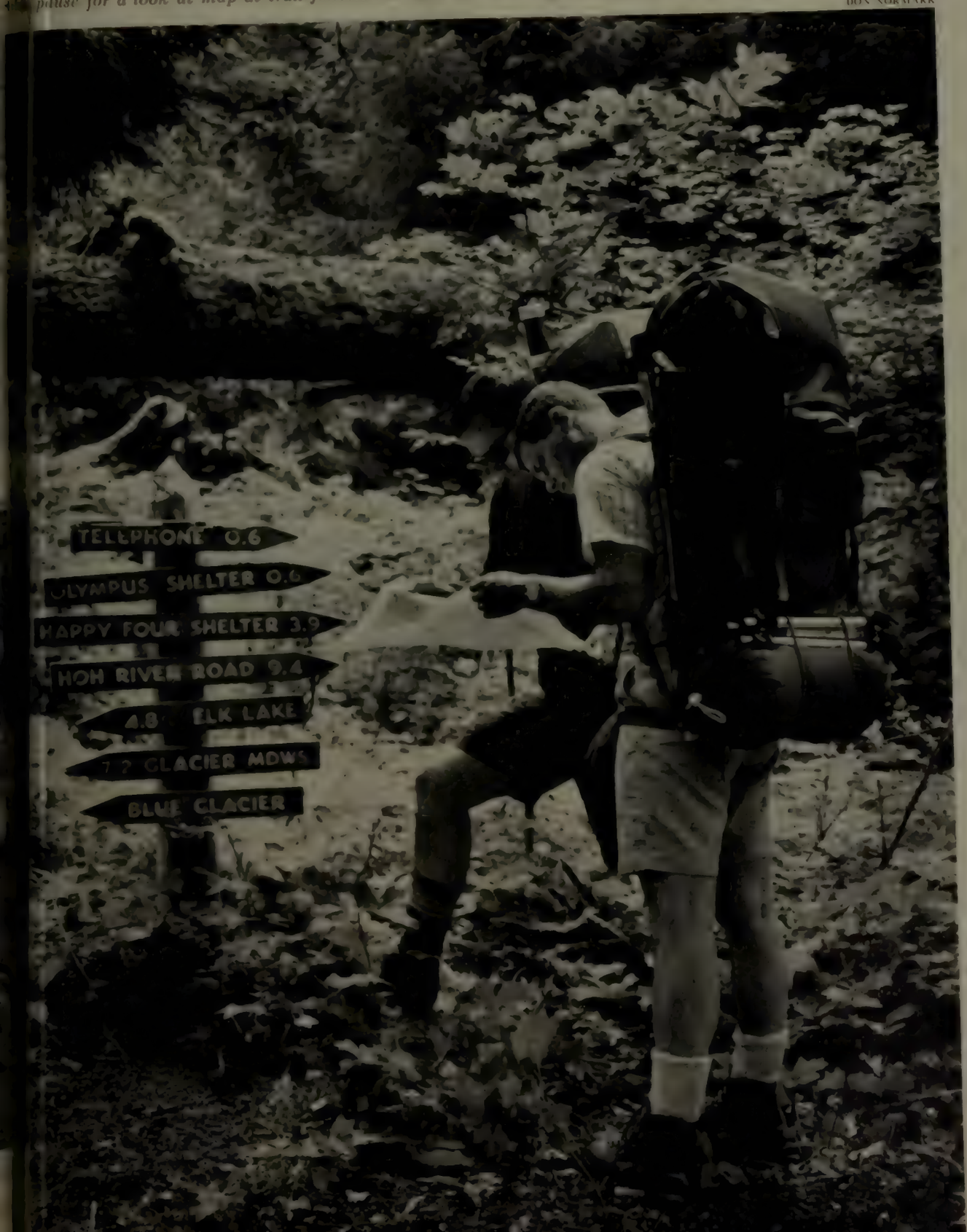
vel roads up the Queets and Quinault also have their share of traffic, but again you can escape the crowds on trails that continue farther up the valleys. There is food and lodging available at Lake Quinault. All three valleys contain campgrounds.

The Bogachiel, on the other hand, is wholly a walker's valley. A 7-mile dirt road from the highway stops 2 miles short of the park boundary. If this venerable watershed isn't quite so luxuriant overall as the others (in places it is identical), it offers special rewards: magnificent fishing, and your best chance to see elk and other wildlife. Some consider the Bogachiel less than a perfect rain forest, but as low-elevation, wooded wilderness it is unsurpassed. The trail, for the first 11 miles upstream, is as simple to walk as a garden path. Then it climbs into the high country.

The Olympic Rain Forest by Ruth Kirk and Johsel Namkung

pause for a look at map at trail junction in Hoh River Valley. Graceful shrub behind them is vine maple

DON NORMARK



The summit *of Olympus is a perennial challenge. This morning three mountaineers are on top; another party approaches at*

RUTH & LO

Mount Olympus lords it over a mountain range which has 50 active glaciers

(University of Washington Press, Seattle, 1966; $6.95) provides a sensitive interpretation of the rain forests in words and pictures.

Hurricane Ridge, at an elevation of 5,200 feet, is about the most popular destination in the park. It's reached by a 1 drive from Port Angeles over winding, paved roadway. top you'll find plenty of parking, a visitor center (serves as a ski lodge in winter), and views of stunning b On a clear day you can see the Strait of Juan de Fuc Vancouver Island and, in the other direction, the i Olympic Mountains.

Within yards of trails that take off from the parking blacktail deer graze belly-deep in avalanche lilies, ma scurry from rock to rock, and insects hum in the wildflow

The other high country road leaves U. S. 101 6 miles e Port Angeles, and after 18 twisting unpaved miles bring to Deer Park, the highest point reached by road in the pics: just over 6,000 feet. There is no visitor center, but are fewer visitors, and you can simply take off across fl meadows while deer step almost nonchalantly from your

The most popular trail approaches are from the Hoh Valley and the Soleduck Valley. The trails between join with others and converge at High Divide. Close to High Divide is Seven Lakes Basin, a huge amphitheaterlike, glacier-carved valley full of crystal-clear ponds. It's a popular hikers' destination, and often well populated with back-packers, fishermen, and even hearty day-walkers who hike the 14-mile round trip from Soleduck Hot Springs.

Less crowded are the trails that begin from low-elevation access roads at other points. There are roads and trailheads in the Elwha Valley (longest river drainage in the park), the Dosewallips area, along the North Fork of the Skokomish, and in the Quinault and Queets valleys.

Roofed, wooden shelters are scattered throughout the park along the trails, and are shown on Park Service and United States Geological Survey maps. You cannot always count on finding the shelters unoccupied, so it is a good idea to carry a lightweight trail tent or tarp.

For personal wear, a majority of Olympic back-packers favor ponchos which can be thrown over both body and pack for walking in a drizzle.

Though you should be prepared for some rain on an Olympic

th luck, you may see some of the park's hundred mountain ats. Not native to the Olympics, a few of the animals were roduced years ago, and their offspring are slowly gaining umbers.

hike in the Olympics for an afternoon or for a week is to lk through some of the world's loveliest mountains. They not lean and long like the Cascades and Sierra, but a clus- ed hodgepodge of lofty canyons, flowered ridges, and glaci- d peaks. The highest is Mount Olympus, 7,976 feet, high ough and icy enough and rugged enough to challenge able mbers. An annual snowfall of more than 400 feet supports me 50 active glaciers in the Olympic Mountains.

uch of the park's trail system weaves through and over the gh country, with shelters at intervals, and dozens of lakes. om late June through August there is a kind of springtime iety in these mountains.

DON NORMARK

You can pack *into the Olympics with horses and guides who know the back country well. It is a little easier than walking*

A proud dad *and his 6-year-old son at the end of a week's hike*

hike, most summer days are sunny.

Trail Country, by Robert L. Wood (The Mountaineers, S 1968; $6.95), and *Roads and Trails of Olympic Nationa* (University of Washington Press, Seattle, 1957; $1.7 excellent guides if you plan a hiking expedition; both accurate trail logs and maps.

FISHING IN THE PARK

Fishing in the Olympics is excellent and varied. That big of trouts, the steelhead, is taken in the major rivers year a with peak runs in winter. There are a fair number of su run steelhead too, and the chance to catch one is reason e to bring serious anglers to the park.

The high country lakes contain eastern brook, rainbo cutthroat trout, and the creeks and rivers throughout th offer similar catches, and whitefish and Dolly Varden as w

At times, with peaks in the spring and fall, sea-run cutt —larger and tougher than their cousins who never leave water—return from salt-water. Fishermen lucky enough t their angling with a major run experience something akin angler's paradise. These aggressive, hard-hitting fish, fro to over 3 pounds, are a delight to catch on light tackle.

No fishing license is required in the park itself (a Washi

RUTH & LOU

A blacktail deer *on Obstruction Point near Hurricane Ridge. The mountains beyond are typical of the interior Olympic Ra*

SUNS

Spring doesn't reach the high Olympics until July or August

age *decorates this rocky crevice*

Tiger lily *is common above timberline*

Delicate *campanula grows on talus slope*

rey's shooting star *is common in st meadows at subalpine elevations*

Another saxifrage, *one of several kinds that grow wild in the high Olympics*

Daisylike *aster blossoms can be seen in profusion along the High Divide Trail*

DON NORMARK

White and aromatic, *clustered yarrow blossoms attract a passing butterfly*

Scudding sea foam *washes up the sand at Second Beach near La Push. Some of the many offshore sea stacks have trees on th*

RUTH & LOUI

ense is required outside park boundaries), but there are
d possession regulations. Current information is avail-
ite to Olympic National Park, 600 E. Park Ave., Port
Washington 98362.

y also write to the above address for a list of packers
e parties into the park. Rates vary, but packing fees—
g guide, horses, saddles, meals—run about $15 to $22
for each rider.

EAN STRIP

ean Strip of Olympic National Park is, in small scale,
ost of the Pacific shoreline once looked like from Can-
Mexico. Flotsam piles high on beaches where it will;
g tides sweep other beaches clean of all but fine-grained
lists hover over forested headlands. Elk and bears and
and wildcats now and then emerge from the forests to
ong the beaches.

not entirely immune to man, the tide pools remain
sea life. You can walk for sandy miles without hearing
nds of highways.

01 does run right along 11 miles of the strip, and you
sily explore beaches only 100 yards from your car. Try
and at clam digging, surf fishing, beachcombing.

of Ruby Beach to the mouth of the Hoh River (where
s a gravel access road), and from the Hoh to the small
f La Push, and from La Push to Cape Alava, the beaches
lless and unpeopled. Several fresh-water streams provide
for campers.

headlands block your path from beach to beach, muddy
arked trails go over most of them; a few must be rounded
tide. And along the 30 miles of wilderness waterfront,
waves roll in as they have for millennia, slowly carving
and reshaping this edge of the continent.

There are campgrounds and resort accommodations at Kalaloch, La Push, and Lake Ozette, and motels in nearby Forks.

The Olympic Seashore, by Ruth Kirk (Olympic Natural History Association, 1962; $1.75) is a useful guide for amateur naturalists exploring the strip, and for those who want to walk some or all of it.

ADDITIONAL READING

101 Wildflowers of Olympic National Park, by Grant and Wenonah Sharpe (University of Washington Press, Seattle, 1954; $1) is helpful for flower identification.

Exploring the Olympic Peninsula, by Ruth Kirk (University of Washington Press, Seattle, 1967; $1.95) is an excellent general guide to the entire peninsula.

The grand wild seacoast was added to Olympic National Park in 1953

On a misty dawn *at low tide, youthful clam diggers try for razor clams on ocean beach near mouth of Kalaloch Creek*

Tidepools *of the Olympic Strip are rich with marine life. You may not take home creatures you find—but look all you want*

She's cooking with sunshine. H

The sun *finished cooking the strawberry jam that Julie started on the range; berries get especially sweet, plump, fr*

DARROW

wo friends use the oven

oung people love to try their hand king now and then, but cleaning up ards has lesser appeal. The kitchen ts that follow are planned so that leanup is necessary. It's mainly one-oking—or two-pot at the most.

uthful cooks who tested the recipes n *Sunset's* kitchens rated the re- great," and the parents deemed the presentable for company occasions.

eautifully colored strawberry jam ns back to the old days; grand- ts may remember seeing jam made ay. The fruit is cooked with sugar aucepan, then transferred to a flat overed with a transparent material ed to be a sheet of glass, but clear c film works as well), and set in the o thicken to the proper consistency.

French-influenced casserole of beans neats requires only the use of a knife he cooking container.

handsome apricot tart begins with y mixed in the baking pan; then you bowl to blend part of this pastry cream cheese for the topping.

SHINE STRAWBERRY JAM

4 cups large, whole perfect strawberries, washed and hulled
3 cups sugar
2 tablespoons lemon juice

bine the berries, sugar, and lemon in a 4 or 5-quart saucepan and mix ly with a spoon; let stand about 1 for some of the sugar to dissolve.

e over medium heat and cook, stir- until mixture begins to bubble (5 to nutes). Then turn heat to high, bring mixture to a vigorous boil, and cook 8 minutes at medium high heat, stir- occasionally.

ove from heat and let the hot fruit d until the pan is just cool enough to h, then pour into a shallow 3-quart ing dish or rimmed 10 by 15-inch bak- sheet. Cover dish with a sheet of clear tic wrap; leave a gap about ½ inch at one end of dish open to the air.

jam in the bright sun on a table or nd. Every 2 hours or so, uncover, and n each of the berries over in the syrup, n cover as before with plastic wrap. e jam should be ready after about 8 rs in the sun; the liquid around the es will be quite thick and the fruit ump. If you do not complete the jam first day, return to sun the next day.

While still warm and fragrant from the sun, the jam tastes its very best, but in order to keep it, spoon into a jar, cover, and chill. Let jam come to room temperature to serve. Makes about 3 cups.

CASSOULET IN BRIEF

2 lamb shanks
2 medium-sized onions, coarsely chopped
2 carrots, peeled and sliced
2 pork chops
2 Polish sausages (about ¼ lb.)
1 can each (1 lb. size) oven baked beans and pork and beans in tomato sauce
4 pork link sausages (about ¼ lb.)

Place shanks in a 3 to 4-quart casserole and cover. Bake in a 450° oven for 40 minutes. Remove casserole from oven and add onions, carrots, then top with pork chops and Polish sausages. Pour beans over the meats and top with the link sausages. Cover and return to oven and bake at 375° for 1½ hours. The mixture is rather liquid, so serve in wide bowls or rimmed plates. Makes 5 or 6 servings.

CHEESE-LATTICED APRICOT TART

1⅓ cups unsifted regular all-purpose flour
⅓ cup sugar
10 tablespoons (¼ lb. plus 2 tablespoons) butter, cut in small lumps
1 egg yolk
1 tablespoon sugar
½ teaspoon grated lemon peel
2 packages (3 oz. size) cream cheese, cut in small pieces
1 jar (10 oz.) apricot jam

In a rimmed pizza pan, 12 inches in diameter, combine the flour and the ⅓ cup sugar. Mix the butter with flour and sugar until well coated on all sides, then use fingers to rub the mixture until it is mealy and no large lumps of butter remain. Spoon out and measure ¾ cup of the mixture and set aside.

With a fork stir egg yolk into mixture in pan until it is mixed all through the flour. With your hands, firmly compress the mixture into a mound. Then, with palm of your hand, press evenly over pan bottom. Bake in a 325° oven for 20 minutes.

Meantime, in a small bowl stir the reserved flour mixture with the 1 tablespoon sugar, lemon peel, and cream cheese until all the crumbs are attached to the cheese; set aside.

Take the baked pastry from the oven and, when it is slightly cooled, spread with the whole jar of jam. Arrange the cheese mixture in small lumps to make a lattice pattern; first make one row down the center of the pastry, then make rows on each side of the center line equidistant from the edge of the pastry. Rotate pan a quarter turn and cross these lines in the same pattern as before to make the lattice.

Return tart to a 375° oven and bake for 25 minutes or until topping begins to brown lightly. Let cool until warm or cold, then cut in wedges with a sharp knife and serve. Makes 8 to 10 servings.

Chopped onions, *carrots, meats, and canned beans bake together in the cassoulet Donald plans*

Ricky *meticulously arranges the cheese topping over the apricot jam-coated baked pastry base*

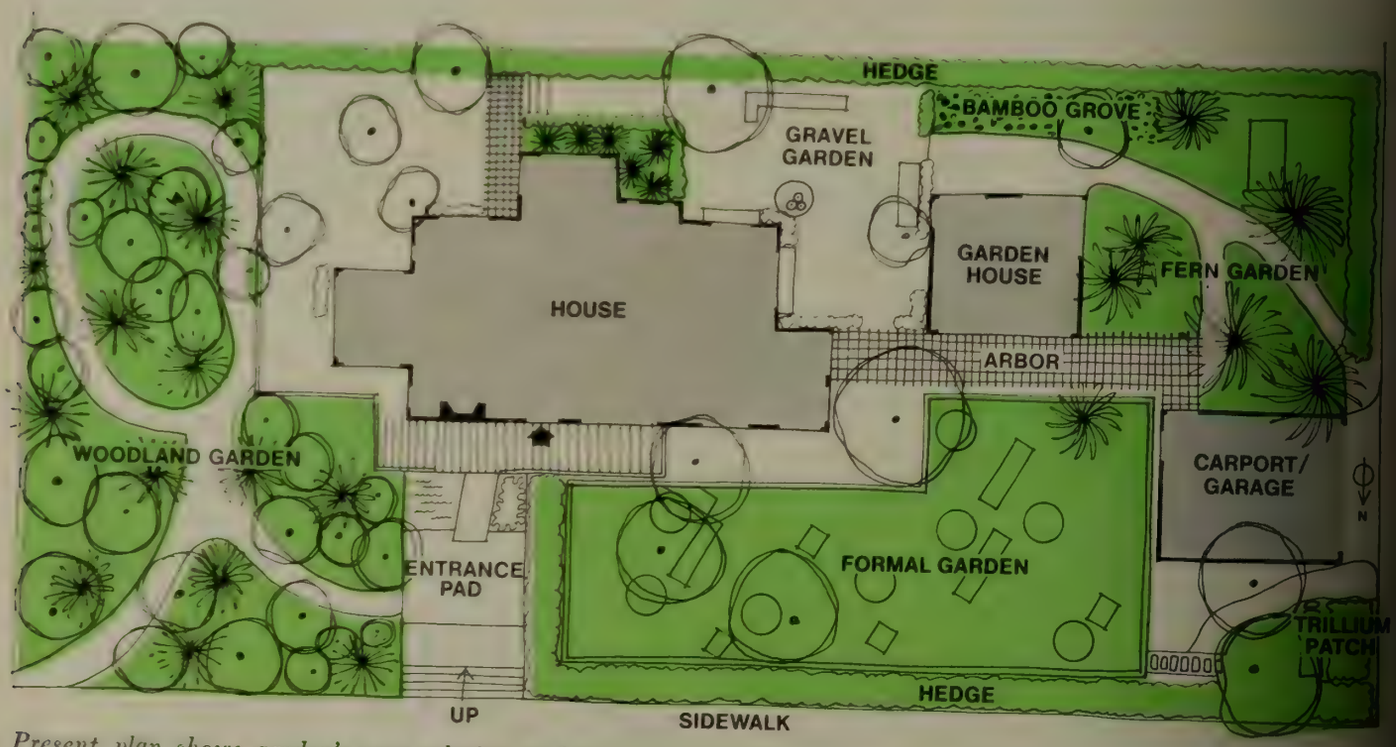
Garden happening took just 3 years

Before: *Foundation planting of shrubs, lawn*

Starting almost from scratch, Mildred McGilvra now has a woods garden, a gravel garden, a trillium patch, a formal garden, a fern garden

This remodeled garden illustrates the belief held by many Westerners that gardens are meant to be lived in as well as looked at. The result in this case is a rich and varied private world on a 90 by 200-foot lot in Portland.

Owner Mildred McGilvra began with a level corner property and a comfortable middle-aged house with an unobstru view of the street from every room. Landscape designer Ric W. Painter's remodeling scheme called for giving these ro instead, access and views to a series of gardens shut off f the street by fences and hedges. As a result, the living spa



After: *Present plan shows garden's new relation to house. To make in-out access easy, new entrances to the house were add*

mphasize *entrance, gewgaws decorate the roofline and broad steps rise from sidewalk. You cross open garden pad to front door*

DON NORMARK

of above dining deck extends over front door beyond screen

Floor-level deck *around house narrows to bring the garden close*

Hedge *insures eye-level privacy; treetops block higher view*

automatically extended to the lot lines.

Though the separate gardens that comprise the landscape differ in character from one another, all are meant to be walked through and lived in, as well as enjoyed from inside the house. Independent of each other, they are related by sight, sound, and repetition of plant material. Even the trees and shrubs in the woodland garden echo those used elsewhere.

The woods, fern garden, and trillium patch - service y fully planted gardens of mounds and hillocks with pat tween them. In contrast, the gravel garden, spacious de entrance are open spaces. In addition to displaying plant rial to advantage, they work like rooms.

The woods garden with its winding bark paths is planted; already it seems to have been there before the

DON NORMARK

Eventually, *deck will seem carved out of the woods beyond it; but until the trees grow thicker, a 6½-foot-tall screen maintains privacy from street*

Generous deck, *made more intimate by plani in slots, works like extension of house behi*

Around the house . . . th deck garden, gravel garden, formal garden

DON NORMARK

ble terrace *between house and garden room (formerly garage) is background for garden art: fountain, carved panel, stained glass*

xisting laurel hedge *along rear property line is 20-foot high reen wall; young tulip tree was trimmed to branch above it*

Paths and bridges *make regular pattern with planting beds and reflecting pools in formal garden, hidden from street by hedge*

Kettle picnic at the beach...and a little sand doesn't hurt a thing

Sand in the food is one of the less pleasant aspects of a beach picnic. But if there's a wind or children playing, it's hard to keep the sand and the picnic apart.

This kettle picnic makes things easier. If a little sand goes into the main dish, it won't hurt a thing.

You cook shellfish and fish in a large quantity of seasoned water; skim out serving-sized portions of the fish; dip each bite in melted butter; and eat with a fork or use those basic tools, your fingers.

You don't have to worry about sand, since any that gets kicked or blown into the kettle settles; any morsel that is dropped can be returned to the kettle and rinsed. The fish stays hot in the warm liquid for a long time, making service leisurely.

In the end, use this same liquid to extinguish the campfire.

If you picnic on a remote beach, you can use clear sea water for cooking, and also to rinse or cool the vegetables and fruits in the menu.

Kettle Picnic of Fishes
Melted Butter
Marinated Vegetable Jar
Iced Raw Vegetable Jug
Onion-Flavored Sour Cream Dip
Bagged Cookies **Hand-Held Frui**

Don't attempt to serve the whole mea a plate at one time. Approach this m like snacking, moving back and forth f servings of fish to the vegetables.

Serve the vegetables and the dip f deep containers that can be covered, s

Dessert of whole fruit *in a basket and cookies in a plastic bag can be enjoyed at any time. Fill a bucket with clear, cool water for rinsing fruit and vegetables*

GLENN CHRISTIA

Jars of vegetables—*fresh ones to cut and eat along with selection of marinated ones—plus a jar of sauce for dipping provide combination appetizer and salad course*

Ladle up *small servings of shrimp, scallops, fish chunks, and serve with melted butter. Water in kettle, placed near the fire, keeps fish hot for additional servings later on*

tractive old-style jar reproductions nisters; these foods are handiest if d grouped together well above the . Put them on a hamper or flat rock.

repare the marinated vegetables, mix, e proportions you like, marinated rooms, marinated artichokes, pickled ers, olives, and similar foods; moisten some of the marinades.

actical and colorful way to offer the vegetables is to keep them whole and lace ice in the container with a selec- of cherry tomatoes, celery stalks, n peppers, zucchini, and peeled car- . Cut or break off pieces and swirl in jar of dip (homemade or purchased).

ose fruits that can be eaten out of d—apples, peaches, and cherries. ng cookies sealed in a plastic bag.

TTLE PICNIC

3 to 4 quarts water or clear sea water
About 2 cups dry white wine or beer
2 onions, sliced
2 lemons, sliced or cut in chunks
2 teaspoons dill weed
About ½ pound butter
About 4 pounds shellfish and fish—such as a combination of shrimp (medium to large size), scallops, and swordfish, lingcod, or rockfish cut in large chunks

a large kettle, combine water, wine, ions, lemons, and dill weed; bring to iling. Pull slightly off full heat of the e and simmer, uncovered, for 5 or 10 nutes or until onions look quite limp. a small covered pan near enough to fire be warmed, melt the butter.

ush kettle back over a brisk flame and, hen water returns to a vigorous boil, rop in the fish; cook for about 5 minutes ter the water resumes churning, or until rimp are bright pink and scallops firm roughout (test by breaking one open).

ull kettle off heat but set close enough o keep warm. Serve fish as it is requested rom the hot water, lifting out with a lotted spoon or strainer spoon. Eat with ork or fingers, dunking fish into small aper cups of melted butter. Shuck hrimp as you go. Makes 8 to 10 servings.

of larger stones, a different kind of stone, or a completely different material.

Although most Japanese prefer to use stones as they are found in nature, in some cases they may shape or smooth them. Cement is rarely used; if mortar is used in setting smaller stones, it is concealed beneath a top layer of soil.

Guests *in Kyoto restaurant garden enjoy walking along stream, crossing bridge, admiring iris, azaleas, maples, other plants*

Larger steppingstones are usually laid across the path, not lengthwise with it. Large stones are logically placed at the intersections of paths, or may occupy an important vantage point—as in the photograph on page 84; after walking up to what appears to be a gate (but really is an immovable baffle), the visitor stands and looks over a magnificent garden. Or a path may end at the engawa (porch) below which there is a substantial *kutsunugi-ishi* (shoe-receiving stone) where one deposits his footwear before entering the house.

One of the more delightful paths shown on these pages is edged with giant bamboo laid lengthwise. To prevent water from entering the stems (culms), the Japanese cut the bamboo next to a joint where the stem is solid. But after the bamboo has been on the ground for two years or so, it begins to deteriorate; it is then replaced with green, newly cut stems.

Several of the photographs here and on preceding pages were taken in restaurant gardens in Kyoto and Tokyo.

The two largest photographs (at right and on page 84) show details in *Kandenan* in Matsue, on the coast of the Sea of Japan. This splendid garden, built in 1790, has been officially designated one of Japan's "important cultural properties."

Informal *path combines natural and cut stone. It winds past azaleas, large rocks (on curve), and on into an intriguing woodland*

Gray stones *set in a lush carpet of refreshing green moss meander along a stream, round a curve into shadowy woodsy area*

Thick stones *remain firm when set deeply and firmly into ground. If mortar is used, it is concealed below the soil surf*

TAISUO ISHIMOTO

The pathway's job is to get you there. But the getting there is also an experience

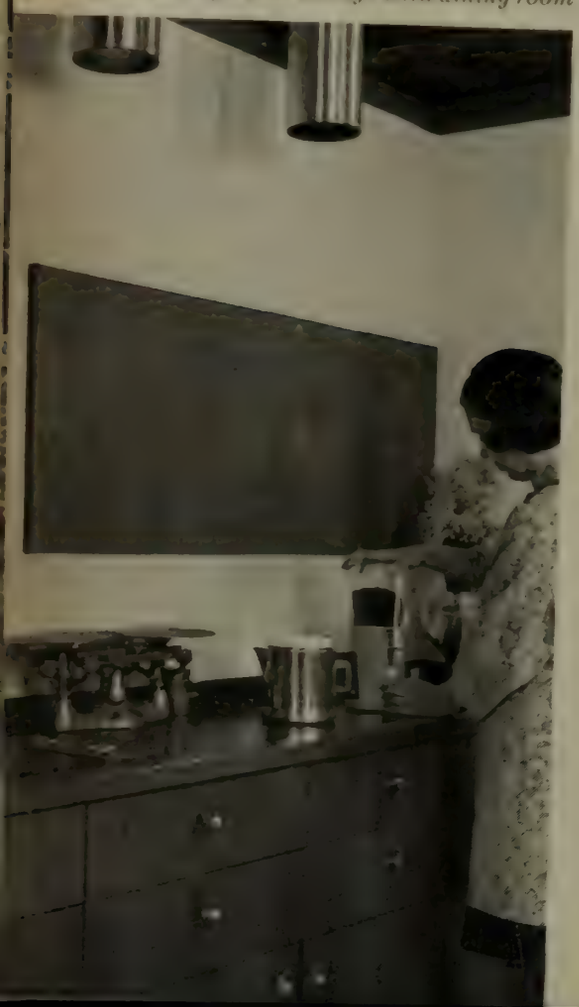
Another *superb example of garden art: offset path of natural stones edged with giant bamboo, beautifully set off in raked gravel.* *Same garden as on page 84*

How two good cooks cook . . . and don't get in each other's way

Theirs is a roomy wall kitchen . . . once a one-car garage

Kitchen, *along 21-foot wall, accommodates two co*

Chores *are done here: Coffee grinder is always out and ready. Wall cabinet shares pass-through dish storage with dining room*



The owners of this kitchen, Mr. and Mrs. Narsai David, part-owners of a restaurant in Berkeley and excellent cooks themselves, chose the one-wall kitchen plan as best suited to their kind of cooking and entertaining. They found the necessary space by converting an unused garage.

With 6 feet of floor space between the main work counter and the opposite counter, they have plenty of room to work around each other. And for the single cook, the standard work triangle between sink, cooktop, and refrigerator is still compact. (Note the relationship between the three on the plan at far right.)

The Davids and architect Hal Gilbert decided on counters of a matte-finish, seamless asbestos in black, with a factory-applied nonporous vinyl coat. The cutouts for the sink, cooktop, and cutting board were also done at the factory.

The owners finished the teak cabinets themselves, using a mixture of an ounce of beeswax to a pint of raw linseed oil, to bring out the browns in the wood inst of the reds. They applied it hot rubbed it in well with a terry cloth tow letting the wood absorb the oil.

The ceiling is an asphalt-impregnated terial usually used as a base for stu the floor is vinyl tile.

Tools and utensils are stored where are most used; the equipment is of fessional quality.

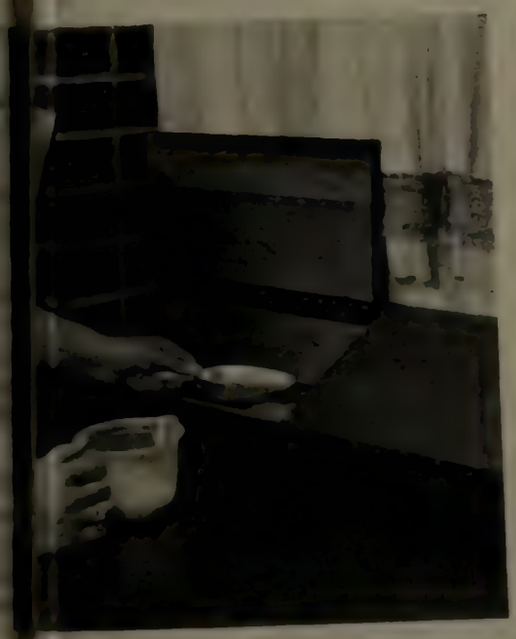
The real hub of the kitchen is around cooktop and the built-in cutting boa The Davids like to entertain with formal dinners. Both can be in the kitch at the last minute, working quickly efficiently in the generous space.

The lighting consists of recessed lights the ceiling at the ends of the beams subdued general light; ceramic socke and bulbs under the upper cabinets lighting the counters; and soffit downligh over the windows and the coffee count

Both ends of the room can open to dec in warm weather.

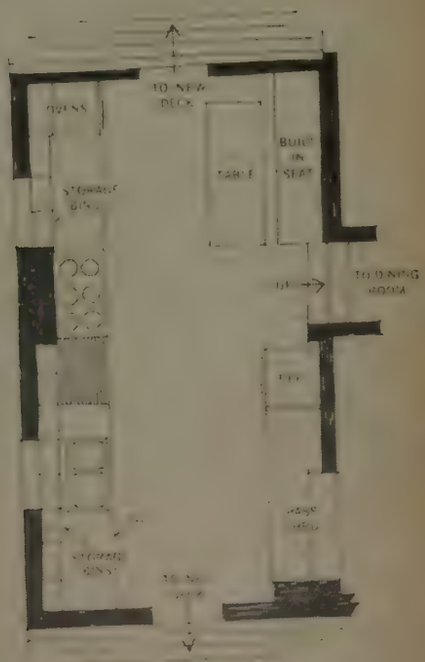
GLENN CHRISTIANSEN

thout their getting in each other's way. Work center is built-in cutting board beside cooktop with spices, herbs on shelves above



Storage bins *with piano-hinged tops, stain-less-steel canisters, line the working wall*

Doors *on canted cabinets swing open, out of the way; close with magnetic catches*



Kitchen, *once a single-car garage, is two steps below house*

Small-scale Indian village, *made of wooden poles set into concrete walls, is a challenge to youngsters' minds as well as muscl*

A community action report from Spokane

The Salish crossed here in 1870 . . . now other Indians have taken over

ors ago this was an uninviting, n, hummocky place where con- dumped dirt from nearby house ns. Now, thanks to concerted ity action, it's come to life as a lay park with an Indian theme.

Trail was the name given this parkland because up to less than d years ago members of the Spo- of Salish Indians often camped ted here. The city drew up a land- lan for it—then funds ran out.

the Spokane-North Rotary Club er the park's development as a project. Nearby residents, as well y teen-age volunteers, quickly in to help clear the site. Club rs designed and built the play nt pictured, using some donated l and raising needed cash through ojects. Total outlay was about

a built-in safety measure in the village: Very young children can through tunnels and under railings, rause their small hands can't grasp ge poles and thick walls, they can't the top of the structures.

lling dirt-dump mounds were left intact. Bicyclists can race over a t strip. A shorter path over low ls is reserved for tricyclists.

pplement the existing ponderosa on the 3½-acre site, garden clubs d 12 paperbark birches (the kind of hat supplied thin bark for Indian s). The city installed a sprinkling n and planted grass around the park eter.

hers at Indian Trail Elementary ol often use park facilities for talks story and art, particularly in a plaza a 10-foot-tall hexagonal column, in ls carved from local clay, commemo- pioneers, missionaries, and Indian s. School students also get practical rience in community responsibility by g turns keeping the park clean.

Trio *of rugged tepees of logs and plywood stands beside ponderosa pines*

Pedaling *over hard-packed earth mounds is popular park activity*

Lookout tower *rises 11 feet. Large spaces between ladder rungs keep tots down*

PAUL WHITFORD

Utility poles? *Not to the soldiers who man the palisades of this make-believe Western fortress*

The Changing Western Home

Aluminum roof that looks like shakes

Most people like the look of a wooden roof, but in the West many of them have to consider fire danger during the dry season.

Some manufacturers have tried to solve this problem with artificial shingles or shakes of asbestos or composition materials that give the rough look of wood but are fire-resistant. A recent introduction is a shake made of aluminum that provides a fireproof surface and is also heat-resistant to a degree, since it does not store the sun's heat. The roofing is lightweight, and comes in white, green, brown, and special-order colors. It is manufactured in long lengths for quick installation, and carries a 20-year guarantee. Your roofing contractor can give you price estimates.

Five features in one for your tub

If you're about to remodel a bathroom or build a new one, you may be interested in a recent introduction by one of the major plumbing firms.

The firm has designed a unit about 6½ by 10 inches that combines water control for tub and shower in one selector knob, and also includes a grab bar, a soap dish, the shower diverter, and the tub spout.

The new unit, complete with a separate shower head, costs about $60. A similar unit suitable for stall showers, with no tub spout, costs about $35.

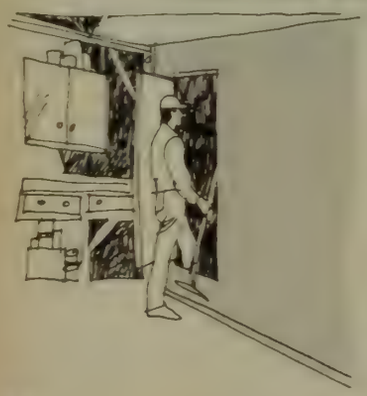
Foam-on wood stains

A new line of wood stains combines two interesting properties. The stains are sold in aerosol cans, but they emerge as thick foam, something like shaving cream, instead of a fine spray.

This makes them easier to apply if you have to work near other objects that might be damaged by floating or badly aimed spray. Then, too, the foam is water-soluble while still wet, so you can clean the equipment and your hands with soap and water.

The stain comes in several wood tones and in avocado and driftwood. An 8-ounce can sells for about $2. For the name of a dealer, send a stamped, addressed return envelope to Building Editor, *Sunset Magazine*, Menlo Park, Calif. 94025.

Small door within a big door



This garage never has a car in it. The owners use it for storing bicycles, for a workshop, for everything but parking. So they cut a small door in the big double one to save effort.

They left a high sill at the bottom of the door as reinforcement, so when they need to raise the main door it won't wobble.

GLENN CHE

Can't find a door you like? Make one

Staves from an old redwood wine tank make up this impre sive entry door. Its age adds to its beauty, but you cou make a similar door from good kiln-dried wood.

Narsai David of Berkeley designed and built the door. He ha the 3 by 8-inch tank staves milled to 2 by 6 planks, then ral beted the edges to receive 3-inch-wide splines of ½-inch ply wood. The splines are secured with white glue. The finishe door is 8 feet high by 3 feet wide, and has the pleasant, so silvery gloss of aging redwood. The sculptured knob is b Martin Metal.

Summer at Incline is something else

olor it green when the snow melts. Spill vely streams down the mountainside, nd splash the meadows with Indian aintbrush. Let lacy birch trees catch the un's eye and scribble their shadows all ver the grass.

This is what happens to Incline in ummer. And it happens on a grand scale. t's a vast, natural amphitheater—on the orth shore of Tahoe.

The Indians called Tahoe the Lake of he Sky. They fished and canoed on it, ust as we do—hiked along the same mountain trails.

Now sailboats grace the lake, and water skis slice its surface. The casino on the akeshore tries to outdazzle the stars, while houses hide among the pines. There are bright umbrellas on the beaches, modern schools in the woods. There's a shopping plaza, a beauty salon, a pet hospital—even a place to bowl.

But along with all this goes a responsibility: to see that whatever man adds to Incline is worthy of what was there to begin with.

There's the Incline Golf Course, for instance. Designed by Robert Trent Jones. It stretches like green velour from the foot of the mountain almost to the shore of the lake, under and around great clusters of pine. *Holiday Magazine* has called it one of the most interesting resort courses in the country.

Then there's Ski Incline, known from Aspen to Zermatt for runs meticulously groomed and smoothed, soaring high above Lake Tahoe.

Incline is a whole prism of brights and shadows, vigor and repose, wilderness and sophistication.

Every hour of every season, Incline is something else.

INCLINE

here are homesites available at Incline, in the woods or on hillsides with sweeping views of the lake, from $8,500 to $36,000. Bring the family up to see Incline. r send for our new color brochure. Incline Village, Inc., Suite 700, Palo Alto Office Center, Palo Alto, Calif. 94301. A member of the Boise Cascade Family.

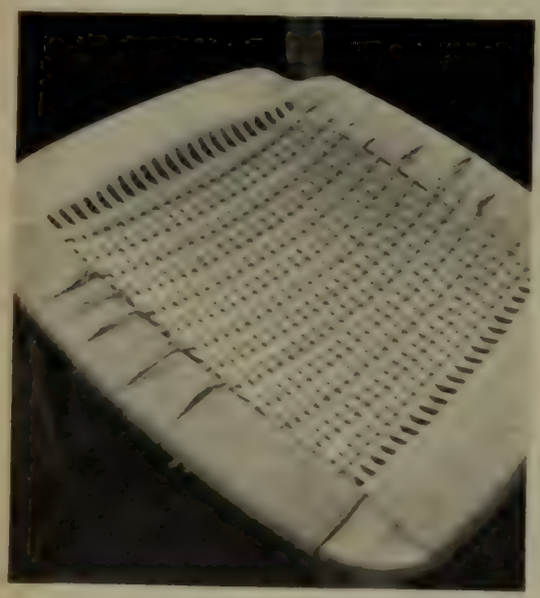
A simple way to cane chair seats

Many straight-backed chairs that are popular today have woven cord or woven fiber seats like those shown in the photograph below. The frames of these chairs are usually well constructed, but their woven seats tend to sag to an uncomfortable level after about one year's use and then the cords often break.

If you have such chairs, you can renew and greatly improve the seats if you cane them by the method we show here. This caning is inexpensive (about $2.50 a chair), gives a handsome chair seat, and is much more durable than the original cord.

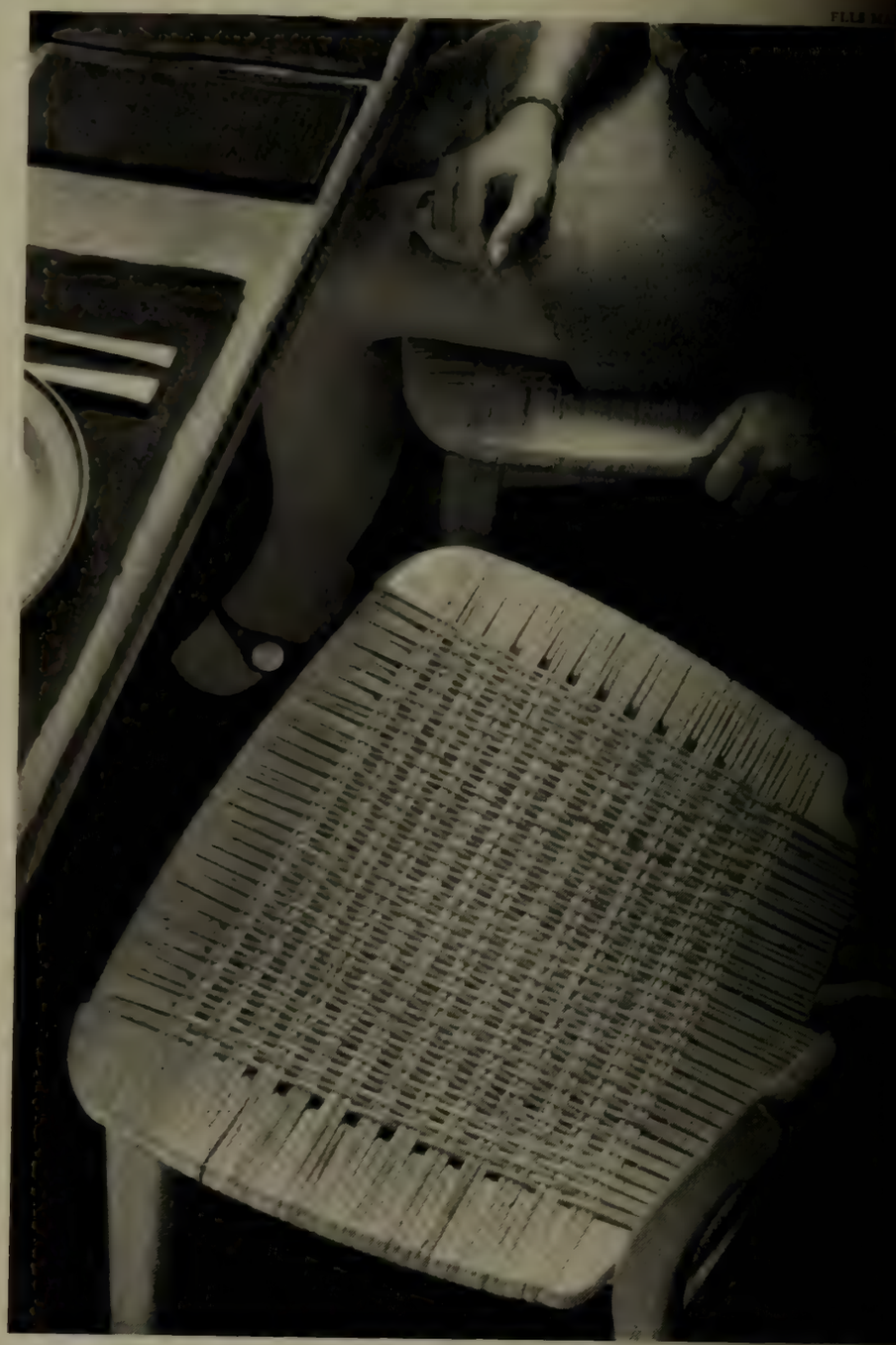
Most chair-seat caning is a complicated procedure of weaving fine cane through holes in the seat frames, but this method is far simpler. It's called an "over-and-under on three" and is basically just a matter of wrapping caning around the chair seat across its width and the basket-weaving it from front to b This weaving easily adjusts to fit seats that are wider at the front tha the back. We found that an inexperie person could weave a chair seat easil 2 to 3 hours' time.

What you use is called cane, rattan peel wrapping. It's a fairly heavy ca material, approximately ¼ inch wide



This sturdy wooden chair *has an intricate woven-cord seat that has sagged and is worn*

The same chair *is being renewed with caning. The cane, when wet, is pliable, easy to weave*



Simple design *of caned seat is compatible with modern furniture. When weavi you can adjust to odd chair shapes. Caning doesn't sag or stain easily, wears w*

New Evinrude "85"
THE "SLEEPER"

Nothing in its power class is in its performance class.

s new Evinrude "85" is a lot more g.ne than anybody expected an "85" uld be.

tact, it does so many things that gines in the 80-90 hp class normally n't do, it's hard to describe this new sy-going V-4 without seeming to er-rate it.

ke thrust, for example. The "85" was signed to plane heavy loads and big fshore boats; to pull kites and slalom ders and snatch gangs of skiers out of eep water. We didn't require that it e able to hold its own with a 120 hp stern drive. But it does it with ease. And it's as quick as it is strong.

More important than the things this new Evinrude "85" can do is the way it does them. Easily. Effortlessly. Efficiently. On an absolute minimum of fuel. It has the rare ability to do hard work without working hard. The kind of engine that keeps its youth a long, long time.

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It has everything except size. Its powerhood is just two-thirds the size of last year's "85". And it's no higher in the motorwell than a competitor's "65".

Another low-down Evinrude engineering trick.

See your nearest Evinrude dealer.
Or write for catalog and price list. Evinrude Motors, 4016 N. 27th St., Milwaukee, Wis. 53216

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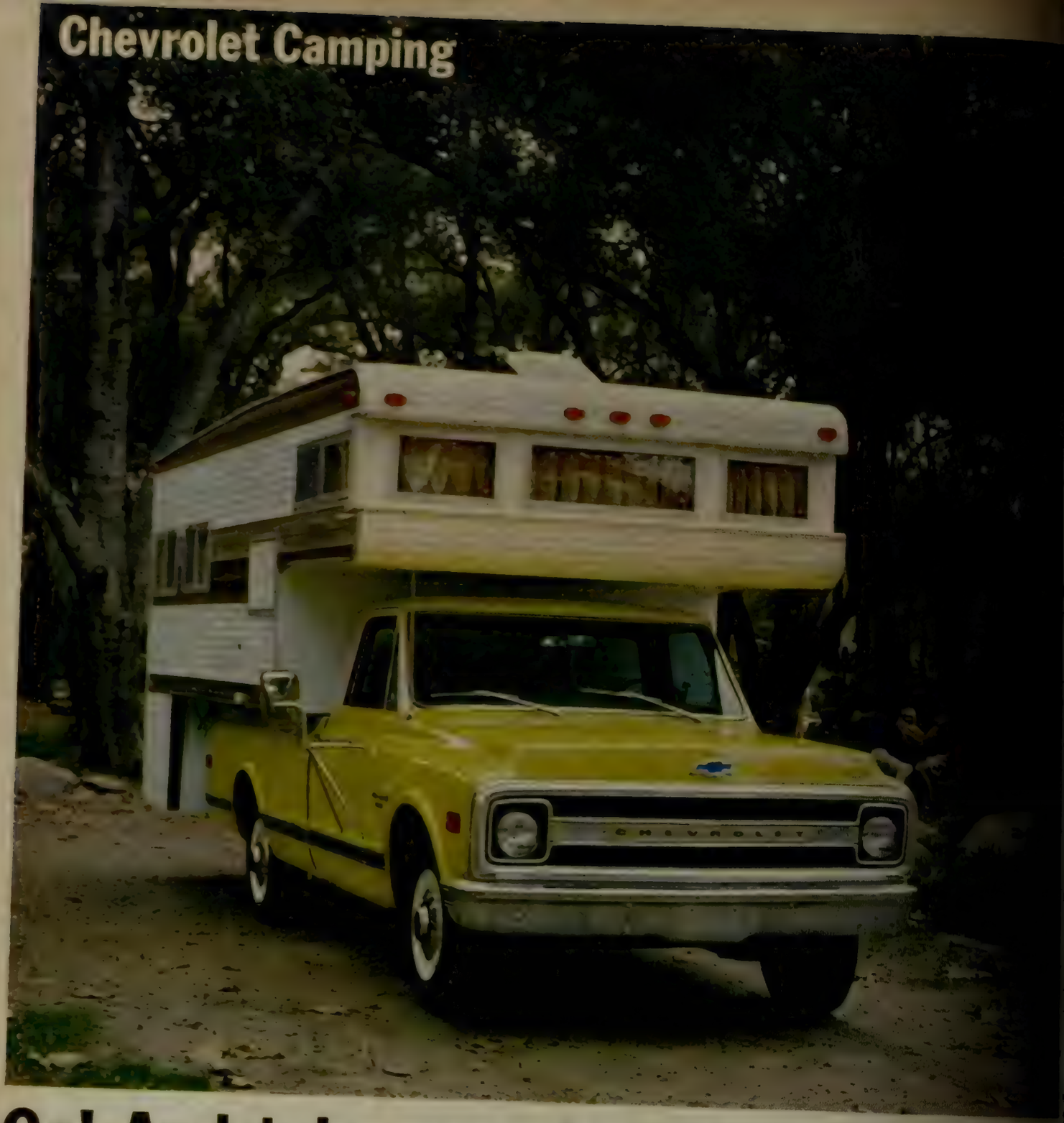


Go! And take your luxuries with you.

There's no need to live on the wild side when you visit the wildlife. Not with Chevy pickups. They're built to tote just about every luxury-equipped camper made.

Take Chevy's new Longhorn. It's built for large campers. Even 12-footers! The secret lies in its big 8½-ft. box and long 133-in. wheelbase. Result: Better balance. Easy handling.

Chevy pickups offer many more things for more enjoyable camping. Things like: a carpet-smooth independent front suspension. Thick-cushioned foam seats. Economical Six and V8 power. And extras that run the gamut from power steering to a dash-mounted compass.

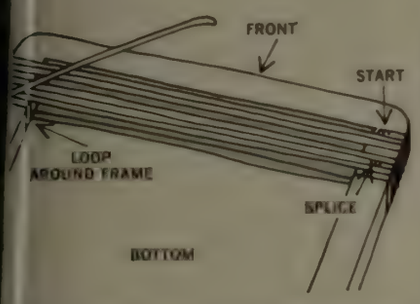
Your Chevrolet dealer can supply you with all the details. So go see him. And take your luxury-minded wife along. . . . Chevrolet Division of General Motors, Detroit, Michigan.

CHEVROLET

Sports-Recreation Department

rounded on one (the bark) side. It a 6 to 10-foot lengths in hanks or t cost about $4.75 each. One hank s enough cane to make two chair the size shown. If you do not find ne available at local upholstery rite to the Crafts Editor, *Sunset n*, for a source; enclose a stamped, ed return envelope.

e the seat from the chair, if pos- for ease of handling (most are l on from underneath). Cut off old or fiber, and pull out tacks. If the needs refinishing, do that first.



nds of strips down on the underside seat, cutting off any excess lengths

eave the new seat, first soak a hank ning in water at least two hours to it pliable. Then, removing from the only one wet length of cane at a start wrapping it across the width chair seat, as shown, in groups of with an extra loop around each side o separate the groups. This leaves a or space for your final crossweaving. small ¼-inch, No. 2 tacks to secure of the caning on the underside.

n the crosswise wrapping is com- d, start at one side and weave from front to the back of the chair seat, g under a group of three and over the in basketweave fashion. If the seat is er at the front than at the back, make xtra turn around the front side of the frame after every three weaving nds, as on the crosswise caning, until strands are at right angles to the t, and then repeat these extra turns he same places when you do the sec- half of the seat. Keep your weaving form on the top side (move the cane ut with a screwdriver); weave it any ich way on the underside.

ll your caning fairly tight as you weave l tack it down here and there. If you ave only part of a chair seat one day, k the completed part with a wet towel fore starting again, so it will be pliable. e wet cane is pliable enough to weave d stretch but not so limp that it needs needle or probe to handle.

hen you complete a chair seat, it will ok rather saggy and dull, but after it has ied out overnight it will be glistening d tight as a drum. You can leave the ning natural, or when it's thoroughly y give it a coating of varnish.

Unhampered Elegance

Here's a new touch of elegance for your bath—or for other rooms in your home! New Madera hamper, of classic Mediterranean design, has the appearance and appeal of highly finished fine furniture. Hard to distinguish from genuine hardwood, it adds style and elegance to any room. Also makes an inexpensive nightstand, hall credenza, or telephone table! Matching Madera wastebasket has all-round-the-home usefulness. In Fruitwood, Antique Green, Parchment, Gold Leaf—plus Slate Lid model in Fruitwood. At leading department store bath shops.

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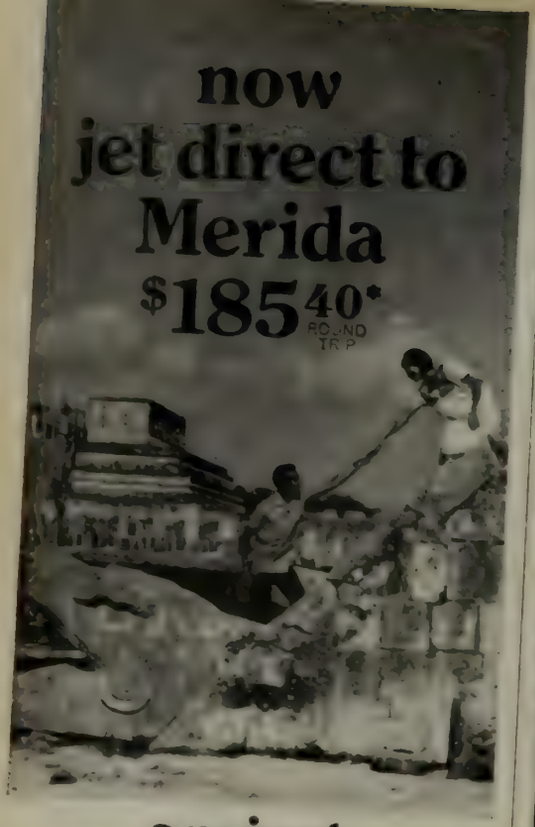

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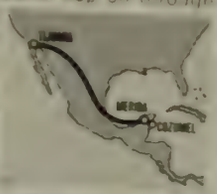

*20-day excursion fare

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Three bubble lights *hang from tree limbs to mark the driveway and show you the* [illegible] *up to the house. The plastic globes are in three sizes—24, 16, and 14 inches in diam*[illegible]

To find the house entry

When you're driving around at night searching for a house address on a dark, wooded, suburban street you welcome almost any kind of identifying marker—especially a street number you can see. Landscape architect Jack Buktenica was confronted with this problem when he designed the Allen Mink garden in Sherman Oaks, California. You can't see the house from the street, and it was difficult to spot the driveway day or night.

Now a mailbox in a light-colored, decorative frame boldly displays the street number and marks the drive entrance. And three moonlike plastic globes dramatically light the driveway and trees. They're so attractive, in fact, that when neighbors entertain they frequently ask the Minks to turn on the lights to lend a festive air to the street.

The downhill edge of the drive is lined with metal louver lights.

Black metal mailbox *with bold white* [illegible] *merals. Frame is 2 by 2's and 1 by* [illegible]

I am an architect.
This is my home.
I built it of redwood.

We asked 1,000 architects to help you decide how to build. 3 out of 4 built their own homes of redwood. Is that any help?

Home of Architect Hugh A. Stubbins, Jr., Cambridge, Mass.

For a booklet on redwood siding or redwood exterior finishes, write Department HS, California Redwood Association, 617 Montgomery St., San Francisco, California 94111.

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If you want to set the scene for romance, here's how to stage i

Wander, here, through the dreaming hush of a forgotten sound stage where Rudolph Valentino once fashioned every woman's ideal of romance. Where posters echo the names and memories of great love stories of the West.

And see how beautifully we've plotted great romantic looks for your own personal stage: your home. Here we've shown some of the outstanding looks from the latest Sunset Scene Collection. The newest ideas from the West's leading furniture designers. Elegant in style. Superb in quality. Yet, so easily affordable. And findable in fine furniture stores. But . . . read on . . . and plan your own romantic scene . . .

Chairs and Sofas by Kroehler: (Left) Decorator chairs in olive shadow velvet fabric with Scotchgard® protection. Each, **$169.00** (Center) Almost 8-foot-long sofa in floral tapestry, protectively Scotchgarded®. Carved wood sides, **$399.00** (Right) Loose pillow back sofa, over 7 feet long, boasts a carved wood post accent. Cut velvet in avocado tones, Scotchgarded®. **$399.00**

Dining Furniture by Virtue: (Left) From the "Smartsets" collection—the look of Cordova Oak. Tabletop is Micalite® Chairbacks are moulded plastic. Gold antique nylon velvet upholstery by Enka. 7-pc. set, **$259.95** Buffet/china in wood with carved plastic trim, **$259.95** (Center, rear) Rich Cordova Oak finish. Micalite® tabletop; moulded plastic chairbacks. Avocado Lucia vinyl upholstery by Masland Duran. 5-pc. set, $169.95.

Accessories by Syroco: (Left to right) Wall sconces in Granada Iron finish. Pair, **$12.00** Lavabo set of urn and planter, Granada Iron finish. **$35.00** Graduated planters in Granada Iron finish. Small, **$7.00,** Medium, **$11.00,** Large, **$15.00.** Classical figurines, framed in Saxon Gold. Pair, **$15.00.** 1 century French design in Saxon Gold finish. Wall mirror, **$50.00** Console ta **$40.00** Cordless wall clock, Saxon Go finish, **$50.00** Wall mirror in Antique Metalgold finish, **$50.00** Octagonal cordless wall clock, Antique Oak 'n G finish, **$40.00** 5-arm candle sconce in Saxon Gold finish, **$40.00**

Lamps by Sunset Lamps: (Left) Chandelier in black, lemon, melon, an or pumpkin finish with matching bead **$74.95** (Center) High-fired ceramic tab lamp in olive goldstone or yellow goldstone, **$74.95** (Left of sofa) Chandelier of high-fired ceramic in Ol

orld/Gold finish, with amber glass serts, $99.95 (Right of sofa) Matching way lamp with interior light in base, 44.95 (Above sofa) Hanging lamp in ission Gold finish metal with blue-and-een or light-and-dark amber glass. 39.95 (Far right) Hanging lamp in harcoal finish metal with art glass. vailable in 10 colors. $79.95

Tables by Bauman/Weitz: (Left center) rom the "San Marino" collection, in elected hickory veneers, hand-rubbed o a butternut finish. Brass pull accents. Hexagonal Commode, $79.95; Coffee Table, $119.95; Rectangular Commode, 79.95. (Center rear) Library Stax in hand-crafted wrought iron with glass helves, $99.95 (Right Center) From he "Corsican" collection, in selected hand-rubbed oak veneers. Hexagonal Commode, $129.95; Cocktail Table, $199.95; Square Commode, $129.95.

Bedroom Set by Los Angeles Period Furniture: "Spanish Heritage" features Pecan veneers and selected hardwoods with a fruitwood finish. All drawers are dovetailed and center guided. Plate glass mirror is triple coated. 9-drawer dresser base, $199.95; Cheval mirror, $49.95; 5-drawer chest, $159.95; Door commode, $69.95; 61" panel headboard, $64.95.

Carpets by Hollytex: (Left) "Festival" is a blend of 6 colors in 2"-deep shag pile of filament nylon. Shown, bronze tones. Also available in 12 color combinations. Sq. yard, $9.95 (Center) "Westwind," textured shag of Fortrel® Polyester. Shown in Celadon; also available in 10 solids, 10 tweed color combinations. Sq. yard, $8.50 (Right) "Caprice" of Fortrel® Polyester in long pile shag. Shown, Matador Red. Also available in 14 tweeds and 13 solid colors. Sq. yard, $9.95.

This is far from all of The Sunset Scene Collection. To see it all, turn the page and find the name of the furniture store nearest you. Then go there . . . and see how romantic things get, when

Love Makes The Sunset Scene

For the names of stores carrying these items, and all of the home furnishings in the Sunset Scene Collection, see the next page.

Here's where Love Makes The Sunset Scene

There's more to The Sunset Scene than meets the eye on these pages. We've been able to show only part of it. There's more. Much more. A dazzling diversity of colors and styles and designs: all with the look of love, the feel of romance.

Don't expect to find these newest of home furnishings ideas in just any store. They're only in the better stores of the West. The stores you've come to know and enjoy. Whose judgment you respect. There's one near you. Ready to take you through the love and loveliness of this newest Sunset Scene Collection:

CALIFORNIA

Campbell
Breuner's, 525 E. Hamilton Avenue

Chico
McMahan's, 2418 Cohasset Road

Eureka
McMahan's, 5th & G Streets

Fresno
Josephine Furniture, 922 Van Ness Ave.

Modesto
J. S. West & Co., 820 H Street

Oakland
Breuner's, 2201 Broadway

Redding
McMahan's, 1643 Market Street

Richmond
Breuner's, 322 Tenth Street

Sacramento
Breuner's (two locations)
6th & K Streets
Wayside North, 5400 Date Avenue

San Carlos
Breuner's, 1133 Industrial Road

San Francisco
Breuner's, 571 Sutter Street

Santa Cruz
Haber's, 812 Pacific Avenue

Santa Rosa
Stone Furniture, 625 Fifth Street

Stockton
Breuner's, 7676 Pacific Avenue

Vallejo
Breuner's, 100 Admiral Callaghan Lane

Yuba City
McMahan's, 830 Colusa Avenue

NEVADA

Reno
McMahan's, 401 East Plumb Lane

Names, addresses *clearly marked. Container plants hampered delivery so were remov*

Neighborhood gets a new entry

After a disastrous fire that devastated the Lemon Heights area above Tustin, California, the residents of Terry Lynn Lane decided that one of the rebuilding projects should be better identification of their private drive and some organization of their mailboxes.

The architectural firm of Dan L. Rowland, A.I.A., and Associates came up with the scheme you see here. The sign quickly identifies the drive and the names and addresses of those living along it, and the mailboxes are arranged for easy access. The slump block wall is decorative and also serves as a barrier between the drive and roadside drainage swales.

A cooperative project such as this has several practical features. Fire and police agencies can serve you best when streets and lanes (particularly private drives) and house numbers are clearly marked. Guests, too, will appreciate such a guide. Consolidating several mailboxes into one well designed structure reduces the roadside mailbox clutter so prevalent along many rural delivery routes. It also increases delivery efficiency.

Your post office can supply you with the basic requirements for a mailbox installation. Route rules differ somewhat dep ing on whether your mail is delivered foot or from a vehicle. Many commun encourage homeowners to improve the sign of mailboxes, and postal officials in accord as long as the design or locat doesn't make delivery more difficult.

Slump block, *used vertically with rand top line, forms handsome entry to d*

Kohler presents the rebirth f the blues.

The bath goes bold with New Orleans Blue! A new Kohler color, pure as the note from a blues cornet. New Orleans Blue joins the other Kohler blues: Cerulean, a delicate pastel . . . and Blueberry, a deep accent. It's the rebirth of the blues. Bold shapes, too! The Caribbean, a big (6-foot) luxury tub that installs anywhere: island or peninsula . . . in a corner . . . sunken. Do anything to its exterior. Brick . . . laminates, paneling . . . bring carpeting up the sides. Safety features? Grip-rails and Safeguard® bottom. For a quick-change artist, there's the Lady Fair, too. A shampoo center, baby bath, and lavatory basin for every member of the family . . . with hose-spray and swing-away spout. Send 25¢ to Kohler Co., Kohler, Wisconsin 53044 for more on New Orleans Blue. It's bold, bright, anything but ho-hum. One of Kohler's happy blues.

THE BOLD LOOK OF KOHLER

Kohler Co., Kohler, Wisconsin

Melt wax *in can over water-bath on camp stove while everyone is making his mold*

Wrap waxed wick *around wooden dowel; rest over top of mold; pour wax into mold*

GLENN CHRISTI

After wax *has completely cooled, you gently lift the candle out of the*

Gracing *a picnic table, candles cast in beach sand are textured and rough looking*

DARROW M. W

Candle-making at the beach

With these candles, poured into sand molds at the beach, the fun you have making them is more important than the end results.

You should bring a camping stove, an old pan and a coffee can for melting the wax, paraffin, crayons for color, wicking, something to stir the wax, a pot holder, and perhaps a few utensils to create the sand molds—a custard cup, a small tin can, or a spoon. Unless the sand at the beach is quite fine, it won't hold very detailed shapes, but the most interesting ones anyway are those you make with your hands.

If you heat the wax to at least 250°, the sand and wax will make a better bond. The can must be put directly over the flame; the temperature can be measured on an old candy thermometer. The candle at the top and the one at the bottom of the photograph were done this way, but the center candle was made with wax melted over a water bath.

The sand must be quite moist—and you might note that it's best to work on an outgoing tide. Make a depression in the sand for any overflow, and then form your mold in the depression. Set the wick and then pour the hot wax rapidly into the mold. The extremely hot wax sizzles as it's poured in.

Let the candle cool completely, perhaps 2 hours or more, depending on its size; then gently remove. Let it dry thoroughly before brushing off the excess sand.

Morning walk at The Sea Ranch. Photograph by Ernest Braun.

ve love the sea, this is the ac for your second home

e Sea Ranch

n the Sonoma Coast

e on the edge of a great ocean is i with excitement. And here at a ea Ranch—just two and a half from San Francisco—you can e one of the most exciting asts in the world.

on a bluff and you may see s churning their way south, black rolling in the huge breakers , cormorants diving for fish, or ing boat fighting heavy swells t at sea.

acific—endlessly changing—nates the scene at The Sea Ranch. es a dramatic dimension to life as it has since before Cabrillo d this coast. And it provides ational opportunities you won't n any other development.

home here, for example, is just s away from good surf fishing, abalone hunting and spear fishing, as well as beachcombing, surfwading and picnicking.

. . . And some of the greatest scenery that ever inspired an artist or photographer is right outside your door.

To make sure this scenery will stay as beautiful as it is, The Sea Ranch master plan groups homesites in clusters, leaves great stretches of meadows, forest and beaches in their natural state. This enlightened plan, which conserves the land, also protects sea views and gives every Sea Ranch resident free and equal access to the shore.

Whether you choose your homesite in the meadows near the ocean or in The Sea Ranch Forest above, the sea is yours to enjoy here—from sunrise to sunset, in all the years ahead.

If you have always wanted a home by the sea, this is the time to make that dream come true. Send the coupon now for more details.

The Sea Ranch
P.O. Box 1
The Sea Ranch, California 95445
(San Francisco telephone: 415/434-3111)

Please furnish me more information on The Sea Ranch, without obligation.

Name

Address

City State Zip

SS-5

a Ranch is owned and developed by Oceanic Properties, Inc., a subsidiary of Castle & Cooke, Inc.

Razzle Dazzling!

The Kleenex® Boutique Collection

The Kleenex Boutique Collection is in . . . and tissues have never been so glorious. Full-size tissues shockful of color. Splashful of scent. Stashed in name-dropping mini boxes. Four pow! pow! pow-erful ways to glow. Hot Pink. Bold Gold. True Blue. Avocado Green. With bathroom tissue to mix or match.

NEW PRODUCTS FROM KIMBERLY-CLARK

ELLS MARUGG

unted *on rear of a garden cart, rack ps small tools handy and ready to use*

Tool rack for a garden cart

r the weekend care of his garden, W. A. hnston of Yuba City, California, uses merous small tools continually—too any to carry around in his pockets.

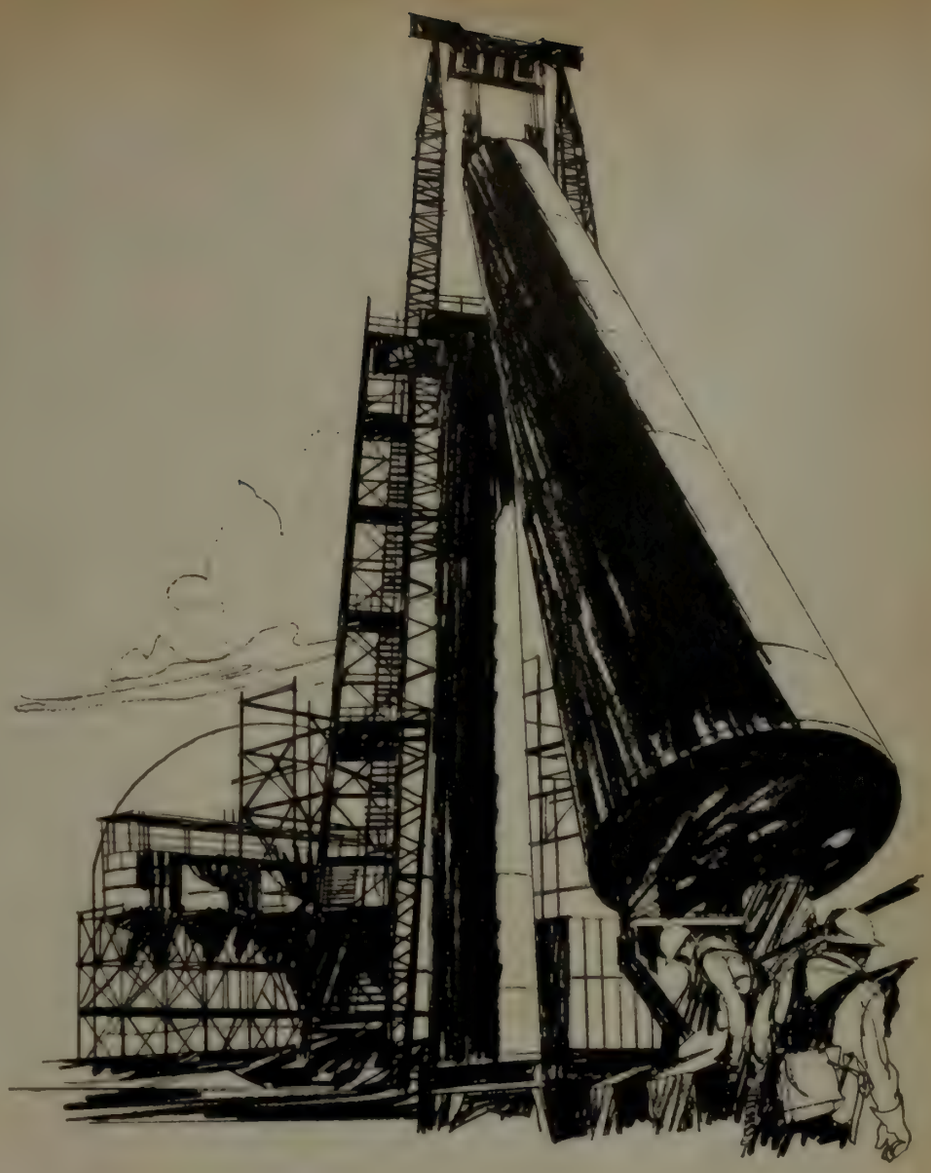
he devised a simple tool rack for the k of a garden cart. He liked it and ld us about it. We made one and tried in our Menlo Park gardens. The rack very handy; it keeps often-used tools ithin reach, yet none fall off, even when u are dumping the cart.

he rack is a lightweight piece of 1 by 8 ine board, cut to fit the width of the rt. It is secured to the back of the cart y four $^{3}/_{16}$-inch stove bolts. The wide oard accommodates a good variety of ols and helps prevent their rattling gainst metal as the cart is moved. But ou could use a narrow rack (such as a 1 y 2) instead, particularly on a cart with onsiderable slant on the rear. Or you ould attach a similar rack to the back f a garden wheelbarrow.

To hold the tools, you'll find various ooks and clips at hardware stores that an simply be screwed to the board. Take our tools along when you shop so you an tell which devices will work best.

On the rack in the photograph are, from left to right, pruning shears, a roll of plant-tie tape and hose washers, a putty knife, a dandelion weeder, a hand trowel, and a hand cultivator. The putty knife may seem out of place, but actually it's a very handy tool for scraping earth off other tools, cutting bedding plants out of flats, and digging out weeds between bricks in walks.

Here, the pruning shears, tape, washers, and putty knife are hung on large L-shaped brass hooks. The dandelion weeder and hand trowel are held by spring tool clips, and the hand cultivator is hung on two galvanized screw eyes.



Tomorrow's "wonder" industries are being built right now

...and investment firms, such as Dean Witter & Co., are helping provide the financial muscle to make them a reality.

All the way from the ocean floor to outer space, new technology is changing the world we live in, creating new jobs and opportunities. This growth often depends on the sale of corporate securities. And this is an area where Dean Witter can offer extensive experience. Last year, Dean Witter acted as manager, co-manager, or major participant in 347 corporate underwritings amounting to close to $500,000,000 in new capital. This is just one more reason why we say...

You're close to men who know when you invest with...

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Wind screen *keeps unwelcomed pets or children out of pool area when they can't be supervised; creates sun pocket near house*

ELLS MARUGG

It stops the wind . . . stops pets and children . . . lets in the view

Screen section *moves on heavy-duty sliding door hardware, the same type that's used for barn and garage doors*

This wind screen not only fences off the pool area from young children, but forms a protective patio windbreak.

During early spring and late fall, the protected area close to the house can be used well into the evening. Architect Harold Bakke angled the screen to create pleasant alcoves on either side for furniture groupings or container plants.

Redwood 2 by 4's form the framework for large panels of glass. Two large sections of the screen slide open (the other section that opens is just out of the picture, above, to the left). The simple locking device is well out of the reach of children.

The owners are Dr. and Mrs. Jon C. Thorson, Los Altos, California.

To lock *panel section, large bent nail on chain slips into hole in frame, prevents door hanger from sliding along track*

Look—
even clean water
lets spots form.

But Cascade
in your dishwasher gets
dishes amazingly spotless.

Don't settle for ugly water spots with dessert.

Discover the Cascade look of spotlessness.

Only Cascade has **Chlorosheen.** And Cascade—the best dishwasher detergent you can buy—makes water flow off dishes in clear sheets. Result? Drops that spot don't form. Dishes dry wonderfully free from ugly spots or streaks. Try Cascade, and prove to yourself it's unbeatable.

Cascade eliminates drops that spot.

You've spent your last night in crowded campsites! Put this new 'Jeep' Camper on any CJ-5 Universal with V-6 engine. It's a full-fledged family camper. Notice how smoothly you cruise the highway. You'll be impressed by its stability, and the comfortable way the whole rig rides and handles.

Then get as far away from traffic and crowds as 'Jeep' 4-wheel drive will take you...and that's a long way! Climb a mountain with V-6 power. Maneuver easily around the rough spots.

Detaching the camper is a cinch, even in the field. Unbuckle the stabilizer struts and tie-downs. Loosen one single bolt. Raise the camper with a pair of built-in jacks.

The great 'Jeep' escape.

New family camper for your 'Jeep' Universal.

Now, drive your Universal away. Self-centering pins make attaching easy.

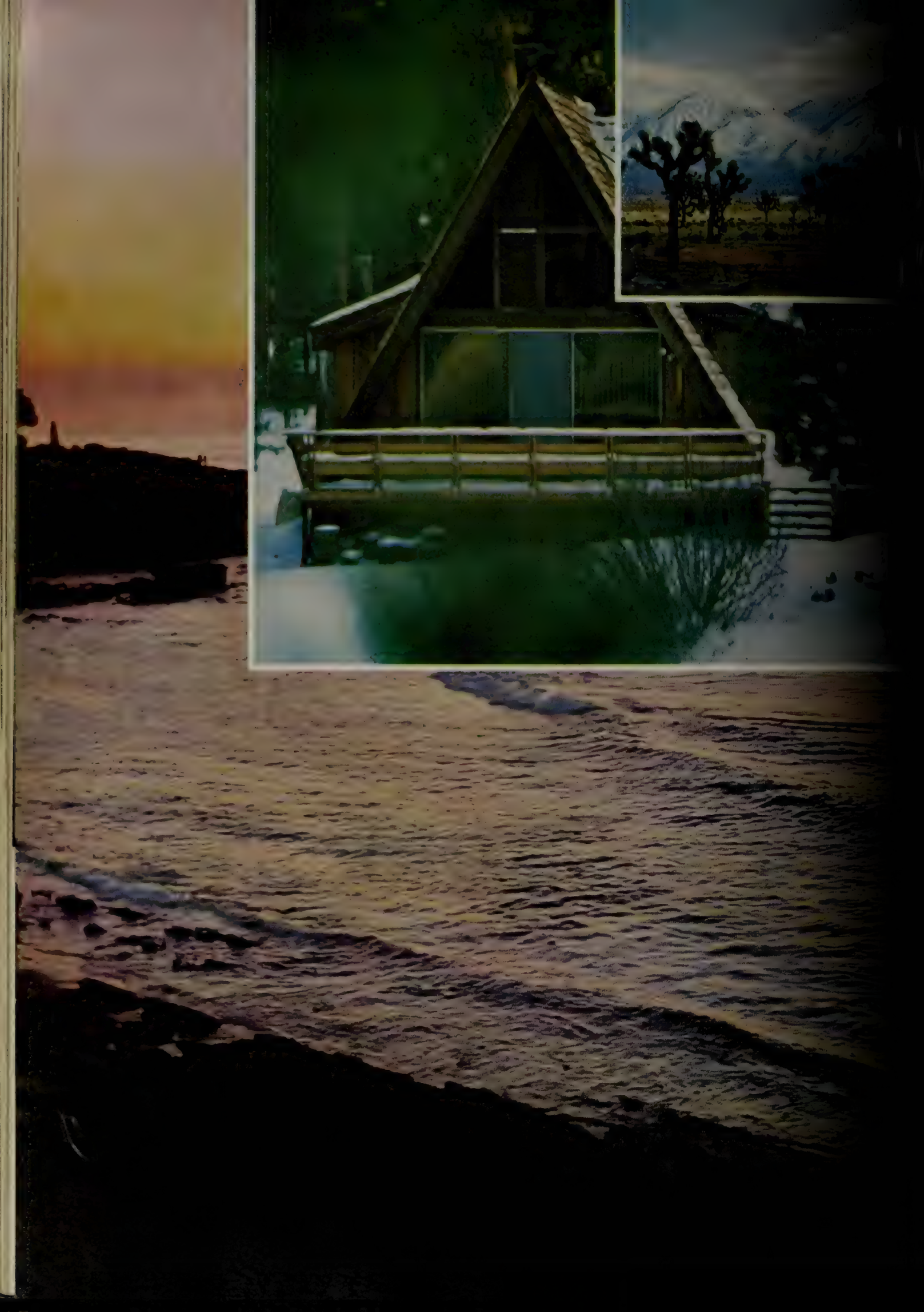
Back in the boondocks, park your camper and cut loose! You can literally "take it or leave it." Go hunting, fishing, just plain exploring in your 'Jeep' Universal. Really live the outdoors... don't just look at it!

Inside, it's like a small yacht on wheels. Sleeps 4. All the features and floor space of a family camper... kitchen, running water, toilet, icebox, heating system, etc. Designer colors.

Away from the camper, you'll see why your Universal is so "universal." Go shopping for provisions. Tackle any job. Hit the beach. Truly one of the 'Jeep' 2-Car Cars. Equipment like winches, etc. available. See your 'Jeep' dealer. You've got to drive it to believe it.

'Jeep'. The 2-Car Cars.

KAISER Jeep CORPORATION



you've got the lot, we'll finance the fun.

Why wait?

Go ahead and build that little place on the beach, that hideaway in the desert, that ski cabin in the high country.

A Bank of America vacation home loan can help you do it. Terms are uncomplicated.

If you've got a lot, stop in to any of our branches and get the details. Then build that vacation home and get away to it all.

BANK OF AMERICA

for the business of living

RECOMMENDED BY Sunset FOR WESTERN FAMILIES

WHAT THIS SEAL MEANS TO YOU

We think it's fair to say that *Sunset* is more careful about the advertising it accepts than most — if not all — other media in the country.

Before accepting an advertisement for publication, we satisfy ourselves that the prospective advertiser is a responsible company and that its products belong in a family magazine of Western living. We strive to make sure that all claims for products are honestly presented in every advertisement.

So when we recommend them to you, we mean that if in normal use any product carrying the *Sunset Magazine* Recommended Seal is proven defective or not as advertised in *Sunset*, we will replace it or refund the purchase price, if the advertiser for any reason does not do so.

We basically rely, as you do, on the integrity of the advertiser and his responsibility for statements about his product. To this we add our own offer of refund or replacement on those products which earn this Seal. This continues a *Sunset* policy of over 30 years standing, formalized by the Seal above.

We are proud of those companies who do advertise in *Sunset*. Collectively, their goods and services form an association with the helpful information prepared by our editorial staff. Editors are concerned with planning, executing, and seeing that you enjoy a recipe, a trip, family living, etc., and our advertisers furnish the essential products that are needed to fulfill these projects. In the pursuit of our dedicated policy on advertising acceptance, you should know that we refuse to accept advertising that does not complement our editorial service areas . . . liquor, tobacco, etc. . . . and all advertising that does not meet criteria of good taste and appropriateness for family reading.

You will be seeing the above Recommended Seal with greater frequency in the future, and we hope you will buy with increased confidence because of it.

Bill Lane

President and Publisher

Convenient *for both postman and mailbox also serves as base for sc*

Mailbox is a sculpture base

This oversized mailbox, placed fo venience at the left of the front serves two purposes: It receives and the owner's incoming mail, and it w designed to be a base for sculptur walnut woodcarving it supports wa by Portland artist Don Wilson.

The box measures 24 inches hig inches wide, 10½ inches deep. structed of ½-inch exterior plywo is fastened to the wall with four lag s The box is painted ivory to contras the dark gray-green house.

The roof of the box, which overhar inch on three sides, is of 2-inch w stained slightly darker than the n walnut wood carving. The sculpt firmly attached with lag screws t box. At night a 4-foot-long fluore light tube, hidden from view beh 2 by 8-inch beam, illuminates the door, house numbers, and mailbox.

Shrubs were planted in the ground below the porch so they would gro through openings between the porch house. Broad-leafed evergreen *Ma bealei,* with its plumes of waxen l grows directly under the mailbox. shrub survives with little light and most luxuriantly when provided w protected site such as this.

Since the porch is roofed, the owners to give the surrounding plants extra throughout the year.

Plants in tubs or pots can be cha according to their seasonal value, to light the front entrance. The potted s in our photograph is a yew seedling. L scape designer was R. W. Painter.

The Faulkners chose Seabright in Spanish Poppy, a tweed carpet with pile of 100% Bigelow approved acrylic Acrilan®, available in 12 other colors.

lrold Faulkner is a rising ung personnel director. come: $10,500 a year. ra Faulkner selected beautiful new Bigelow. ght from the start.

It was a smart choice. Bargain carpets looked good and their prices were attractive, but what about next year? Would their beauty fade?

Mrs. Faulkner didn't want to take a chance. She wanted a carpet that would last. A carpet she could live happily with ever after.

She found that each Bigelow carpet is inspected from yarn to finished carpet. And inspected every tuft of the way. She learned that we make our own yarns and dye them ourselves. Soon it was clear she could treat a beautiful Bigelow like one of the family.

Mrs. Faulkner paid a little more for her Bigelow than she would have for bargain carpet (her dealer arranged easy terms) but she bought with confidence. And now she knows why Bigelow is the number one name in carpet... right from the start.

For free decorating booklet, "Great Beginnings", write to Dept. 26, Bigelow, 140 Madison Ave., New York, N.Y. 10016.

Please include zip code with address.

Right from the start people who know buy **Bigelow**

Since 1825 – America's most experienced carpetmaker.

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ber by
anto

NELSON/ZULLERS

Trash can enclosure *keeps receptacles off curb and hidden from view on pickup day*

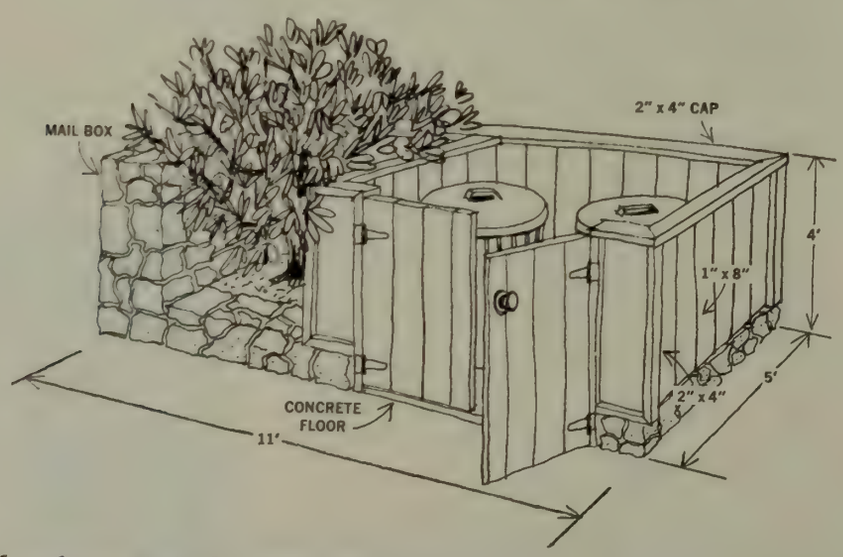
Streetside enclosure for trash

In many communities the only way to get the trash picked up is to haul it out to the street the night before or first thing in the morning on pickup day. A fact of life in much of suburbia, this nevertheless doesn't do much for the appearance of the street, and you always run the risk of having the receptacles overturned by dogs out on the prowl.

Architect Haydn H. Phillips solved the problem for the James Richmonds of Honolulu with this trash can enclosure. It's close enough to the curb so the trash removal service will pick it up, but hidden from the street by plants and a lava rock wall, and from the driveway by double wood gates.

Such a structure could also function as a place to keep a garden hose reel, either the wall-mounted or the rollaround kind, so that you simply wind up the hose after washing the car or watering the front garden. It's a good place, too, to store nursery plants and supplies delivered during the week. If there is room for a narrow, horizontal cabinet, you could also store a rake, hose, push broom, or other tools you use for front garden maintenance, using metal broom clamps to hold them in place on the cabinet wall.

However, before you decide on a front garden trash enclosure, be sure to check with your building department to see if there are any code restrictions. Also make sure your trash pickup company will empty cans left inside it.



Floor of enclosure *could be paved with concrete, brick, tile, or covered with gravel*

See the Hotpoint Refrigera at the Dealer nearest you

CALIFORNIA

Atascadero
Mullins Refrigeration
6105 El Camino Real

Bakersfield
Brownies Appliance
1607 South Chester Avenue
Shell Furniture
716 19th Street

Caruthers
McIllwains Furniture
2323 Tahoe Street

Chico
Meek Lumber Company
2020 Park Avenue

Chowchilla
Home Lumber Company
1567 Robertson Boulevard

El Cerrito
El Cerrito Electric
10330 San Pablo Avenue

Eureka
Baza'r Department Store
2440 Fifth Street

Fairfield
Consolidated TV & Appl.
910 Texas Street

Firebaugh
Belli Hardware
880 "O" Street

Fortuna
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734 Tenth Street

Fresno
Bilsten's
4477 North Blackstone
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1955 Broadway
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844 Van Ness Avenue
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Gemini's
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1244 "B" Street
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847 "B" Street

Isleton
Gardiner Improvement Co.
Box 118

Lemoore
Lowe's
250 "D" Street

Lodi
Rodine Furniture
1311 West Lockeford

Los Banos
Cordiero Home Furnishings
1005 "I" Street

Modesto
Modesto Appliance
1316 Yosemite Boulevard

Morro Bay
Close Electric
787 Harbor Street

Mountain View
Baza'r Department Store
555 Showers

Oakdale
Graham's Furniture
130 North Third Street

Oakland
Acorn Appliance
7622 MacArthur
Friedman's
1923 San Pablo Avenue
B. F. Goodrich
2726 Telegraph Avenue

Paradise
Tetford's Electric
5456 Olive Street

Placerville
Jim's Building Sup
660 Placerville Dri

Red Bluff
Harmon Furniture
418 Walnut Street

Redding
Meek Lumber Comp
905 East Cypress

Redway
Pedersen's Refrige
P. O. Box 467

Reedley
Reedley Electric Su
1151 "G" Street

Sacramento
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Herbert & Sons, Inc.
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San Francisco
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968 Mission Street
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459 Park Avenue
Baza'r Department S
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Deutel Appliance
480 West San Carlos
B. F. Goodrich
2759 Story Road East
Western Appliance C
1972 West San Carlo

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Todd's Appliance
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San Luis Obispo
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Santa Clara
Everybody's Furnitur
3677 Stevens Creek E

Santa Rosa
MBS TV & Linoleum
3181 Cleveland

Sonora
Hales and Symons, In
730 South Washington

St. Helena
Western Auto Associa
1234 Main Street

Tulare
Canby's
1434 East Tulare Stre

Ukiah
Bartlett's Oil and Bur
205 North State Stree

Visalia
B. F. Goodrich
1642 South Mooney Bl

Weed
Fred's Hardware
242 Main Street

Willows
Harden's Hardware
209 East Sycamore

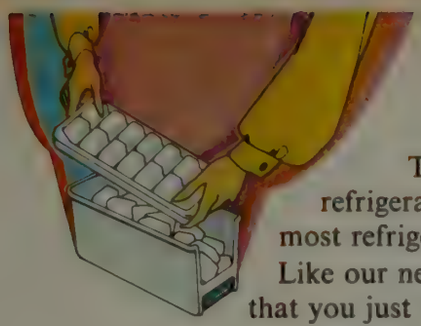
Woodland
Holverstott Electric
713 Main Street

Yuba City
Meek Lumber Company
1242 Colusa

NEVADA

Gardnerville
Modern Appliance
733 Main Street

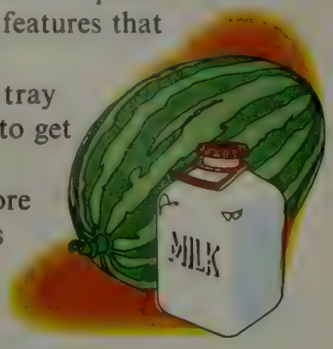
Reno
B. F. Goodrich
1500 East 4th Street



This big 17.6 cubic-foot Hotpoint refrigerator has many extra features that most refrigerators don't have.

Like our new Easy Release ice tray that you just flip over and touch to get ice cubes.

And you get about 35 pounds more food space than other refrigerators this wide (30½ inches).



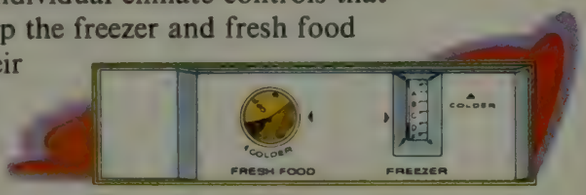
Hotpoint gives you more refrigerator than you pay for.

You also get cantilever shelves that adjust up or down to fit whatever you're storing.

And a special butter compartment with a control that keeps butter spreading soft, all the time.

And you get wheels, for easy cleaning beneath and behind the refrigerator.

It's totally no-frost, too. With individual climate controls that keep the freezer and fresh food areas at their own ideal temperatures.



Model CTF618K

Big, family-size Hotpoint refrigerator with extras that mean more value.

Now, after looking at some of the many extras you get in this Hotpoint refrigerator, we think you'll agree, Hotpoint gives you more refrigerator than you pay for.

Look for the many values at your Hotpoint dealer's during White Flag Month.

Hotpoint quality is backed by Hotpoint service.

Hotpoint GENERAL ELECTRIC COMPANY

Look for the Hotpoint Difference.

Louisville, Kentucky 40225

My fiance won't let me swim in old-fashioned pool water!
He, and Purex, love me too much.
GUARDEX
CHD
PUREX
SWIMMING POOL PRODUCTS
FLEETWOOD
POOL HEATERS
EAST SIDE
POOL PUMPS

R. WENKAM

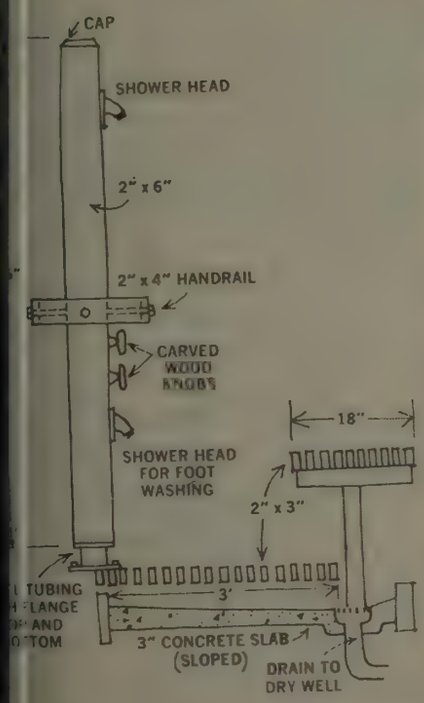
l around shower also used as tow-
Control knobs carved from wood

immer's shower

ve to expect swimmers to track nd grass clippings indoors or into l unless you provide some kind of facility. Here's one that does dou- y as a shower and a foot wash.

l deal more refined than most out- nowers, it provides a bench so you sh your feet in comfort, and there's len grid so the sand that's washed 't immediately picked up again ou put your feet down.

was by Belt, Collins & Associates Mauna Kea Beach Hotel, Hawaii.



ce would be ideal for community pool- setup or for colony of beach houses

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Cabot's Stains preserve, protect, beautify
Cabot's Stains, suitable for all wood surfaces, are economical and trouble-free. Stains enhance the natural beauty of wood, never crack, peel, or blister. 87 beautiful colors.
Cabot's Stains, the Original Stains and Standard for the Nation since 1877.
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FOR YOUR NEAREST AIRTEMP DEALER CONTACT:

Air Products
2222 N. Black Canyon Highway
Phoenix, Arizona

Bob Callahan
3001 Pacific, P.O. Box 4190
Yuma, Arizona

Airtemp Division, Chrysler Corp.
6045 So. Scott Way
Los Angeles, California

Hinshaw Supply Company
145 11th Street
San Francisco, California

The Moore Company
1211 N.W. Glisan Street
Portland, Oregon

L. R. Sheya Co.
1330 So. State Street
Salt Lake City, Utah

Air Tec, Inc.
1530 First Avenue, So.
Seattle, Washington

Tri-States Distributors, Inc.
N. 920 Howard
Spokane, Washington

Bubbler *slowly fills brick and gravel*

Water basin for terrace trees

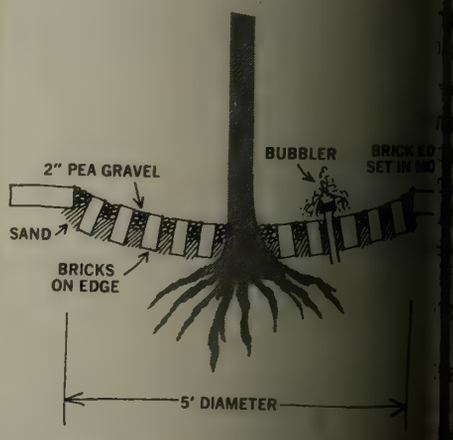
Water basins are highly recommend you want to get trees off to a good until they can fend for themselves.

However, such basins do present problems when the tree is on a pati walkway where there is foot traffi when children or pets step in the mud track it across the paving. Weeds find growing conditions in the basins muc their liking. Also, the diameter of basin should be increased as the tre shrub) grows, and this isn't always sible if the surrounding area is paved

The basin shown here solves these p lems. It is paved with bricks set on and surrounded by sand with a 2-i topping of pea gravel, so you can w across it if necessary. This makes it to provide a large water basin, 5 across, even for the youngest tree with exposing an unnecessary amount of ground around it. And as the tree creases in diameter, a circle of bricks be removed.

A built-in bubbler makes watering e

The architects were Cain, Nelson, Wa Cook & Swaim of Tucson.



You could do *the same thing with sma rock, tile, cobblestones, or brick pa*

Backyard Safari

or

How to track down bugs and weeds

Equipment for your first encounter

Forget the rifle—it's not lions you want.

You're after the bugs, weeds and plant diseases that threaten your lawn and garden.

Your ammunition: pesticides. Your weapons: Hudson sprayers and dusters—the ones that put the pesticide exactly where it's needed for best results.

Choose from these:

on compression sprayers. Best for ge-size yards. They're versatile—flowers, shrubs, trees, lawn. to use. Easy to *under* leaves bugs hide.

on dusters. Rather Admiral* dusters plants thoroughly en undersides of s—with a fine, enveloping cloud.

bone® sprayers. They spray at pressure, reach to tops of 25-foot trees. p pesticide from any container. Great for -up spraying on flowers and shrubs, too.

on power sprayers. Let er take over on big jobs. Just ank, start engine. Choose 10-n Spra-Boy®, 12½-gallon rban* or up to 50-gallon ador®.

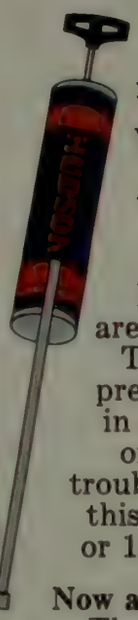
way vs. other methods nting

urs is the precision way to apply icides. It's the way to get best lts—no harmful drenching, no teful spreading.

ith a Hudson sprayer, you rol:

Pesticide mix. So you can apply erials at recommended strength.

Spray pressure. You can use ier pressure for complete coverage lants. Or use lower pressure with d-killers to prevent drift.



3. *Spray pattern.* You can adjust nozzle to just the right pattern, from fine mist to long-range stream.

When to start hunting

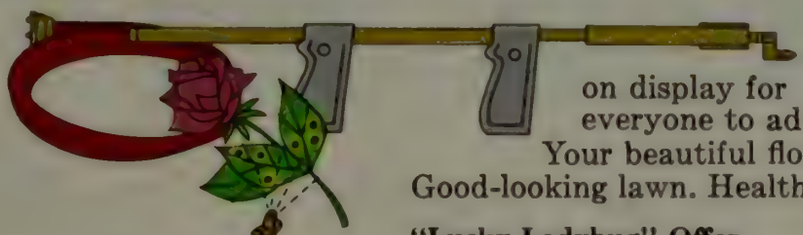
Some people spray or dust only when they spot trouble—aphids on stems, holes in leaves, drooping plants.

Trouble is, damage is already done. Besides, many bugs and plant diseases are under leaves. It's hard to spot them.

That's why many experts use an ounce of prevention. They start protecting all plants in early spring. Apply spray or dust—whether there's trouble or not. They follow this routine every week or 10 days all season long.

Now about those trophies

They'll be outside—



on display for everyone to admire. Your beautiful flowers. Good-looking lawn. Healthy trees and shrubs.

"Lucky Ladybug" Offer

Ladybugs are lucky. Daisies are in. That's why we're offering this Lucky Ladybug Daisy Pin and Tie Bar. Designed

by Entré, a division of Sarah Coventry. Daisy and ladybug are bright enamel; stem, leaves and tie bar are gold electroplate.

The Daisy Pin is a $3.50 value, yours for only $1.50; Tie Bar a $1.50 value for only $1.00. Get one or both from your Hudson dealer. Or send direct to: Hudson Offer, Box 8401, Roseville, Minn. 55113. Dept. 91.

†Allow 2 to 4 weeks delivery. Offer expires December 31, 1969. Void where prohibited, taxed or otherwise restricted. Good only in U.S.A. and Canada.

IF PRODUCT OR PERFORMANCE DEFECTIVE Good Housekeeping GUARANTEES REPLACEMENT OR REFUND TO CONSUMER

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HUDSON®

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Our new exterior stains are like second nature

When it came to formulating a new line of exterior stains, our color chemists took to the woods.

The result is Ful-Stain. The most complete and true-to-nature spectrum of wood stains ever developed for Western architecture.

New Ful-Stain comes in over 900 opaque and semi-transparent colors to enhance and complement the grains and textures of nature's most beautiful woods.

And the quality features that have been second nature to Fuller's products since 1849 are there: Easy application; no stirring and restirring; remarkable resistance to chipping and fading; excellent coverage. And you get exceptional durability under all the extremes of Western weather.

Fuller's newest natural phenomena complete with guarantee of satisfaction is at your Fuller Dealer now. Find them from the listing shown.

Since 1849 Fuller has painted the West-best.

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Buy new Ful-Stain at these Fuller Dealer

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Tulare
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Tulelake
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Visalia
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Berkeley Fuller Paint
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Blairsden
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Carmel
Carmel Color Center
Carmichael
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Castro Valley
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Cedarville
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Pickett Lumber
Tremonton
Carlson Glass and Paint
Vernal
Ashton's

ELLS MARUGG

With pulled string design, *tote bag becomes distinctive purse*

It's burlap back to back

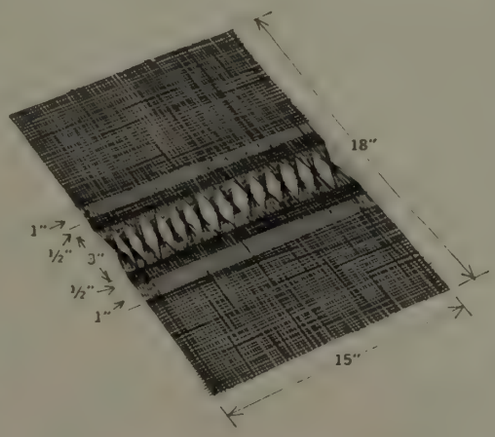
urlap tote bag is both attractive h to carry as a shoulder purse and onal enough to serve as a beach bag lined with vinyl. Or use it as a laun- ag for lingerie or for diapers.

and Nita Burt, the designers, chose n lining for the burlap to make it rtable to wear over the shoulder.

natural or colored burlap; choose a inating patterned cotton or light- t vinyl for the lining. You will need lditional piece of fabric to show off einforce the pulled-thread design on ag—for this, choose a piece of plain n that contrasts with the burlap.

two pieces each of the burlap and the g fabric, making each approximately ches (for depth of bag) by 15 inches width). For the strap, cut a piece of p and a piece of lining 3 inches wide bout 35 inches long. Then cut two s of the plain fabric 8 inches long by ches wide for the design facing.

reate the design in the diagram, start ay down each piece of burlap and



pull out two threads, 3 inches apart, across the 15-inch dimension. Then pull out the threads in between (save these pulled threads). Leave a ½-inch space above the pulled threads, pull two threads 1 inch apart, then pull out the threads in between. Do the same below the 3-inch-wide section.

Using the thread you have removed, tie the threads in the 3-inch band in groups

The great AMERICAN hang-up: What goes with what?

Wall-Tex® That's what.

Wall-Tex, the fabulous fabric-backed vinyl wallcovering, has something for every hang-up.

It goes with everything. From Early American bedrooms to Pop Art bathrooms. It goes with any color combination. Any type of pattern. Any type of fabric.

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But to help make your choice of what goes with what a little easier, we came up with the Mini-Match Maker Sampler.

It's a home-size version of our Wall-Tex dealer Match Maker sample book.

Many patterns with matching fabrics. Use it to match rugs, draperies, flooring and upholstery with any Wall-Tex pattern. Right in your home.

Get your Mini-Match Maker Sampler by mailing 25¢ (to cover shipping) along with the coupon.

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Burlingame, Calif. 94010

Yes, I'd like to make my life a little easier and a lot more beautiful. Send the Mini-Match Maker Sampler plus actual vinyl swatches of the **Wall-Tex** Wet Look, Foil, Flock and Flitter Fashions. I enclose 25¢ in coin.

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The Outlook for Home Mortgage Money:
Where will it come from?

by **Arthur Courshon,** *President*
National League of Insured Savings Associations

For more than a century, Savings and Loan Associations have specialized in helping American families buy homes. In 1969 our institutions, already the nation's biggest home mortgage lenders, will meet an even larger share of the nation's home-financing needs.

As interest rates moved up again in 1968 and early 1969, other financial institutions have reduced their investments in the mortgage market in search of higher investment yields elsewhere. Despite tighter money, concern over inflation, and the uncertainties clouding the economic horizon, Savings and Loans were able to supply an increasing part of the market normally served by other lenders. We are optimistic that we can do the same job again for the balance of this year.

The outlook for housing in 1969 hinges largely on current efforts to stem the tide of inflation. If these efforts have a reasonable success in the first six months, the housing outlook in the second half of 1969 will improve materially. The recent increases in the discount rate and the prime rate could have ushered in another lengthy period of tight money. The demand for housing is strong in most areas of the country. The big question is whether the supply of mortgage credit will be adequate; and this, in turn, largely depends on the savings flow into Savings and Loan Associations. The outlook is far more encouraging than in 1966, when interest rates rose so dramatically and created a mortgage money draught that brought real estate activity to a virtual standstill.

Assuming the new administration takes the steps to contain inflation as it has pledged, you could see some abatement of the inflation fever which has caused the current strains in the economy and in the financial markets.

As conditions ease in the credit and capital markets, savings growth will increase and Savings and Loan Associations should have the resources necessary to maintain a relatively high rate of lending.

An important consideration in the supply of mortgage money is loan repayments. During 1968, loan repayments (payments on mortgages, payoffs on mortgages due to re-financing, etc.) amounted to $12.6 billion, the same as 1967, which was an exceptionally good year in Savings and Loan history.

An additional source of mortgage credit is the increase in savings capital placed in Savings and Loan Associations. Our savings balances rose by $7.40 billion in 1968, which is a sharp recovery from the $3.62 billion in the tight money year of 1966.

A variety of factors is working against a repetition of the 1966 "tight money crunch." The nation's money managers learned then that home-buyers are in no position to bid for funds against mammoth corporations; subsequent government policies have been more cognizant of the mortgage market. Savings Associations are generally paying higher dividend rates than three years ago. We also are armed with a more flexible financial position, with greater cash and government security holdings.

The availability of mortgage money will also be affected by demand. Last year our institutions made about $22.0 billion in new loans, up considerably from the $16.9 billion in 1966, though far short of record volume. We expect to exceed the 1968 lending volume this year.

Savings and Loan Associations are facing up to their 1969 responsibilities with enthusiasm and confidence because, as it has been from the beginning, providing home financing is uniquely our job. We hope these efforts will enable hundreds of thousands of families to build or buy better homes this year.

Savings and Loan Associations

Where you save does make a difference®

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of ten to form hourglass shapes. M stitch the plain fabric to underne of each section, at the top and bo entire design and across the ½-inch between pulled areas.

To form the strap, begin with righ together and sew the burlap strap lining; then turn right side out.

Then sew the two large pieces of around three sides (right sides to with a ⅝-inch seam allowance, l the top edge open; do the same wi two pieces of lining.

To assemble the purse, turn the right side out, then put the lining the burlap (with wrong sides of and lining together). Turn in 1 i burlap and 1 inch of lining arou top, then press. Insert the ends strap between the burlap and the at the seams; pin in place; then around the top of the bag, catchi strap in at the sides.

Bench over vent

To hide a dryer vent that open onto the patio, the Donald D garnos of Longview, Washingto built a small patio bench. Concr blocks form the base for a platfo of inch-thick cedar boards, spac 1 inch apart. Mrs. Dalgarno cove the vent cap with a nylon li catcher.

EDMUND T.

Patio bench *with a vented top*

. . . conceals standard dryer

If you paid $3,000 for your last car, your next car could be the great new Chrysler.

Chrysler Newport, one of the great new Chryslers, priced just a few dollars more per month than the ost popular smaller cars comparably equipped.

Just a few dollars more for Chrysler style. For hrysler luxury and performance. For the comfort hat comes with the roomiest car in the industry. For ngineering excellence and investment assurance.

Newport gives you all these qualities and more. uring our Special Value-Equipped Chrysler Sale ou'll also get Torqueflite automatic transmission. ower steering. Power brakes. Pushbutton radio. A 290 hp V-8 (330, 350, or 375 hp V-8s are also available). Courtesy light group. Electric clock. 3-speed wipers. Whitewall tires. Bumper guards. Remote control mirror, and a vinyl roof. And all of these features come to you for a surprisingly low sale price.

And remember this, the only thing more special than the options included on these value-equipped Newports or Newport Customs is the deal your Chrysler dealer can give you right now.

$3000 for your last car? Just a little more buys a Chrysler. And that's a lot more.

Newport 2-Door Hardtop

Your next car: The great new Chrysler.

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Don't miss San Francisco's biggest entertainment splash, the $6,000,000 extravaganza of the sea! Four beautiful islands. Scenic waterways. Spectacular shows. Dancing dolphins, performing sea lions. A water-ski spectacular featuring Judy, the water-skiing elephant. You'll descend to the bottom of Nautilus Reef and watch divers perform among sharks. You will actually touch the creatures of the sea in our ichthyarium, a unique aquatic zoo. You'll gasp as a man faces a monster killer whale. You'll take a boat ride to a South Seas village. And more. Come on, take the plunge! Take the Bayshore Freeway to Marine World Parkway, just 25 minutes south of San Francisco.

abc

This tree house *floats about 2 feet above the ground on posts alongside its "cli ing" tree. A playroom and deck are at the lower level, a big fenced-in deck upst*

It's a floating tree house

The big tree in this West Los Angeles yard was not suitable for the usual tree house, but the children really wanted one, so their father built this floating playhouse on posts alongside it.

On the first floor is the playroom and a deck that encircles the tree; another securely fenced-in deck above is for children who like to climb higher. Those even braver can climb to the upper deck on the tree instead of on the enclosed ladder.

For milder play, there is a good-sized sandbox at the right.

You climb *the ladder to the upper d from the inside. It is screened at the t just as the deck is, for maximum saf*

MEMBER F.D.I.C.

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Wells Fargo.

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write your last old check and open
a new account
at a bank with real western service.
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Starting with the most colorful
check in the West.

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Through him, you can apply for Gulf's Tourgide® service. And get free route-marked maps for your trip. Plus free tips on where to stay and what to see.

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Gulf Oil Company-U.S.

DARROW M. WATT

o curtain *is fun to make from gar-*
immings; attractive indoors or out

Through the amboo curtain

n variety bamboo was used to make
eaded curtain.

t very little; we purchased two balls
lk line at a hardware store and a
ge of cocoa brown fabric dye (which
ional) for a total of $2.50.

6-foot strand takes 12 feet of cord.
he necessary number of cord lengths

two kinds *of knots are used: clove*
h at each cross bead, figure 8 at end

WELCOME TO TAIWAN— THE ISLAND BEAUTIFUL

National Palace Museum

SCENIC BEAUTY

Taiwan is a place of great natural beauty. There are pure marble in Taroko Gorge; hot springs; and placid Sun Moon Lake lying 2,508 feet above sea level.

CLIMATE

Taiwan straddles the Tropic of Cancer and has a subtropical climate. In the north the warm summer season lasts from May to October. Southern Taiwan is warmer but less humid.

ACCOMMODATION

First-class international standard accommodations are found in Taipei and other large cities. There are 60 tourist hotels in Taiwan, each boasting good service and facilities, including air-conditioning and central heating systems.

TRANSPORT

A network of excellent roads and railway services covers Taiwan. Regular internal air services are maintained between Taipei and principal towns.

PACKAGE TOURS

An all-inclusive, fully escorted package -- the 7-day Taiwan Panorama Tour which covers all the scenic highlights of Taiwan is available. To meet specific requirements, tours with optional cutoffs can also be offered.

NATIONAL PALACE MUSEUM

The National Palace Museum houses the world's largest collection of Chinese arts in their manifold forms. Some of them date back 4,000 years.

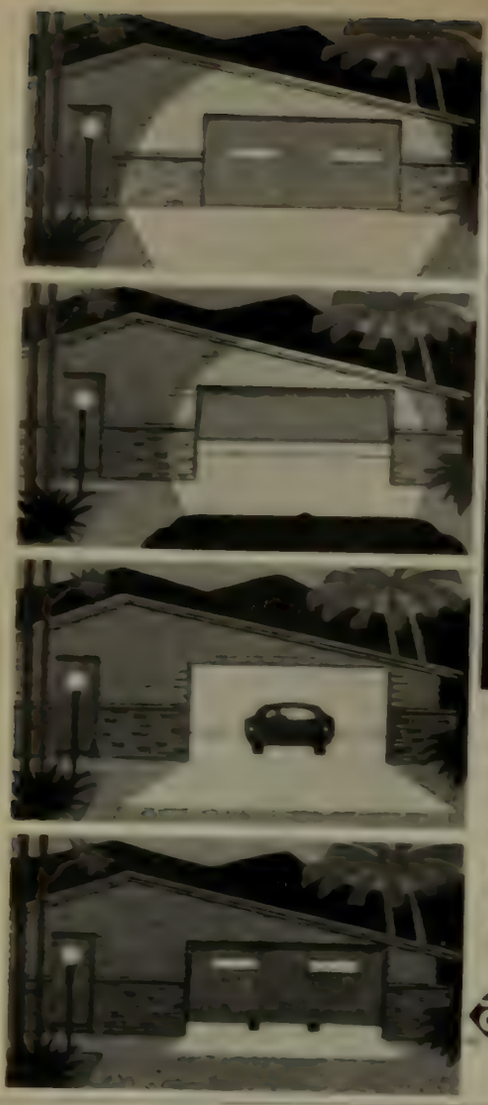
CUISINE

Chinese cuisine in Taiwan ranks the best in the world by dint of its variety, delicacy, style and authenticity.

For further information, please write to:

TOURISM COUNCIL, REPUBLIC OF CHINA

P. O. Box 1490, Taipei, Taiwan.



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Relax. A Genie Automatic Garage Door Opener System gets you into your garage without getting out of your car. Just a touch of the button opens the garage door . . . turns on the light . . . closes the door . . . then locks up tight. Why struggle with that heavy garage door in dark or rain again? Write for details.

Genie — "The garage door picker upper!"

The ALLIANCE Manufacturing Co., Inc.
Alliance, Ohio 44601 • A North American Philips Company.

Maker of the famous Antenna Rotator . . . Alliance Tenna Rotor® TV's Better Color Getter!™

—we hung a strand of beads ever
If you plan to dye the cord,
instructions on the dye package.

For the main beads, use stalks of
boo about ½ inch in diameter, cu
2-inch lengths; for the cross bea
side shoots about 3/16 inch in dia
cut into ¾-inch lengths. Discar
joints (nodes). You can cut the
bamboo with pruning shears, bu
larger pieces will require a power
fine-tooth hand saw.

Use one bamboo pole as a cross ro
holes through it at 1-inch interva

To make the pattern shown: Tie a
knot (such as a figure 8) in one en
length of cord, thread the cord th
the holes in the cross rod, and begin
nating vertical beads and cross
Tie each cross bead in place with a
hitch, leaving about ½-inch play be
the beads to give an airy effect. Ea
strand with a cross bead.

When the curtain is completed, ha
cross rod on screw hooks attach
the door frame.

Cleaning up the picnic place

One sadness for picnicking fam
is the messy condition of West
roadsides.

A surprising number of people h
quietly begun to do someth
about this nuisance. What they
doing is cleaning up the picnic ar
they visit—finding them in a m
but leaving them in order. O
family keeps a cardboard bo
the trunk to stash away old bott
beer cans, paper.

For example, the tail-gate disp
above, consisting of 11 beer ca
1 beer bottle, 2 six-pack beer c
tons, 2 empty cigarette packa
and miscellaneous paper was pick
up under a roadside Digger p
near Chinese Camp, California.

With this trash out of the way,
family picnic took place—pleasant

MOVING?

Avoid Interrupted Service

Please notify us six weeks *before* moving. Place SUNSET address **label in the space provided and** print your *new* address below.

Mail to: SUNSET Magazine
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Attach SUNSET mailing label

Please Print Clearly

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City _____
State _____ Zip _____
Moving Date _____

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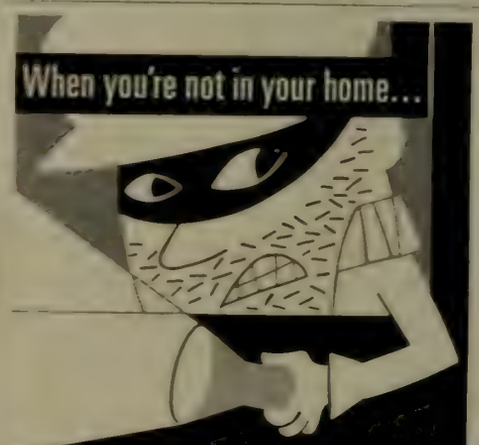

...an intruder may be

Protection of your property used to involve elaborate systems. Euphonics has changed that with its A-1 Intrusion Alarm. The unit projects an ultrasonic (high frequency) beam throughout the area you want to secure. Any intruder disturbing this pattern activates a signal device, such as lights, bells, buzzers, etc. Unlike other systems, the A-1 is fool-proof and cannot be defeated. It requires no installation . . . merely plugs into any 110 volt A.C. source . . . and this efficient security is just $99.95!

See Euphonics in action! Write for details and name of nearest Euphonics representative.

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This machine keeps people from going hungry.

Air West serves food on many of its nonstop jet flights. You can enjoy hot meals, sandwich trays or just snack a little.

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So call your Travel Agent or Air West.

And you won't go hungry.

We've turned the whole wide wonderful West into a

WESTERN CARROUSEL

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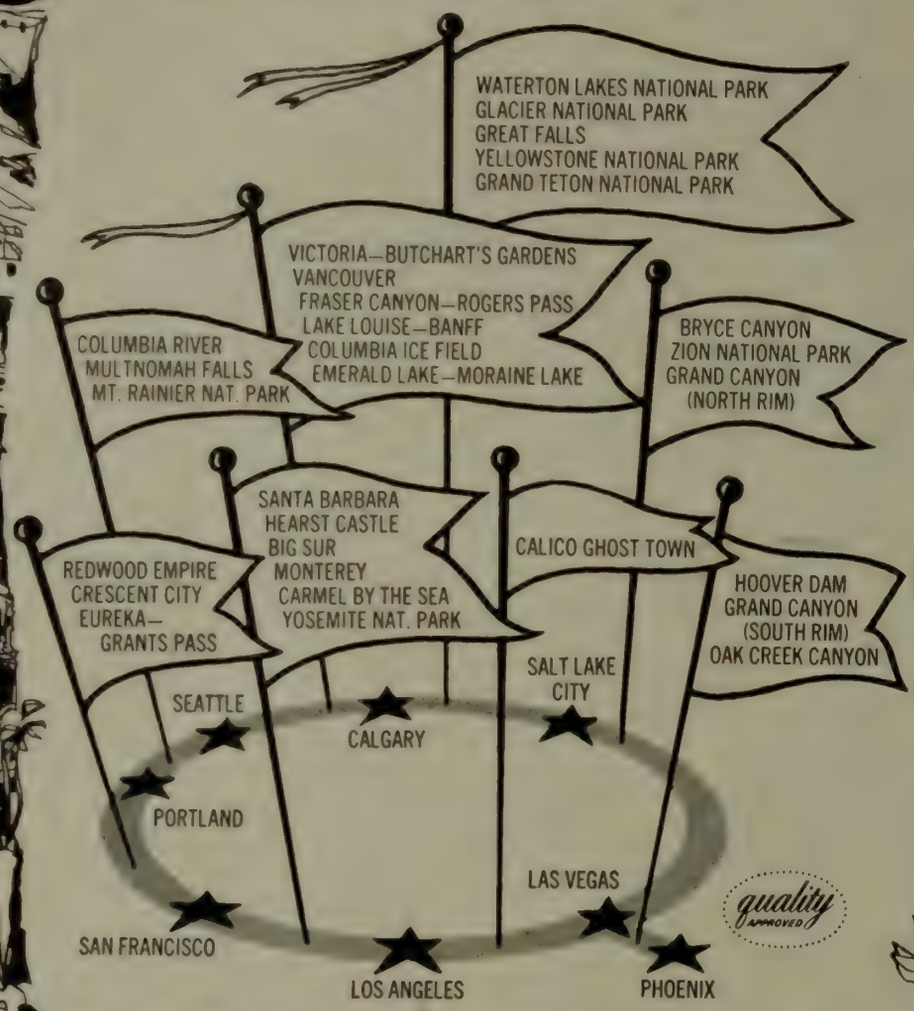

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We've picked six recipes to help you plan informal suppe month. Two go especially well with barbecued meats: a casserole laced with pine nuts, and a creamy fresh mus dish with melted cheese on top.

Consider, too, this quick way to bake a meat loaf; serve a of it on French bread for a fine sandwich supper.

For a variation in a crisp, green salad, one that is attract

Cook savory barley casserole either in the oven or in a covered barbecue

Barley and Pine Nut Casserole

We suggest this intriguing barley casserole to accompany barbecued meat.

- 1 cup pearl barley
- 6 tablespoons butter or margarine
- ¼ to ½ cup pine nuts or slivered almonds
- 1 medium-sized onion, chopped
- ½ cup minced fresh parsley
- ¼ cup minced chives or green onions
- ¼ teaspoon *each* salt and pepper
- 2 cans (14 oz. *each*) regular strength beef broth or chicken broth
- Parsley for garnish

Rinse the barley in cold water and drain well. In a frying pan, heat 2 tablespoons of the butter over medium heat. Put in pine nuts and stir until lightly toasted. Remove the nuts with a slotted spoon and set aside. A remaining 4 tablespoons butter with the onion and drained b cook, stirring, until lightly toaste move from heat, stir in the pin parsley, chives, salt, and pepper. into a 1½-quart casserole. (This may be done ahead; cover and c

Heat the broth to boiling, pou barley mixture in casserole, and blend well. Bake, uncovered, in a or a covered barbecue at about until the barley is tender and m the liquid is absorbed, about 1 ho minutes. Garnish with parsley. 4 to 6 servings.—*J. S., Boise.*

Cooked ground beef topped with ripe olives, sliced mushrooms, two cheeses

Pizza-Topped Meat Loaf

This luncheon entrée bakes quickly in a shallow pan; cut in squares and serve on toasted French bread slices.

- 2 pounds ground beef chuck
- ½ cup *each* milk and saltine cracker crumbs
- 2 eggs, slightly beaten
- ½ cup finely chopped onions
- ½ teaspoon *each* salt, garlic salt, whole oregano, and basil
- 1 can (10½ oz.) pizza sauce
- Extra toppings (suggestions follow)
- 1 cup shredded Mozzarella cheese (about 4 oz.)
- ½ cup grated Parmesan cheese
- French bread, sliced and toasted

In a bowl combine the ground meat, milk, cracker crumbs, eggs, onion, salt, garlic salt, oregano, and basil. Mix until well blended, then lightly pa a 9 by 13-inch baking pan. Bak 400° oven for 20 minutes. Re from oven, drain off excess drip and spread pizza sauce over top tribute any of the extra topping choose over meat, then sprinkle the Mozzarella and Parmesan back into the oven for about 10 utes, until cheese is bubbly. Ser once, cut in squares. Makes 6 servings.—*I. P., Wilmington, Cali*

Choose any one of these toppin some of each: ¾ cup sliced pitte olives; ½ seeded green pepper, c strips; or 1 cup sliced raw mushr

Reheat this do-ahead fresh mushroom dish just before serving with beef steak

Mushrooms au Gratin

Few vegetables rival fresh mushrooms as an elegant accompaniment for steak.

- 1 pound fresh mushrooms
- 2 tablespoons butter or margarine
- ⅓ cup sour cream
- ¼ teaspoon salt
- Dash pepper
- 1 tablespoon flour
- ¼ cup finely chopped parsley
- ½ cup shredded Swiss or mild Cheddar cheese (about 2 oz.)

Slice the mushrooms lengthwise through the stems into about ¼-inch-thick slices. In a large frying pan, heat the butter over medium high heat. Put in the mushrooms and sauté, stirring, until lightly browned. Cover pan for about 2 minutes until they exude juices.

Blend the sour cream with salt, pe and flour until smooth. Stir int mushroom mixture in the pan and stirring, until blended and begi to boil. Remove from heat and into a shallow, rimmed plate (a proof ceramic or metal dish that can bring directly from oven to is ideal). Sprinkle parsley and c evenly over top. You can do this n ahead; refrigerate.

Shortly before serving, place, un ered, in a 425° oven until mushr are heated through and the che melted, about 10 minutes. Makes a 4 servings.—*K. G., Glendale, Cali*

able, we suggest adding marinated celery and avocado.
ipes originated in the kitchens of ingenious Western
ey were chosen from among those tested in *Sunset's*
Your own original recipes are welcome, too.
ions may be mailed to Home Economics Department,
agazine, Menlo Park, Calif. 94025. We now pay $10
recipe that is published.

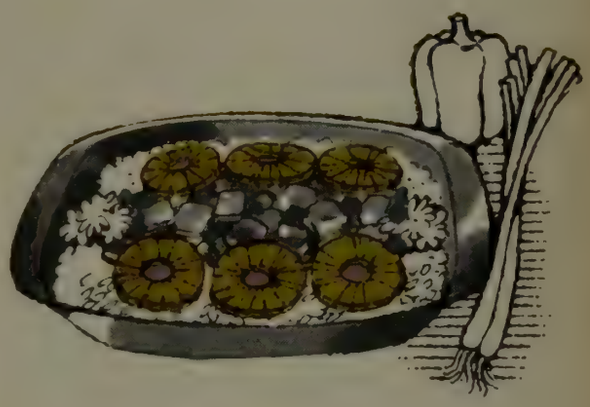
Informal suppers for June . . . chicken livers with pineapple . . . or maybe a pizza meat loaf

n Livers with Pineapple

livers take on new appeal
ved in a sweet-sour sauce.

- nd chicken livers
- flour with ½ teaspoon *each* salt,
- round ginger, curry powder
- butter or margarine
- s canned pineapple
- lespoons *each* pineapple syrup
- nd brown sugar
- lespoons white wine vinegar
- spoons soy sauce
- s regular strength chicken broth
- en onions, sliced
- all green pepper, seeded,
- ut into 1-inch squares
- ps hot cooked rice

hicken livers; pat dry. Shake
a paper bag with seasoned
ake off excess. Heat 3 tablespoons of the butter in a frying pan over medium-high heat, put in livers, and cook, stirring, until browned, about 10 minutes. Remove and keep warm. Add 2 more tablespoons butter to pan; quickly brown pineapple on both sides; set aside. Heat remaining 3 tablespoons butter in pan. Sprinkle remaining flour (from paper bag) into pan; stir until bubbly. Then stir in pineapple syrup, sugar, vinegar, soy, and broth; cook until thickened. Put back livers, add green onion and green pepper; cook 5 minutes. Arrange rice on serving plate; top with livers and the pineapple. Serves 6.—*H. N., San Francisco.*



Sauté this colorful chicken liver entrée to serve over cooked rice for light meal

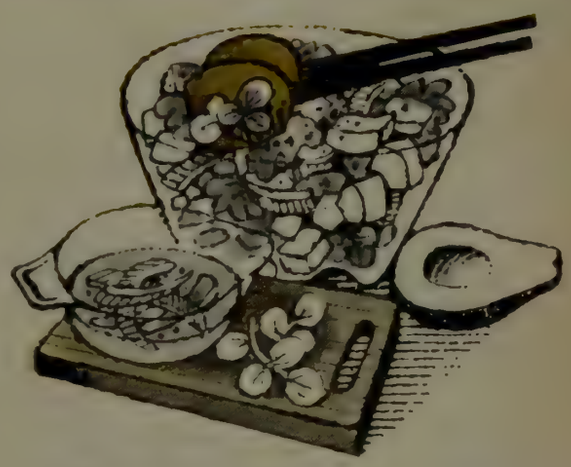
y and Avocado Green Salad

htly cook the celery and mari-
in the Victor Dressing for sev-
urs ahead, then assemble the
ust before serving.

- arge stalks celery, diagonally sliced
- up chicken broth (canned or made from stock base)
- ictor Dressing (recipe follows)
- ead butter lettuce
- unch watercress or ¼ head chicory (curly endive)
- vocado, peeled and cut in chunks
- Minced parsley and pimiento strips for garnish

celery in the chicken broth until
tender, about 4 minutes; drain.
celery is still warm, pour over the
Dressing. Cover and refrigerate for about 6 hours or overnight. To serve, tear lettuce and watercress into a shallow bowl. Lift celery out of dressing with a slotted spoon and arrange in an attractive pattern with the avocado on top of greens. Garnish with parsley and pimiento. Drizzle remaining dressing over salad. Bring to the table and mix. Makes about 6 servings.—*M. T., La Mirada, Calif.*

Victor Dressing. Combine in a bowl or jar ½ cup salad oil, 2 tablespoons *each* lemon juice and minced dill pickle, 1 tablespoon *each* minced onion and minced capers, 1 teaspoon salt, and ¼ teaspoon dry mustard.



Tangy and crisp greens are accented with celery and make ahead dressing

Crunch Torte

te your own summer desserts
ing ice cream flavors and fresh
to serve on wedges or squares of
orte.

- cup fine graham cracker crumbs
- cup shredded coconut, chopped
- cup chopped walnuts, pecans, or filberts
- egg whites
- teaspoon salt
- cup sugar
- teaspoon vanilla
- About 1 pint ice cream
- About 2 cups fresh fruit

bine the cracker crumbs with the
ut and nuts and set aside. Using
ectric mixer, beat the egg whites
salt until fluffy. Gradually add the sugar, beating after each addition until glossy. Beat in vanilla, then carefully fold in the crumb mixture until blended. Spread evenly in a greased and flour-dusted 9 or 10-inch pie pan or an 8-inch square baking pan. Bake in a 350° oven for 35 minutes, or until lightly browned and the top springs back when touched. Cool and cut in wedges or squares to serve with a scoop of ice cream and fruit on top. Makes 6 servings.—*H. L., Alameda, Calif.*

Fruit and ice cream suggestions: Try butter brickle or toasted almond ice cream with sweetened sliced peaches or vanilla ice cream with berries.

Serve torte as a base for summer desserts; or eat out of hand as a bar cooky

DARROW M. WATT

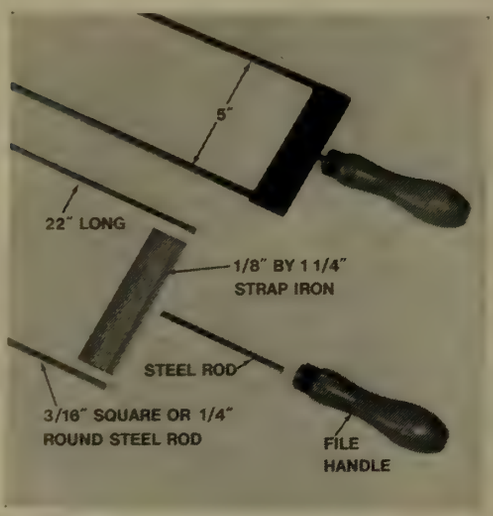
Aussie skewers *combine a large, two-pronged skewer with jumbo "hairpins" to hold food. They're very handy for cooking shish kebab*

The Australians have different ideas about barbecuing

The hairpins, *just bent pieces of stiff wire,*

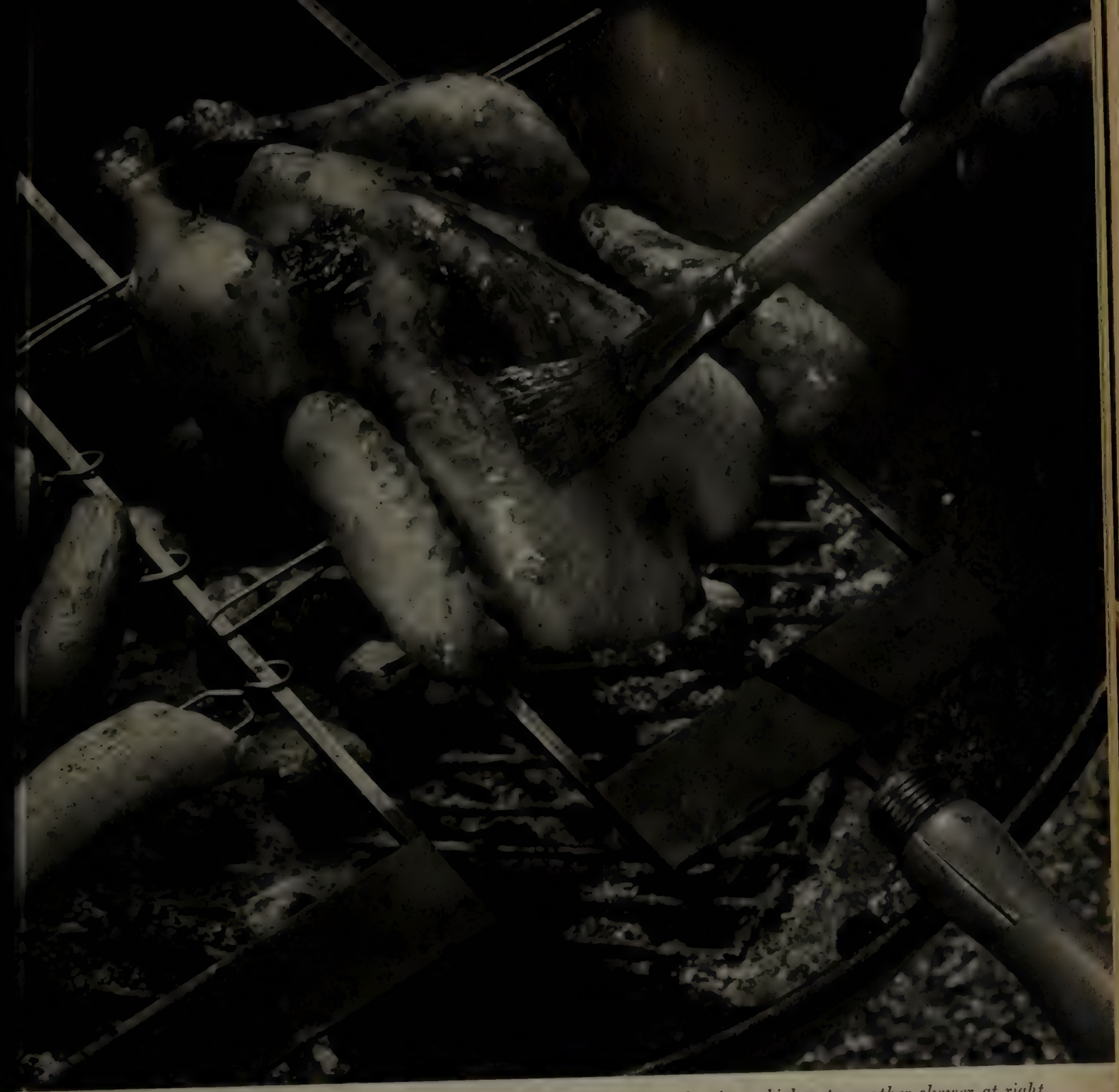
We first saw these barbecue skewers in Australia, and were delighted with the many ways they can be used. They can hold many kinds of foods securely over a barbecue grill or campfire, without anything falling off, slipping, or turning so that the cooked side stays down when you turn the skewer over.

You can't buy these versatile Aussie skewers anywhere in the West that we know of, but you can have them made up quite inexpensively by a metal working shop. Or—as we did with the ones shown here—you can fashion them yourself and have some garage or shop do the small amount of welding required.



A completed *two-prong skewer, above; all the components, ready to be welded, below. The handle is simply driven on*

Form *the hairpins with pliers, b them around a ½-inch metal rod should make two types of pins, as*



such difficult foods to skewer as these yams and bananas. Longer hairpins snugly pin a chicken to another skewer at right

he materials needed are available at hardware stores.

nits consist of large, two-pronged ers with handles, across which ler wire skewers (resembling big hair- are placed to hold foods like shish b, or to help secure larger pieces of that you've speared on the large ers. The hairpins will securely hold l pieces of meat, fruit, or vegetable, simply slide off the large skewers to individual servings. The large skew- lso work well over a campfire—rest- on rocks, and used as skewers or as s to hold pans and the coffeepot.

nake one of the large skewers, you will need two pieces of 3/16-inch square or ¼-inch round steel rod about 22 inches long (make them long enough to reach across your barbecue). Have these, and a 4-inch length of steel rod that will fit the handle you obtain, welded to a 5½-inch length of strap iron, as shown. The inexpensive handles made for files, available at hardware stores, are good to use. Grind or file the two ends of the skewer to points.

Sometimes you can also find inexpensive ordinary skewers of about the same dimensions in stores, making the construction even easier. Cut their handles off, leaving about 1½ inches of the shafts on the handles, and have the two shafts and one of the handles welded to a 5½-inch piece of strap iron, as above.

For the hairpins, you'll need a fairly stiff wire of about 14-gauge size. This can be any springy steel wire, piano wire, or thin steel or stainless steel welding rod. We found that two different types of pins (shown in the photographs) are handy to have. One is twisted to have an eye at the end — best to keep foods like shish kebab from slipping on the large skewers. The other is a longer plain hairpin shape —mainly used to help secure large portions of meat on the big skewers.

Bend your hairpins around a piece of ½-inch round rod, as shown, or anything

Shrimp
They don't spin on the hairpins

Roast
Skewer it, then stiffen with pins

Steak strips
Lace them on the hairpins

Salmon
Skewer it and secure with pins

Small item
Potatoes, co meatballs sta

similar. Snip their ends to a slant, or grind or file them to points, for spearing them through meat. When you use the eyed hairpins on the larger skewers, twist their pointed ends one turn so they will have a spring action and clamp themselves in place on the large skewers.

COOKING WITH AUSSIE SKEWERS

Almost any food that can be barbecued can be impaled on these skewers, and you'll soon discover that they greatly simplify the cooking of many foods and meat cuts that tend to soften or come apart when heated. For other cuts, including most roasts and steaks, they offer no particular advantage over a grill or an electric spit.

Once foods are secured on the skewers, the usual rules for barbecuing apply. Put on one skewer only foods that cook in the same time. A barbecue that has a hood may be needed to accomplish the long, slow cooking required for large cuts of meat, fish, or poultry. Because it is so easy to turn foods or move the skewers to another part of the barbecue, you will have more control of the heat and be better able to prevent flare-ups from fat dripped on the coals than when cooking directly on a grill.

Here are suggestions to get you started, based on our own cooking experiments with these skewers.

Chicken. For whole broiler-fryer or roasting chicken, run two prongs of a *large* skewer through thighs and tie ends of legs together; using the plain hairpin skewers, truss chicken and secure it to skewers. Chicken thighs or joined legs and thighs can be strung on eyed hairpins.

Fish. A whole fish such as salmon, up to about 4-pound size, fits on one skewer; run prongs through fish, and use plain pins to hold belly cavity closed and to secure. Trout and fish of similar size fit crosswise on skewers, held flat by plain pins through them (see photograph below). Fish can be pressed into compact shape, held in place by a pin.

Shellfish. Large shrimp and scallop be alternated on pins; they cook in the same time. Run pins lengt through lobster tails to keep them curling when heated.

Roasts. Boned roasts of beef and even awkwardly shaped ones, are e handle when speared with the d prongs of skewer, then held in place as many plain pins as needed.

Spareribs. A rack of ribs (parboiled to remove most of fat) fits be prongs, secured with plain pins.

Sausage. Almost any size or shape o sage is easily skewered either direct prongs or held between prongs with

Meatballs. Even fairly soft, tender are held firmly on eyed pins.

Strips. Weave strips of bacon, flan skirt steak, or beef liver on the pins.

Vegetables. Cooked or canned new toes, sweet potatoes, or small onions boiled carrots, celery, or zucchini; r parboiled green pepper or mushro small tomatoes or tomato wedges—a easy to handle on the pins.

Fruit. We'd suggest barbecuing some such as halved bananas, thick-sliced taloupe, fresh or canned peach h papaya wedges, and pineapple stick these skewers.

They're *equally handy at a campground*
DARROW M. WATT

Smoldering romance set ablaze by gas barbecue

Linda Werner and Herbie Briggs, aglow over the gas barbecue that started it all.

It began with Herbie's itation to a barbecue for two. d had his eye on Linda for some e, and knew his patio approach s a sure-fire winner.

Linda's heart was set aflame in mediate response to his quick-light- barbecue. Herb turned on the becue and turned on the girl.

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He couldn't take his eyes off her—and he didn't need to, because gas barbecues don't need a lot of extra fire-watching. They not only start instantly, but they give a choice of even cooking heats. So Herbie could devote more time to Linda and less to the steaks.

She saw him in a new light: the soft, romantic glow of gas patio lights (lighting he had cleverly installed at minimal extra cost when he piped in gas for his barbecue). That was the clincher.

They set the date that very evening for another barbecue. Herb had swept her off her feet with his patio; the patio with the one irresistible difference: gas appliances.

Make your patio more persuasive. Call your PG&E office for information on where to shop for gas patio appliances. **PG and E**

JUNE MENUS

A taco picnic, a quick summer supper, an elegant dinner for six

June is when produce sections, after a succession of pretty lean weeks, suddenly swell dramatically with the fruits and vegetables of a Western summer. It only makes good sense to enjoy as much of it as you can, as simply prepared as these meals suggest.

Bright vegetables play important roles in the Mexican style sandwich picnic and the quick-cooking egg supper; fruit appropriately ends both meals.

Fragrant banana muffins are featured in the breakfast, and make-ahead dishes simplify the party menu.

Taco picnic: *meal on a board. Soft corn tortillas to fill lavishly; watermelon for d*

Taco picnic

You can elect to serve this picnic no farther from the kitchen than the patio, but it will also pack and travel well. The taco filling, a spiced ground beef mixture called picadillo, is wrapped in warmed tortillas along with other ingredients.

Warm Corn Tortillas
Picadillo
Shredded Mild Cheddar Cheese
Shredded Lettuce
Chopped Tomatoes with Chopped Onion
Cream Cheese **Guacamole**
Watermelon

To transport, pack hot foods in one insulated container and cold foods in another. The meal will serve 4 to 6: Allow about 1½ cups shredded cheese, 2 cups shredded lettuce, 1 or 2 tomatoes with onions to taste, 1 small package (3 oz.) cream cheese, and ¾ to 1 cup of guacamole. Make your own guacamole or thaw and use the frozen avocado dip. Iced tea or orange juice suit this menu; also appropriate is Mexican beer.

Warm Corn Tortillas. Place a frying pan over medium heat. Dip your hands in water then rub over the surface of a corn tortilla. Drop tortilla into hot pan and over every few seconds until it is warm, and the surface puffs slig Transfer at once to a tightly covered tainer or an envelope made of foil keep in a warm place while you hea additional tortilla; stack together. from an insulated container; well wr tortillas stay hot several hours. Allow 3 tortillas for each serving.

Picadillo. Thinly slice or crumble

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¼ pound chorizos and combine in a frying pan with 1 pound ground beef chuck, 1 chopped medium-sized onion, and ¼ teaspoon cinnamon. Cook, stirring, until meat begins to brown. Add ¼ cup raisins, 1 can (4½ oz.) chopped ripe olives, ½ cup catsup, and ½ cup water.

Simmer uncovered, stirring occasionally, until most of the liquid is evaporated. Serve hot or keep hot in an insulated container, or make ahead, chill, and reheat. Makes enough for 4 to 6 servings.

Summer supper

Brilliant colors contrast in this combination of sautéed green peppers, amber browned onions, golden scrambled eggs, and sliced tomatoes.

Eggs with Onions and Peppers
Sliced Tomatoes with Oil and Vinegar
Hot Croissants Butter
Peaches French Process Cheese
Plain Wafers or Cookies

Sprinkle peeled sliced tomatoes with olive oil, wine vinegar, salt, and pepper just before serving. Heat croissants (frozen or from a bakery). Serve a dessert of ripe peaches and wafers spread with delicate creamy-textured Le Beau Pasteur, cherry cheese (Gourmandise or Nec Plus Ultra), or La Vache Qui Rit; all are French process cheeses.

Eggs with Onions and Peppers. In a wide frying pan over low heat, slowly cook 2 thinly sliced medium-sized onions in 2 tablespoons olive oil; they should take about 15 minutes to brown; stir frequently. Set aside and keep warm.

Add 1 more tablespoon olive oil to the frying pan, then add 1 thinly sliced, seeded green pepper and 1 tablespoon water; cook over moderate heat, stirring, until the pepper is slightly limp but still bright green. Set aside and keep warm.

Beat 6 eggs, blending in 2 tablespoons water and ½ teaspoon salt. Add another 1 tablespoon olive oil to the frying pan, place over low heat, pour in the eggs and cook. As eggs set, gently push a wide spatula across pan bottom to allow uncooked egg to flow into contact with heat; do not stir. When eggs are set as you like, transfer to a warm serving platter and surround with hot onions and peppers. Makes 3 to 4 servings.

Hot muffin breakfast

Bake banana muffins at breakfast time, or make them in advance and reheat.

Whole Wheat Banana Muffins Butter
Browned Pork Link Sausages
Sugared Raspberries
Hot Chocolate
Sweetened Whipped Cream

Whipped cream may seem like a lavish

Wholesome *banana muffins with sa raspberries, hot chocolate for bre*

touch for breakfast, but actually, fluffy state you get more effect of ri and fewer calories per serving than an equal measure of the same simply poured. Here it is a doubl topping—spoon it onto the berri into the cups of chocolate.

Whole Wheat Banana Muffins. I bowl, stir together ¾ cup unsifted all-purpose flour, ½ cup whole flour, ¼ cup sweetened wheat ge tablespoons sugar, 1½ teaspoons b powder, ½ teaspoon soda, ¼ tea salt, and ⅛ teaspoon cinnamon.

In another bowl blend ½ cup milk, 1 ½ cup mashed ripe banana, and ¼ salad oil. Stir liquid ingredients into dry mixture, blending completely. S into greased muffin cups (or use p liners if you like), filling about ⅔ Bake in a 400° oven for 20 to 25 min or until muffins just begin to pull pan sides. Serve hot, or cool on wire r store in plastic bag overnight (or f for longer storage). To reheat, enc muffins in foil and place in a 350° for 15 minutes. Makes 12 muffins, about 2½ inches in diameter.

An elegant dinner

When guests arrive, dinner is ready ex for minor last-minute activities such dressing the salad and taking foods u out of refrigerator, freezer, and oven.

Papaya or Cantaloupe with Dry Sala
Fillet of Sole Florentine au Gratin
Barley and Pine Nut Pilaf
A Favorite Salad Classic
Macadamia Tortoni

Peel and seed a large papaya or small c taloupe and cut in slender wedges, arra ing with thinly sliced salami (allow 2 c pieces for a serving) on a platter or as dividual servings. Eat with forks.

The sole entrée is partially assembled early as a day ahead; you reheat sauce, spooning it over the fish just bef baking.

Try the barley and pine nut pilaf on p

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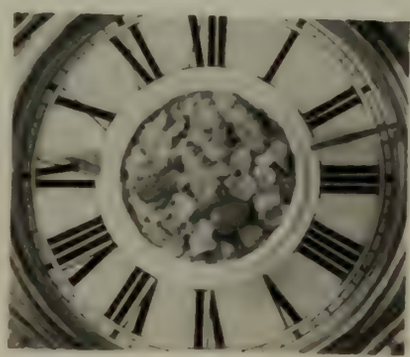
NEWS FROM GENERAL MILLS

Betty Crocker

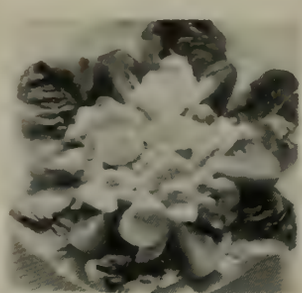
Understanding through food Food is a fast shortcut to friendship. In a PTA in an ethnically mixed neighborhood, try a Cookie Party. Ask the mothers to bring a sweet enjoyed in their own homes or countries. Pass on pretty plates —and first thing you know all the women are tasting and sharing recipes like old friends.



Cereals 'round the clock Follow the supermarket carts where retired people shop —you see them stocked with cereals—Wheaties, Total, Cheerios and Kix. Why? Because older couples find cereal and milk, sometimes with fruit, makes just the light meal they like, for breakfast, lunch or supper. Cereals 'round the clock are good nutrition anytime you're hungry!

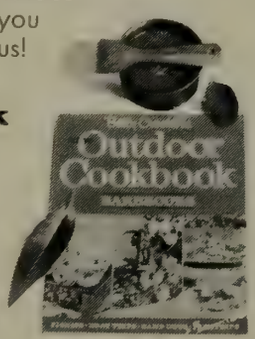
New warm weather dessert It's such a comfortable feeling to have fresh cake in the freezer—and a lot of people tell us an easy cake to freeze is Betty Crocker Sunkist* Lemon Chiffon. There's a fresh lemon-y goodness in our new mix. On a warm evening, you might serve it like this—with sherbet and strawberries, or frost it with our new Betty Crocker Sunkist* Lemon Frosting. It's a natural!

*T. M. OF SUNKIST GROWERS, INC.



Cheese potato salad Hearty, colorful, man-pleasing. The recipe's on packages of Betty Crocker AuGratin Potatoes right now. Try it next time you serve steak or ribs. Delicious!

Our outdoor cookbook Soft-cover only $1.00. It sells for $1.50—but just this month you can write for Betty Crocker's New Outdoor Cookbook for $1.00. There are 450 recipes—ideas for barbecues, picnics, boat trips and camp-outs. Write General Mills, Dept. 305, 400-2nd Ave. So., Minneapolis, Minn. 55401.



134 as a companion for the sole. B pilaf then keep warm (if you hav one oven) while the sole finishes c

Follow with a salad such as a t or greens with Green Goddess d Roquefort dressing, or a simple vinegar dressing.

Espresso coffee goes very nicely w frozen tortoni dessert.

Fillet of Sole Florentine au Grat out 2 packages (10 oz. *each*) chopped spinach to thaw.

Fold 6 large sole fillets (or at least in half and arrange side by side in low baking pan. Mix ½ cup Mad Sherry and 2 tablespoons lemon ju pour over the fish. Sprinkle lightl salt and bake in a 350° oven for 1 utes. Remove from oven, drain off liquid and measure; cover fish an Add enough water to the fish br make 1 cup.

Melt 2 tablespons butter in a sa and stir in 2 tablespoons flour, spoon chicken stock base, and ½ te Dijon-style mustard. Gradually fish broth mixture and ⅓ cup w cream. Cook, stirring until bubbl thickened. Stir in ½ cup shredded cheese. Cover sauce and chill as overnight.

Squeeze all liquid possible from and distribute the spinach evenl shallow 1½-quart casserole; arran cooked and chilled sole fillets o Cover and chill as long as overnigh

Just before serving time, reheat sa til bubbling and spoon evenly ove Sprinkle with 3 or 4 more table shredded Swiss cheese. Bake in oven for 15 to 18 minutes or until bling slightly, then broil briefly to top. Makes 6 servings.

Macadamia Tortoni. Measure 1 cup macadamias and roll nuts about in to remove some of the salt. Melt 1 spoon butter in a frying pan. Add lifting from the cloth, and 2 table sugar. Cook over moderate heat, st until nuts begin to brown slightly aside to cool.

Boil together ½ cup sugar and ¼ water, stirring occasionally, until mi is clear. At the same time beat 2 egg until they begin to thicken; beat i hot syrup, adding in a slow steady st and avoiding the beaters. Cut 4 t spoons cold butter in small pieces beat into egg mixture a few lumps time. Chill.

Chop nuts into pieces about as big of a large nut. Whip ¾ cup heavy c until stiff and fold nuts and cream the cold egg mixture. Pour into 6 paper-lined muffin cups (or 6 indivi dishes). Freeze; cover airtight when Let mellow about 5 minutes at room perature before serving. Makes 6 servings.

(P.O.E., delivery and handling, (except Hawaii). Prices and specifications subject to change without notice.

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"How to eat meat and enjoy soup too"

By great good fortune this month we are again able to present an excerpt from that unpublished masterwork entitled *One Good Dish Leads to Another*, or *How to Eat Meat and Enjoy Soup Too*.

Last month's chapter was "Tonight and Tomorrow Night" (see page 168 of the May *Sunset*). And now we present "Beauty and the Roast."

"This has been a specialty of the house for many years," according to Paul M. Brager, who earns a *Chef of the West* apron with a pair of recipes, both of which our taste-testers rated outstanding.

Number one is a beautifully clear soup, mild and delicate, with a slightly sweet, lingering aftertaste.

BEAUTIFUL CONSOMMÉ

- 1 fresh beef tongue (about 4 lbs.)
- Water
- 2 cloves
- 1 large onion
- 2 carrots
- 3 leeks, well washed
- ½ small yam, peeled
- Sprig of parsley
- 10 whole black peppers
- 1½ teaspoons salt
- 2 egg whites and the egg shells, crushed
- Dry Sherry

Put tongue in a pot with sufficient water to cover (at least 8 cups) and bring to a boil. Stick cloves into onion and add to tongue along with carrots, leeks, yam, parsley, peppers, and ½ teaspoon salt. Simmer, covered, for 3 hours, or until tender. Allow to cool in stock. Peel skin from the tongue and trim the base to remove excess fat and any bones. Save tongue for use in the recipe that follows.

Pour the stock through a strainer and discard vegetables; refrigerate stock. Lift fat from stock before heating. Beat egg whites until frothy and add to stock along

Chefs of the West

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accents Sunsweet Pitted Prunes.
tional as a salad — doubly delicio
dessert served buffet style. It's
season favorite using the fruits
here, or introduce other fruits in s

CALIFORNIA FRUIT PLATE

1 package Sunsweet® Pitted Prunes
French dressing
Three oranges, sliced
Two bananas, sliced
One avocado, sliced
Lemon juice
Honey Cream Dressing

Marinate Sunsweet Pitted Pru
French dressing, then arrange pru
one side of a large platter. Place
thinly sliced oranges around platt
top with diagonally sliced banan
sliced avocados, dipped in lemon
Pass Honey Cream Dressing. For
ing, beat 1 cup whipping cream
tablespoons honey and ¼ tea
mace until stiff. (Serves 6 to 8.)

Exciting main dish idea!

Top cottage cheese or chicken sala
marinated Sunsweet Pitted Pru
French dressing . . . just a few
many ways you can make
meals extra special with Sunsweet
Prunes.

SUNSWEET GROWERS INC., SAN JOSE,

s Stirring, bring rapidly to boil for about 1 minute. Remove and let stand 15 minutes.

a fine-textured cloth (such as n water and wring dry. Line a ith this cloth and pour stock t (If the resulting consommé is l clear at this point, repeat the procedure with more egg whites . Add 1 teaspoon salt, or to taste. cup of the consommé for follow- e) At serving, add about 1 tea- Sherry to each portion. Makes 2 quarts or 6 servings.

t comes a day or more later. Very d tender, with excellent texture, l all our taste testers, including don't ordinarily care for tongue.

ONGUE

oked beef tongue, prepared as above
cium-sized onions, thinly sliced
aspoon paprika
aspoon pepper
aspoon salt
p each dry white wine and reserved
ongue consommé
(see preceding recipe)

ongue in a shallow baking dish ion slices around it. Sprinkle with , pepper, and salt. Add wine and

Taste-testers say, 'Outstanding'"

nmé and bake, uncovered, in a 325° for 45 minutes to 1 hour, basting 15 minutes with pan juices, until s are soft and most of the liquid has orated. Slice tongue and serve with nions over it. Makes 6 to 8 servings.

Paul M Bugen

Los Angeles

a surfeit of rather creamy, cheese- dressings for green salad, there are

"Nothing cuts the fog like lime"

times when we yearn for something more trenchant. Nothing cuts through such a fog more cleanly than the juice of a lime. In his Lime Dressing recipe, Jim C. Busch prescribes definite amounts, but no salad maker should feel bound by them exactly. Some people have greater and some have less tolerance for citrus, and the strength might vary also with the occasion and what else is on the menu. Also the slices of fresh lime, quartered and dropped in with the greens, should be considered quite optional.

LIME DRESSING A LA MELINDA

1 cup salad oil
⅓ cup fresh lime juice
3 tablespoons sugar
1½ teaspoons salt
⅛ teaspoon *each* white pepper and cayenne
¼ teaspoon celery salt
About 6 paper-thin slices of fresh lime, quartered
Mixed salad greens

Mix oil, lime juice, sugar, salt, pepper, cayenne, and celery salt; shake or beat until blended. Just before serving add lime slices to salad greens in a bowl. Shake dressing again and pour over greens, using just enough dressing to coat the leaves well; mix lightly and serve. Makes 1½ cups dressing.

Jim C Busch

Ashland, Ore.

Syllabub (or sillabub) is one of those words that sounds vaguely familiar and plausible enough, but what does it mean? Surprisingly, even most abridged dictionaries have it; here's the Funk and Wagnalls definition: "A dish made by combining milk or cream with wine or cider, which is then whipped into a froth or made solid by boiling." And Webster's Third New International calls it "a drink or dessert made by curdling milk or cream with wine or other acid."

There you have the general outlines. Note that the risk of curdling is deliberately incurred when you mix milk or cream with wine or other acid.

"A syllabub, in case you haven't come across one lately, is an Elizabethan sweet," Donald A. Hodgson tells us. "And there are just about as many recipes for syllabubs as there are people who practice making them.

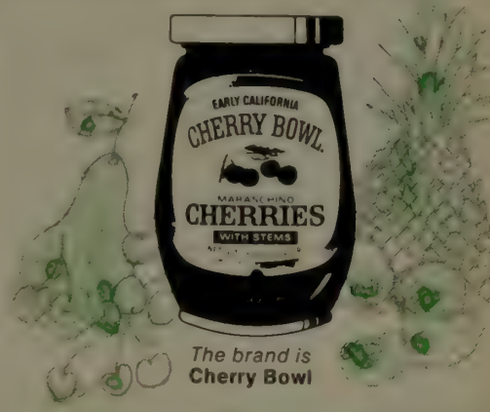
"This one comes from George's on the

Gourmet Ideas
by Edie Cole

Exotic tuna sandwich or salad: Start with Early California Brand Pitted Ripe Olives and cut them in half lengthwise. Combine equal amounts of halved ripe olives and flaked tuna with enough mayonnaise, heavily spiced with ground coriander, to moisten. Pile thickly on a slice of rye. Top with a grinding of black pepper, chopped fresh leeks to taste, thin orange slices, and another slice of rye. Or omit the bread, arrange the same on lettuce and make it a salad.

The brand is **Early California**

Carnival dessert: Mix together equal amounts of *Cherry Bowl Brand* Red Maraschino Cherries, finely chopped, and lightly toasted walnuts, and sugar with about half the amount (of one of those) of grated semi-sweet chocolate. Sprinkle over overlapping thin, thin spears of fresh pineapple which have been sprinkled with rum. Or sprinkle over poached pears or vanilla ice cream.



The brand is **Cherry Bowl**

Wilted spinach: Heat **Girard's Original French Dressing** to bubbling, pour over tender fresh spinach leaves and crisp bacon crumbles, grind on some black pepper, and toss.

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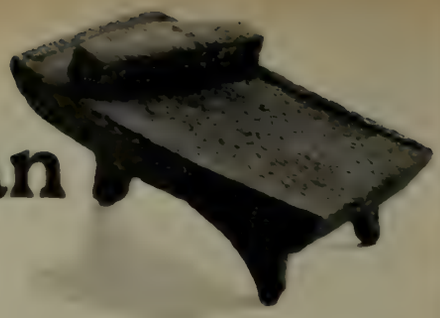


by Elena Zelayeta

As a native of Mexico, I have to feel a wee bit sorry for most Americans. Because most of you have never tasted the delights of a homemade enchilada. And, as any Mexican knows, that's as woeful a plight as never having listened to the rousing music of a mariachi band.

You see, good, homemade enchiladas are always impressive, and at times, downright exciting. Besides, fixing them can be as creative as writing poetry. Only a whole lot easier.

You can make mild-mannered enchiladas — stuffed with chopped chicken and swimming in a sauce of sweet cream and bland cheese. Or fiery ones — filled with chorizo (a garlicky sausage), covered with green chilies. Although I don't recommend this for the fainthearted.

But if you want to find out how really special but uncomplicated a homemade enchilada can be, try the popular beef and cheese kind. It's a cinch. It just tastes like an art.

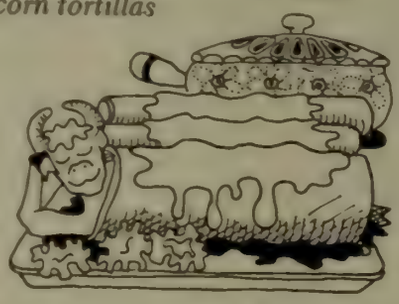
You can buy the corn tortillas at almost any grocery store. (Some people make their own but I suspect these are the same people who make their own ice cream. Actually, handmade tortillas are less desirable because they're too thick.)

Then all you'll need are a few easily obtained ingredients and the Enchilada Sauce Mix the Lawry's people recently put out. If you're new at Mexican cooking, I recommend using this particular mix. It's got every one of the rather exotic spices a delectable enchilada sauce demands and I'm a real stickler about seasonings.

So here's the recipe that's on the Lawry's package. It's lovely for cooks who don't want to miss out on the pre-dinner talk. You can do everything ahead of time and let the last twenty minutes of heating wait until you're ready to serve.

BEEF & CHEESE ENCHILADAS

1 package Lawry's Enchilada Sauce Mix
1 can (6 oz.) tomato paste
3 cups water
1 pound ground beef
1 teaspoon Lawry's Seasoned Salt
1 package (10 to 12 oz.) Cheddar or Monterey Jack cheese, grated (about 2½ to 3 cups)
1 can (2¼ oz.) sliced ripe olives, optional
8 corn tortillas



Combine Enchilada Sauce Mix, tomato paste and water in saucepan. Bring to a boil, reduce heat and simmer 15 minutes. Brown ground beef with Seasoned Salt until crumbly. Drain fat; cool. Combine all but 1 cup cheese with beef.

If desired, add ripe olives, drained. Pour ½ cup of prepared enchilada sauce into shallow baking dish. Dip each tortilla into remaining hot enchilada sauce. Place about ½ cup beef mixture in center of each tortilla. Fold sides of tortilla over filling and place in dish, seam side down. Pour remaining sauce over enchiladas. Sprinkle with remaining 1 cup cheese. Bake in 350° F. oven 20 minutes or until thoroughly hot.

Makes 4 servings of 2 enchiladas each.

Add a hot platter of refried beans, a crisp, light salad and you've got a fiesta on your hands.

Try giving a Mexican buffet. For a free menu and recipes, write Lawry's, Box 2572A, Los Angeles, California 90054.

Elena Zelayeta is the honorary duenna of traditional Mexican food in the United States. The child of Spanish innkeepers in Mexico, she is the author of *Elena's Secrets of Mexican Cooking.*

"An Elizabethan sweet"

Via Marche in Rome. If you e George's, don't expect the syll pared by proprietor Vernon J taste quite the same as one made ica. Don't know why, unless the atmosphere makes the difference.

"A final word of warning: Too m labubs will put you on the side weight watchers."

SYLLABUB
(serves 12)

- 1 bottle (⅘ quart) dry Sherry (or sweet Sherry)
- 2 lemons
- 2 tablespoons brandy
- 1 pint whipping cream
- 1 egg white
- 2 tablespoons sugar (optional; omit if you use sweet Sherry)

Plan on three days' time from serving.

First day: Pour Sherry into large Pare lemon peel from fruit with table peeler and cut into very thin save lemons. Place peel in Sherry pitcher and refrigerate for at le hours or overnight.

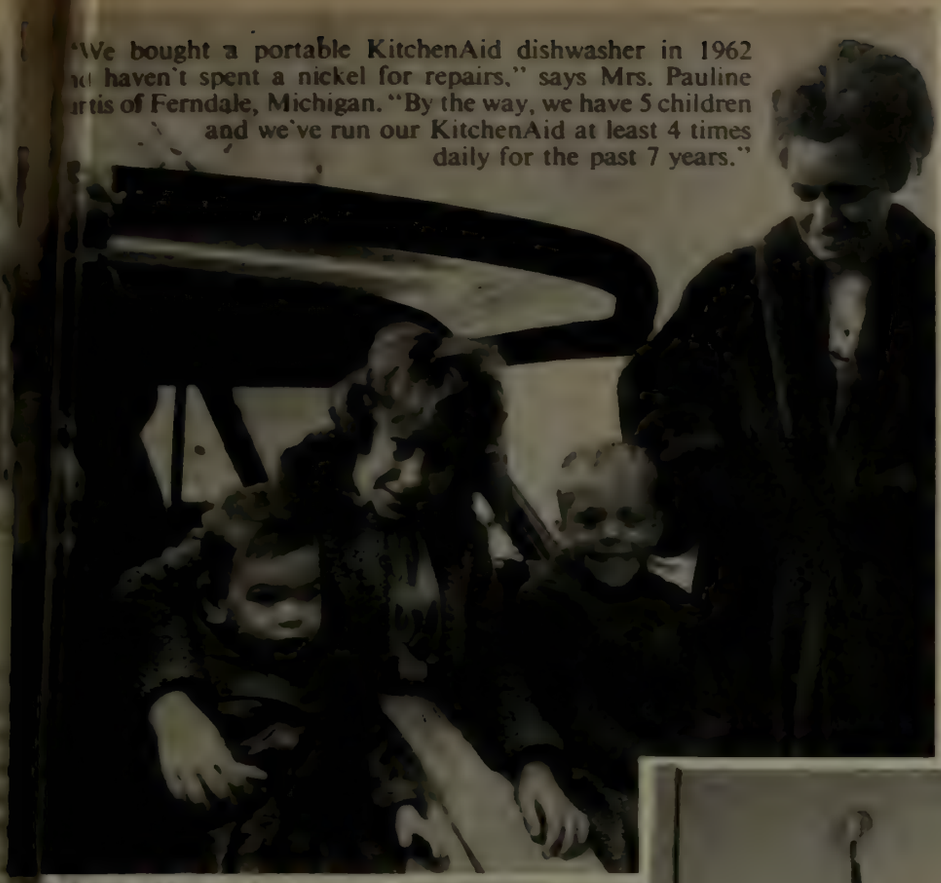
Second day: Remove lemon pee Sherry. Add brandy, cream, egg and, if you like, the sugar. (If you l syllabub this tart, add juice from re peeled lemons.) Whip the mixtur blender or with hand beater until comes fairly frothy. Pour into 12 glasses and cover each one. Put glasses into refrigerator and forget them overnight.

Third day: This is the day you have guests coming for dinner, wit dles glowing and appropriate music background to set the tone for syl Once the syllabub is placed befo guests, they should muddle it befo ing or sipping.

Daniel A. Hedg

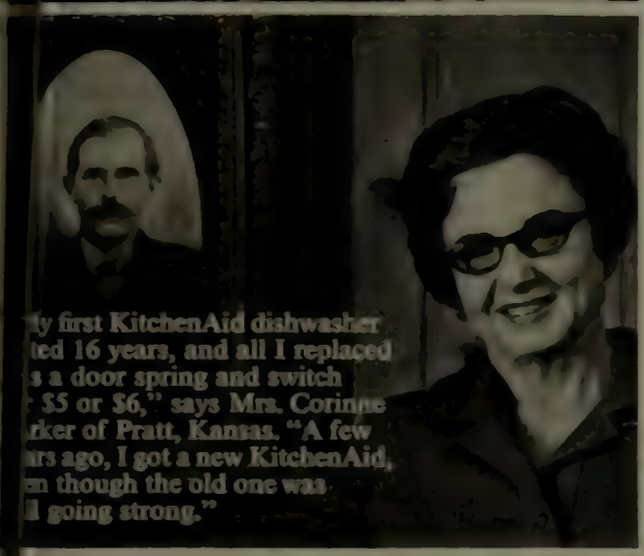
Los An

SU



"We bought a portable KitchenAid dishwasher in 1962 and haven't spent a nickel for repairs," says Mrs. Pauline Martis of Ferndale, Michigan. "By the way, we have 5 children and we've run our KitchenAid at least 4 times daily for the past 7 years."

Back in 1951, E. L. Briggs of Burnsville, North Carolina, bought this KitchenAid dishwasher. "It was in constant use every day," he said. "During those 18 years, all I ever had to do was replace a 60¢ light bulb."



"My first KitchenAid dishwasher lasted 16 years, and all I replaced was a door spring and switch for $5 or $6," says Mrs. Corinne Parker of Pratt, Kansas. "A few years ago, I got a new KitchenAid, even though the old one was still going strong."

3 happy families. 41 years of dishwasher use. $6.60 for repairs.

Who wants a dishwasher that's always breaking down?

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So if you want a dishwasher—but don't want a lot of repair bills—get a KitchenAid. Its built-in dependability will cost less in the long run.

For all the details on how a KitchenAid is built better to work better and last longer, see your dealer. (He's listed in the Yellow Pages.) Or write KitchenAid Dishwashers, Department 9DG-6, The Hobart Manufacturing Company, Troy, Ohio 45373.

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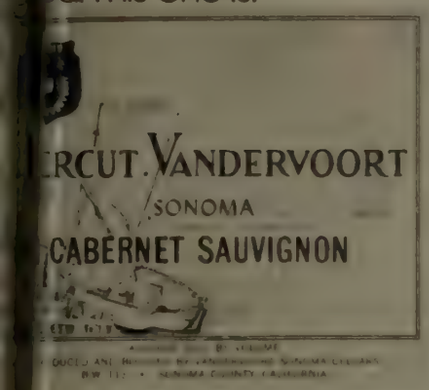

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The Chinese way with onions

Tender, crisp green onions season each of these savory Chinese dishes. They are family-style combinations that cook quickly in a frying pan and go well with steamed rice.

Two ingredients might require special shopping. Chinese Five Spice, a powdered blend, can be found in Oriental markets; it's also distributed by at least one Western spice manufacturer, so if your grocer doesn't carry it he may be able to order it for you. Fresh ginger is also essential; when you get a supply, keep it frozen and slice off pieces as needed.

DARROW M. WATT

Two kinds *of onions, ginger, garlic go in stir-fry beef dish*

TWO-ONION BEEF

- 1 pound boneless beef sirloin, fat-trimmed and sliced 1/8 inch thick
- 1 clove garlic, slivered
- 6 thin slices fresh ginger
- 5 teaspoons soy sauce
- 3 teaspoons cornstarch
- 3 tablespoons *each* Sherry and water
- 12 green onions
- 3 tablespoons salad oil
- 1 large onion, thinly sliced

Mix beef in a bowl with garlic, ginger, 2 teaspoons of the soy, and 1 teaspoon of the cornstarch; let stand 10 minutes. Blend remaining soy, cornstarch, Sherry, and water and set aside.

Cut white part of each green onion in two equal pieces. Cut two sections of green tops, each 1½ inches long; discard remainder.

Heat 1 tablespoon of the oil in a wide frying pan (10 to 12-inch diameter) over highest heat. Cook sliced onion, stirring until limp; remove from pan. Add remaining oil to pan, then add beef mixture and cook, stirring, until meat browns slightly; return meat to bowl. Pour soy-Sherry mixture into pan along with white part of green onions. Cook, stirring, until thickened and clear; add meat, sliced onion, and green tops. Heat, stirring, until simmering. Makes 3 or 4 servings.

MONGOLIAN LAMB WITH SPRING ONIONS

- 1 pound boneless, fat-trimmed lamb shoulder, leg, or loin, sliced 1/8 inch thick
- ½ teaspoon Chinese Five Spice
- 1 egg white
- 2 cloves garlic, slivered
- 4 thin slices fresh ginger
- 3 teaspoons cornstarch
- 5 teaspoons soy sauce
- 6 tablespoons Sherry
- 2 tablespoons water
- 10 green onions
- 2 tablespoons salad oil

Mix lamb in a bowl with Chinese Five Spice, egg white, garlic, ginger, 1 teaspoon of the cornstarch, and 1 teaspoon of the soy sauce; let stand 10 minutes. Meanwhile, blend remainder of cornstarch, soy, Sherry, and water.

Cut white part of each onion in half. Cut two sections from green tops, each about 1½ inches long; discard remainder.

Heat oil in a wide frying pan (10 to 12-inch diameter) over highest heat. Add meat mixture and cook, stirring, until meat browns slightly; return to bowl. Add to pan the cornstarch-soy mixture and white part of onion. Cook, stirring, until mixture thickens. Add meat and green tops and heat, stirring, until simmering. Makes 3 or 4 servings.

GINGERED OYSTERS WITH ONION

- 1 jar (10 oz.) small Pacific oysters
- 1/8 teaspoon Chinese Five Spice
- 1½ teaspoons cornstarch
- 4 teaspoons soy sauce
- 3 tablespoons Sherry
- 10 green onions
- 2 tablespoons salad oil
- 4 thin slices fresh ginger

Drain oysters well and mix with Chinese Five Spice, 1 teaspoon of the cornstarch, and 1 teaspoon of the soy sauce. Set aside for 5 to 10 minutes. Blend remaining cornstarch, soy, and Sherry; set aside.

Cut white part of each onion in half. Cut two sections from the green tops, each 1½ inches long; discard remainder.

Heat oil in a wide frying pan (10 to 12-inches diameter) over highest heat and add ginger and white part of onions. Cook, stirring, about 30 seconds; remove onion from pan. Add oysters and spread out in pan. Cook over moderate heat, turning once, until oysters are firmed slightly; takes about 2 minutes. Lift oysters from pan, let drippings brown, then blend in soy-cornstarch mixture. Cook, stirring, until thickened, then blend in onions, green tops, and oysters, and heat until simmering. Makes 2 or 3 servings.

Sprightly*

For a quick portable supper entree arrange hearty cold meats and relishes on dinner plates. Pass Rod's creamy Bleu Cheese Dressing to complement all.

Basket-lined plate above holds sliced roast beef and salami flanked by garbanzos, pickles, tomatoes, and artichoke hearts. Smother all with bleu cheese dressing.

*Definition: "Lively, brisk, and spirited." Sprightly is one of those fine words for this Bleu Cheese Dressing made by Rod's, originators of refrigerated dressings.

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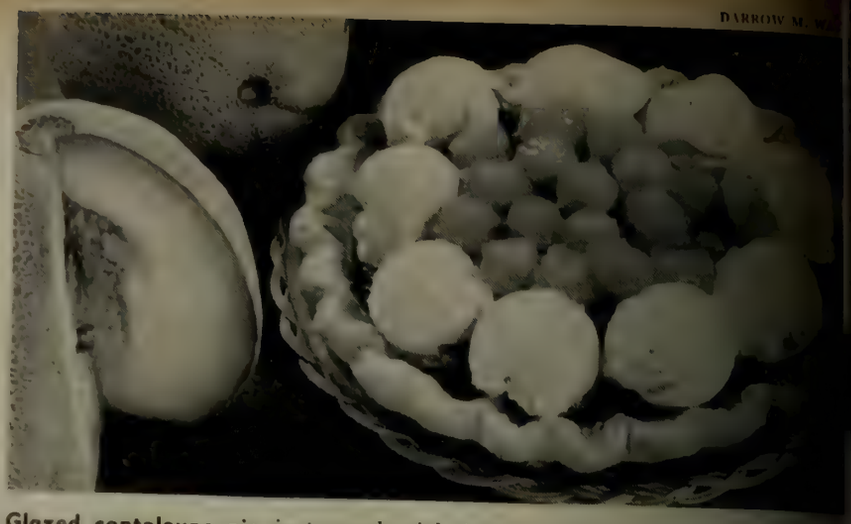

Glazed cantaloupe pie *is topped with frosty scoops of vanilla ice cream*

Here are cantaloupe pies

You can capture the flavor of succulent, vine-ripened cantaloupe in these three pies. Each of them is made from fresh, uncooked melon.

The first of the threesome is topped with a ring of ice cream scoops. You could use the same recipe to make plain individual tarts to serve with brunch.

GLAZED FRESH CANTALOUPE PIE

Halve and seed 2 medium-sized cantaloupes. Cut into melon balls, enough to make 4 cups; reserve. Scoop out remaining melon, whirl enough in blender to make 1 cup smooth purée; reserve.

In a pan, mix 2 tablespoons cornstarch with ½ cup sugar and a dash of cinnamon, then blend in the 1 cup purée and 2 tablespoons honey. Cook, stirring, until thick and translucent, about 8 minutes, and set aside to cool.

Drain reserved cantaloupe balls well, and combine with glaze. Spoon mixture into baked 9-inch pie shell (or 15 tart shells, 2½ inches in diameter). Chill 2 hours. Just before serving, place small scoops of vanilla ice cream in a circle around the outer edge of the pie. Makes about 8 servings.

The shell and other ingredients of this tart are prepared ahead and chilled, for assembly just before serving. We suggest you serve it with brunch or for dessert.

LEMON CUSTARD CANTALOUPE TART

For the crust, mix together 1½ cups unsifted all-purpose flour, ¼ teaspoon salt, and ¼ cup sugar in a bowl; cut in 9 tablespoons butter or margarine until mixture resembles coarse crumbs. Stir in 1 slightly beaten egg until thoroughly blended, press dough into a compa Roll out on floured board to fit a 1 tart pan or pie pan. Gently place in pan. (In tart pan make rim of flush with top edge of pan; in pi trim dough at outside rim and pres with fork tines, dipped in flour.) crust in several places. Bake in hot (400°) for about 15 minutes or lightly browned; cool.

When cool, spread about 1 cup pr lemon curd in tart shell to make layer; cover and refrigerate. Peel and thinly slice 1 small cantaloupe well.

Just before serving, place a single la the cantaloupe slices over the lemo in spiral design. Whip 1 cup heavy sweeten with 2 tablespoons sugar; around outer edge of tart. Arrange fresh raspberries in center of tart. G with sprig of mint. Cut in wedges to Makes about 8 servings.

Before serving this ice cream pie, mellow in the refrigerator a few m (if solidly frozen, up to 30 minutes).

CANTALOUPE ICE CREAM PIE

To make crust, mix 1 cup chocola vored (or lemon-flavored) wafer c crumbs with ¼ cup *each* sugar and m butter; pat evenly over bottom and of a 9-inch pie pan. Bake in mod oven (350°) for 8 minutes or until let cool.

Peel, seed, and dice ½ medium-sized taloupe; whirl in blender until sm Stir the puréed cantaloupe, 2 teasp lemon juice, ½ teaspoon grated le peel, and a dash of mace into 3 softened vanilla ice cream. Spoon baked crumb crust; freeze until f Makes about 8 servings.

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Poached cherries *top velvet-textured cheesecake, with more cherries baked inside*

Cherries bake in this ultrasmooth cake and also go into the light ping. Use a very sharp knife wedges, so that the cherries wil cleanly and not be pushed the cake mixture.

CHERRY CHEESECAKE

- 3 large packages (8 oz. each) cream cheese
- 3 eggs
- ⅔ cup sugar
- 4 tablespoons kirsch
- 1 tablespoon lemon juice
- ½ teaspoon vanilla
- 2 cups pitted Bing cherries
- Pastry base (directions follow)
- Bing cherry sauce (directions follo

Beat cream cheese until fluffy, t eggs, one at a time, beating in Mix in thoroughly the sugar, kirs on juice, and vanilla. Pour cher the baked pastry base (in a che pan) and cover with the cheese Bake in a 350° oven for 35 minut ter will look soft); let cool, then co chill well (you can prepare the much as a day ahead).

Slip a knife between cake and p to free, and remove pan rim. Spo Bing cherry sauce over cake an cutting wedges with a sharp knife. 9 to 12 servings.

Pastry Base. With your fingers

Cherry cake show . . . one's with cheese . . . one's a tart

Baking brings to the fore the latent rich, winelike quality of Bing cherries in these two showpiece summertime desserts: cherry cheesecake and a French-style pastry called *clafouti*.

In both cases, the fruit is enhanced with kirsch, a cherry liqueur that heightens the intensity of the fruit flavor. But we also give directions for kirsch-free alternates.

Pitting the cherries is the first step. You can use a cherry pitter, available at housewares departments for less than 50 cents; or you can more tediously pry out the pits with a clean paper clip or hairpin.

A light snow *of powdered sugar is the finishing touch for this cherry-studde*

thin it... spice it... stir it and

presto!

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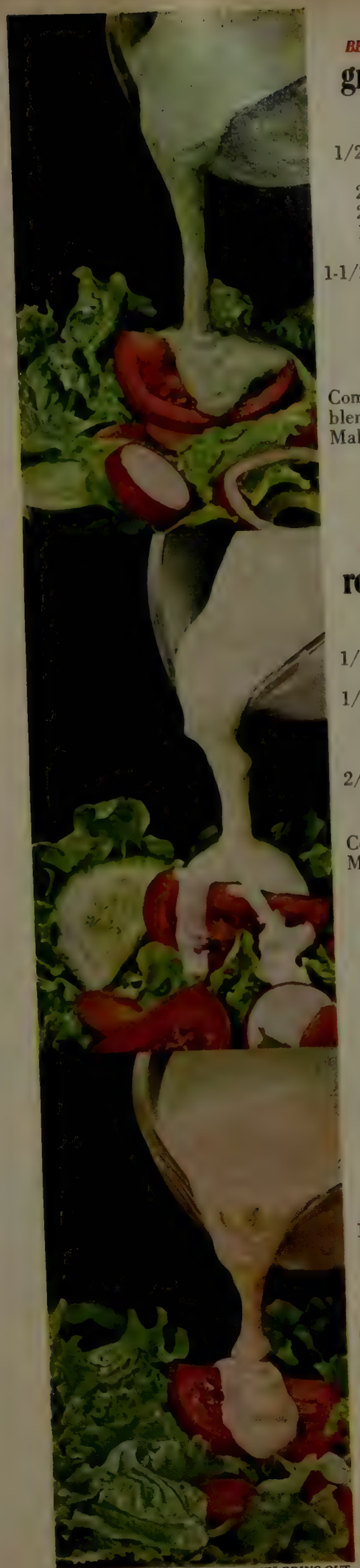

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BETTER-THAN-BOTTLED:

green goddess dressing

1/2 cup BEST FOODS® Real Mayonnaise
2 tablespoons milk
2 anchovies, minced
1 tablespoon tarragon vinegar
1-1/2 teaspoons lemon juice
1 cup parsley sprigs, minced
2 tablespoons finely chopped chives

Combine ingredients, using blender, if desired. Makes 3/4 cup.

BETTER-THAN-BOTTLED:

roquefort cheese dressing

1/2 cup BEST FOODS® Real Mayonnaise
1/2 cup dairy sour cream
3 tablespoons milk
2 tablespoons lemon juice
2/3 cup crumbled Roquefort (or blue) cheese

Combine ingredients. Makes 1-1/3 cups.

BETTER-THAN-BOTTLED:

thousand island dressing

1 cup BEST FOODS® Real Mayonnaise
2 tablespoons chili sauce
1/3 cup milk
2 tablespoons sweet pickle relish
1 hard cooked egg, chopped

Combine ingredients. Makes 1-2/3 cups.

NOTE: Chill dressings, serve on tossed greens.

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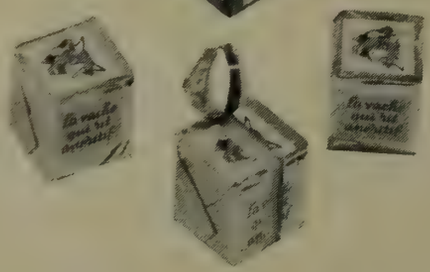

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tablespoons butter into ¾ cup all-purpose flour and 2 tablespo until mealy. Press crumbly mixtu over the bottom of a 9-inch ch pan with removable bottom or release side. Bake in a 350° ove minutes or until golden. Fill with cake mixture when hot or cold.

Bing Cherry Sauce. Boil togethe sugar and ⅓ cup water until clea 2 teaspoons cornstarch to a smoo with a little water. Add to syru with 2 cups pitted Bing cherries. a boil, stirring, and cook until clear. Remove from heat and b tablespoons kirsch (optional); ch

To make cherry cheesecake kirsch, omit the liqueur in the ch mixture, adding in its place 1 mor teaspoon grated lemon peel, and tional ½ teaspoon vanilla.

Clafouti, a homey pastry from the province of Limousin, can take the a custard cherry pie or of this th tart. The base is a buttery, firm-t cake that swells around the fru bakes. As the cake cools, the cherr stain the surfaces they touch.

CHERRY CLAFOUTI

- 3 cups Bing cherries, pitted
- 2 teaspoons lemon juice
- 3 tablespoons kirsch
- ½ cup (¼ lb.) butter
- ½ cup granulated sugar
- 1 teaspoon grated lemon peel
- ¼ teaspoon nutmeg
- 3 eggs
- 1 cup unsifted regular all-purpose flo
- 1 tablespoon granulated sugar
- Powdered sugar

In a bowl blend cherries, lemon ju kirsch and let stand at least 30 m occasionally stirring gently.

Cream butter with the ½ cup lemon peel, and nutmeg until fluff beat in eggs, one at a time. Mix smoothly. Spread batter in a grea flour-dusted 9 or 10-inch cheesecak with removable bottom or spring-sides, or a 10-inch pie pan.

Lift cherries from juices with a or runcible spoon and distribute batter. Mix the 1 tablespoon sugar cherry juices and drizzle over the fr

Bake in a 375° oven for 40 minu until cake around fruit springs firmly when lightly touched. Let cool and slightly warm or at room temper you can cover the cake and store, erated, for several days, but serve at temperature. The cherry flavor inte with age. Just before serving, remov rim and dust cake lightly with pow sugar. Makes 9 to 12 servings.

To make cherry clafouti without k omit the liqueur and add 1 teaspoon to cake batter along with eggs. In the lemon juice to 1 tablespoon with cherries; add an additional spoon sugar to cherry juices.

ourmet Spices
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HERBED SHRIMP DIABLE

pounds raw shrimp
cup butter
pound fresh mushrooms, sliced
cherry tomatoes
cup sliced celery
teaspoon Schilling Parsley Flakes
teaspoons Schilling Freeze-Dried Chives
teaspoon Schilling Tarragon Leaves
½ teaspoon Schilling Ginger
1 teaspoon Schilling Dry Mustard
2 teaspoons Schilling Season-All
⅛ teaspoon Schilling Garlic Powder
¼ teaspoon Schilling MSG
¼ teaspoon Schilling Coarse Grind Black Pepper
3 tablespoons lemon juice
¼ cup brandy, heated

ell and devein shrimp. Melt butter in large skillet; sauté ushrooms, tomatoes and celery 3 min. Push to one side of llet. Add raw shrimp and sprinkle with seasonings which ve been mixed together. Sauté the shrimp, stirring 2 min. ld lemon juice. Combine shrimp and vegetables. Cover d simmer 5 min. Transfer to chafing dish. Just before rving, flame with heated brandy. Nice over rice. Serves 4-6.

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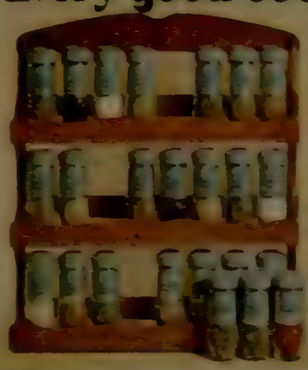

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DARROW M. WATT

Slice *scored beefsteak, topped with mustard glaze; blend the sauce and juices to serve*

Steak for the cook in a hurry

These beefsteak dishes should please the cook in a hurry. The first features a sauce you make while the meat broils. The second can be completely assembled a day ahead.

Here a delicately seasoned, very simple mustard sauce blends with broiled steak juices. Serve with French-fried potatoes.

STEAK WITH MUSTARD CREAM

- 3 tablespoons dry Vermouth
- 1 tablespoon Dijon-style mustard
- ⅛ teaspoon whole thyme
- About 2-pound piece well trimmed, lean boneless beefsteak cut 2 inches thick, such as sirloin or first cut of the top round
- Salt
- 3 tablespoons butter
- 3 tablespoons whipping cream
- Watercress or curly endive (chicory)

In a small saucepan blend Vermouth, mustard, and thyme, and heat just until simmering; set aside.

Broil steak about 2 inches below heat, allowing about 8 minutes to each side for rare meat (cut a small gash to test). Transfer steak to a serving dish and score top into diamonds cut about ⅜ inch deep to let juices flow; salt and keep warm.

Return wine mixture to highest heat, adding butter and whipping cream. Boil rapidly, stirring, until sauce is thickened to consistency of softly whipped cream and becomes more golden. Pour over steak. Garnish with watercress. Slice meat, turning each portion into the blended sauce and juices. Makes 3 or 4 servings.

A fine make-ahead main dish: seared and chilled tenderloin steaks with minced mushrooms, wrapped in flaky patty shells rolled thin. Bake and serve with sauce.

BEEF FILLETS IN FLAKY PASTRY

- 1 tablespoon butter
- 6 small beef fillet steaks (3 or 4 oz. *each*) cut 1 inch thick and trimmed of fat
- 6 tablespoons Madeira or Sherry
- ½ pound mushrooms, minced
- 1 package (10 oz.) of 6 frozen patty shells, thawed
- Salt
- Béarnaise cream sauce (recipe follows)

Melt butter in a wide frying pan over highest heat and sear steaks on each just to give brown color. Pour in 3 spoons of the Madeira; transfer steaks another container and chill thoroug

To frying pan add the remaining 3 spoons Madeira and the mushroom cook over medium heat, stirring, un the liquid has evaporated. Chill m

Roll out the thawed pastries, one time, on a lightly floured board to a circle about 8 inches in diameter (it not matter which side of the pastry

Put ⅙ of the mushroom mixture in center of the pastry, set 1 of the steaks on top, salt lightly, fold p over steak to enclose, and place f side down on a rimmed baking sheet peat to wrap each steak. Cover steaks refrigerate as long as overnight.

Bake in a 425° oven for 18 to 20 mi or until pastry browns lightly. F first 10 minutes put pan on lowest ra oven, then move to highest rack.

Serve at once (the meat will be passing the béarnaise cream sau spoon over each steak. Makes 6 serv

Béarnaise Cream Sauce. In a small sa pan combine 2 tablespoons minced o 1 tablespoon wine vinegar, and ¼ spoon tarragon. Boil over medium stirring, until liquid is evaporated. 4 tablespoons butter and ¼ pound mushrooms (slice or quarter if large 1 inch in diameter). Cook until rooms are lightly browned. Pour cup whipping cream; bring to boilin

Stir some of the hot mixture into yolks, then return to saucepan and briefly, stirring, until thickened sli Sauce can be reheated if warmed stirring, over hot (not simmering) w

Spoon *tarragon-flavored mushroom sauce over beef fillet baked in*

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Serve with ice-cold Hawaiian Punch. And for a refreshing change, add a squeeze of lemon.

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Separate crescent dough into 16 triangles.

Dip the marshmallows into ¼ cup melted Parkay Margarine, then roll in a mixture of ¼ cup sugar and 1 tsp. cinnamon.

Wrap a dough triangle around each marshmallow. Completely cover marshmallows and squeeze edges of dough tightly to seal.

Dip in melted Parkay and place margarine-side-down in deep muffin cups.

Place on foil or cookie sheet. Bak 375° for 10 to 15 minutes until gol brown. (As they bake, the marshmal melt, leaving a hollow puff-up cent

Immediately remove from cups a drizzle with glaze (made by combin ½ cup powdered sugar, 2 to 3 tsp. m and ½ tsp. vanilla, and blending u smooth). If desired, sprinkle with ¼ c chopped nuts. Serve warm or cold.

In the deli case

DARROW M. WATT

uncheon salad: kiwi slices, cantaloupe rings, and strawberries encircle chicken rnished with Brazil nuts. Hot butter twist rolls and iced coffee accompany

This fruit surprise is kiwi

ic New Zealand fruit, strangely kiwi or Chinese gooseberry, makes er appearance in many Western s.

tional name is truly a misnomer, kiwi bears no relation to our acid- gooseberry. But no other fruit is ike it in stunning appearance or ing flavor.

neath its fuzzy brown skin it has cent, lime green flesh, ringed in nter with crunchy, black, edible It tastes like a potpourri of straw- banana, and cantaloupe. Peeled iced, it makes a handsome addi- o salads and fruit compotes or a acular topping for ice cream or ake-style desserts.

t kiwi as a table fruit, simply cut half crosswise and use a teaspoon op out the flesh.

kiwi grows on prolific vines in New nd. A good shipper, it has been ted in the United States in increas- olume only since 1962. The average of kiwi in most markets is about or 25 cents. The fruit is especially in vitamin C.

When you bring home kiwi, leave the fruit at room temperature until it gives (feels soft) to gentle pressure. Then it is ripe, ready for eating. Refrigerate at this point if you want to hold it for a day or two.

Cantaloupe and strawberries heighten the kiwi flavor when the three fruits are served together. Here these brilliantly colored fruits ring a chutney-dressed chicken salad.

KIWI CHICKEN SALAD PLATE

- 4 cups diced cooked chicken (white and dark meat, mixed, or all white)
- 1 cup sliced celery
- ½ cup toasted sliced almonds or Brazil nuts
- Chutney dressing (recipe follows)
- Salad greens
- 1 medium-sized cantaloupe
- 1½ cups strawberries, washed and hulled
- 4 to 5 kiwi

For chicken salad mixture, mix together the diced chicken, celery, and nuts (if desired, reserve 3 tablespoons nuts for garnish). Mix in enough dressing to moisten lightly (about ⅓ cup) and chill. Arrange greens on 1 large round platter or

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on 4 to 6 individual serving pl and slice melon ½ inch thick, seeds. Cut the rings in half and on one side of the plates.

Mound chicken salad in the cen nish with reserved nuts, and with strawberries and peeled an kiwi. Offer additional dressing in bowl. Makes 4 to 6 servings.

Chutney Dressing. Mix together *each* commercial sour cream and naise. Blend in 2 teaspoons lem and 2 tablespoons finely choppe ney. Add salt to taste. Chill.

The cool green color and unusu of kiwi fit in beautifully with a of fruit. Pass an orange-flavored sauce to cover all.

KIWI FRUIT MEDLEY WITH CUSTARD SAUCE

- 6 slices fresh or canned pineapple, quartered
- 3 fresh peaches, peeled and sliced
- 4 kiwi, peeled and sliced
- ½ cup raspberries or strawberries
- ½ cup dry white wine (optional)
- Custard sauce (recipe follows)

Select a 2-quart crystal or glass bowl and mingle the pineapple, kiwi, and raspberries in it. If desi over the wine, then chill. Serve panied by a bowl of custard sauce follows). Serves 4 to 6.

Custard Sauce. Using the top of boiler, scald 1½ cups milk. Mix ⅓ cup sugar, 2 tablespoons corn and ⅛ teaspoon salt; pour in milk and stir until blended. Re the top of the double boiler, pla simmering water, and, stirring co cook until thickened; then conti mering 2 or 3 minutes longer oughly cook the starch.

Beat 3 egg yolks until light and the hot sauce. Return to the doubl and cook 2 to 3 minutes over hot Remove from heat and stir in 1 t vanilla and 1 tablespoon Cointr undiluted orange juice concentrat and chill.—*J. M., Portland.*

Spicy preserved ginger complemen in this sundae topping for ice crea

GINGERED KIWI SUNDAE

- 4 kiwi
- ¼ cup *each* sugar and water
- 2 tablespoons finely chopped preserved ginger
- 1 tablespoon ginger syrup
- 1 pint lemon custard or vanilla ice cream

Peel kiwi and slice ¼ inch thick. a small pan the sugar, water, pre ginger and ginger syrup; bring to and simmer 2 minutes. Add slice and heat just until hot through (th will bleach in color if it is cooked l Spoon ice cream into 4 serving bow spoon over the warm kiwi sauce. 4 servings.

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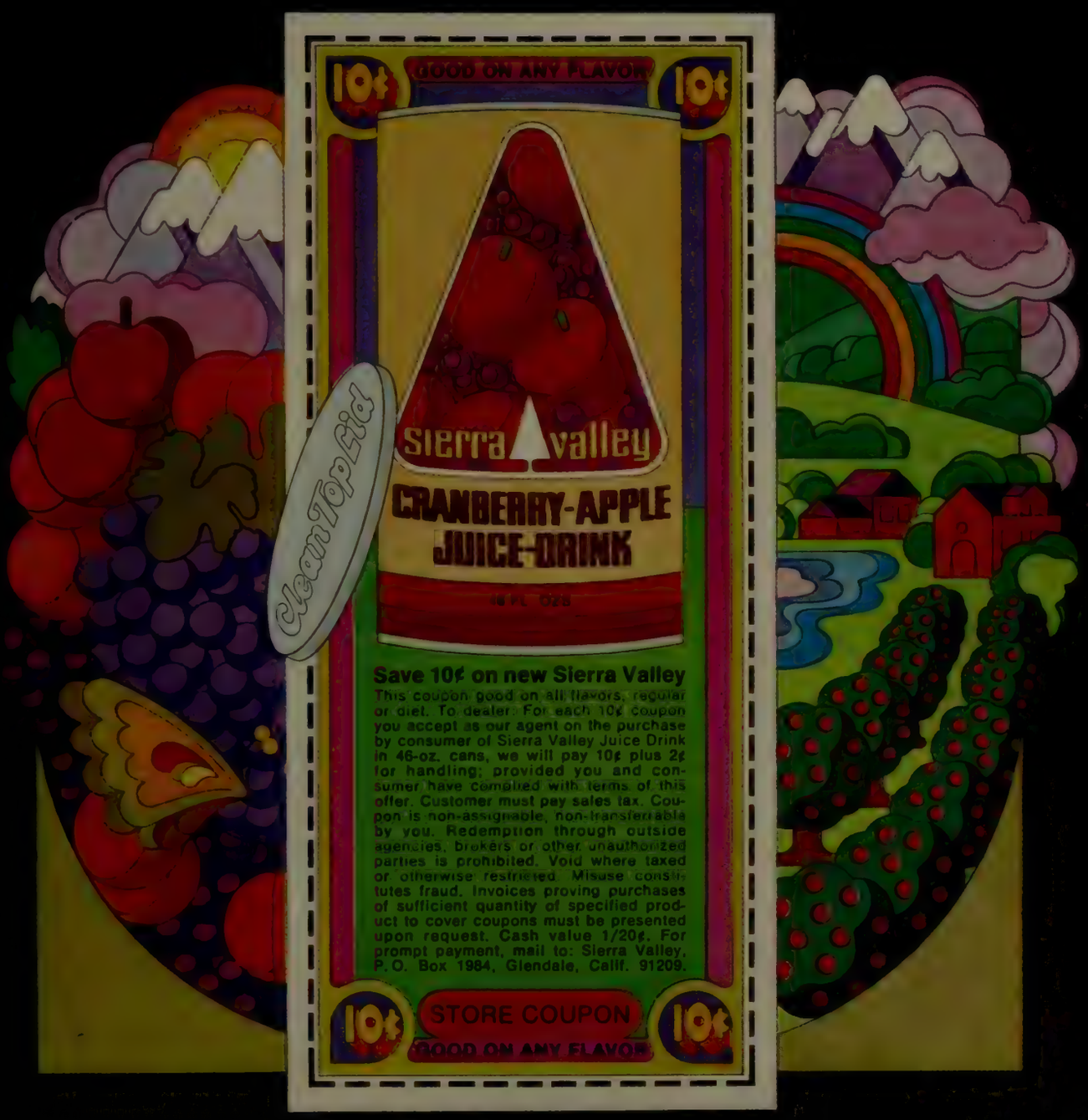

Beef as served by famous California restaurants

El Poche Cafe

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SAN GABRIEL

"El Poche" — the nickname for native Californianos of Mexican descent — is the original site of both Victor Torres' barber shop and Tyrone Power's first haircut. Then Rosa Torres' cooking achieved local fame and the barber shop was converted to a 4-table, 8-stool restaurant. Today owner Jerry Torres, the son of Vic and Rosa, can serve 425 aficionados from one of the world's most complete Mexican menus, delight them with flamenco, and inspire them with a permanent exhibition of Mexican art. And, in all categories, nothing is more authentic either side of the border.

STEAK PICADO

- 1½ pounds lean beef tenderloin tips
- ½ cup cooking oil
- ½ cup chopped onion
- ½ cup chopped celery
- 1 cup whole peeled canned tomatoes
- 1 (4-ounce) can peeled green chile peppers

Cut beef into ¾ inch cubes. Pan fry quickly in hot oil until brown. Add onion, celery, and tomatoes. Toss lightly and remove from heat. Cut chiles into strips and add to meat mixture. Makes 4 servings.

Jerome A. Torres, El Poche General Manager, suggests that fresh long green Anaheim chiles are preferable to canned. Blister skin of chiles in hot oil or over open gas flame. Peel, slit, and remove seeds, veins, and stems.

Today Beef is Better

For More Beef Recipes Write to:
CALIFORNIA BEEF COUNCIL
463 Brewster Ave.
Redwood City, Calif. 94063

DARROW M. WATT

Port punch—*a refreshing solution for summer entertaining*

Punch is a problem solver

The flavor of each of these three new punches is not diluted as the ice melts—because the ice cubes are made from one or more of the recipe ingredients.

Each can be served from a pitcher; multiply amounts for larger groups.

This tart Champagne punch makes a cooling pre-dinner drink.

LEMON CHAMPAGNE PUNCH

Several hours or the night before serving, measure ½ cup thawed frozen concentrate for lemonade from a 6-ounce can (reserving remainder) and mix with 1½ cups water; freeze into cubes.

To make punch, smoothly blend in a 2-quart or larger pitcher 2 tablespoons mild honey with ¼ cup curaçao (or other orange-flavored liqueur) *or* ¼ cup thawed frozen orange juice concentrate (undiluted). Then add reserved concentrate for lemonade and ¾ cup water. Add prepared ice cubes; then carefully pour in 1 bottle (⅘ qt.) chilled Champagne and stir together. Makes about 7 six-ounce servings.

Full-bodied Port wine makes the base of this punch; cranberry juice cocktail adds fruit flavor and rosy glow.

PORT WINE PUNCH

Several hours or the night before freeze half of a 1-quart bottle of gi into cubes; recap bottle tightly.

To make punch, mix together in quart pitcher ¾ cup chilled cra juice cocktail and 1 bottle (⅘ qt.) Port wine. Add prepared ice cubes; remaining 2 cups chilled ginger ale. about 10 six-ounce servings.

This non-alcoholic punch is made with ginger root and grapefruit sod

GINGER GRAPEFRUIT PUNCH

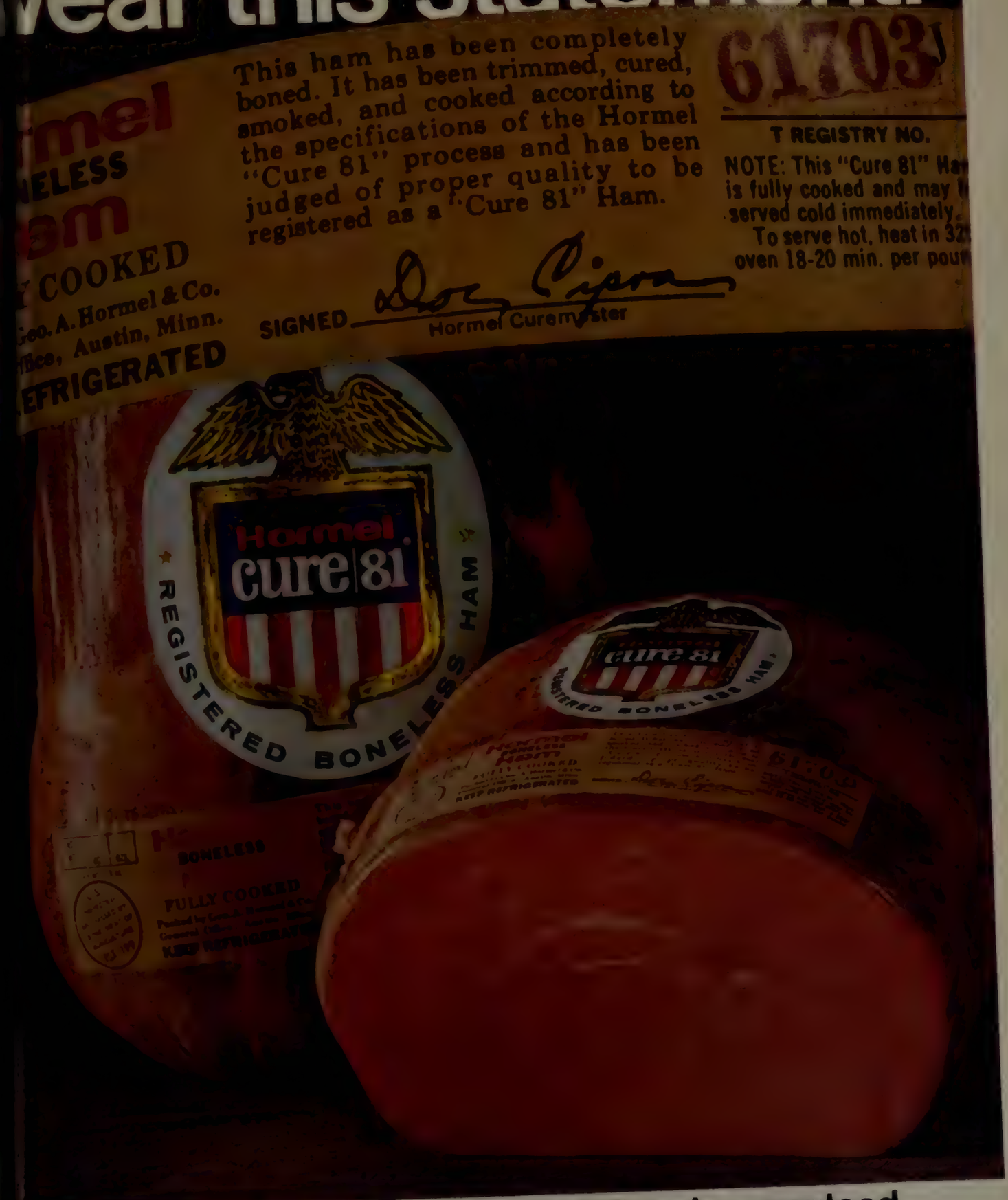
Several hours or the night before freeze half of a 1-quart bottle of fruit soda into cubes; recap soda. cups boiling water over 1 tablespoon tea leaves; steep 5 minutes. Strain; 2 tablespoons sugar; cover and chill.

To make punch, pour 3 tables thawed frozen orange juice conce (undiluted) into a 2-quart or pitcher. Using a garlic press or fin strainer, press juices from a 1-inch p fresh ginger root into pitcher (you have about ½ teaspoon ginger Pour in tea and prepared ice cubes; remaining 2 cups chilled grapefrui Makes about 7 six-ounce servings.

Like father, like son...like getting good and dirty. Nothing like heavy-duty Cold Power to get out even the worst kind of dirt...in cold water! Germproofs, too.
Mrs. Marguerite Constantineau, Braintree, Mass., says: "Since I've been using Cold Power, my wash seems much cleaner than it used to."
Marguerite Constantineau
Be sure to watch "The Doctors" in color NBC, Monday through Friday, 2:30-3:00 P.M. NYT.
COLD POWER
germproofs in cold water

GaLA
TOWELS
It's a pretty, tough towel.
See all those little dents? Inside are tiny air pockets to soak up more and keep the trouble from spreading. Gala also makes napkins that are just as pretty.

lo other ham can vear this statement.



lo other ham is numbered, registered and guaranteed.
Cure 81. The world's most nearly perfect ham.

Hormel
A FEDERALLY INSPECTED PRODUCT

1969

Now enjoy "Constant Comment"® flavor in an Instant and Iced Tea Mix too.

Enjoy it straight or add lemon and sugar.

We've added the lemon and sugar for you.

When all's said and done, there's nothing quite like the orange and spice flavor of "Constant Comment" Tea.

And now that it's so easy to have this unusually delicious flavor, who wants to settle for anything less? "Constant Comment" in any form is just about the nicest way to tell anyone "you deserve something special".

Also available in tea bags and loose tea.

R. C. Bigelow, Inc., Norwalk, Connecticut

Juicy Oriental Pork balls

Oriental **dish,** a colorful combination ...ls and vegetables, features a ...echnique. Instead of browning ...meatballs in fat, you brown ...all once in a hot oven.

...k the meat ahead, the dish can ... assembled at dinner time. ...ntrée you might serve a creamy ...p and crisp wafers such as rice ...r corn chips for a first course, ...atoes as a salad, and crescents ...taloupe for dessert.

...MEATBALL DINNER

...d ground beef chuck
...ds ground pork
...5 oz.) water chestnuts, drained
...d chopped
..., slightly beaten
...quick-cooking rolled oats
...chopped onion
...poon ground ginger
...poons salt
...(14 oz.) regular-strength beef broth
...espoon sesame seed
...espoons salad oil
...ium-sized green pepper, seeded
...nd cut in strips
...s sliced zucchini (about 3 small ...cchini)
...dium-sized onion, sliced
...ks celery, diagonally sliced
...ves garlic, minced or mashed
... water
... soy sauce
...lespoons cornstarch
...s hot cooked rice

...e bowl, thoroughly combine with ...nds the beef, pork, water chest-...gs, rolled oats, chopped onion, gin-..., ⅔ cup of the beef broth, and ...seed. Shape into smooth balls, us-...t 2 tablespoons mixture for each.

...eatballs slightly apart on un-...rimmed baking sheets. Bake in a ...en for 30 minutes, or until meat ...ly browned and the interior has ... pink color. Use hot (or chill, cov-... long as overnight, then reheat for ...utes in a 350° oven before con-...).

...alad oil into a large frying pan. ...ver medium heat; add green pep-...cchini, onion, celery, and garlic; ...stirring, for about 3 minutes, or ...egetables are tender, yet crisp.

...ot meatballs, remaining broth, and ... bring to a simmer. Blend soy sauce ...ornstarch until smooth; add to meat ...re, stirring briskly to distribute. ... stirring, until sauce is thickened ...ear, and remove from heat. To serve, ... mixture over rice. Makes about 8 ...gs.

Now, the first and only Pineapple Upside-Down Cake Mix.

And double yum because it's extra juicy. This new Betty Crocker mix comes with delicious crushed Hawaiian pineapple from Dole.* So some of the juice melts down, and the rest keeps the topping moist and luscious to the last bite. Complete with brown sugar and a special cake to hold the juice. Don't wait to try this one!

Yum.

*T.M. of Dole Company

THE

Western Kitchen

NEWS AND IDEAS

GLENN CHRISTIANSEN

Direct line to the trash container

In both these trash disposer arrangements, a large refuse can below the o can be removed through a door direct to the outside. The one at left (J was the designer for John Lowney Jr., Napa, California) was custom with a chute. The other is a hole in the marble counter covered with a c board; Jacob Robbins was the architect for Harry Polland, Berkeley.

Cold water at the refrigerator . . . hot water at the range

If you're not already aware that they're available, you might be on the lookout for the side-by-side refrigerator-freezer with a faucet for chilled water and an ice cube dispenser on the outside of the freezer door, and for the drop-in range with the instant hot water faucet on the control panel. Available at present only on deluxe models, they may be appearing on less expensive models in the future.

New tape lets you hem with a hot iron

A new thermoplastic tape, in reality a lacy spun adhesive that handles like a fabric, is a quick way to put up a hem or apply braid or trim. You place the ¾-inch-wide tape (3 yards for 50 cents) between two pieces of fabric and fuse it with a hot iron to provide a washable, dry-cleanable bond.

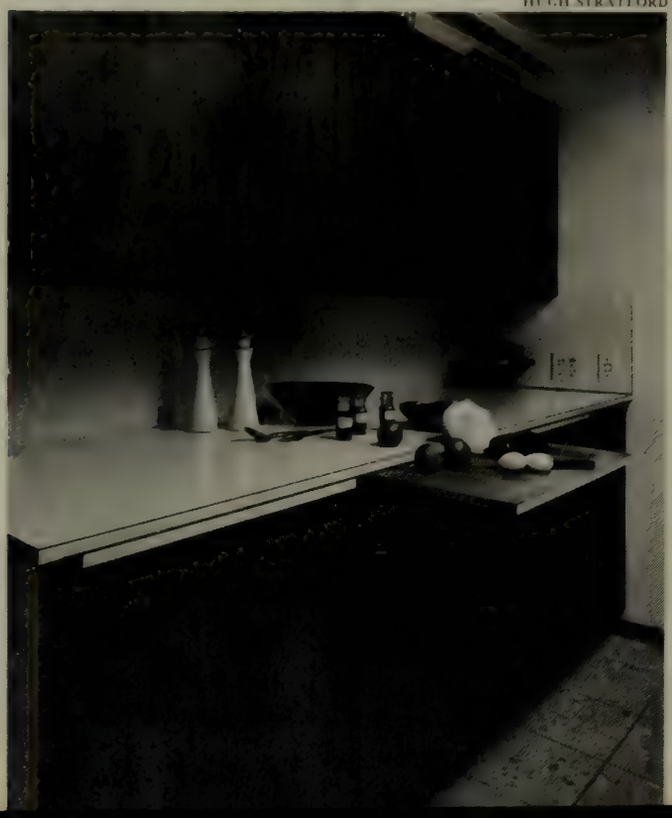
You can change a hem by heating the adhesive again with a hot iron and separating the two layers of fabric. Theoretically, leftover adhesive disappears into the fabric if you hold a hot steam iron above the area, but we found that a slight residue.

However, for doing anything that is to be permanent—hemming curtain plying facings and interfacings, fo ample, it seems ideal, leaving no marks to show through on the right

Multi-purpose breadboards, any size, any place

Three breadboards (with edge facings to match the countertops) were incorporated into this Seattle kitchen by architect Paul Thiry. The individual boards give a busy cook the space to keep several projects going at once.

HUGH STRATFORD



A tiny board below this bar sink is large enough to cut limes, even salad greens. Vladimir Ossipoff & Associates were the architects for David Barry, Jr., Honolulu.

R. WENKAM

© American Tourister
Warren, R.I.

Now available as a suitcase.

We don't see why a suitcase should
e just as nice as the clothes inside.
That's why we used a houndstooth
d usually used for making suits and
es. You can't get much nicer than that.
And you don't have to worry about
king it around either. Because fashion-
as it is, it's still an American Tourister.
e always made our luggage strong
gh to take just about anything. And
not about to stop now.
This new case may be soft and pretty
ts frame is stainless steel. So it won't

lose its shape like some other soft cases we know. Its handles fit the hand. Which makes it easier to carry.

It also has a non-spring combination lock you can set yourself. (No more keys to lose.) And, of course, we Scotchgard® the houndstooth before we put it on the case. Because we think clean goes with nice.

That about covers everything. Any more would just be showing off, and you can do that for yourself.

American Tourister

American Tourister

THE FACTS BEHIND THE CHARGE OF THE LIGHT BRIGADE: WHILE GENERAL CARDIGAN WAS DECIDING IF HE SHOULD
BRIGADIER WHITEHEAD, UNCLE OF SCHWEPPES OWN COMMANDER, OPENED A BOTTLE OF OUR ELIXIR, FAILING TO REALISE HOW HEAT AFFECTS SCHWEPPERVESCENCE.
POP
THE RESULTING CHARGE FRIGHTENED THE HORSES SO THEY ADVANCED SPONTANEOUSLY; PROVING
CURIOUSLY REFRESHING
S. CHWAST
VICTORY IS NOT AL
Schweppes
TONIC WATER

DARROW M. WATT

roast beef, onions, tomatoes, and bread make cool summer supper

esterday's beef . supper today

over roast beef to make this quick- nble supper—a meal all on one . The snappy bite of capers sparks ol sour cream dressing that is l over the meat.

RED BEEF SALAD

pounds leftover rare beef roast, chilled
cup sour cream
tablespoons white wine vinegar
teaspoon salt
teaspoons each sugar and Dijon-style mustard
tablespoons capers
medium-sized sweet red onion, thinly sliced
About 2 cups cherry tomatoes
Parsley
Dark rye bread
Butter

y slice the meat and trim off fat. slices in half and overlap them on a platter.

he dressing, mix together the sour n, white wine vinegar, salt, sugar, mustard; spoon dressing in a strip the center of the meat. Sprinkle capers. Separate sliced onions into and arrange on top.

er one side of the platter with cherry toes and parsley sprigs and overlap l on the opposite side. Pass a pot of r. Makes about 6 to 8 servings.— *Portland.*

COOKING WITH Kellogg's

Crunchy Ice Cream Bars

You make the crust rich and chocolate-y with Kellogg's Cocoa Krispies

½ cup light corn syrup
½ cup peanut butter (creamy or chunk style)
4 cups KELLOGG'S® COCOA KRISPIES®
1 pint brick ice cream

1. Mix corn syrup thoroughly with peanut butter. Add Cocoa Krispies cereal and stir until well-coated.

2. Press mixture evenly and firmly into bottom of buttered 13 x 9 x 2-inch pan. Place in freezer or coldest part of refrigerator until firm.

3. Cut into twelve 3-inch squares and place a slice of ice cream between each two squares. Cut each square into two bars. To store, wrap individually in aluminum foil and keep in freezer until needed.

YIELD: Twelve 3x1½-inch Crunchy Ice Cream Bars

NOTE: Serve Crunchy Bars as a confection by cutting into 2 x 1 inch bars. Omit ice cream.

®Kellogg Company ©1967 by Kellogg's Company

The first dishwasher detergent for dry-hards.

Dry-Hards are tough-to-clean foods—like eggs, fruit pie, oatmeal, meat fats, sauces—that dry and cake and stick. And stick. And stick. To plates. On forks. Filming glasses. Electrasol, fortified with 20% more active cleaning ingredients than other leading dishwasher detergents, really removes Dry-Hards. Lets your dishwasher give you cleaner, brighter, film-free dishes.

Test proves fortified Electrasol's superiority against Dry-Hards. Egg cup with Dry-Hard paste of egg, oatmeal and blueberry pie baked on for ten minutes at 330°F came out looking this way when washed in another leading dishwasher detergent.

Identical Dry-Hard egg cup—but cleaned in Electrasol, fortified with 20% more active cleaning ingredients than other leading brands. Try Electrasol. It removes Dry-Hard soils, prevents them from drying into spots on dishes, glasses and silverware.

IF PRODUCT OR PERFORMANCE DEFECTIVE ★ Good Housekeeping GUARANTEES REPLACEMENT OR REFUND TO CONSUMER

ECONOMICS LABORATORY, INC., St. Paul

DARROW M. WATT

ocha Mocha. *Guests help themselves to the toppings: mocha syrup, praline powder*

Two fresh fruit sundaes

dessert companions, fresh fruit cream, are embellished to make o sundaes company fare.

ha syrup and praline powder for sert can be prepared days in ad- nd kept stored in airtight contain- peaches are prepared a couple of head.

'S MOCHA

ps sliced fresh peaches
ablespoon lemon juice
up *each* sugar and orange-flavored liqueur (or fresh orange juice)
uart coffee ice cream
Mocha syrup (recipe follows)
Praline powder (recipe follows)

owl, combine peaches, lemon juice, and orange-flavored liqueur; cover frigerate 2 hours. To assemble des- divide peaches among 6 bowls and ith scoops of ice cream. Over each g drizzle 2 tablespoons mocha syrup prinkle about 2 tablespoons praline r. Makes 6 servings.

a Syrup: In a pan combine ¼ cup red ground chocolate, ½ cup sugar, poon instant coffee powder, ½ cup ing cream. Bring to a boil; boil 1 e, stirring. Remove from heat, cover, efrigerate. Before serving, let syrup until it reaches room temperature.

ne Powder: Combine ⅓ cup unblanched almonds and ¾ cup sugar in a frying pan. Place over moderate heat until sugar melts and turns amber. Tip pan back and forth to distribute melting sugar evenly. When all sugar has caramelized, pour mixture onto a buttered baking sheet; quickly spread in thin layer with a buttered spatula. Let cool thoroughly. Crush coarsely, then whirl in blender until powdery. Store tightly covered until ready to use.

For this recipe, use almond macaroons made from almond paste; you can buy these from a bakery.

LEMON CREAM WITH STRAWBERRIES

2 cups quartered fresh strawberries
½ cup *each* sugar and Kirsch (cherry brandy), or frozen tangerine juice concentrate, thawed
2 dozen almond macaroons, about 1 inch in diameter
1 quart lemon ice cream or lemon sherbet

Mix together the strawberries, sugar, and Kirsch; cover and refrigerate 2 hours. I each of 6 dessert bowls with 4 ma- cookies. Drain syrup from str panthus and sprinkle about 2 tablespo summer syrup over macaroons in ea bowl; let stand about 20 minutens, aga- scoops of ice cream on macaroon n. But bowl, then divide strawberries ot sum- cream. Makes 6 servings. in par-

Try this delicious, nutritious way to *Natural Regularity*

Tasty, ready-to-eat
UNCLE SAM CEREAL
aids regularity *gently, naturally*

You and your whole family will love the rich nut-like flavor of Uncle Sam Cereal. Golden kernels of nature's own sun-ripened wheat are rolled, toasted, then blended with toasted whole flaxseed and special flavoring to give you this delightful taste treat.

Uncle Sam is not a mere "bulk" type cereal but a combination of nourishing foods that gently aids "regularity" for young and old alike. Mothers everywhere serve this cereal to their youngsters to insure proper elimination habits. If you are dieting, Uncle Sam may help you keep regular, too. (Only 111 calories per average serving.)

Its high nutrition value and unique flavor have made Uncle Sam the favorite regulatory food in many thousands of households for over half a century. Try it today—you'll find it on your ... tightly before hanging.

'or summer-fall bloom

Winter-blooming annuals such as calendulas, Iceland poppies, pansies, primulas, and violas are probably beginning to look seedy. Now it's time to take them out, prepare the bed, and set out new plants for summer and fall flowers.

As you yank out the old annuals, shake off the soil from the roots. This is good garden soil and there's no sense in wasting it. Disturbing the soil should uncover a lot of insect activity. This is a good time to soak the bed with an all-purpose insecticide before you supply new roots to eat. Spade the bed and work in soil conditioners and fertilizer if necessary.

Sunset's GARDEN GUIDE

g redients than othe
Dry-Hards. Lets your dishw

Test proves fortified Electrasol's superiority against Dry-Hards. Egg cup with Dry-Hard paste of egg, oatmeal and blueberry pie baked on for ten minutes at 330°F came out looking this way when washed in another leading dishwasher detergent.

Identical Dry-Hard egg c
cleaned in Electrasol, for
20% more active cleaning
than other leading branc
trasol. It removes Dry-Ha
vents them from drying i
dishes, glasses and sil

ples

There's a feeling of coolness in this sunny courtyard—
that's enhanced by the large containers of lavender an
petunias, the vine maple on the right, Japanese maple
left, and dark green Irish moss ground cover between

JUNE IN YOUR GARDEN:

In this mixed-up month, zinnias are front runners

lifornia weather develops a lity in June.

arrived in interior valleys, eather demands frequent wa- shade for some plants.

and late afternoon fogs give egion a climate more like that thwest. The entry garden in aph, for example, is probably l of the coast than the inte- next page we illustrate the of June weather which affects lifornians garden this month.

something of an in-between g-flowering plants and shrubs and summer bloom is just ap- hile you have some spare time. l to July and August. By that of your early summer blooms faded. If you transplant some own seedlings into pots now, develop into bushy, flowering- s in the next two months.

unning annual

ontinue to hold their position e most popular annuals because reat variety. There are hybrids s, forms, and colors. The range extensive—orange, red, yellow, te, purple, and bicolors.

eed lots of sun and heat for best roduction. In the right location m quickly and easily from seed 6 to 8 weeks, depending on the They make long-lasting cut

uy flat-started plants, transplant . Water the plant in and provide ry shade if weather is warm.

begonias for warning signals

us begonias that stay small and , with shiny, ball-shaped leaves, ing too much sun. Move to a shad- e or shade with a screen or lath. ant grows stemmy, tall, and per- psided, it's getting too little sun. looms at all, flowers will be sparse. to a sunnier spot and save for its ext year.

become bluish green, soft and life- you over-fertilize. Stop feeding normal growth begins to appear. After that use a fertilizer lower in nitrogen. With too little fertilizer, leaves turn pale and flower production falls off. Be sure to follow fertilizer directions carefully to prevent either problem.

Too much heat can cause flowers to fall off before they should. Look for a cooler spot in the garden.

Gray moldy fuzz on leaves is a sign of powdery mildew. Spray or dust begonias when it appears. Better yet, prevent it by spraying every 10 days during the summer.

Pesticides: a thorough review

For those concerned with pesticides and their effects—particularly growers, nurserymen, and physicians—a booklet published by the University of California Agricultural Extension has some answers. *The Pesticide Information and Safety Manual* contains a safety checklist, toxicity ratings, poisoning symptoms, medical information, and a summary of laws and regulations on pesticide use.

You can obtain a copy by sending $2.50 to the Agricultural Extension Service, Room 327 University Hall, 2200 University Ave., Berkeley, Calif. 94720. Make your check payable to Regents, University of California.

About mail-order hucksters

If you're ever victimized by one of the few unscrupulous mail order plant, seed, or bulb dealers, you can either telephone or write your nearest Postal Inspector, or the Chief Postal Inspector, U.S. Post Office, Washington D.C. 20260.

This tactic works better than reporting to the Federal Trade Commission, which takes about two years to process a complaint, or the Better Business Bureau, which has no punitive powers. The reason: If a mail-order dealer loses his post office mailing privileges, he's out of business.

Agapanthus appreciation time

The cool blues and whites of agapanthus are a welcome addition to the summer garden.

In coastal and coastal valley gardens, agapanthus performs best in full sun. But inland, leaves are apt to burn in hot summer sun and the plant does better in partial shade. It is not fussy about soil and grows well even where drainage is poor.

In a perennial border, blue agapanthus flowers stand out against the predominantly warm tones of other summer flowers. It's massive enough to hold its own as a shrub border, too.

One somewhat overlooked drawback to massive plantings of agapanthus is that their shady foliage furnishes a daytime hiding place for snails. On the other hand, here is a chance to get rid of a large number of snails at one time by putting the bait where they live.

It's time to scout materials for dried arrangements

Although dried arrangements are most commonly used in fall, now is the time to start looking for usable material. Some common garden plants in bloom now are good for starters: acanthus, achillea, bells of Ireland, and scabiosa.

When collecting roadside weeds, don't look for specific plants, but for interesting forms. When you gather flowers in full bloom, pick them before they reach maturity; seed heads will shatter when dried. Pick some just as the flowers open. Grasses picked just before bloom will stay green.

Materials that are completely dry when gathered need no special curing and can be stored and protected in labeled boxes until needed.

To dry plants, tie them in small bunches and hang in a dark, dry, well ventilated place. Stems shrink when drying, so tie the bunch tightly before hanging.

For summer-fall bloom

Winter-blooming annuals such as calendulas, Iceland poppies, pansies, primulas, and violas are probably beginning to look seedy. Now it's time to take them out, prepare the bed, and set out new plants for summer and fall flowers.

As you yank out the old annuals, shake off the soil from the roots. This is good garden soil and there's no sense in wasting it. Disturbing the soil should uncover a lot of insect activity. This is a good time to soak the bed with an all-purpose insecticide before you supply new roots to eat. Spade the bed and work in soil conditioners and fertilizer if necessary.

Sunset's GARDEN GUIDE

June weather:

THERE ARE TWO WAYS ABOUT IT

The sketch that runs across these pages is a whimsical view of the two kinds of climates that affect northern California in June. It's exaggerated, but it makes a basic point: Days in the Central Valley may be hot with a little cooling at night. Along the coast morning and afternoon fog and winds can lower summer temperatures considerably.

The ocean, of course, is the dominating factor along the coast and coastal valleys. Cool moist air may even creep up San Pablo and Suisun bays, bringing high cloudiness to Davis, Sacramento, Stockton, and Tracy.

Inland the continental air mass dictates the weather. Summers are hot and dry in some areas, hot and humid in others. Of course, drying winds can be as much a problem for gardeners in San Jose as in Sacramento.

Clearly, then, climate will determine what you plant as well as how you care for it. Take advantage of the climate and use plants that grow lush and flourish in your locality.

CHOOSE PLANTS TO FIT THE CLIMATE

In coastal areas you can make good use of summer plants that like fog and cool nights: gloxinias, fuchsias, begonias, and geraniums in wide variety. Pansies thrive as edgings or ground covers. Dahlias may still be planted, and even gladiolus for later bloom.

Inland, take advantage of hot summer months by planting heat-loving annuals such as marigolds, portulaca, "vinca rosea" (*Catharanthus roseus*), and zinnias.

The wise choice of plant material, plus deep watering, mulching, and sun protection for those plants that need it, will produce a handsome garden in th summer climate.

TRANSPLANT WITH SPECIAL CA

It's very hard on plants to tr them from flats into hot, dry soi the ground first, a day or so be set out bedding plants.

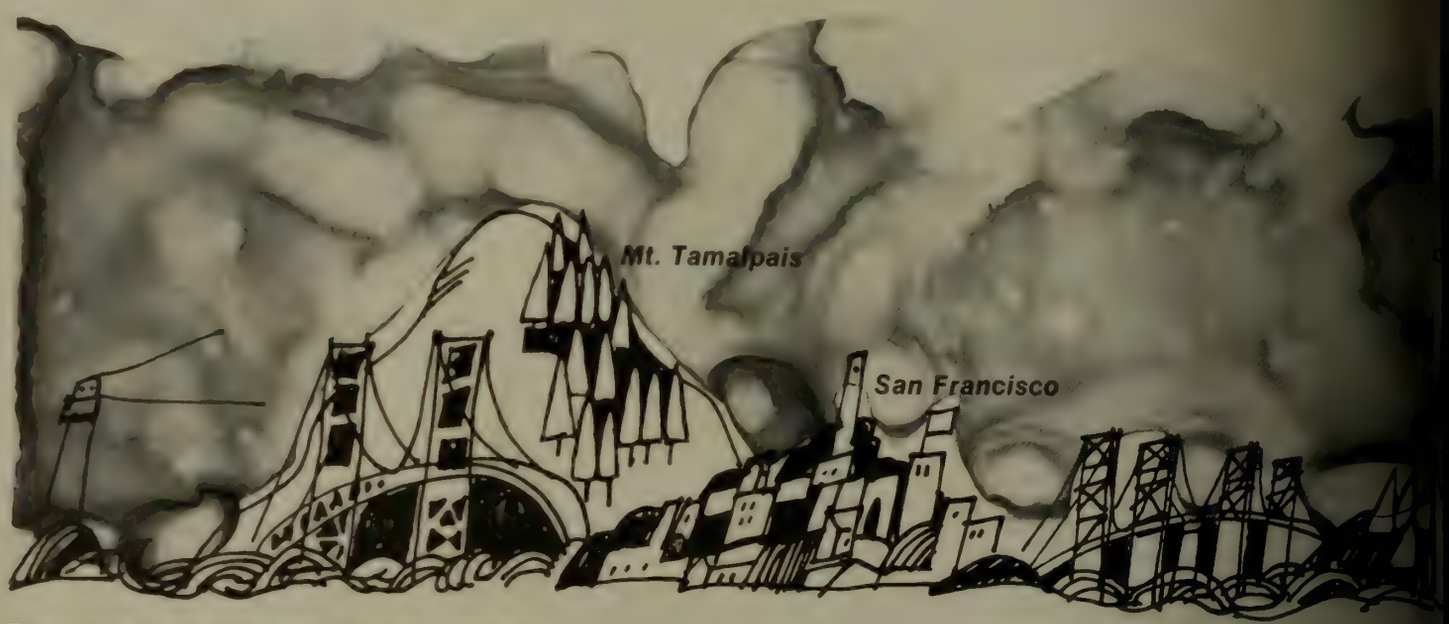
Try to plant in the late afternoon the bed is in shade. If you do pla sun, shade the plants with shing portable lath cover for a few day vent wilting. If you can't shad water two or three times a day.

Plants left in flats for any le time should be placed in shade a watered. Be sure soil in flats is n fore you transplant; dry soil crum leaves the roots bare.

WHEN HOT WEATHER COMES

This month new plants are grow idly and are still young and te there's a June heat wave they a subject to leaf burn and die-ba they will be in July and Augu new growth has hardened.

If you water lightly and freq plants develop a shallow root syst wilt readily. The answer is to w deeply at well spaced intervals,



Two faces of June weather: *morning and afternoon fogs cool and humidify the coast and coastal valleys, and may ev*

JUNE CHECK LIST: *Here are the things that need doing*

☐ **Azaleas, rhododendrons.** Finish pruning azaleas early this month because buds are already forming for next year's flowers. Keep roots moist at all times. Remove old flowers from rhododendrons to encourage next year's bloom.

☐ **Begonias.** Feed tuberous begonias every two weeks with a complete liquid fertilizer. Check page 189 for symptoms of trouble.

☐ **Chrysanthemums.** Pinch back for bushier growth. Feed plants you set out in April and May. Water deeply. It's still not too late to take cuttings.

☐ **Citrus.** Need deep watering, but don't let ground get soggy. Feed monthly with a high-nitrogen fert

☐ **Dahlias.** Pinch back this Dahlias are heavy feeders aft have set their buds. Go easy on ni too much forces excessive leaf gr

☐ **Fuchsias.** Keep plants well w Feed every two weeks an faded flowers picked off.

nd letting the upper layer of before watering again. Con- p soil may breed root diseases.

cement of plants is another ts that took full sun in cool y simply curl up and die this tion plants carefully.

ng seedlings from heat by a shading. Cheesecloth or saran kes makes a good shade. If tches you unaware, keep the with a fine mist through the on hours until they are in full

ut for the fuzz

as in Northern California are mildew prone, for light mists, w promote its growth. Mildew problem farther inland where evels are much lower, but a n of moisture and cool nights ncouragement it may need.

most susceptible under condi- high humidity, crowding, poor tion, and more shade than the ly needs.

s in many areas wash down ch as roses, with a fine spray he day, allowing plenty of time for the leaves to dry off before the sun goes down. Strangely enough, heavy wetting actually discourages mildew.

Acti-dione PM and karathane are the most frequently recommended chemical controls.

Weed control suggestions

If you're starting a weed control program this month, remember sprays for broad-leafed lawn weeds can ruin your garden if handled improperly.

Here are some rules that will help things go smoothly:

Keep one sprayer aside for weed killing only. It's practically impossible to remove all traces of poison from a container, and any residue could damage valuable plants elsewhere in the garden.

Choose a day when the air is still. The slightest breeze may drift spray onto other plants in the garden.

You can avoid contaminating a flower bed or border by working away from it instead of toward it.

Use a nozzle that makes a heavy spray (mist carries too easily) and hold it close to the plants you're working on. Spot-treat weeds growing among desirable plants. If they're too close and there's a chance of spray drift, it's safer to rely on the old hand-pulling method.

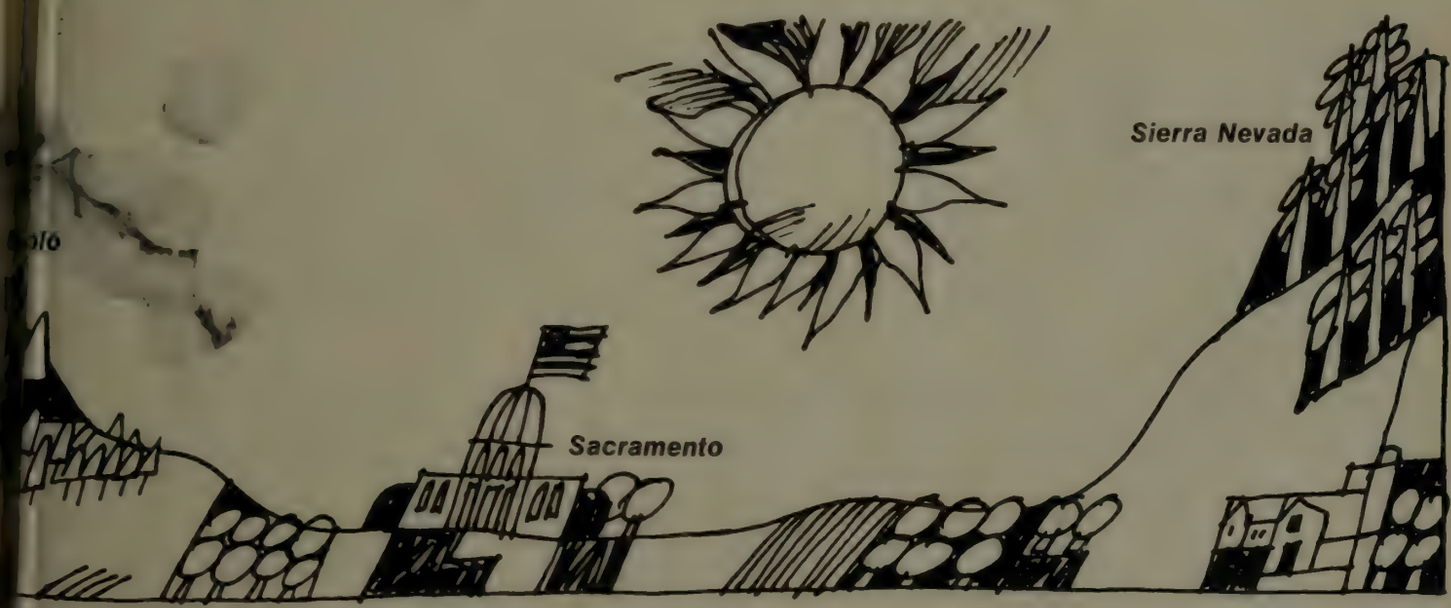
Lawn, but not forgotten

To keep your lawn healthy and a bright green, it's important to give it regular attention all summer long. Once a week it should be mowed and watered deeply. It's a good idea to feed it once a month with a complete fertilizer.

If you notice hard spots in the lawn where water doesn't seem to penetrate, a combination of coring and treating with liquid gypsum is sometimes effective in getting water into the soil. Or use one of the spikers sold by garden supply centers that connect to a hose and force water down into the hard soil through jets.

To make perennials bloom again

Some spring-flowering perennials will bloom again if you cut them back now, or as soon as their flowers become sparse. The low or basal foliage of many is attractive and will remain green and lush through the summer. By August or September some of these may flower a second time: delphinium, dianthus, penstemon, Shasta daisies.



e Delta Region. But for the most part, gardeners in the Central Valley must contend with hot summer weather this month

Geraniums and pelargoniums. Water when top inch of soil is dry. Plants like soggy soil. Container plants ater every two or three days.

Hydrangeas. They need constant moisture in hot weather. Water day when temperatures reach 80° re. Feed once a month with an acid zer.

Iris. Remove old flower stalks and yellowed leaves. *Don't* remove green

☐ **Lawns.** Water deeply once a week, or twice a week if temperatures are high. Feed once a month or when growth slows noticeably or blades yellow.

☐ **Pests.** Wet weather during the first months of this year was especially favorable for a large crop of snails and slugs. Continue to apply baits and sprays. Be on the lookout for aphids and other sucking insects.

☐ **Roses.** Keep centers of bush roses open so light and air can get down inside. Give established roses a complete fertilizer. Keep faded flowers picked. Make watering basins for more efficient watering.

☐ **Spraying.** Where both insects and disease are a problem, spray every 7 to 10 days with a combination insecticide-fungicide. Spray in early morning.

☐ **Vegetables.** You can still set out peppers, eggplant, and tomatoes. Water deeply and feed regularly. Sow beans, corn, cucumbers, melon, and squash.

Should you give a sucker an even break?

In June you'll be spending quite a bit of time cruising around your garden admiring the results of your hard spring work and making routine checks for water needs and aphid infestations. June is also a good month to nip back over-exuberant growth. While you attend to this, keep your eyes open for suckers—unusually placed or unusually vigorous branches that don't look quite right.

WHAT IS A SUCKER?

Botanically speaking, a sucker is a shoot that arises from a root or from an underground portion of a stem. Gardeners extend the term to include shoots that arise from an understock below a bud or graft union. Fast growing shoots or branches that arise on the upper portions of a plant are often called suckers, but a better name is water sprouts. Suckers are vigorous and often outstrip older shoots.

Sucker growth arising beneath a bud or graft can slow top growth of the grafted variety by diverting food and water to itself. It can also, if neglected, kill the grafted or budded top by shading it out.

IS A SUCKER REALLY BORN EVERY MINUTE?

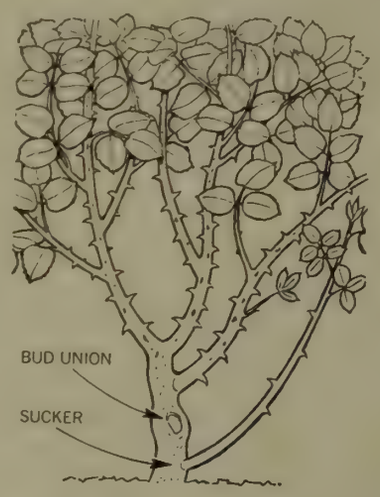
Actually, there are fewer kinds of suckering plants than there once were. The use of rooting hormones and mist nozzles has made it possible to grow from cuttings many kinds of plants that were once grafted. Commercial growers no longer graft rhododendrons, for instance, although most older gardens have many grafted plants. Nurserymen now graft or bud only when they can't use any other means, or when they need a special rootstock to confer certain benefits—dwarfness, for instance, or resistance to pests.

The following kinds of plants are still grafted or budded; watch them for suckers:

Roses. The Lady Banks roses, the climbing rose 'Mermaid,' and a few other roses are cutting-grown. The overwhelming majority of roses are budded on different kinds of understocks. Suckers from the understocks may differ widely from the budded variety in shape and color of their foliage, but then again they may very carefully before breaking growth; be sure it emerges below union. Vigorous growth emerg the bud union is most desirab nishes the renewal wood that ke healthy and in peak bloom.

Vigorous, thorny shoots *and three-parted leaves indicate trifoliate orange, an understock for dwarfing citrus. Remove these at once*

Difference *between a grafted variety and understock of Japanese maple is not always so obvious. Find graft, then remove suckers*



Rose suckers *may or may not resemble budded tops in foliage, thickness, thorniness, or color; but flowers are always different*

Deciduous fruit trees, flowering These are almost invariably b grafted. The union is usually j the soil line and suckers are ea tect, not only because of their on the plant but also because t may be quite unlike that of th or budded plant. Flowering ch often budded high—at 5 or 6 f the ground. Any sprouts that a the trunks should be rubbed or b

Evergreen fruit trees. Meyer lem pur lime, and a few other citrus grown from cuttings. But mos citrus trees are budded on a rootstocks. Dwarf citrus usuall trifoliate orange, the foliage of fers notably from that of com —as you'll notice if you look fully (see the drawing above, avocados and some other ever tropical fruits are budded, but seedlings are also common.

Ornamental trees and shrubs. Mo grow from seed or cuttings, b forms of *Cedrus atlantica*, *C.* and *C. libani* are grafted, a varieties of *Cupressus glabra*, pers, and a number of named pines. Some new, rare, or ha camellias are grafted, includin cally all the varieties of *C.* Other commonly sold grafted named varieties of shade trees, mese honeysuckle, many decid some evergreen magnolias, everg some viburnums, and most wist

SHOULD YOU EVER GIVE A SUC AN EVEN BREAK?

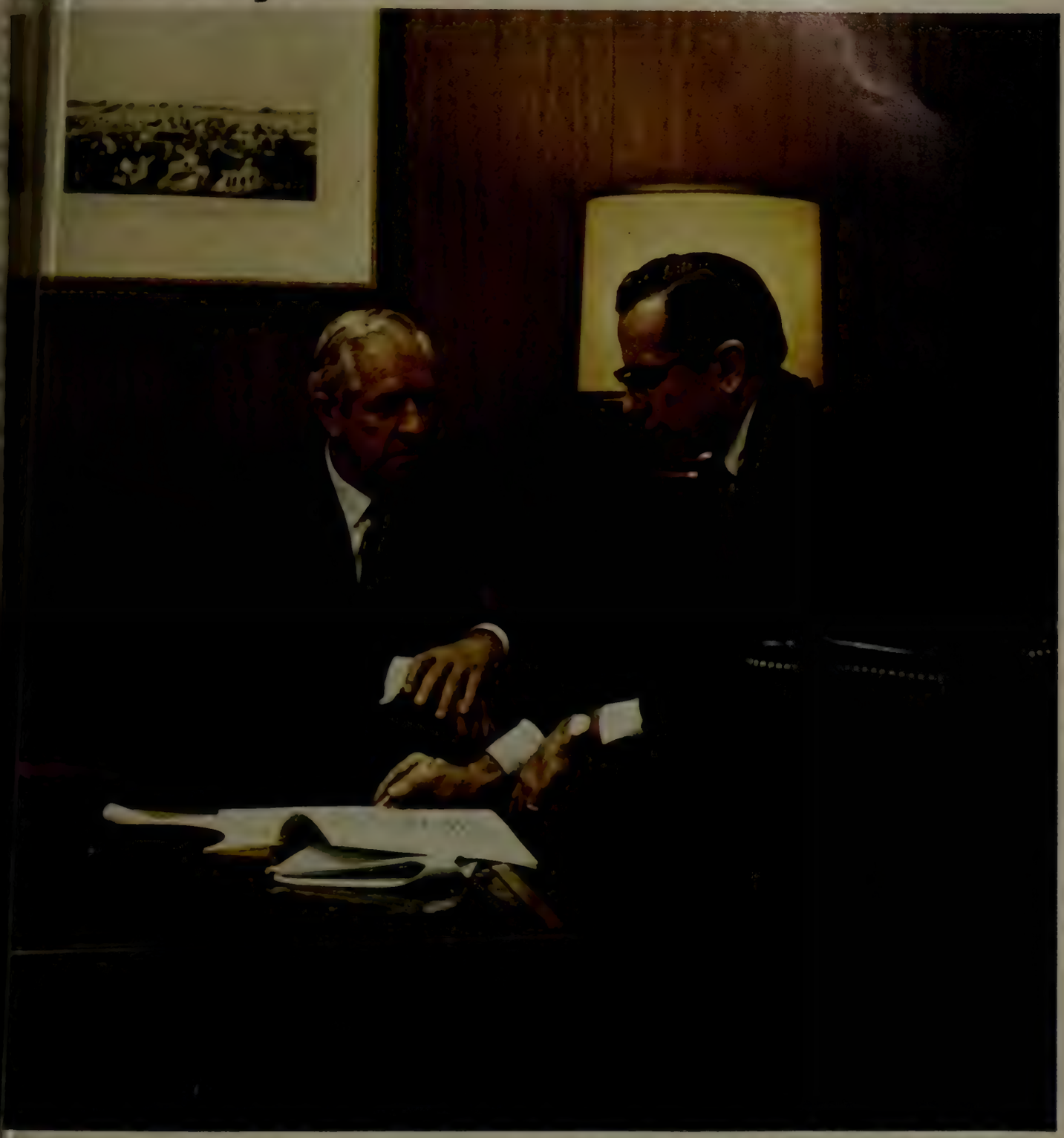
Only rarely. If a sucker arises bud or graft union (which may from the category of suckers definitions), and if it is more than an older trunk, keep it and the older trunk. Be sure that th arises above the bud or graft un ciduous magnolias very common up such vigorous shoots. In som suckers are a valuable means of ing the plant.

HOW TO DEAL WITH SUCKERS

If you catch suckers when they a small and tender, you can snap t or rub them off. Larger ones sh broken from the plant with a firm outward and downward snap.

If you have to cut off a sucker wit ing shears, try to leave no stub wh Any stub you leave behind will again. On fairly good-sized trees cut off suckers with a chisel.

takes experts
select a portfolio that doesn't
etire when you do.



rust Division of Wells Fargo believes that a portfolio must nned to meet the individual ements of each investor. can be no "catch-all" mendations or decisions. ent problems demand separate solutions. That is why we develop your investment program to meet your specific goals. And as your requirements change, we adjust your portfolio to reflect those changes. Regardless of your financial objectives, our Trust Division—with responsibility for 5 billion dollars—can provide active, individual investment management. Let's talk about it. If you see us before you retire, you may retire sooner.

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More plants f
hanging bask

Last month, in a color article titl
ups look you right in the eye, we
on flowering plants to grow in
pots or baskets.

For those of you who want to pu
subject further, here is an additi
of flowering plants to try.

Annuals. Almost any trailing, s
or mounding annuals grow well
good in hanging baskets. In ad
petunias, lobelia, and nasturtiu
tioned last month), consider dw
golds, amethyst flower *(Browa*
wishbone flower *(Torenia).* If
are cool where you live, grow ne
poor man's orchid *(Schizanthus)*

Perennials. Many perennial f
plants are good in hanging bas
bian bellflower *(Campanula po*
ana), ground morning glory *(Co*
mauritanicus), Spanish shawl *(S*
tron elegans), and *Sedum siebol*
few of the better known ones.
named is hardy in any winter, t
dies back to the ground after flow

Shrubs. Shrubs with weeping or
branches make good hanging
plants, at least while they are
When they outgrow their baske
can be used in ground beds in the
Best known shrubs for this purp
the choicest of winter-blooming
plants, are evergreen azaleas and
varieties of *Camellia hiemalis* an
sanqua. These, like other shrubs
baskets, are slow to take on goo
but decorative for many years.

Other shrubs for this purpose
glossy abelia *(A. grandiflora),* Nat
(Carissa grandiflora—use prostra
eties), Cape plumbago, *(P. auricula*
ally sold as *P. capensis),* and Au
bluebell creeper *(Sollya fusiformis*

Some specialties. A few kinds o
and succulents make splendid f
basket plants. Most spectacular i
are the many kinds of orchid cac
ally sold as *Epiphyllum.* Closely rel
these is the old favorite Christmas
(Schlumbergera bridgesii).

Non-flower color. A few plants hav
foliage or showy fruit. These can
in the same way flowering plants
present bright color at or near ey
No flower is brighter than the fol
coleus, and none lasts longer in
tion of color. Fruiting strawberrie
gracefully and have pretty white
followed by showy, tasty fruit.
tomatoes fruit well in baskets.

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E 1969

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DARROW M. WATT

a gardener to prepare: dried sunflower seeds, herb vinegar, and bottled herbs

Christmas gifts you start in June

u plant this month, why not in- mething you can grow to share hers? Here are two suggestions or your children can grow, har- l prepare this summer and fall. bs and seeds listed here would xcellent Christmas gifts for old or new neighbors.

TWO WAYS

re easy to grow—even in a limited and they can be used as gifts in ays. For example, you can add a f fresh basil, dill, or tarragon to bottle of vinegar. Look for, or usual bottles for giving. We found s shown above in the course of a f import and specialty stores.

herbs can be a welcome gift for who cooks. To add to the personal include a favorite recipe that uses rticular herb.

st herbs when plants begin to flavor-giving oils are most plentiful time. Rinse off dust and dirt, then herbs loosely on a screen or rack, g sure air can circulate beneath. in a warm, dark place to dry.

an dry basil, dill, lemon verbena, ram, oregano, and tarragon in this way. When dry, strip leaves, wearing gloves to protect your hands. Bottle immediately in airtight containers. A simple tag is enough to identify the contents at this point—you can make decorative labels later.

Some herbs take special care. Hang mint in bunches to dry quickly in a warm place, then strip and bottle.

Rinse sage in warm, then cool, water. Hang to dry. Don't strip off leaves until you're ready to bottle them. Give thyme a warm and cool water rinse, too.

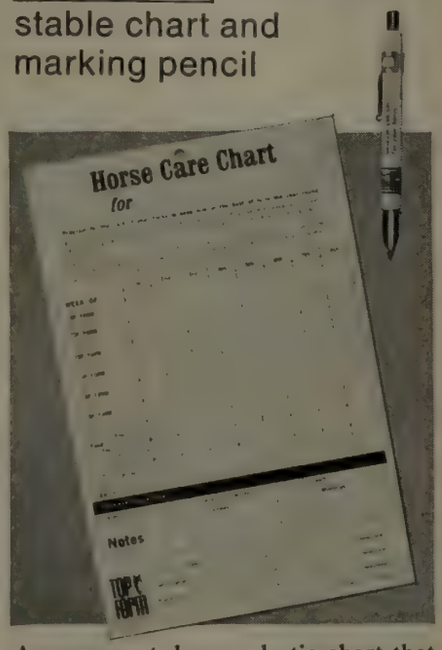
SUNFLOWER SEEDS ARE FOR KIDS

Children love to grow sunflowers because they reach such tremendous heights in such a short time. And all those seeds the flowers produce can be dried and saved for gifts. We recommend this procedure:

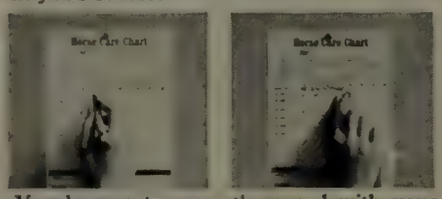
Immerse up to 4 cups sunflower seeds in about 1 gallon water with ¼ cup salt. Soak overnight; drain. Spread to dry. For each 2 cups seeds coat a baking sheet with 2 tablespoons salad oil; add seeds, sprinkle with 2 teaspoons salt. Bake in a 400° oven for 15 minutes, stirring occasionally. Spread on paper towels; dry overnight. Store in airtight containers—perhaps like the jars pictured here.

Free to horse owners:

Top Form® horse care stable chart and marking pencil



A permanent, heavy plastic chart that helps you maintain full-time "programmed" care for your horse. The Top Form stable chart helps you keep track of worming, vaccinations, rations and feeding, vitamin supplementation, hoof care, shampooing, etc. Tack it up in your stable.



You keep a two-month record with your grease pencil. Then, wipe off and continue record.

Yours free from the makers of these fine Top Form horse care products:

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- Top Form Concentrated Conditioner
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- Top Form Liniment
- Top Form Insecticide & Repellent Spray
- Top Form Insecticidal Repellent (Wipe-on)

Animal Health Products, Merck Chemical Division, Rahway, N. J.

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Protecting your vegetables

nd harvesting your own vege- s for a bit of know-how about may attack them. The trick is e to recognize danger signals to deal with them at once.

T ATTACKS

you work in the vegetable gar- rt for signs of pest attack such or yellowing leaves, wilt, shiny from sucking insects (or the lew that grows on the honey- l chewed or scalloped leaves. getable dust or spray at once, t the application several times intervals to wipe out the pest le.

plying spray or dust, be sure to undersides of all leaves, for that he pests tend to hide and multi- easier to get good coverage if e applications while the air is y morning and evening are usu- l-free.

d nursery shelves loaded with a ing variety of insecticides, but in't load your own garden spray with specific remedies for specific our aim should be to get the t the deadliest materials. Dusts ays made specifically for use on les contain materials (vegetable like pyrethrum and rotenone) e poisonous to insects but not to looded creatures, or chemicals with icity or short persistence on the As a bonus, they are generally all- remedies, containing a fungicide as an insecticide.

gh materials used in vegetable and dusts are *relatively* non-toxic and harmless to plants, read all ns on the label carefully before Wash vegetables thoroughly, too.

AND SNAILS

ll-purpose vegetable sprays listed won't control slugs and snails. For you'll have to use bait or spray con- g metaldehyde. Bait is safest in the ble garden because, if carefully ap- it won't contaminate edible portions nts. Dusts and sprays are satisfac- ith young plants. The secret of suc- ith bait is to apply material evenly, ughly, and reasonably often—at once a month during wet and warm er when snails and slugs are most lent. (For a complete account of how al with snails and slugs, see *Sunset* ebruary, 1969.)

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Child gardeners . . . how to encourage success, discourage dropping out

PETE REDPATH

Two brothers *at a seed rack, choosing seeds they will plant in their own garden*

Suppose your youngster tells you he wants to grow a garden this summer—just for fun, or perhaps as an entrant in the children's section of *Sunset*'s 1969 Summer-Fall Garden Contest (see bottom of opposite page). You will probably be pleased with the idea, and will want to do what you can to encourage and sustain his interest.

There is, as you might expect, a high dropout rate among children who start gardens. Of the youngsters who entered *Sunset*'s contests in 1967 and 1968, only about a third persevered with their projects to completion.

Planting and growing a garden to maturity differs from building a model, sewing a dress, or baking brownies because of the patience required. Months must pass between the initial effort and the payoff. And during that time nature and other forces can provide many obstacles and disappointments.

How can a parent help in this six-to-eight month series of events?

You can't take a major role or you'll destroy the child's basic satisfaction. But you can help by undertaking those steps necessary to prevent frustration and build the child's confidence until the flowers and the crops make it all worthwhile.

(This advice comes from many seasoned sources, including the parents of some of the children who participated in the garden contests the last two years, and from the contest reports of some of the young gardeners themselves.)

His own piece of land. Right at the beginning, make it known to the child that the garden space he takes is going to be *his own* to plan, plant, and do with as he pleases. And mean it, and keep it that way. For the rest of the year, it will be best if you come into his garden as an invited spectator—and as a supervisor or assistant only by prior arrangement.

The point to remember is that the child, not you, is the gardener in this case. Treading the narrow line between counsel and manipulation is where you must be clever.

A sunny spot. Most of the popular and pleasing plants that children can grow through the summer need full sun. Look again at the most-grown children's plants from last year's contest: tomatoes, squash, sweet corn, beans, zinnias, lettuce, marigolds, gourds, radishes, beets, carrots, cucumbers, onions, pumpkins, cantaloupes, melons, and sunflowers.

Of those, only lettuce, radishes, beets, and carrots satisfactorily where the sun hits half the day; and crops are better in full sun.

Last year, several parents gave up parts of their s for their children's summer-fall garden projects. O stallation was a pair of attractive raised beds, 10 and 5 by 8 feet in area, that a father built in the rear lawn and filled with good topsoil. Two sister grew seven kinds of plants in the two big beds.

Shade can also become a cause of frustration when cast shade on lower plants. Some advice by parents time could avoid this. Tell them the idea is to put ta on the north side and arrange other plants out fro decreasing heights, toward the east, west, and south

Show children of reading age how to look up mature plants in the *Sunset Western Garden Book*. Look up yourself for younger children.

Shade plants for shade. If shade is all you have to easy-to-grow shade plants do enough things in one hold a child's attention: begonias, cinerarias (in cool foxgloves, fuchsias, impatiens, lobelia, primulas, so lents (sedums, echeverias, aeoniums), and little nurse conifers to grow to larger size for sale or giving aw

Unfortunately, there are no one-season good-eating the shade. A child's plant should do something—ma provide something to eat, or grow to the point wher sold or given away.

Water nearby. You know what a nuisance and a bo can become; imagine how it must be during a four-to- dry season for a 9-year-old. Since it's going to be a how, choose a garden site as close to a faucet as possi child has to water with a long hose, make it easy f get it out to his garden.

Good soil. A rocky, sandy, clayey, or barren soil ma going even for a capable, motivated, well funded adu soil is all you have to offer, it would be best to bui the child build) a raised bed at least 6 inches deep—a inches is even better—and fill it with imported good

The other choice where soil is poor is to improve it wit quantities of soil conditioner and fertilizer rotary-till

A 5-year-old *admires big brother's pea plants—spindly to adult eyes but grand to a little fellow*

WILLIAM APLIN

These two boys, *10 and 8, happily showed off their big pumpkins to the photographer last summer*

. A teen-ager can do this soil enrichment and condition-
nself. For a small child, it's a job that a father or mother
do.

ng his own plants. At shopping time, let the child choose
n plants and seeds, within reason. Some parents say that
children learned from failures based on choosing the
plants, but others think that failure is the worst thing
an happen. You be the judge. Anyway, the child may be
and pull off a seemingly impossible horticultural stunt
he "wrong plant."

g him do the planting. He may bury the seeds too deep,
o thick, put the plants in crooked, or do other things
g, but the I-did-it-myself association is so essential that
orth the mistakes he may make. If a very small tad
s some serious errors, you can fix them up later.

izing. How much fertilizer to use and the frequency with
to apply it in a child's garden will depend, just as in any
garden, on the kind of plants grown and the kind of soil
grow in. Little children need help throughout the fertiliz-
peration—calculating frequency and amount, and mixing
applying the material.

g, capable youngster can handle it himself. His reading
rials: the *Sunset Western Garden Book* or *Basic Gardening*
trated and the fertilizer label.

als and insects. The most frequent cause of frustration for
year's contestants were various forms of garden pests during the growing season: insects, gophers, snails and slugs, birds (which eat seedlings), pet dogs, pet cats, pet poultry, skunks, rabbits, deer, and small siblings.

The first three can be controlled with sprays, dusts, baits, and other well known methods. If poisons are involved, adults should take over this task.

Also, since children are more likely to come into intimate contact with their plants and soil than adults, it's advisable not to use any of these chlorinated hydrocarbon insecticides: DDT, chlordane, lindane, heptachlor, toxaphene, dieldrin.

You can keep birds out of seedling beds by temporarily suspending a screen or open-mesh cloth over the seedlings.

The last seven pests in the list should be fenced out.

Weeds. Weed killers generally are too complicated and hazardous for children and children's crops. But plastic isn't. One 12-year-old girl contestant last year covered the soil in her gourd patch with black polyethylene film to keep out weeds.

In general, hoeing and hand-pulling are the weeding methods for children. Parents must use all kinds of persuasion to get their young gardeners to use either method, because weeding isn't fun. You may want to help. Several parents of last year's contestants mentioned that volunteer assistance is especially helpful with weeding.

The accomplishment. If your child brings a garden to pleasing maturity, you don't have to be told about the final step: You admire it with him. If he's a 1969 Summer-Fall Garden Contestant, you can also help him with the necessary snapshots now, as well as earlier. (We've observed that children generally develop camera talent slower than horticultural talent.)

Selling flowers and produce at market prices—to parents and neighbors and even at roadside stands—was a great satisfaction to several of last year's contestants. Three children kept accounts that showed a net profit of $30 to $50 for the season. But for most, just seeing their family enjoying their vegetables, flowers, and landscape designs was reward enough.

The contest. Last year's winners were shown in the April *Sunset* on pages 86 to 91 (adults) and 100 to 102 (children). To enter this year's contest, send name and address (and age, if 16 or under) to Summer-Fall Gardens, *Sunset Magazine,* Menlo Park, Calif. 94025—before June 30. We'll send you an entry number, instructions, and a prize list.

GLENN CHRISTIANSEN

Very close view *of a yellow jacket on a button-sized piece of hamburger. This insect makes himself a patio nuisance by going for meat on summer days*

only liquid food. But the young, the nest, must have whole protei

When a yellow jacket tries to your cola drink, he's after swee food for himself. But when he l your hamburger, his intent is to piece of meat back to feed the la

By the new method, you mix amount of chlordane into tuna ground meat, place it in a pan, the pan in a cage of ½-inch h cloth. The cage in the photograp rubber band fastened to the door it shut. Suspend the cage where ca and children can't get at it.

The yellow jackets fly into the c off some of the bait, carry it the nest and feed it to the larv poison acts on the larvae that di meat and on the adults who ca masticate it. The adults die after 8 hours, but during that time the many trips to the nest.

Poison bait schemes tried in th would kill the adults (by fast-acti son), but not the larvae, with th that you'd never really destroy the

Chlordane is a chlorinated hydro like DDT. Lately, experts have b challenge the use of these chem cause of their persistence and lon damaging effects on the world chain. With this method, the p

The season for yellow jackets is starting. Now there's a way to wipe them out

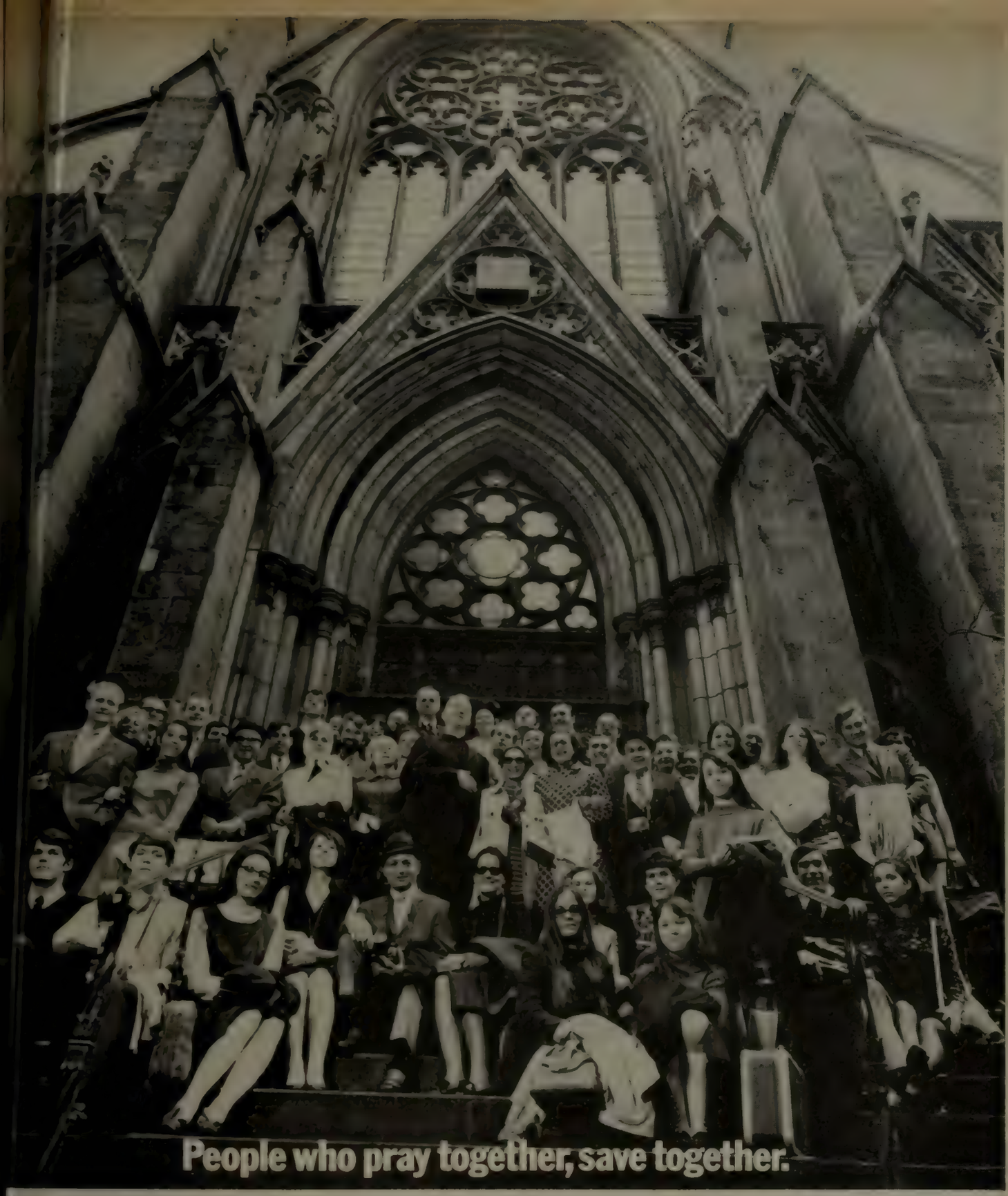
Some summers in some parts of the West, yellow jackets swarm around every daytime outdoor meal and sweet drink. If disturbed, they can sting. Even if they don't sting, they can be mighty annoying.

During a bad yellow jacket summer, the stung and the annoyed have always had just two choices: to cease eating and drinking outdoors; or to go through the frustrating, dangerous task of finding the underground nest and spraying poison down the opening after dark.

Now a much better method has been demonstrated to us by its developers—the staff of the San Mateo County Mosquito Abatement District, Burlingame, California. We've tried it. It works.

The new method takes advantage of the feeding pattern of ground-nesting yellow jackets. The adult, shown above, can eat

Yellow jackets *take chlordaned meat from cage to their larvae, wiping out th*



therness can go a long, long way. n take a group to Europe, the bbean, or Hawaii, for example, in a ern, luxurious jet. Saving you up to the regular jet fare.

ow is it done? Overseas National ays does it. We fly groups as small 0 people. Or as large as 250 people. he most advanced jet planes (Super -8s). And all you need, to get this whopping reduction, is to belong to an eligible group.

Hold on now—there's no catch. There are as many eligible groups as there are clubs, societies and organizations. They can be ethnic, religious, athletic or professional. Where you work, live, or play. Or pray.

Put it this way: About the only people not eligible are loners.

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Tree nest *of yellow jacket's relati white faced hornet. It's not a tab*

Yellow jacket nest *removed from gr They excavate caverns, build this*

goes to one underground point with tically no hazard to other life or co nation of the environment.

Mix 2 level teaspoons of chlordane 4 cent wettable powder with the co of a 6-ounce can of tuna fish. Or co pound of ground horsemeat, and m with 3 level teaspoons of chlordane 4 cent wettable powder. Then, to e mixture, add 2 teaspoons of vegetab You can use other percentages of wet powder chlordane; calculate to ma per cent of actual chlordane in the mix. Liquid chlordane doesn't work

Place 3 or 4 ounces of the mixture in pan. Hang as many as four pans (in ca to a 60-foot lot, around the perimeter to be more effective, make the effo neighborhood drive and hang one pa cage in each lot.

The chlordaned meat is most effecti the first 24 hours. It's best to chan every 24 hours. Two or three days of exposure should provide control. The trol works best on still, warm, sunny

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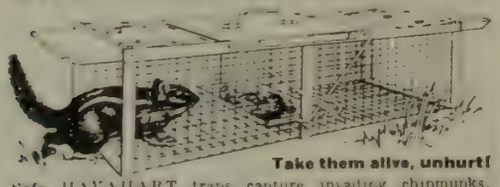

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Nelly Moser
a repeat bloo

The spectacular blooms of *Cle* Moser' in late spring aren't th show; it recovers for a second summer before retiring for a y

The flowers, which sometimes inches across, have maroon tered on purplish sepals. They week when cut and floated Clusters of seeds with tails li pinwheels follow the flowers.

Unlike most vines, you should clematis deep with the stem inches deeper than it was in th container. Prepare a planting h 2 feet in diameter, and enrich with peat moss or ground bark

Insert stakes at planting time. fragile stems now protects th cracking when gusty winds and bend them. With help, the v onto trellises and just about a

In warm, dry climates, mulch ground cover with shallow roo the roots of 'Nelly Moser' cool. gardeners should check on soil since the vine's roots will ro ground. Pull back mulches seems very wet.

Apply a complete fertilizer four to six weeks.

Prune in early spring, removing of dead branches or weak gro the first flowers, prune aw that have flowered for another the summer.

Clematis admirers *approach flowers of 'Nelly Moser' on an*

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WILLIAM APLIN

Sharp, *broad blade and curved handle make adz effective for clearing circle around a tree trunk of encroaching ivy*

It's the ultimate whacker?

In the hands of a gardener, the nearly extinct carpenter's tool shown in the photograph above becomes the ultimate hacker and whacker.

It's an adz (also spelled adze), originally intended to hew round logs into square lumber but now used by carpenters mostly for special effects—such as gouging wood beams and doors to give an aged, weathered look. These days an adz isn't easy to find in stock, but most hardware stores can order one for you (generally for around $12 and up).

In the garden an adz comes in handy whenever the going gets too rough for a hoe, shears, or other conventional tool. It looks and works like a cross between a hoe (but thicker) and an ax (it's that sharp). The head is heavy; the one photographed here weighs about 4½ pounds. And the handle is long enough and curved in such a way to give good leverage without involving too much back-bending.

You swing it like a hoe (watch out for your toes) and can use it for almost everything normally done with a hoe. But hoeing weeds with an adz seems a little like overkill: You really don't need something that sharp and heavy except for weeds of shrub or tree stature. Also, chopping into rocks or dirt dulls the blade just as it would an ax blade. (To sharpen, file only the inclined edge.) Save your adz for jobs too tough for other tools.

The photographs here show garden jobs that an adz performs better than any other hand tool. You can quickly hack through woody, tangled ivy crowding a tree trunk, spilling onto a lawn, or otherwise making a smothering itself. If you've ever used sh electric clippers on ivy like thi what slow, tedious work it adz can also cut back other to covers such as *Zoysia tenuifo*

Your garden will probably other opportunities to put an use. You can get rid of roots lawn or flower bed; chop of then squeeze the adz blade and pry them up. And chop shoots as they come up. Or c sod; chop down to form blad tions, then slice underneath, a strips. Using this sod-cutting you can also scrape off lawn over header boards or walks.

Adz slices *uniformly thick strip of dichondra sod. Use same technique on grass*

Adz whacks off *tree root invadi dra lawn. Slip blade under root,*

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Tepee, stepladder, shelf, wire, old boards

All these vines need is a little help to get off the ground

ELLS MARLOG

A tepee *of sticks gives cucumber vines support and provides good air circulation*

Coddled young pumpkin *grows on a sturdy shelf, will be showy ornament for fence*

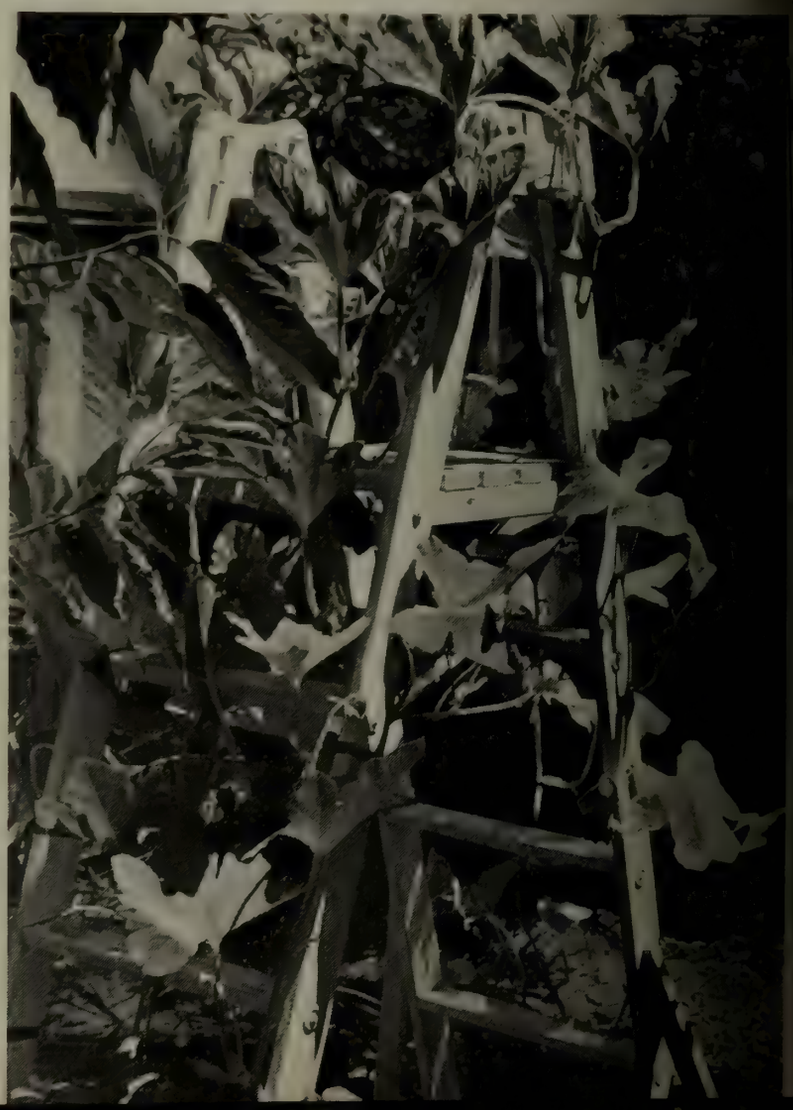
Vining cucurbits (cucumbers, melons, pumpkins, squash) spend their early days mustering up strength for the big growth spurt that usually begins with the first really hot weather—right about now, in most years.

If you haven't furnished something for them to climb on, the vines will scramble around on the ground. Down there they face several hazards. They may mildew unless the foliage is kept dry. Naturally it stays drier if it's kept off the ground so that air can circulate freely about it. And they're easily damaged by feet o ing tools.

So it's wise to get plants off t It's easier to detect insect pe spray or dust if necessary. (U

A frame *of scrap lumber and ti these 'Burpless Hybrid' cucum*

Stepladder *keeps pumpkin stems from damage by disk harrow blades*



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vegetable spray or dust.) Fruit is easier to find and harvest at just the moment of ripeness if you don't have to turn over every leaf to find it.

Of course, if your garden space is limited you may have no choice; you'll have to grow vines vertically to get uncluttered space for row crops.

What supports to use? First, take advantage of structures already on the site—fences, walls, or posts. Fasten vines to these with simple ties—and start when vines are young. Older vines are brittle and may break if you try to lift them off the ground. If you don't have such structures, make simple supports out of scrap lumber, twine, or wire.

DON NORMARK

Cucumbers *take less ground room, grow better on wire boundary fence. Fruit shows for easy harvest; decorates fence*

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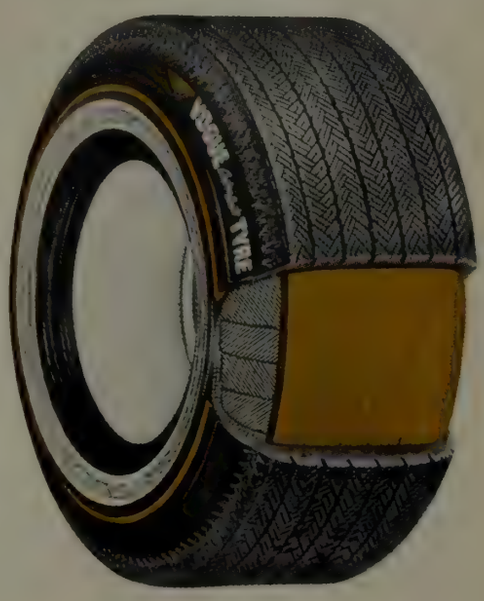

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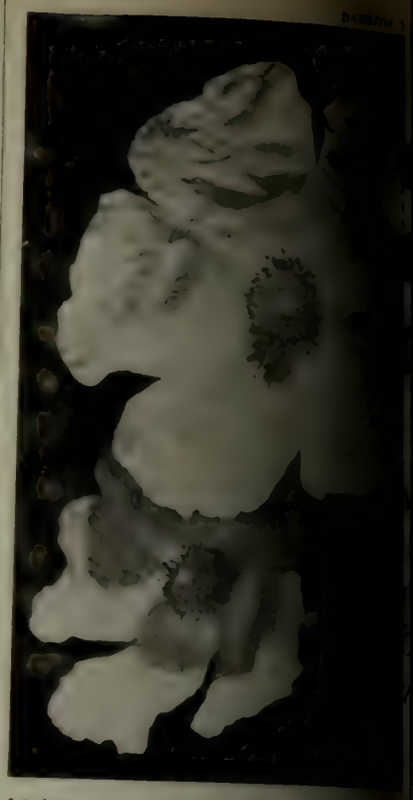

Light pink *flowers, about 3 inches*

If all else fails try rockrose

Poor soil, steep slopes, gusty winds, sea spray aren't the best combination most plants. But the rockrose or cist a hardy, flowering evergreen shrub remembers Mediterranean storms, droughts.

Of course, rockroses can't do everything. Overwatering and fertilizing make leggy. And growing them where temperatures drop to 15° is difficult. Their last for only a day, but a succession showy flowers appears in late summer.

Of the 20 kinds of rockroses, two are look-alikes: 'Doris Hibberson' and Pink' sport gray-green leaves and flowers about 3 inches across, and grow 2½ to 4 feet high.

They're both sun lovers, have needs are fine for dry soil with good and are fast growers. Consider using as bank covers, in rock gardens, rugged spots. If your house is exposed brush fire hazards, a broad strip of roses around it will resist burning seldom sample them.

Rockroses get touchy with transplanting so plant them where you want them grow permanently. Water regularly they're established, then discontinue. Pinch out tips to force branching prune for neatness.

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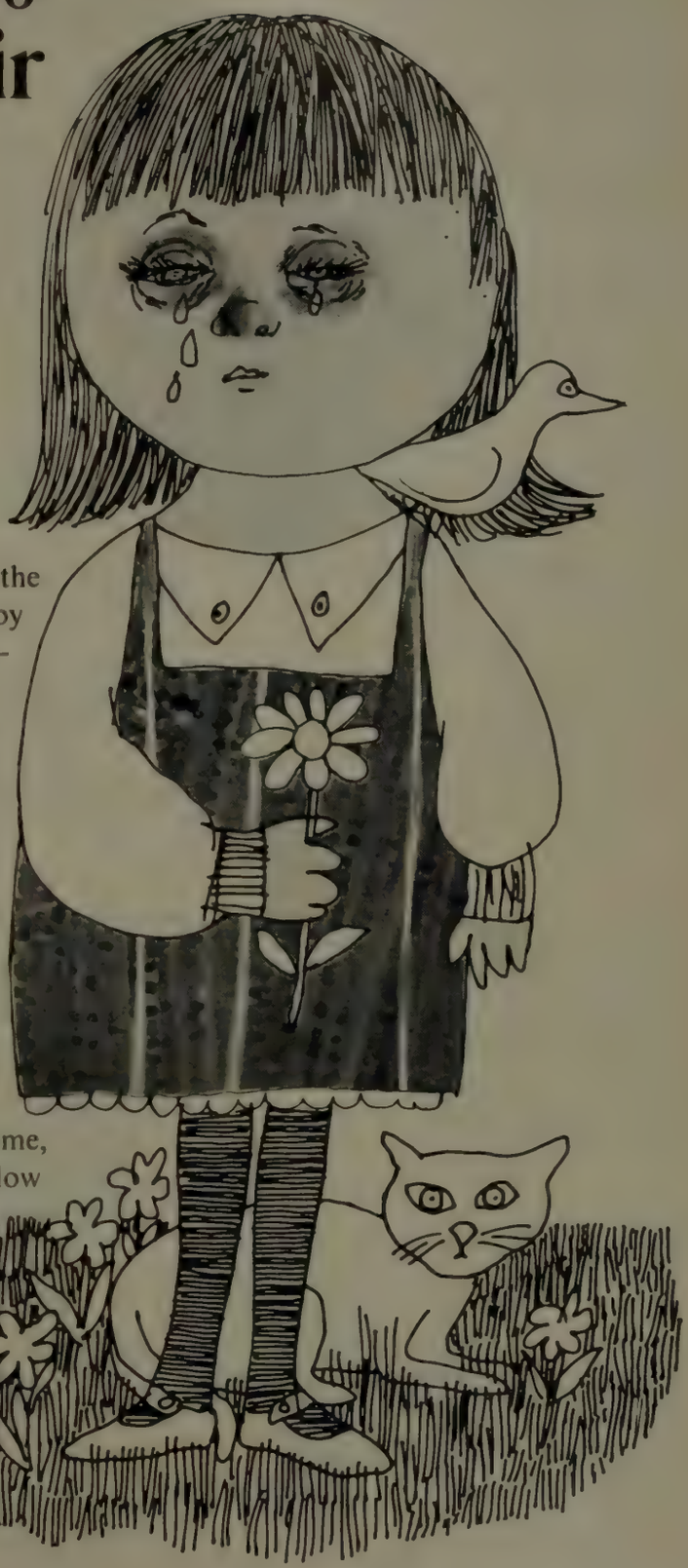

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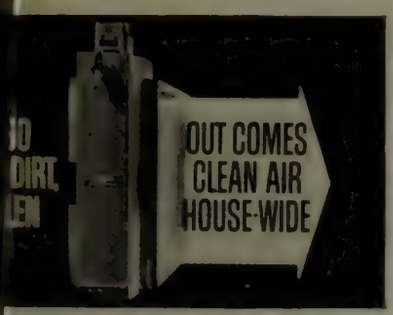

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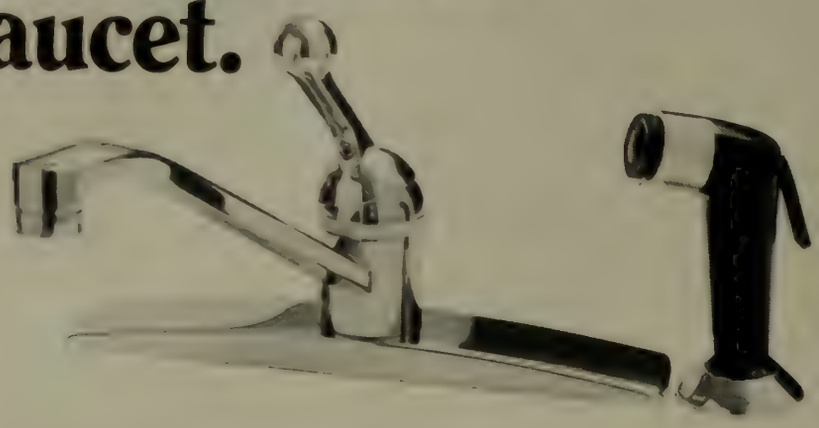

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Los Gatos. June 7 and 8. St festival presented by the Mi Auxiliary. Place: Ming Quong Center, 499 Loma Alta Ave. A.M. to 4 P.M. Admission to th is free; proceeds from sales at th booths go to the center. A Market" will feature a garde potted and cut flowers, planters, items for the gardener; a gr booth selling fresh vegetables an and a handyman booth with in and used tools for sale.

At another booth homemade jellies and dried fruits will be you can order an international with foods from many places.

Sacramento. June 7 and 8. Sho Sacramento branch of the Fuchsia Society. Place: Sacram den and Art Center, 3330 McKi Hours: 1 to 6 P.M. Saturday; 10 P.M. Sunday. Free.

Eureka. June 8. Fifth annual sho Humboldt Rose Society. Pla Economics Building, Redwood A grounds, 3750 Harris St. Hou P.M. Free.

San Francisco. June 14. Fuchsia ket" presented by the San branch of the American Fuchsi Place: Hall of Flowers, Golden G Ninth Ave. and Lincoln Way noon to 5 P.M. Free.

Among the attractions will be shop on how to grow fuchsias, an to answer your questions. Then plants for sale.

Lompoc. June 28 and 29. Forty annual flower show presented by pha Literary and Improvement connection with the Lompoc Flo tival. Place: Veterans Memorial South H St. and Locust Ave. Ho 9 P.M. Saturday; 10 A.M. to 6 P day. Donation: $1; students thro school, 50 cents; children under when accompanied by an adult.

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Mature *sweetshade tree shows open growth pattern like this*

Sweetshade lives up to its nam

Here's a plant called sweetshade. Its summer flowers make the air around it very sweet. And if it gets big enough it can give sufficient shade to sit under. Hence: sweetshade.

This pittosporum relative from Australia, botanically called *Hymenosporum flavum,* is an evergreen tree (or sometimes a big shrub) that grows 20 to 40 feet high and spreads 15 or 20 feet wide. Its glossy deep green, 2 to 6-inch-long leaves tend to clus-

ter at the ends of the branches, ing for the exceptionally ope pattern. Like many evergreen tends to drop some of its leaves

The creamy yellow tubular flow inch wide, grow in loose cluste fragrance is somewhat like that blossoms, and is especially noti early evening. So plant sweetsha you can enjoy the scent.

Grow sweetshade in well draine areas sheltered from coastal wi and water deeply and on a regul ule. Stake plants when you set t Shoots tend to fork in threes, pr growth of a single strong leadin pinch out weaker shoots and sho branches to slow their elonga make them sturdier. Limbs of u plants break easily in strong w you plant several in a grove, t help support each other and shel other from gusts. Spray to contro

Close-up *of single flower cluster at end of leafy branch. Blooms are numerous and very fragrant*

What's one life to a guy who thinks he has nine.

You only have one life to live. Don't treat it lightly. Annual checkups are the first line of defense against cancer. It's nice to find out you're as healthy as you feel. Help yourself with a checkup. And others with a check.

American Cancer Society

E SPRAY Knocks Out

--POWDERY MILDEW,
--APHIDS,
--RED SPIDER MITES
--and most other bugs

TEM INSECTICIDE FUNGICIDE
or Roses, Flowers, Ornamentals

spraying does two
s both fungus and
c action protects
even new growth.

NTENDED FORMULA*
5% • DDT 4%
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thane 2%
% sticking agents.

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systemic/insecti-
e. Use any season.

COKE DOUBLE DUTY SYSTEMIC
ARDEN SPRAY
OMMENDED BY GARDEN EXPERTS

ANT'S LAST MEAL:

THANKS TO
GRANT'S

- Kills the entire ant colony
- Guaranteed effective 6 months
- Box of 12 protects 5-room house

GRANT LABORATORIES
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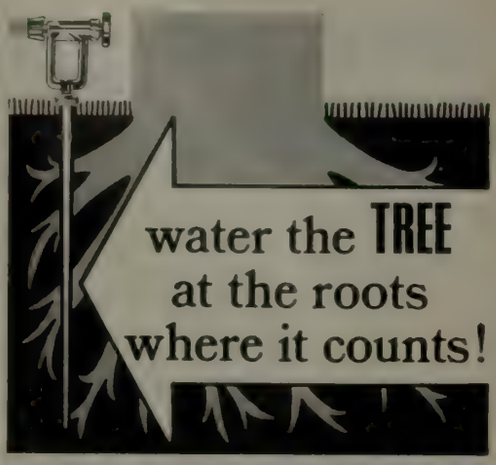

Trees, roses and all shrubs take water and food through their roots...so it makes sense to deliver the water and plant food straight to the root zone where it counts...with the Ross Root Feeder.

And now by this same method of deep down watering and feeding, you can also rid your ornamentals of aphids, miners and all sucking insects with the new Ross Systemic Insecticide. It provides protection from insects from the inside out and IT WON'T WASH OFF.

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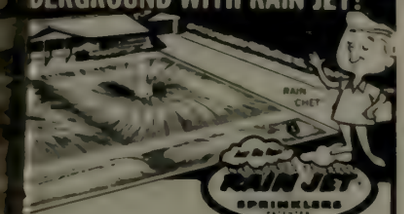

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on roses, begonias, flowers & ornamentals

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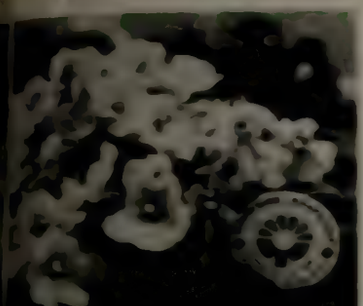

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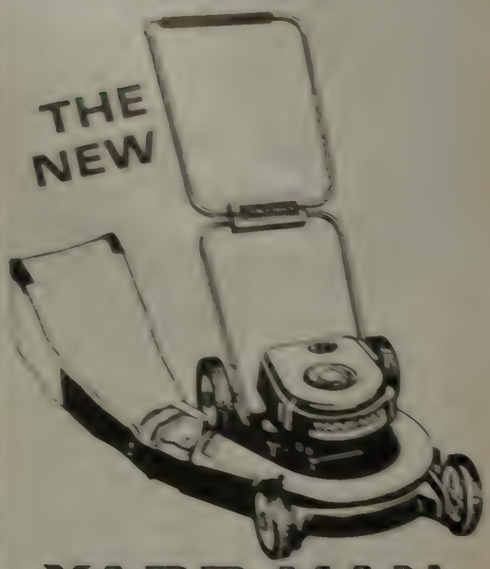

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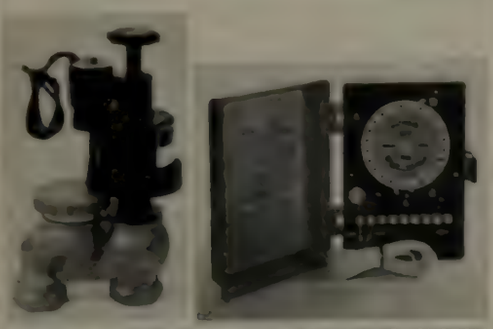

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Leaders in automatic home lawn sprinkler equipment for over 10 years — and by far the most economical! Costs only pennies per month to add to new systems or existing systems. Save on water bills. Automatically waters your lawn while you are at home or away. Set and forget. No expensive plumbing or wiring changes needed. All 24 Volt. Waters with precision — no run-off. Write or phone for name and address of nearest dealer, or do-it-yourself program. Dealer inquiries invited. **Richdel, Inc.**, 4650 Alger Street, Los Angeles, California 90039. Phone: (213) 245-7271.

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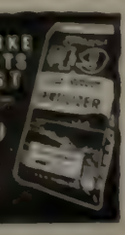

THE *Sunset* SHOPPING CENTER

New Charcoal Picnic Stove

The patented Thermos® charcoal burning Jet-Air stove is perfect for picnics, camping, boating and the beach. Lets you boil or fry safely, economically. Battery-operated fan forces air through stainless steel burner bowls to create cooking hot fire in 2 minutes. High, low and medium controls. Bowls lift out for easy cleaning. Lightweight, 22" x 11" x 6". Special mail order price $14.95 postpaid, less batteries. (Calif. add 5% tax.) Write Jet-Air Stove Offer, Box 3070, Anaheim, Calif.

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Behr's famous Patio Redwood Stain renews and beautifies old weathered furniture and adds years of life. A complete penetrating wood stain, it gives rich redwood color to almost any wood with a flat, rustic effect which weathers beautifully. For new wood also. At paint and hardware dealers or write direct. 20 fluid ounce spray can covers 2 six foot tables and 2 benches. $1.98 (California add 5% tax). *Behr Process Corp.*, Dept. SJ, 1603 West Alton St., Santa Ana, California 92702.

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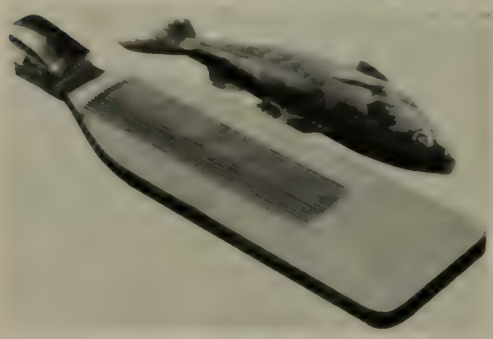
Better than a private chef! Serve a dinner from onion soup to chicken a to crepes Suzette! Set consists of 2 quart ing dish with water pan, 2½ quart ca 10" crepe Suzette pan and an alcohol or heater. All made to fit the same sta used individually. Made of solid copper. plete set, tin lined $90.00; silver lined $ Prepaid anywhere in the U.S.A. Write fo plete illustrated catalog. Bazaar Françai S, 666 Sixth Avenue, New York, N.Y.



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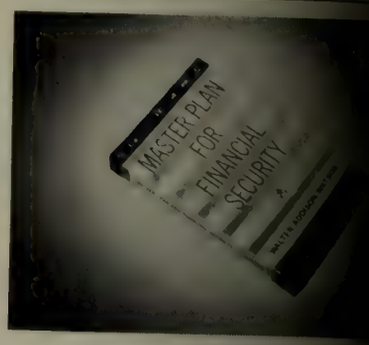
waiting to be cleaned and filleted? It's easy as a flick of the fin with Clean-A-Fish filleting and cleaning board. Grooves prevent slipping; clamp holds fish head or tail in power jaw. Select northern hardwood. You'll lure an angler with this one! 6" wide by 2' long. $7.95 plus 75¢ post. Large "Coho" Board 7" wide by 3' long ideal for cleaning larger fish. $9.95 plus $1.00 post. Ill. Res. add 5% tax. Gift catalog 25¢. House of Minnel, Dept. S6, Deerpath Rd. Batavia, Illinois 60510.

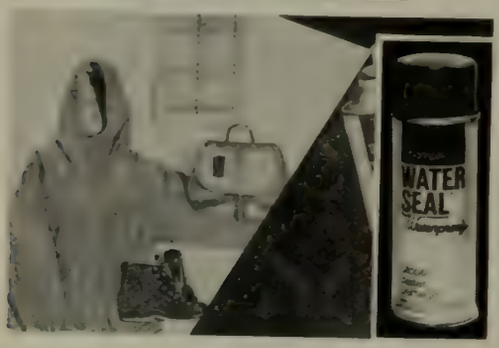
Portable Camp or Picnic Lite

Safe, bright light for outdoor living. Spreads flood of battery-powered fluorescent light over wide area. No fumes, heat or flames. No spilly fuel or danger of fire or explosion. The most inexperienced camper can use Safari Lite in a tent in complete safety. Can be plugged into 110-volt AC outlet to lengthen battery life. Weighs only 9 lbs. Size 12¾" x 4" x 7¾". Complete with batteries. Send check or M.O. for $29.50 ppd. (+5% tax in Calif.) to Del Rio Sales Co., Box 3695, Modesto, Calif. 95352.



Enjoy Financial Peace-of-Mind

Master plan for financial security— organize and manage your own personal cial security through family financial pl which is in tune with current economic t Insurance, savings, home-ownership, ment programs; common stocks, mutual real estate, etc.; budgeting; adjustme changing economic trends and different of life. 240-page book. $2 ppd. Calif. tax. No COD. Watson Pub. Co., Box Reseda, Calif. 91335.



No More Wet Shoes or Clothing

Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, stucco and concrete. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

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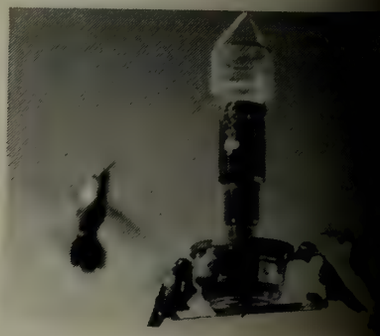
Now a safer, brighter, more colorful porch, patio, walk, with Thompson's non-slip semi-paste concrete color wax. Seals, colors, waxes in one easy operation. For concrete, stone, brick, tile surfaces. Excellent for warehouse & factory floors. Carnauba wax base. 20 sun-fast colors plus black & white—write for color card. At dealers or direct. Qt. $2.95, gal. $9.75, 5 gals. $47.25 ppd. tax incl. (less for Neutral). No C.O.D.'s. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.



Summertime Is "Hummer-T

The iridescent rascals are at their p Hang "Hummy-Bird Bars"® in you and enjoy bird antics as they zip-and clear plastic buffets. They love the *perch* (actual photo). No rust, no dri clean. A gracious gift! Moneyback full instructions. $2.95 plus 26¢ pp add 15¢ tax. Sorry no C.O.D.'s. Hum Heaven, 6818-S Apperson St., Tuju 91042 (Makers of the Oriole "F *Made In U.S.A.* Our 14th Year!

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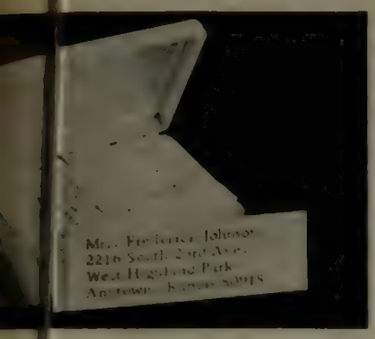

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d ly way to put your name and dd on letters, checks, etc. *Any* dre and Zip code up to 4 lines, beau- rim d in black on white gummed bo 2" long. Set of 500 labels, 50¢ e p tic box. Don't know your Zip d per set and we will look it up. w 48 hours. Money back if not W r Drake, 3071 Drake Building, S ngs, Colorado 80901. Send for log

4-Way Water Ball Sprinkler—$6.95

Water-ball sprinkler waters rectangles and circles in 30 foot patterns; swirling spray in a 25 foot circle and a one sided strip area. Turn the turret with the finger-tip control. Water-ball is constructed of rugged Noryl. Easily attached to garden hose. 7½" x 8" x 4". Water-ball is color coded for watering patterns. Send check or money order for $6.95 postpaid (plus 5% sales tax in California) to Del Rio Sales Company, P. O. Box 3695, Modesto, California 95352.

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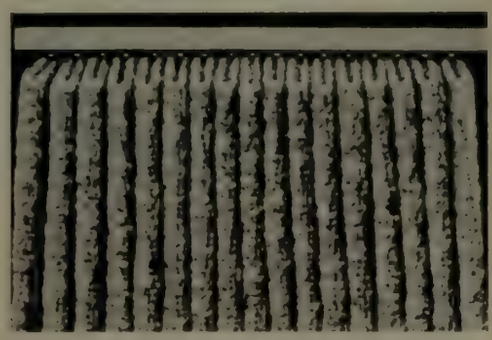
Handsome, sturdy handcrafted plastic trays cast with your own paper keepsakes—decals, luggage stickers, hotel and ship letterheads, cocktail napkins, drink coasters. Choice of three sizes: Serving tray (11"x15"), set of two for $15; canape tray (6"x8"), set of 6 for $15; 4" square coaster, boxed set of 8 for $10, all ppd. (Calif. residents add 5% tax.) Satisfaction guaranteed. Send check with your paper keepsakes to the *Pomdel Company,* Dept. E, Box 743, Menlo Park, CA 94025.

ld Decks for Outdoor Living

hensive *Sunset* book tells how to y to the home with an outdoor examples, and building directions omplete guide to building both llside outdoor decks. Over 245 ings, and plans give step-by-step details. Accessories, additions, nts are included. A special sec- uch problems as unstable soil and $1.95 from your dealer or send oks, Menlo Park, Calif. 94025.

Patio Swings Look New Again—$16.95

It's so easy, so much fun to renew your patio furniture with Kellys beautiful custom recovers. Lovely patio swing recover (illus.) fits all standard swings. Complete set includes canopy, seat and back covers, arm rest covers, valance now reduced from $19.50. Choose stripes in blue, rust or green, only $16.95. Include 5% sales tax with check or M.O. No C.O.D.'s All shipments prepaid. Satisfaction guaranteed. *Send for Free Patio Furniture Recover Catalog.* Kellys, Telegraph at 25th St., Oakland, Calif.



Stack Drapes in Half the Wall Space!

"Up-end" these sturdy cotton drapery fabrics as decorators, architects do. Only $3.98 yd. and up—and it's 10 feet wide! Widest windows floor-to-ceiling, no seams! Smart primitive weaves look handwoven; machine launder—no ironing. Yardage or custom-draperies, pinch-pleated or new Fan Pleat which stacks luxurious 2½ fullness in less than half the usual rod space required. Money back guar. For brochure, 25 samples, send 25¢. Homespun House, 9024-B Lindblade, Culver City, Cal. 90230.

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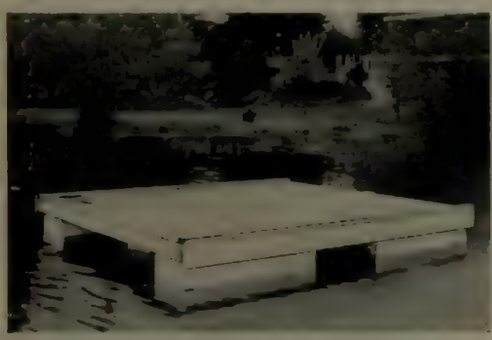
of ideas, planning tips, and full in- on the various methods of building tractive, efficient home barbecue ers all types: simple outdoor grills, itchens, firepits, deep-pit barbecues, dels, and smoke ovens. A complete will help you choose and construct barbecue of your own. Contains iled plans. 175 photos. Only $1.95 dealer or add 5% tax when ordering et Books, Menlo Park, Calif. 94025.



Prefab Docks and Swim Floats

Pre-cut, do-it-yourself walking docks and swim float section kits come with prefab *Insulfoam®* flotation logs, treated Cedar decking, nuts, bolts and nails. You need only a hammer and wrench. Kits available in 3 sizes: 4′ x 10′ = $88.95; 6′ x 12′ = $149.50; & 10′ x 12′ = $189.50 per section. State size and number of sections desired. Wash. State residents add 4.5%. Freight extra. For additional information, please write: *Western Insulfoam,* 3518 Iowa Avenue S.W., Seattle, Wash. 98106.

Hummingbird Time

Now you can enjoy these pretty little birds as they flock to feed, four and five at a time, on this genuine Iridite® sturdy circle perch—no wood to break and fall off. (See actual photo.) Will not rust, unbreakable bottle, so easy to clean. Sturdy Iridite® hanger holds feeder straight, prevents dripping, cannot slip off. A thoughtful gift. Money back guarantee. Includes instructions. $3.25 postpaid. In Calif. add 15¢ sales tax. *Dorbud Products,* Dept. B-6, 7729 Variel Ave., Canoga Park, Calif. 91304.

Lathhouse *shades tender seedlings and cuttings. Older, tougher plants can be placed in sunshine on the near end of the workbench (topped with asbestos-cement board).*

Thornton Abell's garden work center

Architect Thornton M. Abell
Monica, designed the work ce
wife and himself. Both are gar
ists who devote much of their
to covering their hillside wit
chrysanthemums (spectacular
and fall). They grow most of t
from seeds and cuttings, so th
place with roomy accommod
both shade and sun, for many
pots of young plants.

The work center has a roof and
of 1⅝-inch laths spaced an i
Most young seedlings and cutt
some time in the shade of the
are moved outside onto the sun
and shelf. Sun-sensitive plant
in deep shade under a bench.

The bench tops are ¼-inch
cement board, which won't war
like wood) won't rot even wh
moisture gathers. To make s
doesn't sit on top, ¾-inch h
been drilled at 4-inch intervals
edge. Mr. Abell used galvanize
stead of wood to support th
again to prevent rot.

The floor is an easy-to-clean con
except for a dirt strip about a
along one edge. The dirt strip
a handy place to let drippy p
and to sweep dirt.

MOVABLE BOTTOMLESS BOXE

Mr. Abell figures that the bo
below are among the handiest t
his work center. They're easy
and store—really just rectangul
2½ feet wide, 4 feet long, and
high. Since they match the wi
bench top, they have many good

The boxes can hold soil mix wi
soil falling out. Mr. Abell desig
sifter to go with them; it's half
of a box, and when in use it fit
the end of the box and a lath na
the middle of the box.

Mr. Abell also uses one box to
of cuttings and seedlings. He fill
box with soil mix, and pokes c
it to root.

Chrysanthemums *started out as cuttings in work center at top of slope*

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Another *bottomless box holds for potting plants. Soil sifter mesh bottom, is half the leng*

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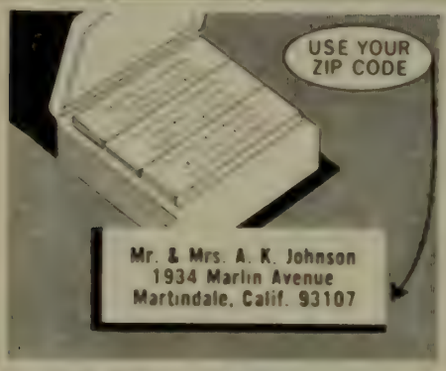

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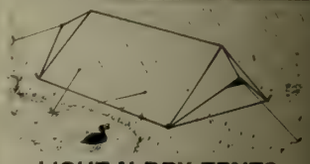

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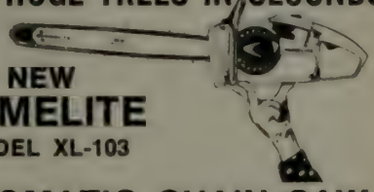

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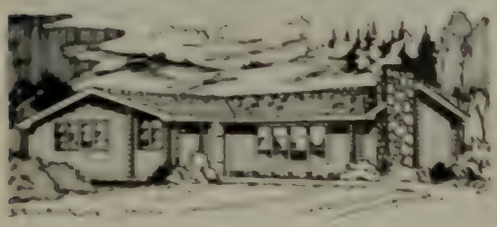

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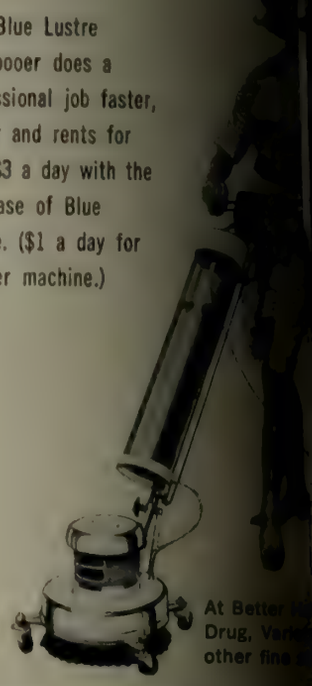

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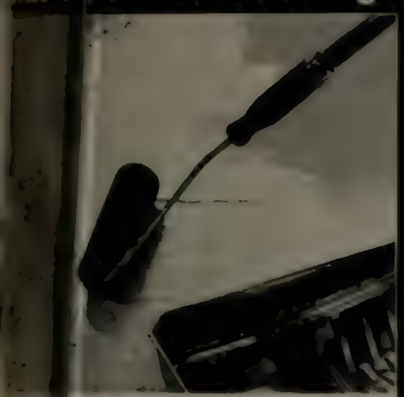

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Five cucumbers *(two partly hidden behind stakes) on four plants in a patio container*

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Cucumber plants grow so sprawly that they usually aren't displayed around decks or patios. But with containers, stakes, and proper training, these sprawlers make upright, interesting displays. Another bonus: Fruits grow off the ground, away from damaging mildew.

Start the seedlings in small pots or sliced milk containers. When seedlings sprout their first true leaves, transplant to a large container of potting mix. Give each plant about a 9-inch-square growing area.

Push stakes into the soil until they touch the container's bottom. Placing the stakes now will avoid damaging roots later.

Feed weekly with a liquid fertilizer. Keep soil moist but not soaked; on warm days daily watering might be needed.

Under normal conditions, another set of leaves will soon emerge above the first pair, and the growing tip will begin to elongate. Although the growing tip of the main stem should never be tied, the quick growth of the plant will be less haphazard if you tie beneath every pair of leaves. Tie insulated wire tight around the stake, but use a loose loop around the plant stem. The tying will have to support the weight of the cucumbers.

In about three or four weeks, flowers and cucumbers will appear. Because of limited root room, the plants will seldom stretch upward beyond 15 inches. The cucumbers will vary in size, depending on the variety. The usual yield is two per plant.

Cucumber plants can also grow downward from an elevated container; see page 90 of the April issue of *Sunset*.

Sunset Books . . . a reference library and stimulus library

One of the important teams in the *Sunset* organization is a group of editors whose products are books, not magazines. They are responsible for the 118 *Sunset Books* currently in print and have a good number of future books under way.

This thriving book publishing enterprise started small, almost 40 years ago. The first *Sunset Books* were compiled from the pages of the magazine and were used as circulation premiums. None of today's books are premiums, but many are based on material first presented in *Sunset*. Some—notably the encyclopedic *Sunset Western Garden Book*—have involved months and even years of concerted effort by magazine and book editors. This continuing relationship between books and magazine is reflected in the categories of *Sunset* titles: cook books; hobby and craft books; gardening-landscaping, building-remodeling, and travel-recreation books.

In recent years *Sunset Books* have also ventured into other fields, including special-interest junior books; large-format pictorials; and special volumes produced, under contract, for the Union Oil Company and United Air Lines.

One of the junior books, *Western Butterflies*, has been adopted as a California public school textbook. *Beautiful California*, one of the early pictorials, with well over 100,000 copies sold, this spring went into an extensively revised and updated new edition.

In another major way, the book enterprise is an expansion of the Magazine of Western Living: The *Sunset Books* are distributed worldwide rather than just in the West in the deliberately-limited circulation area of *Sunset Magazine* itself.

Altogether, more than 13 million *Sunset Books* have been sold over the last 39 years; at present, sales run about 1,700,000 volumes per year. The *Western Garden Book* is our best seller. The present edition and its predecessors have totaled more than 1,300,000 copies.

Once an almost casual by-product of our magazine, the *Sunset Books* are today full partners in providing both a reference library and a stimulus library for a large and ever-growing body of readers.

WINDOW ON THE WEST: Anacapa

The landmark arch pictured at left, familiar to those who know the picturesque Santa Barbara area, is just east of Anacapa Island—nearest of the four northern Channel Islands to the Southern California coast. Framed by the arch is the topsail schooner *Swift of Ipswich*, a sightseeing ship that makes frequent charter cruises to the islands from Santa Barbara. Anacapa, along with Santa Barbara Island about 40 miles off to the southeast, has been designated the Channel Islands National Monument.